



north central news

the voice of the north central phoenix community

volume 15, issue 12 • december 2013

www.northcentralnews.net

Turning darkness into sunshine

By Teri Carnicelli

For the Hull family, “Out of Darkness” is more than just a community walk in which they are participating on Dec. 7. Finding their way out of the dark has been their own personal journey after, one year ago this month, 16-year-old Andy Hull took his own life in one impulsive moment that has left his family reeling.

LeeAnn Hull, Andy’s mother, knew her choices were to crumble or to find some way to make meaning and purpose of out all the pain and frustration. The frustration came primarily from the fact that Andy, the youngest of four, was a happy, healthy, talented left-handed pitcher who already was being scouted by universities and professional baseball teams. The idea of suicide wasn’t even in the picture ... until he started taking a prescription medication for acne.

“The doctor prescribed a generic form of Acutane, called isotretinoin, which is very commonly used amongst the high school kids,” LeAnn recalls. “There was a waiver to sign, which said in a small section of the pamphlet, that suicide and depression were a possible risk factor of this drug. The doctor told us that Andy was well adjusted and happy and didn’t appear to have any signs that this might be any concern for us, so I signed.”

Within one month, Andy’s grades plummeted and he would get lost when he was driving to places that

please see WALK on page 8



Local inventor Brian Korsedal and a crew of volunteers sprawl on a structure they assembled at the Maker House in Tucson. Clockwise from the top are: Brandon Mason, unknown masked volunteer, Lori Carroll, Dan Reese, inventor Brian Korsedal and Inci Erdem (submitted photo).

Building a business from the ground up

By Patty Talahongva

Toiling under the hot Phoenix sun was the genesis for Stephen Walden’s idea for a better shovel. Hot and exhausted and with his muscles screaming with pain he had an epiphany in the garden.

“Everyone told me I was crazy,” he recalls. “So I took it to school and developed (the idea) there.”

Now the North Central native and recent Loyola Marymount University graduate says everyone sings a different story. “They pretend they thought it was a good idea the whole way,” he laughs.

Phoenix resident Brian Korsedal, on the other hand, just wishes people would understand what he’s trying to do. His idea is to build digitally fabricated structures, like homes, from 3-dimensional models.

“I wanted to do a 3D printer for buildings,” he explains. “I think the people who are doing this are going about it the wrong way ... they are trying to work with concrete.”

Korsedal instead is using steel bars that are cut to specification with a CNC, a computer numerically controlled machine. “It’s like a robot that does manufacturing. It will cut it for you, you just tell it what to do.”

Both men used Kickstarter to raise funds. Walden raked in more than \$64,000 (his goal was \$50,000),

but Korsedal didn’t have much luck.

“It’s been horrible,” he admits, “It’s not going anywhere.” Korsedal thought his idea would be a huge hit but he realizes now it’s hard for people to understand what, and how, he’s trying to create. “We’re weird,” he says. “We’re not like anything people have seen.”

People instantly get what Walden is doing. His shovel has a rotating ring in the mid-point of the handle and a slot to place your foot at the head of the shovel. It allows the user to have a better, more natural grip and gives the foot a more secure place where it won’t slip off. Together those features also allow the user more force when operating.

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The Caniglia Group Neighborhood Stars



Highty and Tony Ashton, long-time residents of North Central neighborhoods, have just recently made a successful move with the help of the Caniglia Group. Both Highty and Tony have been active in the community over the years through many non-profit organizations, church groups and neighborhood boards. They say, "Steve, Shelley and Cindy made this whole process so easy for us. We are very thankful!" Congratulations on your big move, Tony & Highty. And Good luck!



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COMMUNITY



North Central youth Jeffrey Miller goes to an online high school in order to travel around the country to play competitive golf. His work station at home contains a laptop, books, and inspirational photos—and at least one familiar college logo (photo by Teri Carnicelli).

Making the grade while playing golf

By Brooke Stobbe

After several neck injuries, he stepped off the court. However talented or passionate, the damage was not worth the game.

North Central teen Jeffrey Miller's decision to quit basketball opened his schedule for less aggressive activities. At age 10, he was eating at a golf course with his family during a drive-chip-putt competition. Despite not pre-registering and lacking experience, he

decided to join the game.

He walked onto the course with the other players and family members staring. Without practice or training, he convinced himself he would play well. He got second place.

"From the moment I hit that first drive, I knew it was something I really loved," he recalled.

Jeffrey, 15, moved to Phoenix four years ago and attends an online high school in order to pursue the game of golf. He plays in more than 18 tournaments across the country each year, and ranked second in 2012 in his age group

by the Junior Golf Association of Arizona, according to the website.

"Golf is a really challenging sport and I love how you can never master it," Jeffrey explained. "There's always something you can learn about it each day. If you're really good you can go all over the world and meet amazing people."

Jeffrey said his mom, Julie, and his younger brother, Nicholas, are his biggest fans. Jeffrey's brother recently started golfing and now the boys play together; Jeffrey coaches Nicholas but receives mental help in return.

"He gives me positive energy, and when I'm positive, I play better," Jeffrey said.

Matt Trimble, instructor at the ASU/Karsten Golf Course, has worked with Jeffrey for several years and describes him as a hard worker who does not make many mistakes.

"To be good at anything you have to love it and right now, he loves [golf]," Trimble said. "He's not just playing it, but thinking about it. He writes down statistics; he's trying to understand other players. Combine a kid who loves what he's doing along with working really hard at it and no matter what, you're going to have success."

In order for Jeffrey to spend six days per week on the golf course and travel throughout the year, he attends Arizona Connections Academy (ACA), an online

please see GOLFER on page 15

Enter our monthly Reader Rewards Drawing for a chance to win a great prize!

At North Central News, we LOVE our readers! To show our appreciation for your loyalty, we will hold a drawing for a great prize every month, thanks to our advertisers and prize sponsors

Visit our website at www.northcentralnews.net to enter for your chance to win this month's prize:

Arizona Renaissance Festival Gift Basket including Four Adult Passes (a \$100 value)!

The winner will be announced in our January issue.

Congratulations to our November Reader Rewards Drawing winner!

30-Minute NuYu Chairside Power Teeth Lightening (a \$399 Value) from Central Dental Care: Cat West

One name will be drawn from all submissions for the contest and awarded the prize indicated. Winner will be notified by phone or email by a representative of North Central News. Winner agrees to have their name and likeness published in the North Central News. All prizes are final - no substitutions allowed; prizes have no cash value.

Visit www.northcentralnews.net for contest rules and additional details.



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Legal fees can be reduced and managed by providing your attorney with, or helping prepare various financial charts, budgets, and documents. Below are essential first steps to take when filing for divorce.

- Contact your attorney's office, or check their website prior to the first meeting to see which documents they require and if forms are available for completion. Visit www.jaburgwilk.com for examples.

- Complete and organize all of the forms prior to the first meeting.

- Prepare and organize your relevant financial information including your assets, debts, separate property and any ongoing financial obligations prior to the first meeting.

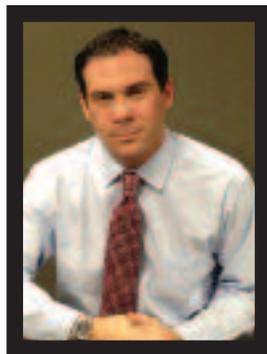
- Gather current utility bills, documents relating to your mortgage(s), tax records, bank statements, vehicle titles and payment records, retirement account statements and investment records and bring to the first meeting.

- Time costs money. Each time you contact your attorney or their paralegal, you will be charged. Contacting your legal team each day to report the latest actions of your recalcitrant spouse is unnecessary and will increase your legal bill. The same holds true for forwarding e-mail exchanges between you and your spouse.

Your attorney will bill you to review the correspondence.

Taking these steps will assist your attorney in taking immediate action to protect your interests and develop a broad outlook regarding the fair division of marital property. Next month's article will discuss how to keep costs down after you have filed for divorce.

Laurence Hirsch



- Family law attorney at Jaburg Wilk
- Expertise representing high net worth individuals
- Speaker and lecturer to business and legal professionals
- 2012 and 2013 Southwest Super Lawyer Rising Star
- Phoenix Business Journal 2011 class of "Forty under 40."
- Been on several local and national programs as a divorce law expert.

Contact

Email questions to divorceinfo@jaburgwilk.com and it may appear in the next column.

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Because divorce can be critical financially and emotionally, it helps to have an accomplished, sophisticated, and sensitive legal team fighting for you and your children.



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COMMUNITY



Local celebrity Chef Eddie Matney gives Reece Reichwald, 6, a taste of his homemade crème brûlée ice cream while dad Tim Reichwald looks on, during the Nov. 6 Taste of Desert Mission fundraising event (photo by Teri Carnicelli).

Chef helps raise funds for food bank

The 2013 Taste of Desert Mission fundraising event, held Nov. 6 at the Desert Mission Food Bank, 9229 N. 4th St., invited donors, volunteers and community members to eat, drink and give thanks while learning about the life-changing programs of Desert Mission.

For the third year in a row, local celebrity Chef Eddie Matney catered the food and wine event, while also raising funds for the organization by auctioning off some unique "foodie" opportunities, including taking over his Scottsdale restaurant, Eddie's House, for an evening of private cooking for 30 people. His efforts and additional

donations from attendees, made that evening toward the Working Poor Tax Credit, raised a total of \$89,863.

All proceeds will go to benefit Desert Mission's various holiday programs, including its annual Turkey Distribution, which will distribute more than 2,500 turkeys and holiday meals to neighbors in need.

BookPALS inspire kids to love reading

Some of the best books are meant to be read aloud. That's the premise behind BookPALS, a unique, all-volunteer literacy program sponsored by the Screen Actors Guild Foundation whose mission is to promote the joys of reading.

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The North Central News is published monthly by North Central News, Inc. The circulation is 22,000 copies mailed directly to homes and businesses in North Central Phoenix and 4,000 copies distributed from racks in the North Central area.

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DEADLINE FOR ADVERTISING AND EDITORIAL IS THE 15TH OF THE MONTH PRECEDING PUBLICATION

COMMUNITY



Kids surround Bonnie Murphy, BookPAL, after she reads at Camelview Elementary during Read Across America Day (submitted photo).

Performing artists and trained community volunteers read to classes of children at public elementary schools, special events, museums, fairs, shelters, hospitals, on the telephone and online.

Unfortunately, many families can't find the time to read together. To compensate for this, BookPALS (Performing Artists for Literacy in Schools) use their talents to bring books to life and to get kids excited about reading.

"We don't teach kids to read," explains North Central resident Ellen Dean, Arizona BookPALS director. "We teach kids to love reading."

The Arizona branch of BookPALS, started in 1998, has more than 150 volunteers serving children at 35 schools in the Phoenix metro area and Tucson.

Many of the schools are in central Phoenix, with five volunteers at Madison Camelview, eight at Madison Heights, three at Madison Rose Lane, and many more throughout the Valley.

Maggie Kraft, volunteer coordinator for the Madison School District, says that, "BookPALS are such a joy to have on campus and they do such magical work in developing the love of reading for our students."

Adults 18 and older are invited to become readers at a neighborhood school. Training and support are provided; the next training will be in January. Contact Ellen Dean at edean@bookpals.net or call 602-750-2923 for details. To learn more about the program, visit www.bookpals.net.



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Drivers heading in and out of the Melrose District will be greeted by a decorative gateway arch spanning across 7th Avenue just north of Indian School Road. Made of half-inch steel plates, each of the columns weighs 9,800 pounds (photo by Teri Carnicelli).

Melrose District gets new entry signage

A new gateway arch was installed last month in the Melrose District, across Seventh Avenue just north of Indian School Road. A dedication ceremony was held on Nov. 20.

“The Melrose District and Seventh Avenue as a whole are two of the most vibrant, growing areas of central Phoenix,” said Councilman Tom Simplot. “It’s an artistic and community hub, and this gateway is a perfect way to celebrate its diverse identity.”

The arch adds a distinctive artistic element to one of Phoenix’s main arterial streets, constructed using an 80-foot steel truss structure with 24-foot columns. Lit at night, the sign lettering mirrors Seventh Avenue’s distinctive curve in the Melrose district.

“Business owners and community members are ecstatic about the arch,” added Teresa Stickler, president of the Seventh Avenue Merchants Association. “We really see it as aiding our mission of building and beautifying our community.”

The Melrose arch is made of half-inch steel plates, with decorative lettering etched in using a plasma cutter. All together, the truss and panels weigh approximately 43,000 pounds, with each column weighing 9,800 pounds.

The Weitz Company was the contractor for the project, with Gensler as the prime consultant and architect, and the firms of Aztec Engineering Group, Inc; PK Associates and Henderson Engineers serving as the design team.

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Young women from the North Central Phoenix community were part of a group of Board of Visitors (BOV) Flower Girls who recently volunteered at UMOM New Day Centers, playing with the children at the center and doing crafts with them (submitted photo).

Homebound seniors benefit from your time

Younger adults who want to connect to an older generation are invited to become volunteers with Duet, which provides a variety of services to homebound seniors in the Phoenix metro area. An orientation is set for 4-6:30 p.m. Thursday, Dec. 5 at the Church of the Beatitudes, 555 W. Glendale Ave.

If you are interested in directly helping a homebound senior, you can

choose from a variety of service options, including grocery shopping for or with; paperwork assistance such as sorting mail and filling out forms to be signed; transportation to medical appointments or other miscellaneous appointments; computer assistance, such as teaching basic e-mail; respite assistance to give a break to the regular family caregiver; and more. Services are flexible enough to be done in the evening or on weekends, around a volunteer's schedule.

A Level 1 fingerprint background clearance is required and will be completed during orientation. If you already have a Level 1 fingerprint clearance card, bring a photocopy of the card with you.

To RSVP, e-mail volunteer@duetaz.org or call 602-274-5022.

Flower girls volunteer at UMOM center

The Board of Visitors (BOV) Flower Girls, seniors in high school, recently gathered to donate their time and talent to UMOM New Day Centers. The girls helped children residing at UMOM play games and create arts and crafts projects.

"The event at UMOM helps those in need and educates the young women selected to be Flower Girls at our Annual Charity Ball about how the Board of Visitors works with charities in our community," said Leslie Berry, chairwoman of the BOV.

BOV grants totaling more than \$16 million have helped to improve the lives of hundreds of thousands of people in the community. For more information, visit www.boardofvisitors.org.



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COMMUNITY



LeAnn Hull, center, wears a necklace with a photo of her son, Andy, in a small frame, as she is surrounded by Andy's friends and supporters all wearing the Andy Hull Sunshine Foundation T-shirts. Many of them will be wearing those shirts when they participate in a suicide prevention walk on Dec. 7 (submitted photo).

WALK continued from page 1

he should have known. "I didn't think much about this as he was very busy with baseball and distracted with all the decisions he had to begin making for his future," LeAnn explains. "He wasn't the first teenager to have trouble with grades or lack of focus. I met with his counselor and teachers, so that we could help him through this struggle."

Unbeknownst to LeAnn and the rest of the family, Andy's depression and mental confusion was rapidly worsening. So on that fateful day, Andy left school after second hour, and in one impulsive, unclear moment he took his life.

"When something this devastating happens in your life, you really only have two choices. You can let it destroy you or you can find a reason to move forward," LeAnn says.

So she started a nonprofit organization, called the Andy Hull Sunshine Foundation (<http://andyhullsunshinefoundation.weebly.com>), and now has more than a dozen friends and community members on the board. Some of those supporters have been colleagues she works with as secretary to the Kiwanis Club of Sunnyslope.

Some of her fellow Kiwanians will join the Andy Hull Sunshine Foundation team as it participates in the Out of the Darkness Community Walk, a 3-5 mile walk taking place 10 a.m.-12 p.m. Saturday, Dec. 7 at Kiwanis Park in Tempe, with the proceeds benefiting the American Foundation for Suicide Prevention (AFSP).

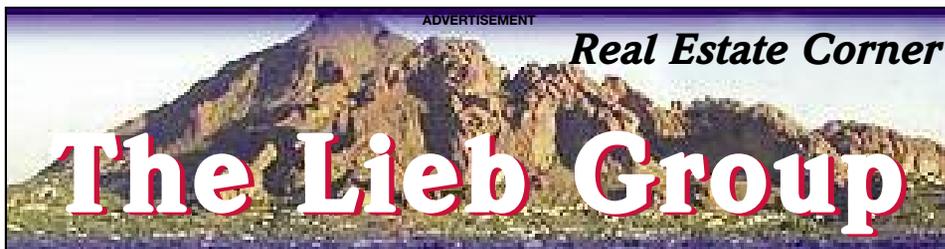
It's just one of the many efforts the foundation has made to raise awareness about bullying and depression among teenagers. The foundation has a page on Facebook (Andy Hull's Sunshine Foundation) to help reach that younger generation. Rather than focusing on the negative, the message of the foundation is to tell every child, "You Matter."

The foundation has held several fundraisers, and has had T-shirts and wristbands made with the "You Matter" message. LeAnn also has spoken to students, teachers and administrators in the Deer Valley Unified School District and the Washington Elementary School District, spreading the "You Matter" message and heightening the awareness of the alarming numbers of suicides among youth.

"I want to show these kids that if I can survive something so horrible, that they, too, can survive the many difficult and confusing moments during their teenage years," LeAnn says. "I want to give them hope for their future. I want them to know that they matter."

To make a pledge on behalf of LeAnn and the Any Hull Foundation for the "Out of Darkness" walk, go to: <http://afsp.donordrive.com/>, and under "Find a Participant or Team," type in LeAnn Hull's name. Walk donations are accepted until Dec. 31; their goal is to raise \$3,000 in pledges.

