



# north central news

the voice of the north central phoenix community

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www.northcentralnews.net

## Merchants get set for 'Indie Week'

By Patty Talahongva

Local merchants are gearing up for the annual Indie Week, sponsored by Local First Arizona. This year it will run from June 30 thru July 7. It's part of National Independents Week, where consumers are encouraged to buy from independent, locally owned businesses.

"When we spend our dollars at local businesses, up to four times more money stays and circulates in the local economy, supporting jobs, services, and communities," says Kimber Lanning, director of Local First Arizona.

This year there are several new member businesses that have signed up to participate in Indie Week. They range from entertainment and arts to legal services, health and medicine, shopping, fitness and business services. One new member is Books, 9201 N. 7th Ave. (www.Bookson7thAve.com), and owner Mary Anne Ramirez is looking forward to seeing the impact on her used bookstore.

The store is approximately 6,000 square feet and is packed with one-quarter of a million books, she estimates. She's operated her store for 23 years but had never heard of Local First until this past year.

"I'm hopeful people who never heard of us get to see the variety of books and services we offer," she says. While it is strictly a used bookstore, Ramirez can

*please see INDIE on page 4*



Brooke Gerlach, center, displays the plaque presented to her by the Phoenix Fire Department for potentially saving her own life as well as the lives of Susan Mulligan, right, and Susan's daughter, Claire Pischko, left (photo by Teri Carnicelli).

## Local teen honored for lifesaving action

By Teri Carnicelli

It was past 9 o'clock at night on March 18, and the two girls in the car being driven by Susan Mulligan were tired after a long day of school followed by soccer practice with their club, Sereno Soccer. Suddenly, Mulligan—who had been fighting a stomach virus—told the girls that she wasn't feeling well, that she might even throw up.

Just as Mulligan's 12-year-old daughter, Claire, and 13-year-old passenger, Brooke Gerlach, were commiserating with her, something unexpected and very scary happened: Mulligan passed out at the wheel.

Brooke, who was in the back seat, quickly unbuckled herself and climbed over the seat, awkwardly sitting in Mulligan's lap while she grabbed the steering wheel. They were near 40th Street and Cactus Road, and luckily, because of the late hour, traffic was light. Brooke asked Claire, who was in the passenger seat, to turn on the interior light so she could see the floor pedals better. She steered the car up onto a curb and eventually brought it to a stop. Brooke told Claire to call 9-1-1 just as Mulligan was coming to, disoriented and stunned by what had happened.

"It was a few seconds before I came to," Mulligan recalls. "The next thing I knew, I was 200 feet further

down the road and Brooke was in my lap. She told me what happened, that I was going to be OK and that help was on the way.

"I was really impressed with her. She just took charge from the second it happened. She was calm and collected, thank goodness," Mulligan says.

The Phoenix Fire Department presented Brooke with its Citizen Lifesaving Award in front of the entire seventh-grade class at Madison Meadows, where Brooke attends school, on May 14. The award is presented to someone who has been involved in a lifesaving effort at an emergency scene before the arrival of the Fire Department.

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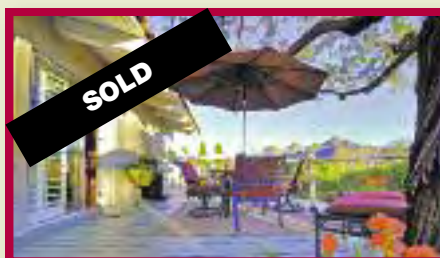
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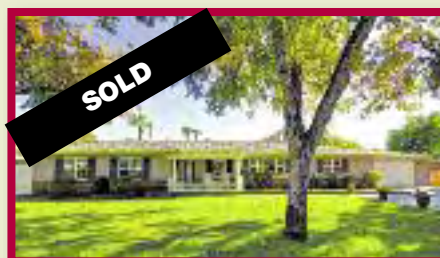
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## COMMUNITY

## Pet therapy program gets boost from Z'Tejas

By Teri Carnicelli

Steven Micheletti, CEO of Z'Tejas, is an unabashed dog lover. He also volunteers at Phoenix Children's Hospital. So when it was time to select a charity to benefit from the opening of Z'Tejas' newest eatery, the choice was a no-brainer: the PCH Paws Can Heal program, which uses animal assisted therapy to help children in the hospital.

Z'Tejas opened its doors on April 22 at 16th Street and Bethany Home Road. During the three-day soft opening, the restaurant raised \$10,000 for the PCH Paws Can Heal program, through a combination of diner contributions and matching funds from the restaurant ownership.

"To see the faces of even the sickest child, when one of the pet therapy teams come in ... they just light up," Micheletti says. "To be able to help the process was very personal to me."

A check presentation was held on May 6 at the eatery, featuring Phoenix Mayor Greg Stanton and a pet therapy team from PCH.

Steve Schnall, senior vice president of the PCH Foundation, says the intensive training to become a pet therapy team at a children's hospital takes close to a year to complete and can be very expensive. The hospital currently works with more than 50 certified teams, and



Steven Micheletti, CEO of Z'Tejas, says hello to pet therapy dog Pilar and her owner Pat Severance, while Denise and John Wittstock, both employees of Phoenix Children's Hospital, wait their turn to greet the friendly golden retriever (photo by Teri Carnicelli).

the beneficial effects on the young patients are unquestionable.

"It's not just the emotional benefits of hugging or petting a dog," Schnall points out. "I saw a young girl the other day throwing a ball for one of our therapy dogs, playing fetch. What she didn't realize is the repetitive motion of throwing the ball was actually physical therapy for her arm. But she was having so much fun, it didn't seem like therapy to her."

For more information, call 602-933-2136 or e-mail the program coordinator, Mary Lou Jennings, at [mjennings@phoenixchildrens.com](mailto:mjennings@phoenixchildrens.com).

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**Congratulations to our May Reader Rewards Drawing winner!**

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Mary Anne Ramirez, owner of Books, will participate in Indie Week as part of Local First Arizona's initiative to get residents to shop locally during the week leading up to Independence Day (photo by Patty Talahongva).

## INDIE continued from page 1

order customers new books. She also provides a mail-order service and she bus books for in-store credit.

As a graduate of Occidental College in California, Ramirez maintains a relationship with the library there and the school sends her books on art and history as well.

In addition to books you can purchase actual LP vinyl albums, VHS movies and comic books. Perhaps the best deals are greeting cards for all occasions that sell for just 50 cents.

Ramirez will honor the Golden Coupon that is available during Indie Week and is good for 20 percent off goods and services. In fact, she's starting to look over the list of participating businesses so she, too, can get a good deal at a local business.

Once you print the coupon you can use it at different participating businesses during the week.

Lanning adds that Independents Week also is important because business tends to slow down during the summer months in Phoenix.

"Our hope is that consumers will learn about the value of supporting local businesses during Indie Week," Lanning says, "and then continue to support our independent businesses far beyond our week-long celebration."

Check [www.localfirstaz.com](http://www.localfirstaz.com) for a complete listing of businesses participating in Indie Week and to print a Golden Coupon. You also can find information on how to sign up to win one of many "staycations."

## Winning essay reflects on 1980s border issues

By Patty Talahongva

A classroom assignment turned into a \$300 award-winning essay for 15-year-old Bailey Lockwood, a freshman at Sunnyslope High School. Her essay, "A Road Less Traveled," won the 2013 Moral Courage Essay Contest in the 9th/10th grade category, sponsored by the Anti-Defamation League, Arizona Regional Office.

Lockwood wrote about the courage John Fife showed as pastor at Southside Presbyterian Church in Tucson when he helped organize the Sanctuary Movement in the early 1980s. The group helped save thousands of refugees from Central America.

"With this essay, I was incredibly challenged," she recalls. "I wanted it to be so good. I wanted to convey my ideas perfectly. There were a lot of late nights and lot of panic over deadlines," she adds. She had less than two weeks to research and write her paper and she wished she had more time but, "... it ended up being the best thing that could have happened."

"I came in the night it was due," says her mother Karen, who read the essay and helped count the words to make sure it was the right length. Karen says she couldn't believe her daughter wrote the essay and adds, "She writes from the heart. We're extremely proud of her."

Bailey started her essay by quoting from the bible, "Thou shalt love thy neighbor as thy self," and questioned



COMMUNITY



North Central youth Bailey Lockwood is congratulated on her winning essay by Bill Straus, Anti-Defamation League regional director. Straus complimented her use of compelling language and chatted about the fact that they are both “graduates” from Madison Meadows (photo by Teri Carnicell).

the meaning of “neighbor,” reasoning that it applied in a humanitarian way and not defined by invisible borders between countries.

She wrote, “I was thoroughly impressed by his hands-on approach, and his unhesitating willingness to risk his own life on the front lines reveals his astounding sense of dedication.” Eventually the pastor’s efforts included 500 churches and synagogues nationwide that joined the movement.

Bailey compared their help to what occurred during the Holocaust when people ignored the law and helped protect Jews from being rounded up and imprisoned. “Essentially, Fife is an inspiration to me because of the countless courage he displayed when he sheltered Central American refugees during the Sanctuary Movement,” she went on to write.

That inspirational person still lives in southern Arizona. Today Fife is retired and he was thrilled to hear his story was still being told. “I’m delighted,” he said in a recent interview with North Central News. “Usually when I speak to college or high school students now, they don’t have any relationship to what happened in the 1980s so it’s nice that some young folks remember.”

Bailey first heard about the Sanctuary Movement when she read “The Bean Trees,” by Barbara Kingsolver. It was fiction based on facts. Fife confirmed the book was based on the movement.

“Barbara lived in Tucson then and was part of the Sanctuary Movement,” he explains. “She included some fic-

tional characters that resembled some of us who were colleagues in the Sanctuary Movement.”

“I hope people will read (my essay) and just take from it a sense of compassion, and I hope it will open people’s eyes up to the fact that we are all human beings,” Bailey says. “And when it comes down to it, saving lives takes precedence over politics. They saw the genocide for what it was and they weren’t afraid to step out and say it’s wrong.”

Her inspiration, though retired, is still involved in humanitarian efforts. Fife volunteers with the group No More Deaths. The organization puts food, water and medical supplies on the migrant trails. “Unfortunately not enough people stood up and helped the Jews. That’s one of the examples in history we looked at and said we can’t allow that to happen on our border, in our land,” Fife says.

He adds, “I’m delighted that Bailey is studying some historic times and learning from it.”

The freshman found out she won in mid-April. A representative of the Anti-Defamation League gave her the good news. “I was quite shocked,” she recalls. As for the prize money, Bailey plans on saving, not spending. “I’m pretty content. I just think it would be good to invest it in case I do have an interest in anything in the future.”

To read all of Bailey’s winning essay, visit [www.mie.azcentral.com](http://www.mie.azcentral.com).

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## It's a crazy market out there

It really is exciting for me to pick up the *Wall Street Journal* and read where they are talking about home prices rising at the fastest rate in seven years and in our lovely Phoenix area, the increase from last year is 23 percent. *The Arizona Republic* reported that the state's median sales price was \$172,000, which is \$34,000 higher than last year.



Michael Orr, who is the director for real estate at ASU's W.P. Carey School of Business speaking to 150 agents at my HomeSmart meeting for May. They really gave everyone a positive feeling in the world of residential real estate for the Valley and fired everyone up. Trust me, that the past few years have not been easy on all of us so we needed that pep rally!

I am very appreciative of my clients, who have allowed me to sell 48 homes so far in 2013 and we have another 13 in escrow. I have listed 52 homes this year and sold almost 75 percent of them. I currently have a list of a dozen buyers who are desperately searching for new listings, including five investors who are looking for homes to fix and flip by remodeling the homes and reselling them. One investor group is Magee Builders, who did an incredible job on a patio home in 77 East Missouri, which sold for \$536,000, and a new build just behind All Saints Church and School, which sold for \$740,000.

We SOLD both homes before they even went on the market, partly because I advertised the homes in the *North Central News* as COMING SOON to the market and partly because the agents called me to see if I had any new listings coming on the market that were not listed in MLS. Magee Builders is getting another new home ready to build in the Central and Bethany Home area that will be around 3,500 square feet and priced in the mid-\$800,000s. If you are looking to buy in this crazy market, give me a call first because I may have a home for you that is not on the market yet and you will have that advantage over the other buyers. If you are a seller, give me a call because I may have a buyer who is ready to purchase your home, sometimes in as-is condition, and if it does

not sell in advance, we will market the heck out of your home until we sell it. Trust me, the worst condition the home is in for a remodeler, the better!

We sold 115 homes in 2012 and I expect to sell more than that in 2013. I need more homes because of the limited inventory and the number of buyers that I have right now. I especially need homes in 77 East Missouri if you are thinking about selling.

The remodeling of older homes is really pumping up the North Central values. There are numerous homes listing and selling for well over \$200 per square foot now and that just was not happening the past three years. Magee Builders bought a home at 77 East Missouri from me that was built in 1973, original orange shag carpet (remember that?), appliances that were 40 years old and transformed the home into an incredible work of art. I showed the home to two groups of buyers when I listed the home and they laughed at the condition of the home and said it was overpriced at the \$250,000 price, which Magee Builders bought right away. They put in top-of-the-line stainless steel appliances, granite counters, custom cabinets, birch hardwood flooring, incredible bathrooms, new windows and doors and sold the home for \$536,000, which took the original per square foot price six months ago of \$69 to an unbelievable \$153 per foot. Our sale at 303 W. Claremont that they rebuilt went from \$119 per foot to an unbelievable \$247 per square foot and I had two other buyers who wanted the home.

Magee is the premier remodeler in North Central and they want more inventory today. CASH buyers!! The bottom line is buyers want quality and will pay for it. Please give me an opportunity to list and sell your home first and if you are reading this article, you know that I will get it done for you.

