



north central news

the voice of the north central phoenix community

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D28 seats have many contenders

By Teri Carnicelli

Three seats are up for grabs on Aug. 30 in Arizona's District 28, and some of the candidates have very familiar faces.

Arizona's Legislative District 28 includes nearly the entire core of North Central Phoenix, largely from Thunderbird Road south to just short of Camelback Road, and 19th Avenue all the way to Scottsdale Road. It stretches as far west as the I-17, north to Union Hills Road, and south to Thomas Road.

Both House seats are up for grabs and so is the one Senate seat, as Republican Adam Driggs opted not to run for what would have been his fourth and final term for that senate seat. Over in the House, Rep. Eric Meyer (D) reached his term limit of eight years but fellow legislator Kate Brophy McGee (R) could have tried for one more two-year term. Instead, they will face each other as they vie for the senate seat

please see ELECTION on page 4



Officials with Walmart, the city of Phoenix and Carlyle Development Group—along with area business leaders—were on hand July 20 to conduct a ceremonial ground-breaking for a new Walmart Supercenter. The project represents the single-largest capital investment in Metrocenter Mall in decades and will open in Spring 2017 (submitted photo).

Big changes coming to Metrocenter area

By Teri Carnicelli

The Phoenix City Council has unanimously approved a Planned Unit Development (PUD) application for 130 acres in and around the iconic Metrocenter Mall development, located on Interstate 17 between Peoria and Dunlap avenues. The new zoning allows for multiple new uses besides retail, such as office, senior housing, multifamily housing and healthcare.

It also allows for increased height and density at the infill site, which boasts the highest surrounding residential density in all of the metro Phoenix market. The PUD encompasses 130 acres, with 83 acres of that occupied by Metrocenter Mall, the adjoining Macy's and Sears anchor spaces, and the 10-acre land site of a future Walmart Supercenter, which broke ground on July 20 after months of demolishing and clearing the old Broadway location, which had been vacant since 2006. The mall was first opened in 1973.

"This is a landmark moment that we have been working toward for quite a long time," said Warren Fink, COO of Carlyle Development Company, the owner of Metrocenter Mall. "After several years of collaboration with the city, the community and its leaders, we now have the official green light to rede-

velop this valuable infill site in a very significant way, first and foremost by bringing in dynamic new uses that will make this a true urban village for Phoenix residents."

Under the PUD, approved uses at Metrocenter could range from senior housing and multifamily housing to corporate office, healthcare and additional retail, restaurant and entertainment amenities. The PUD allows for a height increase up to 180 feet (approximately 15 stories). It also allows Carlyle to almost double its current 800,000 square feet of existing space, to a total 1.6 million square feet. The PUD additionally includes an amendment to the sign

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Former North Central Phoenix Patrol Officer Emma Nez retired last month from the Phoenix Police Department after 30 years of service. Sgt. Steve Ong served as emcee at her retirement party, and Hopi Tribal Chairman Herman Honanie presented her with a plaque for her outstanding service. Nez is Hopi from First Mesa, Ariz. (photo by Patty Talahongva).

Officer retires after 30 years on patrol

By Patty Talahongva

After 31 years, three months and six days on the job as an officer with the Phoenix Police Department, Emma Nez turned in her badge and bid her fellow officers farewell on June 30. “My plan was to put 30 years in,” she says. “I was done.”

A longtime North Central Phoenix

patrol officer, Nez was well liked as evidenced by the packed room at her retirement party, with many people standing in the back of the community room at the Mountain View Police Precinct. She laughs easily and peppers her comments with funny jokes or remarks. She asked Sgt. Steve Ong to serve as the Master of Ceremonies. “He knew me the best,” she says of her former boss.

Ong read a list of Nez’s achieve-

please see OFFICER on page 10

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COMMUNITY

ELECTION continued from page 1

in the same district.

Meyer, who grew up in Scottsdale, was first elected to the Arizona House in 2009. He earned a degree in economics from the University of Southern California and a medical degree from University of Arizona Medical School. Meyer's background in economics and medicine has given him an insight into the growing problems of access to quality, affordable health care—especially for children—and to identify ways to work for solutions in strengthening the state economy. Meyer, who served two terms on the Scottsdale School Board, also has been a strong advocate for public education and affordable college tuition.

"I tried this past session to restore the \$116 million cut from K-12 schools and to restore \$50 million cut to our state universities using existing revenues. Unfortunately we didn't have the votes," he said.

"I am running for the State Senate because I have a very different vision for our state than what we've seen from our current majority leadership or from my fellow LD28 representative," Meyer said. "As a state senator, I will support different legislative leaders who will take our state in a different direction. I supported Prop 123 and the restoration of KidsCare but that is not enough.

"With one in four children living in poverty, 1,500 cut off from temporary assistance on July 1 and 19,000 children in foster care—all while Arizona sits on a budget surplus—our priorities are wrong, and need to change," he pointed out. "This election the voters have the chance to bring competition and choice to the state legislature. As a state senator my goals going forward are to ensure that we have many more legislative successes that improve the lives of Arizona's families and children. The voters of District 28 have the chance this election to alter the political landscape of our state.

"Without change, the current majority will continue to cater to special interests at the expense of our children's future—and our state's future."

Brophy McGee was in the midst of her third term in the Arizona House of Representatives when she decided to run for the vacant senate seat. "My decision to run for Senate was a result of Sen. Adam Driggs' decision not to seek a fourth term in the Senate," she

explained. "I've been a very effective leader in the House, and want to continue that leadership in the Senate."

Brophy McGee is a third-generation Arizonan, born into a ranching family and raised in southern Arizona. She graduated from the University of Arizona and worked as a community banker lending to small businesses. She and her husband have lived in the North Central Phoenix area for more than 30 years, and all three sons attended Sunnyslope High School.

"As Arizona has recovered from the Great Recession, I've worked for and succeeded in restoring funding to K-12 and higher education, and increased and protected funding for our most vulnerable children, the elderly and the disabled. Much more work remains to be done on these issues going forward. I've consistently demonstrated the ability to garner the necessary votes in the House, in both a partisan and bipartisan manner. Many of the bills I've sponsored, including the formation of the Department of Child Safety as a standalone agency whose director reports to the governor, have also passed the Senate and been signed by the governor," she pointed out.

"I've also had some bills die in the Senate that passed with broad support in the House. An example includes Angel's Law, which requires DCS to conduct a background check on adults living in the home before returning an abused, neglected child to the home. The bill passed twice in the House with overwhelming support, but was held in the Senate. This legislation is important for our most vulnerable children, and if I am elected to the Senate it is one of my top priorities to enact."

As for the two vacant House seats, there are several contenders, including Republicans Kenneth Bowers, Mary Hamway, Matt Morales, Maria Syms and Alberto Gutier III and Democrat Kelli Butler. Information on these candidates appears below.

