



# north central news

the voice of the north central phoenix community

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## Sunbrite Corner to add second level

By Patty Talahongva

Construction is under way at Sunbrite Center to renovate the space left vacant after a fire burned the historic Richardson's Cuisine of New Mexico restaurant several years ago. Moving into the renovated space will be current shopping center tenant, Poor Little Rich Girl. The resale boutique's owner, Katherine Fournier, says she's thrilled because it will double her space, giving her a total of 2,400 square feet.

Last year MPB Realty Services, the owners of the property at the northwest corner of 16th Street and Bethany Home Road, announced that Baby Kay's Cajun Kitchen would be moving into the space and construction would include a second story. However, after construction delays brought about in part by parking concerns, the owners of Baby Kay's ended up relocating to Mesa instead. "We mutually decided with Baby Kay's it wasn't a good location for them,"

*please see SUNBRITE on page 8*



Garrison Mais, 17, dusts the shelves in the library and reading room at the North Mountain Visitor Center, where he's volunteered for over a year. The top shelf also displays a framed photo of Garrison, with two pieces of his original art-work, also framed, on either side of his picture (photo by Teri Carnicelli).

## Teen volunteer finds joy at visitor's center

By Teri Carnicelli

When Garrison Mais was a toddler, he fell in love with the desert landscape. His greatest joy was walking the long and meandering trails in the Phoenix Mountain Preserves.

Garrison was diagnosed with profound infantile autism when he was 18 months old. He faced extraordinary challenges every moment of his early childhood, and still does today, at age 17. But he can still be found with a smile on his face, hiking Arizona's plentiful desert trails and even picking up trash along the way as an official city of Phoenix park steward, which he became seven years ago.

These days Garrison also can be found on Tuesday afternoons, straightening and cleaning the library and reading room at the North Mountain Visitor Center, 12950 N. 7th St. He's been a volunteer there since April of last year.

The center was originally constructed and operated by the city of Phoenix Parks and Recreation Department, but due to budget constraints of years past, the center's operations were turned over to the nonprofit Save Our Mountain Foundation. Volunteers keep the center open seven days a week, from the morning to early afternoon.

Garrison's job is to straighten the shelves in the

library, put books back where they belong, dust the shelves and knick-knacks, and most recently, vacuum the carpet. But his absolute favorite thing to do is roll the trash barrel outside to the big dumpster and dump it in, says Kathy Bogart, who has provided therapy services to Garrison since he was 3.

Garrison's favorite people at the center are Karen and Ron Beck, who are the volunteer custodians. Karen also is the assistant manager of the gift shop.

"They have been so wonderful to him," Bogart says, referring to the Becks. "They call it 'his' library, and he takes so much pride in keeping it clean. He has progressed a great deal since he began volunteering here."

Karen Beck agrees. "We've seen some big changes in

*please see VOLUNTEER on page 4*

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## COMMUNITY

## Volunteer tutors sought for programs

It's back to school time for children and also for some Phoenix adults, who are donating their time to make a significant impact on early literacy. According to the National Center for Education Statistics, National Assessment of Educational Progress (NAEP), only 28 percent of Arizona fourth-grade students were reading proficiently in 2013.

The OASIS volunteer tutoring program is for community members who are interested in sharing the love of reading with a child. By becoming a literacy tutor, you will support a student once a week for an hour in the skills of reading and writing.

The program is sponsored by Madison School District and OASIS. OASIS is a nonprofit organization that partners with school districts to pair adult community members with students needing literacy support. This tutoring program serves children in Madison School District's four elementary schools (Heights, Camelview, Rose Lane and Simis) and targets children needing additional academic support in literacy.

Tutors will receive training by a reading specialist along with a tutor handbook, bag and supplies. The training will be held at Madison Camelview, 2002 E. Campbell Ave., from September 22 through 24, 9 a.m. to 12 p.m.



OASIS volunteer tutor Sheila Samalin reads a book with Arlet Vasquez, a second-grader at Madison Camelview Elementary (submitted photo).

For more information, contact Kim Gullo at 602-664-7285 or e-mail her at [kgullo@msd38.org](mailto:kgullo@msd38.org).

The city of Phoenix, in partnership with AARP Experience Corps and Experience Matters, is launching a tutoring program designed to improve literacy skills for Phoenix elementary school students and is seeking volunteers. The program, which serves children in kindergarten through the third grade, taps into the experience of older Americans to ensure that every child has a chance to succeed in school and in life.

The AARP Experience Corps program utilizes highly trained volunteer

tutors 50 and older to help children become proficient readers by the time they finish third grade.

The students who receive one-to-one coaching with AARP Experience Corps tutors have shown 60 percent greater gains in critical literacy skills. Teachers report that the tutors make a positive impact on attendance, reducing disruptive behavior, and increase participation.

During the 2014-15 school year, AARP Experience Corps will work with five Phoenix elementary school districts: Wilson, Fowler, Tolleson, Phoenix Elementary, and Riverside. Volunteers 50 and older are currently being recruit-

ed. To learn more about volunteering with the city of Phoenix AARP Experience Corps program, residents are encouraged to attend an information session set for 10 to 11 a.m. Sept. 8-12 at Experience Matters, 360 E. Coronado Road, Suite 170. To register, visit [www.surveymonkey.com/s/ECPHX](http://www.surveymonkey.com/s/ECPHX) or contact Cathy Gaudio, program coordinator, at 602-256-4388 or [cathy.gaudio@phoenix.gov](mailto:cathy.gaudio@phoenix.gov).

## NCPHA holds Annual Meeting

The North Central Phoenix Homeowners Association's Annual Meeting is set for 6:30-8 p.m. Thursday, Sept. 18, at All Saints' Episcopal Church, 6300 N. Central Ave., in Manning Hall, located west of the main parking lot. Doors open at 6 p.m.

The NCPHA's boundaries are 7th Avenue to 7th Street, and Missouri to Northern avenues. Come meet your neighbors and hear about issues affecting the community.

Guest speakers include Mayor Greg Stanton, Councilman Sal DiCiccio, State Rep. Kate Brophy McGee and members of the city's Police and Public Service Departments.

The North Central neighborhood committee is continuously planning and executing measures to maintain and improve the quality of life for all residents. Learn more at: [www.ncpha.org](http://www.ncpha.org).

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## Real Estate Corner

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## Please support the locals

I have a special place in my heart for locally owned family businesses. As most of you know, my dad, Herb, opened a nightclub called the Jockey



Club in 1976 located at 22nd street and Highland. I graduated from college in 1978 and my first job out of school was working for my dad at the club.

Those of you who have worked with your family know that the business can test your family bond. I use the word survival because after we sold that club, we opened another Jockey Club at Central and Camelback (where Sweet Tomatoes is now) in 1988 and then I got into residential real estate in 1993. I survived working with my dad for 15 years and I am sure it was stressful for him as well. Looking back on my experience, I would not trade it for anything. My dad set the foundation for my brother and me as well as our families and I am very appreciative.

This month I am proud to write about The Garage Wine & Tap, which is located at 1534 E. Bethany Home Road and will have been open four years on Nov. 17.

According to the description on the Garage's website, "What was once a full functioning auto-shop with oil covered floors and dudes in greasy coveralls is now a classically restored, modern-industrial gastropub located in the heart of trendy uptown. The Garage is a neighborhood favorite, filling the empty tanks of hungry patrons with an

offering of cold microbrews and sophisticated bar grub. The spirit of the old auto-shop lingers in the decorum. Doors to the former auto-shop's repair bays open up to a relaxed patio. Easy vibes and cushy comforts, combined with a full-service bar, are an open invitation to chill. Park it here and stay a while."

The Garage is open seven days a week (check the website at [garagewinetap.com](http://garagewinetap.com) for hours). It offers brunch on Saturday and Sunday from 10 a.m. to 2 p.m.; live music on Saturday night from 9 p.m. to midnight; a MLB package (baseball), NFL package (football) and college football; and wine tastings and wine tasting dinners in the fall.

Owners are brother and sister Ted Butler and Amy Butler-Prechel, who are third-generation native Phoenixians. They grew up in North Central Phoenix and both attended Madison Meadows and Central High School. College included U of A and ASU. Most of their family still lives in North Central Phoenix.

Congrats to Ted and Amy on their success and great food!

Happy back-to-school month to everybody. Please be careful driving through the school speed signs.

Have a great August. It is a great time to buy or sell a home!

*Bobby Lieb*

Bobby Lieb  
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## COMMUNITY

## VOLUNTEER continued from page 1

him since he's been coming here. When he first came, he was very docile and quiet," she recalls. "I read to him and talked to him, and that made him happy."

Karen owned a daycare center for more than 10 years and had experience working with children with special needs. "I love children, I can really communicate with them," she says. "Garrison and I just hit it off."

Garrison recently was chosen as the "Spotlight Volunteer" at the North Mountain Visitor Center, which also features some of his hand-made art designs.

For many individuals with autism, it is very common to have one or more self-stimulatory behaviors, often called "stims." One of Garrison's "stimming" behaviors is rolling or twisting papers, leaves, or wrappers.

"For years, we tried to alleviate this 'stimming' behavior, until we noticed the true beauty of this 'stim,'" Bogart explains. Garrison's twisted and rolled papers are now mounted onto shapes like crosses and hearts. Some are on display in the library room at the center; others have been sold at the Sunnyslope Art Walk and at local stationery shop Write-Ons, Etc. His art also has been displayed in the 411 Gallery inside ASU's University Center building in downtown Phoenix, and exhibited in the Autism Zoo Walk, Autism Conferences, and AZA United Autism Conference.

You can purchase his artwork at [www.OriginalsbyGarrison.com](http://www.OriginalsbyGarrison.com). If you do buy one of his pieces, e-mail him indicating which one you chose, so that

he can e-mail a thank-you note back. Garrison donates a percentage of the earnings from his artwork to the Save Our Mountains Foundation and the North Mountain Visitor Center.

## Golf club joins Audubon program

Lookout Mountain Golf Club at Pointe Hilton Tapatio Cliffs Resort has received certification in Environmental Planning from the Audubon Cooperative Sanctuary Program for Golf Courses (ACSP), an international program administered by Audubon International designed to help landowners preserve and enhance the environmental quality of their property.

The plan was developed by Paul Smith, golf course superintendent, who also was recognized for his effort to plan for environmental stewardship.

The ACSP provides an advisory service to help existing golf courses develop effective conservation and wildlife enhancement programs. This worldwide effort is coordinated by Audubon International and is sponsored in part by the United States Golf Association.

By joining and participating in the ACSP, Lookout Mountain Golf Club continues to be involved in projects that enhance habitat for wildlife and preserve natural resources for the benefit of the local community. These projects may include placing nesting boxes for cavity-nesting birds such as bluebirds and swallows; utilizing integrated pest management techniques; conserving water, and maintaining food and cover for wildlife.

## north central news

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COMMUNITY



From left: Amy and Tim Louis view the “Louis Family Teaching Pool” marker located on the ground adjacent to the new pool at the Phoenix Country Day School Aquatic and Tennis Center, along with Gay Wray, a founder of the school, and C. Ryan Joyce, PCDS’s director of Advancement (photo by Largo Photography).

School’s new aquatic center will serve clubs

After less than a year of construction, Phoenix Country Day School officially opened its new Aquatic and Tennis Center on Aug. 14 on campus, located at 3901 E. Stanford Drive.

It’s not only good news for the private, independent school serving grades preK-12, but also for Phoenix area swim clubs who were displaced when the Dottie Boreyko/Brophy Sports Complex, near 29th Street and Campbell Avenue, closed in March of last year to make way for a new housing development.

Board members of the Phoenix Swim Club secured a long-term commitment that will make PCDS’s new aquatic facility the club’s new home.

“Remaining centrally located, we will be able to fully accommodate our entire club, from age-groupers, seniors, all the way through Masters, as well as our current partners like the Special Olympics and local high schools at the new facility,” said Steve Schramm, vice president of the Phoenix Swim Club Board of Directors. Also coming on board with Phoenix Swim Club is the Arizona Marlins club; the two groups will work in unison to provide quality instruction for swimmers and divers of all ages and levels.

The total project is just over 88,000 square feet, including locker rooms, coaches offices, teaching classroom, tennis courts, and pool/deck area. It has four tennis courts, and two pools: a 50-meter competition pool that holds 745,000 gallons of water, and a 25-yard

instructional pool, holding 4,000 gallons of water. There also is a separated diving area.

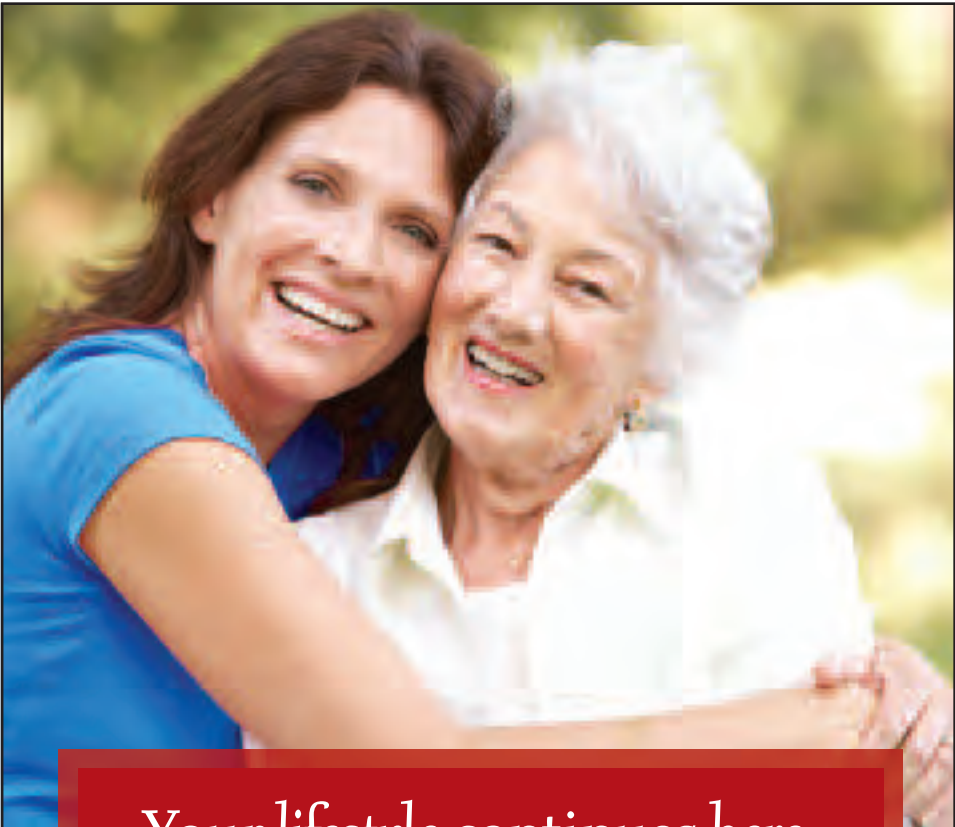
The space is highlighted by a shaded seating area for spectators, and a 5,000-square-foot shaded area for swimmers and instructors on the deck. The project is a part of a greater campus expansion at PCDS that will soon include an Indoor Athletic Complex, Walk of Champions, and renovations to the current gymnasium. The total cost of the Aquatic and Tennis Center is approximately \$8.8 million, and was made possible through the philanthropy of the PCDS Board of Trustees and Friends of the School.

Built in 1974, the previous PCDS pool served generations of students through lower and middle school swim/dive programs in physical education, and through middle and upper school competitive swim/dive teams. The new aquatics center, school officials say, more appropriately fits PCDS’s thriving athletics and wellness programs.

All club and after-school swimming, diving, and tennis will occur around the scheduling of PCDS physical fitness and athletic programs, which will always be the first priority, school officials say.

The new aquatic center gives PCDS the ability to offer a program that is world-class and available to all interested PCDS student-athletes. The connection with local clubs enables PCDS to open its doors to the community and to make a positive impact.

The architects included Knoell and Quidort, and Architekton. The builder was Haydon Building Corp.



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## COMMUNITY

## Local twirlers bring home gold medals

Arizona's youth were on parade to twirl at the 69th Annual World Open Baton Twirling Championships, held in late July at Notre Dame University in South Bend, Ind.

This was a new experience for three of the 10 members of the Phoenix Superstar Twirling Team, but not for their coach, North Central resident Becky Hewitt, who has been coaching and competing for the past 39 years.

Assistant Coach Sarah Ewart, who was on a team herself since the age of 6, had to fill in for one of the senior twirlers who didn't make it this year because of an illness.

The girls trained once a week during the school year with the Arizona Twirling Athletes, a nonprofit youth organization, and then attended a four-day twirling camp at Yavapai College in Prescott and commenced with three-hour daily practices in the gym during June and July.

The rigorous schedule paid off when the team came home with 30 medals for individual events, which



Pictured with their winning plaques and medals are the 10 members of the Phoenix Superstar Twirling Team, trained by longtime North Central resident Becky Hewitt (submitted photo).

placed the girls in the top 10 in the country. Awards included four first places in the flag twirling competition by Madysin Hewitt, Rachel Rodriguez, Emily Tutnick and Alexis Mendez. Five of the Superstar twirling and dance teams also placed in the top 10 in the country, and the Senior beginner twirl team captured the first place title for the second year in a row.

Hewitt will open a program for

beginner twirling students between the ages of 6 and 16 in September in five different local school districts. For registration information, call 602-997-0522.

## Vendors sought for Swap Meet

If you are a crafter with holiday items ready to sell, or just a collector of knick-knacks who needs to make some

room for more items by selling off a few of those collectibles, the American Legion Post 75 needs you.

The post, located at 10625 N. Cave Creek Road, will host a Swap Meet on Saturday, Oct. 4 from 8 a.m. until 2 p.m. and is looking for vendors to rent spaces for a nominal fee.

Interested vendors should call Post 75 at 602-943-8477 and leave a message for Zinda, who can provide more details.

## Tovrea society seeks volunteer docents

Tovrea Carraro Society is recruiting individuals interested in joining its docent volunteer program.

Docents lead public tours at Tovrea Castle at Carraro Heights, sharing stories, historical facts, anecdotal information along with the myths and mysteries surrounding the Castle.

