



# north central news

the voice of the north central phoenix community

volume 17, issue 12 • december 2015

www.northcentralnews.net

## City seeks to raise water, sewer rates

By Teri Carnicelli

Phoenix residents could see their first water and sewer rate increases in nearly four years if the City Council approves the proposal in January. And if things go according to plan, it will just be the first of five annual rate increases.

Phoenix Water is recommending a 3 percent increase for water rates and a 2 percent increase for sewer rates, for 2016. Since the average resident uses more water than sewer, the overall combined increase will be around 2.6 percent, which will add approximately \$1.59 per month to their bills.

The proposed plan also includes a recommended 2 percent rate increase for March 2017.

The water rates in Phoenix have three main components: the monthly fixed service charge, volume (usage) charges and environmental charges. The city's water and wastewater utilities do not operate for prof-

*please see RATES on page 6*



Gathering up the donated quilts for Hospice of the Valley (HOV) during the annual Reap What You Sew "harvesting of the quilts" are, from left: Volunteer Sandy Voris; Cheryl Thomas, director of Fund Development for HOV; Lin Sue Cooney, director of Community Engagement for HOV; and volunteer Virginia Lara (photo by Teri Carnicelli).

## Spreading love with handmade quilts

By Teri Carnicelli

The church hall was filled with brightly colored, handmade quilts and small blankets, stacked more than 2 feet high on tables spread around the room.

Representatives from the agencies receiving this blanket bounty shared moving, and sometimes heart-breaking, stories about the people who would be the recipients these mini works of art.

The annual gifting of the quilts is the mission of Reap What You Sew, a quilting group affiliated with First Christian Church, located at 6750 N. 7th Ave. There are other chapters of the group around the Valley, most of them based in churches as well, although you don't have to attend a church to be a part of the group. There is even a group in Show Low that contributes to the cause.

Debby Hovorka, who oversees the group based at First Christian Church, led the annual "harvesting of the quilts" distribution event on Nov. 3. "These are hardworking, caring, loving women, and I think it shows" in the work they produce, she said.

In all 2,913 quilts were created this year, from patriotic-themed blankets for veterans to 20-inch-square "angel wraps" for premies at local hospitals. There also were a couple dozen tiny, adorable cro-

cheted caps for premature babies and newborns.

"Distribution night is the most touching, the most encouraging," Hovorka said. "It lights a fire under me to want to do more next year."

This year's recipient groups included several medical facilities including Abrazo Central Campus (formerly Phoenix Baptist Hospital), Phoenix Children's Hospital, Banner Thunderbird NICU, and St. Joseph's Hospital.

Bonnie Moyer, P.T., one of the developmental coordinators from St. Joe's, told the assembled group of quilters and recipients that she works with new parents who are often overwhelmed and scared

*please see QUILTS on page 4*

### in this issue

- Book explores name dedications, page 3
- Youth honored for acts of kindness, page 8
- Check out some local holiday events, page 21
- Preschoolers learn about recycling, page 36
- American fare with "special flair," page 56

PRSR STD  
U.S. POSTAGE  
PAID  
PHOENIX, AZ  
PERMIT NO. 5059

POSTMASTER: DATED MATERIAL. PLEASE EXPEDITE IN-HOME DELIVERY BY DECEMBER 7, 2015.



# UPTOWN ROW

ON MARIPOSA IN THE PIERSON PLACE HISTORIC DISTRICT

**NOW INTRODUCING UPTOWN ROW:** ten modern, southwest-inspired townhomes coming to North Central Phoenix. Located just east of 7th Avenue and Camelback Road at 540 W. Mariposa — in the highly sought-after Pierson Place Historic District — these new townhomes offer the perfect blend of modern convenience, historic charm and brilliant design.

Choose from two different floorplans to suit your lifestyle — each with its own private courtyard, rooftop terrace and spacious two-car garage. Prices starting in the high \$300s.

**LIVE. WORK. PLAY. REPEAT.**

For more information, visit [uptownrowphx.com](http://uptownrowphx.com).

Contact us: 602.428.5687 | [uptownrowphx@thecanigliagroup.com](mailto:uptownrowphx@thecanigliagroup.com)

DEVELOPED BY:



EXCLUSIVELY LISTED BY:



View Uptown Row video:





COMMUNITY

### Book looks at stories of name dedications

By Alexis Ramanjulu

In September, Thunderbird High School named its football field after former teacher and coach, Jack Storey. Storey's tenure was decades ago, however, his impact was significant enough to have his name memorialized.

Storey joined the Thunderbird faculty in 1973 and taught freshmen science. In addition to helping the high school rookies in the classroom, he coached the freshman football team.

"He preferred to teach the younger students because he felt they needed the most support in adapting to the increased rigor and pace of high school," said Thunderbird Principal Jeannie Paperella.

"In Texas, they name stadiums for the winningest coach or the most generous benefactor. It is a testament to this community that [Jack Storey Field] carries the name of a treasured teacher,"



Rather than a baton, Scott Hanson hands off his new book—"Who is Gym?"—to Tom Flood, who begins his sixth season as Grand Canyon University's head men's and women's track and field coach in 2016 (photo courtesy of HMA Public Relations).

said Thunderbird High social studies teacher, Jonathan Parker.

This is not the first sporting venue Thunderbird has name after a former teacher and coach. Carl Riney Track is named after a former track and cross-country coach.

Fields, stadiums and gymnasiums

all over Arizona are named after people who have impacted their respective communities. However, while the names might be known by some, the faces they belong to often are not.

Scott Hanson, an Arizona native and 30-year high school football and

*please see BOOK on page 10*

## Enter our monthly Reader Rewards Drawing

for a chance to win a great prize!

At North Central News, we LOVE our readers! To show our appreciation for your loyalty, we will hold a drawing for one great prize every month, thanks to our advertisers and prize sponsors.

Congratulations to November's winner, Jeanne Davis, who won a \$100 Gift Certificate for Culinary Dropout

Visit our website at [www.northcentralnews.net](http://www.northcentralnews.net) to enter for your chance to win this month's prize, a

**\$100 Gift Certificate for Chambers On First**

Deadline to enter is Dec. 20, 2015

The winner will be announced in our January issue.

One name will be drawn from all submissions and awarded the prize indicated. Entry is limited to one per person. Winners will be notified by phone or email by a representative of North Central News. Winners agree to have their name and likeness published in the North Central News. All prizes are final - no substitutions allowed; prizes have no cash value. Visit [www.northcentralnews.net](http://www.northcentralnews.net) for contest rules and additional details.

# 24/7 FULL PLUMBING SERVICE

**DRAIN CLEANING**  
**WATER HEATERS**  
**WATER FILTRATION**  
**FAUCET/ TOILET REPLACEMENT**

ROC053957 | ROC087142 | ROC069024 | ROC249210



**AC & Plumbing**



**#REPAIRLOCAL**  
FAMILY OWNED FOR 39 YEARS



**(602) 395-6030 | WWW.DONLEYSERVICE.COM**



### TableGarden

Garden this Fall without bending, stooping, or kneeling!

Made from sustainable redwood in 3 sizes:

- KinderGarden (kid's height!)
- Standard (5" planting depth) (pictured)
- Deluxe 8.5" planting depth (NEW!)

With our patented design grow your own

- Herbs, Salad Greens, Succulents, Peppers and flowers
- Tomatoes, Cucumbers, Egg Plant, Melons and more!

Delivered to your door for easy assembly in just minutes. TableGarden's unique felt liner system is perfect for "clean" gardening on patios!

From \$99, \$199 and \$239.  
Available options: Organic Stain; Sturdy Trellis; Bigger Wheels; Personalize it!



**Order yours at (480) 747-0518 or [www.tablegarden.net](http://www.tablegarden.net)**

On Instagram @Tablegardens

# Blue Christmas

*A Service of Healing and Hope*  
featuring harpist David Ice



Thursday, December 10  
7 pm

Our Saviour's Lutheran Church  
1212 E Glendale Ave, Phoenix

[www.oslconline.org](http://www.oslconline.org)

COMMUNITY



Volunteers with Reap What You Sew created hundreds of small "angel wraps" and crocheted beanies for premature babies and newborns at various Valley hospitals (photo by Teri Carnicelli).

**QUILTS** *continued from page 1*

to hold their preemies.

Moyer pointed out the institution setting can also add to the stress as new parents have to let go of their dreams of taking baby home right away to a warm and loving nursery. The angel wraps, Moyer said, give their hospital room a sense of comfort and home.

"They are each unique, and not just a standard hospital blanket that everyone gets. They get to take it home when baby is ready and remember that this was the first blanket their child ever had," she said.

Another recipient was Helain Day, Volunteer Programs coordinator for Ronald McDonald House Charities, which currently has 79 rooms total in its Phoenix and Mesa campuses. "What this blanket does is it transcends culture and language," she said. "It means warmth, it means home; it conveys an embrace."

Other children will receive blankets through Christian Family Care and Black Family and Child Services, founded by CEO Mary Black. Both agencies work with children in the foster care system.

Veterans organizations accepting quilts included Women's Army Corps, MANA House, US Vets, and Central Arizona Shelter Services, which has 43 beds out of 470 dedicated to homeless veterans. The quilts often have a patriotic theme or colors, which resonate with the recipients. The quilts are specially crafted to honor and recognize their service and sacrifice.

Other recipient agencies included Hope Women's Center, Esperanza Women's Center, Arizona Reservation Ministries, and Hospice of the Valley.

"I walked in here and it just knocked the breath out of me," said Lin Sue Cooney, who earlier this year left her anchor desk at Channel 12 to become director of Community



# VALET & CHARTER SERVICES FOR YOUR SPECIAL EVENT

Private Events • Charter Services • Golf Cart Services




**602.861.9182**  
**americanvalet.com**



**PURPLE LIZARD** **BOOUTIQUE**

AN ECLECTIC MIX

- Clothing • Art Gallery
- Gifts • Jewelry

**TULA HATS!**  
**GREAT FOR OUR SEASONS!**

Visit us on Facebook!

Located in Historic Phoenix at the SE Corner of 15th Ave. & Thomas Rd.  
2827 N. 15th Ave., Phoenix, AZ 85007 • (602) 728-0980

Where Shopping is an Experience • Come Visit and Enjoy!!

**Full Service Residential & Commercial Plumbing**

**W.J. Maloney PLUMBING**

Tap Into **50 Years of Experience!**  
Serving the Valley Since 1964

**602.944.5516**  
**wjmaloney.com**

**north central news**  
The voice of the north central phoenix community  
5308 N. 12th Street, Suite 402  
Phoenix, AZ 85014  
(602) 277-2742 • Fax: (602) 277-6689  
www.northcentralnews.net

Publisher: Tara A. Blanc  
Editor: Teri Carnicelli  
Staff Writer: Patty Talahongva  
Sales and Marketing: Joanne Day  
Office Manager: Connie Dahlin  
Janice Backus

Copyright 2015 by North Central News, Inc. No part of this publication may be reproduced without the express written consent of the publisher. The publisher assumes no liability for opinions contained within this publication; all statements are the sole opinions of the contributors and/or advertisers.

The North Central News is published monthly by North Central News, Inc. The circulation is 22,000 copies mailed directly to homes and businesses in North Central Phoenix and 4,000 copies distributed from racks in the North Central area.

If you would like to advertise in North Central News, call 602-277-2742 or e-mail [advertising@northcentralnews.net](mailto:advertising@northcentralnews.net) to order a free media kit.

If you have a press release or would like to contribute information, please call our editorial office at 602-277-2742, fax us at 602-277-6689 or e-mail us at [editor@northcentralnews.net](mailto:editor@northcentralnews.net)

DEADLINE FOR ADVERTISING AND EDITORIAL IS THE 15TH OF THE MONTH PRECEDING PUBLICATION

**COMMUNITY**

**RATES continued from page 1**

it, they are owned by the citizens of Phoenix.

The Phoenix Water Department, which runs the utilities, aims to earn enough revenue to cover the cost of debt service, operations, and development of capital infrastructure. However, by far the biggest costs of late have been rehabilitation and replacement of aging and failing pipes.

“We are dealing with an aging infrastructure as well as inflationary costs such as labor, raw water supplies, electricity, chemicals, etc.,” said Kathryn Sorensen, Water Services director. “Infrastructure is really the driver for the need to increase rates; what that really comes down to is pipelines.”

The city is spread over a wide geographic area, some pieces of which have been receiving water from the utility for close to 100 years. In fact, Sorensen says, nearly one-quarter of the city’s pipelines are at or near the end of their usefulness of life. The city’s growth has leveled off, so in terms of capital needs, the focus is on fixing and replacing.

If approved, the rate increase will provide funding for resources needed to invest in rehabilitation and replacement of the pipes, treatment plants, pumps, reservoirs, and wells.

However, there is another issue driving the rate increases. For fiscal year 2021-22, the city is planning additional bond sales for the utility. “We need to keep a certain level of capital in reserve in comparison to what is outstanding, in order to keep our bond rating high,” explains Sean Kindell, deputy Finance director. “We’ve been drawing down that fund balance the last few years, that’s why there has been no rate increase the last three years. But we are close to hitting the bottom of that draw-down.”

The capital fund balance has decreased the last few years due to some refinancing that reduced the city’s Water System bonds and short-term debt. That drop in debt meant that the city could draw down on its fund balance, which needs to be at a certain level to borrow money at a lower cost. So that fund balance now has to be built back up in anticipation of those future bond sales.

“It’s a rolling 5-year plan, that factors in 4 percent inflation and system growth over the remaining four years and 1 to 1 ½ percent anticipated population growth,” Kindell says. “We have

the third-lowest rates in the Valley, and that will not change even after this rate increase goes into effect,” he adds.

The rate increase goes before the Phoenix City Council for review on Dec. 2, where council members likely will adopt an ordinance to change the Phoenix City Code related to water and sewer services to allow for the rate increases. No public comment will be taken.

The public hearing will take place on Jan. 6, 2016, during the Phoenix City Council’s formal meeting, at which time the council could approve the rate increases, which would then go into effect on March 1, 2016, and March 1, 2017, respectively.

**Exchange program deadline is Dec. 18**

The Youth Ambassador Exchange Program, sponsored by Phoenix Sister Cities, offers young Phoenix residents an opportunity to learn firsthand about another culture through a reciprocal six-week summer exchange program.

The deadline to apply for program is 5 p.m. Friday, Dec. 18.

Phoenix resident high school sophomores and juniors are selected based on their communication skills, maturity, flexibility, leadership and cultural inclusion. The students live with a host family in their designated sister cities for three weeks during the early summer and then open their home to their international counterpart when they visit Phoenix in July.

Applications are available at [www.phoenixsistercities.org](http://www.phoenixsistercities.org); for more information, call 602-534-3751 or e-mail [bethany.bennick@phoenix.gov](mailto:bethany.bennick@phoenix.gov).

**Area coordinators sought for ASSE**

ASSE International Student Exchange Programs is seeking individuals to serve as area representatives in Phoenix. ASSE provides academic year and semester exchange programs in the United States for high school students from around the world.

Area representatives recruit and screen prospective host families, interview students to study abroad and supervise the exchange students in their community. Area representatives are compensated based on the number of students they are supervising. For more information, call 800-733-2773 or e-mail [asseusawest@asse.com](mailto:asseusawest@asse.com).

THE *Caniglia* GROUP

SPECIALIZING IN NORTH CENTRAL PHOENIX, GILMERE, PARADISE VALLEY, ARCADIA AND SCOTTSDALE RESIDENTIAL REAL ESTATE

REALTY EXECUTIVES  
ULTIMATE CARE  
where the experts meet



6124 N. 2nd St. - \$1,495,000



319 W. Lawrence Lane - \$1,625,000



5706 N. Central Ave. - \$1,290,000



820 E. Circle Rd. - \$990,000



610 W. Northview - \$895,000



3508 E. Coolidge St. - \$699,000



547 W. Kaler Dr. - \$649,000



201 W. Rose Lane - \$555,000



114 W. North Lane - \$550,000



6306 N. 10th Pl. - \$499,950



15034 N. 12th St. - \$399,000



7219 N. 14th St. - \$369,000



1320 E. Bethany Home #65 - \$105,000



17 W. Sierra Vista Dr. - \$1,195,000



524 W. San Juan Ave. - \$384,400



16212 N. 21st Pl. - \$274,000



6533 N. 7th Ave. #28 - \$135,000



6550 N. 11th Ave.



6515 N. 2nd St.



14004 N. 12th St.

SEE THE  
INSIDE COVER  
FOR OUR NEW,  
EXCITING UPTOWN  
ROW PROJECT!



6025 N. 10th Pl.



252 E. Bethany Home Road



Steve Caniglia, Cindy Arend, Shelley Caniglia, Erik Jensen

- Top Producing Residential Real Estate Team in North Central
- Top 20 Residential Real Estate Teams, Business Journal
- Top Selling, Double Diamond Female Executive in Arizona 2007
- Top North Central Realtors since 1982

Shelley Caniglia  
602-292-6862

Steve Caniglia  
602-301-2402

Erik Jensen  
602-717-0017

www.TheCanigliaGroup.Com  
Check us out on Facebook!



AMERICA'S FAVORITE BARBERSHOP



Please join us for our  
**Grand Opening Celebration**  
**Saturday, December 5th!**

Enjoy FREE Food, Drinks and  
Prizes from the Prize Wheel!

**50% OF ALL SERVICES WILL  
BE DONATED TO R.A.M.M.S.**



- Great Haircut
- Old Fashioned Hot Lather Shave
- Facial & Facial Massage
- Grooming Products
- VIP Club
- Shoe Shine

#VBARBERSHOP



**12 TIME WINNER**  
Phoenix Magazine's

**Best of the  
Valley**

Right in your own backyard!



**IT'S A GUY THING**

**NORTH CENTRAL PHOENIX**

5505 N 7th St #100 Phoenix, AZ 85014 | (602) 265-1417  
HOURS: MON-FRI 8am-6pm | SAT 8am-5pm | SUN Closed

*vbarbershop.com*

COMMUNITY

**Local youth honored  
for acts of kindness**

By Teri Carnicelli

Three local youth were recognized last month for their ongoing projects to aid disadvantaged youth around the globe.

North Central resident Seamus Simmons, 13, was 9 years old the first time he visited a school in the township of Soweto in South Africa and saw firsthand the lack of basic supplies for the school children. It made such an impression on Seamus, that when he returned home he started fundraising to buy supplies and send them to the school.

Seamus, with the help of his younger brother Nathan and friend/classmate Ben Prebil, created the Re-Pack Project to continue to collect and donate used school supplies to benefit underprivileged children around the world. Other students joined in the cause, including Eli Reed, 13, who helps out with collecting and sorting donations.

Notebooks that have unused pages in them are cleaned up, pencils that can still be used are collected, half-empty school glue bottles are accepted, and much more. The supplies are sorted into backpacks and delivered to kids in need.

In terms of used school supplies, Seamus says they collect "anything that is still usable. They don't have a lot so they will pretty much take anything." This past spring they collected 15,000 school supplies from three different schools: Ss. Simon and Jude, All Saints' and Madison Meadows. This spring they are looking to increase the schools that participate.

Last year Seamus traveled to Peru to distribute the donated supplies. His parents, Jeremy and Carrie Simmons, are the founders of Travel With Kids, and organize family-oriented group trips each summer, which can be viewed on their internationally syndicated TV show (<https://travelwithkids.pivotshare.com>). So the distribution points tie in with their travel itineraries. In summer 2016, they will be going to Thailand and back to South Africa, where the idea for the Re-Pack Project was first born.

The young me were part of a team of six students who submitted a video to the National Creative Expression Contest, conducted in the spring by The Be Kind People Project, which is based in Phoenix. The theme of the contest was "The Meaning of Kindness." They videotaped classmates and teachers at their school, Ss. Simon



Phoenix Mayor Greg Stanton presents a copy of the proclamation declaring Nov. 13, 2015 as "Be Kind Phoenix Day" to three North Central youth who won the Be Kind "Creative Expression" contest. They are, clockwise from left: St. Simon & Jude students Ben Prebil, 12, Eli Reed, 13, and Seamus Simmons, 13 (photo by Teri Carnicelli).

and Jude, talking about what kindness means to them, and then spoke about the Re-Pack Project and how it is serving other children. They won first place in the contest.

"To me, kindness means giving back. That's why we came up with the Re-Pack Project," Seamus says in the video. "More than 72 million kids worldwide don't return to school because of poverty. These supplies can help them break the cycle of poverty and live better lives."

In recognition of the work done by these young men and by the Be Kind People Project, Phoenix Mayor Greg Stanton proclaimed Nov. 13 as Phoenix Be Kind Day during a special ceremony held in his offices at Phoenix City Hall. "Students in Phoenix utilize and aspire toward the traits of the Be Kind Pledge: to Be Encouraging, Be Supportive, Be Positive, Be Helpful, Be Honest, Be Considerate, Be Thankful, Be Responsible, Be Respectful, and Be a Friend," the proclamation reads. "We should follow their example, and make certain we all hold kindness as a virtue in our day-to-day lives."

Through innovative and culturally relevant youth development programs and services, The Be Kind People Project initiates social change in grades K-8. Current state and federal academic learning standards are reinforced with grade-specific, ready-to-use lessons, contests, and monthly challenges that integrate character education and academic skills. For more information, visit [www.TheBeKindPeopleProject.org](http://www.TheBeKindPeopleProject.org).



# Happy Holidays from all of us at LONG REALTY UPTOWN

2402 E. 5th St. 1628

**TEMPE CONDO**  
**\$219,000**




2 BR/2 BA- 1,105 SF  
Kim George 602.316.3325

7557 N. Dreamy Draw 276

**JUST SOLD!**





2 BR/2 BA- 950 SF  
Alyssa Nelson 480.392.5230  
Karen Nelson 480.392.3983

8153 N. 11th Pl.

**JUST LISTED!**  
**\$240,000**




3 BR/3.5 BA- 2,340 SF  
Beth Moorhouse 602.821.1106

5249 E. Shea Blvd. 206

**COMING SOON!**




2 BR/2 BA- 1,147 SF  
Beth Moorhouse 602.821.1106

4326 N. 25th St. 109

**LONG GONE!**  
**\$545,000**




3 BR/2.5 BA- 2,189 SF  
Heather McDermott 602.810.8936

4621 N. 8th Pl.

**PRICE REDUCED!**  
**\$340,000**




3 BR/2.5 BA- 2,410 SF  
Melinda Eslinger 602.999.6126

1401 E. Sierra St. 11

**VACANT LAND!**  
**\$109,000**




Mountain & City Views  
Heather McDermott 602.810.8936

2117 W. Turney Ave.

**JUST LISTED!**  
**\$175,000**




Zoned R3  
Melinda Eslinger 602.999.6126

1934 E. Vista Ave.

**LONG GONE!**  
**\$485,000**




3 BR/2 BA- 2,804 SF  
Heather McDermott 602.810.8936



**Melinda Eslinger**  
Designated Broker/Owner  
602.999.6126  
melindae@longrealty.com



**Beth Moorhouse**  
REALTOR®/Owner  
602.821.1106  
bethm@longrealty.com



**Heather McDermott**  
REALTOR®/Owner  
602.810.8936  
hmcdermott@longrealty.com



**Ken Elder**  
REALTOR®  
520.270.4307  
kene@longrealty.com



**Kim George**  
REALTOR®  
602.316.3325  
kimgeorge@longrealty.com



**Randy Eihausen**  
REALTOR®  
602.579.4984  
randy@homes2know.com



**Diane D. Conners**  
REALTOR®  
602.769.9503  
dconners@longrealty.com



**Jeffrey Long**  
REALTOR®  
404.379.1186  
myagentjeffrey@gmail.com



**Alyssa Nelson**  
REALTOR®  
480.392.5230  
alyssa@akteam.us



**Karen Nelson**  
REALTOR®  
480.392.3983  
karen@akteam.us



**Pete Urbaniak**  
REALTOR®  
602.469.4808  
peteu@longrealty.com



**Kathleen Davis**  
REALTOR®  
602.882.3106  
kathyd@longrealty.com



**Zachary Harper**  
REALTOR®  
480.819.7900  
zach@phoenixhousehunters.com



**J. Levine**  
AUCTION & APPRAISAL

**Consign -NOW-**

Reach sophisticated bidders worldwide when you consign with us.

The Southwest's Premier Representative For Fine Estates And Collections At Auction

844.868.9006 • reception@jlevines.com  
10345 N. Scottsdale Rd., Scottsdale, AZ 85253 • www.jlevines.com

COMMUNITY

**BOOK continued from page 3**

baseball official, took it upon himself to research the mysteries behind the names of these high school sports venues.

“The idea for the book started three years ago on a Friday night at Cactus High School as my football crew was preparing to officiate the school’s varsity football game,” Hanson recalls. “The field was named M.L. Huber Stadium. Not familiar with Huber, I asked a couple people at the school who he was. To my surprise, they didn’t know who Huber was either.

“Then a week later, our football crew was at Independence High School and I asked about the story behind their Tolmachoff Stadium. I got the same answer. It was then that I was motivated to action,” he explains.

“Who is Gym?” is a collection of brief summaries about who these venues are named after, and why. The book is separated into five sections, dividing up the types of venues and the different schools across the state—including many in the North Central community.

Brophy College Preparatory was

named after William. H. Brophy by his wife, Ellen Amelia Goodbody Brophy, after his death, according to Hanson’s book.

Hanson’s alma mater, Washington High School, named its football field after not only an influential teacher and coach, but his family as well. Tom Pagel’s sons were student athletes at WHS and the family has been actively involved with the Rams community for more than 50 years.

A former basketball coach at Sunnyslope High School, Dan Mannix, has his name displayed on the school’s gymnasium. Mannix brought the school two state championships and was named *The Arizona Republic* Big Schools Coach of the Year in 2002, according to “Who’s Gym?”

While it appears that only males have their name on sports venues, looks can be deceiving.

Former volleyball coach Nadine Sass has her name displayed on Camelback High School’s gymnasium. Sass led her teams to five titles and two undefeated seasons. According to Hanson’s book, *The Arizona Republic* named her as the 27th-most influential coach in Arizona high school sports history.

Arizona’s unique approach when naming sporting venues is admired because it recognizes teachers who help better their students and the school.

“Who is Gym?” is available for purchase for \$19.95, plus shipping and handling. To purchase a copy, visit <http://whoisgym.com>.

*Editor’s note: Alexis Ramanjulu is a student at the ASU Walter Cronkite School of Journalism and Mass Communication.*

**Advocates needed to assist seniors**

Are you looking for a volunteer opportunity? The Area Agency on Aging, Region One needs volunteers to help visit residents in the more than 1,500 assisted living facilities and nursing homes in Maricopa County. Volunteers help to ensure that the best possible quality of life and care is attained by protecting the rights of residents in these facilities. Comprehensive training and ongoing education is provided.

For more information about the Long-Term Care Ombudsman Program in Maricopa County, contact Fran Atkinson at the Area Agency on Aging, Region One at 602-241-6132 or [fran.atkinson@aaaphx.org](mailto:fran.atkinson@aaaphx.org).

**NORTH CENTRAL FAMILY + DENTISTRY**  
MATTHEW LONIER, DDS

**MAKE US YOUR TRUSTED DENTAL HOME**

Dr. Lonier and the skilled staff at North Central Family Dentistry are dedicated to providing excellent dental care to our community in a relaxed and friendly environment.

We are a preferred provider for Cigna, Assurant, and Careington dental insurance plans. Still accepting Delta and all PPO dental plans.

**NEW PATIENTS WELCOME**

We are conveniently located in central Phoenix, three blocks north of Camelback Road on Central Avenue.

	N. 3rd Ave.	N. Central Ave.	E. Missouri Ave.
			E. Georgia Ave.
	W. Oregon Ave.	E. Oregon Ave.	N. 7th St.
		E. Camelback Rd.	

5225 N. Central Avenue, Ste. 102  
Phoenix, AZ 85012

**SCHEDULE AN APPOINTMENT TODAY! 602.242.2576 | NCFDENTISTRY.COM**

ADVERTISEMENT

## Real Estate Corner

# Bobby Lieb

*Your North Central and Biltmore residential real estate specialist*

### Thanks for a great 2015!

Since the holidays are a time for giving thanks, I wanted to extend a huge thank you to all of my clients for allowing me to be a small part of their family. I was fortunate to have sold more than 125 homes in 2015 and I currently have 40 active listings ... and, oh yeah, two bus stops (Glendale/Central and Bethany Home/Central). I have now sold more than 2,500 North Central Homes and there are many homes that I have had the honor of selling more than once. I plan on doing this for about another 20 years!!



I also want to thank all the home builders who have hired me to sell their multiple homes in North Central: **Porchlight Homes** has eight new homes that are going to be built at 200 E. Georgia and are priced from \$675,000-\$800,000. We currently have sold four homes in the first phase. **Diamond Key Homes** has six new homes located at 18th Street and Palmyra Avenue, ranging from \$750,000-\$800,000. We currently have one spec available and expect the others to break ground in early January 2016. Another builder, **Regal American Homes**, is building four homes at Bethany Home and 5th Avenue and two more at Las Palmaritas and 7th Avenue, where one home has already sold for \$675,000. The bottom line is that North Central is no longer just our secret and now the whole Valley knows who we are. Thank goodness our area is changing for the better--new homes, remodeled homes and a myriad of new restaurants and businesses. Change is good and helps our home values increase. Let's also not forget our great selection of public and private schools!

I was just on Channel 15 (ABC) and with *The Arizona Republic* talking about somebody in our hood who has stolen more than 150 real estate signs the past seven weeks. We are hired by our sellers to market and sell our homes and it is a shame that somebody is interfering with our job and if they get caught, the police have promised us they will prosecute the individual(s). We have a great idea who is doing this and if you ever see anybody taking our signs, please notify that realtor. We are a close fraternity/sorority of 600 Central agents and we will look out for one another.

I also want to thank our HomeSmart agents at our office at 5225 N Central Ave. We opened this office a little over four-and-a-half years ago and

now we are 381 strong and sell almost three out of every five homes in North Central. HomeSmart is the largest real estate company in Arizona and dominates Central Phoenix. Thanks again to all of our agents and especially **Rodney Coty**, who was the first agent in our office. He believed in what we were all about and had the intuition to make the initial move.

Finally, as I always try to do in every monthly column, I am featuring a company that I feel can benefit all of us. **Madelyn McCall** is a past client of mine and she owns **Southwest Estate Sales** (602-518-7721). I asked her to let us know about her business.