Kenneth Bowers, 71
Phoenix, AZ 85020

<http://www.kenbowers2016.com/>

Bowers, a U.S. Navy veteran, spent more than 20 years working for the Arizona Department of Corrections. He is the only Dist. 28 candidate endorsed by the Trump team. He has a diverse working background, including owning a medical billing service com-

please see ELECTION on page 16

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I would like to take this space to publicly thank, Paul Goldschmidt, for being a better human being than a ballplayer, and he's one hell of a ballplayer. As I have written before, my youngest son has some medical challenges in his life. During his journey he has had the opportunity to meet Mr. Goldschmidt on occasion and it has always brought such joy to him. However the most recent experience takes the cake. Carter was in Denver and through the graciousness of many people was sitting next to the Diamondbacks dugout. Before the game Paul came over and signed Carter's t-shirt and a ball. Before his first at bat, he asked Carter to rub his bat for good luck. The game was back and forth and very exciting. The Rockies took the lead late in the 8th and Carter was crushed thinking he was bad luck. But our Diamondbacks would not be denied and won an exciting game late in the night. After the game Paul came over to Carter and handed him a signed bat and thanked Carter for bringing him good luck and fighting to the end with the team. Unfortunately, this space does not allow me the opportunity to give all the details of the amazing night he had and all the other individuals that made such a memorable night for my son and our family. All I can do is say thank you to these once strangers and let them know how touched and blessed we feel. And specifically thank you, Paul Goldschmidt, we owe you!

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COMMUNITY

Bridge to Hope expands offerings

By Teri Carnicelli

Festive balloons greeted guests, supporters and clients at The Bridge to Hope ministry, 1815 E. Missouri Avenue, Ste. 105, on June 4 as the non-profit organization celebrated the expansion of its ministry.

Launched in January 2012, The Bridge to Hope works with homeless women with children by encouraging them along the road to recovery from homelessness. The Bridge to Hope (B2H) finds a partner Christian church to take a vested interest in a single mother and her children in crisis—a family that has lost hope and direction.

The mothers who come into the program may have experienced domestic violence, a financial crisis or are recovering from substance abuse.

The ministry saw its first graduate of the program in April 2014. Recently, The Bridge to Hope completed a large expansion of its offices, which included four new areas. These included conference center space for workshops for the



Guests, supporters and clients of the Bridge to Hope tour the newly expanded facilities, including the Bridge Boutique, at the ministry’s office, located at 1815 W. Missouri Ave., #105 (submitted photo).

Bridge Mothers and a new job search area for mothers to search for employment. In addition, there is a greatly expanded “Bridge Boutique” area where donations of clothing and household items are received and processed which serves as the store for mothers to “shop” for clothing and household items with

their “Bridge Bucks.”

Also added was a Child Enrichment space developed by Bright Horizons, a Foundation for Children, which gives the children a cozy environment for care while their moms are receiving different programming classes.

Lowes of Glendale donated materials

for building of The Bridge Boutique and employees from Grand Canyon University donated their time and talents to construct this space. Office Furniture Now of Phoenix donated all of the furniture for the conference and life skills programming.

Directed by Amy Sue Seiser, The Bridge to Hope currently serves four mothers mentored by church teams across the Valley including La Casa de Cristo of Scottsdale, Bethany Bible of Phoenix, Faith Bible of Phoenix and First Southern Baptist of Scottsdale.

Christian churches in the Phoenix metro area are encouraged to learn more about The Bridge to Hope and the women it serves by contacting Amy Sue Seiser at 602-589-5556 or amy.sue@b2hope.org

Numerous ways to become involved and volunteer with the ministry and a list of ongoing needs can be found on the organization’s website: www.b2hope.org. The Bridge to Hope is a registered nonprofit organization, which means that cash donations qualify for the Arizona Working Poor Tax Credit.



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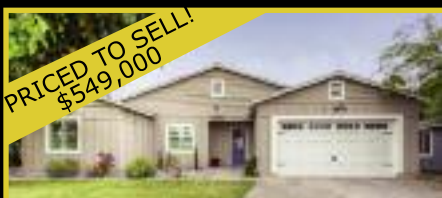
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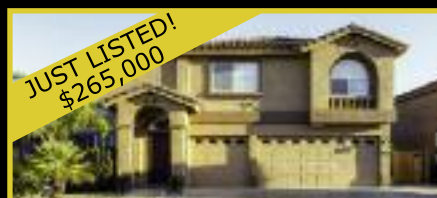
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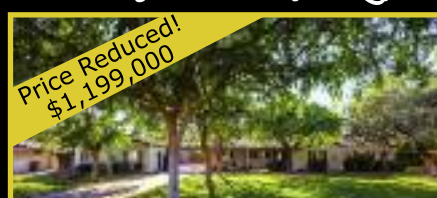
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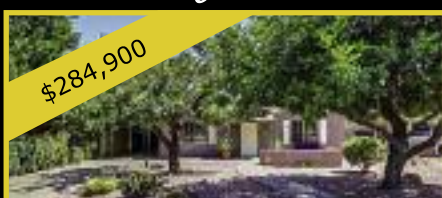


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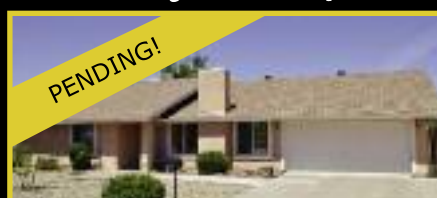
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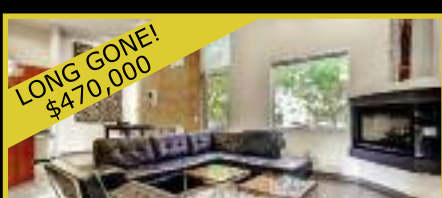


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COMMUNITY

OFFICER continued from page 3

ments: she patrolled North Central Phoenix as part of the Neighborhood Enforcement Team (NET) for the bulk of her career; she also provided security for three presidents and two Super Bowls; and she's received 111 commendations for her superior work.

"I enjoyed my time in the area," Nez says. "The people I dealt with, talked to, are really nice and friendly to the police department."

Ong also noted, Nez is extremely healthy having never taken sick leave in at least the last 20 years. She worked undercover with skill and finesse, flushing out perpetrators with her partner. She also helped people she met in her daily patrols and was part of the Secret Santa group handing out cash to anyone who caught her attention and obviously needed a little help around the holidays.

Nez is Hopi from First Mesa. The tribe has several clans and each one has certain roles and responsibilities. The chairman of the Hopi Tribe, Herman Honanie, attended her retirement party

and presented her with a plaque honoring her years of service. He noted that the men of her clan are guards of the village. "You showed up your men," Honanie said, and went on to say he hoped her relatives were proud of her.

Her last partner, Officer Ken Harbaugh, said a day never went by which Nez didn't tell him about her tribe, her clan and her family, to the point where Harbaugh joked, "I was envious and jealous." He says she is very proud of her Hopi heritage. He also noted her ability to handle inebriated people on the street and to figure out how to take out drug dealers without violence.

"You are a great cop. I'm proud to serve to have served with you all these years," said Harbaugh.

Now that she's taken off her badge, Nez is contemplating her next phase of life. Community service work is on her list. No job means being able to finally watch her granddaughter compete in some cross country meets.

She plans to keep active in the community she patrolled for so long. And she looks forward to finding out what opportunity comes next because, as she says with a laugh, "You can only clean the house so much."