October training classes are now forming and space is limited, so register today. Classes begin on Saturday, Oct. 4, from 9 a.m. to 3 p.m. Training takes place onsite. To find out more or for an application, e-mail [volunteer@TovreaCarraroSociety.org](mailto:volunteer@TovreaCarraroSociety.org).

**"The opportunities available to residents here are amazing!"**

**JOE**

*Maintenance Technician,  
Beatitudes Campus*

**It's funny, how living a rich life has so little to do with money and so much to do with helping people you care about. Like the friends you make among residents and staff of Beatitudes Campus.**

## MEET JOE.

When you're trained in construction and maintenance, the idea that working for a retirement community could be the best job you ever had is not likely to cross your mind. But, that's what friends are for – in particular, one who works there and sings its praises in an all-out effort to recruit you. That's how Joe found his way to Beatitudes Campus two years ago and he's so glad he did. Any given day finds him and other members of the maintenance team updating apartments for new residents, working on full-scale renovations, or making service calls to apartments or garden homes. For Joe, doing his part to keep Beatitudes Campus in top shape is work to be proud of. Even better, is getting to know the residents and being part of the community of people who live here and work here – it's the people that make this such a special place.

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## COMMUNITY

## Fun and fashion at 'Heels for Healing'

Florence Crittenton's upscale resale store, Flo's on 7th, is kicking off its sixth-annual, one-day-only shopping event, "Heels for Healing," set for 10 a.m.-6 p.m. Saturday, Sept. 27 at the store, 4116 N. 7th Ave.

Chaired by co-founder and president of Sleep America Charities, Debbie Gaby, the event will feature a large selection of designer, vintage, casual and dressy shoes and handbags at incredibly low prices, as well as a raffle drawing.

CEO of Florence Crittenton, Dr. Kellie Warren, said, "The popularity of this event extends beyond Florence Crittenton supporters and Flo's on 7th patrons. The incredible merchandise at unbeatable prices draws strong community support each year and as a result, strong support for the girls and young women that we serve."

Preceding the 10 a.m. store opening will be the second-annual Diva Dash Games, a series of high-heel relay games that bring together members of the community for friendly competition in support of the agency, sponsored by Picnic Specialties. The games will begin at 8 a.m. in the Flo's on 7th parking lot, with check-in beginning at 7:15 a.m. Gather a team of friends, family or coworkers to participate in the games for a small \$25 relay registration fee.

All proceeds from the event will directly support Florence Crittenton's life-changing programs for young women and their families in the community. To register for the Diva Dash or for more information, visit [www.floson7th.com](http://www.floson7th.com).

## City seeks input on transportation future

The city of Phoenix has kicked off a public involvement process to get residents' thoughts and opinions on transportation issues.

The city will spend several months talking to the community and learning more about needs related to bus, light rail, road infrastructure and complete streets elements. This feedback will be used to select future light rail corridors and identify future funding of transportation improvements.

As part of this planning process, residents will be able to participate in a variety of ways, including public meet-



Linda Herold, a Phoenix philanthropist and longtime supporter of Florence Crittenton, prepares to set off on a high-heeled tricycle race in the Diva Dash, part of Florence Crittenton's annual Heels for Healing benefit shopping event (submitted photo).

ings, outreach events, and online at [www.talktransportation.org](http://www.talktransportation.org). The site allows residents to share their experiences and feedback on the system with city leaders.

Participants can make suggestions, communicate with each other online and post transit-related photos.

## Parade celebrates, shares Native cultures

Native American Connections will host its 32nd Annual Parade on Saturday, Oct. 11, 2014 at 9 a.m. The theme is, "Body, Mind and Spirit – Healthy in our Communities."

The parade is part of the Native American Recognition Days events held in October and November. It will start at 3rd Street and Earll Drive, and will head north to Steele Indian School Park.

All entries are welcome. To enter a float or community group, contact NAC at 602-254-3247 or e-mail [parade@nativeconnections.org](mailto:parade@nativeconnections.org).

After the parade, there will be an Open House at Steele Indian School Park to showcase the renovation project of the former band building. A Native American Gourd Dance also will be held during that time to honor American Veterans. All events are free and open to the public.

For more information, visit [www.nativeconnections.org](http://www.nativeconnections.org).

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## Notice of the North Central Phoenix Homeowners Association Annual Meeting

All Phoenix residents living in the area between 7th Street and 7th Avenue from Missouri Avenue to Northern Avenue are cordially invited to attend the upcoming NCPHA annual meeting:

**Date: Thursday, September 18, 2014**

**Time: 6:00 p.m. to 8:00 p.m.**

**(meeting will begin at 6:30 p.m.)**

**Location: All Saints Episcopal Church and Day School**

**Manning Hall (on the school campus)  
6300 North Central Avenue**

This gathering will allow you to learn about current issues affecting our neighborhood and meet others who share your concerns for maintaining our quality of life. Speakers will include Mayor Greg Stanton and Councilman Sal DiCiccio, along with other city and state representatives.

Tree-lined streets and mature foliage, a diversity of architecture, the historic Murphy Bridle Path, proximity to downtown, the only historical streetscape in Arizona and a vibrant neighborhood sense of pride are just a few of the things that make North Central Phoenix a very special place to live. The mission of NCPHA for the past 40 years has been to protect the beauty, charm and history of our neighborhood from inappropriate commercial and residential development. Lately, an improving housing market and the growth of the downtown business core have combined to make North Central a much more desirable place to live. This has created pressure to increase the density and change the character of development in our neighborhood. Changes like this can have both positive and negative impacts on our quality of life, depending on how the development is accomplished and how it affects the continuity of our existing ambiance. Without the ongoing hard work of NCPHA's volunteer board, dedicated neighbors, conscientious developers and neighborhood-friendly realtors, North Central and its beauty could eventually become a thing of the past.

**Please come to the annual meeting to learn more about current issues and how you can help keep North Central one of the most attractive neighborhoods in Phoenix.**

**If you are a homeowner within our borders and would like to become an official NCPHA member, please log onto [www.ncpha.org](http://www.ncpha.org), where you can sign up to be on our confidential email list and use PayPal for the requested minimum donation of \$25. See you on September 18!**



## COMMUNITY



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Poor Little Rich Girl sales associate Julie Sloan, left, helps customer Rebecca Mendoza browse through some of the upscale resale boutique's custom-made necklaces and pendants. The store, located in Sunbrite Corner at the northwest corner of 16th Street and Bethany Home Road, will move into a new, larger space under construction next door (photo by Teri Carnicelli).

#### SUNBRITE continued from page 1

said Michael Bueker Sr., one of the partners at MPB. "We had a lot of push back from one of the tenants" about the already tight parking situation at the center.

Calls to reach Baby Kay's for comment were unsuccessful; however, on the restaurant's Facebook page they posted on March 20, "Phoenix has turned out NOT to be our ideal location. Lots of complications poured in the (sic) over the last 6 months. And way to many red flags. Mesa will be our home." Baby Kay's actually had a "soft opening" in Mesa on Feb 21.

Parking has been an ongoing issue at the corner and several current tenants have expressed frustration but declined to be quoted for this story. Buekers says MPB has addressed the parking concerns. "We completed it (the parking survey), and we're good to go as far as our current plans. We've got plenty of parking."

One issue was the pool supply company was using some parking spaces for storage. Buekers says there are still a few being used by the company but "it's gotten a lot better." He added that once construction is complete it will free up a few more spaces currently blocked off for the construction.

As for the planned second story, Buekers says instead of retail space they are shifting to housing. "The plan right now is to build two 900-square-foot apartments. Second-story retail has not done very well," he explained.

Construction has already begun on the ground floor space, and will likely finish before the second story is put in. "We're at the city on permitting on the second floor," Buekers said. However, the city does not have any permit requests on record. According to Alan Stephenson, the acting Planning and Development director for the city, the last inspection the city did for MPB Realty Services was for the foundation. It was specifically for the first and second story addition for Baby Kay's. It passed on July 25.

Buekers says he expects Poor Little Rich Girl to move into the new space by November. He says there already are a few tenants interested in the soon-to-be vacated space, which is the last space available for rent at that corner.

#### Celebrate history of The Beatles

Phoenix Public Library presents "The Beatles—a Musical Revolution" during the month of September.

Join professional musician Dulais Rhys, Ph.D., for an interactive and participatory one-hour program dedicated to the music and history of The Beatles—in celebration of the 50th anniversary of their arrival to America. Events take place: 11 a.m. Saturday, Sept. 6 at Century Library, 1750 E. Highland Ave., and 6:30 p.m. Thursday, Sept. 11 at Yucca Library, 5648 N. 15th Ave. For more information, call 602-262-4636 or visit [www.phoenixpubliclibrary.org](http://www.phoenixpubliclibrary.org).



## COMMUNITY

## Ecumenical classes begin at Faith Lutheran

A discussion about unused and underutilized space at a central Phoenix church led to the idea of offering classes to the community in a non-denominational format. That idea, in turn, spawned the creation of a more organized learning environment.

The result, Faith Ecumenical Institute, while still in its gestation, is taking shape at Faith Lutheran Church, 801 E. Camelback Road. As envisioned, this adult education project—organizationally and functionally independent of Faith Lutheran Church—will focus on religious studies that are essentially Christian, but non-denominational. Most courses will be theologically oriented, and some will deal with more practical applications. Classes are set to begin on Sunday, Sept. 21.

“Religion, along with philosophy, politics and economics, is one of the major building blocks of contemporary culture and society,” points out Dr. Arlo Nau, acting president of Faith Ecumenical Institute. “One glance at

today’s news indicates religion’s vast influence for good and/or evil in the world. Religious education, therefore, needs to mature if it is to honestly and effectively confront the challenges of life’s current complexity.”

Faith Ecumenical Institute (FEI) intends to be equal to the challenge, providing advanced religious responses to common hopes and fears, questions and predicaments.

Classes will serve no more than 20 students each, and will be open to post-high school adults of all faiths. The university-level courses are taught by qualified instructors employing current methodologies and principles.

The first semester will feature two courses: Introduction to Process Theology; and Matthew in Context: A Redaction-Critical Study. The classes will take place 4-5:30 p.m. Sundays for 12 weeks. Courses will be ungraded, and there will be some required reading and writing, but no extensive term papers.

Class fee is \$100. For more information and registration, visit [www.faithecumenical.org](http://www.faithecumenical.org), or call 602-908-3321.

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## COMMUNITY

### Get tips from the 'Rehab Addict'

The Maricopa County Home and Landscape Show is returning to the Valley Sept. 26-28 at the Arizona State Fairgrounds, 19th Avenue and McDowell Road. The show provides a wide variety of home improvement, design and landscape ideas all under one roof.

A special guest this year is self-taught home remodeler Nicole Curtis from HGTV's popular "Rehab Addict," who will appear 1-2 p.m. Saturday and 12-1 p.m. Sunday in the Agriculture ("Ag") Building, located near the south entrance of the fairgrounds.

As always, the show will feature thousands of home improvement, design and landscaping companies offering exclusive deals for three days only, and there will be free gardening and "how-to" seminars all weekend long. Visit the 2014 American Honey Queen and enjoy honey tasting, beeswax candle making, beekeeping in Arizona, and free "Cooking with Honey" demonstrations.

The 5th Annual People's Choice Kitchen Competition will showcase the best full-kitchen vignettes from concept to reality. Participating companies showcase the latest trends in cabinetry, appliances, countertops, fixtures, lighting and flooring, while competing for the first place award of \$10,000 & Best in Show. A complete "Recycled Kitchen" will be one of many on display.

Dog lovers can attend a dog-training seminar and learn basic to advanced obedience and fun tricks along with important home-related safety for your pet.

Home show hours are 10 a.m.-6 p.m. Friday and Saturday, and 10 a.m. to 5 p.m. Sunday. Admission is \$5 daily for adults, kids ages 3-12 get in for \$2. Children 2 and under are admitted free. On-site parking is available for a fee.

Senior Morning will take place on Friday from 10 a.m. to noon, and guests 60 and older will receive free admission. Customer Appreciation will take place Friday evening: Attend the show between 4 and 6 p.m. for free. Current members of the military will receive free admission with valid military identification all three days.

The Maricopa County Home and Landscape Show will be partnering with Stardust Non-Profit Building Supplies Inc. for on-site collecting of the supplies. Donate any three of the



Nicole Curtis, star of "Rehab Addict" on the HGTV channel, will be at the Maricopa County Home and Landscape Show on Sept. 27 and 28 (photo courtesy of HGTV).

following items and receive two free tickets to the Home Show: Tools (hammers, screw drivers, tape measures); painting supplies (paint brushes, paint trays, painter's tape); and safety wear (gloves, goggles).

For more information including a full schedule of events and to receive a discount coupon for admission, visit [www.MCHomeShows.com](http://www.MCHomeShows.com). For questions, call 602-485-1691.

### Library celebrates Hispanic Heritage

Phoenix Public Library will host ¡Celebremos!, a series of events at library locations throughout the Valley in celebration of Hispanic Heritage month.

Events include:

- "La Cultura Cura: Celebrating Latino Heritage in Dance," 11 a.m. Saturday, Sept. 20 at Cholla Library, 10050 Metro Parkway East. Enjoy a performance by Primavera Folklórico Dance Company, explore the roots of baile folklórico and learn a dance step or two.

- "Musical Trip Through the Americas," 2 p.m. Saturday, Oct. 4 at Century Library, 1750 E. Highland Ave. Experience the diverse music and cultures of Latin America

Programs, which are ongoing through October, are provided by Cultural Coalition, Inc. and supported by the Friends of the Phoenix Public Library. For more information, call 602-262-4636 or visit [www.phoenixpubliclibrary.org](http://www.phoenixpubliclibrary.org).



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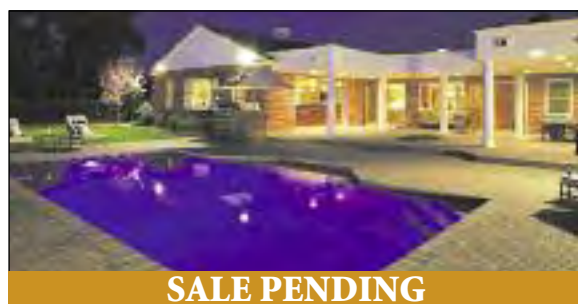
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## COMMUNITY

### Museum admissions free on Sept. 27

The 10th-annual Museum Day returns to the Valley on Saturday, Sept. 27, presented by *Smithsonian* magazine. Doors will be open free of charge to *Smithsonian* magazine readers and [www.Smithsonian.com](http://www.Smithsonian.com) visitors at museums and cultural institutions nationwide.

In the Phoenix area, participating venues include the Heard Museum ([www.heard.org](http://www.heard.org)) and Pueblo Grande Museum and Archaeological Park ([www.pueblogrande.com](http://www.pueblogrande.com)).

The Heard, located at 2301 N. Central Ave., is dedicated to the sensitive and accurate portrayal of Native arts and cultures, successfully combining the stories of American Indian people from a personal perspective with the beauty of art. Note that a \$5 per person gate fee is charged for admission to BUILD! Toy Brick Art at the Heard, on display through Sept. 28. Museum members do not pay this fee.

In honor of Museum Day, Pueblo Grande Museum, 4619 E. Washington St., will have gallery tours and artifact show-and-tell stations available throughout the day. The museum will be open its normal hours of operation, from 9 a.m. to 4:45 p.m.; donations are welcome.

Visit <http://www.smithsonian.com/museumday> to download your Museum Day Admission Card at your venue of choice, good for two people. Attendees must present the Museum Day Admission Card to gain free entry to participating institutions.

### Free class offers basic car care tips

For many women, a car is a significant part of their lives. It's important for women to equip themselves with some common and basic knowledge about their vehicles. You will be amazed at how just a few pointers about the workings of your vehicle can make a huge impact on how you deal with your car repairs.

Changing a tire may be something that you never have to do, but if and when it does happen, it will more than likely be at the worst possible moment. If the worst happens and you're out on the road, changing a tire is the bare essential car skill everyone should have.

Shahe "Shawn" Koulloukian, owner of MAZVO Auto Car Care Center on 7th Street south of Highland, is offer-

ing a free auto care class geared especially toward women, young and old. Men are welcome, too. The clinic will take place 10 a.m. to 1 p.m. Saturday, Oct. 11. Space is limited to just 35 people; RSVPs needed by Sept. 26.

This car care clinic will cover: How to check tire pressure; how to measure the tread on a tire; what's involved in changing your oil; how to check fluid levels; how to change a spare tire; what to do when you break down; safety basics, and more.

The car care clinic is free and will be held at Mazvo Auto Car Care Center, 4610 N. 7th St. Complimentary refreshments and gourmet finger foods will be served. RSVP to 602-248-8711 or [info@mazvo.com](mailto:info@mazvo.com). For more information about the clinic, visit [www.mazvo.com/car\\_care\\_clinic.html](http://www.mazvo.com/car_care_clinic.html).

### Toiletries provided to needy families

Family-to-Family, Inc. a nonprofit poverty relief organization, is bringing "Shower To The People" to the Boys & Girls Clubs of Metro Phoenix. The program provides hygienic/personal care products to impoverished American families in need.

"It's hard to believe that the most basic personal care items—soap, shampoo, deodorant, toilet paper—are considered luxury items for families living on the edge," said Pam Koner, founder of Family-to-Family. "I've heard of families in need taking liquid soap home from fast-food restaurant bathrooms, teenage girls skipping school because they don't have feminine hygiene products, families using dish detergent as shampoo, children being bullied at school for being unclean, and most shockingly, of families going without toilet paper."

The hygiene supplies are provided with support from High Ridge Brands, maker of Zest, VO5, White Rain, Coast and Rave. SNAP, The Supplemental Assistance Program (formerly the food stamp program), and other major Federal assistance programs don't provide assistance for the purchase of personal care products, leading millions of families to go without.

To date, the Shower To The People program has served 39 communities throughout 36 states, and the District of Columbia, and High Ridge Brands will have donated more than 3 million showers-worth of items.



