



# north central news

the voice of the north central phoenix community

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www.northcentralnews.net

## ARCHKids Program gets brand new space

The Arizona Recreation Center for the Handicapped (ARCH) recently kicked off construction on a dedicated space for its ARCHKids program with a ceremonial groundbreaking on Jan. 22, shining a spotlight on the Phoenix-based nonprofit and the service it provides for children and adults with disabilities.

More than 50 community leaders and ARCH supporters were in attendance for a day that was years in the making.

ARCH first opened its doors in 1975 and has been a hub of activity in the special needs community for decades. The nonprofit provides therapeutic recreation, socialization opportunities, health and wellness programs, and life skills education. Programs for children, teens and adults are offered simultaneously at the 5-acre main campus, located at 1550 W. Colter St., and the stream of participants coming and going is constant; nearly 300 individuals pass through

*please see ARCHKIDS on page 5*



Celebrating the grand opening of the new TumbleTees screenprint operation last October are, from left: employee Douglas Criswell, General Manager Ashley Wain, employee Jeanelle Keys, and Graphic Designer Rich Carhuayo (submitted photo).

## Local nonprofits putting people to work

By Patty Talahongva

Need a cup of coffee? How about a custom made T-shirt? Two Phoenix nonprofits are offering more than just a sale—they're training formerly homeless people vital job skills so they can get back on their feet and work.

Tumbleweed Center for Homeless Youth takes a group of people ages 18 to 25 and trains them on how to make custom screenprinted T-shirts at its new TumbleTees operation, located near 7th Street and Osborn Road.

"TumbleTees is a full-scale commercial storefront design and production center," says Ashley Wain, general manager. "Yet TumbleTees is much more than a screen printing shop. It is an opportunity for youth to escape the trauma of abuse, exploitation and fear that accompany life on the streets. It is a place where they are promised an opportunity to receive the power, and the paycheck."

Each youth earns minimum wage. They also get additional training.

"First they get life skills training," explains Rick Fresia, chief operating officer, "such as how to carry themselves, be on time (for work), anger management, budgets, etc." He says employers tell him two big issues they have with hiring homeless or at-risk

youth revolve around showing up on time and not fighting with co-workers. The TumbleTees program addresses those issues and more.

If an organization wants to order customized T-shirts, polo shirts or, as Wain puts it, "anything that lays flat," TumbleTees can fill your order. The shop can even help you with a design if you aren't sure what you want in addition to your name on the shirt. The cost is based on how many colors you want on your shirt and how many shirts you need. All prices are listed on the website: [www.tumbletees.com](http://www.tumbletees.com). If you agree to have the TumbleTees logo printed on the shirts, you get a small discount. Other nonprofits also receive a discount.

*please see NONPROFITS on page 6*

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COMMUNITY



Artworks created by Madison district students, food trucks, live entertainment and more will be featured at this year's Madison Bash, set for March 7 (submitted photo).

## Madison Bash set for March 7

Presented by the Madison Education Foundation, the third-annual Madison Bash will be held from 12 to 4 p.m. Saturday, March 7 on the campus of Madison No. 1 Middle School, 5525 N. 16th St.

The Madison Bash is a celebration of music and the arts in the Madison schools and surrounding community. This event will showcase artists and musicians from all eight Madison schools. Guests will also have the opportunity to purchase products from a wide variety of vendors, win fabulous items from the Bash Raffle, and participate in

art demonstrations facilitated by Madison students, parents and teachers. Gourmet food trucks will be on-site.

The first 200 students in attendance also will receive free bicycle helmets courtesy of the City of Phoenix. Phoenix Police will be on site to provide free car seat checks as well (available in the 16th Street District Office parking lot).

All proceeds from the Bash Raffle and sponsorships will benefit the Madison Education Foundation, which enhances arts opportunities for students in the Madison Elementary School District. For more information, visit <http://madisoneducationfoundation.org/events/>.

## Enter our monthly Reader Rewards Drawing for a chance to win a great prize!

At North Central News, we LOVE our readers!  
To show our appreciation for your loyalty, we will hold a drawing for one great prize every month, thanks to our advertisers and prize sponsors.

**Congratulations to February's winner, Darcy Mousel,  
who won a \$100 Gift Certificate for Little Cleo's!**

If you missed out, then here's your second chance! Visit our website at [www.northcentralnews.net](http://www.northcentralnews.net)

to enter for your chance to win this month's prize, which is another

**\$100 Gift Certificate for Little Cleo's**

The winner will be announced in our April issue.

One name will be drawn from all submissions and awarded the prize indicated. Entry is limited to one per person. Winners will be notified by phone or email by a representative of North Central News. Winners agree to have their name and likeness published in the North Central News. All prizes are final - no substitutions allowed; prizes have no cash value. Visit [www.northcentralnews.net](http://www.northcentralnews.net) for contest rules and additional details.

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First of all, thanks again to all of you for allowing me sell 170 homes in 2014 and 19 homes so far in 2015! It is always a challenge to start over every



year with my sales and new listings but I could not do without my North Central neighbors.

My biggest challenge when listing a client's home is agreeing

on the price with the seller that is realistic to get showings and, more importantly, an offer. Since I have sold more than 1,500 homes in North Central, many of them more than once, I have a pretty good idea what the value will be, although remodeling will change that value and also neighborhood prices. I have never had a seller tell me that they just want to sell it for lower than the market will support. My latest challenge going into my listing appointments is that 1 word that begins with a "Z"... Zillow.

Zillow is the most popular online real estate information site with 73 million unique visitors just in December. Zillow lists active listings for sale as well as information on houses that are not on the market with their "Zestimate." Herein lies the problem with the public .. Realtors and appraisers do not use Zillow because it is not an accurate source. Zestimates have a median error rate of about 8 percent. On a \$600,000 home, that would be \$48,000. In some parts of the country, Zestimate values have ranged from 12 to 25 percent off the final sales price and in some sales, as much as 50 percent off. I understand that Zillow is

made easily available for the general public but a more reliable source is your Realtor and the checks and balances in the end will be the appraiser. Look at Zillow as the starting point in pricing discussions but trust the authorities on local real estate values—experienced agents and appraisers.

Another difficult issue involves the sellers who said they paid X dollars for their home in 2005 when the market was crazy and expect to get more money than they paid, which often is not always the case. The other difficult issue is when sellers say they need a net number on their sale to pay for private schools and or college and my reply is "Here are the comps" to support a certain number, knowing that the appraisers will never support a number that just does not comp out. I was fortunate in 2014 to list around 190 homes and sold 170 homes...some of those homes are still active on the market. Certainly I have made mistakes on evaluations because sometimes it does matter which appraiser we get to evaluate the home, since their job is difficult if an area has not had much activity.

I will be glad to answer home questions in this monthly column if you want to email me your questions at [bobb Lieb@aol.com](mailto:bobb Lieb@aol.com).

Have a great March!

**Bobby Lieb**

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**COMMUNITY****Free tax filing help for lower incomes**

The city of Phoenix Human Services Department has launched its Earned Income Tax Credit (EITC) campaign to help low- and moderate-income working families who earned less than \$53,000 in 2014 with free tax-filing services and an EITC tax credit up to \$6,143.

Individuals and families who qualify also may be able to file for the child tax credit, dependent care credit and the education tax credit at the city's free tax preparation sites.

Fourteen primary sites, located in Phoenix, offer free tax-filing services. A list of Phoenix sites, including hours and days of operation, is available at [phoenix.gov/eitc](http://phoenix.gov/eitc). It is important to note that hours and days of operation vary for different locations.

Taxpayers must bring a picture ID for themselves and spouse, Social Security cards and/or Individual Tax Identification Number cards for all household members, proof of income—including W-2s and 1099 Retirement Income—information for other income, 1095-A verification of medical insurance premium tax credit, verification of all deductions/credits and the amount of money paid to child care provider (if applicable). If filing jointly, both adults must be present to sign the return.

For information about the city of Phoenix EITC program, call 1-877-211-8661.

In addition, the AARP Foundation Tax-Aide program will provide free assis-

tance with tax preparation for those with low to moderate income. People do not need to be a member of AARP or a retiree to use this service.

AARP Foundation Tax-Aide volunteers are trained and IRS-certified each year to ensure their knowledge of revisions to the U.S. tax code. The program will be offered this year at more than 70 sites statewide including senior centers, libraries and other convenient locations.

For more information on the documentation that is required, or to locate an AARP Foundation Tax-Aide site, visit [www.aarp.org/findtaxhelp](http://www.aarp.org/findtaxhelp) or call 1-888-AARP NOW (1-888-227-7669).

**Get free legal advice from law students**

Arizona Summit Law School hosts a free Community Legal Aid Day, 10 a.m.-2 p.m. Friday, March 13, at the school, located at 1 N. Central Ave.

This free legal clinic is being offered for members of the community who seek advice on issues related to Family Law, Probate/Estate Planning, and Landlord/Tenant Disputes.

The purpose of the clinic is for AZ Summit Law students to provide free legal information and limited-scope legal advice to the community.

Clients will check in at the pre-screening tables in the lobby, or in front of the entrance. Clients will be served on the 20th floor student lounge area.

For more information about Arizona Summit Law School, visit [www.azsummitlaw.edu](http://www.azsummitlaw.edu).

**north central news**

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COMMUNITY



Representatives from the Arizona Diamondbacks and ARCH at the Jan. 22 groundbreaking event included, from left: Vera Martinez, ARCH program director; Tom Harris, Arizona Diamondbacks CFO; Kip Murray, ARCH executive director; Debbie Castaldo, vice president, Corporate & Community Impact, Arizona Diamondbacks; and Bobby Freeman, Diamondbacks organ player (submitted photo).

ARCHKIDS continued from page 1

the doors each week.

In recent years, ARCH experienced a 30-percent increase in program attendance largely due to state budget cuts that affected other service providers. “As participation in our adult programs increased—particularly our Adult Drop In program—we were suddenly bursting at the seams,” says ARCH Program Director Vera Martinez. “It was clear that we needed a dedicated space for the kids program, ensuring that we would be able to accommodate the unique needs of the various age groups relying on ARCH for supervision.”

ARCHKids provides after school and respite care when school is not in session and is widely popular for working parents because of its extended hours.

“It’s difficult for families to coordinate care for special-needs kids, particularly high school students because there are few programs available,” says Cynthia Bennett, board president of ARCH and a longtime North Central resident. Her son, Brian, participated in ARCHKids for while in high school and Bennett explains that leaving a teenager with special needs home alone is simply not an option for families.

With the help of community leaders, the possibility of a dedicated space was realized. In 2014, ARCH was a recipient of the Arizona Diamondbacks \$100,000 Grand Slam Award, which helped to fund the new space. Contributions from The BHHS Legacy Foundation and Del E. Webb Foundation also helped with early

funding for the expansion, and the city of Phoenix Neighborhood Services Department has been instrumental.

The new ARCHKids area represents 2,000 square feet dedicated to programs for children and teens and will include a computer lab, relaxation station and a large activity area, as well as restrooms and prep area. The new space will be able to accommodate the program’s existing needs and will allow for future growth.

“This is an exciting time for ARCH and we’re incredibly grateful for the community partners and funders who stepped forward to make this new building a reality,” Bennett said. “We’re thrilled about the new space the possibility of serving even more families.”

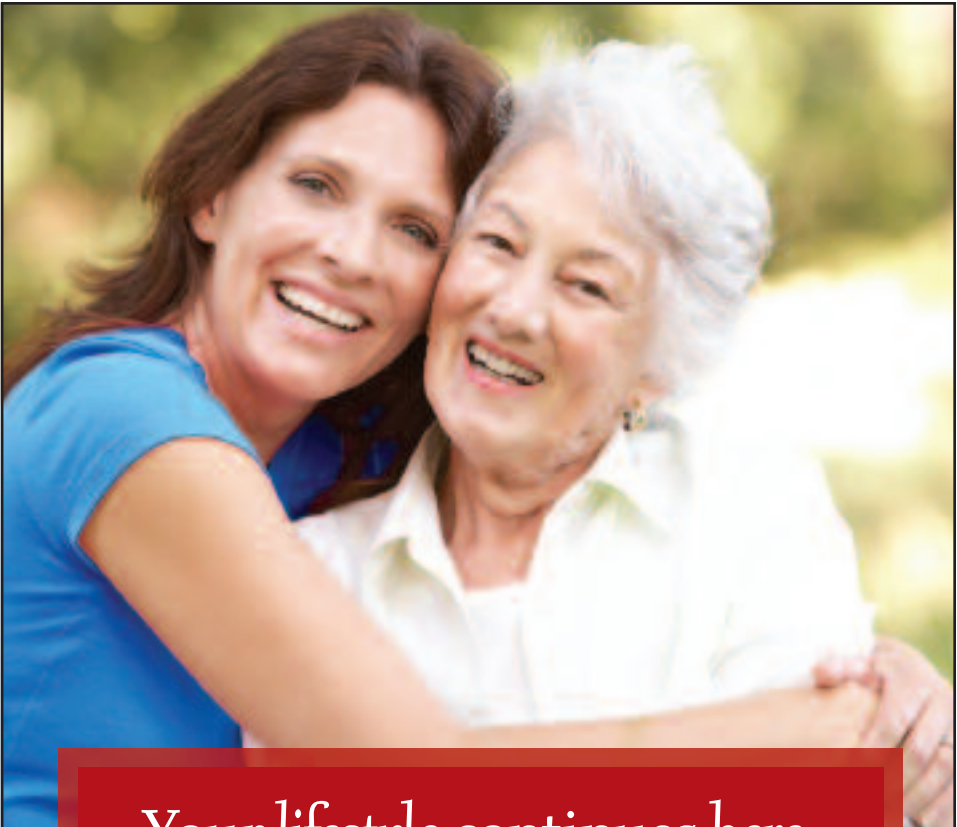
The ARCHKids Dedicated Space will be complete in early September and will be commemorated with a Grand Opening Celebration in the fall.

Learn more about AZ’s national parks, forests

Join the Pueblo Grande Museum Auxiliary and author Robin Pinto on Wednesday, March 4 at 7:30 p.m. for her lecture on “Arizona’s Civilian Conservation Corps and Our National Parks and Forests.” This event is free and open to the public.

This presentation provides a brief history of the Great Depression, the CCC program, and its tremendous impact on our national park and forest development.

The museum is located at 4619 E. Washington St. For more information, visit [www.pueblogrande.com](http://www.pueblogrande.com).



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## COMMUNITY

### NONPROFITS continued from page 1

TumbleTees also can come to your event. Recently the Phoenix Art Museum held an event and had T-shirts made on the spot for guests. Fresia says they take a manual machine for off-site events. Since each event is a little different, contact TumbleTees directly for pricing on such services.

All proceeds go right back into the main organization and that's important for the future growth of both organizations. Fresia points out that, "If we sell 10,000 T-shirts every month, we will make about \$200,000 in profits for Tumbleweed in a year." Another way to look at how your purchase can help the organization is that every order of 280 shirts will provide a homeless young adult room and meals for one week in a transitional shelter.

TumbleTees is located at 3508 N. 7th St., Suite 140. Hours are 8:30 a.m.-5 p.m. Monday through Friday. For more information, call 602-257-4454 or visit www.tumbletees.com.

Another local program is helping the homeless learn how to work a regis-

ter, make a cappuccino, and fold up a breakfast burrito.

"You have helped me gain the skills I need to be successful and employed," writes Michael, a graduate of the barista program offered by UMOM New Day Centers. He now works at Helpings Café, Catering and Market, 3333 E. Van Buren St. Like TumbleTees, this program offers job skills training to formerly homeless people. UMOM helps all families, not just single mothers but also single fathers and even grandparents raising grandchildren.

Helpings Café opened a year ago in April. UMOM signed a contract with Starbucks to purchase and serve the well-known company's coffee and train dozens of people in the intricate world of gourmet coffee. In the morning you can order breakfast burritos or enjoy several varieties of freshly made muffins. Lunch is also served and there are several salads on the menu as well as a hot meal.

The barista program also offers childcare to parents so they can learn the skills and not worry about where or how they will cover childcare. So far 28 individuals have graduated from the barista program.

"As part of their training they go through assisting with our catering," says Jessica Palacio, director of marketing for UMOM. Catering jobs can be as small as 10 people for breakfast or lunch or up to 100 people for dinner. "We book through our corporate partnerships," explains Palacio. "It's been a really successful model. We had a really good first year."

