



north central news

the voice of the north central phoenix community

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Redevelopment area to benefit businesses

By Teri Carnicelli

It was the possibility of a medical marijuana facility coming into their largely business and industrial area that spurred the creation of the North Mountain Business Alliance (NMBA) by concerned business owners.

Now, less than two years later, the area bordered by the I-17 freeway, 19th Avenue, Mountain View Road and Cholla Avenue has been designated as a redevelopment area by the city of Phoenix.

Founded at the end of 2011, the NMBA is a business organization created to improve the business corridor. NMBA works to protect, improve and provide education for the more than 600 businesses in the area.

The Phoenix City Council unanimously approved the North Mountain Redevelopment Area at its Feb. 20 meeting. On March 28, NMBA held a community meeting where Mayor Greg Stanton, Vice Mayor Bill Gates and several staff members of city departments were present to answer questions relating to the new redevelopment area, and what it means for those local businesses.

“This redevelopment area is not just lines on a map and concepts on a paper; it’s time, resources and action by the city,” said Stanton. “The old way of doing business in the city has gone out the door.”

please see REDEVELOPMENT on page 4



Phoenix residents Job Ladd, left, and Ted Lewis, who owns Lewis Interiors in the Melrose District, thwarted an armed robbery at Melrose Pharmacy on March 25. The men disarmed the suspect and kept their guns pointed at him until police arrived on the scene (photo by Patty Talahongva).

Local heros nab armed robbery suspect

By Patty Talahongva

It wasn’t quite high noon on March 25, as Ted Lewis was sitting by his sewing machine while his friend, Job Ladd, sat nearby using Lewis’s computer to file his taxes. Suddenly, a woman burst into Lewis Interiors at 4320 N. 7th Ave., frantic and afraid as she tried to close the doors behind her.

“She was screaming there was somebody with a gun,” recalls Lewis, the owner of the vintage interior design store in the trendy Melrose District.

The woman had been inside the nearby Melrose Pharmacy and escaped when a man pulled a gun out and demanded Percocet, a prescription narcotic painkiller. The owner of the store, Teresa Stickler, had been outside helping a customer when they both walked into the store as the scene unfolded. She had noticed the man earlier when he first came in but then he left. And when she saw and heard what was happening she pushed her customer back outside and ran next door to her husband, Kurt, who has an art studio space there.

“I told him to call 911,” she says, and then Stickler realized she had the keys to the safe where the drugs are kept. Incredibly, she went back into her pharmacy.

“The guy saw me and I said, ‘I have the keys.’ He

told me to hurry up.” Stickler says the suspect kept his gun on her technician as she stuffed drugs into the bag the armed robber had handed her.

Meanwhile, Lewis grabbed his gun and gave his brother’s gun to Ladd. They didn’t hesitate. Lewis is former military and Ladd’s father was a police officer for 25 years. Ladd says they didn’t quite run but they headed out the back door, through the parking lot and crossed the street to the pharmacy. Just as they approached the door the suspect came out. Lewis came face to face with the man. His friend describes that tense moment: “Ted yelled, ‘Get down, drop it,’ and he went up and kicked the gun out of the way.”

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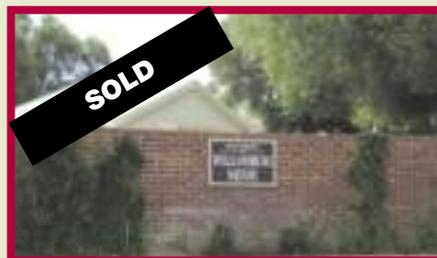
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Phoenix launches gun buy-back in May

In his State of the City Address in February, Phoenix Mayor Greg Stanton announced the launch of a gun buy-back program that will provide residents an opportunity to voluntarily turn in unwanted firearms in exchange for gift cards.

In partnership with Stanton, the Phoenix Police Department, Arizonans for Gun Safety, and faith-based organizations, the gun buy-back effort will provide three centralized locations in May where firearms can be turned in anonymously, no questions asked. In North Central, the buy-back will take place 10 a.m.-2 p.m. Saturdays, May 4, 11 and 18 at the Sunnyslope Mennonite Church, 9835 N. 7th St.

Offered will be a \$100 gift card for handguns, shotguns and rifles, and a \$200 gift card for assault weapons. Additional gift cards will be provided in exchange for “high capacity” magazines but they must accompany the weapon.

All weapons will be checked for lost or stolen status, and if applicable will be returned to their rightful owners. All other firearms will be prepared for destruction. Weapons that appear to have historical value will be evaluated prior to any decision on destruction following all state laws.

Also at the buy-back event, gunlocks will be given out free of charge along

with information on safety tips—all designed to prevent firearm tragedies.

“I respect the Second Amendment,” Stanton said, adding, “This buyback will take steps to make Phoenix safer without curtailing the rights of responsible gun owners.”

Stanton recalled when Phoenix Police Chief Daniel Garcia told him that, “Every unwanted gun we take off the street is one less gun out there to harm our officers or hurt our residents.”

The program is being paid for by private donations and financially coordinated through Arizonans for Gun Safety. For more information, contact Arizonans for Gun Safety at 602-547-0976.

Globetrotters host clinic for kids

The Harlem Globetrotters will bring their renowned Summer Skills Clinics to 24 Hour Fitness Metro Parkway Sport, 10046 N. Metro Parkway, from June 3-5.

Clinic sessions for boys and girls ages 6 to 12 will run from 9 to 11 a.m., 12:30-2:30 p.m., and 3:30-5:30 p.m. Members of the Globetrotters will be on-court for each two-hour session—coaching, motivating, inspiring and entertaining participating kids.

Registration is \$59 per session. For more details and to register, visit www.harlemglobetrotters.com/clinics.

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Visit our website at www.northcentralnews.net to enter for your chance to win this month's prize:

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The winner will be announced in our June issue.

Congratulations to our April Reader Rewards Drawing winner: \$100 Toward Any Summer FlexiSession from Flip Dunk Sports:

Lauren Hubert

One name will be drawn from all submissions for the contest and awarded the prize indicated. Winner will be notified by phone or email by a representative of North Central News. Winner agrees to have their name and likeness published in the North Central News. All prizes are final - no substitutions allowed; prizes have no cash value. Visit www.northcentralnews.net for contest rules and additional details.

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Phoenix Vice Mayor Bill Gates, right, who represents District 3, chats with Frank Dambrowski of Copperstate Cabinet Co. (far left) and Paul Berkner of Marcus & Millichap Real Estate Investment Services, during the North Mountain Business Alliance meeting on March 28 (photo by Teri Carnicelli).

REDEVELOPMENT continued from page 1

We're learning lessons on how we can be smarter in doing business, and in a more efficient way. You have to be innovative in an economic downturn."

Being designated as a redevelopment area means that businesses inside the NMBA boundaries have access to greater resources, such as loans, federal block grants, more intensive blight and graffiti abatement, sidewalk improvements, and other resources that aren't available to other city businesses.

The next step is for the NMBA members to come up with a plan that sets goals for the area, with a vision of what they'd like to see it become in the next few years. By putting their plans to paper and filing them with the city, future businesses that want to open in the area that aren't compatible with the NMBA vision will face an uphill battle, both with the group and with the city Planning Department.

"If this is successful, the NMBA area is going to have a brand," Stanton said. "It will say, we're a community; we support each other. That helps with federal funding, and with new business recruitment."

NMBA has been active long before the redevelopment area was approved. The organization co-sponsors monthly business workshops, received approval from the city for 31 street toppers marking the area as the North Mountain Business Alliance corridor, hosted a successful holiday food drive for the Desert Mission Food Bank, and

recently launched its own website: www.nmballiance.org.

In addition, NMBA now participates in the city's Adopt-A-Street program, tackling both sides of 19th Avenue from Peoria to Dunlap avenues. NMBA had its first clean-up day on March 30 with the help of many of its members, the Sunnyslope High School Key Club and Principal Steve Ducey.

"You have done so much already, you have truly made this (redevelopment area) possible," said Gates. "I'm excited to see what it can become in the future, and this process is part of that."

The next meeting of the North Mountain Business Alliance is scheduled for 11:30 a.m. Thursday, June 6, at the SSC Boring Building, 1951 W. North Lane. Topics to be discussed include a Metro light rail update and tapping into the Local First Arizona movement. For more information, e-mail Marcia@sscoring.com or call 602-997-6164.

Register now for Vacation Bible School

Looking for a fun, wholesome day camp for your kids this summer? Living Streams Church, 7000 N Central Ave., hosts its Sunwest Roundup June 24-28, a week of wild west fun and learning the positive message of Jesus' love. Registration opens May 19.

Get more information and register online at LivingStreams.org/Events. Registration price goes up June 10.

COMMUNITY



Freshening up the paint on a gun barrel from the USS Arizona are, from left, Troop 340 Boy Scouts: Ben Owens (team leader), Tommy Maschue, Quinn Pitcher, Brent Harding and George Kirkland (submitted photo).

Scouts paint historic gun barrels for project

Two local Boy Scouts have joined the effort to restore historic gun barrels from the USS Arizona and USS Missouri.

Ben Owens, 15, and his brother Hal Owens, 13, dedicated themselves to earning their Eagle Scout designation after learning their grandfather earned his Eagle Scout award in the 1940s. As part of their Eagle projects, each young man organized materials, directed and oversaw the work of their team.

Each scout invited friends, family and fellow scouts from Troop 340 to participate in the painting event, held April 6-7 at Precision Components Incorporated, where the guns are being temporarily stored. Home Depot of Cave Creek and Dunn-Edwards Paints generously donated the materials for the project, including primer, paint and the equipment required to restore the barrels. The 161st Air Refueling Wing of the Arizona Air National Guard removed the old paint and rust the week prior to the project.

Ben and his group worked on the USS Arizona barrel and Hal and his team managed the work on the USS Missouri gun. Troop 340 is part of St. Thomas the Apostle Catholic Church and has nearly 20 active members who range in age from 10 to 18 years old. The troop is led by Scoutmaster Ralph McCloskey.

According to the National Eagle Scouting Association, the Eagle Scout Award is scouting's highest rank and among its most familiar icons. Those who have earned it count it among their most treasured possessions.

"During an Eagle Project, the scout does the project plan," Troop Leader McCloskey explains. "Adults critically review, but avoid solving any problems. The scout learns project planning, leadership and interfacing with other organizations. Normally the process is not smooth, but it is life experience."

The brothers likely will go through their Eagle Board Review in June and receive their Eagle Scout Awards later that month.

"We're honored that Ben and Hal Owens have led the effort to get these barrels ready for installation," said Secretary of State Ken Bennett. "Eagle Scouts serve as positive examples of trustworthiness, courage and loyalty within their community and it appears that Ben and Hal are already exemplifying those ideals."

Bennett has spearheaded a project to build a World War II Memorial, to be installed near the state capitol in Phoenix, which includes the barrels from the USS Arizona and USS Missouri. The barrels will be displayed as a part of a complete exhibit representing the beginning and end of the war.

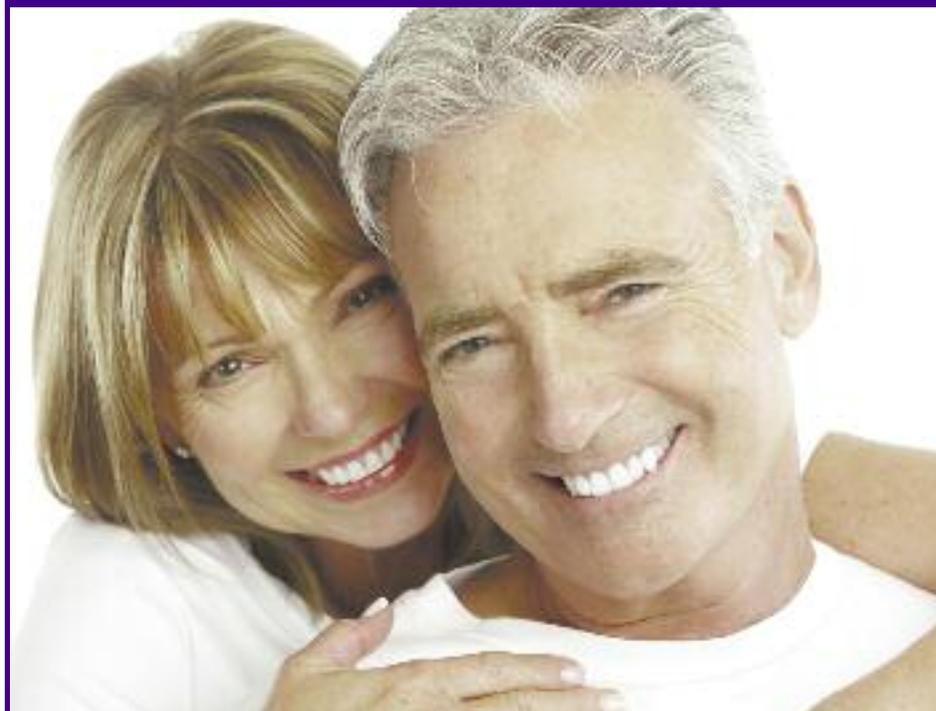
Preschool holds open house

The Unitarian Universalist Early Education Cooperative (UUEEC) will hold a Preschool Open House 9:30-11:30 a.m. Monday, May 6, at the school, 4027 E. Lincoln Drive.

UUEEC is a child-centered, play-based preschool for children ages 2-5 years old. The experienced educators create learning environments that celebrate each unique developmental stage.

For more information, call 602-840-8400, ext. 233 or visit www.uueec.org.

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Man of the (cocktail) hour

Phoenix Mayor Greg Stanton helps celebrate the official Grand Opening of the North Mountain Brewing Company in Sunnyslope by passing out free glasses of beer to visitors, who were able to tour the back room where the brewing takes place. The brewpub opened its doors at 522 E. Dunlap Ave. in early March, but the official grand opening took place on April 5. Mayor Stanton and Vice Mayor Bill Gates gave their official blessing—and a couple of quick stirs of the grain mash—to the city's first-ever "Nonpartisan Lager," which will be ready for public consumption beginning May 16 (photo by Teri Carnicelli).

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Help the homeless, elderly this summer

Scorching temperatures are a health hazard to the Valley's homeless and elderly shut-ins, and one nonprofit organization is mobilizing to prevent heat-related deaths and illnesses among this vulnerable, growing population.

Phoenix Rescue Mission is partnering with several municipalities and businesses to launch its new "Code Red: Summer Heat Relief Campaign" on May 1. While the Mission has conducted annual summer water drives for several years, "Code Red" elevates the urgency of the call to action with a public plea for water, white socks, toiletries, cool snack packs, hats, light-colored T-shirts, sunglasses, sunscreen, lip balm, chilly neck coolers and more.

Volunteers are needed to help with distribution efforts and other tasks. Monetary donations are also requested, particularly in May when the Mission qualifies for a matching grant made possible by several friends of the Phoenix Rescue Mission that ends May 31.

Public drop-off sites for water, socks, sunscreen, hats, toiletries and other heat relief items are located

throughout the Valley, including at any Starbucks location. For a complete list of items needed and drop-off locations, visit www.phoenixrescuemission.org or call 602-346-3342.

Free mystery authors' program

Phoenix Public Library and The Poisoned Pen Bookstore present "Get Cozy II" from 10 to 11:30 a.m. Saturday, May 4 at Burton Barr Central Library, located at 1221 N. Central Ave.

Authors scheduled to participate in this free program include Juliet Blackwell, Deborah Coonts, Ashley Gardner, Carolyn Haines, Beth Kendrick, Victoria Laurie, Jenn McKinlay, Jenny Milchman, Frederick Ramsay and Michael Robertson.

Books will be available for purchase at the event. Authors will sign books following the panel.

The program will be followed by a half-day conference on mysteries provided by The Poisoned Pen Bookstore. The fee for the conference is \$40, including a box lunch. To register for the conference, visit www.poisonedpen.com or call 480-947-2974.



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COMMUNITY

Local doctors give aid, hope to community

By Teri Carnicelli

Have you heard the joke about the guy who sees his doctor so many times a year, the doctor and his family always send him a postcard from their annual vacation—that the patient paid for.

In truth, there's nothing funny about the medical industry, especially if you are a lower-income person who is underinsured or not insured at all. You wonder at times who will be there to help you when you really need the medical care?

Here in the Valley, sometimes that answer is: the doctor.

Dunn Orthodontics

Dunn Orthodontics' commitment to the greater Phoenix community extends beyond creating beautiful smiles. Six local charities will benefit from \$18,000 annually as part of Dunn Orthodontics' new charitable organization called Our HOPE Phoenix. How that \$18,000 is distributed depends on the votes of the public.

Through May 30, the first three

charities will be featured on the website: www.ourhopephoenix.org. During that time period, people are encouraged to visit the website, learn about the three featured charities and then vote for their favorite. At the end of the voting period, the charity with the most votes will receive \$5,000, second place will receive \$3,000 and third place will receive \$1,000. Aug. 1 through Nov. 30 will feature three new charities and voting will start over.

"We feel so lucky to live and work in the Phoenix area and wanted to do something that was going to make a significant positive impact in the community," said Dr. Courtney Dunn, partner at Dunn Orthodontics. "With Our HOPE Phoenix, we think we can make a real difference."

"Not only do these charities receive the money, but thousands of people will learn about the good work these charities are doing," added Dr. Matthew Dunn, Courtney's husband and business partner. "Hopefully, some of these people will be inspired to either donate directly to that charity or volunteer their time."