Employment fair for veterans

The Veterans Economic Communities Initiative will host an event Thursday, Aug. 11, to assist the vast number of employers in the Valley who are seeking to hire veterans.

The free hiring event takes place 12-2 p.m. at the El Zariba Shrine, 552 N. 40th St., just south of the Loop 202 freeway. It is geared toward veteran job seekers, active duty service members, Guard and Reserve members, and eligible spouses and is being conducted in partnership with the Arizona Office for Employer Support of the Guard and Reserve (ESGR) and the Department of Labor.

There also will be a morning workshop from 9 to 11:30 a.m. for employers only to learn about the many resources that exist to hire veterans. Employers who attend will be allowed to have a table at the hiring event at no cost.

To register as a job seeker, call Scott Essex at 602-267-2404. To register as an employer, e-mail chirstine.gannon.ctr@calibresys.com or call 602-370-1425.

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COMMUNITY

Sunrays marks 25 years of ‘family’

By Teri Carnicelli

The Arizona Sunrays Gymnastics & Dance Center this spring celebrated its 25th anniversary, with more than 200 former gymnasts and dancers and their families coming back to mark the occasion with owners Julie and Dan Witenstein.

The couple has seen many former customers grow from tots to teens to young adults over the years, many of whom feel like an extended member of their own family, which includes three now grown children.

Arizona Sunrays has taught more than 25,000 children gymnastics and dance over the past 25 years and multiple generations of gymnasts and dancers have been enrolled in the school.

“We are very proud of the many kids and families we have had the great pleasure to effect in a positive way through coaching, teaching and the many programs at Arizona Sunrays,” Julie says. “We love having alumni come in to visit, or become some of our best employees.”



Dan Witenstein, second from left, and wife Julie Witenstein, kneeling in front, celebrate with members of their staff at Arizona Sunrays Gymnastics & Dance Center as the business celebrates its 25th anniversary on March 11 (submitted photo).

There are also several staff members who have been with the Arizona Sunrays since the very beginning. “There is an immediate sense of joy and family when you walk in our doors,” Julie adds.

Dan began his gymnastics training as a teenager and went on to compete

for Michigan State and Arizona State. He soon became the assistant coach for the Arizona State University women’s gymnastics team for five years. He then moved on the head coaching at a private club where he began developing Elite gymnasts and became a National Team coach.

Julie’s gymnastics experience was recreational and she became an instructor and compulsory coach. Julie’s focus was on theater and dance as she trained in acting and movement at various locations, including the National Theatre of Great Britain.

Dan and Julie pooled their talents together to create a professional, fun and safe environment for children to learn and experience the joy of physical activity. “Where every child feels like a champion” is their slogan.

Recently three Arizona Sunrays gymnasts qualified for Junior Olympic Nationals, and one gymnast, North Central resident Cassie Stevens, who is a student at Sunnyslope High School, earned a spot on the Junior Olympic National Team. Stevens already has committed to Auburn University with a full athletic scholarship.

Dan still coaches full time, while Julie works with their management team to keep the programs going strong and to keep up with current trends. “Thanks to the popularity of dance and ‘ninja’ television shows, we have more boys involved in our Dance

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Program, gymnastics and our Ninja Zone classes,” Julie explains. “It’s wonderful to see more boys in our ballet and tap classes, we even have boys-only hip hop classes. Our new Ninja Zone program combines gymnastics with marshal arts; we are the only Ninja Zone franchise in Arizona.”

For families who are interested in learning more about Arizona Sunrays, a special Gymnastics Celebration to mark the start of the summer Olympic Games will take place 1-2 p.m. Saturday, Aug. 6, for children ages 2 to 13. Boys and girls will learn several new gymnastics moves and get to jump up and down on the trampolines and into foam pits. Parents will get a chance to learn about the many different gymnastics, dance, and “Ninja Zone” classes that will be starting in August. This fun-filled event will be a wonderful way to introduce children to the sport of gymnastics.

Parent participation is required for ages 3 and younger. Every child who attends also will be given a special gift and children who enroll in fall classes at this event will receive a complimentary Arizona Sunrays T-shirt. Cost to attend is \$5 per child in advance, \$10 at the door. Families can register in advance by visiting the gym’s website, www.arizona.sunrays.com or stopping by in person at 3110 E. Thunderbird Road. For more information, call 602-992-5790.

New group meets for service, friendship

The North Central Women’s League is a newly formed 501(c)(3) organization whose goal is to service this neighborhood through projects and volunteer hours. The league had an informational gathering in May and now has over 30 members. Membership will be capped at 55 (which includes the board).

The league plans to raise money to fund charitable organizations and projects, to provide scholarships to local schools, as well as to give their members a structured way of joining together to give back to the North Central community with a purpose.

The inaugural year will begin with a meeting in early September, where the board will welcome the committed group of new members and introduce the first group of philanthropies it plans to work with this year. North Central Women’s League is off and

running and its founders can’t wait to see where the journey leads them.

If you would like more information or would like to be one of NCWL’s founding corporate sponsors, visit www.northcentralwomensleague.org or e-mail northcentralwomensleague@gmail.com.

Report streetlights that are out, flickering

The hot summer temperatures mean that outdoor enthusiasts and dog walkers have to alter their schedules to be outside just before dawn or after sunset. Which is the perfect time to also spot streetlights in your neighborhood that aren’t working properly.

Functioning streetlights promote safety and deter criminal activity. If you notice a streetlight that is out or malfunctioning, call the city of Phoenix at 602-495-5125. Report the pole number (vertical sticker on pole), pole cross streets, and closest house or business address to the pole. A subcontractor will be out within 7-10 working days to repair it.

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Yoshi and Meow Meow are brother-and-sister Birman cats that are social butterflies who need to find a forever home where they can stay with each other (submitted photo).

Pet of the Month Brother and sister need to stay together

Yoshi and his identical twin sister Meow Meow are well aware of their regal and magnificent appearance. The Birman cats parade themselves into the middle of the living room with their fluffy tails held high and gracefully sprawl out on the rug so all the feline fanciers can applaud and marvel over their captivating blue eyes, long and luscious whiskers and exotic flame point markings.

Flamboyantly social, the 1 year olds are the life of the party, purring as they travel around the house and mingle on various human laps. However, when the vacuum shows up to the after party, the two felines quickly vanish. Both enjoy luxurious accommodations complete with pillow top cat beds, swanky club-houses and fashionable collars that

sparkle. Their two favorite pastimes are playing with kids and napping in the bathroom sink. They are very bonded and not only sleep with paws and tails intertwined but they also enjoy sharing a can of tuna and salmon for dinner.

Meet this adorable duo at the Arizona Humane Society's Sunnyslope Campus located at 9226 N. 13th Ave. Their adoption fee together is \$100. They may have been adopted before you visit the shelter but you can see hundreds of other pets that are in need of a new home by visiting www.azhumane.org. For more information, call 602-997-7585 and ask for animal numbers A537363-4.

Low-cost spay/neuter surgeries for pits

Altered Tails offers \$20 spay and neuter surgeries in August for all pit bull owners who reside in Maricopa

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County as part of its “Primp Your Pit” promotion. The surgeries take place at the Barnhart Clinic, 950 W. Hatcher Road in Sunnyslope.