If you want to participate in the walk yourself, the registration deadline is noon on Friday, Dec. 6. Register online at <http://afsp.donordrive.com/> or call Steve Schiro at 480-212-2489.



I'm proud to live in Central Phoenix!

I was at a party last month at a beautiful home with great views of the city in Paradise Valley. One of the guests introduced himself and during our conversation told me what he does for a living. He then posed an unexpected statement: "I am assuming you live in PV or Scottsdale" and my immediate response was "I live in Central Phoenix." He then asked me where Central Phoenix was and as I paused a moment to gather my thoughts, I began to explain about our legitimate TREASURE, I



could not have been prouder to boast of my residence. Central Phoenix, the central corridor, is the amazing foundation of our Valley. Our home base continues to explode with more restaurants, local boutiques, artists and new faces moving here every day.

I am thrilled to live, work and welcome the growth in our neighborhood, Central Phoenix. I was fortunate to be the top-selling real estate agent in Central Phoenix for the 13th straight year in 2013 by selling more than 125 homes and listing 144 homes. There is much to be excited about as we finally see our home values increase from 20 percent in 85013 to a high of 40.7 percent in 85020. It will be a long time, if ever, that we reach the crazy values of 2005/2006 but we are seeing a sense of normalcy now and all are feeling more secure that we have survived the dark stages of the past five years. It's enjoyable going to sellers' homes where they actually have equity and are looking forward to selling and buying another home.

It also is an honor for me to represent two builders who have made Central Phoenix their base and will continue to build homes here for at least another two to three years. Magee Builders has either built or remodeled 10 homes in our area in the past two years. They currently have a beautiful new home at 6111 N. 2nd Place on the market for \$834,900 and another home listed at 7212 N. 15th Ave. that is on an acre with a guest house for \$575,000. Magee will be building another 15 new homes scheduled to begin January 2014, including three at 2nd Street and Missouri and seven homes located on 15th Avenue between Glendale Avenue, just north of Northern. They will start the first of the year at another site locat-

ed on Montebello just east of 3rd Street. We sold three of Magee's new homes in 2013 and look forward to selling another eight to 10 in 2014.

The other builder I represent is Porchlight Homes, who initially started in our area by building out the homes located on 3rd Avenue just north of Maryland. They have created a beautiful gated community called Claremont Estates located on 7th Avenue between Bethany Home and Maryland. There are a total of 15 home sites and we have sold seven homes in just three months with two spec homes for sale ranging in price from the high \$600s to the high \$700s. There are three models to choose from: 2,800 square feet, 3,150 square feet or 3,500 square feet. The base prices begin at \$607,900 and the larger model is at \$687,900. There also are two different elevations, European Cottage or Arizona Ranch. This subdivision is sizzling. Porchlight Homes is just breaking ground on a new subdivision of 10 homes called Sendero Villas, located on Central Avenue just north of Northern. The prices on these homes have not been finalized yet but they will start close to \$400,000. I will have more information next month on the project but feel free to call me and we will add your name to our reservation list.

Both builders are continuing to look for large parcels to build more homes so please let me know if you are interested in selling. There are numerous acre-plus sites in our area, especially horse properties. If you are a seller, I have the buyers for you. Once again, I appreciate the opportunity to live and work in North Central. I have been fortunate to have sold more than 1,500 homes in the past 21 years and over 1,000 of them have been in our "HOOD." I hope each and every one of you has a happy and safe holiday and look forward to bringing in 2014. Whether you celebrate Hanukkah or Christmas, enjoy the holidays and raise a glass on New Year's Eve to our exceptional neighborhood in the Valley of the Sun... Cheers to Central Phoenix!!

Bobby Lieb

Bobby Lieb
Associate Broker
HomeSmart Elite Group Manager/Founder
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COMMUNITY

BUILDING *continued from page 1*

“It’s a new take on an old product,” Walden explains. “It’s a way to change a conventional item we’ve grown accustomed to, to a more efficient way of doing things.”

Walden came up with the idea before he started his senior year at Loyola Marymount in California. His final year he was able to perfect the idea and get a business plan together for his company, Bosse Tools. The Brophy College Prep alum is coming home in December to start a program at ASU’s SkySong Innovation Center.

He does have a partner, Aaron Gagleard, a classmate from Brophy who is graduating from ASU and already has his own business, The Swing Set Up, a golf training aid. Bosse Tools currently is going through an ergonomics study in San Diego. “We really want to have that data behind our claims,” he says. So they are using an independent firm to certify the tools are ergonomic.

Kickstarter was a good way to see if people wanted his product. “Luckily, our predictions were right,” he says. “We’ll be working with an industrial



North Central native Stephen Walden brought in more than \$60,000 in his Kickstarter campaign to fund his invention, an ergonomic-like shovel (submitted photo).

design firm to break down the intricate details of manufacturing.”

Contributors were also able to pre-order online, and Walden has more than 800 items already sold. He will fill those orders first once he gets his manufacturing up and running. Walden doesn’t want to put a firm date on that since he’s still working out details.

Bosse Tools is what he lives and breathes each day—and what he has sunk

his life’s savings into. “This is my full-time job,” he points out.

To keep up with Walden’s progress you can visit his website at www.bossetools.com and sign up for weekly e-mails or place a pre-order. His shovels are selling for \$79 and offer three basic designs. Eventually he hopes to have more tools such as rakes, hoes and anything with a handle.

Recently Korsedal had to move a

structure he built at a downtown Phoenix location to another location. He and his volunteers literally rolled it down the street and attracted a lot of attention. They were prepared and handed out notes explaining their business. It reads, “We are on a quest to build computer-generated cities at music festivals with thousands of volunteers. Like Burning Man but permanent and sustainable. Please help us. Visit www.arcolognow.com.”

He designs the structure on his computer and instructs his CNC to cut the bars to size. Instructions are printed on sticky labels and tell the assembly workers which piece goes where. Think Legos and Tinker Toys but for real buildings. Or as he puts it, “The DNA is the stickers.” It’s more than a tent structure because if you can dream a design, he can build it.

Korsedal doesn’t have a partner and he relies on volunteers to help him assemble his creations or those that are submitted by people around the world. He likens it to a modern barn-raising experience. “Just follow the stickers,” he says and in a matter of hours, depending on the size, you’ll have the skeleton of a home or a place to hold functions. His current structure is 15-foot tall and about 25-feet wide.

He offers pizza and beer for folks willing to show up, flash-mob style, and help build. He also has volunteers from the World Wide Opportunities on Organic Farms (WWOOF). Alex Fitch, a “woofer,” as the volunteers are called, is from New Jersey and arrived in September to help Korsedal after a friend told him about the idea. “I love erector sets. I’m good at putting Ikea furniture together,” he reasoned before heading to Phoenix to crash on Korsedal’s couch.

“To date we’ve made \$60,” Korsedal admits. “We don’t have the money for R&D.”

Still, he keeps dreaming. Korsedal believes he might even be ahead of his time. “We want to do cities with this ... futuristic things.” For Korsedal, his company would be a house in a box with a structural price of \$1.25 per linear foot of material.

“The technology works. We’ve already shown it works,” he asserts. “It’s the sales and the revenue we’re having problems with.”

You can learn more and even sign up for a Dec. 7 flash-mob building adventure by visiting: www.arcolognow.com or Arcology Now Inc. on Facebook.

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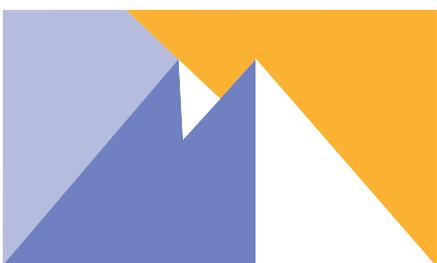
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This friendly orange tabby named Peach is a social feline who enjoys the company of dogs, kids and other cats. Her adoption fee is only \$20 (submitted photo).

Pet of the Month This little kitty is a real Peach

All it takes is one glance at Peach and the friendly tabby cat starts purring up a storm. She is an affectionate, people-oriented cat who demands attention by meowing and tap dancing at your feet.

Inquisitive and very active, Peach is all about playing and with wide eyes and much enthusiasm, she chases laser lights, swats at feather wands, fetches pipe cleaners and stalks anything that wiggles. Every bug that creeps into the house will be on Peach's radar and she serves as an excellent exterminator.

Much like a dog, this social feline will follow you everywhere around the house—even perching in between the curtains while you take a shower. She doesn't mind sharing her home with dogs, she loves kids and would enjoy having another feline roommate. She is the purr-fect cat for any family.

Peach is ready to go home today and her adoption fee is only \$20, which includes her spay surgery and vaccines. For more information, call 602-957-3113 and ask for animal ID number A441881.

Animal pics, adoption event

Poverty's Pets, a local animal rescue, will partner with Desert Song Healing Arts Center and Jessica Hately Photography for an art display during the month of December and an adoption and fostering awareness event on Saturday, Dec. 14. Desert Song is located at 3232 N. 20th St.

Poverty's Pets, an official program

of Rancho Feliz Charitable Foundation, Inc., is a volunteer project focused on finding suitable homes for adoptable dogs. "Picture Me Adopted" uses the power of photography to capture the personality and character of each dog's life story. Adopters also will receive the portrait of their new furr-ever friend taken by local photographer Jessica Hately.

Individuals are encouraged to stop by Desert Song's refurbished facility for the "Picture Me Adopted" photography show the whole month of December, and stop by from 10 a.m. to 3 p.m. on Dec. 14 to meet some adoptable dogs, inquire about fostering, check out the art, and maybe take a yoga class.

For more information, visit www.desertsongyoga.com or call 602-265-8222.

Grooming business has wealth of experience

A new pet grooming business has opened near 19th and Northern avenues, offering discounted rates for local rescue groups, seniors, military personal and public safety officers.

Puppy Love Pet Stylist is the vision of Melissa Rovner, who received her training from PetSmart in 1992, first as a groomer, then a salon manager, and finally a trainer at the PetSmart Academy, teaching students the basics of dog grooming.

Rovner left PetSmart in 2008 and she and her husband, Richard, launched a mobile grooming business. Eventually the business outgrew the van and a Puppy Love Pet Stylist grooming salon was born.

Amanda Lippert, who helped with the mobile unit, manages the new salon, which opened in October. Lippert completed training with PetSmart and earned a degree in veterinary technology in 2006.

Rovner and Lippert have more than 39 years of combined experience, with knowledge in every aspect of the job. Services include the basic bath-and-brush to hand-scissored show dogs. The salon also offers nail filing, tidy trimming, and shampoos and conditioners for dogs with sensitive skin. Cat grooming services also are available.

Puppy Love Pet Stylist is located at 7828 N 19th Ave., Suite 17. Hours are 8 a.m. to 5 p.m. Tuesday through Saturday. For more information, call 602-841-7333.



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COMMUNITY

Parade lights up holiday traditions

The 2013 APS Electric Light Parade takes to central Phoenix streets 7 p.m. Saturday, Dec. 7. This spectacular display of lighted floats, marching bands, and performance groups attracts an abundance of participants and spectators. This year's theme is "Wild West Holiday Roundup."

The parade route is along Central Avenue from Montebello to Camelback Road, then east on Camelback to 7th Street, and finally 7th Street south to Steele Indian School Park. Spectators are welcome to bring chairs, and blankets or warm clothing is recommended as temperatures are expected to drop significantly after sunset.

Parade lovers also can come out during parade judging on Friday, Dec. 6 from 5 to 8 p.m. at the event staging area at North Phoenix Baptist Church, 5757 N. Central Ave., to see all motorized entries lit up for official review. Students from Arizona State University's College of Public Programs will be on hand that night with free kids activities, and children also can visit with Santa.

Visitors to the judging can enter the staging area at the church parking lot entrance on Montebello Road off of Central Avenue.

For more information, call 602-534-FEST or go to www.phoenix.gov/parks/elp.html.

Churches hold holiday services

Faith Lutheran Church, 801 E. Camelback Road, will feature organist William Barnett on Christmas Eve. Traditional carols and special music will be performed at the 5 p.m. family worship. At the 9:30 p.m. candlelight worship, Barnett will conduct the choir while demonstrating the resources of Faith's mighty 4-manual Moller organ during the extended prelude. Holy communion will be offered at both services. All are welcome. For more information, call 602-265-3394 or go to www.faithalive.com.

Royal Palms Baptist Church, 8802 N. 19th Ave., presents "Wild West Christmas," a fun children's Christmas drama about people from the Old West learning about the birth of baby Jesus in their own way, 6 p.m. Sunday, Dec. 15. Beginning at 10:30 a.m. on Saturday, Dec. 21, the Adult

Choir & Orchestra will perform, followed by a Christmas Cookie Intermission and an encore performance of "Wild West Christmas." A Christmas Eve Service will take place at 6 p.m. For details, call 602-944-3306 or visit www.royalpalms.org.

Central United Methodist Church, 1875 N. Central Ave., will offer four Christmas Eve candlelight services at: 5, 7, 9 and 11 p.m. An inspirational meditation by Rev. Larry Norris will be featured in each of the services. The 5 p.m. service is led by Steve Hilderbrand and includes jazz music, the Children's Choir, and group singing of favorites carols. The 7, 9 and 11 p.m. "Lessons and Carols" services will feature the Sonoran Brass, The Cathedral Handbell Choir, and the church's noted Sanctuary Choir. Central UMC provides professional childcare during the 5 and 7 p.m. services. For more information, call 602-258-8048, ext. 108 or visit www.centralumc.com.

Gingerbread house display at the Sheraton

Each year, Sheraton Phoenix Downtown Hotel holds a gingerbread house competition set to various Christmas story themes where elaborately decorated edible creations are displayed in the hotel's Park Lounge lobby throughout the holiday season. The finalists will be on display through the end of the year.

For the second year in a row, Sheraton Phoenix Downtown partnered with Le Cordon Bleu College of Culinary Arts to give students a chance to creatively showcase their talents and win a monetary scholarship donation to their Le Cordon Bleu College of Culinary Arts tuition and/or supplies.

The first round of judging took place at Le Cordon Bleu College of Culinary Arts in mid-November. Finalists have their gingerbread houses on display at Sheraton Phoenix Downtown, where the final judging occurs. Prizes will be awarded for the top-three competitors through a scholarship donation to their Le Cordon Bleu College of Culinary Arts tuition and/or supplies in the following amounts: First place is \$1,000; Second place is \$500; Third place is \$250.

Visit www.sheratonphoenixdowntown.com/gingerbread or www.facebook.com/SheratonPhxDowntown.

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Library offers new electronic resources

Phoenix Public Library has launched two new electronic resources, Axis 360 and Press Display, available to library cardholders through the library's website at www.phoenixpubliclibrary.org.

Axis 360 offers a diverse collection of the most popular titles and topics in both eBook and eAudio formats. Designed for the Blio format, eBooks available through this digital collection include children's picture books, cookbooks and other visually rich items.

In addition to these nonfiction materials, the library has acquired digital copies of works by popular authors including David Baldacci, Nicholas Sparks and Sandra Brown—previously unavailable to the library. More than 4,800 copies are currently available with library staff expecting to add an additional 800 titles per month over the next year.

Blio is an ADA compliant platform that provides more visually appealing materials than the standard Epub format.

Press Display is an online service that provides more than 2,500 newspapers and magazines from 97 countries in more than 50 languages—available on the day of publication. Titles include "International Herald Tribune," "Washington Post," "Los Angeles Times" and more. Library cardholders may also download an app that allows them to download, store, read and manage their newspaper and magazine selections. A mobile version of the service makes publications available through your smart phone or Blackberry device.

Visit phoenixpubliclibrary.org and select "Browse the Library." Click on "eLibrary." Then, click on "eBooks" to explore Axis 360 and "Online Magazines & Newspapers" to sample Press Display.

Lunchtime discussions of life, faith, more

Everything from politics to prayer is featured at a weekly experience called Lifetree Café. This "conversation café," located in the Centennial Room at First United Methodist Church, 5510 N. Central Ave., is part of a national network of locations that offer participatory events related to life and faith.

The hour typically includes a short original film and guided conversation.

A local host directs the hour. Topics, which change weekly, focus on popular life issues. Topics for December include: "Art of Listening: An Act of Love," on Dec. 2; "What People Really Think of Christians ... and Why," on Dec. 9; "Overcoming Hardship: A Father and Son Beat the Odds" on Dec. 16; "Body Language: What You Say Before You Say a Word" on Dec. 23; and "One Woman's Quest to Save 300 Babies" on Dec. 30.

Admission to the 60-minute event is free. For more information contact Diane VanDyke at 623-696-7344 or mdvandyk@cox.net. See weekly previews at www.facebook.com/LifetreePhoenix.

Hospice of the Valley seeks volunteers

Hospice of the Valley seeks volunteers to assist patients at Phoenix-area locations. The agency is holding four volunteer orientation sessions 9 a.m. to 3:30 p.m. Dec. 6-Dec. 14, every Friday and Saturday, at the agency's administration office, 1510 E. Flower St.

Additionally, HOV is looking for Spanish-speaking volunteers to assist patients and support their families. The agency is holding a two-session volunteer orientation 8 a.m.-5 p.m. on Dec. 7 and Dec. 14 also at the administration office. The class will be conducted in Spanish.

Volunteers provide respite for caregivers, read and visit with patients, run errands and offer emotional support. Most care is provided in patients' homes. Registration is required prior to orientation. Apply at www.hov.org/volunteer.

Preschool marks 30 years of care

Faith Lutheran Preschool, 801 E. Camelback Road, will hold a celebration 5 p.m. Thursday, Dec. 5 in honor of its 30-year anniversary. The event will include games, food, a cookie sale, silent auction, Christmas show, and more. Alumni, neighbors, friends and current families are welcome to attend.