Courtney and Matthew Dunn, husband-and-wife partners at Dunn Orthodontics, have created a new charitable organization called Our HOPE Phoenix that will distribute \$18,000 to six voter-suggested charities annually (photo courtesy of Dunn Orthodontics).

Dunn Orthodontics is located 1515 E. Bethany Home Road, #130. For more information, call 602-864-0004.

Helping infants see

Retinoblastoma is an eye cancer that forms in the cells of the retina. A

very simple procedure that takes less than one minute can detect this cancer. And it's free.

The InfantSEE program was created as a resource to increase early detection by providing no-cost comprehensive eye and vision assessments to infants between 6 and 12 months of age. Exams are available for any infant regardless of their family's income, insurance coverage or a family's number of eligible children. The child also can be a first-time patient of the doctor's office. Again, there is no office co-pay or visit fee; the exam is totally free.

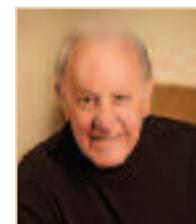
According to the Retinoblastoma Center of Houston, more than 300 children in the United States are diagnosed each year. This malignant cancer can occur in both eyes and affects infants and young children. Although retinoblastoma can be fatal in children, most parents are not even aware of its existence.

No age is immune to eye diseases, and just because a child is young doesn't mean they won't develop a vision problem. Although an infant can't verbally communicate during an exam, there are several tests conducted by an

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InfantSEE provider, which can be used to detect nearsightedness, farsightedness, astigmatism and tumors. The earlier a vision problem is detected, the better chance there is to correct or delay vision problems.

Local doctors who provide the InfantSEE screening include:

- Dr. Dawn Heffelfinger and Dr. Robert Jack Maynard Sr., 114 W. Camelback Road, 602-467-3718

- Drs. Marc Bloomenstein, Robert Pinkert and Brian Stephens, 4800 N. 22nd St., 602-708-7271

- Dr. Andrew James Frank III and Dr. Stephanie Mastores, 5727 N. 7th St., Ste. 105, 602-265-8597

- Dr. Stacey Meier, 1702 E. Highland Ave., Ste. 213, 602-279-0055

To learn more about retinoblastoma, its symptoms and suspected causes, visit www.rbhouston.org.

Medical marijuana dispensary moves on

By Teri Carnicelli

The three partners with Urban Greenhouse Dispensary have decided not to appeal the decision of a city of Phoenix zoning administrator to deny their request for a use permit and variances to locate their new business at a strip mall at 24 W. Camelback Road. The zoning hearing was held on March 28 and more than a half-dozen people turned out to protest the proposed business, including former State Rep. Barry Wong, who lives just behind the strip center in the Medlock Place neighborhood.

Wong said the neighborhood had been undergoing a sort of “renaissance” in the last several years, with new restaurants, people re-investing in their homes, and other attractive new businesses that enhance a neighborhood. “This type of business will be a detriment to the neighborhood,” he emphasized.

Others spoke in concern regarding the high student population in the area, with Central High, Brophy College Prep and Xavier College Prep a short distance down Central Avenue. Many students ride the Metro light rail—with a station almost directly across from the proposed dispensary site—and other walk north along Central to their neighborhoods. There was a fear that students would interact with medical marijuana users.

In the end, Zoning Administrator Teresa Hillner did not believe the use

permit and variance requests met the requirements set forth by city zoning ordinance. According to Hillner’s official findings, “While studies provided by the applicant states that increased crime is not associated with the medical marijuana dispensary, this land use requires some spacing from residential zoning districts to ensure any potential negative impacts are not close to residential zoning.”

Regarding the proposed dispensary’s close proximity to schools, Hillner stated that, “The proposed facility will have negative impacts on the surrounding school location. There are several schools within the area that meet the spacing requirement but students from which travel in the neighborhood.”

Adam Baugh with Withey Morris PLC, the attorney for Urban Greenhouse Dispensary and the property owner, said that the partners had easily looked at more than a dozen sites previous to the 24 W. Camelback location, but finding one that meets all the state requirements, city zoning requirements, with available property and a landlord willing to lease to this type of business had proven more than challenging.

However, Hillner pointed out that, “There are other locations within this designated Community Health Analysis Areas (CHAAs) for dispensary allocations. The applicant searched for this site knowing the residential zoning was nearby. Central Avenue and Camelback Road is the intersection with four historic residential neighborhoods.

“There is no special circumstance which was not created by the applicant.”

Sinema staffers help navigate agencies

U.S. Rep. Kyrsten Sinema’s office will hold mobile office hours at the Cowden Center, 9202 N. 2nd Ave., from 11 a.m. to 2 p.m. on Thursday, May 9. No appointment is necessary.

Casework staff in Rep. Sinema’s office will be available to help Congregational District 9 constituents with matters related to: Social Security & Medicare, small business concerns, student loans, Military & Veterans Affairs, passport inquiries, Internal Revenue Service, federal worker injury compensation, citizenship and immigration, disability services, Service Academy nominations, and more.



Man’s best friend

Contrary to popular belief, man’s best friend is not his significant other, it clearly is his dog, or in my case, DOGS. I have a weimeraner (Jakki), a shar-pei (Shay) and a boxer (Layla). Since my kids are somewhat gone (they never are completely



gone), my dogs have been the replacement for the kids being gone.

Yes, I am still married to Mary Ann for 26 years now but the dogs love me 24 hours a day as opposed to my wife, who only

loves me for maybe a couple of hours a day. Jakki and Shay are 11 and 9 years old so they are a vet’s dream and require special diets and enough pills per day to choke a horse or even their owner. Layla hikes with us and keeps the other dogs young. She was a rescued boxer and has a lot of energy. I really want to thank my vet, North Central resident Dr. BJ Umstead, who owns Glenn Animal Care Hospital. She is amazing and when you go to her clinic, you get her and not a resident assistant. She has saved the dogs twice from doggy heaven and she is the best.

My dogs love swallowing 20 to 30 pills at a time, which probably should get me thrown in jail. You can reach Glenn Animal Care Hospital at 623-937-4004.

The inventory for homes continues to drop, which creates quite a demand for new listings. In 2013, we have listed 35 homes, closed on 39 homes and have 13 in escrow. We have the buyers if you are thinking of selling your home. The demand for North Central has reached a feverish pitch for homes priced anywhere from \$100,000 to \$2,000,000. I look forward to meeting with you to discuss your homebuying/selling needs.

Our HomeSmart office at Central and Missouri continues to dominate the Cen-

tral area. We now have 137 agents who specialize in the corridor and that is why two out of every three signs in North Central are HomeSmart Realty signs. When you see HomeSmart Elite on the sign, that means the agents in that group have an average of 12 years experience in selling homes. I started that group two years ago and we now have 250 agents in our group. We have our own Facebook page to market our homes and we have the latest in technology.

You need to give us a try if you want your home sold or if you need to find a home, even before it is listed! This is a very small community and a lot of times if you tell us what you are looking for we can let you know before the world knows and hopefully it can become your dream home. It can be very frustrating to search for homes and what you want is sold before you hear about it. There certainly is a reason why HomeSmart sells more homes in the North Central area. Last month I had Mayor Greg Stanton and Bill Gray, who is the founder of The Arizona School of Real Estate, at our monthly meeting and next month we have Michael Orr and *The Arizona Republic* columnist, Catherine Reagor speaking to our group. No other company can boast of the knowledgeable speakers that we have sharing their trends for the next five years of the valley’s growth.

I am going to home to feed my dogs with their special diets. They miss me!!

Have a great May.

Bobby Lieb

Bobby Lieb
Associate Broker
HomeSmart Elite Group Manager
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HEROES continued from page 1

They kept their guns pointed at the suspect until police arrived to arrest the man.

Inside the pharmacy Stickler thought police had arrived when Lewis yelled at the suspect as he went out the door. "Drop your weapon, I don't want to shoot you but I will," she says she heard Lewis yell. "It was so professional, I thought they were law enforcement, undercover."

That was the first time she met her business neighbor. "We're associated with them through the Seventh Avenue Merchants Association," explains Lewis. "It's a cool, tight-knit community. So when the customer came in freaking out the first thing we thought was, 'We better go check on the pharmacy.'"

Once the incident was over, Lewis and Ladd's hearts started to race. "I normally sweat doing anything," says Lewis. "But I felt like during the time I was cool as a cucumber. I think we just reacted."

Ladd says they wondered if what just happened, had really happened?

But then reality came back and they resumed their work. Lewis had orders to fill the next day and Ladd still needed to finish his taxes.

"We were so thankful!" says Stickler, who gave each man a reward. "It's good to have good neighbors like that." They both say they appreciate the reward but it's not what they expected. "Your sense of duty is to do something when someone is in danger," says Lewis. "It's not cool to rob small businesses."

The suspect, James E. Johnson, 43, is a transient, according to court documents. He was booked on suspicion of armed robbery with a deadly weapon, and his bail was set at \$75,000. Johnson, along with an unknown accomplice, allegedly robbed two other pharmacies the same day that he attempted to rob Melrose Pharmacy. He first struck J & J Arrowhead Pharmacy in Glendale, before attempting to rob Estrella Pharmacy in far west Phoenix. That robbery was thwarted by an armed store clerk, but Johnson managed to get away. His alleged accomplice is still at large.

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5308 N. 12th Street, Suite 402
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Editor **Teri Carnicelli**
Staff Writer **Patty Talahongva**
Sales and Marketing **Joanne Day**
Office Manager **Kim Gaziano**

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DEADLINE FOR ADVERTISING AND EDITORIAL IS THE 15TH OF THE MONTH PRECEDING PUBLICATION

COMMUNITY

Free admission on 'Museum Day'

International Museum Day, set for Saturday, May 18, aims at raising public awareness about the vital role museums play in their communities.

In honor of International Museum Day, Pueblo Grande Museum will offer free museum admission from 9 a.m. to 4 p.m. This would be a great time to come out and explore an ancient Hohokam site in the heart of Phoenix.

The museum also will celebrate this day by offering free gallery tours and have artifact show-and-tell stations set-up in the galleries where guests can see up close, touch, and ask questions about different artifacts. In addition, there also will be all-you-can-make arts and crafts in the classroom for \$5.

Pueblo Grande Museum and Archaeological Park is located at 4619 E. Washington St. For additional information visit www.pueblogrande.com or call 602-495-0901.

In addition, the Heard Museum, located at 2301 N. Central Ave., offers 2-for-1 admission on May 18, good for groups of two or four people. The museum will be open 9:30 a.m. to 5 p.m.

For more information on International Museum Day and the venues from around the Valley that are participating, visit the Central Arizona Museum Association's website at www.azcama.com.

Head Start programs now enrolling

The city of Phoenix Human Services Department Early Head Start and Head Start programs are recruiting children for the 2013-14 school year.

The Early Head Start program seeks parents with children from birth to 3 years old and pregnant women to participate in this home-based program, which offers comprehensive parenting and education services to families. Weekly home visits are made to families to educate them about child development, quality parent-child interactions and emphasize that parents are their children's first teachers.

Also, pregnant women receive weekly visits and are provided information about prenatal care, oral health, breastfeeding, postpartum depression, mental health, early intervention services, health and nutrition, and other resources.

Families participate in bi-monthly playgroups allowing the children and parents to socialize with other families and work on their children's development skills.

The center-based Head Start program is looking for children 3 or 4 years old. Parents of children with special needs also are encouraged to apply. Head Start offers children from diverse backgrounds active learning activities, nutritious meals and snacks, health screenings, and disabilities and mental health services. Some sites also provide full-day Head Start or childcare services for working families.

In the North Central area, Head Start programs are run through the Washington Elementary School District and include sites at Desert View, Maryland, Mountain View, Orangewood, R.E. Miller, Sunnyslope, and Washington elementary schools.

Families must meet federal income guidelines for family size to be eligible to enroll in these educational programs. For more information, call Early Head Start at 602-495-7050 or Head Start at 602-262-4040 or visit phoenix.gov/headstart.

Faith, finances tackled in program

"Financial Peace University" is the popular Dave Ramsey financial planning course. Ramsey is a nationally known expert in financial planning and is heard regularly on KTAR-92.3 FM.

First United Methodist Church, 5510 N. Central Ave., presents the Financial Peace University 6:30-8 p.m. Mondays, beginning June 3 and running for nine straight weeks. The cost to register is \$95 per kit (couples will share a kit). Registration deadline is Wednesday, May 15.

If you need more information, a free 45-minute Preview Class will take place 10 a.m. Sunday, May 5. The preview will be held in the church chapel.

The Financial Peace University class will cover topics including cash flow planning, dumping debt, super saving, investments, real estate & mortgages, retirement planning, college funding and more. The first hour of each class will be a video of Dave Ramsey offering his faith-based financial principals. The last half will be follow-up discussion, accountability, support, and homework.

For questions or to register, contact Kathie Barnes at 602-248-9099 or kathie@barnesinvest.com.

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Calling all home buyers!



The purchase of a home is the most important financial decision a person makes in their life. It is important for a home buyer to research their lending options before heading out to look at homes.

This saves a buyer time in looking at properties in a payment range they can't afford. You might have noticed I said, "payment range" and not "price range." People live in a house payment not in a house price. This is important to keep in mind as you are qualified for a mortgage. Your lender will qualify you based on your gross income (not net income) vs. your debts. A prospective home buyer should keep in mind you will still have car maintenance, doctor visits and maintenance on the home to deal with after close of escrow.

I asked a few local North Central lenders to weigh in on purchasing a home in today's market. You will also hear from two North Central Realtors why it is important for a buyer to be qualified by a lender prior to looking and writing a contract.

Mike Fassel- VP and Sr. Loan Originator from Homeowners Financial Group says, "With improvements in our market, lenders are slightly more flexible than in recent years in regards to credit. Today's buyers are generally well qualified for a new home purchase. "Interest rates continue to be very attractive for home purchasing and home values are appreciating so there are less transactions falling out of escrow due to low appraisals. After review of income documentation, asset verification for down payment and debts such as car, credit card and student loan payments are configured the lender will issue a prequel letter for the buyer to use when writing an offer.

Jimmy Vercellino, Mortgage Banker from Prime Lending specializes in VA Lending to our Veterans. He speaks to VA lending habits today. "VA home loans are one of the most, if not the most, competitive loans on the market today. With NO down payment required, and rates currently in the 3% range and no monthly mortgage insurance, veterans are taking advantage of this with limited out of pocket expense. Loan limits are available up to \$417,000 with NO down payment and as high as 1.5 million. A veteran can use his or her VA home loan as many times as they would like, regardless of how long ago they served. A veteran can even have more than one VA home loan at a time. A veteran may have questions about their VA entitlement it's important to have them follow up with an expert to help them take advantage of the benefits they have earned and deserved."

Shelly Lane and Ronda Cronin from

HomeSmart Elite Group comment on the importance of buyers getting qualified prior to looking at homes in order to compete with other offers. Here is what they have to say... "We always have our Buyers approved by an experienced lender prior to showing them any homes for several reasons. Managing expectations is a big part of our job so while working with clients we only want to show them homes they are qualified to purchase.

Showing a buyer a home they can't afford can set their expectations higher than their budgets allow and that ultimately leads to disappointment. Secondly and just as important is how the buyer is perceived by a seller. A buyer that has done their homework and provided the needed documentation for the loan application presents themselves as serious and organized buyer. The seller can consider their offer knowing that they have done what is needed to qualify for a loan and the chances for a successful close of escrow is much higher.

In today's market with our historically low inventory and pent-up demand, buyers who need financing need to be able to compete with a cash offers. This can only happen when the buyer takes the necessary steps to apply for a loan well before making an offer. Lastly, the lending industry has changed drastically over the last few years and continues to change. We like working with professional lenders that stay abreast of these changes and keep us and our clients informed."

If you are a home buyer and would like to make contact with anyone in this article for more information please call Lisa Capes at Chicago Title Agency at 602.667.1054.

Lisa Capes

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10:00 am
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Community Central

Faith Forum on Homelessness
8-11 a.m. Friday, May 3
Bethany Bible Church
6060 N. 7th Ave.
602-262-4520

The issue of chronic homelessness will be discussed, as well as the city of Phoenix's response and the role of the faith-based community in addressing the issue. A continental breakfast will be served and free parking is available in the church parking lot. For additional information call or e-mail elvira.hidalgo@phoenix.gov.

Free Comic Book Day
10 a.m.-6 p.m. Saturday, May 4
All About Books and Comics
5060 N. Central Ave.
602-277-0757

The shop will celebrate the 12th Annual National Free Comic Book Day by giving away thousands of free comics and hosting a free Comic Book Day

COMMUNITY

Party. There also will be an autograph session with Animation and DC Comics writer Adam Beechen signing autographs from 11 a.m. to 3 p.m. Discounts will be given on all merchandise with a cash donation or donated item (see www.allaboutcomics.com) to support Sojourner Center, a domestic violence shelter. Free face painting and balloon animals from 12-3 p.m.

Kentucky Derby Benefit Party
1:30-5:30 p.m. Saturday, May 4
Magnum's Cigar Lounge
731 E. Union Hills Drive, Ste. B10

Admission is \$10 at the door, with proceeds benefitting America's Mighty Warriors (AMW), a nonprofit charity that assists America's servicemen and women and their families. The Kentucky Derby and other races will be shown. A special drink menu has been created, including mint juleps (official drink of the Derby). Prizes will be awarded for best female hat, best male hat and best Derby-inspired attire. Buzznbeez Good Food Truck, featured on the Food Network, will sell Southern-inspired soul

food. The event is for those age 21 and older. RSVP appreciated at www.lawyershelpingothers.com.