Pit bull parents who wish to take advantage of this offer must mention the “Primp Your Pit” special when they schedule their appointment. All surgeries come with a free nail trim. Visit www.AlteredTails.org or call 602-943-7729 for more information or to schedule an appointment.

Donate at AJ's to save pets

As part of the Arizona Humane Society's Summer to Save Lives Campaign, pet lovers who shop at AJ's Fine Foods in August can make a donation to AHS at check out. Simply ask your cashier to add any amount onto your bill at the register.

For more information, visit <http://www.azhumane.org/events/summer-to-save-lives/>.

Dogs barred from trails during extreme temps

The Phoenix Parks and Recreation Board has taken steps to protect pets on city hiking trails during high heat.

The board on June 30 unanimously approved a three-month pilot program to prevent hikers from bringing dogs on city trails when temperatures rise above 100 degrees. The new rules took effect immediately. Because their bodies do not have the same cooling mechanisms as humans, dogs are especially at risk of heat exhaustion, heat stroke or even death when exposed to extreme temperatures.

“While people can make their own decisions and take proper precautions

when hiking on hot summer days, the heat can be just as dangerous for their dogs, who don't have a choice to be on those trails,” Mayor Greg Stanton said. “Restricting access to pets on hot days is a sensible step, along with our continued efforts to educate the public on the potential dangers of hiking during extreme heat.”

The board also unanimously declined to limit access to hikers during times of extreme heat, although the Parks and Recreation Department does still have the authority to close parks if there is a public health emergency.

Get free pupscicles and nail trims for pets

Puff & Fluff Dog Grooming & Pet Sitting, 5835 N. 16th St., Suites D and E, hosts an Ice Cream Social 1-3 p.m. Sunday, Aug. 14. Treat your pooch to a free pedicure and an ice cream snack, while supplies last.

Voluntary donations will be accepted and given to the local rescue, The Pet Knot. For more information, call 602-266-5360 or visit www.puffandfluffspa.com.

AHS Thrift Store volunteers sought

The Arizona Humane Society is looking for help in sorting donations and assisting customers at its Sunnyslope Thrift Store location. By donating your time at the store located at 1311 W. Hatcher Road, you'll help in making a difference in the life of a homeless animal as 100 percent of the proceeds go directly back to helping shelter pets.

For more information, contact Volunteer Services at 602-997-7585, ext. 1040.

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COMMUNITY

ELECTION continued from page 4

pany, serving as a nuclear engineer for the Surry Nuclear Power Station and Vermont Yankee Nuclear Power Station, and teaching physics and metallurgy. He has a law degree and is a member of the State Bar of Arizona. He has a strong interest in prison reform.

Kelli Butler, 39
Paradise Valley, AZ 85253
<http://www.kellibutleraz.com>)

Butler, who has managed Butler Family Dental and also served on the Madison Education Foundation Executive Board, was a candidate for the State Senate in 2014. She believes it is imperative that funding be restored to public education, from pre-K through college. She also points out that crucial infrastructure projects and maintenance throughout the state were neglected during the economic downturn and asserts that now is the time for investment in Arizona's future, in part by attracting high-quality jobs and businesses to the state.

Alberto Gutier III, 54
Phoenix, AZ 85012

Gutier is a partner with Guter Group LLC, a public relations/government affairs agency established in 2000 that specializes in interfacing with local, county, state and federal government entities. No website or campaign information could be located as of press time.

Mary Hamway, 61
Paradise Valley, AZ 85253
<http://www.maryhamway.com/>

Hamway is a current councilwoman and former vice mayor for the Town of Paradise Valley. She has served on the council for nearly 10 years. Hamway has a long history of community service, and prior to moving to Arizona in 1994, worked for 18 years in the information technology field. Hamway has been involved in Republican Party activities and has served as corresponding secretary and first vice chair for the Legislative District 28 GOP. She is a precinct and state committeewoman.

Matt Morales, 37
Phoenix, AZ 85014
<http://www.morales4az.com/>

Morales, a self-described entrepreneur, is an Arizona native. He is a strong advocate for small business, and small government. Morales believes that a free market is the "key to achieving many of the goals we as a state have set before us and that government regulation stands between small business and success."

Maria Syms, 48
Paradise Valley, AZ 85253
<http://symsforaz.com/about-maria/>

Maria Syms is a 14-year resident of LD28, mother of three, assistant attorney general, Paradise Valley Town councilwoman, and former Assistant United States Attorney. Through her work as an attorney and senior advisor to the attorney general, Syms has pushed for state legislation and policies to promote small business and job growth, encourage the free market and keep more money in the pockets of hard working Arizona families.

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COMMUNITY

Local letter carrier retires

Jeff Ginster has been a familiar face to many North Central residents for more than two decades. That's because this friendly and outgoing redhead has been delivering their mail, day in and day out, rain or shine. But that service has now come to an end as Ginster retired from the U.S. Postal Service on July 1.

Ginster started his career as a letter carrier in 1973 at the now defunct Deer Valley station, which at the time employed mostly men that had served in the military. So when 18-year-old Ginster walked in with red hair past his shoulders, his reception was less than welcoming.

He caught on quickly though and soon fit in and made a name for himself. Years passed and he worked at McDowell, Northeast and Osborn stations before finding his home at Washington station in 1996, where he stayed until his retirement.

At Washington station, he worked for years across the freeway in the "51" zone before bidding on his North Central route in 2001. His route boundaries were between Central and 7th avenues, and Northern to Gardenia. Chances are, if you live in that area, you have met Ginster at one time or another.

Ginster strived every day to be true to the "service" part of the U.S. Postal Service. He took care of his customers to the best degree possible and formed many personal bonds on his route, listening to many stories and many jokes. He watched babies on his route grow up and go off to college.

He had the respect of his co-workers and management as well, and was the Washington station's union steward. Many fellow employees sought him out for advice and council—and many still do.



Jeff Ginster, a familiar face in North Central over the years, retired July 1 after more than 40 years with the U.S. Postal Service (submitted photo).

Bring the names and birthdays of your parents, grandparents and great parents and you will be amazed at what you find. If you have a laptop or tablet with WiFi, plan to bring it for web search purposes. A light lunch is provided.

Reservations are required by Aug. 18. Contact Patricia at 602-274-5022, ext. 31.

Membership deal offered at the Heard

The Heard Museum is offering residents \$25 off new or renewal annual museum memberships. Anyone who signs up for an Individual, Family/Dual, Supporter, Patron or Curator level membership through Sept. 18 will get \$25 off.

With the discount, a \$60 Individual membership or renewal will cost only \$35. A \$75 Family/Dual membership will cost only \$50. This discount is not available at the \$20 Student membership level, and it cannot be combined with any other offer including the 50-percent discount the Heard offers year-round to American Indians signing up for or renewing a museum membership.

To get the \$25 discount for one year, those signing up online at <http://heard.org/membership/> must use the code "LocalLove" when checking out. To get the \$35 discount for two years, use the code "LocalLove2" when checking out.

More information and a list of qualifying communities of residence for this offer are at <http://heard.org/membership/>. Offer expires Sept. 18.

