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# Developer looks at financial options

By Teri Carnicelli

Developers of an apartment complex planned for 3rd Avenue and Camelback Road have asked the City Council to postpone its vote on a requested zoning change for the property until its March 19 meeting. The council was originally slated to review the rezoning request, which would change approximately 1.14 acres from commercial to multi-family residential, at its Feb. 5 meeting.

The continuance request stated that the developers wanted more time to explore alternatives to financing and to review possible further revisions to the development.

Larry Lazarus, attorney for the developers, explains that changes had previously been made to the development proposal that reduced the height of a portion of the project from four to three stories, which also eliminated six units of the affordable housing project.

Representatives from the adjacent Medlock Place historic neighborhood object to the height and the density of the project, which abuts their 100-year-old, single-story community.

Lazarus says that Michael Stringfellow from the Chasse Building Team has contacted the project's financing partners to determine whether, for example, reducing the height to three stories across the board or otherwise reducing the density of the units to below 50

please see POSTPONED on page 8

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Nancy Walker,
Celebrity Fight
Nigh Foundation
board member,
and her husband
Jimmy Walker,
longtime North
Central resident
and founder of
Celebrity Fight
Night, visit with
boxing legend
Muhammad Ali at
a previous event
(submitted photo).

# North Central's Walker continues 'Fight' of life

By Teri Carnicelli

Jimmy Walker has spent decades working in the financial services business, which includes life insurance. So it's a little surprising when you see the long-time North Central resident's name associated with an event called "Celebrity Fight Night." Such a title evokes imagery of blood, bruises and occasional broken noses. One wonders what Walker is doing associated with such a risky-sounding endeavor.

Walker attended Central High School, where he was first team All-State in basketball, and later attended Arizona State University, where he received his education on a basketball scholarship. He never lost his love of sports, which helped lead to the creation of Celebrity Fight Night, which celebrates its 20th year next month.

The original concept was to get local celebrity athletes to duke it out with oversized boxing gloves in a fun and charitable event, Walker explains.

A Phoenix resident since 1957, Walker has brought his years of experience of selling insurance to professional athletes and entertainers to his position as chairman of the Celebrity Fight Night Foundation, which he founded 20 years ago.

The mock fights that were once associated with Celebrity Fight Night have long since been eliminated, but the real fight against Parkinson's disease, poverty, homelessness and childhood ailments continues to hold strong at this annual star-studded event, set for Saturday, April 12 at the J.W. Marriott resort near the Desert Ridge mall.

The individual ticket prices start at \$1,500, which includes a private musical performance by Michael Bublé, The Band Perry, and Kenny Rogers (www.celebrityfightnight.org). Other celebrities who will be in attendance include Robert De Niro, Billy Crystal, Reba McEntire who returns as emcee, and of course the perennial man of honor, boxing legend Mohammad Ali.

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# Car wash assists with boxer's college dreams

Angel Baltazar is going through one of the hardest times in his barely 20 years of life. His father was diagnosed with terminal cancer and the doctors don't expect he will have much longer to live.

Angel's dad wants to make sure that his son's future stays on the right track. That's why he supported Angel when he wanted to get into boxing. And that's why he's asked Angel's boxing coach to help him make sure his son still has a bright future ahead of him, despite what will be a devastating loss.

The Chavez Boxing Gym, started by former Golden Gloves Champion Pete Chavez, is more than just a youth program or a gym; for the kids and coaches, it is a family. And when someone in your family is having a hard time, everyone comes together to help.

To help Angel stay on track, the Chavez Boxing Foundation, formed in 2007, is giving Angel this year's Melyssa Gastelum College Grant.

Years ago, the foundation set up the grant in honor of one of Chavez's former clients. Gastelum was just 17 when she died in an accident. "She was such a good kid," Chavez remembers. "She wanted to go to college." Her family helped him set up a scholarship in her name.

Now that grant is going to ensure Angel will go to college, even if his



Local boxer Angel Baltazar gets some help washing cars as part of a fundraiser for his boxing gym, the Chavez Boxing Foundation, at 7th and Missouri avenues. Another car wash fundraiser is coming up on March 29 (submitted photo).

father won't have the chance to see it.

Members, coaches, friends and supporters of the boxing club are helping to raise funds for this year's grant with a car wash, set for 10 a.m. to 2 p.m. Saturday, March 29 in the parking area of Sylvia's La Canasta, 5508 N. 7th Ave. It is in the same shopping center as the boxing gym.

The proceeds from the car wash will go directly to the grant and ultimately to Angel's college fund.

The Chavez Boxing Foundation is a nonprofit youth intervention/prevention

program that offers the sport of amateur boxing as an alternative to destructive behavior. You can Like Chavez Boxing Foundation on Facebook and/or follow them on Twitter @CBF2012Boxing.

# Offer your views on light rail communities

Residents are invited to shape the future of development along Phoenix's light rail system by participating in a two-week Reinvent PHX community design workshop. Reinvent PHX is a

community-based planning effort to create walkable communities by guiding future development along the Phoenix light rail system.

The "opening event" is set for 6 to 8 p.m. Monday, March 24, and the "closing event" will be held from 6 to 8 p.m. Friday, April 4. Both events will take place at the Phoenix Financial Center, 3443 N. Central Ave.

During the two-week workshop, residents are invited to provide input any time between the hours of 9 a.m. to 6 p.m. or online at myplanphx.com. District plans create a guide for investments in streets, parks, housing and business development based on a community vision for the future.

The opening event will provide initial input on designs for walkable communities along the light rail between downtown Phoenix and Bethany Home Road/Christown Spectrum Mall. The closing event will feature designs drafted for this area, based on public input..

Transit Oriented Development (TOD) is a method for building and preserving communities with the goal of making walking, bicycling and using public transit safe, convenient and comfortable for daily living. This effort will be a model for developing other walkable communities along future light rail corridors

For more information, visit www.reinventphx.org or call 602-534-5829.



#### north central news

The voice of the north central phoenix community

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Tara A. Blanc Publisher Teri Carnicelli Editor Staff Writer Patty Talahongva Sales and Marketing Joanne Day Janice Backus Office Manager

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#### COMMUNITY

#### Locals shave heads to help kids with cancer

St. Baldrick's Foundation, a volunteer-driven charity dedicated to raising money for childhood cancer research, will host one of its signature head-shaving events at Tim Finnegan's Restaurant & Pub near Metrocenter Mall from 4 to 7 p.m. on Saturday, March 8.

Men and women from MiniCo and other local businesses including OpenTech Alliance and the U-Haul Self Storage Affiliate Network will shave their heads in solidarity with kids with cancer and raise money to conquer childhood cancers.

"We understand that shaving your head may not for everyone," says Poppy Behrens, event coordinator and publisher at MiniCo Insurance Agency LLC. "There are other ways that you can be involved. You can sign up as a volunteer, attend the event where Tim Finnegan's will donate all proceeds from the St. Baldrick's Buffet to the foundation, participate in our raffle or silent and live auctions, set up a fundraising page or make a donation on behalf of a participant."



An unidentified woman has her shaved to help raise money for childhood cancer research, as part of an annual event hosted by the St. Baldrick's Foundation (sub-

One raffle on the day of the event will be for a vintage Schwinn Stingray bicycle.

In addition, Wigs for Kids will be on hand for those who wish to donate their hair—even if they just want it cut, not shaved. Also on hand will be the Phoenix Police Department SWAT Team and the Phoenix Fire Department with their trucks and gear on display. Special children's activities will include face painting, a coloring table, and an opportunity to make cards for kids with cancer.

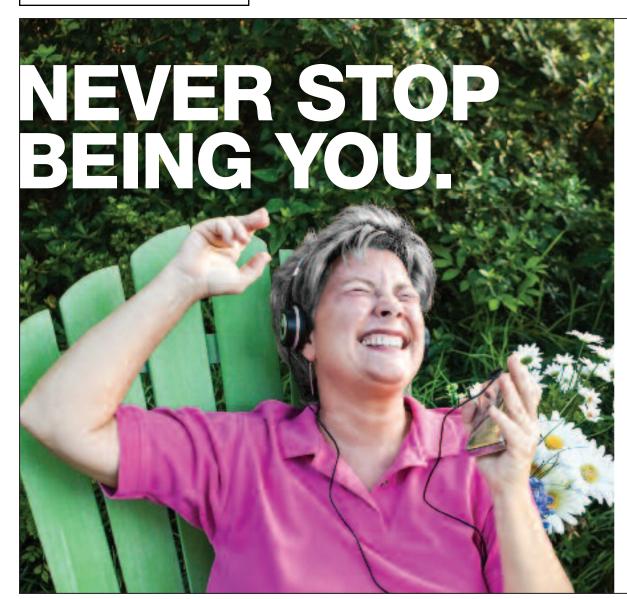
Tim Finnegan's is located at 9201 N. 29th Ave. For more information, visit www.stbaldricks.org/events/TimFinnega ns or call 602-321-7708.

#### Get free tax help at Central library

Members of the Volunteer Income Tax Assistance (VITA) Program will assist qualified residents with tax preparation 10 a.m.-4 p.m. Wednesday, April 9 at Burton Barr Central Library, 1221 N. Central Ave. Qualified individuals will have made \$51,000 or less in 2013. VITA volunteers are IRS-certified to provide free basic income tax return preparation with electronic filing.

No registration required. Assistance is first come, first served. Bilingual volunteers will be available.

For more information, call 602-262-4636 or visit phoenixpubliclibrary.org.



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# Enjoy local festivals and family events

The weather is warming up and so are the outdoor events around Phoenix. Check out these local family friendly events coming up in March.

#### Affair on the Square 10 a.m.-4 p.m. Saturday, March 8 Heritage Square 113 N. 6th St.

What was life like in early Phoenix? How did the Arizona cowboy help the U.S. win the Spanish-America War? Meet local history authors, and chat with 26th President of the United States, Theodore Roosevelt (portrayed by Joe Wiegand), at this free event. Visitors also are welcome to tour the Rosson House, a 19th century Victorian home located in the middle of Downtown Phoenix (fee applies). Other events include kids crafts and activities, book signings, and a Rough Riders Reception from 1-2 p.m. Visit www.heritagesquarephx.org.

### St. Patrick's Day Parade and Faire

10 a.m.-5 p.m. Saturday, March 15 Hance Park/Irish Cultural Center 1106 N. Central Ave. 602-280-9221

The parade runs along 3rd Street from Sheridan south to McDowell Road and features Irish step-dancing groups, the Arizona Irish Colleen and her court, Scottish bag pipe performers, high school bands, twirlers and floats. Admission to the faire is \$10 for adults (age 13 & older); kids age 12 & younger admitted free. Seniors (55 & older) and members of the military pay \$8. Enjoy three stages of Irish music and dancers, a Kids Area, food and beverages for purchase, crafters, and the Anam Cara (Soul Friend) exhibition at the McClelland Library. Free parking at the garage at 1850 N. Central Ave. and free shuttles run from there. Bring food items for donation and receive a raffle ticket for a chance to win \$100. Visit www.phxirish.org.

#### Haru In The Garden: A Festival Welcoming Spring 5-9 p.m. Saturday, March 22 Japanese Friendship Garden 1125 N. 3rd Ave. 602-256-3204

A celebration of spring featuring music, art and traditional Japanese displays. Performances will include



North Central resident Kezia Allen tries to cheer up a sour Scottish stilt walker during the annual Arizona Scottish Gathering & Highland Games (photo by Teri Carnicelli).

Japanese bamboo flute, Tibetan bowls, koto, piano and Japanese folk music. A special performance by the Glendale Community College percussion ensemble is scheduled for 6 p.m. A kimono, Hina doll and temari display also will be featured in the garden along with traditional spring-themed tea ceremony demonstrations. A Japanese beer garden and Asian food also will be available. Tickets for non-members of the garden at \$15 for adults and \$8 for youth 11 and younger. Purchase tickets online at www.japanesefriendshipgarden.org by noon March 21, or at the JFG Gift Shop or Garden Gate day of event.

#### The 50th Annual Arizona Scottish Gathering and Highland Games March 22-23 Steele Indian School Park 300 E. Indian School Road

Hours are 9 a.m.-7 p.m. Saturday and 9 a.m.-4 p.m. Sunday. Watch competitive highland dancing, pipe bands, heavy athletics, country dancing and historical re-enactments; enjoy vintage British car exhibitions, and visit representatives of over 50 Clans. There also is a children's area. Dogs on leashes are OK, but be prepared to clean up after your pet. Tickets are available at the gate for \$15 adults age 16 and older, \$10 for seniors age 60 and older, \$10 for military with ID, and \$5 for children ages 6-15. Parking is available for \$5 at 4041 N. Central Ave., where attendees can hop on a free shuttle, or take the light rail to the stop at Central & Indian School. http://www.arizonascots.com/ 05games.shtml.

# Real Estate Corner I he Lie Group

#### Life Lessons

I grew up in Atlanta Georgia and when my parents got divorced in 1964, my dad moved to Phoenix to buy into a ladies' shop located at Park Central Mall called Kagel's. The store was owned by a wonderful lady, Gerry Aron, who always took my brother



Michael and me to her family gatherings and made us feel like we had an extended family here in Phoenix. My brother and I were 8 and 4 when we first came out here but all of the business owners at Park Central always treated us like we

were adults even though we were pain in the A@#@#@ and it really made us feel wonderful being in a strange city. There was another gentleman who worked in the mall at Switzer's named Bernie Tech who also made Michael and me always feel comfortable and I was forever grateful for his respect. Bernie had a jewelry shop inside of Switzers and it was like a who's who whenever I went in there. I used to buy whatever I could afford from him then and when I got older I would buy more expensive jewelry from him and he always made me feel like I was his best customer. I always bought stuff for my various girlfriends until they kept dumping me!!

All of these flashbacks came back to me the other night when I was sitting next to Jay Weiss, one of the owners of Weiss Guys Car Wash, which was a fixture in the valley for many years. Jay and his brothers Howie and Jerry were the most incredible hard workers that I had even seen. They always made their clients feel like they were the most important person in the world and always seem to have a smile on their faces. In addition to making customers feel good, their employees also made you feel good as you were buying all kinds of stuff for your car like sprays, steering wheel covers, etc. I spent more time at Jerry's location at Central and Camelback and then after that location closed, I moved over to Jay's shop at 7th Street and Rose Lane. They still have many hand wash locations and have added a pet wash in their car washes for our most important member(s) of our family.

Ok, what is the point of this month's article other than a trip down memory lane? I learned many life lessons from these people in addition to many friends of my dad and that is how to treat people not only in business but in personal life. All of these people made me feel like I was a family member and they all treated me with respect and guess what ... I always came back to them. This is what I try to do in my business because I know buyers and sellers have many good choices for realtors and really you only have one chance to make that first impression. If you screw it up, your second chance will never happen. I try to make everyone feel like they are the most important person in the world and I especially try to make their kids feel important because those kids will remember those moments like I did 30-40 years later when they are looking for homes.

I am sure all of you know this but this huge city can seem to be very small sometimes because everybody seems to know everybody, especially in Central Phoenix. If you treat everyone with respect then it will pay large dividends later on. My thanks to all of my dad's friends for making me feel welcome in this community for the past 50 years and I can only hope that my kids have learned the same lessons on how to treat people, which will help them in business and in life.

I am so proud of my daughter, Juliann, who will graduate in a few months from ASU's Barrett, the Honors College with–get this–a 4.0 average. I know what you guys are thinking ... she got her smarts from me but, unfortunately, you are wrong ... it came from my wife, Mary Ann. I could hit and pitch a baseball in college but was a little light on the studies. Juliann, we are so proud of you. Have a great March..

