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Two local youth excel athletically

By Patty Talahongva

School might be out for summer, but for two local students, summer means a chance to work on their athletic skills and improve on what are already amazing achievements.

Gracie Reeves just finished eighth grade at St. Francis Xavier School. The North Central youth excels in gymnastics and at the spring regional competition she took second place in both the bars and beam, fourth place in the vault, ninth place in floor and then was selected for first place All Around Athlete. She beat out athletes who came from four states—Arizona, California, Nevada and Utah—to compete at the 2015 Classic Rock Invitational, held in Phoenix.

This qualified her for the national meet in Spokane, Wash., which was held the first week of May. The young gymnast took second place in the floor and third place, All Around Athlete.

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A team of volunteers from Wells Fargo, Rebuilding Together and AmeriCorps spent a weekend in April prepping, then painting, the exterior of the 1963 home belonging to Phyllis, who is the original owner of the Sunnyslope home (photo by Teri Carnicelli).

Local home gets new paint, windows

By Teri Carnicelli

Each October, Rebuilding Together partners with hundreds of volunteers from around the Valley to help low-income elderly, or permanently disabled homeowners of any age, whose one-story homes need exterior painting.

When Jeremiah Churchill received a request for assistance from an 82-year-old woman living in Sunnyslope, he knew he wanted to help her. But an examination of the outside of her early 1960s home showed that it needed much more than a fresh coat of paint. Part of the wood siding was rotted out, and the small window air conditioning unit could barely keep the interior cool in the hot summer months because of the original aluminum frame windows.

Churchill kept her information on file, and when the nonprofit organization launched its Healthy Housing Challenge earlier this year, he knew that Phyllis's home was a perfect fit.

The Healthy Housing Challenge combines the strengths of Rebuilding Together and the National Center for Healthy Housing to help Rebuilding Together affiliates identify and correct serious health and safety hazards in their clients' homes.

Phyllis, the original owner of the home, was overjoyed when she received Churchill's call. "I'm so thankful, I would never begin to have the money to do this myself." She called Churchill her "guardian angel" and said that he had gone out of his way to make sure she was taken care of.

Rebuilding Together and a team of Wells Fargo volunteers began work on Phyllis's home, which still had its original exterior pink-and-white paint, in early April, with scraping off the old paint, trimming back landscaping away from the walls and other prep work. The bulk of the work was done over the weekend of April 25-26.

The new blue and white paint, new energy-efficient windows, and new siding and fascia was funded, in part, by a \$15,000 grant from the Wells Fargo

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COMMUNITY

Longtime educator ready for next phase

By Teri Carnicelli

When the final bells rang for the 2014-15 school year at Washington Elementary School District, they also signaled the end of a long and storied career for Susie Cook.

Cook started out as a classroom teacher, administrator, assistant professor at ASU West, and Governing Board member in the Peoria Unified School District.

Cook has worked, in some capacity, with the Washington School District for the past 20 years. She served as facilitator for Curriculum and Planning, assistant superintendent and associate superintendent. She was named superintendent in 2005. In all, her commitment to education spans more than 40 years. Cook announced late last year that she would retire at the end of this school term.

As much as she will miss the kids,



Susie Cook, superintendent of the Washington Elementary School District, visits with students who volunteered to help sort through the 10,000 books donated to the district in March 2014 and collected through an in-store book drive hosted by all 117 Fry's grocery stores in Arizona and coordinated by BookPALS and Discover Books (photo by Teri Carnicelli).

teachers and staff, Cook says she is looking forward to traveling, doing home improvement projects, volunteering, spending time with her son, and—a bit of reversal for the longtime educator—taking classes in some areas of interest.

She also happily anticipates being able to sleep in a little longer. Cook got up every morning to walk between 4:30-6 a.m., but now can "look forward to a bit more flexibility in timing," she says.

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North Central youth Gracie Reeves competes on the high bar at the 2015 Classic Rock Invitational, held in Phoenix. She took first place in the All Around (photo by Lauren Stevens).

ATHLETES continued from page 1

"Nationals was really exciting and fun," she says. "It was a really cool experience. There were a lot of people there; it kind of motivated me more."

Gracie has been involved in gymnastics since she was little and now has, she estimates, 300 medals hanging in a closet at her home.

"I am proud of how she handles everything; when she's stressed she still works hard and smiles, and when she's tired, she still makes time for others

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and expresses her gratitude," says her mom, Melissa. "As a child ... she was a monkey who loved to climb. She was constantly practicing on her beam in our living room to the point where we had to force her to read or sit down. She always wanted to perform for us and the common words out of her mouth were, 'Mom, come watch me!"

During the school year Gracie trains at the Arizona Sunrays center from 1:30 to 6:30 p.m., with Wednesdays and Sundays off. Gracie calls her coach and teammates her extended family. "The girls become your sisters and the coaches are really nice and supportive."

During the school year she splits her focus between academics and gymnastics. "It's a fun sport that involves a lot of dedication," she explains. And despite how loud her friends and fans cheer, when Gracie is on the floor or on the bars, she has a laser-like focus. "I go into my zone and focus on what I'm doing."

As busy as she is, Gracie likes to draw and ride her bike. Summertime means she can get manicures and pedicures, which are big treats for her.

This summer Gracie will go on a family vacation to Park City, Utah, and while there she'll workout in a gym to keep up her conditioning. After her vacation she plans on working on her skills to get to the next level. She doesn't mind the summer practice.

"It's really fun, especially if you're working on a skill and you finally get it. It makes you feel great that you finally accomplished your goal!"

In the fall Gracie will go to Horizon High School—where some of her fellow gymnasts already attend-and hopes to get a scholarship and perhaps attend the University of Utah.

When North Central teen Evan Pittman was just 2 years old, his mother, Rebecca Feaster, remembers first notic-



COMMUNITY



North Central teen Evan Pittman performs a worldrecord squat of 336 pounds in the 148-pound weight class, teenage division, during the U.S. Powerlifting Federation national championships in Las Vegas on May 2 (photo by Scott Pittman).

ing his strength and thought he'd grow up to be a linebacker. But by the time he was 11, he was already power lifting and breaking and setting new records.

"He handles himself differently than other kids," says Martin Drake, chairman of Amateur Athletic Union, the oldest and largest amateur sports organization in the country. "When he sets a record, he does it with humility."

At first Feaster admits to not being too thrilled with the sport, concerned that Evan, 16, would get injured. And then he did. But she was in for a surprise when the doctor told her it wasn't because of weightlifting but, rather, due to his playing the violin. Evan, who is in the 10th grade at Phoenix Country Day School, also is an accomplished musician. So today he does a series of stretches for his left shoulder to make sure he's not straining himself.

Evan also is a competitive diver. "I really like diving," he says. "Being alone on the board is very nerve-wracking. You're all by yourself. You can make it beautiful and perfect or you can smack your back on the water."

He says it's important to not dwell on each back or belly flop. "If you keep thinking of the past, it won't help." Instead he says he focuses on, "What can I do differently? Now move on!"

Right now, there's a world record he's got his eye on. "I've always wanted to be the first kid in the world to set a record of more than 100 titles before I'm 18." Keep in mind that Evan has been power lifting since he was 10. He's set records in eight different weight classes: 77, 88, 97, 105, 114, 123 and 132, and now he's in the 148-pound class of the U.S. Powerlifting Federation. Early last month, Evan set seven U.S. and six world records in Las Vegas at the U.S. Powerlifting Federation Men's Nationals, teen division, with a 336 lb. squat, 204 lb. dead-

lift, and 385 lb. deadlift.

Evan currently has 89 U.S. records and six world records in power lifting. He has 11 more titles to go and plenty of time since he's still two years away from turning 18. "I'm sure it will happen," says his dad.

This summer Evan will compete in the Junior Olympics, where's he likely to set a few more records. His parents have created a fun website for his family and fans to track his progress. You can, too, by visiting: www.worldsstrongestviolinist.com.

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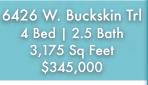
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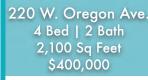








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COMMUNITY

REBUILDING continued from page 1

Housing Foundation, which was split between Phyllis's home and one other home in the Sunnyslope area.

Wells Fargo team members, along with some of their family members, were led by Wells Fargo on-site volunteer coordinator Lynn Borden, who has been a leader in the Rebuilding Together annual paint-a-thon for three years. She oversaw a volunteer team of 23 workers, most of who came from the Tempe South home mortgage office. "I had a list of volunteers before the grant was even approved," Borden said. "This is the type of project that we all love to get involved with."

The Wells Fargo volunteers were joined by a handful of AmeriCorps service members and staff members from Rebuilding Together.

Rebuilding Together is one of 32 local organizations across the country that is leading the Healthy Housing Challenge, which provides tools, training and additional funds to help Rebuilding Together affiliates make free critical repairs to correct health and safety hazards in the homes of low-income families, seniors, veterans and persons with disabilities.

"Wells Fargo is proud to support Rebuilding Together and help to kick off the National Housing Challenge," said Pam Conboy, lead region president for Wells Fargo Arizona. "Our team members are passionate about giving back and we know that these small measures, together, will make a huge difference to housing in Phoenix and to the well-being of those who live here."

For more information about Rebuilding Together, visit www.rebuildingtogetherphx.org or call 480-774-0237.

Anonymous donor matches contributions

An anonymous donor has taken the lead to ensure a sustainable future for Arizona Theatre Company (ATC) by offering to match donations made to ATC through the end of June, up to \$500,000.

"This is huge for Arizona Theatre Company," said Interim Managing Director Matt Lehrman. "This match is a tremendous vote of confidence in the future of this company and a meaningful step to advance ATC toward an exciting, important and sustainable future."

As a nonprofit arts organization, 40 percent of ATC's annual operating budget derives from contributed revenue through grants, sponsors and individual donations. In addition to underwriting the productions of ATC—the in-house theater company at the Herberger Theater Center—contributed revenue also supports school matinee performances, statewide youth outreach initiatives and its popular Summer on Stage program. Ticket sales represent about 60 percent of the company's overall revenue.

To make a donation, go to www.arizonatheatre.org and click on "We Have A Match!"

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The journey from RAMMS to ESPN Broadcasting

Samantha (Sam) Ponder (ne'e Steele) grew up in North Central, attending Madison Simis, Madison Meadows and Central High School. She graduated



from Liberty University in Virginia in 2009 and then worked for Fox Sports Network and Fox College Sports as a sideline reporter. In 2011 ESPN's Longhorn

Network hired her a sideline reporter. In 2012, she replaced Erin Andrews on College Game Day Saturdays and is also on the sideline for ESPN on Thursday Night College Football. Sam married Christian Ponder, who is now the Oakland Raider's quarterback, and the couple recently became parents of a beautiful daughter, Bowden Sainte-Claire, who goes by the nickname of Scout. The Ponders just bought a new home in Central Phoenix very near to where Sam's parents still live. I asked Sam between her hectic traveling schedule if she would answer a few questions for my column.

Q: First of all, congratulations on your job at ESPN. It has been an exciting past two years for you and Christian and now your daughter. I coached both your brothers, Barron and J.J., in Ramms baseball. Rumor has it that you were the best athlete in the family. Any truth to that?

Yes, that is true. Just don't ask them. Actually, my older sister Jaime was probably the best athlete. She has five kids under six now so she probably has the most use for all her skills. I peaked in RAMMS. Ah, the good ole days. Q: What were your memories of growing up in Central Phoenix and in your wildest dreams did you every think you would be back in Phoenix with your husband and daughter?

I always knew I'd want to come back to this neighborhood. There are few places in the world where you can grow up in the middle of the city and still feel like you live in a small town. I loved Simis and Meadows and had an incredible time at Central High. It prepared me for so much that has come my way since then. In terms of moving back, I'm not a big fan of the rocks-in-the-yard desert look, so living in green North Central was a must for me. I always kind of envisioned my daughter riding a horse to school down the bridle path. Not sure if that's still allowed, but my dream is closer to being a reality! If she can't ride a horse, she can always rough it on the city bus like I did!

Q: What is it like to work at ESPN and to replace such a well know reporter such as Erin Andrews?

ESPN has been very good to me. I can say that even more than the job itself, the people I get to work with make it appealing after four years with the company. I work with guys who feel like family. The big brothers I never had, I guess. It's been an amazing experience. Q: You and I talked about your crazy traveling schedule the past two years between college football and college basketball games. How many games did you cover last year and what are your current plans with ESPN since you now have your beautiful daughter Scout?

I lost count of games year ago but I do know that my 10-month-old daughter has been on 85 flights. Yes, you read that correctly. It's been absolutely insane, and though I don't recommend that kind of travel to any moms out there, I can say it's been an incredible adventure. I just resigned with ESPN to continue on College Gameday, but I will be scaling back my workload this year. Now that Scout is mobile, travel is a little more difficult. Only two flights a week this fall!

Q: It has to be exciting for Christian to be closer to his family with his new team, the Oakland Raiders, and also a warmer



ESPN's Samantha Ponder

climate. How did you convince him to choose Phoenix over his home state of Texas?

