



# north central news

the voice of the north central phoenix community

volume 19, issue 4 • april 2017

www.northcentralnews.net

## City works to abate issues on 19th Ave.

By Teri Carnicelli

More than 60 residents and neighborhood representatives turned out for a meeting last month hosted by Phoenix City Council members Debra Stark and Daniel Valenzuela to present information on how the city of Phoenix and Valley Metro plan to address safety and security issues on the light rail trains and platforms along 19th Avenue.

Since the Dunlap Avenue station and park-and-ride lot opened in March 2016, the city and Valley Metro have received numerous complaints from residents and nearby businesses about transients loitering on and around their property, increased crime activity, piles of trash being left around, and other “nuisance” complaints.

Perhaps the largest number of complaints has come from the Royal Palm Neighborhood Council, which encompasses the area from Dunlap to Northern

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Terri Mainwaring, left, reads from the book “Grammy Likes ME Best,” while her co-author, Bonnie Apperson Jacobs acts out the role of Grammy for a group of children at a local elementary school (submitted photo).

## Local authors stay focused on children

By Teri Carnicelli

A great book is more than just a way to escape into another world. It’s a step up for a child’s imagination and development.

To help improve early literacy and put more high-quality children’s books in the hands of young kids, Southwest Human Development, one of the nation’s largest nonprofits dedicated to early childhood development, recently published its first-ever children’s book, “Up Up Up,” written by Phoebe Fox and illustrated by Michael Hale—both North Central Phoenix residents.

Fox also is the author of “Starry’s Haircut,” her first children’s book published last year (www.mamafoxbooks.com).

“Up Up Up” is a story about a fanciful trip taken up an elevator by a lovable cast of animals on their way to a friend’s birthday party.

Fox spent her childhood in North Central and returned in 2003, when she and her husband bought a home in the community. Fox is the mother of three boys, who she says love riding in elevators—which gave her the inspiration for the book.

“They especially enjoyed riding the glass elevator at the Burton Barr Library in downtown Phoenix,” Fox explained.

Thinking that animals crowding into an elevator would make a very playful children’s story, Fox wrote a manuscript and entered it into Southwest Human Development’s inaugural First Edition Children’s Book Contest. More than 250 entries were submitted to the contest, with “Up Up Up” selected as the winning entry.

Fox has been doing in-person readings at various elementary schools, and made an appearance at the Uptown Farmers Market on March 11, accompanied by the book’s illustrator, Michael Hale, and Jasper the sheep, courtesy of Chile Acre Farms. She will be appearing at the Festival of Tales on April 29 at Paradise Valley Community College.

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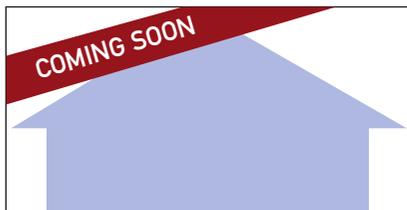
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## Events highlight Valley Bike Month

April is the perfect time to enjoy the beautiful spring weather on two wheels. This month is Valley Bike Month, and whether you are a regular bike commuter or just an occasional rider, there are several events and specials that cyclists can take advantage of.

Enjoy a Pedal Public Art Ride, presented by Phoenix Spokes People and Bicycle Nomad Café, on Saturday, April 8. Bicycle riders are invited to show up at 8 a.m. at the Bicycle Nomad Café inside The Velo Bike Shop at 828 N. 2nd St. and enjoy coffee and sweets (available for purchase) before setting off at 9 a.m. on an 8-mile tour of the downtown area's public art, before finishing up back at The Velo. No RSVP needed.

Downtempo Ride celebrates Valley Bike Month with a ride to FilmBar for a special screening of the 1979 classic, "Breaking Away," on Monday, April



Bicycle riders set off from the parking lot at Park Central Mall and head toward downtown Phoenix as part of the annual Phoenix/Maricopa Bike to Work Day, which takes place this year from 7-9 a.m. on Wednesday, April 19 (photo courtesy of the city of Phoenix).

10. Meet at Civic Space Park, 424 N. Central Ave., at 7 p.m. for a leisurely ride to FilmBar, 815 N. 2nd St. The movie starts at 8 p.m. and tickets are \$10, advance purchase is recommended at <http://thefilmbarphx.com>. The routes are designed to be accessible, although they may include short ramps

(e.g. pedestrian bridges over the freeway). If you are nervous about riding on the streets, this is great introduction. All types of bikes in good working order are welcome.

Valley bike riders also are invited to join in on the 12th-annual Phoenix/Maricopa Bike to Work Day,

7-9 a.m. Wednesday, April 19. Check-in begins at 6:30 a.m. Join Phoenix City Council and Maricopa County officials, as well as other dignitaries at Park Central Mall, 3100 N. Central Ave., for a police escorted 3-mile ride to CityScape, 1 E. Washington St. This is a "green" event so all bicyclists are encouraged to bring their own water bottles. Water for refilling bottles will be available at Park Central and CityScape, no disposable bottles will be provided. There will be free T-shirts and a complimentary light breakfast at CityScape for those who pre-register for the ride by April 14. There also will be a free light breakfast for registered participants (while supplies last). Pre-registration for the ride is required at: <http://www.maricopa.gov/btw>.

The city of Phoenix Fire, Police and Street Transportation departments are teaming up to educate youth about bike safety and promote the use of bike helmets at two special events: 8 a.m.-12

*please see BIKE MONTH on page 4*



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**AUTHORS continued from page 1**

Hale has more than 25 years of experience as an illustrator, copywriter and concept designer. He is perhaps most well known for his work as the creative director for the Phoenix Zoo's Zoo Lights.

"Looking back at my work and all of the things I enjoyed the most, I knew what I really wanted to do was create for children," he said. Hale has his own children's book coming out in May called "Bad Monkey Business," which will be available at Changing Hands Bookstore-Phoenix.

"Up Up Up" (\$13.99) currently is available at Changing Hands-Phoenix and various local shops, including Duck and Decanter, Copper Star Coffee, The Stockroom, and AZ Pops. As part of Southwest Human Development's commitment to early childhood literacy, sales of "Up Up Up" will also include a "buy one, give one" concept where the nonprofit will donate a book to a child or family in need for each book sold.

Another pair of local authors also

recently released a new book, as a follow-up to their popular "They Call Him Grumpa."

Longtime North Central Phoenix residents and authors, Bonnie Apperson Jacobs and Terri Mainwaring, recently introduced their second co-authored book in the trilogy of the Walker family, titled, "Grammy Likes ME Best."

"After our Grumpa book, many people asked Bonnie and I when a Grandma book would be written," Mainwaring explains. "We thought it was a great idea and got to work."

Their latest story is about Grammy's three grandchildren and Mitchell the Dog, who each believes that they are Grammy's favorite. The book details the special experiences each child enjoys with their Grammy ... that clearly make a case that she likes them best.

Jacobs and Mainwaring are longtime educators, experienced in classroom teaching, early childhood development, library science, school administration and public relations. Both understand the importance of engaging young children in literature.

"We are in the process of making presentations at six to eight Valley schools where the students are in need of books and a focus on literacy," Mainwaring says. "We will be reading the book and giving every child in either first or second grade a signed book." Among the schools they have visited are Madison Rose Lane and Encanto Elementary Schools.

The ladies will appear at Changing Hands Bookstore-Phoenix, 300 W. Camelback Road, from 2-4 p.m. on Sunday, April 2, with the reading beginning at 2:30 p.m. There will be free cookies and lemonade, and the First Draft wine and beer bar will be open for business.

"Grammy Likes ME Best" is available at Changing Hands Bookstore-Phoenix (\$11.95), and at [www.yellowpencilbooks.com](http://www.yellowpencilbooks.com).

**BIKE MONTH continued from page 3**

p.m. Saturday, April 15 in the Oxford Square shopping center, 10880 N. 32nd St.; and 9 a.m.-1 p.m. Friday, April 28 at Margaret T. Hance Park, 67

W. Culver St. Planned activities include community bike rides and bicycle riding obstacle courses. Children will have the opportunity to actively participate in various activities to improve their riding ability and learn bike safety tips. Children are invited to bring their bikes and helmets to participate in event activities. Parents and guardians are encouraged to attend. No RSVP is needed. For more information about these events, contact Don Cross at 602-534-2020 or [donald.cross@phoenix.gov](mailto:donald.cross@phoenix.gov).

The Grand Avenue district will play host to the third-annual DeTour de Grand, beginning at 5 p.m. on Saturday, April 29. An hour-long bike ride sets off at Fushicho Daiko Dojo at 925 NW Grand Ave. and returns at 6 p.m., when the beer garden opens featuring local bands, local brands and plenty of brews. For more details, follow them on Facebook at DeTour de Grand.

For more Valley Bike Month information, visit: [http://www.valleymetro.org/campaigns\\_contests/valley\\_bike\\_month](http://www.valleymetro.org/campaigns_contests/valley_bike_month).

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## COMMUNITY

### ISSUES continued from page 1

avenues and 19th to 7th avenues.

While the city of Phoenix Public Transit Department operates the majority of the city's bus services under the Valley Metro name, it is actually Valley Metro itself that operates the light rail train. "It is very much a shared partnership, and it is very important to us make sure we are hearing what you need and that we are addressing those issues," said Maria Hyatt, director of the Public Transit Department.

Hyatt pointed out that when voters passed the Transit 2000 tax, it included funding for a Transit Enforcement Unit (TEU). Before that, there had been no designated funding for transit security within the Phoenix Police Department. The more recently Transit 2050 tax extension created additional funding for the TEU as well as security administered by Valley Metro transit officers.

Currently the TEU includes a total of 16 sworn police officers, three K-9 units, 23 police assistants (light blue shirts), and 24 municipal security guards (white shirts, with Valley Metro). The TEU works off of its own radio channel, so transit-related issues—whether bus or light rail train—go directly to the specialty unit. However, the closest police precinct also gets the call, to ensure that whoever is closest can get there soonest.

The white-shirted security officers with Valley Metro are tasked with fare regulations and rule enforcement on board the trains, but they have no authority to arrest or forcibly detain.

The TEU launched a crime suppression pilot program from September to December last year, specifically targeting crime along 19th Avenue. According to Lt. Seth Jahnke of the TEU, in that period of time, there were 149 arrests made, 177 incident reports, 92 field interrogations, and 44 citations.

On Feb. 1, the 19th Avenue Corridor Extra Duty Program was launched in Phoenix, thanks to funding from the Transit 2050 tax extension. It allows Valley Metro to hire off-duty police officers to patrol the platforms and trains. Right now it funds four police officers (two teams of two officers), working 4-5 days a week, for 5-6 hours a day.

Adrian Ruiz, director of Safety and Security for Valley Metro pointed out the trains and stations do have their

own security features, including video cameras and emergency call buttons and boxes.

There also has been a noticeable uptick in jaywalkers crossing 19th Avenue, generally between Northern and Dunlap avenues. In fact, one city official admitted that this stretch of the light rail route has the highest number of reported jaywalkers than any other section of the 26-mile light rail line.

In November last year, a man was killed and his 12-year-old son critically injured as they crossed Northern Avenue, near the light rail track and against the red light, after they were struck by a car heading north on 19th Avenue in the early afternoon.

Ruiz said that Valley Metro plans to post more signage along this stretch of the light rail route, not only alerting pedestrians to not cross mid-block and not walk over the tracks, but also by working with the police department, making it an official "no trespassing" zone so that instead of jaywalking, pedestrians can be ticketed or arrested for trespassing on the light rail tracks.

She encouraged members of the community with additional suggestions—or complaints—to contact Valley Metro's customer service line at 602-253-5000 or e-mail them to [csr@valleymetro.org](mailto:csr@valleymetro.org).

### Residents can review proposed city budget

Phoenix City Manager Ed Zuercher has presented a 2017-18 Trial Budget to the mayor and city council for community review. Here are some highlights from the proposed budget:

- Adding 16 civilian police assistant positions. This will allow officers to focus on higher priority calls for service rather than administrative tasks, aimed at improving response times.

- Adding 22 park rangers to expand trailhead hours, increase enforcement, and enhance customer service at city parks and preserves.

- Setting aside \$641,000 for the "Rainy Day" fund to address General Fund shortfalls projected in FY18-19.

Beginning April 4 and continuing through April 20, the city will hold a total of 17 community meetings. City management will be on hand to share details on the proposed budget, take feedback and to answer any questions. To find a meeting scheduled near you, read this article online at: [www.northcentralnews.net](http://www.northcentralnews.net).

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I have often been asked what some of the biggest challenges are that I face when going on a listing appointment and far and away the number-one issue to me is that sellers see their home values sometimes inflated on Zillow and Trulia and are upset if they find out those numbers are not accurate BY THEIR REALTORS. Those internet sites are off more than 50 percent of the time by about 15-20 percent. I understand that nonrealtors do not have access to MLS and the internet sites are their only sources but neither realtors nor appraisers rely on the internet values. They rely on past sales and multiple listing comps.