*Southwest Estate Sales is a full estate sale company serving the Phoenix Metropolitan areas. Regardless of your situation whether planned or unexpected, the loss of a loved one, estate move for relocation, divorce or downsizing can be challenging. The physical challenges and emotional strains can be overwhelming without the added stress of life's unexpected events.*

*With well over 20 years of selling experience, we deal in a wide range of items from everyday household items, antiques, contemporary furnishings, fine jewelry, coins, boats, automobiles, RVs and more. We've seen and sold just about every imaginable item. Each family situation differs from the other so we always tailor our services to fit your specific needs. No job is ever too big or too small. What separates us from the others is our ability to reconcile and pay you in full the minute your sale ends! You'll receive a detailed report of each and every item that is sold. We pride ourselves in the manner in which we advertise, organize and stage your items, which maximizes your return. No upfront fees are ever required and no detail is ever overlooked. We've built a large following of dealers, decorators and private individuals who always look forward to our sales.*

*Our team of professionals are committed to providing professional and a reliable liquidation service. We'll serve as your family's advocate, ensuring your best interests are kept in mind from start to finish!*

**Have a safe Holiday season!**

## Bobby Lieb

Bobby Lieb  
Associate Broker  
HomeSmart  
Elite Group Manager/Founder  
5225 N. Central Ave., Ste. 104  
Phoenix, AZ 85012  
Mobile: 602-376-1341  
Fax: 602-996-9141  
www.centralphx.com  
www.biltmoreazagent.com



For all your escrow and title insurance needs, contact  
**Kathy Zobel**  
AVP/Branch Manager  
5225 N Central Ave., Suite 100 • Phoenix, AZ 85012  
602-910-5679 • kzobel@wfgnationaltitle.com  
arizona.wfgnationaltitle.com/location/north-central-branch/

# Bobby Lieb

**Associate Broker**

**Your North Central and Biltmore Specialist**

602-761-4646

**View our listings at [www.centralphx.com](http://www.centralphx.com)  
and [www.biltmoreazagent.com](http://www.biltmoreazagent.com)**

## Luxury Homes for Sale!



**6019 N. 20th St. ■ \$2,150,000**



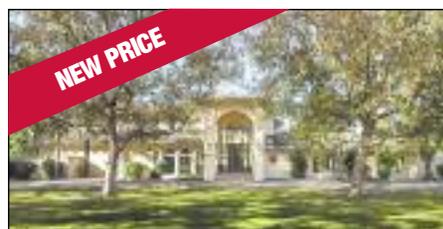
**6019 N. Central Ave. ■ \$2,150,000**



**4346 N. 40th St. \$1,850,000**



**9202 N. 52nd St. ■ \$1,995,000**



**5600 N. 4th St. ■ \$1,550,000**



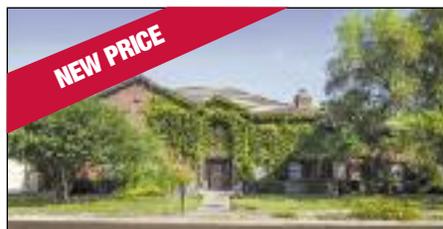
**35 E. Myrtle Ave. ■ \$1,475,000**



**25 E. Myrtle Ave. ■ \$1,449,000**



**7602 N. Central Ave. \$1,025,000**



**10 W. Vista Ave. ■ \$925,000**



**8513 N. 13th Ave. ■ \$895,000**



**5120 N. 34th Pl. ■ \$849,000**



**5718 N. 24th Pl. ■ \$825,000**

**[www.centralphx.com](http://www.centralphx.com) ■ [www.biltmoreazagent.com](http://www.biltmoreazagent.com)**

*"I refer all my patients with insurance questions to Kenny Tims because I know he is one of the most knowledgeable in the industry and has my client's best interests at heart." ~ Dr. O'Connor*

**FREE in-person consultation to:**

- ✓ Answer your questions
- ✓ Explain your options and costs
- ✓ Enroll you in a plan



Licensed Insurance Agent  
Retired Phoenix Police Commander  
North Central Native

**health  
markets.**

HealthMarkets Insurance Agency  
Health | Life | Medicare | Long-Term Care

**Kenny Tims**

**(602) 380-5197**  
KTims@HealthMarkets.com  
HealthMarkets.com/KTims

**Call me for your FREE consultation today!**  
**(602) 380-5197**

HealthMarkets Insurance Agency is the d/b/a, or assumed name, of Insphere Insurance Solutions, Inc. which is licensed as an insurance agency in all 50 states and the District of Columbia. Not all agents are licensed to sell all products. Service and product availability varies by state. HMIA001317

**COMMUNITY**

**Spotlight On ...  
Local woman aids others  
with fair-trade clothing**

North central Phoenix native and Xavier College Prep graduate Stefanie Smith, who has called southern Sweden home for the last 5 years, has partnered with a Swede, a German, and an Albanian to create a social business that empowers women in rural Albania.



Stefanie Smith

That new endeavor, Pitupi, sells eco-friendly, organic, and adorable clothes made in a fair trade workshop set up by Smith and her colleagues. Her goal with the business is to put the spotlight on the darker side of the fashion industry, and to push for an industry where the garment worker is visible and more empowered.

Smith, who also is an All Saints Episcopal Day School alumnus, has launched a crowdfunding campaign to

kick-start the business, procure the children's fabrics from Turkey. She also wants to bring attention to the issue of gender equality through employment. The area where the clothes are made suffers significantly from domestic violence and human trafficking, and it is Smith's hope that Pitupi can give hope and opportunity seven incredible women, their children, and the community at large

For more information, visit [www.Pitupi.se](http://www.Pitupi.se).

**Stanton honored  
for philanthropy**

Nicole Stanton, managing partner for the Phoenix office of Quarles & Brady LLP, last month was honored with the Ally Award from GLSEN Phoenix ([www.glsenphoenix.org](http://www.glsenphoenix.org)), a chapter of the leading national education organization focused on ensuring safe and affirming schools for all students.

The Ally Award is presented to local heroes that have advocated for safe and respectful schools and created positive change for all students, including lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth. Stanton is the founder of the anti-bullying initiative, Stop Bullying AZ, which partnered with ASU in 2014 to create the Dion Initiative on Child Well Being and Bullying Prevention.



Nicole Stanton

"Nicole Stanton's role in spearheading the Stop Bullying AZ campaign, as well as her leadership in establishing the Dion Initiative, has helped bring much-needed visibility to the importance of developing positive school climates where students are safe, affirmed, respected and valued," said Ricardo Martinez, current Co-Chair of GLSEN Phoenix.

Stanton also was honored as the "Philanthropic Leader of the Year" at the 8th Annual Positively Powerful Woman Awards, which took place earlier this year at the Ritz-Carlton in Phoenix.

In the Phoenix community, Stanton serves as a founding board member and past president of the Women's Metropolitan Arts Council of the Phoenix Art Museum as well as a mem-

**BeautyWorx**  
Hair & Nail Salon

**\$50**

Reg. \$75

**Shine Clear Color,  
Hair Cut &  
Blow Dry\***

\*Valid with  
Select Stylists only.  
\*Mention this coupon  
when booking.  
\*Expires 12/31/15



**20% Off**

**with any \$50 purchase  
of Living Proof Products\***

\*With coupon only  
\*Expires 1/15/16

**Buy 2 get 1 FREE**

**Purchase any 2 Aquage or  
BioMega Products and get one  
for equal or lesser value for FREE\***

\*With coupon only  
\*Expires 1/15/16

**\$10 OFF**

**any Nail Service  
total over \$60  
Valid with Marie only\***

\*With coupon only  
\*Expires 12/31/15

**Gift Certificates  
Available!**

Looking for an amazing  
salon to work at? Join  
us! We have Hair, Nail, &  
Esthetician station(s)  
available for rent.

**WE CARRY THE  
FINEST IN  
TAKE-HOME  
HAIR, SKIN,  
& FACIAL  
PRODUCTS.**

- COLOR SERVICES- FULL COLOR, HIGH/LOW LIGHTS, OMBRE, BALAYAGE
- PERMS & STRAIGHTENERS
- HAIR EXTENSIONS
- FACIAL WAXING
- ACRYLIC & GEL NAILS
- MANICURES
- PEDICURES
- SHELLAC

**602.863.3973**

**13216 N. 7th Street, Suite 7**

Southwest Corner of Thunderbird & 7th Street

**WALK-INS ALWAYS WELCOME!**

**COMMUNITY**

ber of Chart 100 Women. She also is an adjunct professor at Arizona State University Sandra Day O'Connor College of Law, teaching professional responsibility and serves as a member of the Business Court Advisory Committee.

A graduate of Valley Leadership Class XXIX, Stanton is a past YWCA of Maricopa County's Tribute to Women honoree, in the Business Leader category. She also was honored as one of the "50 Most Influential Women in Business" by AZ Business Magazine.

**Phoenix Rotary 100 honors Justice O'Connor**

Former Supreme Court Justice Sandra Day O'Connor on Oct. 16 was presented with the Phoenix Rotary 100's Career-Community Award of Merit. The award is presented in memory of Phoenix Mayor John Driggs, who was also a member of Phoenix Rotary 100 since 1957 and who made community service an integral part of his life.

Rotary District 5490 Gov. Paul Pulicken was on hand to help present the award to Justice O'Connor, who has been an honorary member of the club since 2000 and occasionally attends meetings to catch up with friends. Her husband, John O'Connor, was president of the club from 1977-78. He passed away in 2009.

**Two locals graduate from Salt Lake college**

North Central residents Jamey Strunk and Jaimee Faccenda have earned degrees from Western Governors University (WGU). Strunk graduated with a Bachelor of Science in Accounting, and Faccenda earned a Bachelor of Science in Nursing.

The university held its 29th semi-annual commencement ceremony in Salt Lake City on Aug. 15 and celebrated the graduation of more than 8,500 graduates. In addition to recognizing students who graduated in the past six months, the nation's first competency-based university marked another major milestone—50,000 graduates in just 15 years.

WGU was founded in 1997 by 19 U.S. governors with a mission to expand access to high-quality higher education, and in 2000, the university awarded its first degree. The nonprofit university focuses on providing flexible, affordable degree programs that meet the needs of busy working adults, par-



Incoming Phoenix Rotary 100 President Joe Prewitt presents the Outstanding Career Achievement and Community Service Award to the Honorable Sandra Day O'Connor (photo by David Johnson).

ticularly those who have started, but not completed, a bachelor's or master's degree. More information is available at [www.wgu.edu](http://www.wgu.edu) or by calling 866-225-5948.

**Wolcott named new Justice of the Peace**

Longtime Phoenix attorney Dean Wolcott has been appointed as Justice of the Peace for the Arcadia-Biltmore Precinct to fill the vacancy of former Judge Steve Sarkis, who resigned in July.

Wolcott, who has served in the justice courts as a pro tem judge for four years, was selected today in a unanimous vote by the Maricopa County Board of Supervisors.



Dean Wolcott

"These appointments are always difficult," Supervisor Andy Kunasek said. "We had a number of candidates. I just felt it would be best to get a highly qualified candidate who could hit the ground running and not need to get up to speed. Dean Wolcott is extremely qualified and has served this community so well."

Wolcott served in the Maricopa County Attorney's Office for nearly 30 years, both as a prosecutor and in the civil division. Wolcott, like Sarkis, is a Democrat. He began his duties on Sept. 14.

**For your local advertising needs, call North Central News at 602-277-2742**

**DIAMOND**  
**JIM'S**  
 Experience, Honesty and Integrity | Jewelry Repair Done on Site Buy, Sell, Trade  
**We buy Gold, Silver, Platinum, Diamonds, Coins and Valuables!**  
**As seen on Channel 5!**  
**FREE Verbal Appraisal**  
**Christmas Cash!**  
 6005 N. 16th Street  
 N.E. Corner of 16th St. & Bethany Home  
**602-466-1772**  
 DiamondJims4Cash.com

Join us for *Holly Days* December 12-14!  
 Refreshments • Giveaways • Drawings  
**Stuff your stockings at ...**  
*The Shops...*  
 ...on Camelback  
 Holiday Gifts & Decor • Home & Garden • Antique, Vintage & New  
 1030 E. Camelback Rd. • 602-277-1030 • [theshopsoncamelback.com](http://theshopsoncamelback.com)

**Your Trusted North Central Realtor!**

	
<b>Price Reduced - \$899,000</b> 7201 N. Central Ave. • 4 Bed, 3 Bath, 3269 Sq Ft	<b>Sale Pending!</b> 4148 S. Ramona St. • 4 Bed, 2 Bath, 1840 Sq Ft

---

**SOLD LISTINGS**

<b>2150 W. Alameda – SOLD</b>	<b>627 E. Desert Park Lane – SOLD</b>
<b>1825 S. Rockwell – SOLD</b>	<b>"Your Address" – SOLD</b>

**North Central Specialist and long time resident**  
**Emily Blinkhorn, Realtor HomeSmart**  
 5225 N. Central Ave., Ste 104  
 Phoenix, AZ 85012  
**480-289-1037**  
 emilyblinkhorn@gmail.com  
[www.emilyblinkhorn.com](http://www.emilyblinkhorn.com)

Happy Holidays to all my North Central clients, friends and neighbors. I'm truly grateful for your trust!



COMMUNITY

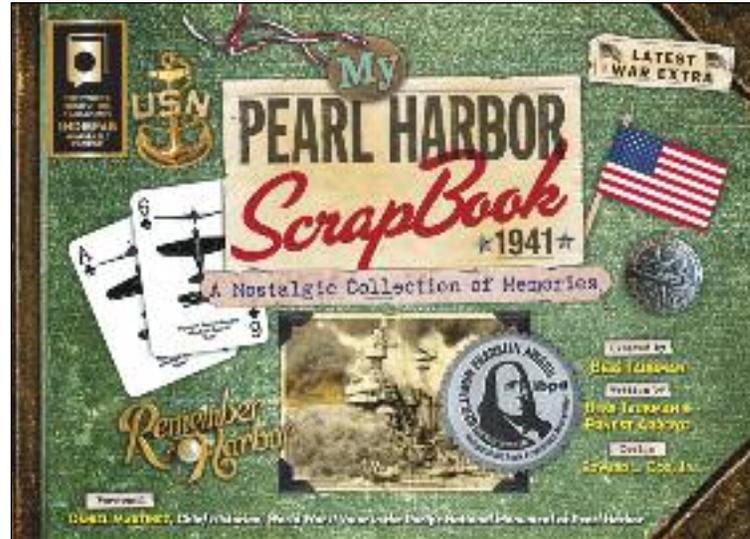


**WE LOVE SAVING YOU MONEY WHEN YOU COMBINE YOUR AUTO AND HOME**

Call it our passion. Our destiny. Our muse. All we know is that helping you save makes our hearts go pitter-patter. Which is why we're always ready to help you find coverage to fit your budget and your risk tolerance. For outstanding rates and service, call today.



Mike Atzemborski Agent  
602-265-1913  
<http://www.farmersagent.com/matzemborski/>  
340 E. Bellway Home Rd.  
Phoenix, AZ 85014



North Central author Bess Taubman shares first-hand accounts of the attack on Pearl Harbor in "My Pearl Harbor Scrapbook 1941: a Nostalgic Collection of Memories" (submitted photo).

**'Scrapbook' remembers attack on Pearl Harbor**

With the last few Pearl Harbor survivors now well into their 90s, the remaining first-hand accounts of that infamous attack on American soil are about to vanish.

North Central author Bess Taubman has created a unique way to keep their stories alive for future generations. She has penned a book called, "My Pearl Harbor Scrapbook 1941: a

Nostalgic Collection of Memories."

"The attack on Pearl Harbor is not about to be forgotten," says Taubman of her World War II scrapbook, which has already won numerous awards. "But the individual stories and the heroes are in danger of being lost. It was important for me to pass the baton onto the next generation."

Taubman was inspired to write the book when she was living Honolulu, Hawaii and the much-anticipated 50th anniversary commemoration of the Pearl Harbor attack was imminent. She visited the Arizona Memorial Visitor Center, but could only find dry, scholarly books about the attack. "Many were complicated, intimidating and monochromatic books on the subject. This started my wheels going," she recalls.

She is returning to Hawaii this month, having been invited to sign copies of her book at the World War II Valor in the Pacific National Monument at Pearl Harbor on Dec. 7, as part of the 74th Anniversary of Pearl Harbor Day Commemorations.

Taubman's pages include photos, maps, newspaper clippings, telegrams, pins, hand-typed notes and more. It is jam-packed with treasured memorabilia from that infamous day.

The book recently won the Gold Mom's Choice Award and the 2015 Silver Benjamin Franklin IBPA Award, one of the highest national honors for independent publishers. Working closely with local graphic designer Edward L. Cox Jr., she has created an important book for all future generations.

Taubman's products can be found on Amazon.com, bookstores and museums throughout the country and are carried by all major wholesalers. Visit [www.mypearlharborcrapbook.com](http://www.mypearlharborcrapbook.com).

**Hours:**  
**MONDAY-FRIDAY**  
 5:30 AM - 6 PM  
**SATURDAY**  
 5:30 AM - 5 PM  
**CLOSED SUNDAYS**  
 OPEN DECEMBER 24 5:30 AM - 3 PM  
 CLOSED DECEMBER 25-28

# Place your Holiday Order!

**Stollen \* Yule Logs \* Fruit Cake  
Gingerbread Houses \* Truffles  
AND MUCH MORE!**

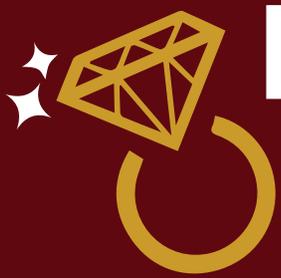
**VISIT US AT  
OUR NEW LOCATION IN THE  
MARKETPLACE AT CENTRAL!**

**111 EAST DUNLAP AVE., SUITE 13**  
 SE CORNER OF CENTRAL & DUNLAP, FACING CENTRAL

**602.997.7849**

# Shop like a Man

BEER AND BURGERS FOR YOU | JEWELRY FOR HER



DEC 17, 2015

4-8 PM



BEER & Aioli Burgers  
Food Truck



SCHMITT  
JEWELERS

Est. 1970

4402 East Camelback Road • Phoenix, AZ 85018

602.840.1144 • SchmittJewelers.com

 /SchmittJewelers

# Professional FAMILY PET CARE

North Central  
Animal Hospital

Family owned & operated since 1995



602-395-9773

www.NorthCentralAnimalHospital.com



## Routine Ferret Care

### Annual Exam

Save money and improve pet health  
Form a prevention plan

### Vaccines - Prevent fatal contagious diseases

Yearly: Rabies & Canine Distemper

### Parasite control – internal & external

Parasites carry diseases that make people and pets sick

### Dental care - at home and professional treatments

### Senior Screening - to keep those golden years healthy & happy

### Diet - Commercial Ferret Food with 25% or more animal-based protein - Treats (no carbs or sugars): try meat and rodents

### Cancer Prevention – Reset seasonal adrenal hormones with an annual injection: Males in January, Females in February

**Ferrets can get the flu from you!**

Wash your hands and reduce exposure when you are sick.

Read the Pet Primer Article online at  
www.NorthCentralAnimalHospital.com

**Protect your pet and family today.**

**Rabies vaccines \$5  
for dogs, cats, and ferrets.**

## COMMUNITY



This loveable American Shorthair is looking for someone to make his own Christmas wish come true—a family to lavish him with love and attention (submitted photo).

### Pet of the Month Affectionate Baxter is ready to be loved

Baseball players from a local high school were surprised to have Baxter, a stray cat, join them in the dugout one afternoon. While treating Baxter to an endearing neck rub, a player noticed a badly infected wound on the kitty's face so they brought the American Shorthair to the Arizona Humane Society.

It was hard for veterinarians to listen to his heartbeat during the initial exam because Baxter was purring so loudly, even while the medical team cleaned his wound—which was caused by an insect bite. Now healed, Baxter's ready to find a loving home for the holidays. He's looking for someone who will appreciate his affectionate and incredibly sweet personality. The young 5-year-old is always

ready to snuggle and happily kneads his paws and shares sandpaper kisses while he's perched on your lap.

Meet Baxter at the Sunnyslope Campus, located at 9226 N. 13th Ave. His adoption fee is only \$20. For more information, call 602-997-7585 and ask for animal ID number A518845.

Baxter may have been adopted by the time you visit the shelter but there are many other pets in need of homes. Visit [www.azhumane.org](http://www.azhumane.org) to see them all.

### Military families board pets for free

Villa La PAWS, a dog daycare, boarding, grooming and dog training company located at 10640 N. 32nd St., returns with its annual "Operation Home for the Holidays" program as part of its effort to honor those who serve in the military and make the holidays easier on their families.

Through Jan. 10, 2016, active service personnel and their immediate families can take advantage of free Villa La PAWS daycare and overnight dog care while they travel to visit loved ones for the holidays. All pets must be spayed/neutered, fully vaccinated and must pass a temperament evaluation.

Each dog may stay up to five nights during the program dates. Overnight and day care beyond the five days, as well as grooming services also will receive a 10-percent discount. Space is limited, and reservations are required. For more information, visit <http://bit.ly/VLPHolidays> or call 602-442-7833.

## Pets love Kodi's Natural Pet Foods



**You  
will,  
too!**

*Natural and Holistic Pet Foods*

**Santa Paws is Coming to Town!**

Dec. 12 • Professional studio photos of your dog with Santa for just \$15!  
Every photo shoot will include a goodie bag!

Hours: Mon - Fri 10 a.m. - 6 p.m. • Sat 9 a.m. - 5 p.m. • Sun 11 a.m. - 4 p.m.

**602-265-0462 • 6058 N. 16th St.**  
[www.kodisnaturalpetfoods.com](http://www.kodisnaturalpetfoods.com) • [kodi6@cox.net](mailto:kodi6@cox.net)

COMMUNITY

### Cat behaviorists help with issues

Catsultations, LLC has launched its website, and is now offering consultation services to the public. The founders of Catsultations have many years of experience with cats in homes, rescues and shelters. They understand some of the largest challenges cat caregivers come across and can assist with these.

The biggest challenges for cat owners needing this service appear to be litter box issues, dealing with challenges of a declawed cat, scratching, aggression and enrichment. These experts work with caregivers to help them to better understand the ways their cats communicate, change the humans' behavior and enrich the environment.

Catsultations, LLC is able to provide phone or e-mail consulting nationwide. In Phoenix, consultants also are able to visit you and your cats in your home if desired. Call Michelle Lewis at 480-227-5260 or Dawn Kavanaugh at 623-328-8769, e-mail Catsultations@gmail.com, or visit www.catsultations.wix.com/behavioral consulting.

### Class benefits animals with medical issues

Kinesphere Center for Movement Education hosts a "Down Dogs for Paws" yoga class 8:30-9:30 a.m. Saturday, Dec. 5. This is an alignment-based yoga class, led by instructor Tami Link, that benefits M.A.I.N. (Medical Animals In Need). One-hundred percent of the proceeds from this event will go to the organization. All ages and skill levels welcome. A minimum donation of \$5 is suggested. No advance registration is required.

Kinesphere is located at 711 E. Missouri Ave., Ste. 180. For more information, visit www.kinesphere-studio.com, email info@kinesphere-studio.com, or call 602-532-3111.

### Holiday hikes feature Santa, sing-a-long

Save Our Mountains Foundation hosts a free Holiday Hike toward the base of Shaw Butte, leaving off from the North Mountain Visitor Center the morning of Saturday, Dec. 19.

Some of the hikes will go only as far as the dam north of Shaw Butte and for

young children only as far as the wetland area west of the center. One hike will go to the top of Shaw Butte. The hikes will be geared toward the varying abilities of the participants. Volunteers from the center will lead the hikes.

Register at the front desk earlier in the week or 30 minutes before the start of each hike. The long hike to the top of Shaw Butte sets off at 8 a.m. The two shorter hikes begin at 9 a.m. All leave off from the Exhibit Hall area of the center.

Upon the completion of the hikes, the center will host a sing-a-long at 10:30 a.m., featuring the musical talents of Eric Laubach and possibly other musicians who will lead the Christmas Sing-A-Long of favorite tunes.

There also will be a surprise visit from Santa Claus for the little hikers at the center starting sometime around noon. Santa will help draw the winners of the Prize Drawing; raffle tickets are \$1 each, six for \$5 or 13 for \$10, and can be purchased in the Gift Shoppe.

For more information, call 602-343-5125 or visit www.northmountainvisitorcenter.org.

**View Our  
Holiday Gift Guide**  
smellydogaz.com/holiday

**\$5 OFF** Retail Purchase  
of \$25 or more

Like us on Facebook, Twitter, or Instagram to get discount. Clerk will verify "likes" before discount is given. Cannot be combined with any other discount. Cannot be redeemed for cash or credit. Exp. 12/31/2015

**grooming, daycare & natural dog food**

**smellyDOG** modern dog market & wash house

**5033 n. 7th ave. PHX**  
**602.265.6806**  
chase us on...

## It starts with a dream ...

**1109 W. Peoria #12**

**7645 N. 9th Ave.**

**Sam Miller**  
Multi Million Dollar Producer  
Phoenix Native  
Diamond Club Award Winner  
"Outstanding work ethic!"  
"Tenacious!"

**5750 E. Echo Canyon Circle**

**(602) 570-8656**  
sam.milleraz@gmail.com  
MYAZMOVE.COM

NMLS 198573 / BK 0902429 / NOVA NMLS 3087  
Equal Housing Opportunity

**Kathleen Martin**  
Senior Loan Officer  
**480.614.6436**  
kathleen@novahomeloans.com  
www.mortgagesbykathy.com

COMMUNITY



# Shedding Clean PET GROOMING

**We're new to North Central Phoenix!!**

Shedding Clean Pet Grooming will take care of all your pet grooming needs. At Shedding Clean, we offer a variety of services; from a quick nail trim to a full groom. We provide top quality grooms at competitive prices.

Your pet will leave here feeling happy and refreshed.

**New clients receive  
10% OFF services!**

**7828 N 19th Ave. #17**

**602-841-7333**

**www.sheddingclean.com**

Open 9 a.m. – 6 p.m.

Tuesday through Saturday and

9 a.m.-4 p.m. Sundays

**See you soon at Shedding Clean!**

## Local veterans serve needs of at-risk youth

In honor of Veteran's Day, dozens of local veterans and some of their family members reported for duty on Nov. 7 to assemble more than 110 new bikes for disadvantaged and at-risk youth in Tumbleweed's Young Adult programs.

The volunteer veterans were from The Mission Continues Phoenix Service Platoon, a team of more than 200 local veterans dedicated to continued service through civic engagement. Most of the veterans participating in the project were from the 2nd Platoon Phoenix.

"As a veteran whose career was cut short, it felt really good to address the needs of our local homeless youth with my 2nd Platoon comrades," said JP Villont, Marine Corps Veteran OIF I. "I strive to give back to the community that supports us and continue that mission of helping others."

Tumbleweed is a nonprofit organization that has been serving Arizona's homeless and vulnerable youth for more than 40 years. The youth, 15-17 years old, often are fleeing trauma such



Assembling a bike to donate to Tumbleweed's Young Adult program are members of The Mission Continues 2nd Platoon Phoenix, from left: Ken Arneson, Robert Kestle and Michelle Ray (photo courtesy of The Mission Continues).

as abusive home situations, desertion, family disintegration and poverty. The donated bikes are not only for recreation, but many also are for transportation to school and work.

Volunteers also gave the living quarters of a Tumbleweed housing facility near 23rd Avenue and Camelback Road

a much-needed facelift, complete with new bedding, artwork and furnishings to brighten their lives.

"For me it was a very fulfilling feeling to put my time and effort to helping youth in need," said Dan Schrader, US Army Veteran OIF 07-08. "The Mission Continues 2nd Platoon has given back the camaraderie and spirit of service that I lost since leaving the military. It's a win-win."

The Mission Continues is a national nonprofit organization that empowers veterans to serve their country in new ways through action-oriented programs. The organization has helped thousands of post-9/11 veterans focus their talents and energy to tackle challenges here at home. Through a unique model that provides reciprocal benefit for the veteran and the local community, veterans volunteer to help others and, through their service, build new skills that help them launch their civilian career. To learn more, visit: [www.missioncontinues.org](http://www.missioncontinues.org).

## Family fun craft workshops at JFG

Join the Japanese Friendship Garden for three different, family-friendly crafts from 1-3 p.m. on Sunday, Dec. 6. Try your hand at Japanese brush calligraphy, Origami and a fun craft inside the garden, located at 1125 N. 3rd Ave. Cost is \$5 for each activity, in addition to regular garden admission. No registration required.

For more information, call 602-256-3204 or visit [www.japanesefriendshipgarden.org](http://www.japanesefriendshipgarden.org).



## Madison Animal Hospital & Grooming



**Stop by and say hi.  
We are now open!**

Bring this ad for 1/2 off  
your wellness exam!

- Open 7 Days a Week
- Interest Free Payment Plans

602-358-7815

Valid through 03/31/16. New patients only. Limit 1 per household.

539 E. Glendale Avenue, #1 | Phoenix, AZ 85020 | [www.madisonahaz.com](http://www.madisonahaz.com)

Proud member of AZPetVet.com  
A Family of Animal Hospitals

# NORTH & CO.

A REAL ESTATE COMPANY



VICKIE MCDERMOT 602.722.7971

**1920 E MARYLAND**  
2 bed / 2 bath / 1,455 sf  
Gorgeous Townhome – Perfect Location  
**\$269,900**



SARAH WILTSHIRE 480.652.2501

**7202 N 23RD PLACE**  
4 bed / 5 bath / 5,467 sf  
Spectacular City and Mountain Views  
**\$1,725,000**



BRIAN NORTH 480.463.4373

**5745 N 10TH ST**  
2 bed / 1 bath / 1,150 sf  
A Perfectly Restored Haver  
**\$383,000**



KAYLA POPEJOY 530.3913883

**4609 E FLOWER ST**  
5 bed / 4 bath / 2,763 sf  
Beautifully Remodeled on a Huge Cul-De-Sac Lot  
**\$750,000**



**NEW CONSTRUCTION**

BRIAN NORTH 480.463.4373

**738 E PALMAIRE AVE**  
3 bed / 3 bath / 2,476 sf  
Contemporary New Build from Best Luxury Homes  
**\$698,000**



**PENDING**

BRIAN NORTH 480.463.4373

**4302 N 20TH ST**  
2 bed / 1 bath / 1,080 sf  
Stylish Remodel Close To Town & Country  
**\$254,000**



HEATHER WILSON 602.206.1814

**5041 E LAFAYETTE BLVD – ARCADIA**  
4 bed / 5 baths / 3,011 sf  
West Hollywood Style in the Heart of Arcadia  
**\$1,045,000**



BRIAN NORTH 480.463.4373

**921 E CAMBRIDGE AVE – CORONADO**  
3 bed / 2 bath / 1,842 sf  
Perfectly Remodeled Ranch  
**\$430,000**



480.463.4373 | NORTHANDCO.COM



**Gail Fawcett**  
MAPC, LPC, NCC

5150 N. 16<sup>th</sup> Street  
Suite A-114  
Phoenix, Arizona 85016

**602.633.3011**  
by appointment only

**DISCOVER YOUR INNER ELF**



Go to our Events page  
[empowermentcounseling.net](http://empowermentcounseling.net)



**21<sup>st</sup> Century Family Medicine**

Primary Care Physicians for Adults, Children, and Seniors

Over 50? We specialize in healthcare for you. Free blood pressure check Fridays 12-2pm

Visit us online at  
[www.21stCenturyFamilyMedicine.com](http://www.21stCenturyFamilyMedicine.com)

- ☛ Brock A. Merritt, D.O.
- ☛ Robert A. Rosenberg, Ph.D., M.D.
- ☛ Stuart M. Turnansky, M.D.
- ☛ Sousou G. Awad, M.D.

We accept all insurance plans including Medicare

**WALK-IN FLU SHOTS AVAILABLE**  
Call to schedule your appointment  
**(602) 973-3100**  
7550 N. 19th Avenue, Suite 201  
Walk in appointments available

**One-of-a-Kind Gift Ideas!**



**CAMELBACK MARKETPLACE**

Top Quality Multi Dealer Mall

835 E. Camelback Road • 602-274-0386 • M-Sat 10-5 • Sun 11-5  
[www.camelbackmarketplace.com](http://www.camelbackmarketplace.com) • [camelbackmarketplace@outlook.com](mailto:camelbackmarketplace@outlook.com)

**COMMUNITY**

**Two projects planned near 12th St., Missouri**

By Teri Carnicelli

Big changes are coming to the area of 12th Street and Missouri Avenue, thanks to two proposed development plans.