I didn't have to! That's the great thing about this area... it sells itself. His offseason is the perfect time to be in Phoenix, January through May. He loves to golf, fish in the Sedona area and walk to all the great restaurants that have popped up. The perfect weather and a mother-in-law down the street who likes to cook don't hurt either.

Q: What advice do you have for men or women who are broadcast majors and would like to make a career in this field?

I wasn't a broadcast major so that wasn't the route I took but I'd say figure out who you are before you put yourself on TV. It's an industry full of insecurities and pressures to be someone everyone else wants you to be, especially in the social media age. A "glamorous" looking life on TV is miserable if you don't have your priorities straight. Beyond that, enjoy the process and focus on the relationships along the way. There are lots of lonely "successful" people at the top, fondly

remembering coffee-getting intern days.

Q. Can you believe how many new restaurants are sprouting up in the Central Corridor? Do you and Christian have a favorite place to go and relax?

It's so exciting. There wasn't much at all in terms of restaurants when I lived here growing up, so that has been a huge plus since we moved back. We had part of our rehearsal dinner at The Yard and always have a good time there. We also love Federal Pizza, El Bravo and Pane Bianco. Oh, and I just discovered the Nutella, peanut butter and banana sandwich at Zookz! Scout and I are both big fans! I get most of our food at the Uptown Farmer's Market at North Phoenix Baptist when we are in town. Walking there on Wednesdays and Saturdays has become one of our family traditions. I'm addicted to the Mama's Cold Brew Coffee, Bistro burritos and cinnamon bread. What can I say, I'm a super healthy eater...

Thanks for taking the time to answer my questions..WELCOME BACK TO THE VALLEY..

Anytime, Bobby. But why are you yelling? :)

Author's note: I am not YELLING at Sam!! I am just a bad typer...

Bobby Lieb

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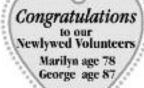
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COMMUNITY

SUPERINTENDENT continued from page 3

Cook is proud of the work she accomplished at WESD, but points out that she served the district through some of the most difficult financial years in Arizona. "I deeply regret that we have fallen woefully behind in our salaries for all staff. While we managed to save programs and most staff, we simply are not providing what we need to provide for our students and staff," she says.

Still, what she was able to accomplish while at the helm of the district did not go without notice. On May 1, Cook received a Lifetime of Learning award from the WESD Governing Board during its annual Lamp of Learning Awards celebration. Only one other person has received this honor since the Lamp of Learning Awards began in the early 1980s. The Lifetime of Learning Award was given to Cook for her commitment to WESD and public education.

"It means a great deal to me because I do not seek awards or recognition, yet it summarized a body of work for me and highlights all of my fond memories of WESD.'

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Cook also was recognized by the Arizona School Public Relations Association (ASPRA) with an Award of Excellence at the annual ASPRA Superintendent's Luncheon on April 10. Cook was the only Arizona superintendent to receive an award this year.

Cook elevated the use of digital and social media at WESD and encouraged school administrators and teachers to maintain active websites with which to communicate. She also established a Parent Leadership Team and Business Advisory Team to provide two-way communication between WESD and the community it serves. The ASPRA Award of Excellence noted that her "commitment to ongoing, transparent communication and community relations will remain an important part of her legacy."

"I care desperately about WESD and will miss the opportunities to make contributions to its success," Cook admits. "I will miss the daily problemsolving. Interestingly, I may miss the routine of long days and hours, but I am also looking forward to the opportunity to miss that!

"I have had the pleasure to work with extraordinarily talented and skilled educators and staff, active, involved community members, and caring parents; I have learned and grown from each interaction. WESD will always be in my heart."

Focus on the future of Arizona at meeting

Arizona Town Hall hosts its Annual Meeting 10:30 a.m.-4 p.m. Friday, June 12, Pointe Hilton Squaw Peak, 7677 N. 16th St. It is free and open to the public.

This meeting is an opportunity to have a voice in choosing the topics for future Town Halls. After the luncheon (optional), members will participate in an Arizona Town Hall-style panel discussions on future topics.

Luncheon presentations will include speakers on the top three topics picked by Arizona Town Hall members from an online survey: Education Funding, Arizona's Tax Structure, and Creating the Great State of Arizona. There will be a silent auction before the luncheon.

The optional luncheon (\$60) begins at noon. Panel discussions start at 2 p.m. Admission to the meeting is free but pre-registration is requested. Visit http://www.aztownhall.org/event-1926971.

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Phoenix students Audra Hoover, left, and Emily Lucia freak out when Chef Ref Ian Ray blasts his air horn to call a penalty on the new Food*Ball TVShow that airs at 4 p.m. Saturdays on AZTV-7/Cable 13 (submitted photo).

Phoenix teens cook in new TV show

Four 15-year-old sophomores from the Arizona School for the Arts in Phoenix are among 36 Valley teens competing for cash prizes, commendable cuisine and crushed competitors in Food*Ball TV Show, a new weekly program that launched on May 23 on AZ-TV7/Cable 13.

Anna Debas, Maggie Rose, Audra Hoover and Emily Lucia were chosen from more than 100 area teens who auditioned for the high-energy, competitive cooking reality show.

Set to football metaphors, the hourlong Food*Ball TV Show pits two-person teams against each other in the kitchen to see who can score with the best on-field performance while amassing the fewest penalties for violation of food safety and procedural rules.

All contestants in Food*Ball's 10-

episodes completed a one-day crash Food*Ball Training Camp focused on food preparation techniques. The teams were then turned loose in the kitchen under the supervision of a whistle-blowing referee, Junior American Culinary Federation Competition Team co-captain Ian Ray. Chaos, comedy and concoction of the—occasionally—palatable cuisine ensued.

Whatever the culinary outcomes, the kitchen creations have to be rated by food experts brave enough to taste anything.

Food*Ball will air from 4 to 5 p.m. on 20 successive Saturdays. The first nine episodes will each feature four contestants. The tenth episode, titled the "Food*Ball Bowl," will give the two best-performing teams the opportunity to vie for the Food*Ball Bowl Championship and a \$1,000 cash prize for each winning team member.

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PROVIDING SUPPORT COORDINATION AS A CASE MANAGER: Serve individuals (members) with developmental disabilities (e.g., Autism, Cerebral Palsy, Intellectual Disability [for example Down syndrome], Epilepsy, etc.) ranging from moderate to severe by supporting them and their families to lead the healthiest, most self-sufficient, productive lives within their capabilities. Support coordination is the process of identifying, planning, obtaining and monitoring appropriate cost effective medical treatment and medically related social and behavioral health services for eligible individuals (members). Case Management begins with respect for the member's preference, interest, needs, culture, language and belief system.

Direct Support Professional Lead

Salary: \$23,870 • Job Id 12682 • Apply by June 17, 2015

This position will work with persons with developmental disabilities in structured daily activities designed to teach them in applicable daily living skills. This position will participate in the implementation of the member's behavioral treatment programs; facilitate social interactions and activities help implement the member's individual support plans (ISP).

Habilitation Nurse 2

PART-TIME • Salary: \$52,820-63,941 • Job Id 15210

This position provides specialized nursing care for individuals with developmental disabilities requiring regular nursing care and, specialized medical support to staff; Completes required charting, reporting and recommended health care plans; Develops health education plans in specialty areas; Ensures physicians' orders are obtained, updated and renewed with therapeutic interventions; Administers medications and provides skilled treatment; Acts as a consultant to peers and staff regarding treatment of clients' illness, rehabilitation needs, preventative care, medication administration and medication storage; Monitors assigned site for compliance with Department of Health standards; Participates as a member of interdisciplinary teams; Conducts ongoing quality assurance monitoring. License to practice as a Registered Nurse in the State of Arizona.

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COMMUNITY

Helping children deal with grief

Judy Laufer recalls exactly when the idea for her children's book, "Where Did Papa Go?" was born. It was on a plane ride home after attending her father's funeral.

"My 5-year-old niece at the time was having difficulty accepting her grandfather's death," Laufer explains. "I was a kindergarten teacher and looked for books to help her and talk about how she was feeling. The only books I could find at the time were books about pets dying, and that just wasn't the same."

"Where Did Papa Go?" is a young girl's poetic musing on the death of her grandfather. Through this story, children will be able to appreciate and ponder not only the mysteries of death that puzzle the little girl but the practical considerations of death that she raises as well: "It's strange I can't see him, but I feel him inside. I want to yell, 'Come out, you don't need to hide.'" The book is geared toward children ages 3-7.

"My hope is that this book provides parents and anyone working with



Children's author and Valley resident Judy Laufer signs a copy of one of her books for a little fan (submitted photo).

young children a platform for discussion," Laufer says, adding that the message in the book is "even though the person dies, the memories live on."

The book is available from the publisher at www.littleeggpublishing.com (\$14.95 plus tax and shipping). You also can order it from Amazon.com, or

request it from your local bookstore.

Sooner or later, everyone has to deal with the death of someone they loved. In a child's world, the death of a close relative, a teacher, or even a schoolmate can be shattering. There are other resources that local families can turn to in order to help children in their time of loss.

The New Song Center for Grieving Children, part of Hospice of the Valley, provides support for grieving children, teens, young adults and their families. All support groups are free of charge.

A new group, Enduring Ties, serves children grieving the loss of a sibling and is open to children ages 4 and older. Groups meet 6-8 p.m. on the first and third Wednesday of the month at Hospice of the Valley, Building 2, 1510 E. Flower St. Families must schedule an orientation before participating.

Other grief support groups led by trained volunteer facilitators are at All Saints Lutheran Church, 15649 N. 7th St., every-other week on Monday and Thursday evenings. There is a support group for youth ages 5-17; pre-registration is required.

For more information, call 480-951-8985 or visit www.hov.org, click on "Our Care" and then "Grief Support."

There also are overnight, weekend and summer camps available specifically for children and teens who are dealing with grief and loss, offered by Stepping Stones of Hope. There are



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To help you explore the many options available for your retirement future, Beatitudes Campus is hosting a free workshop. Terence O'Malley, an estate planning attorney and popular speaker who addresses audiences around the county, will discuss the advantages of living in a not-for-profit community and the value of onsite health care, along with a comparison of refundable entrance fee and rental options for retirement living communities.



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COMMUNITY

camps available for kids age 6-17 as well as specific teen camps for youth ages 13-18.

During camp programs, children are divided into age appropriate groups and transitioned through a variety of skills-based activities. Who died and how the loved one died are also factors considered in placement, along with the best possible fit for each child. Camp topics are presented in a variety of ways including small group discussions, role-play, music, humor, and art.

Partial scholarships are available upon request. For more information, call 602-264-7520 or visit www.SteppingStonesofHope.org.

Grant money given to support youth sports

Phoenix Suns Charities is matching a \$25,000 grant to support MaxInMotion scholarships for Valley kids. The scholarships provide children in need with the opportunity to participate in the Jr. Suns and Jr. Mercury basketball programs across Arizona. Recipient organizations of the

MaxInMotion scholarships include the Chris-Town YMCA and the Rosenzweig branch of the Boys and Girls Clubs of metro Phoenix.

"It is our hope that these scholarships allow children in need to not only participate in youth basketball programs, but to have perpetuity within these programs," said Robin Milne, executive director of Phoenix Suns Charities.

The grant will allow young athletes to play on community basketball teams for multiple years, in an effort to teach them life lessons and foster their talents through sports. Phoenix Suns Charities, along with the Jr. Suns and Jr. Mercury programs, have been partners of MaxInMotion for the past three years.

MaxInMotion is a nonprofit foundation dedicated to providing young athletes an opportunity to compete at both the recreational and competitive levels in youth sports. The foundation provides financial support directly to youth sports organizations throughout the state of Arizona, to help underwrite inclusion in sports programs for boys and girls that would otherwise not be able to participate due to financial constraints.

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National Microchipping Month

- Without an ID tag or microchip, only 15% of dogs and 2% of cats in shelters are reunited with their owners.
- Microchips are a permanent way to identify lost pets.
- A special scanner is used to send a radio signal to the chip to read the identification number.
- There are three proprietary types of chips in the U.S.A. plus an international type. Not all scanners can read all chips. Some microchip brands require yearly registration fees.
- In a recent study, 75% of microchipped pets in shelters were returned to their owners. The remaining 25% did not have updated information in registration databases.
- Increase the safety of indoor, active outdoor, or traveling pets.
- Nothing replaces the need for a collar and tag with the owner's contact information and a current phone number

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Read the Pet Primer Article online at www.NorthCentralAnimalHospital.com

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COMMUNITY



Moose is looking for a home where he will be the only pet. He gets along great with kids, and his adoption fee is only \$50 (submitted photo).

Pet of the Month This loveable guy

is a great companion

Moose, a 4-year-old Flat Coat retriever, has been a resident at the Arizona Humane Society for almost two months and is ready to take on the life of a typical dog—one that includes walks, games of fetch and a family to love.

Moose was quick to learn appropriate leash manners, is already house-trained and has mastered several of the basic commands including "sit" and "shake." He loves car rides and makes a great traveling companion for camping trips up north. After a walk, Moose is content to lounge around the house and hang out with his people. He gets along great with kids but would prefer to be the only pet in his new home.