Duet hosts a free Family History event

Do you wonder where your ancestors came from? Have you met all your cousins? Come to a free genealogy workshop presented by Duet and learn how to begin your family tree, 9 a.m.-12 p.m. Saturday, Aug. 20 at the Duet offices, 555 W. Glendale Ave.

The research begins with you as you work your way back, searching for relatives online using many free resources.

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COMMUNITY

Community Central

Goodwill Hiring Fest

10 a.m.-2 p.m. Wednesday, Aug. 3

Various locations

602-535-4444

Approximately 70 hiring employers will be spread out among each of the participating Goodwill Career Centers and other locations around the Valley. They all have immediate hiring needs for open positions across a variety of industries and skill levels. Job seekers are encouraged to arrive early, bring resumes, dress professionally and be prepared to talk to hiring managers. For more information visit: <https://www.goodwillaz.org/event/hiring-fest/>.

Free Summer Sundays

Sunday, Aug. 28

Heard Museum

2301 N. Central Ave.

Each fourth Sunday through September, from 11 a.m. to 5 p.m., the Heard Museum will offer free admission

for all. And don't forget to stop in at the Courtyard Café and the Coffee Cantina at Heard Museum Phoenix for some great lunch items. The Aug. 28 edition includes a performance by hoop dancer Derrick Suwaima Davis (Hopi/Choctaw) and an artist basketry demonstration by Lakota Scott. Summer Sundays will be filled with performances at 12:30 p.m. and 2 p.m., with artist demonstrations from 11 a.m. to 4 p.m. Don't forget to try a make-and-take craft in the It's Your Turn: A HOME Studio exhibit.

Coffee & Conversation

10-11 a.m. Saturday, Aug. 20

All Saints' Episcopal Church

6300 N. Central Ave.

602-550-1050

Guest speaker is Abby Losa from the ICM Food & Clothing Bank, who will discuss the invaluable assistance ICM provides to more than 100 families and individuals each day, thanks to the generosity of members of the community. You are invited to be part of this important work by bringing a bar of soap or unbreakable bottle of shampoo to the program. This event, presented by

Central Village, is free and open to the public. Reservations are not required.

Brown Bag Painting Workshop

12-1 p.m. Saturday, Aug. 20

North Mountain Visitor Center

12950 N. 7th St.

Join Marsha Bennett, volunteer with Save Our Mountains Foundation, and Gi Gi Wilson, botanical artist, for a free Painting Party. You will illustrate either a Mexican gold poppy or saguaro fruit as you learn the basics of botanical art and illustration. This session is designed for any art experience level—most importantly for beginners. It's fun and free. All art items will be provided.

E. Sunnyslope Neighborhood Association & Block Watch

6:30 p.m. Tuesday, Aug. 30

North Valley Baptist Church

1010 E. Alice Ave.

This growing group of community activists is focused on the area of Dunlap to Northern avenues, and from 7th Street to the SR-51. Anyone living

in those boundaries is welcome to attend and share ideas, concerns, questions, etc. The group meets the last Tuesday of the month. For more information, e-mail sobc819@gmail.com.

Sandra Day O'Connor Institute Distinguished Speakers Series

12-1:30 p.m. Monday, Sept. 26

Omni Resort & Spa at Montelucia

4949 E. Lincoln Drive

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Nobel Peace Prize Laureate and former President of South Africa F.W. de Klerk, who shared the 1993 Nobel Prize with Nelson Mandela for his role in the ending of apartheid, will be the featured guest. As president of South Africa, de Klerk brought apartheid to an end and opened the way for the drafting of a new constitution for the country based on the principle of one person, one vote. The topic will be "Developing World-Developing Leaders." Tickets begin at \$75, and are expected to sell out quickly. Table sponsorships and general admission tickets are available online at www.OConnorInstitute.org.

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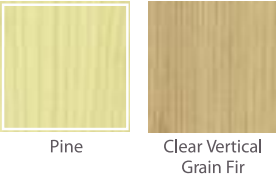


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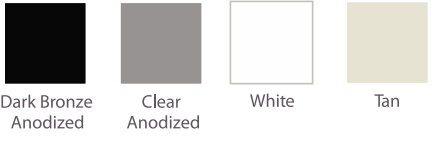
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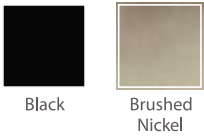
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TAKING CARE OF BUSINESS

New technology offers protection

By Teri Carnicelli

Two new web-based businesses are aiming to protect your personal information, as well as protect your children when they are in cyberspace.

A local husband-and-wife entrepreneurial duo has launched a digital program that helps Valley residents protect, store, and manage life's most precious documents. Brian and Natasha Beal launched DocumentTrunk to help protect a family's future security in a time of mourning and grief and ensure that their last wishes are met safely and efficiently in today's modern world.

DocumentTrunk allows users to upload their estate planning documents quickly and easily with its user friendly and interactive program for e-filing, compared to traditional hard copies and safety deposit box storage. Traditional storage and filing of estate planning documents raises many potential risks for consumers—from misplaced documents to inaccurate updates—which is why the Beals developed DocumentTrunk as a solution.

"My wife and I created DocumentTrunk from a personal need," said Brian Beal. "We were faced with the same inadequate options that everyone is given once your will, trust, or other important documents are finished. Trusted people change, banks go under, safe combinations are lost, documents fade and disappear. That's why we were inspired to create DocumentTrunk."

North Central resident Erica Knight was introduced to the Beals through a lawyer after her family had a paperwork disaster following her grandfather's passing. "Our family is on different coasts and when my grandpa passed away, different members of the family on different sides of the country had conflicting documents," she explains. "All of his wishes were, and still are, tied up in probate because the appropriate documents are yet to be identified. This has caused strain on the older siblings of my family."

"With DocumentTrunk providing a secure storage space with the individual's wishes, and who they want to be notified and given access all in one



North Central residents Cody and Erika Knight became clients of Document Trunk after Erika's grandfather passed away, leaving conflicting documents with relatives spread around the country. Erika holds a photo from her grandfather's memorial service (submitted photo).

space, my family could have been saved a lot of grief," she points out. "There are no questions as to what is most current, and what your loved one actually wanted. Upon their passing, the right people just know. It creates some comfort in a hard time."

DocumentTrunk offers users multiple price and storage options, starting at \$9.99 per month. For more information, visit www.documenttrunk.com, or call 888-843-2719.

Phoenix resident Jacob DiMartino launched Raadr Inc. in 2015 with the intent to curb the cyberbullying epidemic. He has since launched two unique apps.

Raadr alerts subscribers whenever selected categories of keywords—such as bullying, drugs or sex—are detected on a specific child's social media feeds. Raadr uses an artificially intelligent proprietary web-based application to achieve these results.