Bobby Lieb

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# Locals thank cops with a little coffee

By Patty Talahongva

Not too long ago, North Central resident Lenni Griego says someone rang her doorbell at 11 p.m. Since it was so late, she didn't answer and instead called 9-1-1.

"I appreciate that we have that opportunity to call the police when we need them," she says.

It is that feeling of appreciation that led North Central residents Scott and Mary Crozier to establish a gift card account for police officers at two Dutch Bros. Coffee locations, one at Central and Camelback, and the other at 12th Street and Glendale Avenue. At first, Mary tried to offer an officer a gift card directly, but the officer politely declined her offer saying it was against Police Department policy. So she approached the managers at Dutch Bros. and asked them to hold the card and use it when an officer came through the drive-thru.

Since then, other residents in the neighborhood have heard about the card and have donated to it as well.

It's affectionately called the "Cop Card," says Jeremy Rowell, a manager at the Central and Camelback Dutch Bros. location. He says the average balance is around \$100, and officers can order anything on the menu. Most ask for a simple large black coffee while others who don't drink coffee order an energy drink instead.

Not all police officers know about the card so it can be a nice surprise when they order and then are told the coffee is on the house ... or in this case, on the gift card.

The two central Phoenix locations are the only ones that have such a card for police officers. Rowell says some officers decline the free drink and tell him to save it for the next officer. That sounds about right to Sgt. Tommy Thompson, who has been with Phoenix Police Department for 30 years and is one of the public information officers.

"We appreciate it, but we don't encourage it," he explains. "Our policy is we don't accept gratuities."

Thompson says he understands how people may want to say thanks to the officers and he stresses that the officers who have accepted the free coffee won't get in trouble. In his years of being on the job he has seen several restaurants that offer free or discounted meals to anyone in uniform, so he

understands the public's desire to show their thanks to the police.

"It's just awesome," says Rowell. "It lets us know the officers, get to know them on a first-name basis." He says on a typical day between 15 and 20 offices drive through the Central and Camelback location.

"We really have a great city and phenomenal citizens who go out of their way to support us," says Thompson. "We're fortunate to live in a city like this."

Mary and her husband say they want to keep the card going. Griego agrees. "I'm most happy to do it," she says. "Donating to their free coffee fund is the least I can do to thank them."

Thompson stresses that another option is the 100 Club, which welcomes all donations. The fund was established to care for the families of officers and firefighters who are killed in the line of duty. Before any insurance money is collected, the family can get financial assistance from the 100 Club. You can donate at www.100club.org.

The group sponsors events throughout the year, including the Annual Run to Remember 5K Fun Run and Walk on March 8. The run will begin at 7:30 a.m. and sets off from the canal path adjacent to 2411 W. Peoria Ave. The Run/Walk is \$20 and includes a T-shirt. Children younger than 10 can walk/run for free or can register for \$5 and also receive a T-shirt. Visit the 100 Club website for details.

# Spaghetti dinner aids cancer research

The Ladies Auxiliary of Veterans of Foreign Wars Post 9400 hosts its Annual Cancer Aide and Research Spaghetti Dinner, noon to close on Sunday, March 23.

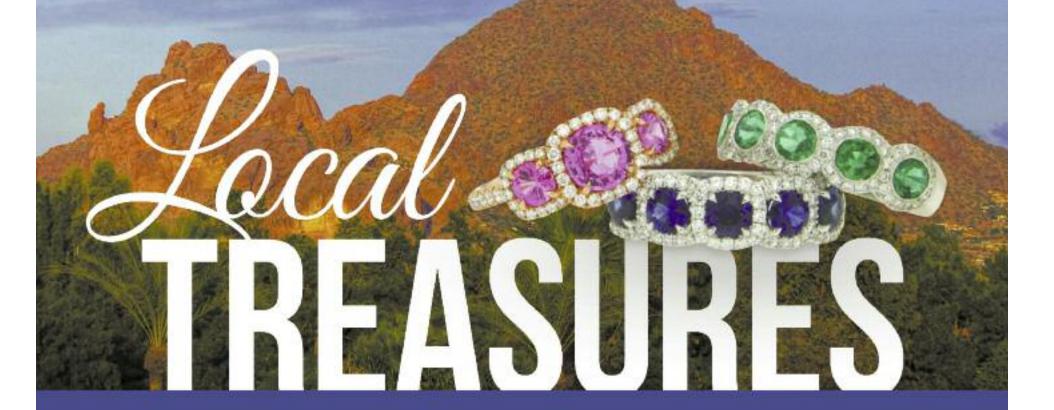
Cost is \$5 per plate and you can purchase as many plates as you like. Each dinner includes spaghetti, garlic bread, salad, desert and a non-alcoholic beverage. Raffle tickets will be sold for \$1 for a chance to win many donated prizes, including a handmade king-size quilt.

Proceeds from the dinner, which is open to the public, will benefit cancer research and members of the community who have been diagnosed with cancer.

Membership is open to any person, or family member of a person who has fought for the U.S. military on foreign soil. The post is located at 804 E. Purdue Ave. For more information, call 602-943-9930.

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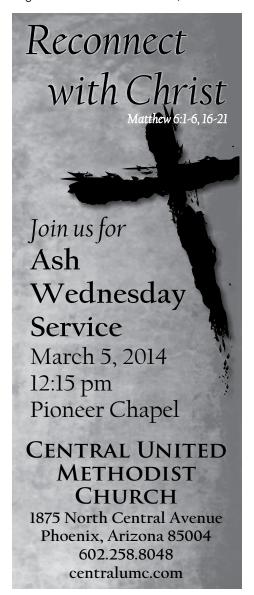
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#### WALKER continued from page 1

In its third year, Celebrity Fight Night took a big leap forward when Ali accepted an invitation to become the featured guest. Celebrity Fight Night has since become synonymous with the Champ's name.

"My favorite moment every year at our Celebrity Fight Night event is when I see Muhammad Ali smiling and greeting out generous guests who have supported our event throughout the years," says Walker.

Throughout the years, Walker and his wife, Nancy, have helped more than two dozen Valley charities with proceeds from events. In addition to the Muhammad Ali Parkinson Research Center, another beneficiary this year is the Never Give Up Program, which Walker started six years ago.

"Every Monday morning since 2008, I have had the privilege of speaking as a volunteer at St. Vincent De Paul in Phoenix, encouraging about 500-600 homeless men and women to 'Never Give Up,'" Walker explains.

Walker, who is nearing 70 years old,

says he has no plans to pass the torch anytime soon. "I'm having too much fun to slow down," he laughs, adding, "I'm not retiring, I'm re-firing!" He is joined by his wife of 46 years, Nancy, who is on the board of the Celebrity Fight Night Foundation.

Walker points out that the event itself may feature a lot of quality entertainment and celebrities, but the real meat-and-potatoes behind all of it is the foundation is raising a lot money for charities.

"It provides important assistance, and that's how I get motivated, because we are helping people and you can see that it really makes a difference in their lives."

#### POSTPONED continued from page 1

will compromise the financing. Since this is a planned affordable housing project adjacent to public transit, the project qualifies for certain tax credits and other financial incentives; however, it has to meet certain benchmarks and requirements to retain that status.

"Mr. Stringfellow is going back to the

finance people to see if he can still make to pencil out if further reductions are made," Lazarus says. "As soon as we have an answer on that we'll try to get together with the neighborhood folks again. We are taking their concerns very seriously, but we also have to make sure we have a project that is financially feasible."

If the project can't be reduced any further in terms of height or density, the developers might still go forward with their zoning request. Thus far, the Alhambra Village Planning Committee could not agree upon a position, and the Phoenix Planning Commission voted 4-2 in favor of it.

The City Council is scheduled to hear the zoning change request 3 p.m. Wednesday, March 19 in the Council Chambers 200 W. Jefferson St. Those who might wish to attend the council meeting are advised to check the agenda online at www.phoenix.gov at least 24 hours prior to the hearing to see if any changes have been made to the agenda. Go to "City Government," then "Public Meetings." Select "City Council Meetings" and find the agenda posted for March 19 under "Formal Meetings."

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#### Phoenix marks MS Service Day

Projects and volunteers are being sought for the first-ever MS Service Day, a one-day statewide effort to assist people with Multiple Sclerosis with household chores and yard work they are unable to do themselves because of mobility, fatigue, heat sensitivity or other MS-caused limitations. MS Service Day is scheduled for Saturday, March 22.

Projects include, but aren't limited to, yard work, small household repairs, painting, de-cluttering the house or garage, cleaning gutters, moving furniture, running errands, taking donated items to a thrift shop and small handyman-type chores.

Those needing assistance should apply online at www.ArizonaMS.org or by calling the MS Society at 480-968-2488. Individuals and groups interested in volunteering for the projects should contact Erika Edholm at 480-968-2488, Ext. 21210.

MS interrupts the flow of information from the brain to the body and stops people from moving. There is no cure. The disease is chronic and unpredictable with effects ranging from numbness and blurred vision to paralysis.

# Nominate a local hero

Police, firefighters and military personnel are the first people we call in an emergency or when we need protected. Now, Fulton Homes is honoring these local heroes throughout 2014.

The homebuilder has partnered with KMLE 107.9 FM to sponsor the "Hometown Heroes" program, where Valley residents can nominate a local individual who is a member of the police force, a firefighter or a local serving in the U.S. military. Log on to www.KMLE1079.com to nominate a local "Hometown Hero" who is serving the community and is seen as a positive role model for others.

Phoenicians will have a week to vote for one winning Hometown Hero at the end of each month. On Dec. 1, after a total of 10 monthly Hometown Heroes have been chosen, one will be named the Fulton Homes "Hometown Hero of the Year." The winner receives a \$1,000 cash gift card and recognition on the KMLE "Hometown Hero" gallery web page.

# Dinner and music at American Legion

American Legion Post #75 in Sunnyslope hosts two nights of great food and great entertainment, March 7-8.

National touring performer Tommy Fontaine will entertain members and visitors with his amazing vocals. Fontaine is able to replicate a wide variety of popular performers' voices, male or female, bass or soprano. Fontaine plays without a break each evening for the enjoyment of all who attend his performances.

Fontaine's shows will be preceded by dinner from 5 to 7 p.m. Friday night offers a fish fry, and Saturday is your choice of liver and onions or meatloaf, with dinner costing between \$7 and \$9.

Fontaine takes the stage from 7 to 10 p.m. Everyone is welcome. There is no admission charge, however, donations are welcome.

American Legion Post #75 is located at 10625 N. Cave Creek Road. For more information, contact the American Legion at 602-943-8477.

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#### COMMUNITY

# Hospice of the Valley seeks volunteers

Hospice of the Valley is seeking volunteers to assist patients at Phoenix locations. The agency is holding four volunteer orientation sessions 9 a.m. to 3:30 p.m. March 22 and 29 and April 5 and 12 at the agency's administrative office, 1510 E. Flower St.

Volunteers provide respite for caregivers, read and visit with patients, run errands and offer emotional support. Most hospice care is provided in patients' homes. Volunteers must attend all four orientation sessions. Registration is required prior to orientation. Apply at hov.org/volunteer.

# Boutique thrift store hosts anniversary sale

Ozzie's Furnishings, St. Vincent de Paul's only boutique thrift store, is celebrating its seventh anniversary on Friday, March 7. To commemorate its seventh year on the 7th, Ozzie's is offering 14 percent off on all purchases made March 2-7.

Ozzie's is located at 3927 E. Indian School Road and is open 10 a.m. to 5 p.m. Monday through Saturday. All furniture, art and home décor from Ozzie's is donated and handpicked from St. Vincent de Paul's donation warehouse. The boutique is known for its "furnishings wish list," where customers can request the staff to look for certain items in the donation warehouse, where hundreds of items arrive daily. Call 602-955-1460 for more information.

All purchases support St. Vincent de Paul's food bank, shelter, clinic, dining rooms, and other services for homeless individuals and working poor families.

# Free pancakes for a good cause

iHOP will serve millions of free pancakes in celebration of National Pancake Day on Tuesday, March 4. The celebration is designed to bring together friends and family, as well as to raise \$3 million for Children's Miracle Network, a nonprofit organization dedicated to helping children's hospitals, and other worthy causes.

Nearly 1,500 IHOP restaurants throughout the United States—including the ones at 2508 N. Central Ave.

and 2000 W. Northern Ave.—will invite guests to enjoy a free short stack of IHOP's signature buttermilk pancakes from 7 a.m. to 10 p.m. In return, IHOP guests are asked to donate what they would have paid for the free pancakes, or more, to their local children's hospital or another worthy cause.

For more information about IHOP's National Pancake Day, or to learn more about Children's Miracle Network and make an online donation, visit www.ihoppancakeday.com.

# Al students assist with marketing

Students at The Art Institute of Phoenix donated their time and creative talents to give voice to Autism Speaks and its inaugural "Over the Edge with Autism Speaks Arizona" fundraiser, which will take place on Friday, March 7, at the Hyatt Regency Phoenix.

The on-campus advertising club crafted a comprehensive strategic plan to promote the unique event, where participants will rappel down from the top of the Hyatt Regency's 23-story building to the ground. They first created the event theme, "More than 23 Stories," to build around the event's objectives, target market and tone. They then developed print and digital collateral as well as crafted social media and public relations plans.

"Working with students from The Art Institute of Phoenix has been amazing. They were able to bring so much creativity and social media expertise to the project," said Amy Hummell, senior director of Autism Speaks in Arizona. "They were professional, listened to our needs, and went above and beyond our expectations."

To get more information about Over the Edge with Autism Speaks Arizona or to follow the "More than 23 Stories," visit: http://events.autism speaks.org/OverTheEdgeAZ. Funds raised from the event will support Autism Speaks' work, both locally and nationally, to increase awareness about autism, fund innovative autism research and family services, and advocate for the needs of individuals with autism and their families.



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#### Local youth learn about dog training

North Central's Green Team 4-H Club and its Dog Project members got together with canine-and-handler teams from Canine Companions for Independence (CCI) on Feb. 11 at Living Streams Church, Central and Glendale avenues.

The purpose of the get-together was to help train and expose the CCI puppies with different handlers. It was a win-win experience as the 4-H kids were able to practice their dog training skills, and the CCI dogs experienced a younger and different handler.

It is the CCI's goal to expose the dogs to as many different experiences as possible to prepare them for their future as service dogs.

The three Green Team 4-H Dog Project members-Kyle Bismore, Eamond Cates and Una Borders worked with the dogs on skills such as walking by your side, stay, finish, table, down, sit, down-stay, and sit-stay. Through their 4-H program, the youth are learning how to train dogs and care for them. Kyle and Eamond currently have dogs, and Una is hopeful to get one in the future. She is considering one day becoming a service dog trainer/raiser.

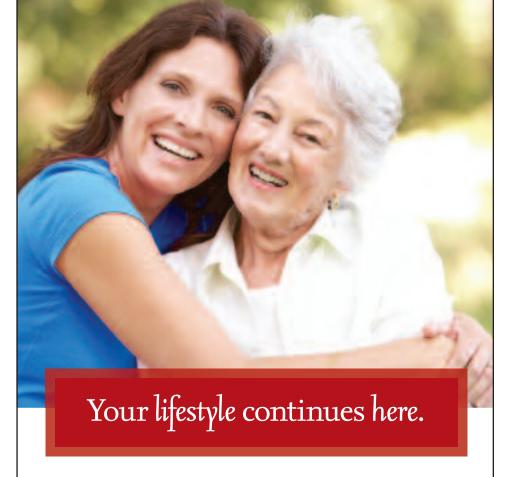
When the CCI dogs reach 14-16 months old, they will leave their puppy raiser and move on to a six- to ninemonth training program at the Regional Training Center. Not all dogs will complete the program. Those that



Kyle Bismore, a member of the 4H Green Team's Dog Project, visits with Bandaroo, a Blue Merle Australian Shepherd from Canine Companions for Independence (submitted photo).

do not qualify are released as house pets. To find out more about Canine Companions for Independence, go to www.CCI.org.