Meet Moose at the Arizona Humane Society located at 9226 N. 13th Ave. His adoption fee is just \$50. For more information, call 602-997-7585 and ask for animal ID number A508413.

Moose may have been adopted by the time you visit the shelter but there are many other homeless pets in need of a new family. To see all the adoptable pets, visit www.azhumane.org.

Parvo puppy clinic could save lives

Spring is here and so, too, is parvo (Canine Parvovirus) season, a time of year when the highly contagious, often fatal, viral disease in puppies and unvaccinated dogs is at its most prevalent.

Due to the infectious nature of the disease, spread via feces, and often high-mortality rate, parvo has long

been considered an untreatable and challenging disease to treat within animal shelters throughout the country. The Arizona Humane Society is about to change that. AHS is asking for the community's help in funding the state's largest Parvo Puppy ICU. It is projected that the clinic will be able to treat approximately 240 puppies and dogs in the first year at an average cost of \$539 per animal, with a success rate of more than 80 percent.

While this ICU will be critical in saving more lives of a currently at-risk group within shelters, it is important to note that parvo is not just a shelter problem, but can also have very adverse effects on the community. Puppies who have not been fully vaccinated by their pet owners should not attend communal areas until they have had all of their booster shots as they are most susceptible to the Parvo virus. It is imperative they receive all of their vaccinations beginning at 6 weeks of age until 18-20 weeks, and annually throughout their life. Unvaccinated dogs are also at high risk for contracting the disease.

To make a donation to the Parvo Puppy ICU, visit www.azhumane.org/parvopuppyicu.

Tips for hiking with your dog

Would you like to enjoy the outdoors more with your dog? Have you had problems with your dog or other dogs on the trail? Are you worried that you might hurt your dog if you hike too long with him or her?

Dog trainer Leslie Spencer-Snider offers a Dog Hiking Class at 7:30 a.m. Saturdays this month at the North Mountain Visitor Center, 12950 N. 7th St. There is a \$20 suggested contribution for each class, and a limit of eight participating dogs/adults. The class will go on hiatus after this month until the cooler fall weather.

Spencer-Snider, who uses alternative training methods for dogs and people, will go over conditioning you and your dog for the trail, proper trail etiquette, emergency first aid, hiking wit a backpack on your dog, and the laws, rules and regulations of the Phoenix Mountain Preserves. She also will discuss how to handle wildlife encounters, horseback riders and mountain bikers, and the proper care for you dog's paws.

Call 602-861-9256 to reserve your space.

COMMUNITY

Free spay/neuter surgeries for pits

Altered Tails, a nonprofit organization and the Valley's largest spay/neuter clinic specializing in high quality, low cost services, is offering free spay and neuter surgeries for all pit bull owners who reside in Maricopa County as a part of their alliance with the Fix. Adopt. Save. campaign. The surgeries take place at the Barnhart Clinic, 950 W. Hatcher Road in Sunnyslope.

Those who wish to take advantage of this offer must mention the "Pit Bull" campaign when they schedule their appointment. This campaign is based on availability. Visit www.AlteredTails.org or call 602-943-7729 for more information or to schedule an appointment.

Puppy Play Date at Noble Beast

Bring your new puppy in for advice and fun during the Puppy Play Date, 1-1:45 pm Sat. July 12 at Noble Beast, 1005 E. Camelback Road. Limited to 10 puppies and their human parent(s).

The play date will start with 20 minutes of supervised and guided play time, followed by a 10-minute talk on subjects relevant to puppy owners.

All puppies must be under 6 months old and owners must show proof of two vaccines. Registration is first come, first served. The cost to attend is \$5, all of which will be donated to local pet rescue organizations. To register, call Noble Beast at 602-265-4223.

Valley Metro hosts meeting on transit

Valley Metro hosts an informational meeting to update the public on the West Phoenix/Central Glendale Transit Corridor Study, 6-8 p.m. Thursday, June 4 in the Multipurpose Room at the Washington Activity Center, 2240 W. Citrus Way.

This study will evaluate different options for providing enhanced transit service to the area of 19th Avenue to 67th Avenue, Northern Avenue to Camelback Road. Project staff will be available to answer questions.

For additional information or to make reasonable accommodations for persons with disabilities, contact Megan Casey at 602-495-8274 or mcasey@valleymetro.org.

Bus drivers needed for next school year

Glendale Union High School District is looking for school bus drivers. CDL permit or license is preferred but may be willing to hire as a bus assistant while training as a driver.

Requirements are: High school diploma or GED equivalency; Background check; drug screening; and fingerprint clearance.

Apply at www.guhsdaz.org under Job Openings: Job Postings: Classified: Bus Assistant (if no CDL) or Bus Driver (CDL License or Permit on hand), or call Jennifer at 623-435-6029 for more information.

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COMMUNITY

Ladies Auxiliary sends two to Girls State

The Ladies Auxiliary of American Legion Post 75 in Sunnyslope once again sent two high school juniors, going into their senior year, to Girls State for one week.

American Legion Auxiliary Arizona Girls State is a nonpartisan, government-in-action learning program in which Auxiliary members guide young women to become knowledgeable stewards of freedom and democracy while teaching the young women responsible citizenship.

This year's delegates sponsored by Post 75 were students Claryssa Borja and Aubrey Johnson of Greenway High School.

Each summer, approximately 20,000 young women participate in week-long ALA Girls State programs across the nation. In Arizona, the program was held June 7-13 at the University of Arizona (www.azgirlsstate.com). The program is a week-long immersive learning experience held on a college campus where girls live in "cities" within the dormitory.

Students assume the roles of government leaders, campaigning as "Federalists" and "Nationalists" to become mayors and county and state officials of their ALA Girls State.

Delegates to an ALA Girls State program are selected by American Legion Auxiliary units, which work with local high school educators to select young women demonstrating leadership qualities, a keen interest in government and current events, and high moral character. The two young ladies will visit the Ladies Auxiliary of American Legion Post 75 during its September meeting to share their experiences at Girls State with the members.

Wells Fargo assists Habitat for Humanity

Wells Fargo & Company, one of the nation's largest suppliers of volunteers to Habitat for Humanity, recently announced a \$35,000 grant to support Habitat for Humanity Central Arizona home builds in Phoenix and Chandler. The grant was given by the Wells Fargo Housing Foundation as part of Wells Fargo's Team Member Volunteer Project.

The grant will be used to support the organizations' efforts to provide affordable housing to low-income families in Phoenix and Chandler. In addition to the grant, Wells Fargo has committed to 600 hours of team member volunteer service to help build two Habitat homes. The project began on Feb. 7 and continues through June 30.

Workshop helps vets with affordable housing

Trellis, formerly Neighborhood Housing Services of Phoenix, a nonprofit dedicated to making stable homes and communities possible by educating, building and lending, is offering veterans free Homebuyer Education (HBE) workshops this month.

The schedule includes: Discovery Sessions, 5:30-7 p.m. June 10; Money Management, 5:30-7:30 p.m. June 17; and All About Credit, 8:30 a.m.-12:30 p.m. June 27.

For more information, visit www.trellisaz.org and click on "Get Started Now." In the Comments box at bottom of info form, indicate that you'd like to participate in "No cost homebuyer education for Veterans" program. You also can call 602-258-1659.

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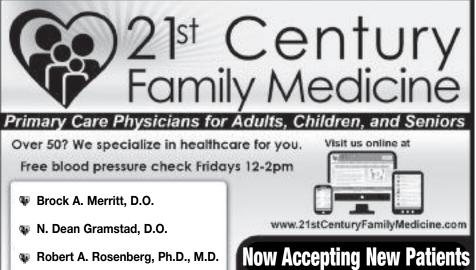
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COMMUNITY

Community Central

First Fridays at the Heard:
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Don your best cosplay duds for the Cosplay Ball in the Steele Auditorium and celebrate the new summer exhibit, "Super Heroes: Art! Action! Adventure!" Compete for prizes, indulge in adult beverages and enjoy the evening in the company of other cosplay fans. Cost for the ball is \$25 (which includes admission to Super Heroes). Admission to museum galleries and to the event, not including the cosplay ball, is free. Admission to Super Heroes is subject to a \$5-per-person gate fee. More information is at www.heard.org/first-fridays.

4th Annual Battle of Midway Commemoration

11 a.m. Friday, June 5 State Capitol Museum 1700 W. Washington St. 602-885-7038

Hear presentations about events leading up to and occurring during and after the historic battle, with special appearances. Admission is free. Visit http://azveteransconnection.org.

World Atlatl Day

9 a.m.-Noon Saturday, June 6 Pueblo Grande Museum 4619 E. Washington St. 602-495-0901

The museum offers free admission all day, and the local primitive skills group S.A.L.T. will put on an atlatl demonstration, distance and accuracy contest. The atlatl is a weapon predating the bow and arrow. Used worldwide for thousands of years, it proved an effective weapon. A stick with a hook on the end to hold the dart/spear, it increased the distance, speed, and force of the dart/spear. Pre-registration is not required and no experience is needed to join the atlatl competition. Visit www.pueblogrande.com.

Phil Goldberg Lecture & Book Signing

7 p.m. Friday, June 12 Changing Hands-Phoenix 300 W. Camelback Road

Philip Goldberg has been studying India's spiritual traditions for more

than 45 years, as a practitioner, teacher and writer. He is the author or coauthor of 19 books, including "Roadsigns on the Spiritual Path" and his most recent, "American Veda: From Emerson and the Beatles to Yoga and Meditation, How Indian Spirituality Changed the West," which was named one of the top 10 religion books of the year by both the *Huffington Post* and the American Library Association's Booklist. Admission is free.

Queen's Birthday Celebration

Saturday, June 13 Hotel 502 502 W. Camelback Road 602-264-9290

Celebrate Queen Elizabeth II's coronation birthday, commemorating when she was crowned as Queen in 1953. Pool party tickets are \$39 per person and include free use of the pool and drinks, from 5-10 p.m. There will be a market fair from 8 a.m.-2 p.m. with antiques, crafts and food from local Melrose businesses. There also will be a "Best Queen For a Day" Contest at 8 p.m. For more information, e-mail Andrew@hotel502.com.

Legislative Wrap-Up 6:30 p.m. Tuesday June 16 Beatitudes Luther Life Center 1616 W. Glendale Ave. 602-992-8145

The Phoenix Branch of AAUW will host Arizona Republic reporter Mary Jo Pitzl, who will give an Arizona legislative wrap up for the fourth consecutive year. She is very well informed about legislature events and issues. The program will begin at 6:30 p.m. An optional dinner (\$15) will be served at 5:30 p.m. RSVP to Sue at 602-992-8145 by June 12 for the dinner. Enter the Beatitudes at the gate by the flagpole on Glendale Avenue. Visitors are welcome.

Phoenix Writers Club Noon-2 p.m. Saturday, June 20 Bluewater Grill 1720 E. Camelback Road

Join Phoenix Writers Club for lunch and member presentations. Cost: \$15 members and \$20 guests. Reservations must be made by June 17. RSVP to navissak@hotmail.com with Phoenix Writers Club in the subject line. Members and the public are welcome.



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Kaplan receives award, scholarships

North Central teen Matthew Kaplan, a senior at Tesseract School, in May was presented with an engraved silver medallion in Washington, D.C., to recognize his selection by The Prudential Spirit of Community Awards as one of Arizona's 2015 top two youth volunteers.

Kaplan created a four-hour interactive educational program to help discourage bullying among middle level students in Arizona and beyond.

Recognizing that middle level students are particularly susceptible to peer pressure, Kaplan began thinking of a way to capture and reverse that pressure, "so that students challenge each other to support rather than discourage each other," he explained. He developed a series of non-competitive group games, small-team challenges and guided discussions designed to foster empathy and mutual respect, and assembled them into a four-hour program called "Be ONE (Open to New Experiences)."

Kaplan has introduced the program



North Central teen Matthew Kaplan receives a personal congratulations from "Good Morning America" co-anchor Robin Roberts at an award ceremony and gala dinner reception held in May at the Smithsonian's National Museum of Natural History in Washington, D.C. (submitted photo).

to schools in Arizona, California, Virginia and Indiana; taken it to youth groups and libraries; and promoted it widely through speaking engagements and a TV public service announcement. Through his program, more than 3,500 students so far have been shown "they can wield their power to build each other up, rather than tear each other down," he said.

As part of his selection as one of only two state honorees, Kaplan received \$1,000 and an all-expense-paid trip with a parent in early May to the nation's capitol for several days of national recognition events.

In addition to his recent award, Kaplan is one of 20 students statewide chosen to receive a scholarship from the Flinn Foundation. If he accepts this scholarship, he will receive an unparalleled package for undergraduate study. The Flinn program, in partnership with Arizona's three state universities, provides enriched educational offerings that expand scholars' life and career options and create the kind of stimulating, intellectually challenging environment that students might find at the nation's most selective colleges.

Kaplan also was selected as a finalist for the Robertson Scholarship, a full ride to either Duke or University of North Carolina.