The first is a 20-unit condominium housing project planned for 11th Street and Missouri Avenue. The developers have purchased the two-story brick office buildings on the south side of Missouri, as well as a smaller, one-story brick office building to the west of them in the same complex. Although many of the businesses have moved out, current tenants still include three real estate companies, two medical supply companies, and a handful of independent legal and therapy offices. All the buildings will be torn down and a representative from the developer confirmed that all the mature landscaping, including more than a dozen trees, will be removed.

The project includes two-story units with two-car garages at the base, with an approximate total height of 25 feet. Units would range in size from 1,947 square feet to 2,343 square feet, and some will have the option of a rooftop patio. The developers anticipate sales above \$400,000 per unit.

The “Uptowne 11” condominiums are being proposed by 1121 Missouri Development, LLC, a subsidiary of K. Hovnanian Homes. Currently the developers have a zoning change request moving through the city, which would change the underlying zoning from C-O (commercial office) to R-2 single-family attached for the 2.14 gross-acre property. The zoning request is being handled by Valley law firm Earl, Curley & Lagarde, P.C.

A community meeting about the project was held Oct. 20, and residents and business owners did express some concerns about the proposal, particularly how it would impact traffic for the neighborhood along 11th Street and where it curves west into Denton Lane; 11th Street does not go through to Missouri Avenue. Nearby businesses in the same general complex also were concerned about cut-through traffic.

However, most of the issues raised would be better addressed after the developers submit their formal development plans. Currently, the only thing being considered is the rezoning request, which goes before the

Camelback East Village Planning Committee at 6 p.m. on Tuesday, Dec. 1, at the Devonshire Senior Center, 2802 E. Devonshire Ave. From there, it moves on to the Phoenix Planning Commission at 6 p.m. on Tuesday, Dec. 8, with a final vote by the Phoenix City Council at 2:30 p.m. on Jan. 20, 2016.

Residents and business owners who wish to comment on the zoning change request can send comments to the Phoenix Planning Department, 200 W. Washington St., 2nd Floor, Phoenix, AZ, 85003. Reference case No. Z-55-15-6.

Many neighborhood residents were happy to see the check-cashing business at the southwest corner of 12th Street and Missouri Avenue close in 2014, but were then puzzled when the building was torn down earlier this year down. Fencing has been up for months, but few knew what was actually proposed for the now-vacant property.

Turns out, it was acquired by the Virginia G. Piper Charitable Trust, which currently has offices kitty-corner from the lot, at 1202 E. Missouri Ave. The Piper Trust also recently acquired the purple-maroon building just to the south of the former check cashing store site, which was the longtime home of Imágeri Skin Care and Cosmetics.

After 28 years of business inside the 1,800-square foot studio at 5340 N. 12th St., Imágeri owner Denise Nahat made the decision to scale down, moving this fall to a new location right around the corner inside the Camelot Square complex at 1110 E. Missouri Ave., Ste. 110. Nahat sold her building to the Piper Trust but leased it back from them for several months before finding the right “fit” for her new location.

Piper Trust officials say they are now ready to move forward with their plans, which include remodeling the building for additional office space and turning the vacant lot into a well-landscaped, attractive parking area. Officials say the permitting process has begun, however, no signs have been posted as yet for rezoning or other changes that might require city approval.

Like us on Facebook and follow us on Twitter!

Be sure to visit us online at [www.northcentralnews.net](http://www.northcentralnews.net) for the latest local community news

## COMMUNITY

## Holiday Central Holiday Festival at The Falls

5:30-8 p.m. Thursday, Dec. 3  
Pointe Hilton Tapatio Cliffs  
11111 N. 7th St.

The resort's Falls Water Village water park will become a poolside winter wonderland of holiday cheer and twinkling lights. Guests are invited to indulge in holiday sweets and hot chocolate while strolling through a festive village of cabanas featuring holiday-themed activities, treats and more. Children are invited to meet, get their photo with and share their holiday wishes with Santa Claus, who will be stationed inside a cozy poolside cabana. The Phoenix Fire Department will also be at the event for a special meet-and-greet and fire truck showcase. The event is free.

## Merry Merry Holidays at Metrocenter

Dec. 4-6, 11-13 & 18-20  
Metrocenter Mall  
29th and Dunlap avenues

Enjoy a variety of free, family-friend-

ly events including: free photos with Santa and story time with Mrs. Claus, including magic and games, 12-8 p.m.; and performances and fun from the Metrocenter Merry Makers and local musical groups including the Arizona Conservatory, 10 a.m.-4 p.m. In addition, from 12-3 p.m. on Dec. 5 there will be performances by Persephone, ball walkers, stilt walkers, balloon artists, face painters and more. Visit [www.metrocentermall.com/events](http://www.metrocentermall.com/events).

## Holiday Tree Lighting

5:30-7 p.m. Friday, Dec. 4  
Rico's American Grill  
7677 N. 16th St.

The public is invited to gather for a festive celebration as the Pointe Hilton Squaw Peak's mountaintop holiday tree is illuminated, and will become visible across the city. Guests will be treated to performances by the award-winning Sunnyslope High School Choir, complimentary hot cocoa and cookies, a visit from Mrs. Claus, and a variety of activities and crafts for all ages. The event is free and open to the public.

## The Nutcracker Festival

10-3 p.m. Sunday, Dec. 6  
Dorrance Theatre,  
Ballet Arizona  
2835 E. Washington St.  
602-381-1096

Enjoy a family-friendly day full of unforgettable holiday festivities. There will be Creation Stations with Ballet Arizona, ChildsPlay, Children's Museum of Phoenix, Heard Museum Desert Botanical Garden and many more. There also will be a Holiday Brunch, available throughout the Festival, and seasonal shopping from Ballet Arizona's Nutcracker Gift Shop. Enjoy performances from The School of Ballet Arizona and Ballet Arizona. Tickets are \$65 per person. Call to purchase in advance, or available at the door.

## Christmas at The Castle

6-10 p.m. Saturday, Dec. 6  
Irish Cultural Center  
1106 N. Central Ave.

Children will enjoy a visit from Santa Claus, hear a Christmas story, make a Christmas ornament, decorate

*please see HOLIDAY EVENTS on page 22*

Furniture, Home Accessories and Décor

# Aesthetics

Interior Design



Is your home  
ready for  
the holidays?

Aesthetics features  
products that are  
timeless,  
unconventional  
and inspiring.

Furniture, accessories,  
bedding, gifts and  
much more!

Interior Design  
services available

4747 North Central Ave.

602.265.1077

[www.aestheticsaz.com](http://www.aestheticsaz.com)

[f aestheticsaz](https://www.facebook.com/aestheticsaz)

[t @aestheticsaz](https://twitter.com/aestheticsaz)

[p @aestheticsaz](https://www.pinterest.com/aestheticsaz)

**"We tell people to  
come here to really LIVE!"**

**PAUL & BARBARA**

Residents, Central Park at  
Beatitudes Campus



It's funny, how living a rich life has so little to do with money and so much to do with pursuing your passions and sharing your life with people you care about. Like your friends and neighbors at Beatitudes Campus:

## MEET PAUL & BARBARA.

This semester, Paul is teaching "World War II and Beyond," a Lifelong Learners course at Beatitudes Campus – sharing a love of history, self-study and teaching that comes naturally to this former UNM professor. He's also president of the campus men's club, called Good Fellers. Meanwhile, Barbara is every bit as involved in community life – including the business side, as secretary of the Residents Council. The couple has lived here less than a year, but easing into anything has never been their style. Diving in is more like it. And why not? When you choose a community for its friendly nature, fascinating people, and a lifestyle that invites involvement, you don't want to waste a minute on the sidelines.

Paul and Barbara invite you to discover how living at Beatitudes Campus can enrich your life, too. To schedule a private tour, call (602) 995-6100.



Beatitudes  
Campus

**INDEPENDENT LIVING RESIDENCES**

Plus Complete Health Care Services

(602) 995-6100

1610 West Glendale Avenue, Phoenix

[www.BeatitudesCampus.org](http://www.BeatitudesCampus.org)



Beatitudes Campus is a continuing care retirement community  
and a not-for-profit ministry of the Church of the Beatitudes.

Celebrating community. *Enriching lives.*

COMMUNITY

# KELLY CLARK

## Automotive Specialists

Awarded AAA Arizona "Top Shops"

4101 E. Bell Road  
602-971-2225

1201 E. Glendale Ave.  
602-274-1394



coupon must be presented at time of service



We Honor Extended Warranties

A+ Rating

Local Shuttle • RV Repair (Bell Road Only)  
Fleet Services • SUV Experts  
[www.kellyclark.com](http://www.kellyclark.com)



Monday-Friday 7:30 a.m. to 5:30 p.m. • Saturday 8 a.m. to 4 p.m.

### Expert Engraving

• Personalize it and make it a special gift!

### Expert Jewelry Repair

• Gold, Platinum, Silver and Precious Stone Items  
• High Tech Laser Welding Work

### High Grade Watch Repair

• Dials and Bezels • Replacement Bands

**VOTED BEST BUYER**  
**VOTED BEST PLACE TO SELL**

Jewelry • Diamonds • Silver • Watches  
Native American Items • Coins

Authorized eBay Seller - Let us sell it for you on eBay!

Purveyor & Dealer of Fine Items & Collectibles

# JAY GOLDMAN LTD.

A LANDMARK JEWELER SINCE 1976

Bethany East Shopping Center

1515 E. Bethany Home Road #156

Southwest Corner of 16th Street and Bethany Home Road

602-241-1333 (office) • 602-369-3115 (cell)

Facebook.com/JGoldmanLtd



### HOLIDAY EVENTS continued from page 21

cookies and sip on hot cocoa. Entertainment provided by carolers and fiddlers. For the adults, the bar will be open, and The Cornish Pasty Company will offer a selection of their delicious traditional pasties. Stop by the replica cottage, where you will be greeted by a harpist playing traditional music. For an entrance fee of \$5, each adult will receive three tickets that can be used for cocoa, cookies and ornament making. Additional tickets will be available for \$1 each. Children 12 and younger have free admission. Visit [www.azirish.org](http://www.azirish.org).

### Chanukah on the Lawn

4:30 p.m. Sunday, Dec. 6  
Biltmore Fashion Park,  
Lawn in front of Saks  
2502 E. Camelback Road  
602-944-2753

Chabad of Phoenix presents this free, family-friendly event. Enjoy balloon art, face painting, latkes and doughnuts, Chanukah crafts, raffles and prizes. There will be a popcorn menorah lighting at 5:15 p.m. For more information, visit [www.ChabadAZ.com](http://www.ChabadAZ.com).

### HonorHealth

#### Holiday Tree Lighting

5:30-8:30 p.m. Monday, Dec. 7  
John C. Lincoln Medical Center,  
Third Street & Dunlap Avenue  
602-870-6060, ext. 1345

Join the Crystal Princess and Phoenix City Councilman Bill Gates, who will serve as Master of Ceremonies. The whole family will enjoy games, crafts, activities, hot cocoa and cider, hand-decorating your own cookies, and a free photo with the Crystal Princess for each individual or family.

### Holidays at the Heard

Dec. 26-31  
Heard Museum  
2301 N. Central Ave.  
602-252-8848

Exciting performances and artist demonstrations introduce visitors to traditional and contemporary American Indian music, dance and art throughout the week. Visitors can also browse items in the Museum Shop. Have lunch at the Courtyard Café, open 11 a.m. to 3 p.m. each day during Holidays at the Heard. Included in general museum admission. Hours are 9:30 a.m. to 5 p.m. except Sunday, which is 11 a.m. to 5 p.m. Visit [www.heard.org/holidays](http://www.heard.org/holidays).

### Yote's Family

#### New Year's Eve Party

6-10 p.m. Thursday, Dec. 31  
Pointe Hilton Squaw Peak Resort  
7677 N. 16th St.

Celebrate the coming of the New Year and enjoy dinner, a sparkling champagne toast, a variety of activities for all ages, dancing, and plenty of family fun. Admission includes dinner and activities and is available for \$65 per adult and \$29 per child ages 10 and younger. To purchase tickets, call 602-906-3840.

## Community Central

### Arts & Crafts Sale

9 a.m.-12 p.m. Dec. 2-3  
Sunnyslope Senior Center  
802 E. Vogel Ave.

Come browse a wide selection of hand-made, affordable crafts by members of the senior center. These skillfully crafted items would make terrific Christmas presents for friends and family. Admission is free.

### Meet & Learn

#### Holiday Luncheon

11:30 a.m.-1 p.m. Friday, Dec. 4  
Phoenix Indian Medical Center  
4212 N. 16th St.

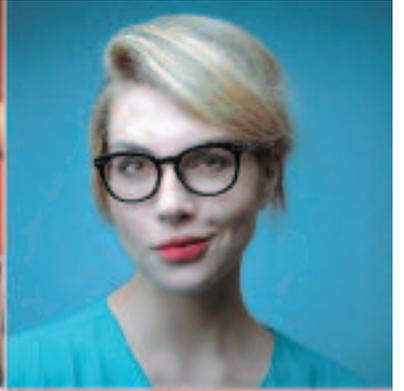
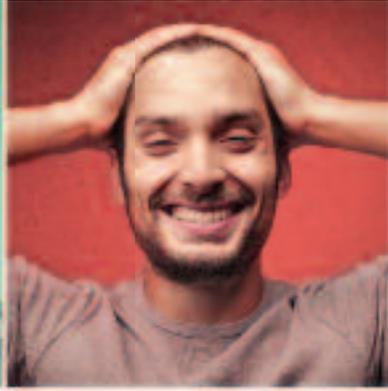
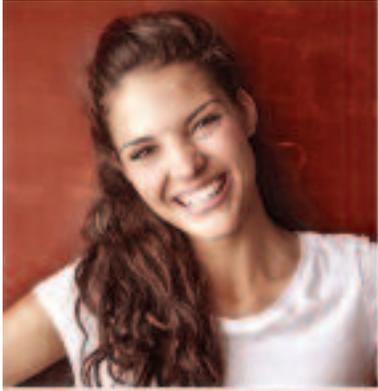
You are invited to meet some members, have lunch, and learn about the PIMC Auxiliary, whose sole purpose is to support the needs of the Native American community served by the Phoenix Indian Medical Center. The Auxiliary raises funds to support programs for the Medical Center, and to award scholarships to American Indian students studying in the health field. There are volunteer opportunities with lasting friendships. The luncheon is free. To RSVP, call 602-263-1576.

### Crafeteria Festival

6-10 p.m. Friday, Dec. 4  
Medlock Plaza  
10 W. Camelback Road  
602-279-5467

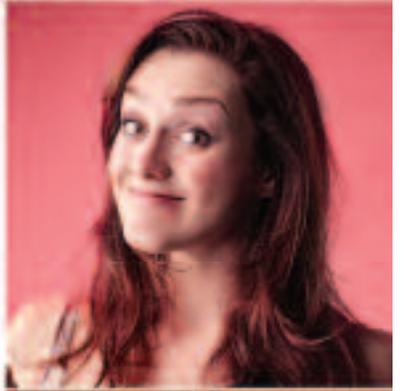
An indie craft festival with 40 Valley-based vendors selling everything from art to jewelry to stationery. There will also be live music and food trucks. Support your local craftspeople and get a jump on your holiday shopping. Admission is free. Visit [www.francesvintage.com/crafeteria](http://www.francesvintage.com/crafeteria).

please see COMMUNITY on page 24




**Delete** 

Tattoo Removal & Laser Salons



[ TRANSFORMING LIVES ]

# Celebrating 5 Years Deleting Tattoos

Delete – Tattoo Removal and Laser Salon, located here in Central Phoenix, is celebrating five years helping people move forward with their lives.

As the **nation's recognized experts** in tattoo removal, Delete physicians were the first in Arizona to offer Picoway's superior laser technology.

Thank you for voting Delete - **Best Tattoo Removal** - and making us a part of your neighborhood.

From Tattoo Removal to Nutrient Infusions, Botox & Juvederm Injections, Laser Hair Removal treatments and more, we appreciate being your "go to" spot on Sunbrite Corner at Bethany Home & 16th Street.

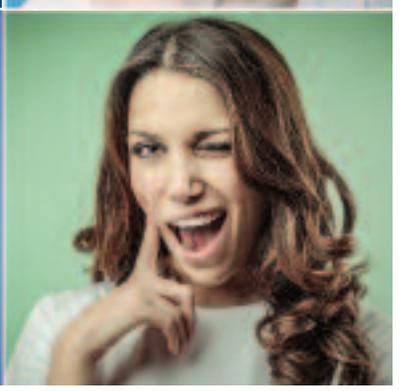
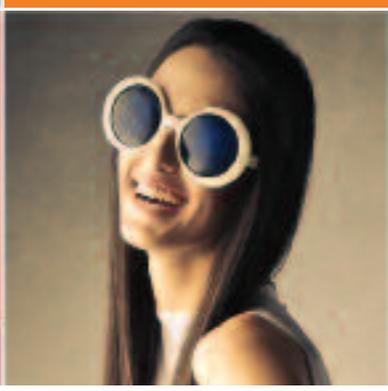
Stop in, say "Hi," let us know you're our neighbor and receive a **FREE B-12** shot this holiday season!

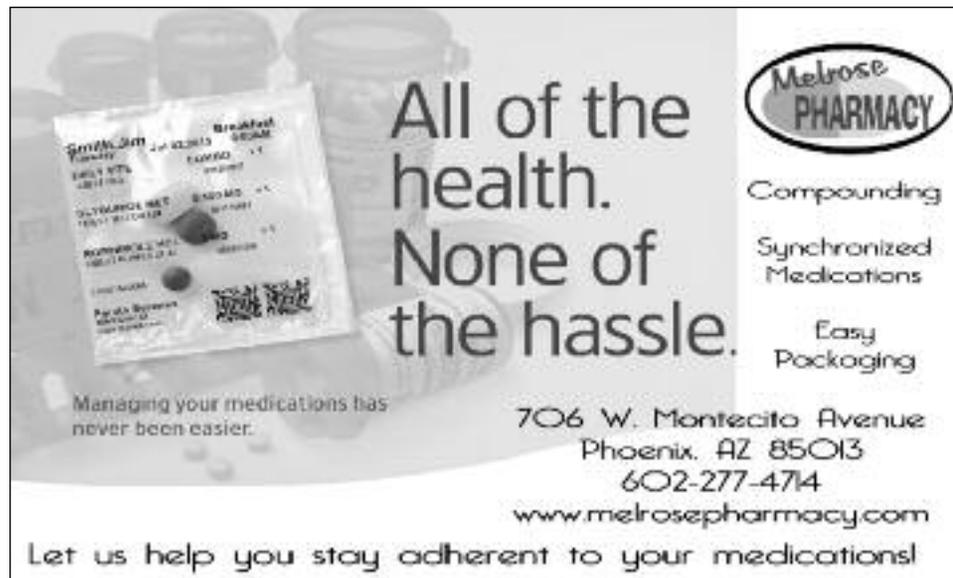


## 602.343.6355

6020 North 16th Street, Phoenix, AZ 85016

[deleteitnow.com](http://deleteitnow.com)





**All of the health. None of the hassle.**

**Melrose PHARMACY**

Compounding  
Synchronized Medications  
Easy Packaging

Managing your medications has never been easier.

706 W. Montecito Avenue  
Phoenix, AZ 85013  
602-277-4714  
www.melrosepharmacy.com

Let us help you stay adherent to your medications!

vintage \* repurposed furniture \* silk & preserved florals \* jewelry

**Once Upon A Find**

Come find your one-of-a-kind Christmas gifts today!

602-274-3074 www.facebook.com/OnceUponAFindAZ

5202 North 7th St. Phoenix, 85014

Antiques \* object framing \* hand-crafted treasures \* flower preservation

**Season's Greetings**  
from everyone at

**PARTY PEOPLE!**

www.PartyPeopleRentals.com

**10% OFF**  
any rental or retail purchase with this ad  
Expires 12-31-15

Party People has everything you'll need to purchase or rent for your holiday party or event!

**602.264.0062 480.998.1088**

5740 N. 7th St. Phoenix  
13802 N. Scottsdale Rd. #125 Scottsdale

**COMMUNITY**

*COMMUNITY continued from page 22*

**Coffee with the Chief**

**8-10 a.m. Tuesday, Dec. 8**

**Memorial Hall,  
Steele Indian School Park  
300 E. Indian School Road**

Phoenix Police Chief Joseph Yahner will provide an update on our hiring status and the most recent grants awarded to the city for hiring more officers. Members of each precinct will also be on hand to answer questions reference your neighborhood concerns. Coffee and light refreshments will be provided. For more information, contact Officer Jennifer Eastman, Community Relations Bureau, at 602-262-4061 or Jennifer.eastman@phoenix.gov.

**United States  
Service Academies  
Information Night**

**6:30-7:30 p.m. Tuesday, Dec. 8  
Sunnyslope High School Auditorium  
35 W Dunlap Ave.**

Are you interested in attending one of the five U.S. Service Academies? Attend the Information Night and learn about the opportunities offered at these top-ranked schools. Materials and/or representatives will be available from the US Coast Guard Academy, the US Air Force Academy, the US Merchant Marine Academy, the US Military Academy, and the US Naval Academy. Free and open to the public.

**Star Wars Day**

**Noon-4 p.m. Sunday, Dec. 13  
All About Books and Comics  
24 W. Camelback Rd., Suite G  
602-277-0757**

Join Darth Vader in a Light Saber Training Class for kids of all ages beginning at 12:30 p.m. In addition, there will be 20-percent off all Star Wars Comics and merchandise, and a Free Star Wars Sampler while supplies last. Bring in a new toy to donate to Logan's Playground and get 20-percent off all toys.

**Learn More About  
Chrysalis Center**

**6:30 p.m. Tuesday, Dec. 15  
Beatitudes Luther Life Center  
1616 W. Glendale Ave.  
602-992-8145**

The Phoenix Branch of AAUW (The American Association of University Women) is featuring Katie

Hae Leo, development manager for Chrysalis. She will give an informative presentation of the services of this charity, which helps abused women and children. An optional dinner (\$15) will be served at 5:30 p.m. RSVP for the dinner to Sue at 602-992-8145. Visitors are welcome. Enter the Beatitudes at the gate by the flagpole on Glendale Ave.

**Christmas service  
for the bereaved**

Christmas can be a painful time for some. It may be the first Christmas without loved family members who have recently died; it may be a time that has always been difficult. The anguish of broken relationships, the insecurity of unemployment, the weariness of ill health, the pain of isolation-all these can make us feel very alone in the midst of the celebrating and spending.

For those reasons, Encanto Community Church, 2710 N. 7th Ave., offers a "Blue Christmas" service 7 p.m. Wednesday, Dec. 16. There will be prayers, scripture and music that acknowledge that God's presence is for those who mourn. No matter where you are on life's journey, you are welcome.

Also, for those wishing to celebrate Christmas in a more traditional fashion, a Christmas Eve service will be held 7:30 p.m. Dec. 24. Sing carols, read familiar scripture and enjoy some time together. Everyone is welcome. For more information, visit www.encantocommunitychurch.org.

**Aldersgate resumes  
services at new site**

Aldersgate United Methodist Church, located at 3530 N. 32nd St., resumed weekly worship services and kicked off holiday activities on Nov. 29 with an 11 a.m. service, a pizza party and "hanging of the greens" to decorate the church for Christmas.

This church has been a center of community service and worship in east central Phoenix since 1953. Aldersgate UMC offers ongoing family-friendly activities including karaoke night, movie night and opportunities for junior and adult community service.

Stop by in the month of December for Christmas activities. For more information and a schedule of activities, call the church office at 602-956-3710.

# Let her experience love at first sight a second time ...

When it comes to purchasing something as special as your engagement and wedding rings, you want something as unique as the two of you.

Whether you're looking for a ring or that special gift for your bride, let Diamond Jim help you find the one that will make her fall in love all over again (at a price you can afford).



14K two tone 3 stone bridal ring with European cut stone. 1.25 ct total weight \$1,899 Compare at \$3,999



Nostalgic 14K white gold ring with .49 ct total weight diamonds. \$1,599 Compare at \$2,400



18K yellow gold ring with 1.91 ct center emerald cut diamond and .61 ct total weight side round diamonds.

## DIAMOND JIM'S

**We have diamonds starting at just \$35!!**

**6005 N. 16th Street**  
N.E. Corner of 16th St. & Bethany Home  
**602-466-1772**  
DiamondJims4Cash.com

**On site jewelry repair!**



HOME & GARDEN

Fresh Art. Incredible Talent.  
Innovative Design.

Be inspired by stunning exhibits and learn from the best instructors in quilting. Shop aisle after aisle of fabrics, machines, and quilting supplies.

There is something for everyone at AQS QuiltWeek!



Phoenix, Arizona

February 11–14, 2016  
Thursday–Sunday

Phoenix Convention Center

For more information, visit us at [QuiltWeek.com](http://QuiltWeek.com)  
or call 270-898-7903



Detail: FLOWERS AND GEARS by Robbi Joy Eklow

NATIONAL BRAND PARTNER **JANOME**  
WHAT'S NEXT



Strolling through the new Blanche Duggan Memorial Garden on opening day are, from left: Phoenix Mayor Greg Stanton and his son, Trevor; Barbara Damiani, treasurer for the Loma Linda Neighborhood Association; Bessie Rudman, Blanche's sister; and three of Blanche's four daughters—Patty Duggan, Joan Felkins and Jean Boyce (photo by Teri Carnicelli).

Memorial garden a neighborhood effort

By Teri Carnicelli

More than 80 people, including Phoenix Mayor Greg Stanton, turned out on Oct. 31 for the official opening of a garden dedicated to the memory and spirit of longtime Loma Linda activist Blanche Duggan.

"This is a beautiful and fitting tribute to a beautiful person," Stanton said at the grand opening of the garden. "I was lucky enough as a new council member to be 'broken in' by Blanche. She would politely whisper in my ear suggestions on how I could help her make her neighborhood even better. Great neighborhoods don't happen by accident; they happen because of dedicated people getting together and making them strong. We would be an even stronger city if we had more people stepping forward like Blanche."

The garden project is a result of the work of the Loma Linda Neighborhood Association and has been a work in progress for the last three years. Duggan was one of the originals founders of the association, where she served as an organizer and neighborhood historian. She also was a volunteer at Loma Linda Elementary, 2002 E. Clarendon Ave., where the memorial garden was installed in a former non-

descript water retention area. Duggan worked at the snack bar, supervised children on the playground, and wrote a newsletter.

"Blanche was the rock of our neighborhood," said Barbara Damiani, treasurer and community liaison for the Loma Linda Neighborhood Association. "There are six of us now trying to do her job, and we can't keep up."

Following Duggan's passing in December 2011, the neighborhood association began working to design a memorial garden in her honor. Spearheading the effort was Mac McDonald, a board member for the association. After looking around the neighborhood for potential sites, the school was approached about using the large open space near its flagpole, adjacent to Clarendon Avenue.

"To have this beautiful garden right outside my office is going to make it hard to get any work done," said Loma Linda Principal Stephanie De Mar, pointing out the former retention area was "not much to look at."

Nearly all of the labor was from volunteers, as were much of the supplies for the garden. McDonald said several tons of large river rock first had to be excavated from the site, though nearly half of that was returned into some of the raised garden beds that feature gabion walls created by WW Smith

Complete Building and Design Services for All Residential Remodeling Projects



Free Estimates • Free Professional Designs  
Room Additions • Guest Houses • Major Remodeling • City Ready Blueprints

**FREE city ready blueprint**  
with any size room addition. Up to \$1,500 value!



Bonded • Insured  
Licensed  
ROC #237983



Residential Remodeling General Contractor



Angie's list  
Featured on Houzz

Designing and building in Central Phoenix and Arcadia for over 20 years

2500 E. Thomas Rd. #103  
[www.arcadiadb.com](http://www.arcadiadb.com)

**602.577.5005**

## HOME &amp; GARDEN

Construction. Valleywide Ponds donated a self-filtering water feature, Sprinkler World donated the drip systems for the garden beds, Stabilizer Solutions donated the granite for the walkways, and all the starter plants came from Bonnie Plants. A new metal archway was designed and fabricated by Doug Klunder of The Lost Ark.

Scott Mitchell, 16, with Scout Troop #6, worked on the garden as part of his Eagle Scout project. He contacted many of the businesses for donations and assistance, and some of his fellow troop members also assisted with labor. The memorial garden will serve as a tribute Duggan, as well as an opportunity to engage Loma Linda students and teachers in taking an active part in the workings of the garden, all while learning the benefits of gardening and healthy eating.

Approximately 1,350 families living within the Loma Linda neighborhood, which lies within the boundaries of Indian School to Thomas roads, and the SR-51 to 24th Street. Loma Linda residents are invited to use the Blanche Duggan Memorial Garden as a teaching tool for interested neighbors to begin their own home garden, which is fitting as Duggan was an avid gardener herself.

## Chef Series returns to farmers market

Uptown Farmers Market has joined forces with local restaurants, chefs and C-CAP to host a Neighborhood Chef Series at the market each Saturday through January 2016. Each week, the series will feature a different neighborhood chef with a restaurant between 7th Street and 7th Avenue. These chefs will transform seasonal Arizona products into delicious, simple tastes for the community.

“Our customers loved the chef series we organized last summer,” says Bo Mostow, Uptown Farmers Market manager. “Uptown’s main goal to inspire and educate the home cook using seasonal, Arizona products; more and more we see this is best accomplished through a personal demonstration at market, and especially from a trusted chef.”

The current lineup of visiting chefs includes: Chef Justin Beckett of Southern Rail Restaurant & Beckett’s Table, Dec. 12; Chef Paul Hamernik and Chef Aaron Chamberlin of St.

Francis Restaurant, Dec. 19; and Chef Doug Robson of Otro Café on Jan. 9. Note the market will be closed on Dec. 5 for the APS Electric Light Parade, and Jan. 2 for the Fiesta Bowl Parade.

C-CAP will have students assisting the chefs with demonstration and sampling. Uptown will raffle four \$50 gift certificates to the featured restaurant of the day. All products and recipes used in the chef-driven demonstrations will be highlighted on recipe cards.

Uptown Farmers Market is open 9 a.m.-1 p.m. Saturdays year round; and 8 a.m.-1 p.m. Wednesdays, October through June. Visit [www.uptownmarketaz.com](http://www.uptownmarketaz.com).

## Home tour, street fair return to F.Q. Story

The 31st-annual F.Q. Story Holiday Home Tour & Street Fair is a two-day event featuring tours of charming homes and a street fair with local craft vendors who will have specialty items just in time for Christmas shopping.

The tour of homes begins on Saturday night, Dec. 5, with a holiday-inspired evening of Dickens’ Carolers and streets lined with luminarias and holiday lights. Enjoy the tour from 6-9 p.m.

In addition to touring homes on Sunday from 11 a.m.-5 p.m., visitors will enjoy holiday shopping while visiting dozens of craft vendors and food booths.

The F.Q. Story Historic District consists of 602 remarkable homes dating from the 1920s and features a mixture of architectural styles, including Spanish Colonial, Tudor Revival, English Cottage, Craftsman Bungalows, Spanish Colonial and Neoclassical. Tickets are required to tour the home interiors, but are not required to stroll the neighborhood and enjoy the street festival. This year’s tour features homes on Portland and Latham Streets. Tickets can be purchased the day/night of the event or online.

The ticket booth will be located at 11th Avenue and Portland. Parking will be on the neighborhood streets. The F.Q. Story Home Tour is a walking tour but there will be a trolley available in the neighborhood.