The Green Team 4-H Club meets near 16th Street and Northern Avenue, and has several ongoing projects and focus areas in addition to the dog project, including sewing, gardening, leadership, community service, cooking and entrepreneurism. For more infor-4-H, mation about http://extension.arizona.edu/4h/maric opa. For more information about the Green Team's dog project, contact parent project leader Denise Bismore at silverspooncafe@cox.net.



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Ellie Ziegler and Gary Trujillo, who were named as 2013 Valley Leadership Man & Woman of the Year, will be honored at a luncheon on March 27 (submitted photo).

#### Valley Leadership lauds Ziegler, Trujillo

Gary Trujillo and Ellie Ziegler have been named as Valley Leadership's 2013 Man & Woman of the Year. The pair will be honored for their long-term contribution and commitment to the community at the 65th Annual Man & Woman of the Year Luncheon on March 27.

Known for his unwavering commitment to advancing educational opportunities for Arizona's underserved students, Trujillo and his wife, Melissa, founded the Be A Leader Foundation in 2002. In 1994, he created Roosevelt Community Technology Center (RCTC), giving underprivileged youth access to state-ofthe-art computer and software. Trujillo serves on numerous community boards including Arizona State University Foundation, Arizona College Scholarship Foundation, Arizona Community College Council, Well Fargo Bank Advisory Board, Blue Cross Blue Shield, Harvard Business School Latino Alumni Association and Hispanic Business Students Association. He is chairman, president and CEO of Southwest Harvard Group Venture Capital.

Ziegler is a seasoned marketing and communications professional with a career spanning 25 years working with Valley organizations including Phoenix Chamber of Commerce, Jennings & Thompson and Westcor. She is most known for her leadership with the Fiesta Bowl, providing more than 30 years of active volunteerism. Ziegler not only gives her time, but also commits resources to many worth causes. She provided the lead gift to raise funds for the Scottsdale Museum of Contemporary Art and for Southwest Autism Research & Resource Center's Campus for Exceptional Children in Phoenix. Currently, Ziegler is leading scholarship, after school, hunger and family support projects for Boys & Girls Clubs of Phoenix and Scottsdale, United Way and Barrow Neurological Institute.

The luncheon will be held at the Arizona Biltmore Resort, 2400 E. Missouri Ave. For more information, call 602-952-6760 or visit www.valley leadership.org.



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#### COMMUNITY



Scarlett Thompson cuddles with her newly adopted pit bull puppy during a special Valentine's Day adoption event held by the Arizona Humane Society and hosted by the Safeway store at 7th Street and Glendale Avenue (photo by Teri Carnicelli).

# Spring is prime puppy season

Spring is in the air, with temperatures creeping up and flowers at full bloom. It's also the time of year where pet shelters become full to the brim with litters of puppies and kittens that were the outcome of the "spring heat."

The Arizona Humane Society's Sunnyslope shelter got the ball rolling early this year with a special "Puppy Kissing Booth" on Valentine's Day to find some forever homes for a litter of 11-week-old pit bull puppies. All four of the puppies were adopted, and a team had to head back to the shelter to gather up more young dogs waiting for someone to love them.

By state law, the Arizona Humane Society cannot take in healthy stray dogs over 3 months of age. If you have a litter of puppies that you can't care for, you can bring them to the Sunnyslope shelter at 9226 N. 13th Ave. The shelter also will accept litters of kittens; a litter is defined as kittens who are siblings and under 3 months of age.

Note that there are no fees for surrendering an animal, but AHS does request a monetary donation; the suggested amount is \$35.

For more information on turning in or adopting animals at this shelter, call 602-997-7585 or visit www.az humane.org.

# Dog park closes for weekend

The small and large dog parks at Steele Indian School Park will be closed the weekend of March 22-23, during the 50th Annual Arizona Scottish Gathering & Highland Games. The dog parks will reopen on Monday, March 24.

Nearby dog parks that can be used as an alternative include:

- Margaret T. Hance Park, northwest section of the park at 323 W. Culver St. (between 3rd and 5th avenues), open daily from 6:30 a.m. to 9 p.m. There are separately fenced ADA-accessible areas for large and small dogs.
- Washington Park, 21st Avenue north of Maryland (between Bethany Home Road and Glendale Avenue). The park is open from approximately 6:30 a.m. to 10 p.m. daily, with separate areas for large and small dogs, each with independent entrances.

# Well-behaved pets welcome at Shemer

The Shemer Arts Center, 5005 E. Camelback Road, hosts its Family & Pet Days March 22-23, where well-behaved, leashed pets are welcome. This will coincide with the closing weekend of the MicroDwell exhibit.

This event will feature pet and family activities, related artists, and a mystery build/pop-up sculpture demonstration and auction, where artists will build micro-art to be auctioned off that day. There will be interactive art activities made with repurposed materials as take-home projects. Learn to design a pet dwelling, and enjoy free classes and lectures throughout the entire event.

Hours are 10 a.m.-6 p.m. both days. Admission is \$5. Free on-site parking is available. To pre-purchase tickets online, visit www.shemerartcenter.org. For more information, call 602-262-4727.



This 2-year-old black Lab mix is full of energy and looking for an owner with a good throwing arm who also likes long walks. She is available for only \$35 (submitted photo).

### Pet of the Month

#### **Princess looking** for her palace

Leia (a.k.a. Princess Leia) was found wandering the streets back in December with an eye injury. Emergency Animal Medical Technicians brought her to the Arizona Humane Society, where she made a full recovery and has been waiting ever since for someone to stroll through the door and fall in love with her wonderful personality.

She isn't difficult to buy for, as this 2year-old loves any toy that squeaks. True to her breed, this black Labrador mix will fetch a tennis ball for as long as you care to throw it and she would love to find a home with a big yard and an owner with a good throwing arm. While watching her ricochet about the yard, you may find it hard to believe that she's mastered a fancy trick where she "sits pretty" (sits upright while balancing on her back legs). She is also housetrained and likes to ride in the car.

When she has reached the point exhaustion, this people-oriented pooch will seek out attention from someone nearby and she will lean on you while you give her a doggy massage. Eventually, she melts to the floor and rolls over for a good belly rub before she crashes out and takes a long nap. Leia is available at the Sunnyslope Campus located at 9226 N. 13th Ave. Her adoption fee is just \$35 and includes her spay surgery and vaccines. To set up a meet-and-greet, call 602-997-7585 and ask for animal ID number A465285.

Leia may be adopted before you reach the shelter; however, there are many other dogs who are in need of a loving home. Visit www.azhumane.org to see them now.

#### Pet psychic visits store

Animal communicator and pet psychic Sindi Somers stops into Noble Beast for a presentation 1-2 p.m. Saturday, March 22. Appointments can be made for private sessions with Somers from 2:30-4:30 p.m., and from 1-4 p.m. on March 23 (fee applies).

Noble Beast is located at 1005 E. Camelback Road. For more information, call 602-265-4223.

For your local advertising needs, call North Central News at 602-277-2742



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#### COMMUNITY

# Community Central

Simis County Fair 2-6 p.m. Saturday, March 8 Madison Simis 7302 N. 10th St.

Park at CrossRoads United Methodist Church at Central and Northern avenues, with free shuttles to and from the school. This family event includes a cupcake walk, stuffed animal toss, face painters, bouncy houses, carnival games, super slide, rock wall, the Truly Nolen "Bug" Limo, and more. Admission wristbands are \$10 for students and \$5 for adults. Food will be available for purchase. Purchase raffle tickets for your change at and iPad and some great classroom baskets, and don't forget to check out the silent auction. Order your wristbands in advance to avoid the lines at www.simispats.com.

#### **'Seasons of the Saguaro'** 12-1 p.m. Saturday, March 8 North Mountain Visitor Center 12950 N. 7th St.

The saguaro is one of the most valuable desert resources, providing sustenance to a multitude of wildlife. Joel Pearson tells the story of the saguaro through his photographs and videos taken in the North Mountain Preserve area. Admission is free; bring a sack lunch to enjoy.

#### Italian Sausage Party 4 p.m. Saturday, March 8 Arizona American Italian Club 7509 N. 12th St. 602-944-3090

Watch authentic Italian sausage being made right before your eyes. After it is cooked, enjoy tasting the homemade goodness and washing it down with some Italian Chianti. Grilled sausage sandwiches are \$5; add grilled peppers for a dollar more. There will be live music by Pietro Rainone from Sorrento, Italy, from 4 to 6 p.m., and Roscoe Taylor with Jimmy McElroy from 6:30 to 10 p.m. Sausage also will be available for purchase by the pound to take home.

#### Planned Parenthood Advocates of Arizona Luncheon

12-1:30 p.m. Friday, March 14 Arizona Biltmore Resort 2400 E. Missouri Ave. 602-263-4215

Keynote speaker is Jodi Jacobson, president and editor-in-chief of RH Reality Check, a daily online publication providing news, commentary and analysis on sexual and reproductive health and justice issues. Arizona State Rep. Chad Campbell will be recognized for his service and leadership to the mission of Planned Parenthood. Registration starts at 11:30 am. Individual tickets are \$85 each, or \$30 for students, Planned Parenthood volunteers, or young professionals (age 30 and younger). Tickets are not taxdeductible. Visit http://goo.gl/ UGLtgR to purchase tickets.

#### Phoenix Writers Club 12-2 p.m. Saturday, March 15 Bluewater Grill 1720 E. Camelback Road

Guest speaker is Patty Kogutek, spiritual life coach and award winning author. Cost is \$15 for members and \$20 for guests. Reservations must be made by March 12. RSVP neeliepubl@ aol.com with Phoenix Writers Club in the subject line. Members and the public are welcome.

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#### **Sunnyslope Spring Fling** 11 a.m.-1:30 p.m. March 15 Sunnyslope Community Center 802 E. Vogel Ave. 602-262-6661

This year's event will include two bounce houses for the kids, Home Depot Building Area, Arizona Flycaster's Fly Fishing, McDonald's food booth, stage entertainment, community information booths and more. Free.

#### 'Fresh Start: **Changing Women's Lives'** 6:30 p.m. Tuesday, March 18 Beatitudes' Luther Life Center 1616 W. Glendale Ave.

AAUW (The American Association of University Women) Phoenix Chapter hosts Monica Chapman, coordinator for Fresh Start Women's Foundation Volunteer Services, who will discuss "Fresh Start-Connecting Women and Changing Lives Since 1992." An optional dinner (\$14) is served at 5:30. RSVP for the dinner to Mary Beth at 602-510-1544.

#### **Author Anne Hillerman Visits** 12-1:30 p.m. Tuesday, March 20 Steele Auditorium, Heard Museum 2301 N. Central Ave. 602-252-8848

Join Anne Hillerman, daughter of the late famed mystery novelist Tony Hillerman, as she discusses her first novel. "Spider Woman's Daughter" revives the pairing of New York Timesbestselling author Tony Hillerman's Native characters, police Det. Joe Leaphorn and Sgt. Jim Chee, in the tradition of her father's award-winning stories. Admission is free. The Courtyard Café offers attendees who reserve in advance a box lunch to enjoy during Hillerman's presentation for \$14 plus tax. For menu and ordering information, visit heard.org/events/festivalevents.org.

#### **Rummage Sale** 8 a.m.-3 p.m. March 27-29 Our Saviour's Lutheran Church 7128 N. 12th St. 602-997-1655

This sale will include furniture, small appliances, kitchen ware, glass, china, craft items, Christmas, bedding, men's and women's clothing, men's shoes and boots, jewelry, printers, electronics, luggage, tools, garden, baby stuff, toys, a large assortment of books, patio items, and much more.

#### 'The Power of Peace in You' Seminar

7-9 p.m. Thursday, March 27 Creative Living Fellowship 6530 N. 7th St. 602-906-4080

Marlise Karlin, inner peace expert, author, and founder of "The Simplicity of Stillness" (www.marlisekarlin.com), will help you expand your capabilities to bring greater prosperity, healing and love into your life. Cost is \$29 if registered by March 20, \$39 afterward. An optional three-day "retreat" package is available. For more information or to register, go to www.creativeliving fellowship.com and visit the Upcoming Events page.

#### Youth Group Yard Sale 7 a.m.-2 p.m. Saturday, March 29 **Encanto Community Church** 2710 N. 7th Ave. 602-266-4602

This sale is large and varied. Drop by and check out the array, from the ridiculous to the sublime. All proceeds benefit the Youth Group Camp Fund that helps

please see CALENDAR on page 18



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#### CALENDAR continued from page 17

send children to church camp. Members of the youth group also will a car wash at the church during the same time as the yard sale, with proceeds going to the Youth Activities Fund.

#### **Holocaust Survivor Dr. Alexander White** 9 a.m. Saturday, April 5 Valley Presbyterian Church 6947 E. McDonald Drive 480-991-6424, ext.165

A member of Schindler's list, White spent time in a displaced persons' camp, and later attended medical school in Munich before moving to the United States. He served in the U.S. Army Medical Corps and later became an associate professor of medicine at the Chicago Medical School. He practiced medicine in Scottsdale for 40 years before retiring. White also wrote a memoir, "Be a Mensch: A Legacy of the Holocaust." A breakfast precedes his talk at 7:45 a.m. Tickets are \$20 for the breakfast and lecture. For more information, go to www.encoreuniv.org.

#### **Benefits Central**

**Fat Tuesday Casino Night** 6:30-8:30 p.m. Tuesday, March 4 **Encanto Community Church** 2710 N. 7th Ave. 602-266-4602

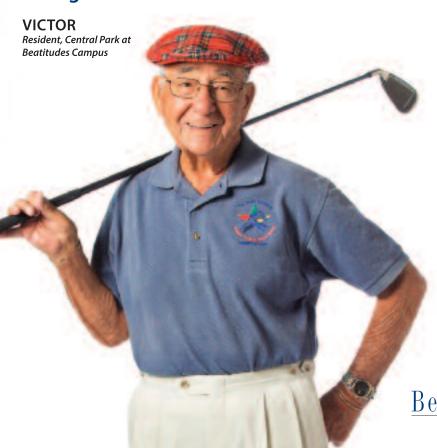
Shuffle up and deal! For a \$10 donation (\$5 for children younger than 12), you get a bag of poker chips to try your luck at blackjack, craps, roulette and poker, or take a break and enjoy some red beans and rice. All proceeds benefit Heifer International and the Encanto Church Youth Activities.

#### **Teaming Up for Girls Luncheon Featuring Elizabeth Smart**

11:45 a.m. Tuesday, March 4 Arizona Biltmore Resort 2400 E. Missouri Ave. 602-274-7318

The event features a silent auction and raffle (opening at 10:30 a.m.), lunch and a program, including keynote speaker Elizabeth Smart, kidnapping survivor and author. Tickets are \$275 each. The funds raised from the event will support

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He's not just a "golf nut." He's a five-time gold medal winner in Arizona's Senior Olympics and has qualified for the 2013 national competition. That takes a lot of practice – at least three times a week – plus strength building and conditioning on the off days. The Fitness Club at Beatitudes Campus comes in quite handy. So does the full service lifestyle that frees up their time for both Victor and his wife, Dorothy. She balances being his biggest fan with rarely missing an opportunity to get involved in campus life. Living here is a "win-win."

Victor and Dorothy invite you to discover how living at Beatitudes Campus can enrich your life, too. Schedule a private tour: (602) 995-6100.