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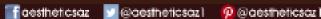
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TAKING CARE OF BUSINESS



Dan Kingston, left, recently purchased Prentice Garage from Mitch Dehelean, right, who owned the auto repair shop for more than 20 years. On the wall of the revamped lobby is a framed history of the shop, which first opened in 1932 and is the only auto repair and service business in Phoenix to have operated continuously for more than 80 years (photo by Teri Carnicelli).

Car repair shop has new owner

By Kourtney Seaton

Prentice Garage at 6328 N. 7th St. has been in business since 1932, and is one of Phoenix's oldest ongoing auto repair shops. The fifth owner, Dan Kingston, a North Central native, acquired the business in March. It has been renamed Kingston's Prentice Garage, with nod to the business's deep community roots.

Kingston began working in the commercial truck industry after graduating from the University of Arizona in 1999. He is the vice president of operations for the Mack and Volvo truck distributorships in Arizona, which include Phoenix, Tucson and Flagstaff locations.

"Auto repair has always been a passion of mine and I was fortunate enough in the last few years to set a financial plan in place to buy a shop," Kingston says.

After two years of negotiation with the previous owner, Mitch Dehelean, a North Central resident who owned the business for more than 20 years, Kingston now owns a piece of Phoenix history.

"He [Dehelean] wanted to make sure that the customer base was taken care of and he selected the right owner for the future of the business," Kingston says. "His customer base was very loyal and many had multiple family members whose vehicles he serviced."

Kingston says he is excited to continue the long Prentice Garage tradition of quality service at fair prices. The auto repair shop is undergoing a fresh new look including new signage, exterior building repaint and a remodeled waiting room.

Kingston says he has highly trained technicians servicing domestic and import vehicles of all makes and models, especially luxury brands such as BMW, Mercedes and Cadillac.

"We have all the latest diagnostic software available to auto dealers and offer excellent customer service," Kingston says.

The new manager, Erick Miller, has been an employee for 10 years at the facility. "He brings a wealth of diagnostic knowledge as well as a familiarity with the existing customer base," Kingston points out.

North Central News readers can bring in this article to receive a 10-percent discount off all labor.

For more information, call Kingston's Prentice Garage at 602-265-2249.

Editor's note: Kourtney Seaton is a student at the ASU Walter Cronkite School of Journalism and Mass Communication.

Business Briefs

Two women head team at CHPC

Continuing a philosophy of patientcentered hospice service, Phoenix based Comprehensive Hospice and Palliative Care is proud to announce the appoint-

ment of Megan Reynolds as chief executive officer, and the promotion of CHPC Registered Nurse Dana Brooks to executive director.



Over the past Megan Reynolds decade, Reynolds

has successfully managed and operated

please see CHPC on page 22

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11:00 – 11:30 am | Check-in and Networking 11:30 am – 1:00 pm | Luncheon and Program Omni Scottsdale Resort & Spa at Montelucia

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TAKING CARE OF BUSINESS

CHPC continued from page 20

several nationally and privately held home healthcare and hospice agencies in the Midwest and Southeast. Most recently the Ohio native oversaw four branches as a Regional Vice President for Nurse on Call Home Healthcare located in Florida. In March Reynolds relocated to Arizona from Florida to serve as the new CEO of CHPC.

Dana Brooks has worked for the past four years at Comprehensive Hospice and has worked as a registered nurse for more than 20 years in California and Arizona.

Brooks says her focus at CHPC will continue to focus on ensuring patients and their families receive the education, assistance and guidance necessary for



Dana Brooks

them to contribute to and lead their personalized plan of care.

Comprehensive Hospice, 2111 E.

Highland Ave., Ste. b425, is a physician and nurse owned-and-operated hospice founded in 2011. CHPC seeks to provide holistic care, including the interdisciplinary team, medications, supplies and other treatment options to address the medical, emotional and spiritual needs of individuals and families.

For more information, visit http://chpchospice.com or call 602-795-9705.

Landmark Title makes short move

Landmark Title Assurance Agency is moving its Phoenix team to a new space. The company's commercial and residential title, escrow and research teams will now be located at 2555 E. Camelback Road, Suite 275, near the intersection of Camelback Road and 24th Street.

The new space includes a reception area, spacious conference room, six private offices and an employee business center and kitchen. The company previously had offices nearby at 2525 E. Camelback Road.

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TAKING CARE OF BUSINESS

ly of companies. It is based in Phoenix, but provides services nationwide. To learn more, visit www.ltaz.com or call 602-748-2800.

Ellish named a top adviser for Ameriprise

North Central resident Jeffrey Jay Ellish, a private wealth adviser with Ameriprise Financial, has qualified for the company's 2014 Circle of Success annual recognition program and will be honored for this achievement in 2015.

To earn this achievement, Ellish established himself as one of the company's top advisors by consistently demonstrating exceptional commitment to financial planning and superior client service. Only a select number of high-performing advisors earn this distinction.

Ellish's office is located at 7992 W. Thunderbird Road, Suite 110. For more information, visit ameriprise.com or www.ameripriseadvisors.com/jeffrey.j.ellish.

Spa event features 'tastings' of services

Tocaloma Spa & Salon at Pointe Hilton Tapatio Cliffs Resort, 11111 N. 7th St., will host a "Mid Summer's Night Spa Dream" event from 5 to 8 p.m. on Thursday, June 11.

The event will feature "tastings" of summer spa services and treatments, including quick and easy poolside updos, lash and eyebrow tinting, flawless airbrush foundation applications, tea leaf readings and live demos of healthy smoothie recipes. Guests also can indulge in light spa "bites" and festive "mocktails" and wine.

Tickets are available for \$99 per person and include a voucher for a 50-minute spa treatment to use at a later date. Voucher must be redeemed by July 11, 2015.

Tickets to a "Mid Summer's Night Spa Dream" can be purchased by calling the spa directly at 602-375-4645.

Hermosa Inn has new owners

The luxury boutique resort The Hermosa Inn and its award-winning restaurant, LON's at the Hermosa, was sold on May 6 to Allred Capital LLLP.

The partnership, led by Ronald Allred and his son Mike Allred, has been developing land, real estate and hospitality related ventures since the 1970s, including building the town of

Avon near Vail, Colo., and developing the Telluride Ski Resort and the Telluride Mountain Village. The partnership also owns Rancho Mañana Golf Club in Cave Creek, is the lead investor and operator of Tubac Golf Resort & Spa in Tubac, and has now added The Hermosa Inn to its historically oriented, hospitality portfolio.

Formerly owned by Fred and Jennifer Unger of Hermosa Legacy Partners, who restored and reopened the property in 1994, it has since undergone a \$2 million rooms remodel and property enhancement in 2009 and in keeping with the property's artistic roots, added a \$2 million art installment in partnership with Figarelli Fine Art in 2012.

"We look forward to continuing the legacy Lon Megargee began here in the 1930s and which the Ungers have expanded upon for the past two decades," Allred said. "The Hermosa Inn is an iconic property that we hope to make even better and look forward to being a part of its wonderful place in Arizona's history."

For more information call 800-241-1210 or visit www.HermosaInn.com.

Funkhouser serves Special Olympics

North Central resident David E.

Funkhouser III, a partner in the Phoenix office of national law firm Quarles & Brady LLP, has been appointed chair of the Grants, C o r p o r a t e Sponsorships and



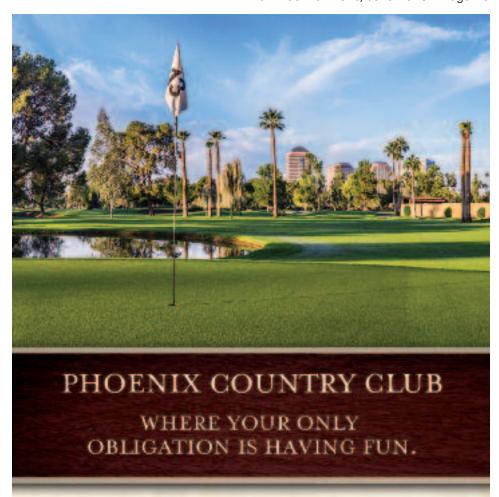
David Funkhouser III

In-Kind Donations Committee for the Special Olympics Arizona (SOAZ) Development Team.

In this role, Funkhouser will focus on cultivating current relationships, as well as developing new partnerships between the business community in Arizona and SOAZ. The objective is to enhance the organization's ability to provide year-round sports training and athletic competition in a variety of Olympic-type sports for all children and adults with intellectual disabilities.

Funkhouser also serves as a member of the Leadership Council for the Special Olympics Advocacy Resource program.

For more information, visit www.quarles.com.



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FOR MORE INFORMATION: PHOENIXCOUNTRYCLUB.COM 602.636.9823 or mgrass@phoenixcountryclub.com







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(North Central homes in bold)

4320 E. Rose Ln	7518 SF	6BR/6.5BA	\$2,750,000
7110 N. Central Ave	14,383 SF .	13BR/12.5BA	\$2,350,000
4101 N. 65th St	3900 SF	4BR/3.5BA	\$1,690,000
7152 N. 23rd Pl	4891 SF	4BR/4.5BA	\$1.650.000
5600 N. 4th StIN ESCROW			
334 E. Glenn Dr			
17 W. Sierra Vista			
202 W. Vista Ave.			
2211 E. Camelback Rd. #302			
8513 N. 13th AveJUST LISTED			
936 W. Why Worry LnIN ESCROW			•
311 E. Maryland Ave NEW PRICE			
320 E. Maryland AveJUST LISTED			
41 W Marlette Ave IN ESCROW			
3800 E. Lincoln Dr. #41JUST LISTED			• •
6309 N. 4th Dr			
1515 W. Lewis Ave IN ESCROW			
7032 N. 2nd Ave			
10012 N. 1st Dr			
7502 N. 10th St			•
336 W. Rancho Dr			
6501 N. Central Ave.			
77 E. Missouri Ave. #45IN ESCROW			
6310 N. 7th Ave			
1818 E. Palmaire Ave.			
1726 E. Seldon LnIN ESCROW			
6520 N. Central Ave			
2524 E. Vogel Ave.			
7915 N. 16th DrNEW CONSTRUCTION 7911 N. 16th DrNEW CONSTRUCTION 1			
125 W. Las Palmaritas			
1250 W. Solano Dr IN ESCROW			
717 E. Harmont Dr IN ESCROW			•
11109 E. Mercer Ln			
723 W. Glenn Dr			
8726 E. Monterey Way IN ESCROW			
751 E. Belmont Ave.			•
1523 E. Hatcher Rd JUST LISTED			•
2333 E. Montecito Ave.			•
1314 E. Orchid Ln.			
846 E. Lamar RdIN ESCROW			
7628 N. 15th Ave.			
6529 N. 10th Pl			
7339 N. 11th Pl			•
8150 N. Central Ave. #15			
6508 N. 10th Pl			•
207 W. Clarendon Ave	852 SF	1BR/1BA	\$ 123,900

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Featured Homes for June



6035 N. Central Ave. • \$2,200,000



7110 N. Central Ave. ■ \$2,350,000



334 E. Glenn Dr. • \$1,350,000



17 W. Sierra Vista Dr. • \$1,195,000



5600 N. 4th St. • \$1,595,000



202 W. Vista Ave. • \$1,090,000



311 E. Maryland Ave. ■ \$799,900



6309 N. 4th Dr. • \$675,000



7915 N. 16th Dr. • \$479,900

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6035 N. Central Ave.	\$2,200,000	5710 N. 10th Ave.	\$ 565,000	7755 N. 7th Ave.	\$ 360,000	5508 N. 5th Ln.	\$ 255,000
229 W. Vista Ave.	\$ 985,000	7619 N. 11th St.	\$ 520,000	1113 W. Stella Ln.	\$ 358,500	1410 E. Verlea Dr.	\$ 245,000
7339 N. 2nd Dr.	\$ 845,000	201 W. Palmaire	\$ 489,250	2735 S Kenneth Pn.	\$ 344,000	514 W. Townley Ave.	\$ 240,000
14838 N. 15th Ave.	\$ 740,000	40 E. Lawrence	\$ 480,000	9409 N. 17th Way.	\$ 340,000	3850 E. Crocus Dr.	\$ 185,000
405 E. Montebello Ave.	\$ 695,000	8 Biltmore Estates #102	\$ 475,000	18 W. Medlock Dr.	\$ 325,000	7004 N. 11th Way	\$ 180,000
1117 W. Tuckey	\$ 690,000	7919 N. 16th Dr.	\$ 463,500	328 E. Rose Ln.	\$ 325,000	1237 E. Vista Ave.	\$ 179,900
5801 N. 22nd Pl.	\$ 650,000	4427 E. Montecito	\$ 438,500	77 E. Missouri Ave. #41	\$ 320,000	6047 N. 9th Ave.	\$ 165,000
5302 N. 6th St.	\$ 610,000	3845 E. Glenrosa Ave.	\$ 428,000	6621 N. 10th Pl.	\$ 315,000	2725 S. Azalea Dr.	\$ 158,000
6316 N. 7th Ave.	\$ 608,000	909 E. Kaler Dr.	\$ 413,500	1502 E. Berridge Ln.	\$ 315,000	750 E. Northern Ave. #1141	\$ 155,000
6833 N. Central Ave.	\$ 607,000	219 E. Winter Dr.	\$ 401,000	310 W. Oregon Ave.	\$ 300,000	3023 E. Palm Ln.	\$ 129,900
331 E. Tuckey Ln.	\$ 577,500	7533 N. 8th St.	\$ 365,000	1641 E. Aurelius Ave.	\$ 295,000	4131 E. Camelback Rd. #29	\$ 103,000
9139 N. 82nd St.	\$ 575,000	6317 N 10th Pl.	\$ 365,000	1313 W. Rose Ln.	\$ 262,500	1145 E. Orangewood Ave.	\$ 65,000

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HEALTHY LIVING

Free mobile clinic seeks volunteers

By Teri Carnicelli

Every Wednesday morning, they patiently line up along the wall outside the multi-purpose room at Shepherd of the Valley Lutheran Church. They are men, women and, sometimes, children, quietly talking with each other or silently clenched in pain or sickness.