COMMUNITY

Film series continues to expand at PAM

In addition to providing a wealth of gallery and art experiences, Phoenix Art Museum (PAM) has been reinventing its center for film, structuring the program around cinematic series that thematically bridge to museum exhibitions—while still being dedicated to showing diverse and engaging forms of cinematic art.

Upcoming screenings include “Medea,” 2 p.m. Sunday, Sept. 7. The production is part of the National Theatre Live screening series, featuring the Bolshoi Ballet performing Euripides’ powerful tragedy. Medea is a wife and a mother. For the sake of her husband, Jason, she’s left her home and borne two sons in exile. But when he abandons his family for a new life, Medea faces banishment and separation from her children. Cornered, she begs for one day’s grace. It’s time enough. She exacts an appalling revenge and destroys everything she holds dear. Run time is approximately two and a half hours. Cost is \$15 for museum members and students

with ID; \$18 general admission. Also being shown this month is “El Topo,” 1 p.m. Sunday, Sept. 14. Originally released in 1970, Alejandro Jodorowsky’s film quickly caught the imagination of movie audiences, becoming a landmark in independent filmmaking. Classic Americana and avant-garde European sensibilities collide with Zen Buddhism and the Bible as master gunfighter and mystic El Topo (played by writer/director Alejandro Jodorowsky) tries to defeat four sharp-shooting rivals on a bizarre path to allegorical self-awareness and resurrection. Run time is approximately 125 minutes. Contains graphic violence and sexuality. Tickets are \$5 for museum members and \$10 for non-members.

Phoenix Art Museum is located at 1625 N. Central Ave. Film screening tickets are available at <https://tickets.phxart.org>. Full details about upcoming film screenings can be found at: <http://www.phxart.org/events/film>.

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## COMMUNITY

### Proposed 'monopalm' tower causes concern

By Teri Carnicelli

The Assistance League of Phoenix (ALP), which has served children and families in the greater Phoenix community for more than 50 years, is suddenly facing some negative backlash from its residential and commercial neighbors.

That's because ALP has entered into an agreement with telecommunications provider Verizon to allow the company to erect a 65-foot "monopalm" on its property, located at 7038 N. 7th St. ALP has owned the commercial property for 50 years and currently operates its thrift store there, which also includes a large parking lot to the south of the two-story building.

A monopalm is a wireless communications tower disguised to look like a palm tree. Verizon also wants to build ground equipment adjacent to the monopalm that would be housed in a 16-foot by 37-foot area, screened by an 8-foot-tall block wall. The monopalm and ground equipment area would be at the far southeast end of the ALP parking lot and would take up approximately three parking spaces. Verizon would enter into a long-term lease agreement with ALP for the property it would use.

Also to the south is the single-story Hissy Fits children's consignment store, which is in a building set back from 7th Street with limited parking in the front. The owner of that property, Marco Balzano, says the cell tower and supporting structure would block visibility for his tenants' business and would be an "eyesore for the neighborhood."

Balzano, along with more than a half-dozen residents from the neighborhood to the west of the property, spoke in opposition to Verizon's request for a use permit for the structure at a Phoenix Zoning Adjustment hearing on Aug. 21. Verizon needs the use permit because the tower is 113 feet from a resident area, and the zoning ordinance requires that it be a minimum of 150 feet away.

Also speaking in opposition was a representative of the North Central Phoenix Homeowners Association (NCPHA). "The NCPHA is constantly opposing commercial creep and inappropriate deviations from zoning that affect property values and quality of life," said Mary Crozier, president of the NCPHA. "The NCPHA strongly

objects to this use permit and we believe the granting of permits like this will continue to place other wireless communications facilities within our residential area."

This is not the first time NCPHA has opposed a wireless tower in the community. It went up against AT&T in 2012 when the communications company wanted to build a large "bell tower" structure on the property of Crossroads United Methodist Church. The bell tower, also at 65 feet, is used to disguise the wireless communications tower and ground equipment. In the end, AT&T prevailed.

Several residents living on Glenn Drive, a cul-de-sac of older homes just west of the ALP property, expressed their concerns at the hearing that the "ugly" tower would be visible from their yards and, for some, even their windows.

Aimee Runyon, executive director of the Assistance League of Phoenix, says that ultimately the tower will have to go in somewhere, because Verizon has identified a need for better coverage in the area, and there are a limited number of commercial properties large enough to house the structure.

"If it has to go in, why not have it on the property of a nonprofit organization that has been here in the Valley for more than 50 years and that will reinvest those funds into the community?" Runyon says. "With this lease arrangement [with Verizon], 1,500 kids will get a brand-new pair of shoes every year for the next 15 years because of the residual income we will receive."

Runyon adds that "we want to be good neighbors since we, too, are part of the North Central community. We hope we can work with the neighbors to come up with a solution that works for us and for them."

The Zoning Adjustment hearing on Verizon's use permit request has been continued to 1:30 p.m. Thursday, Sept. 25 in Assembly Room C, Phoenix City Hall, 200 W. Washington St., First Floor.

Verizon will host a community information meeting prior to the hearing. The date had not been set as of press time.

Those who wish to comment on this zoning application can e-mail their comments to [zoning.adjustment@phoenix.gov](mailto:zoning.adjustment@phoenix.gov). Refer to the case # ZA-317-14 and the hearing date (9/25/14) in your e-mail, and provide your full name and address.

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## COMMUNITY

### Spotlight On ...

#### Local girl featured in Sports Illustrated

By Don Ketchum

Fans who read Sports Illustrated most certainly had to do a double-take while perusing the popular "Faces in the Crowd" feature in the Aug. 4 issue. That's because two athletes from the same school, Xavier College Preparatory, shared the spotlight. One of them was North Central resident Madison Clarke. The other student was Khalia Lanier from North Scottsdale.



Madison Clarke

It's rare enough when one school or individual is chosen from hundreds (maybe thousands?) across the country, but having two athletes from the same school in the same issue rarely happens.

The 5-foot-2 Clarke is more than a foot shorter than the 6-3 Lanier, but what she has done on the tennis court is no less impressive. Clarke, now a senior, has won the last two individual Arizona state tennis championships and is aiming for a third in the spring of 2015. As a team, Xavier has won three in a row.

Said Clarke: "Somebody said that I might be in Sports Illustrated. I'm like, 'What?' I also didn't know she (Lanier) would be in there. I was looking down the list and saw Xavier, and realized that we both were in. It's still kind of hard to believe. A lot of my friends have said, 'I saw you.'"

Clarke recently won the first New Balance high school nationals in Cambridge, Mass., rallying to defeat a California player in two straight sets after dropping the first.

Clarke was introduced to tennis at an early age and followed in the footsteps of her paternal grandfather and her father, both decent players in their own right. "I just love playing," she said.

Due in part to her height, she likes to be mentally stronger than her opponents. She prefers to be aggressive from the first serve of the match instead of waiting around too long to see what the other person is going to do.

"I try not to think too much, just react," she said.

Clarke hopes to continue to play in

college—perhaps in California, where she could study marine biology. She likes dolphins, and has even gone swimming with them in Mexico. Helping them eat—primarily fish and squid (eeyy-eeew!)—is another story altogether.

So until the varsity tennis season begins in the spring, she will continue to work on her game several times a week with a coach.

"I believe in myself—I know I can win," she said.

#### Bruskas to lead Phoenix Boys Choir

North Central Phoenix resident Kristen Bruskas is the new executive director of the Phoenix Boys Choir, effective Sept. 2. Bruskas was chosen as the ideal person to lead the choir after an extensive search was conducted.

Bruskas has worked in the nonprofit sector for more than 20 years, holding various positions in marketing, development and administration. She has a passion for music as well, previously serving as a part-time choir director for 25 years, and also establishing the position of Performing Arts director for the Boys and Girls Club of the East Valley.



Kristen Bruskas

Bruskas also held positions at the Boys and Girls Clubs of Scottsdale, Arizona Opera and, most recently, the Greek Orthodox Metropolis of San Francisco.

She was previously affiliated with the Phoenix Boys Choir in the early 1990s, serving on the Board of Trustees when the choir acquired its current building at 1131 E. Missouri Ave.

"The Phoenix Boys Choir has a reputation of excellence and I am committed to the growth of the choir both in terms of musical participation and with regard to community support and engagement," Bruskas said.

The Phoenix Boys Choir season opens with the popular Thursday Concert Series beginning Sept. 25. Three main concerts will be performed throughout the Choir's 66th season, starting with "A Phoenix Boys Choir Holiday" running in December, "Crowning Glory" in February and "Winning Spirit" in May. For more details, visit [www.phoenixboyschoir.org](http://www.phoenixboyschoir.org) or call 602-264-5328.



## COMMUNITY

## Local youth finishes triathlon in top 10

A triathlete taking sixth in the nation is a big deal. But when that triathlete is only 9 years old, it is a huge deal!

That is what North Central Phoenix native Nolan Ellish did at the USAT Youth Elite and Junior Elite National Championships, held on Aug. 2 at the Voice of America Park in West Chester, Ohio. The Youth National Championship consisted of a 100-meter open water swim in a lake, which transitioned into a 5-kilometer bike course and culminated with a 1-kilometer run. Nolan finished the race in 18 minutes and 6 seconds.

To earn this achievement, Nolan trained for this event all year by logging as many as 20 hours a week preparing. He woke up most days at 5 a.m. and went for a bike ride to a local high school track for a run workout, then rode his bike home. Later in the day, he completed a pool workout.

He also competed in many local and regional competitions in anticipation of this prestigious annual event. "Nolan had the goal of giving this race maximum effort and finishing strong, which he did with a smile," said his training partner—and mom—Cortney Ellish. "He represented himself as a talented triathlete and a good sport."

Nolan's results include: Out of 210 boys and girls, ages 7-10, he finished 17th. Out of 112 boys, ages 7-10, Nolan finished 16th. Out of 36 boys age 9, he finished 6th. Nolan is beginning fourth grade at All Saints Episcopal Day School. But school won't slow him down—he is still in training, this time for a couple of local, shorter-distance races. "We're really proud of his strength and his determination," dad Jeffrey Ellish says.



Nolan Ellish, 9, competes in the USAT Youth Elite and Junior Elite National Championships, where he finished in 6th place for boys his age (submitted photo).

## Torres named COO of Florence Crittenton

Elexia Torres has been named chief operations officer of Florence Crittenton Services of Arizona, a community leader in government, nonprofit and for-profit program development.

Torres brings more than 15 years of experience in the counseling, mental health and behavioral health fields to Florence Crittenton. Most recently, she served as the office chief of Community Empowerment for the Maricopa County Department of Public Health, where she oversaw a variety of community-based initiatives and grants.

She has accrued more than eight years of progressively responsible administrative and management experience, while specializing for more than six years in outreach and community engagement.

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- 🐾 High energy levels
- 🐾 Small living spaces or no yard



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## Global Rabies Prevention Initiative World Rabies Day on September 28, 2014

### Did you know...

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- Cats & dogs are infected with rabies by wild animals every year.
- Foxes, bats, raccoons, and skunks are the most common wildlife to become rabid.
- Bites from unvaccinated pets & stray animals cause many human exposures.
- Rabies is a preventable disease.

### Protect yourself, your pet, and your community:

- Vaccinate all dogs, cats, and ferrets against rabies
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- If bitten, wash the wound thoroughly and see your doctor

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## COMMUNITY



This friendly young female Queensland heeler is looking for an active family that will share its outdoor adventures with her (submitted photo).

## Pet of the Month

### Maggie a great fit for an active family

Maggie is a true athlete looking for an active human companion. The young 1-year-old Queensland heeler likes anything that involves running, jogging, hiking, and exploring outdoors.

This breed is happiest when they have a job to do and Maggie will never leave your side, following you around the house and offering to lend a helping paw if you ever need it. She will even carry the newspaper in each morning.

With her natural steering instincts, she will round up a herd of cows, a pack of dogs or a rowdy bunch of children—but her energy would be better channeled if her owner were to teach her agility instead. She is brilliantly smart and eager to please.

Chewing on a bone or simply watching the sun set from the back porch while lying at your feet is the perfect way to end the day.

Bring the whole family to the Arizona Humane Society's Sunnyslope Campus located at 9226 N. 13th Ave. to meet Maggie. Her adoption fee is \$110 and includes her spay surgery and vaccines. For more information, call 602-997-7585 ext. 2045. Maggie may have been adopted by the time you reach the shelter, however, AHS has dozens of animals awaiting their forever homes. To see all the pets in need of a new home, visit [www.azhumane.org](http://www.azhumane.org)

### Class benefits animals with medical issues

Kinesphere Center for Movement Education hosts its monthly "Down Dogs for Paws" yoga class 10 a.m.

Saturday, Sept. 6. This is a donation-only yoga class, led by instructor Tami Link, that benefits M.A.I.N. (Medical Animals In Need). One-hundred percent of the proceeds from this event will go to the organization. All ages and skill levels welcome.

Kinesphere is located at 711 E. Missouri Ave., Ste. 180. For more information, visit [www.kinesphere-studio.com](http://www.kinesphere-studio.com), email [info@kinesphere-studio.com](mailto:info@kinesphere-studio.com), or call 602-532-3111.



The Arizona Humane Society is looking for help in crafting these fleecy "kitty cozies" that help cats transition from shelter to shelter with less stress until they are adopted (submitted photo).

### AHS seeks crafters for 'kitty cozies'

Are you a crafter looking for ways you can support Arizona Humane Society's homeless animals? Creating a few kitty cozies may just be the perfect project for you.

Shelter cats often get stressed out quickly in a new environment. But if they are provided with an item that smells like them and follows them everywhere, they become more comfortable until they find their forever homes.

AHS is looking for individuals who would be willing to purchase materials and create kitty cozies to donate to its feline friends. Kitty cozies are small, hand-knotted fleece blankets that are given to the cats as soon as they enter the shelter and then remain with them throughout their stay. The cozies will even go home with the cats once they are adopted.

For more information about kitty cozies and how you can help, contact Mel Brewer at 602-997-7586, ext. 2045 or e-mail [mbrewer@azhumane.org](mailto:mbrewer@azhumane.org).



## COMMUNITY

## Community Calendar

### Kosher Cooking Class

9:30-11:30 a.m. Sunday, Sept. 7

Beth El Congregation

1118 W. Glendale Ave.

602-944-3359

The cost for the class is \$15 per class or \$48 prepaid for four classes: Sept. 7, Oct. 19, Nov. 9 & Dec. 7. The fee includes supplies, a recipe book, tasting samples and meals to be finished at home. Space is limited for this fun interactive course, which is open to all skill levels. Students will learn how to prepare gourmet Kosher meals including cashew stir fry chicken, chicken fajitas, Caribbean seasoned salmon with mango salsa and Italian simmered chicken. Participants can request to change the meat options or select tofu as an alternative prior to the class.

### ALP Membership Coffee

10 a.m. Wednesday, Sept. 10

ALP Philanthropic Center

9224 N. 5th St.

602-944-7636

Assistance League of Phoenix is seeking individuals who want volunteer opportunities, personal growth, leadership skills, and camaraderie. An informational coffee will be held as part of an ongoing commitment to introducing ALP to individuals in the community. This informal event gives potential volunteers an opportunity to learn about the organization and meet enthusiastic members.

### Arizona Flycasters Club

7-9 p.m. Thursday, Sept. 11

Sunnyslope Community Center

802 E. Vogel Ave.

The Arizona Flycasters Club is a nonprofit organization dedicated to advancing the sport of fly-fishing. Club member Barney Rouse will share some of his recent trout fishing adventures. Rouse doesn't think twice about taking an 8-mile trek fishing small streams in the backwoods of southern Colorado and eastern Arizona. His informative presentations are packed with beautiful images of the outdoors, together with essential information to have a safe and enjoyable trip. There is no charge for the event; the public is welcome. For more information, visit [www.azflycasters.org](http://www.azflycasters.org).

### P.H.I.L. Talks

8 p.m. Friday, Sept. 12

Space 55

636 E. Pierce St.

[www.space55.org](http://www.space55.org)

The world premiere of P.H.I.L. Talks is an interactive presentation series, in the spirit of TEDx, but with an emphasis on presenting local thinkers with global solutions. P.H.I.L. Talks brings together some of Phoenix's brightest minds for an informative, insightful and entertaining evening of awareness-raising, thoughtful head-nodding and world-changing conceptualizations. The inaugural P.H.I.L. Talks presents talks by experts on public safety, human relationships, economics, semiotics, abnormal psychology, behavioral science and more. Tickets are \$10 at the door.

*please see CALENDAR on page 20*



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## 6th Annual Heels for Healing

Come join us at Flo's on 7th to help Florence Crittenton continue to fulfill its mission of giving every girl whose life we touch safety, hope and opportunity.

Find designer shoes and handbags at a fraction of the price while helping our agency—now that's guiltless shopping for a worthy cause!



## Calling all Diva Dashers...

Grab a group of your friends and come join us for the Second Annual Diva Dash games sponsored by Picnic Specialties and Safeway.

The Diva Dash games are a fun, high-engery and fabulous high heel relay race.

Register yourself or team online at [FlosOn7th.org](http://FlosOn7th.org).

\$25/participant

**Saturday, September 27**

**8AM — Diva Dash | 9AM — VIP Shopping Hour | 10AM — Open to the Public**

**Flo's on 7th | 4416 N. 7th Ave. | Phoenix | 602.288.4555 | [FlosOn7th.org](http://FlosOn7th.org)**







## HAPPY HOUR WITH HERSCH

It is common as we age to question the wherewithal of the younger generation. But if you open your ears and eyes you can be amazed. My oldest son “came out” his freshman year of high school. Since his generation is social media savvy he of course, did so, on Facebook. As his father, this was not the preferred way to find out your son is gay. That being said, it taught me some very important lessons. It is not up to me to choose one’s personal journey. It also taught me that the fears I had for him based on my life experiences should not be assumed to be true. The overwhelming support he received from his peers and community absolutely made my heart grow two sizes. Our youth, though they have their own challenges, are so much more advanced in their acceptance of others than my generation.