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Florence Crittenton's programs and services. For more information or to purchase tickets, visit www.flocrit.org.

**Objects d'Art Auction** 6:30 p.m. Friday, March 7 Herberger Theater Center 222 E. Monroe St. 602-254-7399, ext. 105

The live and silent auction showcases the talents of more than 30 Arizona artists. There will be cuisine by il Tocco, music by jazz pianist David Mohler, entertainment by Un Carazón Flamenco and a live painting by Jim Covarrubias that will be raffled during the event. Tickets are \$50 each and are available online at www.HerbergerTheater.org.

#### Let's Rock to **Send Kids to Camp** 4:30-9:30 p.m. Saturday, March 8 FOP Lodge #2 12851 N. 19th Ave.

The Camp Colley Foundation invites supporters to enjoy Texas Hold 'Em Poker, a barbecue dinner and entertainment; shop local small businesses; compete for prizes; and more. Cash bar available. Tickets are \$50 Individual Supporter, \$25 Young Adult Supporter (ages 16-20). The poker buy-in is an additional \$40. Visit www.rockcampcolley.com.

#### **Xavier Scholarship Fashion Show** 10:30 a.m. Sunday, March 9 Arizona Biltmore Resort 2400 E. Missouri Ave. 602-240-3138

The event begins with a social, followed by a luncheon and fashion show at 11:30 a.m. Saks Fifth Avenue models will showcase spring fashions, and Xavier and Brophy students from the Class of 2014 will take their turns on the runway. Tickets are \$125 each. For more information, contact Maria Murphy-Fontes at mmurphy-fontes@xcp.org.

#### **AAHA!** An Auction of Heirlooms and Art

6 p.m. Tuesday, March 15 Arizona Biltmore Resort 2400 E. Missouri Ave. 602-636-6380

The signature fundraising event for Hospice of the Valley includes dinner and live and silent auctions with collectible pieces by renowned artists, antiques and one-of-a-kind experiences-including a European river

cruise and a Napa Valley wine getaway. Tickets are \$250 per person or \$200 for young professionals (40 and under). Information: www.hov.org/art.

#### **Ninth Annual Garden Tea Party**

9 a.m.-1 p.m. Saturday, March 15 Franciscan Renewal Center 5802 E. Lincoln Drive 602-776-9000

The event includes brunch, a silent auction, raffle, 50/50 drawing, champagne fountain and a music ensemble from the Phoenix Symphony. Tickets are \$50. Proceeds help cover operating costs for Circle the City's Medical Respite Center. Visit www.circlethecity.org.

#### John C. Lincoln Foundation **Gold Ball**

6 p.m. Saturday, March 22 **Fairmont Scottsdale Princess** 7575 E. Princess Drive 602-331-7860

This year's theme is "Evening in the Vineyard." Proceeds from the Gold Ball benefit health care and community pro-

please see BENEFITS on page 20



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#### COMMUNITY

#### BENEFITS continued from page 19

grams of John C. Lincoln Health Foundation. Individual tickets are \$500. For more information or for tickets and sponsorship, visit www.JCL.com/ball.

#### 'WIG OUT' Fundraiser 6 p.m. Friday, March 28 Pointe Tapatio Cliffs 11111 N. 7th St. 602-354-2930

Join the Live and Give Foundation, Inc. for a hair-raising event to funds for its Wig Out program, which provides free wigs for breast cancer patients. This year's event will be '80s themed, with dinner, drinks, dancing, live entertainment, silent auctions and more. Tickets are \$100 and are available online at www.checkforalump.com.

### AHS 'Compassion With Fashion'

10:30 a.m. Saturday, March 29 Arizona Biltmore Resort 2400 E. Missouri Ave. 602-997-7586 ext. 1039

The luncheon event begins with a

raffle and a silent auction featuring items ranging from unforgettable dining experiences to the one-of-a-kind, limited-edition Petcasso Art Collection. Afterward, guests will be treated to a lunch accompanied by a fashion show courtesy of Biltmore Fashion Park. Tickets are \$165 each. Visit www.azhumane.org/cwf.

#### Kieren Williams Memorial Scholarship Ride 8 a.m. Sunday, April 6 Granada Park 6505 N. 20th St.

Included are optional 5-, 10- and 15-mile bike rides, as well as a 1- and 3-mile walk. On-site registration begins at 7 a.m. Pre-register at www.foothills rehab.com. Cost is \$140 for students and \$25 for adults; all participants receive a T-shirt. Proceeds will fund three scholarships for graduating Sunnyslope High students with learning challenges, based on essays submitted through the Arizona Community Foundation. Scholarship amounts are \$500-\$1,500 and can be used toward college or technical school education.

#### **'Jewels and Tools' Benefit** 6-10 p.m. Friday, April 11 Private Home in Central Phoenix 602-290-2085

Wear your blue jeans and enjoy an array of gourmet samplings from the Valley's most popular food trucks while supporting Habitat for Humanity of Arizona. The evening's entertainment includes a mystery toolbox drawing, competition for a rich bounty of themed baskets, and a tool and equipment-funding rally. Cost is \$125 per person. Tickets can be purchased online at www.habitatcaz.org/ tickets.

#### Venetian Masked Ball 5:30-9:30 p.m. Saturday, April 5 Children's Museum of Phoenix 215 N. 7th St. 602-648-2761

Enjoy cocktails, a silent auction, a Venetian-inspired dinner, wine-tasting room, live auction, and more. There will be an after-party with music and dancing, as well as snacks and sweet treats, from 9:30 p.m.-12:30 a.m.; this can be purchased separately for \$50. Tickets are \$500 per person, all inclusive. Proceeds benefit the museum's Every Child Program. Visit www.kidsatheartgala.org.

Editor's note: Visit www.northcentralnews.net for a more extensive list of benefits throughout the Valley.

# The high cost of disability



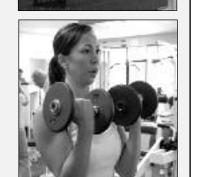
One thing that no one wants to ever encounter is the high cost – in dollars, pain, frustration and inconvenience – that comes with physical disability. It's a price none of us want to pay.

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**TAKING CARE OF BUSINESS** 



Celebrating the opening of Central Wine Bar in midtown Phoenix are assistant manager Allie Madigan, left, and owner/manager Jenna Rousseau (photo by Teri Carnicelli).

# Unique concept pairs wine, hair salons

Two new retail outlets—Central Wine Bar, a brand new wine bar and retail outlet, and Model Citizen, a full-service hair and make-up salon—officially opened for business on Feb. 11.

The two businesses share a multi-use

space located between midtown eateries George & Dragon Pub and The Clever Koi at 4236 N. Central Ave. Common areas that both businesses can take advantage of are the restrooms and a cozy sitting area. When one business is closed but the other is open, a metal roll-down door blocks off the closed business but leaves the sitting area and bathrooms available to the other.

Jenna Rousseau, the owner and manager of Central Wine, spent many years in Italy learning about wine, and resided in the Sonoma area working at numerous wineries before moving back to the Valley. Because of her connections in California, she can offer wines that otherwise have no distribution in the Arizona market. Bottles can be purchased and consumed on site for a \$5 corkage fee.

There also are six wines and four beers on tap, as well as small plate offerings provided by Arcadia Farms. Central Wine will feature happy hour specials, flights, tastings and more. It is open noon to 9 p.m. Tuesday through Thursday and noon to 11 p.m. Friday and Saturday.

Jacki Tatman and Erin Essert are co-owners of Model Citizen, the latest in the Leidan Mitchell family of salons. "We've enjoyed being involved in fashion shows and fundraisers, doing the hair and make-up for models," Tatman says, explaining the salon's unique name. "But with this place we also really wanted to be more of a neighborhood joint and become more involved in this vibrant community."

Essert, who also is a trained stylist, has lived just a couple miles up the road for 20 years and is excited about the



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#### **TAKING CARE OF BUSINESS**

salon's location, with easy access to the light rail and great restaurants nearby.

The salon sports 12 stations and offers full-service hair, as well as trained makeup artists and an eyelash extension specialist. Whether you are preparing for a big event or just a girl's night out, or want to change your look, the stylists can make your dream image into a reality.

The salon features highly trained Goldwell color specialists, and offers the full line of Bumble and Bumble retail products.

Model Citizen is open Monday through Saturday with evening appointments available. Call 602-296-0909 to make an appointment.

# Business Briefs Kitchen items

### find new life

Recently, two long-time North Central residents, Terri Mainwaring and Linda Klein, cooked up an idea to mix an up-scale kitchen consignment store with a venue to offer BYOB kitchen-related demonstrations and top it with a partnership with The Assistance League of Phoenix. The sweet result is The Classy Kitchen, located at 7118 N. 7th St. (previous site of Kitchen Switchin'.)

"This part of town has become a real niche in quality consignment shopping," explained Mainwaring. "And we wanted to help round it out by specializing in kitchen and dining wares and table and wall decorations."

"Since our store is in a converted home, we have a cozy little kitchen where friends can gather and watch a myriad of demonstrations—from international cuisine to updating your tired-looking kitchen," Klein adds. "We can customize any class for a group of 10 to 12 people."

Inventory changes daily as the store continuously take in new consignment items to help fill their pantry. They're looking for top-quality small appliances, dishes and china, crystal, glassware, cooking and bake ware, serving dishes, bar items, unique kitchen gadgets, tabletop décor, etc.

Classy Kitchen is open every day except Monday. Visit www.theclassy kitchen.com for more information.

## Lieb named No. 1 for a third year

Bobby Lieb of HomeSmart Elite Group was named the No. 1 agent for the Phoenix-based realty for the third consecutive year, with sales of more than \$53 million for 2013. He also was the No. 1 agent for units sold, with 126 sales.

HomeSmart is the largest real estate company in the Southwest, with more than 4,700 agents. Lieb opened the HomeSmart office in 2011 at 5225 N. Central Ave., Ste. 104, and now manages an office of 175 agents. Lieb currently has more than 50 active listings on the market.

Lieb initiated the HomeSmart Elite brand, which deals only with experienced HomeSmart agents. The group currently includes 325 agents.

Contact Lieb at 602-761-4646 or visit www.centralphx.com.

### Stanton presents 'State of the City'

Phoenix Mayor Greg Stanton presents his annual State of the City Address and Luncheon on Wednesday,

please see ADDRESS on page 24

# The market has been crazy but things are turning around ... It's a GREAT time to buy or sell a house!



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#### ADDRESS continued from page 23

March 19 at the Phoenix Convention Center. The event will take place from 11:30 a.m. to 1:30 p.m.

In his annual address, he will share the city's accomplishments, its challenges and his plan to build a stronger future for all Phoenix residents. The program is presented in partnership by the city and the Greater Phoenix Chamber of Commerce.

Tickets for the luncheon portion of the State of the City Address are \$75 for GPCC members and \$90 for nonmembers. The deadline to register is Wednesday, March 12; visit www.phoenixchamber.com/mayors.

The general public may attend State of the City Address free of charge by arriving just prior to the mayor's speech at 12:15 p.m. Interested parties may reserve a seat by emailing Jessica Mayer at jmayer@phoenixchamber.com by Monday, March 17.

### Petrilli examines education, economy

Education analyst Michael J. Petrilli of the Thomas B. Fordham Institute discusses "Our Classrooms,

Our Workforce, Our Future," at a luncheon presentation at the Arizona Biltmore on Thursday, March 6 from 11:30 a.m.-1



Michael J. Petrilli

Petrilli will discuss the critical links between education and the economy and how by improving our education system, Arizona can reach global competitiveness. Individual tickets for the lun-

cheon are \$75. To register, visit www.phoenixchamber.com/education.

The presentation is hosted by the Greater Phoenix Chamber of Commerce (GPCC), in collaboration with the Arizona Chamber of Commerce & Industry and Expect More Arizona.

#### Sean Lieb joins Heiple Travers

TAKING CARE OF BUSINESS

North Central native Sean Lieb recently became an associate with the Geis | Kling Advisory Group with Heiple Travers Realty in Phoenix. Lieb

will specialize as a tenant representative working with office building tenants.

Lieb is an alumnus of All Saints ('04) and Brophy College Prep ('08), and



Sean Lieb

graduated from the University of Arizona in 2012 with a B.A. in Regional Development. He was a member of Brophy's 2007 State Championship varsity football team and played three years of college football at the University of Colorado and the University of Arizona.

His father, Bobby Lieb, and grand-father, Herb Lieb, owned the Jockey Club nightclub in Phoenix from 1976-1995, which has passed down a large network of clients ranging from professional sports figures to local business associates at Lieb's reach. He also maintains a personal involvement in the Phoenix youth sports community.

Sean Lieb's office is located at 2929 E. Camelback Road, Suite 139. He can be reached at 602-753-0326 or slieb@heipletravers.com.



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#### **TAKING CARE OF BUSINESS**



One of the hottest new trends in exercise is aerial yoga, which is being taught once a week at the new Fit'N Lean studio on 16th Street just north of Bethany Home Road (photo by Teri Carnicelli).

### Women-owned fitness studio opens

Aerial yoga. Zumba. Barre core. These are three hot new trends in fitness, and all three can be found at the new Fit'N Lean Xercise Studio, located at 6522 N. 16th St., Suite 10.

The studio was opened in early February by two women whose long-term goals synchronized perfectly.

Vickie Gambill has a master's degree in exercise physiology and more than 10 years of experience as a personal trainer. She competes professionally in women's bodybuilding and has taught Zumba for more than five years.

Her business partner, Lori Cochran, is her own weight-loss success story, having dropped a significant amount of weight through exercise and a medically supervised diet. She has become certified as a personal trainer and Zumba instructor.

The studio offers one-on-one personal training sessions, from the "I've never exercised before" to "I want to compete professionally." The studio also offers weekly small-group exercise classes including cardio conditioning, barre core, aerial yoga and Zumba. Sign up in advance on the website, www.fitnleanxercise.com.

Personal training sessions are \$50 for an hour or \$30 for a half-hour, with package discounts. Aerial fitness, barre core and cardio conditioning classes start at \$15, with discounts for multiple class sign-ups. Zumba is \$5 for walk-in or \$40 for a monthly pass. Call 602-254-4400 to schedule a free fitness assessment.

## School district holds teacher hiring event

Phoenix Union High School District will hold a Teacher Career Fair, 8 a.m.-2 p.m. Saturday, March 8 at Metro Tech High School, located at 19th Avenue and Thomas Road. Openings are available in all subject areas.

Screening interviews will be conducted from 8-10 a.m. by school and district personnel. Prospective teachers should bring a resume, transcripts, teacher certification, letters of recommendation and a copy of a fingerprint clearance card.

It is recommended that applicants who have not completed a Phoenix Union online application complete one prior to the job fair. A general certified employee application can be accessed at www.phoenixunion.org.

For more information or to schedule a screening interview prior to the fair, contact Alvina Turman at 602-764-1519.

### Griffin named CEO of John C. Lincoln North Mtn.

Maggi Griffin, RN, MS, recently was appointed chief executive officer (CEO) of John C. Lincoln North Mountain Hospital. She also serves as the John C. Lincoln Health Network chief nursing officer (CNO).

Griffin joined the John C. Lincoln

Health Network four years ago, and has an extensive background in nursing, hospital management and leadership. She first worked at the John C. Lincoln Deer



Maggi Griffin

Valley Hospital as a vice president and then served as the CNO.

"The four years I have spent at the John C. Lincoln Health Network have been some of the most rewarding years in my career," Griffin said. "I am so delighted that I have the opportunity to continue to serve in a different capacity."

