When Experience Matters, Call Rodney Coty

8909 N. 13th Ave. • $425,000
3 bed • 1.75 bath • 2524 sf • 10,947 sf lot • bonus pool room/casita

901 W. Vista Ave.
3 bed • 2 bath • 1776 sf • irrigated lot • 1 car carport

4321 N. 68th Pl. • $1,085,000
4 bed • 4.5 bath • 2792 sf • 14439 sf lot • 2 car garage

13238 W. Hubbell St.
3 bed • 2 bath • den • 2028 sf • pool • 2 car garage

7938 W. Wethersfield Rd. • $254,900
3 bed • 2bath • 1321 sf • 8991 sf lot • 2 car garage

10015 N. 14th St. Unit #1 • $114,900
2 bed • 1.5 bath • 968 sf • 1 car carport

For more information about these and other properties, contact

Rodney Coty

Cell: 602-570-2689
Fax: 602-749-6114
www.RodneyCoty.com

RODNEY COTY REALTOR

Top 1% Diamond Club 2012-18
2015-18 Five Star Award/Phoenix Magazine
2015 Top 2% for sales/sides in Maricopa County
2016-18 Top 1% for sales/sides in Maricopa County

HOMESMART ELITE GROUP

What is adult ADHD?

When we think of ADHD, we typically picture a hyperactive 6-year-old boy causing mayhem in the classroom. Unfortunately, the condition affects a much wider segment of the population and is often undiagnosed until adulthood.

Attention Deficit Hyperactivity Disorder(ADHD) is a chronic neuropsychiatric condition that affects both children and adults. The term Adult ADHD is actually a misnomer, as the condition is often diagnosed in adulthood but the symptoms have been present since early childhood. Unfortunately, the condition is often missed in childhood or diagnosed but left untreated.

ADHD is characterized by a variety of symptoms that can have a major impact on a person's personal and professional success. It is estimated that 9% of children and 4% of adults in the United States have ADHD. The major symptoms include:

- Impulsiveness
- Disorganization and problems prioritizing
- Poor time management skills
- Problems focusing on a task
- Trouble multitasking
- Excessive activity or restlessness
- Poor planning
- Low frustration tolerance
- Frequent mood swings
- Problems following through and completing tasks
- Hot temper
- Trouble coping with stress

While most people will experience these symptoms at some point in their lives, those with ADHD will often recognize that they have been present and problematic for their entire lives. Identifying and treating ADHD in adulthood is often an emotional and gratifying revelation after years of struggle.

Many of the symptoms of ADHD co-occur in other conditions as well, so if this article resonates with you or someone you know, please reach out to schedule an evaluation. In the typical Uptown fashion, we'll complete a comprehensive confidential evaluation and explain the results and all treatment options in detail.

Brooke Morrow, PA-C
Charlie Rounds, PA-C
Uptown Psychiatry

UPTOWN PSYCHIATRY

Please visit Uptown Psychiatry at uptownpsychiatryaz.com or call (480) 542-8202 to schedule an appointment.

THE NAMETZ TEAM

Cornerstone MORTGAGE GROUP

We're here to advise our clients to build life-long relationships.

Andy Nametz
Cell: 858.200.5827
Office: 602.730.2983
anametz@cstonemortgage.com
NMLS: 323454

Ted Bracker
Cell: 520.204.6208
Office: 602.730.2983
tbracker@cstonemortgage.com
NMLS: 860427

6245 N. 24th Parkway, Suite 213 • Phoenix, AZ 85016
Company NMLS #173855

Equal Housing Lender. Cornerstone Mortgage Group NMLS #173855. Restrictions Apply.

Loan Programs:

- Conventional
- Jumbo/Non-conforming
- VA
- FHA
- USDA
- Rehabilitation Loans
- Non-Traditional mortgages
- Bank statement loans
- Interest-only loans
- Private money