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August - Ray Muench

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## COMMUNITY

CALENDAR continued from page 19

### Historical Society Fall Opening

10 a.m.-2 p.m. Saturday, Sept. 13  
Sunnyslope History Museum  
737 E. Hatcher Road  
602-331-3150

The museum will sponsor an open house featuring new displays. Meet Sunnyslope Historical Society board members and docents. The gift shop will have new offerings. Refreshments will be served. The event is free and open to the public.

### Ice Cream Social

2-4 p.m. Sunday, Sept. 14  
American Legion Post 75  
10625 N. Cave Creek Road  
602-943-8477

Enjoy an ice cream social and a bake sale, preceded by the post’s monthly flag raising at 1:15 p.m. All proceeds will go to the post’s education program and benefit Sunnyslope High School. Member of the public are welcome. Visit [www.post75sunnyslope.com](http://www.post75sunnyslope.com).

### AAUW Hosts Ehst

6 p.m. Tuesday, Sept. 16  
Beatitudes Luther Life Center  
1616 W. Glendale Ave.  
602-249-0962

The Phoenix Branch of AAUW (American Association of University Women) will feature Eric Ehst, executive director of NeighborsWho Care, which provides volunteer services to the homebound and disabled elderly. Ehst will discuss Arizona elections and ballot initiatives. He is a former PAC chair and president of AZ NOW. Visitors are welcome. A dinner (\$14) will begin at 5:30 p.m., followed by the program (free) at 6:30 p.m. RSVP for the dinner by Sept. 12.

### Cow Camp Cooking

12-1 p.m. Saturday, Sept. 20  
North Mountain Visitor Center  
12950 N. 7th St.

Dave McDowell, author and award-winning head cook of the Biscuitflats Chuck Wagon, covers the history of chuck wagon and cow camp cooking from the 1800s until today. He will share information that can be used in backyard cooking or while camping. Learn how to make cowboy camp bread and chuck wagon doughnuts. McDowell also will share the basics of Dutch oven cooking over an open fire. The program is free and open to the public.

### Mary Anne’s Toy Fest

9 a.m.-2 p.m. Saturday, Sept. 20  
North Phoenix Baptist Church,  
Fellowship Hall  
5757 N. Central Ave.  
602-267-9526

Shop a wide selection of toys, both old and new. Find great collectibles as well as the latest Hot Wheels. Featuring more than 50 vendors. Admission is \$3 for ages 11 and over; children ages 10 and younger admitted for free.

### Phoenix Writers Club

12-2 p.m. Saturday, Sept. 20  
Bluewater Grill  
1720 E. Camelback Road

Guest speaker is Travis Mills of Running Wild Films. Cost is \$15 for members and \$20 for guests. Reservations must be made by Sept. 17. RSVP [neeliepubl@aol.com](mailto:neeliepubl@aol.com) with Phoenix Writers Club in the subject line. Members and the public are welcome.

### The Science of Superheroes

10 a.m.-12 p.m. Saturday, Sept. 27  
Burton Barr Central Library  
1221 N. Central Ave.

How does Superman’s X-ray vision work? Learn this and other superhero secrets at this fun-filled science event for all ages. Enjoy a superhero meet-and-greet and prize drawing for everyone who presents a library card. Don’t forget to wear your superhero costume!

## Benefits Central

### Walk4Education

1 p.m. Saturday, Sept. 13  
Chase Field  
401 E. Jefferson St.

The first statewide effort to put a face on the 1.2+ million students in over 260 public district schools in Arizona, each of which has to fight for what it needs to serve and support its students. See the public school district’s showcases of student achievement lining the concourse at Chase Field and a Diamondbacks/Padres game. Tickets are \$10 for adults and \$5 for students ages 2-18. Register to participate at [www.Walk4Education.com](http://www.Walk4Education.com).

### Castaway Karaoke Party & Fund Raiser

8 p.m. Saturday, Sept. 13  
Space 55  
636 E. Pierce St.

[www.space55.org](http://www.space55.org)

Enjoy Castaway-themed karaoke and



COMMUNITY

a Message in a Bottle haiku contest. There will be Build-Your-Own-Wilson stations and a Desert Island Disc Exchange: bring mixtapes of your desert island jams and trade them in for special prizes. There will be adult beverages for purchase, free food, a raffle featuring local businesses, a costume contest and more. Tickets \$10 at the door.

**Annual Tea Party at ICC**

**3-5 p.m. Sunday, Sept. 21**  
**The Irish Cultural Center**  
**1106 N. Central Ave.**  
**602-258-0109**

Enjoy an afternoon of entertainment and good food, including a variety of sandwiches, scones, cakes and soda bread. This is the first day of Autumn, time to celebrate the idea of cooler days. Cost is \$15 per person. R.S.V.P. by calling Patricia at 480-242-3500.

**Xavier X Breakfast 2014**

**7:30 a.m. Wednesday, Sept. 24**  
**Xavier College Preparatory,**  
**Founders Hall**  
**4710 N. 5th St.**  
**602-240-3133**

Featuring keynote speaker Jeff

Hornacek, Phoenix Suns head coach, and alumna speaker Jessica Petznick, Xavier Class of 2009 and a member of the Jesuit Volunteer Corps. The event is free; however, guests are encouraged to make a financial contribution. Proceeds benefit Xavier's Legacy of Leadership Capital Campaign. To register, contact Curt Bruggman at [cbruggman@xcp.org](mailto:cbruggman@xcp.org).

**Shoes and the City**

**5:30-7:30 p.m. Thursday, Sept. 25**  
**Saks Fifth Avenue,**  
**Biltmore Fashion Park**  
**2446 E. Camelback Road**

Benefitting AWEE, this is a fabulous way to spend an evening, which includes a Fall Fashion Peek, eye-popping prizes and a few Cosmopolitans. Tickets are \$85 per person and, because space is limited, registration is required. To register and purchase tickets, contact Susan Lagasse at [susanlagasse@awee.org](mailto:susanlagasse@awee.org) or call 602-223-4333.

**Off the Vine Vintage Wine Auction**

**6 p.m. Thursday, Oct. 2**  
**Royal Palms Resort and Spa**  
**5200 E. Camelback Road**

Valley wine and food lovers are invited to enjoy a festive evening to benefit Hospice of the Valley. The night begins with delicious pairings and features silent and live auctions of fine wines, unique culinary experiences and exciting vineyard trips. Individual tickets are \$150. To register online, visit [www.hov.org/wine](http://www.hov.org/wine).

**10th Annual Zoowalk for Autism Research**

**6:30-9 p.m. Saturday, Oct. 4**  
**Phoenix Zoo**  
**455 N. Galvin Parkway**  
**602-273-1341**

Enjoy a walk around the Phoenix Zoo while supporting the mission to find effective treatments for autism. The walk starts at the Phoenix Municipal Stadium parking lot (.5 miles), and loops around the zoo (1.1 miles), and includes zoo admission for the day. There will be an on-site resource fair until 11 a.m. Cost is \$25 for adults (includes a T-shirt), \$15 for teens, free for 12 and younger and individuals on the spectrum. Sign up today at [www.zoowalk.org](http://www.zoowalk.org). Parking and registration are at the Phoenix Municipal Stadium parking lot.

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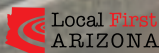
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**TAKING CARE OF BUSINESS**



Stylist Ronda Gates works on a customer's hair at Mane Attraction salon, which will participate in a fundraiser this month for Phoenix Children's Hospital (submitted photo).

## Salon hosts fundraiser for children's hospital

This fall, Mane Attraction Salon will host a series of stylish fundraisers in support of the 1 Darn Cool School at Phoenix Children's Hospital (PCH), an in-hospital learning program that helps young patients to continue their schooling while in the hospital—because a healthy mind leads to a healthy body.

Through Sept. 27, Mane Attraction patrons will be able to purchase a PCH heart sticker for \$5, to which they can add their name and have it posted to the salon wall. All money raised will be donated to PCH, and at the end of the raffle one lucky winner will receive a \$100 gift card.

Mane Attraction also will offer children's haircuts for a minimum donation of \$25 from Sept. 7 through Sept. 12, with all money raised going direct-

ly to 1 Darn Cool School.

The salon's stylists also are getting in on the fun by featuring a Stylist Raffle, in which patrons can purchase a raffle ticket directly from their favorite stylist for \$10, anytime between Sept. 28 and Nov. 8. Then at the end of the contest, each Mane Attraction Stylist will pick a lucky winner to receive a haircut and style.

Mane Attraction Salon is located at 3156 E. Camelback Road. For more information, call 602-956-2996 or visit [www.maneattractionsalon.com](http://www.maneattractionsalon.com).

## Business Briefs ATHENA Awards finalists chosen

The Greater Phoenix Chamber of Commerce announced the 11 women chosen as finalists for its prestigious ATHENA Awards. The ATHENA



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TAKING CARE OF BUSINESS

Businesswoman of the Year Award recognizes a woman in the public and private sector, in addition to highlighting an upcoming leader in the Valley as an ATHENA Young Professional.

Among the finalists are North Central residents Avein Saaty-Tafoya of Adelante Healthcare, in the Public Sector category; Pearl Chang Esau of Expect More Arizona, in the Young Professional category; and Meghan Cox of Lincoln Strategy Group, also in the Young Professional category.

ATHENA finalists are chosen for their excellence in business and leadership, dedication to the community and support and mentorship of other women. Three ATHENA Award recipients will be announced at the Chamber's 27th Annual ATHENA Awards luncheon on Wednesday, Oct. 22, at the Arizona Biltmore. Registration for this event closes Oct. 15. To register, visit [www.phoenixchamber.com/athena](http://www.phoenixchamber.com/athena). Call 602-495-2182 for any questions.

The impacts of healthcare reform

Although we are entering the second year of health care reform, employees and businesses still have many questions. Learn from the best in the industry and be prepared, with a special panel discussion 7:30-11 a.m. Friday, Sept. 19 at the Hyatt Regency Phoenix, 122 N. 2nd Ave. "Health Care Reform: A Look Back and A Way Forward" is presented by the Greater Phoenix Chamber of Commerce.

Attend a morning session with experts who will talk you through the lessons learned during 2014 enrollment, help you navigate through myths and misunderstandings and brief you on necessary preparations for 2015. Check in begins at 7:30 a.m. and includes a continental breakfast. The keynote address and panel commence at 8 am.

Cost is \$50 for chamber members, and \$65 for non-members. To register, call 602-495-2195 or visit [www.phoenixchamber.com](http://www.phoenixchamber.com).

What to know when developing state land

Vanessa Hickman, Arizona's state land commissioner, will be the keynote speaker at the Arizona Association for Economic Development's (AAED) September luncheon, 11:30 a.m.-1:15 p.m. Tuesday, Sept. 9 at 2901 N. 7th St.

Hickman's topic will be "Arizona State Land: What Economic

Developers Should Know." The cost of the luncheon is \$40 for AAED members and guests and \$50 for non-members and \$55 for late registrants.

To register, visit [www.aaed.com/events](http://www.aaed.com/events). The registration deadline is Sept. 4. Vegetarian meals must be requested in advance. For more information, call AAED at (602) 240-AAED (2233), or visit [www.aaed.com](http://www.aaed.com).

Promotional company opens second office

HP2 Promotions, a local promotions company located at 1630 E. Bethany Home Road, has expanded and is now working out of a second location a stone's throw away at 1709 E. Bethany Home Road.

HP2 Promotions specializes in promotional products, logoed apparel, team sports, marketing solutions and fulfillment. Founded in 2004, HP2 Promotions has grown from two employees to 17, servicing clients both locally and nationally.

"With the addition of new staff members and an ever-expanding client

please see LOCATION on page 24



Dr. ERIC MEYER

ELECT

STATE HOUSE

LD 28

I am honored to have served as your State Representative these last six years and I am proud of my efforts to protect children and restore funding for education. I have been able to use my undergraduate degree in economics, my medical degree, and my eight years of experience on the Scottsdale School Board to craft sensible policies that create opportunities for all Arizonans.

Endorsements & Awards

Arizona Business and Education Coalition

Arizona Medical Association

Arizona Technology Council

Arizona Citizens Action for the Arts

Arizona Nurses Association

Arizona Bioindustry Association

Arizona Association of Realtors

Arizona Fraternal Order of Police

Arizona State Contractors Coalition

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September's Featured Homes!

MODEL PERFECT



540 W. Rancho Drive • \$675,000

Gorgeous North Central remodel with a gourmet kitchen, granite, built-ins, custom cabinets, sparkling pool, huge irrigated lot, loads of storage. Very bright and open. 4 BD 2 BA 2G 2964 SF

NEW PRICE



1036 E. Butler Dr. • \$224,900

A home that captures the feeling of the West. Desert to the North, views of downtown to the South. The family room is vaulted and is part of the mountain. 3BD 2BA 2G 2094 SF

OWNED SOLAR



7039 N. 6th Ave. • \$649,000

A beautiful SOLAR home with 14 SEER rated HVAC units. SOLAR provides energy savings every month! Light and open floor plan w/vaulted ceilings, 27x15 family room. 4 BD 3 BA 2.5G 3103 SF

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Mary Beth Smith

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**HEALTH CARE REFORM** | A Look Back and A Way Forward

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Hyatt Regency Phoenix

Is your business prepared for the upcoming changes in health care? Industry experts will help you to understand the shifting implementation deadlines and how to minimize your tax exposure, as well as transform your benefits strategy and successfully navigate the 2015 health care updates.

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## TAKING CARE OF BUSINESS

**LOCATION** *continued from page 23*

base, we were simply outgrowing the current building and expansion became a necessity,” explained Marc Hawkins, founder and vice president of HP2 Promotions.

For more information, call 602-235-9099 or visit [www.hp2promo.com](http://www.hp2promo.com).

**Hallman-Quenneville joins nonprofit as exec director**

Cindy Hallman-Quenneville has been named the new executive director for Southwest Center for HIV/AIDS. Hallman-Quenneville will help Southwest Center build a prosperous new future, all while celebrating 25 years of service to the HIV/AIDS community.

Hallman-Quenneville, who recently served as the vice president of the John C. Lincoln Health Network and executive director of Desert Mission, brings over 20 years of nonprofit and healthcare experience to Southwest Center. She oversaw their Food Bank, Children’s Dental Center, Lincoln Learning Center, Adult Day Health Care, Neighborhood Renewal, Marley House Behavioral

Health Clinic, Community Health Center, Community Development and Volunteer Services.

Prior to John C. Lincoln Health Network, Hallman-Quenneville served as the executive director for the Northside Training Center where she worked collaboratively with other nonprofits to support economically disadvantaged workers in Phoenix.



Cindy Hallman-Quenneville

“I have dedicated myself to protecting the dignity of vulnerable populations through a healthcare career in the nonprofit sector and am honored to join the Southwest Center team,” Hallman-Quenneville said.

Hallman-Quenneville holds a Master of Business Administration from Grand Canyon University and a Bachelor of Science from Kaplan University. She joined Southwest Center in her new role on Aug. 1.

Bruce Weiss, who had served as interim executive director, assumes the role of deputy director where he will continue to oversee research and health services.

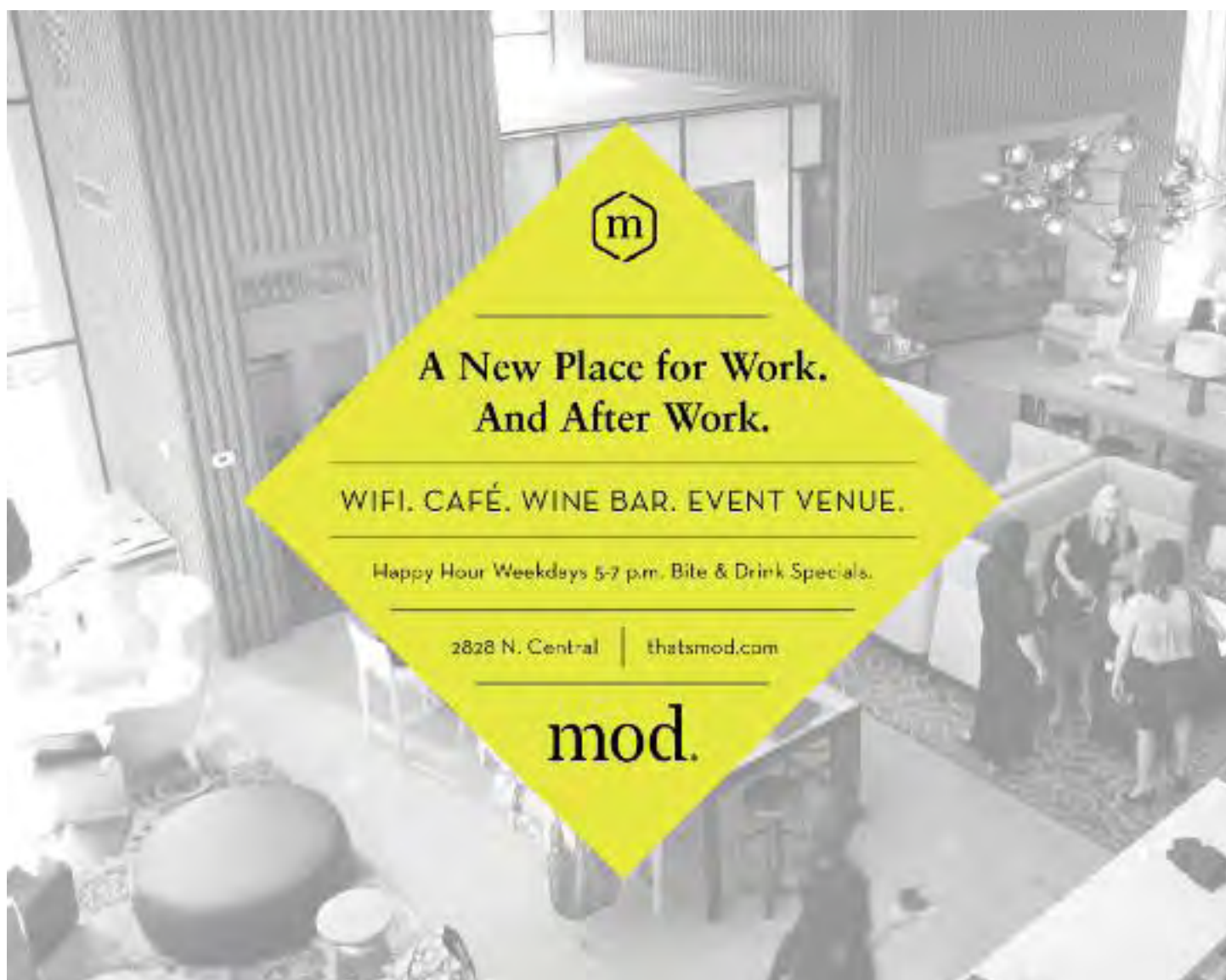
“Together, Cindy and Bruce will make a dynamic team to lead the agency into our next 25 years,” said Ken Gabel, Southwest Center’s board chairman.