Floral Arrangements with Judy Taylor
7:30 p.m. Sunday, May 5
Chabad Center
2110 E. Lincoln Drive
602-944-2753

Hosted by the Jewish Women's Circle of Arizona, certified floral artist Judy Taylor of Designing Women of Arizona will teach attendees how to choose and create the perfect arrangement to enhance any occasion, including the upcoming Shavout. Bring your own vase. Cost is \$18 per person, which includes a dairy dessert buffet. RSVP requested to women@chabadaz.com.

CRC Foundation Celebrity Golf Classic
Friday, May 10
Raven Golf Course
3636 E. Baseline Road
602-565-0759

Calais Campbell, defensive lineman for the Arizona Cardinals, hosts. Confirmed golfers include former NFL stars Donovan McNabb, Jake Plummer, and Kordell Stewart, NBA star Cedric Ceballos and many of Campbell's current Arizona Cardinals teammates. Tickets are \$750 each or \$2,550 for a foursome. Sponsorship packages and foursomes are still available and can be purchased by contacting Ian Grutman at ian@engineshopagency.com.

Water Safety Event
9 a.m.-1 p.m. Saturday, May 11
The Hole-In-The-Wall River Ranch, Pointe Hilton Squaw Peak Resort
7677 N. 16th St.

The event is free and open to the public. Kids and parents will be able to enjoy the resort's cascading waterfalls, shimmering pools and a 130-foot waterslide. Local mascots and celebrities will be on hand; ambulances, fire trucks and rescue boats also will also be on display; and food and beverage will be available for purchase. Guests can participate in the first Sharkfest shark race benefiting the Drowning Prevention Coalition of Arizona and drowning prevention education. Purchase a toy shark for \$5 or three sharks for \$10; each hour local television personalities will help race the sharks in the River Ranch pool and the owners of the winning sharks will be able to receive great prizes.

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Wednesday, April 17, 9:00AM
Hampton Inn Surprise
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Phoenix Writers Club

12-2 p.m. Saturday, May 18
Bluewater Grill
1720 E. Camelback Road

Award-winning publicist Wink Blair, owner of public relations firm Wink Inc., will be the featured speaker. The cost is \$15 for members and \$20 for guests. Reservations must be made by May 16. RSVP to Cindi Reiss at writeoncindi@gmail.com with Phoenix Writers Club in the subject line. Members and the public are welcome.

Gun Safety Discussion

6:30 p.m. Tuesday, May 21
Beatitudes Luther Life Center
1616 W. Glendale Ave.
602-510-1544

AAUW (American Association of University Women) will feature Jennifer Longdon, a member of Arizonans for Gun Safety. While driving in a car with her fiancé, Longdon was shot in the spine and her fiancé was killed by an unknown shooter. An optional dinner (\$14) will be served at 5:30 p.m.; the speaker begins at 6:30. RSVP to Mary Beth by May 17 for the dinner.

Mid-Century Modern Discussion

3-4 p.m. Saturday, May 25
Burton Barr Central Library,
Pulliam Auditorium,
1221 N. Central Ave.
602-262-4637

This free presentation highlights Phoenix's development as a city. The lecture will feature Alison King, founding editor of ModernPhoenix.net and associate professor of graphic design at the Art Institute of Phoenix. The lecture will illustrate how explosive Phoenix growth in the postwar era made the Arizona desert a fertile palette for experimentation by some of the nation's greatest modern architects including Frank Lloyd Wright; Al Beadle; Blaine Drake, AIA; Ralph Haver, AIA; Paolo Soleri; and Fred Guirey, FAIA. Admission is free. For more information, visit phoenix.gov/arts.

Blue Star Museum Initiative

May 27-Sept. 2
Heard Museum
2301 N. Central Ave.
www.heard.org

This initiative offers free admission to the Heard for all active-duty

military personnel and their families from Memorial Day, May 27, through Labor Day, Sept. 2. The program is available to any bearer of a Geneva Convention common access card (CAC), a DD Form 1173 ID card, or a DD Form 1173-1 ID card, which includes active-duty military members (Army, Navy, Air Force, Marines, Coast Guard), National Guard and Reserve members, and up to five immediate family members.

Mindful Meditation with Paloma Cain

1-1:45 p.m. Tuesday, May 28
Herberger Theater, Kax Stage
222 E. Monroe St.

Are you always on the go, juggling work, home, family and friends? Always thinking of and planning for tomorrow, next week, next month, next year? Through a combination of dialog and exercises, Paloma Cain will help you explore simple ways to become more present in any moment. The program is free and immediate follows the Lunch Time Theater performance that afternoon.

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COMMUNITY



PET PRIMER

Pets can get skin cancer, too

By Hillary Frank, DVM, Dipl. ABVP (avian)

Here in the Valley of the Sun, it seems that everyone knows at least one person who has been diagnosed with some form of skin cancer. Unfortunately, it is just as common in our pets. Early detection of skin cancer in pets is the key to successful treatment.

Because your loyal companion is covered with hair and protected from the sun, you might not think of skin cancer in your pet. However, skin tumors, which may be cancerous, are the most common tumors found in dogs. Fortunately, when caught early, many cases of pet skin cancer can be treated successfully.

From research on dog cancers, approximately 33 percent of all tumors in dogs directly relate to some form of skin cancer. Dogs between the ages of 6 and 14 are most susceptible, but skin cancer can occur at any age. About three out of 10 of these skin tumors are malignant.

Dogs have up to six times the number of skin tumors as cats, but skin tumors in dogs are more likely to be benign than those in cats. Because some types of pet skin cancer, including melanomas and mast cell tumors, are fatal if untreated, it is important that you have your veterinarian check any suspicious growths.

Over half of skin tumors are benign, especially in dogs, but all skin lumps deserve attention for the possibility of malignancy. Taking a few cells out of these tumors (fine-needle aspiration cytology) can often help determine benign from malignant tumors.

Not all cancers are the same. Depending on the location and biologic behavior there may be several treatment options available. Different cancers may require different forms of treatment. Some patients will only need tumor removal but others may need a combination of treatments.

Most skin cancers appear as a lump on or just below the skin or as a sore that just doesn't heal. Pets with skin cancer often show no obvious symptoms but may experience discomfort or itchiness at the affected area.

Checking your pet for skin changes is quick and easy, and pets rarely put up

any fuss as they love the extra attention. Make the monthly examination fun. Always praise your pet for being tolerant and offer rewards throughout the process. This ensures your pet will be happy to have you look him over. Pets often make full recoveries if the cancerous growths are removed early, so make it a habit of checking over your pet every month. Work slowly around the body, moving the fur and looking at the skin. If you make this a regular routine while brushing, you'll have a good chance of catching the types of skin cancer pets develop in the earliest stages.

There are many other causes of lumps and bumps. The list is rather extensive, so a quick diagnosis may be difficult to make and various diagnostic tests, such as biopsies, may need to be performed. If you notice anything abnormal on your pet's skin, make an appointment with your veterinarian.

Hillary Frank, DVM, Dipl. ABVP (Avian) is the owner of North Central Animal Hospital, P.C., 20 W. Dunlap Ave. She can be reached at 602-395-9773 or find more information on our website www.NorthCentralAnimalHospital.com. The information in "Pet Primer" is provided as general information only. For specific advice on your pet's health, consult your veterinarian.

Thrift store seeks volunteer help

Luv-to-Save Thrift Shop, whose proceeds assist Boxer Luv Rescue, is searching for volunteers in an effort to expand the store's limited business hours.

The shop opened its doors last summer at 1221 E. Northern Ave., and 100 percent of the store's proceeds have been donated to saving the lives of abandoned and abused dogs. Luv-to-Save sells donated clothing, furniture, tools, kitchenware, bedding and more. Volunteers are needed to aid in managing donations, assisting customers, and stocking new donated items.

"This store has enabled us to significantly increase the number of dogs that we rescue," said Trish Spencer, president and founder, Boxer Luv Rescue. "Unfortunately, we are still faced with the heartbreaking decision to turn away many in need—simply because we don't have the resources or funding to take them in. If we can expand our thrift store hours, this will ultimately allow us to raise proceeds and accept a greater number of abandoned dogs in need."

Interested volunteers should contact info@boxerluv.org or call 602-530-5671.

COMMUNITY



Buddy is less than 1 year old but will grow to the size of a small pony, so he needs a big yard and an active owner to play and walk with (submitted photo).

Pet of the Month

A big dog with a big, big heart

Buddy, a 7-month-old Great Dane mix, is 65 pounds of clumsy puppy enthusiasm—and he won't stop growing until he's 2. He isn't graceful in any way, shape, or form and his wagging tail can clear a coffee table in one swift swish. He will need firm leadership and additional training in the "manners department" however he's very loving and relishes physical contact and long walks.

Those interested in adopting Buddy must be ready for his colossal size, which comes with an appetite just as large. Like a Hoover vacuum, he gobbles up treats in seconds flat and will do anything for even the smallest morsel of food including sit and ambitiously shake his giant paw. He is good with other rowdy dogs but may be too boisterous for some dogs and young children; a family meet and greet is required.

Buddy is available now at the Sunnyslope Adoption Center located at 9226 N 13th Ave. His adoption fee is \$160 and includes his neuter surgery and vaccines. For more information call 602-997-7585, ext. 2045 and ask for animal ID number A433513.

Local organizations honor 'foster parent'

In recognition of her commitment and dedication to the organization, AAWL & SPCA has named its new foster center for longtime volunteer and "foster parent" Roberta Pederson of North Central Phoenix. The organization celebrated with a reception on April 11 to honor Pederson.

The Roberta Pederson Foster Center has been converted from the previous cattery building on AAWL & SPCA's campus at 40th and Washington streets, and provides foster



North Central residents Roberta and Jim Pederson and their "pack" of adopted dogs (photo courtesy of AAWL & SPCA).

families with support and training to help them foster puppies and kittens, as well as older animals, until they are ready for adoption.

When AAWL & SPCA recently conducted a \$3 million capital campaign to build its new adoption center, Roberta and her husband, Jim, agreed to chair the campaign. The couple opened their home for fundraisers and continued to show their long-standing and ongoing commitment to the organization.

Roberta has not only donated financially to the organization, she has generously donated her time and has opened her home to an untold number of foster animals over the years. After reaching her (and her husband's) limit of adopting animals—six dogs and seven cats—Roberta continues to help save lives by taking in litters of kittens that need to grow and receive loving care before they are old enough to be adopted.

Since the Arizona Animal Welfare League & SPCA was founded in 1971 by Amanda Blake of TV's "Gunsmoke" fame and a few friends, countless volunteers have helped rescue and find permanent homes for cats and dogs.

A handful of those volunteers, like Roberta, have been instrumental in helping AAWL & SPCA become the leading animal welfare organization in the Valley, which this year will find homes for 5,000 animals, and offer unparalleled foster and education programs, low-cost public veterinary services and volunteer opportunities.

To find out more about fostering pets, go to www.aawl.org, and click on Volunteer/Foster.

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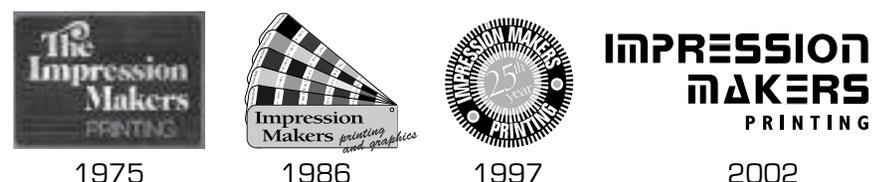
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Night golf returns to Palo Verde

The Phoenix Parks and Recreation Department is offering golfers a unique way to escape the daytime heat this spring and summer with night golf at the city's Palo Verde 9-hole course, 6215 N. 15th Ave.

The "Night Flight Golf" course will be lined with glow lights and players will receive a glow necklace and glow ball. Each foursome will receive a flashlight to wave up the next foursome. For safety reasons no golf carts will be used; golfers will walk or pull a cart.

The schedule of Night Flight Golf includes 7 p.m. Saturday, May 25; 7:30 p.m. Friday, June 21; 7 p.m. Saturday, July 27; 7 p.m. Saturday, Aug. 24; 6:30 p.m. Friday, Sept. 20; and 5:30 p.m. Saturday, Oct. 26, for the Haunted Halloween Night Golf event.

Night golf costs \$100/foursome. Each event will be run in a tournament format as a four-person scramble and include prizes and a goodie bag for each player. Pre-registration is required by calling 602-249-9930 or by visiting the Palo Verde Golf Course.

tion Bailey Williams, 1410 N. 3rd St., Phoenix, Ariz., 85004. For more information, e-mail spreadyourwingsproject@aol.com.

Local woman leads study trip to Mexico

With an internationally recognized culture, Mexico remains one of the strongest and most enticing tourist destinations for Americans. Just ask North Central resident Virginia Foster, Ph.D., who is leading the 26th-annual "Learn, Live and Love" Spanish Study Program in Cuernavaca, Mexico next month.

Foster is a professor emeritus at Phoenix College and has had a love affair with our neighbors to the south for decades. She is resident director of the Spanish Study Program, which will take place June 14-29. The program is open to all students and members of the Phoenix Metro community.

Students study at the Universidad Internacional Center of Multicultural Studies, where they are totally immersed in the study of Spanish language and culture. Students are not only taught by Mexican university professors, they also live with Mexican families.

"Living with a Mexican family is the ideal way to learn Spanish in the shortest time possible," points out Foster, who is a visiting professor at the Universidad Internacional Center.

Classes are held daily from 8 a.m. to 4 p.m., and students study intensive Spanish conversation three hours a day in small classes with five students and one professor. The rest of their program includes classes on Latin America and workshops on different subjects like music, art, dance, literature and history.

Cost of the trip, which includes registration, room, board and tuition ranges from \$765 to \$860 per person. Not included are transportation, books, and spending money. Students fly on their own to Mexico City and then take a bus to Cuernavaca.

"This study program has been highly successful, and over the years many university and community college students have enjoyed learning Spanish at El Centro along with community members that have included college administrators, lawyers, doctors, teachers and business people," Foster says.

Families with children are welcome to participate in the programs. For more information, contact Foster at vrfvrf@gmail.com or 602-254-9620.

Handmade butterflies sought for project

Middle school students from Arizona School for the Arts are asking the public to help meet their goal of collecting 1,000 hand-made butterflies to honor bullying victims, known as the "Spread Your Wings Project."

As part of a Social Studies lesson, students were directed to come up with a creative solution to raise awareness about a current human rights issue. Students chose to emphasize bullying in elementary and middle school for their project.

"Personally being bully victims in elementary school, this traumatizing issue is very passionate and extremely important to the both of us," say Spread Your Wings Project coordinators Josh Kaplan and Liz Grannis, who both are eighth-grade students in Bailey Williams' Social Studies class.

"We would love for each butterfly to be colorful and unique, and about 6 inches long," the explain. "One thousand butterflies is ambitious, but working together, we are positive we can end middle school bullying."

All butterflies should be mailed or dropped off no later than May 15 care of Arizona School for the Arts, atten-

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COMMUNITY

Spotlight On ...

Laskin named a Golden Glover

Long time North Central resident Wayne Laskin has an interesting summer ahead ... he was named a Golden Glover by the Arizona Diamondbacks.

He can be found guarding the sidelines during the season and bringing joy to fans by distributing valuable foul balls to those lucky few seated nearby.

When he is not on the field, Laskin can be found selling Real Estate with HomeSmart International. He can be reached at 602-370-5952 for fielding tips or just to say hello.

Local youth's drawing selected for kids' book

North Central youth lleigh Ohmer had her illustration selected for Sasha and Rodney Glassman's new book, "Jeremy Jackrabbit Recycles the Can." More than 900 illustrations were submitted by Phoenix school children, with just a handful chosen to be printed in the book.

Ileigh, a second grader at Midtown



Wayne Laskin



lleigh Ohmer



Josh Wagner

Primary School, and the other selected youth were invited to the book launch celebration, held April 27 at Burton Barr Central Library, with Phoenix First Lady Nicole Stanton and the book's authors. The artistic children were allowed to autograph copies of the book, which were available for purchase at the event.

"Jeremy Jackrabbit Recycles the Can" will be distributed for free to all kindergarten students in Maricopa County.

Biltmore Toastmasters celebrates successes

Biltmore Toastmaster's Club President Josh Wagner recently achieved his Advanced Communicator

Bronze Award. This is a phenomenal accomplishment that required giving 20-plus speeches and completing numerous leadership activities.

This year marks the 20th Anniversary of the Biltmore Toastmasters Club, which is a District 3 Legacy club, meaning the members' achievements are numerous, substantive, and consistent. It has held that status for the past nine years.

The club meets every Wednesday from 12 to 1 p.m. at Kitchell Corporation, 1707 E. Highland Ave. No RSVP's are necessary, and there is no cost. If you decide to join, dues are \$10 a month. For more information, visit: <http://biltmore.toastmastersclubs.org>.

Outstanding Young Men, Women honored

The city of Phoenix honored the 2013 Outstanding Young Man and Young Woman of the Year winners at the 27th annual awards event on April 18.

Sixteen students were selected as council district winners and were recognized at the event, along with the teacher who inspired them the most. Each of the district winners received a \$250 cash award.