In September 1983, Faith Lutheran Preschool and Parenting Center opened its doors to children and families in the surrounding community. The program provides a safe, healthy and stimulating environment for young children and families to learn and grow together.

For more information, call 602-277-6175 or visit www.faithlutheranpreschool.org.

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COMMUNITY

GOLFER continued from page 3

K-12 school (www.connections.academy.com). He is in ninth grade this year.

"We are a really great option for kids who are serious about school and athletics, but want to go to a recognized university to continue their sport," said Kerri Wright, ACA principal. "Jeffrey has been with us for four years and is a great example of a student who used our school to his advantage. My student athletes are my very strong students."

Although the teachers are required to phone their students at least twice every semester to discuss course material, the online school still requires the students to be highly self-motivated, Wright pointed out.

"For my student athletes, their grades are typically pretty amazing," Wright said. "None of their coaches would want them to do poor and a lot of my students want to go to university to play their sport, so they know their grades go right along with it."

Jeffrey said a good education is important for a back-up career; he loves learning and wants to begin taking Advanced Placement courses.

"He knows that if he's worried about schooling, he can't focus on his golf," mom Julie explained. "The better he can do and excel in his education, the more freedom he has to do what he wants."

Jeffrey said he always takes at least one day off of golf each week to keep from burning out.

"I like to ride my bike around the

neighborhood, draw, do some reading or swimming, and I really like movies," he said. "There's a group of kids in Arizona that are homeschooled too, so we go to the movies sometimes or play on the golf course. Through them I can meet other friends, too."

Jeffrey said he does not miss the team-aspect he had in basketball because he enjoys being in control of the game. "Golf is a solo sport, golf is myself," he said. "I feel like I'm in charge with whatever I do and I'm in charge of my own destiny."

Editor's note: Brooke Stobbe is a journalism student at ASU's Walter Cronkite School of Journalism and Mass Communication.

Donate handmade quilts, blankets

A Valley chapter of the nonprofit Binky Patrol is collecting homemade quilts, knitted or crocheted blankets and fleece blankets through Dec. 12 at Century Library, 1750 E. Highland Ave.

The donated items will be distributed via local family service agencies to children and teens in need of comfort and a caring touch. The suggested minimum blanket size is 32 inches by 40 inches. Crafters can use their own design or ask at the library desk for instructions to make a simple, no-sew fleece blanket that even children can do.

For more information about Binky Patrol, visit www.binkypatrol.org. To contact the local chapter sponsoring this event, call Linda Sandels at 480-575-8129.

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Branch located next to Biltmore Fashion Square! This brings our total number of escrow staff to twelve handling everything from residential to development and commercial transactions. Chicago Title is certainly a full service title and escrow company able to handle any and all real estate related questions.

A new addition to Chicago's team is Michele Flanigan who comes to us from Old Republic Title, and has a total of 28 years in the real estate market. She started out in construction/development Pointe Builders out of San Diego, CA in 1985 which led to property management of commercial real estate with Daley Corporation. In 1993 Michele relocated to Arizona to start her career in the title and escrow industry. We are thrilled to have Michele on our team! We have second Michelle who has another 19 years of title and escrow experience on the team as well! She managed a branch for LandAmerica Transnation for a few years before being hired at Chicago Title Agency to work in our top residential branch for 2012. Michelle Owens is taking on the role of Manager of the North Central office. Rounding out the escrow team is Catherine Gallagher who joined us a little over a year ago. She has 38 years of title and escrow experience and came to us from Chicago, Ill where she owned her own title company for 12 years.

Lastly, I want to share that I am following a new adventure in my life. I have been promoted to a Vice President of Sales and Marketing position with my company and will be relocating with my family to my home state of Indiana just in time to enjoy the cold weather! I am sure my two sons will appreciate the novelty of

snow although my husband and I are a little less thrilled about it. Replacing me is Jay Stuckey III (better known as Trey, a third generation native). You may recognize the Stuckey name as his grandfather was the founder of Stuckey Insurance and his dad has been involved in development here in the valley for many years. Jay was previously at Republic Companies in Business Development. Jay attended Saguaro High School and is a graduate of the University of Arizona in Tucson. He has two children, Elizabeth 17 and Andrew 14. Jay is making the transition a smooth one and I look forward to hearing about his many successes in the North Central Community.

I personally want to thank all of the Real Estate Professionals in North Central who embraced me as partner in their business. I have had so many wonderful experiences and memories with all of you...I wish you continued success in your careers. I also want to thank the many families we've met through the years who opened their homes and hearts to my husband and I and our two sons. Your friendship is so precious to us and we will miss you!

Happy Holidays from your friends at Chicago Title Agency...

Lisa Capes

Lisa Capes
AVP, Sr. Account Manager/
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Michelle Owens, Branch Manager
Catherine Gallagher, Escrow Officer
Michele Flanigan, Escrow Officer
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602.667.1080

Biltmore Corridor

Terri Castro, Branch Manager,
Sr. Escrow Officer
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Sheri Mays, Sr. Escrow Officer
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Day respites provide break for caregivers

Families that are caring for aging loved ones in their homes can take advantage of day respite centers in order to get holiday shopping and other critical errands done.

Suntree Adult Day Health (for Seniors), located at 4120 N. 20th St., is open 7 a.m. to 5 p.m. Monday through Friday, as well as on Saturdays from 9 a.m. to 1 p.m.

Suntree is an adult day center for seniors age 55 and older that provides caregiving, day respite, resources, and education to family caregivers. The center specializes in caring for those with dementia and Alzheimer's. Suntree is license by the Department of Health Services and is contracted with Area Agency on Aging and Arizona Alzheimer's Association.

Suntree accepts Long Term Care Insurance and ALTCS (Medicaid). The day rate is \$10 per hour. Call the front desk and ask Tiffany for the Holiday Special, a free one-day pass to the center. For more information, call 602-441-

4900 or visit www.suntreecenter.com.

The Foundation for Senior Living operates the Monsignor Edward J. Ryle Life Center, which has the capacity to serve as many as 135 seniors and adults with disabilities. It is located at 3620 N. 4th Ave.

Programs and services are designed to promote greater physical and emotional well-being, and are tailored to the needs of each client. Services include therapeutic recreation, social services, and medical monitoring to seniors with Alzheimer's disease or dementia, stroke survivors, or individuals who simply cannot stay alone at home during the day.

Amenities include a Health Club for supervised exercise and therapy; a café for cooking classes, nutrition training, and socializing; a shaded outdoor patio; and program areas outfitted with large flatscreen TVs for clients to enjoy Wii competitions.

For more information, visit www.fsl.org or call 602-287-1840.

Grant helps fund music technology lab

Rosie's House: A Music Academy for Children will use a \$10,000 TechFoundation grant to create a music technology lab including music theory software, a smart board and lap top stations for students to compose music.

"The technology lab will enhance the music education curriculum and provide a creative opportunity for composition and song writing," said Becky Bell, executive and artistic director of Rosie's House, 1875 N. Central Ave. "We will be able to provide our students with new ways of learning and opportunities to express their creative potential."

David Altshuler, executive director of TechFoundation, added that Rosie's House "is one of the few nonprofits ready to make the most of targeted technology investments."

Rosie's House is one of the largest free afterschool music programs in the United States, and relies on community support to provide the life-changing gift of music to students that would not be able to afford this opportunity. The technology grant will also be used to update existing database systems and graphic design software.

For more information, visit www.rosieshouse.org or call 602-252-8475.



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COMMUNITY

Swim club now slated for demo

By Teri Carnicelli and Priscilla Walsh

The Phoenix City Council voted unanimously on Nov. 20 to allow Brophy College Preparatory to remove the use permit on its Dottie Boreyko/Brophy Sports Complex at 29th Street and Campbell Avenue, paving the way for the property's sale and ultimate conversion to single-family homes.

Council members voiced their sympathy to neighbors and groups like Preserving Community Aquatics who didn't want to see this community asset turned into yet another housing development. However, they pointed out that in cases like this, the law favors property owner rights over community activists.

The pool was built in 1988 by well-known Valley real estate developer Charles Keating. The special use permit was approved by the Phoenix City Council in January 1990 to allow for a private athletic club with non-member usage (i.e. visiting swim teams) but no open public swimming. Brophy bought the property for \$1.5 million in 2002 primarily so its swim teams could use the pools during the competitive season.

Ryland Homes, which will now likely purchase the 10-plus acre property from Brophy for approximately \$6.2 million, needed the use permit removed in order to move forward with its housing plans. Ryland has agreed to allow groups like the Phoenix Swim Club and the swimming program at Grand Canyon University to finish out their seasons, leaving the club intact until March 2014.

The Dottie Boreyko/Brophy Sports Complex has been the long-standing home of the Phoenix Swim Club, which now is in search of other appropriate facilities around the Valley.

"We've been quite a successful club and have had a fantastic opportunity to swim at this facility as a result of a long-standing relationship with Brophy College Preparatory," said Steve Schramm, vice president of the Phoenix Swim Club Board of Directors.

"The challenge is finding a location that can support a swim club the size of the Phoenix Swim Club; we have about 400 families that swim here and in addition we have a num-

ber of partners who swim with us," Schramm explained.

In addition, the club frequently hosts teams from around the United States as well as international teams who come for the training environment.

"And so, what we're trying to do is find a partner that can handle the amount of swim time that we utilize, and someone who's very philosophicaly aligned with what our mission is to develop young athletes in their life," Schramm said.

"We've taken great pains to communicate to the membership that the swim club is going to continue, regardless of what happens with the facility," he added. In fact, the club recently entered into an agreement with the Moon Valley Country Club to use its pool for some of the club's programs. But it won't be enough to service all the classes and programs the club provides. "I think while families have been concerned—and we understand that—they believe in the direction we're going and we will survive," Schramm said.

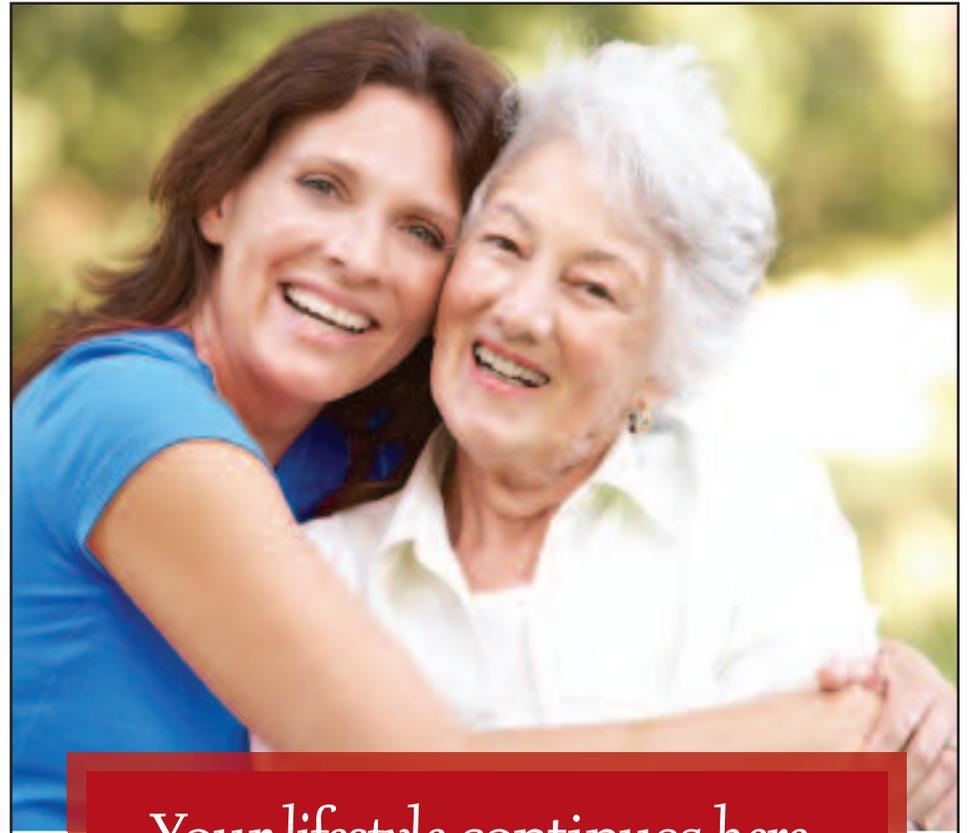
In the meantime, residential neighbors of the property feel the city made an error in judgment and are frustrated with the outcome.

Tricia Schafer is director of Preserving Community Aquatics, a nonprofit group formed to support all public aquatic activity and accessible swimming in the Valley. Schafer also lives adjacent to the Dottie Boreyko/Brophy Sports Complex and said she bought a home in the neighborhood because of the pool.

"And I know there are a lot of other businesses and swimmers who deliberately bought homes in this area, or gravitate to this area because of the pool," she pointed out. "These are people who pump gas at our gas stations, buy groceries at our stores, shop in our area ... they drive money into this economy, because of the pool.

"Some of us will move to communities with adequate aquatic facilities; some of us will stay and hope that the promises of building alternative pools accessible to the public will be kept," Schafer said. "As individuals, we have the luxury of making choices. But the city of Phoenix has lost something it can't recover—a gorgeous parcel of land, a life-saving resource, and a piece of history."

Editor's note: Priscilla Walsh is a freelance writer in Phoenix.



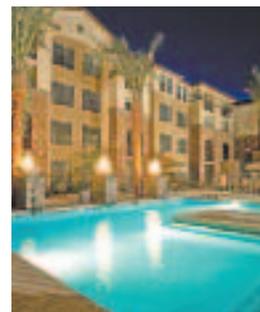
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COMMUNITY



This remodeled "transitional ranch" home on West Willetta Street is just one of the many homes featured on this year's F.Q. Story home tour, set for Dec. 7-8 (submitted photo).

Only evening home tour returns Dec. 7-8

The F.Q. Story neighborhood celebrates its 29th Annual Home Tour Dec. 7-8. The Story neighborhood, near downtown Phoenix, includes homes dating from the 1920s.

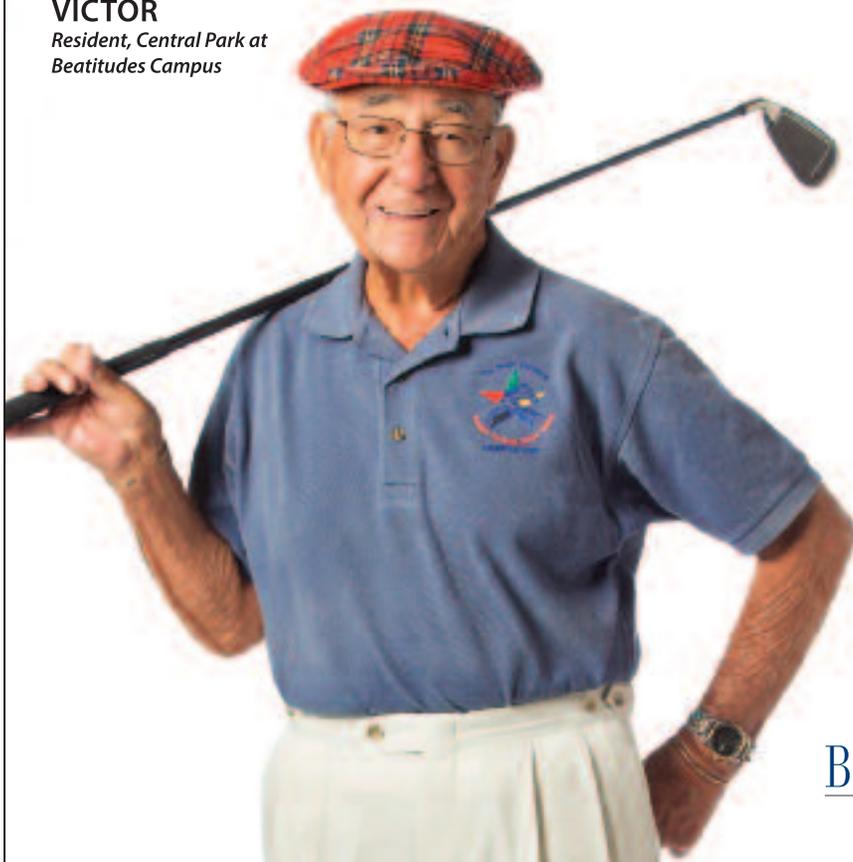
The F.Q. Story historic district was founded in 1982 to protect the heritage of the neighborhood. The tour will feature several homes available for viewing inside and out.

An evening tour including luminarias and strolling carolers, takes place 6 to 9 p.m. on Saturday. Sunday tour hours are 11 a.m. to 5 p.m. including gift, craft and food booths. A street trolley will be available for those with limited mobility.

Cost is \$15, with a \$1 discount offered with the donation of a can of food or non-perishable food item. Tickets are available online and each day of the tour at 9th Avenue and Willetta. For more information, call 602-258-9282 visit www.fqstory.org.

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Community Central

AAB&C Anniversary Celebration

10 a.m.-8 p.m. Tuesday, Dec. 4
All About Books & Comics
5060 N. Central Ave.
602-277-0757

The comic book and more store celebrates 32 years of business, with refreshments, activities for kids, back issue comics on sale for 32 percent off, as well as the discount comic room offering 100 comics for 32 cents each.

Golf Blowout Sale

10 a.m. to 2 p.m. Friday, Dec. 6
Phoenix City Hall,
Assembly Room A
200 W. Washington St.
602-268-5088

Apparel and golf merchandise from all city golf courses will be on sale for this once-a-year event. Purchase holiday gifts for the entire family. Gift cards also will be available for purchase. For information, visit www.phoenix.gov/golf.