**Inspire your designs during ‘junk’ party**

The ladies at Junk in the Trunk Vintage Market will host a Poster Release Party, a lively event featuring local musicians, food trucks, awesome giveaways and more, 6:30 p.m. Friday, Aug. 15 at Modern Manor, 716 W. Hazelwood St.

Attendees will be able to gather design inspiration as they peruse the vintage furniture showroom, get a bite to eat, and listen to the musical stylings of local artists. Also, everyone will receive a copy of the September Junk in the Trunk Poster to share with friends.

The Poster Release Party will kick off the promotion of the fall Junk in the Trunk Vintage Market, which will take place Sept. 20 at WestWorld in Scottsdale. For more information on the Poster Release Party or the Junk in the Trunk Vintage Market, visit [www.junkinthetrunkvintagemarket.com](http://www.junkinthetrunkvintagemarket.com).



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## TAKING CARE OF BUSINESS

**Goldman returns to roots for new biz**

Central Phoenix native and licensed aesthetician Jill Goldman has selected her home turf to launch her new business venture, Wax Appeal, a professional hair removal studio.

Goldman, 33, brings several years of industry experience to the corner of 12th Street and Maryland Avenue—just a stone's throw from where she was raised.

“Ultimately, I decided on a North Central Phoenix location because of my close ties to the people of this neighborhood and my understanding of the demand for a business such as mine,” Goldman explained.

Located at 1202 E. Maryland Ave., Suite 1C, Wax Appeal offers waxing and electrolysis to both men and women, and has already attracted the attention of many, including Goldman's previous clients from around the Valley.

“I've had clients from all four corners of the Valley visit my shop and many have remarked just how quaint—and cute—this area is,” Goldman said. “They love the local shops, the abundant restaurants, and the overall serenity of central Phoenix. I'm really proud to show off my roots.”

Wax Appeal is open Monday through Saturday, by appointment only. Call Goldman at 602-684-8034 to schedule an appointment.

**Colonnade Apartments under new ownership**

Cushman & Wakefield of Arizona's Multifamily Advisory Group recently negotiated the \$25.5 million sale of The Colonnade Apartments, a 415-unit multifamily property located at 1930 E. Camelback Road.

Built in 1968 and with an addition in 1973, The Colonnade is an urban, garden-style apartment community located in the heart of the Camelback Corridor, providing a live-work-play experience for residents. The property is 257,648 square feet with 27 buildings and features studio, one- and two-bedroom floor plans.

“This urban in-fill location with frontage on Camelback Road really got the attention of the investment community,” said Jim Crews, a senior director at Cushman & Wakefield. “We had significant interest from numerous groups with varying business plans that includes rehab/value add and redevelopment.”

Gelt Inc. of Tarzana, Calif., sold the property to MCS Capital Partners of

Phoenix. The sale price brought \$61,446 per unit, which equates to \$98.97 per square foot, and was 94 percent occupied at the time of the sale.

**Foley named GM of Biltmore resort**

Sheila Foley has been appointed to the position of general manager of the 740-guestroom, iconic Arizona Biltmore, a Waldorf Astoria Resort. Foley will oversee the day-to-day operations of this historic resort and will report directly to Hilton Worldwide Area Vice President Ben Fusco.

“Her energy, inspiring customer-centric culture along with proven owner relations and operations experience in the luxury resorts arena makes her a great fit for this landmark resort,” Fusco said.

Foley joins the Hilton Worldwide family from Marriott hotels and resorts where she served as the general manager of JW Marriott Houston for the past six years. Prior to this, Foley was the general manager of Scottsdale Marriott Suites—Old Town and director of sales and marketing at JW Marriott Desert Ridge Resort and Spa in Phoenix.

Earlier in her career, she also held key positions at The Westin St. Francis Hotel, San Francisco, Intercontinental Hotels Group, Hyatt and Loews.

**Stazio to focus on healthcare litigation**

Victoria Stazio has joined Fennemore Craig's Phoenix office at 2394 E. Camelback Road, Suite 600, as an associate practicing in the areas of healthcare litigation, professional liability, long-term care and catastrophic injury defense.

Prior to joining the firm, Stazio worked as an associate at Quintairos, Prieto, Wood & Boyer in Phoenix. She also served as Deputy County Attorney with the Mohave County Attorney's Office. She earned her J.D. from St. John's University, School of Law and her B.A. from Siena College.

Stazio was a recipient of the Community Partnership Award from the Kingman Police Department.

For more information, call 602-916-5000 or visit [www.fclaw.com](http://www.fclaw.com).



Sheila Foley



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by the  
*Phoenix Business Journal*

Runner up for  
*Broker/Agent Magazine*  
**Realtor of the Year  
in 2003**

Winner  
**Double Diamond Award  
2003, 2004,  
2005, 2006,  
2007, 2008,  
2009 and 2010**

Winner  
**Diamond Club  
1999 - 2002**

**Kathy Wright**  
Licensed Assistant

**100% CLUB  
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Diamond Award Winner  
2012, 2013**

# Bobby Lieb

Associate Broker

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## Current Listings/Escrows

(North Central homes in bold)

6500 E. Cheney Dr. ....	<b>NEW PRICE</b>	7926 SF	7BR/5.5BA	\$2,000,000
6033 N. 20th St. ....	<b>NEW PRICE</b>	5342 SF	5BR/6BA	\$1,650,000
5502 E. Valle Vista Rd. #23		Over an acre lot		\$1,600,000
34 E. Cactus Wren	<b>NEW PRICE</b>	5198 SF	5BR/4.5BA	\$1,250,000
7602 N Central Ave.		4064 SF	4BR/3.5BA	\$ 998,500
14838 N. 15th Ave.		3968 SF	4BR/3.5BA	\$ 874,900
405 E. Montebello Ave.	<b>JUST LISTED</b>	3399 SF	4BR/3.5BA	\$ 849,900
41 W. Marlette		5640 SF	6BR/5.5BA	\$ 824,900
5640 N. 3rd Ave.	<b>NEW PRICE</b>	3204 SF	4BR/4.5BA	\$ 775,000
6854 N. Hilside Dr.	<b>VIEW LOT</b>	Lot 52		\$ 795,000
48 W. Foothill Dr.	<b>NEW PRICE</b>	3637 SF	3BR/3.5BA	\$ 750,000
105 E. Lamar Rd.	<b>NEW PRICE</b>	4200 SF	5BR/5BA	\$ 750,000
7220 N. 15th Ave.	<b>NEW PRICE</b>	3399 SF	4BR/3.5BA	\$ 724,900
727 W. Seldon Ln.	<b>IN ESCROW</b>	3364 SF	4BR/3.5BA	\$ 699,500
804 W. Claremont St.	<b>IN ESCROW</b>	3529 SF	4BR/3.5BA	\$ 690,131
723 W. Claremont St.	<b>JUST LISTED</b>	3530 SF	4BR/3.5BA	\$ 664,900
9139 N. 82nd St.	<b>NEW PRICE</b>	2820 SF	4BR/2BA	\$ 649,000
7331 N. 16th Ave.	<b>NEW PRICE</b>	2839 SF	5BR/2.75BA	\$ 599,000
340 E. Rose Ln.	<b>IN ESCROW</b>	Lot		\$ 575,000
710 W. Claremont St	<b>NEW CONSTRUCTION</b>	2811 SF	3BR/2.5BA	\$ 574,000
715 W. Claremont St.	<b>IN ESCROW</b>	2811 SF	3BR/2.5BA	\$ 570,000
7619 N. 11th St.	<b>NEW PRICE</b>	3304 SF	5BR/3BA	\$ 545,000
7919 N. 16th Dr.	<b>JUST LISTED</b>	2483 SF	3BR/3.5BA	\$ 489,900
77 E Missouri Ave. #19		3575 SF	3BR/2.5BA	\$ 485,000
1545 W. Frier Dr.	<b>IN ESCROW</b>	3489 SF	4BR/2.75BA	\$ 475,000
604 E. Colter		Land		\$ 474,900
502 E. Kaler Dr.	<b>IN ESCROW</b>	3000 SF	4BR/3BA	\$ 465,000
7210 N. 17th Ave.		2770 SF	4BR/3BA	\$ 460,000
2524 E. Vogel Ave.		2449 SF	2BR/2BA	\$ 459,000
9433 N. 19th St.	<b>NEW PRICE</b>	3209 SF	4BR/3.5BA	\$ 449,500
77 E. Missouri Ave #54		3184 SF	4BR/3BA	\$ 445,000
5107 E. Juniper Ave.	<b>JUST LISTED</b>	2500 SF	5BR/2BA	\$ 425,000
6317 N. 10th Pl.	<b>NEW PRICE</b>	2894 SF	4BR/3BA	\$ 419,000
14 E. Laurie Ln.	<b>IN ESCROW</b>	2165 SF	3BR/2.5BA	\$ 419,900
6317 N. 10th Pl.		3077 SF	4BR/3BA	\$ 419,000
22 E. Laurie Ln.	<b>IN ESCROW</b>	1694 SF	3BR/2BA	\$ 400,000
11 E. Laurie Ln.	<b>NEW CONSTRUCTION</b>	2165 SF	3BR/2.5BA	\$ 400,000
23 E. Laurie Ln.	<b>NEW CONSTRUCTION</b>	2516 SF	4BR/2.5BA	\$ 379,900
19 E. Laurie Ln.	<b>JUST LISTED</b>	2516 SF	3BR/3.5BA	\$ 379,900
7 E. Laurie Ln.	<b>IN ESCROW</b>	1694 SF	3BR/2BA	\$ 365,000
540 W. Georgia Ave.	<b>JUST LISTED</b>	1004 SF	2BR/1.5BA	\$ 249,000
1130 E. Glenn Dr.	<b>IN ESCROW</b>	1597 SF	3BR/2BA	\$ 249,900
1317 E. Golden Ln.	<b>NEW PRICE</b>	1890 SF	3BR/2BA	\$ 239,000
7222 N. 16th Dr.		1489 SF	3BR/2BA	\$ 220,000
3235 E. Camelback Rd. #207		1149 SF	2BR/2BA	\$ 210,000
6803 N. 17th St.		1664 SF	3BR/1BA	\$ 190,000
13405 W. Lisbon Ln.		1735 SF	4BR/2BA	\$ 189,000
13257 N. 38th St.	<b>NEW PRICE</b>	1384 SF	4BR/2BA	\$ 177,400
14007 N. 38th St.	<b>NEW PRICE</b>	1280 SF	3BR/2BA	\$ 175,900
207 W. Clarendon #15F		1542 SF	2BR/2BA	\$ 174,900
6223 N. 21st Dr.	<b>JUST LISTED</b>	1810 SF	3BR/2BA	\$ 169,000
6240 N. 16th St. #34	<b>JUST LISTED</b>	1191 SF	2BR/2BA	\$ 129,900
1722 W. Cochise Dr.	<b>IN ESCROW</b>	1410 SF	4BR/2BA	\$ 105,000
11019 W. Florida Ave.	<b>JUST LISTED</b>	1158 SF	2BR/1.5BA	\$ 94,500

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**Bobby Lieb**  
Associate Broker



Featured Homes for September



7220 N. 15th Ave. ■ \$724,900



7331 N. 16th Ave. ■ \$599,000



6033 N. 20th St. ■ \$1,650,000



723 W. Claremont St. ■ \$664,900



7919 N. 16th Dr. ■ \$489,900



405 E. Montebello Ave. ■ \$849,900



19 E. Laurie Ln. ■ \$379,900

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5752 N. 2nd Ave. \$1,325,000	6502 N. 1st Pl. \$ 720,000	7212 N. 15th Ave. \$ 520,000	8205 N. 3rd Ave. \$ 424,000	5302 N. 6th St. \$ 337,000	6612 N. 7th Dr. \$ 241,500	1613 W. Verde Ln. \$ 179,900
5401 E. Calle Del Medio \$1,200,500	813 E. Claremont St. \$ 688,582	141 E. Kaler Dr. \$ 520,000	5426 E. Campo Bello \$ 421,750	1202 W. Stella Ln. \$ 333,000	4149 N. 42nd St. \$ 230,000	7003 N. 11th Way \$ 158,000
2109 E. Kaler Dr. \$1,050,000	714 W. Claremont St. \$ 665,000	3039 E. Stella Ln. \$ 517,500	10 E. Laurie Ln. \$ 419,900	5550 N. 16th St. #122 \$ 327,500	7718 N. 15th Ave. \$ 225,000	10617 N. 37th Ave. \$ 153,000
6611 N Central Ave. \$ 930,000	22 E. Marshall Ave. \$ 625,000	515 E. Georgia Ave. \$ 499,000	903 W. Claremont St. \$ 405,000	1304 E. Tuckey Ln. \$ 327,000	18410 N. 12th Pl. \$ 215,000	3221 N. 37th St #28 \$ 142,000
7151 N. 3rd St. \$ 882,000	808 W. Calremont St. \$ 625,000	2121 E. Palo Verde \$ 492,000	6119 N. 5th Pl. \$ 392,500	7001 N. 2nd St. \$ 325,000	819 E. Audrey Ln. \$ 214,900	8755 W. Ocotillo Rd. \$ 142,000
3500 E Lincoln Dr. #19 \$ 850,000	718 W. Claremont St. \$ 625,000	5048 N. 25th Pl. \$ 480,000	702 E. Northview Ave. \$ 376,000	7045 N. 15th Ave. \$ 325,000	610 E. Royal Palm Sq. \$ 212,500	1009 E. Weldon Ave. \$ 140,000
8534 N. 16th Pl. \$ 840,000	719 W. Claremont St. \$ 580,000	1652 E. Rose Ln. \$ 475,000	2838 E Campbell \$ 375,000	6330 N. 7th Ave. \$ 320,000	1902 E. Whitton Ave. \$ 209,000	7009 N. 14th Dr. \$ 130,000
322 W. Berridge \$ 825,000	302 E. Marlette Ave. \$ 566,200	7825 N. 16th Ln. \$ 475,000	740 W. Tuckey Ln. \$ 371,000	19313 W. Windsor \$ 315,000	702 E. State Ave. \$ 205,000	1927 E. 8th St. \$ 126,500
6111 N. 2nd Pl. \$ 810,000	8434 N. 7th Ave. \$ 550,000	7801 N. 6th St. \$ 469,000	7144 N. 15th Pl. \$ 370,000	44 E. Vernon \$ 315,000	10616 N. 10th Dr. \$ 205,000	5704 E. Aire Libre #1067 \$ 133,000
722 W. Claremont \$ 784,710	4800 S. Nevada \$ 547,500	6135 N. 16th Pl. \$ 453,000	6 E. Laurie Ln. \$ 368,400	202 W. Turney Ave. \$ 295,000	2605 E. Dagoon \$ 201,000	724 E. Devonshire #203 \$ 82,500
5102 N. 22nd St. \$ 755,000	711 W. Claremont \$ 540,000	6125 N. 5th Pl. \$ 440,000	6610 N. 11th Pl. \$ 365,000	701 W. Northview \$ 273,000	1020 E. Pierson \$ 197,500	2023 N. 22nd Pl. \$ 85,000
7219 N. 1st Pl \$ 749,500	7212 N. 15th Ave. \$ 540,000	50 E Maryland \$ 440,000	1042 E. Myrtle Ave. \$ 365,000	114 W. Interlacken Dr. \$ 270,000	1629 E. Montebello Ave. \$ 190,000	
816 W. Claremont St. \$ 747,412	810 E. Harmont \$ 539,500	18 E. Laurie Ln. \$ 435,239	6807 N. 4th Pl. \$ 364,000	1732 E. Belmont Ave. \$ 265,000	3646 N. 38th St. B \$ 185,000	
809 W. Claremont St. \$ 739,582	8702 N. 11th Ave. \$ 535,000	1338 W. Hayward Ave. \$ 425,000	3115 E. Sells Dr. \$ 347,000	740 E. Belmont Ave. \$ 255,000	6533 N. Maryland Cr. \$ 185,000	
5844 N. 2nd Ave. \$ 725,000	1147 W. Northview Ave. \$ 520,000	5426 E. Campo Bello \$ 425,000	7 W. Cheryl Ln. \$ 340,000	9712 N. 3rd Dr. \$ 249,000	1401 W. Glenrosa \$ 185,000	

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### TO YOUR HEALTH MRSA infections can be serious

By Alfredo Lim, M.D.

With the kids back in school, this time of year means homework, soccer practice and—sometimes—illness.

One to watch out for, especially if your child participates in sports, is an infection with Methicillin-resistant Staphylococcus Aureus, also known as MRSA. A type of staph bacteria, MRSA is resistant to certain antibiotics.

MRSA causes a skin infection that usually appears where there has been a break in the skin through a cut or an abrasion. The infected area may be painful and appear red and swollen and have pus or other drainage. Untreated infections may spread and become severe, even life-threatening.

MRSA is a communicable disease, meaning it can be spread through direct contact with someone's skin infection or personal items he/she has used. MRSA can be spread anywhere that items such as towels, clothing and razors are shared, including gyms and health clubs.

MRSA also can be transmitted in healthcare facilities where patients already may have weakened immune systems. To prevent the spread of MRSA infections, health care providers are trained to follow strict infection control procedures.

Once MRSA is confirmed by a lab test, your child's physician will prescribe an antibiotic targeting the specific bacteria. Make sure your child takes all the prescribed antibiotic to ensure that the infection is completely gone. Depending on the severity of the infection, the doctor may need to drain the wound.