Among the winners were Alex Budde, District 3 Outstanding Young Man of the Year and a senior at Thunderbird High School. Alex is ranked No. 1 in his class and was named Outstanding Senior. Through Boys Team Charity, Alex helped on a project for Civitan House, a group home for developmentally disabled adults. As vice president of student government, Alex helped raise more than \$15,000 to pay for a school trip to Washington, D.C., to attend the presidential inauguration. Alex looks forward to studying biomedical engineering and eventually become an orthopedic surgeon.

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COMMUNITY



Alex Budde



Erika Banuelos



Zoe Berk



Elliot Beltran

Also recognized from the North Central community was the District 4 Outstanding Young Woman of the Year, Erika Banuelos, a junior at North High School. Erika is enrolled in the International Baccalaureate program and has a 4.0 GPA. She is vice president of the National Honor Society and participates in the French Club, Interact Club, Robotics, marching band and cross country team. She has volunteered nearly every Sunday for the past two years at the Growhouse Community Garden in Roosevelt Row, where she has learned how to raise vegetables and preserve the environment. She volunteers at St. Vincent de Paul, serving meals, conducting intake interviews and helping in the Dream Center, an area for children to play and complete their homework. Erika plans to study aeronautical/aerospace engineering in college.

The District 6 Outstanding Young Woman of the Year is Zoe Berk, a junior at Xavier College Preparatory. In addition to taking challenging courses in school, Zoe is actively involved in community service and sports. Every Monday for the past three years, Zoe

has volunteered at Andre House. She also donates her time at St. Vincent de Paul Society. Four days a week, Zoe works at a tutoring facility and also tutors a child with special needs every Tuesday after school. In the future, Zoe sees herself working in a field that involves math and/or computer science and also running a nonprofit organization benefiting the homeless in her community.

Also honored was Elliot Beltran, the District 8 Outstanding Young Man of the Year and a senior at North High School. Elliot's commitment to excellence in school is evident by his participation in the rigorous International Baccalaureate program. Outside of the classroom, Elliot is a member of the band and plays sports. He also participates in community clean ups through the Wake Up club, and volunteers with St. Mary's Food Bank. Elliot's future plans include becoming an engineer.

The Outstanding Young Man and Young Woman of the Year Awards program is sponsored by the city of Phoenix, know99 television, Phoenix Rotary 100 and Soroptimist International of Phoenix.

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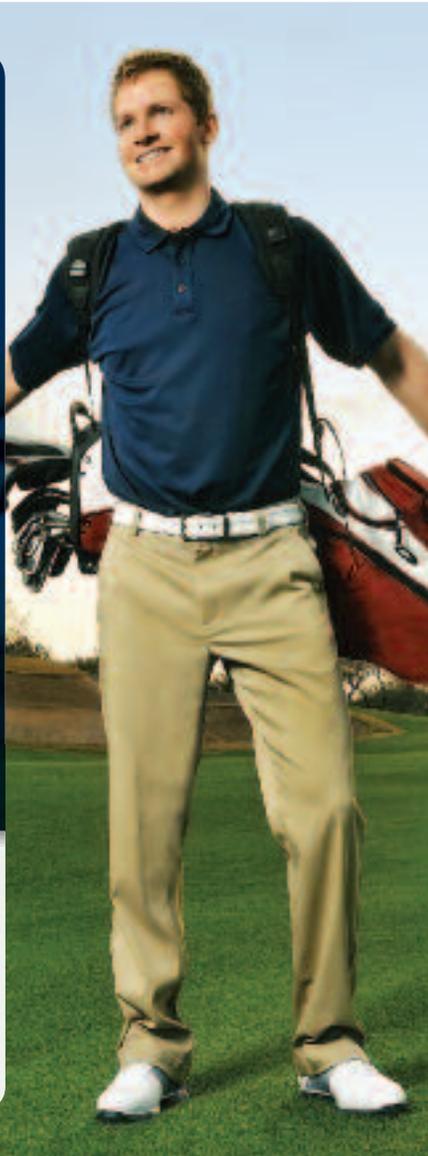
You wouldn't know it by looking at him, but just over a year ago Jonathan was told he would never walk again after suffering serious injuries in a car accident. But thanks to John C. Lincoln Hospitals and their advanced technology and surgical expertise for patients with brain and spinal injuries, he's back on course. And back in the swing of things.

To read Jonathan's story, visit JCL.com/Jonathan.



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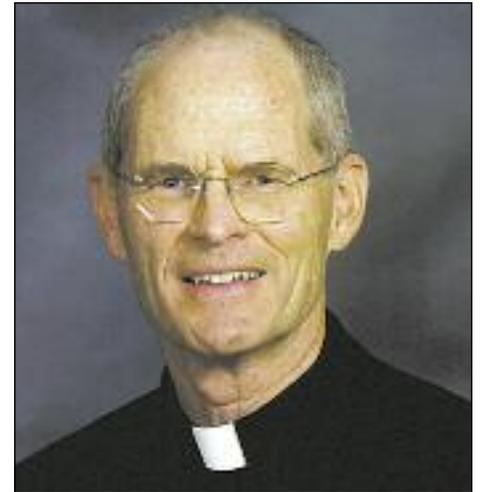
COMMUNITY

Awards dinner benefits Marine scholarships

The Arizona Scarlet and Gold Committee will host the third Arizona Awards Dinner on Saturday, May 11, benefitting the Marine Corps Scholarship Foundation (www.mscf.org). This celebratory gala at the Westin Kierland Resort will recognize Arizona Marines and the service and leadership of several community leaders.

The MCSF provides scholarships to the children of Marines and Navy Corpsmen attending accredited community colleges, universities, and vocational institutions, with particular attention given to those with a parent who was killed or wounded in action, or who have demonstrated financial need.

Contributions to the Arizona campaign currently are being accepted, providing the opportunity for all Arizonans to honor Marines for their selfless service. To become an Arizona campaign donor, and receive a ticket to the Awards Dinner event, contact Mallory Loring at 602-274-1988 or visit www.mscf.org/AzCampaign.



Father John Martin, S.J., associate pastor at St. Francis Xavier Parish, will be honored with the Service Above Self Award at the Arizona Scarlet and Gold Committee's Arizona Awards Dinner on May 11, benefitting the Marine Corps Scholarship Foundation (submitted photo).

Volunteers receive national recognition

In recognition of the significant difference the Desert Mission volunteers make in their community, they have been chosen as a 2013 winner of the American Hospital Association's Hospital Awards for Volunteer Excellence (HAVE).

About 500 of the almost 2,000 volunteers of the John C. Lincoln Health Network volunteer in Desert Mission's community service programs: Food Bank, Children's Dental Clinic, Lincoln Learning Center, Marley House Behavioral Health Clinic, Community Health Center and Neighborhood Renewal.

The HAVE Award recognizes volunteers who provide leadership in community outreach, particularly with innovative and measurable programs with external partners to address challenges in the community.

Desert Mission, founded in 1927, remains an integral part of the mission of the John C. Lincoln Health Network. At a minimum each day, volunteers provide the equivalent of 18 full-time positions across its services, said Cindy Hallman, executive director of Desert Mission and a vice president in the John C. Lincoln Health Network.

"They are here every day with a smile on their faces, helping our clients, and that energizes me and my staff to help our clients meet their challenges," she said.

Learn more about Desert Mission programs at JCL.com/desertmission.

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TAKING CARE OF BUSINESS

MONEY MATTERS

Easier home office deductions



By Harvey Amwake, C.P.A.

For tax years beginning on and after Jan. 1, 2013, you may be able to use a simplified method of claiming deductions for your home office. The new procedure won't replace the current actual cost method, but it will offer a "safe-harbor" alternative.

To claim a home-office deduction under the current method, you have to compile your actual home expenses such as depreciation, property taxes, and mortgage interest (or rent expenses, if you're a tenant). You then compute the ratio of the square footage of your home office to that of your entire home and apply the ratio to your home expenses to determine the deductible amount.

Under the optional new method,

you would simply multiply the square footage of your home office by \$5.00 to arrive at your deduction. The maximum allowable area for this purpose is 300 square feet, which caps the deduction at \$1,500.

The following considerations apply to either method:

The area claimed must be used regularly and exclusively for business. This means it must be either your principal place of business or a place where you meet or deal with customers in the ordinary course of business. If you're an employee, the use of your home must be for your employer's convenience.

For each year, the deduction is limited to the net business income remaining after all other deductions have been subtracted.

Business expenses that aren't connected to the use of your home (such as supplies, advertising, and wages) remain fully deductible.

You'll be permitted to switch back and forth between the simplified and actual methods from year to year but an election to use either procedure will be irrevocable for the particular year selected. Therefore, you'll need to review your home office situation annually to determine which option is better for you.

This article is for general information only and does not constitute financial advice. If you have any questions about financial matters, consult a professional tax adviser. Harvey Amwake, CPA, is a tax and small business consultant with the accounting firm of Harvey E. Amwake, PLLC., at 6232 N. 7th St., Suite 105. He can be reached at 602-753-0377 or by e-mail at Harvey@AmwakeCPA.com.

Business Briefs

Local businesses honored at event

The Greater Phoenix Chamber of Commerce (GPCC) has selected eight deserving local companies as recipients of its 26th annual IMPACT Awards. Among them are the UMOM New Day Centers, Grand Canyon University, and Chas Roberts Air Conditioning.

The 2013 IMPACT Businesses of the Year will be selected from these eight honorees and announced at a luncheon set for 11:30 a.m. to 1:30 p.m. Tuesday, May 14 at the Arizona

please see IMPACT on page 25

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The title or ownership should reflect that the Trustees own the property; for example: "John and Jane Doe, as Co-Trustees, of the Doe Revocable Trust dated [insert date of signature]." The date that the trust agreement is signed becomes part of the name of the Trust, even if the trust agreement is later amended.

A qualified retirement account cannot be owned by the Trust, but the designated beneficiary can be the Trust. Similarly, the trust can be listed as the beneficiary of life insurance or an annuity.

If the benefits are going to a minor child, then having the Trust as the beneficiary avoids the need for court intervention. A minor child cannot receive more than \$10,000 in any year without a trust or court created Conservatorship. Such Conservatorship are expensive to initiate and continue to have annual court and attorney fees.

Many married couples have trusts that automatically split in two when one dies. Normally, this helps to avoid or limit estate taxes. However, if the married couple's assets do not exceed the amount

that can be passed estate tax free, then the automatic split is not needed and is more bothersome than helpful. A trust amendment to make the split optional instead of automatic should be considered.

Further, the Arizona Trust Code which was adopted in the end of 2009 provides helpful language for trust administration. However, if your trust is not amended to address these provisions, the new law could be more trouble than good. In order to live up to your living trust, it is important to have trust titling and the trust agreement reviewed from time to time.

Sharon Ravenscroft, Esq., The Cavanagh Law Firm, PA, with offices in Phoenix and Sun City, can be reached at (602)322-4136, (623) 815-7451 or Sravenscroft@CavanaghLaw.com. Sharon's practice focuses on the preparation of wills, trusts, domestic partnership agreements and premarital agreements, along with trust and estate administration. For more information, see www.sharonravenscroft.com.

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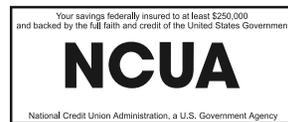
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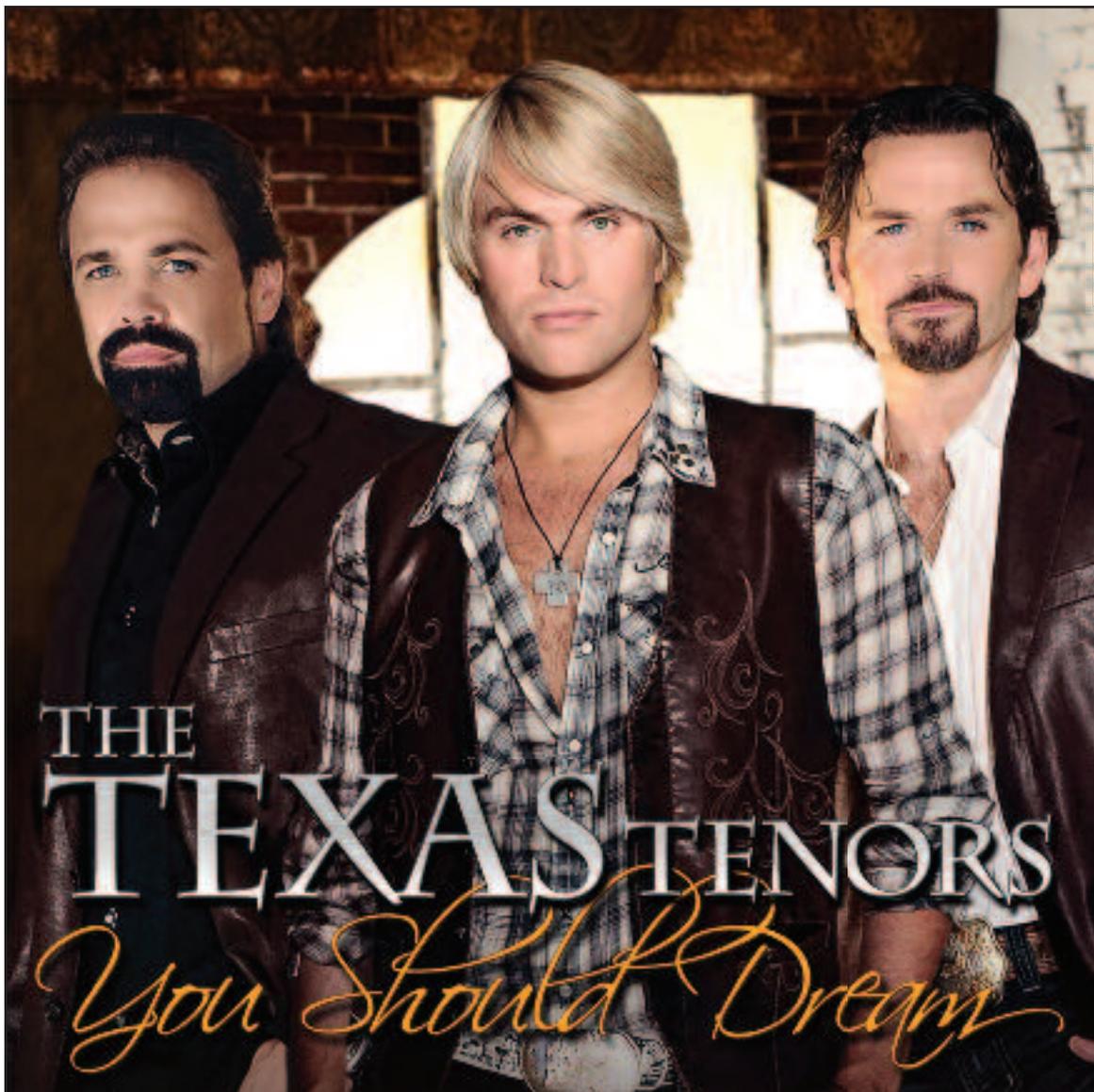


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TAKING CARE OF BUSINESS

Historic restaurant to be transformed

By Natalia Jamroz

The iconic Beef Eaters restaurant is set to undergo redevelopment that will turn the vacant building into a modern mix of urban businesses.

The 17,000-square-foot building will house three new tenants. The future occupants include Changing Hands Bookstore, a new concept restaurant managed by local chef Justin Beckett, and Lively Hood—a business that offers meeting, event and office space to business professionals.

The former steakhouse is located at Camelback Road and 3rd Avenue, near the Metro light rail. Venue Projects, a local redevelopment company, is leading the revitalization project.

Venue Projects has done adaptive reuse projects in the North Central area before, including helping transform a 1940s strip mall in North Central Phoenix into a lively restaurant called The Windsor, and adjoining artisan ice cream shop dubbed Churn.

“We look for buildings with a sense



For the first time in years, dozens of people filled the parking lot of Beef Eaters restaurant to hear about plans for the iconic building’s redevelopment into The Newton, named after Beef Eaters’ founder Jay Newton (photo by Andrew Pielage).

of history ... celebrations, events and business deals that shaped the Valley happened here,” said Jon Kitchell, co-founding partner of Venue Projects.

Beef Eaters opened in 1961 and continued to serve the community for 45 years until it closed in 2006, following

the death of its founder, Jay Newton.

Venue Projects aims to bring gatherings back to this historic site, now named The Newton, in honor of Jay Newton. “The existing property has a worthy history in the community and good architectural bones to substantiate its preser-

vation,” said Lorenzo Perez, co-founding partner of Venue Projects.