Before joining the John C. Lincoln Health Network, Griffin was the CNO/vice president of Patient Care Services at Advocate Condell Medical Center in Illinois, where she spent part of her tenure as acting president for the hospital. She has had many years' experience as a senior nursing officer, consultant and staff nurse in Illinois, Rhode Island, Massachusetts, New Mexico, Ohio and England. Her experience includes four years in Beijing, China, where she was president and CEO of the Beijing International Heart Hospital.



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# Bobby Lieb Associate Broker

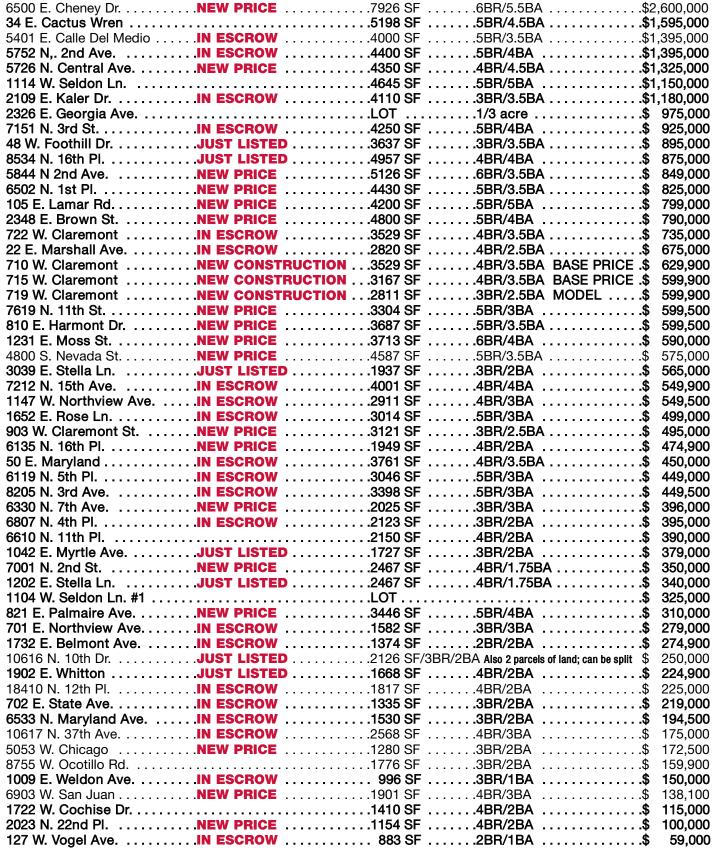
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# Bobby Lieb Associate Broker



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6502 N. 1st Pl. • \$825,000



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#### TO YOUR HEALTH Recognizing and treating asthma

By Alfredo Lim, M.D.

Have you ever found yourself waking up because you're short of breath, wheezing or coughing? When you exhale, do you hear a wheezing or whistling sound? If so, you may be one of the 25 million Americans who suffer from asthma.

There's no clear answer why some people get asthma and others don't. This lifelong chronic condition is caused in part by genetics, but also your environment. Smoking, being overweight or regular exposure to pollution and allergens also can be factors. Asthma triggers differ from person to person, but most commonly include:

- Airborne allergens, such as pollen and dust
- Respiratory infections, such as the common cold
- Physical activity (exercise-induced
- Animal dander, mold and dust
- Air pollutants and irritants, such as smoke
  - Stress
- Gastroesophageal reflux disease (GERD), a condition in which stomach acids back up into your throat

Your doctor will examine you and ask you about your health history and signs/symptoms. You may also be given lung function tests to determine your air flow.

After an asthma diagnosis, your doctor will help you identify your triggers and how to avoid them. Prevention is crucial to stopping asthma attacks before they start.

Depending on the severity of your asthma, you may need to take a daily medication. Some individuals may only need an inhaler for quick relief if their asthma flares up.

Steps to take at home to lessen your exposure to triggers include:

• Observe Phoenix's No Burn Days. The Maricopa County Air Quality Department regulates the use of wood burning during periods of high particulate matter or (dust) pollution. The burning wood produces fine particulate matter that can be harmful to those with asthma.

- Clean regularly and reduce pet dander. To help minimize dust, wash curtains and blinds regularly. Keep pets out of carpeted areas, which trap more dander and dust than hard surfaces.
- Use your air conditioner. It sounds like a no-brainer, especially when summer temperatures start to soar, but air conditioning reduces the amount of airborne pollen that can find its way indoors.

Alfredo Lim, M.D., specializes in internal medicine at North Phoenix Medical Clinic, part of the John C. Lincoln Physician Network, at 9100 N. 2nd St., Suite 121, 602-997-7331, JCL.com/practices. The information in "To Your Health" is provided by John C. Lincoln Health Network as general information only. For medical advice, please consult your physician.

# **Health Briefs**

#### **Kinesphere offers** free Tai Chi class

Kinesphere Center for Movement Education is offering free Tai Chi classes for the month of March. Come work on your strength and balance and learn this meditative art form with Master Teacher David Block.

Block first studied T'ai Chi Ch'uan in 1973 and has taught since 1978. He has studied and practiced in China, Hong Kong, and Australia. Besides teaching at the Asian Arts Center, he also teaches at Phoenix College and at the Camelback Inn.

The classes meet Tuesdays from 5:30-7 p.m. March 4, 11, 18 and 25. Call 601-532-3111 to pre-register or visit www.kcme-az.com.

#### **Phoenix College open** new nursing center

The Phoenix College Center for Nursing Excellence held its grand opening on Feb. 20 at its new location, 3700 N. 3rd Ave.

The newly renovated center, located near 3rd Avenue and Clarendon, features a realistic hospital-like environment with dozens of hospital beds. The program is heavily focused on hands-on simulation with the use of high- and low-fidelity simulators—mannequins that cry, breathe, and make other noises.

IT plays an important role in the new building. Large monitors have been placed throughout the building,



#### **HEALTHY LIVING**

in classrooms, study rooms, conference rooms and even the common areas. This will allow for not only increased technology use within the classroom, but also has the capability for livestreaming on all monitors.

Phoenix College purchased two properties for the new nursing center, at 3700 N. 3rd Ave. and 3717 N. 3rd Ave.—the second one for supplemental parking and meeting space. The purchase of the two properties took place in 2011 for just over \$1.9 million. Construction costs were approximately \$5 million. The purchase and construction were funded by the 2004 General Obligation Bond fund.

The nursing program currently has 240 students. With the increase in space the enrollment is expected to increase to 360 within the next two years.

## Women provided with homeopathy

Fresh Start Women's Foundation recently added homeopathy to its services. Homeopathy is a form of alternative medicine that is holistic, scientifically based, and is safe to use to remedy illness. Fresh Start is partnering with the American Collage of Homeopathic Medicine and Debbie Noah, CCH, who will be on-site at Fresh Start every Tuesday.

From 9 a.m. to 10 a.m., there will be an overview of homeopathic medicine. Once a client has attended the workshop, they can then make an appointment to see the homeopathic nurse for a one-on-one consultation—which will take place every Tuesday from 10 a.m. to 2 p.m. Stop by Fresh Start at 1130 E. McDowell Road or call 602-252-8494 for more information.

### Curves offers new workout program

Curves of Phoenix, located at 1227 E. Northern Ave., now offers Curves Workouts with Jillian Michaels, a total body workouts that feature the Curves Circuit strength-training machines in conjunction with functional bodyweight-based exercises that ramp up metabolism and transform physique. Michaels is best known as coach on TV's "Biggest Loser." The workouts boost intensity, build strength, burn fat

and prevent plateaus.

The new Curves Workouts with Jillian Michaels are designed for women at every fitness level and include simple modifications for each

movement. Metabolic conditioning exercises will be done in between each strength machine within the Curves Circuit, all within a 30-minute class.

The workouts will be showcased on a large screen TV, set to upbeat music, and a Curves Coach who has been trained to deliver the moves will be present in every Circuit to ensure safety and effectiveness.

For more information, including class times for Curves Workouts with Jillian Michaels, call 602-861-1500 or e-mail 9BY1E4N@curvesmail.com.

### Emergency room wait done at home

Emergency room patients at Phoenix Baptist Hospital can now do their waiting at home thanks to the recent launch of InQuicker.

InQuicker is a free online waiting service that allows patients to wait for a projected treatment time at home instead of at the emergency center waiting room. Patients can check-in for a projected treatment time at any of Abrazo Health's emergency service centers, arrive at a designated time and be promptly seen by a health care professional using the innovative online InQuicker service.

InQuicker estimates treatment times based on facility conditions. It is not an appointment or reservation service, as the nature of ER triage does not allow for the scheduling of medical treatment. InQuicker users do not skip the ER wait, nor will they be seen ahead of individuals in the waiting room. In the event of a projected treatment time delay, InQuicker users are sent real-time notifications via phone call and e-mail so they can continue waiting at home.

"InQuicker is intended only for people with non-life-threatening or debilitating medical conditions," explained Ken Howell, president of Abrazo Health, parent company of Phoenix Baptist Hospital. "If you're in doubt about the severity of your condition, you should always seek immediate care."

The InQuicker system is designed to filter certain symptom keywords that may indicate a life-threatening or debilitating medical condition, in addition to a review of a user's symptoms by an Abrazo Health professional. Those indicating such medical conditions are urged to dial 911 or go immediately to the nearest emergency room.

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**SCHOOL DAYS** 



Students from the Madison Meadows National Junior Honor Society measure the outside of the ICM Food and Clothing Bank in downtown Phoenix. Students have taken on an ambitious goal for their Semester of Service project: paint the entire exterior of the building, and replace the rusted gutters and downspouts (submitted photo).

# Meadows' NJHS takes on big project

Rather than spreading their service efforts around to various programs in the community, students in Madison Meadow's National Junior Honor Society (NJHS) decided to devote this school year's service efforts to a single organization, ICM Food and Clothing Bank in downtown Phoenix, for their Semester of Service project.

The project began when Renea Gentry, the director of ICM, met with the students in September 2013 to share the mission and goals of the organization as well as its needs. Gentry provided ideas for direct and indirect service opportunities and advocacy. First, students could create an awareness of ICM by conducting food, clothing and toiletry drives. The second opportunity for NJHS to help ICM would be a much bigger undertaking: the 20,000-square-foot building desperately needs new exterior paint.

The students set up four sub-committees to tackle the project: Research, Resources, Fundraising and Public Relations. Students then set goals for each committee.

The Research team visited and

called Home Depot, Lowes, Dunn Edwards and Sherwin Williams to ask questions and help determine material needs and quantities. The Resources team gathered ideas on how to reach out within the community to raise awareness of ICM and get the building painted by enlisting the help of other organizations such as Madison Meadows PTM, Madison Simis PATS, Boy Scout Troop #329, the NJHS groups at other schools, and local businesses.

The Fundraising team set up various school fundraisers including restaurant nights, Boo-Grams sales, a fall dance and a Toy Trot. The Public Relations team started a letter-writing campaign to local businesses soliciting both monetary donations and direct donations of food and toiletries for ICM's clients. They also are seeking grant opportunities to raise money for the painting project.

Real Property Painting has agreed to prep the building and paint the top half of the building and the doors for a reduced cost. Ross Equipment Rental and Preferred Lighting are donating boom lifts to get the top of the building painted. The students still need to acquire nearly 90 gallons of paint, get

the gutters and downspouts replaced and get the fences and gates painted.

The goal is to begin the paint and gutter repair project in late April. Fairytale Brownies has agreed to provide brownie treats to all volunteers on the day/weekend of the painting project. David Kravetz and Eileen Spitalny, the owners of Fairytale Brownies, are Madison Meadows alumni.

If you or your organization would like to help Madison Meadows NJHS with their Semester of Service project, including donating paint or other materials, contact the teacher advisor, Renee Poginy, at rpoginy@msd38.org.

#### New prep school offers STEM curriculum

Student enrollment for the 2014-15 school year at Madison Highland Prep has begun. The college preparatory high school will enroll 300 students in ninth and 10th grades for next school year.

Madison Highland Prep will add an additional grade each in the next two years. The mission of the school is to offer families a high-quality Science, Technology, Engineering and Math (STEM) education that features a rigorous curriculum with an emphasis on critical thinking and inquiry learning.

Madison Highland Prep has partnered with Project Lead the Way to provide engineering courses that explore design, development and application principles. Additionally, the school will provide traditional, honors, dual enrollment, and Advanced Placement (AP) course opportunities in English, Math, Science, Social Studies, and Languages.

Madison Highland Prep will offer a Robotics Program fielding competition teams in VEX, SeaPerch, and Zero Robotics. The school will feature a fine arts program including band, chorus, visual arts, and drama and production. It also will offer athletic programs including football, volleyball, basketball, soccer, baseball, and tennis. Finally, the school will hold memberships with the National Honor Society, National Association of Student Councils, and DECA.

Families interested in enrolling their children at Madison Highland Prep for the 2014-15 school year should contact the school between the hours of 7:30 a.m. and 3:30 p.m. Monday through Friday. The school office number is 602-745-3800. For more information about the school's programs and enrollment information, visit www.MadisonHighlandPrep.org.

#### **School Briefs GLENDALE UNION HIGH SCHOOL DISTRICT**

#### A renovation of the 'Beadle Box'

Sunnyslope High School instructor Bill McClure and his cabinetmaking students recently completed a project that has some historic significance.

The students worked to restore the original Beadle Box that was built for the 1992 ASU School of Architecture exhibition on the work of Al Beadle, a renowned American "modernistic" architect who built several homes and other projects in Arizona.

The restoration now complete, the Beadle Box is on display at the Shemer Arts Center as part of the MicroDwell exhibit, which runs through March 23. After the exhibit concludes, the small structure will need to find a permanent or long-term place to "dwell," prefer-

please see BEADLE BOX on page 32

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#### BEADLE BOX continued from page 31

ably indoors to prevent further deterioration. Those who are interested in potentially housing the Beadle Box should contact Ben Ferguson at captain\_hydrogen@yahoo.com or 480-229-0828.

# MADISON ELEMENTARY SCHOOL DISTRICT Superintendent Ham announces his retirement

Madison School District Superintendent Tim Ham announced his retirement at the Feb. 18 Governing Board meeting. Ham has served public education for more than 30 years, with almost 25 percent of his career at Madison.

Ham and his administrative leadership team have brought the Madison School District to its highest level of achievement in recent decades, as evidenced by Madison receiving an "A" Label as measured by the Arizona Department of Education, being the first elementary school district in Arizona to be "Internationally Accredited" through AdvancED, and attaining multiple awards, culminating in Ham being named Arizona Superintendent of the Year for 2014 by AASA, the School Superintendents Association.

The Governing Board will conduct a comprehensive search and interview process, which will culminate in the selection of the new Madison superintendent in April. The position will close on March 7. Questions and interest can be directed to Deb Huffaker at dhuffaker@msd38.org.

### Scher a recipe contest finalist

Madison Meadows student Ethan Scher, 10, was among the five finalists in the 2014 Walk On! Kids Cooking Challenge, sponsored by Blue Cross Blue Shield of Arizona. The contest was open to children ages 9 to 12, who were asked to submit their favorite healthy recipe.

A local panel of experts chose the top five entries based on the recipe's inventiveness, taste and nutritional value. Ethan entered his recipe for "Cajun BBQ Dusted Cauliflower."



Madison Meadows student Ethan Scher was a finalist in the Blue Cross Blue Shield Walk On! Cooking Challenge thanks to his tasty and health recipe for "Cajun BBQ Dusted Cauliflower" (submitted photo).

"My mom told me about the contest because she knows how much I like to cook," said Scher. "Cauliflower is totally underrated, and with my spices

it tastes great. It's very easy to make and it's super healthy. And who doesn't like barbecue?"