To reduce the chances of acquiring a MRSA infection, follow proper hand washing procedures. After using the bathroom and when returning home from outings, wash your hands thoroughly with soap and water. It's also important to cover any cuts and scrapes to avoid coming into contact with MRSA. And, of course, avoid contact with other people's wounds or bandages.

If you have a skin infection, see your doctor for expert diagnosis and treatment.

*Alfredo Lim, M.D., is a physician at North Phoenix Medical Clinic, 9100 N. 2nd St., St. 121, Phoenix, part of the John C. Lincoln Physician Network. Visit [www.JCL.com/practices](http://www.JCL.com/practices). The information in "To Your Health" is provided by John C. Lincoln Health Network as general information only. For medical advice, please consult your physician.*

### Heath Briefs Benefit your body— and some needy dogs

Kinesphere Center for Movement Education presents three events this month. First up, Tami Link continues to support M.A.I.N. (Medical Animals in Need) with Down Dogs for Paws at 10 a.m. on Saturday, Sept. 6. She will teach a donation-only yoga class. Minimum donation of \$5 is suggested. All proceeds will benefit M.A.I.N.

Board certified physical therapist Amisha Klawann will teach you to roll away your tension, soreness and stiffness through your neck, back, shoulders, hips and legs with Foam Roller Workshop, set for 6:45 p.m. Tuesday, Sept. 16. This 45-minute class details how you may target your aches, pains and tight spots with a simple roller. This class is safe for all levels; rollers will be provided, and are also available for purchase at Kinesphere. Cost for the class is \$20 for those registered by Sept. 15, \$25 day of class (maximum of 20 people).

Master Teacher Lisa Perry will lead you through the basic uses of the SmartSpine Therapeutic System, from 12 to 4 p.m. Saturday, Sept. 27. The warmth and pressure of the SmartSpine products encourages blood flow and cellular regeneration and releases fascial tension. This workshop is specifically created for all those interested in enhancing their self-care program. The cost of this program is \$150, which includes a basic SmartSpine for your home practice.

All classes will be at Kinesphere, 711 E Missouri Ave., Suite 180. Call 602-532-3111 or email [info@kinesphere-studio.com](mailto:info@kinesphere-studio.com) to register.

### JCL surgical care unit honored with two awards

John C. Lincoln North Mountain Hospital's Specialty Surgical Care unit recently was honored as a 2014 Professional Research Consultants (PRC) Top Scoring Nursing unit for Inpatient Surgical Service Overall



HEALTHY LIVING



Team member from John C. Lincoln North Mountain Hospital’s Specialty Surgical Care unit celebrate their recent recognitions, including a 5-Star Excellence award (submitted photo).

Quality of Care Award Performer award winner. This unit also won a 5-Star Excellence award.

To be a PRC Top Scoring or 5-Star award winner, hospitals are judged against all other healthcare organizations in similar categories within PRC’s nationwide databases. PRC Top Scorers must score at or above the 100th percentile within their particular comparison group, while 5-Star Award winners are identified as the top 10 percent (at or above the 90th percentile) of PRC’s national client database.

For more information on surgical services, visit [www.JCL.com](http://www.JCL.com).

New Song Center seeks volunteer facilitators

The New Song Center for Grieving Children is offering training to become a volunteer grief support group facilitator.

The nonprofit center provides grief support for children and families who have experienced the death of a loved one. The program helps children, teens and young adults cope with their grief and loss through the sharing of stories and experiences, as well as art, music and recreation. Trained volunteers lead support groups under the direction of professional staff.

The next five-class series begins 8:30 a.m.-4 p.m. Saturday, Sept. 13 at Hospice of the Valley’s central Phoenix office, 1510 E. Flower St. The series continues with evening classes 5:30-9 p.m. Sept. 15, Sept. 17 and Sept. 18, concluding with another all-day session on Sept. 20.

The 25-hour training program is offered at no cost to individuals who wish to become New Song Center volunteers. A one-year commitment is requested for volunteers.

Register by Sept. 3 online at [www.hov.org/new-song-volunteer](http://www.hov.org/new-song-volunteer). For more information, call 480-951-8985.

Get a massage for a good cause

From 8 a.m. to 10 p.m. on Sept. 17, the Phoenix Massage Envy Spa Co-Op will donate \$10 from every one-hour therapeutic massage session and facial to the Arthritis Foundation’s Phoenix Chapter. Prices for facials and massages are \$59.99 and \$49.99, respectively.

Reservations for appointments will be accepted by phone or in person on a first-come, first-serve basis. Call the 16th Street and Camelback Road location at 602-222-3689, or visit [www.massageenvy.com](http://www.massageenvy.com) to find the nearest location.

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To read Rhayne’s story, visit [JCL.com/Rhayne](http://JCL.com/Rhayne).



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Gina Ostos, who graduated last year from Metro Tech High School, participated in the school's culinary arts program, where she learned how to bake from scratch, among other skills. Three of the program's students won scholarships last spring in the Careers in Culinary Arts Program State Finals (submitted photo).

## 'Vocational programs' have come a long way

What used to be referred to as vocational education has come a long way. Phoenix Union High School District has 29 programs as varied as business operations, sports and entertainment marketing, web design, law enforcement, early childhood education, engineering, computer/networking technology and pharmacy support services.

Almost 9,000 PUHSD students have taken a Career/Technical Education (CTE) course, including a freshman class, CTE 1, where students explore a variety of careers, develop an Education Career Action Plan (ECAP) and receive Internet Safety Training and technology literacy training.

"There is a myth that CTE programs are for students not going to college," says Craig Pletenik, Community Relations manager for PUHSD. "In fact, the percentage of CTE students entering post-secondary schools is 13 percent higher than non-CTE students."

Pletenik adds that nearly 50 percent of all Dual Enrollment (earning college credit) opportunities at Phoenix Union are through CTE programs. CTE students score significantly higher in AIMS reading, writing and math than other PUHSD students.

Students enrolled in a CTE program had a 99 percent graduation rate

in 2012-13. CTE graduates are 10-15 percent more likely to be in the labor force and earn nearly 10 percent more than academic program graduates, Pletenik points out.

As an example, three Metro Tech students and one North student earned scholarships, and one a possible job offer, at the Careers in Culinary Arts Program (C-CAP) State Finals, held March 22. Ana Osuna of Metro Tech won a \$20,000 scholarship to the Cordon Bleu. Metro Tech's Rebecca Estrada and Bryan Sanchez also won scholarships.

North High's Leonel Sosa won a \$3,000 scholarship, and a contingency offer of a job at the Kierland Westin Hotel. This was a culmination of two years of work for these students.

The students had a preliminary round, which required them to produce a French omelet and an intensive knife-skill cucumber vegetable-ring salad. In the next round the students were required to make a common French dish, Chicken Chasseur, with tourné potatoes, and a pan tarragon mushroom sauce. They prepared a dessert of French crepes, pastry cream, chocolate sauce and strawberries. The students were scored on presentation, quality, cooking skills, taste, and sanitation.

To learn more about PUHSD's Career and Technical Education programs, visit [www.phoenixunion.org/cte](http://www.phoenixunion.org/cte).



## SCHOOL DAYS

## Teacher grants offered for school supplies

The Kids In Need Foundation, a national nonprofit organization dedicated to providing free school supplies to economically disadvantaged school children and under-funded teachers, has launched a teacher grants program sponsored by BIC USA Inc.

From now until Sept. 30, teachers from Phoenix-area schools qualified to shop at Treasures 4 Teachers can visit the Kids In Need Foundation website ([www.kinf.org](http://www.kinf.org)) to apply for a BIC Handwriting Project grant, sponsored by BIC USA Inc. through its BIC HONORS community care and charitable giving program. The grants, which are each worth \$250, will be given to certified preK-12 teachers who wish to conduct classroom projects that will enhance the writing skills of their students.

Applicants will be asked to include activities in their projects that call for students to handwrite paragraphs or essays. The Kids In Need Foundation will award the grants based on the creativity of the projects, the clarity of the objectives, the methods of evaluation and the efficiency of the budgets. Visit [www.kinf.org](http://www.kinf.org) for more information.

## Private schools benefit from trust grants

Virginia G. Piper Charitable Trust announced a \$4.75 million grant to expand and enhance technology in the classrooms at six Catholic high schools. Piper Trust has been committed to supporting Catholic education, which Virginia Galvin Piper initiated during her lifetime.

Through the Roman Catholic Diocese of Phoenix, the six high schools that will benefit from the \$4.75 million grant are Bourgade Catholic High School, Brophy College Preparatory, Notre Dame Preparatory High School, Saint Mary's Catholic High School, Seton Catholic Preparatory, and Xavier College Preparatory.

The proliferation of social media and technology has changed the way students learn, forcing educators to rethink approaches to teaching. In this digital age, tools like open online courses and handheld tablets expand schools' capability to give each student a personalized learning experience. Catholic high schools, and a growing number of educational institutions,

continue to emphasize the great promise that technology-based student learning holds for improving student achievement.

## Two local girls named T.W. Lewis Scholars

The class of 2014 T.W. Lewis Scholars who will attend Barrett, The Honors College at Arizona State University this fall includes Crystal Loza of Metro Tech High School and Audrie Pirkel of Bourgade Catholic High School. Applications are accepted each spring with recipients selected based upon leadership qualities, entrepreneurial potential, strong personal character, academic achievement and financial need.

The T.W. Lewis Foundation began supporting Barrett through its scholarship program, which awards academic scholarships to Maricopa County high school seniors who are planning to attend Barrett. The Honors College currently has 25 T.W. Lewis Foundation Scholars in its program.

For more information, visit [www.TWLewis.com/Foundation](http://www.TWLewis.com/Foundation).



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Madison Simis student Sophia Martinez drops her foil juice pouch into a recycling bin at school. Last year the Madison Simis Green Team recycled more than 40,000 juice pouches (submitted photo).

## School Briefs

### GLENDALE UNION HIGH SCHOOL DISTRICT GUHSD boasts a ‘Straight A’ year

Glendale Union High School District has had a repeat performance—the district again received the letter grade “A” and so did all nine of its schools, including Sunnyslope, Washington and Thunderbird High Schools.

The letter grades, according to the Arizona Department of Education, depict a district or school’s academic performance based on a variety of criteria including the academic growth of all students. GUHSD ranks top in the state as it relates to growth points.

In addition, the percentage of GUHSD sophomores who met or exceeded the state standards in mathematics, reading, writing, and science surpassed the state average.

### Cummings receives \$24,000 fellowship

Sunnyslope High School teacher Karin Cummings was awarded the James Madison Memorial Fellowship for Arizona for 2014. Cummings, who teaches social studies, AP government and economics, was awarded \$24,000 for graduate study from the Madison Foundation.

She will earn a master’s in American History and Government from Ashland University in Ashland, Ohio. She also will take several online courses.

The James Madison Memorial Fellowship Foundation offers \$24,000

James Madison Graduate Fellowships to individuals desiring to become outstanding teachers of the American Constitution at the secondary school level. Fellowship applicants compete only against other applicants from the states of their legal residence. Applicants must be committed to teaching

American history, American government, and/or social studies full time in grades 7-12.

The fellowships are intended exclusively for graduate study leading to a master’s degree. James Madison Fellows may attend any accredited institution of higher education in the United States.



Karin Cummings

### MADISON SCHOOL DISTRICT Green Team lauded for recycling program

Last school year, Madison Simis Elementary Green Team students earned money and prizes for their school by collecting and recycling the drink pouches they use at home and in the lunchroom. Madison Simis Elementary students reached the third level of TerraCycle (www.terracycle.com) and Capri Sun’s Drink Pouch Brigade milestone contest by collecting more than 40,000 drink pouches. For their accomplishment, the school earned 50 TerraCycle wristbands and a vinyl banner announcing their achievement.

The students have also earned more

### PARADISE VALLEY COMMUNITY COLLEGE [paradisevalley.edu](http://paradisevalley.edu)

Paradise Valley Community College is seeking comments from the public about the college in preparation for its periodic evaluation by its regional accrediting agency.

The college will host a visit **November 17-19, 2014**, with a team representing the Higher Learning Commission of the North Central Association. Paradise Valley Community College has been continuously accredited by the Commission since 1990. (Prior to separate accreditation the College was included in the Maricopa County Community College District accreditation.) The team will review the institution’s ongoing ability to meet the Commission’s Criteria for Accreditation.

The public is invited to submit comments regarding the college via mail to:

**Public Comment on Paradise Valley Community College  
The Higher Learning Commission  
230 South LaSalle Street, Suite 7-500  
Chicago, IL 60604-1411**

The public may also submit comments on the Commission’s website at <http://www.ncahlc.org/HLC-Institutions/third-party-comment.html>.

Comments must address substantive matters related to the quality of the institution or its academic programs. Comments must be in writing.

For more information visit [paradisevalley.edu/hlc](http://paradisevalley.edu/hlc).

All comments must be received by **October 17, 2014.**



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## SCHOOL DAYS

than \$3,000 for their school by collecting the drink pouches.

The Drink Pouch Brigade is a free recycling program that rewards people for collecting and sending their waste to TerraCycle to be recycled or upcycled. The Milestone Program began in September 2013 when Capri Sun added prizes for collecting certain amounts. Now, in addition to the money they earn for each piece of waste collected, participants can win prizes made from recycled drink pouches, such as park benches, recycling bins, a playground and other fun rewards.

"We recycle many items that are not accepted in the city of Phoenix recycling bin," said Yvette Speers, last year's chairperson of the Simis Green Team. "Our students do an incredible job recycling."

Since the recycling program's inception in December 2010, the school has recycled more than 150,000 juice pouches, nearly 59,000 granola bar wrappers, and upwards of 38,400 candy wrappers. Other items that can be recycled at the school include chip bags, Lunchables containers, cheese packaging, toothpaste tubes, cereal

bags, and diaper packaging.

The Green Team works with several individuals in the community who recycle through its program. Some of the proceeds from the recycling program benefit the Phoenix Public Library and Clothes4Souls. For more information, e-mail [GreenTeam@SimisPATs.com](mailto:GreenTeam@SimisPATs.com).

## PHOENIX UNION HIGH SCHOOL DISTRICT

### Metro Tech teacher wins law-related award

Metro Tech instructor Mike Dillon won the Arizona Foundation for Legal Services and Education's John J. Ross Memorial Award for Excellence in Law-Related Education. Candidates for this award are not only Mock Trial teachers but are selected from all facets of legal education throughout the state.

Only four educators out of the entire state of Arizona grades K-12 are selected each year. Dillon, who also is a PE and Health teacher at Metro Tech, received a \$250 cash award. John J. Ross was a senior partner in the Phoenix law firm of Brown & Bain.

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Camelback High Band Director Jamie Johnston has been selected as a GRAMMY Music Educator Award quarterfinalist. She will be notified this month whether she advances to Semifinalist status, for a chance at a \$10,000 honorarium (submitted photo).

### Band director could win GRAMMY award

Camelback High Band Director Jamie Johnston has been selected as a GRAMMY Music Educator Award quarterfinalist, one of only two from Arizona among the 7,000 nominees. Johnston is in her ninth year with Phoenix Union and entering her second year at Camelback after a successful stint at Central High. She built the Bobcat Band from 17 members to more than 60 members, created a jazz band, formed several quartets that performed in the community, and the marching band performed at numerous parades and special events. She coordinated the annual

Greater Phoenix Orchestra Music Festival and trained new music teachers to the district for the last three years. At Camelback, Johnston increased band enrollment from 20 to 45 in one year, and has 75 members this year thanks to a summer school band program. Under her watch, she more than doubled enrollment in guitar classes and the music department was able to add another teacher. A new class she started this fall called “Creating Music through Technology” is attracting more music students and she has turned last year’s volunteer jazz band into a jazz class this year. Her Camelback students nominated her for the Grammy Award.



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SCHOOL DAYS

The Music Educator Award was established to recognize current educators (kindergarten through college, public and private schools) who have made a significant and lasting contribution to the field of music education and who demonstrate a commitment to the broader cause of maintaining music education in the schools.

Semifinalists will be announced in September and 10 finalists will be notified in December, from which one Music Educator of the Year will be selected and honored at the 2015 GRAMMY Awards, Jan. 26, 2015. The winner will receive a \$10,000 honorarium. The nine finalists will each receive a \$1,000 honorarium, and the schools of all 10 finalists also will receive matching grants.

Former students inspire with stories

Forty former Camelback High graduates came back to their alma mater on Aug. 12 to share with 200 current junior and senior marketing students their personal stories of college, career and life after Camelback.

There was a lawyer, engineer, CFO and CEO, business owner, broker, chemist and current college students.

Anna Fernandez, who works in the mortgage business said surround yourself with good people. “Choose your support system wisely.”

Manny Lucero, who graduated in 2009 and is now a development coordinator for the Ronald McDonald House said, “Network. You never know who can help you down the line.”

Edward Garcia said test-taking in college is huge. “It could be worth 80 percent of your grade, so don’t mess around when it comes to the exams. Know who your teachers are, by using ratemyprofessor.com.” By participating in DECA and marketing contests, he found a benefactor who hired him and is paying for his college education.

Each year, volunteer Jeff Stephens, a local architect, gathers Camelback DECA alumni students from as far back as 1988 to speak to the DECA students. Marketing teacher Julia Bourdo looks forward to this every year. She even has the alumni conduct interviews for the DECA club officers.



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**MUSIC LESSONS AND CLASSES**

Voice  Piano  Guitar  Violin  Young Children



**Dancing Sun Yoga Studio  
Brings Kids To San Diego  
For Yoga-Surfing Adventure**

Kids (and parents) are invited to join **Dancing Sun Yoga** for a fun filled weekend of yoga, surfing, outdoor rock climbing, and other recreational activities. The beautiful, beach front location offers amazing amenities including ocean side cabins, recreation equipment (surf and body boards, wetsuits, arts and crafts, archery equipment), and nightly campfires with entertainment.

The 3-day retreat, happening October 10-12th, 2014, is a combination of fun-filled activities where parents and children can practice their yoga skills, and learn new water sports in a safe, supervised beach front location. This is an unforgettable experience for the whole family with all food, equipment, and lodging included.