Tickets are \$15, or \$14 with a non-perishable food item donation. Visit <http://hometour.fqstory.org> for more information.

# North Central Phoenix and Historic Home Specialists



45 W. Edgemont Ave. \$379,000  
2 BR, 2 BA • 1466 SF • 2 Car Garage



3709 E. Hazelwood St. \$960,000  
4 BR, 4 BA • Pool, Spa • Guest House



602 W. Palmyra Ave. \$498,000  
4BR, 2.5 BA • 2438 SF • Pool



7110 N. 6th Avenue \$475,000  
4 BR, 2.5 BA • Pool • Fireplace



346 E. Verde Lane \$560,000  
3 BR, 3 BA • Remodeled • Pool, Spa



501 W. Royal Palm Rd \$395,000  
3 BR, 3 BA • 2359 SF • Pool



313 W. Wilshire Dr. \$345,000  
2 BR, 1 BA • Wood Floors • Fireplace



630 W. Glenn Dr. \$520,000  
3 BR, 3 BA • 2843 SF • Fireplace



Tom Bryant, GRI  
602-980-7712



Pat Martin, GRI  
602-432-2150

See all of our listings at  
**HistoricCentral.com**



Number 1 HomeSmart Team by Sales Volume 2013



**TAKING CARE OF BUSINESS**

# NOVA<sup>®</sup>

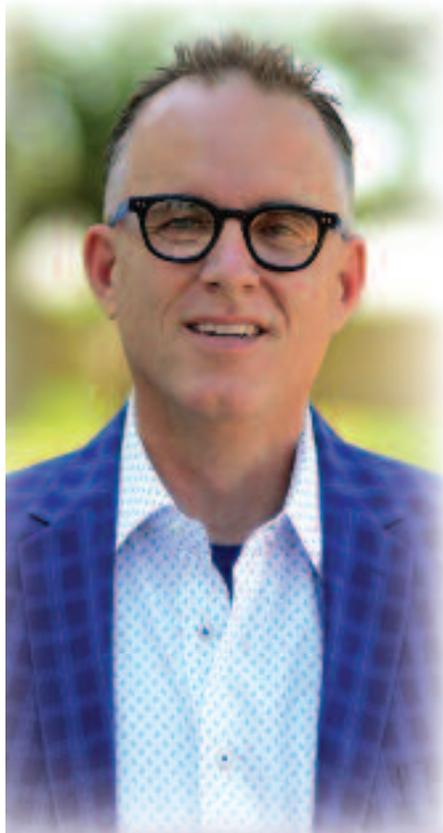
HOME LOANS

## HAPPY HOUR WITH HERSCH

If you have been a reader of this blurb you know music is something that is near and dear to my heart. Music so effectively communicates all emotions to me and is the perfect tonic no matter my mood. I thoroughly enjoy the process of discovering new songs and artists and sharing them with my family and friends. So with that, below is a list of ten songs that I have recently found and hope you enjoy, parental guidance is suggested.

1. I'm The Man To Be by El Vy
2. Pray For Rain by Pure Bathing Culture
3. Younger Us by Japandroids
4. Dopamine by DIIV
5. Baby Blue by Action Bronson
6. Moaning Lisa Smile by Wolf Alice
7. Alchemy by Mick Jenkins
8. Bad Art & Weirdo Ideas by Beach Slang
9. Cocoon by Catfish and the Bottlemen
10. Young & Unafraid by The Moth & The Flame

*If you have a mortgage need and would like to talk to someone who is willing to discover all the options that might benefit you, call me. I guarantee you will get the unique and individual service you deserve.*



## TRIVIA Contest

**What is my favorite song?**

*Hint: It was released in the 1980's.*

First to email me the correct answer will win a \$100 gift certificate to Zia Records.

**No Trivia Winner for Last Month**

*Last Month's Answer:  
Barry Goldwater*

## ERIC HERSCHÉDE

VICE PRESIDENT / BRANCH MANAGER

DIRECT: 602.689.2588

ERIC.HERSCHÉDE@NOVAHOMELoANS.COM

@ERICHERSCHEDE

FACEBOOK.COM/ERIC.HERSCHÉDE

[NOVAHOMELoANS.COM/ERIC.HERSCHÉDE](http://NOVAHOMELoANS.COM/ERIC.HERSCHÉDE)

2850 E. Camelback Rd., Suite 270 • Phoenix, Arizona 85016  
NMLS 211628 / BK 0902429 / NOVA NMLS 3087 / Equal Housing Opportunity



Rodrigue Wasanj, a 20-year-old refugee from the Democratic Republic of Congo who immigrated to Arizona in 2011, works as a cook at The Refuge Café, a social enterprise of Catholic Charities (photo courtesy of The Refuge).

## Giving hope, teaching job skills to refugees

By Tristan Ettleman

The Refuge, a cafe and social enterprise of Catholic Charities, has worked with refugees and at-risk youth as part of its youth development program for nearly a year, and general manager John Strawn says it's been mostly successful.

Strawn notes that the program, which has seen 16 participants since it began in December 2014, has had an 83 percent success rate. That success is measured against the goal of the vocational training, which is to obtain and maintain a job, Strawn points out.

Danielle Heyer, director of the Youth Development Program, explains the goal of finding a stable job is worked toward by developing cashiering, barista, baking, cooking, food handling, serving, budgeting, and interviewing skills. "Yes, we want to teach them job training skills, but we also want to make sure that they're stable," Heyer says.

Rodrigue Wasanj, a 20-year-old refugee from the Democratic Republic of Congo, was one of the first to be trained as part of the program, and has

found further passion for cooking through it.

Wasanj explains he started as a dishwasher, and his interest in cooking led him to be hired on as full-time cook at The Refuge upon completing the program. He says he started cooking when he was 18 as a means of helping out his sister and brothers, who he lives with in Phoenix.

The culture in the Congo, Wasanj notes, is different than America when it comes to spending money. The influence of European colonization, he explains, means people seem to focus on fashion and spending on clothes, and learning how to budget his money through the cafe's program was difficult "I'm just so proud of people teaching me and proud of myself," Wasanj says of the program.

Tial Fam, 20, is a refugee from Myanmar, and is one of the newest participants in The Refuge's vocational training program. Within three weeks of participating, Fam says she had learned how to make coffee, bake, and work a register.

Fam states that she is from Burma (rather than the current official name *please see REFUGE on page 30*



**Accepting  
Applications for  
TRIDENT SECURITY**



# **SECURITY OFFICERS**

**PROFESSIONALS NEEDED FOR POSITIONS AT HIGH RISE  
OFFICE BUILDINGS, GATED COMMUNITIES AND  
HEALTHCARE FACILITIES.**

## **WE OFFER**

- *Paid Vacation* • *Professional Posts*
  - *Affordable Health Insurance*
- \$9.50 TO \$12.50 PER HOUR**

**7740 N. 16th Street #125  
(16th Street South of Northern)  
Phoenix, AZ 85020**

**Accepting Applications  
Monday through Friday 9AM to 4PM  
& Saturday 10AM to 2PM**

**PLEASE  
APPLY  
IN PERSON**

**2085 South Cottonwood Dr.  
(East of Broadway/Loop 101 South  
side of street)  
Tempe, AZ 85282**

**Accepting Applications Monday through Friday 9AM to 4PM**

QUALIFIED CANDIDATES MUST HAVE A CLEAN CRIMINAL RECORD, HS DIPLOMA OR GED AND A VALID AZ  
GUARD LICENSE IS PREFERRED. LICENSE # 1003110.



## MY BUSINESS. MY CHAMBER.

“Goodwill of Central Arizona fills 43,000 local jobs each year. The vital relationships we make through the Greater Phoenix Chamber of Commerce help us connect job seekers and employers. Moving our economy forward is all in a day’s work for us both!”

### KIMBERLY HALL

Director of Community Experience,  
Goodwill of Central Arizona

### FOLLOW US ONLINE

 [facebook.com/phxchamber](https://facebook.com/phxchamber)

 [twitter.com/phxchamber](https://twitter.com/phxchamber)

 [phoenixchamber.com/linkedin](https://phoenixchamber.com/linkedin)

[www.phoenixchamber.com/join](http://www.phoenixchamber.com/join) | 602.495.2195

## TAKING CARE OF BUSINESS

### REFUGE *continued from page 28*

of Myanmar), which indicates the “government stuff” that led to her leaving the country. She says the economy there was suffering, making it hard to find a job, and there weren’t many freedoms afforded by the government.

“I just wanted to study and, you know, get a job,” Fam says, laughing, when explaining her reasons for coming to America and Arizona five years ago. Right now, she attends Grand Canyon University, and says she wants to work in accounting and business.

The Refuge opened nearly two years ago as a means of providing income to fund Catholic Charities programs, Strawn says, but the vocational training is distinctly a part of the cafe itself. As such, the program has received funding from Starbucks, the Executive Council Charities, and the Bank of San Francisco.

The Refuge is located at 4727 N. 7th Ave. For more information, visit [www.therefugeaz.com](http://www.therefugeaz.com).

*Editor’s note: Tristan Ettleman is a student at the Walter Cronkite School of Journalism and Mass Communication.*

## Business Briefs

### IMPACT Awards features new nonprofit category

The Greater Phoenix Chamber of Commerce (GPCC) seeks nominations for its 2016 IMPACT Awards, which honor the accomplishments of outstanding Valley businesses and the positive impact they’ve made on the Greater Phoenix business community.

Nominations—which can come from anyone in the community—are open from now until Jan. 8, 2016, and can be submitted through the chamber’s website at [www.phoenixchamber.com/impact](http://www.phoenixchamber.com/impact). Two businesses, one with fewer than 250 employees and one with 250 or more employees, will be honored in each of the four categories: Community Champion, Economic Driver, Entrepreneurial Excellence and Response to Adversity. An IMPACT Business of the Year will also be selected from among the four category recipients in each business sector and will be announced at the 29th Annual IMPACT Awards Luncheon on May 18, 2016.

The IMPACTful Nonprofit Award is a new category this year and is open to 501(c)3 nonprofit organizations. Nominate a nonprofit organization for the inaugural IMPACTful Award at [phoenixchamber.com/IMPACTful](http://phoenixchamber.com/IMPACTful). For more information, contact Janelle Tassart at 602-495-6480 or [jtasart@phoenixchamber.com](mailto:jtasart@phoenixchamber.com).

### Program finds work for disabled people

The Federal Home Loan Bank of San Francisco (FHLBank) has given a \$35,000 grant to Beacon Group to expand employment opportunities for people with disabilities in Phoenix.

Beacon Group is a local nonprofit organization that has been providing training and employment for people with disabilities in Tucson and Phoenix since 1952. The grant was one of only five Access to Housing and Economic Assistance for Development (AHEAD) Program grants awarded in Arizona by the FHLBank in 2015. Beacon’s request was sponsored by Wells Fargo Financial National Bank, which is a Member of the FHLBank.

The Beacon expansion project will specifically approach local businesses in Phoenix to hire Beacon crews to perform on-site work such as custodial, clerical, warehouse work and landscaping. This gives people with disabilities a

# HOLIDAY GIFT CERTIFICATES

## 1 on 1 Personal Training / Weight Loss Programs

# The PERFECT GIFT

for someone you LOVE!



Check Out Our New Mobile Friendly Website  
[30minuteworkout.com](http://30minuteworkout.com)



# MAJOR LEAGUE

## CONDITIONING CENTERS

### 602-230-8581



We’re the home of *The Original 30-Minute Workout*  
For more information visit us at [www.30minuteworkout.com](http://www.30minuteworkout.com)  
NW Corner of 7th Street & Rose Lane

## TAKING CARE OF BUSINESS

critical hands-on training in the real world of work that, hopefully, gives them the experience, confidence and opportunity to be able to work in full-time regular employment. Overall, people with disabilities face a crushing 70 percent unemployment rate.

Businesses interested in talking about becoming a community worksite are encouraged to contact the Beacon office in Phoenix at 602-685-9703.

### The Clothierie hosts two trunk shows

The iconic men's fashion boutique, The Clothierie, will host two trunk shows this month featuring top national and international designers Robert Comstock and Alberto.

Presented inside The Clothierie's storefront at Biltmore Fashion Park, guests will have a chance to mix and mingle while perusing an exclusive selection of each designer's latest styles, including rare and exclusive selections, color swatches and more.

Robert Comstock will make an in-store appearance during his trunk show, set for 10 a.m.-6 p.m. Friday, Dec. 4. Then the latest trousers and jeans from Alberto will be featured 10 a.m.-6 p.m. Saturday, Dec. 12.

The Clothierie, 2502 E. Camelback Rd., #169, recently rolled out a revitalized look, all-new website and expanded lineup of the finest European and American fashions. For more information, call 602-956-8600 or visit [www.theclothierie.com](http://www.theclothierie.com).

### Peter Ryan joins optometry center

Peter T. Ryan, O.D., has joined the Phoenix-area practice of Valley Eyecare Center. Ryan will see patients at both

office locations: 1111 E. Northern Ave. Ste. B, and 3050 N. 44th St.

Ryan has served patients in the Valley for more than 17 years. Valley Eyecare Center provides eye care for all ages with a long-term commitment to provide the latest technology available and comprehensive eye care for the well-being of its patients.

Ryan completed his training at the Illinois College of Optometry in 1986 and then started his own practice. He also spent 10 years as a staff member at the Cook County Hospital System, the University of Chicago and Humana Health Care. In 1998, the Phoenix weather tempted Ryan to continue his optometric practice and retinal research in Arizona.

For more information, visit [www.valleyeyecareaz.com](http://www.valleyeyecareaz.com)

### Watson promoted to executive chef

Robert Watson has been promoted to executive chef at Steak 44, 5101 N. 44th St.

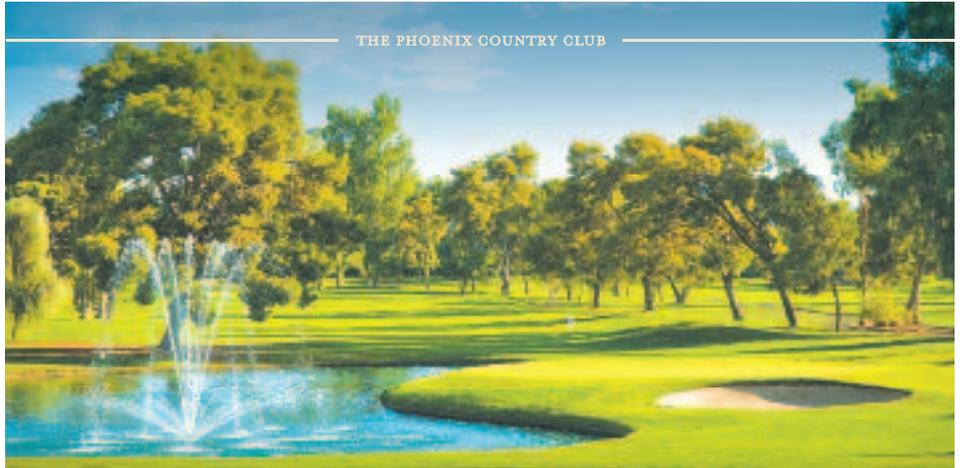
Watson, who has had a passion for fine cuisine from a young age, started as a chef's apprentice in Philadelphia and worked his way up to executive chef at his first job and from there, landed similar roles in Seattle.

After settling in Arizona 12 years ago, Watson worked at several of the Valley's finest country clubs. He later joined the Mastro family as a sous chef at Dominick's Steakhouse before moving over to sister eatery, Steak 44.

Steak 44 has seafood flown in daily and all of the beef is cut in-house by the Steak 44 Master Butcher.

Visit [www.steak44.com](http://www.steak44.com) for more information or call 602-271-4400 to make a reservation.

THE PHOENIX COUNTRY CLUB



PLAY 18 HOLES WHEN YOU WANT TO PLAY.



NO TEE TIME REQUIRED      FAMILIAR FACES

PROGRAMS FOR ALL AGES      LOCATED IN THE HEART OF PHOENIX

LOCATED IN THE HEART OF CENTRAL PHOENIX, PHOENIX COUNTRY CLUB IS THE ONLY PRIVATE GOLF COURSE OF ITS KIND THAT DOES NOT REQUIRE TEE TIMES. BRING YOUR BEST GAME. WE PROVIDE FAMILY GOLF PROGRAMS FOR ALL AGES AND SKILL LEVELS.

HERE, OUR STAFF MAKE EVERY VISIT FEEL LIKE COMING HOME, AND OUR MEMBERS WELCOME ONE ANOTHER LIKE FAMILY.

THIS BEAUTIFUL REFUGE FROM THE EVERYDAY IS A SPECTACULAR MEMBERSHIP VALUE.

PHOENIX COUNTRY CLUB IS A PRIVATE CLUB. MEMBERSHIP IS ACCEPTED THROUGH SPONSORSHIP BY CURRENT MEMBERS. PLEASE CONTACT MARY GRASS TO INQUIRE ABOUT INTRODUCTIONS AND MEMBERSHIP.

FOR MORE INFORMATION: [PHOENIXCOUNTRYCLUB.COM](http://PHOENIXCOUNTRYCLUB.COM)  
602.636.9823 or [mgrass@phoenixcountryclub.com](mailto:mgrass@phoenixcountryclub.com)



PHOENIX COUNTRY CLUB

SEVENTH STREET & THOMAS ROAD



## The Osselaer Company

Long established fifty year old property management company looking for part time employees to become portfolio managers.

Ideal candidates who after training can work from home.

A caring environment of individuals who work as advocates of their communities.

Excellent communication skills, attention to detail and a desire to improve each community.

Perfect position for individuals who work productively with others as well as independently.

Reliable transportation needed.

Please contact Mel Kuppinger via email at:

[Mel@osselaer.com](mailto:Mel@osselaer.com)

602-277-4418



**Bobby Lieb**  
Associate Broker

602-376-1341 mobile  
E Mail: bobby@centralphx.com

**Bobby Lieb's  
Honors and Awards**

**HomeSmart Hall of Fame**  
2014 Award  
First Inductee

**HomeSmart's #1  
Top Performing Agent  
2011 through 2014**  
by volume and units sold  
out of 7,300 agents worldwide

**HomeSmart's  
Diamond Club  
2011 through 2014**

**Top Selling Agent  
in North Central**  
for the 15th year in a row

Ranked  
**#1 Agent in Maricopa County**  
by the *Phoenix Business Journal*  
for total dollar volume  
closed in 2014

Ranked  
**#3 Agent in Arizona**  
and  
**#85 Agent in the country**  
by *Real Trends Magazine*  
for sales in 2014

Winner  
**Double Diamond Award**  
**2003 through 2010**

Winner  
**Diamond Club**  
**1999 through 2002**

**Kathy Wright**  
Licensed Assistant  
**100% CLUB  
Award Winner**  
**2001 – 2010**  
**Diamond Award Winner**  
**2012, 2013, 2014**

# Bobby Lieb

Associate Broker



**Your North Central and Biltmore Specialist**

**602-761-4646**

View our listings at [www.centralphx.com](http://www.centralphx.com) and [www.biltmoreazagent.com](http://www.biltmoreazagent.com)

## Current Listings/Escrows

(North Central homes in bold)

6019 N. 20th St. ....	<b>JUST LISTED</b>	9228 SF	6BR/6.5BA	\$2,150,000
6019 N. Central Ave. ....	<b>NEW PRICE</b>	7472 SF	7BR/7.5BA	\$2,150,000
9202 N. 52nd St. ....	<b>JUST LISTED</b>	7237 SF	6BR/5.5BA	\$1,995,000
6012 N. Central Ave. ....	<b>JUST LISTED</b>	3823 SF	4BR/3BA	\$1,875,000
4346 N. 40th St. ....	<b>NEW PRICE</b>	5449 SF	6BR/5.5BA	\$1,850,000
5600 N. 4th St. ....	<b>NEW PRICE</b>	5731 SF	6BR/6BA	\$1,550,000
35 E. Myrtle Ave. ....		5150 SF	4BR/5BA	\$1,475,000
25 E. Myrtle Ave. ....		5054 SF	4BR/5BA	\$1,449,000
7602 N. Central Ave. ....		4064 SF	4BR/3.5BA	\$1,025,000
10 W. Vista Ave. ....	<b>NEW PRICE</b>	5464 SF	5BR/5.5BA	\$ 925,000
8513 N. 13th Ave. ....	<b>NEW PRICE</b>	4052 SF	3BR/3BA	\$ 895,000
7539 N. 21st Pl. ....	<b>IN ESCROW</b>	3138 SF	3BR/2.5BA	\$ 874,900
5120 N. 34th Pl. ....		3386 SF	5BR/5.5BA	\$ 849,000
1819 E. Palmyra Ave. ....	<b>JUST LISTED</b>	3415 SF	4BR/3.5BA	\$ 839,900
5718 N. 24th St. ....	<b>JUST LISTED</b>	3766 SF	5BR/4.5BA	\$ 825,000
15223 N. 12th St. ....	<b>IN ESCROW</b>	5568 SF	5BR/6.5BA	\$ 799,000
105 E. Lamar Rd. ....	<b>JUST LISTED</b>	4200 SF	5BR/5BA	\$ 775,000
320 E. Maryland Ave. ....		3882 SF	5BR/3BA	\$ 750,000
209 E Myrtle Ave. ....	<b>NEW PRICE</b>	3500 SF	4BR/3.5BA	\$ 725,000
7642 N. 7th Ave. ....	<b>NEW PRICE</b>	3641 SF	5BR/4BA	\$ 699,900
13227 N. Joan D Arc Ave. ....	<b>NEW PRICE</b>	4123 SF	4BR3BA	\$ 699,500
550 W. Las Palmaritas ....	<b>IN ESCROW</b>	2935 SF	4BR/3BA	\$ 675,000
3800 E. Lincoln Dr. #41 ....		2824 SF	3BR/3BA	\$ 665,000
77 E. Missouri Ave. #74 ....	<b>JUST LISTED</b>	3184 SF	3BR/2.5BA	\$ 640,000
600 W. Las Palmaritas ....	<b>JUST LISTED</b>	2935 SF	4BR/3BA	\$ 625,000
6501 N. Central Ave. ....		3041 SF	3BR/3BA	\$ 599,000
131 W. San Juan Ave. ....	<b>NEW PRICE</b>	2275 SF	4BR/3BA	\$ 589,000
919 E. Kaler Dr. ....	<b>NEW PRICE</b>	2822 SF	3BR/2.5BA	\$ 579,900
4613 N. 31st St. ....	<b>NEW PRICE</b>	2148 SF	3BR/3BA	\$ 525,000
6520 N. Central Ave. ....	<b>NEW PRICE</b>	2079 SF	3BR/2BA	\$ 475,000
1125 E. Ocotillo Rd. ....	<b>NEW PRICE</b>	2457 SF	4BR/3BA	\$ 470,000
7915 N. 16th Dr. ....	<b>IN ESCROW</b>	2483 SF	3BR/3.5BA	\$ 449,000
7920 N. 16th Dr. ....	<b>IN ESCROW</b>	2483 SF	3BR/3.5BA	\$ 449,900
125 W. Las Palmaritas ....		2542 SF	5BR/3BA	\$ 459,000
7319 N. 6th Pl. ....	<b>IN ESCROW</b>	2560 SF	3BR/2BA	\$ 440,000
6845 N. 3rd. Pl. ....	<b>NEW PRICE</b>	2400 SF	3BR/2BA	\$ 409,900
4240 N. 20th St. ....		1254 SF	2BR/1BA	\$ 399,900
717 E. Palmyra Ave. ....	<b>JUST LISTED</b>	2150SF	4BR/2BA	\$ 399,500
1307 W. Rose Ln. ....	<b>IN ESCROW</b>	2790 SF	4BR/2BA	\$ 375,000
550 W. Maryland Ave. #114 ...	<b>JUST LISTED</b>	1315 SF	2BR/2BA	\$ 265,000
550 W. Maryland Ave. #136 ...	<b>JUST LISTED</b>	1323 SF	2BR/2.5BA	\$ 250,000
550 W. Maryland Ave. #104 ...	<b>JUST LISTED</b>	1323 SF	2BR/2.5BA	\$ 250,000
550 W. Maryland Ave. #106 ...	<b>JUST LISTED</b>	1323 SF	2BR/2.5BA	\$ 250,000
550 W. Maryland Ave. #110 ...	<b>JUST LISTED</b>	1323 SF	2BR/2.5BA	\$ 250,000
550 W. Maryland Ave. #130 ...	<b>JUST LISTED</b>	1323 SF	2BR/2.5BA	\$ 250,000
3010 E. Corrine Dr. ....		1620 SF	4BR/2BA	\$ 209,000
10004 N. 1st Dr. #10 ....	<b>IN ESCROW</b>	LOT		\$ 169,900
1756 E. Leslie Ave. ....	<b>IN ESCROW</b>	1526 SF	3BR/2BA	\$ 139,900

[www.centralphx.com](http://www.centralphx.com) ■ [www.biltmoreazagent.com](http://www.biltmoreazagent.com)  

# Bobby Lieb

Associate Broker

## Featured Homes for December



**36 NORTH CENTRAL TOWNHOMES!**

550 W. Maryland Ave. ■ Two floorplans to chose from!  
 1315 SF ■ 2 Master Bedrooms, 2 Baths + loft ■ \$265,000  
 1323 SF ■ 2 Master Bedrooms, 2.5 Baths ■ \$250,000



**NEW PRICE**

131 W. San Juan Ave. ■ \$589,000



**NEW PRICE**

7642 N. 7th Ave. ■ \$699,900



**NEW PRICE**

209 E. Myrtle Ave. ■ \$725,000



**NEW PRICE**

13227 N. Joan D Arc ■ \$699,500



**NEW PRICE**

919 E. Kaler Dr. ■ \$579,900

**98 Homes SOLD in 2015 and 12 properties currently in escrow**  
 Call **602-761-4646** today for a complimentary marketing consultation!

### SOLD Homes 2015

4909 N. 45th Pl.	\$2,240,000	5302 N. 6th St.	\$ 610,000	7911 N. 16th Dr.	\$ 449,000	9409 N. 17th Way.	\$ 340,000	2333 E. Montecito Ave.	\$ 270,000	6542 N. 5th Ave.	\$ 183,000
6035 N. Central Ave.	\$2,200,000	6316 N. 7th Ave.	\$ 608,000	4427 E. Montecito	\$ 438,500	6159 N. 9th Ave.	\$ 340,000	1523 E. Hatcher	\$ 265,000	1102 W. Peoria Ave. #12	\$ 182,000
7110 N. Central Ave.	\$2,050,000	6833 N. Central Ave.	\$ 607,000	3845 E. Glenrosa Ave.	\$ 428,000	18 W. Medlock Dr.	\$ 325,000	926 E. Vermont Ave.	\$ 265,000	7004 N. 11th Way	\$ 180,000
4101 N. 65th St.	\$1,595,000	7032 N. 2nd Ave.	\$ 580,000	110 E. Lamar Rd.	\$ 420,000	328 E. Rose Ln.	\$ 325,000	1313 W. Rose Ln.	\$ 262,500	1237 W. Vista Ave.	\$ 179,900
334 E. Glenn	\$1,163,250	331 E. Tuckey Ln.	\$ 577,500	7145 N. 11th Pl.	\$ 418,000	717 E. Harmont Dr.	\$ 323,000	1690 W. Venus Way	\$ 258,000	1237 E. Vista Ave.	\$ 179,900
229 W. Vista Ave.	\$ 985,000	9139 N. 82nd St.	\$ 575,000	909 E. Kaler Dr.	\$ 413,500	77 E. Missouri Ave. #41	\$ 320,000	5508 N. 5th Ln.	\$ 255,000	6047 N. 9th Ave.	\$ 165,000
7339 N. 2nd Dr.	\$ 845,000	109 E. Tuckey Ln.	\$ 570,000	219 E. Winter Dr.	\$ 401,000	6621 N. 10th Pl.	\$ 315,000	902 E. Rovey Ave.	\$ 255,000	2725 S. Azalea Dr.	\$ 158,000
936 W. Why Worry Ln.	\$ 810,000	5710 N. 10th Ave.	\$ 565,000	1250 W. Solano Dr.	\$ 395,000	1502 E. Berridge Ln.	\$ 315,000	4043 E. Gail Ct.	\$ 250,000	750 E. Northern Ave. #1141	\$ 155,000
2732 E. Friess Dr.	\$ 755,000	77 E. Missouri Ave. #45	\$ 542,500	739 E. Palmyra Ave.	\$ 387,500	8726 E. Monerety	\$ 305,000	1410 E. Verlea Dr.	\$ 245,000	3023 E. Palm Ln.	\$ 129,900
14838 N. 15th Ave.	\$ 740,000	7619 N. 11th St.	\$ 520,000	131 W. San Juan Ave.	\$ 379,000	323 E. Pierson St.	\$ 305,000	514 W. Townley Ave.	\$ 240,000	25700 N. 16th Ave.	\$ 120,000
41 W. Marlette Ave.	\$ 700,000	5523 N. 2nd St.	\$ 515,000	11109 E. Mercer Ln.	\$ 366,000	310 W. Oregon Ave.	\$ 300,000	1133 E. Gardenia	\$ 240,000	207 W. Clarendon 5A	\$ 104,000
405 E. Montebello Ave.	\$ 695,000	201 W. Palmyra	\$ 489,250	7533 N. 8th St.	\$ 365,000	130 E. El Caminito	\$ 300,000	846 E. Lamar Rd.	\$ 237,100	4131 E. Camelback Rd. #29	\$ 103,000
1117 W. Tuckey	\$ 690,000	6310 N. 7th Ave.	\$ 484,500	6317 N. 10th Pl.	\$ 365,000	1641 E. Aurelius Ave.	\$ 295,000	6529 N. 10th Pl.	\$ 230,000	1145 E. Orangewood Ave.	\$ 65,000
1515 W. Lewis	\$ 650,000	40 E. Lawrence	\$ 480,000	7755 N. 7th Ave.	\$ 360,000	507 W. Campbell	\$ 295,000	6508 N. 10th Pl.	\$ 221,500		
5801 N. 22nd Pl.	\$ 650,000	8 Biltmore Estates #102	\$ 475,000	1113 W. Stella Ln.	\$ 358,500	6640 N. Chatelaine Pl.	\$ 292,000	7339 N. 11th Pl.	\$ 217,500		
6309 N. 4th Dr.	\$ 630,000	1818 E. Palmyra Ave.	\$ 465,000	307 W. Herro Ln.	\$ 347,000	104 E. Echo Ln.	\$ 287,500	8150 N. Central Ave. #15	\$ 198,500		
7601 N. Central Ave. #31	\$ 625,000	7919 N. 16th Dr.	\$ 463,500	2735 S. Kenneth Pn.	\$ 344,000	6337 N. 14th St.	\$ 285,000	3850 E. Crocus Dr.	\$ 185,000		

For all your escrow and title insurance needs, contact



**WFG National Title Company**  
 a Williston Financial Group company

Kathy Zobel, AVP/Branch Manager

5225 N. Central Ave. Suite 100

Phoenix Arizona 85012

602-910-5679 • kzobel@wfnationaltitle.com

arizona.wfnationaltitle.com/location/north-central-branch/



**NORTH MOUNTAIN**  
**Cardio Health**  
**& Fitness**

## THE SEASON OF PLENTY

**Winter** (noun) - from Proto-Germanic *wintruz*, Old Norse *vetr*; probably literally "the wet season". On another old guess, cognate with Gaulish *vindo-*, Old Irish "white."