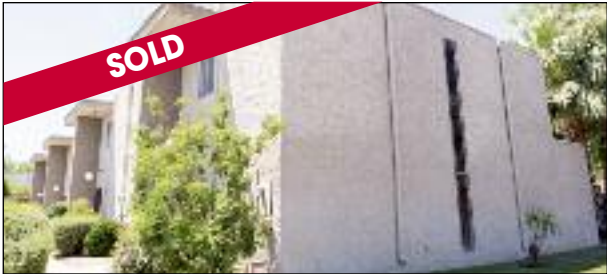
Subscribers pay \$4.95 a month and the service, which allows up to six child profiles, includes daily and weekly updates, text and e-mail alerts, and

please see PROTECTION on page 24

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TAKING CARE OF BUSINESS

PROTECTION continued from page 22

unlimited "main topics" for red flag searches.

This is the second full-featured child protection application the company has on Apple's app store for iOS devices, such as iPhones, iPods and iPads. While Raadr is geared toward parents to help them monitor their children's online activity for red flags, the new BullyRaadr was created for children, as it will allow them to directly report bullying incidents to school officials and parents alike.



Jacob DiMartino

"I created the Raadr and BullyRaadr apps to help prevent potential harmful and deadly situations online, in the classroom and community," says DiMartino. "The app gives parents and children an 'online pulse' of what's going on around them in the cyberworld, and that's what I truly wanted to accomplish when I created these apps."

The BullyRaadr application will initially allow students to record videos up to one-minute-long, upload pictures, and send in written reports to school officials for review. With documentation backing claims, school officials will be able to take action against bullying in their systems. The free app can be downloaded directly from iTunes.

For more information, visit www.raadr.com.

Business Briefs

Scottsdale company buys two apartments

Colliers International in Greater Phoenix negotiated the sale of two apartment assets in Phoenix for a combined total of \$13.75 million.

Warren House East at 2911 E. Indian School Road consists of 258 units and sold for \$10.75 million. Warren House North at 6060 N. 7th St. consists of 67 units and sold for \$3 million.

Executive Vice Presidents Bill Hahn, Jeff Sherman and Trevor Koskovich with Colliers' Phoenix office represented both the seller and buyer. The seller was Warren Properties of Escondido, Calif. The buyer was

Mentor Properties, Inc., of Scottsdale. Mentor Properties, which owns several apartment communities in metro Phoenix, plans moderate upgrades and renovations at both properties.

Warren House East was built in two phases in 1970 and 1972. The property consists of 10 two- and three-story buildings with a total of 136,484 square feet situated on approximately 6.31 acres. The property was 93 percent occupied at the time of the sale.

Warren House North was built in 1966 and includes a two-story building with 27,825 square feet situated on approximately .82 acres. The property was 87 percent occupied at the time of the sale.

Local store manager gets a turn in Rio

Phoenix manager Iliana Jespersen was selected to represent McDonald's Rocky Mountain Region while supporting the McCafé restaurant at the 2016 Rio Olympic Games. She was one of 32 employees nationwide selected for this opportunity.

Jespersen, who works at the 32nd Street and Indian School Road location, left for Rio de Janeiro, Brazil on July 15. Jespersen worked five days at the McCafé restaurant and had a once-in-a-lifetime opportunity to experience the excitement and action of the Olympic Games. Employees were given the opportunity to explore the area, attend one of the sporting events, and meet employees from different countries. All travel, hotel, food, Rio sightseeing and Olympic event tickets were paid by McDonald's.

Jespersen was nominated by Phoenix McDonald's owner Brandon O'Rourke. She started at the Phoenix location as a crew member 12 years ago. Jespersen is a top-performing manager, winner of the prestigious Ray Kroc Award and two-time recipient of the Rocky Mountain Region Manager of the Year Award.

Vynalek joins board of Teach for America

North Central resident Brad Vynalek, a partner in the Phoenix law office of Quarles & Bradley LLP, has been appointed to the Regional Board for Teach for America-Phoenix. The nonprofit organization recruits top college graduates and professionals and prepares them to teach in urban and

TAKING CARE OF BUSINESS

rural public schools, where they work for at least two years alongside other faculty to make a meaningful difference for their students.

In the community, Vynalek served as a longtime board member and is a recent past-chair of Make-A-Wish Arizona. He is currently on the board of directors for the Greater Phoenix Economic Council. He has also provided pro bono services for the Volunteer Lawyers Program, Wills for Heroes, and the National Center for Missing and Exploited Children.

Vynalek is a past recipient of the University of Arizona James E. Rogers College of Law Distinguished Alumnus Award.

Laliberte teams with Gabriel's Angels

Kira Laliberte, an attorney in the Phoenix office of Fennemore Craig, has been elected to the Board of Young Professionals for Gabriel's Angels.

Gabriel's Angels, with offices in North Central Phoenix, is the only program in Arizona that delivers healing pet therapy to abused, neglected and at-risk children. It provides pet therapy services to over 118 agencies and serve 13,700 children annually through nearly 175 Pet Therapy teams.

Gladney takes helm at Phoenix SCORE

Jay Gladney takes over the reins as the new president at Greater Phoenix SCORE, a national nonprofit dedicated to mentoring small business owners.

Gladney took a very non-traditional route to lead the Phoenix-based business organization, spending more than four decades in the U.S. Intelligence Community. Gladney joined Score in April 2013, serving as the vice president for Operations before being named to the organization's top post.

Throughout his career, Gladney has maintained top-secret military clearance, serving 23 years as an Air Force officer and non-commissioned officer focusing on intelligence collection and analysis. He spent an additional 24 years with defense contractors supporting the U.S. military and National Intelligence Community. As an associate professor at the U.S. Air Force Academy, Gladney taught international relations and defense policy.

Gladney's vision is to make the Greater Phoenix SCORE chapter better known, more relevant and more

effective in promoting the establishment, growth and profitability of small businesses. He also is working on creating a small business owners' roundtable to share their business experiences, problems and solutions.

SCORE provides free business mentoring to any small business owner or entrepreneur to provide support in all areas of business development, including the creation of a business plan, to marketing, social media, legal and financial. For more information, visit www.scorephoenix.org.

Irvine receives tax award

Patrick Irvine, a director in Fennemore Craig's Phoenix office, received the 2016 Henry Tom Outstanding Tax Attorney award. The award was presented at the State Bar of Arizona's annual convention on June 17.

Irvine focuses his practice in federal, state and local taxation, tax-exempt organizations, public law, Indian law, and appeals. A former Judge on the Arizona Court of Appeals, he also regularly serves as an arbitrator, mediator and judge pro tem on the superior court.

Irvine has been recognized in Best Lawyers in America and Southwest Super Lawyers. Irvine is a past recipient of the Distinguished Public Lawyer Award and the Arizona Attorney General's Office's Counselor of the Year Award.

Friedman offers Dry Needling


Bobbie Friedman, PT, Cert. DN, has joined the team at CAS Physical Therapy, located at 4619 N. 24th St.

Originally from Maine and a graduate of Boston University, Friedman has more than 25 years' experience in orthopedic injuries and soft tissue pain. She is certified in Dry Needling, which uses acupuncture needles on painful myofascial trigger points. It is used exclusively for physical soft tissue complaints and range of motion restrictions in place of pain medication; there is little pain associated with Dry Needling.


Friedman also is well versed in using Athletic Tape, which is applied over muscles to reduce pain and inflammation, relax overused and tired muscles, and support muscles in movement.