**Contact Dancing Sun Yoga at (602) 384-7057 for more details.**  
**Space is limited • Deadline to register is September 15th**



women of faith pursuing excellence

**Xavier College Preparatory**  
Roman Catholic High School



**Open House**  
Sunday, November 2, 2014  
12:00 - 2:30  
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will be available to answer questions.  
Information sessions at 12:15 and 1:15  
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**8th Grade Day**  
Friday, October 31, 2014  
9:30 - 12:30

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For questions or concerns, please contact [robin@firstchurchphx.org](mailto:robin@firstchurchphx.org).



First Church is located at 5510 N. Central Avenue, just 1/2 mile north of Central and Camelback Road.

We have plenty of parking and the light rail stop is nearby.

Please visit our website at

[www.FirstChurchPhx.org](http://www.FirstChurchPhx.org) for more information.

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The Metro Tech teams that walked away with trophies at the FBLA National Leadership Conference in Nashville included the First Place "Destroyers," from left: Ivonne De La Trinidad, Crystal Loza and Daniel Sanchez Ruiz; and the Fifth Place "Triple A's": Adrian Partida Raygoza, Aracely Lopez Burboa and Alejandra Salinas Oclica (submitted photo).

### FLB chapter wins national award

Metro Tech's Future Business Leaders of America Chapter won a national championship for the second year in a row at the FBLA National Leadership Conference in Nashville in July.

In the Virtual Business Management Challenge, the "Destroyers" took first place. The team included Ivonne De La Trinidad, Crystal Loza and Daniel Sanchez Ruiz. Metro had two of the 16 finalists who qualified from the 500 teams that started the online competition in October 2013.

The "Triple A's"—Aracely Lopez Burboa, Adrian Partida Raygoza and Alejandra Salinas Oclica—finished fifth. Partida-Raygoza's older brother, Andres Partida, won the national title in this event last year, and a Metro team, which included Crystal Loza, placed fifth.

The Virtual Business Management Challenge is an Internet-based game that challenges students to use visual simulation software to manage a bicycle shop. The program teaches students to analyze data and make sound, quick decisions to keep their business profitable. The National Conference attracts more than 10,000 high school students competing in more than 150 events.

### WASHINGTON ELEMENTARY SCHOOL DISTRICT WESD welcomes assistant principals

The Washington Elementary School District welcomed two new assistant principals to schools in the North Central Phoenix region.

Jaclyn Farrer joins WESD from the

Cartwright Elementary School District as the new assistant principal at Maryland School. Farrer is originally from Flagstaff and she earned her bachelor's degree from Northern Arizona University. With more than 10 years of experience in education, she was most recently the assistant principal at Manuel Pena School in the Cartwright Elementary School District.



Jaclyn Farrer

Farrer hopes that at the end of the school year her school community will say, "They trust in my leadership because I've maintained high visibility on campus, genuinely listened to and supported the needs of students and all stakeholders and promoted high student achievement schoolwide."

Jason Nuttall joins the Royal Palm Middle School staff as the new assistant principal. Nuttall comes to WESD with many years of experience teaching high school students. Most recently, he was the assistant principal of athletics and facilities at Copper Canyon High School in the Tolleson Union High School District.



Jason Nuttall

Nuttall believes the most important thing you can teach a child is "to have confidence in his or her own potential to take risks, to both succeed and fail and try again."

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SCHOOL DAYS



Junior kindergarteners at Christ Church School care for, and learn about, classroom pets including three newts and three fire belly toads in the school’s Life Science labs (submitted photo).

**PRIVATE AND  
CHARTER SCHOOLS**  
**Reptile fun at  
Christ Church School**

Junior kindergarten (JK) students at Christ Church School spent the previous school year with some very unusual pets. JK students were responsible for raising three newts (Alvin, Simon and Theodore) and three fire belly toads (Snap, Crackle and Pop).

The newts and toads live in a specially created classroom habitat and love to eat crickets. JK students learned how to keep the habitat clean and feed the amphibians. They studied the life-cycles of their pets and learned many other interesting facts, such as fire bel-  
lied toads have heart-shaped pupils.

The JK students studied the newts and toads as part of the school’s Life Science labs, a tradition at Christ Church School.

Junior kindergarten is an accelerated academic program designed to expand skills learned in pre-K and build a strong foundation in key elements necessary for future kindergarten students. With a class size limited to 14 students and taught by two experienced teachers, the JK individualized academic program is coupled with weekly curriculum enhancements that include Spanish, computers, P.E., music, library and chapel. JK students participate in daily one-on-one teacher-guided learning activities in math and reading. They also work in small groups to practice manuscript handwriting and sight words.

JK students attend class from 8:30 a.m. through 1:15 p.m. Monday

through Friday, and may register for additional after-school enrichment classes or stay for Extended Day until 4 p.m. To schedule a campus tour or for more information, call 602-381-9906 or e-mail [info@ccsaz.org](mailto:info@ccsaz.org).

**Blake to attend event  
in Washington, D.C.**

North Central teen Carolyn Blake, a sophomore at Xavier College Preparatory, was nominated for and will attend the National Congress of Future Medical Leaders in November, held in Washington, D.C.

The Congress is an honors-only program for high school students who want to become physicians or go into medical research fields.

During the t h r e e - d a y Congress, she will join students from across the country and hear Nobel Laureates and National Medal of Science



Carolyn Blake

Winners talk about leading medical research; be given advice from Ivy League and top medical school deans on what to expect in medical school; witness stories told by patients who are living medical miracles; be inspired by fellow teen medical science prodigies; and learn about cutting-edge advances and the future of medicine and medical technology.

Along with maintaining her grades, Carolyn also plays basketball and softball at Xavier and enjoys playing the piano and creating art projects.

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SCHOOL DAYS



This year's senior class at the Girls Leadership Academy of Arizona includes several young women who will have attended the school for all four academic years (submitted photo).


**GLAAZ continues to reach milestones**

The Girls Leadership Academy of Arizona (GLAAZ) celebrated the first day of school on Aug. 5, and is anticipating another "first" this school year—the first graduating class that will have students who have gone through all four academic years at GLAAZ.

GLAAZ is the only public all-girls

high school in the state. As a Title 1 school, more than 80 percent of the 142 students' families live at or below the federal poverty level.

In just three years of operation, GLAAZ has already has created positive change in the community by preparing young women for success in future educational pursuits and in life. Its curriculum and many community




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OCTOBER 24, 2014

We invite parents of children entering kindergarten for the 2015 – 2016 school year to join us for our "Discover Madison" tour to learn more about what our schools and programs can offer you and your child. For more information or to RSVP, please visit:

[madisonaz.org/discover-extraordinary](http://madisonaz.org/discover-extraordinary)

The tour will begin at 9 a.m. and conclude approximately 12 p.m.  
Lunch will be served. We look forward to seeing you!



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Madison Simis  
Preschool–4  
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Phoenix, AZ 85020  
602.664.7300

Madison Rose Lane  
Preschool–4  
1155 E. Rose Lane  
Phoenix, AZ 85014  
602.664.7400

Madison Park  
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Phoenix, AZ 85014  
602.664.7500

Madison Meadows  
Grades 5–8  
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Phoenix, AZ 85013  
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Madison Heights  
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Madison Traditional  
Preschool–8  
925 E. Maryland Ave.  
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602.745.4000



SCHOOL DAYS

partnerships facilitate learning beyond the classroom and provide numerous leadership, creative thinking and career exploration opportunities.

GLAAZ shares the attributes of high schools that work: a common focus on research-based goals and an intellectual mission; a small, personalized learning community; technology as a tool for designing and delivering engaging, imaginative curricula; and, rigorous academic standards for both high school and college-level studies.

The Girls Leadership Academy of Arizona is located at 715 W. Mariposa St., on the campus of Florence Crittenton of Arizona. Families interested in becoming part GLAAZ can call 602-288-4518 or visit [www.glaaz.org](http://www.glaaz.org). Tours for prospective students and their parents or guardians are available.

**Norton joins team at Tesseract School**

Kathleen Norton is the new executive director of advancement for Tesseract School, a nonprofit, independent school with campuses in Paradise Valley and Phoenix for students from pre-school through 12th grade.

Most recently Norton served as vice president of fund development and community relations at St. Joseph's Foundation/Barrow Neurological Foundation. During her seven-year tenure there, Norton led key initiatives to build state-of-the-art facilities and expand programs to enhance the hospital's scientific research, patient care and global partnerships. Norton secured multi-million dollar gifts and raised a total in excess of \$10 million for key initiatives.

Norton began her career in education and has a long-standing connection to Tesseract, having served as director of Admissions in 2001. Norton returns to Tesseract at an important time. The school has plans to grow and expand to keep pace with market demands, starting with facility growth and enhancement.

Norton holds a B.S. in Education from Kent State University and an M.S. in Education from the State University of New York.

For information, call 480-991-1770 or visit [www.tesseractschool.org](http://www.tesseractschool.org).

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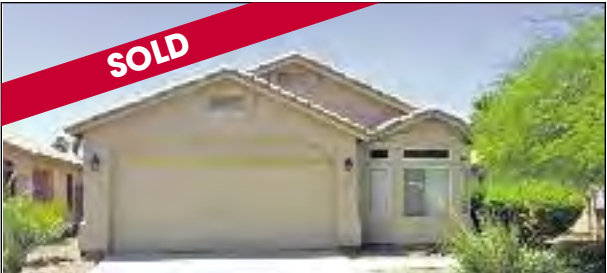
OCTOBER	17 <sup>TH</sup> , 2014	8TH GRADE DAY #1
NOVEMBER	14 <sup>TH</sup> , 2014	8TH GRADE DAY #2
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## GENERATIONS

### Senior Living

#### Volunteers needed to share elder rights

The Ombudsman program of Area Agency on Aging, Region One, Inc. is looking for caring individuals to visit assisted living homes in order to make residents aware of their rights. Volunteers will take part in a comprehensive and in-the-field training and receive support from the Ombudsman staff.

For more information about the Ombudsman program in Maricopa County, contact Fran Atkinson at 602-241-6132 or e-mail [fran.atkinson@aaaphx.org](mailto:fran.atkinson@aaaphx.org).

#### Ice cream and magic for grandfamilies

Duet is gearing up for National Grandparents' Day by hosting a cool indoor event to escape the heat. Grandparents and their grandchildren are invited to an ice cream social and magic show 12:30-2:30 p.m. on

Saturday, Sept. 6 at Duet, 555 W. Glendale Ave.

To RSVP for the National Grandparents' Day celebration or to learn more about services for grandparents, contact Patricia Dominguez at 602-274-5022, ext. 31 or [dominguez@duetaz.org](mailto:dominguez@duetaz.org).

#### Seniors can learn to set healthy boundaries

Duet hosts "The Art of Setting Healthy Boundaries" workshop 9:30-11:30 a.m. Saturday, Sept. 20 at the Duet offices, 555 W. Glendale Ave.

Participants will learn to recognize the difference between healthy and unhealthy boundaries, be introduced to the skills necessary to set healthy boundaries, and discuss with the group ideas in which they can set boundaries with both their adult children and grandchildren.

The workshop is free, and includes refreshments. RSVP required by Monday, Sept. 15. Contact Patricia Dominguez at 602-274-5022, ext. 31.

Duet is a nonprofit, interfaith organization that promotes health and well-being through a broad range of services to homebound adults, caregivers, faith communities and grandparents raising grandchildren. Duet's free-of-charge services are available in the greater Phoenix area. To volunteer, donate, or ask for help, go to [www.duetaz.org](http://www.duetaz.org).

### Kids & Families

#### Two fun events for families at Sunrays

Families can play together or apart this month at the Arizona Sunrays Center, 3110 E. Thunderbird Road.

Parents who want to enjoy a date night or just some quiet time at home can take advantage of Kids' Night Out, 6-10 p.m. Sept. 6 & 20. Children ages 3 to 13 will get to enjoy a great evening of gymnastics, organized games, sports, dancing, jumping in a bounce house and on trampolines, and then wind down the evening by watching a movie. Cost is \$25 per child with a \$5 off sibling discount. Pizza, snacks and drinks are included. Advance registration is required. There is a \$5 fee for same-day registration.

Parents who want to have some quality play time with their kids can



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## GENERATIONS

sign up for Family Tumble Time, 10-11:30 a.m. Sundays in September. Children ages 1 to 12 are invited to come and play on the various pieces of gymnastics equipment and in foam pits, jump on trampolines, and enjoy unstructured exercise, play time and fun. Cost is \$5 per child (cash) or \$8 per child (debit/credit.) No charge for adults. Adult supervision is required for children younger than 6 years. Open to members and non-members.

For more information or to register, call 602-992-5790 or visit [www.arizonasunrays.com](http://www.arizonasunrays.com).

### Flip Dunk hosts 'extravaganza' day

Stop by Flip Dunk Sports from 2 to 5 p.m. on Saturday, Sept. 6, to enjoy the Full Force Gymnastics Extravaganza, featuring Full Force demonstrations and a visit from the Phoenix Suns Gorilla.

Visitors will automatically be entered for a chance to win a free door prize. Follow that up with free open gym and jumping from 2 to 3 p.m. Throughout the afternoon, Flip Dunk will hold free clinics in Gymnastics, Cheer, and Dance, along with some great group performances.

Flip Dunk Sports is located at 1515 E. Bethany Home Road. For more information, call 602-277-0067 or visit [www.flipdunksports.com](http://www.flipdunksports.com).

### Kids can enjoy yoga, surfing in San Diego

Dancing Sun Yoga Studio, a Central Phoenix-based yoga company specializing in after-school yoga programs for kids, is planning an end of summer Yoga-Surf Retreat in San Diego.

Kids (and parents) are invited to join Dancing Sun Yoga for a weekend of yoga, surfing, outdoor rock climbing

and other recreational activities from Oct. 10 through Oct. 12. The beachfront location also offers other amenities including arts and crafts, archery equipment, and nightly campfires with entertainment.

The three-day retreat is a combination of activities where parents and children can practice their yoga skills, and learn new water sports in a safe, supervised beachfront location. Food, equipment and lodging are included. Contact Dancing Sun Yoga at 602-384-7057 for more details. Space is limited.

### Exercise program geared toward kids

Kinesis Konnection isn't just about adults looking to get into shape and discover a healthier way of life. The trainers want to share their abilities with a younger generation as well.

Located at 2196 E. Camelback Road, #200, Kinesis Konnection offers a program that promotes a healthy, active lifestyle among children ages 7-13 through high-quality youth fitness programs and nutrition tips.

The Fit Kids program takes place 3:30-4:30 p.m. Mondays and Wednesdays. Each week of the five-week session is designed around a different aspect of health and fitness: body basics, self-nourish, self-respect, cooking basics, etc. In class the children will learn how to do basic exercises such as squats, lunges, push-ups, and other functional exercises.

The five-week program runs \$99 per child, with a 10-percent discount for siblings. The next session starts Sept. 15.

The studio also offers personal training and group classes. Sign up for a complimentary one-hour assessment session. For more information, call 602-840-0201 or visit [www.kinesisphoenix.com](http://www.kinesisphoenix.com).



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**Sunday, October 5 at 2 p.m. - OctubaFest**  
The Arizona State University Tuba & Euphonium Ensemble, under the direction of Dr. Deanna Swoboda, will perform a variety of music to celebrate this most festive of months. The concert will conclude with a set of Polkas and Marches guaranteed to leave your toes a-tappin'!

**Sunday, November 2 at 3 p.m. - Phoenix Chorale presents "Requiem: Day of the Dead"**  
The GRAMMY Award-winning **Phoenix Chorale**, under the direction of Artistic Director **Charles Bruffy**, honors All Saints' weekend through requiem settings by two choral masters: Herbert Howells and Maurice Duruflé. You are invited to share in this concert of transcendence and inspiration as you commemorate your dearly departed.

**Sunday, December 7 at 3 p.m. - Candlelight Christmas Concert**  
The gifts of the entire First Church Music Department are on display for this joyous occasion. Please join us for this holiday tradition!

Please visit our website at [www.FirstChurchPhx.org](http://www.FirstChurchPhx.org) for more concert details.

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## ARTS & ENTERTAINMENT

### Chile Pepper Fest has new location

Roosevelt Row will ignite the fall season with a heat explosion of epic "pepp-ortions" with the 3rd Annual Roosevelt Row Chile Pepper Festival, set for 5-11 p.m. Saturday, Sept. 27. Experience some spicy local flavors featuring 24 of the best restaurants in the area.

Admission is free to guests that RSVP on the website prior to the event. The location this year is at the Phoenix Public Market, 721 N. Central Ave.

Local Phoenix restaurants will compete in the Chile Pepper Challenge, a showdown for the title of the most delicious chile pepper cuisine, including a new "Sweet & Spicy" category for chile pepper desserts. Winners of the Chile Pepper Challenge and crowning of this year's Chile Pepper Queen will be announced at the finale of the event.

The event also features on-site chile roasting, chef spotlights, kids crafts, live music, Deschutes Beer Garden, 3 Amigos Margarita Garden and extra spice with a local talent show hosted by Lawn Gnome Publishing.

Proceeds from the festival support the Growhouse urban agriculture and educational opportunities to local teens and community members. For more information and advance tasting/drink ticket purchases (with a discount), visit [www.chilepepperfest.com](http://www.chilepepperfest.com). Note that to receive the free admission ticket, you must click on the "Buy Tickets" button and go to the EventBrite ticket page to select "RSVP/Free Admission."

### @Central Gallery issues call for artists

@Central Gallery, located on the first floor of Burton Barr Central Library, 1221 N. Central Ave., presents fine art exhibitions featuring the work of Arizona artists. Exhibitions are approximately 10 weeks in length and are open to the public during normal library hours and First Friday.

Proposals for exhibition in 2015 are now being accepted. The deadline for submission is Friday, Sept. 19. For submission guidelines and instructions, visit the Burton Barr page at [www.phoenixpubliclibrary.org](http://www.phoenixpubliclibrary.org) and click on "@Central Gallery."