She's proud to point out that one graduate is now working at a Starbucks in Tempe. "We know our service and trainings are working."

Besides learning how to make a good latte, the workers learn customer service skills as well as assisting with taking phone orders and putting together food items for catering jobs.

Help celebrate the one-year anniversary in April by bringing this article to Helpings Café to get a BOGO (buy one get one free) beverage of your choice. If you forget the newspaper, just mention you saw it in North Central News, says Palacio.

Call Helpings Café at 602-275-7852. The full menu is at: www.helpingscafe.org. For catering inquiries, e-mail droberts@umom.org or call 602-889-0698.

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## COMMUNITY

### Outdoor festivals and family events

The weather is heating up and so are the outdoor events in Phoenix. Check out these events coming up in March:

#### 24th Annual Blues Blast

11 a.m.-dusk, Saturday, March 7  
Margaret T. Hance Park  
1202 N. 3rd St.  
602-516-8870

Featuring several blues bands, a music workshop and art project for kids, as well as food and merchandise vendors. Avoid the parking headache and take the light rail. Gates open at 10 a.m. Admission is \$30, kids under 16 are free when accompanied by a parent. No pets allowed. Visit [www.phoenixblues.org](http://www.phoenixblues.org).

#### Heard Museum Guild Indian Fair & Market

March 7-8  
Heard Museum  
2301 N. Central Ave.  
602-252-8840, ext. 2276

A world-acclaimed cultural event that draws nearly 15,000 visitors and

more than 600 of the nation's most outstanding and successful American Indian artists. Meet traditional and cutting-edge contemporary artists as well as young artists selling their art alongside their relatives. This year's theme is "Celebrating the Art of Basketry." There will be a variety of food available for purchase. Tickets are \$20 for adults, \$10 for students 17 and older as well as for military and seniors (with ID), and free for children ages 16 and younger. Visit [www.heardguild.org/fair](http://www.heardguild.org/fair).

#### My Nana's Salsa Challenge

10 a.m.-6 p.m. March 7-8  
Steele Indian School Park  
300 E. Indian School Road  
602-955-1962

This culinary competition features more than 100 freshly made salsas. Professional "chefs" will compete for the judge's vote while attendees enjoy all the chips and salsa they can eat. Competitors include restaurants, businesses and individuals. There also will be live music, a Patron Margarita Mix-Off (12:30-3:30 p.m. both days) and a KidsZone. Tickets are \$15 per day, children age 12 and younger admitted for free. Leashed, licensed dogs permitted. Tickets are available at Fry's grocery stores or online at: <http://www.salsachallenge.com>. Proceeds benefit the Arizona Hemophilia Association.

#### The 32nd Annual St. Patrick's Day Parade and Irish Faire

10 a.m. on Saturday, March 14  
Various locations,  
Downtown Phoenix  
602-280-9221

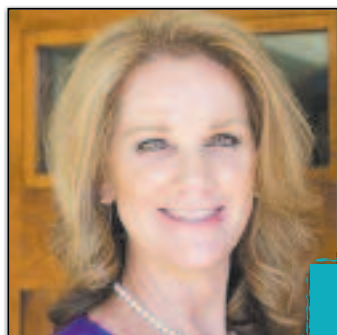
The theme for the parade is "Celebrating 32"—32 years of parades and 32 counties in Ireland. The parade starts at 3rd and Sheridan streets and heads south to 3rd and Moreland streets. Grand Marshal Brian P. Tobin, battalion chief for the Phoenix Fire Department, will lead the parade of Irish dancers, bagpipers, floats and more. The fair takes place at Margaret Hance Park, adjacent to the Irish Cultural Center at 1106 N. Central Ave., and features three stages of Irish music, dancers, kids area, food and crafters. Fair admission is \$10 for ages 13 and older, \$8 for seniors and military, and free for children ages 12 and younger. For more information, visit [www.phxirish.org](http://www.phxirish.org).

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COMMUNITY

**Haru In The Garden: A Festival Welcoming Spring**  
6-9:30 p.m. Friday, March 20  
Japanese Friendship Garden  
1125 N. 3rd Ave.  
602-274-8700

A celebration of spring featuring music, art and traditional Japanese displays. Performances will include Japanese bamboo flute, fire dancers, Tibetan Bowls, ensemble groups, and Flamenco dancing. Art displays will feature photography, silk, masks, sculpture, abstract paint, multimedia display and pottery. Beer, saki and Asian food will be available for purchase. Tickets for non-members of the garden are \$20 in advance (\$25 at the gate) for adults and \$5 for youth 3 to 12, free for 2 and younger. Purchase tickets online at <http://haru2015.bpt.me> by noon March 19, or at the JFG Gift Shop or at the Garden Gate day of event.

**‘Fine Art in the Garden’**  
9 a.m.-4 p.m. Saturday, March 21  
Shemer Art Center  
5005 E. Camelback Road  
602-262-4727

This spring tradition features 20 artists working in watercolor, oil, pastels, printmaking, jewelry, ceramics, fused glass, quilting and sculpture, with displays spread throughout the center’s grounds and gardens. Artwork will be for sale. Live music will take place from 11 a.m.-2 p.m. and light refreshments will be available. This event is family friendly and open to the public. Admission is free.

**The 51st Annual Arizona Scottish Gathering & Highland Games**  
March 21-22  
Steele Indian School Park  
300 E. Indian School Road

Hours are 9 a.m.-7 p.m. Saturday and 9 a.m.-4 p.m. Sunday. Features highland dancing, pipe bands, heavy athletics, country dancing, and historical reenactments. There also is a children’s area. Dogs on leashes are OK if you clean up after your pet. Tickets are available at the gate for \$17 adults age 16 and older, \$12 for seniors age 60 and older, \$12 for military with ID, and \$5 for children ages 6-15. Parking is available for \$5 at 4041 N. Central Ave. or take the light rail to the stop at Central and Indian School. Visit <http://www.arizona-scots.com/05games.shtml>.

**McDowell Mountain Music Festival**  
March 27-29  
Margaret T. Hance Park  
1202 N. 3rd St.  
602-343-0453

Eclectic music festival with a unique mixture of musical acts including bluegrass, reggae, jazz and rock. There will be food trucks, a Kid’s Zone, vendor marketplace, and beer garden. All proceeds benefit Phoenix Children’s Hospital and UMOM New Day Centers. Single-day admission starts at \$55; three-day passes and camping passes are available for purchase. For more information or to view the lineup for each day, visit <http://www.mmmf.net>.



**Holy Week at Our Saviour’s Lutheran**  
1212 E Glendale Avenue

**Palm Sunday, March 29**  
9:30 am Worship with Holy Communion

**Maundy Thursday, April 2**  
7:00 pm Contemporary Worship

**Good Friday, April 3**  
7:00 pm Worship

**Easter Sunday, April 5**  
7:00 am Sunrise Outdoor Worship  
9:30 am Worship with Holy Communion  
10:45 am Children’s Easter Egg Hunt  
Breakfast served from 8-9:15 am & 10:30-11:30 am

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COMMUNITY

North Central beauty up for sale ... again

By Teri Carnicelli

When Chris and Katinka Bryson saw the home at 7110 N. Central Ave. was for sale, they couldn't resist the lure of both a good investment—and the chance to live on a property rich in both history and beauty.

The home, originally built in 1951 and added onto significantly over the years, was the childhood residence of Cindy McCain, whose father, Jim Hensley, founded Hensley & Company in 1955. This liquor distribution enterprise has become one of the largest companies in Arizona by selling brands of Anheuser-Busch beer.

Sen. John McCain and wife Cindy raised their family in the home and decided to downsize in 2006, selling the nearly 3-acre estate for \$3.2 million—at that time, the highest price ever paid for a home in the North Central area.

The new owners were Las Vegas investors and sunk nearly \$1 million into the home to make it more “resort-like,”



North Central real estate expert Bobby Lieb of HomeSmart Elite Group stands inside the family room of the former McCain home on Central Avenue, currently for sale for \$2.5 million. The home features original wide-plank floors throughout as well as original wood beams (photo by Teri Carnicelli).

and add a little Vegas glitz and glamour. When Sen. McCain ran for president in 2008, the investors hoped to cash in on his public image and profile—they were betting on making big bucks if he won the U.S. presidency. After turning down

a \$6.5 million offer, the results of the election came in and the offers on the home evaporated. A foreclosure notice from the bank soon followed.

In the meantime, the investors let the home out to renters, who did some dam-

age. The home was eventually sold in November 2011 to the Brysons in a short sale for \$1.8 million, but a lot of work had to been done, including replacing the high-end custom kitchen appliances that had been removed by the former owners. In addition, the grounds and the pool were in great disrepair.

The Brysons spent nearly \$400,000 to bring the home back to its original beauty, fixing the damage, repairing the roof, repainting the exterior, and even upgrading the security system. But a 13-bedroom home with acres of property is a lot to maintain.

The Brysons decided in 2014 to put the renovated home back on the market. It currently is listed for \$2.5 million.

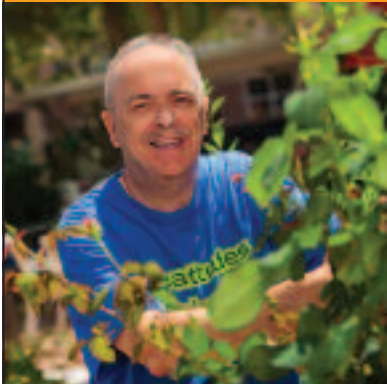
The real estate agent is the same one who sold it for the McCains and the Las Vegas investors—Bobby Lieb of HomeSmart Elite Group ([www.centralphx.com](http://www.centralphx.com)).

“This is a one-of-a-kind North Central estate with a lot of history and heritage,” pointed out Lieb when the home was for sale in 2011. “It would be a shame for some out-of-town investor to tear this home down and build a



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COMMUNITY

frame and stucco home with tile roof, considering the charm and style that this home has.”

Lieb says the biggest challenges in selling this home are its uniqueness, and its size. “You don’t see a lot of 14,000-square-foot homes in this area,” Lieb explains. And while the “historic” nature of the home and its many original features would appeal to many, the very scale of the home could be daunting.

He adds that longtime residents in the North Central community generally don’t like it when an older home gets torn down on a large lot, and three homes are put up in its place. But often that is what the underlying zoning allows for by right, and also, the seller wants to get the best profit he can, and the buyer wants to maximize his investment if he isn’t planning on actually occupying the home. It’s a reality of today’s real estate market.

Both the sellers and Lieb are hopeful that the “right” buyer will come along who will appreciate the home as it is now, with all its charm and history.

For more information, call Lieb at 602-761-4646.



The M7 Street Fair returns this year with the popular Chester’s Classic Car Show, started more than a decade ago by Bill and Gwen Chester, former owners of Chester’s Garage—now Chester’s Automotive Repair (submitted photo).

M7 Street Fair returns after hiatus

The M7 Street Fair returns this year, after taking a year off, with the familiar Chester’s Classic Car Show and food vendors, as well as a local indie crafts and arts market and a live music stage along the “Melrose Curve.”

The event takes places 11 a.m. to 6 p.m. Saturday, March 7, along 7th Avenue in the Melrose District, between Campbell Avenue and Indian School Road. The road will be blocked off to all vehicle traffic beginning at 5 a.m. and continuing until 9 p.m.

Originally consisting of a few 6-foot tables, a few dozen classic cars and

a few hundred people, the Melrose District street fair has grown to more than 150 booths, food trucks and vendors, rides and crafts for the kids, live music, a beer garden courtesy of Sun Up Brewing Co., more than 200 classic cars pre-dating 1979, and 20,000-plus visitors. Admission is free.

For more information about the street fair, visit [www.m7streetfair.com](http://www.m7streetfair.com) or call 602-703-2620.

Arizona PBS celebrates Women’s History Month

Eight, Arizona PBS will mark Women’s History Month with a lineup of programming highlighting influential women beginning March 16 at 11 p.m.

Eight will showcase remarkable stories of women from all walks of life, including a Nobel Prize winner, an Air Service Pilot and breast cancer patients. Eight also will air a special episode of “American Masters” that shares the story of Judy Garland and an episode of “Independent Lens” that explores the legacy of Wonder Woman.

Visit [www.azpbs.org](http://www.azpbs.org) for details.



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Jason Jones, D.M.D.

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2015

# UPTOWN FARMERS MARKET

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## *and* RANCHERS FISHermen

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Bite Me  
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Cortez Coffee  
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Decio Pasta  
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## COMMUNITY



Marshall loves walks, of kisses, and snuggling. He is available for adoption from the Arizona Humane Society's Sunnyslope Campus (submitted photo).

## Pet of the Month Marshall loves to give kisses

Marshall is a curly-coated gray poodle who was scooped up by Emergency Animal Medical Technicians in his most desperate moment. Wounded with a fractured leg, Marshall limped over to the EAMT and greeted his rescuer with a tail wag and a few kisses. Shortly afterwards, the pint-sized pooch was on his way to the Arizona Humane Society where veterinarians healed his wounds.

A few weeks later and Marshall now has a new lease on life. He walks great on a leash and likes to strut down the sidewalk on morning strolls. Charming and charismatic, he always finds a way to sneak on your lap so he can be in kissing range. Like a shadow, Marshall will follow you around the house and, being curious about every household activity, he insists on sticking his nose into everyone's business.

If you are looking for a constant companion and forever friend, come to the Sunnyslope Campus located at 9226 N 13th Ave. Marshall is just one of the many dogs looking for a home and if he's already been adopted by the time you visit the shelter, there are many other dogs in need of a home.

For more information, call 602-997-7585 and ask for animal ID number A503899.

## Salon hosts beauty fundraiser for pets

Mane Attraction Salon is once again joining forces with RESCUE, a local nonprofit animal rescue organization, to host the 15th Annual Beauty to the RESCUE from 10 a.m.-2 p.m. on Sunday, March 1.

Hosted inside the salon located at 3156 E. Camelback Road, this fun, festive and pet-friendly fundraiser includes a complimentary beverage and barbecue food from Bobby-Q's, and music by DJ Blake Ascension.

For a minimum donation (\$30-\$75 for haircuts, \$20 for blow dry style and \$10 for deep conditioning masque), anyone can partake in a day of personal pampering or treat your pet to a stylish new look including on-site mobile grooming and a washable chalk dye job. Browse 16 boutique vendor booths, enjoy chair massages, vitamin B-12 shots and professional psychic readings, for both you and your pet.

For more information, call 602-956-2996 or visit [www.maneattraction.com](http://www.maneattraction.com).

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## COMMUNITY



The Arizona Humane Society's Rick Gonzales has assumed the role of head trainer for the nonprofit's new public dog training classes. Gonzales has worked with shelter dogs for years, including Hodor, a boxer who is now with a forever family in Peoria (submitted photo).

## AHS offers new dog training classes

The Arizona Humane Society (AHS), along with AHS' Behavior Team, last month launched a series of public dog training classes. The dog training classes are held at AHS' Sunnyslope Campus Training Center, located at 1311 W. Hatcher Road.

Classes are held Wednesday through Friday in the evenings and all day on Saturday and Sunday. Class offerings will include puppy socials, dog basics, puppy basics and even a few specialty courses titled "Check In and Chill Out," "Click for Fun," and "Tricks."

Pet owners can choose to attend a four-week, all-encompassing training program or a single class focused on a specific area of training. All of the classes will feature innovative ways to train your dog using positive reinforcement and other force-free methods.

Rick Gonzales, formerly the behavior programs coordinator, has taken on the role of head trainer. Gonzales recently received his CPDT-KA certification and has been in the animal welfare field for more than eight years. He has worked for numerous shelters throughout the years teaching basic handling skills and canine body language, running canine play groups, and counseling people on canine behavior. Having a good understanding of canine body language and behavior, he also enjoys working with high-energy and deaf dogs.

For a calendar of available classes, full class descriptions, a price list, behavior tip sheets, or to register for a class, visit [www.azhumane.org/dog](http://www.azhumane.org/dog) training.

## Hubert welcomed as new lead pastor

North Central resident Agustin Hubert on Jan. 11 was installed as lead pastor of the RCA (Reformed Church of America) Longview Community Church, 1301 E. Whitton Ave.

Hubert, a native of Buenos Aires, Argentina, has served at Longview for more than five years in a variety of positions including associate pastor, youth pastor, music director, Bible Study leader and translator for the Spanish worship services.