What they are waiting for is the volunteer doctors, nurses and staff of Mission of Mercy to arrive, accompanied by a mobile medical RV. Once inside, the people are signed in and then meet with a nurse to explain what medical issue they are dealing with. In most cases, they leave with a diagnosis and a free bottle of medication. Sometimes, their need is too critical and they are referred on to an emergency room.

This was Mission of Mercy's first mobile clinic site, which was opened more than 15 years ago with community partner Shepherd of the Valley



Helping a patient with a bad chest cold at the Mission of Mercy mobile clinic are, clockwise from left: Dr. Oliver Harper, Registered Nurse Jeanne Karnell, and volunteer interpreter Nir Katularu (photo by Teri Carnicelli).

Lutheran Church, located at 1500 W. Maryland Ave. There are now five additional sites that operate weekly.

As a community-based nonprofit, Mission of Mercy provides free primary health care to the uninsured, underinsured and working poor. It receives no state or federal funding; all services are made possible through private financial contributions. There is no qualification process and there is never a charge for services.

Last year alone, the nonprofit provided more than 15,600 free doctor visits and dispensed over 23,000 free medications to patients relying on their ser-

vices to access health care.

And all of that would not have been possible without the dedicated volunteer doctors, nurses, interpreters and registration attendees. One such volunteer is North Central resident Jeanne Karnell, R.N., who started out in 2000 as a volunteer, then became director of nursing, and has since "retired" but continues to serve once a week as a volunteer.

Being a nurse, she said, is like a calling, part of your identity. "It's a hard thing to give up," she admits. "Nursing is inside you. So this is a great way for nurses in their retirement years to still give their very special gifts."

Registered nurses (RNs) and licensed practical nurses (LPNs) are especially needed as volunteers, particularly in the summer months, as other volunteers may travel or leave town to escape the heat. Even if they can only come once a month, they are welcome, Karnell said.

Dr. Oliver Harper, who also lives in the North Central community, has



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Jason Jones, D.M.D.

Is your child a mouth breather? Does your child snore?

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- Proper tongue and cheek balance
- · Reduces the risk of headaches
- Reduces TMJ issues
- · Reduces the risk of sleep apnea

Mouth breathing is not healthy and can negatively affect the entire body. Correcting airway issues is vital to overall health and development.

HEALTHY LIVING

been a volunteer at the Shepherd of the Valley clinic site for three years. The doctors become just like their primary care physicians, and over time a bond is formed, created in mutual respect and caring, he explained.

Harper, who also volunteers at the Mission of Mercy clinic in Avondale, said that he will keep doing so until he is physically unable to, or, as he put it, "until the wheels come off."

Other volunteer positions including registration attendee and Spanish-language interpreter. Contact Volunteer Coordinator Ana Berlanga at 602-861-2233 for more information.

You also can contribute financially; this summer the nonprofit will host a campaign to help raise donations to fund its clinic operations. To donate, visit www.amissionofmercy.org/Arizona

Health Briefs

Ways to keep cancer from coming back

The monthly Cancer Support Group offers support for patients, families and community members dealing with all types of cancers. The next meeting is set for 6-8:30 p.m. Thursday, June 18, in the meeting room inside Donovan's restaurant, 3101 E. Camelback Road. The guest speaker is Dr. Thomas Lodi, member, American Society of Clinical Oncology (ASCO), Fellow in Integrative Oncology, and founder and chief physician at An Oasis of Healing in Mesa. Lodi will discuss the role of genetics, environment, and nutrition in preventing and healing cancer. Lodi practices under a homeopathic license but he also is a medical doctor with 24 years' experience.

A vegetarian dinner is available for \$5. An RSVP is requested by Monday, June 15; please indicate whether you will be having dinner or not. To RSVP, call Terry Ratner at 602-527-3776 or e-mail Tjrwriter@aol.com.

Wake up, tune up your body in June

In June, Kinesphere Center for Movement Education offers some classes to help you wake-up your upper body and tune-up your shoulders.

"Awaken the Upper Body: Partnering Chiropractics and Restorative Exercise," with Lisa Thorngren and Jacob Hoerr, D.C., will take place 6:30-8 p.m. Tuesday, June 9. Cost is \$40. Awaken to the possibility of a fuller range of motion. See how two different modalities can work together toward better mobility.

Isabelle Barter offers a Yoga Tune-Up Shoulder Shape Up, 1-2:30 p.m. Saturday, June 13. Many hours spent slumped over a desk, staring at a screen, or carrying around the stress of daily life leads to improper alignment, instability, and pain in the shoulders. Learn a simple, yet profound regimen to roll away tension and put the power of self-care in your own hands. Workshop includes a pair of YTU Therapy Balls (\$15 value). Cost is \$35 by June 5, \$40 after.

Follow that up with some Pain Free Shoulders with Alex Papazian, 6:30-8 p.m. Tuesday, June 23. Cost is \$40. The shoulders are complex joints that allow you to move your arms in many different ways. Come learn about the mechanics of your shoulders and practice some ways to strengthen and unlock these joints.

Kinesphere Center for Movement Education is located at 711 E. Missouri Ave., Suite 180. For more information, visit www.kcme-az.com or call 602-532-3111.

Discount drug cards available at local office

North Central business owner Herman Lincoln has signed up with National Benefit Builders, Inc., allowing him to provide Community Assistance Program Drug Discount Cards free to individuals, social service agencies, health clinics, hospitals, and more.

The cards save people on average 15 percent on their brand-name prescription drugs, and 55-percent on generics. The free program is made available through NBBI's outreach program. In addition, there is a card available just for pet prescription discounts for those who don't have pet insurance.

Free cards are available to anyone who pays full price for his or her medications on a regular basis, whether the person is underinsured, or the insurance doesn't cover that particular prescription.

Lincoln, whose Word Communications office is located at 1202 E. Maryland Ave., 2-F, also will assist nonprofit organizations with fundraising efforts using the discount prescription card.

For details, call Lincoln at 602-432-2808 or visit www.americasdrug card.org/wordcomm to download and print your free discount drug cards.

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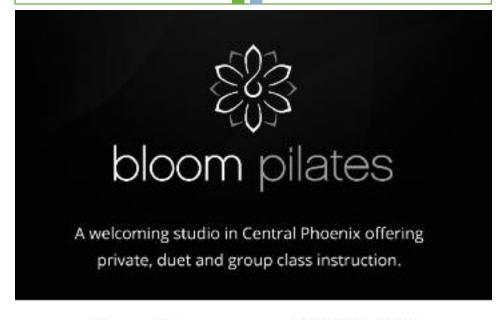
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Seating is limited.

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Friday, June 19

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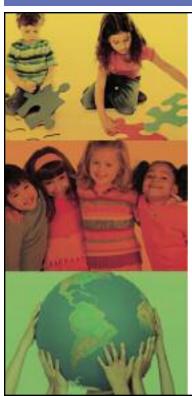
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SCHOOL DAYS



Five Girls Leadership Academy of Arizona students were surprised with \$1,000 and \$5,000 scholarships at a recent school assembly. They are (from left) Bianca Garcia, Ginelly Powell, Christy Sok, Ana-Leeza Reyes, and Adrianna Galvan (submitted photo).

GLAAZ graduates first four-year class

The nonprofit Girls Leadership Academy of Arizona (GLAAZ), the only all-girls public high school in the state, last month marked the graduation of the first class to attend for all four years. There were 33 seniors graduating, and all of them were accepted into college.

Most of the young women are of Hispanic heritage and many are the first in their family to attend college. In addition, they often have significant financial need, and have overcome major obstacles to remain in high school and now attend college.

A surprise assembly was held on April 24 to present a total of \$13,000 in scholarship awards to five outstanding students: Bianca Garcia, Ginelly Powell, Christy Sok, Ana-Leeza Reyes, and Adrianna Galvan.

Bianca Garcia received \$5,000, and has been accepted to Barrett, The Honors College at Arizona State University, where she plans to study biomedical engineering/pre-med. She wants to focus on innovative and accessible low-tech/low-cost solutions for people without access to medical service, both globally and locally. She also received a \$6,000 scholarship from ASU. She enrolled in every AP course the school has offered, and graduated with 23 credits from Phoenix College.

Also receiving a \$5,000 scholarship was Adrianna Galvan, who has been

accepted to Simmons College in Boston and Agnes Scott College in Georgia. She has not yet decided where she will attend. She plans on becoming a middle-school teacher. Galvan also enrolled in every AP course at GLAAZ, and completed 23 credits from Phoenix College prior to graduation.

Ginelly Powell is one of three students who received a \$1,000 scholarship. She has been accepted to Northern Arizona University, where she plans to study to become a special education teacher and work with special needs youth/children. Powell also has received a \$2,500 scholarship from NAU. She was a finalist for the Dorrance Scholarship. Powell earned 14 college credits upon graduation.

Cristy Sok, who received \$1,000,, hopes to go to school in California where she wants to study marine biology. Sok was a member of the recycling club at GLAAZ for all four years. She acquired 14 college credits prior to graduating.

Ana-Leeza Reyes, who received \$1,000, hopes to attend the University of California at Santa Cruz, where she wants to study business management and economics. Reyes spearheaded advertising and social media campaigns for the school's yearbook. She graduated with 13 college credits.

The Girls Leadership Academy of Arizona is located at 715 W. Mariposa St. For more information, call 602-288-4518 or visit www.glaaz.org. Tours for prospective students and their parents are available.

School Briefs GLENDALE UNION HIGH SCHOOL DISTRICT

Singers perform in all-state choir

Two GUHSD recently had the honor of being selected to perform in the All-State Festival.

Olivia Waters, who just finished her junior year at Sunnyslope High School,

was a second-year member of the varsity level choir.

Senior Brenna
Ellington is a student at
Thunderbird
High School. As
a soprano, this
was her third year



Olivia Waters

to make the All-State Choir.

Arizona is divided into nine regions and students tried out in January for their regional honor band, choir and orchestra. Each regional choir is comprised of the top 100 singers, and those students are then qualified to audition

all-state. sing Students solos and go through a rigorous sight-reading audition to be considered for this ensemble. More than 1,000 students audi-



Brenna Ellington

tioned for the prestigious choir.

Both Waters and Ellington participated in the All-State Festival on April 16-18 at the University of Arizona.

MADISON ELEMENTARY SCHOOL DISTRICT

Four Madison schools honored

Four Madison schools received 2015 PBISaz Achievement Awards in March. Madison Simis earned the Silver Award, Madison Camelview earned the Bronze Award, and Madison Rose Lane and Madison Park were presented with Merit Awards for high fidelity implementation of Positive Behavior Interventions and Supports (PBIS) and program related student outcomes.

Daniel Gulchak of KOI Education presented the awards to the Madison Governing Board on behalf of PBISaz at the April 7 board meeting.

PBIS is a tiered, proactive approach

to establishing the behavioral supports and social culture needed for all students in a school to achieve social, emotional, and academic success.

The purpose of the award is to recognize schools for successful implementation and outcomes of school-wide PBIS systems. Criteria are based in part on measurable student outcomes.

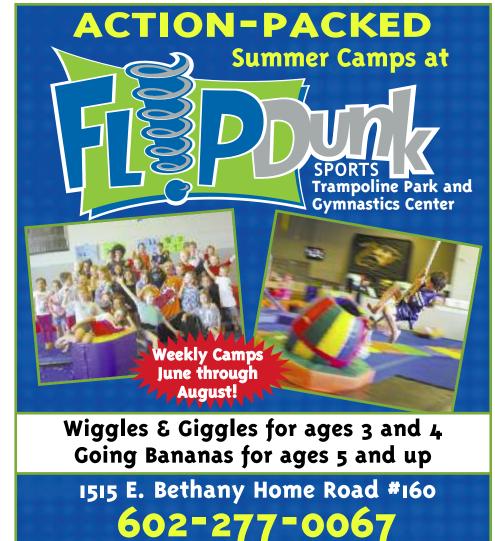
OSBORN ELEMENTARY SCHOOL DISTRICT

Music field study at Phoenix Symphony

Osborn partner Valerie Bontrager of the Phoenix Symphony arranged for 200 Clarendon School students to attend the symphony's performance of "Uzu and Muzu from Kakaruzu" free of charge.