Chef Scott Wedge of Latin Fusion Foods catering (<http://latinfusionfoods.com>) fries up some homemade tortilla strips during the Roosevelt Row Chile Pepper Festival, which moves to a new location this year at the Phoenix Public Market on Sept. 27 (photo by Teri Carnicelli).

## A & E Briefs

### 'Evidence of Life' Exhibit

**6 p.m. Fridays, Sept. 5 & 19**  
**R. Pela Contemporary Art**  
335 W. McDowell Road  
602-320-8445

"Evidence of Life: New Paintings by Jason Hugger with Sculpture by Brad Konick and Thad Trubakoff" features established and emerging artists. Hugger's new series of paintings was inspired by his visits to the Middle East. Konick's sculptural pieces are about the balance of opposites. Trubakoff creates interactive sculptures that recall other objects. The show will remain on exhibit through Sept. 28 and is otherwise open by appointment only.

### 'Judaism in the Desert' Exhibit

**1 p.m. Sunday, Sept. 14**  
**Cutler-Plotkin Jewish Heritage Center**  
122 E. Culver St.  
602-241-7870

The public is invited to the free grand opening of "Judaism in the Desert: Jewish Congregational Life in the Valley and Northern AZ, 1920-Present," on display through Aug. 1, 2015. The exhibit emphasizes the diversity of congregational life and what it means to be Jewish in Greater Phoenix and Northern Arizona. The gallery will be open from noon to 3 p.m. For more information, visit [www.azjhs.org](http://www.azjhs.org).



## ARTS &amp; ENTERTAINMENT

**'Radio Golf'**

**Black Theatre Troupe**  
**Sept. 26-Oct. 12**  
**Helen K. Mason**  
**Performing Arts Center**  
**1333 E. Washington St.**  
**602-258-8129**

It's 1997 and an Ivy League-educated lawyer-turned-developer is running to become Pittsburgh's first black mayor. Along with his ambitious wife and a college friend who is a banker, he wants to redevelop a poverty-stricken section of the city. It turns out that one of the houses to be demolished has a significant and mysterious past that none of them could have ever imagined. Visit [www.blacktheatretroupe.org](http://www.blacktheatretroupe.org).

**'A Vampire Tale'**

**Scorpius Dance Theatre**  
**Oct. 2-4 & 9-11**  
**Phoenix Theatre**  
**100 E. McDowell Road**  
**602-254-2151**

This show indulges audiences with dark and sexy drama, quirky and comedic episodes, and visually stunning aerial feats. The show evolves annually to provide a fresh take on this cult classic. New this year, the lead male role of Viktor will be performed by Gavin Sisson. Tickets start at \$25. Visit [www.scorpiusdance.com](http://www.scorpiusdance.com).

**OctubaFest**

**2 p.m. Sunday, Oct. 5**  
**First United Methodist Church**  
**5510 N. Central Ave.**  
**[www.firstchurchphx.org](http://www.firstchurchphx.org)**

The Arizona State University Tuba Euphonium Ensemble will perform a variety of music to celebrate the month of October, including original works such as Elizabeth Raum's "A Little Monster Music," and arrangements for tuba and euphonium ensemble that include Modest Mussorgsky's "Night on Bald Mountain" and the Finale from Symphony No. 4 by Tchaikovsky. The concert will conclude with a set of polkas and marches to celebrate Oktoberfest. A free-will offering will be collected.

**'Vanya and Sonia and Masha and Spike'**

**Arizona Theatre Company**  
**Oct. 9-26**  
**Herberger Theater**  
**222 E. Monroe**  
**602-256-6995**

The hilarious winner of the 2013 Tony Award for Best Play. In rural Bucks

County, Pa., Vanya and Sonia have frittered their lives away in their family's farmhouse full of regret, angst and the alarmingly ambiguous prophecies of their housekeeper Cassandra. Enter their sister, self-absorbed movie star Masha, with her boy-toy Spike, and the stage is set for an absurd weekend of hilarity and global warming. Contains mature language. Visit [www.arizonatheatre.org](http://www.arizonatheatre.org).

**The Music of 'South Pacific'**

**ProMusica Arizona**  
**Oct. 10-12**  
**Herberger Theater, Stage West**  
**222 E. Monroe**  
**602-252-8497**

ProMusica Arizona presents the concert version of Rodgers & Hammerstein's massive hit. This award-winning classic is set in an island paradise during World War II when parallel love stories are threatened by the dangers of prejudice and war. There are moments of joy, discovery and loss in this historic musical. The performance features the ProMusica Arizona Chorale & Orchestra along with professional singers in leading roles. Tickets are \$40 plus fees and are available at [www.herbergertheater.org](http://www.herbergertheater.org).

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 Above: Buffalo Dancers mural by Charles Loloma (Hopi). Heard Museum Collection.



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## FOOD FOR THOUGHT



Nate Hopper, managing partner at Sierra Bonita Grill, shows off the bone-in grilled pork chop in a vanilla bean Serrano chili butter, which is new to the menu. The restaurant features local wines, including this red table wine from Paige Springs Cellars (photo by Patty Talahongva).

## Café Chat

**Hopper grateful for all his 'luck' in Phoenix**

By Patty Talahongva

In 1997 Nathan Hopper, a 21-year-old New Yorker who had recently been asked to "leave college," as he puts it, came to Phoenix because he'd read it was a fast-growing city with lots of opportunity.

"I didn't have any money," he recalls, but he soon found out his gamble would pay off. In a chance meeting at his apartment complex, he learned of a restaurant that needed a bartender.

"I told them I could bartend, and I lied," he admits. The owners quickly figured that out, and decided to teach him. The place was called Our Gang Cafe, now Il Posto. Eventually he moved from bartending to managing the restaurant, training on the job the entire time.

During his four years there he waited on one particular man, Sheldon Knapp, owner of Phoenix City Grille, who would frequent Our Gang. Hopper decided to leave because he says he wanted a change and he joined Knapp at his popular Central Phoenix restaurant.

In 2003, Knapp bought the property 6933 N. 7th St. that became Sierra Bonita Grill, and in preparation for the new menu he sent Hopper to Oaxaca,

Mexico, to an immersion cooking school. The two opened the Southwestern-style eatery in 2005. Five years later, Knapp sold the restaurant to Hopper and two partners.

"Sheldon is one of the hardest-working guys," says Hopper. "He taught me what I know in the restaurant business."

Since taking over Sierra Bonita Grill, Hopper has tweaked the menu, along with the building's look and the art on the wall. "I enjoy having the responsibility and the freedom to create new dishes, give the restaurant a new look or simply, what I like to do most, interacting with our guests," he says. Larry Debus and Bill Gould are silent partners in the restaurant but it's up to Hopper to maintain the day-to-day operations.

As for the food—where else can you try piñon pancakes, or a southwest benedict with panko-crusted poached eggs on top of a green chili beer biscuit. "I learned how to cook it in Dutch ovens out on the trail," explains the New Yorker-turned cowboy who has come to enjoy long horse rides exploring the Arizona scene.

Hopper says the most popular dinner is the buttermilk chicken with mashed sweet potatoes and black pepper gravy, followed by a pork osso bucco that comes with creamy polenta and hatch green chili. The average cost for lunch is around \$15 and dinner will cost between \$25 and \$30.

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## FOOD FOR THOUGHT

One of the signature appetizers are the “Hoppers Poppers,” named after the owner and featuring halved jalapeños filled with a blend of four cheeses and broiled on a specially made cast-iron skillet. And in homage to one of his most famous diners, the “Mofford Muffins” are named after former Arizona Gov. Rose Mofford.

“I promised Rose Mofford, who ate here every night for almost eight years, that I would name something on the menu after her. They are on the brunch menu and change weekly.” In fact Hopper says he sends dinners to Mofford on a weekly basis.

Sierra Bonita also caters to vegans and vegetarians by adjusting items already on the menu. Diners can make special requests for dishes and, if the ingredients are in the kitchen, the chefs will accommodate the request.

“My bar manager, Kenny Ennesser, realized he had a gluten allergy last year,” recalls Hopper. That prompted another change to the menu: gluten-free items. “It’s gotten a lot more reception than I thought it would,” says Ennesser, who has worked with Hopper for nine years.

Like most locally owned restaurants Hopper says he tries to source locally, including meats from Schreiner’s Fine Sausage in Phoenix, breads from the Bread Connection in Chandler, and one desert—the buttermilk pie—is made in Glendale.

Sunday brunch is very popular and reservations are recommended. There is no kids menu, but the chefs can make things like macaroni and cheese or quesadillas upon request.

More than 19 Arizona wines are featured as well as many Arizona craft beers. There are three private dining rooms downstairs that don’t cost anything to book. There is an elevator in case you’d rather not take the stairs.

Hopper plans to rearrange the artwork on the walls and offer some for sale. He’s looking for more Southwestern-themed art. Interested artists can submit photos of art by e-mailing [info@sierrabonitagrill.com](mailto:info@sierrabonitagrill.com).

Hopper never forgets how lucky Arizona has been for him. “This is my home. The desert is beautiful. I swear from the day I got here someone has put their arm around me and helped me. I just feel really lucky!”

For more information, visit [www.SierraBonitaGrill.com](http://www.SierraBonitaGrill.com) or call 602-264-0700.

## Dining Briefs

### Restaurant Week has new additions

Arizona Restaurant Week returns this month with 10 nights of incredible edibles, commencing for the first time on a Friday night. Arizona Restaurant Week takes place Sept. 19-28.

During the event, more than 150 Phoenix restaurants will offer specialty prix-fixe dinner menus for \$33 and \$44 per person, excluding beverages, tax and gratuity unless otherwise noted.

Restaurant Week gives a twice-annual boost to the local economy as foodies get set to spend their dollars and celebrate the craft that is booming in our state. Reservations are required.

North Central eateries participating this year include: Beckett’s Table; Bink’s Midtown; Christopher’s and Crush Lounge; Christo’s; Different Pointe of View; Frank & Albert’s; Fuego Bistro; Little Cleo’s; Season 52; Sierra Bonita Grill; Solo Trattoria; St. Francis; Southern Rail; The Clever Koi; The Parlor; Vincent on Camelback; and Wright’s at The Biltmore.

A full list of participating restaurants and menus is available at [www.ArizonaRestaurantWeek.com](http://www.ArizonaRestaurantWeek.com), with an easy-to-use interface for searching for a favorite local chef, type of cuisine or restaurant wish list. Check the website often as new restaurants and menus will be added as they become available.

### New bakery features breads, pies, cakes

The Bakery Phx opened on Aug. 4 at 1528 E. Bethany Home Road, inside the space that formerly housed Cupcakes by Design, in the popular Sunbrite Corner.

The Bakery Phx provides an array of sweet selections and treats, baked fresh daily on the premises, including: pies, cakes, cupcakes, cheesecakes, cookies and more.

“We offer some of the best-tasting pastries in Phoenix,” said Lisa Levinson, owner of The Bakery Phx. “Everything is baked from scratch recipes handed down through the generations. Our pies are especially delightful—we use only fresh fruit and an all-butter crust.”

In addition to the vast assortment of gourmet baked goods, the bakery also will offer delicious breads, quiche,

*please see BAKERY on page 46*

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## FOOD FOR THOUGHT

### BAKERY continued from page 45

and croissants. A must-try is the almond croissant filled with homemade almond pastry cream. The Bakery Phx will also be adding gluten-free and vegan selections shortly.

"It's essential that we offer something for everyone," added Levinson. For more information and store hours, visit [www.thebakeryphx.com](http://www.thebakeryphx.com) or call 480-499-0211.

### Enjoy Thanksgiving meal in September

American Legion Auxiliary for Post 75 in Sunnyslope invites the community to enjoy a Thanksgiving dinner of turkey, stuffing, mashed potatoes, gravy and all the trimmings, from 5-7 p.m. Saturday, Sept. 20.

The cost is \$8, and you don't need to be a member of the post to attend. After dinner, stay and enjoy music and dancing with Cactus Country.

Proceeds from the dinner and a raffle drawing will go toward the holiday baskets the Ladies Auxiliary makes available to individuals and families who need

help during the holiday season.

American Legion Post 75 family includes Legionnaires, Sons of the American Legion, Honor Guard, American Legion Riders and the Ladies Auxiliary. For more information, visit [www.post75sunnyslope.com](http://www.post75sunnyslope.com) or call 602-943-8477.

### Beer dinners at Federal Pizza offer local crafters

Sip and savor a beer-paired, four-course dinner featuring some of the finest local breweries this fall at Federal Pizza, 5210 N. Central Ave.

The LTD (Local Tap Deployment) dinners are geared toward hops-heads, food lovers and anyone else interested in enjoying boutique brews served with a side of classic American comfort foods. Hand-picked by Federal's wine and beer guru, Brent Karlicek, this fall's lineup showcases America's pioneering craft breweries, including Historic Brewing Company on Sept. 3, SanTan Brewing Company on Sept. 17, and Four Peaks Brewing Company on Oct. 1.

The beer-paired family-style feast is \$35 per person, tax and gratuity not

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Walking into FROST you see gleaming stainless steel and glass display cases, gently curving away, filled with a rich variety of gelato as beautiful as it is delicious. Each case is artfully displayed in the Italian tradition of culinary décor, tempting the senses with such flavors as Sea Salt Caramel, Dark Chocolate, and Roasted Almond. For those who are lactose intolerant, fear not, as FROST also serves handmade sorbets like Raspberry, Limoncello, and Pineapple that are dairy-free. FROST also offers Frostbites, a handmade gelato bonbon dipped in Italian chocolate. For those who prefer their indulgences hot, there are several hot coffee drinks including the Gelatte, a latte flavored with your choice of gelato.

However, the FROST experience goes well beyond what is in the glowing cases of gelato. "You are served by a well-trained, friendly and knowledgeable staff whose priority is to make sure you have the best experience possible," Doug says. FROST encourages unlimited tastes, and will recommend flavor combinations for optimal variety and enjoyment. It's clear the owners have a passion for customer satisfaction.

Part of the success of FROST is also the personalized service overseen by the owners, who are in the store each day. "In our world today, instead of going into a shop and getting something out of a machine, our customers look forward to going to FROST where they are recognized, welcomed back and offered a handmade experience for the senses. It is overall more satisfying!" Woelfle says.

FROST is owned and operated by Doug, Rowena and Kristin Woelfle.



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FOOD FOR THOUGHT

included. For more information or to make a reservation, call 602-795-2520.

**Texaz Grill offers State Fair food**

If you’ve got a craving for the kind of sticky, fried and otherwise decadent food that only a true Texas State Fair can offer, stop by Texaz Grill Sept. 26-Oct. 19 to sample the State Fair Menu.

It’s only natural that the Valley’s most Texas-centric steakhouse gets into the State Fair spirit with such Lone Star State classics as “Fletcher’s Original State Fair Corny Dog” and the iconic Frito Pie.

The Corny Dog (\$6), a State Fair of Texas staple since 1942, comes with two servings accompanied by a bag of Frito’s. The Frito Pie (\$5) is said to be invented in the 1930s by Daisy Dean Doolin, mother of the founder of the Frito-Lay company. Texaz Grill’s version features homemade chili presented in a small bag of Fritos corn chips, topped with onions, cheese and served with a plastic spoon.

To satisfy that sweet tooth, try the Blue Bell Cotton Candy Ice Cream (\$1 per scoop) or some Cotton Candy

Lemonade (\$7), a cocktail made with cotton candy vodka, lemonade, Blue Curacao and garnished with a lemon slice.

Texaz Grill is located at 6003 N. 16th St. For more information, call 602.248.STAR (7827) or visit [www.texazgrill.com](http://www.texazgrill.com).

**Culver’s hosts food drive for St. Mary’s**

Culver’s is supporting National Hunger Action Month by hosting a day of giving and food drive for St. Mary’s and United Food Banks, Sept. 1-30. Every Tuesday in September guests are encouraged to donate two cans of tuna for the food banks, and receive a free one-scoop sundae of their choice.

In addition, Thursday, Sept. 4 is Hunger Action Day. Culver’s restaurants will donate 10 percent of their sales to St. Mary’s and United Food Banks.

Participating Phoenix locations include 825 E. Camelback Road (602-595-7876) and 10225 N 28th Drive, at Metrocenter Mall (602-861-2000).

*For local restaurant listings, visit our Dining Guide at [www.northcentralnews.net](http://www.northcentralnews.net)*

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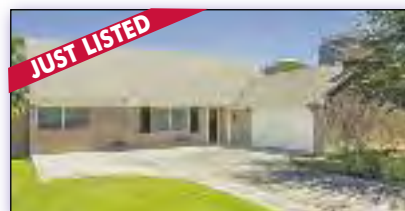
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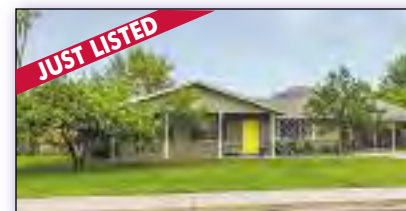
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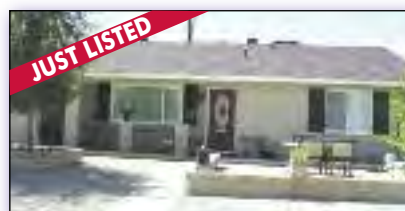
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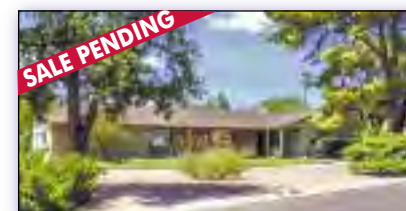
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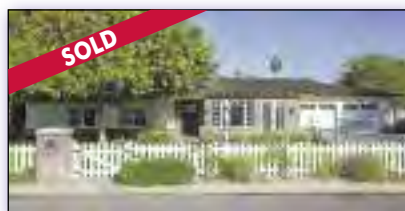
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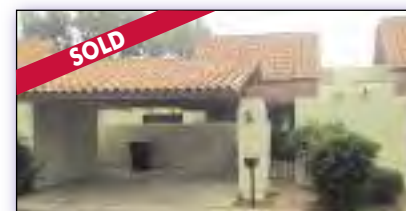
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