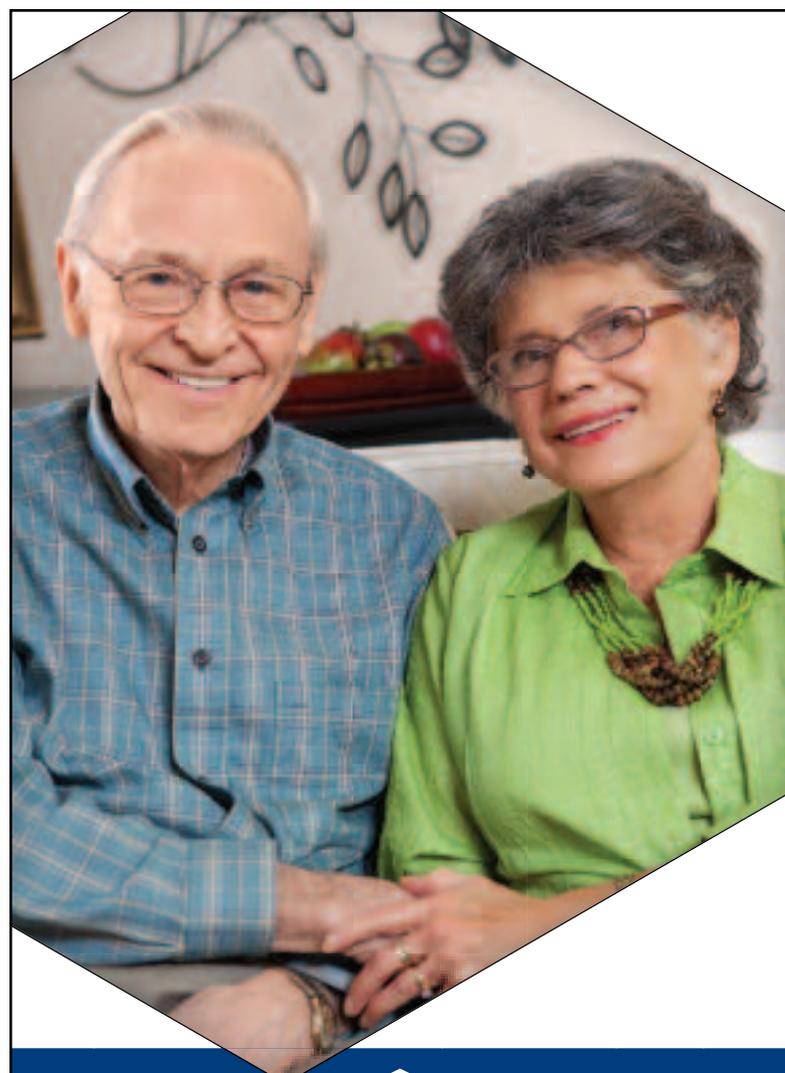
Original hardwood flooring, leather booths and chairs, and the chandeliers will be restored into materials used in the design of the new space. The new retail, dining and event space will cost about \$3 million to shape, Perez said.

“A new energy is coming back to Camelback Road,” said Phoenix Councilman Tom Simplot in response to the development of The Newton. Simplot is one of many people in the Phoenix community who share memories of the old restaurant. He is excited to see the long-vacant eatery transformed into a modern space that people in the community can enjoy the way they once enjoyed Beef Eaters.

Other Newton enthusiasts include Kimber Lanning of Local First Arizona and Shannon Scutari of the Sustainable Communities Collaborative.

The Newton is scheduled to open on Nov. 1.

Editor’s note: Natalia Jamroz is a journalism student at the Walter Cronkite School of Journalism and Mass Communication at Arizona State University’s downtown campus.



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TAKING CARE OF BUSINESS

IMPACT continued from page 22

Biltmore Resort & Spa. 2400 E. Missouri Ave. Tickets are \$65 for GPCC members and \$75 for non-members. For reservations, visit www.phoenixchamber.com/impact.

Free B-to-B expo at The Phoenician

The Arizona Small Business Association's (ASBA) Conference will host a Business-to-Business Expo that is open all day to the public with free admittance, 7:30 a.m.-6 p.m. Thursday, May 16 in The Phoenician Resort's Camelback Ballroom, 6000 E. Camelback Road.

The expo includes breakout sessions for small business owners from 9:15 to 11 a.m. and again from 1:30 to 3:15 p.m., as well as the amAZing Small Business Video Contest.

For more information, visit www.azsmallbizcon.com or call 602-306-4000.

Ashley Furniture opens at Metrocenter

A new lease to national retailer Ashley Furniture HomeStores takes Metrocenter Mall another step forward in its repositioning plan by growing its tenant mix.

Ashley will occupy 15,312 square feet on the lower level of Metrocenter Mall, next to Sears. The retailer moved into its new space last month, joining 125 other in-line retailers and department stores at the retail landmark, located on I-17 between Peoria and Dunlap avenues in Phoenix.

"Ashley brings another strong, growing, national tenant to our roster," said Metrocenter Mall General Manager Brent Meszaros. "They further diversify our retail offerings."

Ashley Furniture is the nation's leading furniture retailer, with \$2.6 billion in sales across 434 licensed and company-owned stores in the United States, Canada, Mexico, Puerto Rico and Japan.

MacLean receives Chairman Award

Realty Executives Phoenix, a leading Arizona real estate brokerage, recently honored its top agents at an awards banquet on April 5.

The highest honor, known as the Chairman Award, celebrates the agent with the highest total gross commis-

sions earned. Valley real estate professional Heather MacLean was this year's recipient and the first female ever to receive the top honor.

MacLean has received a collection of awards throughout her 12-year affiliation with Realty Executives, including top agent under 30 and a host of ever-growing commission-based achievements. Last year marked the first time MacLean received the top agent honor. She works out of the satellite office at 5141 N. 40th St.



Heather MacLean

For additional company information, visit www.RealtyExecutivesPhoenix.com.

Doctor specializes in hip replacements

Christina Khoury, M.D., has joined the team at Valley Orthopedics, working out of the Sunnyslope office at 9250 N. 3rd St., Suite 2030. Her clinical practice focuses on primary and revision joint replacement and reconstruction of the hip and knee.

Khoury is from Detroit where she was a graduate from the University of Michigan. She then continued her medical education at Wayne State University and Henry Ford Health System in Detroit, where she was selected by residents and physicians to be one of the chief orthopedic residents.



Christina Khoury, M.D.

The scope of surgical treatments in her practice includes minimally invasive joint replacement, partial knee replacement, direct anterior hip replacement, surgical dislocation of the hip and debridement of impingement conditions.

Her main clinical focus and specialty is primary and revision joint replacement and reconstruction of the hip and knee. Khoury holds a particular area of interest in the treatment of hip conditions affecting the young adult patient population.

For more information, visit www.valleyorthoaz.com or call 623-882-1292.



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(North Central homes in bold)

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|------------------------------|--------------------|-------|------------|-------|-------------|-------|-------------|
| 6034 N. 21st Pl. | 4795 SF | | 4BR/5BA | | \$1,750,000 | | |
| 2444 E. Lincoln Cr. | 5064 SF | | 3BR/3.75BA | | \$ 950,000 | | |
| 9427 E. Sonoran Sunset Pass | IN ESCROW | .. | 3712 SF | | 4BR/4.5BA | | \$ 899,000 |
| 5034 E. Lafayette Blvd. | IN ESCROW | .. | Lot | | | | \$ 795,000 |
| 25 W. Frier Dr. | JUST LISTED | | 4241 SF | | 4BR/3BA | | \$ 750,000 |
| 3434 E. Stanford Dr. | 1889 SF | | 2BR/2.5BA | | \$ 749,500 | | |
| 5961 E. Whitehorn Pl. | IN ESCROW | .. | 4159 SF | | 4BR/4BA | | \$ 715,000 |
| 2749 E. Winchcomb Dr. | 4029 SF | | 5BR/4BA | | \$ 675,000 | | |
| 1128 W. Northview Ave. .. | NEW PRICE | .. | 3135 SF | | 4BR/2.5BA | | \$ 649,900 |
| 7518 N. 6th Pl. | 3044 SF | | 5BR/3BA | | \$ 649,900 | | |
| 6014 N. 3rd Ave. | JUST LISTED | | 2470 SF | | 4BR/3BA | | \$ 495,000 |
| 5649 N. 6th St. | NEW PRICE | .. | 3723 SF | | 4BR/4BA | | \$ 475,000 |
| 601 W. Moon Valley Dr. ... | NEW PRICE | .. | 2994 SF | | 4BR/2BA | | \$ 450,000 |
| 3800 E. Lincoln Dr. #30 .. | NEW PRICE | .. | 2824 SF | | 3BR/2.5BA | | \$ 445,000 |
| 6805 N. 18th St. | JUST LISTED | | 2157 SF | | 4BR/2BA | | \$ 425,000 |
| 105 W. Harmont Dr. | IN ESCROW | .. | 2236 SF | | 3BR/2BA | | \$ 425,000 |
| 7142 N. 14th St. | IN ESCROW | .. | 3201 SF | | 5BR/2.75BA | | \$ 375,000 |
| 8847 N. 4th Ave. | 3133 SF | | 5BR/3BA | | \$ 390,000 | | |
| 10257 N. Central Ave. | IN ESCROW | .. | 2950 SF | | 3BR/2.5BA | | \$ 375,000 |
| 723 W. Glenn Dr. | NEW PRICE | .. | 2381 SF | | 3BR/2BA | | \$ 349,000 |
| 1348 E. Missouri Ave. | JUST LISTED | | 3226 SF | | 4BR/2.5BA | | \$ 325,000 |
| 821 E. Paltaire Ave. | IN ESCROW | .. | 3180 SF | | 5BR/4BA | | \$ 269,000 |
| 5741 N. 4th St. | IN ESCROW | .. | 1250 SF | | 3BR/2BA | | \$ 259,000 |
| 1029 E. Vista Ave. | IN ESCROW | .. | 1879 SF | | 2BR/2BA | | \$ 250,000 |
| 6120 E. Evans Dr. | IN ESCROW | .. | 1638 SF | | 3BR/2BA | | \$ 235,000 |
| 7362 E. Rovey Ave. | IN ESCROW | .. | 1913 SF | | 3BR/2BA | | \$ 199,500 |
| 1401 E. Kristal Way | IN ESCROW | .. | 1136 SF | | 3BR/2BA | | \$ 65,000 |
| 1545 E. Sahuaro Dr. #2 .. | IN ESCROW | .. | 984 SF | | 2BR/1.5BA | | \$ 64,900 |
| 35 W. Kaler Dr. | FOR LEASE | .. | 3053 SF | | 4BR/3BA | | \$ 3,500/mo |

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| 5750 N. Central Ave. | \$ 875,000 | 1511 E. Villa Theresa Dr. | \$ 402,500 | 3828 S. Vermeersch | \$ 280,000 | 6517 N. 10th Pl. | \$ 170,000 |
| 540 W. Kaler Dr. | \$ 805,000 | 338 E. Orange Dr. | \$ 375,000 | 77 E Missouri #37 | \$ 250,000 | 5136 N 31st St. #662 | \$ 136,500 |
| 6899 N. Central Ave. | \$ 760,000 | 14033 N. 10th Pl. | \$ 340,000 | 635 W. Coral Gables | \$ 230,000 | 15178 W Taylor St. | \$ 128,000 |
| 6828 N 3rd Place | \$ 520,000 | 307 W. Herro Ln. | \$ 325,000 | 723 W. Cactus Wren | \$ 224,000 | 8434 N. Central Ave. B | \$ 111,000 |
| 721 E. Circle Rd. | \$ 485,000 | 421 E. Locust | \$ 300,000 | 848 N. 54th Cr. | \$ 210,000 | 225 E. Orchid Ln. | \$ 90,100 |
| 7739 N. 11th Ave. | \$ 475,000 | 2 W. Beryl | \$ 295,000 | 2319 E. Glenrosa Ave. | \$ 210,000 | 833 E Echo | \$ 70,000 |
| 6838 N. 3rd Ave. | \$ 457,500 | 529 W. Las Palmaritas Dr. | \$ 295,000 | 1545 W. Glenn Dr. | \$ 195,000 | | |
| 316 W. Glendale Ave. | \$ 410,000 | 1315 E Gardenia Dr. | \$ 295,000 | 1124 E. Rose Ln. #10 | \$ 185,000 | | |



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TO YOUR HEALTH

How to prevent, recognize a stroke

By Victor Zach, M.D.

I see the debilitating effects of stroke every day. The disease is the No. 4 cause of death and the leading cause of adult disability in the U.S.

Stroke occurs when a blood vessel carrying oxygen and nutrients to the brain is either blocked by a clot (an ischemic stroke) or bursts (a hemorrhagic stroke). This causes brain cells in that area of the brain to die, and they don't regenerate.

When it comes to recognizing the sudden signs and symptoms of stroke, think **F.A.S.T.**

F.: Face drooping or numbness on one side of the face. Ask the person to smile.

A.: Arm weakness or numbness.

Ask the person to raise both arms. Does one arm drift down?

S.: Speech difficulty. Is speech slurred? Is the person unable to speak or is he/she hard to understand?

T.: Time to call 9-1-1. If the person has any of these symptoms, even if they go away, call 9-1-1.

Other symptoms can include sudden onset of leg numbness or weakness; confusion or trouble understanding; difficulty seeing in one or both eyes; trouble walking, dizziness, loss of balance or coordination; severe headache with no known cause.

It's important to get to the hospital ASAP so that a clot-busting drug called tissue plasminogen activator (tPA) can be administered intravenously. This drug has been shown to improve your chances of getting better, but the window is small—within three hours of the start of symptoms.

As a Primary Stroke Center, John C. Lincoln North Mountain Hospital is certified to follow national standards and guidelines that can significantly improve outcomes.

Victor Zach, M.D., is a neurointensivist at John C. Lincoln North Mountain Hospital. For more information visit JCL.com/neurosciences. For more information, visit www.JCL.com. The information in "To Your Health" is provided by John C. Lincoln Health Network as general information only. For medical advice, please consult your physician.



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Are You at Risk?

A stroke prevention event on May 9 will screen for such risk factors as plaque buildup in the carotid (neck) arteries and cholesterol levels. For the cholesterol test, you need to fast for four hours prior. Health care providers will offer counseling.

Time: 8 a.m. to 12 p.m.

Date: Thursday, May 9

Place: Cowden Center, 9202 N. Second St., on the campus of John C. Lincoln North Mountain Hospital

Call 623-434-6265 or email RSVP@JCL.com to ensure your spot. When you RSVP, specify whether you will be there between 8-10 a.m. or 10 a.m.-12 p.m. Learn more at JCL.com/events.

HEALTHY LIVING

Health Briefs

Kinesphere offers Bone Health classes

In honor of May as both National Osteoporosis Awareness month and National Arthritis Awareness month, Kinesphere offers special Bone Health workshops to help you learn simple ways to combat these diseases.

Every Saturday in May beginning at 10 a.m., Associate Director Lisa Perry leads Happy Feet classes, focusing on the strength and vitality of your feet, lower legs and hips. These classes are particularly good for those suffering from plantar fasciitis.

On Saturday May 18, Kat Myers leads a special Bone Health Qi-Cong and BodyRolling workshop at 1 p.m.

Twenty percent of all proceeds from these two unique workshops will be donated to these two causes. Space is limited, so call 602-532-3111 or e-mail info@kinesphere-studio.com to register.

Watch for risk factors of osteoporosis

May is National Osteoporosis Awareness Month. Osteoporosis is a disease of the bones characterized by low bone mass and structural deterioration of bone tissue.

Osteoporosis has few symptoms and causes little discomfort, so most people remain unaware that they carry this disease until they suffer a fracture or notice they've lost height. According to the National Osteoporosis Foundation, about one in two women and up to one in four men over the age of 50 will break a bone due to osteoporosis.

To ward off this unseen threat, doctors recommend vigilance starting at a young age. This should include:

- Getting acquainted with the symptoms of osteoporosis like back pain, stooped posture, loss of height, bone fractures and protruding abdomen.

- Understanding your risk factors, including being female, postmenopausal, not getting enough exercise, having a small, thin body, smoking and alcohol consumption, calcium and vitamin D deficiencies, thyroid problems, celiac disease, chemotherapy and a family history of osteoporosis.

- Weight-bearing activity like running, hiking, dancing and resistance training can help maintain and build up bones' strength.

- Eating foods that are high in calcium and vitamin D, or consider supplements.

- Review your medications, as some drugs may hinder your bone health and/or raise your risk of getting a fracture. Talk to your doctor about the side effects of each medication you take.

For more information and resources, visit the National Osteoporosis Foundation at www.nof.org or consult your primary care physician.

Take a tour of TGen facility

Banner Good Samaritan Medical Center's monthly Cancer Support Group members, friends and family are invited to tour the TGen campus in lieu of the regularly monthly meeting, 6-7:30 p.m. Thursday, May 16.

After the tour, staff and visitors will discuss "What is Genomics and Translational Research?" The tour is open to a limited number of guests, who must be age 21 or older. Call or e-mail Terry Ratner at 602-839-4970 or terry.ratner@bannerhealth.com for details and to sign up.

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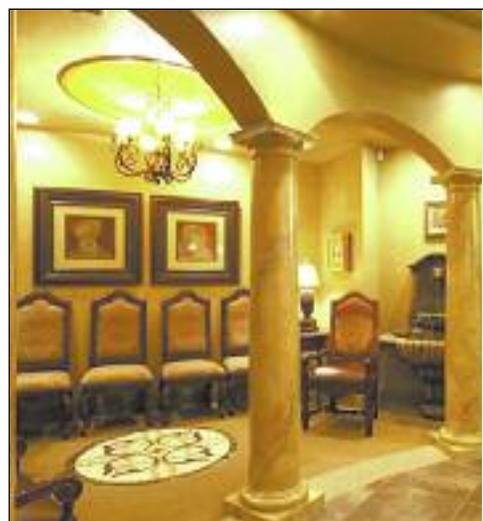
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RSVP at **623-434-6265** or **RSVP@JCL.com** and request 8 to 10 a.m. screening or 10 a.m. to noon screening.