He also has served as liaison for the Longview Community Neighborhood Association and has been an organizer for the city of Phoenix neighborhood G.A.I.N. events.

Hubert's wife, Pamela Perez, is the director of Children's Worship and Education at Longview Community Church and a member of the worship music team.

The change in church leadership occurred because Senior Pastor Richard Caballero and his family are relocating to Paramount, Calif., where he has accepted the position of Hispanic pastor for Emmanuel Reformed Church (RCA). Caballero had presided over the Longview church for more than 11 years.

## Parking discounted at airport for March

For the month of March, Phoenix Sky Harbor International Airport offers savings on already discounted parking for those reserving in advance. For just \$5 a day, travelers can park in the West Economy Park & Walk.

West Economy Park & Walk is an on-airport parking choice that gives travelers the option of parking and walking to the terminal. No bus service is available, and travelers will find the parking area most convenient to Terminal 2. From the eastern portion of the parking area to Terminal 2, it is approximately a 3-minute walk. It takes about 15 minutes or less to walk from the western portion of the parking area to the Terminal 3 PHX Sky Train Station, where travelers can access Terminals 3 and 4.

To take advantage of this discount, visit the online reservation tool on [www.skyharbor.com/prepaidparking](http://www.skyharbor.com/prepaidparking). Travelers reserve and prepay online. Note there is a \$2 service charge per transaction.

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Visit the Animal Humane Society of Phoenix website [www.AHSPHX.org](http://www.AHSPHX.org) to use the 'Referral' feature for specialists.

Read the Pet Primer Article online at [www.NorthCentralAnimalHospital.com](http://www.NorthCentralAnimalHospital.com)

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**Sunday, March 29**  
 \*Palm Sunday Services at 9 and 11 a.m.

**Thursday, April 2**  
 Maundy Thursday Service at 7 p.m.

**Good Friday, April 3**  
 Good Friday Worship Concert at 7 p.m.

**Easter Sunday, April 5**  
 Sunrise Service, Steele Indian School Park, 6 a.m.  
 \*Contemporary Service at 9 a.m.  
 \*Taste of Easter Brunch at 10 a.m.  
 \*Children's Easter Egg Hunt at 10 a.m.  
 \*Traditional Service at 11 a.m.

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## COMMUNITY

## Community Calendar

### Phoenix Corral Westerners International Meeting

**6 p.m. Wednesday, March 4**  
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**8525 N. Central Ave.**  
**602-242-3022**

Westerners are those interested in learning about and promoting the history of the western United States. Socializing begins at 5:30 p.m., followed by dinner and a program. Guest speaker is Sunnyslope resident and historian Clark Thomas, whose topic is "In Search of Coryon Cooley"—the winner of the card draw who named Show Low, Ariz. The cost of dinner is \$20, payable at the door. Meetings are open to anyone interested in history. Reservations requested.

### 'Winston Churchill, The Artist'

**1-3 p.m. Saturday, March 7**  
**All Saints Episcopal Church**  
**6300 N. Central Ave.**  
**602-550-1050**

Who knew that as well as helping to save the world, Winston Churchill created more than 500 works of art? Master Docent at the Phoenix Art Museum, Margaret Allsup, will present a look at Churchill's life through his art. A version of traditional English high tea will be served. There is no cost; however, reservations are requested at [cvarmin@centralvillagephx.org](mailto:cvarmin@centralvillagephx.org) or by phone. Presented by Central Village.

### Fall Bazaar Sale

**8 a.m.-3 p.m. Saturday, March 14**  
**Holiday Spa Mobile Home Park**  
**10401 N. Cave Creek Rd.**  
**602-687-8452**

The annual event features arts, crafts, baked goods and a rummage sale, held in the clubhouse. Vendors are welcome to display their wares. Tables are \$4 per table for non-residents of the park. Call Barb for reservations. Set-up will be Saturday morning at 6 a.m. Come shop our residents and vendors, stay for lunch and check out the Holiday Spa community. Open to the public.

### Weiner Dog Races

**12-5 p.m. Saturday, March 14**  
**Turf Paradise**  
**1501 W. Bell Road**  
**602-971-6935**

They may not run as fast as the

thoroughbreds, but they have heart. Hundreds of dogs and their owners are entering what is becoming a premiere race in the Wiener Dog circuit. Just before the Wiener Dog races there will be a "Parade of Wieners" in which the Wiener Dogs will walk down the stretch on the horse track. There is also a Wiener Dog Costume Contest. Admission is \$2, children ages 12 and younger are free. The day also features \$2 hot dogs and \$2 beer, live music and bounce inflatables for the kids.

### 'Medical Respite for Homeless'

**6:30 p.m. Tuesday, March 17**  
**Beatitudes Campus,**  
**Luther Life Center**  
**1616 W. Glendale Ave.**  
**602-992-8145**

The Phoenix Branch of AAUW (American Association of University Women) presents Sister Adele O'Sullivan speaking on "Circle the City: A Time and Place to Heal." Circle the City is a nonprofit, non-denominational public charity that provides care to people experiencing homelessness, providing a time and place to heal after they are discharged from local hospitals. The center will happily receive any grooming products that guests care to donate at the event. An optional dinner (\$15) will be served at 5:30 p.m. RSVP for the dinner to Sue at 602-992-8145 by March 13. Visitors are welcome. Enter the Beatitudes by the gate at the flag-pole on Glendale Avenue.

### Better Meetings Using Parliamentary Procedure

**10 a.m.-12 p.m. Tuesday, March 17**  
**Beatitudes Campus,**  
**Motion Studio, Admin. Bldg.**  
**1610 W. Glendale Ave.**  
**602-589-8172**

Learn how to use Robert's Rules of Order for more effective meetings. "Reconsider and Rescind" is the topic for March 17. Reconsideration of a motion will be presented by a professional registered parliamentarian. Join the Valle Del Sol Parliamentary Unit for an informative presentation and discussion. Open to anyone who attends or presides over meetings of an association, church, charity or public organization. For more information, e-mail Bill McGrue at [dmcgrue@cox.net](mailto:dmcgrue@cox.net).

**please see CALENDAR on page 18**



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## Check out the best kept secret in the North Central area ... The North Mountain Visitor Center!

### Author's Day

Saturday, March 7, 8:30 am - 12:30 pm featuring Conrad Storad

**Kenosis Spirit (Native American healing for post-traumatic brain injuries)**

Friday, March 27, 8 am - 5 pm and Saturday, March 28, 8 am - 5 pm

These are free events; donations are accepted



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### COMMUNITY

CALENDAR continued from page 16

### Rummage Sale

**8 a.m.-4 p.m. Saturday, March 21**

**Our Saviour's Lutheran Church**

**1212 E. Glendale Ave.**

**602-997-6944**

This sale will include kitchen ware, glass, china, craft items, bedding, men's and women's clothing, men's shoes and boots, jewelry, electronics, baby stuff, toys, a large assortment of books, and more. Proceeds benefit the Youth Group, to provide scholarships to attend the 2015 Youth Gathering this summer. Admission is free. If you wish to donate items to the sale, donation will be accepted through March 20. Call for information.

### American Indian Art & Artifacts Appraisal Day

**10 a.m.-2 p.m. Saturday, March 21**

**Steele Auditorium,**

**Heard Museum**

**2301 N. Central Ave.**

**602-252-8848**

Bring your treasures to the American Indian Art & Artifacts Appraisal Day, where you can have them examined by leading Native art traders. These experts will be able to offer information about materials, dates, artists and traditions. Cost is \$30 for the first item, \$25 for the second, and \$20 for the third and subsequent items, with a 10-item limit per person. Heard Museum members receive \$5 off per item.

### Arizona Game & Fish Department Outdoor Expo

**March 28-29**

**Ben Avery Shooting Facility**

**4044 W. Black Canyon Blvd.**

**602-942-3000**

There will be plenty of hands-on

fun for all ages. Check out the huge kids fishing tanks and take home a free photo. See all sorts of live wildlife. Learn target archery and try other shooting sports in a safe, supervised, controlled environment on the range. There also will be information about off-highway vehicle (OHV) and watercraft recreation, conservation and wildlife education, camping and other outdoor elements. Hours are 9 a.m.-5 p.m. Saturday and 9 a.m.-4 p.m. Sunday. Admission and parking are free. There is a nominal charge for ammunition at some of the target shooting venues. Visit <http://www.azgfd.gov/expo>.

### Paper Shredding Event

**12-4 p.m. Friday, April 3**

**Crossroads United Methodist Church**

**7901 N. Central Ave.**

**623-937-8611**

Presented by the Eastern Star Chapter Sunnyslope OES #47. Cost is \$5 per box to shred, cash only. The ABCO Shredding Services trucks will be parked on the east side of the lot. Hard drives can be shredded for a fee of \$10 out of the computer, and \$20 in the computer; electronics will be recycled. Also being collected are canned goods for the Desert Mission Food Bank.

**Editor's Note:** To view a list of fundraisers and benefits in the North Central community coming up in March and April, including events from the Assistance League of Phoenix, Children's Museum of Phoenix, Hospice of the Valley, Florence Crittenton, and Central Arizona Shelter Services (CASS), go to our website at [www.NorthCentralNews.net](http://www.NorthCentralNews.net) and click on the "Benefits" box on the home page.

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## HAPPY HOUR WITH HERSCH

Life moves fast. Comfort is having a partner to help you navigate the rollercoaster ride. I was definitely fortunate to move up a pay grade when I married Molly... not sure what she was thinking. If I had to traverse the hurdles of life without her it would be daunting to say the least. Having your best friend at your side whom you love, trust, and respect is freeing. Yes, we fight and disagree but we come together. What's life without a little passion in it? Partnerships are work but worth the effort. That I am still deeply in love with her is no surprise since I still consider her to be the sexiest woman in the room. I hope everyone gets to experience what I have so far because it makes life so much more bearable and makes the future oh-so interesting.

If you have a mortgage need and are looking for a partner that has your back, just call me and let's talk. I guarantee you will get the unique and individual service you deserve.



### TRIVIA Contest

**My wife and I have matching tattoos. Where are they located?**

First to email me correct response will receive a \$100 gift card to Muse Apparel.

**Trivia Winner for Last Month**  
**Lisa Koss**

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### HOME & GARDEN

## 'Grow Your Own Food' Summit set

Join North Central resident Greg Peterson of The Urban Farm and Kari Spencer of The Micro Farm Project for the Phoenix Grow Your Own Food Summit, Saturday, March 7, from 8 a.m. to 4 p.m. at Phoenix College's South Gym Building, 1202 W. Thomas Road.

Consider that nearly all of the world's population growth between now and 2030 is projected to be concentrated in urban areas. With this rapid growth in our cities, farming in and around urban areas will play a major role in nourishing our population.

The Phoenix Grow Your Own Food Summit features practical, in-depth information about growing your own organic food, becoming more sustainable, saving money at the grocery store and being stronger ecological members of the community. This is a great opportunity to learn from and network with those who are successfully building a wide variety of great gardens in our community.

Every registration includes lunch and a complimentary access pass to GrowPHX Online Content Bank, which features video playback of all conference sessions and resource links.

Visit [www.GrowPhx.com](http://www.GrowPhx.com) for more information and to register.

## Enjoy diverse homes in Cheery Lynn area

The Cheery Lynn Historic District will hold its second open-to-the-public Home and Garden Tour 9:30 a.m.-3 p.m. Sunday, March 22. In addition to the tour, there will be a Classic Car show, baked goods, and entertainment. The Cheery Lynn neighborhood began as early as 1924 and steadily progressed with individual builders constructing homes through the decades. The neighborhood boundaries stretch from Osborn to Thomas roads, and 16th Street to Evergreen/Randolph Road.

Tickets are \$15 day of the event and \$12 advance sales online, through March 20. Bring your receipt to the ticket booth to receive your wristband. On the day of the tour you can purchase tickets from 9:30 a.m. to 2 p.m. at the ticket booth, located at 1544 E. Earll Drive. The entry fee for children



North Central resident Greg Peterson, whose personal residence is known as "The Urban Farm," is a writer, teacher, and lecturer on many aspects of sustainability, green living and permaculture, and has appeared extensively on local television and radio and is a frequent guest columnist and contributing writer for publications such as *Phoenix Magazine* and *Edible Phoenix* (submitted photo).

ages 8 to 12 is \$10 and children 7 and younger are admitted for free.

For more information, visit [www.cheerylynnhistoricdistrict.org](http://www.cheerylynnhistoricdistrict.org).

## Take a tour of Encanto-Palmcroft

Residents of Phoenix's Encanto-Palmcroft neighborhood, with its old-world charm and palm tree-lined streets, host their 2015 Home Tour & Street Festival 10 a.m.-4 p.m. Sunday, March 29.

Encanto-Palmcroft was selected as one of the Top 10 neighborhoods to live in by both Money magazine and Forbes, and recently rated as the wealthiest neighborhood in Phoenix. Take a stroll back in time as you wander through estate-like homes from the 1920s and '30s, including Spanish Colonials, Tudor Revivals, and quaint red brick ranch-style homes.

In addition to the home tour, there will be live entertainment, food from local restaurants and gourmet food trucks, arts and crafts vendors, plus vintage cars on display.

Encanto Palmcroft sits between 7th and 15th avenues, from McDowell Road to Encanto Boulevard. Free park-



## HOME &amp; GARDEN

ing is available at Phoenix College in the main parking lot (northeast corner of 15th Avenue and Thomas Road), with complimentary trolley service.

Tickets: \$20 on the day of the event at the east side of the main parking lot at Phoenix College or \$18 purchased before March 28 through the website: <http://www.encantopalmcraftergarden.org/home-tour>.

## Garden offers spring plants for sale

The Desert Botanical Garden Plant Sale is a one-stop shopping experience featuring the largest variety of arid-adapted plants available in one location. The sale will take place 7 a.m.-5 p.m. Saturday, March 21 and 9 a.m.-5 p.m. Sunday, March 22 at the garden, located at 1201 N. Galvin Parkway.

This sale will have many new and unusual plants of all sizes; selection includes trees, shrubs, perennials, vines, cacti, agaves and more. Specimen-sized plants and delivery services will be available.

Garden volunteers and horticulturists will be on hand to answer questions, assist in plant selections and offer advice. There is also a used book sale with a wide variety of subjects with all proceeds benefiting the garden's library. A large variety of specialty retailers will offer unique pottery and other garden accessories.

There is no admission charge to enter the Plant Sale. For more information, visit [www.dbg.org](http://www.dbg.org) or call 480-941-1225.

## Grant funds help rehab historic homes

The city of Phoenix Historic Preservation Office is accepting new applications for its Exterior Rehabilitation Grant Program. The program provides funding for repair and restoration work on historic homes. Owners of properties located in city-designated historic districts or individually listed on the city's historic property register are eligible to apply.

The program reimburses owners on a 50-50 matching basis for pre-approved work with grant funding between \$5,000 and \$10,000 per project. In exchange for receiving financial assistance, the property owner agrees to sell the city a conservation easement to protect the historic character of the property's exteriors.

A successful project is one that retains and preserves as much of the original historic fabric as possible while maintaining the historic, character-defining architectural elements of the home. Eligible projects include items such as foundation repair, roofing repair or replacement, masonry repointing, stucco repair, window and door repair and removal of non-historic additions.

Applications will be accepted up until 4 p.m. on Wednesday, April 8. Application materials are available online at <https://www.phoenix.gov/pdds/Pages/historicincentiveshp rehab.aspx>. For questions, contact Grant Manager Kevin Weight at 602-261-8699 or [kevin.weight@phoenix.gov](mailto:kevin.weight@phoenix.gov).

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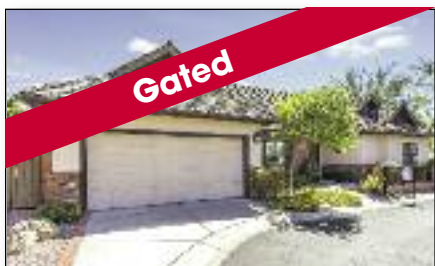


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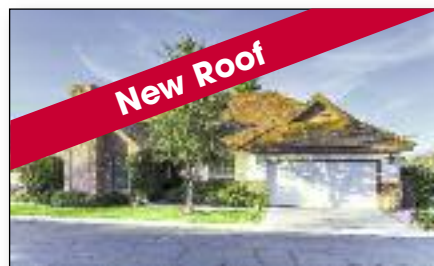
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**TAKING CARE OF BUSINESS**



Alan and Marsha Giroux, owners of All About Books and Comics, have lost their lease and are seeking the community's help to raise funds to move their massive inventory to their new space just around the corner (photo by Teri Carnicelli).