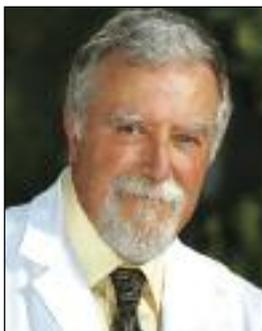
- from the *Online Etymology Dictionary*

The season of wet, dark, and cold – it's not surprising that in northern latitudes, this time of year also contains a cluster of holidays that focus on gathering together with family and friends in a setting of warmth, light and plenty to eat and drink. As far as we can tell, throughout human history, holidays (Old English *haligdæg* - *halig* "holy" + *dæg* "day") have been associated with food. For most people, the feudal society of medieval Europe meant surviving in a subsistence economy. Religious "feast days" literally offered the rare opportunity to eat all you wanted for a change.

For many, hunger is still a problem today, but for others of us, the concern is that of having too much of a good thing in November and December. All that sharing seems to like to settle around our midribs and outstay its welcome. So you'll be happy to hear that a study in the *New England Journal of Medicine* reports that the average holiday weight gain in adults is only about one pound. The bad news? It turns out that people don't tend to lose that extra pound over the next year. In fact, many will pick up an additional half-pound. The National Health and Nutrition Examination Survey found that, perhaps as a result, men and women typically increase their weight over 10 years by 3.4% and 5.2%, respectively. In addition, while 25% of people report being more active during the holidays, 25% don't increase their physical activity and 50% are actually less active. Too much holiday relaxation can further contribute to a seasonal weight gain.

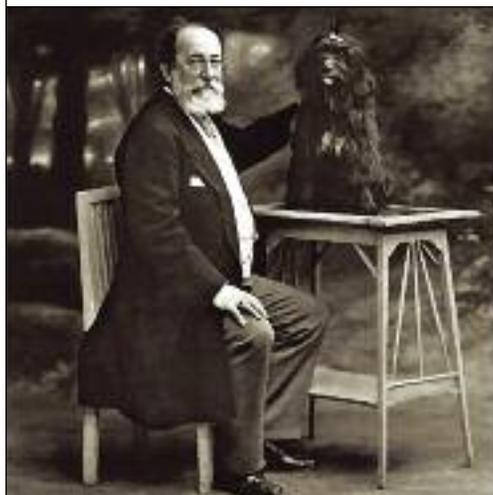
Personally, I think this is all good news. Despite what we may hear, putting on five to 10 pounds in December is not the norm for most people. This means that I don't have to proffer any of those dreary and decidedly unfestive pronouncements about the need to show perpetual restraint at holiday gatherings. That's fine with me. After all, "If you find yourself having a good time, stop whatever it is you're doing," is not a sentiment I plan to send as my season's greeting.

A better plan is to review our eating plans and physical activity schedule now, and then simply enjoy our holidays without worry or guilt. A relatively minor correction made over the following 10 months can prevent any festivity-related weight gain from becoming permanent. As you might guess, at North Mountain Cardio we've done a lot of thinking about how we can all do this, because we ourselves are a fairly festive bunch. And we have the results to show you what can work.



If you'd like to learn more, stop by at North Mountain Cardio, 9812 N. 7th Street, or give us a call at 602-714-6783. And take a look at [www.northmountaincardio.com](http://www.northmountaincardio.com) or <https://www.facebook.com/northmountaincardio>.

**Happy Holidays!**  
**John Sutherland MD**



### Big dog Fitness

Personal Training  
Physical Fitness

**Edwardo Gonzalez**  
ISSA Certified Fitness Trainer

[edward@northmountaincardio.com](mailto:edward@northmountaincardio.com)  
602-714-6783

**NORTH MOUNTAIN Cardio**  
9812 N. 7th Street, Phoenix, AZ 85020



### HEALTHY LIVING

## Health Briefs

### Cancer support group hosts Holiday Mingle

The monthly Cancer Support lecture series changes things up in December with a festive Holiday Mingle, 6-7:30 p.m. Thursday, Dec. 17 at Bink's Midtown, 2320 E. Osborn Road.

Cancer patients, families and community members dealing with all types of cancers are invited to attend. Guest presenter Colleen Forgas, a certified nutritional therapist and chef, will discuss "Nutrition – Before, During and After Cancer Diagnosis."

Complimentary refreshments will be served and free valet parking is available. Space is limited; to register, contact Terry Ratner at 602-527-3776 or [info@terryratner.com](mailto:info@terryratner.com).

For more information about the Michael Ratner Memorial Community Cancer Support Association, visit [www.mrmcancersupport.com](http://www.mrmcancersupport.com).

### Local author's DIY for skincare repair

Sunnyslope resident Deborah Tosline loves hiking in the North Mountain Preserves. But she knows better than most how damaging Phoenix's climate can be on exposed skin.

Tosline recently published "Skin Remodeling DIY: An Introduction to the Underground World of Do-It-Yourself Skin Care" (\$14.49, [Amazon.com](http://Amazon.com)) summarizing little-known skin care practices that are supported by science and are popular with Internet skincare enthusiasts. "Skin Remodeling DIY" navigates the reader through new trends in skincare including use of DIY cosmetic dermatology and anti-aging cosmeceutical ingredients that make noticeable improvements in skin quality.

Tosline explains her book describes and illustrates techniques that can effectively remodel the structure of the skin to improve the skin's appearance. These techniques can refine pores, reduce puffiness, minimize fine lines, reduce hyperpigmentation, increase

collagen, smooth the skin surface and promote glowing skin. The book includes scientific references, internet resources for skin care forums, tools and ingredients; recipes for serums that combat hyperpigmentation and free radicals; and lifestyle recommendations that support healthy skin.

Tosline has Bachelor of Science degrees in geology and ecology; her approach to skincare is based on that scientific background and a love of research. She has studied and practiced DIY skincare for three decades integrating skin remodeling into a lifelong healthy lifestyle.

The book also is available in Kindle, Nook and iTunes formats. For more information, visit [www.skinremodelingdiy.com](http://www.skinremodelingdiy.com).

### Start the New Year with a healthy challenge

Kinesphere Center for Movement Education helps you start the New Year right with a Movement Challenge, Jan. 18 to March 12, 2016.

Enroll between Jan. 4-18 and save more than 20 percent on eight weeks of Unlimited Group Classes, three Private sessions, two free months of our Online Self-Care Library and discounts on select workshops.

The Challenge also will include two Group Life Coaching sessions with Dawn Ryan of Vibrant Living, LLC. Cost for the entire Challenge package is \$395.

You also can give the gift of health—gift certificates are available in time for the holidays.

Kinesphere Center for Movement Education is located at 711 E. Missouri Ave., Suite 180. Call 602-532-3111 or email [info@kinesphere-studio.com](mailto:info@kinesphere-studio.com) to register.

### Those with heart conditions gather

The Valley of the Sun Mended Hearts support group, sponsored by John C. Lincoln Hospitals, invites the public to an evening of support and education for individuals with heart conditions including heart failure, atrial fibrillation, valve replacements, etc.

The support group meets 6:30-8 p.m. Thursday, Dec. 3 in Barb's Conference Room at the Cowden



Deborah Tosline

**HEALTHY LIVING**

Center, Center 9202 N. 2nd St. The group is free and open to the public.

For more information, visit <http://HonorHealth.com/events> or call 602-870-6368.

**Integrating Western, Indigenous influences**

The Kenosis Spirit Keepers Series presents a two-day event at the North Mountain Visitors Center, 12950 N. 7th St., on Dec. 4-5. Presenters are Eli PaintedCrow and Carla Woody.

The two women share examples from their own lives of integrating Indigenous and Western influences during “Re-Membering the Path,” 7-8:30 p.m. Friday. Woody also will introduce the Re-Membering Process, a model she developed identifying phases of spiritual evolution.

“Spirit Keepers Circle: From Two Worlds to One Reality,” will take place 10:30 a.m.-3 p.m. on Saturday. The circle offers ways to integrate Indigenous sacred values and Western influences to experience daily living from a state of wholeness—rather than compartmentalization or disconnec-

tion. Using the Medicine Wheel, Re-Membering Process and experiential processes, participants are encouraged to uncover where they currently are in their journey, where they want to be, and discover how to align daily life through spiritual intent.

Eli PaintedCrow is a Wisdom Keeper, Iraq War veteran, peace activist and founder of Turtle Women Rising. She is committed to strategies that bring healing to the planet and its inhabitants with the knowledge inherited from her ancestors.

Carla Woody is an author, artist and spiritual mentor. In 1999, Carla established Kenosis LLC to support human potential through spiritual travel journeys with Indigenous leaders.

Suggested donations are \$10 for Friday night and \$50 for Saturday. However, no one turned away for lack of funds. Advance registration is required; call 928-778-1058 or email [info@KenosisSpiritKeepers.org](mailto:info@KenosisSpiritKeepers.org).

**For your local advertising needs, call North Central News at 602-277-2742**

**You didn't plan on cancer. Fortunately, we did.**

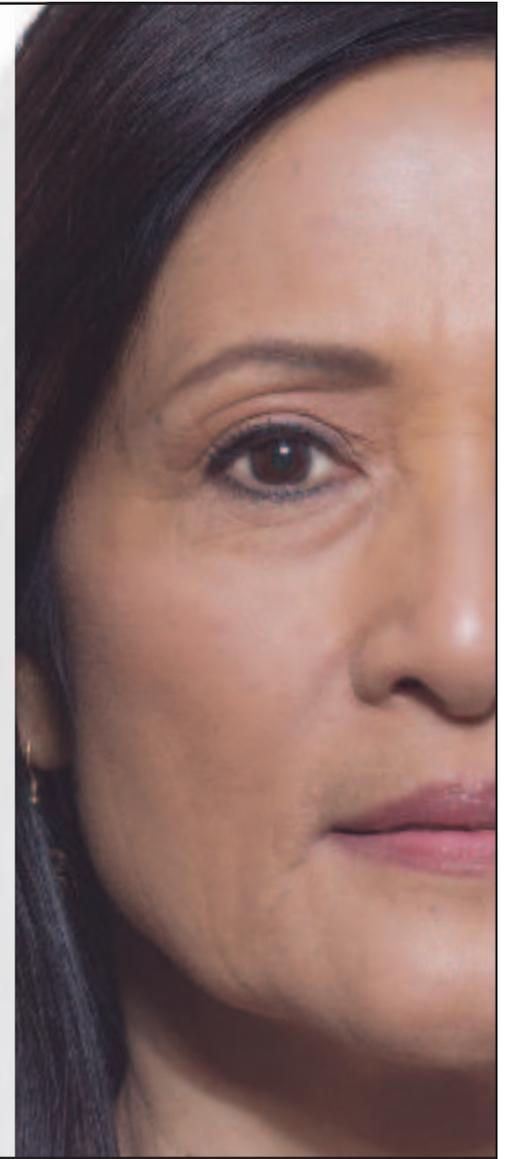
At HonorHealth's Virginia G. Piper Cancer Center, we take cancer personally. Your care team works alongside scientific researchers to create a highly personalized, targeted, cancer treatment plan just for you.

It's all part of our plan to make healthy personal.

**HONORHEALTH™**

[HonorHealth.com/cancer](http://HonorHealth.com/cancer)  
480-323-1339

Scottsdale Healthcare and John C. Lincoln Health Network have merged and are now HonorHealth. We're still your locally owned, non-profit, healthcare partner.



Lisa M. Butler, D.M.D.

**NATURAL BIOLOGICAL DENTISTRY**  
**602-956-4807**

**INTEGRATIVE DENTAL ASSOCIATES**

**4202 N. 32nd St., Suite A | Phoenix, AZ 85018**

**[IntegrativeDentalAZ@gmail.com](mailto:IntegrativeDentalAZ@gmail.com) | [IntegrativeDental.com](http://IntegrativeDental.com)**



Jason Jones, D.M.D.

**Is your child a mouth breather? Does your child snore?**

*Mouth breathing can cause a child's face to grow vertically instead of the more balanced horizontally. Different types of treatment can straighten teeth but several pull the teeth back instead of expanding the arches. Often times, treatment includes extraction of teeth to make room for their straightening which creates even less room.*

**BENEFITS OF PROPER EXPANSION CAN INCLUDE:**

- Optimal facial growth
- Reduces the risk of ear infections
- No need for extractions with braces
- Less time in braces
- Proper airway development
- Reduces the risk of a recessed chin
- Proper tongue and cheek balance
- Reduces the risk of headaches
- Reduces TMJ issues
- Reduces the risk of sleep apnea

**Mouth breathing is not healthy and can negatively affect the entire body. Correcting airway issues is vital to overall health and development.**



SCHOOL DAYS



Caleb Camp, 3, a student at Cross Roads Preschool and Kindergarten, shows off some of his family's recyclables that are being brought in to the new recycling collection bins at the school (photo courtesy of Melisa Camp).

### Preschoolers learn the benefits of recycling

Cross Roads Preschool and Kindergarten was awarded one of eight Green Apple Grants from the U.S. Green Building Council Arizona Chapter, which was used to begin a community recycling program at the school. The grant request was written by parent Melisa Camp.

The purpose of the grant is to create a recycling program to divert garbage from landfills and teach young students how to recycle their trash from the classroom, home, and their lunches.

“By making recycling habitual in all of our classrooms, these children, aged 2 to 6, can learn to consciously make choices regarding trash, which can have a life-long impact that will reach far-beyond their first school experience,” Camp explains.

As of November, Cross Roads has begun collecting items such as drink pouches like Capri Sun and Honest Kids, aluminum-lined bar wrappers, food pouches such as apple sauce and baby food pouches (with lids), and broken or unwanted crayons. During the first two weeks of the program the school had diverted more than 400 items from the landfill and several pounds of crayons.

The grant money was used to purchase labeled recycling bins for each classroom. “Our curriculum will address taking care of the environment

and the students will learn about where trash goes and how it can be used to make new things,” Camp says.

The drink pouches, aluminum wrappers and food pouches will help earn money for the school through Terracycle, which provides free waste collection programs for hard-to-recycle materials. Those materials are then turned into affordable green products.

“The profitability will depend on the amount of waste recycled,” Camp points out. “Terracycle will pay for the shipping label and we plan to send it in used cardboard boxes donated by parents or staff.” Any money earned will be used to keep the recycling program going and expanding in the future.

Each waste collection category is referred to as a “brigade.” “Our school will join more brigades with Terracycle as they become available,” Camp says. “We are currently on the waitlist for the writing instrument and lunchable brigades.” The Terracycle brigades are sponsored by certain companies, however items collected do not need to be brand specific.

The Crayon recycling program is through a company called Crazy Crayons. “We collect broken or unwanted crayons in each of the classrooms, then pay to ship them to Crazy Crayons in Minnesota to be recycled into new crayons,” Camp explains. “Our goal is to educate students, parents, and staff that 60 tons of crayons are made daily with petroleum based

# BILTMORE PREPARATORY ACADEMY



## Kindergarten Information Session

February 3, 2016 at 6:00 pm

*A bilingual education is the best investment parents can make for their children. A gift without price, for which children as adults will be forever thankful.*

- Established Foreign Language Immersion and International Exchange Programs
- Kindergarten through Eighth Grade Public School
- Accelerated academic curriculum includes Music, Art, P.E., and Technology
- Focus on Public Speaking, Critical Thinking and Character Development
- Wide variety of after school athletics & enrichment activities
- On-site Spanish Immersion Preschool & Aftercare



4601 N. 34TH ST. • 602.381.6160

[BILTMOREPREPTO.ORG](http://BILTMOREPREPTO.ORG)

CREIGHTON SCHOOL DISTRICT – EDUCATING CHILDREN SINCE 1884



## Support Glendale Union High School District students with a tax credit donation today!

AZ Dept. of Revenue allows a state income tax credit of up to \$400 for fees contributed by a taxpayer to a public school for the support of extracurricular activities.

Your contribution can help students in:

- Arts
- Athletics
- Student Council
- National Honor Society
- Culinary Arts
- .... and more!



For more information call 623-435-6000 or email [Lou.Wiegand@guhdsd.org](mailto:Lou.Wiegand@guhdsd.org)



#WeAreGUHSD

**SCHOOL DAYS**



This year's recipients of Sunnyslope High School's Achievement Above All awards included (from left): counselor Johnny Frias, technology assistant Greg Fain, student Brent Wallace and volunteer Deanna Lightowler. The awards were presented Nov. 4 (submitted photos).

wax that eventually ends up in our landfills when they don't have to. "We want to teach our students to be problem solvers while taking care of our Earth," Camp says. "Recycling should be something we do without thinking about it and by teaching children from when they are small we can accomplish this goal."

All residents in the North Central area that use any of these types of products are encouraged to save them and bring them in to the school office, located at 7901 N. Central Ave., on Thursdays between 9 a.m. and 1 p.m. For more information, call Melisa Camp 480-703-3202 or [mcamp@hsmove.com](mailto:mcamp@hsmove.com).

courses. He aspires to be an electrical engineer and has applied to eight different colleges to pursue his dream.

Gardening Club was named the student group of the year award. The Gardening Club's mission is to increase student awareness of sustainability, to learn about companion planting, cultivating and harvesting. It also strives to increase awareness of the ability to garden at home and eat healthy foods, to assist in beautifying the school campus and to learn effective and constructive aspects of teamwork and team building.

The Parent/Volunteer Achievement Above All award was presented to

*please see AWARDS on page 38*

## School Briefs

### GLENDALE UNION HIGH SCHOOL DISTRICT Sunnyslope honors award winners

Sunnyslope High School honored its teacher, student, support staff employee, student group and volunteer of the year recipients at the annual Achievement Above All awards, held Nov. 4. The event is a special evening to celebrate the individuals who have contributed above and beyond for the school, its students and community

The Achievement Above All teacher recipient was awarded to Johnny Frias, a counselor at the school. Technology assistant Greg Fain was awarded the support staff person of the year award.

The student award went to senior Brent Wallace. He's very active on the campus with his participation in school traditions, clubs, athletics and student government. He is in the top 2 percent of his class and takes a special interest in physics and engineering. His course load includes advanced placement literature, advanced placement government and economics, advanced placement Spanish, advanced placement calculus and two advanced placement physics



## All Saints' Episcopal Day School

*Educating Children Head to Soul*

Since 1963, All Saints' Episcopal Day School has offered a top-tier education while encouraging students to realize their highest potential as lifelong learners, artists, athletes, and leaders of the future.

Our teachers teach what they love. We employ 17 specialists in the areas of music, Spanish, physical education, band, art, religion, library, and technology. We also have a full time school counselor, a Learning Resource Coordinator, and Technology and Design Thinking Specialist.

In recent history, 99% of our graduates were accepted to their first-choice high school.

**Come see why 90% of alumni respondents rate their overall satisfaction with All Saints' as "high" or "very high."**  
— Independent Alumni Survey

**Join Us For an Open House December 09 or January 13**

All Faiths Welcome • Pre-K through Eighth Grade • Indexed Tuition Available • All Saints' Episcopal Day School admits students of any race, color, or national origin.  
All Saints' Episcopal Day School • 6300 North Central Avenue • Phoenix, Arizona 85012 • 602.274.4866 • [www.aseds.org](http://www.aseds.org) • [www.facebook.com/PhoenixASEDS](http://www.facebook.com/PhoenixASEDS)



## PRELUDE

### Piano Programs for Young Musicians

*Piano Discovery*  
Ages 3 -5

*Piano Classes*  
Kindergarten  
and 1st Grade

Ask about our  
Intro classes



*rhythm  
movement  
ear training  
solfege training  
piano playing  
piano discovery  
piano ensemble  
percussion  
performing  
listening  
singing*

**ENROLLING  
for New Semester**

Bringing children to music . . . step by step *with total musicianship*

**MUSIC WORKS ACADEMY, LTD.**

**602-264-5188**

302 West Bethany Home Road • [www.musicworksacademy.com](http://www.musicworksacademy.com)



## NOW HIRING CHESS TEACHERS

**23-year-old company currently in need of FT/PT teachers for Scholastic Chess coaching. \$40-\$80/teaching hour. 3-25 hours per week. Flexible schedule. Days/evenings. Transportation needed. Teachers' Certification not required. AZDPS card a plus. Free training.**

**SEND RESUMES:**

**[SFRENAUX@CHESSEMPORIUM.COM](mailto:SFRENAUX@CHESSEMPORIUM.COM)**

**OR CALL**

**602-502-4867**

**FOR INTERVIEW**



f t g+

**(602) 279-1641**  
**www.stephaniekdentistry.com**  
 727 East Bethany Home Road, Suite A-100



**STEPHANIE K DENTISTRY**

**Mention this ad when requesting an appointment!**

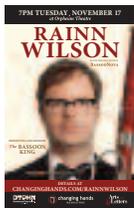
**Is Your Smile Ready For The Holidays?**  
**WINTER WONDERLAND**  
**WHITENING SPECIAL!!**  
**\*\*10% off all whitening treatments for the month**  
**of December. Call for more details!**  
 Exp 12/31/15



Dr. Kethcar

Fine Art  
 & Commercial  
 Prints, Posters & Banners






**IMPRESSION**  
**MAKERS**  
 PRINTING  
 Local First  
 ARIZONA

1505 West 10th Place • Tempe 480.967.2180

**Dates to remember** 

**Entrance Exam**  
 Saturday, Jan. 9, 2016, 7:30 a.m.  
 \$50 Testing Fee, No Reservations required

**Make-Up Entrance Exam**  
 Saturday, Jan. 23, 2016, 7:30 a.m.  
 \$50 Testing Fee, Reservations requested  
 Call 602-277-3772 x3112 for reservations

[www.xcp.org](http://www.xcp.org)





*women of faith pursuing excellence*

**Xavier College Preparatory**  
 Roman Catholic High School




Photo by chadwickfowler.com

Discover your **talents**. Discover your **future**. Discover **you**.

**SCHOOL DAYS**

**AWARDS continued from page 37**

Deanna Lightowler, who is president and volunteer coordinator for the Viking Pride Marching Band Booster organization. She works closely with students, parents and the band director and believes wholeheartedly that music is a vital component in the educational environment. She has two daughters who attend Sunnyslope and said she volunteers to lead by example. When Lightowler isn't volunteering for the band boosters, she runs her own business and enjoys playing the violin, writing poetry and short stories and spending time with her family and friends.

**OSBORN ELEMENTARY SCHOOL DISTRICT Ballet continues in Osborn district**

The Ballet Program has re-opened to Osborn third graders this fall on the campus of Longview Elementary. Twenty boys and girls are attending twice a week under the auspices of Longview's 21st Century after school programming.

In addition, a Boys Workshop open to grades 3 and up, and intermediate ballet for students meeting pre-requisites, are offered on the campus of Osborn Middle School.

Ten Osborn Ballet Program students—and former students—will perform with Ballet Arizona in “The Nutcracker” this December. Ambre Batchan, Janet Mays and Autumn Toms Kennerson will all perform as Tall Soldiers and Tall Angels. Jordan Islas and Richard Thomas will both tackle the role of Drosselmeyer's Assistant/Prince, and Rogelio Martinez will appear as Fritz, joined by Osvaldo Escobar, Issac Felix, Daniel Martinez and Ruben Mentado Davila as Party Boys.

Six Ballet Program students have been honored with scholarship offers to continue their training at the School of Ballet Arizona this fall, and four are thrilled to be able to accept. They are Richard Thomas, Rogelio Martinez, Jordan Islas and Autumn Toms Kennerson, who are already transferred and enthusiastically at work three days each week.

The Ballet Program is funded

**SCHOOL DAYS**

through donations to the nonprofit Ballet Program for School Children, and by the Osborn Educational Foundation to benefit Osborn students. For more information, call 480-658-8124 or e-mail balletprog4children@gmail.com.

**PHOENIX UNION HIGH SCHOOL DISTRICT Cross country teams have strong season**

Central High School finished fourth in the Boys Section III Cross Country Championships on Oct. 30, led by Aron Orar, who placed third, 10 seconds behind the winner in the 5000 meter race. The Bobcats qualified as a team for the Division II State Championship. Teammate Dawit Ajju was 15th, Christian Cleveland was 28th and Eldo Djekouloa was 29th among the 118 runners in the sectional race.

Orar was eight seconds away from being the individual champion in the Division II Boys Cross Country Championships, held Nov. 7 at Cave Creek Golf Course in Phoenix. Orar covered the 5,000-meter course in 16:22, finishing third overall. The

Bobcats placed 11th as a team among the 34 teams.

**Code Club students have notable showing**

Members of the Camelback and Central High School Code Clubs participated in the second-largest CODEDAY in the nation, a 24-hour competition at Gateway College, Nov. 7-8. The event was for programmers of all backgrounds and skill levels and they had to code a project within those 24 hours.

Coders showed up at noon on Saturday, pitched ideas, formed teams and coded through the night trying to finish by noon on Sunday. They then presented their ideas to judges.

The Camelback Code Club pitched their game idea called “36 Days,” a survival game where your decisions to survive affect the outcome of the game. There were 4 modes, Zombie Mode, Infection Mode, Alien Mode, Dinosaur Mode and 4 different endings to the game.

“Camelback’s Team won the Special Award for their understanding of cod-

*please see CODERS on page 40*

**PARADISE VALLEY COMMUNITY COLLEGE**

The college of **YOU** [have choices]

**Start Anytime**  
almost

**Spring classes begin**  
16-week & 8-week January 19  
14-week February 1  
12-week February 16  
8-week March 21

**Day, Evening & Online classes**

**Learn More. Drive Less.**  
SR-51 Union Hills Dr. EXIT

Easy access  
Quick commute  
Close to home

f t YouTube i+ w

PVCC | 18401 North 32nd Street | Phoenix, AZ 85032  
602.787.6500 | paradisevalley.edu

MARICOPA COMMUNITY COLLEGES

# Kindergarten Roundup

Madison School District will be hosting Kindergarten Roundup on February 4, 2016 from 6 – 7 p.m. at all Madison elementary schools.

You will have the opportunity to tour the school, speak with administrators, and receive information on enrollment for the 2016 – 2017 school year. We hope to see you there!

**MADISON ELEMENTARY SCHOOL DISTRICT**  
*Extraordinary Learning for All*

**madisonaz.org/2016roundup**

<p><b>Madison Camelview</b> Preschool-4 2002 E. Campbell Ave. Phoenix, AZ 85016 602.664.7200</p>	<p><b>Madison Simis</b> Preschool-4 7302 N. 10th St. Phoenix, AZ 85020 602.664.7300</p>	<p><b>Madison Rose Lane</b> Preschool-4 1155 E. Rose Lane Phoenix, AZ 85014 602.664.7400</p>	<p><b>Madison Heights</b> Preschool-4 7150 N. 22nd St. Phoenix, AZ 85020 602.664.7800</p>	<p><b>Madison Traditional Academy</b> Preschool-8 925 E. Maryland Ave. Phoenix, AZ 85014 602.745.4000</p>
--	---	--	---	---

# weekday preschool at north phoenix



## IS NOW ENROLLING CHILDREN AGES SIX WEEKS THROUGH KINDERGARTEN

If you are looking for a safe and loving environment, low ratios and research-based DAP (developmentally appropriate practice) curriculum for your child, call us today or stop by for an enrollment packet and tour.

Space is limited. Call **602-707-5821** today!

**NORTH PHOENIX BAPTIST CHURCH**  
**PRESCHOOL MINISTRY**  
 nphx.org

5757 North Central Avenue  
 Phoenix, Arizona 85012

### SCHOOL DAYS

#### CODERS continued from page 41

ing different decisions in the game that lead to a different outcomes and for their awesome presentation to the judges,” said Business Education teacher Maria Ciolfi Abrams.

The 30 students teacher Stephen Andrews brought to the event from Central were the most of any school in Arizona, and they had the largest number of girls. In an industry where diversity is still a challenge, Central also had the largest number of minority students of any school participating in the United States.

Of the three awards given, the all-Central team “GT OPS” won first place with “Best Game” and the mixed Central team, “Retro Gamer” won “Best App.” The other Central High groups that made a strong showing were “Team Phoenix” with a large combat game with all hand-drawn art, and “The Social Cabinet” who built a Linux server with MySQL, PHP and WordPress site, which they made operational on the network and created their own CSS and HTML code.

#### Culinary students serve at Suns event

Twelve Central High Culinary 3-4 students, along with teachers Erin Sullivan and Nicole Lewandowski, traveled to the Talking Stick Resort Arena to assist the Phoenix Suns chefs in their annual Slam Dunk Charity Dinner on Nov. 12.

Each student was assigned a station where they would be responsible for a specific component to be plated. The students, along with the other Phoenix Suns chefs, got ready to do a 1,000-cover dinner service. In just under 27 minutes, all 1,000 plates were completed.

“The dedication, drive and enthusiasm that this group of kids showed was outstanding,” Sullivan said. “The partnership with the Phoenix Suns and Central has once again proved itself to be an invaluable one. We are so grateful to have these kinds of opportunities for our kids.”

#### Soccer team falls in championship game

The Metro Tech Boys Soccer Team beat West Phoenix High School in the Canyon Athletic Association Semi-Finals on Oct. 31, and advanced to the Canyon Athletic Association Division II State Championship game. In the CAA championship game, held at South Mountain Community College on Nov. 7, they faced off against Pan America High School

Metro Tech, the defending state champions and ranked No. 1 with a 9-0-2 record, lost to Pan American High School in the championship match. Metro Tech’s sports teams, for the first time, will compete in the AIA next school year.

#### Cultural exchange held at Metro Tech

A group of school administrators, teachers and students from Sonora, Mexico visited Metro Tech last month for its first academic, cultural and athletic exchange. They were part of the DGETI School System, which focuses in preparing students academically but also offers career and vocational training.

As part of their visit, they toured the campus and learned about Career and Technical Education programs as well as some of Metro Tech’s Promising Practices (Professional Learning Communities, Project-Based Learning, Standards-Based Grading).



## Fun for EVERYONE!

Classes for boys & girls, babies-adults!

Register online today for:

- **NEW** after-school pick up at **Madison Simis, Most Holy Trinity and Madison Heights!**
- **Downtown classes at Phoenix Center for the Arts!**
- **Dance Program, toddlers-teens!**

**Holiday SUPERCAMP ages 3-13!**



**602-992-5790**

**arizonasunrays.com**

**GYM: 3110 E. Thunderbird Rd., Phx**

**DANCE CENTER: 13832 N. 32nd St. #162, Phx**

**SCHOOL DAYS**

Teachers from both countries collaborated in designing an interdisciplinary project that will address global issues. Students from both countries learned about each other by participating in shadowing experiences and working on a Project-Based Learning activity.

Metro Tech students were able to experience the Mexican culture as the visitors performed a Ballet Folklorico presentation. Also, as part of the exchange, the Metro Tech Soccer team (second place in State CAA) played an exhibition against the Sonoran soccer team on Nov.19, and both girls and boys basketball teams played against the visitors on Nov. 20.

**Two top-10 finishers in math competition**

Seven members of the North High Math Club went to Higley High School in Gilbert for a math league competition, Nov. 14. There were a total of 20 different schools and about 150 students competing individually and on teams solving math problems.

Jackson Carpenter, a junior, placed

ninth among all juniors and Hanzhang Niu placed eighth among all seniors. Both students qualified to attend the State Math League competition in April 2016.

**Runners capture both state championships**

Both boys and girls Cross Country teams from Metro Tech defended their respective state titles Saturday, Nov. 7 at the Canyon Athletic Association State Championships, held at Tempe Kiwanis Park. Both teams won their divisions on Saturday, Oct. 24 at Mesa Community College, in order to advance to the championship races.