Phoenix community members were able to vote online for the five finalists from Feb. 4 through 12. Although Ethan didn't win, his recipe got a lot of downloads from the voting site. Visit www.northcentralnews.net and go to the Schools section to download a copy of Ethan's recipe.

The Walk On! Challenge is a fun program that teaches elementary school students easy ways to eat better, to get enough exercise so that they can be strong, healthy and full of energy to do all the fun things they want to do (plus do well in school). For more information, visit www.walkonaz.com.

## Madison team competes in regional contest

Two teams of students from Madison No. 1 Middle School participated in a regional competition on Feb. 15 to determine the team to represent Arizona in the middle school National Finals of the U.S. Department of Energy Office of Science's National Science Bowl



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(http://science.energy.gov/wdts/nsb/).

The event was held at the Arizona State University West Campus in Glendale. The Madison teams faced off against 18 other schools in the regional contest. Team #1 reached second place in its division for the morning "Round Robins," but unfortunately neither team advanced to the Double Eliminations in the afternoon.

The Office of Science began this competition to interest today's youth in pursuing careers in science and math. The winner of the regional competition received an all-expenses-paid trip to Washington, D.C., to compete in the Office of Science's National Science Bowl in late April and the winner of the national competition will win prizes for the team members and their schools.

#### **OSBORN ELEMENTARY** SCHOOL DISTRICT

**District lauds its** spelling bee winners

Osborn School District recently hosted its annual district-wide spelling bee. In first place was Osborn Middle School seventh grader Tyler North, and



Celebrating a successful Osborn School District spelling bee are, from left: Mike Hosking, Tyler North, Marilyn Rollins, Aaron Baltazar and Mo Bronson (submitted photo).

in second place was Aaron Baltazar, a Clarendon sixth grader.

Region 3 Spelling Bee on Feb. 21 at Sevilla Primary School. Aaron served as alternate.

The district bee was organized by Assistant Superintendent Patty Tate. Tyler represented Osborn at the Former Encanto librarian Lori Sanders served as pronouncer and board member Marilyn Rollins served as head judge again this year. Two new judges joined

the event: Mo Bronson and Mike Hosking from Rotary 100. Bronson also has organized the Rotary reading project at Encanto and Hosking is a new member and treasurer of the Osborn Education Foundation.

#### **Breakfast event fuels** planter construction

Encanto and Clarendon Schools held the Second Annual Pancake Breakfast and Campus Clean-Up on Feb. 8. Encanto-Clarendon PTO members cooked the pancake and bacon breakfast for students, parents, and members of the community. All were well fed and well fueled to begin the work of preparing gardens for spring planting.

Last year, parents and students prepared the Encanto kindergarten and first-grade planters. This year, they followed up with second- and third-grade planters in the Encanto courtyard, and fourth-grade planters at Clarendon.

The planting done on campus adds to the overall beauty of all Osborn Schools and is a great link to the science curriculum for students.

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#### **SCHOOL DAYS**

## Crossing guard gets special recognition

There is a brand new celebrity in the Osborn District. Pablo Gamboa, crossing guard at Solano School was recognized recently by CBS Channel 5 as part of the station's "Pay it Forward" program. The segment aired Jan. 30 and again on Feb. 1.

Solano student Bailey Harris, 9, and her mother, Lisa Harris, nominated Gamboa, explaining that in five years he has never missed a day and always has a smile for everyone, rain or shine. He encourages students every morning to be good and have a wonderful day. Bailey added that he has been teaching her Spanish every day and after five years she has developed a very good vocabulary.

Bailey received a \$500 check, which she "paid forward" to Gamboa—a nice reward for doing what obviously comes naturally to him. He didn't really understand what was going on until he opened the envelope. Then he was overwhelmed with emotion.

Gamboa said he will use the \$500 gift to repair his truck, which broke down a few months ago.



Crossing guard Pablo Gamboa gives a big hug to student Bailey Harris, who nominated Gamboa for recognition by Channel 5's "Pay it Forward' program (submitted photo).

#### PHOENIX UNION HIGH SCHOOL DISTRICT North students pledge

to not text and drive

Students from North High School on Feb. 14 took a pledge to put their cell phones down and focus on the road as part of Allstate's national "X the TXT" campaign. Presented by The Allstate Foundation's local partner, Health World, the program aims to raise awareness of the dangers of texting and driving.

Allstate Exclusive Agency Owner Heather Everette and her staff discussed the dangers of texting while driving. Participants added their thumbprints to an oversized pledge banner to symbolize their promise not to text and drive.

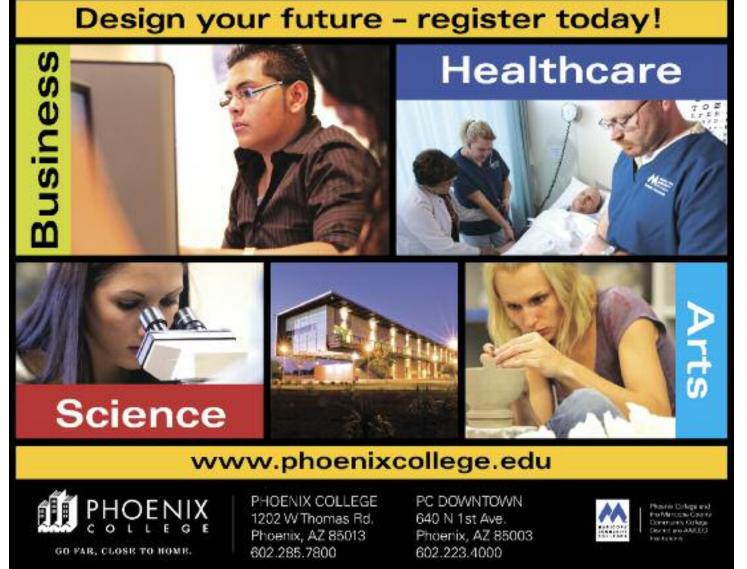
"North High School students took a pledge to not text and drive, which significantly improves their concentration on the road while driving," Everette said. "No text is worth risking a life."

Research indicates that texting while driving takes teens' eyes off of the road for an average of 5 seconds—enough time to drive the length of a football field at 55 miles per hour blind. In 2010, teenagers accounted for 10 percent of motor vehicle crash fatalities. This equates to 11 teen deaths in car crashes, on average, every day.

## Suns Dancers perform halftime show at Central

Central High School's boys basket-ball game against Tolleson High on Jan. 28 had a little extra excitement, as the Phoenix Suns put on a full halftime performance inside the Central High gym. The Suns brought in their professional team of dancers and performers for a halftime show that the sent the noise level inside the gym off the charts with cheering and clapping.

The visit was part of the SunsCentral





Martin Lopez, a junior at Metro Tech High School, finished fifth in the National Youth Olympic Weightlifting Championships held Feb. 1. It was only the second time he has ever competed (submitted photo).

Partnership formed between Central High and Suns leadership, and was in part a reward for students in the program hitting certain goals and objectives in the first semester.

The students were given a challenge to complete more than 8,000 hours of strategic tutoring in math and literacy in the fall of 2013 to earn the boys basketball game halftime show.

## Lopez makes top five in weightlifting event

Metro Tech junior Martin Lopez finished fifth in the 56-kilogram weight class at the National Youth Olympic Weightlifting Championships held Feb. 1 in Aurora, Colo.

Lopez, 5-foot 4-inches tall and 123

pounds, snatched 167 pounds and clean and jerked 191 pounds. He has only been lifting since August and was competing in just his second event.

His first competitive showing was in the Performance One Regional Qualifier, held in Mesa on Nov.2. He snatched 141 pounds, and clean and jerked 187 pounds, placing him in the Top 10 nationally. Lopez has been identified as a top prospect by the United States Olympic Committee.

Lopez is a member of the Metro Tech Olympic Weightlifting Club and is strong in calculus as well.

### Camelback students attend FFA event

Seven students in the Camelback Agriscience program participated in the 2014 Peoria Future Farmers of America (FFA) Mini Camp, Jan. 24-25. Kenia Navarette, Nick Lambeth, Danny Duran, Jim Perez, Edgardo Heras, Jalil Peterson and Melissa Porter attended many leadership workshops and team building activities.

The keynote speaker was youth motivational speaker Yahya Bakkar. The 325 FFA members in attendance were inspired by his story and message of hope for the future.

Navarette, the Camelback FFA president, was chosen as a member of the Honorary FFA Mini Camp Officer team along with five other FFA members from across the state. Selection for this honor is based on leadership skills demonstrated during the camp and chosen by the mini camp counselors and advisors.







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**SCHOOL DAYS** 



A VEX IQ competition referee discusses the next challenge with Orangewood students, from left: Shayla Tran, Lance Magnin, Melanie Rivera and Gustavo Ortega (submitted photo).

#### Students show well in FFA conference

Several Metro Tech students placed in events at the Future Business Leaders of America Regional Conference, Jan. 28.

Christian Camargo, Hernandez and Liliana Mendoza won the Business Ethics event. The Metro team also took second place in Marketing, Banking and Financial Systems, second and third in Parliamentary Procedures, and third place in Digital Design.

Jesus Castillo placed second in Accounting II and Liliana Mendoza was second in Impromptu Speaking.

#### **WASHINGTON ELEMENTARY SCHOOL DISTRICT**

#### Students receive award at Robotics tournament

Sixth-grade Project Potential Gifted Program students from Orangewood School won the STEM research competition of the VEX IQ Robotics Tournament, held at Salt River High School in Scottsdale on Jan. 25. This competition was the first of its kind that students have entered. It involved both driver-controlled and autonomous (programmed) runs in addition to a STEM Research component.

The VEX IQ is a robotic system designed to engage middle school students- or in this case, the sixth grade—in learning about possibilities for the future. Students work in teams, developing, building, testing, robots that are entered into competition.

At the tournament, the students engaged their robots in challenge matches that had assigned points for specific tasks. Orangewood's Robo-Cougars were rewarded for their STEM Research Project in which showed the initial design of a eebsite that investigated how robots will be used in connection with sports.

Project Potential teacher, Dianna

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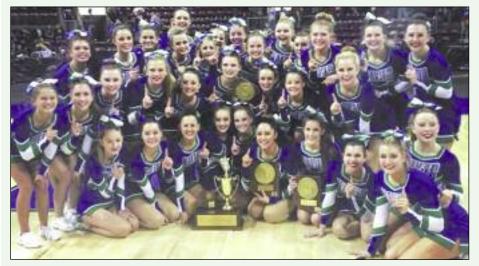
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### **SCHOOL DAYS**



### In the spirit

Xavier College Preparatory's Spirit Line won the 2014 Arizona Interscholastic Association's Division 1 state championship on Jan. 25 in Prescott. By placing first in all three categories for the first time in school history—show cheer, pom and five-girl stunt—Xavier won the overall state title by a large point margin. Spirit Line coaches Monica Gaspar, Stephanie Walsh and Megan Nolen are all Xavier alumnae (submitted photo).

Bonney Ed.D., leads the Robo-Cougars, which qualified to enter the first-ever State Championship finals to be held at Arizona State University in March.

# Employees honored for month of February

Two North Central WESD staff members were among those honored by the district as Employees of the Month for February: Cheryl Fisher, instructional assistant at Richard E. Miller Elementary School, and Ivadell Smith, instructional assistant at Royal Palm Middle School.

They were among eight employees recognized for exemplifying the Vision, Mission and Values of the WESD. These employees serve as an inspiration to others by maintaining high customer service standards and a commitment to student achievement.

# PRIVATE AND CHARTER SCHOOLS Middle school girls

# Middle school girls go to Xavier March 28

Xavier College Preparatory will host its sixth-annual "Girls Have IT Day" on Friday, March 28th from 1 p.m. to 3 p.m. on Xavier's campus. This event is free and open to all middle school girls, but pre-registration is required. To register, visit http://ghitd.xcp.org/.

Developed by Xavier students and faculty, "Girls Have IT Day" promotes young women's involvement in science, information technology (IT), engineering, art and math (STEAM). Approximately 500 middle school girls from around the Phoenix metropolitan

area will participate, along with more than 100 Xavier students who will mentor the younger students throughout the day.

Visiting middle school students will participate in a hands-on, STEAM-focused activity fair hosted by members of Xavier's student clubs.



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### **SCHOOL DAYS**



Jeffrey Gray and Mae Downing of Phoenix Christian High School work on cleaning up weeds as part of the school's annual Service Day (submitted photo).

# Students spend a day giving back to others

Phoenix Christian High School students went out into the community on Jan. 24 to serve in various ways.

Locations served by the students included Stepping Stones of Faith, St. Vincent de Paul, Phoenix Rescue

Mission, the PC Thrift Shop, Sojourner's Center, UMOM New Day Centers, St. Mary's Food Bank, the Dream Center, Phoenix Herpetological Society, Hospice of the Valley, and Light & Life Parsonage.

Phoenix Christian Middle School students made more than 200 Valentine's Day cards to be distributed at the VA Hospital and decorated baby bottles for the upcoming CPC coin drive.

# School gets visit from sister school in Korea

Phoenix Christian Preparatory School hosted its 4th annual Camp Arizona. Students from Phoenix Christian's sister school in Korea came for 16 days, lived with host families, learned Arizona and U.S. History and culture. In turn, the visiting students shared their culture, including wearing the traditional Hanbok garment, reserved for holidays.

Students visited the State Capitol, Heritage Square, Arizona State University, Sedona, the Grand Canyon and other sites.

# Boys basketball wins CYAA Tournament

The All Saints' Episcopal Day School boys varsity basketball team took first place in the Catholic Youth Athletic Association (CYAA) Tournament on Feb. 3.

The team beat St. Thomas to claim the championship. All Saints' Episcopal Day School hosted the CYAA Tournament championship game. The team finishes the season undefeated.



A+ School of Excellence and A+ Exemplory Program are awarded by the Arizona Educational Foundation." Trademarks used by permission

### **SCHOOL DAYS**



St. Francis Xavier's softball team celebrates a first-place win in the CYAA tourney (submitted photo).

AmeriSchools NJHS membership has

grown exponentially. The current NJHS membership has grown to

almost half of the current middle

demonstrate impeccable citizenship, ser-

vice, leadership, near perfect attendance

and a scholarly 3.5 grade point average.

All NJHS members are required to com-

plete 40 community service hours each year and are held to the highest expecta-

As an NJHS member, a student must

school student population.

tions throughout their tenure.

# SFX softballers capture first place

The St. Francis Xavier Elementary School varsity softball team captured first place in the large school Catholic Youth Athletic Association (CYAA) Tournament, held at the end of January. SFX beat OLPH Scottsdale to take the title.

# Police K-9 units visit students

The city of Phoenix Police K-9 Units visited SS. Simon & Jude School on Feb. 4. Students from first grade through seventh grade saw a demonstration of one of the most important tools in the police department.

The seventh graders had recently read nonfiction text about Canine Units and this was a great follow up to that study. The fifth graders had read a newspaper article on the Phoenix Police K-9 units, so they brought their iPads to take notes and pictures. Their follow-up assignment was to

Their follow-up assignment was to write informational text on the topic.

The officers took time to demonstrate, explain, and then answer questions from the students. The dogs were impressive in their work. The students came away with a tremendous appreciation for them and their handlers who work to keep everyone safe.

# NJHS welcomes new members

AmeriSchools Academy's National Junior Honor Society (NJHS) chapter inducted 19 new members in February.

All new members are required to attend weekly meeting on Friday afternoons. This new class of inductees rivals the school's largest class of 25 members in 2010.