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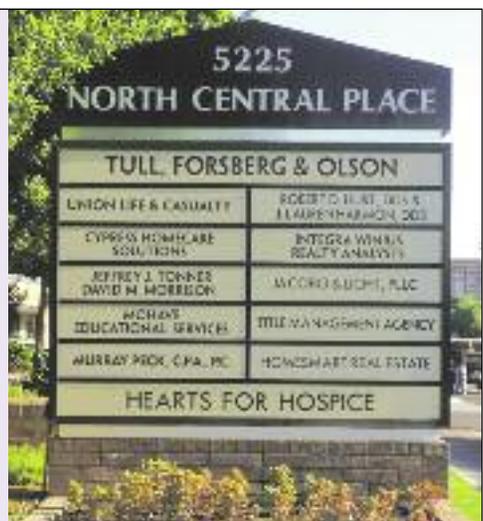
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SCHOOL DAYS



Members of the state championship sand volleyball team from Xavier College Prep include, from left: back row, Ted Rogers, Matt Rogers (head coach), Kelly Andrew, Claire Coppola, Johnna Tucker, Paige Rogers and Tim McHale; second row, Callie Jones, Molly Scheel, Meg Ingram, Claudia Lemeiux and Kate Even; first row, Cayden Kuhler, Keely Komer, Sara Mackey, Kristen Largay, Natalie Braun and Mallory Miller. Four Arizona high school teams made state and national history by pioneering the sport last year, and eight schools fielded girls' sand volleyball teams this year (photo by Duke Photography).

Xavier's athletics continues its wins

Xavier College Preparatory's Gators defeated Fountain Hills on April 10 to win the sand volleyball state championship for the second year in a row. The tournament was held at the Victory Lanes Sports Park in Glendale.

Xavier, which competes in Arizona's largest, most competitive athletic conferences, the 5A Division 1, has won 103 state championships, 43 state runners-up titles and 160 regional championships for sports such as badminton, cross country, golf, soccer, basketball, tennis, volleyball, swimming/diving, crew (rowing), and spirit line.

Xavier also is an 18-time recipient of the Region Excellence Award, for the most outstanding athletic program.

Most recently, Xavier won the Arizona Interscholastic Association's 2013 Tony Komadina Award for Outstanding Girls' Athletic Program. First presented in 1989, this award recognizes schools that demonstrate outstanding advocacy of, and progress in, girls' athletics. Xavier was honored with the association's inaugural award in 1989 and, subsequently, in 1996 as well.

The criteria and selection process to determine award recipients are established by the AIA Executive Board, and schools selected as finalists host an on-

site evaluation visit from an AIA selection committee. Following the on-site visits, the committee presents its recommendations to the AIA Executive Board for selection of the award recipients. The award will be presented at the AIA Honors Luncheon in May.

Komadina served as Executive Director of the Arizona Interscholastic Association (AIA) from 1976 to 1987, and the award was established in his name. Komadina passed away in 2011.

Kiwanis honors nine great students

By Joan Westlake

Nine youths from local elementary, middle and high schools were honored as Students of the Month by the Kiwanis Club of Sunnyslope, April 11 at Sunnyslope High School.

From Desert View Elementary, Racquel Garcia was praised as "a spark in the school" who starts everyone's day off with her cheerful and exuberant morning PA announcements. The creative writer with a lovely singing voice is on the basketball team, Student Council and participates in school charity drives.

Royal Palm Middle School student Randi Hadi sets such a high standard of compassion and kindness toward other students that her teachers say bullying

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SCHOOL DAYS



The Kiwanis Club of Sunnyslope honored nine local students at a luncheon in February. They included (TOP, FROM LEFT) Racquel Garcia, Randi Hadi, Jonathan Cain, Oswaldo Perez Camarillo, Karino Romero (BOTTOM, FROM LEFT) Tatyana Rodriguez Camargo, Edgar Cardenas Hernandez, Grace Novak and Crystal Lachapelle (photos by Joan Westlake).

isn't possible when she is around. The exuberant and positive student is always helping others and is a great class leader, setting an example of caring.

Royal Palm's Jonathan Cain is a caring and fun-loving student. His quiet but strong leadership motivates his classmates. He is a big contributor in his American history class. A standout in physical education, Jonathan works hard and enjoys every moment. "Exceptional" is the word everyone uses to describe him.

A positive attitude with a big smile is the hallmark of Oswaldo Perez Camarillo, Mountain View Elementary. Always seeking new challenges, he tackles them cheerfully and with persistence. This member of the school Action Team is a positive role model for all.

Karino Romero of Mountain View Elementary is known for working very hard so that she always exceeds expectations. The well-mannered young woman is respected by students and staff. She is very creative with exceptional writing abilities.

An amazing Sunnyslope Elementary School student, Tatyana Rodriguez Camargo starts each day with a contagious smile. Her quiet determination has helped her overcome personal obstacles, showing that hard work and a love for learning leads to success. She is a cheerleader, drums for the band and plays on the basketball and softball teams.

Edgar Cardenas Hernandez of Sunnyslope Elementary is a diligent worker with an excellent attitude. He is well spoken in class and his academic performance is always superior. His courteous manner is highlighted by willingness to help other students with their

schoolwork. He plays soccer, football and clarinet in the band. He says he is working toward a career in engineering, after his pro soccer days are done.

Teachers say they would love to clone Grace Novak, Sunnyslope High School. Students and staff always have something nice to say about her. She works very hard and is always super busy including her participation in

please see HONORS on page 32

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Micaela | 10th grade

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Madison School District 2013-2014 Preschool Registration



Enrollment for New Participants is Currently Open
Visit our website for the Registration Link: www.msd38.org

With a strong focus on challenging and appropriate content, the Core Knowledge Preschool Sequence is unique among early childhood programs. This program allows teachers to more accurately identify the abilities of individual children and develop experiences and activities that will meet each child's needs.

Madison preschool children receive **preferential placement** into Madison kindergarten programs and **score higher** on assessments than children from other programs.

We offer two program options:

| | |
|-----------------|------------------|
| Full Day | Half Day |
| 7:00 AM 6:00 PM | 7:00 AM 12:30 PM |
| Monday Friday | Monday Friday |



Preschool is offered at the following campuses:

| | | | | |
|------------------------------|-----------------------------|-------------------------------|-------------------------------|---|
| Camelview 2002 E Campbell | Simis 7302 N 10th Street | Rose Lane 1155 E Rose Lane | Heights 7150 N 22nd Street | Madison Traditional Academy* Located at: 1431 E Campbell Avenue <small>(*There may be a waitlist; call for details)</small> |
|------------------------------|-----------------------------|-------------------------------|-------------------------------|---|

**Madison Preschool Program offers Open Enrollment for
any family living outside the Madison attendance boundaries.**

SCHOOL DAYS

HONOR continued from page 31

school theater productions. She follows in the excellent footsteps of her mother Sheila, who was also a Kiwanis Student of the Month at Sunnyslope.

If you were to describe Crystal Lachapelle of Central High School's super power, it would be her extraordinary ability to focus and achieve. The well-rounded student excels in her two favorite subjects, criminal justice and dance. Her fancy footwork runs the gamut from contemporary to hip hop.

The Kiwanis Club honors outstanding students each month as a way of applauding youth academic and leadership successes.

Bus drivers given clearer rules for lights

Gov. Jan Brewer last month signed into law HB 2170, which provides clear direction to school bus drivers as to when and where they should activate their red lights and stop arm when loading and unloading children. The current law was considered not clear on whether the school bus driver must engage the bus warning lights and stop signs on private roads and driveways.

HB 2170 will amend the wording of Arizona Revised Statutes 28-857 to state, "When transporting school children to or from school or home, the operator of the school bus shall ... display the signal and alternately flashing lights if passengers are being received or discharged while the school bus is stopped on the roadway or a private road or driveway as defined in section 28-601."

Yvonne Hunter, an attorney with the law firm Fennemore Craig, said, "We believe that HB2170 will clarify, for training and operation purposes, that school bus drivers must engage the school bus warning lights and stop arm while loading or unloading students when transporting passengers to and from home and school. By changing the statute, this will be a first step toward implementing regulations and training for school bus drivers."

Antonio Mlynek, transportation supervisor for Washington Elementary School District, says, "I am happy to see HB 2170 signed into law by Governor Brewer. The law is clear and makes sense. It's the right thing to do."

HB 2170 will go into law 90 days after the end of the current Arizona legislative session.

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SCHOOL DAYS



Madison Camelview music teacher Jesse McKinley shows off his homemade Taiko drums (submitted photo).

School Briefs
MADISON ELEMENTARY SCHOOL DISTRICT
He's got the beat

Madison Camelview music teacher Jesse McKinley created homemade Taiko drums for the school's Spring Music Concert. Inspired by real Taiko drums that were well outside of the school's music budget, McKinley came up with his own solution.

Several trips to Discount Tire (which donated the tires), many rolls of packing tape and countless hours of wrapping later, McKinley had a set of "drums" for his students. The various sizes create different sounds as the student bang away on their "new" Taiko drums.

Meadows' NJHS is active in community

The members of Madison Meadows' National Junior Honor Society (NJHS) chapter dedicate hours of community service and raising funds to help those in need.

This year NJHS members have worked to aid organizations such as Desert Mission Food Bank and Feed My Starving Children. Members helped in the process of sorting and packaging bags with necessities that are then distributed to families in need.

At Desert Mission Food Bank, students reportedly set records of assembling the most emergency food bags during a single shift. NJHS also was able to raise \$250 in donations.

please see NJHS on page 34

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SCHOOL DAYS

NJHS continued from page 33

Members also have teamed up with First Christian Church, where they have attended to yard work in neighborhoods around the Valley.

NJHS members also have volunteered for numerous school activities. Students raised money for ComfyCozy's for Chemo in memory of a Meadows student who was lost to cancer last year. Students also raised more than \$1,000 in donations for a Meadows student who underwent a heart transplant, and donated funds to Arizona Search and Rescue and a Meadows beautification project.

Students honored in essay contest

Two Madison students placed in the Anti-Defamation League's Moral Courage Essay Contest. Mackenzie Holden, an eighth-grade student at Madison No. 1, took second place for her essay about the Holocaust's Bielski brothers. She described the courage of the brothers, who rescued more than 1,000 Jews, as follows: "It is not a measure of how much change you made because of your actions; it is a measure of how much you were willing to risk to stand up for something."

Madison Meadows eighth-grader Hannah Jensen won third place for her essay about Malala Yousafzai, the 15-year-old Pakistani blogger who was shot by the Taliban for her activism for education and women's rights.

Student will travel to L.A. for contest

Madison Rose Lane fifth-grader Danna Rivera Carreon won first place at the Regional Braille Challenge, held at the Arizona State School for the Deaf



Mackenzie Holden



Hannah Jensen

and the Blind in Tucson in February. This is the second year Danna has taken first place in her grade level. This year she competed with fifth- through seventh-grade students.

The top-scoring 60 contestants nationally, including Danna, are invited to Los Angeles June 21-22 for a Final Round—two days of competition, camaraderie and fun. Braille Challenge contest categories include reading comprehension, Braille speed and accuracy, proofreading, spelling and reading tactile charts and graphs.

This two-stage contest is designed to motivate blind students to emphasize their study of Braille, while rewarding their success with a fun-filled, but challenging, weekend of events.

Students pledge to 'be a helmet head'

Madison Heights Elementary School recently partnered with Rehab Without Walls, a comprehensive neuro-rehabilitation program, and the Brain Injury Alliance of Arizona to pilot a new school-based Brain Injury Prevention Program during the month of March for Brain Injury Awareness Month.

The prevention program was focused on protecting the brain by wearing a helmet while riding anything with wheels—bikes, scooters, skateboards, etc. Madison Heights offered a public service announcement during

Summer Soccer Camp

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SCHOOL DAYS

the morning televised announcements.

During recess, the children could make a pledge to “be a helmet head” and receive a special sticker. Information sheets were sent home about the day’s activities along with resources on helmet use and brain injuries.

More than 400 children watched the announcement and nearly 200 made a pledge. Based on the success of this program, it is expected that this prevention program will be adopted by schools throughout the Valley in 2014 and adapted to fit different school age groups and related brain injury topics.

PHOENIX UNION HIGH SCHOOL DISTRICT PUHSD offers free summer school

Free summer school is offered to current students and new students this year. The Freshman Academy is for incoming ninth graders who need to increase their math or English skills necessary to succeed in high school.

There will be course offerings in reading, introduction to high school literacy and high school math. Eleven schools will have Freshman Academy. Most campuses will have classes from June 3-26, Monday through Thursday, from 8:30 a.m. to 2:15 p.m.

Current students (entering grades 10,11 and 12 next fall) will attend May 28-June 27 at their home schools, Monday through Thursday, with two sections available: morning from 8-11:50 a.m. and afternoon from 12:30-4:20 p.m. Each section is a half-credit.

For courses available and more information, visit www.PhoenixUnion.org/SummerSchool or call 602-764-1307.

Gallagher to attend Air Force Academy

Shelby Gallagher of North High has received an appointment to the United States Air Force Academy in Colorado Springs. There were 12,000 applicants to the Air Force Academy this year, and only 1,200, or 10 percent, make it.

The senior is an International Baccalaureate Diploma candidate, currently ranked 12th in a class of 576 with a 4.5 GPA. She is the Drama Club president,



Shelby Gallagher

serving as an actress, stage manager, and set and light designer. She was co-captain of the golf team, and is a public affairs officer in JROTC. In JROTC, she was captain of the National Semi-finalist JROTC Academic Bowl Team.

Gallagher is a member of the National Honor Society, a Girls State Attendee where she was the winner of the Joe Foss Institute Leadership Award. She volunteers with her church as a counselor and teacher assistant, and works as the technical booth operator for the North auditorium.

Gallagher wants to be a biochemistry major and eventually a doctor or pharmacist.

Khan clocks first FBLA state win

Camelback High had its first-ever Future Business Leader of America (FBLA) state winner when Omar Khan placed first in Public Speaking at the AZFBLA State Leadership Conference in Tucson, April 1-3.

He was honored to perform his

please see LEADERS on page 36

SUMMER DAY CAMPS at FIRST UNITED METHODIST CHURCH!

**WEEK 1: June 3-7
Ages: 1st – 6th Grade**

Kingdom Rock Morning Day Camp
(9 am - noon) is an interactive, fun filled experience focused on stories from the Bible. Each family will receive a CD of the exciting music and each child will receive a t-shirt if registered by May 15.

Music Afternoon Camp

Music Camp (noon - 3pm) is the perfect way to extend your camper's afternoon! Kids will sing fun and beautiful music while they learn to use their voices confidently. Instruction will also include drama, movement and handbells. Registration is \$40 if registered by May 15 and \$45 thereafter.

**WEEK 2: July 29 - August 2
Ages: 1st – 9th Grade**

Creative Arts Day Camp

(9 am – 3 pm) Kids entering 1st-9th grade will produce a full musical AND select their own schedule of classes from offerings in water color, sculpture, hand bells, singing, drama, dance, mosaics, knitting/crochet, martial arts and MORE!



To register and for more information, visit www.FirstChurchOnCentral.org

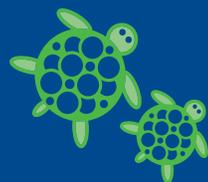
Registration for each week is \$80 if registered by May 15 and \$90 thereafter.



After care options available; see website for more information.

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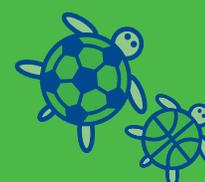
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SCHOOL DAYS

LEADERS continued from page 35

speech on stage for the entire conference during the closing ceremonies—more than 1,000 strong. He will represent the Spartans at the FBLA National Conference in June in Anaheim, Calif.

Camelback also had seven other students compete at the state level: Jasmine Packard, Marlon Hill, Gerardo Gonzalez, Juan Reyes Rojas, Angelica Bermudez, Brianna Puentes, and Dana Lira Rodriguez.

Students to attend cooking school

Gustavo Alegria of North High, a senior finalist in the Careers through Culinary Arts Program (C-CAP) Culinary Competition, was awarded a full-ride \$15,000 scholarship to Classic Cooking Academy in Scottsdale.

Leonel Sosa, a Top 10 Junior, was awarded a \$2,000 scholarship for a culinary boot camp this summer at Monroe College in New York. Angela Pugliese, a Top 10 Junior, won a Master Class at Le Cordon Bleu.

C-CAP is the largest scholarship



Students at Maryland School celebrate the donation of bottled water and other healthy treats, just in time for AIMS testing (photo courtesy of WESD).

program for culinary arts. According to instructor Mary Sawark, scholarships are awarded by what best fits the students' goals and objectives. Arizona students were awarded more than \$500,000 in scholarships through C-CAP this year.

Cisneros travels to D.C. this summer

Yailin Cisneros of Camelback High was selected to participate in the Student Leaders program, and he has been awarded a paid summer internship with local nonprofit organizations, and will attend a Student Leadership Summit in

Washington, D.C., July 8-13.

The Student Leaders program, a program of Bank of America, connects young leaders with employment that helps to give them the necessary tools and resources they need to advance. Through the Student Leaders program, it recognizes high school juniors and seniors who step outside of the classroom to contribute service in their own communities and beyond.

Cisneros is part of the AVID (Advancement Via Individual Determination), a college preparation elective for students that often are the first in their family to attend a university.

Metro Tech students invited to 'Metro Mania'

Juniors and seniors for the 2013-14 who will be newly enrolled in a Metro Tech Career and Technical Education program are encouraged to attend Metro Mania, Saturday, May 4, from 9-11 a.m. at the Metro Tech campus at 1900 W. Thomas Road.

Students can attend Metro Tech all day, or in the morning or afternoon as a dual student. This is an opportunity to see the campus, meet the teachers and learn more about the programs. Parents also are encouraged to attend.

For more information, contact the Career and Technical Education office at 602-764-1337.