For the second season in a row, both the boys and girls Cross Country teams won the CAA State Championships. The girls had three runners in the top 10: Sharon Snyder, who placed sixth; Hidayly Hernandez, who was eighth, and Liliana Ortiz, who came in ninth. The girls are coached by Anthony Young.

The Knights boys had four runners finishing in the top 10: Gustavo

*please see RUNNERS on page 42*

**Time to register for WINTER BREAK CAMP!!**

**FLIP Dunk**  
SPORTS  
Trampoline Park and Gymnastics Center



**Preschool "Wiggles & Giggles"**  
Ages 3 & 4 • Monday - Wednesday, December 21-23 and 28-30

**Going Bananas**  
Ages 5 & Up • December 21-23 and 28-31

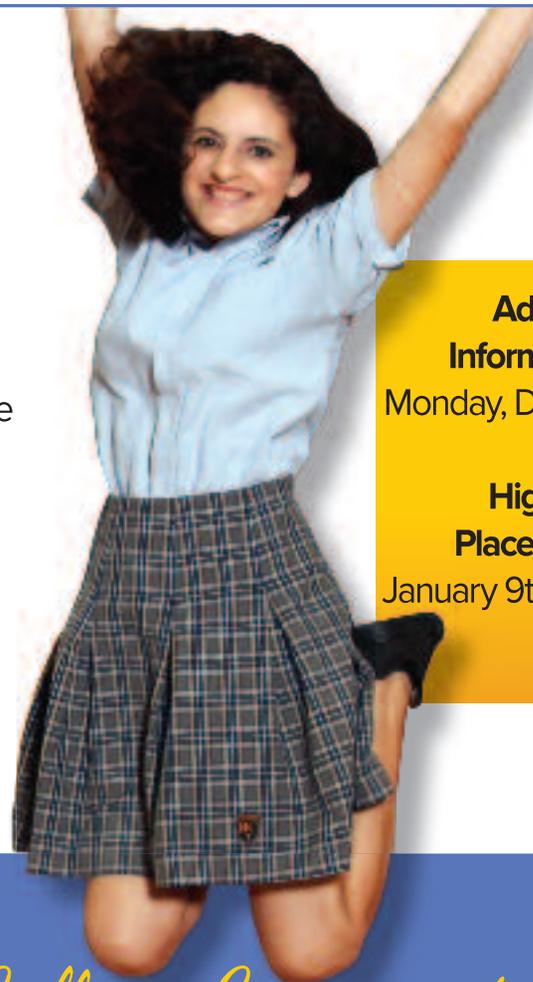
Choose your day! Full & Half Day Options

**1515 E. Bethany Home Road #160**  
**602-277-0067**  
**www.flipdunksports.com**

**99% of our graduates enroll in college**

More than a high school, Bourgade Catholic provides a college preparatory curriculum with robust student activities in a nurturing environment that emphasizes Catholic values.

Over the past two years, our 186 graduates were accepted at 115 different colleges and universities, and they earned more than 29.1 million in merit scholarships.



**Admissions Information Night**  
Monday, December 7, 2015

**High School Placement Exam**  
January 9th and 23rd, 2016



**Bourgade Catholic High School**  
COLLEGE PREPARATORY

4602 N. 31st Ave. | Phoenix, AZ 85017 | Phone: 602-973-4000 | bourgadecatholic.org

Educational partner of Grand Canyon University.

*College. Community. Christ.*

## SCHOOL DAYS

**RUNNERS** *continued from page 41*

Ortega came in fourth; Alan Calderon took seventh; Victor Valenzuela placed ninth, and Arturo Rodriguez was 10th. Kevin Garay finished in 11th place. Overall, Metro's 33 points topped second place Jefferson Prep's 56 points. The boys team is coached by Phil Kohm.

**North girls team makes it to state**

The North Girls Cross Country team advanced to the Division II State Championship race, Nov. 7 at Cave Creek Golf Course. North placed seventh in the Section III race, held Oct. 30. The top nine teams advance to the championship race, along with the top 25 runners. Reid Belanger was the Mustangs' top runner on Oct. 30, placing 13th in the 110-runner field. Rosario Peralta was 24th.

The team, coached by Braulio Quiñonez, finished 23rd at the state championships. This is the first time in six years that North has qualified for state.



Students and support staff from Orangewood Elementary School recently attended the Healthy Forests, Vibrant Economy conference in Scottsdale to share their knowledge of forest ecosystems. The students also demonstrated experiments (submitted photo).

**WASHINGTON ELEMENTARY SCHOOL DISTRICT****Students share ideas about forest health**

Students from Orangewood Elementary School attended the Healthy Forests, Vibrant Economy

conference in Scottsdale on Oct. 7 in order to share their knowledge of forest ecosystems with conference attendees. The conference was sponsored in part by Salt River Project (SRP).

Orangewood is a designated STEM school, so it's fitting that students from the school would share their experi-

ences in learning about healthy forests and the connection between our forests of northern Arizona and the water supplies used in the Phoenix area. With 49 percent of the municipal water supplies in Phoenix coming from these forested areas, it is imperative that efforts be made to prevent catastrophic wildfire that can destroy entire forest ecosystems.

Each year, students from Orangewood School have attended Camp Colley during the spring to experience learning about the environment in a hands-on way. This past summer, students conducted various experiments to help them understand how healthy forests provide clean and plentiful drinking water for communities more than a hundred miles away. They also learned how our forests are overgrown and require thinning in order to remain productive and to avoid the effects of catastrophic fire.

At the conference, Orangewood students demonstrated some of the activities that they did while at camp. Conference attendees watched intently as the students conducted each experi-

# Have you been naughty or nice?



Are you on Santa's good list this year?  
Capture your holiday memories at  
Popat Orthodontics to find out if  
you made the "nice" list.

**Free Photos with Santa Claus!**  
**Saturday December 12, 2015**  
**9-11am**

popat  orthodontics

Embracing Our Community

635 East Maryland Avenue • Phoenix, AZ 85012

602.265.0303

www.PopatOrthodontics.com • info@PopatOrthodontics.com

## SCHOOL DAYS

ment. Adults even joined in with some of the games that were played to show how fire spreads in a forest that is too dense.

More than 300 people attended the two-day conference as business leaders, government partners, scientists, researchers and those with an interest in forest health discussed how forests and watersheds impact the vitality of business, tourism and future growth in Arizona.

For more information on SRP's Forest Health Initiatives, visit <http://www.srpnet.com/forest>.

### Staff members honored at event

Two Washington District staff members were recognized at the recent 84th Annual Arizona Health and Physical Education State Convention. Vicky Bonavito, PE teacher at Desert View Elementary, received the Presidential Award for her lifelong support of physical education in public schools.

Natalie McWhorter, WESD director of Curriculum, received the

Administrator Appreciation Award for her exemplary leadership and concerted efforts to ensure students opportunities to become physically literate, lifetime learners.

### Orangewood teacher receives state honor

Dianna Bonney, who teaches gifted students at Orangewood School, has been named Elementary School Science Teacher of the Year for 2015 by the Arizona Science Teachers Association. Bonney was honored at the organization's annual conference in early November.

Bonney, who has taught for 25 years in the Washington Elementary School District, is certified as highly qualified in middle school general science and holds a gifted endorsement with an emphasis on bilingual students. She earned a Doctor of Education degree in 2009 from Arizona State University.

Bonney taught at Mountain View School for 17 years before arriving at Orangewood in 2007. As a gifted teacher of kindergartners through



Orangewood teacher Dianna Bonney, who has been with the Washington Elementary School District for 25 years, received a coveted award from the Arizona Science Teachers Association (submitted photo).

eighth graders, Bonney focuses her classes on science, technology, engineering and math (STEM). Recently, she successfully guided fifth and sixth grade students in researching/developing a grant to fund a 3D printer for the classroom. Students created successful grant application through DonorsChoose.org.

In addition, Bonney co-facilitates Orangewood's STEM Robotics Club and STEAM (science, technology, engineering, arts, math) Clay club in partnership with Science Foundation of Arizona.

Bonney believes that her primary role as a science teacher is that of facilitator, the bridge between topics that students find engaging and the information/resources they must develop to become life-long learners. Integrating as many standards and objectives as possible, she teaches students that science is an ever-changing body of information. She encourages students to question, to ask why, to seek sources, to collaborate and problem-solve; all essential skills.

### PRIVATE AND CHARTER SCHOOLS

#### MDS-Mountainside has much to celebrate

Marching in their 15th APS Light Parade on Saturday, Dec. 5, the award-winning drum and brass students from Montessori Day Schools-Mountainside

*please see MDS on page 44*

**95 YEARS**  
1920-2015

**PHOENIX COLLEGE**

*The launching point for brighter futures since 1920.  
Start here. Go anywhere.*

**REGISTER TODAY!**

[phoenixcollege.edu/welcome](http://phoenixcollege.edu/welcome)



**kinesphere center**  
FOR MOVEMENT EDUCATION

**FREE 30-MINUTE CONSULTATION**

**THE GIFT OF SELF-CARE**

RESTORATIVE EXERCISE™ • GYROTONIC EXPANSION SYSTEM®  
Z-HEALTH • YOGA TUNEUP® • CLASSICAL AND ADAPTIVE PILATES

LESS BACK PAIN IMPROVED STRENGTH  
BETTER BREATHING REDUCED HIP PAIN  
FUNCTIONAL GAIT HEALTHIER BRAINS  
**OPTIMAL HEALTH**

711 E Missouri Ave, Suite 180 . Phoenix, AZ 85014 602-532-3111 www.KCME-AZ.com



**This month's feature:**  
Private Vocal Coaching and Piano Lessons!

**miss amy's MUSIC Imaginarium**

Music and Emotions/  
Theater/Performance/  
Recording Studio

Visit [missamysmi.com](http://missamysmi.com) to register for classes or call 602-576-1619



**SAINT THOMAS THE APOSTLE**  
ROMAN CATHOLIC SCHOOL

*Where Faith Inspires Hearts and Minds*



**JANUARY 31, 10:00AM**  
**SCHOOLWIDE OPEN HOUSE AND PANCAKE BREAKFAST**  
Join us after 9:00AM Mass during our Catholic Schools Week kick-off!  
Classrooms will be open to visit until noon  
and the Dads' Club will be serving their breakfast fundraiser.

**TOURS BY APPOINTMENT**  
Tuesday 8:30AM for grades PreK-2nd / Thursday 8:30AM for grades 3rd-5th  
Call today to reserve your space: (602) 954-9088  
or visit us at [www.staphxschool.org](http://www.staphxschool.org)

**SCHOOL DAYS**



All Saints' second grade student Olivia Lang shows off the house ornament she made at the Habitat for Humanity build site. The ornaments will be sold to help raise money for future Habitat builds (submitted photo).

**MDS continued from page 43**

will set the pace for their Tommie the Train—a favorite with families along the parade route. Having won awards each year, their director Sam Anderson hopes their entry will make the Rose Bowl in another two years. The drum and brass students also will open the school's "Celebrate the Universe" arts and science performance on Friday, Dec. 18, which follows previous "Child as Teacher" and "International Thanksgiving" events.

While waiting for formal publication of school rankings after Nov. 30, the school's founding director, Peg Huffman, was told ADE has designated MDS a "High Performance Rewards School."

**Lower school students have a day of service**

All Saints' Episcopal Day School, 6300 North Central Ave., brought together the entire lower school, pre-kindergarten through fourth grade, on Oct. 22 to help make a difference in the Phoenix community by volunteering with various community partners across the Valley.

The Lower School Day of Service, in its second year, provided an opportunity for students, teachers, parents, and the entire community to be competent, confident, lifelong learners, who are responsible, caring, contributing citizens to the communities and diverse world in which they live.

Pre-kindergarten and kindergarten students made Halloween centerpieces

and lanterns for children at the St. Vincent de Paul Dream Center. First and fourth graders packaged food for St. Mary's Food Bank, to be distributed to families in need.

The ASED second grade built and painted crosses and Christmas ornaments used for the ceremonies when Habitat for Humanity families receive their homes. Third graders worked on plating and labeling flowers and plants for Phoenix Renews/Phoenix Food Day.

**PCDS celebrates new athletic complex**

Phoenix Country Day School celebrated its 48th Annual Blue & Gold homecoming celebration on Oct. 23 in its newly expanded athletic complex, including the Najafi Gymnasium and Garvin Family Walk of Champions. Earlier in the week at a special donor event, the Najafi Gymnasium and Garvin Family Walk of Champions were opened as the second of four components of the school's THRIVE capital campaign.

The Najafi Gymnasium adds a much-needed second gym for the school, in order to better balance the PE and after-school sports programs in the pre-kindergarten through twelfth-grade school. The gym is over 20,000 square feet, seats 850 spectators, features separate home and away locker rooms (including flat screen televisions in the home locker rooms to review game film), and is capped by a 20-foot by 30-foot projection wall to be used for showing school videos, in-game

## SCHOOL DAYS



Xavier College Preparatory's badminton team captured its third consecutive state championship title in October (submitted photo).

highlights, and team announcements.

The Garvin Family Walk of Champions serves as the entry to the Upper School, and a promenade between the two PCDS gyms. It features an outdoor performance stage to host events, musical performances, and Alumni Hall of Fame inductions, as well as four trophy cases showcasing the school's significant academic and extra-curricular achievements.

### Sports teams finish seasons strong at MHP

The Madison Highland Prep girls volleyball team posted a 7-1 record in the North Central Volleyball Division to claim the regular season title.

The varsity volleyball team, led by coach Nallely Morales, advanced to the quarterfinal game of the Section 1 tournament on Oct. 23-24. The team played in the first round of the Division I State Volleyball Championships on Oct. 27. The team finished the season ranked No. 14 in Division I with an overall record of 8-6.

The Madison Highland Prep boys soccer team finished with a school best record of 10-5 and advanced to the quarterfinals of the Division I boys state soccer championships.

The varsity boys soccer team, led by head coach Steven Mack and assistant coach Alexander Mutsaers, ranked as high as No. 4 in Division I, knocking off defending state champion and No.

1 ranked ASU Poly by a score of 2-1.

Junior Ethan Houser was the Division I Goalkeeper Saves Leader, with 138 saves. Junior Christian Lopez was the Division I Individual Assists Leader, with 17 assists. Freshman Christian Casarrubia was third in Division I Individual Goals. The team finished the season ranked No. 7 in Division I.

Madison Highland Prep is a college prep charter high school that opened on the campus of Madison Park Middle School, 1431 E. Campbell Ave., during the 2014-15 school year. For more information, call 602-745-3800 or visit [www.MadisonHighlandPrep.org](http://www.MadisonHighlandPrep.org).

### Badminton, golf teams capture state titles, again

Xavier College Preparatory's badminton team captured its third consecutive state championship title by defeating Mesa Red Mountain in the final round of the state tournament on Oct. 30. The victory capped an undefeated Xavier season and was the Gators' sixth state championship title since 2004.

Xavier's golf team also captured its fifth consecutive state title Nov. 3, finishing the tournament four-over-par and winning the Division 1 state championship by 45 strokes. The victory was the 33rd state title in Xavier's history.

Senior Alisa Snyder, who is planning to attend *please see TITLES on page 46*

## Spanish Immersion Preschool

On Encanto Elementary Campus

- A Spanish Immersion preschool program for children ages 2 to 5
- High quality early childhood education with low student to teacher ratios
- Developmentally appropriate grouping & activities include language, art, music, science, math and world culture

Give your kids the gift of early childhood bilingualism.



Phone: 602.910.4417  
1420 W. Osborn Road  
Phoenix AZ 85013  
[littlebigmindspreschool.com](http://littlebigmindspreschool.com)



Preschool • Kindergarten through Eighth Grade

## OPEN HOUSE

Sunday, January 31st • 11:30 am – 2 pm  
10 am School Mass at Most Holy Trinity Church

MEET OUR TEACHERS • TOUR OUR CLASSROOMS



- Faith and Character Development
- Effective, Dedicated, and Passionate Catholic Educators
- Full-day Kindergarten
- Diverse and Engaging Curriculum and Instruction
- Enrichment Programs
- School-wide Discipline with Purpose Program
- Smaller Class Sizes
- Multiple Athletic Fields
- Before and After School Care Program
- Tuition Assistance Available

EXPERIENCE THE MHT DIFFERENCE  
(602) 943-9058

535 E. Alice Avenue • 7th St. between Northern and Dunlap • [www.mht.org](http://www.mht.org)

Looking for a really good cleaning service?

## Look no further!!

We provide excellent service at a reasonable price!

There is a reason why we have lasted 33 years!

Straight up-front pricing, no bait-and-switch, no B.S.

Please investigate us on Google, Thumbtack, Angie's List, Yahoo, Yelp, etc. You'll be glad you did!

"As expected, Brandon was right on time and did a fabulous job. This is rare, but your company is so good to work with, we actually now look for things to get cleaned. Thanks!" - Ed R., North Central Resident

### AAA Advanced Chem-Dry

★★★★★  
5-Star Certified  
Master  
Technicians  
Carpet  
Upholstery  
Tile & Grout  
Oriental & Area Rugs  
Pet Urine Removal  
& Sanitizing



North Central Owned & Operated Since 1982

602-997-0482

AAA-ADVANCEDCHEMDRY.COM



Hot Carbonating  
Extraction  
Minimum  
charges  
apply

## Music for Birth - Kindergarten

# MUSIC TOGETHER®



Music Learning Supports ALL Learning!

**MusicTogetherInPhoenix.com**

**602-363-8202**

Call to schedule a fun and free sample class!

## Candlelight Worship

Christmas Eve  
Thursday, December 24  
7 pm and 11 pm

Our Saviour's Lutheran Church  
1212 E Glendale Ave, Phoenix

www.oslconline.org



**Hubbard**  
Family Swim School

HUBBARDSWIM.COM  
602.971.4044



**SPLASH, PLAY & LEARN** *the Hubbard way!*

*Our programs are internationally-recognized stop in and find out why!*

Heated indoor pool & small class sizes **FREE BABY SPLASH** ages 8 wks - 5 mos

**LITTLE SNAPPERS** ages 6 - 35 mos **GROUP LESSONS** ages 3 - 12 yrs

**HUBBARDSWIM.COM · 602.971.4044**

### SCHOOL DAYS



Students at Christ Church School, led by teacher Emma Porter, hosted a lemonade stand to raise funds during Childhood Cancer Awareness Month. The funds were donated to the Ronan Thompson Foundation to support childhood cancer research (submitted photo).

*TITLES continued from page 45*

ning to play golf for the University of Michigan next fall, won the individual state title. Junior Emily Mahar placed third, and senior Mikayla Fitzpatrick finished eighth.

### Lemonade proceeds benefit cancer nonprofit

Third- and fourth-grade students at Christ Church School found a fun and interactive way to raise awareness and research funds for Childhood Cancer. In support of Childhood Cancer Awareness month, held in September, these students hosted a lemonade stand during the school's Ice Cream Social and Open House. The students made posters, ran a publicity campaign, stirred up several batches of delicious lemonade, and passed out stickers to donors.

CCS Teacher Emma Porter reported that the endeavor was a valuable experience for students. "They learned that cancer affects everyone, even children. We were able to have many discussions about donations and funding. Running the lemonade stand was a lesson in cooperation and the importance of working as a team, and also helped develop their management skills."

The successful lemonade stand raised almost \$400 for the Ronan Thompson Foundation. These funds will be used to research new ways to treat and ultimately find a cure for this disease. For more information about Christ Church School, visit [www.ccsaz.org](http://www.ccsaz.org).

### Worrall takes first in 100-yard freestyle

Xavier senior Allie Worrall captured the Division 1 state swimming championship title in the 100-yard freestyle at the Skyline Aquatic Center in Mesa on Nov. 7.



Allie Worrall

The North Central resident also placed second in the 50-yard freestyle and, along with senior Elise Roediger, junior Jocelyn Jones, and sophomore Kaitlyn McCoy, second in the 200-yard medley relay. Xavier's team placed fourth overall.

### All Saints' to hold school Open House

Prospective families are invited to participate in campus tours of All Saints' Episcopal Day School led by Parent Ambassadors and meet with admission officers and faculty during an Open House on Wednesday, Dec. 9, beginning at 9 a.m. Open Houses also provide a chance to view classrooms and attend a Q&A session with a Division Head.

Reservations are suggested, but not required. RSVP online at [www.aseds.org/Page/Admission/Admission-Process](http://www.aseds.org/Page/Admission/Admission-Process).

Another tour will take place on Jan. 13, 2016. Application materials for the 2016-17 school year are now available at [www.aseds.org](http://www.aseds.org). The school is located at 6300 N. Central Ave. Call 602-274-4878 for more information.

# Happy Holidays! Give yourself a gift ...

## Call CHERYL



7011 N. Wilder Road  
\$1,699,000



7530 N. 13th Ave.  
\$454,000



6588 W. Willow Ave.  
\$1,199,000



7934 E. Desert Cove  
\$469,000



26 W. Morten Ave.  
\$699,000



1812 E. Claremont St.  
\$621,000

### Cheryl M. Barnoli

602-469-2964

 [cbarnoli@hsmove.com](mailto:cbarnoli@hsmove.com) • [www.homesnap.com/Cheryl-Barnoli](http://www.homesnap.com/Cheryl-Barnoli) 





**GENERATIONS**

**Stop Thinking About Your Hair Loss  
...And Do Something About It!**



*Effective, Proven Hair Loss Solutions  
For Men & Women*



**SAVE NOW**

- Non-Surgical Hair Systems
- Surgical Hair Transplants
- Laser Hair Growth Therapy

**20% OFF**

**Call for FREE Doctor's  
Hair & Scalp Exam & Analysis  
A \$250 Value**



**We Know Hair, We Grow Hair!**  
**National Hair Centers**  
5828 N. 7th Street  
Phoenix, AZ 85014  
602.230.0000 - nationalhair.com

Financing Available  
Restrictions Apply • Offer Expires 12/31/2015



North Central resident Lyle Sharp will be honored this month by nonprofit agency, Duet, for her many years of volunteer service (photo courtesy of Duet).

**Sharp honored  
for volunteerism**

For 15 years, North Central resident Lyle Sharp has brought help and hope to elders who desperately wish to remain living in their own homes. Sharp is a volunteer with Duet: Partners In Health & Aging, a nonprofit organization that promotes health and wellbeing through a broad range of services to older adults who need one-on-one support.

Sharp has provided hundreds of rides to medical appointments for elders, serving as their link to medical care while also offering her warm smile and company.

Over the years, Sharp, who is 85, has taught computer skills to two neighbors, provided paperwork assistance to two neighbors, served as a weekly friendly visitor to three neighbors, and grocery shopped for seven neighbors, including two currently. The grocery shopping aspect of her service alone equates to weekly help for 23 years.

“In addition to helping individuals age in place with dignity, Lyle has provided data entry assistance in Duet’s office twice weekly over these many years,” said Elizabeth Banta, executive director of Duet.

In gratitude of her many years of volunteer service, Sharp will receive the Dosia Carlson KARED About Award at Duet’s 25th Anniversary Poinsettia Tea, beginning 2 p.m. Sunday, Dec. 13 at the Hyatt Regency Scottsdale at Gainey Ranch, 7500 E. Doubletree Ranch Road.

The award “recognizes compassionate caring in a person whose incredible work embodies Duet’s mission to enhance the quality of life for older adults and their families,” Banta explained. The award is named after the summer cottage fondly named “KARED About,” where family members of Duet’s founder, The Rev. Dr. Dosia Carlson, often vacationed.

More than 500 guests of all ages will gather for the timeless tradition of afternoon tea with scrumptious scones, sandwiches, and sweets. The Swingtips will perform live during this celebratory fundraising event that has taken place for a quarter of a century to raise funds for Duet’s health and aging services.

Tickets to the Poinsettia Tea are \$70 per person, \$37 of which is tax deductible. For reservations, call 602-274-5022. MasterCard, American Express and Visa are accepted. For more information about Duet, visit [www.duetaz.org](http://www.duetaz.org).

**Senior Living  
Funding allows for  
home mods for vets**

The Foundation for Senior Living (FSL) is partnering with Maricopa County Human Services Department to offer veterans assistance with modifying their home to provide greater accessibility through the Housing Opportunity for Service Disabled Veterans Program.

Funding is being provided by the Arizona Attorney General’s Office.

**GENERATIONS**

Applicants need to submit an online application by Dec. 15.

“Our team will make the modifications to the veteran’s homes once the recipients are selected,” explained said Tom Egan, president and CEO of FSL. “The average investment in the home is currently \$53,000, which is a great value to the veterans. We’re looking forward to making the improvements, so they can live more independently.”

The loan program funds home modifications that enhance accessibility which include but are not limited to widening doorways or hallways, lowering countertops, adding exterior ramps, installing grab bars or roll-in showers in bathrooms, etc. The modifications must be directly tied to service-connected disability.

Veterans who reside in Maricopa County are eligible to apply by visiting <http://www.hsd.maricopa.gov/MCHIP.aspx>. A complete list of rules can be found online as well. To learn more, call 602-506-5911.

**Holiday parties at city senior centers**

Seniors who possess a city recreation card are invited to attend several holiday events this month. A Winter Celebration will take place 12:30-2:30 p.m. Friday, Dec. 18 at the Devonshire Senior Center, 2802 E. Devonshire Ave. Enjoy music, dancing, light refreshments, door prizes and more. Arrive early at 11:20 a.m. to enjoy the regular congregate lunch; RSVP required, suggested contribution is \$2.50 per person.

Then come back on Wednesday, Dec. 30 to enjoy a Happy New Year party beginning at 10 a.m. There will be coffee, hot chocolate, cookies, and music from DJ Ron. For more information, or to RSVP for the Dec. 18

congregate lunch (by no later than Dec. 15), call 602-262-7807.

The Sunnyslope Senior Center, 802 E. Vogel Ave., hosts singers and dancers from the Paradise Valley Senior Center 10 a.m. Tuesday, Dec. 15. The visitors will provide holiday-theme entertainment. On Wednesday, Dec. 23, make your favorite holiday cookie and bring it to the cookie exchange, beginning at 12:30 p.m.

If you do not current have a recreation card, you can purchase one at the center for \$20. The card is good for one year from the date of purchase.

**Kids & Families**

**Let kids play while you shop for holidays**

Just in time for the holiday shopping season, the Arizona Sunrays Gymnastics Center offers a Kids’ Night Out on Saturday, Dec. 5, so your little ones can play while you finish your Christmas list and perhaps reward yourself with a nice dinner out.

The event is for ages 3 to 14 and takes place from 6 to 10 p.m. at the center, located at 3110 E. Thunderbird Road. Children will enjoy an evening of gymnastics, dance, organized games, sports, jumping in a bounce house and on trampolines, obstacle courses, and then wind down the evening by watching a movie. Cost is \$30 per child with a \$5 off sibling discount. Pizza, snacks and drinks are included.

In addition, Sunrays host a New Year’s Eve Party & Sleepover on Dec. 31. The party is for ages 3-14 and ends at 10 p.m., but children ages 5 to 14 have the option to stay over, with pick up at 8:30 a.m. on New Year’s Day. There will be an exciting countdown to

*please see NIGHT OUT on page 50*

**Music Works ACADEMY LTD**

302 West Bethany Home Road  
**602.264.5188**  
[www.musicworksacademy.com](http://www.musicworksacademy.com)



**PRELUDE**  
Piano Programs for Young Musicians

All ages ~ All styles and levels: classical, jazz and blues, popular, sacred Performance Classes, Guild Auditions, Ensemble, Arizona Study Program, Festivals  
Computer Lab – music fun and education with technology ~ University-trained and nationally certified instructors  
Prelude Piano Program for Young Musicians: 3 years - 1st grade ~ Sound-proof studios ~ Summer instruction

**MUSIC LESSONS AND CLASSES**  
Voice & Piano & Guitar & Violin & Young Children

**Special Offers for Seniors**

**\$295** **\$599**

**Living Trust Update Living Trust Package**

- New Medical Privacy Rights Law (HIPPA) to be added to your Powers of Attorney and Trustee Provisions in your Trust
- New “Arizona Trust code” that came into effect in 2009
- New IRA and Annuity Beneficiary Rules

Includes:

- Living Trust Document
- “Pour Over Will”
- Living Will with Health Care
- Power of Attorney

**SPECIAL CALL NOW!**



**East Valley Senior Services**  
**602-717-0934**

**Join us for a Live Performance by Arizona's own Dickens Carolers**

**Thursday, December 17, at 6 p.m.**

Enjoy a nostalgic walk through traditional carols of the 18th Century through popular favorites of today.

The event is free! Please RSVP by calling **602-841-2500**

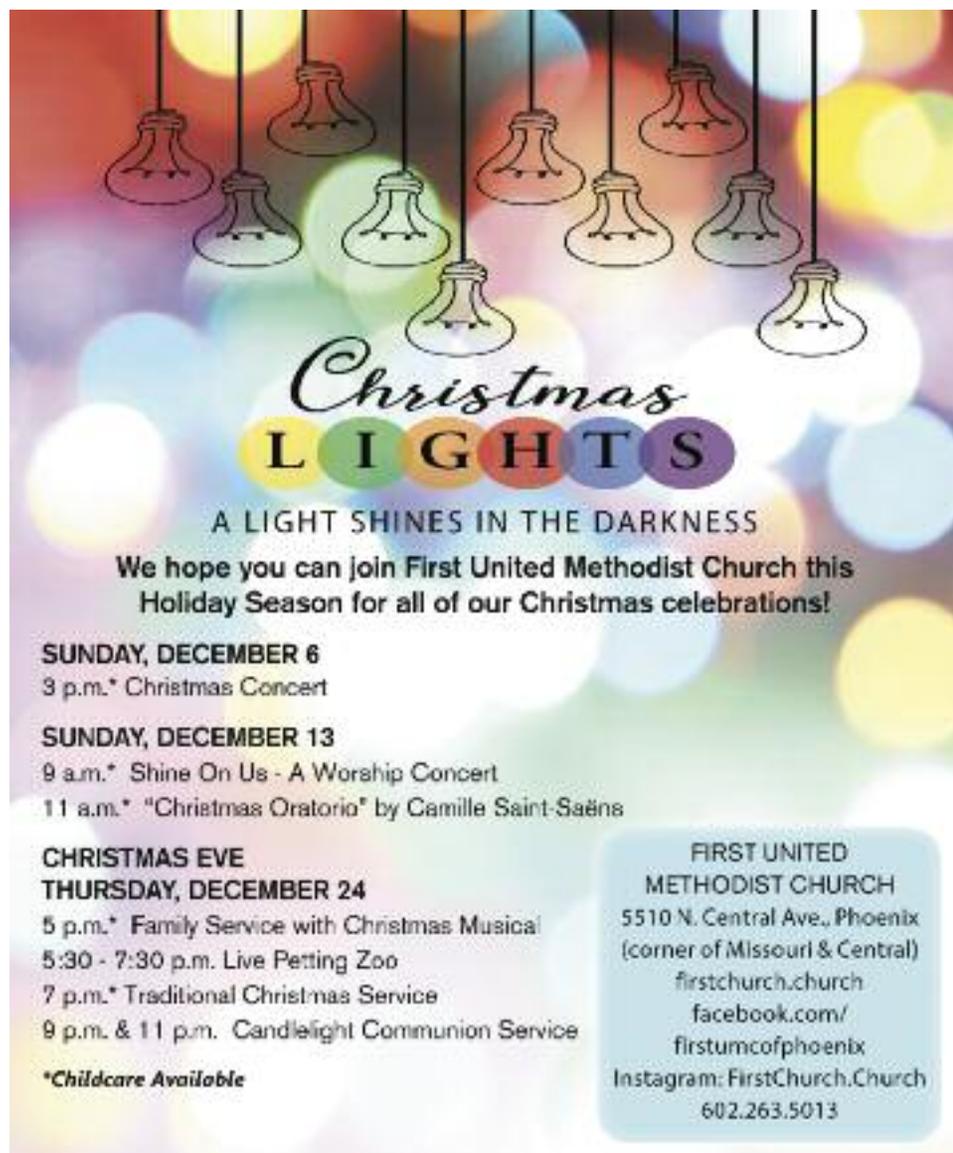
1739 W. Myrtle Avenue  
Phoenix, AZ 85021  
[www.thestratford.org](http://www.thestratford.org)

Take a tour of our beautiful community! Visit our website for upcoming events!