Crafeteria Festival

6-10 p.m. Friday, Dec. 6
Medlock Plaza
10 W. Camelback Road
602-279-5467

An indie craft festival with 40 Valley-based vendors selling everything from art to jewelry to stationery. There will be live music. Support your local craftspeople and get a jump on your holiday shopping. Admission is free. Visit www.francesvintage.com.

Sunnyslope Historical Society Fall Meeting

1 p.m. Saturday, Dec. 7
Sunnyslope History Museum
737 E. Hatcher Road
602-331-3150

The meeting will salute Sunnyslope military veterans from conflicts around the world. Local veterans will speak about when and where they entered the service, where they were stationed and when they were discharged. American Legion Post 75 will provide motorcycle riders with flags and their color guard for posting of the colors. Model airplanes of crafts used in warfare will be on display. Refreshments will be provided. Admission is free and the event is open to the public.

Book Sale

Dec. 7 & 10
Century Library
1750 E. Highland Ave.
602-261-8677

Friends of the Phoenix Public Library, Century Library Chapter, will conduct a special Holiday Book Sale. Hours are 12-4 p.m. Saturday and 11 a.m.-3 p.m. Tuesday. Books for sale are both used and gently used. Proceeds support library programming.

Pearl Harbor Day Observance

9:45 a.m. Saturday, Dec. 7
Wesley Bolin Memorial Plaza
1700 W. Washington St.

The event features a special dedication of Arizona's newest World War II memorial, which includes a gun barrel from the USS Arizona. There will be a 10:55 a.m. flyover by WWII Boeing B-17 Flying Fortress Bomber, "Sentimental Journey." Purchase a raffle ticket at www.gunstosalutethefallen.com for a chance to ride in the bomber; the winner will be announced at the ceremony. Military vehicles will be on display. Limited seating; bring your own chair.

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COMMUNITY

**Phoenix Phabulous
Storytelling Showcase**
6-8 p.m. Wednesday, Dec. 11
Phoenix Center for the Arts
1202 N. 3rd St.

The public is invited to an evening of entertaining short stories about nine major time periods of Phoenix history from the diverse perspectives of those who have poignant stories to share. Local celebrity storytellers include Bob Boze Bell, Jana Bommersbach, Frank Barrios, and Marshall Shore. Doors open at 5:30 p.m. with beverages, snacks and an open mic. Admission is free; space is limited to the first 200 attendees.

**Fifth Annual North Central
Holiday Dinner**
6:30 p.m. Friday, Dec. 13
North Phoenix Baptist Church
5757 N. Central Ave.

This is a night filled with music, dinner, and holiday cheer. The choirs from North and Central High Schools will perform "Hodie," a new composition written specifically for the students by noted composer Dr. J. Edmund Hughes. Tickets are \$30 and are only available prior to the event. Proceeds benefit both the Central High and North High Choir programs. For tickets contact Jamie Joynt, joint@phoenixunion.org at North High, or Jessica Ryan at Central High, jryan@phoenixunion.org.

**Gerdon Discusses
Domestic Violence Issue**
6:30 p.m. Tuesday Dec. 17
Beatitudes Luther Life Center
1616 W. Glendale Ave.
602-510-1544

The Phoenix Branch of AAUW will feature Dina Gerdon, the Community Engagement manager of the Sojourner Center, who will discuss "Overcoming Domestic Violence One Life at a Time." She will have an on-screen presentation of the Sojourner operation. Visitors are welcome. Dinner (\$14) will be served at 5:30 p.m. RSVP for dinner by Dec. 13.

Third Friday in the Park
5-10 p.m. Friday, Dec. 20
Civic Space Park
424 N Central Ave.
602-262-7464

The Phoenix Parks and Recreation Department and Best in Show Management are bringing food trucks and entertainment to downtown. Events include visual arts, perfor-

mances on the outdoor stage, spoken word, movies in the A.E. England Building, ArtLink gallery openings, and more. Admission is free.

Phoenix Writers Club
12-2p.m. Saturday, Dec. 21
Bluewater Grill
1720 E. Camelback Road

Whether you are a published author or just beginning to put your ideas on paper, come join Phoenix Writers Club for lunch and holiday festivities. Cost is \$15 for members and \$20 for guests. Reservations must be made by Dec. 17. RSVP to neeliepubl@aol.com with Phoenix Writers Club in the subject line. Members and the public are welcome.

Family-Friendly Events
Through Dec. 22
Metrocenter Mall
28th and Peoria avenues

Metrocenter Mall hosts several family events for the holiday season, including Crafts with Mrs. Claus, Dickensian Carolers, Cookie Decorating and more. All events are free. For a schedule, visit www.metrocentermall.com/events.

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Holiday Central

Home Sweet Home' Gingerbread House Show & Auction

6:30 a.m.-7 p.m. Dec. 2-6

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Last year's event featured more than three dozen painstakingly crafted gingerbread homes created by local artists, architects, business owners, chefs, scout troops, celebrities, school groups and community members. The exhibit is free to view, however, the auction, which is set for 5-8 p.m. Dec. 7, has an admission charge of \$20 (online, or \$25 at the door). Children ages 12 and younger are admitted free during the auction. Refreshments will be served. Proceeds fund a variety of services and programs through the city's Neighborhood Services Department. For tickets or more information, visit www.nhsphoenix.org/HomeSweetHome.html.

Holiday Tree Lighting

5:30-7 p.m. Tuesday, Dec. 4

Rico's American Grill,

Pointe Hilton Squaw Peak Resort 7677 N. 16th St.

The resort's mountainside holiday tree will be lit with festive glowing lights during the free celebration, featuring holiday carolers, complimentary hot cocoa, a visit from Mrs. Claus, a station for letter writing to the troops and holiday crafts for kids including ornament making. An "Angel Tree" benefiting Maricopa County Children's Medical Center will be on display. Guests are encouraged to take a tag and donate needed items and gifts.

Annual Holiday Art Sale

11 a.m.-7 p.m. Dec. 4-5

Phoenix College

1202 W. Thomas Road

A large selection of original art and crafts created by PC students, staff and faculty will be available, including ceramics, jewelry, paintings, photographs, glass and more. Cash only for purchases. Located in the Eric Fischl Gallery, second floor of the Fine Arts Building.



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COMMUNITY

**Holiday Festival
at the Falls**

5-8 p.m. Friday, Dec. 6
Pointe Hilton Tapatio Cliffs Resort
 11111 N. 7th St.
 602-866-7500

The Falls Water Village is transformed into a poolside winter wonderland. Indulge in holiday sweets and hot chocolate while strolling through a festive village of cabanas featuring holiday-themed activities for children, treats and more. Children can pose for a commemorative photo with Santa Claus. The Phoenix Fire Department will be at the event for a special meet-and-greet and fire truck showcase. Guests are asked to bring two cans of food or \$5 per person to benefit the St. Mary's Food Bank.

Holiday Bazaar

9 a.m.-1 p.m. Saturday, Dec. 7
VALLEYLIFE
 1142 W. Hatcher Road
 602-216-6385

The event will include entertainment, raffles, gourmet food trucks, arts & crafts and other wares. Proceeds from booth rentals and raffle tickets will help fund the VALLEYLIFE arts program. The Holiday Bazaar will be held outside, rain or shine.

**Seeds for Autism Holiday
Sale & Open House**

10 a.m.-3 p.m. Saturday, Dec. 7
SEEDs Facility
 1345 W. McKinley
 602-989-1242

The theme is "decorate, design and dine." There will be lots of hands-on activities including wreath-making ideas, how to create bows, demonstrations of gift-wrapping techniques, and

more. On the culinary side, learn fabulous appetizer ideas and how to make no-bake desserts, as well as great holiday cocktails and other fun drink ideas. And of course, many great gift items will be available for purchase. Visit www.seedsforautism.org.

**Fifth Annual
Festival of Trees**

6:30-10 p.m. Saturday, Dec. 7
Herberger Theater
 222 E. Monroe
 877-779-2470

The event includes food, drink, music and a live auction to raise funds for PSA Art Awakenings, serving adults and youth with mental health illness. Holiday trees and wreaths will be raffled, fully decorated and delivered to the winners the next day. Admission is \$25 at the door or \$20 if purchased online before Thanksgiving at www.ArtAwakenings.org/FestivalofTrees.

'Breakfast with Santa'
Dec. 21-24

Rico's American Grill,
Pointe Hilton Squaw Peak
 7677 N. 16th St.
 602-997-2626

Guests will enjoy seasonal photos with Santa and holiday story time, while Mrs. Claus treats children to cookie decorating, gingerbread activity books, and a tasty breakfast buffet. Seating times are at 8 a.m., 10 a.m. and noon. The buffet will feature made-to-order omelets, applewood-smoked bacon and sausage, homemade biscuits and gravy, eggs Benedict and a French toast bar, fresh fruit and more. Reservations are required. Pricing is \$29.95 for adults and \$18 charge for children ages 10 and younger, inclusive of a complimentary photo with Santa.



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TAKING CARE OF BUSINESS

Business Briefs

Artplay moves to bigger space

Artplay is packing its bags of therapeutic toys, tools, clothing and more and moving to a larger space in Camelot Square, 1130 E. Missouri Ave., Suite 350. The new facility and store is set to open on Dec. 1.

Artplay is more than just a retail store of youth therapy products. Liz Tomko founded Artplay in 2010 to provide parents with help for children who are struggling with emotional issues. She holds a master's degree in Counseling with a specialty in Expressive Arts Therapy from Ottawa University and a Bachelor of Fine Arts degree from Texas Tech University. Her company became so successful that she decided to open the Artplay brick-and-mortar store in March 2012.

Artplay sessions help children learn about their emotions by allowing them to explore freely through art and play. Themes include, but are not limited to, anxiety, sadness, anger and fear. Artplay uses art-making as a powerful but gentle process to help children who have a hard time expressing their feelings verbally. The program can include sensory play, movement, art, music and writing.

Tomko also sells therapeutic products that can be used at home, such as paddle balls, modeling clay, and Kimochis—stuffed animals that come with “mood” pods.

With the larger space at Camelot Square comes new opportunities. Tomko has teamed with Emmy Fansler to offer special dance therapy classes in the new

“Flutter Room.” Fansler's students gain not only body awareness and technique, but also life skills to be positive, creative, and empathetic relationship-builders, communicators, and artists.

Classes begin in December, including dance, parenting classes, sensory groups and more. For more information, call 602-329-1347 or visit www.artplayhealing.com.

New technology targets fat cells

Body Beautiful Spa now offers the innovative Invasix TiteFx technology—non-invasive fat cell destruction and body contouring. The TiteFx uses a unique combination of radio frequency, vacuum massage, and high amplitude pulse that is clinically proven to permanently destroy fat cells, reduce the appearance of cellulite, and tighten skin.

“We evaluated all of the cellulite and fat reduction machines currently on the market, and found that the TiteFx provides the most comfortable, most effective treatment,” said Marlena Krueger, executive director of Body Beautiful Spa. “We wanted to be sure that the results were real, and that the discomfort was minimal.”

Sessions are about 45 minutes per area, with minimal discomfort and no down time following treatment. Most people can see a visible difference immediately after the first treatment, however optimal results require six to eight subsequent weekly treatments.

For more information, call 602-522-9222 and schedule a consultation. Body Beautiful Spa is located at 4449 N. 24th St.



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TAKING CARE OF BUSINESS



Adam Goodman, CEO of Goodmans Interior Structures, and Darlene Newsom, CEO of UMOM New Day Centers, in the new conference room.

UMOM gets new conference center

Earlier this year, Goodmans Interior Structures announces UMOM New Day Centers, a nonprofit that provides homeless families with shelter, housing and support services, as the 2013 winner of the Goodmans' Eye for the Good Guys Board Governance Award.

As the award winner from Maricopa County, UMOM received a \$20,000 makeover for its conference room.

Renovation began in May, and the new space was unveiled on Oct. 8, with new furniture, paint, signage, flooring and more. UMOM will have much more flexibility with new furniture to create five different layouts that maximize the use of its space and help the nonprofit serve its clients even better.

"UMOM's board of directors provides significant leadership to ensure, for years to come, that the organization will continue to fulfill its mission of

helping homeless families reach their greatest potential," said Adam Goodman, CEO of the family-owned Goodmans Interior Structures.

More than 11,320 people voted online for their favorite "Good GuyS" during the contest's public voting period, March 11 to 22. Goodmans selected the winners based on a tallied score from a questionnaire, the judges' review of the answers, and public voting.

"UMOM is thrilled to have a new conference room to allow our dedicated staff and board of directors to continue to create solutions to help homeless families," said Darlene Newsom, CEO of UMOM New Day Centers.

Mane Attraction gets makeover

Since 1977, Mane Attraction Salon and its staff has been outfitting its clients with the latest looks out of its longtime home at the northwest corner

please see MAKEOVER on page 26



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MAKEOVER continued from page 25

of 32nd Street and Camelback Road.

The salon has undergone a sleek, all-new renovation, both to improve the appearance and overall feel of the salon, as well as to help better serve its clients today and for generations to come.

Husband-and-wife owners Kendall Ong and Beate Assmuth-Ong purchased the landmark salon in 1998. "After consulting with our clients and staff, we knew we wanted to open the space to give it more of a seamless indoor-outdoor feel," Kendall says. Which meant tearing down the signature glass block wall and replacing it with a series of five sleek, floor-to-ceiling glass panels that, in nice weather, will all slide away to open the salon up to the sidewalk.

The all-new shampoo room has been partitioned off and expanded, transforming into a relaxing, spa-like atmosphere. Another space that's been expanded is the salon's retail shop, reflecting Mane Attraction's new status as a dedicated Bumble & Bumble

salon, carrying a complete lineup of professional hair care products, as well as providing continuing design education to Mane Attraction's 25-person staff. Plus, the expanded retail space will now include a carefully curated collection of stylish housewares, collectables and lifestyle products hand-picked by the owners.

"Just like a great haircut, we wanted something fresh but also functional," says Beate. "Our goal is that we're still in this space serving out clients in another 36 years."

Mane Attraction Salon is located at 3156 E. Camelback Road. For more information, call 602-956-2996 or visit www.maneattractionssalon.com.

Help with navigating affordable healthcare

H&R Block announced that select Phoenix offices will offer "helpth"—help getting health insurance—at no additional cost for Arizonans seeking to understand, select and enroll in plans available on the newly opened Arizona Health Insurance Marketplace.

Helpth is now available for the estimated 20 percent of Arizonans who are uninsured or under-insured, including families with small children, the self-insured, young working adults and people with pre-existing conditions who have previously been unable to qualify.

Locations offering this free service include: 5130 N. 19th Ave.; 1655 E. Indian School Rd.; 3295 E. McDowell Road, and 530 E. McDowell Road.

H&R Block's fully licensed and certified health care advisors will help consumers understand the numerous options available while also avoiding the tax penalties associated with not enrolling. Additionally, many Arizonans will qualify for the Advance Tax Credit that will help lower the cost of insurance premiums, and H&R Block can help individuals determine their eligibility.

To meet with an H&R Block health care advisor, call 800-HRBLOCK (800-472-5625) or visit the website www.helpth.com to schedule an appointment. Appointments can be made with H&R Block health care advisors on or before Dec. 15 for coverage to be effective Jan. 1, 2014. Individuals seeking appointments do not need to be current or past H&R Block clients, and do not need to provide tax information.

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TAKING CARE OF BUSINESS

Jay Goldman jewelers moves into new store

Jay Goldman Ltd. Fine Jewelers has moved into its new two-level showroom and offices in the Bethany East Shopping Center, located at 1515 E. Bethany Home Road, Suite 156.

The new store features a showroom, repair department, and offices on the main floor. The second floor mezzanine, which surrounds and overlooks the entire store, houses the Internet sales department as well as the engraving department, featuring both high-tech laser and traditional engraving.

Goldman, who opened his first Valley jewelry store 40 years ago, also has expanded his repair department with a \$30,000 laser welder. This allows him to repair damaged jewelry including fashion jewelry and delicate, ultra thin items, in addition to those that have stones that cannot withstand heat from a flame.

The new store specializes in fine jewelry and watches. Shoppers will find a wide selection of merchandise, from fashion jewelry starting at \$5 to high-value platinum, gold, diamonds, colored stones, and more. The store also carries a selection of authentic Native American silver and turquoise items.

The new, state-of-the-art laser engraver can personalize phone cases, laptops, crystal, wine bottles, granite, stone, identification tags of all kinds, clocks and more. Personalization, Goldman points out, can elevate any gift item.

Customers who are looking to sell their unwanted items—not just jewelry, but cameras, records, figurines, paintings and more—can take advantage of the store's Internet sales department, which will take care of photos, posting, selling, collecting funds, packaging and mailing. "We do the work and hand you a check," Goldman explains.

For more information, call 602-369-3115 or visit www.jgoldmanltd.com.

B of A foundation aids Desert Mission

The Bank of America Charitable Foundation has awarded a \$25,000 grant to John C. Lincoln Desert Mission Neighborhood Renewal to support community development opportunities in the North Phoenix area.

"The economic recession has had a lasting effect on many, particularly veterans and low- to moderate-income families. This grant will assist in pro-



Jay Goldman Ltd. Fine Jewelers recently added a new, state-of-the-art laser engraving machine—just in time for personalizing holiday gifts (submitted photo).

viding financial education and other support services to families as a first step toward long-term financial stability," said Bank of America Arizona President Benito Almanza. "It's part of our broader efforts to help improve the financial lives of our customers, clients and communities."