I want to thank Catherine Reagor from *The Arizona Republic* for mentioning my name in her column as the HomeSmart Elite Founder and also writing about HomeSmart being the largest residential real estate brokerage firm in Arizona.

Have a great June and I hope all the college graduates find their way out there.

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## COMMUNITY



Members of the Boys Team Charity (btc) North Valley Chapter Class of 2013 stand with residents and staff of Civitan House, where the btc members completed a large landscaping overhaul as part of their senior project (submitted photo).

## Local youth spruce up Civitan House

The Boys Team Charity (btc) North Valley Chapter Class of 2013 recently teamed up with Civitan House in Central Phoenix for its senior project.

Civitan House is an assisted living facility that offers adults with disabilities a safe, loving environment that ensures their health, happiness and security.

The project included refurbishing cabinetry and landscaping. After many hours of planning, btc Class of 2013 spent two days scraping and painting, raking, moving dirt, hauling and spreading rock and cleaning outdoor common areas.

Seniors also had the pleasure of enjoying lunch and talking with residents during the project days.

According to Max McQueen, director of Civitan House, the seniors' work allowed funding to be used for medical expenses and health insurance instead of maintenance of the facility.

As a culmination to the senior project, the btc senior class returned to Civitan House take a final tour and enjoy a celebration of cake and conversation with residents.

## Homebuilder continues pool fence giveaway

As temperatures continue to rise, so do concerns for children around pools with no fences. To help alleviate the worries of families and assure children's safety, Fulton Homes has kicked off its annual Fence Patrol program.

This summer the homebuilder will provide 15 free pool fences for Valley

residents in need of a pool fence. The program, run in partnership with KMLE and Ironman Pool Fences, will give away one pool fence a week to families in need through Aug. 18.

To be considered for a pool fence, or to nominate someone you know, visit [KMLE1079.com](http://KMLE1079.com) and click on the Fence Patrol icon. For more information, call 602-452-1000 or visit [www.fultonhomes.com](http://www.fultonhomes.com).

## Free summer meals for needy children

The Phoenix Union High School District, along with other agencies, will provide breakfast and lunch for needy children 18 years of age and younger at 12 high schools, Monday through Thursday, through June 27.

Meals are prepared at PUHSD's various high school campuses, including: Camelback High School, 4612 N. 28th St.; Central High, 4525 N. Central Ave.; Metro Tech, 1900 W. Thomas Road; and North High, 1101 E. Thomas Road.

Meals will be made available to all children 18 years of age and younger without regard to race, color, national origin, gender, age or disability. Food will be prepared, as it is during the regular school year, at each location in the school cafeteria. Participating community members will be directed to the designated areas of each campus.

Breakfast will be served from 7:15 to 8 a.m., with lunch being served from 10:45 a.m. until 12 p.m. Adults are welcome to accompany children and can purchase breakfast for \$2 and lunch for \$3.



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Phoenix's Desert Outlaws wheelchair soccer team will host the United States Power Soccer National Presidents Cup Tournament June 27-29 at Camelback High (submitted photo).

## Power Soccer battle set for June 27-29

The United States Power Soccer National Presidents Cup Tournament is being played at Camelback High School, 4612 N. 28th St., June 27-29 from about 9 a.m. to 4 p.m. each day. Power Soccer is the first competitive team sport designed and developed specifically for power wheelchair users.

The Desert Outlaws of Phoenix, which includes Clark "Whiplash" Demland and his teammates, Jessie Jamison, Markman, Chriscross, Quickstraw, and Doc Hollywood, will host the tournament, which is free and open to the public to come and cheer on the home team.

The game is played in a gymnasium on a regulation basketball court. Two teams of four players attack, defend and spin-kick a 13-inch soccer ball in a skilled and challenging game similar to able-bodied soccer.

Athletes' disabilities include quadriplegia, multiple sclerosis, muscular dystrophy, cerebral palsy, and many others.

"This is a great opportunity for everyone to come and see a different type

of sport being played by some very talented disabled athletes," Demland says.

Since this is the first time the tournament has been held in the Southwest, the Desert Outlaws are celebrating by collecting back-to-school supplies for students at Camelback High "in gratitude for help in hosting this major event to our sport," Demland says.

For more information about Power Soccer, visit [www.powersoccerusa.org](http://www.powersoccerusa.org). For more information about the Desert Outlaws, e-mail [demland@cox.net](mailto:demland@cox.net).

## Donate your clutter to White Dove

Cleaning out clutter this summer? Donate gently used furniture, clothing and more to the White Dove Thrift Shoppe, 5035 N. 7th Ave. All sale proceeds benefit patients and families served by not-for-profit Hospice of the Valley.

The thrift store accepts donations of household items, appliances in good working order, electronics, sports equipment, jewelry, art, holiday décor, books and knick-knacks. Donations are tax-deductible. Pick-up service is available for large items by calling 602-776-1540.



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COMMUNITY

Price-Smith receives Gates scholarship

By Natalia Jamroz

North Central resident Jennifer Price-Smith was among three Bioscience High School students to receive an esteemed Gates Millennium Scholarship this year. Each of the three seniors received \$250,000, made possible by the Bill & Melinda Gates Foundation, which funds the scholarship program.

“I wasn’t going to apply because I never thought I would get it, but Ms. Laffel convinced me to,” Price-Smith says. Joyce Laffel is the Bioscience High counselor.

The teen was born in China and was adopted by American parents. She is the president and founder of the National Chinese Honors Society at Bioscience. Price-Smith also is involved in student government and the National Honor Society, among other clubs at school.

“I like finding problems and fixing them,” she explains.

Price-Smith also participated in a Medical Mentorship Program through



North Central resident Jennifer Price-Smith was one of three Bioscience High School students to win a \$250,000 Gates Millennium Scholarship (submitted photo).

The University of Arizona College of Medicine–Phoenix. During that time she was mentored by a second-year medical student, Anchit Mehrotra, and received an inside view of what medical school at the university is like.

“She is a determined student with an incredible work ethic,” Mehrotra says.

Price-Smith also volunteered for Dignity Health—a hospital organization—and had internships with a naturopath and an acupuncturist. She

plans on attending the University of California San Diego and pursuing a career in medicine.

Price-Smith was among five students from the Phoenix Union High School District who received the coveted Gates Millennium Scholarship (GMS).

“We look for students who give back and extend Bill Gates’ legacy,” says Kelley Reed, an outreach coordinator for the Gates Millennium Scholars Program. “Students must show leadership, take rigorous courses at school and partake in community service.”

The GMS provides academic opportunities to remarkable minority students with financial need.

This year, 54,000 students across the United States applied for a GMS, according to Reed. Price-Smith is one of the 1,000 students who received the prestigious scholarship.

“To have three of our students receive this scholarship is insane,” Laffel said. “We are so proud of them.”

*Editor’s note: Natalia Jamroz is a journalism student at the Walter Cronkite School of Journalism and Mass Communication at Arizona State University’s downtown campus.*



### Central United Methodist Church

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### Home Warranties: An Integral Part of a Household Budget



Have you ever moved into a home and have something break down immediately? This month's article speaks to all present and future homeowners

about buying a home warranty. A home warranty is often obtained and negotiated into a purchase of a residential contract. Your real estate agent or title company (Chicago Title Agency) can provide you with the marketing brochures from a selection of companies for you to compare coverage and pricing. The warranty is a protection plan which covers some of the repair costs to household systems and appliances for one year after the close of escrow and can be renewed year after year. Stacy Gross, a local representative from Old Republic Home Warranty provides some thoughts on how a home warranty protects your investment in a home along with budget protection.

The purchase of a home is often the most expensive investment of a lifetime. Adding a home warranty protects this investment by keeping the covered home systems and appliances in good working order for the term of the Plan. It also provides peace of mind and budget protection for the homeowner, since repair or replacement of major systems or appliances in today's dollars can easily cause financial strain.

In addition to budget protection, home warranties offer homeowners a convenient service solution should a system or appliance fail. Most warranty companies take service calls 24 hours a day, 365 days per year, and can immediately dispatch a qualified contractor to perform the required service. The homeowner pays only a nominal service fee to the contractor.

Although home warranties cover a multitude of items found in most homes, there are specific industry limitations of which the consumer

should be aware. Most home warranty companies don't cover general maintenance or cleaning, cosmetic defects, inadequate capacity, secondary damage, or service involving hazardous or toxic materials such as asbestos.

Home warranty companies vary in product and service. When choosing a company, consider the following:

- Financial Strength
- Coverage (including optional coverage availability)
- Service
- Premium
- Service Call Fee
- Terms and Conditions

When making comparisons, be aware that a Plan with a lower price may also have less coverage, more restrictive terms and conditions, and/or a higher service call fee.

When comparing the coverage received for the price, coupled with the industry claim rate of two calls per home per year, it makes sense for every household to include a home warranty in the budget planning.

If you currently do not have a home warranty and are interested in learning more please contact Lisa Capes at Chicago Title Agency (capesL@ctt.com).

### Lisa Capes

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## COMMUNITY

### TEEN continued from page 1

This nomination is normally made by Fire Department personnel assigned to the incident. Several of the firefighters from Engine 27, which responded to the 9-1-1 call that fateful night, were in attendance at the awards assembly.

When presenting Brooke with the award firefighter Daniel Cheatham noted that she not only potentially saved the lives of all three of them in the car that night, but anyone else whose vehicle they might have struck.

Firefighter Justin Patti added, "She did everything right. There is nothing she could have done better. She reacted quickly and took control of the vehicle."

"I guess I didn't realize the severity of the situation at first," says Brooke's father, Jeff Gerlach. "As I learned more about it, I felt incredibly blessed and fortunate that Brooke and everyone else were okay."

As for his daughter's quick thinking, Gerlach comments, "she's definitely a leader. She's very take-charge, and that served her well in this situation. I thought was she did was incredible, and I was very proud, but I wasn't that surprised; I could totally see her doing something like this, in an emergency situation."

"A couple of days later, I still couldn't believe that it happened," Brooke admits. "But I was glad I was able to help."

Brooke says she's going to hang her award plaque in her bedroom. "I now know that I will react the way I want to in the event of another situation like that," she says.

### MCC Governing Board hikes property taxes

The publicly elected, five-member Maricopa Community Colleges Governing Board on May 21 voted to raise property taxes within the limit permitted in the state constitution and statute.

This increase in primary property taxes will result in \$128.96 taxes on a \$100,000 home, as compared to \$126.43 per year if the district did not maximize its levy, a difference of \$2.53. The 2-percent increase goes into effect beginning July 1 and is expected to produce an estimated \$8,095,039 in revenues.

Approximately 60 percent of the district's operational budget is generated by property taxes. District officials say the additional revenues are needed to support a projected student enrollment of more than 260,000 at the Maricopa Community Colleges, skill centers and multiple satellite locations countywide. Priority needs include additional faculty, student support, faculty and staff compensation, operating support for new buildings and inflationary adjustments.

District officials anticipate spending a portion of the additional proceeds on initiatives designed to help students stay in college and be more successful. The Maricopa Community Colleges are the state's single largest provider of higher education and job training. They also are the largest transfer partner with Arizona State University.

### north central news

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## COMMUNITY

## Nonprofit needs diapers, baby items

Steps of Faith, a nonprofit that provides at-risk women and families with the necessary tools to manage life before, during and after pregnancy, recently expanded to a new 2,500-square-foot home in order to better serve the community.

Steps of Faith provides at-risk mothers and families with parenting and life skills education, spiritual guidance and mentoring. The new space, located at 1500 E. Thomas Road, Suite 102, will allow the organization to add to its educational programs and serve more women and families in need.

The nonprofit is in continuous need of donations such as diapers, toiletries, and gently used baby, women and teen clothing. Donations are gladly accepted at the new facility; for more information, call 602-715-0999 or visit [www.stepsoffaithphx.org](http://www.stepsoffaithphx.org).

## Teachers pay half at Heard

The Heard Museum is thanking K-12 teachers with a special offer in June. During Teacher Appreciation Month, the Heard, 2301 N. Central Ave., will give teachers with valid school ID a 50-percent discount off the adult admission price of \$15. This offer is good for the teacher and one guest.

The Heard hosts free tours for schools, so this is a great way for teachers to learn more about how a visit to the Heard can benefit their students. The museum's educational programming meets Arizona State Standards for American Indian culture and history instruction.

For more information, visit [www.heard.org](http://www.heard.org).

## AWEE receives grant from Wells Fargo

Arizona Women's Education & Employment (AWEE) has received a \$150,000 NeighborhoodLIFT grant from Wells Fargo to support education and workforce development programs in the Valley.

AWEE was one of six organizations receiving a total of \$1 million in grants through the Wells Fargo NeighborhoodLIFT program that was launched early last year. NeighborhoodLIFT is an innovative effort created to help stabi-

lize neighborhoods and help people buy homes by making properties more affordable with down payment assistance available for prospective buyers.

Grantees were identified in close collaboration with the city of Phoenix. Grants are targeted to support five key areas: Support services for the homeless, neighborhood beautification and improvement, education and workforce development, small business and economic development and the environment.

"Wells Fargo's big-picture strategies to stabilize neighborhoods and communities recognize the critical need to educate and prepare workers and job seekers to enter the workforce," said AWEE President and CEO Marie Sullivan. "At AWEE, our focus has been and continues to be building and advancing Arizona's workforce through effective, research-backed programs for women, men, young adults and targeted populations including veterans and the homeless."

For more information about AWEE, visit [www.awee.org](http://www.awee.org). For more information about Wells Fargo, visit [www.wellsfargo.com](http://www.wellsfargo.com).