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35 E. Myrtle Ave.	IN ESCROW	.5150 SF	.4BR/5BA	\$1,475,000
600 W. Berridge Ln.	NEW PRICE	.5239 SF	.5BR/4BA	\$1,295,000
1316 W. Myrtle Ave.	IN ESCROW	LOT		\$ 975,000
1721 E. Myrtle Ave.	NEW PRICE	.3936 SF	.4BR/3.5BA	\$ 939,000
26 W. Kaler Dr.	NEW PRICE	.4221 SF	.5BR/4BA	\$ 910,000
5323 N. 2nd St.	IN ESCROW	.4058 SF	.4BR/3.5BA	\$ 921,768
101 W. Morten Ave.	NEW PRICE	.3435 SF	.4BR/4.5BA	\$ 799,000
1815 E. Palmaire Ave.	NEW CONSTRUCTION	.3110 SF	.4BR/3.5BA	\$ 799,000
7837 N Central Ave.4597 SF	.4BR/5.5NA	\$ 799,000
5318 N. 2nd St.	IN ESCROW	.4058 SF	.4BR/3.5BA	\$ 754,900
8824 N. 9th Ave.	JUST LISTED	.3940 SF	.5BR/5.5BA	\$ 750,000
5319 N. 2nd St.	IN ESCROW	.3501 SF	.4BR/3.5BA	\$ 734,900
5322 N. 2nd St.	IN ESCROW	.4058 SF	.4BR/3.5BA	\$ 744,900
5314 N. 2nd St.	IN ESCROW	.3501 SF	.4BR/3.5BA	\$ 724,900
1104 W. El Camino Dr.	JUST LISTED	.3443 SF	.5BR/2.75BA	\$ 719,500
5310 N. 2nd St.	IN ESCROW	.2863 SF	.3BR/2.5BA	\$ 694,900
105 E. Lamar Rd.	IN ESCROW	.4200 SF	.5BR/5BA	\$ 684,000
5311 N. 2nd St.	IN ESCROW	.2863 SF	.3BR/2.5BA	\$ 675,000
700 W. Drey Dr.3850 SF	.4BR/3BA	\$ 675,000
5301 N. 6th St.	IN ESCROW	.3200 SF	.8BR/4.5BA	\$ 650,000
600 W. Las Palmaritas	NEW CONSTRUCTION	.2935 SF	.4BR/3BA	\$ 625,000
210 E. Keim Dr.2182 SF	.3BR/2.5BA	\$ 599,995
5810 N. 25th Pl.	IN ESCROW	.2432 SF	.2BR/2BA	\$ 525,000
1011 W. Palo Verde Dr.	IN ESCROW	.2800 SF	.44BR/3BA	\$ 515,000
1110 W. Orangewood Ave.	JUST LISTED	.2440 SF	.3BR/2BA	\$ 499,900
1717 E. Earll Dr.	IN ESCROW	.2511 SF	.4BR/4BA	\$ 485,000
1579 W. Lawrence Ln.2884 SF	.3BR/5BA	\$ 479,900
2525 E. Minnezona Ave.	JUST LISTED	.2282 SF	.4BR/4.5BA	\$ 474,950
1302 W. Keim Dr.	JUST LISTED	.2325 SF	.4BR/3BA	\$ 459,000
907 W. Augusta Ave.	JUST LISTED	.2304 SF	.4BR/2BA	\$ 450,000
301 E. Rovey Ave.	NEW PRICE	.1819 SF	.3BR/2BA	\$ 444,900
1002 W. Wagon Wheel Dr.	JUST LISTED	.1972 SF	.3BR/2BA	\$ 439,000
2631 N. Walker Way	IN ESCROW	.2267 SF	.4BR/2.5BA	\$ 415,000
101 W. Southern Hills Rd.2709 SF	.4BR/3BA	\$ 410,000
2623 N. Walker Way	NEW CONSTRUCTION	.1870 SF	.3BR/2BA	\$ 393,748
2627 N. Walker Way	NEW CONSTRUCTION	.1870 SF	.3BR/2BA	\$ 386,000
5729 N. 13th St.	NEW PRICE	.2059 SF	.4BR/3BA	\$ 350,000
9007 N. 14th Dr.	NEW PRICE	.2332 SF	.4BR/3BA	\$ 349,900
1613 E. Sierra Vista Dr.	NEW PRICE	.1789 SF	.3BR/2BA	\$ 337,500
4220 N. 19th St.	IN ESCROW	.1971 SF	.3BR/2BA	\$ 295,000
6155 N. 18th Ave.	IN ESCROW	.1640 SF	.3BR/2BA	\$ 289,000
18808 N. 3rd Ave.	JUST LISTED	.2180 SF	.4BR/2BA	\$ 249,000
3601 E. Bloomfield Rd.	IN ESCROW	.1662 SF	.3BR/1.75BA	\$ 235,000
6518 N. 10th Pl.	IN ESCROW	.1883 SF	.3BR/2.5BA	\$ 229,500
1834 W. Citrus Way	NEW PRICE	.1752 SF	.3BR/2BA	\$ 199,000



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1110 W. Orangewood Ave. ■ \$499,900



5244 N. 15th St. ■ \$499,500



2525 E. Minnezona ■ \$474,950



301 E. Rovey Ave. ■ \$444,900



907 W. Augusta ■ \$450,000



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6050 N. Paradise View Dr.	\$1,875,000	209 E. Myrtle Ave.	\$ 680,000	14 E. Laurie Ln.	\$ 450,000	3104 N. 32nd Way	\$ 388,124	739 E. Orangewood Ave.	\$ 250,000
130 E. Missouri Ave.	\$1,800,000	550 W. Las Palmaritas	\$ 675,000	7234 N. 11th Ave.	\$ 450,000	5301 N. 6th St.	\$ 375,000	7 E. Muriel Ave.	\$ 248,000
9202 N. 52nd St.	\$1,850,000	7627 N. 11th Ave.	\$ 650,000	3103 E. Hazelwood St.	\$ 445,000	1307 W. Rose Ln.	\$ 350,000	3312 N. Randolph Rd.	\$ 214,000
5706 N. Central Ave.	\$ 920,500	6524 N. 4th St.	\$ 635,000	2607 N. Walker Way	\$ 434,330	1640 E. Aurelius Ave.	\$ 350,000	9437 N. 5th Ave.	\$ 189,000
123 W. Frier Dr.	\$ 907,000	1911 E. Claremont St.	\$ 565,000	9026 N. 16th St.	\$ 431,000	5402 E. Pinchot Ave.	\$ 349,000	3010 E. Corrine Dr.	\$ 182,500
1811 E. Palmaire Ave.	\$ 829,000	27 E. San Miguel Ave.	\$ 558,000	7319 N. 6th Pl.	\$ 423,000	77 E Missouri Ave. #16	\$ 325,000	1715 E. Turney Ave.	\$ 185,000
10 W. Vista Ave.	\$ 850,000	2737 E. Az Bilmore #30	\$ 545,000	2615 N. Walker Way	\$ 415,000	1219 W. Rovey Ave.	\$ 320,000	50 E. Northern Ave. #1046	\$ 145,000
2509 E. Montebello Ave.	\$ 850,000	131 W. San Juan	\$ 525,000	3107 N. 32nd Way	\$ 400,000	8449 N. 1st Dr.	\$ 305,000	750 E Northern Ave. #1093	\$ 142,000
5718 N. 24th St.	\$ 795,000	7627 N. 11th Ave.	\$ 520,000	225 E. Oregon Ave.	\$ 399,000	2891 E. San Tan	\$ 299,000	312 W. Maryand Ave.	\$ 97,500
5315 N 2nd St.	\$ 791,555	7148 N. 13th Pl.	\$ 516,000	33 E. Butler Dr.	\$ 397,000	125 E Echo Ln.	\$ 275,000		
7539 N. 21st Pl.	\$ 787,500	4613 N. 31st St.	\$ 495,000	2647 N. Walker Way	\$ 393,558	1026 E. Wagon Wheel Ave.	\$ 256,000		

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Restorative Exercise special in August

A recent article in *Prevention Magazine* focused on “nourishing” your body through movement.