Desert Mission Neighborhood Renewal, 9201 N. 5th St., is an affiliate of John C. Lincoln Health Network that was started by community and business leaders in 1993 as a grassroots effort to reduce crime and blight, foster the development of community stakeholders and improve residential and commercial structures.

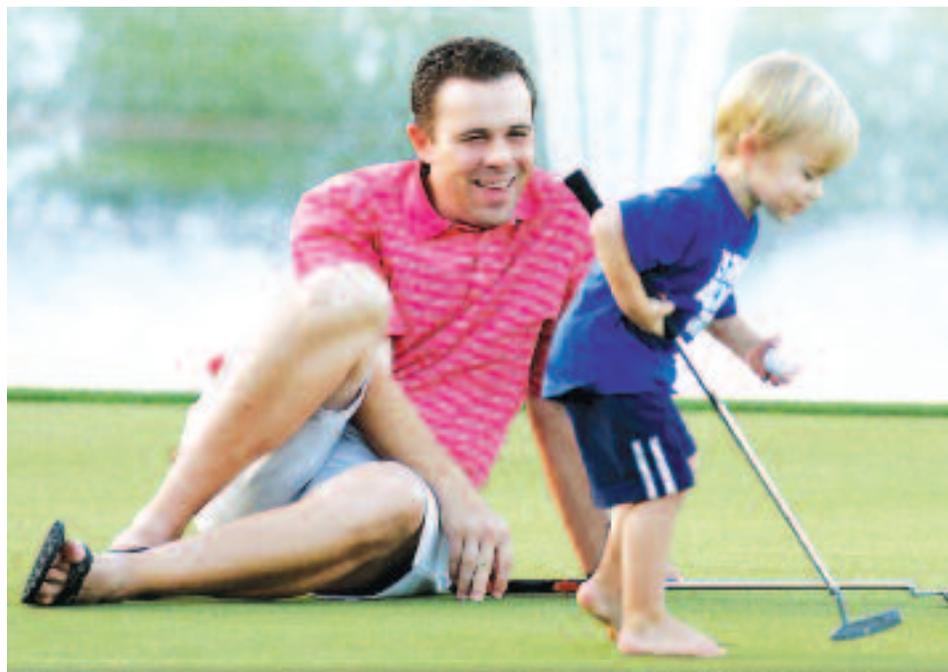
The grant is one of 11 totaling \$301,000 awarded to Phoenix-area nonprofit organizations.

Valladao gets promotion

Gregory B. Valladao, senior director of Cushman & Wakefield's Retail Capital Markets Group, has been named senior managing director and market leader of the company's Phoenix operations. The Phoenix office is located at 2555 E. Camelback Road, Suite 300. Valladao will oversee the firm's overall business objectives, day-to-day activities, and strategic growth initiative for the Phoenix market.

Valladao has been involved in the development, purchase and sale of more than 110 commercial properties totaling more than nine million square feet valued at more than \$1.15 billion.

For more information, call 602-253-7900 or visit www.cushmanwakefield.com.



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(North Central homes in bold)

3958 E. Northridge Cr.	IN ESCROW	10,38 4SF	6BR/6.5BA	\$1,725,000
34 E. Cactus Wren	JUST LISTED ..	5198 SF	5BR/4.5BA	\$1,595,000
2109 E. Kaler Dr.	4110 SF	3BR/3.5BA	\$1,195,000
2326 E. Georgia Ave.	JUST LISTED ..	LOT	1/3 Acre	\$ 975,000
5844 N 2nd Ave.	5126 SF	6BR/3.5BA	\$ 899,000
105 E. Lamar Rd.	4200 SF	5BR/5BA	\$ 849,500
6111 N. 2nd Pl.	NEW PRICE	3552 SF	4BR/3.5BA	\$ 834,900
714 W. Claremont St.	3529 SF	4BR/3BA	\$ 794,900
2348 E. Brown St.	NEW PRICE	4800 SF	5BR/4BA	\$ 790,000
722 W. Claremont	IN ESCROW	3529 SF	4BR/3.5BA	\$ 735,000
7726 N. 4th Ave.	NEW PRICE	3594 SF	5BR/3BA	\$ 649,500
1231 E. Moss St.	NEW PRICE	3713 SF	6BR/4BA	\$ 590,000
7212 N. 15th Ave.	JUST LISTED ..	4001 SF	4BR/4BA	\$ 575,000
24 W. San Juan Ave.	IN ESCROW	3731 SF	5BR/3BA	\$ 599,000
6125 N. 5th Pl.	IN ESCROW	3142 SF	4BR/3BA	\$ 455,000
531 W. Marlette Ave.	IN ESCROW	2861 SF	4BR/3BA	\$ 449,000
6330 N. 7th Ave.	NEW PRICE	2025 SF	3BR/3BA	\$ 445,000
8205 N. 3rd Ave.	NEW PRICE	3398 SF	5BR/3BA	\$ 479,900
6119 N. 5th Pl.	IN ESCROW	3046 SF	5BR/3BA	\$ 449,000
10244 N. Central Ave.	2209 SF	3BR/3BA	\$ 375,000
107 E. El Caminito Dr.	JUST LISTED ..	2170 SF	3BR/2.5BA	\$ 365,000
202 W. Turney Ave.	NEW PRICE	2186 SF	3BR/2BA	\$ 339,000
821 E. Paltaire Ave.	NEW PRICE	3446 SF	5BR/4BA	\$ 335,000
1104 W. Seldon Ln. #1	LOT	\$ 325,000
3427 E. Cortez St.	NEW PRICE	1920 SF	3BR/1.75BA	\$ 234,900
4149 N. 42nd St.	1339 SF	3BR/2BA	\$ 230,000
2707 E. Turney Ave.	NEW PRICE	1204 SF	3BR/2BA	\$ 229,900
6533 N. Maryland	JUST LISTED ..	1530 SF	3BR/2BA	\$ 194,500
1201 W. Topeka	IN ESCROW	1978 SF	3BR/2BA	\$ 170,000
7003 N. 11th Way	NEW PRICE	1260 SF	3BR/2BA	\$ 169,000
6903 W. San Juan	JUST LISTED ..	1901 SF	4BR/3BA	\$ 144,200
2103 E. Virginia Ave.	IN ESCROW	688 SF	2BR/1BA	\$ 80,000

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Featured Homes for December



Paradise Valley Estate ■ 6500 E. Cheney Dr.



6111 N. 2nd Pl. ■ \$834,900



105 E Lamar Rd. ■ \$849,500



7619 N. 11th St. \$650,000



1128 W. Northview Ave. ■ \$650,000



■ 7726 N. 4th Ave. \$649,500



7212 N. 15th Ave. ■ \$575,000



107 E. El Caminito Dr. ■ \$365,000



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3920 E. Mountain View Rd. \$1,670,000	6022 N. 3rd Ave. \$ 580,000	1511 E. Villa Theresa Dr. \$ 402,500	6159 N. 9th Ave. \$ 317,500	5741 N. 4th St. \$ 245,000	2 W. Northern Ave. #3 \$ 145,000
4438 N. 47th Pl. \$1,065,000	2626 E. Az. Biltmore Cr. #10 \$ 575,000	601 W. Moon Valley Dr. \$ 400,000	26427 N. 42nd Pl. \$ 317,000	6120 E. Evans Dr. \$ 235,000	5136 N 31st St. #662 \$ 136,500
6445 E Calle Del Media \$ 980,000	314 W. Vista Ave. \$ 530,000	1151 E. Ocotillo Rd. \$ 400,000	1040 E. Osborn Rd. #203 \$ 315,000	635 W. Coral Gables \$ 230,000	8412 N. Central Ave. #C \$ 129,000
9427 E. Sonoran Sunset \$ 915,000	77 E. Missouri Ave. #37 \$ 524,250	1738 E. Myrna Ln. \$ 400,000	77 E. Missouri Ave. #8 \$ 302,000	723 W. Cactus Wren \$ 224,000	15178 W Taylor St. \$ 128,000
2211 E. Camelback Rd. #805 \$ 900,000	6828 N 3rd Place \$ 520,000	803 W. Rancho Dr. \$ 395,000	421 E. Locust \$ 300,000	5629 N. 8th Dr. \$ 219,900	8434 N. Central Ave. B \$ 111,000
2359 E. Brown St. \$ 900,000	7743 N. Dreamy Draw Dr. \$ 500,000	1325 E. Ludlow Dr. \$ 395,000	2 W. Beryl \$ 295,000	846 N. 54th Cr. \$ 210,000	817 E. North Ln. #3 \$ 100,000
5750 N. Central Ave. \$ 875,000	7023 N. 2nd St. \$ 500,000	7127 N. 15th Pl. \$ 390,000	529 W. Las Palmaritas Dr. \$ 295,000	2319 E. Glenrosa Ave. \$ 210,000	3516 E. Everett Dr. \$ 97,500
540 W. Kaler Dr. \$ 805,000	721 E. Circle Rd. \$ 485,000	347 W. Hayward \$ 380,000	1315 E. Gardenia Dr. \$ 295,000	1545 W. Glenn Dr. \$ 195,000	225 E. Orchid Ln. \$ 90,100
3617 E. Hazelwood St. \$ 805,000	7739 N. 11th Ave. \$ 475,000	338 E. Orange Dr. \$ 375,000	201 E. Georgia Ave. \$ 294,000	7362 E. Rovey Ave. \$ 192,000	3510 W. Orangewood \$ 87,560
6899 N. Central Ave. \$ 760,000	6838 N. 3rd Ave. \$ 457,500	10257 N. Central Ave. \$ 375,000	399 W. Marshall Ave. \$ 285,000	1124 E. Rose Ln. #10 \$ 185,000	833 E Echo \$ 70,000
5034 E. Lafayette Blvd. \$ 750,000	6014 N. 3rd Ave. \$ 453,000	4925 E. Cordia Way \$ 375,000	3828 S. Vermeersch \$ 280,000	26316 N. 53rd Lane \$ 185,000	1545 E. Sahuaro Dr. #2 \$ 58,000
727 W. Seldon Ln. \$ 727,700	1017 W. Claremont St. \$ 433,000	7142 N. 14th St. \$ 365,000	1844 E. Hazelwood \$ 277,000	207 W. Claremont #22E \$ 181,000	6723 W. Wolf \$ 47,500
306 W. Claremont Ave. \$ 717,800	77 E. Missouri Ave. #40 \$ 431,000	501 E. Colter St. \$ 365,000	102 W. Seldon Ln. \$ 275,000	18402 W. Maui Ln. \$ 172,000	
5961 E. Whitehorn Pl. \$ 715,000	6805 N. 16th St. \$ 425,000	1040 E. Osborn Rd. #1403 \$ 352,000	7633 N. 7th St. \$ 271,000	9205 N. 3rd Ave. \$ 171,374	
25 W. Frier Dr. \$ 685,000	316 W. Glendale Ave. \$ 410,000	6409 N. 11th Dr. \$ 349,500	6135 N. 16th Pl. \$ 271,500	837 E. Rosemonte \$ 170,000	
6106 N 2nd Ave. \$ 630,000	312 W. Stella Ln. \$ 410,000	1254 S. Nassau Dr. \$ 341,000	2246 E. Virginia Ave. \$ 257,600	6517 N. 10th Pl. \$ 170,000	
8702 N. 7th Ave. \$ 615,000	3800 E. Lincoln Dr. #30 \$ 410,000	14033 N. 10th Pl. \$ 340,000	1042 E. Myrtle Ave. \$ 257,500	750 E. Northern Ave. #1034 \$ 165,000	



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HEALTHY LIVING



TO YOUR HEALTH

Ways to prevent esophageal cancer

By Anu Mathew, M.D.

You may be all too familiar with acid reflux symptoms: heartburn, regurgitation, coughing, hiccups, burping a lot, sore throat, and even chest pain. They often can be confused with heart problems.

Officially called Gastroesophageal Reflux Disease, or GERD, it involves stomach materials moving back up into the esophagus, irritating its lining.

GERD may put you at risk for more serious health problems such as Barrett's esophagus, a pre-cancerous condition of the esophageal lining. GERD sometimes causes cells to change, and on a microscopic level, esophageal tissue becomes intestinal tissue.

You're more likely to have the condition if you've had GERD for a long time. Barrett's esophagus has no symptoms other than the typical ones of acid reflux. In fact, your GERD symptoms might even have improved or disappeared. But having Barrett's esophagus means that you have a much greater risk of developing esophageal cancer.

Esophageal cancer is still rare, but the rate of esophageal cancer resulting from Barrett's esophagus is rising faster than any other cancer in the United States, including melanoma. Early detection is the key to being cured. You should know that:

- Men develop Barrett's esophagus twice as often as women
- Caucasian men are affected more often than men of other races, and
- The condition occurs in approximately 13 percent of Caucasian men over the age of 50.

Testing for Barrett's esophagus is done with an upper endoscopic examination. While you're sedated, a gastroenterologist places a flexible tube with a bright light and a special camera through your mouth and into your esophagus.

If Barrett's esophagus is discovered, sophisticated radiofrequency ablation equipment at John C. Lincoln North Mountain Hospital eradicates a thin layer of diseased tissue without damaging underlying tissue and allows healthy new

tissue to grow. The thermal (heat) energy is delivered in a precise manner; no incisions are required.

Several of these upper endoscopic procedures performed by a specially trained gastroenterologist may be required to remove all the abnormal Barrett's cells.

To prevent additional Barrett's cells from forming, you may need to take proton pump inhibitor medication that suppresses stomach acid.

Anu Mathew, M.D., specializes in gastroenterology and is on the medical staff at John C. Lincoln North Mountain Hospital. For more information, visit JCL.com/Endoscopy. The information in "To Your Health" is provided by John C. Lincoln Health Network as general information only. For medical advice, please consult your physician.

Health Briefs

Hospital honored for stroke patient care

Phoenix Baptist Hospital, 19th Avenue and Bethany Home Road, has received the American Heart Association/American Stroke Association's Get With The Guidelines-Stroke Gold Plus Quality Achievement Award. The award recognizes the hospital's commitment and success in implementing excellent care for stroke patients, according to evidence-based guidelines.

Factors for the award include aggressive use of medications, such as antithrombotics, anticoagulation therapy, deep vein thrombosis prophylaxis, cholesterol-reducing drugs and smoking cessation, all aimed at reducing death and disability and improving the lives of stroke patients.

In addition, Phoenix Baptist Hospital has been recognized as a recipient of the association's Target: Stroke Honor Roll, for improving stroke care. Over the past year, at least 50 percent of the hospital's eligible ischemic stroke patients have received tissue plasminogen activator, or tPA, within 60 minutes of arriving at the hospital (known as "door-to-needle" time). A thrombolytic, tPA has been shown to significantly reverse the effects of stroke and reduce permanent disability.

According to the American Heart Association/American Stroke Association, someone suffers a stroke every 40 seconds; someone dies of a stroke every four minutes; and 795,000 people suffer a new or recurrent stroke each year.

HEALTHY LIVING



Audiologist Dana Day assesses the oculomotor functions of a soccer player with the Phoenix Rush club. The test, known as videonystagmography or VNG, is part of the advanced technology CACTIS provides at the Banner Concussion Center in Phoenix (submitted photo).

Center focuses on youth concussions

The Banner Concussion Center and an area nonprofit organization are addressing the dangers of concussions as girls' soccer kicks into its busy season.

The frequency of concussions in girls playing high school soccer is 68 percent higher than for boys and it's nearly triple the boys' rate in high school basketball, according to research by scientists at Ohio State University, Nationwide Children's Hospital in Columbus, Ohio, and the NCAA.

Even worse, mild Traumatic Brain Injury (mTBI), commonly referred to as concussions, often goes unrecognized or ignored.

It's a reality that the Banner Concussion Center, 1320 N. 10th St., and CACTIS Foundation take seriously. In addition to soccer, the CACTIS Foundation, a nonprofit focused on reducing the consequences of concussions, also is addressing head injuries in football, wrestling, hockey, lacrosse, basketball, cheerleading and baseball.

The CACTIS Foundation is collaborating with the Banner Concussion Center to provide advanced optometry and audiology services, expanding the center's multidisciplinary capabilities and making the facility among the most comprehensive centers "under one roof" in the country.

For more information, call the center at 602-839-7285.

Lab services now offered by Therasanos

Therasanos, which offers less invasive and more affordable diagnostic lab testing from blood samples as small as a few drops, opened a Therasanos Wellness

Center last month inside the Walgreen's at 3402 N. Central Ave.

Therasanos test results can be made available to physicians in a matter of hours, enabling fast diagnoses to help make informed treatment choices. Tests are low cost—always 50 percent of Medicare reimbursement rates or less—and are reimbursed by major insurance carriers, Medicare, and Medicaid. For test prices, visit www.theranos.com.

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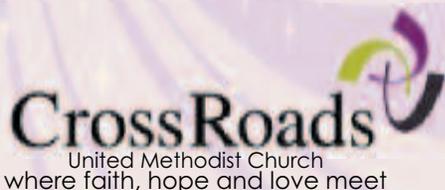
- 9:00-10:00 am – 1st Service (Classic)
- 9:00-11:00 am – Youth Group (6th-12th grades)
- 10:00-11:00 am – Bible study (Nursery-senior adults)
- 11:00 am -12 pm – 2nd Service (Contemporary)
- 4:30 pm – 3rd Service (Spanish)

Saturdays -

- 9:00 am-1:00 pm – Central Farmers’ Market
- Details at www.centralfarmersmarket.com

Special days -

- December 8, 9:00 & 11:00 am – Bishop Bob Hoshibata, Guest Preacher
- December 15, 9:00 & 11:00 am – *The Starlight Inn* Christmas Play
- December 24, 5:00 pm – Children’s Birthday Party for Jesus
- “ “ , 5:30 pm – Candlelight Service with Praise Team
- “ “ , 7:00 pm – Candlelight Service with Choir



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Wheelchair basketball star and motivational speaker Shayne Smith speaks with students at AmeriSchools Academy as part of “The Why Factor” community outreach program, sponsored by Tutor Doctor (photo by Teri Carnicelli).