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## COMMUNITY



### PET PRIMER

## Make sure pet is microchipped

By Hillary Frank, DVM, Dipl. ABVP (avian)

Microchipping has become a very popular and safe way to permanently identify a pet. Millions of dogs and cats are taken to animal shelters as strays each year—but only about 15 percent of dogs and 2 percent of cats who end up in shelters without an ID tag or microchip are reunited with their owners.

Even the most responsible pet owners can be unexpectedly separated from their pets. Local animal rescue centers or animal hospitals are able to scan your pet for the chip and contact you quickly.

Microchips are a permanent, easy way to identify lost pets and help reunite them with their owners. They can also assist where the ownership of an animal is in dispute. The microchip is a tiny computer chip, about the size of a grain of rice, programmed with an identification number. The chip is enclosed in biocompatible glass and is small enough to fit into a hypodermic needle. An animal can be identified lifelong with this one-of-a-kind number using a hand held scanner.

Puppies and kittens can be chipped as early as 6 weeks of age. The same size microchip and needle are used in pets even smaller than puppies and toy breeds, including kittens, birds, tortois-  
es, and even fish.

Microchips can't be lost, altered, or destroyed. A special scanner is used to send a radio signal to the chip to read the identification number. The pet feels nothing when the scanner is placed over it and the number is displayed on the scanner. The person reading the scanner can contact a national registry, such as the one listed on our website, to find the pet owner.

Animal shelters and veterinarians are finding chips in more and more lost pets. They are aware of the national registries and routinely contact them to obtain owner information regarding the pet. They then contact owners to advise them their pet has been found. If a pet is lost and has a microchip, there is a good chance it will be reunited with its owner, according to a recent study published in the Journal of American Veterinary Medicine. Fifty-three shelters in 23 states participated in a study, which revealed that shelter

officials were able to find the owners of lost microchipped pets in nearly three out of four cases. In the study, the biggest reason owners couldn't be found was because of an incorrect or disconnected phone number in the registration database. It is very important to update your information whenever your address or phone number changes. Microchipped cats were returned to owners 20 times more often than non-microchipped cats. Dogs that were microchipped were 2.5 times more likely to be returned to their owners than non-microchipped dogs.

A missing pet can be terribly distressing, but your odds of seeing your pet again can increase with proper identification. We always recommend a safety collar and tag for both cats and dogs, but collars can be lost or slipped, and a microchip is the safest way to ensure you can be reunited with your pet.

*Hillary Frank, DVM, Dipl. ABVP (Avian) is the owner of North Central Animal Hospital, P.C., 20 W. Dunlap Ave. She can be reached at 602-395-9773 or find more information on our website [www.NorthCentralAnimalHospital.com](http://www.NorthCentralAnimalHospital.com). The information in "Pet Primer" is provided as general information only. For specific advice on your pet's health, consult your veterinarian.*

## Chase Field opens to welcome canine fans

Grab your furry friend and enjoy America's favorite pastime at Bark in the Park, set for Sunday, June 9 at Chase Field, 401 E. Jefferson St. People and pup tickets range from \$18-\$25 and can be purchased at [www.dbacks.com/barkinthePark](http://www.dbacks.com/barkinthePark). Five dollars of every ticket for Bark in Park will be donated to the Arizona Humane Society.

Come early to participate in a pre-game "Puppy Rally" and pet-vendor fair beginning at 11 a.m. Following the rally, join the Puppy Parade to take a stroll around the warning track at Chase Field at 11:55 a.m. The game begins at 1:10 p.m.

The Puppy Rally, Parade and Diamondbacks game will take place inside air-conditioned Chase Field. Water will be provided for your pet during the event but owners should provide their own dog food. All dogs must be at least 6 months of age, registered and show proof of vaccination.

Covered garage parking and skywalk over to the stadium are available. Doggie foot protection is encouraged if walking on the hot pavement.



## COMMUNITY



This affectionate couch potato gets along with cats, other dogs and kids and is available for only \$35 from the Arizona Humane Society (submitted photo).

## Pet of the Month

### Max is a great companion dog

There was a time when Maximus would scamper through the house causing curious mischief and wreaking havoc. Now, with gray in his muzzle, the 9-year-old Dachshund has slowed down a little and has learned to appreciate down time and the more simple things in life.

It was clear that Max hadn't missed many meals while living as a stray when he arrived at the Arizona Humane Society; he was a hardy dog weighing 18 pounds. He waddles when he walks and is in no hurry to do anything in particular. He moseys through life with a happy smile and a tail wag.

Being the perfect gentleman that he is, Max is well-trained and is a wonderful indoor dog that would do fine in an apartment as long as he goes for a short stroll every morning. He tires quickly and afterwards he sprawls out on his doggy bed and becomes a couch potato. He leans on you when you cuddle with him on the couch and this loyal boy will follow you wherever you go. He is great with cats, other dogs and kids of all ages but bring the whole family down for a meet and greet.

Maximus is available now at the Sunnyslope Adoption Center located at 9226 N. 13th Ave. His adoption fee is only \$35 since he is a Young at Heart dog. For more information, call 602-997-7585, ext. 2045 and ask for animal ID number A438439.

## Local vet receives AAHA accreditation

North Central Animal Hospital, 20 W. Dunlap Ave., has achieved the highest level of veterinary excellence following a thorough evaluation by the American Animal Hospital Association (AAHA). The veterinary clinic earned AAHA accreditation after a rigorous review of its practice protocols, medical equipment, facility and client service.

AAHA is the only organization in the United States and Canada that accredits companion animal hospitals based on standards that go above and beyond state regulations. The AAHA Standards of Accreditation contain more than 900 individual standards, divided into 19 sections. These areas of focus include: patient care and pain management, surgery, pharmacy, laboratory, exam facilities, medical records, cleanliness, emergency services, dental care, diagnostic imaging, anesthesiology and continuing education.

Only the top small animal hospitals in the United States and Canada have achieved accreditation by the association. Currently, there are only 23 animal hospitals in Phoenix and 145 in the entire state of Arizona that are accredited. To maintain accredited status, North Central Animal Hospital must continue to be evaluated regularly by AAHA.

For more information, call North Central Animal Hospital at 602-395-9773, or visit [www.NorthCentralAnimalHospital.com](http://www.NorthCentralAnimalHospital.com).

## Phoenix helps find pets new homes

The city of Phoenix was named among the top adoption-“furriendlist” cities during PetSmart Charities’ National Adoption Weekend, May 3-5. Phoenix ranked sixth among the local adoption partners who found the most homes for adoptable pets.

National Adoption Weekend is arguably the largest pet adoption event of its kind, taking place in all 1,278 PetSmart stores in the United States, Canada and Puerto Rico with more than 2,000 local adoption partners. More than 15,600 pets were adopted in total during the event.

In addition to thousands of pets finding their forever homes, PetSmart Charities rewarded local adoption partners with \$35 in adoption-reward grants for every pet adopted at the event.



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## COMMUNITY

### Host families sought for exchange students

ASSE International Student Exchange Programs (ASSE) is seeking local host families for international high school boys and girls. These students are 15 to 18 years of age, and are coming to this area for the upcoming high school year or semester.

These academically selected exchange students are conversant in English, bright, curious and anxious to learn about this country through living as part of a family, attending high school and sharing their own culture and language with their newly adopted host family. The exchange students arrive from their home country shortly before school begins and return at the end of the school year or semester.

Each ASSE student is fully insured, brings his or her own personal spending money and expects to contribute to his or her share of household responsibilities, as well as being included in normal family activities and lifestyles. The students are well screened and qualified by ASSE. Families can choose their students

from a wide variety of backgrounds, nationalities and personal interests.

Those interested in obtaining more information about becoming a host family should call 800-733-2773.

### Pulliam Trust gives Desert Mission a boost

A grant of \$100,000 has been awarded to the Desert Mission Food Bank by the Nina Mason Pulliam Charitable Trust. These funds will be used to purchase a new refrigerated truck for the procurement and distribution of perishable and non-perishable food.

In 2012, the Food Bank distributed 40,752 emergency food bags to low-income individuals, a 12 percent increase over 2011.

Food insecurity is becoming an increasingly common situation that many individuals and families face. Feeding America, a national hunger advocacy organization, reports that 19 percent of Arizonans suffer from food insecurity, which is defined as the inability to provide enough food to feed the household. This is above the national average of 16 percent.

The has been responding to food insecurity in North Phoenix for decades. As the only food bank serving a 150-square-mile service area, it is necessary for the community service organization to develop partnerships and leverage resources to meet a growing need.

### Nominees sought for Zimmerman Awards

Nominations are being accepted for the 2013 Gabe Zimmerman Public Service Awards, a statewide competition created to recognize non-elected public servants who serve as a critical link between citizens and the people elected to represent them.

The awards are named in honor of Gabrielle Giffords' director of community outreach, Gabe Zimmerman, who lost his life on Jan. 8, 2011 while serving the citizens of Arizona. Arizona-based public servants who are employed by cities and towns; counties; special districts; agencies of the executive and legislative branches of state governments; tribal governments; and staffs employed by members of the Arizona Congressional Delegation are eligible.

The deadline is June 17. For more information, visit [www.TheArizonaWeWant.org](http://www.TheArizonaWeWant.org).

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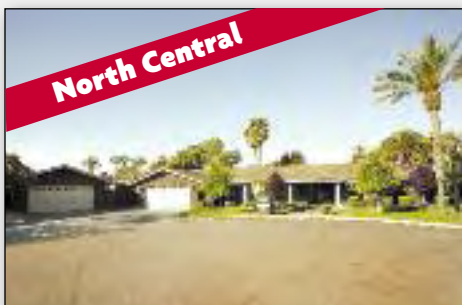
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## COMMUNITY

### Spotlight On ... Scarpinato honored for helping kids

Lisa Scarpinato and her Phoenix-based Kitchen on the Street nonprofit organization were honored last month by the Washington Elementary School District with a Lamp of Learning Award, celebrating the exemplary contributions of special members of the WESD family.

Scarpinato is a WESD alumna, a current Valley Leadership Institute member and the CEO of Kitchen on the Street. Her leadership and compassion for the hungry have resulted in weekly food service to more than 275 WESD students, providing weekend meals and snacks to children who would otherwise go without.

In 2006, Scarpinato and her family learned about children who receive breakfast and lunch at school but often go hungry on the weekends. They took action, formed a 501c3 and invited friends to help them prepare backpacks of food at their home as a means of meeting the needs of the children. Kitchen on the Street has grown to serve 1,300 children each weekend through partnerships with 23 schools. Earlier this year, Scarpinato and her husband, Vince, were honored by the city of Phoenix with one of the inaugural Impact Volunteer Awards, presented to those members of the community who give of their time to help make Phoenix a great city.

For more information, visit [www.KitchenOnTheStreet.org](http://www.KitchenOnTheStreet.org).

### Henry takes helm at the Heard

James Pepper Henry has been named as the Heard Museum's director and CEO. Henry comes to the Heard after a successful six-year tenure at the Anchorage Museum at Rasmuson Center in Alaska. There, he oversaw the completion of the museum's \$110 million, 80,000-square-foot expansion, including the debut of the new Smithsonian Arctic Studies Center exhibition hall and the new Imaginarium Discovery Center.

Henry formerly served as an associate director of the Smithsonian's National Museum of the American Indian (NMAI) where, for nearly 10 years, he managed a wide variety of American Indian community-oriented programs, services, and traveling exhibitions.



Lisa Scarpinato, founder of Kitchen on the Street, was honored by the Washington Elementary School District with a Lamp of Learning Award (photo by Mark Peterman).

He also served as the founding director of the Kanza Museum in Kaw City, Okla.; interim curator of American Indian Art at the Portland Art Museum; gallery director at the Interstate Firehouse Cultural Center in Portland, Ore.; and gallery director for the Institute of Alaska Native Arts in Fairbanks, Alaska.

Henry is a member of the Kaw Nation of Oklahoma and Muscogee Creek Nation. He is co-founder and president of the Kanza Ilóshka Society, a non-profit organization dedicated to the perpetuation of the cultural life-ways and traditions of the Kaw people. Henry also is an active American Indian traditional dancer and is co-founder of the Kaw Nation Traditional Dance Society.

Henry will assume his new duties on Aug. 5.

### McKinley joins Tumbleweed

Kenneth McKinley has been hired as the new vice president of Programs for Tumbleweed Center for Youth Development.

McKinley has 12 years of experience providing direct services, program supervision and advocacy for homeless, runaway and at-risk youth in diverse communities throughout Arizona. He previously served as executive director of Open Inn, Inc.



James Pepper Henry



## COMMUNITY



Standing in the kitchen of their brand-new home built for them by Habitat for Humanity Central Arizona are, from left: Kagne Woldemariam-Balcha, his daughter Tsion, son Dawit, and wife Bekelech, along with Habitat for Humanity volunteer family liaison Regina Crandall (photo by Teri Carnicelli).

## Habitat home ready for move in

The home built for the Woldemariam-Balcha family by Habitat for Humanity Central Arizona at 4th Street and Las Palmaritas is now ready for move in. A dedication ceremony was held on May 18, with the family and officials from Habitat for Humanity on hand, as well as members of Phoenix YouthBuild who worked on the home, and Wells Fargo Bank, which supported the construction costs and also provided teams of volunteers to assist with construction.

Habitat for Humanity builds, renovates and repairs simple, affordable homes in partnership with families in need.

Kagne Woldemariam-Balcha and his wife, Bekelech, along with their son, Dawit, 16, and daughter, Tsion, 14, emigrated from Ethiopia four years ago seeking the "American dream." After putting in more than 1,000 hours of sweat equity on this and other Habitat homes, they are now ready to see that dream come true as the proud owners of a Platinum Leed Certified brand-new home, which includes many energy efficiencies as well as a solar power system donated by American Solar. The home is 1,336 square feet and includes three bedrooms and two bathrooms.