The story focuses on the importance of communication to keep healthy relationships with other people, showing how the negative effect that bullying can have on all involved.

The performance also included two selections by Ludwig van Beethoven, who faced and overcame many conflicts in his life, producing music that is still performed and loved to this day.



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The Osborn
School District
received high
praise in a
recent audit,
most notably
for its interactive technology and smallgroup instruction (submitted
photo).

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Piano Programs for Young Musicians

Music Lessons and Classes

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Osborn ELL Program auditors impressed

Program auditors were impressed by the Osborn School District's "beautiful schools" and "supportive teachers, responsive to student needs in the classrooms," shared a summary of these and many other outstanding observations at their Exit Interview.

Most notable was the "wonderful teaching they saw in classroom after classroom." Although they only observed in Structured English Immersion and Dual Language classrooms, their description of engaging instruction, student-to-student interaction, visuals, interactive technology, and small group and individualized instruction is evident throughout Osborn classrooms.

Many teachers, para-pros, master teachers, principals and administrators worked overtime to assure that all files and lesson plans were complete and available for review.

PHOENIX UNION HIGH SCHOOL DISTRICT North High rowers get their Dragon Boat on

The North High Dragon Boat team raced at The Dragon Boat Festival at Tempe Town Lake March 28-29 for the sixth straight year. The Mustangs have been the only high school team to participate ... until this year.

This year, Rancho Solano Scottsdale school entered, but North beat the new competition. North rowed in four races both days, including competition against collegiate teams from UCLA, UC Irvine and UC San Diego.

North's team is made up of Future Business Leaders of America club members. There are 20 rowers and one drummer on a boat. The cost to race each year is \$350, which North FBLA usually pays from fundraiser activities but this year a corporate team from The Mayo Clinic had three teams and if a group has three teams they are given an additional team at no cost. The Mayo Clinic offered its fourth "free" team to North High School so the Mustangs would not have to pay the entry fee.

The Arizona Dragon Boat Association and North's team hope that more high schools will start participating so that a High School Division can be





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Members of North High School's Future Business Leaders of America (FLBA) partipate each year in the Dragon Boat Festival at Tempe Town Lake (submitted photo)

created instead of the youth teams having to compete against college teams.

The race is one of many community service events the North FBLA chapter supports throughout the school year.

Students do well at championships

Metro Tech had several students medal at the SkillsUSA State Championships, April 7-8. Juan Iscoa won a gold medal in Related Technical Math, and has earned a trip to Louisville, Ky., later this spring.

Silver medalists were Arly Melendrez, Norma Avila and David Camorgo in Automated Manufacturing Technology, Rudolph Ponce in Information and Technology Services, and Jazmin Chairez in Culinary Arts.

Bronze medalists were Liliana Gutierrez in Job Interviewing; Cesar Carrasco, Francisco Nieves and Gaberyl Osborne in Automated Manufacturing Technology; David Haro Hernandez in Information and Technology Services, and Cesar Gaiton in Auto Refinishing.

Ortega receives service award

North High School student Kerrigan McDonald Ortega has been honored for her exemplary volunteer service with a President's Volunteer Service Award.

The award, which recognizes middle level and high school students across America for outstanding volunteer service, was granted by The Prudential Spirit of Community Awards program on behalf of President Barack Obama.

North High School nominated Ortega for national honors last fall in recognition of her volunteer service. Ortega has volunteered with the Salvation Army, and worked summer camps for youth at risk.

WASHINGTON ELEMENTARY SCHOOL DISTRICT

Registration available throughout summer

Student registration for the 2015-16 school year is underway and will continue through the summer. Students who need to be registered include those new to the district; students who move from one WESD school's boundaries to another WESD school's boundaries; and

please see REGISTRATION on page 32



To be in kindergarten a child must turn 5 before 12/31/2015





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SCHOOL DAYS

REGISTRATION continued from page 31

kindergarten students.

Parents and guardians may register their child at the Welcome and Registration Center, 3200 West Cholla St., immediately west of Cholla Middle School. The center is open Monday through Friday from 7:15 a.m.-5: p.m. On Wednesdays, the center is closed from 11:30 a.m.-1:30 p.m. For more information, call 602-896-6950.

Employees of the month honored

WESD congratulates Jeanne Farnham, Nutrition Services Unit leader, Sunnyslope School and Holly Weiner, Student Services specialist, Royal Palm Middle School, as Employees of the Month for May.

The WESD Employee of the Month recognition is bestowed upon employees who have exemplified the vision, mission and values of the district. These employees serve as an inspiration to others by maintaining high customer service standards and a commitment to student achievement.

PRIVATE AND CHARTER SCHOOLS

Xavier students receive honors

Xavier College Preparatory senior Madison Clarke of North Central Phoenix captured the Arizona Interscholastic Association's Division I

high school girls state tennis singles title for the third consecutive year by defeating Corinne Prost of Liberty High School (Peoria) in the May 1 championship match.



Madison Clarke

She also was one of only 38 young women nationwide to be named a 2015 All-American by the National High School Tennis All-American Foundation, an honor that she received last year as well. She graduated from Xavier on May 16 and will attend Santa Clara University in the fall.

North Central resident and Xavier College Preparatory senior Carmel McCullough was named 2015 recipients

Congratulations All Saints' Graduates!



The All Saints' Class of 2011 is heading to these top universities & colleges

Arizona State University
Auburn University
Boston University
Chapman University
Cornell University
Dartmouth University
Duke University
Emory University
Embry-Riddle University
Georgetown University
Gonzaga University
Johns Hopkins University
Loyola Maryland

Miami University (Ohio) Northern Arizona University Oberlin College Pennsylvania State University

Pratt Institute

San Diego State University Santa Clara University Southern Methodist University Stanford University Texas Christian University University of Alabama University of Arizona University of Colorado University of Mississippi University of San Diego University of Southern California University of Texas University of Virginia Vanderbilt University Villanova University Wake Forest University

St. Olaf College



The All Saints' Class of 2015 is heading to these top high schools

Brophy College Preparatory Emma Willard School - New York Phoenix Country Day School Regis Jesuit High School - Colorado St. John's High School - South Carolina The Thacher School - California Xavier College Preparatory



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Each spring, students in Paula Marinos and Eileen Benjamin's pre-kindergarten classes at All Saints' Episcopal Day School hold a lemonade drive to collect canned food donations for St. Mary's Food Bank in exchange for a glass of lemonade (submitted photo).

of the Artistic Merit, Leadership, and Academic Merit Award by the Arizona Dance Education Organization

(AzDEO). The AzDEO award is the highest state dance honor awarded to high school students, and the NDEO award is the highest national dance honor possible.



 ${\sf Carmel\ McCullough}$

Xavier College Prep senior Samantha Bennett of North Central was one of

four students honored by the Kiwanis Club of Phoenix with a \$500 college scholarship award for outstanding service to the community. She will attend Santa



Samantha Bennett

Clara University in the fall.

Phoenix Christian Prep celebrates diversity

Phoenix Christian Preparatory School celebrated its cultural diversity at graduation ceremonies on May 29. Opening prayers were offered in English, Korean and Mandarin by some of its 40 international students.

The class of 2015 is the 64th class of graduating seniors. The 39 graduates combined to earn more than \$1 million in scholarships.

The valedictory address was given by Sarah Mungillo. Stephen Condon gave the salutary address and Caichen "Karol" Zhong spoke as the school's international honor student.

A year of service at all Saints' school

All Saints' Episcopal Day School pre-k students operated a lemonade stand on April 24 to collect canned food donations for St. Mary's Food Bank. Students had the opportunity to exchange canned food goods for a glass of lemonade. The students received 228 pounds of food and \$86.72 in cash donations for the food bank.

This unique canned food drive was started eight years ago by pre-kindergarten teacher Paula Marinos. All Saints' has made community service an integral part of school life all year long.

PC student signed to Suns' front office

Phoenix Christian Preparatory student-athlete, Jared Ornoski, last month was "signed" as an honorary member of the Phoenix Suns front office. Jared, a 17 year-old point-guard for the boys' basketball team, is currently in a battle with Hodgkin's Lymphoma.

Jared was surprised by Suns president of basketball operations, Lon Babby, during a school assembly with classmates and friends. After signing a contract with Babby, Jared and his father, Mike, hopped into a limousine to Phoenix Sky Harbor Airport, where they boarded a plane bound for New York City to join Suns center Alex Len for the NBA Draft Lottery on May 19. Upon his return to Phoenix following the lottery, Jared will participate in a number of activities with the Suns front office in advance of the NBA Draft on June 25.

To donate to Jared during his ongoing battle with cancer, visit gofundme.com/jznbaw.



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SCHOOL DAYS



The top three winners in SS. Simon & Jude's Accelerated Reader Promotion were, from left: second place, Elizabeth Rupp, fifth grade; first place, Emily Thu Nguyen, fifth grade; and third place, Jason Vega, sixth grade (submitted photo).

Students win artwork contest

Six students at St. Francis Xavier School were honored on April 28 at the Cherishing Arts Initiative Gala and fundraiser benefiting the Crisis Nursery. The Cherishing Arts Initiative program ArtWork Contest is a unique project focusing on raising awareness for neglected, abused and homeless children. The artwork, for the contest, is submitted by students in grades 4-12 from throughout Arizona.

SFX Art Teacher Abby Aspen said, "I think it is an amazing opportunity for our students to get involved from the standpoint that they are doing something that is going to help these kids that really need it."

St. Francis Xavier students in fourth and fifth grades created artwork to donate to the cause. First place was awarded to North Central resident Kerrigan Douglas, fourth grade, and second place went to Tristan Sweiss, fifth grade.

Students Riley Dowdall, Max Laborin, Caroline Beggs and Madison Ferren also were selected to have their artwork on display.

Reading event gives nod to Loreto Sisters

SS. Simon & Jude Cathedral School held its annual Accelerated Reader Promotion April 20-27. This year's theme, "60 Years of Blessings," honored the Loreto Sisters coming from Ireland to start the school.

Fifth grade student Emily Thu Nguyen won the logo contest with her illustration of the beloved Loreto Sisters. Emily also was the spokesperson for the entire event.

During the week plus one day, students would read, then head to the library to take the test on the book they just read—and then run back to their classrooms to read some more.

The students from kindergarten through 5th grade read a grand total of 452,633 pages, while the students in 6th-8th grades earned 8,191 points. That is more than 30,000 more pages and 3,000 more points than last year, and a new school record. Certificates and prizes were awarded to the top three students in each class and overall winners.





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Madison Camelview Preschool–4 2002 E. Campbell Ave. Phoenix, AZ 85016 602.664.7200 Madison Simis Preschool–4 7302 N. 10th St. Phoenix, AZ 85020 602.664.7300 Madison Rose Lane Preschool–4 1155 E. Rose Lane Phoenix, AZ 85014 602.664.7400 Madison Park Grades 5–8 1431 E. Campbell Ave. Phoenix, AZ 85014 602.664.7500 Madison Meadows Grades 5–8 225 W. Ocotillo Rd. Phoenix, AZ 85013 602.664.7600 Madison Heights Preschool–4 7150 N. 22nd St. Phoenix, AZ 85020 602.664.7800 Madison Traditional Academy
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GENERATIONS



The newly expanded team at Artplay Plus includes, from left: Linda Gray, family therapist; Liz Tomko, owner and art therapist; Elizabeth Rowley, tutor; and Traci Brown, art therapist (submitted photo).

Artplay offers more space; new staff

Local art therapy business Artplay announces its new enhanced offering, Artplay Plus. Artplay has been offering individual emotional wellness sessions to kids for more than five years and during that time, owner Liz Tomko observed that these kids need more well-rounded services.

Artplay Plus, with more offerings for kids' wellness, will serve clients at a neighboring suite at the same complex as Artplay, which is located at Camelot Square, on the northeast corner of 12th Street and Missouri Avenue.

Artplay has been successfully conducting sessions to help kids with issues, such as anxiety, sadness, fear and anger, and now Artplay Plus will broaden this offering to family sessions and educational support. "We want kids to succeed at not only at home, but also at school," says Tomko.

The best way to achieve this goal is to help the child individually, at the same time as supporting the family unit and offering tutoring. Together these offerings help reduce anxiety for children so they can be happy kids in all areas of their life.

Tomko and Traci Brown facilitate individual art therapy sessions to teach kids self-regulation skills, while Linda Gray assists families in creating effective parenting plans for home and Elizabeth Rowley makes tutoring fun for kids.

Artplay therapists have collaborated

to offer the "Artplay Plus Program," which encompasses individual sessions and family therapy sessions for 12 weeks.

"On top of these sessions, and included in the cost, we establish a relationship with the child's school, give them a free weighted snake and even do a follow-up session three months after completion," Tomko explains.

Artplay will offer summer camps for the first time, as many parents have requested. In June there will be a camp for 3-4 year olds and in July for 5-8 year olds. To request full information on these fun, feeling-based art camps, e-mail hello@artplayhealing.com. You also can request to receive the monthly eblast, which announces group events. For general information, go to www.artplayhealing.com, or call Liz Tomko at 602-329-1347.