The other issue that I experience in our neighborhood is older homes that are not historic but are situated on large parcels of land. I sold a property at **130 E. Missouri** last year that was a 4,000-square-foot house, more than 60 years old and situated on a 2-plus acre lot. The property was listed by an agent for more than \$2 million for three years, never sold and the seller called me for my help. I told him the home was a tear down and the value was in the land. We listed the property

at \$1.85 million and it sold in five days for \$1.8 million to a developer. The home was torn down and is being developed into eight home sites. I realize some of the neighbors were upset because the home was not saved but the seller got the most money for his property because of the land and realized there was no value for a 60-year-old home. I also sold **1316 W. Myrtle** last year for \$975,000 for 2 acres and the old home on the property was torn down and is making way for six homes being built by **Porchlight Homes**.

There is no value in the homes and stables for some of these old horse properties and my job as a realtor, plain and simple, is to get the most money that I can for my sellers. I realize this does not make everyone happy to see the developers buying these old properties but if they were the sellers of these homes they would understand. Besides, these new homes being built only help the neighbor's property values increase. I have been involved in five sites in central Phoenix the past three years with sales of home sites of 2-plus acres. If you have a large parcel that you are considering putting up for sale, please give me a call.

Once again, I appreciate all the support that many of you have given me over the past 25 plus years. We have sold more than 3,000 homes and many of them have sold two to three times.

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## COMMUNITY

## Steingard's dedication saved children's lives

Paul M. Steingard, D.O., no doubt had an illustrious career in the field of osteopathic medicine. But what most North Central families will remember him for is the creation of a free program that undoubtedly saved the lives of countless Phoenix youth.

Steingard, who passed away on Feb. 27 at the age of 88, was a tireless advocate for his patients, family, community, and osteopathic medicine. He opened his family practice in Philadelphia in 1955 and moved to Phoenix in 1962 where he established a private practice.

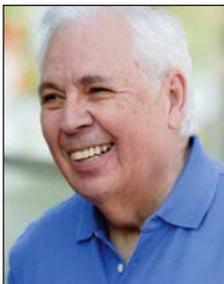
A staunch advocate for his community, charitable work played a significant role in Steingard's life. His volunteerism linked his medical knowledge with a ceaseless passion for progress.

In the early 1960s when a physician shortage left Phoenix schools searching for someone to provide sports team physicals, Steingard started giving free high school physicals—many of the high school students could not afford a doctor visit. He founded TOPS (Team

Osteopathic Physicals for Students) in conjunction with the Arizona Osteopathic Medical Association. For nearly 40 years, he provided free medical checkups for thousands of high school athletes believing that a pre-season sports physical can be a lifesaver.

These free, pre-season screenings were able to detect previously unknown heart or lung conditions for many Valley youth, who might have experienced life-threatening health issues while playing sports had the conditions not been identified in advance. This program continues to provide more than 2,000 free sports exams a year and includes EKGs and ECHOs.

Steingard was one of three physicians who founded Sports Medicine as a medical specialty in 1969 and he was the first team physician for the Phoenix Suns serving 23 years, later becoming the Team Physician Emeritus. He also served as the team doctor for the Phoenix



Dr. Paul Steingard

Roadrunners, the 1984 Kenyan Olympic team, Grand Canyon University, Phoenix College and numerous Phoenix-area high schools.

Steingard served on the boards of TOPS, the National Football Foundation–Valley of the Sun chapter, the Grand Canyon State Games and Midwestern University. He was medical advisor for the Phoenix Union and Glendale Union High School Districts and established one of the first Sports Medicine Fellowship programs nationally.

Among his family and friends, Steingard was known for his love of sports, jazz and great food. He was always ready with a recommendation, be it for a good book, an old movie, or if you were traveling to a new city, the best restaurant in town. Dr. Steingard had a voracious appetite for knowledge and a genuine love of learning, which he tirelessly worked to instill in those he knew.

He is survived by his wife, Carolyn; his brother, Dr. Joseph Steingard (Bernice); his four children Nancy Steingard (Dr. Norman Solomon), Dr. Michael Steingard (Dr. Livia Spitz Steingard), Richard Steingard (Dr. Amy

Horton) and Dr. Scott Steingard (Dr. Sharon Steingard); and his 11 grandchildren. Contributions may be made in his honor to TOPS or Arizona Osteopathic Charities.

## Self-defense seminar for women on May 6

Registration is now being accepted to attend a one-day self-defense training seminar set for 10 a.m.-12 p.m. Saturday, May 6 at Kharma Life Center, 700 W. Campbell Ave., Suite 1.

The training accepts registration from women ages 12 and older and will include: How to stay safe at work, home and during travel; strategies to handle confrontation; how to develop a "Winning Mindset"; how to control fear and panic in a crisis situation; and physical safety skills and techniques.

Fees for the seminar are: \$49 pre-paid registration; \$29 for children age 12 years and older (with a parent present); and \$69 at the door.

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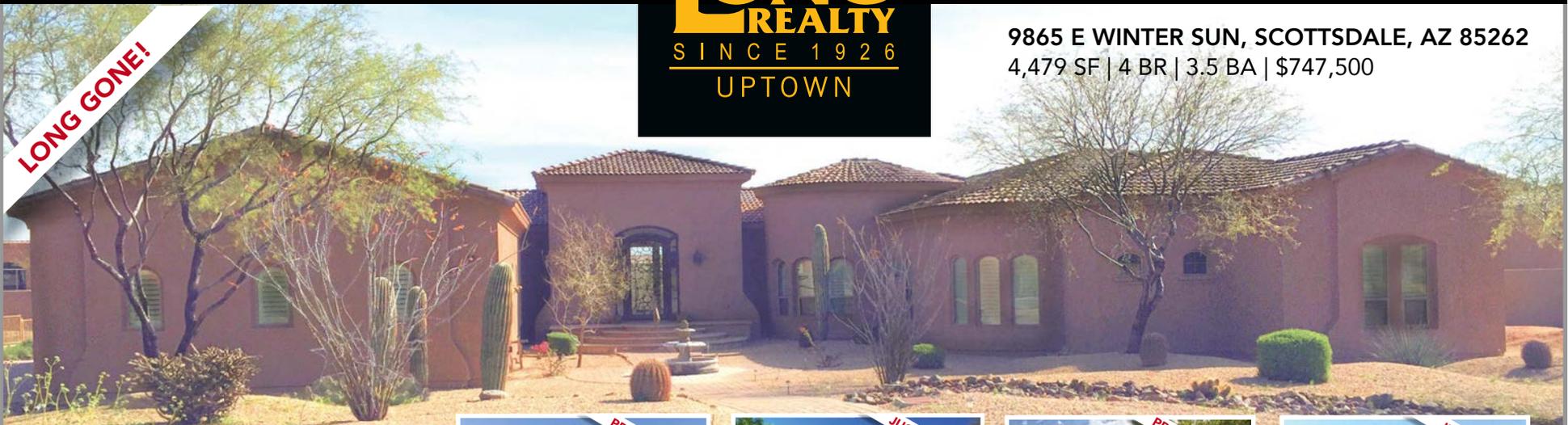
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## Local girl earns CCFA Hero award

North Central resident Jenna Leland, a sixth-grade student at Christ Church School, looks like a normal and happy 12-year-old girl on the outside. But on the inside, her body is regularly doing battle with itself.

Jenna was diagnosed with Chronic Ulcerative Colitis in October 2015, after weeks of struggling with stomach pain and digestive issues. “It started with just a little cold,” her mother, Karen, recalls. Sometimes that’s all it takes to trigger an autoimmune disease that could be lying dormant in the body.

She had a bad flare-up in the fall of 2016, missing six weeks of school and being hospitalized twice. Jenna now has to take several medications regularly and watch her diet closely, avoiding gluten, sugar and “inflammatory” foods. She and her mom attend a local Crohn’s and Colitis support group regularly.

She’s faced it all with a smile and a positive attitude, which recently earned her the 2017 Take Steps Honored Hero Award, from the Crohn’s & Colitis

Foundation of America (CCFA).

Jenna is just one of the local awardees who will be honored—and joined by family and friends—during the Take Steps for Crohn’s and Colitis Walk, set for 8 a.m. Saturday, April 8, at the Phoenix Zoo. Jenna’s team is Jenna’s UC Movers, and to donate to her team you can go to <http://bit.ly/2nHsIKu>.

Take Steps is the CCFA’s family-friendly fundraising and walk event where patients, loved ones, friends, and supporters inspire and connect to fight Crohn’s and Ulcerative Colitis, and other debilitating digestive diseases. Patients and their families are able to connect with their local IBD community, helping them understand that they are never alone in this fight.

Funds raised help with research and with an annual summer camp for kids, which Jenna was able to attend last year.

For more information about the



Jenna Leland

Crohn’s & Colitis Foundation of America, visit [www.ccfa.org](http://www.ccfa.org).

## Blood supplies low after big storms

The American Red Cross is issuing a call for type O negative and AB blood donors to make an appointment to give after severe winter weather in some parts of the country caused about 250 Red Cross blood drives to cancel in March, resulting in more than 8,500 uncollected blood donations.

Type O negative blood and type AB plasma are two of the most in-demand blood products by hospitals. Those who give can help patients locally or across the country as the Red Cross has the ability to move blood products where and when they are needed most.

Eligible donors can learn more, find a donation opportunity and schedule an appointment by using the free Blood Donor App, visiting [www.redcrossblood.org](http://www.redcrossblood.org) or calling 1-800-RED CROSS (1-800-733-2767). A blood donor card or driver’s license or two other forms of identification are required at check-in.

Blood donors can save time at their donation appointment by using RapidPass to complete their pre-donation reading and health history questionnaire online, on the day of their donation, prior to arriving at the blood drive. To get started and learn more, visit [redcrossblood.org/RapidPass](http://redcrossblood.org/RapidPass) and follow the instructions on the site.

## Palo Verde festival features photographer

The Sunnyslope Historical Society hosts its annual Palo Verde Festival, 10 a.m.-12 p.m. Saturday, April 8, at the Sunnyslope Historical Society Museum, 737 E. Hatcher Road.

The program, which takes place in the adjacent courtyard of palo verde trees, will feature local photographer Joel Pearson, who will show his pictures of the wildlife, mountains and flora from the surrounding desert.

This presentation is free. There also will be a 50/50 drawing and raffle prizes, with proceeds supporting the historical society. For more information, call 602-331-3150.

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You wouldn't recognize this cute poodle mix if you saw him when he first came into the Arizona Humane Society shelter, with long matted fur and a sad disposition. Now he's shaved and happy and ready for a new home (submitted photo).

### Pet of the Month

#### Loveable poodle mix needs home

When Furby arrived at the Arizona Humane Society, he looked more like a mop than a poodle. Under the tangled, dirty, smelly fur revealed a charming, spunky and happy-go-lucky dog with a lot of love to give.

The puppy-like 7 year old enjoys

life as much as people, and when he's not prancing on walks or exploring the backyard, he enjoys sitting on laps or showing off the tricks he knows. He's good with other pets and kids.

His portable size makes him the perfect tag-along friend for road trips, coffee dates or dinner on a dog-friendly patio.

Meet Furby at the Sunnyslope Campus, located at 9226 N. 13th Ave. His adoption fee is \$200. For more information, call 602-997-7585 and ask for animal number A552773. If Furby has already been adopted by the time you visit the shelter, consider adopting one of the many other homeless pets by visiting [www.azhumane.org](http://www.azhumane.org).

### Small Dog Rescue hosts golf event

Arizona Small Dog Rescue will host its third-annual Putts for Mutts charity golf tournament Sunday, May 21, at The Stone Creek Golf Club, 4435 N. Paradise Village Parkway South.

The tournament begins at 7:30 a.m. with a shotgun start, and will include a mini-continental breakfast, 18 holes of golf, raffle, silent auction and awards luncheon.

Tickets are \$100 per single player or \$380 per foursome if purchased by April 15 (or \$110 per single player/\$420 per foursome after April 15). All proceeds will benefit Arizona Small Dog Rescue, a 501(c) 3 nonprofit organization dedicated to the care, rehabilitation and adoption of abused, unwanted, homeless, sick or injured animals throughout the greater Phoenix area.

For information, visit <http://azsmalldog.org/putts-for-mutts-2>, or call 480-272-4841.

### Charity dog wash aids Labrador rescue group

The parking lot behind ReThink Advertising, 4714 N. 44th St., will host a charity dog wash on Saturday, April 8. This year's event will benefit a special no-kill shelter for homeless pets.

Residents from all over the Valley are invited to bring their dogs from 9 a.m. to Noon, to get scrubbed and towed off for a great cause. ReThink Advertising hosts a safe environment for dogs, provides clean water, organic shampoo, treats and more for your furry friends. Dog parents can enjoy

## COMMUNITY

complimentary bagels, coffee and pastries while volunteers wash their pups. There also will be a silent auction for your chance at great items including tickets to great events, autographed sports memorabilia and other exciting prizes. All washes are done on a donation basis with anyone donating \$20 or more receiving a free promotional gift.