### Two businesses turn to crowdfunding for help

By Teri Carnicelli

Two longtime Valley businesses are using a crowdfunding website to bring in much-needed revenues that will help guide their respective futures. And they have a lot on the line, because with Kickstarter, you either make your goal 100 percent, or you get nothing.

Mary Coyle Ol' Fashioned Ice Cream, which shuttered its doors last year, had been a staple for North Central families since 1951, when the Coyle family moved to Phoenix from Akron, Ohio. Serving its signature homemade ice cream, as well as lunch and dinner selections, the building and business changed hands in 2011 when Phoenix resident and loyal customer Mike Stoffey bought it, with the hope of reviving the sagging business.

However, after refreshing both the décor and the food menu, business still continued to lag behind increasing costs, and Stoffey was forced to close in September 2014.

But the ice cream shop's following continues to remain strong and the Mary Coyle Facebook page is filled with fond memories, nostalgia, and a staunch hope that the popular ice cream will one day return.

A recent post to the Facebook page announced the launch of the Kickstarter campaign, with the goal of

raising \$45,000 to make Mary Coyle ice cream a mobile product.

Stoffey envisions the new Mary Coyle as a good ol' fashion ice cream truck, serving real ice cream scoops all over Phoenix. But first he needs the community's help to purchase a used truck, outfit it with some freezers and other gear needed to scoop the ice cream, dress it up in the Mary Coyle colors, and put it on the road.

"I'm putting up the location to make the ice cream myself," Stoffey explained.

Once the project is funded, Stoffey expects to have the truck on the road 90 days after that.

"We'll be competing with everyone else on the road serving dessert, but we think our product is unique and that people love it, so we'll be able to handle the competition," Stoffey said.

The Kickstarter campaign will run through March 28. For a \$5 pledge you get a free scoop of ice cream, and there are various levels of donation up to \$10,000, which can get your name on the truck as a sponsor (only 3 available). For more information, visit <http://kck.st/1KNLUrY>.

Another longtime Valley business also will be closing its doors shortly, but only to move to a new site around the corner. The move comes not by choice but by necessity, as All About Books and Comics lost its lease and has

*please see KICKSTARTER on page 24*

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**DOWN DOGS FOR PAWS** with Tami Link  
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**HAPPY KNEES + HIPS** with Alexandria Papouzis  
Saturday, March 21, 1:00 - 2:30pm -- \$40

**NOURISH YOUR KIDNEYS** with Kat Myers, L.Ac.  
Sunday, March 29, 1:00-3:00pm -- \$40 pre-paid/\$50 at the door

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## TAKING CARE OF BUSINESS

**KICKSTARTER continued from page 22**

to find a more affordable space for its hundreds of thousands of comics, collectibles and more.

All About Books and Comics, 5060 N. Central Ave., has been in business in uptown Phoenix since 1973 and has a rich history as the oldest comic book store in the Valley, with more than 4,000 square feet devoted to comics from 1940 to the present.

Now the owners are renovating not one but two adjacent spaces in the small strip center less than a quarter mile away, at 24 W. Camelback Road.

"It had to be close because we wanted to keep our existing customer base," explained Alan Giroux, who owns the shop with his wife, Marsha.

"Moving literally 1 million comics and completing construction on a brand new store location will be an extremely costly endeavor, so we're turning to our community, our friends, our family, and our phenomenal customers to help us with this unexpected, costly venture," Giroux explained.

They have to be out by July but hope they will be moved and open by June.

The couple launched a Kickstarter campaign to crowd-fund a portion of their moving expenses, to the tune of \$33,000. As of the end of February, they are already two-thirds of the way there. Donors will receive exclusive perks, rewards, recognition, and merchandise to help move the shop. The campaign runs through March 11.

For more information, visit <http://kickstarter.com/projects/allaboutcomics/mom-and-pop-move-their-comic-shop>, or call 602-277-0757.

## Business Briefs

### Retirement center hosts on-site job fair

Fellowship Square Phoenix will host a Job Fair 1-3 p.m. Tuesday, March 10, in the NC Front Lobby, 11812 N. 19th Ave.

Part of the not-for-profit Christian Care family of communities, Fellowship Square is now accepting applications for RNs, CNAs, caregivers, housekeepers, janitors, wait staff, cooks, dietary aides, dishwashers, management, administrative, maintenance, HVAC maintenance, drivers, security and activities staff. There are up to 50 jobs available.

Fill out an application online at

[www.christiancare.org](http://www.christiancare.org) before attending the fair. Bring resume and/or print out the completed application. No phone calls. For more information, visit [www.fellowshipsquarephoenix.org](http://www.fellowshipsquarephoenix.org) or call 602-943-1800.

### Virginia Auto marks 20 years with a party

Virginia Auto Service, an award-winning auto repair shop in Phoenix, celebrates its 20th anniversary with a public open house 10 a.m.-3 p.m. Saturday, March 28, at the shop, located at the northwest corner of 7th Street and Virginia Avenue.

Activities include a live remote broadcast of KTAR's "Bumper to Bumper Radio," as well as raffle and door prizes, a barbecue lunch, dunk tank and other games, and a blood drive for United Blood Services. This family-friendly event is free and open to the public.

Matt Allen was just 24 years old when he discovered an auto repair shop for sale. Although the building was boarded up and in need of many repairs, through Allen's eyes, the shop looked like his lifelong dream come true. So with a little money, and a lot of elbow grease, Virginia Auto Service opened its doors.

Over the last 20 years, Virginia Auto Service has weathered several storms including a devastating arson fire in 2004 that almost destroyed the shop. Through it all, Allen has persevered and built a business that has won several awards.

For more information or to RSVP, call 602-266-0200.

### Local FastSigns gets sales award

FastSigns of Phoenix-Central/Downtown received national recognition out of more than 570 locations worldwide at the 2015 FastSigns International Convention, which was recently held in Dallas, Texas.

Owner Scott Koehler received the Pinnacle Club Award, which is given to the centers ranked 26 to 125 in the United States and Canada for sales volume from the previous year.

FastSigns provides comprehensive visual communications solutions, including wall, window and floor graphics, architectural signs, trade show displays, wayfinding solutions, vehicle wraps, digital signage and more. For more information, call 602-266-7446 or visit [www.fastsigns.com/128](http://www.fastsigns.com/128).



## TAKING CARE OF BUSINESS

### Local woman helps with better meal choices

North Central resident Jayne L. Newmark last December opened Newmark Nutrition, LLC, as a private healthcare practice near Central Avenue and Bethany Home Road.

Newmark Nutrition offers nutrition counseling for clients who want to make healthy eating choices tailored to their individual needs. Weaving nutrition science with the emotional and behavioral aspects of eating, Newmark provides easily understandable guidance to clients who are searching for long-term results. She also presents funny and informative programs on nutrition to small and large groups.

Certified as a Registered Dietitian Nutritionist (R.D.N.) by the National Academy of Nutrition and Dietetics, Newmark has spent more than 30 years in the nutrition field, with particular emphasis on cardiovascular disease, diabetes, weight control, kidney disease, and gluten intolerance.

Newmark served as director of Nutrition Services at the Arizona Heart Institute, writing "Food for Health," a comprehensive diet book, and creating "Heart Healthy Lessons for Children," a nutrition education program implemented nationwide. She has designed and run nutrition programs for cardiovascular rehabilitation, adult fitness, weight management, and cardiac transplantation programs, in addition to counseling cardiovascular and diabetic patients on nutrition. Newmark also has provided nutrition counseling for kidney patients in dialysis clinics.

For more information, call 602-264-3587 or visit [www.newmarknutrition.com](http://www.newmarknutrition.com).

### Symposium looks at the state of retail

The Arizona Association for Economic Development (AAED) and the International Council of Shopping Centers (ICSC) will be hosting a retail symposium on Tuesday, April 7 from 7:45 a.m. to 1:30 p.m. at the Phoenix Country Club, 2901 N. 7th St.

Garrett Newland, vice president of Development for Macerich, will deliver the keynote address, "Renewing Retail." He will discuss the health of retail, what trends retail developers are seeing and what types of joint ventures may be on the horizon.

Leslie Fox, communications director, ICSC, will share insight on Main

Street Fairness legislation, which could impact sales tax collection and remittance for out-of-state retailers.

The symposium will open with the panel discussion, "Case Studies—Retail Renewed and Repurposed." Kim Ryder, Goodwill of Central AZ, will moderate a "Meet the Retailers" session.

The cost of the symposium is \$60 for AAED members, \$70 for non-members before April 3; and \$85 for late registrants. To register, visit [www.aaed.com/events](http://www.aaed.com/events).

Vegetarian meals must be requested in advance. For more information, call AAED at 602-240-AAED (2233), or visit [www.aaed.com](http://www.aaed.com).

### Espinoza recognized for Fastbraces clients

Dr. Mark Espinoza of Central Dental Care has received his Master Affiliate Level Certification from Fastbraces Technology. Fastbraces is an advanced braces and tooth-straightening technology that produces final results in about three to 12 months, versus up to two years or more for traditional braces. The patented system works to realign both the root and crown of the tooth simultaneously.

The Master Affiliate Level Certification means that Espinoza has completed the required number of Fastbraces cases to be considered a Specialist in this technology.

Central Dental Care has been utilizing Fastbraces Technology for more than three years. Each finished procedure requires the client to fill out a Treatment Evaluation, along with contact information, that is then submitted to the Fastbraces Technology Headquarters. The Treatment Evaluation consists of 20 questions, about quality and value of care, that the patient answers. Only after the required number of these Treatment Evaluations are received, indicating "100% Satisfaction" rating, does the dentist receive the Fastbraces Master Affiliate Level Certification.

Espinoza says, "This teeth-straightening, technology is especially fulfilling for me because I can enjoy the new smiles on my clients' faces after the treatment is finished. Fastbraces are easier to install, produce much quicker results, with less discomfort and for less money than traditional braces."

Central Dental Care is located at 9315 N. Central Ave. For more information, call 602-943-7297 or visit <http://centraldentalcare.com>.



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**HomeSmart's  
Diamond Club  
2011 through 2014**

**Top Selling Agent  
in North Central**  
for the 12th year in a row

Ranked  
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*Phoenix Business Journal*

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for 2003"**

by the  
*Phoenix Business Journal*

Runner up for  
*Broker/Agent Magazine*  
**Realtor of the Year  
in 2003**

Winner  
**Double Diamond Award  
2003 through 2010**

Winner  
**Diamond Club  
1999 through 2002**

**Kathy Wright**  
Licensed Assistant

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2012, 2013**

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Associate Broker

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## Current Listings/Escrows

(North Central homes in bold)

7110 N. Central Ave. ....	<b>NEW PRICE</b>	14,383 SF	13BR/12.5BA	\$2,500,000
7152 N. 23rd Pl. ....	<b>NEW PRICE</b>	4891 SF	4BR/4.5BA	\$1,650,000
5600 N. 4th St. ....	<b>JUST LISTED</b>	5731 SF	6BR/6BA	\$1,595,000
2211 E. Camelback Rd. #302	<b>NEW PRICE</b>	3000 SF	3BR/3BA	\$ 999,000
7339 N. 2nd Dr. ....	<b>IN ESCROW</b>	4246 SF	5BR/4BA	\$ 899,000
6854 N. Hillside Dr. ....	<b>NEW PRICE</b>	Lot 52	Vacant land	\$ 745,000
1117 W. Tuckey Ln. ....	<b>IN ESCROW</b>	3253 SF	4BR/2.5BA	\$ 749,900
405 E. Montebello Ave. .	<b>IN ESCROW</b>	3399 SF	4BR/3.5BA	\$ 734,900
41 W. Marlette ....	<b>IN ESCROW</b>	5640 SF	6BR/5.5BA	\$ 700,000
7032 N. 2nd Ave. ....	<b>JUST LISTED</b>	3075 SF	4BR/3BA	\$ 679,000
5302 N. 6th St. ....		2789 SF	4BR/3BA	\$ 629,000
9139 N. 82nd St. ....	<b>IN ESCROW</b>	2820 SF	4BR/2BA	\$ 599,000
7619 N. 11th St. ....	<b>IN ESCROW</b>	3304 SF	5BR/3BA	\$ 535,000
40 W Lawrence Rd. ....	<b>IN ESCROW</b>	1829 SF	3BR/1.75BA	\$ 525,000
201 W. Palmar Dr. ....	<b>IN ESCROW</b>	2332 SF	4BR/1.75BA	\$ 525,000
8915 N. Drey Ln. ....		2510 SF	3BR/3BA	\$ 495,000
4427 E. Montecito Ave. ....		2555 SF	4BR/3BA	\$ 495,000
7911 N. 16th Dr. ....	<b>NEW CONSTRUCTION</b>	2483 SF	3BR/3.5BA	\$ 489,900
7915 N. 16th Dr. ....	<b>NEW CONSTRUCTION</b>	2483 SF	3BR/3.5BA	\$ 469,900
7734 N. 16th Ln. ....	<b>JUST LISTED</b>	3104 SF	5BR/2.75BA	\$ 495,000
2524 E. Vogel Ave. ....	<b>JUST LISTED</b>	2449 SF	2BR/2BA	\$ 485,000
6317 N. 10th Pl. ....	<b>IN ESCROW</b>	2894 SF	4BR/3BA	\$ 419,000
7349 N. 11th Pl. ....		1972 SF	3BR/2BA	\$ 399,900
2735 S. Kenneth Pl. ....	<b>IN ESCROW</b>	2451 SF	4BR/2.5BA	\$ 389,000
723 W. Glenn Dr. ....	<b>NEW PRICE</b>	2381 SF	3BR/2BA	\$ 369,000
9409 N. 17th Way ....		2447 SF	3BR/2BA	\$ 365,000
77 E. Missouri Ave. #41		2664 SF	3BR/3BA	\$ 365,000
11109 E. Mercer Ln. ....	<b>JUST LISTED</b>	2100 SF	3BR/2BA	\$ 359,000
751 E. Belmont Ave. ....	<b>JUST LISTED</b>	2002 SF	3BR/2BA	\$ 350,000
821 E. Palmar Dr. ....	<b>JUST LISTED</b>	3446 SF	5BR/4BA	\$ 330,000
7349 N. 11th Pl. ....	<b>NEW PRICE</b>	1972 SF	3BR/2BA	\$ 329,900
18 W. Medlock ....	<b>IN ESCROW</b>	1148 SF	2BR/1BA	\$ 325,000
310 W. Oregon Ave. ....	<b>IN ESCROW</b>	1770 SF	2BR/1.75BA	\$ 325,000
3017 W. Glendale Ave. ....		Land		\$ 260,000
8150 N. Central Ave. #15	<b>JUST LISTED</b>	1922 SF	3BR/2.5BA	\$ 240,000
4131 E. Camelback Rd. #29	<b>JUST LISTED</b>	1092 SF	2BR/1.75BA	\$ 114,900
1133 E. Gardenia Dr. ....		1916 SF	3BR/2BA	\$ 259,000
514 W. Townley Ave. ....	<b>IN ESCROW</b>	1568 SF	3BR/2BA	\$ 258,000
6516 N. 10th Pl. ....	<b>JUST LISTED</b>	1883 SF	3BR/2.5BA	\$ 235,000
3850 E. Crocus Dr. ....	<b>JUST LISTED</b>	1493 SF	3BR/2BA	\$ 199,000
6047 N. 9th Ave. ....	<b>IN ESCROW</b>	1753 SF	3BR/2BA	\$ 189,000
7004 N. 11th Way. ....	<b>IN ESCROW</b>	1267 SF	3BR/2BA	\$ 180,000
1145 E. Orangewood. Ave. ....		Vacant lot		\$ 100,000