**THE STRATFORD**  
Independent Living • Assisted Living • Memory Care



**Christmas LIGHTS**  
A LIGHT SHINES IN THE DARKNESS

**We hope you can join First United Methodist Church this Holiday Season for all of our Christmas celebrations!**

**SUNDAY, DECEMBER 6**  
3 p.m.\* Christmas Concert

**SUNDAY, DECEMBER 13**  
9 a.m.\* Shine On Us - A Worship Concert  
11 a.m.\* "Christmas Oratorio" by Camille Saint-Saëns

**CHRISTMAS EVE THURSDAY, DECEMBER 24**  
5 p.m.\* Family Service with Christmas Musical  
5:30 - 7:30 p.m. Live Petting Zoo  
7 p.m.\* Traditional Christmas Service  
9 p.m. & 11 p.m. Candlelight Communion Service

\*Childcare Available

**FIRST UNITED METHODIST CHURCH**  
5510 N. Central Ave., Phoenix  
(corner of Missouri & Central)  
firstchurch.church  
facebook.com/  
firstumcofphoenix  
Instagram: FirstChurch.Church  
602.263.5013

**GENERATIONS**

**NIGHT OUT continued from page 49**

midnight with noise makers and hats. A light breakfast will be served. Cost for the Kids Night Out only is \$30 per child. For the Kids Night Out and sleepover, cost is \$50 per child (sibling discounts available).

Advanced registration is required for any of the above events. Call 602-992-5790 or visit [www.arizonasunrays.com](http://www.arizonasunrays.com).

**Winter Brrr-eak Camps at children's museum**

The Children's Museum of Phoenix fills winter days with hands-on learning, games, and activities designed to cultivate the muscles and minds of your young ones. Each unique Winter Brrr-eak Camp includes relevant literature exploration, art activities, and plenty of free play within all three floors of our imaginative exhibits.

Camps run 9 a.m.-4 p.m. Dec. 21-23 and Dec. 28-30, with early/aftercare available. All campers must be 5 to 8 years of age. Cost is \$135 for museum members and \$165 for nonmembers, per session. Early drop-off and late pick-up are an additional \$20 per day or \$45 for three days.

For more information, contact Laura Marrocco at [lmarrocco@childmusephx.org](mailto:lmarrocco@childmusephx.org) or 602-648-2777.

**Story, music festival for kids at PVCC**

Paradise Valley Community College students are bringing books to life through the art of storytelling during the Fall Festival of Tales, 9 a.m. to 2 p.m. Saturday, Dec. 5, in and around the Kranitz Student Center (KSC).

PVCC's Art of Storytelling classes, Club Ed, Commercial Music program, Education program, and the Center for the Performing Arts present this free event for children in the community. Storytelling sessions are at 10 a.m., 11 a.m., and 1 p.m. In addition, PVCC's Partners in Art Club will provide demonstrations of pottery making and clay sculpting, and local elementary school schools will perform live music.

In its eighth year at PVCC, the Festival of Tales is a fun day of reading, literacy and cultural activities for local children, with arts and crafts, games, simulations, face painting, and food trucks. More than 2,000 new books will be given away to participating children.

The festival also features musical performances by Heidi Swedberg and

the Sukey Jump Band (children's music), PVCC student music ensembles, and local elementary schools and community group performances. In addition, Bricks4kidz.com will provide LEGO building stations that focus on STEM principles (Science, Technology, Engineering and Math).

Paradise Valley Community College is located at 18401 N. 32nd St. Free parking for the KSC is at the 34th Street and Union Hills Drive entrance. Advanced online registration is suggested. Visit [www.festivaloftales.com](http://www.festivaloftales.com) for information, performance times, registration, and a campus map or call 602-787-6562.

**Fitness club offers winter camp for kids**

The Camelback Village Racquet & Health Club offers an all-day Winter Break Fitness Camp to children ages 5-12 years old. Campers will meet new friends, learn basic fitness skills, and participate in game activities. The camp offers something for all different types of sport and fitness interests such as basketball, field games, kickball, soccer, dodge ball, relay races and more.

Camps are set for Dec. 21-23 and Dec. 28-30. Camp hours are 9 a.m.-3 p.m. Sign up for the camp is now available and you must sign up your children at least 72 hours in advance of attending a session.

The Camelback Village Health Club & Spa is located at 4444 E. Camelback Road. Visit [www.villageclubs.com/village-kids](http://www.villageclubs.com/village-kids) for more information including rates, or call 602-840-6412.

**Snow Week returns to AZ Science Center**

Arizona Science Center's Snow Week is back for another seven days of science wonder, Dec. 26-Jan. 1, 2016. The center will celebrate the season with more than 60 tons of snow blanketing Heritage and Science Park's grassy hill in white.

Happening daily during Snow Week 2015 will be special "explosive" demonstrations such as Snowing Ping Pong Balls and various activities around the wonders of science and winter. This is the best time to visit Arizona Science Center with out-of-town friends and family for some winter fun.

The center is located at 600 E. Washington St. For more information, visit [www.azscience.org](http://www.azscience.org) or call 602-716-2000.



**Don't Let the Flu Get You!**

*Flu vaccinations are your best defense. Avoid large crowds, get plenty of rest, exercise and wash your hands often.*

**Visit Arizona's Only All-Night Urgent Care for Kids!**

**Now Open 5 pm - 5 am  
365 nights a year**

**Newborns through 18-year-olds**

**Every child is seen  
by a pediatrician**

**Save time and money  
compared to an ER**

**Visit  
[www.GoodNightPeds.com](http://www.GoodNightPeds.com)  
for locations**

**We offer  
Sports Physicals!**

 Good Night Pediatrics  
 GoodNight4Kids



# When Experience Matters, Call Rodney Coty



**8101 N. 16th Drive • \$296,500**

3 bdms • 1.75 baths • 1951 SF • 2 car garage • Nice home!



**1536 W. Rovey Lane • \$200,000**

3 bdms • 1.75 baths • 3264 SF • Den-updated kitchen/baths • Irrigated lot



**8522 N. 15th Drive • \$699,900**

5 bdms • 2.75 baths • 2947 SF • Guest qtrs • Basement • 2 car garage



**7519 N. 13th Ave. • \$749,900**

4 bed • 2.75 bath • 3243 SF • 3 car garage • Full remodel



**8915 N. Drey Lane • \$435,000**

3 bdms • 3 baths • 2510 SF • 2G • Gated • Tennis • Private pool/spa



**2542 W. Woburn Lane**

3bdm • 2.5 baths • 2293 SF • Loft • 2 car garage



For more information about these and other properties, contact

## Rodney Coty, PLLC

Cell: 602-570-2689

Fax: 602-749-6114

[www.RodneyCoty.com](http://www.RodneyCoty.com)



*Be sure to visit my real estate web site, which features my current listings and offers you the ability to search virtually every home for sale on the multiple listing service. In addition, you'll find comprehensive community information for Arizona's cities and towns that will help guide you in selecting the right real estate or home for sale.*

# Pioneer Title Agency

COMMITMENT TO SERVICE



**Erich Reichenberger**

Vice President/Area Manager

Maricopa County Sales Manager

Pioneer Title Agency, Inc.

14850 N. Scottsdale Rd. Suite 160

Scottsdale, AZ 85254

480.368.1500 Office • 602.799.2345 Cell



# Cornerstone

## MORTGAGE GROUP

**Andrew Nametz**

Vice President of Sales

6245 N. 24th Parkway, Suite 213

Phoenix, AZ 85016

Main Office (866) 815-1803 x 306

Mobile (858) 200-5827

Fax (877) 616-8716

NMLS: #323454

NMLS #173855



ARTS & ENTERTAINMENT

Check out the best kept secret in the North Central area ...

# The North Mountain Visitor Center! Holiday Hike & Sing-a-long

Saturday, December 19 • 8 am - Noon

Hiking • Holiday Music • Raffle Drawing • A visit from Santa

Join in a **Holiday Hike** toward the base of Shaw Butte. There will be a variety of hikes from which to choose, all geared to the abilities of the participants.

Following the hikes, Eric Laubach and other local musicians will lead a **Sing-a-long** of holiday favorites in the North Mountain Visitor Center at 10:30 a.m. along with a raffle drawing. Raffle tickets are \$1 each, 6 tickets for \$5, or 13 tickets for \$10.

The festivities will conclude with a visit from **Santa Claus** around noon.

Register for the hikes earlier in the week or 30 minutes before the start of the hike.

Admission is free and the event is open to the public.

Hosted by Save Our Mountains Foundation at the North Mountain Visitor Center



**12950 N. 7th Street**  
**602-343-5125**

Visit us at [www.northmountainvisitorcenter.org](http://www.northmountainvisitorcenter.org)

Just south of Thunderbird Avenue on the west side of 7th Street.

The Center is open seven days a week from 8 A.M. to 1 P.M. in the fall and winter.

## Shopping, music event benefits music students

The Osborn School District Music Department and the Osborn Education Foundation are partnering with the Seventh Avenue Merchants' Association (SAMA) to host an evening of "Music and Merriment on Melrose" on Friday, Dec. 4 from 5 to 8 p.m.

Shops along 7th Avenue in the Melrose District, south of Camelback Road, including Figs, Serendipity, Retro Ranch, Rebel Salon & Vintage, Melrose Pharmacy, Harley's Italian Bistro, Wag N Wash, Pultan & Nororian, and Copper Star Coffee, will host musical acts throughout the evening. Featured performers include the Dan Doyle Quartet, Thermal Blues Express, League of Zeros, Soulective, One Love, Clarinets for Conservation, the North High School Chamber Strings, the Central High School Choir, the OMS Firedrums, and many other musical groups representing the Osborn elementary schools.

Walk the Melrose District from one end to the other and shop, eat, listen to music and donate. All donations will directly benefit the hundreds of students who participate in the Osborn music programs by contributing to instrument repairs and purchases. Come out for a fun night of great shopping, delicious food, and beautiful music to kick off your holiday season.

For more information, visit [www.melroseon7thavenue.com/events](http://www.melroseon7thavenue.com/events).

## 'Black Nativity'

Black Theatre Troupe

Dec. 1-11

Helen K. Mason

Performing Arts Center

1333 E. Washington St.

602-258-8129

This popular holiday event by Harlem Renaissance poet Langston Hughes returns to the BTT stage in a stunning new production. A company of singers, actors, dancers and musicians delivers its powerful message of joy, hope, victory and liberation. Tickets are \$32. Visit <https://blacktheatretroupe.tixato.com/buy>.

## 'A Celebration of Christmas'

Dec. 3-6 & 9-15

Dream City Church

13613 N. Cave Creek Road

800-431-9734

Mark your calendar for a family-friendly, Broadway-style Christmas musical at Dream City Church complete with music, dancing, animals, aerial stunts, and more. Show times are 7 p.m., with matinees at 3 p.m. Dec. 5-6 and 12-13. Tickets range from \$25 to \$7. Limited free seating is available on a first come, first served basis, excluding shows on Dec. 11-15. All the free seats are located in the second balcony. For free seating, arrive early and park in the north lot for easy access to the north entrances. Visit <http://www.phoenixfirst.org>.

## 'Santa Claus

Conquers the Martians'

All Puppet Players

Dec. 4-19

Playhouse on the Park

1850 N. Central Ave.

602-254-2151

Santa kidnapped by Martians?! Will the children of Earth have no toys on Christmas? Only Hollywood could cook up such an absurd story and only the All Puppet Players would want to make it into a live puppet show! This season, you could do the same old holiday re-runs, with their ho-hum holly and mundane, moldy mistletoe...or start a new tradition by joining Santa on a madcap adventure in outer space! Tickets are \$22 general admission. Not for children under the age of 7. Visit [www.allpuppetplayers.com](http://www.allpuppetplayers.com).

## A & E Briefs

'A Bloody Mary Christmas'

Weekends, through Dec. 27

Space 55

636 E. Pierce St.

This irreverent and bawdy Christmas musical returns for the sixth holiday season. Retirees Blanche, Bertha and Mabel sing, dance and drink themselves silly as they fight to keep from losing their Sun City condo to a heartless homeowner's association on Christmas Eve. This show is not appropriate for children. Show times are 8 p.m. Fridays and Saturdays, and 7 p.m. Sundays. There will be special performances at 8 p.m. on Dec. 22 and Dec. 23. Tickets are \$18 on Friday and Saturday, \$15 on Sunday. Tickets are on sale at [www.space55.org](http://www.space55.org).

## EXPERIENCE RAUCOUS REVELRY!

# 28TH ANNUAL ARIZONA RENAISSANCE FESTIVAL & ARTISAN MARKETPLACE™

EIGHT FESTIVE WEEKENDS

FEBRUARY 6TH THRU MARCH 27TH

SATURDAYS, SUNDAYS & PRESIDENTS' DAY • 10:00AM-6:00PM

FEASTING  
JOUSTING  
MUSIC  
COMEDY  
RIDES  
GAMES

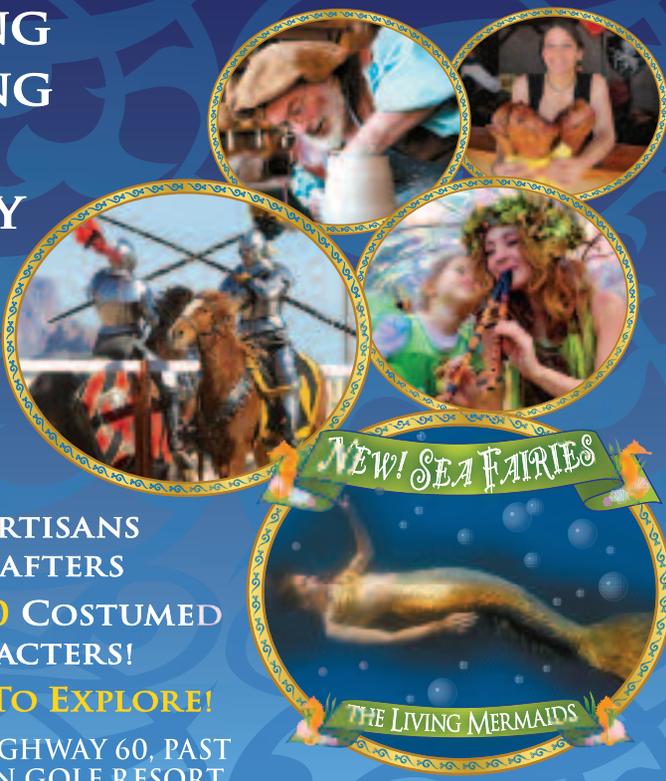
& MUCH MORE!

200 ARTISANS & CRAFTERS

OVER 2,000 COSTUMED CHARACTERS!

30 ACRES TO EXPLORE!

EAST ON US HIGHWAY 60, PAST GOLD CANYON GOLF RESORT



NEW! SEA FAIRIES

THE LIVING MERMAIDS



PRINT DISCOUNT TICKETS ONLINE  
GET DIRECTIONS & FESTIVAL INFO  
**RENFESTINFO.COM**



**ARTS & ENTERTAINMENT**

**'A Winnie-the-Pooh Christmas Tail'**

**Dec. 4-23**  
**Valley Youth Theatre**  
**525 N. First St.**  
**602-253-8188**

The theater celebrates the 20th anniversary of this beloved classic live on stage. Visit the snow-covered Hundred Acre Woods and share the holidays with Tigger, Eeyore, Owl, Kanga, Roo, Piglet and Pooh. Two Sing-A-Long performances have been added for Dec. 19 at 11 a.m. and Dec. 22 at 12:30 p.m. Tickets to all shows are \$18 plus fees for general admission. Visit [www.VYT.com](http://www.VYT.com).

**'Winter's Journey'**

**2 p.m. Sunday, Dec. 6**  
**Virginia G. Piper**  
**Performing Arts Center**  
**Xavier College Preparatory**  
**7th St. & Highland**

This annual Christmas pageant is the traditional story of the birth of Christ as told through reverent music and dance. This year's theme is "Winter's Journey." The performance is Xavier's gift to the community, so there will not be a charge for admission.

**'Holidays With Orpheus'**

**The Orpheus Male Chorus of Phoenix**  
**3 p.m. Sunday, Dec. 6**  
**All Saints Lutheran Church**  
**15649 N. 7th St.**

Arizona's longest-standing, continuously performing choral arts organization continues its 87th season with new, lively repertoire such as "Brightest and Best" and "Hodie! Alleluia!" along with classics recognized by all including "Still, Still, Still," "Go Tell It on the Mountain," "Santa Claus Is Comin' to Town" and "Jingle Bells." Plan to join the fun in the audience sing-along. For event and ticket information, call 602-271-9396 or visit [www.orpheus.org](http://www.orpheus.org).

**Christmas Concert**

**3 p.m. Sunday, Dec. 6**  
**First United Methodist Church**  
**5510 N. Central Ave.**  
**602-263-5013**

The gifts of the entire First Church Music Department are on display for this occasion. Complete with Choir, Handbells, Band, Organ and Children's Choirs—this concert is sure to please all musical tastes. This is a free event with a free-will offering. A reception will follow. Visit [www.firstchurch.church](http://www.firstchurch.church) for concert details.

**'A Christmas Carol'**

**Dec. 10-26**  
**Herberger Theater**  
**222 E. Monroe**  
**602-256-6995**

Katie McFadzen will use Dickens' own immortal words to turn the family-friendly classic into a one-woman tour-de-force as she performs all 27 characters from Scrooge to Tiny Tim. Tickets are \$23-51 plus fees. Discounts are available for seniors and active military. A \$10 student ticket pricing is now available for all performances. Pay What You Can performance is Dec. 16 at 7:30 p.m. Tickets are available for a suggested \$10 donation (cash only). Visit [www.arizonatheatre.org](http://www.arizonatheatre.org).

**'The Santaland Diaries'**

**Arizona Theatre Co.**  
**Dec. 10-26**  
**Herberger Theater**  
**222 E. Monroe**  
**602-256-6995**

The outrageously funny tale of best-selling humorist David Sedaris' tenure as an unemployed writer taking

*please see DIARIES on page 54*

# Holidays at the Heard

**SATURDAY, DEC. 26 TO THURSDAY, DEC. 31**



**ENJOY**

Artist demonstrations  
 Dance performances ★ Live music  
 Free with museum admission!



American Indian Art and History | Special Events | Shopping & Dining  
 2301 N. Central Ave. Phoenix, AZ | Full event schedule at [heard.org](http://heard.org)



**Jerry's Golfballs**  
 Premium Recycled Golf Balls



**Top Brands in Golf Balls for 50% off the retail price!**

**We pay top dollar for recycled balls and used clubs!**

**We have everything you need to play golf!**  
**Balls • Clubs • Tees • Headcovers • and More!**

**Rental clubs now available for \$25 per day**

**We offer same-day club re-gripping**

**Open Monday-Friday 8 am - 5 pm**  
**Saturday 8 am - 2 pm • Closed Sunday**

Bring this coupon in and receive  
**10% OFF**  
 your entire purchase  
 In-store only. Expires March 31, 2016

Visit us at our new and improved, bigger store at

**2948 E. Bell Rd #105**

North side of Bell Road across from the AMF Bowling Alley

**602-404-2142**

**Great holiday gift ideas for golfers!**

**We have Gift Certificates available!**

ARTS & ENTERTAINMENT

## Countdown to the Holiday Parties

Come dance with the best teachers, build your confidence and ease... and just think of the fun. Come on... Join the new season schedule and dance parties at your studio. Call now for details.

**Gift Certificates Available**

Hours: 11am-9pm Mon.-Fri.; 11am-3pm Sat.

**Arthur Murray**  
Franchised Dance Studios

PHOENIX • 1210 E. Indian School Road  
(602) 264-4612 • www.arthurmurrayphoenix.com

Credit Cards Welcome

acrylic painting • watercolor • colored pencil • block printing • silk painting • ceramics • collage

# Art 4 Fun!

studio and gallery

You don't have to be an artist to *be an artist!*

## Art Classes and Parties Adults and Children

602-274-6441 • www.art4funstudio.com  
3508 N. 7th St, Ste 115 S, Phoenix 85014

classes • workshops • customized parties

**DIARIES continued from page 53**

a job as Crumpet the Elf in Macy's Santaland display. Ticket are \$23-\$51 plus fees. Visit [www.arizonatheatre.org](http://www.arizonatheatre.org). Discounts are available for seniors and active military. A \$10 student ticket pricing is available for all performances. Pay What You Can performance is Thursday, Dec. 17 at 7:30 p.m. Tickets are available for a suggested \$10 donation (cash only).

**'The Nutcracker'**

**Ballet Arizona**  
Dec. 11-27  
**Phoenix Symphony Hall**  
75 N. 2nd St.  
602-381-1096

The beloved ballet tells the story of a little girl named Clara who is given a magical nutcracker doll on Christmas Eve. Experience the many special effects, including the Christmas tree that "grows" to 40 feet, 200 pounds of "snow" falling during the snow scene and the firing of cannons onstage. Forty-five minutes before each performance, audiences are invited to the

Symphony Hall lobby for pre-show events including storytelling and photos with the Sugar Plum Fairy. Ticket prices start at \$15, discounts offered for seniors, students, military and groups. Visit [www.balletaz.org](http://www.balletaz.org).

**'Winter Wonderland'**

**Phoenix Boys Choir**  
7 p.m. Saturday, Dec. 12  
**Camelback Bible Church**  
3900 E. Stanford Drive  
602-264-5328

The choir performs an array of holiday favorites. Audiences will be uplifted with traditional songs as well as a new medley based on the story of Rudolph the Red Nosed Reindeer. The highlight will be excerpts from Benjamin Britten's magnificent "Ceremony of Carols," culminating with a glorious performance of the "Hallelujah!" Chorus from Handel's "Messiah." Tickets are \$23-\$28, and \$18 for seniors and children ages 12 and younger. Visit [www.PhoenixBoysChoir.org](http://www.PhoenixBoysChoir.org).

**'Holiday Favorites'**

**Arizona Opera**  
Dec., 18, 20 & 22  
**Phoenix Theatre**  
100 E. McDowell Ave.

Pianist Joseph Li is joined by Alicia Gianni (Soprano), Grace Newberry (Mezzo-Soprano), Jack Swanson (Tenor) and Shea Owens (Baritone) who will sing a host of favorite songs from holiday classics. Show times are 8 p.m. Friday and Tuesday, and 3 p.m. Sunday. Tickets start at \$25 and are available at [www.azopera.org/performances/holiday-favorites](http://www.azopera.org/performances/holiday-favorites).

**'A Chorale Christmas'**

**Phoenix Chorale**  
7:30 p.m. Dec. 21-22  
**Brophy Chapel**  
4701 N. Central Ave.  
602-253-2224

This powerful program explores the beauty of nature and the cosmos during the holidays. Thrill to the majesty of Javier Busto's lyrical "Ave Meris Stella" (Hail Star of the Sea), cheer the whole family with the traditional Sing-Along and introduce yourself to new favorites. Each concert is accompanied by children from the Arizona School for the Arts, performing on an array of crystal bowls. Tickets are \$15 for students; \$29 for seniors 65 and older and active Duty military; and \$34 for adults. Visit [www.phoenixchorale.org](http://www.phoenixchorale.org).

## START A NEW TRADITION

Celebrate Christmas Eve & New Years Eve With Us

**SUNDAY & MONDAY NIGHTS**  
1/2 OFF ARIZONA BOTTLES OF WINE

**FOOD & WINE**  
Places to Eat & Drink in Phoenix

**THRILLIST**  
12 Essential Phoenix Restaurants

**THE ARIZONA REPUBLIC**  
Seftel's Top 10 New Dishes in 2014

**ZAGAT**  
11 Hottest Restaurants in Phoenix/Scottsdale

**SOUTHERN RAIL RESTAURANT**  
EST 2014

602-200-0085  
[www.SouthernRailAZ.com](http://www.SouthernRailAZ.com)  
300 W. Camelback Road Phoenix, AZ 85013  
(one block west of central located in the Newton)

# UPTOWN FARMERS MARKET

SATURDAY + WEDNESDAY MORNINGS | CENTRAL + BETHANY HOME | PHOENIX

Named as one of America's 50 Best Farmers' Markets by *Cooking Light Magazine* 2015

*A Gather Arizona™ Event*



Uptown Farmers Market is a food-focused farmers market with over 100 vendors, live music and activities for the kids each week! Uptown Wednesday is open with no closures all through December as your mid-week stop for gourmet food, coffee, groceries, easy parking and more. **Look for extra handmade crafters through the holidays so you can find the perfect, unique gift.**



**December 5**

Uptown Farmers Market will be CLOSED for the APS Electric Light Parade



**December 12**

Neighborhood Chef Series -- 10 AM -- Chef Justin Beckett of *Southern Rail Restaurant & Beckett's Table*

**December 19**

Neighborhood Chef Series -- 10 AM -- Chef Paul Hamernik and Chef Aaron Chamberlin of *St. Francis Restaurant*

**December 26:**

We are open this day after Christmas!

**January 2:**

Uptown Farmers Market will be CLOSED for the Fiesta Bowl Parade

## CONTACT

uptownmarketaz.com  
bo@uptownmarketaz.com

## HOURS

Saturdays 9a-1p  
Wednesdays 8a-1p

## FOLLOW US!

Facebook, Twitter & Instagram  
@uptownmarketaz

## LOCATION

5757 N Central Avenue - Phoenix,  
Arizona 85012

THIS MARKET WOULD NOT BE POSSIBLE WITHOUT THE CONTINUOUS SUPPORT OF THE NORTH PHOENIX BAPTIST CHURCH



**FOOD FOR THOUGHT**

# George's Kitchen

• Pitas • Salads • Pizza

**Dine In • Take Out • Delivery**

**Lunch Specials!**

Gyro Pita \$ 9.50  
 Chicken Pita \$ 9.50  
 Chicken Feta Salad \$10.50  
 Gyro Feta Salad \$10.50

**Daily Specials!**

*Tuesday*  
 Chicken Spinach Salad

*Wednesday*  
 Salmon Arugula Salad

*Thursday*  
 Half Chicken w/Rice

*Friday*  
 Fish & Chips

*Saturday*  
 Steak Sub



**PIZZA SPECIAL**

**\$9.00**

WITH 2 TOPPINGS

Expires 1/15/16



**FREE DRINK**

WITH PURCHASE

OF LUNCH OR DINNER!

Expires 1/15/16

**Beer & Wine Available for Takeout**

**602-441-3030**

**6102 N. 16th St.**

See our menu online at [georgeskitchenphx.com](http://georgeskitchenphx.com)



Bernie Kantak, left, chef and partner with The Gladly, and Andrew Fritz, partner and CEO, show off two of the eatery's most popular items. Kantak is holding The Wagyu burger, featuring bacon-onion marmalade, Point Reyes blue cheese and arugula on a potato bun, accompanied by fried onion ash fingerlings with a garlic-aioli dipping sauce. Fritz offers up The Original Chopped Salad, a signature dish developed at sister eatery, Citizen Public House, which has a combination of Israeli couscous, sweet dried corn, smoked salmon, asiago, pepitas, tomatoes, currants and arugula with a basil-ranch dressing (photo by Teri Carnicelli).

## Café Chat

**Enjoy great food, drinks at aptly-named The Gladly**

By Patty Talahongva

No detail is too small for Andrew Fritz to attend to at his restaurant, aptly called The Gladly, and that's why he has toothpicks in the restrooms and a menu that offers everything from chicken pate to duck meatloaf and dozens of varieties of whiskey, scotch and local wine and beer.

Even the name evokes the feeling he and his staff have for their customers. They will gladly try to accommodate all requests because, as he puts it, "I really like that. It's that taking care of people. It speaks to the service we want to provide."

The menu is American fare with the special flair of chef and co-owner Bernie Kantak. Kantak made a chopped salad that's so popular it even has its own Facebook page. Another popular item at both lunch and dinner is a burger made with Wagyu beef, a high-quality meat comparable to Kobe beef.

The menu changes with the season and right now Fritz likes the pot roast sandwich, served with fingerling potatoes. He enjoys watching his guest happily eating the food. And he especially

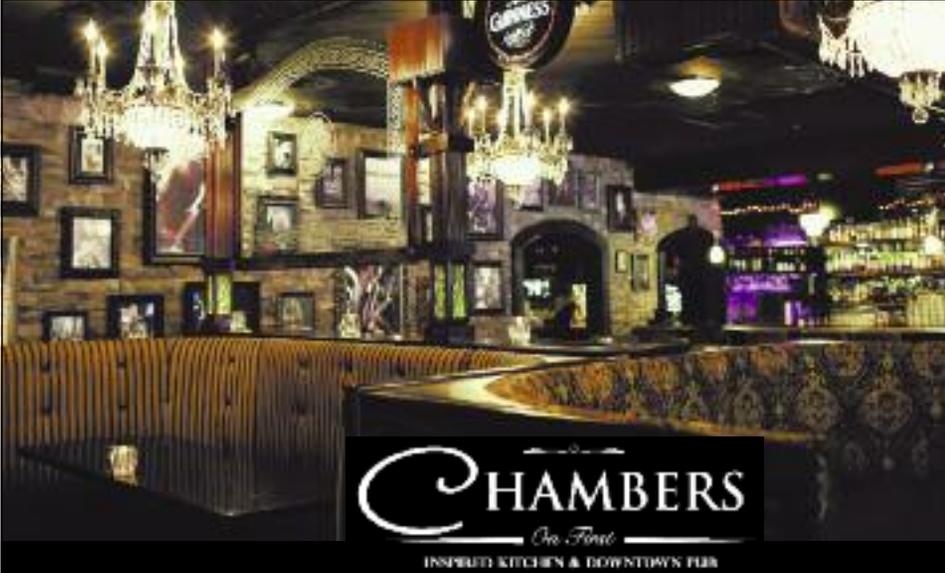
likes it when chefs from nearby restaurants come in at the end of the night, or on their day off, to sit at the bar and enjoy the food, drink and atmosphere.

The Gladly is well-appointed but unpretentious. The generous, dog-friendly patio and indoor seating don't make you feel cramped. There also is a separate room that can be reserved for a more intimate dining experience.

The clientele varies throughout the day. At lunch, business people enjoy the eclectic menu, while others may come in, set up their laptops and work right into Happy Hour. Fitz also notices that locals like to linger after work. Dinner for two, with drinks, is around \$85, not including tax and tip. And right now you can select from several appetizers to the traditional dinner for two, or you can try a few smaller plates and salads.

If you are checking the place out for the first time, Happy Hour is a great place to start. Served from 3-6 p.m. Monday through Saturday, selections include the famed Chopped Salad, a pistachio chicken liver pate, roasted Brussels sprouts, smoked chicken wings, and a sausage, pretzel and cheese fondue plate. Portions are enough for two to share. Draft beer is half price and featured wines are \$5 a glass or \$20 a bottle. There also is a Cocktail of the Day for \$6 and a Boulevardier cocktail

*A place to relax downtown*



**CHAMBERS**  
*On Tap*  
 INSPIRED KITCHEN & DOWNTOWN PUB



**(602) 296-5043**

[www.ChambersPHX.com](http://www.ChambersPHX.com)  
 705 N. 1st Street, Ste 100  
 Phoenix, AZ 85004




*Let Us Cater Your Event*

**FOOD FOR THOUGHT**

(whiskey) on tap for \$6.