All proceeds benefit Desert Labrador Retriever Rescue, a nonprofit, all-volunteer organization dedicated to finding loving, life-long homes for displaced Labrador Retrievers. This year's event beneficiary was chosen in memory of ReThink's own "Lando," who always greeted visitors with enthusiastic barks and kisses.

For more information about Desert Labrador Retriever Rescue, visit [www.dlrrphoenix.org](http://www.dlrrphoenix.org).

## Foster orientations now available online

The Arizona Humane Society (AHS) is the first animal welfare agency in the Valley to launch an innovative and convenient way to save lives.

The new online foster orientation allows pet lovers to learn the ins and outs of fostering at a time and place that's convenient with their schedule. Learn how to provide temporary care for puppies and kittens who aren't quite ready for adoption when they first arrive at the shelter.

Register today and take the first step toward helping a homeless pet in need by visiting [www.azhumane.org/foster](http://www.azhumane.org/foster).

## Annual dinner aids local schoolchildren

The North Phoenix Kiwanis Club invites the community to help the club support two local nonprofits by attending a dinner set for this month.

The Dinner in the Desert program will take place 5:30 p.m. Friday, April 28 at ValleyLife, 1142 W. Hatcher Road. Proceeds benefit ValleyLife, whose mission is to enhance the quality of life for people with disabilities, and Andy Hull's Sunshine Foundation, which provides awareness and prevention of youth suicide through a "You Matter" campaign.

The event includes dinner catered by Burnt Biscuit, live entertainment and door prizes.

Tickets are \$30 and are available from Margaret Stephens-Reed, ValleyLife's director of Fund

Development, at 602-331-2414 or [mreed@valleylifeaz.org](mailto:mreed@valleylifeaz.org). Tickets also can be purchased from North Phoenix Kiwanis Club member Jim Day, [j-day@jmday-architects.com](mailto:j-day@jmday-architects.com), or LeAnn Hull, founder of Andy Hull's Sunshine Foundation, at [leannahull@hotmail.com](mailto:leannahull@hotmail.com).

## Donate kids clothes to SHS Key Club

The Sunnyslope High School Key Club is conducting a warmer weather children's clothing drive for a small village in the Philippines, in partnership with nonprofit organization King's Rely. Club members are gathering gently used sweaters, jackets, gloves, scarves and closed-toed shoes for children ages 5-10. If this past winter season's apparel isn't going to fit your child next year, donate it now to a good cause. The drive runs through the end of May.

Donations can be dropped off in the Sunnyslope High School front office, 35 W. Dunlap Ave., with the club advisor's name on them: Michelle Schwimmer. Or, stop by the school's east parking lot from 8 a.m.-12 p.m. on Saturday, April 8, to check out the club's car wash and yard sale. Drop off your donations and for a cash donation you can get your car washed by some enthusiastic Key Club members. While your ride is getting cleaned, browse the club's "yard sale."

If you want to donate items to the yard sale, such as household goods, furniture, electronics, etc., e-mail [Michelle.Schwimmer@guhsdaz.org](mailto:Michelle.Schwimmer@guhsdaz.org). All items not sold at the April 8 sale will be given to Goodwill, which will weigh the donations and provide money back to the club based on the total weight.

## Lesley Stahl featured at lunch

Emmy award-winning journalist and author Lesley Stahl will be featured at the Sandra Day O'Connor Institute Distinguished Speakers Series luncheon on Wednesday, April 26 at the Arizona Biltmore Resort, 2400 E. Missouri Ave.

Stahl will discuss her distinguished career including her best-selling book, "Becoming Grandma: The Joys and Science of the New Grandparenting."

Table sponsorships and \$75 general admission seats are available online at [www.OConnorInstitute.org](http://www.OConnorInstitute.org). For more information about the luncheon, contact the O'Connor Institute at 602-730-3300 or [info@OConnorInstitute.org](mailto:info@OConnorInstitute.org).

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**Good Friday Concert: Mozart's Requiem**  
April 14, 2017, 7 p.m.

Considered to be W.A. Mozart's 'swansong', this choral masterpiece is an emotionally stirring exploration of the solemnity of man's final earthly days, and the hope for beauty in the afterlife. Featuring the First Church Chancel Choir and directed by our Minister of Music Joshua Elder, accompanied by full orchestra and organ, and featuring soloists Alison Chaney, Jessica Elder, Justin Carpenter and Toby Kidd

**Easter Sunday, April 16**

- 9 a.m. – Contemporary Service
- 10 a.m. – Easter Egg Hunt  
Taste of Easter
- 11 a.m. – Traditional Service

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COMMUNITY

**Community Central**

**State Balladeer Dolan Ellis**  
7-9 p.m. Saturday, April 8  
North Mountain Visitor Center  
12950 N. 7th St.  
602-343-5125

Named as State Balladeer in 1966, by Gov. Sam Goddard, Dolan Ellis has explored every corner of Arizona. He has written hundreds of songs about Arizona people, places, and things. Tickets are \$20 for this event and may be purchased at the NMVC Gift Shoppe.

**46th Annual Easter Sunrise Service**

6 a.m. Sunday, April 16  
Steele Indian School Park  
300 E. Indian School Road  
602-944-1524

The public is invited to the service hosted by Central, Crossroads and First United Methodist churches. This intra-church, community-wide service is at the "Neighborhood Mound" section of the park.

**Separation of Church and State**

6:30 p.m. Tuesday April 18  
Beatitudes Luther Life Center  
1616 W. Glendale Ave.  
602-992-8145

The Phoenix affiliate of AAUW (The American Association of University Women) hosts host Attorney Dianne Post, who will speak about "Current Issues Concerning Separation of Church and State." The program will begin at 6:30 p.m. after an optional dinner (\$15) at 5:30 p.m. RSVP for the dinner to 602-992-8145 by noon on April 14. Visitors are welcome.

**'Barney's Night'**

4-10 p.m. Wednesday, April 19  
Denny's Restaurant  
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**The Chocolate and Art Show**

8 p.m. April 20-21  
The Monorchid  
214 E. Roosevelt St.

Featuring some of Phoenix's finest up-and-coming artists, photographers and creators, there is something for every body including live body painting, face-painting and free chocolate. The show goes until 2 a.m. both nights; live bands beginning at 8 p.m., followed by DJs at midnight. Cost is \$10 if you buy online by April 6, \$15 online thereafter, and \$20 at the door. Visit <https://chocolateandartshowphoenix2017.eventbrite.com/>.

**Gin & Jazz Preservation Party**

7-11 p.m. Saturday, April 22  
Heritage Square  
113 N. 6th St.  
602-261-8063

Pull out your flapper dresses, your pearls, feathers, wingtips, and suspenders, and mosey on over for our 1920s themed party. The evening features bathtub gin, live music from the Local Socialites, dance lessons from Savage Rhythm and hors d'oeuvres from the Herb Box. Period attire is admired, not required. Cost is \$35. Presented by Ideas Collide. Visit <http://heritagesquarephx.org/event/ginjazz/>.

**Shred-A-Thon**

10 a.m.-1 p.m. Saturday, April 22  
Fellowship Square Phoenix  
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Available for anyone who wants to get rid of documents such as junk mail, old tax returns, check stubs, outdated medical records and old bills. A local document shredding company will be on-site to load boxes onto their secure truck, and the documents will be shredded at their facility. The confidential shredding is complimentary, but donations are appreciated.

**Community Yard Sale**

8 a.m.-3 p.m. April 22-23  
Holiday Spa Mobile Home Park  
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**HOME & GARDEN**



Mother and daughter Anna and Sophia enjoy their up-close experience with a variety of winged beauties at the new Desert Botanical Garden Butterfly Pavilion (submitted photo).

servation efforts to protect them.

The garden's first butterfly pavilion opened in 2002 and was a great success with visitors, operating for more than 12 years. "When it was time to 'retire' that exhibit, we knew that we wanted to replace it with a permanent facility that was even more special – one that incorporated all phases of a butterfly's life cycle and one that was architecturally consistent with the rest of the Garden's unique structures," says Ken Schutz, executive director of the garden.

Desert Botanical Garden is located at 1201 N. Galvin Parkway. Admission is \$24.95 for adults, and \$12.95 for children ages 3-17. Call 480-941-1225 or visit [www.dbg.org](http://www.dbg.org).

**H & G Briefs**

**Large public garden finds a new home**

Keep Phoenix Beautiful has moved its PHX Renews project to a new home at 18th Avenue and Pearson Street, which will take the place of its original site on Indian School Road and Central Avenue. The nonprofit organization was notified earlier this year that it had to vacate the land due to ownership transitions to the U.S. Department of Interior.

PHX Renews began as a temporary solution championed by Phoenix Mayor Greg Stanton in 2012 to reduce the number of empty lots throughout the city by using them as community and educational spaces. Since then, PHX Renews has evolved into a nationally recognized location, where the neg-

*please see NEW HOME on page 18*

**New butterfly exhibit at botanical garden**

Butterflies are back and better than ever at the Desert Botanical Garden, with its new 3,200-square foot-Butterfly Exhibit located on the Harriet K. Maxwell Desert Wildflower Loop Trail, which opened last month.

The new exhibit features hundreds of live fluttering butterflies among the desert landscapes, as well as a caterpillar nursery and emergence chamber. The Butterfly Pavilion will provide visitors an opportunity for up-close interaction with butterflies while learning about their role as pollinators, characteristics of their lifecycles, and our con-

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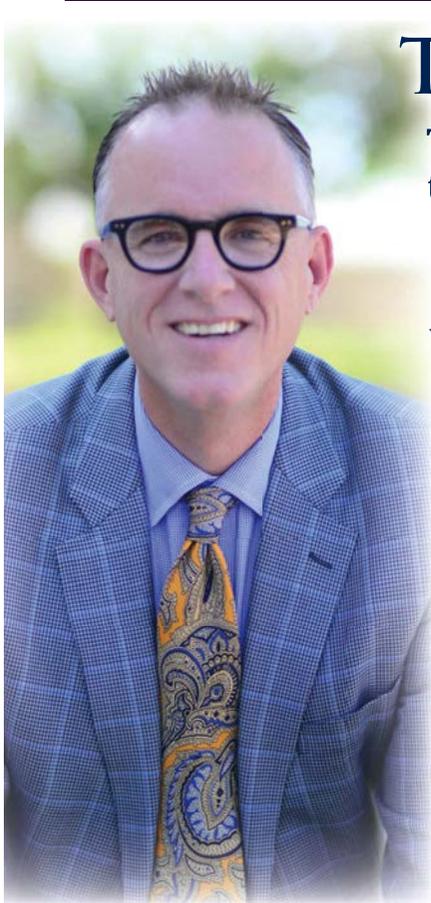
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## HAPPY HOUR WITH HERSCH

Recently I have been reflecting a lot on my role in this great big giant world we live. I assume it is because I will soon be turning 50 and reflection is a grace we are given as we mature. Though maybe it is a mid-life crisis, not sure which way – not sure it really matters. But these thoughts have me restless and uncomfortable, which at first is off putting. But I actually have become comfortable with the uncomfortable. It's giving me the energy to search and think about bigger issues, which frankly challenge my brain. Do you ever question if you are doing your "all" for yourself, family, friends or fellow man? I know my life has been blessed with riches of love and support, that I am sure I do not deserve, but am truly grateful for. So have I given the best version of myself, that Jesuit high school training speaking in my head, back to the world I live? I know after this recent reflection phase that I have tried my best so far, but the tank is far from empty, and I have a lot more I can do for myself and more importantly others. What that looks like, I do not know, but I am excited for the journey.

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**Last Month's Answer:**

**Faith Hill**

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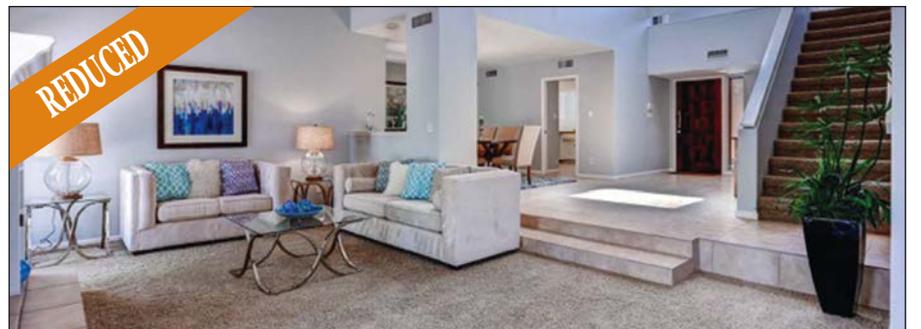
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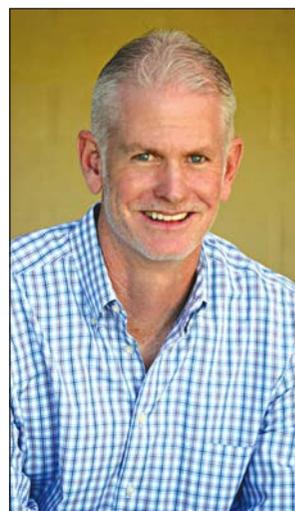
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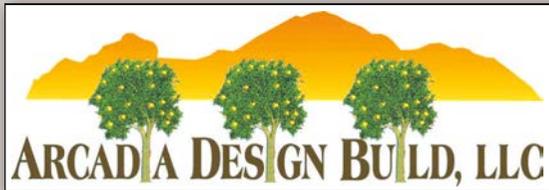


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Angie's list |

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### HOME & GARDEN

*NEW HOME continued from page 16*

ative impact of a vacant space became a positive active community filled with over 100 local gardeners, 11 corporate sponsors, a pet exercise area, a solar demonstration home, artist activities, and community partners, who have invested over 5,000 volunteer hours to make the site come to life.