Choir performs at O'Connor House

The Central High School A Capella Choir was invited to perform the National Anthem for the O'Connor House Distinguished Speakers Series Luncheon with Colin Powell on April 23 at the Phoenix Convention Center.

Seventeen students, Director of Choirs Troy Meeker and Principal Chris

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SCHOOL DAYS

Jones attended. Blue Cross and Blue Shield of Arizona sponsored the choir's attendance, where they heard Powell speak and engaged in an on-stage conversation with O'Connor.

Duarte performs on TV's 'La Voz'

North High freshman Alan Ponce Duarte recently was selected to appear on the television program "La Voz," the Spanish equivalent of "The Voice" on a national network. He travelled to Miami for a two-and-a-half week selection series and taping. Duarte performs with a mariachi group and is involved with North High's choir.

WASHINGTON ELEMENTARY SCHOOL DISTRICT

Valley Metro, partners treat Maryland students

Maryland School students received lots of healthy treats on April 11, thanks to Valley Metro, together with Sundt Construction, Stacy and Witbeck Constuction and the Washington Neighborhood Association.

The companies donated brain food

(healthy snacks and water) for Maryland's kindergarten through eighth-grade students to enjoy during AIMS/Assessment Week, April 15-19.

Artwork exhibited at ASU West campus

Hundreds of pieces of artwork created by students from all 32 schools in the WESD dazzled guests at the District Art Show March 26 at ASU West.

Parents, students and community members had the opportunity to see for themselves how talented WESD students are, from giant modified guitars and papier mache masks to bright paintings and drawings and multimedia creations. The library was filled with students proudly standing next to their creations while their parents and guests snapped pictures.

Art teachers were on hand to meet families and present students with a special award for participating in the art show.

The exhibit was on display at ASU West in March. Many pieces were then moved to Metrocenter Mall, where they were on display throughout April.

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We'd also like to thank all our dedicated staff members over the years for their love of children and their unwavering commitment to shaping and teaching the young minds of our future.

Thank you to Orangewood Presbyterian Church for 24 years of partnership in serving our community!

Thank you to Sunnyslope Presbyterian Church for their kindness in providing a "home" for Discovery Tree Learning Center for 7 years!

Here's to another 24 years of educating children the CBCP/DTLC way!

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SCHOOL DAYS



The 2012-13 Brophy College Prep Speech and Debate Team has received both state and national recognition after competing in tournaments this year (submitted photo).

PRIVATE AND CHARTER SCHOOLS
Broncos receive state, national honors

Brophy College Prep Speech and Debate recently received recognition from the National Forensic League.

Seniors Jack Flynn and Samir Reddy, along with juniors Carlos Ochoa and Joe Russell earned the degree of Premier Distinction. Each year, fewer than 500 high school students achieve Premier Distinction status, placing them among the top half of one percent of League members.

In addition, Brophy Coach Beth Clarke received a 2nd Diamond Coach award from the National Forensics League. Under Clarke’s direction, students have earned more than 30,000 credit points through speech and debate presentations, competition and service. Clarke will be honored this summer at the national speech and debate tournament.

Though it didn’t walk away with the top trophy, Brophy’s showing at the State Tournament earlier this year produced six individual State Champions (of the 15 total events) including: Jack Flynn in Lincoln Douglas Debate; Joe Skoog and Ryan McCoy in Policy Debate; Jim Welty in Public Forum Debate; Carlos Ochoa in Congressional Debate; Patrick Johnson in Original Oratory; and Severiano Vallejo in Humorous Interpretation.

All Saints’ hosts naturalization event

About 50 people from 26 countries and cultures became U.S. citizens April 16 during a Naturalization Ceremony at All Saints’ Episcopal Day School. All Saints’ students participated

throughout the ceremony by singing, sharing essays, signing The Pledge of Allegiance, and presenting artwork and congratulations to the candidates. Judge David K. Duncan, federal magistrate judge for the United States District Court for the District of Arizona, presided over the court proceeding, which took place on the Day School campus.

Irene Tseng, All Saints’ Head of Middle School, gave the keynote speech. “I am a naturalized citizen of the United States, and I treasure my citizenship and appreciate the opportunity to be able to participate in the American Dream,” shared Tseng. “I am honored to be able to welcome our new citizens.”

For more information, visit www.aseds.org or call 602-274-4866.

VLHS students in ‘Day of Giving’

All students and faculty from Valley Lutheran High School participated in the Annual Day of Giving on April 12, contributing more than 510 hours of volunteer time to food banks, churches, shelters and other charitable organizations throughout the Valley.

Instead of attending classes, students and faculty spent the day helping others at seven Valley-wide nonprofits. Activities ranged from feeding the homeless at St. Vincent De Paul and packaging food boxes at St. Mary’s Food Bank, to making site improvements at Shepherd of the Desert Lutheran Church & School and hands-on learning about world hunger at Feed My Starving Children.

“At Valley Lutheran High School, our mission is to provide a foundation for a life of faith, learning and service,”

SCHOOL DAYS

said Principal Robert Koehne. “On our Annual Day of Giving, the entire campus community comes together to serve the greater Phoenix community. Our students learn to serve and share with those less fortunate.”

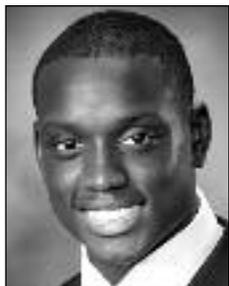
Slater receives first Robinson award

Brophy College Prep senior CJ Slater is the inaugural recipient of a scholarship in honor of Jackie Robinson from the Jackie Robinson Foundation.

Slater was recognized as the MLB All-Star Arizona Diamondbacks Branch Boys & Girls Club Youth of the Year at a pregame ceremony on April 16 vs. the Yankees.

Sakha wins award for microbiology project

Xavier College Preparatory junior Sarah Sakha won the United States Navy and Marine Corps Naval Science Award, First Place in Microbiology and a Grand Prize at the Arizona Science and Engineering Fair (AzSEF) for the second year in a row



CJ Slater



Sarah Sakha

Sarah’s winning project involved expanded research and comprehensive, formal microbiological testing of the viability and marketability of an alternative potential Emergency Food Product (EFP) that she designed. Her work has significant implications on the palatability, nutrition, cost efficiency, local production, preservation and distribution of emergency food rations in times of crisis in areas of the world such as the Middle East and Africa.

Her next step will be to compete in the International Science and Engineering Fair (ISEF) in Phoenix this month.

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Full-day with lunch (8am - 4pm)

\$75 per day | \$350 per week

Beginner through advanced skill levels welcome. Tennis is two hours during early morning, with remainder of time being dedicated to children relaxing and scheduled daily activities. Prices are structured to be paid weekly on Mondays (cash or credit). Tennis is taught by Lon Mlnarik, Head Pro & USPTA Pro Certified at the Arizona Biltmore. Resort activities are run by the well-qualified Arizona Biltmore Recreation Staff.

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GENERATIONS

Senior Living

Free series looks at healthy eating

SCAN's new three-week "Healthy Living" series will be held from 9:30-10:30 a.m. each Wednesday beginning May 8 at the SCAN Connections Resource Center, 1313 E. Osborn Road.

The first week (May 8) will cover eating smart, focusing on senior nutrition and preparing tasty, nutritious meals. Week two (May 15), called "Stay Active," will look at the benefits of physical activity, guidelines for older adults, the risks of inactivity and tips on getting started. The final week (May 22), called "Get Fit," is designed to help seniors improve their strength, balance and mobility through exercises

featuring chair and resistance-band moves. Each participant will receive a free stretch band.

Presentations are free and open to SCAN members as well as the general public; however, space is limited, so pre-registration is required. Call 602-778-3420 to register.

Learn how to gain custody of your grandchildren

Do you know whether you need to be the legal guardian of your grandchildren? Nonprofit organization Duet can help answer that question with a free Guardianship Clinic set for 3-5 p.m. Friday, May 10 at Church of the Beatitudes, Patio Room, 555 W. Glendale Ave.

If you are raising a grandchild or a

minor relative, you will need formal custody to obtain benefits such as health care or to enroll the child in school. The legal process to gain custody can be complex and overwhelming.

Duet has partnered with the Children's Law Center (Volunteer Lawyers Program) to provide a free monthly clinic to help complete proper paperwork. The presenter will be bilingual and Spanish speakers are encouraged to attend.

Reservations are required. Call Patricia at 602-274-5022, ext. 44.

Volunteers sought for Cancer Resource Center

At Cancer Resource Centers in hospitals and medical centers across the Valley, volunteers from the American Cancer Society can be found making a difference in the lives of people facing cancer.

Currently, additional volunteers are needed to help support the Society's Cancer Resource Center located at Arizona Oncology, Phoenix-Biltmore Center, 2222 E. Highland Ave. Cancer Resource Centers help cancer patients and their caregivers by providing current information and education materials and by connecting them to local support groups, programs and services and many community resources.

As a volunteer, you'll receive special training and learn how to help cancer patients and caregivers through their cancer journey. Volunteers are needed Monday through Friday in various shifts during business hours. For more information or to volunteer, call Beth at 602-778-7686.

Kids & Family

Soccer club readies for summer program

The Madison Futbol Club (MFC), which has been bringing soccer to Central Phoenix since the 1950s, kicks off its annual Challenger Sports' British Soccer Camp.

From June 10-14, soccer pros from the United Kingdom will be in Phoenix to coach during MFC's half-day camp. Participants get a dose of British culture from one of the world's leaders in professional soccer and make new friends while getting extensive soccer training. The camp mixes fun, sportsmanship and learning.

Coaching will focus on individual foot skills, fakes, moves and turns, freestyle soccer and technical and tactical instruction. There will be daily World Cup-style tournaments and other scrimmages.

Camp is open to boys and girls ages 6 to 16 with different groups for ages 6-9 and for ages 10-16. This year's camp takes place 5-8 p.m. June 10-14 at Madison Park Middle School, 1431 E. Campbell Ave.

Register online at <http://madisonfutbol.com/index.php>. Camp costs \$140 per child. Early registrants (45 days prior to camp) are eligible for a free soccer ball and replica jersey.

Madison Futbol offers soccer throughout the year through its recreational leagues as well as competitive club soccer teams for children ages 4 and up. For more information, email Shawn Grunewald at sgrunewald@mfcphx.org.

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GENERATIONS

A summer full of music and fun

Put music into your child's summer schedule by enrolling him or her in Music Works Academy's summer camps and classes.

Camps include "Way Cool" Keyboarding and "Roots of Rhythm" World Drumming, 9 a.m. to noon on Saturdays for ages 7-10 or 11-16. The camps are a great way to introduce your students to piano and rhythm through drumming.

Prelude Piano Classes for Young Musicians will be offered in June and July. These one-week intro sessions have three classes that meet on Monday, Tuesday and Thursday. Registration forms are at musicworksacademy.com/young-children/prelude.

Piano, guitar, voice, and violin lessons are available during the MWA Summer Session from June 2-Aug. 12. The Fall Schedule begins the week of Aug. 12. Registration forms for summer and fall are at musicworksacademy.com/current-students/music-links.

MWA is located at 302 W. Bethany Home Road. For more information, call the studio at 602-264-5188 or e-mail Carolyn@musicworksacademy.com.

Kids can dance, play this summer

Keep your kids happy, active, and busy this summer by signing them up for day camp at the Arizona Sunrays Gymnastics & Dance Center, 3110 E. Thunderbird Road.

The Sunrays offers its "Supercamp" day camp program for ages 3 to 13 from May 20 through Aug. 23. Children will get to enjoy gymnastics, dance, karate, swimming, sports, special guests, a bounce house, and much more.

There is a half-day camp option from 8:30 a.m. to 12:30 p.m. Cost is \$170 per week for half-day. The full-day option is from 8:30 a.m. to 3 p.m. Cost is \$250 per week for full day. Individual half-day is \$40 per day and individual full day is \$60 per day. Sibling discounts are available.

Extended care also is offered from 3 to 5:30 p.m. There is a \$10 fee for same-day registration, so call ahead. Summer registration for non-members is \$15. There is also an additional fee of \$44 per session for swimming. Swimming is optional for ages 3-8 only. For more information, call 602-992-5790 or visit www.arizonasunrays.com.

Free hearing screenings to be held at library

The Acacia Branch Library will host free hearing screenings for children, birth to 5 years, from 9 a.m. to noon on Saturday, June 1. The library is located at 750 E. Townley Ave.

Registration is not required, but children must be accompanied by a parent or guardian. Signed release forms are required.

The program is supported by First Things First North Phoenix Regional Partnership and the Maricopa County Department of Public Health. For more information, call 602-262-4636 or visitphoenixpubliclibrary.org.

Summer registration under way at YMCA

The Chris-Town YMCA at 5517 N. 17th Ave. kicks off the hot summer months with cool activities the whole family can enjoy.

Activities at the Y keep the entire family in shape, both mentally and physically. The Y offers extensive family programs, summer camps and recreation activities all throughout the year.

Programs are available to fit all age groups—from preschoolers to senior adults. Families shouldn't let finances deter them from experiencing summer at the Y as financial assistance is available and the Y offers free or discounted memberships for military families.

For more information, visit www.valleymca.org or call 602-242-7717.

Rosson House hosts summer program

The Rosson House Museum in downtown Phoenix's Historic Heritage Square will again offer "Amazing Arizona Summer Programs: A Race through Time," featuring two-week, all-day summer programs for children ages 6 to 9 in June and children ages 10 to 13 in July.

This year's program will cover historic cultures of Arizona. Children can "race" through time at the camps collecting different stamps and stickers in their Amazing Arizona Passports for the skills, crafts and projects they complete.

Parents who register children by May 31 will enjoy an early registration discounted fee of \$175 per week. Registration fees increase to \$200 per week after June 1. Lunch is not provided during these programs, but light snacks and drinks will be available.

Historic Heritage Square is located in Heritage and Science Park, 115 N. 6th St. Call 602-262-5071 or e-mail education@rossonhousemuseum.org.

Phoenix centers offer summer fun

Phoenix Parks and Recreation Department centers, including Sunnyslope, Washington, Longview and Steele Indian School Park, are offering full-day supervised recreation programs to keep kids engaged, active

and safe over the summer break.

The programs will start June 3 and run through the end of July. In addition to the full-day programs, centers also will be offering a large selection of general interest classes and sports programs.

Details on each center's programs are available online at www.phoenix.gov/parks in the Classes and Programs section or on each center's webpage in the Recreation and Community Centers area. Information also is available at 602-262-6862.

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A & E Briefs

'Sticky Situations'
Through May 30
@Central Gallery,
Burton Barr Central Library
1221 N. Central Ave.
602-262-4636

Featuring works by Beth Jorgensen and Alejandra Orozco. Jorgensen's work explores the interactions that result when people, who do not know each other, are thrown together on an elevator. These often ironic, humorous or awkward scenarios reveal much about the way different personalities interact. Visit phoenixpubliclibrary.org.

'Our Town'
May 1-19
Phoenix Theatre
100 E. McDowell Road
602-254-2151

Described as "the greatest American play ever written," the audience follows the Webb and Gibbs families as their children fall in love, marry and live out their lives. Tickets are \$25 to \$75, plus fees. Visit www.phoenixtheatre.com.

'Clybourne Park'
Arizona Theatre Company
May 2-19
Herberger Theater Center
222 E. Monroe
602-256-6995

Jokes fly and hidden agendas unfold as two different generations of characters tip-toe the delicate dance of social politics. Pitting race against real estate, two seminal events—50 years apart—are at the crux of the conflict in the same north Chicago house. Tickets are \$56-\$92. Visit www.arizonatheatre.org.

'Woman and Girl'
May 3-19
Space 55 Theater
636 E. Pierce St.
602-663-4032

The story of two Phoenix residents who are forced to live together after something happens to the girl's mother, and in the process of learning to get along, they also celebrate the good parts of living in the desert. Show times are 8 p.m. Fridays and Saturdays, and 2 p.m. Sundays. Family friendly; tickets are \$15 for adults and \$5 for children. Visit www.space55.org.

Works by Fischer and Fries
6 p.m. May 3 & 17
R. Pela Contemporary Art
335 W. McDowell Road
602-320-8445

An exhibition of new work from artists Jake Fischer and Hank Fries. Fischer's oil paintings depict night scenes in Phoenix. Fries creates three-dimensional metal sculptures, often aping parts of the human body with bits of defunct machinery and obsolete technology. Admission is free. The gallery otherwise is open by appointment only. Call or visit www.rpelagallery.com.

'All We Need is Love'
Orpheus Male Chorus
3-4:30 p.m. Sunday, May 5
Camelback Bible Church
3900 E. Stanford Drive
602-271-9396

Be carried away by romantic pieces, awed by sacred works and inspired to kick up your heels by lively songs dedicated to women such as Sarah and Cindy. Tickets are \$20 for adults, \$15 for students and seniors, and free for age 12 and younger. For more information, call or visit www.orpheus.org.

Young Sounds of Arizona
7:30 p.m. Tuesday, May 7
Professional Musicians of Arizona Hall
1202 E. Oak St.
602-254-8838

Enjoy jazz and big band music from two Young Sounds of Arizona big bands. Presented by the Professional Musicians of Arizona, Local 586. Donations are accepted at the door in lieu of a set admission price. Food and beverages available for purchase.