Since the chapter's inception,

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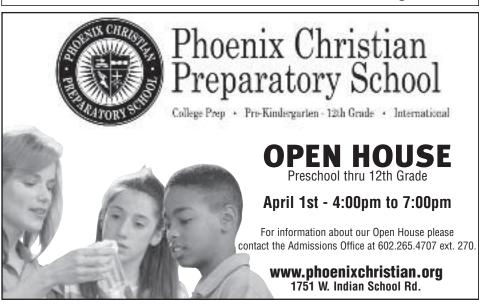
Voice 

R Piano 

R Guitar 

R Violin 

R Young Children





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## Help Shape a Walkable Future for Phoenix!

Since 2012, the City of Phoenix and partners Arizona State University, St. Luke's Health Initiatives, Urban Land Institute, and Local First Arizona have been holding community conversations about the future of urban development along Phoenix's light rail system.

Now it's time to put ideas on paper, and

YOUR IDEAS are needed.

Reinvent PHX District Plans create a guide for investments in streets, parks, housing and business development based on a community vision for the future. The Community Design Workshop is the opportunity to create plans together as a community.

### OPENING CELEBRATION

Monday, March 24 @ 6p.m.\*

# **DESIGN UNVEILING**

Friday, April 4 @ 6p.m. Child care and spanish interpreters available.

\*The design workshop team will be available at the Phoenix Financial Center location March 24 - April 4 anytime n 9 a.m. and 6 p.m., except Sunday for those who can't attend the scheduled w

For full workshop schedule, visit the Reinvent PHX Website:

### www.reinventphx.org

or contact Katherine Coles, Village Planner Email: Katherine.Coles@phoenix.gov Phone: 602-256-5648







HOME & GARDEN



This house located on North 6th Street in the Windsor Square Historic District will be featured on this year's home tour, set for March 30. The bedrooms have been remodeled and the house is decorated with eye-catching artwork and modern touches (submitted photo).

### Tour one of nation's 'best neighborhoods'

Windsor Square Historic District's 2014 Home Tour will be held Sunday, March 30. Located at Central Avenue and Camelback Road, Windsor Square is one of the most sought-after historic neighborhoods in Arizona and was recently recognized by CNN Money Magazine as one of the ten U.S. "Best Big City Neighborhoods to Live In."

Presented by the Windsor Square Neighborhood Association, the biennial Historic Home and Garden Tour is a self-guided walking tour featuring 12 historic homes, a beautiful garden, plant societies and a new addition this year—a beer garden.

The beautiful Windsor Square neighborhood is rich with history with many homes that are 60 to 75 years old. Started in 1929, the 260-home neighborhood is considered to be one of the first suburbs of the city of Phoenix.

The tour and festivities run from 11 a.m. to 4 p.m. and will give enthusiasts a look at unique architectural styles in homes that date back to the 1930s and 1940s. During the self-guided walking tour, participants will also be able to enjoy the new beer garden hosted by SunUp Brewery, explore fine arts and crafts from street vendors, and enjoy delicious fare from many local food trucks. The cost for the tour is \$15, and children under 12 are free.

Tickets will be available for pur-

chase online in advance of the tour at www.windsorsquarephoenix.org as well as day-of-tour at Orange and 2nd Street, which is located one block east of Central Avenue and just north of Camelback Road. Discount of \$1 for attendees who show light rail tickets for the day. Free parking will be available. Contact Kathy Sacks or 602-619-4444 for more information.

### Great homes, great food on 'Dream Tour'

The North Central Dream Home Tour takes place Saturday, March 22, and will feature six of the finest properties for sale in North Central Phoenix.

Tickets are \$45/person and proceeds benefit Childhelp USA and AZ 1.27 Foster Care Program. For information and ticket purchases, visit www.dreamhometouraz.com.

### **Donate your** unwanted citrus

Got an excessive amount of citrus in your yard or neighborhood? St. Mary's Food Bank Alliance is accepting donated citrus, including grapefruits, oranges and tangerines, through the middle of March at its location in Phoenix, 2831 N. 31st Ave.

Food Bank drop-off hours are Monday through Saturday from 8 a.m. to 4 p.m. For more information, visit www.FirstFoodBank.org or call 602-242-FOOD.



**GENERATIONS** 

# **Kids & Families**

# Hands-on fun at Acacia Library

Share books, stories, music and activities in a fun, interactive program at the Acacia Library that builds early literacy skills and introduces children to science and math. The "DiscoveryTime" program, which takes place 5:30-6 p.m. Tuesdays in March, is designed for children 2 to 5 years old accompanied by a favorite adult.

Children who can count, recognize geometric shapes and patterns and are eager to explore the world around them will be better prepared to succeed in kindergarten. Your kids are natural scientists. You can help them discover the world, build vocabulary and master basic science concepts.

No pre-registration is required. The Acacia Library is located at 750 E. Townley Ave. For more information, call 602-262-4636.

# Youth encouraged to help their community

The Kohl's Cares Scholarship Program will award nearly \$400,000 in scholarships and prizes this year 2,300 young volunteers who have made a positive impact in their communities.

Nominations for kids ages 6 to 18 will be accepted through March 14 at www.kohlskids.com. Kohl's encourages parents, teachers, neighbors and friends

to nominate outstanding youth, in celebration of their time, energy and passion to helping others.

Two nominees from each of the more than 1,100 Kohl's stores nation-wide will win a \$50 Kohl's gift card, and nearly 200 will win regional scholarships worth \$1,000 toward higher education.

# Sunrays offers free baby dance

The Arizona Sunrays Dance Center, 13832 N. 32nd St., Suite 162, offers free baby dance classes on Mondays and Thursdays from 9:30 to 10 a.m. for babies who are walking up to age 2 and a half.

This baby dance class is a fun introduction to enjoying music, movement, and dancing. Babies will love dancing to the music while using all kinds of different props and toys. Parent participation is required.

Advanced reservations are not required. This is a "drop in" class. For more information, call 602-992-5790 or visit www.arizonasunrays.com.

# New fast food eatery hosts family events

In celebration of its recent opening, the new McDonald's restaurant at 711 W. Indian School Road will host "Family Fun Saturdays" in March. The events will feature a variety of family

please see FAMILY FUN on page 42

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### Your Monthly Family Law Focus

### **Divorce and Business Valuation**

When it comes to pertinent issues in a divorce, business valuation is often a paramount concern. Under Arizona law, the business may be considered community property and as such, it is subject to division. In order to divide the business in a fair and equitable manner, the value of the business must be determined.

When it comes to divorce and business valuation, the person who is involved in the day-to-day operations of the business may understate the value of the business. The other spouse should seek an independent evaluation, as opposed to relying on his or her estranged spouse to provide the valuation.

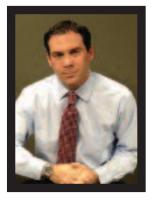
There are a number of professionals who can help determine the value of a business, including (a) business appraisers; (b) certified public accountants; (c) business brokers; and (d) financial analysts. An accountant may seem like the logical choice, but this is usually not the best choice. The role of the accountant is typically to work with numbers looking backwards, but a business valuation for purposes of a dissolution action needs to take into account the future earning potential of the business. A professional business appraiser (referred to as the business valuation expert) will prepare a detailed report setting out the steps taken to determine the value of a particular business. During the process, the appraiser may have to make some assumptions about the business or the type of industry to which the business belongs. If the appraiser follows accepted standards for the profession, his or her evaluation should be similar to that of another appraiser using comparable methods and data.

A number of factors are taken into consideration by the expert when preparing a divorce business valuation. The value of the company's assets and its liabilities must be determined as well as the company's past earnings history. Once these have been determined, a projection as to the company's future earnings will be made which is used to determine the value of the business.

After the divorce business valuation is

completed, there are three basic courses of action the parties can take: (a) both parties can continue working in the business (this is not usually recommended); (b) the business can be sold and the proceeds divided between the two former spouses; or (c) one spouse keeps the business and gives the other spouse a payout called an equalization payment. The payout can come from any source and may include one spouse's share of the equity in the marital residence, an asset or a note payable.

### Laurence Hirsch



- Family law attorney at Jaburg Wilk
- •Expertise representing high net worth individuals
- •Speaker and lecturer to business and legal professionals
- •2012 and 2013 Southwest Super Lawyer Rising Star
- •Phoenix Business Journal 2011 class of "Forty under 40."
- Been on several local and national programs as a divorce law expert.

### **Contact**

Email questions to divorceinfo@jaburgwilk.com and it may appear in the next column.



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### **GENERATIONS**

### FAMLY FUN continued from page 41

fun activities for the local community to enjoy inside the restaurant.

All events are free to the public and will be held 11 a.m. to 1 p.m. Upcoming activities will include: a visit on March 15 from Mother Goose, who will delight children with storytelling, sing-a-longs, and face painting; and Ms. Footz Amazing Magic Show on March 29, featuring amazing magic tricks with lots of humor and fun. Every child will receive a special balloon sculpture created by Ms. Footz.

# Spring Fling in Sunnyslope

Families are invited to enjoy the great outdoor weather and lots of free food and activities during the annual Sunnyslope Spring Fling, set for 11 a.m. to 1:30 p.m. Saturday, March 15 at the Sunnyslope Community Center, 802 E. Vogel Ave.

This year's event will include two bounce houses for the kids, a Home Depot Building Area, Arizona Flycaster's Fly Fishing, McDonald's food booth, stage entertainment, and community information.

For Information, call 602-262-6661.

# Children invited to enter writing contest

Eight, Arizona PBS is issuing a call for entries for the Arizona PBS KIDS Writers Contest. The contest encourages children in grades K-3 to celebrate the power of creating stories and illustrations by submitting their own original pieces.

The submission deadline for the Arizona contest is March 21 (postmark date). For full details and contest rules, visit: http://azpbs.org/contest.

# **Senior Living**

# Help oversee programs for vulnerable adults

The nonprofit Area Agency on Aging is accepting applications for its Advisory Council. The council, which meets six times per year, provides input and advice to the organization on programs and issues facing older adults in Maricopa County. Volunteers who are interested in serving on the Advisory Council may contact Jim Knaut, Area Agency on Aging vice president, at 602-264-2255.

The Area Agency on Aging plans, develops and delivers services for seniors age 60 years and older, and adults 18 and older with disabilities and long-term care needs. For services available to older adults, call the Senior Help Line at 602-264-HELP (4357) or visit www.aaaphx.org.

# Free tax filing help for low-income people

The AARP Foundation is again providing free tax assistance and preparation for taxpayers with low to moderate income through the AARP Foundation Tax-Aide program. You do not need to be a member of AARP or a retiree to use this free service.

The AARP Foundation has many Tax-Aide volunteers across the state that will be assisting Arizonans with their taxes through April 15. The program is offered at more than 70 sites in the state including senior centers, libraries and other convenient locations.

For more information, or to locate an AARP Foundation Tax-Aide site, visit www.aarp.org/findtaxhelp or call 1-888-AARPNOW (1-888-227-7669). AARP Foundation Tax-Aide is offered in conjunction with the IRS.

# Join us at the Stratford for great fun, great food and great care!

The Stratford, an Assisted Living and Memory Care Community, invites you to our weekly musical social in our Grand Lobby!

Every Thursday from 3:00 p.m. to 4:00 p.m. The Stratford hosts a musical social with some of the Valley's favorite performers.

RSVP to (602) 841-2500 for a fun afternoon of music and refreshments.

Want a tour? Just ask! We'll be happy to show you our beautiful community.

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Purple UP! ... April is "Month of the Military Child." Check our website for upcoming events and details!









**ARTS & ENTERTAINMENT** 

# Phoenix Theatre gets \$2 million donation

Phoenix Theatre recently received a \$2 million donation from local philanthropist Jamie Hormel, widow of Geordie Hormel, Hormel Foods Corp. heir. In recognition of this, the largest donation in the Theatre's 93-year history, Phoenix Theatre will name its recently completed black box space "The Hormel Theatre."

Hormel has been a close friend of Phoenix Theatre for many years and is the sponsor of the theater's Hormel Festival of New Plays and Musicals. She believes in the theater's vision of creating "the Lincoln Center of the Southwest," and when she learned that the black box theater would be the festival's new home, Jamie jumped at the chance to name the new space.

"There is a renaissance taking root in the Arizona arts community and it is gifts like this that make that possible," said Managing Director Vincent VanVleet.

# A & E Briefs

'La Vie Boheme' Concert Phoenix College Community Orchestra 7:30 p.m. Tuesday, March 4 John Paul Theater, Phoenix College 1202 W. Thomas Road

Open to the public; admission is free. Pieces include Brahms' "Hungarian Dance #5," Monti Csardas, Smetana Moldau and Davorak's "Salvonic Dances." Tempe Concertmaster Robert Dunger will be the guest soloist.

### Vocalist Mia Dyson 9 p.m. Wednesday, March 5 Willo North Gallery 2811 N. 7th Ave. 602-448-9041

Dyson, the ARIA Award-winning vocalist from Australia, brings her distinctive rockin' Americana style to Arizona. She is poised to one-up her last release, "The Moment," the album that was rated Four Stars by Rolling Stone Magazine. She has toured with Eric Clapton, Bonnie Raitt and Stevie Nicks. Local favorite Brian Chartrand will open the show at 7 p.m. Tickets are \$10. Space is limited.

'Pippin' March 5-30 Phoenix Theatre 100 W. McDowell Road 602-254-2151

The story follows the life of Pippin, son of King Charlemagne of The Holy Roman Empire. The essence of the tale is how this young man finds the true meaning of life. This musical is filled with hummable melodies including "Magic to Do," "Corner of the Sky," "With You" and "In Just No Time At All." Tickets are \$30 to \$75, plus fees. Visit http://www.phoenixtheatre.com.

# 'Sense and Sensibility' Xavier/Brophy Theatre March 6-8 Piper Performing Arts Center, Xavier College Preparatory 4710 N. 5th St. 602-240-3161

Written in 1811 by popular novelist Jane Austen, the story follows the lives of the three Dashwood sisters and their mother after their father's death. The clashes between these women and the other heirs, class status, gender roles in the 1800s and romantic entanglements all make for a delightful evening of theater. Performances are 7 p.m., with a 2 p.m. matinee on Sunday. Tickets are \$7. Contact the Jackson Box Office by phone or pacbox@xcp.org or purchasing at the door.

# 'Clock' Teatro Bravo March 7-9 & 13-16 Helen K. Mason Performing Arts Center 1333 E. Washington St. 602-402-9954

For a lesbian couple, becoming parents is a big decision, especially when one partner wants to, the other one is freaking out and everybody has an opinion—including Leti, the Goddess of Fertility. This hysterical, heartfelt journey into motherhood was the winner of Teatro Bravo's 2012 New Plays Festival. Tickets are \$20 for adults, \$15 for students (w/ valid ID) and seniors, \$10 for children younger than 12. All Sunday Matinees are \$13. March 7 and 10 will be "pay what you can," with a suggested donation of \$10. Visit www.teatrobravo.org.

please see A & E BRIEFS on page 44



# HarpFusion in Concert

Sunday, March 9 at 3 p.m. First United Methodist Church

University of Arizona's **HarpFusion** has performed all over the world and is considered one of the most outstanding and creative ensembles on the international concert stage. All the music HarpFusion plays is written or arranged by a member of the group and all harpists are students of Dr. Carrol McLaughlin, Distinguished Professor of Harp at the University of Arizona. You will not want to miss this free event!