Fritz and Kantak made the decision to offer a full whiskey bar, featuring more than 200 selections. It can be a bit overwhelming unless you know your way around Scotch whiskey, brandy and bourbon. They are happy to help you make a selection or reinforce your choice.

One specialty drink that will take your breath away is the Conflagration Nation. For \$18 you can sip the drink made with rye whiskey, bourbon, ruby port and tobacco smoke. Have the bartender tell you the story behind this drink commissioned by the Smithsonian Museum.

Originally from Dayton, Ohio, Fritz loves the Camelback Corridor neighborhood and has been a resident in the area for about a year. He recognizes the vibrancy of the corridor and says he enjoys having his home and his restaurant in the area.

Fritz clearly understands the role a local restaurant can play in the community, and he is doing his share to help improve the area. He's currently offering to donate \$1 from every drink

he sells that uses the Ice Ball. A small block of ice is pressed between to metal molds tableside, and you get to watch as it melts and becomes the size and shape of a tennis ball in a matter of minutes. The charity is selected every two weeks.

If you are looking for a great place to ring in the New Year, The Gladly offers two options for New Year's Eve dinner. The dining room will be open from 3 to 11 p.m. and will serve one menu that features four courses. Reservations are high recommended and the cost is \$60 per person.

The second option is the six-course dinner that will be very interactive with the guests. Fritz describes it as, "a molecular mixology interactive with food." The cost is \$200 and dinner will be served in the private dining area.

The Gladly is located at 2201 E. Camelback Road, #106. The best place to park is in the large lot to the south of the eatery, just east of 22nd Street. For reservations, call 602-759-8132. For lunch and dinner menus, visit [www.thegladly.com](http://www.thegladly.com). You also can follow The Gladly on Facebook or Instagram.

**13<sup>^</sup>**  
**THIRTEENORTH**  
 bar & grille

JOIN US...  
**Christmas Eve**  
 11 a.m - 9 p.m.  
**New Year's Eve**  
 11 a.m. - 10 p.m.  
Special Dinner Menu!

**Great Food & Spirits Every Day!**  
 Don't Drop... Stop After You Shop...

**WEEKEND BREAKFAST**  
 IS SERVED 8:30AM TO NOON  
 Buy 1 Breakfast, Get 1  
 OF EQUAL OR LESSER VALUE FOR  
**HALF PRICE**  
**\$5** Bloody Mary, Mimosa,  
 or Screwdriver

1301 E. Northern • Phoenix • 85020  
 602-795-1397 • THIRTEENORTHGRILLE.COM  
 MON - THU: 11A - 9P • FRI: 11A - 10P  
 SAT: 8:30A - 10P • SUN: 8:30A - 9P

**Voted Best Southwestern Restaurant in the Valley!**

A uniquely Arizona restaurant serving a rustic fusion of cowboy and Mexican-inspired cuisine.

Happy Hour Daily  
 \$10 Weekday Lunch Specials  
 Friday and Saturday  
 Prime Rib Dinner Special

Private Dining Rooms Available  
 for Holiday Parties

**6933 N. 7th St.**  
 SE Corner 7th St. & Glendale (behind Wells Fargo)  
 Additional parking available in the adjoining lots just east of the restaurant.

**602-264-0700**  
**www.sierrabonitagrill.com**

**Sierra Bonita Grill & Catering**

6505 N 7TH STREET, PHOENIX 85014



**Gourmet pizza**  
**Large variety of slices**  
**Large variety of fresh fish dishes**  
**Salads**  
**Pasta**  
**Gluten free pizza and pasta**  
**Appetizers**  
**Milk shakes**  
**Hot and cold drinks**  
**Fresh desserts**

✓ Cholo Yisroel  
 ✓ Pas Yisroel  
 ✓ Kosher

**North Central's  
 "Go-To" Spot  
 for Fresh  
 Vegetarian Dining!**

SUNDAY - THURSDAY  
 11am - 9pm  
 FRIDAY  
 11am - 3pm  
 SATURDAY  
 1 hour after sunset till 12am

**602-354-7002**  
 labellapizzeriaandrestaurant.com



**FOOD FOR THOUGHT**

**Dining Briefs**  
**'Breakfast With Santa'**  
**at Rico's American Grill**

Mr. and Mrs. Claus will play host to memorable morning breakfasts at the Pointe Hilton Squaw Peak's Rico's American Grill, 7677 N. 16th St.

The holiday dining events feature a tasty buffet, seasonal photos with Santa, and holiday story time, whimsical cookie decorating and gingerbread activity books led by Mrs. Claus.

The "Breakfast With Santa" series will be offered Dec. 19, 20, 23 and 24 with three seatings each day at 8 a.m., 10 a.m. and noon. Pricing is \$31.95 for adults and \$19.95 for children ages 10 and younger, inclusive of a complimentary photo with Santa.

Reservations for "Breakfast With Santa" are required and can be made by calling 602-997-5850.

**Flower Child opens**  
**in Uptown Plaza**

Flower Child, Sam Fox's healthy fast-casual restaurant, opened its third Valley location last month in the Uptown Plaza

shopping center at Central Avenue and Camelback Road. Flower Child took over and revamped the space once occupied by Sweet Tomatoes.

Flower Child offers a wide selection of healthy options for lunch and dinner, with an emphasis on gluten-lite items. The heart of the menu is the "build-your-own plate," where guests can mix and match nearly 300 different combinations of seasonal vegetables, fruits, and grains with or without their favorite protein. The menu also includes starters, hearty salads, whole grain wraps and bowls. In early 2016—and for the first time—the restaurant, at this location only, will be open for breakfast, offering coffee, breakfast wraps and bowls, seasonal scrambles and more.

For diners on the go, there is a convenient pick-up area for takeout orders and a fully stocked grab-and-go refrigerator.

The menu offers many options for vegans and vegetarians or those with a gluten-free diet. In fact, every dessert offered at Flower Child is gluten free.

Flower Child is located at 100 E. Camelback Road. Hours are 11 a.m.-9 p.m. Monday through Sunday. For more information and to view the full menu, visit [www.iamflowerchild.com](http://www.iamflowerchild.com).

**Keegan's under**  
**new ownership**

After 25 years in business, owner Don Weissmueller of Keegan's Grill on Camelback has sold his restaurant to three longtime employees. The new owners—Ramsey Clark, John Coppetelli and Melissa Wheeler—have collectively been a part of the company for more than 60 years.

Weissmueller spent many years in the industry working for McDonald's and the Big 4 Corporation before opening Keegan's doors back in 1989, and it was a success from the start.

"After over 25 years owning Keegan's, it was time for me to take some time to enjoy family and friends," Weissmueller explains. "That decision was made easy when I was able to pass ownership along to some of the great people that helped build it. I couldn't imagine going out a better way."

"This has been a long-time dream for us all to be restaurant owners," said Melissa Wheeler. "We are blessed to have such great customers that are like family to us and look forward to continuing to serve the Camelback Corridor community for many years to come."



**LAJITAS 17**  
**PRESIDIO 67**

**TEXAZ GRILL**  
**30 YEARS**  
 1985-2015

**TEXAZ SIZE ★ TEXAZ STYLE**

LUNCH & DINNER 7 DAYS A WEEK • SUNDAY BRUNCH

**6003 N 16TH ST.**  
**PHOENIX, AZ 85016**  
 NE Corner of 16th St. & Bethany Home Rd.

**(602) 248-7827** **TEXAZGRILL.COM**

\*Now through Christmas Eve at 4pm.  
 Buy one certificate as a gift, receive 10% of the purchase in a gift certificate for yourself!  
 Cookbooks \$10 now through Christmas Eve at 4pm.

**THE GIFT THAT KEEPS ON GRILLING...**  
 TEXAZ GRILL GIFT CERTIFICATES

**FOOD FOR THOUGHT**

Keegan's is located at 3114 E. Camelback Road. You can become a fan of Keegan's on Facebook. For more information, call 602-955-6616 or visit [www.keegansgrill.com](http://www.keegansgrill.com).

**Special menu, offer at Sierra Bonita**

On Christmas Eve, Sierra Bonita Grill will serve two dinner specials for the occasion. The popular Prime Rib dinner (\$36) features a 14-ounce prime rib, served with green chile mashed potatoes, horseradish cream and beef au jus. The fresh catch is Pan Seared, Crab Crusted Shrimp and Halibut (\$38), with prosciutto-wrapped asparagus, organic heirloom tomato slices, and a saffron-habañero hollandaise.

In addition, through Dec. 31, buy \$100 in gift cards, and receive a \$20 bonus gift card. There are no restrictions on the bonus gift cards. The gift cards must be purchased in person.

Sierra Bonita Grill is located at 6933 N. 7th St. For more information, call 602-264-0700 or visit [www.sierrabonitagrill.com](http://www.sierrabonitagrill.com).

**Thirteenorth has December specials**

Thirteenorth, a locally owned neighborhood restaurant at 1301 E. Northern Ave., is planning special celebrations for Christmas Eve and New Year's Eve. On Christmas Eve the restaurant will be open from 11 a.m. until 9 p.m. with menu specials for last-minute shopping and getting ready for Santa.

On New Year's Eve, it's a party with some of Thirteenorth's favorite dinner items—and some surprises prepared just for the day.

With a comfortable friendly atmosphere, the bar and grill has a full bar with happy hour every day. And on Sunday, Dec. 13, as it does on the 13th of every month, there will be food and

beverage specials along with its signature weekend breakfast and brunch.

For more information, visit [www.thirteenorthgrille.com](http://www.thirteenorthgrille.com) or call 602-795-1397.

**A custom cake for any occasion**

If you want to bring a sweet treat to a holiday gathering, are planning a winter wedding, or have a loved one with a special birthday, Nina Payne can craft the pastry to match your particulars.

Payne recently opened Sassy Cakes by Nina at the southwest corner of 16th Street and Bethany Home Road.

A single mom of three boys, Payne started baking from home about six years ago in addition to working a full-time job with US Airways. After receiving a lot of positive feedback from customers and encouragement from friends and family, she decided to open her own storefront.

Sassy Cakes offers an assortment of tasty treats including Sassy Bites in a variety of flavors; Sassy Rainbow Cakes, almond cake bites with a raspberry filling and drizzled chocolate on top; Mud Slides, homemade brownies topped with marshmallow and chocolate glaze; and Sassy Cupcakes. In addition, Sassy Cakes offers gluten free and filled cupcakes upon request. Gluten free and filled cupcakes are available upon request. Payne offers free wedding cake tastings and consultations by appointment only.

Sassy Cakes By Nina is located at 5810 N. 16th St. Holiday hours through December are 9 a.m.-7 p.m. Monday through Saturday. Closed Sundays. Regular hours are 10 a.m.-6 p.m. Tuesday through Saturday. For more information, call 602-212-2537 or visit [www.sassycakesbynina.com](http://www.sassycakesbynina.com).

**For local restaurant listings, visit our Dining Guide online at [www.northcentralnews.net](http://www.northcentralnews.net)**

**BUSINESS DIRECTORY**

**A and P PAINTING**  
EXTERIOR & INTERIOR  
[www.AandPpainting.com](http://www.AandPpainting.com)

Power Washing • Trenching • Sanding • Priming • Caulking • Window Glazing  
Drywall Repair • Stucco Repair • Crack Repair • Custom Home Painting

**20% OFF** All Exterior or Interior Paint Jobs with the mention of this ad

**602-502-0900**  
AandPpainting@yahoo.com

LIC#s: 214967, 230606, 220868

**A. J. Birdwell Plumbing**

**602-274-4121**

Water • Sewers • Water Heaters  
Repairs are our Specialty!!

**No TRAVEL CHARGES • FREE ESTIMATES**

ROC # 0457777 • Licensed • Bonded

**A-Lot Sales and Auctions, LLC**  
Where everything goes!

Buy. Sell. Consign. 480-650-4071  
[alotsalesandauctions.com](http://alotsalesandauctions.com) 9418 N 16th Avenue  
Phoenix, AZ 85021

**AMERICAN TREE EXPERTS**  
Still living it right after all these years.

Trimming, Thinning, Shaping and Removal  
Fertilization and Damage Prevention  
Trees • Hedges • Shrubs

David Wolfe Over 15 Years Experience  
100% GUARANTEED FREE ESTIMATES  
For more information call **602.740.2947**

Drywall Specialist

*Anybody's Anything Handyman*

25 Years Construction Experience  
Electrical • Plumbing • Painting  
Remodel • Repair

TODD McGREGOR 602-265-6162  
NOT A LICENSED CONTRACTOR

**ANTIQUE CLOCKS**  
For Sale  
(Antique clocks make great gifts)

Mantle clocks | Wall clocks | Vienna regulators  
Near Maryland Avenue & Central Avenue (Phoenix)

Web Address: [www.clockmaster.me](http://www.clockmaster.me)  
Email Inquiries: [clockmaster@cox.net](mailto:clockmaster@cox.net)  
Call me at: (480) 395-4170

**ART LESSONS**

EXPLORATION THROUGH CREATIVITY  
FOR KIDS 5 AND UP FROM BEGINNER TO ADVANCED  
Taught by experienced professional artist Katy O'Connor, MFA  
[www.katyconnor.net](http://www.katyconnor.net)  
[hellokatyconnor@gmail.com](mailto:hellokatyconnor@gmail.com) CALL: 512 968 9033

**PAINTING ARIZONA RESIDENTIAL**

Small Job Specialist  
Kitchen Cabinet & Vanity Repainting  
Interior & Exterior Door Repainting  
Decorative Faux & Venetian Plaster  
Free Estimates & References Given  
45 Years Experience  
Attention to Detail  
Owner Does All Work!  
(480) 945-4617 Mr. Gary See Web Site For Sample Work  
Not a licensed contractor  
[www.azrespainting.com](http://www.azrespainting.com)

**BUYERS**  
Get CASH Back  
**SELLERS**  
List on MLS for 1%  
**AZParadiseRealty.com**  
**(602)290-4458**

**BUSINESS DIRECTORY**

FURNITURE REFINISHED & REPAIRED  
 LOOSE CHAIRS REGLUED/ CANE WEBBING  
 REPLACED FOR CHAIRSEATS & BACKS  
 ANTIQUES RESTORED /FREE ESTIMATES  
 PICKUP & DELIVERY AVAILABLE



**BERLE CLARK**  
 602-790-6920 berle@q.com 480-998-4468

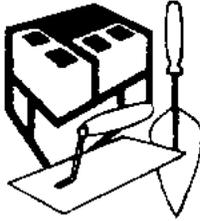


**The Best Handyman**  
 Big & Small we do it all

Electrical Plumbing Carpentry

480-322-3594 All Work Done By "Owner"  
 Free Estimates

Not a licensed contractor



**PAVERS AND LANDSCAPE INSTALLATION**

BRICK • STUCCO • CONCRETE • TILE  
 STONE • FLAGSTONE • MAILBOXES  
 DRIVEWAYS • BEEHIVES • FIREPITS • BBQS

Not a licensed contractor

**Affordable Rates** Satisfaction guaranteed  
 Call Arturo Bonilla  
 602-475-7486

**Climate Crafted Construction LLC**  
 Project Management / Owner assists  
 New Works / Additions / Remodels & More

Phone: 480-290-3292  
 Email: climatecrafted2011@hotmail.com

Licensed, Bonded & Insured  
 ROC 298764

**Cold Ductility Inc.**  
 Welder Blacksmith Artist  
 Copper - Aluminum - Stainless & Mild Steel

Architectural Steel  
 Fabrication & Repair

Jeff Jones www.coldductility.com  
 602.274.4129 JJ@coldductility.com

I live and work in Central Phoenix



**THE Communication Connector**

Looking for a Way to  
 Share Your Company's Story to Build On Your Success?

**The Communication Connector, L.L.C.**  
 is your link to the public!

We Write and Edit:  
 Press Releases • Website Content • Blogs • Social Media Messages

Call 480-550-1196 Communicationconnector.com



*The Computer Wizard*  
 Brian Woloshin



PC Support & Repair  
 Free Estimates

Phone: 602-717-6382  
 E-mail: brian@thecomputerwizard.info  
 http://www.thecomputerwizard.info

Your computer will be fixed or quickly you'll think it's magic!

**CONCRETE MASONRY • STUCCO**

Concrete Patios, Slabs and Pads, Stucco Patch and Repairs  
 Block Walls, Planters and BBQs

**SMALL JOB SPECIALIST**  
 Licensed • Bonded • Insured • ROC #201515

**Wessel and Baker Contracting, LLC**  
 (480) 217-9663  
 or WesselandBaker@gmail.com

**Conversational Spanish**

Why just smile while others translate for you? ¡TÚ PUEDES!  
 One-on-one, semi-private, and small group lessons.  
 ¡LLÁMANOS HOY! ¡TE ESPERAMOS!

602-626-5085 • 602-413-5228  
 www.conversationalspanish.net

1940 E. Camelback Rd, Suite 202 • Phoenix, AZ 85016

**\$249 DENTURES**

**DR. MARK ESPINOZA**  
 REPAIRS WHILE YOU WAIT

**602-943-7297**  
 Money Back Guarantee!

**Sell your car fast and easy**  
 Any make, even with major problems

• Hassle-free offers • Small North Central dealer



Call/text (602) 252-9134  
 anytime (480) 528-1517  
 en Español

directdriveauto.com  
**DirectDriveAuto**  
 • Buy • Sell • Trade | Quality used vehicles



**Divine Design Landscaping**

Tired of the Mow, Blow and Go Companies?  
 Want a Company That Pays Attention to Detail?  
 Call Us **NOW** for All Your Landscaping Needs!

WWW.DIVINEDESIGNLANDSCAPING.WEBS.COM  
**602-769-4564**

**Doors Plus**

Replace, Upgrade, Repair your old doors  
 Interior/Exterior, Custom Woodwork  
 Cabinets & Hardware, Wood Flooring  
 Crown Molding & More!



35 Years Experience

- Impeccable References
- Satisfaction Guaranteed

W. L. Graves doorsplus@cox.net (602) 788-1105  
 Not a licensed contractor

**\$5 Watch Battery Replacement \$5**

We buy gold, silver, platinum, coins, Native American and broken jewelry, silver tableware, antiques, dental gold, watches, knives, collectibles ... **we buy everything!**

**We pay TOP prices!!!**  
 Call for a **FREE ESTIMATE!**

**Dunlap Trading Group**  
 600 W. Dunlap Avenue • Phoenix, AZ 85021  
 602-955-4555

Open Monday-Friday 10 am to 6 pm • Sunday 11 am to 4 pm

CONTRACTORS LICENSE 15422 SINCE 1946

**DYER ELECTRIC CO**  
 ELECTRICAL WIRING AND REPAIRING  
 2135 EAST INDIAN SCHOOL ROAD  
 PHOENIX AZ 85016



OFFICE (602) 955-3770  
 24 HOUR SERVICE

VICTOR DYER

**BUSINESS DIRECTORY**



**602.633.3011**

5150 N 16th Street  
Suite A-114  
Phoenix, Arizona 85016

[www.empowermentcounseling.net](http://www.empowermentcounseling.net)



**Extra Mile Painting Company**

*"Going the extra mile in service, craftsmanship and cleanliness"*  
Joseph Pepp, President

Read our Yelp reviews!

ROC # 299666  
2207 E. Glenrosa Ave.  
Phoenix, AZ 85016  
[www.extramilepaintingcompany.com](http://www.extramilepaintingcompany.com)

**North Central News Readers!**  
Mention this ad and receive  
**25% OFF**  
all interior and exterior work  
FREE written estimates in 24 hours!  
Call us today at **602.521.2662**



**GIFT CERTIFICATES AVAILABLE!**

- PERSONAL TRAINING
- IN-HOME PERSONAL TRAINING
- TONING
- WEIGHT LOSS
- NUTRITION/MEAL PLANNING
- A.F.A.A CERTIFIED
- *Do it Today!*

**DEL SCHNEIDER**  
**602-619-1955**



**FLEMING**

**SPRINKLER/LANDSCAPE**  
INSTALLATION-REPAIRS  
DESIGN/BUILD • LIGHTING  
LICENSED • BONDED • INSURED  
**602-292-5657**  
Doug Fleming, Owner ROC # 098462



**FREE ESTIMATES**  
*Next Day Install Available*  
We can bring samples to you & beat any price!  
We also install Shower/Bath & Kitchen Tile

Carpet \$1.75 Per Sq. Ft. (Inc. FREE Install, Pad & Carpet Removal)  
Laminate \$2.75 Per Sq. Ft. (Inc. Install, Underlayment & Carpet Removal)  
Wood \$4.99 Per Sq. Ft. (Inc. Install, Glue & Carpet Removal)  
Tile 18x18 or 12x12 Only \$3.75 Per Sq. Ft. (Inc. Install & Carpet Removal)

**602-237-6797**  
Showroom located at 4601 E. Bell Rd. Phoenix, AZ 85032  
Lic. Bonded & Ins. ROC 238942 • Financing Available  
*Min. Sq. Ft. purchase required for sale prices. Special pricing until 12-31-2015*



**FRANK'S PLUMBING**

- Service & Repair/Remodel
- Solar & Tankless Water Heaters
- Water Softeners & R.O. Units
- Hot Water Recirculating Pumps
- Clean/Neat Appearance

**Frank Cereska**  
Phone: (623)434-4743  
Fax: (623)780-4541  
Residential & Commercial Lic#260831 • Bonded • Insured



**Executive ASSISTANCE**   **Personal ASSISTANCE**   **Senior ASSISTANCE**

602.619.0079  
[www.girlfridayotg.com](http://www.girlfridayotg.com)

Administrative • Bill Paying • Bookkeeping • Shopping • Errands • Organizing • Packing/Unpacking • Household Help • Companionship

**Put your ad here!**  
Call  
North Central News  
at  
**602-277-2742**  
to find out how!



**Your North Central Neighborhood Expert!**  
*I Will Help You Get The Most For Your Home*

**Debbie Babakitis**  
phoenixtucsonrealestate@gmail.com  
**602-527-6400**




**Honey Bear's Fix It Service**  
Give us your "Honey Do" list!  
All home repairs  
Certified residential electrician  
Plumbing • Painting (interior/exterior)  
**Call Duane**  
**623-330-0104 or 623-326-8707**  
Not a licensed contractor

For all your printing needs!

**IMPRESSION MAKERS**  
PRINTING

[www.impressionmakers.com](http://www.impressionmakers.com) • 1505 W. 10th Place • Tempe • 85281  
480.967.2180 • 480.966.3725 • 480.966.3588

Plugs • Switches • New circuit installs • Spas • Pools

**Jim Sgambati Electric, LLC**  
Residential • Commercial • Remodel • New Construction  
Emergency Service Calls  
35 years experience • Reliable, honest, respected  
On-time service • Guaranteed call backs  
FREE estimates  
**Jim (602) 992-6630**  
ROC # 195188 • [JSELLC@cox.net](mailto:JSELLC@cox.net)

Ceiling fans • In & outdoor lighting • Panels replaced



**KEITH'S UPHOLSTERY**  
MARYANN  
602-997-7633  
CHAIRS • SOFAS • PILLOWS • SLIPCOVERS  
HIGH QUALITY DESIGNER WORK  
304 W. HATCHER RD • PHOENIX AZ 85021



**Lifestyle Pilates**  
A Fully Equipped Pilates Studio  
Reformer • Cadillac • EXO Chairs • TRX  
CoreAlign • Power Plates • Ceragem Massage  
Private, Semi Private and Small Group Training

**15% off packages with 10 or more sessions**  
*Expires 10-31-15*

1321 E. Northern Ave.  
(623) 910-1314   [www.lifestyle-pilates.com](http://www.lifestyle-pilates.com)



**Maira's Housecleaning**  
I will make your house shine!

Call  
**602-321-9972**  
Cleaning products and equipment provided  
Free estimates  
References available

**BUSINESS DIRECTORY**



**Massage For Health**  
 Nancy Happel, L. M. T.  
 Therapeutic Massage ~ Stress Management  
 Relief From Pain

Offering Massage for Stress Management,  
 Injury Recovery and Pain Reduction  
 \$45 Introductory Rate For Your First Session

602/419-1907    TheEducatedBody.com



**Mercy's Strategic Housecleaning**  
 (623) 396-0039  
 Call for a **FREE estimate!**

12 Years Experience  
 Responsible  
 Honest  
 Affordable

Mercy Lanfurd  
 Ely Lanfurd




**Mike Macchiaroli Tree Company**  
 Certified Arborist  
 Licensed • Insured

- Precision Removals
- Deep Root Fertilizing
- Micro Injections
- Artistic Trimming
- Palms
- Free Estimates

47 Years Experience  
 Best Service and Price in the Valley!  
 (602) 509-2773  
 www.phoenixtreeremovalservic.com



**The Osselaer Company**  
 Homeowners Association Specialists

Fifty year history of helping communities.  
 Excellent service to our clients.  
 Cost savings measures.

We help communities increase home values by finding over- spending, improving appearances and reducing costs.

Contact Mel Kuppinger for a complete no cost evaluation.  
 Mel@osselaer.com  
 602-277-4418



**vintage clothing & accessories  
 consignment furniture  
 & home decor**

Fun and Funky all in one place!  
 We make resale affordable!

4314 N. 7th Ave.  
 602-997-1606  
 Open 10 - 5 Thursday - Tuesday  
 Closed Wednesday  
 Looking for quality consignments!

www.pearlymaes.com • fcbk/pearlymaesresale



**"When Your Dogs & Cats Are Family"**

Boarding dogs in my Home with Loving Care  
 Plus - "Drop-In" Pet and House-sitting  
 Doggy Day Care • Large Grass Yard • Take 'em home tired!

Retired Exec - 25+ Years Professional Pet Care!  
 References • 602-363-0273 • tspencer2@cox.net



**Quandt Landscaping**  
 Landscaping Installations & Makeovers

Sprinklers • Brickwork • Patios • Pavers  
 Gravel • Sod • Shrubs • Trees  
 Outdoor Lighting  
 Call for free estimates  
**602-481-8571**



**Rick's Grading**  
 Landscape Grading of all Types

Laser Leveling of Irrigated lots  
 Drainage and Flood Problems

OVER 20 YEARS EXPERINCE  
 Licensed • Bonded • Insured ROC 247729  
 Richard C. Connolly  
 p 602.957.3803 • ricksgrading.com



**Oleander Removal  
 Ryan's Removal**

Oleander, Tree and Stump Removal  
 Dirt • Concrete • Hauling • Trenching • Delivery  
 Laser Leveling • Lot Clearing  
 Insured - Bonded

Call for free esitmate  
**602-451-6120**  
 ryansremoval@gmail.com • oleanderremoval.com

**SNAPPY LAWN SERVICE, INC.**  
 For all your lawn service needs.

Regular Maintenance • Lawn Clean UP  
 Landscaping • Landscaping Construction  
 Thatching, Verticutting and Fertilizing

CALL FOR A FREE ESTIMATE  
**602-275-2745**  
 Serving the Valley over 40 years  
 ROC#236598



| ST. JAMES PHYSICAL THERAPY |

Dennis R. St. James, P.T.    Arcos Del Norte | Suite C  
 Justin C. St. James, P.T., DPT    532 E. Maryland Ave.  
 Phoenix, AZ 85012  
 General and Manual Therapy    p: 602.266.9922

**TILE WORK**  
 Floors • Showers • Kitchens  
 Install or Repair

Call Jim  
**602-418-3508**

**LEATHER FURNITURE CARE**  
 Your Leather Looking Shabby?  
 Cat, Dog Scratches, Dry, Fading?  
**"IT CAN LOOK NEW AGAIN"**

We carry raw local honey!

**602-248-7862**  
**UDDER FINERY LEATHER CARE**  
 ESTABLISHED 1970

**WESSEL AND BAKER CONTRACTING, LLC**

Remodeling and Repair Contractor  
 Carpentry - Patios - Doors/Windows  
 Concrete - Masonry - Stucco  
 Licensed • Bonded • Insured  
 ROC #201515

Contact us for a free estimate at  
**(480) 217-9663**  
 or WesselandBaker@gmail.com

Willard Wetterland Architects, PLLC  
*Architecture + Design*  
 Commercial Residential New Construction Remodels



Willard A. Wetterland, AIA, Principal  
 wwetterland@gmail.com

Tel: 602 274 2333 Fax: 602 274 3222  
 www.wetterlandstudio.com

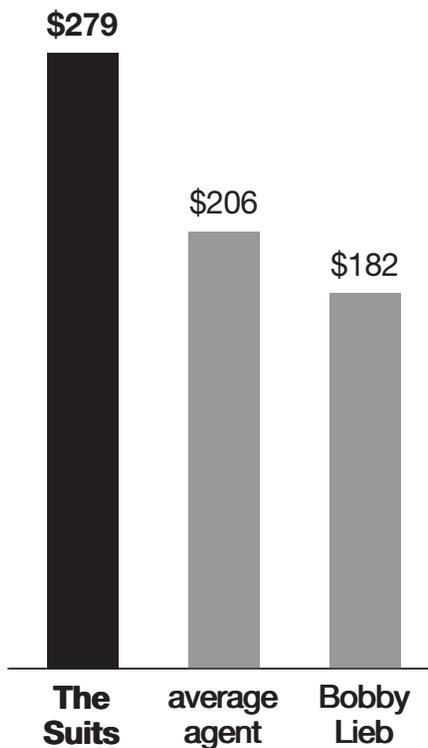
# The Suits REAL ESTATE PROFESSIONALS

## \$30 million in transactions in 2015

If you want to be on the exclusive **YOLO List**, call us today!

**WORK WITH THE #1 TEAM**

**#1**  
IN PRICE PER SQUARE FOOT\*



\*Data based on ARMLS, price range \$199,000–\$10,000,000; zip codes 85003, 85012, 85014, 85015, 85016, 85018, 85020, 85021; COE 1/1/15–11/10/15; listing and for co-lister.



Magnificent Estate on Rose Lane



Mid-town Marvel



Biltmore Condo on Golf Course



Paradise Valley Estate

How much money can you get for your home? **Call us today and we'll tell you!**

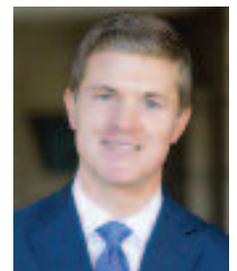


**Oleg Bortman**  
602-402-2296  
Oleg@TheSuitsAZ.com



602-888-6375 | TheSuitsAZ.com

**Tucker Blalock**  
602-561-0445  
Tucker@TheSuitsAZ.com



# Merry Christmas & Happy Holidays!

# Kirk Development Company

Serving  
the Valley  
since 1978

Kitchens • Bathrooms  
Master Suites • Additions  
Second Stories  
Windows & Doors  
Gut Renovations

## Custom Remodeling

ROC 057434  
ROC 072088  
Licensed  
Bonded  
Insured



Call us today for a  
**FREE IN-HOME ESTIMATE!**



# 602-944-3658

# www.kirkdevco.com

# Happy Holidays!



**Mike Weeks**  
602-625-7058 mobile  
Mike@MikeWeeksRealtor.com  
www.MikeWeeksRealtor.com



# Authentic. | Altruistic. | Adaptive.