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## 2014

<b>2014</b>		727 W. Seldon Ln.	\$ 670,000	7801 N. 6th St.	\$ 469,000	6 E. Laurie Ln.	\$ 368,400	9712 N. 3rd Dr.	\$ 249,000	5704 E. Aire Libre #1067	\$ 133,000
6500 E. Cheney Dr.	\$1,825,000	714 W. Claremont St.	\$ 665,000	719 E. Circle Rd.	\$ 466,500	6610 N. 11th Pl.	\$ 365,000	6612 N. 7th Dr.	\$ 241,500	7009 N. 14th Dr.	\$ 130,000
6033 N. 20th St.	\$1,491,000	723 W. Claremont St.	\$ 660,000	6135 N. 16th Pl.	\$ 453,000	1042 E. Myrtle Ave.	\$ 365,000	1130 E. Glenn Dr.	\$ 234,500	1927 E. 8th St.	\$ 126,500
5752 N. 2nd Ave.	\$1,325,000	812 W. Claremont	\$ 640,000	502 E. Kaler	\$ 450,000	15 E. Laurie Ln.	\$ 364,403	4149 N. 42nd St.	\$ 230,000	2422 E. Villa Maria	\$ 125,000
5401 E. Calle Del Medio	\$1,200,500	22 E. Marshall Ave.	\$ 625,000	6125 N. 5th Pl.	\$ 440,000	6807 N. 4th Pl.	\$ 364,000	7718 N. 15th Ave.	\$ 225,000	1722 W. Cochise Dr.	\$ 101,500
5726 N. Central Ave.	\$1,095,000	808 W. Calremont St.	\$ 625,000	50 E Maryland	\$ 440,000	11434 E. Stanton Cr.	\$ 350,000	18410 N. 12th Pl.	\$ 215,000	724 E. Devonshire #203	\$ 82,500
2109 E. Kaler Dr.	\$1,050,000	718 W. Claremont St.	\$ 625,000	18 E. Laurie Ln.	\$ 435,239	3115 E. Sells Dr.	\$ 347,000	819 E. Audrey Ln.	\$ 214,900	2023 N. 22nd Pl.	\$ 85,000
6611 N. Central Ave.	\$ 930,000	719 W. Claremont St.	\$ 580,000	1545 E. Frier	\$ 435,000	322 E. Pierson	\$ 343,750	610 E. Royal Palm Sq.	\$ 212,500		
7151 N. 3rd St.	\$ 882,000	710 W. Claremont	\$ 574,461	1338 W. Hayward Ave.	\$ 425,000	7 W. Cheryl Ln.	\$ 340,000	1902 E. Whitton Ave.	\$ 209,000	<b>2015</b>	
3500 E. Lincoln Dr. #19	\$ 850,000	302 E. Marlette Ave.	\$ 566,200	5426 E. Campo Bello	\$ 425,000	9433 N. 19th St.	\$ 340,000	702 E. State Ave.	\$ 205,000	14838 N. 15th Ave.	\$ 740,000
7602 N. Central Ave.	\$ 850,000	8434 N. 7th Ave.	\$ 550,000	8205 N. 3rd Ave.	\$ 424,000	5302 N. 6th St.	\$ 337,000	10616 N. 10th Dr.	\$ 205,000	6833 N. Central Ave.	\$ 607,000
8534 N. 16th Pl.	\$ 840,000	4800 S. Nevada	\$ 547,500	5426 E. Campo Bello	\$ 421,750	1202 W. Stella Ln.	\$ 333,000	2605 E. Dragoon	\$ 201,000	331 E. Tuckey Ln.	\$ 577,500
322 W. Berridge	\$ 825,000	711 W. Claremont	\$ 540,000	10 E. Laurie Ln.	\$ 419,900	4240 N. 9th Ave.	\$ 330,000	7231 N. 6th Way	\$ 200,000	8 Biltmore Estates #102	\$ 475,000
6411 N. 27th St.	\$ 812,000	7212 N. 15th Ave.	\$ 540,000	34 E. Canterbury Ct.	\$ 415,000	77 E. Missouri Ave. #44	\$ 329,500	1020 E. Pierson	\$ 197,500	7919 N. 16th Dr.	\$ 463,500
6111 N. 2nd Pl.	\$ 810,000	810 E. Harmont	\$ 539,500	903 W. Claremont St.	\$ 405,000	5550 N. 16th St. #122	\$ 327,500	1629 E. Montebello	\$ 190,000	3845 E. Glenrosa Ave.	\$ 428,000
2 E. Northview Ave.	\$ 799,000	8702 N. 11th Ave.	\$ 535,000	22 E. Laurie Ln.	\$ 400,000	1304 E. Tuckey Ln.	\$ 327,000	3646 N. 38th St. B	\$ 185,000	219 E. Winter Dr.	\$ 401,000
722 W. Claremont	\$ 784,710	1147 W. Northview Ave.	\$ 520,000	77 E Missouri Ave. #5	\$ 400,000	7001 N. 2nd St.	\$ 325,000	6533 N. Maryland Cr.	\$ 185,000	7533 N. 8th St.	\$ 365,000
5102 N. 22nd St.	\$ 755,000	7212 N. 15th Ave.	\$ 520,000	6119 N. 5th Pl.	\$ 392,500	7045 N. 15th Ave.	\$ 325,000	1401 W. Glenrosa	\$ 185,000	7755 N. 7th Ave.	\$ 360,000
18 E. Marlette Ave.	\$ 755,000	141 E. Kaler Dr.	\$ 520,000	23 E. Laurie Ln.	\$ 395,027	6330 N. 7th Ave.	\$ 320,000	3235 E. Camelback Rd.	\$ 180,000	1502 E. Berridge Ln.	\$ 315,000
7219 N. 1st Pl	\$ 749,500	3039 E. Stella Ln.	\$ 517,500	14 E. Laurie Ln.	\$ 382,739	19313 W. Windsor	\$ 315,000	6803 N. 17th St.	\$ 180,000	1641 E. Aurelius Ave.	\$ 295,000
150 E. Wagon Wheel	\$ 748,500	340 E. Rose Ln.	\$ 500,000	4702 E. Beverly Ln.	\$ 380,000	44 E. Vernon	\$ 315,000	1613 W. Verde Ln.	\$ 179,900	1313 W. Rose Ln.	\$ 262,500
816 W. Claremont St.	\$ 747,412	515 E. Georgia Ave.	\$ 499,000	702 E. Northview Ave.	\$ 376,000	8007 N. 5th St.	\$ 305,000	6223 N. 21st Dr.	\$ 160,000	5508 N. 5th Ln.	\$ 255,000
809 W. Claremont St.	\$ 739,582	2121 E. Palo Verde	\$ 492,000	2838 E. Campbell	\$ 375,000	202 W. Turney Ave.	\$ 295,000	7003 N. 11th Way	\$ 158,000	750 E. Northern Ave. #1141	\$ 155,000
5844 N. 2nd Ave.	\$ 725,000	5048 N. 25th Pl.	\$ 480,000	5107 E. Juniper	\$ 375,000	701 W. Northview	\$ 273,000	10617 N. 37th Ave.	\$ 153,000	3023 E. Palm Ln.	\$ 129,900
5640 N. 3rd Ave.	\$ 722,000	1652 E. Rose Ln.	\$ 475,000	740 W. Tuckey Ln.	\$ 371,000	114 W. Interlacken Dr.	\$ 270,000	3221 N. 37th St #28	\$ 142,000		
6502 N. 1st Pl.	\$ 720,000	7825 N. 16th Ln.	\$ 475,000	7144 N. 15th Pl.	\$ 370,000	1732 E. Belmont Ave.	\$ 265,000	8755 W. Ocotillo Rd.	\$ 142,000		
804 W. Claremont	\$ 690,131	7916 N. 16th Dr.	\$ 475,000	19 E. Laurie Ln.	\$ 370,000	1533 E. Montebello Ave.	\$ 259,100	1009 E. Weldon Ave.	\$ 140,000		
813 E. Claremont St.	\$ 688,582	77 E. Missouri #19	\$ 470,000	6807 N. 4th Pl.	\$ 370,000	740 E. Belmont Ave.	\$ 255,000	207 W. Claremont Ave.	\$ 140,000		





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### HEALTHY LIVING



As part of the Carrington Cares community outreach program, students in the Medical Assisting program at Carrington College's Phoenix North recently cut, stuffed and sewed heart-shaped pillows that they later delivered to little patients at Phoenix Children's Hospital (submitted photo).

## Nursing students make pillow hearts

Students in the Medical Assisting program at Carrington College's Phoenix North Campus on Feb. 17 delivered 400 homemade heart-shaped pillows to Phoenix Children's Hospital (PCH).

The community outreach was part of Carrington's Heart Pillow Project, which aims to raise awareness of congenital heart defects. As part of the program, now in its sixth year, the pillows are cut, sewn, stuffed and stitched by students, staff and faculty to donate to the children at PCH over the course of six weeks. And, to bring a smile to each child's face, they also attach cards of encouragement to each pillow with a ribbon and pin.

"Not only is the message included with the pillow meant to be inspirational, but the pillow will have a practical use," said Traci Chace, medical assisting instructor with Carrington College's Phoenix North campus. "For some patients, the pillow will be placed under the back of their necks so their heads can be tilted back to change the breathing apparatus. For others, a pillow helps patients who cough to sit up and hold on to the pillow and cough. It helps children because it's something to cuddle with, and it helps the parents by having something to hang on to."

Although the pillow project is intended to raise awareness of congenital heart defects, young patients with

other ailments also received pillows.

According to the National Heart, Lung, and Blood Institute, congenital heart defects are considered to be the most common birth defects in the United States, affecting 1 in 100 births each year, and are a leading cause of birth defect-related deaths worldwide.

"Despite the fact that congenital heart defects affect approximately 1.8 million families in the United States, a relatively small amount of funding is currently available for parent/patient educational services, research, and support," says Chace.

This project is one of many the local campus undertakes each year as part of its Carrington Cares community outreach program. Carrington College Phoenix North, 8503 N. 27th Ave., offers a variety of programs in the medical, dental and veterinary fields. For more information, visit [www.carrington.edu](http://www.carrington.edu).

## Health Briefs

### Free stroke seminar at Phoenix Baptist

Abrazo Health's Phoenix Baptist Hospital presents a free stroke awareness seminar and free health screenings on Thursday, March 12.

The seminar is being held to raise awareness about stroke, which is the No. 4 cause of death in the United States, killing nearly 129,000 people a year. Someone in the United States has



HEALTHY LIVING

a stroke once every 40 seconds, according to the American Stroke Association. Physician presentations will be from 6-7 p.m., including Dr. Ahmed El-Gengaihy, a board-certified vascular neurologist, who will discuss stroke statistics, stroke risk factors, prevention, management, different types of stroke and symptoms.

Dr. Robert Cooney, a board-certified radiologist, will explain the importance of acting “F.A.S.T.” if you or someone you know is experiencing symptoms, how to treat stroke, why time is important, what to expect after a stroke and recurrent stroke prevention.

After the lectures, health experts will provide free screenings for heart rate, blood pressure and body mass index and discuss individualized stroke risks with participants.

The activities will be in the hospital’s Arlene Copley Wellness Center located in the South Building on the hospital campus, 2000 W. Bethany Home Road. Registration is required; call 855-292-9355 to reserve a seat.

Nourish your mind, body at Kinesphere

Kinesphere Center for Movement Education offers workshops in March to help move your Qi, make your hips happy, and nourish your kidneys.

Community Acupuncture with Kat Myers, LAc, and Shelley O’Dell-Brock, LAc, takes place 1-4 p.m. Sunday, March 8. The last treatment will be at 3:45 p.m. Cost is \$25. Call or text 480-221-7435 to reserve your spot or schedule a private acupuncture session.

Happy Knees & Hips with Alexandra Papazian is set for 1-2:30 p.m. Saturday, March 21. Your hips and knees are vital to your everyday health, assisting you when you walk, run, dance, and just move in general. Because of the complexity of the hip/knee kinetic chain, issues arising at either joint almost always tend to involve the other. In this workshop, you will learn the basics of hip and knee anatomy to better understand these joints’ roles and functionality. You will also learn and practice exercises to strengthen the corresponding musculature for better ease of movement. Cost is \$35 if reserved by March 11, \$40 after. Call 602-532-3111.

A Bodyrolling & Auricular Acupuncture workshop conducted by Kat Myers will take place 1-3 p.m. Sunday, March 29. Move your Qi with

gentle QiGong and bodyrolling. Experience sacred sound with gong and acutonics. Enjoy an auricular (ear) acupuncture treatment. Learn about your kidney meridian and kidney nourishing herbs. Space is limited to 15. Pre registration is required. Cost is \$40 pre-paid, \$50 at the door. Call or text 480-221-7435 to reserve your spot.

Kinesphere is located at 711 E Missouri Ave., Suite 180. For more information, visit [www.kcme-az.com](http://www.kcme-az.com) or call 602-532-3111.

Holy yoga offers stretching, spirituality

Whether you are trying to connect with your body or connect with a higher meaning, Holy Yoga might just meet both your needs.

“Holy Yoga is a physical practice of aligning the body combined with breath work and mindful intention of reliance on God,” says Brooke Boon, founder of Holy Yoga. “The classes are designed to facilitate the worship and celebration of God through movement, biblical meditation, and fellowship.” Classes often are accompanied by contemporary Christian music.

Holy Yoga classes are held every Tuesday and Thursday at Living Streams Church, 7000 N. Central Ave., in Building B. The Tuesday class is a 75-minute HY Level 1/2 Class that begins at 9:15 a.m. Every Thursday at 6 p.m., a Gentle Yoga Class runs for 60 minutes.

The classes are free but donations are welcome. For more information, call 602-677-2777 or e-mail [vangiero-driguez@msn.com](mailto:vangiero-driguez@msn.com).

The right foods can fight cancer

The monthly Cancer Support Group offers support for patients, families and community members dealing with all types of cancers. The next meeting is set for 6-7:30 p.m. Thursday, March 19, at Bink’s Midtown, 2320 E. Osborn Road, in the large meeting room. Complimentary valet parking is provided.

The guest speaker is Colleen Huber, NMD, who will discuss the link between nutrition and cancer. Admission is free. Complimentary refreshments will be served, however, seating is limited and an RSVP is requested by Monday, March 16.

For more information or to RSVP, call Terry Ratner at 602-527-3776 or e-mail [Tjrwriter@aol.com](mailto:Tjrwriter@aol.com).



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The 17-member Vocal Ensemble from Sunnyslope High School is traveling to New York City this month to perform at the prestigious Carnegie Hall, under the direction of world-renowned conductor Anton Armstrong (submitted photo).

### Vocal group seeks help for NYC trip

The 17-member Vocal Ensemble from Sunnyslope High School is gearing up for the trip of a lifetime this month, and is seeking the community's support to help them get there.

The Vocal Ensemble will travel to New York City March 19-23 to participate in a two-day rehearsal with other students from around the country, under the baton of world-renowned conductor Anton Armstrong, culminating in a performance as a National Youth Choir at Carnegie Hall on March 22.

Sunnyslope's Concert Choir (60 students) and Vocal Ensemble participated in the Heritage Festival in Anaheim, Calif., last year, where both choirs received Gold ratings. That qualified them to go to a "Festival of Gold." Choir Director Tamara Krause chose the NYC trip because she knew from past experience how life altering it could be for the students.

"This is my third year at Sunnyslope and our previous director, Stephanie Coury, had a tradition of taking a large group to a festival in California one year and taking a smaller, elite group on a bigger trip the alternate year," Krause explains. "Both of my sons were in her choir program and performed with the Vocal Ensemble in San Francisco, at Carnegie Hall in New York and at a festival in Washington, D.C., during President Obama's first inauguration.

"As a parent, I saw first hand the life-changing experience this was for the students who participated," Krause says. "When I came to Sunnyslope, I knew I wanted to continue that tradition."

Krause chose the Festival at Carnegie Hall because of the opportunity for her students to learn from one of America's premier conductors as well as "the chance to perform in such an amazing, historic venue." And a visit to the Big Apple is always a memorable occasion.

But trips like this aren't cheap, and the Vocal Ensemble members have been raising money since the beginning of the school year by singing at private parties and public events and selling "Butter Braids," a tasty pastry. But the biggest financial boost can come from tax credit donations, where donors can receive a dollar-for-dollar tax credit of up to \$400 for single people and up to \$800 for married couples filing jointly on their tax returns.

"Our Vocal Ensemble is made up of 17 great students who have worked hard to learn their music and raise the money for the trip," Krause says. "There are several who are still working on raising their share. We would absolutely welcome donations and tax credits to help fund the rest of the trip."