The land for this home was provided by the city of Phoenix Neighborhood Stabilization Program;

it previously was the site of a dilapidated, vacant, foreclosed house. In addition to providing the land for the home, the Neighborhood Stabilization Program is providing the family with homebuyer education and \$15,000 in purchase assistance.

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## COMMUNITY

## Community Central

### Summer Cinema Under the Stars

8 p.m. Fridays in June  
Encanto Community Church  
2710 N. 7th Ave.

Enjoy a different movie each week, screened outdoors on the front lawn. Popcorn and cold beverages provided, guests should bring their own lawn chair or blanket to sit on. Admission is free. Visit [www.encantocommunitychurch.org](http://www.encantocommunitychurch.org) for film titles and details.

### Silk Painting Art Class

6:30 p.m. Sunday, June 9  
Art 4 Fun Studio  
2801 N. 15th Ave., Suite A  
917-975-2752

Chabad Women's Circle presents a private art class featuring Barbara Becker. Cost is \$48 per person and includes all supplies and light refreshments and desserts. Open to women of all faiths. For more information or to RSVP, e-mail [women@chabadaz.com](mailto:women@chabadaz.com).

### Father's Day Remembrance

1-3 p.m. Saturday, June 15  
Hospice of the Valley  
1510 E. Flower St.  
602-636-5390

Participants are invited to bring a photo and personal memento to display on a remembrance table, and also reflect on our fathers and what they taught us about the art of living. Light refreshments will be served. There is no charge to attend. Reservations are requested by June 10.

### Republic Reporter Talks About AZ Legislature

6:30 p.m. Tuesday, June 18  
Beatitudes Luther Life Center  
1616 W. Glendale Ave.  
602-510-1544

AAUW (The American Association of University Women) will host Mary Jo Pitzl, legislative reporter for The Arizona Republic, who will present a legislative wrap-up for this year. Visitors are welcome. An optional dinner (\$14) will be served at 5:30, and

the program will begin at 6:30. RSVP for the dinner by June 14. Enter the Beatitudes at the gate by the flagpole.

### HSMIA 31st Annual Chinese Auction

5 p.m. Friday June 21  
Doubletree Paradise Valley Resort  
5401 N. Scottsdale Road  
602-240-5552

A unique fundraiser combining a silent auction with a live auction. Each guest receives a list of items to be sold in a live auction and a paddle with an individualized number. Each guest "bids" on an item by placing a quarter in the bucket placed at the center of each table. An auctioneer travels through the dinner announcing numbers indicated on each guests paddle until a Chinese gong is rung. The number last mentioned before the gong wins the prize. Tickets are available for \$60 per person or \$575 for a corporate table of 10. Proceeds from this event will in part support HSMIA's 2013 "Charity of the Year"—Phoenix's Kitchen on the Street. For more details, visit [www.hsmia-az.org](http://www.hsmia-az.org).

### 'Good Grief' Support Group

Tuesdays, 3-4:30 p.m. June 25-July 30  
Central United Methodist Church  
1875 N. Central Ave.  
602-589-2137

Grieving the loss of a loved one? Come meet with Judy Peters, bereavement coordinator at Hospice of Arizona, and others who have experienced the loss of a loved one. The six-week program is free and meets in the Parlor Room. For more information or to RSVP, e-mail [judy.peters@americanhospice.com](mailto:judy.peters@americanhospice.com).

### Annual Rummage Sale June 27-29

St. Thomas the Apostle Church  
2312 E. Campbell Ave.

Shop great bargains on gently used appliances, furniture, boutique, books, jewelry, housewares, clothes, toys, electronics, and more. The sale is held inside the air-conditioned church, so don't let the outside temperatures deter you. Hours are 8 a.m. to 2 p.m. on Thursday and Friday, and 8 a.m. to 1 p.m. on Saturday.

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For most of her life, Barbara Dean defined herself as a devoted wife, loving mother of three, devout reader of romance novels – until the day she decided she could write one better.

Her first romance novel, *Hilltop House*, came out the week she moved here. She's now something of a fitness buff, working out five days a week (proudly achieving 'Boot Camp' level). She attends brain and nutrition classes, too, and says she's never felt better.

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## TAKING CARE OF BUSINESS



### MONEY MATTERS

## New estate tax rule is not bad

By Harvey Amwake, C.P.A.

Some individuals were in a panic late last year as the favorable estate and gift tax rules were set to expire in 2013. With Congressional action uncertain, no one knew how their plans might be affected.

To the relief of taxpayers and planners, most of the estate rules changed only slightly. The estate and gift tax exemptions will be \$5,250,000 in 2013, up from \$5,120,000 last year, and adjusted for inflation going forward. The top tax rate for estates and gifts exceeding these amounts will be 40 percent, up from 35 percent last year but better than the 55-percent rate that would have been the law had Congress not acted. And a surviving spouse will still be able to access the unused portion of the estate exemption

of the deceased husband or wife.

It's important to note that the exemption applies to both inheritances and lifetime gifts. The cumulative combined "transfer" exemption will be \$5,250,000 whether the money is given away before or after you die. In addition, you can give away up to \$14,000 annually to as many recipients as you like without tapping into your lifetime transfer tax exemption.

Average folks with estates far under \$5 million might wonder how any of this applies to them. But the reality is that everyone needs an estate plan. The backbone of your estate plan, a will, is an essential legal tool intended to ensure that your final wishes are honored. A will also can indicate who will take care of your children should you pass away, and how the children can access their inheritance. If you want to include your favorite charity in your estate plans, there are strategies available to benefit both family and charity alike.

Estate planners might be breathing

a sigh of relief, but don't let the current rules lull you into complacency. Talk to your financial adviser, or contact us, and your attorney for a review of your estate plan today.

*This article is for general information only and does not constitute financial advice. If you have any questions about financial matters, consult a professional tax adviser. Harvey Amwake, CPA, is a tax and small business consultant with the accounting firm of Harvey E. Amwake, PLLC., at 6232 N. 7th St., Suite 105. He can be reached at 602-753-0377 or by e-mail at [Harvey@AmwakeCPA.com](mailto:Harvey@AmwakeCPA.com).*

## Business Briefs

### Local First, light rail highlighted at meeting

The North Mountain Business Alliance (NMBA) invites local business owners to attend its next meeting, set for 11:30 a.m.-1:15 p.m. Thursday, June 6 at the SSC Boring building, 1951 W. North Lane.

Guest speakers will be Kimber Lanning, founder of Local First Arizona and owner of Stinkweed's, and

Albert Santana, light rail project administrator for the city of Phoenix.

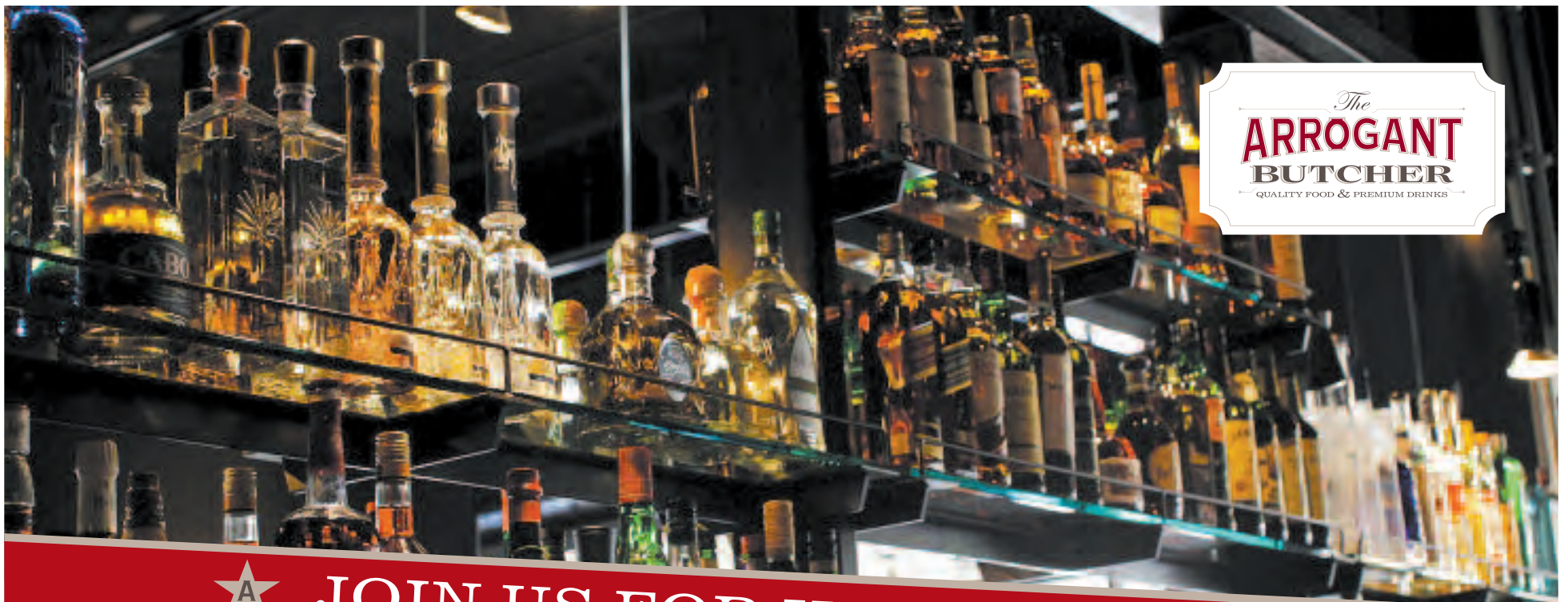
Lanning will give a short presentation about how the community "wins" when individuals and businesses purchase from locally owned companies rather than the "big boxes." Santana will talk about the light rail expansion that currently is under way, up 19th Avenue to Dunlap Avenue. Santana will share construction updates as well as upcoming planning for the future of the system.

The meeting is free; lunch is provided. RSVPs are requested to [Marcia@nmballiance.org](mailto:Marcia@nmballiance.org) or by calling 602-997-6164.

### My Sister's Attic opens new store

Sisters Tess Loo and Ann and Jenny Siner, who own 12 locations of My Sister's Closet, My Sister's Attic and Well Suited in Arizona and California, are re-developing and restyling the con-

*please see ATTIC on page 20*



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## TAKING CARE OF BUSINESS

## ATTIC continued from page 19

temporary space formerly owned by Fannin Interiors at 44th Street and Indian School to make way for a brand new My Sister's Attic opening 8 a.m. Saturday, June 8.

Those lined up early will get free mini on-site consultations and first dibs on one-of-a-kind My Sister's Attic items including newly consigned wall art, china and crystal, furniture, lighting, rugs, silver and patio accessories. A portion of the proceeds will benefit the Arizona Humane Society.

At approximately 4,500 square feet, My Sister's Attic will occupy the first floor of the building—first stand-alone store for the sisters. The 2,800 square feet upstairs will house the new corporate headquarters for Eco-Chic Consignments, Inc. which is the family of three high-end designer consignment concepts—My Sister's Closet (women), My Sister's Attic (home furnishings) and Well Suited (men).

To learn more about Eco-Chic Consignments, Inc. and its resale brands, visit [www.mysisterscloset.com](http://www.mysisterscloset.com).

## Science center, Orkin partners is 'pestology'

Arizona Science Center in downtown Phoenix has formed an alliance with Orkin, pest control provider, on communications and insect-infused education initiatives that will run through September this year.

The science center and Orkin will provide education about insects and the vital role they play in the environment, in addition to hosting special events such as Summer Pestology and Creature Feature Film Series.

“People are disgusted and riveted by bugs all at the same time,” said Chevy Humphrey, Arizona Science Center president and CEO. “Summer Pestology activities will educate and entertain visitors of all ages—answering questions about spiders and insects that they never knew they had.”

Aware that asking questions is at the heart of science, this partnership will tap into people's natural fascination with the six- and eight-legged creatures that surround us every day. More specifically, Summer Pestology will capitalize on the entomology experts at Orkin through

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## TAKING CARE OF BUSINESS

bug hunts, Arizona Science Center camp programming, themed days at the Center, lectures and more.

Additionally, Arizona Science Center will host the Creature Feature Film Series in the Irene P. Flinn IMAX Theater, which will include films like “Bee Movie,” “A Bug’s Life,” “Arachnophobia” and “The Fly.” For a full list of related events and programs, including a special “Summer Pestology Weekend” set for June 8-9, visit [www.azscience.org](http://www.azscience.org) and click on the “Summer Pestology” banner in the scrolling slideshow at the top of the page, or call 602-716-2000.

### GCU honored by Phoenix Chamber

The Greater Phoenix Chamber of Commerce (GPCC) recognized eight outstanding Valley businesses at its 26th annual IMPACT Awards last month, with Grand Canyon University earning the IMPACT Businesses of the Year for the Large Business Sector.

A decade after facing the prospect of closing its doors, Grand Canyon University (GCU) has opened up a world of possibilities for thousands of students—and the local economy—through an energetic reinvention. The longtime educational resource is helping create jobs and the next generation of workers to fill them.

With new leadership, new ideas and a new business and operation plan, GCU has reversed a downward financial trend that threatened its very existence. Now the school has more students, faculty and staff than ever, all teaching and learning at the heart of a multi-million dollar expansion.

The new residence halls, classroom buildings and world-class sports arena have kept local construction firms busy, while attracting students who will contribute to our workforce for years to come. For more information, visit [www.gcu.edu](http://www.gcu.edu).

### Rescue Rooter now ‘The Sunny Plumber’

The Sunny Plumber is a new plumbing company that will serve customers in both the Phoenix and Tucson markets. Phoenix Peach LLC acquired the assets of Rescue Rooter in Arizona at the end of 2012, transforming the company into The Sunny Plumber and saving more than 100 existing jobs in the process.