'Six Days in June'
7 p.m. Tuesday, May 7
Cutler-Plotkin Jewish Heritage Center
122 E. Culver St.
602-241-7870

Although the fighting lasted for only six days in June 1967, the effects of the Six Day War in the Middle East are still apparent today. More than 45 years later, the region remains trapped in conflict and is every bit as explosive as it was then. This film uses rare archival footage to take viewers through the weeks that preceded the war, its six days of fighting and its aftermath. Free; seating is limited. RSVP to azjhs@aol.com.

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ARTS & ENTERTAINMENT

'Lost in Bonkers'

TML Arts
May 13-30
Herberger Theater, KAX stage
222 E. Monroe
602-252-8497

Part of the Lunch Time Theater series. The show examines a number of psychoses, diagnoses and multitude of "personalities" through story and song. Show times are 12:10 p.m. Tuesdays, Wednesdays and Thursdays, with a special evening preview at 7 p.m. Monday, May 13, for only \$3 at the door. Other show dates are \$6 plus fees. Visit www.herbergertheater.org.

Texas Tenors:

'You Should Dream'
7:30 p.m. Monday, May 13
Grand Canyon University Arena
3300 W. Camelback Road
602-639-8999

More than 100 million people from around the world tuned in to NBC's "America's Got Talent" in 2009 to see The Texas Tenors become the highest-ranking vocal group in the history of the show. John Hagen, Marcus Collins and JC Fisher bring their unique blend of country, gospel, classical and Broadway to the stage. Tickets are available at www.GCUArena.com.

'Topia'

Ballet Arizona
8 p.m. May 14-June 1
Desert Botanical Garden
1201 N. Galvin Parkway
602-381-1096

Ib Andersen's ballet was created specifically for the Desert Botanical Garden. Reserved tables are available for \$55 and general seating for \$40. Doors open at 6:30 p.m. Tickets are available through Ticketmaster.com or by calling the Ballet Arizona box office.

Tour Concert Preview

Phoenix Boys Choir
5 p.m. Sunday, May 19
Steele Indian School Park,
Memorial Hall
300 E. Indian School Road
602-264-5328

Before the Phoenix Boys Choir's top choir embarks on their summer tour through Europe, the Tour Choir performs a Tour Concert Preview. Audiences have the chance to preview the repertoire that will be sung on the tour. Tickets are \$12 general admission. Visit www.phoenixboyschoir.org.

Phoenix Comicon

May 23-26
Phoenix Convention Center
100 N. 3rd St.

Phoenix Comicon presents the chance for fans to experience anime, authors, actors, comics, costuming, a film festival, music and more. The event also brings out the top comic book writers and artists in the industry. This year features a reunion of the original cast of TV show "Babylon 5." Visit <http://www.phoenixcomicon.com> for more information.

'T Bone 'N Weasel'

iTheatre Collaborative
May 24-June 8
Herberger Theater, KAX stage
222 E. Monroe
602-252-8497

T Bone and Weasel are fresh out of prison and determined to bring themselves up to at least the poverty level, but even that climb is too steep for these boys. It's Laurel and Hardy meets "O Brother Where Art Thou." Tickets are \$16 in advance, \$20 at the door. Visit www.herbergertheater.org.

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FOOD FOR THOUGHT



The Rullo family from Long Island, N.Y., enjoys cups of gelato at The Gelato Spot. CJ Rullo (far left) and his parents, Mary Jo and Vince Rullo, are treated to this local favorite by Vince and Mary Jo's other sons Vince Jr. and Ryan (far right), and Vince Jr.'s girlfriend, Cassie Fey, all who live in the Valley (photo by Patty Talahongva).

Café Chat

**Get hot deals
on cool treats**

By Patty Talahongva

It's not just the mercury that's starting to climb; there also are some pretty hot deals starting this month for some cool treats. Take your pick—from ice cream to yogurt, shaved ice, sorbet or smoothies, the North Central area has a bevy of options.

Below is a sample of some of the options and special May deals to keep you cool both day and night.

Baskin-Robbins

8841 N. 19th Ave.

602-997-5144

www.baskin-robbins.com

New in May will be Strawberry Waffle Cones for 89 cents. If you get it with a single scoop it will cost \$3.80 (after tax) and a double scoop will run \$5.01. Also, for Mother's Day you can get a cake in the shape of a designer purse with the initials BR in bright pink.

Cold Stone Creamery

1949 E. Camelback Road, Ste. 142

602-248-9250

www.coldstonecreamery.com

Special for Mother's Day will be a Strawberry Passion Cake. Or you can try two featured yogurt flavors for the month: Brownie Points with Oreo cookies and fudge, or Banana Bread Batter Crunch with pecans.

The Chill Frozen Yogurt

5810 N. 16th St.

(down from the Phoenix City Grille)

602-710-0292

With fun, tie-dye decor and a laid-back atmosphere, The Chill is a great place to bring the family or hang out with friends. Choose from 12 frozen yogurt flavors and more than 50 toppings to make a unique treat just the way you like it; cost is 44 cents an ounce. Or have one of the friendly staff members turn your favorite treats into a smoothie. Hours are noon to 9 p.m. Sunday through Thursday, noon to 10 p.m. Friday, and 11 a.m. to 10 p.m. Saturday.

The Gelato Spot

3164 E. Camelback Road

(in the Safeway shopping center)

602-957-8040

www.gelatospot.com

Special for *North Central News* readers: text "Italy" to 30364 to get a 20-percent off coupon in May. Single scoop: \$3.89; double scoop: \$4.79. The featured flavor in May is Coppa Confuso, the "confused cup" in Italian. It's a mix of chocolate, vanilla, hazelnuts and pistachios.

Jamba Juice

4811 N. 16th Street

602-631-9000

www.jambajuice.com

Get \$2 off all Classic Smoothies through May 20. Flavors include Banana Berry, Aloha Pineapple and



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Kitchen opens At 5:30, music At 7:30. Come early for good seats!

Friday, May 3: TOUCAN EDDY – Celebrate Tres De Mayo with Italian Mexican Food and enjoy Toucan Eddy's classic rock, Reggae and Santana music that's better than Carlos himself!

Friday, May 10: DARREN WESTON – An incredible 12-string guitar player you won't want to miss featuring country, bluegrass, oldies and folk.

Friday, May 17: HOTFOOT – Rocking funky blues, dance favorites & originals by the multi-genre music entertainer from Phoenix with Thomas Oliver on guitar and vocals.

Friday, May 24: THE HOODOO CASTERS – A talented group of musicians from the Phoenix area. They play early Chicago blues, Mississippi hill country, Louisiana swamp, Mississippi surf, Americana and their own Hoodoo Casters originals.

Friday, May 31: THE CHEZ NEW MOTOWN BAND – an outstanding three to four piece band that played at the Chez Nouz for over a dozen years, five days a week. This is timeless, fun music that crosses all generations - upbeat and romantic dance music that everyone loves.

Friday, June 7: GET READY FOR THE RETURN OF BIG NICK AND THE GILA MONSTERS!! – They are a rocking roadhouse band that plays American music. The chemistry of this group is apparent from the first moment they hit the stage. These boys belong to-together like "Peas and Carrots." *The Arizona Republic* named Big Nick and the Gila Monsters as "Arizona's Best Blues Band" two years in a row!

All events are open to the public. One person in your party must be a member for alcohol service. \$5 COVER CHARGE FOR NON-MEMBERS

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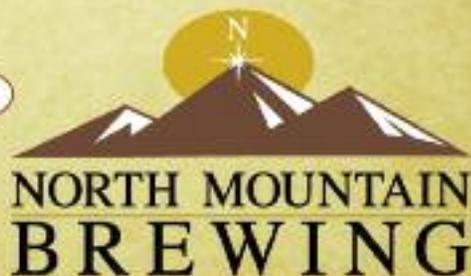
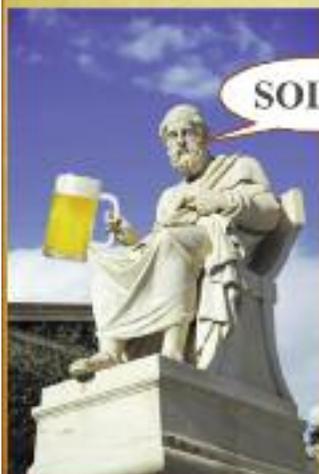
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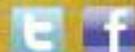


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FOOD FOR THOUGHT

Strawberry Surf Rider. The regular cost for a 16-ounce drink is \$4.80 but with the \$2 discount it will be \$2.49 with tax. The 22-ounce will cost \$3.34 and a 32-ounce will be \$4.11.

Mary Coyle Ice Cream

5521 N. 7th Ave.
(north of Missouri Ave.)
602-265-6266
www.marycoyle.net

Single scoop: \$3.01; double scoop: \$4.32, with a regular cone. Get your ice cream in a homemade waffle cone and a single scoop will cost \$3.25 and a double scoop will cost you \$4.45. Looking ahead to July, Mary Coyle will feature a fresh peach flavor.

New Orleans Sno Ball

5809 N. 7th St.
602-277-5612
www.facebook.com/
New-Orleans-SNO-BALL

Authentic shaved ice, which differs greatly from a snow cone because the flavors stay in the ice and don't settle on the bottom of the cup. Cost is \$1.75 for a 16-ounce Sno Ball, \$2.75 for a 24-ounce, or \$3.75 for a large 33-ounce. Select from flavors such as Dill Pickle or Cajun Red Hot, Buttered Popcorn and Orchid Cream Vanilla. If you want just a splash of sour, choose from three sour flavors to be sprayed on top of your Sno Ball.

Pink Spot

49 W. Thomas Road
602-265-3889
www.pinkspotcoffeeandicecream.com

Single scoop: \$2.90; double scoop: \$5.19. Waffle cones are made on site and range in price from 75 cents to 95 cents, depending on if they are dipped in sauces or sprinkles. Look for the Blue Moon, a special Michigan treat, or flavors like Peach Habanero Sorbet, Pear and Gorgonzola, and White Lavender. When July rolls around the Pink Spot will have Lobster Ice Cream. Think butter pecan without the nuts but with lobster tail in it, says the marketing department.

Twirl Frozen Yogurt

4700 N. Central Ave.
602-264-8010
www.twirlfroyo.com

Get a punch card started for more savings. Twirl offers 10 flavors of frozen yogurt, more than 45 toppings and six sauces to dazzle your taste buds. Cost is

40 cents an ounce. You can even get non-dairy and gluten-free flavors. Twirl also offers free WiFi.

Yogurtology

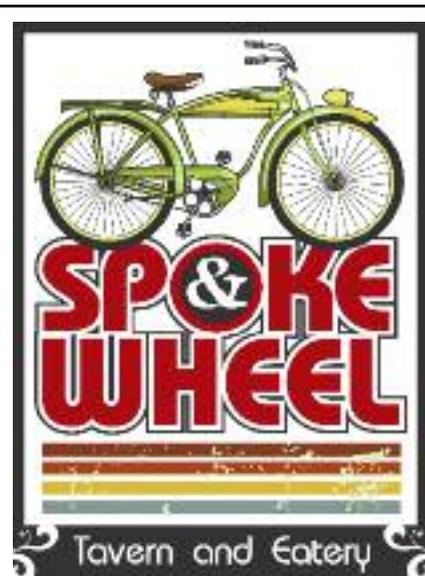
2045 E. Camelback Road, Suite A16A
602-468-6900
www.yogurtology.com

The cost is 45 cents an ounce, with more than 60 toppings available. Non-fat, low-fat, and gluten-free flavors also are available. Customer favorites include Salted Caramel. Yogurtology also offers a number of sorbets that are favored by customers.

Zoyo Yogurt

1139 E. Glendale Ave.
602-265-6060
www.facebook.com/zoyogurt

Do you like sour over sweet? Then try the Be My Lemontine. The cost is 42 cents an ounce. A customer favorite is Cake Better. You can pick from more than 60 toppings and sauces to jazz up your treat. Follow Zoyo Yogurt on Facebook and get special discounts all month long. Named Phoenix's best frozen yogurt by *Phoenix Magazine*.



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**10 am - 2 pm
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Brunch buffet \$29 adults • \$12.95 kids age 5-12

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Dining Briefs

**Café at fitness club
 adds dinner, juice menu**

Where can you uncover a culinary experience that's sustainable, edible, and entirely delicious? The answer is s.e.e.d café, because that's what it stands for—literally. The café is located inside The Madison Improvement Club, 3802 E. Indian School Road.

The menu at s.e.e.d café sources local, seasonal, and truly fresh ingredients, which are incorporated into all of its menu items. In addition to breakfast and lunch offerings, s.e.e.d café is now serving a complete dinner and juice menu along with a nightly special that is called Money Well Spent: a bottle of house wine and two flatbreads for \$30.

For more information, visit www.themadisonphoenix.com or call 602-626-7307.

**Central Bistro offers
 a 'Power Lunch'**

Business diners, corporate customers and anyone looking for a solid, yet efficient, workday meal are invited to try the

new "Power Lunch" at Central Bistro, 3160 E. Camelback Road

Coined by Esquire reporter Lee Eisenberg in 1979, the Power Lunch is where important business-related discussions and decisions are executed. With the Power Lunch, efficiency and productivity is key and a narrow menu can help any executive get down to brass tacks.

For \$16 per person, guests can effectively fuel up with a small soup or salad, a chef's daily entrée, and a homemade chocolate chip cookie. With two soups, nine salads and an array of daily entrees, there's power in the possibilities.

The Power Lunch is available during lunch service, 11 a.m. to 3 p.m. Monday through Saturday. For more information, call 480-646-8560 or visit www.centralbistroaz.com.

**New eatery opens
 at Chase Field**

Game Seven Grill is a brand new restaurant that is the centerpiece of the plaza at Chase Field. The barbecue-style restaurant with a family-friendly environment will be open on D-backs home game days beginning three hours before first pitch and will serve some of the more unique dishes in the Valley.

Game Seven Grill takes the place of Sliders, which had previously been in the same location since 2003. At the heart of Game Seven Grill is a Southern Pride XLR-600 Smoker, with the capacity to serve up to 600 pounds of the restaurant's signature slow smoked barbecue. The classic "All American" barbeque menu will also include house smoked ribs, beef brisket, chicken, turkey and pork with three distinctly delicious sauce offerings.

Reservations are available at www.opentable.com.

**Sauce now offers
 gluten-free crusts**

Gluten-free food has swept the nation as a trend for the last several years and it has proven its staying power as more and more Americans are diagnosed with Celiac disease and gluten intolerance.

To accommodate those with a special diet, Sauce Pizza & Wine, located in the Madison Village Shopping Center at the northeast corner of 7th Street and Glendale Avenue, has launched a new gluten-free pizza crust and menu. The gluten-free pizza crust is available for an additional \$2 per

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FOOD FOR THOUGHT

pizza. Additionally, Sauce is offering several other gluten-free menu items, including four salads and three soups.

For more information, call the restaurant at 602-216-2400 or visit www.foxrc.com.

Z'Tejas brings unique building, eats to NCP

After long zoning approval delays followed by a ramped-up construction schedule, the new Z'Tejas Southwestern Grill finally opened its doors last month at the southwest corner of 16th Street and Bethany Home Road.

This Z'Tejas location was one of the first "ground-up" construction projects in the neighborhood, with the restaurant modeled after famed architect Ralph Haver, to blend in with the surrounding homes.

"This location is a sign of perseverance and support from the neighborhood," says Z'Tejas CEO Steven Micheletti. "We are excited to open our doors in the heart of central Phoenix."

Z'Tejas offers Southwestern fare with seasonal menu items and specialty

cocktails, including the award-winning Chambord margarita. The new location features five uniquely designed dining rooms each with a different feel, side panels that open to the outside, a greenhouse room with a retractable roof and "living wall" inset with live plants and greenery. The restaurant seats roughly 290 guests.

Z'Tejas Southwestern Grill, based in Scottsdale, hired more than 100 people for its newest location in North Central Phoenix. This is the restaurant group's fifth Valley location. Visit www.ztejas.com for more information and follow them on Facebook at www.facebook.com/ztejassouthwesterngrill.

Take mom to the Biltmore on her day

The Arizona Biltmore Resort is a favorite spot in Phoenix for Mother's Day with holiday dining choices that include Mother's Day Brunch in Wright's at The Biltmore and a three-course pre-fixe menu in Frank & Albert's.

please see MOTHER'S DAY on page 48

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FOOD FOR THOUGHT

MOTHER'S DAY continued from page 47

Wright's new Executive Chef Gordon Maybury is preparing an extraordinary feast for Mother's Day that includes everything from a seasonal fruit display, smoked fish and bagels

and antipasti, to omelets and frittatas, breakfast buffet, carving board, iced seafood bar, waffle station, and an array of desserts. The special brunch is served 10 a.m. to 4 p.m.; cost is \$95 for adults, \$40 for children 12 and younger, not including tax and gratuity.

Frank & Albert's, featuring Arizona comfort food and American classics prepared with fresh indigenous ingredients, offers a Mother's Day breakfast buffet, as well as the regular a la carte breakfast menu, and a three-course pre-fix menu for lunch and dinner. The

buffet is served 7 a.m. to noon and is \$19.85 for adults, \$8 children 12 and younger. The three-course pre-fix menu for lunch (11 a.m. to 5 p.m.) or dinner (5 to 10 p.m.) is priced at \$48.

For Mother's Day dining reservations, call 602-381-7632.

For local restaurant listings, visit our Dining Guide at www.northcentralnews.net

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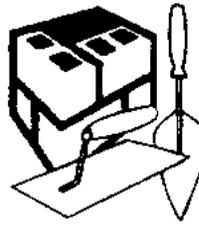
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