Donations can be dropped off at the Sunnyslope High Bookstore; please indicate "Vocal Ensemble" on the memo line. In addition, the Vocal Ensemble is having its Spring Concert

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## SCHOOL DAYS

at 7 p.m. Tuesday, March 10, in the SHS auditorium. A table will be set up out front for Butter Braid sales as well as to collect monetary donations.

For more information, contact Tamara Krause at 623-915-8760 or Tamara.Krause@guhsdaz.org.

## High school journalists can apply for funds

Arizona high school students planning to study journalism at an Arizona university or Arizona community college in the fall of 2015 are invited to apply for the \$1,000 June Payne Memorial Journalism Scholarship. Application deadline is April 26.

Arizona Professional Writers, a statewide organization of professional communicators formerly known as Arizona Press Women, established the annual scholarship with funds honoring the memory of June Payne, a longtime member, journalist and photographer.

Applicants must be graduating high school seniors who intend to major in journalism at an accredited Arizona university or community college. Requirements include filling out an application, a letter of recommendation from a high school teacher, two published [print, online or video] writing/reporting samples and a one-page letter from the student that describes her/his background and the reasons she/he wants to pursue a career in journalism.

For applications and more instructions, visit [www.arizonaprofessionalwriters.org](http://www.arizonaprofessionalwriters.org) under "competitions" or contact the scholarship chair Joan Westlake at [jkwestlake@aol.com](mailto:jkwestlake@aol.com).

## Kohl's offers scholarship for young volunteers

Kohl's Department Stores is accepting nominations for outstanding young volunteers for the 2015 Kohl's Cares® Scholarship Program. Nominations for kids ages 6 to 18 will be accepted through March 13 at [www.kohlskids.com](http://www.kohlskids.com), and nominators must be 21 years or older. Nominees must not yet be high school graduates.

Through the program, Kohl's will award more than 2,200 young volunteers more than \$440,000 in scholarships and prizes honoring kids who have made a positive impact on their communities. Two nominees from each of the more than 1,100 Kohl's stores nationwide will

win a \$50 Kohl's gift card.

More than 200 of the store winners will win regional scholarships worth \$1,000 toward post-secondary education. Ten national winners will be awarded \$10,000 each in scholarships for post-secondary education and Kohl's will donate \$1,000 to a nonprofit organization on each national winner's behalf.

## School Briefs

### GLENDALE UNION HIGH SCHOOL DISTRICT WHS gets Gold, named a 'Beat the Odds' school

A North Central high school with a minority-intensive, low-income student population received a gold award and has been named "Beat the Odds Schools" by Beat the Odds Institute, an initiative of the Center for the Future of Arizona.

A Gold Award went to Washington High School, as well as former Principal Carol Lippert and current Principal Tami Strege.

Only schools that attain gold-medal status—the highest level of achievement in the Beat the Odds program—are conferred the title of a Beat the Odds School.

Based upon methodology from best-selling author Jim Collins, Beat the Odds is a rigorous, multi-year school improvement program providing mentoring and training for principals. It focuses on K-12 schools where at least 50 percent of the students are on free or reduced lunch and at least 50 percent are minority, primarily Latino. A total of six schools earned Gold, eight schools earned Silver and 12 earned Bronze awards.

Marjorie Kaplan, executive director of Beat the Odds Institute, said, "Our award winners demonstrate that demography is not destiny. They have overcome obstacles and improved academic performance through their commitment to our Six Keys to Success."

Based upon research, the six keys are a strong and steady principal, a clear bottom line, ongoing assessment, collaborative solutions, a program built on individual student needs and a commitment to stick with the program.

"Successful schools do things differently and don't make excuses," Kaplan said.

Additional information is available at [www.BeatTheOddsInstitute.org](http://www.BeatTheOddsInstitute.org).

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## SCHOOL DAYS



Osborn District third grader Isai Romero Sosa displays his Coral project, which he created as part of the Spanish Dual Language program's Sea Creature Project (submitted photo).

### MADISON ELEMENTARY SCHOOL DISTRICT

#### Student records will be destroyed in May

Following the microfilming of these records, all original permanent cumulative records of students born in 1997 who have withdrawn from the Madison School District will be destroyed. In addition, all permanent cumulative records of students who promoted out of Madison schools in 2011 will be destroyed.

Before any records are destroyed, parents have the right to review and obtain copies of their child's records. Contact Madison School District, Student Records Department at 602-664-7958 before May 16.

### OSBORN ELEMENTARY SCHOOL DISTRICT

#### Third graders work on Sea Creature Projects

One of the projects in the third-grade English Language Arts (ELA) Unit 2 is to choose a sea animal, conduct research and write an informative paragraph using a variety of resources. Students in the two Spanish Dual Language classrooms at Encanto School took the project further, creating Google slide presentations and research displays with illustrations, images, models and paintings.

They used Chromebooks (laptop computers) to develop their presentations, wrote using Spanish symbols, translated entire websites using Google translate, and designed their displays.

All displays were constructed at home with the help of family members.

Encanto's third-grade teachers integrated the ELA Unit 2 theme exploring how animals and places in the ocean inspire people to do great things with the science concepts students of animal adaptation and lifecycles.

### Longview students complete interviews

Longview Elementary sixth graders recently interviewed for positions in the upcoming Junior Achievement BizTown. JA BizTown will offer students hands-on experiences in a student-sized town built just for them.

To prepare for this real-world career simulation event, students interview for desired jobs they felt best fit their skill set. As they prepare for BizTown, students will create business plans, calculate operating costs and design marketing campaigns.

Longview teachers make their classroom Language Arts and Social Studies lessons relevant to college and career.

Community members Graham Tubbs, Leonard Kahl, Daniel Chavarria, Brian Kemp-Schlemmer, Jenny Poon and Katie Paetz, and staff Nora O'Connell and Elaine Marxer helped with the interviews.

### PHOENIX UNION HIGH SCHOOL DISTRICT

#### Banuelos moves up in scholarship contest

Camelback High senior Nataly Banuelos has been selected from an initial pool of 102,600 applicants as a



SCHOOL DAYS

Semifinalist in the Coca-Cola Scholars Program. She will now continue through the selection process with an opportunity to receive a \$20,000 scholarship.

Byun receives his citizenship

Metro Tech math teacher Sunghwan Byun on Jan. 9 was sworn in as a U.S. citizen. Byun earned his first degree in South Korea, but became interested in the United States as an international exchange student at the University of Hawaii.

He came to Oregon State University where he received his M.S. in Mathematics Education. Byun has taught for seven years, four at Metro Tech teaching AP Calculus and Pre-Calculus classes. Last year he became a National Board Certified Teacher.

WASHINGTON ELEMENTARY SCHOOL DISTRICT Health, Safety Fair coming March 5

Moon Mountain Elementary School invites parents and community members to the third-annual Health and Safety Fair, set for 4:30-6:30 p.m. Thursday, March 5. Moon Mountain Elementary School is located at 13425 N. 19th Ave.

The event will provide attendees the opportunity to visit informational booths with free health and safety information and resources to access in the community. The event is a combined effort of school staff, Student Council and the Parent/Teacher/Student Association. For more information, contact the school social worker, Adriana Lopez, at 602-896-6076.

Employees of the month honored

WESD congratulates Ashley Klein, sixth grade Teacher, Royal Palm Middle School; and Renee Morrison, library technician, Richard E. Miller Elementary School on being named Employees of the Month for February.

The WESD Employee of the Month recognition is bestowed upon employees who have exemplified the Vision, Mission and Values of the district. These employees serve as an inspiration to others by maintaining high customer service standards and a commitment to student achievement. Honorees enjoyed breakfast with the superintendent and received a commemorative plaque.



Molly Scheel, left, and Kate Even of Xavier College Preparatory were both recently named First Team Volleyball All-Americans (submitted photo).

PRIVATE AND CHARTER SCHOOLS Two XCP Gators named All-Americans

Xavier College Preparatory seniors Molly Scheel and Kate Even were both named First Team Volleyball All-Americans by the Dairy Council of Arizona and the Arizona Coaches Association for their academic and athletic achievements. Both young ladies are from North Central Phoenix.

Each year coaches from high school sports departments are invited to nominate players for these awards, which recognize the students for their community service, grade point average, and athletic performance in their particular sport.

Judging is done by a committee of members from both sponsor organizations, and awards are given out each year and a luncheon in the students athletes' honor.

MHP VEX team advances to robotics championships

The Madison Highland Prep (MHP) robotics team won the Imagine Prep Superstition State Qualifying Tournament on Jan. 31, qualifying for the VEX IQ State Championship.

After one loss and two semifinal finishes, the team closely beat out the first and second seat teams in the semifinals to move into the finals, winning the tie-breaking final match of the tournament.

The MHP team, coached by please see IT DAY on page 34



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## SCHOOL DAYS

**IT DAY continued from page 33**

Nicholas Bonds, consists of Jarod Flores, Asif Razack, Trevor Oakes, Jose Chavez, Storm McCord, Taylor Spillman and Sean Grantham. MHP was set to compete in VEX IQ State Championship Event at Arizona State University in Tempe on Feb. 28.

**Xavier hosts annual 'Girls Have IT Day'**

Xavier College Preparatory will host its seventh-annual "Girls Have IT Day!" on Friday, March 27 from 1 to 3 p.m. on Xavier's campus.

"Girls Have IT Day!" promotes young women's involvement in science, technology, engineering, art, and math (STEAM). The event will be part of this year's Arizona SciTech Festival and is made possible through the support of the Freeport-McMoRan Copper & Gold Foundation and the Ira A. Fulton Schools of Engineering at Arizona State University.

More than 1,000 middle school girls from around the Phoenix metropolitan area are registered to participate



The entire school population of St. Francis Xavier formed a heart on the front courtyard area as part of its participation in the Great Kindness Challenge in January (submitted photo).

in this free event at Xavier, and approximately 500 Xavier students will mentor the younger students throughout the day. After an assembly that features Xavier alumna, entrepreneur, and

author Stacey Ferreira as its guest speaker, the students will participate in a hands-on, STEAM-focused activity fair hosted by members of many of Xavier's 75 student clubs.

"Xavier hosts 'Girls Have IT Day!' each year to engage and inspire the younger girls in our community to embrace science, technology, engineering, art, and math (STEAM)," said Xavier Principal Sister Joan Fitzgerald, BVM. "It is a wonderful event that ignites a great deal of interest in STEAM learning."

**Grade schoolers perform in NYC**

All Saints' Episcopal Day School Choristers traveled to New York City for a special concert at Carnegie Hall on Feb. 15. The Choristers were invited to the cross-cultural event, which featured youth choirs from each the United States, as well as China. The festival choral performance took place during the Chinese New Year.

Arizona native and renowned pianist and music director, Scott Youngs, is led the All Saints' Choristers and spent many weeks rehearsing with them before the big trip.

Youngs began his life in music with the Tucson Boys Chorus and later took his studies to France and Switzerland.

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SCHOOL DAYS

Youngs has toured with his choirs in England, Wales, Ireland and Russia.

“Carnegie Hall was amazing; the acoustics are really good and the sound is great,” says Andrew Chong, sixth grade student at All Saints’. “It was really neat to meet new kids who are just like me. They are talented and can give advice [about performing and singing]. I made a lot of new friends.”

“I am so glad we could be a part of the performance at Carnegie Hall; it’s an experience I’ll never forget,” says Channing Kehoe, sixth grade student at All Saints’. “We had the opportunity to combine our talents with other youth choirs, which helped us become a better choir and we were able to improve ourselves from the experience.”

SFX students focus on acts of kindness

St. Francis Xavier students participated in the Great Kindness Challenge during Catholic Schools Week, Jan. 26-30. The Great Kindness Challenge is part of a national campaign, that stresses performing kind acts: child to child, teacher to child, teacher to teacher.



Members of the Madison Highland Prep robotics team, which won a state qualifying tournament in January, include, from left: Asif Razack, Jarod Flores, Taylor Spillman and Sean Grantham. Not pictured: Storm McCord, Jose Chavez and Trevor Oakes (submitted photo).

Kim Cavner, St. Francis Xavier principal, explained, “The Great Kindness Challenge was a perfect complement to our school motto of being Kids for Others. Kindness is a way of caring for others with intention and consideration for the wellbeing of someone other than oneself. The connection with

Dignity Health allowed our kids to imagine what they might say to someone hurting or healing in the hospital. What a great use of their imagination and compassion.”

The school hosted different activities throughout the week. On Monday the students took the kindness chal-

lenge. Student Council members greeted students on their way into school, and each student was given the kindness challenge checklist, that had over 50 acts of kindness to complete throughout the week.

There was a kindness station set up before and after school, where students wrote an act of kindness on a piece of construction paper, these links were then joined together to create a kindness chain that wrapped around the courtyard of the school.

On Tuesday students wore ties to school to show “kindness ties us together.” The week ended with a dance-a-thon in the courtyard, the annual teachers versus eighth grade students volleyball game, and an all-school photo of every student and teacher forming a heart in the schools courtyard.

Fitness is fun at Christ Church School

As part of Christ Church School’s commitment to health and fitness, CCS elementary students recently competed in a marathon.

please see FITNESS on page 36

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## SCHOOL DAYS

### FITNESS continued from page 35

Running Club students trained before school and during recess, logging 25.2 miles prior to race day. To complete the full marathon, participants then walked, jogged, or ran the 1-mile KiDS ROCK Arizona fun run course on Saturday, Jan. 17. Each runner received a T-shirt, goodie bag and medal.

### PCDS celebrates start of new athletic complex

The Phoenix Country Day School (PCDS) community on Jan. 23 celebrated the groundbreaking of an Indoor Athletic Complex with all-day festivities including a morning shovel ceremony; multiple sports events from all grade levels; food trucks; and a special appearance by the Phoenix Suns Gorilla.

The existing gym has served the school community for almost 30 years. The new, 20,709-square-foot space will feature one performance court and two full-size practice courts; bleachers to accommodate 750+ fans; team locker rooms with flat screen televisions to analyze team film/play-backs; state-of-the-

art LED court lighting; a video board and sound system; and a concession area.

Additionally, an 8,000-square-foot outdoor Walk of Champions Plaza plans to showcase Athletics Hall of Fame members from the school's 54-year history, as well as provide an outdoor event and performance space.

Creating a new space for these activities became a priority of the \$20-million THRIVE Capital Campaign. In addition to supporting PE, recreational, and team sports activities, the new gym will become the only spot on campus that can hold all members of the PCDS community.

### Boys basketball team makes state playoffs

The Madison Highland Prep boys' basketball team, which finished second in the West Conference and is ranked fifth in the Arizona, advanced to the Division I/II JV state playoffs Feb. 13.

The Heat played Gilbert Early College in the first round of the state playoffs but lost the game 50-13, ending their run.

The MHP boys' basketball team, coached by Victor Rodriguez, was led by Robert Burgess, who averaged of 20 points per game and Kevin Anderson, who averaged 16.5 points per game.

### Tesseract named a top AFS school

Tesseract School has been selected as a 2015 Top AFS School by AFS-USA, a leading intercultural learning provider. Schools recognized for this award have excelled in promoting global competency and working to prepare students to engage in an increasingly interconnected world.

Each year the organization honors high schools across the nation that are exceptional in incorporating intercultural learning in the curriculum, facilitating the hosting of international students, and introducing the life-long benefits of study abroad.

"Tesseract has not only hosted 11 AFS students but generously waived their tuition," says Mary McLeod-Ali, Area Team Development specialist. "This demonstrates a remarkable commitment to provide the student body and their families the opportunity to learn about people from other parts of the world. AFS is proud to partner with this exceptional school and hopes to continue collaborating on intercultural education for many years to come."