The Sunny Plumber provides 24/7



Brian Mueller, left, Grand Canyon University president and CEO, accepts the 2013 IMPACT Business of the Year Award from Todd Sanders, Greater Phoenix Chamber of Commerce president and CEO (photo courtesy of the Phoenix Chamber of Commerce).

emergency services and guarantees on all repairs. As part of the company’s mission to provide quality service, The Sunny Plumber has launched a dedicated website for Phoenix residents, who can log on to [www.thesunnyplumber.com](http://www.thesunnyplumber.com) or call 602-734-5106 to speak with a local representative.

Phoenix Peach also operates Goettl Good Guys Air Conditioning Repairmen in the Phoenix and Tucson markets.

### Bailey joins team at La Siena

La Siena, a Senior Resource Group, LLC luxury retirement community in Phoenix, has appointed Robert J. Bailey as executive director.

Bailey is a 13-year veteran of the long-term care industry who has served at the helm of luxury senior living communities throughout metropolitan Phoenix and southern California. He is certified by the State of Arizona as an assisted living facility manager.

Located at 909 E. Northern Ave. in North Central Phoenix, La Siena is a 190-residence resort retirement community offering a mix of independent and assisted living options. The community features exceptional service and innovatively designed amenities such as multiple dining venues, state-of-the-art fitness center, swimming pool, spa, movie theater, Internet café, dance studio, chapel and a host of social and recreational opportunities.

For more information, contact La Siena at 602-870-5500 or visit [www.srgseniorliving.com](http://www.srgseniorliving.com).



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Phoenix Country Club is a private club and membership is accepted through sponsorship by current members. Please contact Colette Bunch to inquire about introductions and the membership committee process.

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2005, 2006,  
2007, 2008,  
2009 and 2010**

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## Current Listings/Escrows

(North Central homes in bold)

6034 N. 21st Pl. ....	4795 SF	.....	4BR/5BA	.....	\$1,750,000
6445 E. Calle Del Media .....	4167 SF	.....	4BR/4.5BA	.....	\$1,150,000
27 W. Sierra Vista Dr. ....	<b>JUST LISTED</b>	...4068 SF	.....	4BR/3.5BA	.....\$1,000,000
2444 E. Lincoln Cr. ....	5064 SF	.....	3BR/3.75BA	....	\$ 950,000
2317 E. Gardenia Dr. ....	<b>JUST LISTED</b>	...3887 SF	.....	6BR/4.5BA	.....\$ 897,500
7726 N. 4th Ave. ....	<b>JUST LISTED</b>	...3594 SF	.....	5BR/3BA	.....\$ 750,000
25 W. Frier Dr. ....	<b>JUST LISTED</b>	...4241 SF	.....	4BR/3BA	.....\$ 750,000
725 W. El Camino Dr. ....	<b>JUST LISTED</b>	...4920 SF	.....	4BR/3BA	.....\$ 675,000
2749 E. Winchcomb Dr. ....	4029 SF	.....	5BR/4BA	.....	\$ 650,000
1128 W. Northview Ave. ..	<b>NEW PRICE</b>	...3135 SF	.....	4BR/2.5BA	.....\$ 649,900
7518 N. 6th Pl. ....	3044 SF	.....	5BR/3BA	.....	\$ 649,900
115 W. Morten Ave. ....	<b>JUST LISTED</b>	...3552 SF	.....	3BR/3.5BA	.....\$ 635,000
6022 N. 3rd Ave. ....	<b>JUST LISTED</b>	...2908 SF	.....	4BR/2.5BA	.....\$ 625,000
320 W. Bethany Home Rd. ..	<b>JUST LISTED</b>	...4099 SF	.....	4BR/5BA	.....\$ 595,000
77 E. Missouri Ave. #37 ..	<b>IN ESCROW</b>	...3575 SF	.....	3BR/2.5BA	.....\$ 537,000
6014 N. 3rd Ave. ....	4BR/3BA	.....	2470AF	.....	\$ 495,000
5649 N. 6th St. ....	<b>NEW PRICE</b>	...3723 SF	.....	4BR/4BA	.....\$ 449,500
3800 E. Lincoln Dr. #30 ..	<b>NEW PRICE</b>	...2824 SF	.....	3BR/2.5BA	.....\$ 445,000
6805 N. 18th St. ....	<b>IN ESCROW</b>	...2157 SF	.....	4BR/2BA	.....\$ 425,000
1 E. Lexington Ave. #201 ..	<b>JUST LISTED</b>	...1973 SF	.....	3BR/3BA	.....\$ 425,000
4925 E. Cordia Way ....	<b>IN ESCROW</b>	...2588 SF	.....	4BR/2.5BA	.....\$ 375,000
7142 N. 14th St. ....	<b>IN ESCROW</b>	...3201 SF	.....	5BR/2.75BA	....\$ 375,000
10257 N. Central Ave. ....	<b>IN ESCROW</b>	...2950 SF	.....	3BR/2.5BA	.....\$ 375,000
1738 E. Myrna Ln. ....	<b>IN ESCROW</b>	...4686 SF	.....	4BR/2.75BA	....\$ 359,000
723 W. Glenn Dr. ....	<b>NEW PRICE</b>	...2381 SF	.....	3BR/2BA	.....\$ 349,000
26427 N. 42nd Pl. ....	<b>IN ESCROW</b>	...2359 SF	.....	4BR/2.5BA	.....\$ 329,000
1348 E. Missouri Ave. ...	<b>JUST LISTED</b>	...3226 SF	.....	4BR/2.5BA	.....\$ 325,000
102 W. Seldon Ln. ....	<b>IN ESCROW</b>	...1876 SF	.....	3BR/3BA	.....\$ 275,000
1844 E. Hazelwood St. ..	<b>IN ESCROW</b>	...1865 SF	.....	4BR/2BA	.....\$ 272,000
821 E. Palmaire Ave. ....	<b>IN ESCROW</b>	...3180 SF	.....	5BR/4BA	.....\$ 269,000
1102 W. Glendale Ave. #122	<b>JUST LISTED</b>	...1809 SF	.....	3BR/2.5BA	.....\$ 239,000
7362 E. Rovey Ave. ....	<b>IN ESCROW</b>	...1913 SF	.....	3BR/2BA	.....\$ 199,500

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Featured Homes for June



77 E. Missouri Ave. #37 ■ \$537,000



115 W. Morten Ave. ■ \$635,000



27 W. Sierra Vista Dr. ■ \$1,000,000



1 E. Lexington Ave. #201 ■ \$425,000



320 W. Bethany Home Rd. ■ \$595,000



7726 N. 4th Ave. ■ \$750,000



6022 N. 3rd Ave. ■ \$625,000



306 W. Claremont Ave. ■ \$740,000



2317 E. Gardenia Dr. ■ \$897,000

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SOLD Homes in 2013

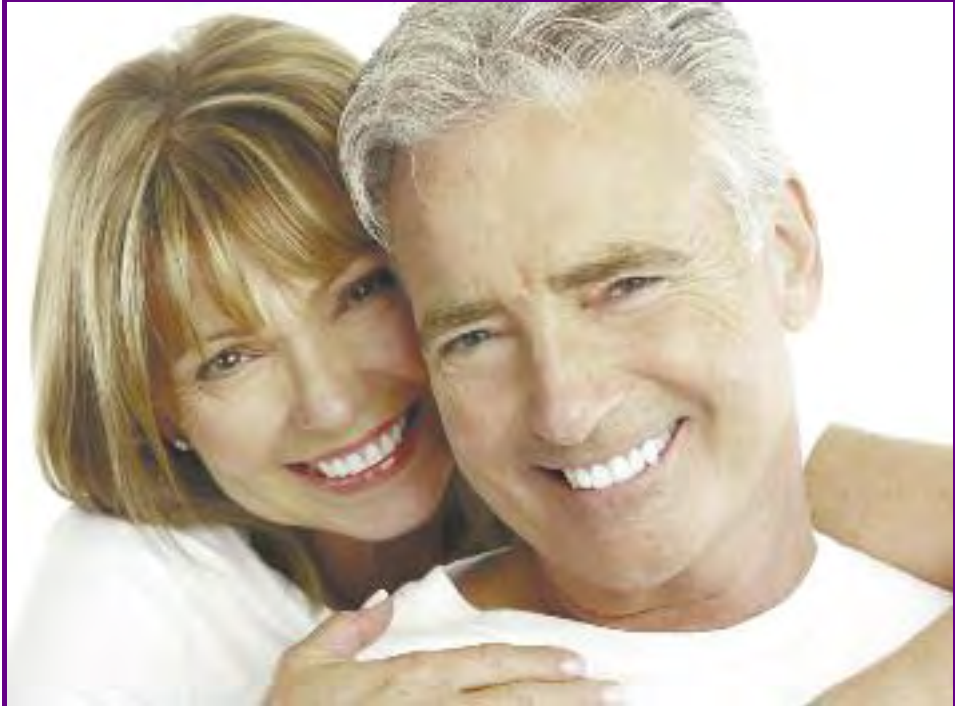
9427 E. Sonoran Sunset	\$ 915,000	721 E. Circle Rd.	\$ 485,000	14033 N. 10th Pl.	\$ 340,000	5741 N. 4th St.	\$ 245,000	6517 N. 10th Pl.	\$ 170,000
2211 E. Camelback Rd. #805	\$ 900,000	7739 N. 11th Ave.	\$ 475,000	307 W. Herro Ln.	\$ 325,000	6120 E. Evans Dr.	\$ 235,000	5136 N 31st St. #662	\$ 136,500
5750 N. Central Ave.	\$ 875,000	6838 N. 3rd Ave.	\$ 457,500	421 E. Locust	\$ 300,000	635 W. Coral Gables	\$ 230,000	15178 W Taylor St.	\$ 128,000
540 W. Kaler Dr.	\$ 805,000	316 W. Glendale Ave.	\$ 410,000	2 W. Beryl	\$ 295,000	723 W. Cactus Wren	\$ 224,000	8434 N. Central Ave. B	\$ 111,000
6899 N. Central Ave.	\$ 760,000	312 W. Stella Ln.	\$ 410,000	529 W. Las Palmaritas Dr.	\$ 295,000	848 N. 54th Cr.	\$ 210,000	225 E. Orchid Ln.	\$ 90,100
5034 E. Lafayette Blvd.	\$ 750,000	105 W. Harmont	\$ 405,000	1315 E Gardenia Dr.	\$ 295,000	2319 E. Glenrosa Ave.	\$ 210,000	833 E Echo	\$ 70,000
5961 E. Whitehorn Pl.	\$ 715,000	1511 E. Villa Theresa Dr.	\$ 402,500	201 E. Georgia Ave.	\$ 294,000	1545 W. Glenn Dr.	\$ 195,000	3516 E. Everett Dr.	\$ 97,500
6106 N 2nd Ave.	\$ 630,000	601 W. Moon Valley Dr.	\$ 400,000	3828 S. Vermeersch	\$ 280,000	1124 E. Rose Ln. #10	\$ 185,000	1545 E. Sahuaro Dr. #2	\$ 58,000
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## TO YOUR HEALTH

### Take prediabetes seriously

By Patrick Knowles, M.D.

If your doctor has told you that you have prediabetes, do you need to take action? Only if you want to avoid becoming diabetic. Prediabetics are more likely to develop type 2 diabetes and may have some diabetic problems already.

Keep in mind that diabetes causes more deaths a year than breast cancer and AIDS combined. Two out of three people with diabetes die from heart disease or stroke.

Doctors sometimes refer to high blood glucose levels as Impaired Glucose Tolerance (IGT) or Impaired Fasting Glucose (IFG), depending on the test used to detect it. You should be checked for prediabetes during your next routine medical office visit if you're overweight and 45 or older, or when your blood glucose levels are higher than normal but not high enough to be a type 2 diabetic.

If your weight is normal and you're older than 45, ask your doctor during a routine office visit if you should be tested. If you're younger than 45 and overweight, your doctor may recommend testing if you have any other risk factors for diabetes or prediabetes, including:

- High blood pressure
- Low HDL cholesterol and high triglycerides
- A family history of diabetes
- A history of gestational diabetes or if you gave birth to a baby weighing more than nine pounds

Belonging to an ethnic or minority group at high risk for diabetes. Although prediabetes and diabetes occur in individuals of all ages and races, some groups have a higher risk for developing the disease. It's more common in African Americans, Latinos, Native Americans, Asian Americans/Pacific Islanders, and in seniors.

You can lower your risk for type 2 diabetes by 58 percent by losing 7 percent of your body weight (or 15 pounds if you weigh 200 pounds), as well as exercising moderately, such as

brisk walking, 30 minutes a day, five days a week. Physical activity can help keep your blood glucose, blood pressure, HDL cholesterol and triglycerides on target. Exercise also strengthens your heart, muscles and bones.

Losing just 10 to 15 pounds can make a big difference. For some individuals with prediabetes, early treatment can return blood glucose levels to the normal range.

*Patrick Knowles, M.D., is a family practice physician at Squaw Peak Family Medicine, 9327 N. 3rd St., Suite 100, 602-371-3100. For more information, visit JCL.com/practices. The information in "To Your Health" is provided by John C. Lincoln Health Network as general information only. For medical advice, please consult your physician.*

## Health Briefs

### How genetics affect incidence of cancer

Banner Good Samaritan's Cancer Support Group offers support for patients, families and community members dealing with all types of cancers. The next meeting is scheduled for 6-7:30 p.m. Thursday, June 20, in the Sandstone North Conference Room at Banner Good Samaritan, 1111 E. McDowell Road.

Guest speaker is April O'Connor, MS, Certified Genetic Counselor (CGC), and Genetic Program director at Banner MD Anderson Cancer Center. O'Connor will talk about the relationship between genetics and cancers and provide tools to access family and personal health history for a possible increased risk for hereditary cancer syndromes.