Those interested in supporting PHX Renews at its new site may contact at [info@keepphxbeautiful.org](mailto:info@keepphxbeautiful.org) to volunteer.

#### New recycle option for those in multi-housing

Just in time to celebrate Earth Day, the city of Phoenix launched its ECO Stations program, making recycling a little easier for many Phoenix residents who don't have curbside or alleyway recycling available at their homes.

ECO Stations are huge roll-off bins, strategically placed in city-owned parks and near clusters of multi-family housing complexes. Phoenix residents and businesses are encouraged to use the ECO stations to place their recy-

clables at any time.

Locations in the North Central Phoenix community include Steele Indian School Park at 300 E. Indian School Road, and Washington Park at 6655 N. 23rd Ave.

According to city officials, ECO stations are a free and convenient way for those living in condos and apartment complexes to do their part to keep recyclables out of landfills.

The ECO Stations are wrapped to indicate that only recyclable materials are accepted in these blue roll-off bins. The bins display the top 10 materials that are accepted in Phoenix's recycling program, as well as those items that should not be placed in these stations, such as plastic bags or any plastic film, used electronics, textiles and clothing, furniture, trash and green organics or yard waste. These contaminants can cost the city up to \$1 million annually in processing fees, and can lower the value of the other recyclable materials collected.

The ECO Stations will be constantly monitored by Phoenix Public Works staff to prevent rampant contamination.



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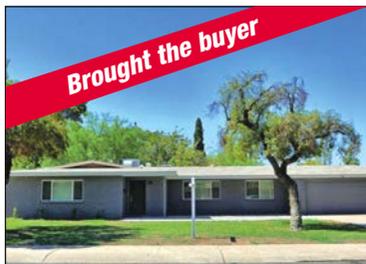
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**3211 E. Laurel**  
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**6509 N. 28th GLN**  
2,330 sf, 4 bed/3.5 bath  
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**121 W. Southern Hills**  
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**7802 N. 5th Ave.**  
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## Ask the Lawyer

### Q What happens if I die without a Will or a Trust?

When a person dies, their assets must be distributed. If a person fails to create a will or trust, their property will pass via the state laws of intestate succession. Every state has a specific set of laws providing a sort of default will. First, any assets held jointly will pass to the remaining joint owner(s); any assets with beneficiary designations will pass to your designated beneficiaries. If an asset does not have a joint owner or a beneficiary, the asset will be subject to Arizona's intestacy statutes and, potentially, probate.

Generally, it is a good idea to have your plan reviewed if:

1. Your plan was not created in Arizona.
2. Your plan was created more than four years ago.
3. You're unsure whether your trust addresses potential capital gains and/or income tax issues.
4. You, your spouse, or your named beneficiaries have had a change of circumstances (financial or personal).

Roughly seventy percent of all Americans have no estate plan in place. Which is surprising in light of the disastrous results in some situations. Beyond the complexities in blended and non-traditional families, the outcome in many intestate cases is not consistent with what the decedent would have wanted. Creating a proper estate plan ensures that property passes to whom you want, how you want and when.

Call 602-249-1328 to make an appointment for a complimentary trust review or contact us at [www.morristrust.com](http://www.morristrust.com)



### TAKING CARE OF BUSINESS



Lon Myers of Save my Blades will donate one of his shaving kits to an active duty service member, for every one purchased. He can be found Wednesdays from 9 a.m.-1 p.m. at the Uptown Farmers Market, 5757 N. Central Ave. (photo by Teri Carnicelli).

## Save your blades, share a shave

By Teri Carnicelli

North Central resident Lon Myers knows his "Shaving Private Ryan" campaign sounds humorous, but the purpose of it is serious: if you buy one of his shaving kits, he will donate one for free, in your name, to someone on active duty in the United States Armed Forces, wherever he or she may be serving.

And let's face it—a dull razor blade is nothing to laugh about.

Myers, who has lived in the community for more than 50 years and is an Army veteran, several years ago worked for a well-known national health and beauty products company. He used to receive free samples of their products, and liked to experiment with them in different uses than what they were made for. One day he discovered that one of the products, when diluted and mixed just the right way, kept the razor blade on his manual shaver clean and sharp not just for a week or two, but months and months ... and months.

Myers now sells his "Save My Blade" shaving kits locally, but also has a strong following around the country and even internationally, especially among military service members. Women in particular really appreciate his product, as disposable razors for women generally cost more than men's blades.

"I only go through maybe two blades a year," Myers says, explaining that "a new disposable razor has a coating on it and so your first shave is super clean and near perfect. But after 2-3 uses that coating is gone and pretty soon the blade starts to oxidize."

By keeping the blade portion of the razor dipped inside the solution when not in use, the blade stays clean and doesn't oxidize or otherwise lose its like-new sharpness. The shaving kit itself sells for \$25 a kit and is good for at least a year. It comes with a bottle of solution and a sealable round container to keep the full razor in. Given how expensive razors and their cartridge refills can get, it's a cost-savings that anyone who shaves can appreciate.

Myers can be found at the Uptown Farmers Market at 5757 N. Central Ave. on Wednesdays from 9 a.m.-1 p.m. He also is at the downtown Phoenix Public Market on Saturdays from 8 a.m.-1 p.m.; it is located at 721 N. Central Ave.

If you don't know someone who is on active duty that Myers can send the free kit to, he is compiling a list of names from local military support organizations. The "Shaving Private Ryan" campaign is ongoing. For more information, stop by his Save My Blade booth, e-mail him at [calshideout@yahoo.com](mailto:calshideout@yahoo.com), or call 602-370-3044.

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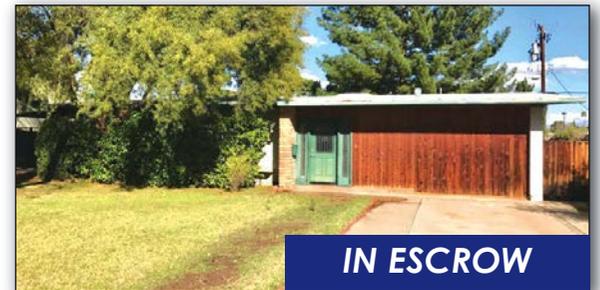
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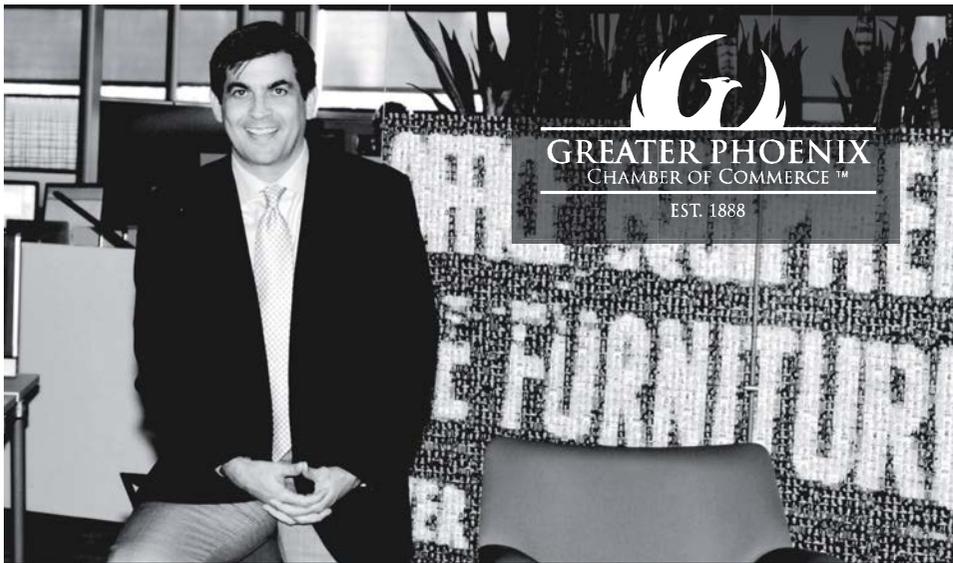
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## TAKING CARE OF BUSINESS

### Business Briefs

#### IMPACT Awards luncheon on May 10

Join the Greater Phoenix Chamber of Commerce to celebrate the 30th Anniversary IMPACT Awards as eight businesses are honored, along with one nonprofit organization whose good work and successes strengthen the community.

The awards luncheon is set for 11 a.m.-1 p.m. Wednesday, May 10 at the Arizona Biltmore Resort, 2400 E. Missouri Ave.

You'll hear their inspirational stories, see what makes them the best of the best in Valley business and discover which two companies will earn Business of the Year.

The public is invited to help decide who will be this year's IMPACTful Nonprofit Award recipient. Vote for one of four IMPACTful Award finalists online at [www.phoenixchamber.com/IMPACTful](http://www.phoenixchamber.com/IMPACTful).

Tickets to the luncheon are \$90 for chamber members, and \$95 for non-members. Call 602-495-2182 or visit

<http://phoenixchamber.com> and go to the Events page to register.

#### Shop, sip and learn at Scout & Molly's

Fashion boutique Scout & Molly's in the Uptown Plaza hosts a series of fun and informative events each month that give you the opportunity to shop, socialize and learn.

On April 4, enjoy a Facial Rejuvenation with essential oils, pressure points and more; on April 12, learn the hard-hitting facts about the hazards of common household chemicals with the Green Clean Movement; share your own business's 30-second commercial with Arizona Women/Men Networking on April 19; and enjoy a night of Spirits & Shopping on April 20, with special guest Marilyn Poscic, psychic.

All events take place from 6-8 p.m. and include wine, light bites and shopping discounts.

Scout & Molly's is located at 100 E. Camelback Road, Ste. 120. For additional information, call 602-274-1560 or follow them on Facebook at Scout & Molly's of Uptown for additional monthly events.

#### Urban Cookies moves into new space April 1

Urban Cookies Bakeshop ([www.urbancookies.com](http://www.urbancookies.com)), a Phoenix-based gourmet bakery established in 2005, is expanding its operations with a move to a larger building down the street.

The family-owned bakery was set to close its current location on Thursday, March 30 at 6 p.m. in preparation for an opening day Saturday, April 1 in its new digs just south of Thomas Road, at 2325 N. 7th St.

The bakery will occupy 2,500 square feet in three suites at the Sheridan Place plaza, a mid-century cluster of buildings currently housing Humble Pie, The Main Ingredient Ale House & Cafe, and Sutra Midtown Yoga. The bakery's move to this location was made possible after two current tenants made plans to close and relocate. The Artisan Guild closed March 1 to focus on its nonprofit school initiatives, while The Pile Hole is relocating to north Phoenix and had its last day in its current spot on March 27.

“Winning Food Network's Cupcake Wars in 2011 changed the trajectory of our business and we see this move as a similar growth opportunity, with



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## TAKING CARE OF BUSINESS

expanding our menu as our top priority,” said co-owner, Brady Breese. “We’ve already developed new donuts and cookies for the new space, we’ve begun meeting with local coffee roasters to offer espresso, and we’re excited to launch some fun weekend specials like cinnamon rolls and pie.”

Customers are encouraged to stop by for the bakery’s opening day celebration on April 1, which will include music, free cookies and more.

### **Bobby Lieb ranked No. 1 in sales for 2016**

North Central Realtor Bobby Lieb recently was named HomeSmart’s No. 1 Realtor for the sixth year in a row.

Lieb ranked No. 1 out of 11,000 Realtors nationwide for total volume and units sold in 2016. Lieb has been selling real estate for the past 25 years. He is the founder of the Elite Group at HomeSmart, with offices at 5225 N. Central Ave., #104. Lieb also helped developed the HomeSmart WeCare charity to help agents in difficult times.

Lieb consistently ranks as HomeSmart’s No. 1 Realtor in North Central Phoenix, where he lives with his family. You can reach Lieb at the HomeSmart office at 602-761-4646, or go online to [www.centralphx.com](http://www.centralphx.com).

### **Frockify opens in Melrose District**

Frockify LLC, a vintage clothing reseller started by ASU graduate Dakota Jeane Hilton, held the grand opening of its first retail location in Phoenix on March 25. Located at 4206 N. 7th Ave., north of Indian School in the heart of the Melrose District, the store features a wide variety of vintage clothing from the early 1900s to the 1990s alongside a selection of mid-century furniture and housewares.