Wheelchair player inspires students

By Teri Carnicelli

Shayne Smith is a motivated 25-year-old guy. When Smith was 4 months old he contracted meningococcal septicemia, a form of sepsis, leaving him with multiple amputations, including his legs, a hand and half of each finger on the other.

He always wanted to play basketball, and despite being told that he could never play, he started the game when he was 8 years old. It took him four years to finally score his first basket. But he didn’t give up, and he didn’t get down on himself.

Smith eventually made it to the Wheelchair Basketball All Star Team, and has won awards for his skill.

Smith, a native of Canada, travels around North America speaking to kids and teenagers about everyone’s ability to overcome obstacles, and achieve the most seemingly impossible dreams. His presentations are part of “The Why Factor,” a nonprofit community outreach program sponsored in part by Tutor Doctor and created to spark inspiration in students, parents, and educators alike to help break through the barriers that hold them back.

“Since Shayne’s childhood he has consistently proved that people with disabilities can do anything that able-bodied people can, they just do it differently,” said Tutor Doctor President Frank Milner. “The goal of our sponsorship is

to inspire everyone to realize a bright future through education by teaching individuals to be self-motivated and driven to reach their full potential.”

Smith recently visited the campus of AmeriSchools Academy in Phoenix to spread the message that words matter—the words we say to ourselves, and the words we say to others.

“Words are so powerful; why not say to ourselves, ‘I’m going to,’ instead of ‘I want to.’ Using positive words matters,” he pointed out to the middle schoolers. “We also don’t know what kind of things, good or bad, our peers are going home to every day. So why not make the time they spend with us as beautiful and awesome as we can by saying positive, supportive things to them.”

Smith pointed out that the doctors never thought he would live past infancy. “I’ve survived a lot of things. My nickname on my basketball team is ‘Superman.’ But the truth is we all have the abilities to be superheroes; we all have the ability to change lives with our words.”

Kiwanis honor local students

Seven local students were honored by the Kiwanis Club of Sunnyslope during its “Student of the Month” luncheon Nov. 14 at Sunnyslope High School.

Being honored as a Student of Month were seventh grader Humberto Saligan, and eighth grader Heidi Enriquez from Sunnyslope School.

SCHOOL DAYS



The Kiwanis Club of Sunnyslope honored seven local students during its "Students of the Month" luncheon in November, including (TOP, FROM LEFT) Humberto Saligan, Heidi Enriquez, Jibby Dumpol, Nohemi Rivera, (BOTTOM, FROM LEFT) Martin Soto Suarez, Jenny Melgoza and Connor Linnartz (photos by Teri Carnicelli).

Humberto, who enjoys math and playing soccer, was praised for always turning in accurate work, on time, and for frequently having a smile on his face and a positive, respectful attitude. Heidi is president of the school Student Council and is musically inclined, signing in her church choir and playing the clarinet for the school band. She also is a cheerleader whose favorite subject is language arts.

From Mountain View School, seventh grader Jibby Dumpol and eighth grader Nohemi Rivera were recognized. Jibby, who plays several sports and enjoys math, has earned the respect of his teachers and his peers with his example of good character. Nohemi enjoys the challenges of her science classes the most and with her gentle demeanor and way of explaining complicated matters in easy-to-understand ways, she has become a great help to her fellow classmates.

Martin Soto Suarez, a fifth grader at Desert View Elementary, is an avid basketball player who also understands the importance of getting his schoolwork done accurately and on time. He is a hard worker who still finds time to help others in his class. He also plays the French horn.

From Central High, Jenny Melgoza was honored. Jenny is both academically and athletically talented, taking AP honors classes as well as lettering in varsity soccer. She also is the flute section leader in the school band, and has participated in the Upward Bound program. She is leaning toward attending the University of Arizona and would like to study anthropology or marine biology.

Connor Linnartz, a senior at Sunnyslope High School, also was recognized. Connor will have completed

seven AP classes by the time he graduates and carries a 4.7 weighted GPA. He also served as captain of the JV soccer team, captain of the football team, and is on the varsity cross-country team. Even though he has been accepted into the Air Force Academy, he's waiting to hear back from the Naval Academy and Stanford University. If he doesn't go the military route, he would

please see HONORS on page 34



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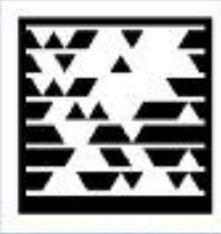
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SCHOOL DAYS

HONORS *continued from page 33*

like to study engineering.

The Kiwanis honor outstanding students each month as a way of applauding their academic and leadership successes and encouraging them to continue to set an example for their fellow students.

H.S. basketball teams compete for new gear

The Phoenix Suns and CenturyLink, Inc. have partnered to launch the 2013-14 “Team Assist” program, a community outreach initiative designed to provide new basketball equipment to one Arizona high school varsity basketball program per month, through March 2014.

High school varsity basketball players and coaches, teachers, parents and local community members are encouraged to log on to www.Suns.com/assist to nominate a basketball program based on their teams’ community involvement and equipment need.

Representatives from CenturyLink and the Suns will select one high school



Students and staff from Loma Linda Elementary School and members from Playworks Arizona celebrate an \$11,000-plus donation from Chompie’s as part of its “Chompie’s Cares” program to help combat bullying on school playgrounds (submitted photo).

per month as the recipient of a \$1,000 donation, courtesy of CenturyLink, to be utilized for the equipment outlined in their proposal. The winning schools’ varsity girls’ and boys’ basketball teams will also be invited to attend a Suns home game and will be recognized during an on-court presentation at half-time of their respective game.

In addition, CenturyLink and Suns

representatives will select the best entry out of the monthly winners and that basketball program will be awarded a \$5,000 donation during an end-of-season assembly at the winning school in April. All donations will be distributed evenly between the boys and girls varsity programs at each high school, though only one of the teams needs to be nominated.

School Briefs

CREIGHTON ELEMENTARY SCHOOL DISTRICT

Loma Linda students fight bullying at recess

Loma Linda Elementary School, 2002 E. Clarendon Ave., and Playworks Arizona recently teamed up with Chompie’s to help combat bullying in recess yards as part of the “Chompie’s Cares” program.

Chompie’s, Arizona’s New York Deli, is doing its part to help keep recess yards at Phoenix area schools safe. It presented a check for \$11,282 to Playworks Arizona at Loma Linda Elementary on Oct. 24.

Playworks is a nonprofit organization that transforms recess by placing full-time coaches at schools to teach the kids how to play together, resolve conflicts through rock-paper-scissors, and how to be inclusive.

A survey of teachers and administrators from the seven Phoenix area schools, including Loma Linda, that participated in the program during the 2012-2013 academic school year credit



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SCHOOL DAYS

Playworks Arizona for a 90-percent reduction in disciplinary incidents; a 68-percent increase in academic success; a 95-percent improvement in overall school climate; and 16 hours of recovered teaching time.

Exchange program gets visitors from Mexico

Biltmore Preparatory Academy kicked off its exchange program on Nov. 14 with students and chaperones visiting from Hermosillo, Sonora, Mexico.

This program is part of Creighton School District's Junior Ambassador Program, which provides opportunities for eighth graders to participate in exchange programs with students in Germany, Japan and Mexico. It has been nearly 10 years, however, since students have participated in an exchange program with students from Mexico.

Renewing the program with Mexico makes sense because many of the participating fourth-grade students at Biltmore Prep have been part of the innovative Spanish Immersion program for the past three years.

Students in the program from both sides of the border travelled to the



Students from Biltmore Prep in Phoenix and visiting students from Hermosillo, Sonora, Mexico, enjoy a visit to the Grand Canyon (submitted photo).

Grand Canyon. For most of the students, regardless of where they were from, this was their first visit to the Grand Canyon. Many other weekend activities were planned to integrate the students and families. The students from Mexico also spent a day at Biltmore Prep with their partners in the classroom before they travelled back home to Hermosillo.

The exchange program was funded through donations and fundraising efforts. For more information, contact, Dunora Alba at 602-381-6160.

MADISON ELEMENTARY SCHOOL DISTRICT MTA volleyball team wins conference title

The Madison Traditional Academy (MTA) varsity girls volleyball team won the school's first Valley Athletic Conference volleyball championship. The team was coached by first year head coach Danielle Hartman, who guided the team to an undefeated regular season (10 wins and 0 losses) and the No. 1 seed in the postseason 4A tournament.

After a bye in the first round, MTA defeated Udall for a 2 set to 0 victory in the semifinals. In the other semifinal game, Madison Park, the 3 seed and defending 4A champion, upset the previously unbeaten No. 2 seed, Sevilla West.

In the finals, MTA started co-captains and seventh graders, Gabriella Gamboa and Sylvie Harris, along with sixth graders Maggie Williams, Alexis Fusselman and Olivia Simpson, and fifth grader Katie McCarthy.

Eighth graders Zoe Traynor, Sloane Wheeler and Jessica Schneider came off the bench and provided the team with front- and back-row help. MTA won a back-and-forth first set and overcame an early deficit in the second set to win 2 sets to 0.

Gamboa's leadership and all round dominant play earned her the Tournament MVP.

Huyck named a Teacher of the Week

The connections Jessica Huyck creates with her parents and students at Madison Rose Elementary on a daily basis are remarkable. She takes the time

please see TEACHER on page 36

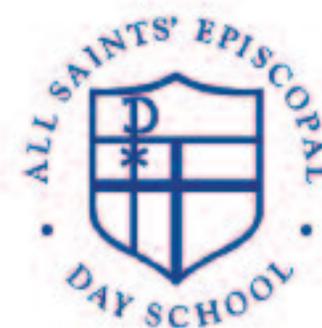


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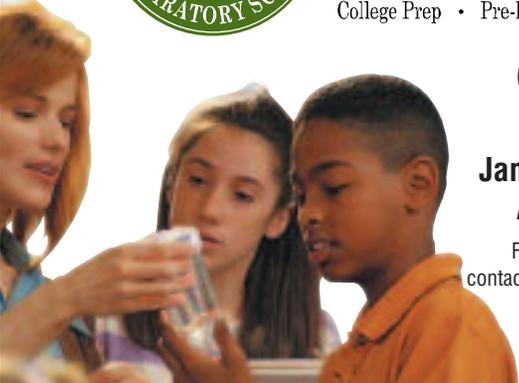
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SCHOOL DAYS

TEACHER continued from page 35

to really get to know all of the kids in her class, as well as their families. She helps them through hardships with words of encouragement and an understanding smile.

Fulton Homes is honoring Huyck as its "Teacher of the Week" for the week of Dec. 6. This is the 14th consecutive year Fulton Homes has sponsored the educational program that honors Valley schoolteachers for their excellence.

Huyck was nominated for the award by a parent of one of her second-grade students who says, "She has been so great and understanding. She has gone above and beyond the call of duty for any teacher."

Throughout the school year the program pays tribute to teachers who inspire their students. Both students and parents can nominate their favorite educator each week for that teacher's chance to win \$300 from Fulton Homes and other great prizes. The selected educator will be announced each Friday from 6:20 to 7:20 a.m. on KNIX's Ben and Matt in the Morning



Madison Rose Lane second-grade teacher Jessica Huyck was surprised in her classroom last month with a Fulton Homes "Teacher of the Week" award and \$300 cash prize (photo courtesy of Fulton Homes).

Show, heard at 102.5 FM. Students and parents can nominate their preferred teacher each week by visiting www.knixcountry.com, entering the keyword "Teacher," and submitting a brief form describing why their teacher deserves the distinct title.

Students paint mural at Duck and Decanter

Students in the National Junior Arts Society (NJAS) Club at Madison No. 1 school recently completed a mural at Duck and Decanter, located at 16th Street and Camelback Road, as part of a community service project.

Deborah Itule of Gardens From The Heart redesigned the Duck and Decanter's Tea Garden, and thought a mural would be just the right finishing touch. "Part of my project from the beginning was to include the Art Club from Madison No. 1," she explains. "Karen Mason with the Duck and Decanter was open to the idea and in turn, I brought in Michelle Lindsay, the Art Club director. Karen and Michelle thought this would be the perfect way to involve the students in a community event."

The students completed the mural and also created art tiles that were sold on Nov. 30 at a fundraising event to benefit Beads of Courage (beadsofcourage.org), also held at the Duck. "The Duck and Decanter has strong ties within the community and did not hesitate to be a part of this project," Itule says.

SCHOOL DAYS



Students from Camelback High School's Masque and Gavel Club traveled to Disneyland in October to perform in front of international crowds (submitted photo).

Club director Lindsay also feels very strongly about involving the students in community events that focusing on giving back and donating their time through art. The students spent many hours working on this project and did a great job.

Auto tech students get car to work on

The Auto Tech programs at Metro Tech just added another vehicle to its line-up, when Tom Richardson, a vice president of the National Institute for

please see AUTO TECH on page 38

PHOENIX UNION HIGH SCHOOL DISTRICT Camelback club performs at Disneyland

Camelback High Masque and Gavel club members became stars of their own Disney show on Oct. 5, when they entertained visitors at Disneyland Resort.

They traveled from Phoenix to the Disneyland Resort in California to take part in a Disney Performing Arts Program.

Dance groups, choirs, ensembles and marching bands from around the world apply to perform each year as part of Disney Performing Arts at both the Disneyland and the Walt Disney World Resorts. Once selected, they are given the opportunity to perform at the resort for an international audience of theme park guests. Millions of performers have graced the stages of the Disney Resorts in the more than 25-year history of the program.

Disney Performing Arts offers band, choral, dance and auxiliary performers the opportunity to learn, perform and compete at the Disneyland Resort. For more information, visit www.DisneyPerformingArts.com or call 800-603-0552.

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SCHOOL DAYS

AUTO TECH *continued from page 37*

Automotive Service Excellence (ASE) and Mike McAfee of the Arizona Automobile Dealers Association dropped off a 2008 Buick Enclave.

McAfee also represents the Automotive Youth Educational Systems (AYES), and they were visiting the newest NATEF-certified (National Automotive Technicians Education Foundation) high school program. The connection has also garnered a Toyota Avalon and van, a GM Saturn, and a Chrysler Jeep for students to work on.

Metro auto tech students can earn up to nine certifications, which can help them get entry-level dealership positions, college credit and college scholarships. The teaching team of John Henry, Dan Miller and Jim Salem offer certification in suspension and steering, brakes, electrical/electronic systems, engine performance, engine repair and heating and air conditioning.

Last year in its first year of certification testing, 29 students earned 92 certificates. These certificates are recognized nationwide and are helpful for students when applying for scholarships and jobs.

Central students sign up for college

Central High participated in the College Application Campaign during November, with a goal of every senior applying to a college or university. College readiness activities took place on campus, and those who participated received a neon green bracelet band that reads, "I Applied!!"

The program is through a partnership with Degree Phoenix, and the Arizona Commission for Postsecondary Education. Degree Phoenix is a collaborative effort between the city of Phoenix, Phoenix College and Phoenix Union to strengthen educational attainment for students in the metro Phoenix area, funded by a grant from the Lumina Foundation.

Art students win ribbons

Central High Visual Arts students submitted nearly 50 individual pieces to the Arizona State Fair this year, and 19 students came home with 26 ribbons. Sabrina Badilla won three ribbons, including Exceptional Merit and First Place Painting and Illustration, as well as Second Place in Image Collage.

Jake Warner won three ribbons, including a Second Place in Image Collage for 12th grade. Rebecca Grayhat won a first place in Image Collage, and an honorable mention in Photo Manipulation.

Davila receives silver award

Jocelyn Davila of Camelback High was one of three Phoenix Union students who received Phoenix Regional Hispanic Heritage Youth Awards, Nov. 13 at Arizona State University.

Fifteen Arizona and New Mexico students were awarded educational grants in five different categories: Business, Education, Engineering & Math, Healthcare Science, Technology & Innovation, in each of 10 regions throughout the country. Davila was awarded a Silver award in the Education division.

More than 10,000 high school students apply for the Hispanic Heritage Youth Awards. All recipients are eligible to be selected as their category National recipient, receive a laptop computer, and a trip to be recognized at the National Youth Awards ceremony.

Davila has maintained a 4.0 or higher GPA and challenges herself in rigorous classes. She currently is involved and in many different leadership clubs and groups including MECHA, Ambassadors Club, and the French Club. She also participates in the ACE (Achieving a College Education) program, and Big Brothers/Big Sisters.

Lopez qualifies for weight-lifting finals

Martin Lopez, an 11th grader at Metro Tech, qualified for the USA Youth Nationals Weight Lifting Championships in the Performance One Regional Qualifier, held in Mesa on Nov.2.

The 123-pound athlete snatched 64 kilograms (141 pounds), and clean and jerked 85 kilograms (187 pounds) for a combined total of 149 kilograms, placing him in the Top 10 nationally.

The USA Weightlifting Youth Nationals are Jan 31-Feb. 2, 2014, in Aurora, Colo.

WASHINGTON ELEMENTARY SCHOOL DISTRICT Maryland honors vets at ceremony

Those who have served our country in the U.S. Armed Forces were honored

SCHOOL DAYS

Nov. 8 at a flag-raising ceremony held at Maryland School. Veterans, students, staff and family members gathered around the school's flagpole in an inspirational tribute to all five branches of the military.