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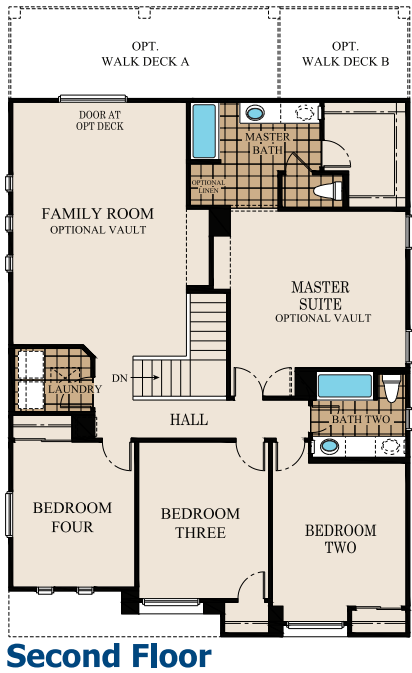
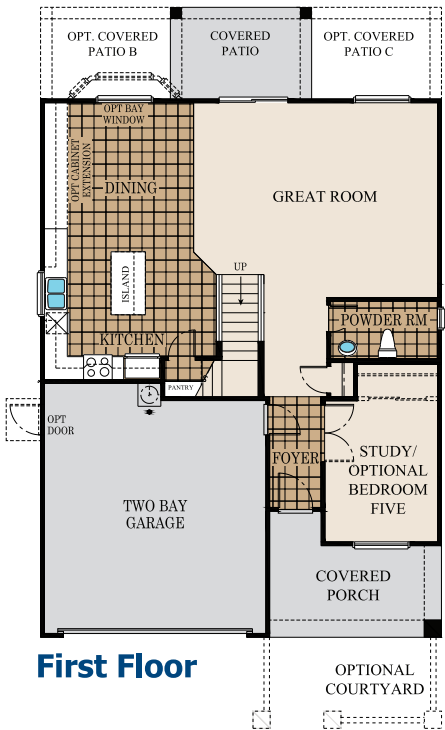
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### Living Trust Update

- New Medical Privacy Rights Law (HIPPA) to be added to your Powers of Attorney and Trustee Provisions in your Trust
- New "Arizona Trust code" that came into effect in 2009
- New IRA and Annuity Beneficiary Rules

### Living Trust Package

Includes:

- Living Trust Document
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- Living Will with Health Care
- Power of Attorney

**East Valley Senior Services**

**(480) 949-5297**



Mary Segall, left, and her mother Joan Ketterer enjoy the inaugural "Caregiving On Canvas" free art event at SunTree Adult Day for Seniors, held in December. The center will host a second event on April 2 (submitted photo).

### Caregivers, loved ones invited to free art event

SunTree Adult Day center hosts a "Caregiving On Canvas" free art event for caregivers and those they care for, 4-6:30 p.m. Thursday, April 2 at the center, 4120 N. 20th St.

Art Therapist Stephanie Brinkop will guide the evening with fun and "how-to's" for both new and seasoned artists. Take home the art you and your loved one create. Light hors d'oeuvres and punch will be served.

SunTree first hosted this event in December and it was such a great success that the center plans to bring it back on a regular basis.

It was so exciting to see caregivers and their care recipient enjoy a memorable and fun experience together," says

Van Nguyen, administrator, SunTree Adult Day. "It was also interesting to see them create a painting together."

Space is limited. For more information or to RSVP, call 602-441-4900 or e-mail van@SunTreeCenter.com.

SunTree is an adult day center for seniors age 55 and older that provides caregiving, day respite, resources, and education to family caregivers. The center specializes in caring for those with dementia and Alzheimer's while focusing on helping working professionals and families balance work and family caregiving.

SunTree is license by the Department of Health Services and is contracted with Area Agency on Aging and Arizona Alzheimer's Association. SunTree accepts Long Term Care Insurance and ALTCS (Medicaid).

Join us for our

# St. Patrick's Day Carnival

**Tuesday, March 17, from 11:00 am-1:00 pm**

*Featuring Food, Live Entertainment, and Games!* Jig to the stylings of The Rakes as they perform your favorite Irish ballads. Enjoy a complimentary grilled lunch ... and try your "Luck of the Irish" with our slew of carnival games!

**The event is free!**

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## GENERATIONS

Sponsorships are available for those who qualify, and additional rates and information are available.

The center's hours are 7 a.m. to 5 p.m. Monday through Friday, and Saturdays from 9 a.m. to 1 p.m.

## Senior Living

### Protect your identity during busy tax season

The AARP Fraud Watch Network has launched an education effort to help people protect themselves from tax scams, releasing a new video, a tip sheet and encouraging people to take advantage of AARP's free tax preparation services.

Many taxpayers are putting themselves at greater risk of tax identity theft, according to a recent national study released by the AARP Fraud Watch Network in conjunction with the education campaign to help prevent scammers from stealing Arizonans hard-earned money.

According to the Federal Trade Commission, Arizona ranks seventh in the nation in the number of I.D. theft complaints reported. Scammers can electronically file a tax return under someone else's name to collect their tax refund by using their birth date and Social Security number. Many taxpayers make their personal information easy pickings by:

- Failing to lock their mailbox: Almost six in 10 (59 percent) Americans do not regularly lock their mailbox, which leaves them open to a criminal stealing bills, tax forms and other documents that contain personal information.

- Leaving valuables exposed: Over half (54 percent) of Americans have left at least one valuable personal item in their car in the last week (e.g., a purse/wallet, paystub, laptop) that could be used to steal their identity.

- Failing to destroy personal information: More than one in five (21 percent) Americans say they never shred any of their personal documents that could be used to steal their identity.

If you want to help keep your identity safe from potential scammers, don't give out personal information unless you know who's asking for it and why they need it. Also, regularly shred personal and financial documents.

Arizonans are also encouraged to visit [www.aarp.org/taxaide](http://www.aarp.org/taxaide) (888-227-

7669) for information about AARP Foundation Tax Aide, the nation's largest free, volunteer-run tax preparation program. Each tax season, Tax Aide helps millions of low- to moderate-income taxpayers—especially those 60 and older—get the credits and deductions they deserve.

### Workshop helps recapture joy

Area Agency on Aging, Region One is offering a "Singing in the Rain" workshop beginning March 10 and continuing each Tuesday for eight weeks.

This workshop series is crafted by the Area Agency on Aging to help older adults learn how to create happiness and well-being in the midst of all that life demands and its inevitable surprises. The workshop facilitator uses scientifically proven strategies that will help you feel more positive, grateful, creative and joyful.

Using group interaction, participants will learn new skills to create positive engagements in life, identify ways

*please see WORKSHOP on page 40*

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## Are you caring for a loved one who is either aging, a child or an adult dealing with a chronic condition, or living with a disability?

### Visit the Arizona Caregiver Coalition!!

The Arizona Caregiver Coalition was created to support you and your family. You are not alone. The ACC offers support and help finding access to information, assistance, answers, new ideas and helpful options for you and your loved one.

**Support Is One Phone Call Away/One Click Away!**  
**The Caregiver Resource Line is a toll-free service**  
**1-888-737-7494**

Call to speak with a trained, volunteer who can provide a compassionate ear, information, assistance, and support who are available to answer calls Monday through Friday between the hours of 9 am – 5 pm, and with in 24 to 48 hours on weekends. Leave a message anytime. Or you may e-mail your inquiries to [CRL@AZCaregiver.net](mailto:CRL@AZCaregiver.net) Subject line: Caregiver Information/Request.

### Arizona's Respite Locator – Statewide

The Arizona Respite Locator is a web-based service at [ArizonaRespiteLocator.org](http://ArizonaRespiteLocator.org) or by calling toll-free 1-888-737-7494 sponsored by the Arizona Caregiver Coalition and Rewarding Work. This service was designed to assist Arizona families, individuals and people of all ages and all disabilities connect to respite care providers and agencies statewide.

**For more information, visit [www.azcaregiver.org](http://www.azcaregiver.org)**





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## GENERATIONS

### WORKSHOP continued from page 39

to increase happiness, and develop greater resilience.

The workshops take place from 2 to 3:30 p.m. in Room 304 at the Area Agency on Aging's offices, 1366 E. Thomas Road, Suite 108. The series is for those 55 and older. Registration is required; e-mail Lauren Johnson at lauren.johnson@aaaphx.org or call 602-280-1047.

## Kids & Families

### Fun Fest is open to the community

St. Francis Xavier School will celebrate spring's arrival with its annual Fun Fest, set for 9 a.m.-3 p.m. Saturday, March 21.

This year's Safari theme—Take a Walk on the Wild Side—is a celebration for the whole family to enjoy. This event features a great variety of fun games, bounce houses, rock wall, bake sale, gift boutique, music, book sale, burger and hot dog bar, cotton candy and a lot more.

This event is free and open to the public. It will take place in the back parking lot at St. Francis Xavier School is a Jesuit Elementary School, 4715 N. Central Ave., where the gym and school playground are located. For more information, call 602-266-5364 or visit <http://school.sfxphx.org>.

### Little readers can enjoy books at center

The North Mountain Visitor Center has launched a Desert Guppy Reading Program for school-aged children and their adult loved ones.

Future engineers, educators, librarians, geologists, park rangers, nature lovers, artists, writers etc., are invited to participate in the free program, held inside the Reading Room at the center. Children can choose from a wide selection of books, cuddle up with an adult family member on the couch, and read a book about nature, weather, Native Americans, recycling, dinosaurs, coyotes, snakes, water, desert life, and of course, rocks! Books cannot be checked out and must be read in the Reading Room.

For every book you read to your child or your child reads to you, he or she will receive one of the center's very special rocks, including selenite rose, turquoise, volcanic gas steam bubbles, and many more. Collect all 10 and receive a free book of your choice.

The North Mountain Visitor's Center is located at 12950 North 7th St. For more information, including what days and hours the program is available, call Kathy at 602-689-8449 or visit [www.northmountainvisitorcenter.org](http://www.northmountainvisitorcenter.org).

### Children's production of 'Cinderella' set for March

Cinderella, her wicked stepmother, and equally evil stepsisters will take the stage March 20-22 in the Our Lady of Loreto Center facility on the Ss. Simon & Jude Cathedral School campus, located at 6351 N. 27th Ave.

Ss. Simon & Jude, after a long hiatus, returned to the theater in 2011 when a combination gymnasium/auditorium was built. The latest in lighting and sound were installed in the space. The lighting, sets and costumes are first-rate and the students themselves help every step of the way by being part of the cast, the stage crew or the tech crew.

The play is directed each year by



## GENERATIONS

Mary Sue Palazzolo, who teaches junior high literature and public speaking at the school. She and her team of talented vocal professionals and musicians, along with more than 100 students from the school, have put together an amazing, “not to miss” musical.

Show times are 7 p.m. on Friday and Saturday, and 3 p.m. on Sunday. Tickets are \$10 for adults and \$5 for students. For questions, contact the school office at 602-242-1299.

### Family music event with ‘Uncle Gerry’

Music Together in Phoenix, an early childhood music program, will host a family music event 3:30-5 p.m. Sunday, March 8, at Roadrunner Park, 3502 E. Cactus Road.

Families with babies, toddlers, and young children are invited to come and celebrate “Sing with Your Child Month” and also help raise money for Rosie’s House, a free music academy for children in inner-city Phoenix.



“Uncle Gerry”

The special singing guest at this fun-filled event will be “Uncle Gerry” from the popular Music Together recordings. Families are asked to bring a picnic blanket or lawn chairs. Complimentary cake and lemonade will be served. Suggested donation is \$10 per family. All proceeds will benefit Rosie’s House.

For more information about the Music Together program or this special event, call 602-363-8202 or visit [www.musictogetherinphx.com](http://www.musictogetherinphx.com).

### Sunrays host two Spring Break Camps

When the kids are off from school for their spring break, children ages 3 to 13 will get to enjoy gymnastics, dance, karate, sports, special guests, a bounce house, and much more at the Arizona Sunrays Gymnastics & Dance Center, 3110 E. Thunderbird Road.

The Sunrays’ spring break “Supercamp” will be offered March 9-13 and March 16-20. There is a half-day camp option from 8:30 a.m. to 12:30 p.m. The full-day camp option is from 8:30 a.m. to 3 p.m. Individual half-day is \$45; Individual full-day is \$60. Sibling discounts are available.

Extended care hours are available

from 7:30 to 8:30 a.m. and 3 to 5:30 p.m. Billing is based on half-hour increments. Extended Care prices are: \$3.25 per half-hour. There is a \$10 fee for same-day camp registration.

For more information or to register, call 602-992-5790 or visit [www.arizonasunrays.com](http://www.arizonasunrays.com).

### Young entrepreneurs invited to business fair

Arizona Children’s Business Fair is set for 10 a.m.-1 p.m. Saturday, March 28, at the Arizona Center, 400 E. Van Buren St.

Kids between the ages of 6-14 will gather to run their very own business on the lawn. The young entrepreneurs will be able to develop a brand; create a product or service; build a marketing strategy; and launch their very own startup business. All applicants must be able to bring products to sell to lots of people. Average student makes \$150.

Register online at [www.aazchildrensbusinessfair.com](http://www.aazchildrensbusinessfair.com). For more information, e-mail [gretchenmnaugle@gmail.com](mailto:gretchenmnaugle@gmail.com).

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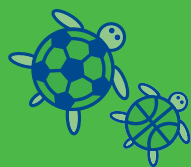
## Phx Jr Strings



**Phoenix Junior Strings** is looking for string players **ages 8 - 18** to play in chamber ensembles for its spring program.

Rehearsals are held on Saturday afternoons near 12th street and Indian School.

For more information, contact **Patty Waxman at 602-908-2929** or visit our website at [www.phoenixjuniorstrings.org](http://www.phoenixjuniorstrings.org).



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## ARTS & ENTERTAINMENT

### Artists, vendors sought for art walk

The Sunnyslope Art Walk is seeking artists and vendors for its spring event, set for Saturday, April 11. Spaces are going quickly for those looking for a great venue to showcase their work. Each confirmed artist will receive free access to electricity and free nearby parking. Apply by March 9 to receive the Early Bird rate of \$40. Last date for applications is March 20.

The art walk is taking to the streets. The biannual event will see the area of Central Avenue between Dunlap and Alice avenues closed for the first time to accommodate more artists, vendors and pedestrians. This nearly doubles the size of one of the premiere spring-time art walks in the Valley.

For more information or to register, call 602-344-3587, e-mail [SunnyslopeArtWalk@gmail.com](mailto:SunnyslopeArtWalk@gmail.com), or visit [www.SunnyslopeArtWalk.com](http://www.SunnyslopeArtWalk.com).

### Amateur shutterbugs can win cash prizes

INFOCUS, the photography support organization of Phoenix Art Museum, is calling for entries for the first INFOCUS Sidney Zuber Photography Award. The award will be granted biennially to an emerging or early career photographer who demonstrates artistic promise.

The winner will receive a cash award of \$5,000. Artworks by the winning photographer, as well as those by artists receiving honorable mentions, will be displayed for up to two months at Phoenix Art Museum.

The deadline to enter is March 15. Artists may submit up to five images digitally via [callforentry.org](http://callforentry.org) (CaFé). CaFé is the exclusive method of entry. The \$25 entry fee also must be processed via CaFé.

For more information, visit [infofocus-phxart.org/ZuberAward/](http://infofocus-phxart.org/ZuberAward/).

## A & E Briefs

### Ronna Nemitz Exhibit

March 2-26

Eric Fischl Gallery,

Phoenix College

1202 W. Thomas Road

"Time" is the subject of a great deal

or Nemitz's work. "Time, it crawls forward and backward and we are forever in its grip, suspended between our experience and our inexperience." Nemitz's paintings talk about that tension, between the states of knowing and the unknown. An opening reception is set for 5:30-7 p.m. March 2. Regular gallery hours are 10 a.m.-6 p.m. Monday through Thursday. Admission is free.

### 'The Secret in the Wings'

Xavier/Brophy Theatre

March 5-7

Kemper and Ethel Marley Theater,

Xavier College Preparatory

4710 N. 5th St.

602-240-3161

Written by Tony Award and MacArthur Fellowship recipient Mary Zimmerman, the play is a fantastical adaptation of six European fairy tales. Performance times are 7 p.m., with a 2 p.m. matinee on Saturday. Tickets are \$7 for all patrons, and may be reserved either by contacting the Jackson Box Office by phone or at [pacbox@xcp.org](mailto:pacbox@xcp.org), or by purchasing them at the door. There will be general seating for all patrons.

### 'Broadway Babes and Beaux'

3 & 7 p.m. Saturday, March 7

Phoenix Center for the Arts

1202 N. 3rd St.

480-429-6997

Broadway favorites written by North American composers such as Bernstein, Hart, Berlin, Gershwin, and more. Disney Grammy-Award winning favorites also will be featured. Tickets are \$18 for adults, \$10 for children ages 3 to 17. Visit <http://www.CarolynEynonSingers.com>.