“We’re so excited to join the vintage community in Phoenix and we’re especially honored to be able to be a part of the growing Melrose District, a place that I’ve always loved to shop,” Hilton said.

After spending almost two years growing her business by selling at flea markets across the country, Hilton decided it was time to open her first retail store. She likes to call it “Frock and Mortar.”

“Frockify has always operated with the vision of preserving the history of everything we sell. We care passionately about the story behind every piece

we buy because it is important for us to pass down that story to our customers,” Hilton said.

Frockify will be open 10 a.m.-6 p.m. Wednesday through Saturday, and Sundays from 11 a.m.-4 p.m. For more information, call 480-202-8941 or e-mail [info@frockify.com](mailto:info@frockify.com).

### **New tango studio opens with evening event**

Learn the art and grace of tango at the new Tango Academy Arizona, 13637 N. Tatum Blvd., #8.

Founder and dance Maestro Jorge L. Gonzalez-Becerra offers a comprehensive program that will introduce you to authentic Argentine tango with classes for beginners, intermediate and advanced students.

To celebrate the opening of the new studio, Tango Academy Arizona will host an hour of free dance lessons from 9-10 p.m. Saturday, April 22. Practice, workout and learn new tango moves.

The free lessons will be followed by a traditional social dance, called a Milonga Kilómetro Cero, from 10 p.m. to 2 a.m. and featuring hors d’oeuvres and beverages. Admission to the dance is \$20, all inclusive.

For more information, call 602-992-0563 or visit [www.tangoacademyarizona.com](http://www.tangoacademyarizona.com).

### **Biltmore-area office building recently sold**

Biltmore Corporate Park, at 6245 N. 24th St., has been sold to a local investor for \$7,075,000. The new owner plans to modernize the multi-story building.

Biltmore Corporate Park was originally constructed in 1980 and underwent some significant remodeling in 2017. The multi-story building contains 44,174 square feet of office space and was 65-percent leased at the time of the sale.

Two new leases have been signed since the property was sold.

Fountainhead Equity Partners (Art Cunningham) with KEMF BCP Investments, LLC, acquired the property from Johnson Grove Partnership on Feb. 17. Timpani of Collier International handled the sale transaction and has been retained as exclusive leasing agent for the property.

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## Current Listings/Escrows

6715 N. 39th Way	<b>.JUST LISTED</b>	3790 SF	4BR/4.5BA	\$1,850,000
3920 E. Mountain View Rd.	<b>.NEW PRICE</b>	6039 SF	6BR/6.5BA	\$1,750,000
2135 E. Colter St.	<b>.IN ESCROW</b>	Lot		\$1,200,000
7026 N. 23rd Pl.	<b>.IN ESCROW</b>	3376 SF	3BR/3.5BA	\$1,125,000
5750 N. Central Ave.	<b>.JUST LISTED</b>	6555 SF	5BR/4.5BA	\$1,099,000
321 E. Montebello Ave.	<b>.IN ESCROW</b>	4524 SF	5BR/3.5BA	\$ 815,000
1819 E. Palmyra Ave.	<b>.NEW CONSTRUCTION</b>	341 5SF	4BR/3.5BA	\$ 799,000
6030 N. 5th Ave.	<b>.NEW PRICE</b>	3737 SF	4BR/3.5BA	\$ 785,000
1823 E. Palmyra Ave.	<b>.NEW CONSTRUCTION</b>	2970 SF	4BR/3.5BA	\$ 699,000
1629 E. Montebello Ave.	<b>.NEW CONSTRUCTION</b>	3033 SF	4BR/3.5BA	\$ 699,900
735 W. Las Palmaritas	<b>.NEW PRICE</b>	4061 SF	4BR/3.5BA	\$ 695,000
1020 E. Maryland Ave.		Lot		\$ 675,000
6010 N. 5th Ave.	<b>.IN ESCROW</b>	3300 SF	5BR/3BA	\$ 650,000
7747 N. 13th Pl.	<b>.IN ESCROW</b>	4130 SF	4BR/3.5BA	\$ 624,750
37 E. Orange Dr.	<b>.JUST LISTED</b>	2275 SF	3BR/2.5BA	\$ 599,000
30 W. Frier Dr.		22,208 SF lot		\$ 595,000
20 W. Frier Dr.		24,785 SF lot		\$ 585,000
10 W. Frier Dr.		18,807 SF lot		\$ 555,000
40 W. Frier Dr.		15,815 SF lot		\$ 535,000
8103 N. 9th Ave.	<b>.JUST LISTED</b>	2701 SF	4BR/3BA	\$ 499,000
316 W. Glendale Ave.	<b>.IN ESCROW</b>	3721 SF	5BR/3.5BA	\$ 499,000
709 W. El Camino Dr.	<b>.NEW PRICE</b>	2734 SF	3BR/2.5BA	\$ 484,000
8116 N. 18th Pl.	<b>.IN ESCROW</b>	1997 SF	3BR/2BA	\$ 479,000
7726 N. 11th Ave.	<b>.JUST LISTED</b>	2212 SF	3BR/2BA	\$ 475,000
1110 W. Orangewood Ave.	<b>.IN ESCROW</b>	2440 SF	3BR/2BA	\$ 459,000
2027 E. Glendale Ave.	<b>.IN ESCROW</b>	2624 SF	3BR/2.5BA	\$ 369,000
1433 E. Mission Ln.	<b>.JUST LISTED</b>	2135 SF	4BR/2.5BA	\$ 359,000
805. E Boca Raton Rd	<b>.IN ESCROW</b>	1932 SF	3BR/2.5BA	\$ 289,900
714 E. Boca Raton Rd.	<b>.NEW CONSTRUCTION</b>	1784 SF	3BR/2.5BA	\$ 289,900
710 E. Boca Raton Rd.	<b>.NEW CONSTRUCTION</b>	1640 SF	3BR/2.5BA	\$ 276,900
7231 N. 6th Way		1450 SF	2BR/2BA	\$ 250,000
6527 N. 10th Pl.	<b>.JUST LISTED</b>	1883 SF	3BR/2.5BA	\$ 250,000
5350 N. Central Ave. #34	<b>.NEW PRICE</b>	2540 SF	2BR/2BA	\$ 246,000
750 E. Northern Ave. #1138	<b>.IN ESCROW</b>	746 SF	1BR/1BA	\$ 118,000

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37 E. Orange Dr. ■ \$599,000



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8103 N. 9th Ave. ■ \$499,000



709 E. El Camino Dr. ■ \$484,000



1433 E. Mission Ln. ■ \$359,000

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5645 E. Exeter Blvd.	\$1,575,000	1232 E. Oregon Ave.	\$ 485,000	7118 N. 11th Dr.	\$ 333,500	4055 E. Calavar Rd.	\$ 223,500
5045 N. 22nd St.	\$1,525,000	3150 E Rose Ln .	\$ 460,000	6913 N. 10th St.	\$ 328,500	5350 N. Central Ave. #38	\$ 173,250*
512 E. Tuckey Ln.	\$1,037,000	1135 E. Lawrence Rd.	\$ 439,000	6608 N. 13th St*.	\$ 325,000	1880 E. Morten Ave. #137	\$ 94,500
130 E. Glendale Ave.	\$ 852,500	7623 N. 7th Pl.	\$ 418,000	7349 N. 11th Pl.	\$ 315,000	*represented both buyer and seller	
2101 E. Bethany Home Rd.	\$ 615,000	101 W. Southern Hills Dr	\$ 405,000	9007 N. 14th Dr.	\$ 312,500*		
6837 N. 23rd Pl	\$ 590,000*	504 E. Flynn Dr.	\$ 396,950	1124 E. Rose Ln. #10	\$ 253,000		

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**HEALTHY LIVING**

**Fitness studio marks 10-year anniversary**

By Teri Carnicelli

When Bobby Kelly was looking for a location to open a fitness studio, he knew he wanted to be in the family-centered North Central Phoenix community. “So many families live here for the close proximity to the Madison School District, Brophy, Xavier, St Francis, All Saints, etc.,” Kelly recalls. “Our hope was to create a locally owned business that catered to our neighbors.”

Ten years later, Results Only Fitness at 7020 N. 7th St. continued to attract customers of all ages—and drivers who enjoy reading the humorous sayings on the marquee sign that gently pokes fun at the fast-food restaurant across the street.

The small-group fitness classes led by certified trainers last an hour, and they start as early as 5:30 a.m. Monday through Friday and go until 7 p.m. Monday through Thursday and 5:45 p.m. Fridays. A few Saturday morning



Certified personal fitness trainer Bobby Kelly, center, owner and founder of Results Only Fitness, works with a couple of clients at his North Central Phoenix studio (submitted photo).

classes also are available, but the real idea is to accommodate people’s busy work and personal schedules.

“Knowing that most of our members have children and drop off their kids in the mornings, we set class times around drop off and pick up times so we could offer a huge convenience in

their lives and help them help themselves,” Kelly explains.

Part of the studio’s continuing success is staying away from the latest fitness trends and instead working to meet every client’s individual needs. “We chose to do that in a group environment, believing that the social

interaction is a key factor in accountability, motivation and making fitness fun and sustainable,” Kelly points out.

“Ten years ago, we offered fewer classes and class sizes were much smaller, so we listened to our clients and added more class times as we’ve grown. Our 5:30 a.m. class is now our most popular.

“We’ve had to continue to improve our skills and become more creative in order to serve more people in our same space,” Kelly adds.

All of the Results Only Fitness trainers complete 20-30 hours of continuing education every quarter.

“We work diligently to stay on top of the research and remain scientifically based,” Kelly says. “We are constantly learning and improving to benefit our family of clients. We look for needs within our community and try to meet them. For example, we recently added specific programming and classes just for senior citizens.”

The studio now works with a few clients who are over the age of 80. There

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## HEALTHY LIVING

also are classes geared toward those who haven't been regularly active in years, or who are significantly overweight.

"We provide a judgment-free space that is safe and accepting," Kelly says. "Our clients and their outcomes are our first priority. We meet each client where they are based on their fitness level and needs. We offer a family environment where everyone is in it together."

Results Only Fitness celebrates its 10-year anniversary on April 1, and for the month you can call and ask about the VIP pass, which allows any new customer to experience a free 30-day trial membership. For more information, e-mail [info@resultsonly.com](mailto:info@resultsonly.com) or call 602-944-0747.

## Health Briefs

### Classes taught on the Bhagavad Gita

The Bhagavad Gita, an ancient, mystical writing from the East Indian culture, is translated from Sanskrit and taught as a practical application for everyday personal living by longtime author and spiritual teacher, Durga Ma.

"My understanding of multiple layers of messages hidden in the text will open your eyes and give you a peek at messages that apply to you and your own live, spiritual journey," Ma says. Classes begin on Wednesday, April 12 and will be held at the Kharma Life Center, 700 W. Campbell Ave., Suite 1, on Wednesday evenings from 5:30-7 p.m. ongoing and will cover material in a way that students may drop into any session at any time.

Cost to attend each class individually is \$20 and may be purchased online in advance or on site as a drop-in class. A discounted fee of \$60 is offered for a package of four classes. Participants may register online at [www.kharmalife.com](http://www.kharmalife.com), by calling 602-795-9767, or in person at the center.

### Learn two common causes of joint pain

Learn about some of the causes of joint pain such as arthritis and osteoporosis during a free program set for 5:30-7 p.m. Wednesday, April 5 at the John C. Lincoln Cowden Center, 9202 N. 2nd St.

In this two-part lecture, physical therapist Lacey Frankland will discuss how therapy can be one option to help relieve pain. Kenneth Schmidt, M.D., will discuss the main causes of pain

such as arthritis and osteoporosis and how these conditions can affect hips and knees. They also will discuss treatment options, both surgical and non-surgical for treating this pain.

The event is free, but registration is required. Call 623-870-6300 or visit <http://HonorHealth.com/events>.

### The importance of advance care planning

Why is advance care planning important? What is a living will or medical power of attorney? How can you let people know what your wishes are?

Kent Lingafelter, palliative care nurse practitioner and Diane King, social worker, at HonorHealth's Comprehensive Care Center, will answer your questions and provide you with handouts on advance care planning, 2-3 p.m. Tuesday, April 25 at the John C. Lincoln Cowden Center, 9202 N. 2nd St.

They will also talk about the similarities and differences between palliative care and hospice care.

The event is free, but registration is required. Call 623-870-6300 or visit <http://HonorHealth.com/events>.



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**SCHOOL DAYS**



Members of the "Bee Inspired Team" from the Arizona School for the Arts who captured a win at the Arizona State FIRST LEGO League Challenge included, from left: eighth graders Amelia Luadtke and Molly Moody; sixth grader Imogen Dietz; fifth graders Ava Dewall and MaeYa Kotter; eighth grader Emma Scully; and Marissa De La Rosa, sixth grade (submitted photo).

**Local girls head to Texas for contest**

A team of Phoenix 5th-8th grade robotics students recently was named one of two winning teams selected to head to the FIRST LEGO League World Festival in Houston on April 19 ([www.firstlegoleague.org](http://www.firstlegoleague.org)).