Guests can park in the visitor's parking structure outside of the main lobby, or use the hospital's free valet service. Dinner will be provided.

RSVP to Terry Ratner, RN, MFA, at 602-839-4970 or 602-527-3776.

### Get fit this summer at a local rec center

Exercising outside this summer isn't an option for most people, given the increasingly extreme temperatures. Why not check out some fun fitness classes offered in an air-conditioned setting instead?

The Sunnyslope Community Center, 802 E. Vogel Ave., has a variety of indoor exercise classes beginning



HEALTHY LIVING

June 3 and continuing through Aug. 31. Among them are the popular yoga classes for ages 18 and older. Morning Yoga takes place 9-10:15 a.m. Mondays and Wednesdays, as well as Tuesdays and Thursdays; cost is \$45.

For those who prefer and evening workout, Hatha Yoga is offered 6:30-7:45 p.m. Tuesdays and Thursdays starting June 4; cost is \$40. A popular Classic Yoga class, great for beginners or those who are just looking for a good stretch, is available 6:30-7:45 p.m. Mondays and Wednesdays beginning June 26. All yoga classes are available for drop-in as well as full session registration. Each drop-in is \$6 and a valid recreation card is required.

Other exercise and physical fitness classes include QiGong, Tai Chi Chuan and Zumba. For more information or to register, stop by the recreation center, visit [www.phoenix.gov/parks](http://www.phoenix.gov/parks) and click on the link for Classes and Programs, or call 602-262-6661.

Health-related grant offered by Humana

Valley nonprofit organizations are invited to apply for the \$100,000 Humana Communities Benefit charitable grant in Arizona, sponsored by the Humana Foundation, the philanthropic arm of Humana Inc.

The Humana Communities Benefit program will award a one-time, \$100,000 grant to a 501(c)(3) nonprofit organization in Maricopa County focused on improving health experiences or building healthy communities.

Nonprofit organizations can apply now through June 28. Organizations in the operational areas of childhood health, intergenerational health and active lifestyles are encouraged to apply.

Following a selection process by a panel of local judges, the 2013 grant winner will be announced at a celebratory event in October.

More information on the application and the grant are available at [www.Humana.com/HCB](http://www.Humana.com/HCB). Questions can also be directed to Humana by e-mail to [ArizonaBenefits@Humana.com](mailto:ArizonaBenefits@Humana.com).

Hospital groups prepare to merge

John C. Lincoln Health Network and Scottsdale Healthcare have endorsed a letter of intent to form a system-wide affiliation to better meet the healthcare needs and thus improve the health of the communities they serve. Discussions are anticipated to be complete by July 31.

The new nonprofit system, which would be called Scottsdale Lincoln Health Network, would include five hospitals—including John C. Lincoln North Mountain—with approximately 10,500 employees, 3,700 affiliated physicians and 3,100 volunteers. Scottsdale Lincoln Health Network also would include an extensive primary care physician network, urgent care centers, clinical research, medical education, an inpatient rehabilitation hospital, an Accountable Care Organization, two foundations and extensive community services.

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SCHOOL DAYS



Diana Hernandez of Central High School is put onto a stretcher after being extricated with the “jaws of life” from a smashed minivan by firefighters from Ladder Truck 9. The scene was part of a simulated DUI crash on the football field of Central High School; Firefighter Kelly Liebermann, far right, explains Diana’s “injuries” and how she will likely spend the rest of her life in a wheelchair (photo by Teri Carnicelli).

Car crash cautions of DUI dangers

By Teri Carnicelli

Smoke billowed from the minivan as the driver, her legs wedged and broken under the dashboard, screamed for help. The driver of the other vehicle, coming home from a graduation party and intoxicated, crouched over the broken and bloodied body of her boyfriend, who had been ejected from the small Honda upon impact because he wasn’t wearing a seat-belt. He was dead.

This gruesome scene played out before hundreds of students from Central High School, on their home football field, during a special assembly on May 3. The “Mock DUI Crash” was a collaboration of the City of Phoenix Fire and Police Departments, with help of sponsors from the Governor’s Office

of Highway Safety, Students Against Destructive Decisions (SADD), St. Luke’s Hospital, and the Maricopa County Medical Examiner’s Office.

The smashed cars were provided by Western Towing, and the car crash victims were ably played by students from Central High School’s Drama Club, including Itzel Valacso as the drunk driver who ran a red light; Richard Jenkins, her boyfriend killed in the crash; and Diana Hernandez, the driver of the minivan who suffered multiple leg and pelvic fractures and had to be extricated with the “jaws of life.”

The passenger of the SUV, who was bloodied and unconscious with head and face injuries because he was only wearing his lap belt, was portrayed by Phoenix Firefighter Curtis Knobbe, because he later was airlifted from the scene by Phoenix Firebird 10—some-

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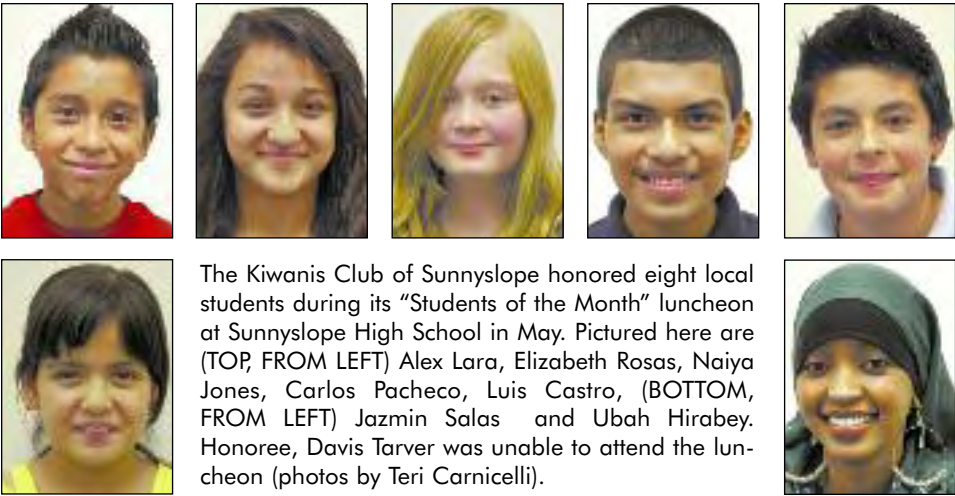
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SCHOOL DAYS



The Kiwanis Club of Sunnyslope honored eight local students during its “Students of the Month” luncheon at Sunnyslope High School in May. Pictured here are (TOP, FROM LEFT) Alex Lara, Elizabeth Rosas, Naiya Jones, Carlos Pacheco, Luis Castro, (BOTTOM, FROM LEFT) Jazmin Salas and Ubah Hirabey. Honoree, Davis Tarver was unable to attend the luncheon (photos by Teri Carnicelli).

thing the public safety officials who organized the event wouldn’t have done with a student actor. So Knobbe stepped in to play the role.

This highly dramatic portrayal of the consequences of driving while drunk—including the “dead” passenger being put into a body bag—was played out in an effort to drive home the message that it’s not only illegal for students to be drinking at all, but to do so and then get behind the wheel just isn’t worth the potential consequences.

“So many people are impacted by one person’s choice to drink and drive,” explained Phoenix Firefighter Kelly Liebermann, who emceed the event. “If we can prevent fatalities and prevent injuries to innocent people, then we are doing our job.”

teers in the after-school program. He leads by quiet example, according to his teachers. Luis was praised for his great citizenship, his mature attitude, and for being focused academically.

Other students who were highlighted at the luncheon were seventh grader Naiya Jones and eighth grader Davis Tarver from Royal Palm Middle School. Naiya, who is working hard to skip the eighth grade and go right into high school, was noted for being bright, creative, a class leader, and for

*please see KIWANIS on page 28*

Kiwanis honor local students

Eight local students were honored by the Kiwanis Club of Sunnyslope during its “Student of the Month” luncheon, held May 9 at Sunnyslope High School.

Being honored were seventh grader Alex Lara, and eighth grader Elizabeth Rosas from Sunnyslope School. Alex, who enjoys playing a variety of sports, was praised for being polite, diligent with his schoolwork, and for being helpful in class, including offering to interpret for students struggling with English. He also has made tremendous progress in math this year. Elizabeth plays basketball for the school and hopes to make the team at Sunnyslope High School next year. She was described as being always cheerful and courteous, and for being a dedicated student who has set high goals for herself.

From Mountain View School, seventh grader Carlos Pacheco and eighth grader Luis Castro were recognized. Carlos works hard in class and volun-



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### SCHOOL DAYS

*KIWANIS continued from page 27*

constantly trying to better herself as a student. Davis was absent from the luncheon, but was applauded for maintaining straight A's in a sophomore-level math class, so that when he moves on to high school he will begin at the junior-level of math courses.

Desert View fifth grader Jazmin Salas, who works hard on the school's basketball team, also takes the time to do her school work completely and correctly. She has been on the school's Principal's List for the entire school year. Though quiet most of the time, Jazmin has a contagious giggle that can set her entire classroom off into a laughing fit.

From Central High, Ubah Hirabey was recognized. Ubah is a native of Somalia and volunteers in the counseling office, as well as working part-time at Phoenix Sky Harbor International Airport to help support her mother and four siblings. She hopes to attend Phoenix College in the fall where she will study nursing or counseling.

No student from Sunnyslope High School was honored because of a conflict with the school's testing schedule.

## School Briefs

### CREIGHTON ELEMENTARY SCHOOL DISTRICT

#### Kindergarteners take fourth in chess

Biltmore Preparatory Academy's Kindergarten Chess Team captured a fourth place finish in the Governor's Cup State Chess Championship May 4-5.

The team competed in a grueling two-day, nine-round tournament against 43 other kindergarten teams from around the state. Team members included Logan Kane, Zachary Lipovitch, Trevor Gordon and Noah Selchow.

### GLENDALE UNION HIGH SCHOOL DISTRICT

#### Student compete in fire science muster

Students from Sunnyslope High School's fire science program went head-to-head with students from seven other schools during the 10th annual High School Fire Science Muster Competition on April 27 at Westgate City Center.

The students participated in a competition that challenged the skills they have learned in their fire science programs, including a timed turnout, in which students don their firefighting gear as quickly as possible, pull 100 feet of fire hose and connect it to a fire hydrant, and drag a "Rescue Randy" mannequin to the finish line.

### Crittendon receives SVA scholarship

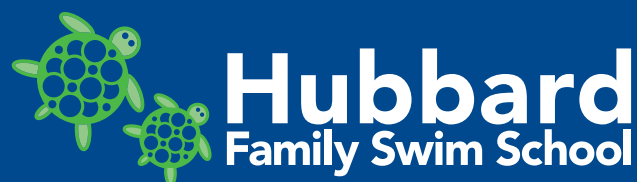
Sunnyslope High School recent graduate Brianna Crittendon was awarded the \$1,000 Sunnyslope Village Alliance/Credit Union West Scholarship. She has a 4.0 GPA and ranks in the top 12 percent of her class.

Crittendon has taken classes in drafting, Design 1-2 and architectural drafting in preparation to a degree in architectural design. She wants to own her own architecture firm.

Crittendon has been on the honor roll all four years and received an Outstanding Chemistry Student award in her junior year. She was a member of the National Honor Society and the Close Up Club and vice president of the Art Club.



Brianna Crittendon



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SCHOOL DAYS



ABOVE: Displaying their trophies from the Governor’s Cup State Chess Championship contest are, from left: Biltmore Prep kindergarten students Zachary Lipovitch, Trevor Gordon and Noah Selchow. Not pictured: Logan Kane (submitted photo).

RIGHT: Corin Friese stands with Phoenix Mayor Greg Stanton, who read from the children’s book, “Jeremy Jackrabbit Recycles the Can,” in which Corin’s illustration appears (submitted photo).

MADISON ELEMENTARY SCHOOL DISTRICT  
Local girl’s art appears in book

Madison Simis student Corin Friese did something most children her age rarely get to do: meet the mayor of the sixth largest city in the United States. Corin’s artwork was selected to appear in a new children’s book, “Jeremy Jackrabbit Recycles the Can,” by Sasha and Rodney Glassman. More than 900 illustrations were submitted



by Phoenix school children, with just a handful chosen for the book. Phoenix Mayor Greg Stanton and his wife, Nicole, were present at the book launch on April 27 at the Burton Barr Central Library. More than 45,000 copies of the book will be distributed free of charge to every kinder-

please see ART on page 30

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## SCHOOL DAYS



Enjoying book bags donated to Madison Rose Lane are, from left: student Reyes Maldonado, third-grade teacher William Wight, student Jonathan DePratti, library assistant Guadalupe Alejos, student Samuel Ledesma-Garcia, and student Jack O'Brien (submitted photo).

### ART continued from page 29

garten student in Maricopa County. Mayor Stanton read from the book, after which the young artists were available to sign the pages in the book that they illustrated.

### Library group donates books

All third graders at Madison Rose Lane recently received their own copy of "The Legend of Honey Hollow" through the Friends of the Phoenix Public Library program. The program has already put a free book in the hands of every first, second, and third grader at the school.

"The Legend of Honey Hollow" is a story about endangered species and conservation. In addition to the book, students also received a *Highlights Magazine* and book bag.

### Zinter takes third in writing contest

Madison Meadows eighth grader Marina Zinter won Third Place in the CenturyLink Arizona StoryMakers Writing Contest. Her non-fiction piece, *Adventures in Disneyland*, competed against more than 400 other entries.

### MTA students honored in PBS writing contest

Two students from Madison Traditional Academy won awards last month in the PBS KIDS GO! Writing Contest, presented by Eight, Arizona PBS and the City of Phoenix Latino Institute.