### Ron Rhode Organ Recital

3 p.m. Sunday, March 8

First United Methodist Church

5510 North Central Ave.

602-263-5013

Valley organist Ron Rhode will play a recital of classical, liturgical, and transcription music as a part of the Second Sunday Spring Concert Series. Compositions are by Bach, Vierne, Purvis, Delibes, and Elgar. Rhode brings an eclectic flair to his recital



## ARTS &amp; ENTERTAINMENT

work, providing a bit of something for everyone. He is the newly appointed organist at First Church. This is a free concert. A free-will offering will be taken. There will be a reception following the performance.

**'Sing me to Heaven'**

**North Valley Chorale**  
**3 p.m. Sunday, March 15**  
**First United Methodist Church**  
**5510 N. Central Ave.**  
**602-464-4100**

A special memorial program honoring the chorale's composer-in-residence, Greg Zduniak, who passed away suddenly in May 2014. The program features compositions by Zduniak, new pieces composed in his memory, and the poignant Fauré Requiem. Tickets are \$20 for adults, \$15 for seniors age 65 and older as well as students with ID. Visit <http://www.northvalleychorale.org>.

**'Cinderella' the Musical**

**March 20-21**  
**Ss. Simon & Jude School**  
**6351 N. 27th Ave.**  
**602-242-1299**

Cinderella, her wicked stepmother, and equally evil stepsisters will take the stage in the beautiful Our Lady of Loreto Center facility on the school's campus. The lighting, sets and costumes are first-rate and the students themselves help every step of the way by being part of the cast, the stage crew or the tech crew. Show times are 7 p.m. Friday and Saturday, and 3 p.m. on Sunday. Tickets are \$10 for adults and \$5 for students.

**Joint Concert of Sacred Music**

**Phoenix Girls Chorus & Orpheus Male Chorus of Phoenix**  
**3 p.m. Sunday, March 22**  
**All Saints Lutheran Church**  
**15649 N. 7th St.**

This unique collaborative event will feature the top-two performance level choirs of the Phoenix Girls Chorus, Cantabile and Bella, combined with the full rich sound of the Orpheus Male Chorus as they perform a varied line-up of sacred music. Ticket prices are \$20 for adults, \$15 for seniors and students, and \$5 for children. Tickets are available by emailing [office@girlschorus.org](mailto:office@girlschorus.org) or by calling 602-252-5562.

**'Romeo and Juliet'**

**Arizona Theater Company**  
**March 26-April 12**  
**Herberger Theater**  
**222 E. Monroe**  
**602-256-6995**

Jealousy. Prejudice. Betrayal. And the chance that true love could actually conquer all. This breathtaking telling of the timeless Shakespeare tale of the famous young lovers who will stop at nothing to be together will leave you transfixed. Tickets are \$36-\$67 plus fees. Visit [www.arizonatheatre.org](http://www.arizonatheatre.org).

**American Indian Student Art Show & Sale**

**March 28-30**  
**Heard Museum**  
**2301 N. Central Ave.**  
**602-252-8840**

One of the few national events celebrating the achievements of young Native artists, the event offers an incomparable selection of artwork for viewing and purchase. Visitors can peruse more than 700 works of art by students in grades 7 to 12 to on display and for sale, with proceeds benefitting the students. Hours are 10 a.m.-4 p.m. Saturday and 11 a.m.-4 p.m. Sunday. Admission is \$18 for adults, \$13.50 for seniors (65 and older), \$7.50 for students with ID and children ages 6-12. Free for children age 5 and younger. Visit <http://heard.org/event/student-art/>.

**'Carnival of Illusion'**

**5:30 & 8 p.m. Saturday, April 4**  
**Arizona Biltmore Resort**  
**2400 E. Missouri Ave.**  
**480-359-SHOW**

Roland Sarlot and Susan Eyed blend their "Around the World in 80 Minutes" international travel theme with the charms of a Vaudeville-inspired roadshow, featuring magic, mystery and oooh la la. Advance reservations required; tickets are \$45-\$60 plus fees. Complimentary valet parking provided for this show. Visit <http://www.carnivalofillusion.com>.

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## Second Sundays at First Church Concert Series



**You are invited to be a part of this Inaugural Concert series!**

**Mr. Ron Rhode**  
**Organ Recital**  
**Sunday, March 8 at 3 p.m.**

Valley organist Ron Rhode will play a recital of classical, liturgical, and transcription music as a part of the Second Sunday Spring Concert Series at First United Methodist Church of Phoenix on Sunday, March 8. Compositions are by Bach, Vierne, Purvis, Delibes, and Elgar. As organist for Organ Stop Pizza for more than 20 years, and serving as a church musician in the Valley for more than 40 years, Mr. Rhode brings an eclectic flair to his recital work, providing a bit of something for everyone! Mr. Rhode is the newly appointed organist at First Church!

This is a free concert. A free will offering will be taken.  
 There will be a reception following the performance.

Please visit our website at [www.firstchurch.church](http://www.firstchurch.church) for more concert details.

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FOOD FOR THOUGHT



Michelle McGee, co-owner of Wild Game Grill, and Chef Victor Cabrera show off one of the niche eatery's Thursday specials: Muscovy duck breast with cauliflower puree, grilled vegetables and lightly seasoned lentils (photo by Teri Carnicelli).

Café Chat  
New eatery walks on the 'wild' side

By Teri Carnicelli

Carnivores and "foodies" alike have a new reason to dine out in Phoenix, with last fall's opening of Wild Game Grill.

The niche eatery at 2445 E. Thomas Road offers an intriguing assortment of "game meats" along with traditional restaurant fare such as classic burgers, sandwiches and salads. But for those in a more adventurous frame of mind, there are selections such as the wild boar and pork carnitas; the bison and fontina cheese quesadilla; elk, venison and bison brats; Rocky Mountain oysters; open-faced rabbit sloppy joe; and a melt-in-your-mouth tender wild game steak.

All of the meats are free-range, high-protein and organic.

"When you begin to see Costco offering wild game in the meat department, you know people are looking for clean, healthy food options," says Michelle McGee, partner and co-founder of Wild Game Grill. "But not everyone has time to buy and experiment in the kitchen. That's where Wild Game Grill comes in. It's a place for delicious food that's good for you, and perfect for the healthy-minded and adventurous types."

Ryan Mirau, a co-owner of the

restaurant, grew up in northern Minnesota and spent many years hunting the white tail deer that are prevalent there. "Game meat can be tricky to cook," Mirau says. "It's easy to dry out."

Which is why he and McGee were thrilled when Chef Victor Cabrera came on board. He was originally hired as a kitchen assistant but was quickly promoted to head chef after the owners saw his skill and creativity with game meat.

"He really became the star of the kitchen," McGee says. "Victor tamed the wild game," she adds with a laugh.

Cabrera previously worked at Searsucker in the Scottsdale Gaslamp Quarter, Postino WineCafe and Distrito, a Mexico City-style eatery inside the Saguaro Hotel in Scottsdale created by James Beard Award-winner Jose Garces, who also won on "Iron Chef."

"I'm the only one in town doing this (wild game) right now," Cabrera says. "I love it."

Cabrera works with the owners each Thursday to come up with a special for that day featuring a game meat. Past Thursday specials have included alligator kabobs, ostrich ravioli, kangaroo shepherd's pie, and Muscovy duck breast. Specials are posted to Facebook and to the blackboard inside the bar area by 3 p.m. each Thursday.

McGee says the wild game meat concept for restaurants is really "hot" right now in southern California, so



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FOOD FOR THOUGHT

“Phoenix is a little ahead of the game.”

Wild Game Grill, a member of Local First Arizona, also is making its mark by its location. It’s pushing south of Indian School to extend the growing Central Phoenix dining district. The restaurant is inside a remodeled 1940s strip center, with the entire structure transformed using design elements of original concrete, brick, iron and wood. Interior walls were torn down to create a large open floor plan, keeping a comfortably inviting industrial and authentic feel.

“We’ve retained the original brick, wood rafters and even the concrete flooring, re-stained, of course,” McGee explains. “So we’re respecting the history of the building, and the neighborhood, too.”

And speaking of neighbors, Wild Game has received a warm welcome from the surrounding community, including some apartments just south of the property. Those renters used to complain about homeless people sleeping and urinating in the back parking lot area of the old strip center, of trash and noise and crime. Now, they have a great neighborhood joint just steps from their home that offers a unique menu, a cool bar, and a great patio. It’s a bright, open space with lots of flat-screen TVs for another kind of “game night.”

Wild Game negotiated an agreement with the office building next door so that the restaurant’s customers can use the office’s parking spaces after 5 p.m. With an already generous parking lot in the back, McGee says between the two lots they can accommodate up to 100 cars.

“Where are you going to find that kind of parking in Central Phoenix?” she points out. “Our customers don’t have to cruise neighborhood streets or deal with valet services just to park here.”

Wild Game Grill is active on social media. Follow them on Twitter @WildGameGrill and Facebook @Wild Game Grill. For more information, call 602-955-1142 or visit Visit www.WildGameGrillAZ.com.

Dining Briefs

Bring your princes, princesses to dine

On Family Night, Tuesday, March 10, The Market by Jennifer’s Restaurant + Bar is inviting all little Cinderellas and Prince Charmings to don their favorite

ball gowns/uniforms (costumes) for a chance to win a gift card to AMCs Dine-In Theatre for a family four-pack to attend Disney’s newest live-action retelling of “Cinderella.”

Every child under the age of 12, dressed in his or her finest regalia, will have a chance to win the grand prize by uncovering a glass slipper cupcake that unveils the winning insignia.

During Family Night Tuesdays, family style dinners are just \$15 per adult with children under the age of 12 eating for free (with the purchase of an adult meal).

The Market by Jennifer’s Restaurant + Bar is located at 3603 E. Indian School Road. To RSVP or for more information, call 602-626-5050.

The Refuge adds new food, drink selections

The Refuge, a café located in the Melrose District at 4727 N. 7th Ave., is expanding its food selection for each meal of the day.

Breakfast additions include Waffle Wednesdays; French Toast Fridays;

please see THE REFUGE on page 46

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## FOOD FOR THOUGHT

**THE REFUGE** *continued from page 45*

Homemade Crepes every Saturday morning, featuring one sweet and one savory each week; and Chorizo Sundays, featuring a different breakfast special each week, such as a Chorizo breakfast burrito.

The new lunch offerings include the B.A.T. - Bacon, Arugula and Tomato Sandwich, as well as a Cheese Quesadilla. For lunch or evening dining, the Tapas Menu now includes options for one, two, three or four people.

The Refuge is open daily and serves breakfast, lunch and light fare and cocktails in the evening. To learn more or see the complete menu, visit: <http://therefugeaz.com> or follow them on Facebook at TheRefugeAZ.

### Use Spring Training stub for free appetizer

Spinato's Pizzeria, the family owned Chicago-style local pizza chain, is giving away free appetizers to anyone who brings in any Spring Training ticket stub the entire month of March. Just present any stub from any Spring

Training game in the Valley and choose from 10 great starters, including a trio of meatballs, baked artichoke crostini, and a Caprese stack. The offer is limited to one free appetizer per group.

Spinato's is located at the northeast corner of 7th Street and Missouri Avenue. For more information, visit [www.SpinatosPizzeria.com](http://www.SpinatosPizzeria.com).

### New dining deals at Urban Taco

With gourmet tacos and a bevy of signature, house-made salsas, Urban Taco at 6522 N. 16th St. has become a favorite dining spot in the Madison neighborhood.

The eatery offers street tacos, and more complex gourmet tacos and burritos as well as handcrafted 100-percent Agave Tequila cocktails, and margaritas prepared with house-made sweet and sour. The bar also carries a variety of craft beers and a list of wines available by the glass.

After being open for less than a year, the eatery is already changing up the menu a bit, featuring new specials and new selections. The new lunch spe-

cial is three street tacos, rice and beans for \$7.95. Or come in for dinner and get the Dinner for 2 Special: any two gourmet tacos and a bottle of select wine for \$20 per person, from 7 to 9 p.m. Mondays, Wednesdays and Thursdays.

New menu items include the beer-battered or blackened catfish tacos, the sautéed shrimp and portobello tacos, the New York strip taco, and the Chicerones taco (fried pork belly). Also try the pozole rojos, ultimate nachos, queso fundido, and carne asado burrito.

Hours are 11 a.m. to 10 p.m. Monday through Saturday. For more information, call 602-368-2708 or visit [www.urbantacos.net](http://www.urbantacos.net).

### Tasty wings compete for 'Sauce Boss'

Half Moon Windy City Sports Grill is once again seeking the Valley's best home chefs to share their wing sauce recipes and compete for a \$250 cash prize. In addition, the winner will receive one free pound of wings every day for a year at either Half Moon location, and their sauce will be featured on

a future Half Moon menu.

The Half Moon Sauce Boss competition will culminate during Wing Nut Night beginning 7:30 p.m. on Tuesday, March 10. Half Moon Executive Chef, Marlene Portillo, will narrow down the sauce entries to the top five finalists. The finalists will compete for the title of Half Moon Sauce Boss at Half Moon Windy City Sports Grill, 2121 E. Highland Ave.

Each finalist's wing sauce submission will be sampled and voted on by a panel of local celebrity/VIP judges. Event attendees can order any of the five finalists wings that night for just \$.50 a piece, (five piece minimum).

For more information, call 602-977-2700 or visit [www.halfmoonsportsgrill.com](http://www.halfmoonsportsgrill.com).

### Tillman joins resort as executive chef

Pointe Hilton Squaw Peak has appointed Rebecca Tillman as executive chef at the all-suite resort.

With an approach to food that is simple, back-to-basics and focused on local seasonal ingredients, Tillman will



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FOOD FOR THOUGHT

oversee culinary operations for the resort and its dining outlets, including Rico’s American Grill and the historic BBQ smokehouse, Hole-In-The-Wall. In her new position as executive chef at the resort, Tillman has also become the only female executive chef at a Phoenix resort.

An Arizona native who was born and raised in Phoenix, Tillman brings 15 years of experience in the hospitality industry, including positions at the Arizona Biltmore Resort and Spa; Destination Kholer–The American Club in Kholer, Wis.; and The Inn on Biltmore Estate and The Biltmore Estate in Asheville, N.C.

Tillman is a graduate of the School of Culinary Arts at The Art Institute of Phoenix.



Rebecca Tillman

Farmers market adds a weekday

Starting last month, Uptown Farmers Market launched the Uptown Wednesday Market, featuring the iconic McClendon’s Select Farm ([www.mcclendonsselect.com](http://www.mcclendonsselect.com)) and Noble Bread, along with 50 local food vendors and gourmet breakfast, lunch and coffee. The new Uptown Wednesday Market will run from 8 a.m. to 1 p.m. every Wednesday through June on the southeast corner of Central Avenue and Bethany Home Road. The market is located on the north side of the 40-acre North Phoenix Baptist Church property, and includes expansive parking for customers.

“Uptown Wednesday will be different from our Saturday market,” explained Bo Mostow, market manager. “Uptown Saturday is intended to be a very kid-friendly, weekend gathering. In contrast, my hope is that Uptown Wednesday will be more of an adult culinary and grocery experience, with lots of chef input, seasonal demos, and a stellar line of local restaurant and food truck fare.”


Uptown Farmers Market is a food-based farmers market and gathering place dedicated to inspiring and educating home cooks through Arizona local produce, handmade foods and handcrafted goods. For more information, visit [www.uptownmarketaz.com](http://www.uptownmarketaz.com) or e-mail [bo@uptownmarketaz.com](mailto:bo@uptownmarketaz.com).

Hand-dipped doughnuts delight at Fractured Prune

Fractured Prune opened the doors to delicious doughnuts on Feb. 17 in downtown Phoenix’s CityScape center. Guests are encouraged to let their inner doughnut genius run wild as they select from 20 glazes and 14 toppings to make their hot hand-dipped doughnut just the way they want it. To help consumers get started, Fractured Prune Doughnuts has a specialty doughnut menu with creations not available at a traditional chain doughnut shop, including French Toast (maple and cinnamon sugar), Blueberry Hill (blueberry glaze and powdered sugar) and Morning Buzz (mocha glaze and cookie crumbs), to name a few.

Fractured Prune is located at 50 W. Jefferson St., Suite 100. Hours are 7 a.m.-3 p.m. weekdays, and 8 a.m.-2 p.m. weekends. For more information, visit [www.fracturedprune.com](http://www.fracturedprune.com), or like them on Facebook (@FracturedPruneAZ).

For local restaurant listings, visit our Dining Guide online at [www.northcentralnews.net](http://www.northcentralnews.net)



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