The all-girls team of arts students from downtown Phoenix charter school Arizona School for the Arts (ASA) competed against 96 teams in the Arizona State FIRST LEGO League Challenge hosted by the Ira A. Fulton School of Engineering on Jan. 14-15. The competition encourages youth to think like scientists and engineers through problem solving and teamwork.

As part of the challenge, the seven girls developed and constructed—using a laser cutter at CREATE at Arizona Science Center—a special box in which bees can build hives during swarming season. The purpose of the box is to provide an attractive place for bees to live instead of forming hives in people's homes, where they are often exterminated.

The team also built a robot out of LEGOs and programmed it to complete tasks. The judges awarded the team members First Place based on their innovative projects as well as their collaboration and cooperation with competing teams.

"These students genuinely embody the spirit of gracious professionalism,"

said Tracy Ryan, faculty mentor for the FIRST LEGO League Robotics Club at ASA. "They worked very hard and were incredibly inclusive."

The winning "Bee Inspired Team" members are all performing arts students who are thriving in STEM areas. Among them is eighth grader Emma Scully, 14, of Phoenix, who plays the flute and piano, sings in the choir and also has an interest in studying chemical engineering in college.

"With our music, we do a lot of performances in front of crowds, so this experience really helped with the presentation portion of the competition," Emma said.

"Most of these youth are not arts students when they come to ASA," said Leah Fregulia, ASA Head of School and CEO. "They are immersed in the arts when they get here as part of their academics and 96 percent of them go on to college, while the remainder go on to arts-related programs and careers."

For more information about Arizona School for the Arts, visit [www.goasa.org](http://www.goasa.org).

**School Briefs**

**GLENDALE UNION HIGH SCHOOL DISTRICT Students earn youth ambassador spots**

Sunnyslope High juniors Hayley Ramirez and Eric Kennedy, and Washington High junior Ruben Hernandez and sophomore Ryan

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**Good Friday, April 14**  
7:00 pm Worship

**Easter Sunday, April 16**  
7:00 am Sunrise Outdoor Worship  
9:30 am Worship with Holy Communion  
10:45 am Children's Easter Egg Hunt  
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**SCHOOL DAYS**



Phoenix Vice Mayor Laura Pastor (holding the scissors) joined Solano School officials, students and their families during the official ribbon cutting of the Solano Open Fields Open Play initiative (submitted photo).

Simpson, will represent the Glendale Union High School District and Arizona this summer as youth ambassadors.

The students were selected by the Phoenix Youth Ambassador Exchange Program, where they will spend three weeks abroad living with a host family to be fully immersed in the culture of the city. Only 25 students from across Phoenix were chosen for this experience.

Ramirez travels to Ennis, Ireland, and Kennedy will be heading to Catania, Italy, while Hernandez sets off to Prague, Czech Republic, and Simpson will journey to Himeji, Japan.

When they return to Phoenix, they and their families will then host their own international guests and introduce them to Phoenix and American culture, traditions and experiences.

**SHS boys basketball takes state title**

The Sunnyslope High School boys varsity basketball team took down Apollo High School in the 5A boys state title game in March. The Vikings won in two overtimes with a final score of 58-57.

This was the third time Sunnyslope played Apollo this year but the first time the Vikings had a win.

The championship game was played at Grand Canyon University Arena.

**OSBORN ELEMENTARY SCHOOL DISTRICT Open fields, open play**

Solano School Principal Renee Hamill welcomed Vice Mayor (and former Osborn student) Laura Pastor, Osborn School District board members, students, families and community members to the official ribbon cutting for Solano's Open Fields Open Play, a

shared-use project funded by the Maricopa County Health Department. The purpose of the program is to provide schools in high-need areas with funding to keep some of their facilities open during after-school hours, including playgrounds, ballfields and even libraries, for the families and nearby community to use. Oftentimes these neighborhoods are not conveniently located near a public park or public library.

*please see PLAY on page 30*





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**SCHOOL DAYS**

*PLAY continued from page 29*

As Osborn Governing Board President Katie Paetz noted, it was invigorating to see Solano’s field full of life and activity. “We are happy to see this project cultivate initiative and grow more leaders,” Paetz said.

**Learning about water conservation**

After reading “The Big Thirst,” Brendan Mann’s seventh grade Language Arts classes at Osborn Middle School dove deep into issues of water sustainability, especially in agriculture and industry.

To expand their understanding of the current state of water in Arizona, they invited Central Arizona Water Conservation Board member Ben Graff to OMS. Graff, who represents Maricopa County on the 14-member board, was elected to a six-year term last November.

Graff is a land use and zoning attorney with Withey Morris, PLC, in Phoenix, and has worked extensively on a wide range of zoning projects

including The Local, soon to be built on the southwest corner of 7th Avenue and Osborn Road.

Graff facilitated a thought-provoking discussion about sustainability in Arizona and answered students’ questions.

**PHOENIX UNION HIGH SCHOOL DISTRICT Marketing students pitch ideas to panel**

Students at Metro Tech High School, 1900 W. Thomas Road, last month tried their best to impress their own version of Mark Cuban during the school’s version of the popular reality TV show, “Shark Tank.”

The second-annual event is the creation of Jeff Howard, who teaches the Sports & Entertainment Marketing class at Metro Tech. “When they come in to class the first day, I tell them they have been hired as an ‘intern’ to work for J & A Advertising—J for my son Jaden and A for my daughter Ariana,” Howard explains.

The students compete throughout the year to be chosen as the next



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**SCHOOL DAYS**

*PITCH continued from page 31*

pitched their business idea using a presentation visual of their choice (PowerPoint, Prezi, Office Mix, etc.), along with a display poster and print and media promotion examples. There was Papa Paul's Pizza, Exotic Scoops Ice Cream, JV's Super Tacos, and Beefish.

"If your team loses, you go to the boardroom and someone gets 'fired'—in this case, they are eliminated from the paid internship award at the end of the year for the contest winner," Howard says. "I give a plaque, gift card, letter of recommendation, and a take them to lunch if they win."

**Cadets join vets at military dinner**

Metro Tech JROTC cadets Mercedes Jimenez and Dalila Lucero were guests of honor at the Luke Chapter of the Military Officers Association of America (MOAA) dinner, held Feb. 9.

The cadets were able to learn about the community involvement activities of this veterans' organization, while

sharing with its members the benefits they have gained through their participation in the JROTC program.

**JROTC students visit state capitol**

The Camelback High JROTC took nine cadets on a field trip to the Arizona State Capitol on Feb. 28. The trip was focused on the Capital Museum and gaining an understanding of some of the history of our great state.

While at the capitol, the students were able to meet State Rep. Kelli Butler. The cadets visited her office and were given a tour of the House of Representatives with her. The cadets also met and were welcomed in the museum by Secretary of State, Michelle Regan.

**DECA students head to Anaheim**

Camelback High competed at the DECA State Competition and qualified 25 students to the DECA International Competition to Anaheim, Calif. in April. This is the school's largest total ever.

Camelback students will be joining 17,000 students throughout the world for the DECA International Career Development Conference. There were 2,400 students from 72 schools that attended the DECA State Competition and Camelback had the second-largest number of students attending in the state.

The students who won the Verizon Best in State App contest also won in the Innovation Competition, the second year in a row that Camelback has won with the Verizon challenge winners.

**WASHINGTON ELEMENTARY SCHOOL DISTRICT Lamp of Learning honorees lauded**

Once each year, the Washington Elementary School District (WESD) celebrates the unique, exemplary contributions of special members of the #WESDFamily by honoring them with the Lamp of Learning Award.

Bestowing this award allows the district the opportunity to thank community and staff members for the extras that they do to support the education of its students. This year 38 awards winners will be celebrated on May 5 at the Lamp of Learning Awards Dinner, set for 5:30 p.m. at the Sheraton

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**SCHOOL DAYS**



The Xavier College Prep crew teams recently raced in every heat of the Arizona Junior Women's Championship last month, taking home the championship title for the third consecutive year (submitted photo).

Crescent Hotel, 2620 W. Dunlap Ave.

Among the winners are: Kirstin Alexander, first grade ELL Teacher, and Emily Church, Student Services specialist, at Richard E. Miller Elementary; George Green, volunteer, Washington Elementary; Fred Guerriero, volunteer, Mountain View Elementary; Michelle Miller, music teacher, and Margaret Mott, seventh grade Science teacher, Mountain View Elementary; and Jennifer Spector, second grade teacher, Washington Elementary.

To RSVP for the Lamp of Learning Celebration or for more information, call Pam Horton at 602-347-2694 or e-mail [pam.horton@wesdschools.org](mailto:pam.horton@wesdschools.org).

vidual awards. The "Xavier South" squad placed first in its regional competition, while "Xavier East" placed fourth in its own contest. Both squads will advance to the state tournament on April 1. Xavier senior Susan Peters, junior Edel Healy, and sophomore Aranzazu Soto captured individual accolades.

**Bassoonist visits Xavier music club**

Xavier College Preparatory's Classical Music Club welcomed bassoonist, composer and Mill Avenue *please see BASSOONIST on page 34*

**PRIVATE AND CHARTER SCHOOLS  
More awards for Xavier teams**

It was another winning fall/winter season for the women of Xavier College Preparatory, both athletically and academically.

Xavier's crew team captured this year's Arizona Outlaw Rowers Junior Women's Championship title on March 4, with a victory in the Desert Sprints Regatta. Xavier's rowers raced in every possible category, capturing medals in nine of eleven entries and bringing home the state trophy for the third consecutive year and the sixth time in event history.

Xavier's performance dance company scored the highest possible rating of "distinction" at the 32nd Annual Arizona High School Dance Festival on Feb. 23. More than 600 students from around the valley participated in this year's festival at Westwood High School.

In addition, the school's Elias M. Romley Xavier Mock Trial Team competed at the regional tournament at the Maricopa County Superior Court on March 4, qualifying two of its squads for the upcoming state championship tournament and scoring multiple indi-



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**SCHOOL DAYS**

**BASSOONIST continued from page 33**

Chamber Players member Thomas Breadon to campus on Feb. 22.

Breadon taught a bassoon and composition clinic, introducing Xavier/Brophy students to the intricate sounds of the bassoon and sharing his insights on composing original songs.



Celebrating St. Francis Xavier's latest winners of the Christian Service Awards are, from left: Deborah Westerfield, SFX campus ministry; Fr. Dan Sullivan, S.J.; students Katie Harris, Jay Cruz, Scott Ruoff, Noah Nuez and Sophia Alameddin; and SFX Principal Kim Cavnar (submitted photo).

**SFX honors its service awardees**

St. Francis Xavier School last month recognized its 2017 Christian Service Award recipients. Each year the Catholic Community Foundation recognizes outstanding eighth grade students from throughout the Diocese who display a love and understanding of their Catholic faith and articulate a commitment, not only to performing acts of service, but to living a service focused life. Recipients of the prestigious Christian Service Award are honored by the Bishop at a special ceremony and receive an \$8,000 Catholic high school tuition scholarship.

This year SFX honored four finalists (Ryan Blake, Natalie Fuchs,

Madison Guzak and Ben Sanford) and five recipients (Sophia Alameddin, Jay Cruz, Katie Harris, Noah Nuez and Scott Ruoff) of the Christian Service Award. All these students live out the school motto of being a kid for others.

Ruoff received the Fr. Sullivan Ignation Spirit Award, which was created through the generosity of the Schramm Family (Hailey '12, Patrick '14) to further the mission of the CCF as well as honor St. Francis Xavier pastor, Fr. Dan Sullivan.

**Lopez signs letter of intent to play soccer**

Christian Lopez, a senior at Madison Highland Prep, accepted a \$10,000 yearly scholarship to play soccer at the recently built Ottawa University campus in Surprise.

Lopez, 17, signed a letter of intent to play during the fall 2017 and spring 2018 semesters on



Christian Lopez

March 14. "I'm excited to help start their new soccer program," said Lopez, who plans to major in business marketing.

For the 2016 men's soccer season, Lopez was named First Team All-State Forward. He is the first MHP student-athlete to be selected as Division I Men's Soccer Player.

**New small school now enrolling**

Acton Academy Phoenix, located at 3330 E. Camelback Road, hosts an open house for interested families from 10-11 a.m. on Saturday, April 8. The school is located on the east side of the Redemption Arcadia Church; parking is in the back lot.

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Summer Camp's summer program available May 30 - Aug. 4th.

For more information & registration, call: **602 906-3806**.  
or visit us online at: [squawpeakhilton.com/activities/coyote-camp](http://squawpeakhilton.com/activities/coyote-camp)

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<b>Underbite</b>	<b>Overjet (Protrusion)</b>	<b>Abnormal Eruption</b>

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**SCHOOL DAYS**

The academy will enroll up to 30 students for the 2017-18 school year, for students 6-12 years old (approximately first through fifth grade). All students participate in the ES learning studio with mixed ages. The school is a replication of one founded in Austin, Texas.

Learn more and RSVP for the open house at [www.actonphx.org/openhouse](http://www.actonphx.org/openhouse).