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Thomas "Breeze" Marcus (Tohono O'odham) & Jeff Slim (Diné), "Hot Fun in a Cool Place" mural, 2013



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### **ARTS & ENTERTAINMENT**

A & E BRIEFS continued from page 43

# 'Color Me Happy!' Artist Reception

6:30-8:30 p.m. Friday, March 7 @Central Gallery, Burton Barr Library 1221 N. Central Ave. 602-262-4636

Enjoy an exhibition of work by Skye Lucking, which continues through April 10. The band Soul Country will perform at the free reception. Working with oils, acrylics, ink and graphite, Lucking tries to impart a whimsical spirit into her paintings with subtle allusions to shapes all presented in bright colors.

### Video Games Live ProMusica Arizona Orchestra March 8-9 Orpheum Theatre 203 W. Adams

The show combines the energy and excitement of a rock concert, the power and emotion of an orchestra and the technology, interactivity and visuals that video games provide. Shows are 7:30 p.m. Saturday and 3 p.m. Sunday. Doors open two hours early for activities including a costume contest, prizes, game demos and meet-and-greet with top game-industry talent. Tickets start at \$15 and are available at www.pmaz.org.

# Fourth Annual Spring Art Exhibition

March 14-15 North Mountain Visitor Center 12950 N. 7th St. 602-996-5423

The event is presented by the N. E. Valley Artists League and hosted by Save Our Mountains. Enjoy refreshments and live music while meeting some of the northeast Valley's finest artists and examining their work, which will be available for purchase. Hours are 4-8 p.m. Friday, 8 a.m.-4 p.m. Saturday, and 8 a.m.-1 p.m. Sunday. Admission is free.

# Mata Ortiz Pottery Show And Sale March 14-16 Heard Museum Shop 2301 N. Central Ave. www.heard.org

Enjoy some of the most distinguished Mexican pottery handmade by potters from Mata Ortiz, Mexico. Named for the small town in

Chihuahua, Mexico, where it is made, this pottery is an inspired recreation of ancient pottery found near archeological sites in Casas Grandes, Mexico. Hours are 10 a.m. to 2 p.m. No charge to enter the shop; museum admission is extra.

# 9 a.m.-4 p.m. Saturday, March 15 Shemer Art Center 5005 E. Camelback Road

Now in its 49th year, this spring tradition features 20 artists working in watercolor, oil, pastels, printmaking, jewelry, ceramics, fused glass, quilting and sculpture. Artwork will be for sale. Plus, there will be live music, and light refreshments. A raffle of 20 special works will be held. The event is free and open to the public.

# 'The Girls in the Band' Documentary

1:30 p.m. Sunday, March 23 Third Street Theater, Phoenix Center for the Arts 1202 N. 3rd St.

They wiggled, they jiggled, they wore low cut gowns and short shorts, they kow-towed to the club owners and smiled at the customers ... and they did it all, just to play the music they loved. The film tells the poignant, untold stories of female jazz and big band instrumentalists and their fascinating, ground-breaking journeys from the late '20s to the present day. Doors open at 1 p.m. Tickets are \$7 at the door. Visit www.nofestivalrequired.com.

# 'Around the World in 80 Days'

Arizona Theatre Company March 27-April 13 Herberger Theater 222 E. Monroe 602-256-6995

In 1872 London, Phileas Fogg believes that, with modern transportation, it's now possible to travel around the world in 80 days. It's a whirlwind journey filled with exotic locales and great fun. There's villainy, a damsel in distress and narrow escapes. Jules Verne's masterpiece will keep you on the edge of your seat and rolling in the aisles in this whirlwind adventure across seven continents.. Tickets are \$44 to \$67 plus fees. Visit www.arizonatheatre.org.

Editor's note: For a more extensive list of Arts events in March, visit www.northcentralnews.net.



**FOOD FOR THOUGHT** 



Carole Meyer, owner of Zookz Sandwiches With An Edge, displays her unique sandwiches, which are pressed into a pocket with the edges sealed before being sliced (submitted photo).

## Café Chat Enjoy a handful of satisfying tastiness By Patty Talahongva

What if, instead of calling a sandwich a sandwich, it was called a Montagu? It could have happened, according to several websites that trace the history of the sandwich. Apparently, John Montagu, the 4th Earl of Sandwich, inspired the name around 1762. It is said he didn't want to interrupt his gambling with eating so he requested something he could hold and eat while he played. The result was meat and cheese placed between two slices of bread.

Yet another website says that a rabbi who lived during the first century B.C. came up with the idea. Rabbi Hillel the Elder served nuts, apples, spices and wine stuffed between two matzohs to eat during Passover.

Whether it was due to gambling or religion, today the sandwich remains a popular meal that can be served hundreds of different ways. In the North Central area there are several restaurants that focus almost exclusively on crafting tasty, unique sandwiches.

### Manhattan Subs 5224 N. 7th St. 602-248-8086 www.manhattanpizzeria.com 9 a.m.-9 p.m. daily

After 25 years of business the owners, Boris and Maya Goltsman, decided

to go all kosher. They offer several fish and cheese sub sandwiches and say their tuna is very popular, as is the salmon sandwich. Manhattan's currently doesn't offer a gluten-free bread but you can get a gluten-free pizza. The average price is around \$10. "But it's going to be a lot of food for one person," Maya points out . Manhattan's also offers many side dishes that are included in the price of the sandwich. Even though the restaurant closes at 9 p.m., Maya says they will stay open if you call in your order or walk in just before closing time.

That's a Wrap 800 E. Camelback Rd. 602-252-5051 http://eatatthewrap.com 11 a.m.-8 p.m. M-Fri 11 a.m.-3 p.m. Sat. & Sun.

Wraps are a different take on sandwiches but still require something to hold in all the tasty goodness. The two most popular sandwiches both have a little kick to them, says manager Colin Denker. The Buffalo and the Thai are spicy but not too hot to handle. The wraps average between \$7 and \$8 and come with a side dish of pasta, fruit or chips and salsa. You also can order soup for an extra charge, and all soups are vegan. Denker says a lot of the shop's customers are vegetarian or vegan. At the moment the eatery doesn't offer a gluten-free wrap but they are experi-

please see SANDWICHES on page 46

# Arizona American Italian Club The Hot Spot for Live Music on Fridays in North Central Phoenix! COME JOIN US!

### Pietro Rainone sings the songs of Italy!

Pietro will perform every Wednesday night *through March* at the Spaghetti Buffet. The Buffet is \$9 for adults; 5:30 to 8:30 p.m.

### Homemade Sausage Party!

Saturday, March 8, at 4 p.m. Try the best homemade Italian sausage this side of Sicily, drink Italian Chianti and enjoy live music by Pietro Rainone from 4 to 6 p.m. and Roscoe Taylor & Jimmie McElroy from 6:30 to 10 p.m.

### Party Bar Bingo!

Saturday, March 22, at 6:30 p.m. Party, drink, talk, laugh, and have fun! Stay after and enjoy music by Roscoe Taylor & Jimmie McElroy

FRIDAY NIGHTS - Live music and great food! Kitchen opens 5:30, music at 7:30

Friday, March 7: THE NEW BROTHERS FIVE – The New Brothers Five have more than 120 years of musical performance experience! Their last performance at the AAIC was phenomenal!

Friday, March 14: BRICK HOUSE – This great local band plays classic rock from Van Morrison to Marvin Gaye. Get your dancing shoes ready for the fun night at the AAIC!

Friday, March 21: THE R&B SHOW – Featuring the sweet dancing sounds of Rod & Buzz! They wooed you at the Christmas Party and they're going to keep you on the dance floor this night!

Friday, March 28: HOTFOOT – Rocking Funky blues, dance favorites and originals by the multi-genre music entertainer from Phoenix with Thomas Oliver on guitar and vocals.

All events are open to the public. One person in your party must be a member for alcohol service.

Catering and Banquet Facilities available for Weddings and Parties.

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### **FOOD FOR THOUGHT**

### SANDWICHES continued from page 45

menting with using lettuce or chard as an alternative to wraps. It's a good idea to order your lunch ahead of time because Denker says the lunch crowd is about 80 percent of their business, so it tends to get pretty packed. "I think the building can be kind of unassuming from the street," admits Denker, "but once people come in they find the food is good, healthy and it's a really fun atmosphere." There also is a patio for alfresco dining.

**Zookz Sandwiches** With An Edge 4750 N. Central Ave. 602-279-0906 www.zookzsandiches.com 7 a.m.-3:30 p.m. Mon.-Fri. 9 a.m.-3 p.m. Sat. & Sun.

Zookz offers sandwiches by the number. The breakfast sandwich, which is a customer favorite, is #44 and features a two-egg frittata, bacon, ham, fresh basil, Parmesan and Feta cheese with roasted red peppers. It's a morning feast for just \$4.75. At lunch Carole Meyer, the owner, says customers go for the #20, a turkey sandwich with cheddar cheese, bacon, avocado, tomato and homemade sweet mustard. The average price for a sandwich is \$6.75. Zookz offers several side dishes and Meyer says the kale salad with roasted almonds and mandarin oranges is very popular, along with the garbanzo bean salad with cucumbers. Each sandwich comes with a side dish. Meyer doesn't offer a gluten-free bread because of a lack of space in the small kitchen, saying it would be hard to avoid cross-contamination.

Editor's note: for some additional sandwich shops of note that are just outside the North Central area, read the extended article online at: www.northcentralnews.net.

# **Dining Briefs**

### **Dinner d'Arte** comes to Valley

Inspired by the annual Dîner en Blanc event in Paris, Dinner d' Arte is a "pop-up" style dining event held at a secret Valley location that will be revealed to registered guests four hours before the start, on Saturday, April 12.

At 5 p.m., guests elegantly dressed in all white will decorate and adorn provided tables that seat eight, unpack their brought-along picnic dinners and white tableware, and eat, drink, dance and be merry starting at 7 p.m.

There will be live music and wine available for purchase. For those who don't want to tote along their own meal, guests can pre-ordered catered baskets for an additional fee. There also will be a live art demonstration, and art available for purchase from emerging artists.

Festivities will continue until 10 p.m., at which time all guests will be requested to thoroughly clean their area, leaving no trace of the evenings activities.

Hosted by Bella Palazzo and Creative Hands Cuisine, tickets can be purchased at www.dinnerdarte.net for \$35 per person, which covers the costs for permits, tables, chairs, entertainment and a bevy of surprises. A portion of all proceeds from wine and ticket sales will benefit The Care Fund.

For more information, contact Margie Van Zee at 602-695-2054.

### **Joyride Tacos come** to Central Avenue

Joyride Taco House, which opened for business on Jan. 7, is the fifth and final piece of Upward Projects' nucleus of restaurants that have come to define

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Please join us soon in our dining room, relax and enjoy your meal.

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Half-price item must be equal or lesser value. Dine in only. Good through March 31, 2014

### **FOOD FOR THOUGHT**

an iconic stretch of Central Avenue.

Nestled between Postino Central and Federal Pizza, and directly across from Windsor & Churn, Joyride customers will also be able to take advantage of an all-new dedicated (and free) parking lot located just south of Windsor & Churn.

Joyride features more than nine varieties of tacos served family-style on made-to-order tortillas, as well as flavorful salads, burritos, tortas, and "especiales"—all complemented with a robust menu of cocktails, draft/bottled/canned beers, wines, tequila and an inventive list of agua frescas made daily with love. Best of all, most drinks are \$5 everyday until 5 p.m.

Hours are 11 a.m.-11 p.m. Monday through Thursday, 11 a.m.-midnight Friday and Saturday, and 11 a.m.-10 p.m. Sunday. Joyride Taco House is located at 5202 N. Central Ave. For more information, call 602-274-8226 or visit www.joyridetacohouse.com.

# Luci's hosts series of cooking classes

Luci's Healthy Marketplace, 16th Street and Bethany Home Road, presents the EatTable DrinkBar Cooking Series: "Tastes of Italy," with Chef James Monaci, through December.

This series of classes will introduce you to the secrets of making fine Italian foods. All classes will take place from 5:30 to 7:30 p.m., and will be accompanied by wine. The schedule includes:

- Salads for All Four Seasons, April 6 (\$39.99). Garden Seedless Watermelon & Arugula, Red Onion, Ricotta Salata and Glazed Walnuts served with a Pomegranate and Balsamic Vinaigrette and three more surprising seasonal salads.
- Culurgiones ... a Sardegna Secret, June 8 (\$49.99). The culurgione is a filled hand-made pasta, from Sardinia, Italy, much like the traditional ravioli. You also will make a couple of sauces to go with them.

For more information or to sign up, visit www.lucishealthymarketplace.com.

# New steakhouse opens by mall

A new LongHorn Steakhouse recently opened its doors near Metrocenter Mall, at 10047 N. Metro Parkway.

LongHorn Steakhouse is known for its fresh, never frozen, steaks. The 6,270-square-foot restaurant will seat

more than 240 guests. The winter Peak Season menu changes four times a year and features fresh flavors of the season. LongHorn also now offers a selection of meals under 500 calories.

In addition, the Chef's Showcase menu celebrates the Executive Chefs' culinary inspiration and creativity.

Hours are 11 a.m. to 10 p.m. Sunday through Thursday, and 11 a.m. to 11 p.m. Friday and Saturday. Call 602-216-9531 for more information, or visit http://www.longhornsteak house.com to see current specials.

# Wine tasting at Italian club

The Arizona American Italian Club, 7509 N. 12th St., hosts a wine tasting event 5:30 p.m. Wednesday, March 12, in the club's small meeting room.

Sample wines from the Rhone Valley, a key wine-producing region in the southeast of France. Cost is \$20 per person, and tickets are available for purchase in advance or the night of at the club's bar.

For more information, call 602-944-3090.

# Get a taste of wing contest recipes

Half Moon Sports Grill recently held a contest seeking the Valley's best home chefs to share their wing sauce recipes and compete for the title of Half Moon Sauce Boss.

The public will get a chance to taste-test the top-10 finalists' wing recipes during Wing Nut Night, beginning 7:30 p.m. Tuesday, March 11 at Half Moon Windy City Sports Grill, 2121 E Highland Ave. Event attendees can order any of the 10 finalists wings that night for just \$.50 a piece, five piece minimum.

Scoring will be based on overall flavor, originality and appropriate heat. One lucky winner will receive one free pound of wings every day for a year, and their sauce will be featured on a future Half Moon menu.

Half Moon also is launching a weekly "Wing Nut Night" where customers can order as many of the restaurant's wings they can eat for just \$.50 a piece from 7-10 p.m. on Tuesdays (minimum order is five).

For more information, call 602-977-2700 or visit www.halfmoonsports grill.com.

please see DINING BRIEFS on page 48







### **FOOD FOR THOUGHT**

### DINING BRIEFS continued from page 47 New olive oils available at shop

Queen Creek Olive Mill has released three new signature extra virgin olives oils, now available at the Oils

& Olives retail store located inside the Union at the Biltmore Fashion Center, 2502 E. Camelback Road, #148h.

All three are made from the mill's estate olives produced from the 2013 Harvest, and are called "Delicate," "Balanced" and "Robust."

Delicate Extra Virgin Olive Oil has a light, mellow taste with floral overtones. It works best in delicate dishes such as seafood, and fresh vegetables.

Balanced Extra Virgin Olive Oil has a fruity start with a slightly peppery finish without any bitter overtones. This oil is used best in everyday cooking.

Robust Extra Virgin Olive Oil offers notes of green apple with a peppery finish. It is best used in hearty dishes.

Prices start at \$9.95. For more information, call 602-955-2085 or visit http://oilsandolives.com.

For local restaurant listings, visit our Dining Guide at www.northcentralnews.net

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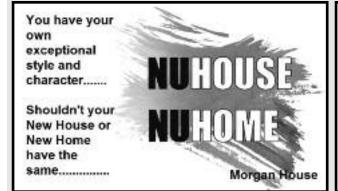
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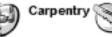
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