Students and staff introduced family and community veterans in attendance, including 101-year-old Navajo code talker Arthur Hubbard Sr., former Marine and Arizona state senator. Hubbard was awarded a Silver Congressional Medal in 2001 by the U.S. Congress.

As part of the U.S. "island-hopping" strategy to push the Japanese back across the Pacific following the bombing at Pearl Harbor in World War II, the Marines trained troops of Navajo Indian descent to use their language as part of a code to communicate troop movements and other important battle information over telephones and radios.

The ceremony was organized by Maryland PE teacher Leon Shinsky, who acted as emcee for the event. The Washington High School Marching Band played the National Anthem as local Boy Scout Troop 747 members raised the flag.



Members of Boy Scout Troop 747 raise the flag at a ceremony held Nov. 8 honoring veterans of U.S. Armed Forces (photo courtesy of WESD).

Following the brief ceremony, junior high students were treated to presentations by former Army Sgt. Jeff Rattay from the Joe Foss Institute, which enlists veterans nationwide to teach young people about the value of their freedoms, and by Shinsky's former student, Marine Cpl. Marcus Chischilly.



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SCHOOL DAYS

Vasey surprised as a Teacher of Week

Orangewood Elementary sixth-grade teacher John Vasey has been selected as a KNIX and Fulton Homes Teacher of the Week. Vasey received the news during a surprise visit from KNIX morning personality Carolyn Coffey on Nov. 6.

Vasey was nominated by one of his students, Jennifer B. In her nomination letter Jennifer wrote, "My sixth grade teacher, John Vasey, is an amazing educator that makes school fun and exciting. He is very patient and kind. He has a way of making everybody understand the subjects and my classmates and I like to learn when we are with him."

Vasey received \$300 from Fulton Homes, a clock and goody bag from the Dairy Council of Arizona. He was spotlighted during the Ben and Matt morning show on KNIX on Nov. 29.



Orangewood Elementary teacher John Vasey was nominated by his student, Jennifer B., as a Fulton Homes Teacher of the Week. Vasey was honored in his classroom on Nov. 6 (photo courtesy of WESD).

PRIVATE AND CHARTER SCHOOLS Two Xavier golfers will play in college

Two student golfers from Xavier College Preparatory, 4710 N. 5th St.,

have signed collegiate letters of intent.

Megan Hauptman will study and play golf at Brown University, while Katie Dunaway will buckle down and tee off at California State University, Sacramento.

In 2009 and 2012, the Xavier golf teams were ranked No. 1 in the National Federation Record Book. The



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Arizona taxpayers may receive up to a \$400 tax credit for married couples or \$200 for single taxpayers on state taxes by contributing to a Washington Elementary School District school. Tax credit contributions give you a dollar-for-dollar reduction in your state income tax.

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Tax credit forms are available at any Washington District school or can be found online at www.wesdschools.org.

Tax credit donations may be made in person at any WESD school through December 20, 2013 or may be postmarked by December 31, 2013 to apply to 2013 taxes.

For more information, call 602-347-2631.



SCHOOL DAYS

Xavier golf program, led by Winsor, has produced a total of 30 5A State Championship teams.

Laguna recognized with two awards

Brophy College Preparatory senior Sebastian Laguna recently received an AP Scholar Award for his scores on the AP exams. The AP Program recognizes high school students who have demonstrated college-level achievement through AP courses and exams. This achievement is acknowledged on any score report that is sent to colleges the following fall. The AP Scholar Award is granted to students who receive scores of 3 or higher on three or more AP exams.

Laguna also was recognized with a National Hispanic Recognition Program (NHRP) Scholar Award. The NHRP was initiated in 1983 by the College Board to identify outstanding Hispanic high school students.

Laguna has not yet decided on a college major or which college he will attend in the fall.

Xavier lauds its honored students

Fourteen Xavier College Prep students have been named Commended Students, and are being recognized for their exceptional academic promise. They are: Madison Cisewski, Lauren D’Souza, Erin Fakler, Kathleen Fowler, Sierra Fullmer, Hailey Jensen, Lauren Murphy, Alyssa Nazareno, Elizabeth Overton, Mackenzie Paynter, Sophia Tew, Katherine Welty, Octavia White and Emily Wusterbarth.

The approximately 34,000 Commended Students placed among the top 5 percent of more than 1.5 million students nationwide who entered the 2014 competition by taking the 2012 Preliminary SAT / National Merit Scholarship Qualifying Test.

In addition, three Xavier students have been recognized as 2013-14 National Hispanic Recognition Program (NHRP) Scholars for their excellence in academic achievement: Marli Dunn, Jennifer Escalante and Margot Luna.

Octavia White also has been named a semifinalist in the 2014 National Achievement Scholarship Program. She scored in the top 3 percent of more than 160,000 Black American high school students who took the 2012 PSAT/NMSQT.

Brophy’s newspaper receives honors

Brophy College Prep’s student-led newspaper, *The Roundup*, has earned multiple top honors from state and national journalism associations, which included Arizona’s “Best High School Newspaper” for the third year in a row.

The Arizona Newspapers Association and the Arizona Associated Press Managing Editors named *The Roundup* the 2013 “Best High School Newspaper” in its annual Better Newspapers Contest. *The Roundup* won the same award in 2012 and 2011.

The Arizona Scholastic Press Association gave *The Roundup* First Place for Online General Excellence. Students also earned 17 awards at the AIPA state conference Sept. 19.

The National Scholastic Press Association named *The Roundup* a 2013 “Pacemaker” winner in the category of Broadsheet 9-16 Pages. The Pacemaker is the top honor the NSPA gives. Finalists were named at the NSPA national conference in Boston on Nov. 16. The Roundup last earned this honor in 2009.



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- Make a **Tax Deductible** donation to Osborn Educational Foundation (OEF), a 501(c)(3) that serves children in the Osborn School district. Securities are accepted. Consult your tax advisor if you have questions.

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GENERATIONS

Senior Living

Grandfamilies Holiday Potluck Party at Duet

Every year, Duet celebrates the holiday season with a free Grandfamilies Potluck Party for grandparents and the children they are raising. This year's event is set for 12-2:30 p.m. Monday, Dec. 23 at the Duet offices, 555 W. Glendale Ave.

Children take part in activities, adults relax and visit with each other and everyone shares in an abundance of food. While the event is free, an RSVP is required by Monday, Dec. 16. Contact Patricia at 602-274-5022.

Grant helps build ramps for seniors

A \$100,000 grant from Virginia G. Piper Charitable Trust will be used by Rebuilding Together Valley of the Sun to build 150 exterior house ramps for low-income seniors and disabled homeowners in Maricopa County.

The grant for the Arizona Ramp Project will support construction of the ramps, which will be built and installed at no cost to homeowners by Rebuilding Together skilled volunteers.

Applications from homeowners are being accepted by calling (480) 774-0237. Interested volunteers should contact Rebuilding Together at the same number or by e-mailing info@rebuildingtogetherphx.org.

The Arizona Ramp Project will build 35 ramps in the first year of the grant, 55 in the second year and 60 in the final year.

New hoarding support group starts in Dec.

The Area Agency on Aging, Region One, will offer a 15-week support group designed to affirm, educate and gently guide individuals who self-identify with hoarding behaviors. The group is open to individuals who are 50 years of age and older and able to commit to attending all 15 sessions.

Meetings will take place at the Area Agency on Aging, offices, 1366 E. Thomas Road, Suite 108, on Mondays from 10:30 a.m. to 12 p.m. starting Dec. 9, and ending March 24, 2014. Space is limited and the group will be closed to new members after the second session.

For more information about joining the group, call 602-241-5577 or e-mail: mary.coalson@aaaphx.org.

Kids & Families

Give them a party they'll never forget

Some of the best childhood memories come from birthday parties or other celebrations. But it's always a challenge for parents to make those celebrations truly unique and special—especially if a child's birthday falls around a major holiday, like Christmas.

Mobile Make-Believe is a new company started by North Central resident Andrea Tyler Evans, an event-planning expert and mother of two young children. Mobile Make-Believe provides children's costumes available to rent in sets of 10, 15, 20 or 30, for birthday parties and other special occasions—including company Christmas parties where children are welcome to attend.

Mobile Make-Believe offers four party themes: Princess, Knights, Pirates and Super Heroes for ages 3-7. All costumes have been either made by hand or hand-altered to fit children in a wide range of sizes, and with an emphasis on exceptional detail and craftsmanship.

Prices start at \$139 for a party of 10. Two or more sets of costumes may be reserved for boy/girl combo parties for 20-30 kids. Visit www.mobilemakebelieve.com or call 602-200-9053.

Piano lessons begin in January

Music Works Academy, 302 W. Bethany Home Road, starts a new 15-week semester of Prelude Piano Classes for Young Musicians the week of Jan. 20, 2014. Registration is now open.

Piano discovery classes for preschool children ages 3 to 5 gently prepare little fingers for piano lessons, develop listening skills with solfege singing, and promote hand coordination and rhythm with drumming. Piano lessons also are offered to kindergarten and first-grade students in small group classes.

For more information and registration forms, visit <http://musicworksacademy.com> and click on the Young Children's tab, or call the studio at 602-264-5188.

GENERATIONS

Children invited to audition for chorus

The Phoenix Children's Chorus will host free auditions for boys and girls in second through 12th grades, 6 p.m. Tuesday, Dec. 10 at the Phoenix Center for the Arts, 1202 N. 3rd St. Members participate in performances and guest appearances, and learn the basic elements of vocal technique, performance and musicianship skills.

Children interested in participating do not need a musical background. The chorus is looking for children with pleasant, clear singing voices, who love to sing and can match pitch. Sign up for an audition at www.pcchorus.org or call 602-534-3788.

Fun camps available for winter break

Hubbard will offer a Winter Sports Camp for ages 4 to 13 at two locations this year: Phoenix Swim Club, 2902 E. Campbell Ave., and Tesseract High School, 3939 E. Shea Blvd.

Children will stay active and busy by playing basketball, volleyball, soccer, baseball, archery, field sports, and lots of games and creative winter activities.

Winter camp is offered in full-day and half-day options. Camp dates are: Dec. 23, 26, 27, 30, and Jan. 2-3. There is a full-day winter camp option from 8:30 a.m. to 3:30 p.m. and a half-day camp option from 8:30 a.m. to noon.

Cost for the full day is \$50 and \$35 for the half-day. Doors open at 8 a.m. Extended care also is available from 3:45 to 6 p.m., for an additional \$15 per day. For more information or to register, call 602-971-4044 or visit www.hubbardsports.com.

Sunrays offer 'Supercamp'

During winter break, children ages 3 to 13 can enjoy gymnastics, dance, karate, sports, special guests, a bounce house and much more at the Arizona Sunrays Gymnastics & Dance Center, 3110 E. Thunderbird Road.

Camp dates are: Dec. 20, 23, 24, 26, 27, 30, 31. There is a half-day winter camp option from 8:30 a.m. to 12:30 p.m. The full-day camp option is from 8:30 a.m. to 3 p.m. Cost is \$170 for the one-week half day, and \$250 for the one-week full day.

Individual half day is \$45; individual full day is \$60. Sibling discounts are available. Extended care hours are avail-

able from 7:30 to 8:30 a.m. and 3 to 5:30 p.m. Billing is based on half-hour increments. Extended care prices are: \$3.25 per half hour.

For more information or to register, call 602-992-5790 or visit www.arizonasunrays.com.

Several fun craft activities at library

Century Library, 1750 E. Highland Ave., hosts several fun and creative craft activities for kids this month, many with a seasonal theme. An adult family member or friend should be present to assist.

All programs take place from 10 a.m. to 1 p.m. on Saturdays. First up is making reindeers from pinecones and pipe cleaners on Dec. 7, for ages 3 and older. Then on Dec. 14, see Frosty the Snowman come to life with Styrofoam and felt; also for ages 3 and older. And finally, on Dec. 21, create colorful flowers by recycling soda cans. This craft is best for ages 10 and older.

There is no cost to attend the programs, presented with support from the Friends of the Phoenix Public Library, Acacia Chapter.

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Festival of Arts returns downtown

The second-annual Phoenix Festival of the Arts will take place Dec. 13-15 at Margaret T. Hance Park in downtown Phoenix. Valley artists, musicians, writers, students, and scholars will unite to create a weekend-long cultural celebration presented by The Phoenix Center for the Arts and Arizona Humanities.

This year's festival is brimming with three full days of live arts and humanities programming, 80 performances and presentations and more than 100 arts and cultural exhibitors. Those wishing to express their inner artist can get their feet wet with a hands-on community mural organized by acclaimed local muralist and Valley favorite, Hugo Medina.

Food trucks will again line the street, including Canela's Kiosco de Botanas, DGP Gourmet Fry Bread & Funnel Cake, J-Licious Tasty Teazy

Tacos, Jamburritos Cajun Grille Express, Paletas Betty, Pizza People, San Francisco Chocolate Factory, Spice It Up and Satay Hut.

The festival also will feature flash performances, a beer & wine garden, a Family Zone and more.

Hours are 10 a.m. to 9 p.m. Friday and Saturday, and 10 a.m. to 5 p.m. Sunday. Admission is free. The park is located at 1202 N. 3rd St. There is limited street parking, so it is advisable to take the light rail or ride a bike (bike racks available).

For more information, visit www.phoenixfestivalofthearts.org or call 602-254-3100.

Holiday A & E

'A Bloody Mary Christmas'

8 p.m. Dec. 6-21
Space 55 Theater
636 E. Pierce St.
602-663-4032

For the fourth consecutive year, Space 55 presents a holiday musical for people who hate the holidays and musicals. Sun City retirees Blanche, Bertha and Mabel sing, dance and drink themselves silly as they battle a heartless homeowner's association that tries to evict them from their condo on Christmas Eve. You'll laugh, you'll cry, you'll pee a little. Need we add that this show isn't even remotely appropriate for children? Tickets are \$15. Shows are Friday and Saturday nights only. Get the in advance online at www.space55.org or at the door.

'Celebrate the Joy'

ProMusica
4 p.m. Sunday, Dec. 8
Camelback Bible Church
3900 E. Stanford Drive
www.pmaz.org

The full orchestra and chorale will be engaged to present the Christmas story, augmented by heart-warming readings, and beautiful music including "Silent Night," Morten Lauridsen's "O Magnum Mysterium," and Handel's "Hallelujah Chorus." Presented in two acts, this concert also features innovative visual elements, dancers, and audience sing-alongs of traditional favorites. Tickets are \$20 for adults, \$17.50 for seniors, and \$12 for students, and will be available at the door.



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ARTS & ENTERTAINMENT



Artist Gennaro Garcia displays his Mexican art candleholders during last year's Phoenix Festival of the Arts (submitted photo).

Christmas Pageant

2 p.m. Sunday, Dec. 8
Xavier College Preparatory
4710 N. 5th St.

The pageant is the traditional story of the birth of Christ as told through reverent music and dance. This year's theme is "Hope Is Born." The performance is Xavier's gift to the community, so there will not be a charge for admission.

'Holidays with Orpheus'

Orpheus Male Chorus of Phoenix
3 p.m. Sunday, Dec. 15
Camelback Bible Church,
3900 E. Stanford Drive
602-271-9396

This year's Holidays with Orpheus concert will feature such classics as "I Saw Three Ships," "What Child Is This?" "God Rest Ye Merry Gentlemen," and "O Holy Night," along with a few rare gems like "Riu, Riu, Chiu" and "The Mummer Song." Tickets are \$20 for

adults, \$15 for students and seniors. Visit www.orpheus.org.

'Feast of Carols'

Arizona Masterworks Chorale
3 p.m. Sunday, Dec. 15
Faith Lutheran Church
801 E Camelback Road
602-350-8261

The performance features favorite carols in a variety of styles: madrigal, Mozart, and modern. In addition, the group will take the audience on a journey through music history in a sophisticated, entertaining rendition of "The Twelve Days of Christmas," singing each verse in a different musical tradition—imagine "Nine Ladies Dancing" in the style of a 19th Century Viennese waltz. Tickets are \$15 (12 and younger free) and are available in the church office, from a chorale member, and at the door. For more information, call or visit www.arizonamasterworks.com.

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ARTS & ENTERTAINMENT

A & E Briefs

Derrick Bostrom

Photo Exhibit

Through Jan. 18, 2014

Green Vegetarian Restaurant

2022 N. 7th St.

Culled from his recent photographic work, this exhibit draws upon Bostrom's travels throughout Arizona, showcasing scenes that evoke the past while embracing the present. Originally gaining notoriety as the drummer and founding member of the legendary alternative rock group the Meat Puppets, Bostrom has been a part of the Phoenix creative community for more than 30 years, both as a musician and artist.

**'Georgia O'Keeffe in
New Mexico: Architecture,
Katsinam, and the Land'**

Through March 3, 2014

Heard Museum

2301 N. Central Ave.

602.252.8848

An exhibit featuring O'Keeffe's paintings as well as katsina (kachina) dolls specially selected for this exhibit. The exhibit is organized by the Georgia O'Keeffe Museum and the Montclair Art Museum. The exhibit was made possible in part by The Burnett Foundation and the Georgia O'Keeffe Museum National Council. Admission is \$18 for adults, \$13.50 seniors (65+), \$7.50 children ages 6-12, free for children 5 and younger, American Indians and museum members. For more information, visit www.heard.org/okeeffe.