**AmeriSchools adds after-school programs**

AmeriSchools Academy, 1333 W. Camelback Road, in collaboration with the Grandview Neighborhood Association, has been awarded a grant to support afterschool functions at the campus and in the community.

AmeriSchools Academy's after-school programs decrease students' unproductive activity on city streets after school, as well as decrease "Latch Key" students' idle time at home after school. The funds from the recently awarded Phoenix Neighborhood Block Watch Grant Program (NBWGP) seek to increase the number of students participating in after school activities throughout the school year, including sports, clubs and tutoring, as well as community-based STEM programs through farming, nutrition/cooking, and entrepreneurship.

Students will be able to engage on campus, as well as off campus through farming and nutrition activities and collaboration with local organizations.

"Additional support will only further reduce juvenile crime in our neighborhood," said Gary LeBlanc, superintendent of AmeriSchools. "AmeriSchools Academy is very grateful for the NBWGP's consideration for such funding and to the Grandview Neighborhood Association for its support."

**Learning to run their own biz**

After six weeks of intensive lessons on the economy, business readiness, entrepreneurship and personal financial literacy, the fourth- through seventh-grade students of Phoenix Hebrew Academy traveled to the Junior Achievement of Arizona complex in Tempe on March 6 to participate in their second year at JA BizTown, which motivates and encourages students to achieve their personal, educational and career goals with a hands-on experience.

PHA students became citizens of BizTown and took their positions as



Phoenix Hebrew Academy Students Esther Gold and Eli Aminov work the Raising Cane's food booth at BizTown USA, a program of Junior Achievement (submitted photo).

mayor, town treasurer, IRS chief, doctors, CEOs, CFOs, and employees of 13 different businesses. The town was busy as the students got right into the swing of life as adults living and working in their community.

They started the day by applying for a business loan with the AM Trust Bank to open their businesses. All of the citizens of BizTown repaid their loans and made record profits by the end of the day. The PHA students had a great time and are looking forward to returning to JA BizTown next year.

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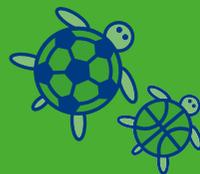
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**Local swim school in Chinese documentary**

For nearly 20 years now—since 1998—thousands of babies, toddlers, and children from all over the Valley have learned how to swim and developed a love for the water as a result of taking lessons at the Hubbard Family Swim Schools.

Under the direction of co-owners Bob and Kathy Hubbard, their three Arizona swim schools have developed a world-class reputation and the couple has become leaders and expert speakers in the field of infant and children's swim lessons.

A TV crew from China visited the Phoenix location in February to do some filming and interviewing for an upcoming documentary that will air this year on China Central Television (CCTV). The working title right now for the documentary is, "Babies in Waterland."

"We were honored that the docu-



A member of a Chinese documentary film crew gets in the pool with young paddlers at the Phoenix location of Hubbard Family Swim Schools (submitted photo).

mentary team from CCTV chose to visit our swim school," said Bob Hubbard. "We originally met the film crew in Cambridge, England back in September 2016, when Kathy and I

were there to present a talk on the importance of introducing children to the water at a young age. They told us they had a great interest in the role water plays in the emotional, cognitive and physical development of children and they wanted to come to Phoenix and see what our teaching methods were all about."

The film crew also got terrific footage of Hubbard's swim instructors teaching children with special needs.

"We have several children enrolled in our schools who are dealing with special challenges ranging from blindness to spina bifida to Down syndrome," explains Bob.

"The film crew told us that they had a particular interest in seeing how these children excelled in an aquatic environment and the role the water plays in increasing their physical strength and flexibility."

According to Yiping Sun, the official translator for the group, "In the film we want to show people some inspiring stories about swimming, about water. And in Hubbard Family Swim School there are miracles—children who couldn't walk start to walk, children who may be anxious and uneasy find their comfort and trust here. We can see that the Hubbard family is not just running a business. They are taking their social responsibilities through their work."

For more information about Hubbard Family Swim Schools, visit [www.hubbardswim.com](http://www.hubbardswim.com).

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**GENERATIONS**

# Senior Living

## FSL works with city to make homes safer

North Central Phoenix-based Foundation for Senior Living (FSL) has been contracted by the city of Phoenix to perform Healthy Homes Whole House inspections to single out hazards and potential hazards.

FSL will diagnose health and safety home repair needs; triage and prioritize newly active cases based on emergency repair needs; develop and provide a report based on the assessment of the dwelling; monitor the project oversight and contractors; and provide third-party quality control evaluations and customer satisfaction feedback. The contract is for two years and began in February 2017.

“We have been providing home improvement services in Phoenix for over 25 years,” said Katie Martin, program director of FSL Home Improvements. “We’re excited about this contract because it gives us another opportunity to work with our long-time partners at the city of Phoenix and allows us to reach into another part of the community that we may not have been currently serving. We anticipate completing approximately 60-75 inspections before June. We know there is a great need for our services in the community.”

FSL typically finds the following hazards at homes they inspect: tripping hazards, inadequate heating and cooling, plumbing, electrical and pest infestation. Once a problem or potential problem has been identified, FSL will notify the city of Phoenix, which may or may not be able to address all potential hazards.

The City of Phoenix has a wait list for its rehab and weatherization services. If you are interested in learning more, contact the city directly at 602-534-4444, option 4.

## Duet hosts various support groups

Family members and friends who provide care to a loved one often think of themselves as daughters, husbands, partners, and friends—not caregivers. You are a caregiver if you bring dad his groceries, take your spouse to the doctor, remind mom to take her pills or have other responsibilities for your loved ones.

Consider attending a free monthly support group offered by Duet to receive information, peer support, have questions answered and more. Upcoming support groups include:

- Alzheimer’s & Dementia Support, 12-2 p.m. April 4 & 18, Duet offices, on the campus of the Church of the Beatitudes, 555 W. Glendale Ave.
- Parkinson’s Support, 1:30-3 p.m. Wednesday, April 12, Duet offices, 555 W. Glendale Ave.
- Grandparents Raising Grandchildren Support, 9-11 a.m. Thursdays, April 13 & 27, Duet offices, 555 W. Glendale Ave.

For more information on these or other support groups, call 602-274-5022, ext. 31.

## Kids & Family

### Free photos with Easter Bunny

Hop on over to Metrocenter Mall, 29th and Dunlap avenues, on Saturday, April 15, for free photos with the

*please see EASTER BUNNY on page 38*



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THE STRATFORD



## GENERATIONS

**EASTER BUNNY** *continued from page 37*

Easter Bunny from 12-8 p.m.

In addition, there will be a family-friendly Spring Party from 12-3 p.m. There will be live music, face painters, balloon twisters, arts and crafts, and a wheel of prizes.

Events take place on the upper and lower levels of the mall near the main escalators. All events are free.

**Teen Leadership Camp begins on May 30**

Hubbard Sports Camp offers an all-new Teen Leadership Camp that has been specially designed to give teens the opportunity to lead by example and be positive role models during their summer vacation.

Teens will get an opportunity to work with younger campers—mentoring, guiding, and helping them throughout the day—but they'll still get the chance to personally enjoy all the indoor and outdoor sports, games, and swimming activities.

The teen leaders are invited to

come for one week during the summer or participate all summer long. The leadership curriculum will be different each week. However, multiple weeks are not required. There is no cell phone use at camp.

Cost for the Teen Leadership Camp is \$240 per week. Camp locations include Sunnyslope High School, 35 W. Dunlap Ave., and Paradise Valley Christian Preparatory, 11875 N. 24th St. Camp dates are May 30 through Aug. 4; daily hours are: 8:30 a.m. to 3:30 p.m. Campers may bring a lunch or order daily lunch for an additional cost. For more information or to register online, visit [www.hubbardsports.com](http://www.hubbardsports.com).

**New 'holistic' preschool opens**

Camelback Holistic Preschool will open its doors Monday, April 3, at 3530 N. 32nd St., in the western wing of Aldersgate United Methodist Church.

CHP is Arizona's first holistic preschool, with a focus on educating the whole child—which includes

social/emotional, cognitive, and physical growth. Children enrolled at CHP will enjoy gardening, a large outdoor learning environmental, and organic meals, which are cooked fresh on-site daily.

On Saturday April 8, CHP will have an open house, with free activities for preschoolers including gardening, a bounce house, healthy snacks, fun educational activities, and more. While there, families can learn more about the preschool program, which includes part-time and full-day preschool programs. The full-day program comes with free before and after care.

For more information, come to the open house or visit: [www.camelback-preschool.com](http://www.camelback-preschool.com).

**Charity toy drive held at local bowling alley**

It may be more than 100 degrees outside, but that's not stopping Santa and Mrs. Clause from gathering toys in preparation of the winter holiday season.

Mike and Tammi Ridder of A1

Santa make appearances around the Valley as the jolly couple, and they will host a Santa's Bowling Toy Drive at 11 a.m. on Saturday, April 29 at Let It Roll Bowl, 8925 N. 12th St.

Eight years ago the Ridders teamed up with the National Association of Letter Carriers to buy gifts and deliver them to a local classroom of underprivileged children. They bring each child a large gift/toy (valued \$15) and a stocking with toothpaste, toothbrush, hairbrush or comb, a pair of gloves, some pencils, crayons, a small stuffed animal and some candy. The children also all get their picture taken with Santa to take home with them. This bowling event and other fundraisers help the Ridders provide these items.

Bring a new, unwrapped toy valued at \$15 or more, and stick around for some great bowling fun (register by April 10). Check-in begins at 10:30 a.m. Sponsors are being sought to providing free bowling for fundraiser participants.

For more information, call Tammi at 602-622-1751 or to make a cash donation, visit [www.gofundme.com/A1Santa](http://www.gofundme.com/A1Santa).

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ARTS & ENTERTAINMENT

## Fashion on display at Rosson House

Turn-of-the-century fashion is on view this spring at Heritage Square, 113 N. 6th St. as the Rosson House Museum presents clothing dating from the late 1890s through the 1920s.

The dress pictured to the right is one of many pieces on display at the Rosson House Museum this year for the “Dressing Downtown” exhibit, which runs through Oct. 29. Visitors will find accessories and accouterments that defined turn-of-the-century style featured in an accompanying exhibit, “Details,” which is on display in the Stevens-Haustgen Bungalow through May 27.

The “Dressing Downtown” and “Details” exhibits are included in regular museum admission of \$9 adults, \$8 seniors/students/military, and \$4 for children ages 5 and older. The Rosson House Museum is open for guided tours from 10 a.m. to 4 p.m. Wednesday-Saturday, and from 12-4 p.m. Sundays. The last tour each day is at 3 p.m.

For more information, call 602-262-5070 or visit [www.heritag squarePHX.org](http://www.heritag squarePHX.org).



This amazing gown, made of silk jacquard, duchess, taffeta and chiffon, was created for Ednah Hayes, who wore it at the 1909 inauguration of President Taft in Washington, D.C. It is on display at the Rosson House Museum as part of its “Dressing Downtown” exhibit (submitted photo).

National Poetry Month with new choreography by CDE company members. Often described as visual poetry, the afternoon will be a fascinating exploration of movement. The performance also will feature high school poets from the Poetry-Out-Loud Competition sharing their own poetry. Tickets are \$16 adults, \$13 seniors and \$10 for students, plus fees. Lunchtime theater performances also will take place at 12:10 p.m. April 19-20; tickets are just \$6. Visit [www.herbergertheater.org](http://www.herbergertheater.org).

## A & E Briefs

### ‘Dreaming a New World’ Exhibit

**Free Opening Reception**  
5:30-7 p.m. Friday, April 7  
**Herberger Theater Art Gallery**  
222 E. Monroe St.

North Central resident Sarah Kriehn and fellow artist Kathy Taylor have compiled a body of work that conveys the same vision through monotypes, collagraphs and mixed-media paintings. At the free reception, meet the artists and enjoy live music and a no-host bar. The artwork will on display and available for purchase through April 30; exhibit hours are 10 a.m.-5 p.m. Monday through Friday and during performances at the theater.

### ‘American Voices’

**Center Dance Ensemble**  
2 & 5 p.m. Sunday, April 23  
**Herberger Theater, Kax Stage**  
222 E. Monroe  
602-252-8497

Center Dance Ensemble celebrates

### ‘Urinetown’

**April 20-22 & 27-29**  
**John Paul Theatre,**  
**Phoenix College**  
1202 W. Thomas Road

In this musical satire, a terrible water shortage in a Gotham-like city, caused by a 20-year drought, has led to a government-enforced ban on private toilets. The citizens must use public amenities, regulated by a single malevolent company that profits by charging admission for one of humanity's most basic needs. Amid the people, a hero decides that he's had enough and plans a revolution to lead them all to freedom! Show times are 7:30 p.m.; there will be an 11 a.m. matinee on April 28. Tickets are \$20 for adults, \$15 for alumni and \$10 for students with ID.