MTA second graders Ellis Williams

and Sophia Manthey both took home awards at a recognition ceremony held April 27 at Downtown Civic Space Park. Ellis captured second place for his tall tale, "Ellis the Cowboy," while Sophia brought in third place for "The Stories of Anne the Gardenweaver."

Both children are students in Grace Klees' second-grade class. Each won a \$50 gift certificate from Bookman's and a bag of new books. Each winner's story is posted on the contest website: [www.asset.asu.edu/new/pbs\\_writing\\_contest\\_winners\\_2013.html](http://www.asset.asu.edu/new/pbs_writing_contest_winners_2013.html).

### PHOENIX UNION HIGH SCHOOL DISTRICT Malacara receives Presidential award

Briana Malacara of North High has been honored for her exemplary service with a President's Volunteer Service Award. The award, which recognizes Americans of all ages who have volunteered significant amounts of their time to serve their communities, was presented by the Prudential Spirit of Community Awards program on behalf of President Barack Obama.

### Students head to competition in Kansas

Metro Tech students did well at the 2013 SkillsUSA State Championships this spring, winning several events, and qualifying for the National Championships in Kansas City, June 25-29.

First place winners were Joselyn Iniguez, commercial baking; Nicholas Renteria and Du Vu, humanoid robot interactions; Cesar Bernal, related technical math; and Fahad Shakir (home school Alhambra), technical drafting.



SCHOOL DAYS



Madison Traditional Academy second-grade students Ellis Williams and Sophia Manthey recently were both winners in the PBS KIDS GO! Writing Contest (submitted photo).

Seven engineering students also won first place in the opening and closing ceremony event, including Annette Marruffo, Jessica Camacho, Erik Cabada, Ivon Melendez, Diana Martinez, Karina Vargas and Cesar Covarrubias.

Students recognized for creative poetry

The Phoenix Union High School District’s annual Poetry Central was held at Camelback High School on May 3. The event includes poetry contest winners from each campus converging for workshops with published poets and recognition of district winners. The overall winners included Jennifer Benito from North and Rosie Palacios from Camelback. Winners also were selected by grade and included senior Brenda Orozco from Metro. Receiving a Bilingual poetry award was Lidia Garcia of Camelback.

One hundred students attended the all-day event, working with guest poets and ASU professors Myrlin Hepworth and Fernando Perez. Site winners read their poems and the district winners were announced at the end of the event.

PSA video earns club \$3,000 prize

Camelback High’s journalism and TV Club members won second place honors for their Public Service Announcement video created for the Phoenix Police Department’s Stop Underage Drinking PSA contest. The school will receive a \$3,000 prize, which will be used for the school’s television studio. South

Mountain placed first. Camelback’s video was produced by four students in the journalism class: seniors Julian Bourne, Jonathan Zamora, Jordan Taylor and Johnny Lopez.

Green wins Div. 1 High Jump title

Shekinah Green, a ninth grader from Central High, won the Girls Division I High Jump, clearing 5 feet, 4 inches at the State Track and Field Championships, held May 11 at Mesa Community College. Her 10 points were the only ones collected by the Bobcats at the meet.

Chess team wins second place

The Metro Knights Paladin Chess Team finished second in the State Charter Athletic Association (CAA) Championships, April 29. The players competing were Jose Fernandez, Jose Jimenez, Edgar Mendoza, and Victor Osorio. The Knights pushed defending champion Tesseract School to the limit, losing in the championship round by one point.



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## SCHOOL DAYS

### Two students take top awards at contest

North High students Erik Noguera Castillo and Shiara Carbajal placed first in the Phoenix College World Language Competition, April 13.

The students, from the Spanish for Spanish Speakers class, used their original work to participate in the competition. Amairany Vaca placed second and Erika Noguera Castillo placed third in the same category. Nictee Arriaga is the students' Spanish teacher.

### WASHINGTON ELEMENTARY SCHOOL DISTRICT Students collect recyclable bags

The Sunnyslope National Junior Honor Society (NJHS) participated in a plastic bag recycling contest sponsored by Bashas' and the city of Phoenix. The contest was to raise awareness about recycling plastic bags. The 14 members of NJHS organized the collection of recycled plastic bags from all school classrooms over two weeks. The bags were then turned in at

the local Bashas' store on 7th Street and Missouri Avenue, where they were weighed. Sunnyslope collected approximately 140 pounds of plastic bags.

Sunnyslope came in fourth out of eight participating schools. Together, all eight schools collected 526,000 plastic bags.

In appreciation of Sunnyslope's participation, the school was awarded a \$100 gift card to Bashas'.

### Students help 'Stamp Out Hunger'

The Mountain View School Community Action Team (CAT) participated in the 2013 Stamp out Hunger Food Drive put on by the United States Postal Service. This nationwide food drive is in its 21st year, and it all started at the Sunnyslope Station on 7th Street and Mountain View Road many years ago.

After working four-plus hours on a hot Saturday afternoon, CAT and other volunteers at the Sunnyslope Station unloaded, collected and sorted 33,723 donated food items.

### Project benefits Maryland School

Maryland School received a major revitalization during the 2012-13 school year thanks to the Leadership Scholar Program (LSP) of Arizona State University. The LSP cadre donated supplies, and a team of 25 freshmen gave their time to complete several large-scale projects that benefited the students, staff and the community.

The first major project was repainting the United States map in the entrance. The LSP cadre then came back to campus and updated the four-square and hopscotch grids on the primary and intermediate playgrounds.

Next, the group painted the backboards and brought in new nets for the basketball courts.

During their final visit, the cadre put up several motivational bulletin boards that were decorated to wish students luck on their AIMS tests.

### PRIVATE AND CHARTER SCHOOLS Fakler to attend University of Virginia

Xavier College Preparatory senior Sarah Fakler recently signed her letter of intent to attend the University of Virginia on a full athletic scholarship.



SCHOOL DAYS

Fakler was a three-time Arizona Gatorade High School Girls Cross Country Runner of the Year and three-time Arizona Republic High School Girls Cross Country Runner of the Year.

Fakler has maintained a 4.0 GPA in the classroom and also has volunteered on behalf of local environmental sustainability initiatives and as part of a project to design, build and supply solar ovens to a disadvantaged community in Ghana.

Ekmark named a top basketball player

Courtney Ekmark of St. Mary’s High School recently was named the Gatorade Arizona Girls Basketball Player of the Year. She joins Sidnee Majette (1992-93), Davellyn Whyte (2008-09), and Shilpa Tummala (2011-12) as previous Lady Knights to win Gatorade’s State Girls Basketball Player of the Year awards.

The award, which recognizes not only outstanding athletic excellence but also high standards of academic achievement and exemplary character demonstrated on and off the court, dis-



Courtney Ekmark of St. Mary’s High School was named the Gatorade Arizona Girls Basketball Player of the Year. She will start her senior year this fall (submitted photo).

tinguishes Ekmark as Arizona’s best high school girls basketball player.

The 6-foot junior guard led the Knights to a 29-1 record, the team’s third consecutive Division 1 state championship, and a No. 2 ranking in the USA Today Super 25 this past sea-

son. Ekmark averaged 19.6 points, five rebounds and four steals per game. Ekmark has maintained a 4.32 GPA in the classroom. A devoted member of her church community, she has participated in literacy outreach initiatives and volunteered to help the local homeless population.

Ekmark will begin her senior year at St. Mary’s this fall.

Montessori marks endings, beginnings

Montessori Day Schools-Mountainside Campus held its Middle School graduation on May 23, with students having completed their two-week internships at businesses in the community and their camping trip in the New Mexico mountains.

This followed the school’s Cinco de Mayo community celebration—a first for the campus, with food sampling, music and dancing. This year students also held a car wash to benefit Phoenix Children’s Hospital, and went on an all-school trip to the Orpheum Theatre to watch a performance featuring MDS dancer G. Craven.

Post-graduation, staff members are preparing for “Summer Fun” sessions beginning June 3, while hoping for another “A” from the Department of Education.

Student wins award for newspaper stories

Brophy College Preparatory student Julian De Ocampo, who graduated last month, won the Journalism Education Association/Arizona Interscholastic Press Association’s “Arizona Journalist of the Year” award.

The selection committee required an extensive portfolio submission along with faculty recommendations. De Ocampo’s adviser at Brophy was Mica Mulloy. The awards ceremony was hosted by the Journalism Education Association in San Francisco in April.

Read some of De Ocampo’s *Roundup* articles at <http://tiny.cc/4olpvw>.



Julian De Ocampo





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## GENERATIONS

## Senior Living

### Duet hosts various caregiver support groups

Family members and friends who provide care to a loved one often think of themselves as daughters, husbands, partners, and friends—not caregivers. You are a caregiver if you bring dad his groceries, take your spouse to the doctor, remind mom to take her pills or have other responsibilities for your loved ones.

Consider attending a free monthly support group offered by Duet to receive information, peer support, have questions answered and more. Upcoming support groups include:

- Alzheimer's Caregivers Support, 12:30-2 p.m. June 4 & 18, Duet offices, on the campus of the Church of the Beatitudes, 555 W. Glendale Ave.
- Caregivers Support Group, 11 a.m. June 5 & 19, Devonshire Senior Center, 2802 E. Devonshire Ave.
- Grandparents Raising Grandchildren

Support, 9-11 a.m. Thursday, June 13, Duet offices, 555 W. Glendale Ave. For more information on these or other support groups, call 602-274-5022.

## Kids & Families

### Free family dinner in Sunnyslope

There will a Free Summer Family Dinner 5:30-7:30 p.m. Wednesday, June 5, at the Sunnyslope Community Center, 802 E. Vogel Ave.

Along with the free meal of lasagna, salad, breadsticks, and dessert, there will be family time education and activities for adults ages 18 and older, and youth ages 10 to 17. There also will be KIDZONE activities for ages 3 to 9. Entertainment will be provided by finalists from the 2013 Sunnyslope Community Center Talent Show, held last month.

Space is limited. To RSVP, call Heidi Hastings at 602-495-5767. The Family Dinner is sponsored by

## Arizona Biltmore Summer Tennis Camp

This summer, kids can learn to play tennis while enjoying the resort-like atmosphere at the Jewel of the Desert. From swimming at our Paradise Pool with 92-foot waterslide, to sport court with basketball, soccer, and ping pong, to the Imagination Emporium with arts, crafts and much more, this is summer at its best!

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Beginner through advanced skill levels welcome. Tennis is two hours during early morning, with remainder of time being dedicated to children relaxing and scheduled daily activities. Prices are structured to be paid weekly on Mondays (cash or credit). Tennis is taught by Lon Mlnarik, Head Pro & USPTA Pro Certified at the Arizona Biltmore. Resort activities are run by the well-qualified Arizona Biltmore Recreation Staff.

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## GENERATIONS

Sunnyslope Family Services Center Community Council, Selrico Services, First Things First, Sunnyslope Senior Center, and Maricopa county Office of Nutrition and Physical Activity.

### Kids play golf for free this summer

Junior golfers ages 17 and younger will play for free—every day, all day—at the city of Phoenix's nine-hole courses this summer, when accompanied by a paid adult.

Golfers can enjoy the "Kids Play Free" program from June 1 through Aug. 31 at Encanto Shirt 9, 2300 N. 17th Ave., and Palo Verde 9, 6215 N. 15th Ave. The program is designed to encourage families to enjoy golf together and to promote junior golf in Phoenix. The special is good for one youth per adult. If only one adult is present, additional kids' rounds are only \$5 each. Junior participants will also receive a free PING hat while supplies last.

More information is available by phone at 602-262-5088 or via e-mail at [golf@phoenix.gov](mailto:golf@phoenix.gov). Tee times can be booked online at [www.phoenix.gov/golf](http://www.phoenix.gov/golf) or at 1-866-865-GOLF (4653).

### Sunrays host Dance Camp, Kids Night Out

Keep your kids happy, active, and busy this summer by signing them up for Dance Camp at the Arizona Sunrays Dance Center, 13832 N. 32nd St.

Dance Camp takes place June 10-14 and is for boys and girls ages 8 to 16. There will be dancing, tumbling, a photo shoot, acting, modeling, and a fashion show. Camp hours are 8:30 a.m. to 3 p.m. Cost is \$250 per child.

Extended care hours are from 7:30 to 8:30 a.m. and 3 to 5:30 p.m. Advanced registration is required. For more information, call 602-992-5792 or visit [www.arizonasunrays.com](http://www.arizonasunrays.com).

In addition, The Arizona Sunrays Gymnastics & Dance Center, 3110 E. Thunderbird Road, will host an exciting "Kids' Night Out" from 6 to 10 p.m. on Saturday, June 15, for ages 3 to 13. Children will enjoy a fun-filled evening of gymnastics, organized games, sports, jumping in a bounce house and on trampolines, and then wind down the evening by watching a movie. Cost is \$25 per child with a \$5 off sibling discount. Pizza, snacks and drinks are included. Advanced registration is required. Call 602-992-5790 or visit [www.arizonasunrays.com](http://www.arizonasunrays.com).

### Harold Studio offers jewelry camp for kids

Harold Studio, 115 W. McDowell Road, Suite 1, offers a Jewelry Camp for kids ages 12 to 16 this summer. Camp runs 9 a.m.-12 p.m. Tuesday through Thursday, June 11-13, June 18-20, July 16-18 and July 23-25. The cost is \$150 per session and includes all materials.

Kids will learn how to saw, pierce, rivet, texture and patina metal while making fun projects they can bring home. For more information or to register, call Johanna at 480-721-1718 or e-mail [haroldstudio@gmail.com](mailto:haroldstudio@gmail.com).