Senior Living

Nomination open for Encore Prize

Virginia G. Piper Charitable Trust is now accepting applications for the 2015 Piper Trust Encore Prize for an exceptional older individual. The winner could receive a \$50,000 award.

The Piper Trust Encore Career Prize, handed out every-other year, recognizes the social purpose work of a person age 50 and older who is an inspiring encore role model for applying a minimum of three years of experience and talent to a social cause in Maricopa County. The award seeks to honor someone who has

GENERATIONS

created a program or embarked on a new career leading a focused effort addressing a major social need in the community.

The nominee cannot be an elected official, and cannot be involved in a project that is exclusively religious or sectarian.

As adults 50 and older approach traditional retirement ages, a vast majority are not retiring. Instead, they want to contribute to the community in meaningful ways, using skills and talents they have acquired over a lifetime.

"Baby boomers want their lives to matter at this new stage of life. Encore opportunities speak to baby boomers' hopes and our community's needs," said Judy Jolley Mohraz, president and CEO, Virginia G. Piper Charitable Trust.

For details and/or to submit a nomination, visit www.pipertrust.org/encore. Applications are due June 15 through the online portal.

Dances held at at Devonshire

Devonshire Senior Center has live music for ballroom dancing on the fourth Wednesday of every month from 1 to 3 p.m. The musician is Rich Howard, a Valley favorite who has been performing a variety of music for more than 30 years as a solo piano/vocalist.

The cover charge is \$5 for the dance. Refreshments are complimentary. Devonshire Senior Center is located at 2802 E Devonshire, one block north of Indian School Road. Call 602-256-3130 for more information.

Kids & Family Enjoy tumbling fun during summer break

Parents can enjoy their own summer break this month at the Arizona Sunrays Gymnastics & Dance Center, 3110 E. Thunderbird Road.

Sunrays hosts a luau-themed Kids Night Out, 6-10 p.m. Saturday, June 20. Children ages 3 to 14 will get to enjoy a Hawaiian luau-themed evening of gymnastics, organized games, sports, jumping in a bounce house and on trampolines, obstacle courses, and then wind down the evening by watching a movie. Cost is \$30 per child with a \$5off sibling discount. Pizza, snacks and drinks are included. Advanced registration is required. \$5 fee for same-day registration.

For more information or to register, 602-992-5790 or www.arizonasunrays.com.

Desert Song hosts kids yoga camp

Desert Song Healing Arts Center, 3232 N. 20th St., hosts its 8th Annual Summer Yoga Camp for Kids from 8:30-11:30 a.m. June 15-19. The camp is for ages 5 to 10.

Inspired by ideas of a 6 year old, the focus of the week will be looking at ways kids can actively help to sustain our planet. Campers will read books and explore media that will help them see what other kids are doing around the globe to help Planet Earth. They also will participate in a project to aid an organization working with endangered species. Each child will create a piece of art that will be framed and featured in a kids art exhibit at Desert Song.

The week will culminate with an art opening and presentation by the camp participants on Friday morning at 11 a.m. The opening will be for parents and the general public.

Cost of the camp is \$165 per child. To register, call 602-265-8222. For details, visit www.desertsongyoga.com.



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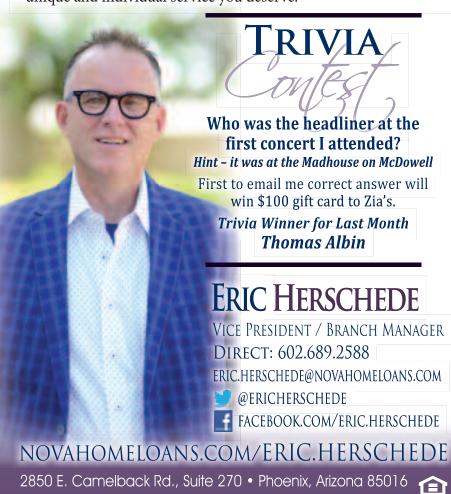
1739 W. Myrtle Avenue • Phoenix, AZ 85021 • www.thestratford.org



HAPPY HOUR WITH HERSCH

As I have written in a previous article, music has become such a huge part of my life. Music talks to me on all levels and is a major part of keeping my soul smiling. I was fortunate to recently enjoy the Coachella Music Festival with my son. The event was filled with energy and creativity yet also was so peaceful. It was my first experience at a festival and it was perfect, I could do that every day. I have been to numerous shows over my life and as I have aged have come to appreciate the smaller venues. We are lucky to have The Marquee and The Crescent Ballroom in our metropolis. Seeing shows at these venues is how rock music should be observed in my opinion. The bands that play are hungry and filled with energy and hope. I have been fortunate to see up and comers like Manchester Orchestra, Bloc Party and The National at these venues and have caught older acts like The Cult and Dinosaur Ir. too. If you get a chance to catch a show at The Crescent or Marquee, check it out you will not be disappointed.

If you have a mortgage need and would like to talk to someone who is energetic and creative, call me. I guarantee you will get the unique and individual service you deserve.



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ARTS & ENTERTAINMENT



The Bloomsday celebration comes from the name of a protagonist in a novel by author James Joyce (submitted image).

Bloomsday returns to Irish Cultural Center

Bloomsday is celebrated throughout the world by Irish people and James Joyce fans alike. The name "Bloomsday" derives from Leopold Bloom, the protagonist in Joyce's novel, Ulysses, which chronicles a day in the life of Bloom and is set in Dublin, Ireland.

For the ninth straight year, the Irish Cultural Center will hold its own Bloomsday celebration, accompanied by a beer festival. The 9th Annual Bloomin' Beerfest takes place on Saturday, June 13, kicking off at 7 p.m. at the Irish Cultural Center, located at 1106 N. Central Ave. Gates open at 6:30 p.m., and the event goes until 11 p.m.

Bloom's journey included stops at more than a few pubs. The Bloomin' Beerfest features a wide array of specialty beers produced in Arizona and Ireland, as well as a full bar. Food also will be available for purchase.

True to the Bloomsday tradition, readings from "Ulysses" will be performed throughout the evening by the ICC Academy Readers Theatre and the Ulysses Readers. Often cited as the greatest novel in the English language, "Ulysses" is definitely geared to an adult audience with its bawdy themes and salty language, so admission to readings will be limited to guests 18 years and older.

Irish music by The Irish Cultural Center Academy Band, Seanachie, and SHEELA—na-Gig will be performing throughout the evening. The price of Bloomin' Beerfest tickets includes admission to the event, 16 tickets which can be used for food or beer tasting, and admission to the McClelland Irish Library. Presale tickets can be purchased online for \$25 through noon on June 13 at www.azirish.org (\$35 at the gate).

"Teetotaler" (no alcohol) admission to the Bloomsday celebration is \$10 at the gate, and includes all Bloomsday activities plus two tickets for free soda or bottled water. Children 11 and younger admitted for \$1.

Additional tickets for beer or food will be available for purchase on site.

The Roosevelt Street Light Rail Station is just steps from the Irish Cultural Center gate. Visit www.valleymetro.org for the day's train schedule.

For more information, call 602-258-0109 or go to: www.azirish.org.

A & E Briefs

'Arizona Scenery' Exhibit June 1-30 Grinders Coffee Shop 17 E. Dunlap Ave., #2 602-678-0078

North Central resident and photographer Christina Heinle is the featured artist for June. Her photography covers Arizona from the fields in McNeal, to the Watch Tower at the Grand Canyon, to the mittens at Monument Valley. The exhibit can be seen during Grinders' normal hours. Visit www.christinaheinle photography.com.

Stand-Up Comedy Nights 6 p.m. Sundays Catalina Bar & Grill 2939 N. 16th St. 602-502-7210

Enjoy comedy from up-and-coming local stand-up artists hosted by comic Derek McFarland, with no cover charge. The show is 18 and older and runs until 8 p.m. Sunday night specials include \$1 chicken tacos, \$2 Budweiser beers, and an extended happy hour until 8 p.m.

'One Man, 2 Guvnors' Through June 14 Phoenix Theatre 100 W. McDowell Road

Nominated for seven 2012 Tony Awards, this unique play follows Francis Henshall, who takes the dubi-

ARTS & ENTERTAINMENT

ous position as guardian of Roscoe Crabbe, a small-time East End hoodlum. When Francis takes a second job minding Stanley Stubbers, another criminal hiding from the police, he employs elaborate shenanigans to keep his two bosses apart. Tickets are \$30plus fees. http://phoenixtheatre.com.

'My Favorite Fairy Tale' Exhibit June 6-Aug. 31 Herberger Theater Center, 2nd Floor Art Gallery 222 E. Monroe

A free, family-friendly reception is open to the public on Saturday, June 6, from 2-4 p.m. Enjoy the art, craft activities and light refreshments. Artist AztecSmurf will paint a mural live during the event. The art in the exhibit was created by children ages 2-5, through a partnership with First Things First. Fairytales remind us of the powerful tool that daily reading with young children can be; it helps them develop language and early literacy skills and the concept of a story that will help them succeed in kindergarten and beyond. Admission to the exhibit is free.

'Masterworks of American Modernism' Exhibit

June 7-Sept. 7 **Phoenix Art Museum** 1625 N. Central Ave. 602-257-1880

The exhibition includes 65 objects of American modernism spanning more than 50 years by notable artists such as Stuart Davis, Arthur Dove, Marsden Hartley and Georgia O'Keeffe. The subject matter ranges from the skyscrapers of New York City to the adobe homes of the American Southwest. The paintings, drawings and sculpture that make up this exhibition help show visitors the American response to European modernism. Visit phxart.org.

'Mallecho' 12:10 p.m. June 9-18 Herberger Theater Center, **Kax Stage** 222 E. Monroe St.

Have you ever thought of killing your brother and marrying his wife? You might, if it meant you'd get to be a billionaire, the governor, and a leading candidate for the White House. But what if a certain ghostly figure knew your secret? In James E. Garcia's adaptation of "Hamlet," you'll learn the answers to those questions, and, perchance, whether "tis nobler in the mind to suffer" or sleep ... or just dream. Ticket are \$6 each. Order lunch online with tickets or bring your own. For tickets and menu options, visit www.herbergertheater.org.

'An Almost Holy Picture' iTheatre Collaborative **June 12-27** Herberger Theater Center 222 E. Monroe St.

A tragic bus accident and the birth of his daughter, marred by a rare medical condition, have led Samuel on a spiritual journey wrestling to comprehend God's mystery and his own rage and bewilderment at loss. Show times are 8 p.m. Thursday-Saturday, and 2 p.m. Sunday. Tickets are \$22 plus fees. Visit www.herbergertheater.org.

'Into the Woods' **Valley Youth Theatre** June 12-28 Herberger Theater 222 E. Monroe 602-252-8497

The Brothers Grimm hit the stage in this epic fairy tale featuring Tony Award-winning music and lyrics by Stephen Sondheim. Show times are 7:30 p.m. Thursdays and Fridays; 2 & 7:30 p.m. Saturdays; and 2 p.m. Sundays. Ticket are \$16.50-\$34.50. Visit www.HerbergerTheater.org.

'ROCK'

Scorpius Dance Theatre June 25-27 Hormel Theatre at **Phoenix Theatre** 100 E. McDowell Road 602-254-2151

A high-impact, entertaining show that pays tribute to rock 'n' roll from the '60s to the early '80s. A brand new production, "ROCK" will feature all new dance and aerial works by Artistic Director Lisa Starry, as well Assistant Directors, Nicole L. Olson and Gavin Sisson. The production will feature special guest artists and Flamenco dancers. There also will be two short films. Tickets start at \$25. For tickets, visit www.scorpiusdance.com/shows or call the box office.

For a more extensive listing of upcoming A & E events, visit www.northcentralnews.net



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FOOD FOR THOUGHT



Cooling off with an afternoon treat at the new AZ Pops are Doug and Kathi Boggess of Waterwise Irrigation, with their granddaughter, Melissa, 4. Doug is enjoying a mango black cherry, Kathi is trying the cucumber watermelon and Melissa knew exactly what she wanted—chocolate coconut (photo by Teri Carnicelli).

Café Chat Enjoy cool treats during hot temps

By Teri Carnicelli

As Valley temperatures continue to climb skyward and our cars turn into actual ovens, we sometimes need a break in the middle of the day to cool off—both on the inside, as well as the outside.

There are plenty of places in the North Central area to get a cool treat in the heat of the day, including the most recent addition, **AZ Pops**, located at **5050 N. 7th St.** After more than four years selling at area farmers' markets, this family-owned business of artisan, all-natural popsicles has opened a brick-and-mortar store.

AZ Pops uses ingredients from seasonal and locally grown sources (when available) and takes prides in its all-natural flavors and handcrafted technique. There are more than 30 flavors available, and the calorie count for an AZ Pops ranges from 40 to 130.