'Tellin' It on the Mountain'

Black Theatre Troupe

Dec. 6-22

Helen K. Mason

Performing Arts Center

1333 E. Washington St.

602-258-8129

The holidays are usually a time of love, joy and good will—unless you lived in the Dean household. These superstar sisters were once at the height of their careers as the dynamic, chart-topping group "Sister Dean." Now, years later, they are asked to put aside their differences to come together one last time for a holiday CD recording. In this uplifting musical drama, true love will stand strong and the power of the holiday spirit will be tested on this one not-so-silent night. Show times are 8 p.m., with some matinees available. Tickets are \$35 plus fees. Visit www.blacktheatretroupe.org.

Lunchtime Ballet

11:30 a.m. Monday, Dec. 9

**Steele Indian School Park,
Memorial Hall**

300 E. Indian School Road

602-534-8659

Bring your lunch and watch the majesty of the dance from Ballet and Friends, featuring the Master Ballet Academy Dancers. These bite-sized performances are 35- to 45-minute excerpts from some of the most beloved ballets. Food trucks will be on site. Admission is \$5 per person, per performance. Tickets are available at www.phoenix.gov/parks (Barcode 99952) or at the Memorial Hall door. Doors open at 11 a.m.

'The Great Divorce'

The Fellowship

for the Performing Arts

Dec. 14-22

Herberger Theater

222 E. Monroe

602-252-8497

This journey to Heaven and Hell by C.S. Lewis is an exploration of human nature, featuring characters drawn with Lewis' trademark wit. Several of Lewis' most provocative characters take a bus ride from Hell to Paradise. Three actors transform into over a dozen different personality types to tell this fantastical morality tale about good and evil. Tickets are \$29 to \$49. Student seats are \$20 (student ID required). To purchase tickets, visit www.greatdivorceonstage.com or call the box office.

**'Jesus! A December
Celebration of the Christ'**

6 p.m. Dec. 6 & 20

R. Pela Contemporary Art

335 W. McDowell Road

602-320-8445

This juried exhibit features Son-of-God-specific work that is both reverent and irreverent; religious and irreligious. Renowned local and international artists and new, emerging artists have submitted work to be juried later this month. Two free artists' receptions will be held; otherwise, the gallery is open by appointment. For more information, visit www.rpelagallery.com.

**'My Son the Waiter:
A Jewish Tragedy'**

Dec. 25-Feb. 2

Herberger Theater

222 E. Monroe

602-252-8497

Brad Zimmerman waited tables for

ARTS & ENTERTAINMENT

29 years while chasing a career in acting and comedy, so waiting until his mid-50s to perform on stage seems so logical. Zimmerman tells his story using his training as an actor combined with years on the standup comedy circuit. His send-ups on his family, career, childhood and misbegotten love life are as warm and poignant as they are hysterical. Performances are Wednesdays through Sundays. Ticket are \$39.50-\$49.50 and are available online at www.herbertheater.org.

'Xanadu'**Arizona Theatre Company****Dec. 31-Jan. 19****Herberger Theater****222 E. Monroe****602-256-6995**

In this smash Broadway hit, Kira, a beautiful Greek muse, is sent on a quest from the heavens to inspire a young artist to achieve his greatest dream – to build the first roller disco. (Hey ... it's 1980!) A musical spoof of the classic Olivia Newton-John/Gene Kelly film, this hilarious roller-skating, disco-dancing adventure weaves a tale of endless fun perfect for the whole family. Tickets are \$49 to \$72 plus fees. For tickets, visit www.arizonatheatre.org.

'4000 Miles'**Actors Theatre****Jan. 10-26, 2014****Helen K. Mason Performing Arts Center****1333 E. Washington St.****602-258-8129**

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Watch desert come to life in 'Desert Dreams'

Eight, Arizona PBS offers a special presentation, "Desert Dreams: Celebrating Five Seasons in the Sonoran Desert," debuting Dec. 4 at 7 p.m. on local Channel 8. The program showcases 182 species of plants and animals in a first-of-its-kind presenta-

tion of the Sonoran Desert as it changes over the course of a full year.

"Desert Dreams" blends HD video footage and time-lapse imagery captured over the past four years with stills from the filmmaker's photographic archive compiled over three decades to chronicle five seasons: Dry Summer, Wet Summer, Autumn, Winter, and Spring.

"The film's stunning imagery paired with beautiful, elegant music allows us to experience the glory of the Sonoran Desert as it is meant to be and to form our own interpretation of what that experience means to us," says Craig Ivanyi, executive director of the Arizona-Sonora Desert Museum.

Nearly 86 percent of Arizona residents live in the Sonoran Desert, a landscape sweeping from Mexico to California, covering much of southern Arizona, including both Phoenix and Tucson. "Desert Dreams" offers an immersive multimedia experience, revealing the natural treasures that lie beyond urban surroundings.

For more information, visit www.wildhorizons.com/desertdreams.

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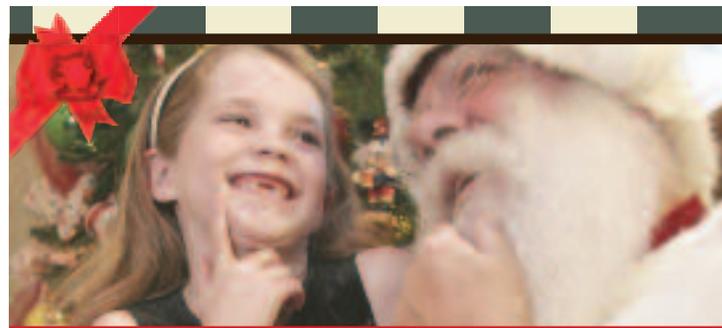
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Boonchai Siriswangporn and his wife, Martha Mendoza, show off their redecorated patio along with some of their new breakfast and lunch items (photo by Patty Talahongva).

Café Chat
Breakfast is not just for champions
 By Patty Talahongva

It's been said breakfast is the most important meal of the day. Breakfast fuels the brain and body to prepare it for a busy day. Now, North Central residents have three eateries that are specializing in breakfast—and for those later morning eaters, lunch.

Melrose Kitchen

The former cafe, “Two Hippies,” at 4306 N. 7th Ave., changed its name to “Melrose Kitchen” last February. Boonchai Siriswangporn and his wife, Martha Mendoza, own the place but decided to change the name because of the many other restaurants in Phoenix with the same “Hippies” name.

“There was a lot of confusion,” Siriswangporn explains. The other places offer pizza but not breakfast, and all of them were getting confused callers trying to order food from the wrong restaurant.

Since the eatery is located in the Melrose District, the name seemed like a natural choice. His wife told him, “If we change the name we can't keep the same menu.”

So the couple added eight new items to the breakfast menu and some daily specials. “We have a lot of specialties: steak and eggs, Huevos Rancheros,

beans, and two kinds of homemade salsa,” Siriswangporn says. Mendoza adds, “The green is really spicy and the people love it!” You can also build your own omelet, including a vegan omelet.

The buttermilk pancakes and pecan waffles are popular items as well.

On the lunch menu you will find an expanded list of appetizers, panini sandwiches served on sourdough, and several new salads including Chicken Taco Salad and Asian Sesame Chicken Salad. Non-meat eaters can nosh on the Veggie Wrap, and just in time for the winter you can find homemade soup on the menu.

Siriswangporn says they cater to shoppers who come to enjoy the Melrose District antique shops. “We try to preserve the sixties-style diner with great food.” Plus, prices are competitive and the portions large. Regulars will notice several small changes that have made a big difference such as real silverware and plates (no more plastic), less cluttered walls, and a great change in the patio area, which is still pet friendly.

The restaurant now closes an hour earlier, at 3 p.m., since the owners found the lunch crowd thins out around that time. Free Wi-Fi is available. Hours are 7 a.m. to 3 p.m. Monday through Saturday and 8 a.m. to 3 p.m. on Sundays. Call 602-274-0079 or go to: www.melrosekitchenaz.com.

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Snooze

Head a few miles east and you'll discover that Denver-based Snooze has opened its first Arizona location, inside the Town & Country shopping Center, 2045 E. Camelback Road, #A17.

Snooze has built a diehard following thanks to its from-scratch, chef-crafted take on traditional breakfast and brunch favorites, served all day long. Diners can choose a "flight" of pancakes, try the house-made breakfast pot pie in rosemary sausage gravy, enjoy eggs Benedict topped with spicy barbacoa beef and decadent cream cheese hollandaise sauce, and many more unique breakfast and brunch offerings. Adult diners can wash it all down with a latte, a local craft beer or even an MMM MMM Mimosa, featuring Snooze Sparkling, Odwalla OJ and Pama Pomegranate Liqueur.

Plus, each location features Snooze's signature colorful atmosphere and retro-futuristic décor, best described as The Jetsons meets Happy Days. Guests also can unwind on the expansive, tree-shaded patio running extending from the façade down the entire length of the restaurant. And as always, Snooze will offer free coffee and games of cornhole to anyone waiting for a table.

Founded by Jon Schlegel, aka The Host, who runs Snooze along with his brother Consigliere/CFO Adam Schlegel, the Snooze concept was built on a commitment to sustainability, from incorporating as much locally grown food as possible to recycling and composting more than 90-percent of all waste from every store. But it was actually the third member of the team, CEO / "Old Major" Dave Birzon, a longtime Valley resident, who helped bring Snooze to Phoenix.

"David really brought to light what an incredible, artsy, independent and

culinary-driven city Phoenix is," Adam Schlegel says. "Innovative mixologists, artisan bakeries, farm-to-table restaurants, light rail transportation, and young, tight-knit communities committed to building their neighborhood—it felt fun, familiar, and like home."

Snooze works closely with charities, giving back 1 percent of sales annually and plans to partner with charities such as Not My Kid and St. Mary's Food Bank, the oldest food bank in the world.

Snooze is open daily from 6:30 a.m. to 2:30 p.m., serving breakfast all day and brunch all day plus a full coffee and cocktail bar. For more information, call 480-725-8000 or visit www.snoozeeatery.com/towncountryaz.

Essence Bakery

If you keep heading east you'll find Essence Bakery at 3830 E. Indian School Road—another eatery focused on breakfast and lunch. While it's fairly new to this part of town, the owners have had a long history of feeding folks in Tempe.

Eugenia Theodosopoulos and her husband, Gilles Combes, bring 17 years of combined restaurant and catering experience to this new location. Each morning at 3 a.m., the staff is busy baking the day's breads and pastries. It's the reason they chose to focus on breakfast and lunch.

"It's kind of hard to do both," Theodosopoulos says of their early hours. "How much do you want to work?" She adds, "We want to offer freshly made baked goods and organic foods. We're doing what we love!"

The menu proclaims, "We are proud to serve local and organic as much as possible." The owners also compost and recycle. They serve organ-

please see BREAKFAST on page 50

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FOOD FOR THOUGHT

BREAKFAST continued from page 49

ic beef from Wilcox, produce from local vendors and use Olive Oil from Queen Creek. Also on the menu are vegetarian and vegan options. Eating healthy food is the couple's personal commitment to their restaurant.

The Big Breakfast is just that, big and filling. Two organic eggs come over-easy or scrambled with a crispy mashed potato cake, homemade sausage and sautéed mushrooms deglazed in white wine. Homemade toast and jam round out the meal. Add a latte or cappuccino for just a few more dollars.

Lunch is a combination of Greek, French and American foods and offers a variety of homemade seasonal soups. The Local Power Ranch Beef Hamburger is grass-fed beef with tomato and arugula on a toasted roll served with balsamic mayo. Vegan lunch options include hummus served with cucumbers rather than bread.

"We offer alternatives to people who have diet restrictions," points out Theodosopoulos. You can also request

soy rather than milk in your coffee.

Being a bakery, the dessert menu is appropriately large and includes French macarons and chocolate croissants, among other delectable pastries. "We just serve food that we like to eat," Theodosopoulos says.

See the entire menu at www.essencebakery.com. Breakfast is served 6:30 a.m. to 10:30 a.m. Tuesday through Friday and weekends all day. Lunch is served 10:30 a.m. to 3 p.m. Tuesday through Sunday. Call 602-296-4958.

Dining Briefs

Former SF 49er opens new Pappy Murphy's

The same hands that chased quarterbacks in Pac-12 college football and the National Football League are now forming pizza dough in central Phoenix.

Greg Joelson, who played for the Arizona State Sun Devils and the San Francisco 49ers, is the proud owner of the new Papa Murphy's location that opened last month at 1625 E. Glendale Ave., in the Squaw Peak Plaza. His store will be the newest Arizona location for Papa Murphy's, the country's largest and fastest growing take 'n' bake pizza chain.

Joelson, a former teammate of players such as Hall of Famers Jerry Rice and Steve Young, is excited about bringing Papa Murphy's to the area. "We are ready to go, not just to serve great, fresh pizza but to make a difference in our community," Joelson said. The store is already working with local causes such as Phoenix Children's Hospital, VetTix and St. Vincent de Paul.

The store is open 11 a.m. to 8 p.m. Monday through Friday and 11 a.m. to 9 p.m. on weekends. For more information and the latest deals, visit www.papamurphys.com or call 602-279-7272.

New taco and tequila eatery on site of church

A new tacos and tequila gastropub opened last month in Midtown Phoenix on the northwest corner of Seventh Street and Osborn Road, called Taco Guild.

The menu highlights tacos made with ingredients sourced from local farms. The bar features more than 150 different varieties of tequila as well as craft beers and draught wine.

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Recipes have been sourced from Old World Mexico as “Guild Master” Matt Janiec endeavored on numerous research trips to perfect spices and flavor combinations. Local farms such as Crooked Sky and McClendon grow and harvest the seasonally fresh produce. A chalkboard next to the open kitchen displays the partner farm that grew the produce.

In the kitchen, each tortilla is hand made and grilled minutes before it is served to diners, ensuring the produce and tortilla are of equal freshness.

There are more than 150 varieties of tequila for guests to explore, and tequila flights will be available for purchase.

The restaurant is on the former site of the Bethel Methodist Church, first constructed in 1893. More than 20 feet in the air, the dark wood ceiling and support beams are refinished and kept intact. Three sizeable stained glass windows, which were dedicated by the church in 1965, also are repurposed.

Taco Guild, 546 E. Osborn Road, is open seven days a week beginning at 11 a.m. Monday through Saturday and 10 a.m. on Sundays. For more information, visit www.TacoGuild.com or call 602-264-4143.

New Asian eatery from local chefs

The Clever Koi, which opened last month on Central Avenue just north of Indian School Road, is a modern take on a traditional Asian concept delivering a unique approach to classic flavors and techniques.

A seasonally and locally refined menu includes steamed buns, house-made dumplings and progressive noodle dishes reflecting regions such as Thailand, Korea, China, Vietnam, Japan and Indo-China. Diners also can enjoy craft cocktails on tap, house-made shrubs, eclectic imported beers and sakes in a beverage program designed to complement the experience.

Former Parlor Pizzeria chefs Jared Porter and Joe Absolor have partnered with co-owners Joshua James (beverage director) and Nicholas Campisano (general manager), and Restaurant Manager Nicholas Campisano to create what they hope is a recipe for success.

“We wanted to do something innovative and provide something that was not currently represented in our community,” said Porter. “My philosophy is to ele-

vate food, not tamper with high-quality ingredients and flavor combinations.”

The Clever Koi is located at 4236 N. Central Ave, Suite 1. For more information, call 602-222-3474 or visit www.thecleverkoi.com.

Food trucks visit HB Hanratty's

Phoenix's vintage dive bar, HB Hanratty's at 537 E. Camelback Road, now features Valley food trucks on Thursdays and select Saturdays. Experience the Valley's best food vendors at HB Hanratty's while you enjoy the game and HB's renown “strong and cheap” drinks.

The food truck schedule for December includes Moto Meals on Thursdays, Dec. 5, 19 and 26. The food truck hours are 6 to 8 p.m.

HB Hanratty's has six taps featuring Arizona brews including a wide selection of bottled beers. HB has a full bar and cocktails to choose from including weekly “Beer Bargain” bottled beer for \$3.

In a hurry? Take your food and a six pack to go. HB now sells a six-pack of beer to take when you leave.

HB Hanratty's is open from 4 p.m. to 2 a.m. daily. For more information, call 602-274-3067. For a schedule of food truck vendors, visit HB Hanratty's Pub on Facebook.

Wrigley gets fresh look, freshens menu

Geordie's Restaurant & Lounge inside the historic Wrigley Mansion Club has reopened for the season with a handsome new look and an all-new menu showcasing Italian-influenced steaks and seafood.

New Executive Chef Robert Nixon has incorporated house-made pastas and breads, and herbs fresh-plucked from the Wrigley's garden on-property.

To view sample lunch and dinner menus, visit www.wrigleymansionclub.com and click on “Geordie's.” The Wrigley Mansion Club is located at 2501 E. Telawa Trail. Due to zoning restrictions, the mansion must maintain a private club status. Social Memberships are only \$15 annually, while VIP Memberships are \$50 annually and includes 20-35 percent off every bottle of wine. For more information or to make reservations, call 602-955-4079.

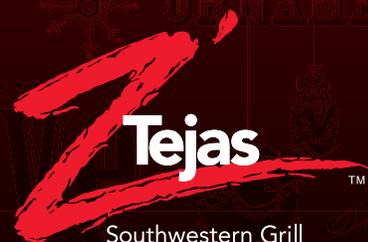
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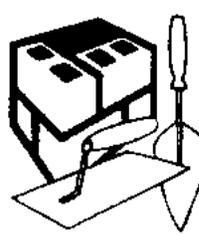
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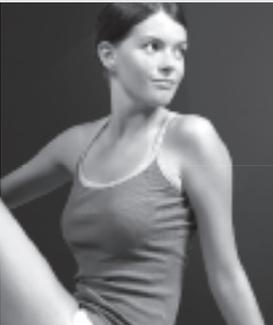
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