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ARTS & ENTERTAINMENT



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 Sunday doors open at 10:30 am, 1st number called at 1:00 pm

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5:30 pm/\$14 per person/LIVE MUSIC 7:30 pm

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Friday 4/7: **ELENA BUTTIERO & FERDINANDO MOLteni** – On tour from Italy - enjoy a night of Italian songs!

Saturday 4/8: **MEMBER APPRECIATION WITH THREE GREAT BANDS** – Remember When Doo Wop Group (2-4 pm), The Breeze (5-7 pm) and Blues Man Mike & the Blues Review (8-11 pm)

Thursday 4/14: **THE IZZIES** – Dance to classic rock from a Club favorite

Friday 4/21: **RICHARD LEE & HOT FOOT**

Saturday 4/22: **PARTY BINGO BAND** – Apex takes the stage at 8 pm playing Motown and R&B favorites!

Friday 4/28: **CHUCK HALL BAND** – Voted Best Blues Guitarist in Phoenix two years in a row, Chuck remains one of the top local draws. In March 2000 Chuck was inducted into the Arizona Blues Hall of Fame.

All events are open to the public. One person in your party must be a member for alcohol service.

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### 'The Intangible Heritage- Mariachi Inspired Symphonic Music'

MusicaNova Orchestra  
 4 p.m. Sunday, April 23  
 Central United Methodist Church  
 1875 N. Central Ave.

In collaboration with student-musicians from Tempe high schools, with the world premiere of "How to Restart" by MusicaNova Composition Fellow Julie Hill from the Manhattan School of Music, and the Corazón de Phoenix and Tempe High School Mariachi Ensembles. Tickets are \$15-\$20. Visit [www.musicanovaaaz.com](http://www.musicanovaaaz.com).

### 'Sound of Spring' Concert

3 p.m. Sunday, April 30  
 Beth Ami Temple  
 3535 E. Lincoln Blvd.

Phoenix Symphony violinist Lan Qiu and his family headline the annual concert, featuring a selection of songs ranging from Baroque, classical and romantic eras, as well as Jewish music. Tickets are \$25; purchase by calling Donna Horwitz at 602-997-5623 or emailing her at [azhorwitzs@cox.net](mailto:azhorwitzs@cox.net).

### 'Broadway Blast'

North Valley Chorale  
 May 5-6  
 Herberger Theater, Stage West  
 222 E. Monroe  
 602-252-8497

Love Broadway? You won't want to miss this weekend with showstoppers from "Chicago," "Hair," "South Pacific," "Porgy & Bess," and more. Guests include young performers from the Benchmark School Show Choir. Show times are 7 p.m. Friday and 3 p.m. Saturday. Tickets are \$23-\$28 for adults and \$18-\$23 for seniors and students, plus fees. Visit [www.herbergertheater.org](http://www.herbergertheater.org).

### 'Beehive'

May 10-June 4  
 Phoenix Theatre  
 100 E. McDowell Road  
 602-254-2151

A salute to the 1960s with songs from iconic women including Janis Joplin, Aretha Franklin, Tina Turner and The Supremes, plus more than 40 wigs and costumes, 25 cans of hair-spray and one scorching band. Tickets are \$41-\$91 plus fees. Visit [www.phoenixtheatre.com](http://www.phoenixtheatre.com).

### 'All Balanchine'

Ballet Arizona  
 May 11-14  
 Symphony Hall  
 75 N. 2nd St.  
 602.381.1096

An evening of works by the father of American Ballet, George Balanchine. Ib Andersen is one of a handful of artists worldwide authorized by The Balanchine Trust to stage Balanchine's masterpieces. Tickets are \$25-\$159 plus fees. Visit [www.balletaz.org](http://www.balletaz.org).

### 'Playback Theatre: From Life to Story to Stage'

iTheatre Collaborative &  
 Essential Theatre  
 May 12-14  
 Herberger Theater, Kax Stage  
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FOOD FOR THOUGHT



Patty Gii and Keith Shanks are the wife-and-husband team behind Rott n' Grapes wine and beer bar, named in honor of their love of vino and of their favorite dog breed, the Rottweiler, as evidenced by their two "daughters"—Jett (left) and Onyx (photo by Teri Carnicelli).

## Café Chat

These local bars are all about the libations

By Patty Talahongva

Wine connoisseurs and their beer buddies have several places to enjoy a cool beverage without having to go to multiple bars in the North Central area. These places cater to all palates and offer unique perks .

What you won't find, however, is an expansive food menu. Bar bites, though tasty, are about the most you can expect as these businesses are all about the libations.

Central Wine, 4236 N. Central, Suite 101, is tucked near the corner of Indian School Road and Central. It's across the breezeway from the Clever Koi restaurant and quite often you'll find patrons enjoying a glass of wine while they wait for a table. The petite bar features a number of wines as well as some Arizona brews. You can order a flight of three wines or beers to try labels that are new to you.

Owner Jenna Rousseau has created a menu to compliment the beverages. Get a small nosh plate for \$3, a veggie board or burrata for \$9, or even gluten-free crackers upon request.

If you're enjoying a sweeter wine there's a dessert menu to compliment your drink. Central Wine also serves non-alcoholic drinks such as espresso

and lattes. For a refreshing change try the Dry Cucumber Soda or Hubert's Lemonade.

Wine tastings take place every Thursday from 6-9 p.m. for \$15. And if you happen to need a hair color, you can make your appointment at the adjoining hair salon and enjoy a glass of wine or beer while your color sets. That means you can go strawberry blonde and have a Strawberry Blonde beer from Pine, Ariz., too. Central Wine has a list of beers and wine as well as events all listed on its website and Facebook page. Call 602-812-7343 or visit [www.central-winephx.com](http://www.central-winephx.com).

Just north on Central Avenue is Rott n' Grapes, 4750 N. Central Ave, where all things Rottweiler and grapes are celebrated by the wife-and-husband team of Patty Gii and Keith Shanks. The name pays tribute to their Rottweiler dogs and, of course, their love of wine. Rott n' Grapes is located at the base of Landmark Towers and Elevation on Central, two luxury apartment complexes.

"Patty and I are both wine people," says Shanks, "but I drink a lot of beer." For their fellow wine lovers, they offer 80 wines by the glass. The beer imbibers can select from 75 beers in draft, cans or bottles.

You can find a special just about every night. On Monday nights they hold a Connect Four tournament.

*please see WINE on page 42*

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### FOOD FOR THOUGHT

#### WINE continued from page 41

Tuesdays and Thursdays they feature live music and on Saturday they celebrate Ladies' Night. They also have wine tastings each month at no charge as well as beer tastings, also at no charge.

To accompany your wine or beer you can enjoy a charcuterie board, spinach-hummus dip, meatballs, an Italian flat pizza or a kale-quinoa patty cake.

Small groups can reserve space to hold meet-ups or birthday celebrations.

"If it makes sense, we try to accommodate people," says Shanks. They have also expanded to a lounge area directly across the breezeway. It adds 265 square feet to their space and will allow for more group gatherings.

Rott n' Grapes opens at 3 p.m. daily with Happy Hour until 8 p.m., featuring \$3 beers and \$5 wines. You don't have to leave Fido home either. Since the owners are such big dog fans they have a dog-friendly patio complete with water dishes so both you and your dog can enjoy a nice drink.

Check out more events listed at <http://rottngrapes.com> or call 602-888-1667.

Finally, choose from two locations for The Whining Pig: 1612 E. Bethany Home Road (602-633-2134), or 3730 E. Indian School Road (602-795-9910). The Bethany Home location is intimate and patrons often end up sitting on boxes of bottled beer near the front window. It's a cozy neighborhood joint with plenty of beer and wine choices as well as a few items to nosh on while you're enjoying your friends and challenging them to a game of Trivial Pursuit.

The location on east Indian School Road has more legroom and a chalkboard that takes up one entire wall filled with lists of wine and beer. The owners, Matt and Katy Fulton, Steve Coburn and Daniel Caprario, are making sure there's something for everyone on the menu.

Select from a list of 50 wines and at least 100 beers. They open daily at 3 p.m. and Happy Hour lasts until 8 p.m. Throwback games include Go Fish, Yahtzee and Simon Says. Bartender Katie Culver says people like the vibe where they can unwind after work and visit or play a game.

Everyone from millennials to senior citizens can be found enjoying a favorite drink. Like the other places, the food menu is minimal. The Indian School location offers six types of pani-

nis (\$6 each) as well as a meat and cheese board for \$13. There are three restaurants located in the same shopping plaza and patrons also are welcome to bring their own food into the bar.

The Whining Pig will soon expand the Happy Hour menu. Look for announcements on its Facebook page or Instagram, or visit them at [www.the-whiningpig.com](http://www.the-whiningpig.com).

## Dining Briefs

### Madison Tasting Tour visits local hotspots

Foodies interested in exploring the ever-growing North Central dining district can enjoy the area while helping a great cause on Thursday, April 13, when the Madison Education Foundation hosts its annual "Madison Tasting Tour."

Ride a traditional yellow Madison school bus to "taste" several of Phoenix's popular midtown restaurants, including Pomelo at the Orchard; Ladera Taverna Y Cocina; Sierra Bonita Grill; and Mary Coyle's Ice Cream Parlor. Food pairings and cocktails will be served.

Seating for the tour is limited to 100 guests. Two groups of 50 each will depart at 5:30 and 6:15 p.m., respectively, from the Madison District Office at 5601 N. 16th St. The event does sell out quickly.

A donation of \$65 per person benefits the Madison Education Foundation, which supports music and the arts programs in all eight Madison Elementary School District schools. Book tour tickets online at <http://madisoneducationfoundation.org>. For more information, call 602-664-7964.

### Jazz and jambalaya served on the patio

Enjoy the weather, listen to soothing jazz and savor cocktails and comfort food on the patio at Southern Rail's biannual Jazz & Jambalaya series.

The series continues through April 30 and features sazeracs, jambalaya and live music from local jazz bands. Jazz & Jambalaya will take place every Sunday, excluding Easter, and bands will play from 5-8 p.m.

Sazeracs will be available for \$7 and jambalaya for \$19. The regular menu also will be available, including half-price bottles of Arizona wine every Sunday throughout the year. Reservations are recommended for patio seating.

Southern Rail is located at 300 W. Camelback Road. For more information or reservations, call 602-200-0085.



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**FOOD FOR THOUGHT**

**Happy hour all week at Pomelo**

Pomelo, located at The Orchard Phoenix, 7100 N. 12th St., now offers happy hour seven days a week.

From 11 a.m. to 6 p.m. Enjoy \$5 cocktails and \$6 specialty cocktails, \$1 off beers and \$5 glasses of wine and specialty appetizers in the bar and lounge area. Try Pomelo's signature Bellissimo cocktail—made with its own Pomelo vodka, blackberry thyme syrup, fresh grapefruit juice and sparkling wine.

Indulge every day of the week at Pomelo with daily specials, including a pizza and select bottles of wine for \$20 on Mondays and Tuesdays, and \$10 for two tacos and a house margarita on Wednesdays.

Brunch is served from 10 a.m. until 4 p.m. on weekends; enjoy \$5 mimosas, Bloody Marys or sangria.

Visit [www.PomeloPhx.com](http://www.PomeloPhx.com) for more information or like them on Facebook at [Facebook.com/Pomelophx](https://www.facebook.com/Pomelophx).

**Crudo and Bar Crudo celebrate with 'best of'**

All week long from Tuesday, April 11, to Saturday, April 15, Crudo and Bar Crudo are celebrating their 5th Anniversary with a special menu featuring fan favorites from the past half-decade.

Chef/Co-Owner, Cullen Campbell, and Mixologist/Co-owner, Micah Olson, will take guests on a tasty tour of Crudo's greatest hits with a "best of" menu fea-

turing the five top-selling dishes and cocktails over the past five years. Offered nightly from 5 to 10 p.m., selections include Albacore crudo, dumplings, mushroom gratin, squid ink risotto and short ribs. Sip on your choice of five throwback cocktails for only \$5 each in the main dining room or at Bar Crudo.

Crudo and Bar Crudo are tucked around the backside of Arcadia's Gaslight Square at 3603 E. Indian School Road. For more information, call 602-358-8666 or visit [www.crudoaz.com](http://www.crudoaz.com).

**Huss Brewing opens taproom in Uptown**

The Huss Brewing Co. Taproom will celebrate its grand opening at Uptown Plaza on Friday, April 14.

The new taproom will showcase an ever-changing selection of Huss' locally-crafted beers, including recipes brewed exclusively for this new location. It also will serve an extensive selection of Huss's locally canned beers.

Wash is all down with Huss's house-made bar bites such as Warm Goat Cheese & Prosciutto Dip or Croque Monsieur toast. Or order food to go from one of the Huss Taproom's Uptown Plaza neighbors and enjoy the food inside the taproom or on Huss Brewing's expansive (and pet-friendly) patio.

The Huss Brewing Co. Taproom is located at 252 E. Camelback Road. For hours or for more information, visit [www.hussbrewing.com/taproom](http://www.hussbrewing.com/taproom).

**For local restaurant listings, visit our Dining Guide online at [www.northcentralnews.net](http://www.northcentralnews.net)**

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