### Summer camps taps into 'creativity'

Help your children use their imaginations and have fun this summer by enrolling them in Creativity Camp, from the creators of the PBS television series "Travel With Kids." Camp will

take place in three sessions—June 10-14, June 17-21 and June 24-28—at Ss. Simon and Jude School, 6351 N. 27th Ave.

This year's camp helps kids in third through eighth grades learn to think outside the box, create characters and stories, reflect on marketing and production challenges, and more. From writing skits to producing mini-television shows, this camp is fun and develops children's abilities to think creative-

ly and on their feet.

Cost is \$100 per weekly session. Hours are 12:30-4:30 p.m. for the first session, "Create Your Story"; 8 a.m. to 12 p.m. for the second session, "Television Production," and 8 a.m.-12 p.m. for the third session, "Stage Acting."

For more information, contact camp director Carrie Simmons at 602-326-9048 or [simmons@travelwithkids.tv](mailto:simmons@travelwithkids.tv), or visit [www.travelwithkids.tv](http://www.travelwithkids.tv).



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ARTS & ENTERTAINMENT

## A & E Briefs

### ‘Side Show’

**Nearly Naked Theatre**  
**Through June 8**  
**Phoenix Theatre’s Little Theatre**  
**100 E. McDowell Road**  
**602-254-2151**

Based on the true story of Siamese twins Violet and Daisy Hilton who became star carnival attractions during the Depression. Told almost entirely in song, the show follows their progression from England to America, around the Vaudeville circuit and to Hollywood on the eve of their appearance in the 1932 movie “Freaks.” Tickets are \$26 plus fees, and \$21.50 for students and seniors. Visit [www.nearlynakedtheatre.org](http://www.nearlynakedtheatre.org).

### Ai Portfolio Show

**10 a.m.-1 p.m. Thursday, June 13**  
**Phoenix Art Museum**  
**1625 N. Central Ave.**

Featuring the graduate portfolios from Art Institute of Phoenix students in

the Design, Media Arts and Fashion departments. Industry professionals looking for new hires, friends and family members of students, and prospective students who want to see the kind of work graduating students can produce are all invited to attend. Admission is free, but an RSVP is requested. Visit <http://www.aiportfolioshow.com/Phoenix/>.

### ‘Cheaters’

**Through June 16**  
**Phoenix Center for the Arts**  
**1202 N. 3rd St.**  
**602-254-3100**

Pieces fall uproariously out of place when a young couple decides it’s time to settle down and “meet the parents.” Suddenly, it’s every man for himself in this wild, rollicking look at love and romance. Presented by the Carefree Theatre Company. Bring a non-perishable food item to donate to St. Mary’s Food Bank. Tickets are \$21 seniors and students, and \$26 general admission. Visit [www.carefreetheatreco.com](http://www.carefreetheatreco.com).

### ‘Bloody Bloody Andrew Jackson’

**June 6-23**  
**Phoenix Theatre**  
**100 E. McDowell Road**  
**602-254-2151**

The story of America’s first political maverick. A.J. kicked British butt, shafted the Indians and smacked down the Spaniards all in the name of these United States—who cares if he didn’t have permission? An exhilarating and white-knuckled look at one of our nation’s founding rock stars, the play recreates and reinvents the life of “Old Hickory,” from the humble beginnings on the Tennessee frontier to his days as Commander-in-Chief. For mature audiences only. Tickets are \$25-\$70 plus fees. Visit [www.phoenixtheatre.com](http://www.phoenixtheatre.com).

### ‘Klown!’

**6 p.m. June 7 & 21**  
**R. Pela Contemporary Art**  
**335 W. McDowell Road**  
**602-320-8445**

Paintings, sculptures, photography, and performance art that depicts clowns—abstractly, lovingly, and with great disdain—by artists both local and national. Jeff Falk, Christy Puetz, Diane Sanborn, Brad Cooper, Valerie Hunt, and Michael Thomas Ford are

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## ARTS &amp; ENTERTAINMENT

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**'Expectations'**

**6-10 p.m. Friday, June 7**

**6th Avenue Gallery**

**650 N. 6th Ave.**

Maricopa Integrated Health System organized this art show featuring baby bumps transformed into works of art. "Expectations" is a collaborative effort representing more than a dozen pregnant women, the artists who transform their baby bumps and the photographers who capture the work in progress. Proceeds from the sale of photography will benefit low-income women and children served by Maricopa Medical Center's Labor and Delivery Department.

**Kick-A Dance Showcase**

**Scorpius Dance Theatre**

**June 13-15**

**Phoenix Little Theatre**

**100 E. McDowell Road**

**602-254-2151**

To promote amazing dance makers, Scorpius Director Lisa Starry is searching the state to find the best talent for the show. Kick-A will feature the work of more than 20 pre-professional and professional artists, plus several new pieces by Starry. Show times are 7 p.m. Thurs.-Sat., as well as 9 p.m. on Friday and Saturday. Tickets are \$25 (plus surcharge). Visit [www.phoenixtheatre.com](http://www.phoenixtheatre.com).

**'Shrek the Musical'**

**Valley Youth Theatre**

**June 14-30**

**Herberger Theater,**

**222 E. Monroe**

**602-254-7399**

In a far-away kingdom, an ogre named Shrek is joined by a talkative donkey and more than a dozen fairy tale misfits to help rescue a feisty princess from a vertically-challenged ruler with a "short" temper. Tickets are \$16.50-\$34.50, plus fees. Visit [www.herbergertheater.org](http://www.herbergertheater.org).

**'The Land Was Theirs: Jewish Farmers in the Garden State'**

**7 p.m. Tuesday, June 18**

**Cutler-Plotkin Jewish Heritage Center**

**122 E. Culver St.**

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A free documentary film screening. Between 1880 and the World War II, tens of thousands of Jews set up farms

in southern and central New Jersey. These adventurous people, most of whom were recent immigrants, also established cooperatives and unions to help one another. They lived in tight-knit communities based on ethnic identity and often ideology. The film focuses on one such community in Farmingdale, N.J. Seating is limited. RSVP to [azjhs@aol.com](mailto:azjhs@aol.com). People of all faiths welcome.

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## FOOD FOR THOUGHT



Tyrone Green, head chef and manager of Michael's Café, whips up some fried cabbage and barbecue beef brisket. The supper club features soul food, live music and a number of specials each day (photo by Patty Talahongva).

## Café Chat

### Supper club offers jazz, soul food

By Patty Talahongva

It just might be the best-kept secret supper club in the area, but Michael's Café at 5025 N. 7th Ave. is steadily building its reputation and a loyal customer base. It opened more than two years ago, a venture between Michael Carr and Ricky Barnes, both of whom retired from the Air Force.

The supper club is tucked away behind American Dry Cleaners, just north of Camelback Road; there is plenty of parking in the back. Tyrone Green is the head chef and manager. He brings more than 10 years of catering experience to this kitchen.

Green says Michael's is geared toward the 35 and older crowd who want to have dinner and dance in a classy place. That means there's a dress code for men. No tennis shoes, no baseball caps, and no athletic wear. It also means no kids. This is a place for the grownups to enjoy a night on the town.

Green likens it to the dinner club Ricky Ricardo's character worked at in the TV sitcom "I Love Lucy." For longtime Valley dwellers, think Jockey Club or even back in the day, the Playboy Club.

On this supper club's menu is soul food with \$14.50 entrees that include two sides. Barbecue brisket, southern

fried chicken and Cajun catfish are just a few of the choices with such side dishes as jambalaya, dirty rice, fried cabbage and yams.

"The average bill for a couple is between \$65 and \$75," says Green, "and that includes the cover and drinks." Or you can order one of the starter items like catfish nuggets and make it a Cafe Special—with fries and a soft drink—for \$9.85. He says it's important that customers know they are getting their money's worth when they dine and dance at Michael's Cafe.

And diners will definitely want to throw down some dough for the peach cobbler or the sweet potato pie for dessert. The portions are generous and each costs \$3.50.

Green says the location is ideal because of the light rail and the vibrant local business vibe. "Midtown is the way to go. We're in the district with the art walk," he explains, referring to the adjacent Melrose District. On First Fridays (and Saturdays) Michael's have a special menu and puts up a VIP tent with vendors selling everything from cologne to clothes.

Michael's Café is open daily for dinner, except Tuesday. Monday is karaoke night from 7:30 to 11 p.m. Wednesday is jazz night with shrimp scampi and steak specials.

Thursdays are Ladies Nights and they pull out all the stops. "Every lady who comes through the door gets a fresh



FOOD FOR THOUGHT

rose,” says Green. They also get a free buffet, a chocolate fountain, and more pampering in the form of \$5 manicures and massages for \$1 a minute. Hennessy is also on special for \$5. For the gentlemen there’s a \$5 cover. A cigar company sells cigars on site and a live band plays until 10 p.m. and then the DJ takes over until closing.

Saturday is R & B classics for the first part of the evening and then DJ Willie B spins the tunes until close. Guests can purchase a VIP lounge area for \$250 and that includes a bottle of their choice such as Grey Goose, Hennessy or Patron.

Sunday night is a little more casual and men can wear tennis shoes but no caps or athletic wear. This night features Chicago-style stepping. If you’re not familiar with that particular dance step you can learn from the crowd.

There are \$4 well drinks all day, every day.

“We want this to be a place where people can let their hair down,” says Green. He wants every person who comes to Michael’s to have a good time, and a good meal.

This month, the owners are featuring a Queen of AZ contest. It’s open to any single woman 33 and older. Contestants must fill out a survey on the website and submit a photo for online voting ([www.michaelscafeaz.com](http://www.michaelscafeaz.com)). The winner will receive a free dinner the night of the event, free admission for a year, a free website, business consultation, and personal relationship coaching. The winner will be announced on June 15 from 6 to 7 p.m.

Michael’s opens at 4 p.m. on Fridays and Sundays and at 6 p.m. the other days. Closing hours vary. For reservations call 602-248-2233.

Dining Briefs

Little Cleo’s now open at The Yard

Phoenix’s new fish house and oyster bar, Little Cleo’s, recently opened at The Yard, 5632 N. 7th St., which also is home to Culinary Dropout. Both are part of the Fox Restaurant Concepts (FRC) group.

Little Cleo’s offers an assortment of affordable, fresh ocean fare (dinner only), and is committed to following the Monterey Bay Aquarium Seafood Program, ensuring every catch served is fished or farmed in ways that promote healthy ocean eco-systems.

The menu includes small plates such as warm jars of truffle butter-poached king crab served with garlic bread. Classic items include sweet corn hush puppies, peel and eat shrimp and coastal New England clam chowder. Main dishes include a seasoned Loup de Mer with artichokes and lemon, and an undeniable “bouillabaisse” seafood stew complete with tomato, fennel and saffron.

Further distinguishing Little Cleo’s is the main attraction—the oysters—an ever-changing mix of West Coast delights. Seven to eight varieties of oysters will be available daily, displayed upon the stainless steel raw bar for all to see.

Little Cleo’s is open from 5 to 10 p.m. Monday through Saturday. No reservations are accepted. For more information visit [www.littlecleos.com](http://www.littlecleos.com).

Texaz Grill expands popular brunch hours

Due to popular demand, Texaz Grill is now opening at 10 a.m. for Sunday Brunch. So slip on your best Sunday boots and get ready to enjoy a

*please see TEXAZ on page 40*

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## FOOD FOR THOUGHT

**TEXAZ continued from page 39**

heartly menu of Texas-style comfort classics, including buttermilk biscuits smothered in sausage gravy, grilled pork chop & eggs, and Eggs Bubba—two sunny side up eggs served atop biscuits and chicken fried steak, topped with cream gravy.

Texaz's brunch menu also tempts with Chicken Fried Goodness, a choice of tenderized beef steak, boneless chicken breast or boneless pork loin chop, double dipped, fried, and covered with cream gravy—all served with mashed potatoes and gravy, corn and a buttermilk biscuit. Wash it all down with specially priced cocktails.

Texaz Grill is located at 6003 N. 16th St. For more information, call 602-248-7827 or visit [www.texazgrill.com](http://www.texazgrill.com).

### Postino Arcadia adds new brunch

Hot on the heels of a stylish remodel, Postino Arcadia is rolling out a new weekend brunch menu. Offered every Saturday and Sunday from 9 a.m. to 1 p.m., Postino's brunch tempts with simple-yet-savory farmhouse fare.

Choose from country toast with Italian ham, dijonaise and gruyere with sunny-side up eggs, or ciabatta French toast with house-made berry preserves, almonds and vanilla crème fraiche. There also are specially priced beverages,

including \$5 mimosas, bellinis and pitchers of beer, \$3 cucumber-honey lemonade and French press coffee.

Housed inside the 1950s-era Arcadia Post Office, Postino Arcadia is located at 3939 E. Campbell Ave. For more information, call 602-852-3939 or visit [www.postinowinecafe.com](http://www.postinowinecafe.com).

### Southern Rail eatery comes to The Newton

This fall, the group behind Beckett's Table will open its second restaurant at The Newton, formerly the home of Beef Eater's at 5th Avenue and Camelback Road.

Inspired by the Transcontinental Railroad's historical influence on the

United States, Southern Rail will feature items inspired by flavors of the American South.

From the "low-country" cooking of the coastal Carolinas to the famous Cajun and Creole fare of New Orleans, and the slow-smoke barbecue of south Texas, the menu will feature southern classics redefined by Beckett's creative signature style.

The beverage menu will feature an All-American wine list, local beers and handcrafted cocktails featuring boutique spirits. Southern Rail will open for lunch, dinner, Social Hour and weekend brunch this fall.

For more information, visit [SouthernRailAZ.com](http://SouthernRailAZ.com).

**For local restaurant listings, visit our Dining Guide at [www.northcentralnews.net](http://www.northcentralnews.net)**

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