A native Arizonan with a gourmet restaurant background, creator and coowner Pam Raphael offers nearly three dozen traditional and unique popsicle flavors using unusual ingredients such as coconut milk, tarragon, prickly pear, rosemary, cucumbers, saffron, sesame seeds and balsamic strawberry. You can still find the fruitful cool treats at the Uptown Farmers Market, held Wednesdays and Saturdays at North Phoenix Baptist Church, Central Avenue and Bethany Home Road. For more information on where to get your AZ Pops, visit http://azpops.com or call 602-279-0026.

Also, though June 18, AZ Pops is collecting gently loved children's books for The Sojourner Center. For every five books donated, you can receive a free popsicle (one per customer per day). Books should be age appropriate, for birth to age 15. The books will be housed in a new library area, which will help the children housed at the domestic violence shelter keep their reading skills honed during the summer break. Look for the red plastic bin inside the AZ Pops shop.

You can also try these other local hot spots for cool treats:

Baskin Robbins 8841 N. 19th Ave. 602-997-5144 www.baskin-robbins.com

Long known for 31 Flavors, this location actually boasts 48 flavors. And in case you didn't know, for every month ending in 31, customers pay just \$1.31 a scoop on the 31st day of the month. For July, enjoy 31-percent off all sundaes. The regular price is \$2.59 a scoop so that's a sweet deal for a family.

FOOD FOR THOUGHT

Churn 5223 N. Central Ave. 602-279-8024 www.churnaz.com

Churn knows that the tastiest and best-quality ice creams are made with those same simple, fresh ingredients from years past. You won't discover chemical additives, preservatives or stabilizers in Churn's confections.

FROST, A Gelato Shoppe Biltmore Fashion Park, 2502 E. Camelback Road, Ste. 136 602-955-3767

www.frostgelato.com/phoenix.html

The gelato is made fresh daily in the store using ingredients imported from Italy (except milk and sugar), on equipment also imported from Italy. Choose from among more than 70 rotating flavors, displayed in stainless steel and glass cases, in the Italian tradition. There is also a good selection of sorbets, for those looking for a less caloric cool snack or for dairy-free. Gluten-free cones available.

The Gelato Spot 3164 E. Camelback Road

602-957-8040 www.gelatospot.com

The gelato is sourced from the freshest seasonal and local fruits and imported Italian ingredients. Finish the experience off with a cup of Pascucci espresso with a sprinkle of imported chocolates chocolates.

Grateful Spoon Gelato (Inside La Grande Orange) 4410 N. 40th St. 602-254-5440 www.gratefulspoon.com

Buy it by the ounce or the pint. If you stop in between 3-5 p.m. Monday through Thursday, you can get your gelato at half-price.

Snoh Ice Shavery 914 E. Camelback, Ste. 4B 888-488-1693 www.snohice.com

Snoh Ice is a cross between ice cream and traditional shaved ice. The fluffy texture of snow is combined with the creamy flavorful taste of ice cream, making this new frozen dessert unlike anything you've tried before.

Sweet Republic Artisan Ice Cream 6054 N. 16th St. 602-535-5990

www.sweetrepublic.com

Choose from 20 ice cream flavors, including Salted Butter Caramel Swirl, and six sorbets. You can also turn that ice cream into a sundae, milkshake, float, or an ice cream sandwich with two homemade chocolate chip cookies.

Twirl Frozen Yogurt 4700 N. Central Ave. 602-264-8010 www.twirlfroyo.com

Select from 10 flavors of yogurt and dozens of toppings here or try one of the rotating sorbet selections, including flavors such as Hula Punch, Kiwi Strawberry and Green Apple—perfect for the hot summer days.

Zoyo Yogurt 1139 E. Glendale Ave. 602-265-6060 www.facebook.com/zoyogurt

Go to Zoyo after 5 p.m. on Wednesdays, dressed in your pajamas, and get your yogurt for half-price.

Dining Briefs

Gluten-free treats tempt taste buds

Friday, June 5 is National Donut Day, and to celebrate, the all-gluten-free Jewel's Bakery and Café is celebrating with a creative twist on your everyday doughnut. Plus, to step it up a notch, having more than one doughnut is encouraged—and Jewel's is definitely providing with a buy-one-get-one-freepromotion.

The gluten-free bakery will feature a variety of both savory and sweet options

- The Monte Cristo—Black forest ham, triple cream brie and house-made cherry jam filled covered in powdered
- Fruity Pebbles—Topped with strawberry glaze and fruity pebbles
- Banana Crème Brulé—Filled with banana crème brulé and topped with caramel, toasted coconut and pecans
- Bubble Gum—pink bubblegum frosting and sprinkles

The bakery and café, located 4041 E.

please see GLUTEN-FREE on page 42



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Gyro Pita \$8.50

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Chicken Pita \$8.50

Chicken pita with tomato, onion, and tzatziki sauce on the side. Includes your choice of: fries, tossed salad, pasta salad, or soup.

Chicken Feta Salad \$9.50

Mixed greens with feta, tomato, onion, Kalamata olive, pepperoncini pepper, cucumber, peppers, topped with grilled chicken breast.

Gyro Feta Salad \$9.50

Mixed greens with feta, tomato, onion, Kalamata olive, pepperoncini pepper, cucumber, peppers, topped with gyro meat.

We also offer unique appetizers, including hummus, feta tomato fries, Gyro fries, spinach pita, tiropita, saganaki and calamari

Dinner Specials

Available All Day

Greek Platter \$12.50

Spinach pita, tiropita, gyro meat, French fries, and tzatziki sauce.

Seafood Platter \$15.95

Shrimp, salmon, calamari, French fries

Mediterranean Pasta \$14.95

Penne pasta, chicken, with Kalamata olives, sundried tomatoes, artichokes, onions, fresh garlic, topped with feta cheese and olive oil butter sauce.

Chicken Alfredo \$13.95

Penne pasta, mushrooms, fresh garlic and chicken in a creamy Alfredo sauce.

George's Mega Gyro \$12.95

Half-pound of gyro meat, tomato, lettuce, onion, French fries wrapped in a huge pita served with tzatziki.

Chris's Pizza Dinner \$13.95

Traditional pepperoni pizza topped with fresh tomatoes and feta cheese.

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FOOD FOR THOUGHT

GLUTEN-FREE continued from page 41

Thomas Road, also offers lemon pistachio, chocolate ganache, glazed, cinnamon-sugar and vanilla sprinkles doughnuts daily. Visit the website to see the full menu and hours of operation: www.jewelsbakeryandcafe.com. You also can sign up to receive an electronic newsletter. Call 602-714-5243 for more information.

Southern Rail offers AZ winemaker dinners

After years of quietly producing delicious wines, Arizona is finally gaining national notoriety for its efforts. And while the rest of the country is catching on to what we have known all along, it's the local restaurants that are building a strong foundation of support for our homegrown Arizona vino.

This summer, Southern Rail, 300 W. Camelback Road, will continue to do its part with its AZ Homegrown: Summer Winemaker Series. Tuesdays, during June and July, 18 diners will enjoy an intimate four-course paired dinner with some of the state's most respected vint-

ners. While savoring the family-style dinner prepared by Chef Justin Beckett and team, attendees will have the opportunity to interact directly with the winemakers from Caduceus Cellars (June 9), Dos Cabezas WineWorks (June 23), Sand-Reckoner Vineyards (July 14) and Callaghan Vineyards (July 28).

All dinners begin at 5:30 p.m. Seating is limited, reservations are required. Cost is \$49 per person plus tax and gratuity. To make a reservation, call 602-200-0085.

Sample Oregon wines at First Draft Book Bar

Wine expert Lorenzo Mattoni leads a lively discussion and tasting of Oregon wines, 7 p.m. Wednesday, June 24, at First Draft Book Bar, inside Changing Hands-Phoenix, 300 W. Camelback Road.

Mattoni represents the fifth generation of the family wine business: Terre de Trinci in Umbria, Italy. His family originally grew grapes then later on went on to build a winery. Lorenzo now works locally in Arizona for Alliance Beverage as a wine specialist.

Oregon, in the Pacific Northwest, is one of the world's youngest and most promising wine regions. The state first earned a place on the international wine map in the late 1960s and has secured its position steadily ever since. Although production volumes have remained relatively low-key, the reputation of Oregon wines has not. In the early 21st Century, Oregon is regarded as a world-class wine region, particularly for its Pinot Noir and Pinot Gris.

Cost is \$35 and includes six tastings. All bottles will be available to go at a special price. Admission is limited to 30 people; first-come, first-serve. For registration and pre-payment, call 602-274-0067.

Half Moon offers new seasonal menu

Half Moon Windy City Sports Grill, located at 2121 E. Highland Ave., just released its new seasonal menu featuring the return of the restaurant's ever-popular Angus beef burgers as well as some new Chicago favorites and lunch and late night specials.

Monday through Friday from 11 a.m. to 3 p.m., guests can order from the new "Pick Any Two" lunch menu featuring more than 200 combinations for \$7.99 plus tax including homemade soups, salads and sandwiches including



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favorites like kale and quinoa salad, Italian beef sandwich, boneless wings, hummus and veggies, and chili cheese or Vienna Chicago dogs.

Also new to the menu are starters including Chi-Fries which are beer battered fries topped with tender Italian beef, beer cheese sauce, and sweet and hot peppers. New salads include the Buffalo Chicken; Grilled Romaine Heart, and an Antipasto Salad. Chile Verde Tacos featuring slow cooked green chile pork on soft corn tortillas with tomatillo salsa, pico de gallo, cabbage and fresh lime round out the mix on the new spring additions.

The new Late Night menu available daily from 10 p.m. to 1:30 a.m. features dine in or carry out large cheese pizzas for just \$8 each, as well as Half Moon's award-winning wings.

For more information, call 602-977-2700.

New chef takes the helm at T. Cook's

T. Cook's, the renowned restaurant at Royal Palms Resort and Spa, has hired Todd Allison as executive chef.

Bringing more than 10 years of luxury culinary experience to Royal Palms, Allison previously served as executive chef at The Inn at Rancho Sante Fe in San Diego. Allison also worked as executive chef at a number of restaurants in California including the 350-seat restaurant, Anthology, Hilton Checkers in Downtown Los Angeles and Bollinger's in Santa Barbara, to name a few.

Allison started his new position in May, taking over for Chef Paul McCabe. T. Cook's is located at 5200 E. Camelback Road. For more information, visit www.tcooksphoenix.com.

Coup de Tartes opens at new site

Coup de Tartes, Phoenix's longest running bistro-style BYOB Frenchinspired restaurant, celebrated the grand opening of its new location on May 1, with a special VIP reception for those who contributed to the restaurant's \$500,000 crowd-funding campaign.

Owner Ron Pacioni was told he'd have to vacate the 1932 farmhouse he had operated out of for more than 17 years by April 2014, as the property he had leased was sold to a car dealership—to be razed to make room for an overflow parking lot.

After an extensive search, a new site was found and Coup Des Tartes held its

official groundbreaking in January 2014 at the new location, a 1920s red brick Tudor Revival duplex that housed a former doctor's office.

Pacioni raised \$500,000 through in-house crowd funding to finance the move to the new location, which required some extensive remodeling. The new Coup has seating for 60, plus more than 3,000 square feet of outside dining and entertaining space, and now also has seating for 90 in the new wedding venue. The grounds are full of mature trees and a lush garden surrounds an outdoor patio. Talented Chef Jose, who trained under the original owner, Natasha Ovando, is still at the culinary helm.

While the new location does offer a full-service bar, the familiar BYOB option is still available to diners through a yearly Wine Club membership, which costs \$45 per year.

Coup Des Tartes is located at 1725 E. Osborn Road. For more information or reservations, call 602-212-1082 or visit www.nicetartes.com.

Food truck favorites now at strip mall diner

The owners of one the Valley's more popular food trucks have opened a brick-and-mortar site to serve up their tasty twist on tacos.

Tim and Kim Cobb officially opened the doors at Luncha Libre Taco and Dilla Parlor, 1339 E. Northern Ave., on May 12. The Cobbs have created a small space to grab your "Luncha" fix, in case the trucks are not close enough to hungry "Lunchadors," fans of the tasty selections served up by the food trucks. There are a few seats to eat your lunch inside or outside—but there is reason all food to packed to go.

You can find anything from authentic Mexican food or a fusion of Asia meets Arizona. The intimate eatery serves up a selection of six quesdillas and a handful of permanent taco selections, with a rotating variety of daily specials that don't always match up with what the truck is serving that day. What will mirror the food truck is the availability of large servings of aguas frescas.

The hours are 10:30 a.m.-2 p.m. Tuesday through Saturday but look for extended evening hours in the near future.

For local restaurant listings, visit our Dining Guide online at www.northcentralnews.net



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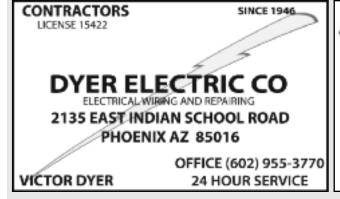
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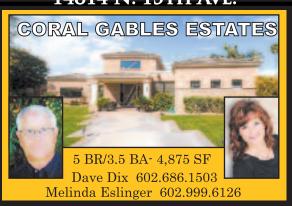
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