Kinesphere Center for Movement Education offers Restorative Exercise classes (and private lessons) featuring the correctives mentioned in this article. If you are exhausted and sore, tired of having to fit “exercise” into your day, and ready to move a new way, give Kinesphere a call and say “Prevention” to unlock the August special: 10 Restorative Exercise classes for \$100 (a 50 percent savings).

Restorative Exercise is based on laws of physiology, anatomy, physics, and engineering. The goal in this class is to restore optimal alignment and help your body achieve optimal health. What makes this program unique is the fact that it has a clear distinction between posture and alignment. Posture is what our body looks like and is biased by culture (as well as many movement disciplines such as military, sports, and dance); alignment is how our body is working.

Kinesphere Center for Movement Education is located at 711 E. Missouri Ave., Suite 180. Call 602-532-3111 or e-mail info@kinesphere-studio.com for more information.

The benefits of homeopathy

Ben Ta’ati, certified Homeopath of 20 years, will conduct a presentation on “Homeopathy & Women’s Health: Addressing Menopause, Depression and Insomnia,” 7 p.m. Wednesday, Aug. 10 at Jewel’s Bakery and Café, 4041 E. Thomas Road.

Participants will learn about the science of Homeopathy and how it addresses the four dimensions of health: Spirit, Emotion, Body and Mind. They also will watch video presentations of clinical cases of individu-

als who have overcome their chronic conditions, learn about the history of Homeopathy in the United States and why it was loved and promoted by Mark Twain, Mother Theresa, Mahatma Gandhi and endorsed by individuals today such as Eckhart Tolle.

Cost is \$15, however, participants will receive a \$15 gift card to Jewel’s Bakery and Cafe. Call 602-714-5243 to RSVP. Space is limited.

Those with heart conditions gather

The Valley of the Sun Mended Hearts support group, sponsored HonorHealth, invites the public to an evening of support and education for individuals with heart conditions including heart failure, atrial fibrillation, valve replacements, etc.

The support group meets 6:30-8 p.m. Thursday, Aug. 4 in Barb’s Conference Room at the Cowden Center, Center 9202 N. 2nd St. The group is free and open to the public.

For more information, visit <http://HonorHealth.com/events> or call 623-580-5800.



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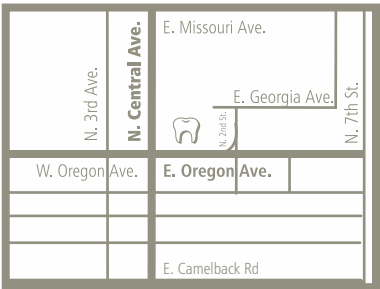
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Brophy Crew's heavyweight quad (above) recently was named the third-fastest in the nation after competing in the U.S. Rowing Youth National Championships in Princeton, N.J., in June; Xavier College Prep's lightweight varsity double team of junior Brooke Elford and sophomore Dominique Jablonski (right) show off their medals for placing third in the nation (submitted photos).

Desert living doesn't deter crew teams

Brophy and Xavier College Preparatory's crew teams have never let the challenges of living in a hot desert climate with limited access to large bodies of water deter them from training, competing, and—most recently—excelling at rowing competitions.

Brophy's young crew program almost didn't get off the ground this season, or in this case, into the water. Early in the season Tempe Town Lake, where the teams train, was drained, leaving them with no place to go—or row.

Even so, the athletic students maintained their focus, working on stationary rowers and strengthening equipment. They were able to get back into the water in May, just in time for the Scholastic Rowing Association of America Regatta in Ohio. Despite limited practice time on water, the team excelled with the heavyweight quad of seniors Costa Theodore and Michael Darby, and juniors Jon Carr and Kade Hawkins, taking first place. The lightweight quad of Nick Gross, Ryan Teetsel, Jett Curley and John Kelley took third.

With renewed confidence from these wins, as well as additional practice time on water, in June the Brophy crew entered the U.S. Rowing Youth



National Championships in Princeton, N.J.—the pinnacle of youth crew competition. The quad of Theodore, Darby, Carr and Hawkins was in fourth place until they approached the finish, when they sprinted ahead and took third place by .2 seconds.

For this year's Brophy crew team, adversity encouraged discipline and created determination, resulting in their most successful season thus far. Theodore and Darby will row for Cornell and the University of San Diego, respectively, next year, while Carr and Hawkins will return to lead Brophy Crew in 2016-2017.

Xavier's crew team excelled at the Scholastic Rowing Association of America's National Championship Regatta in Nashport, Ohio, late last month. Xavier's lightweight varsity double team of junior Brooke Elford and sophomore Dominique Jablonski placed third in the nation.

The Gators' varsity 2x and junior varsity 4+ teams placed fourth and fifth, respectively, in their national semi-final races.

SCHOOL DAYS

School Briefs

MADISON ELEMENTARY SCHOOL DISTRICT

Low-cost meals available in schools

The Madison School District is participating in the National School Lunch and Breakfast Program for the 2016-17 school year. As part of this program, all Madison schools will offer healthy meals every school day. Breakfast costs \$1.15 at all sites; lunch costs \$2.25 at the elementary sites and \$2.50 at the middle schools. Your children may qualify for free or reduced-price meals. Reduced-price is \$0.30 for breakfast and \$0.40 for lunch.

Families can apply for benefits at any time. If a household member becomes unemployed or if the household size increases, the household should contact Food & Nutrition Services. Such changes may make the children of the household eligible for benefits if the household's income falls at or below the Federal Guidelines. Contact Kirstin Elliot at 602-664-7919 any time to request an application.

OSBORN ELEMENTARY SCHOOL DISTRICT

Summer stays busy in the Osborn district

Approximately 250 students participated in the Osborn Summer Academy, where they participated in reading and math intervention and had opportunities for exploration and inquiry in science. Students enjoyed small class sizes, which allowed for strategic intervention and increased opportunities for individual and small group instruction.

Students also had the opportunity to attend after school enrichment classes through the district's 21st Century program. One hundred fifty students participated in the after school enrichment program, which provided two hours of enrichment in art, Lego engineering, computers and physical education.

Students celebrated their learning in a student-led showcase on the final day of Summer Academy. Approximately 100 families and community members attended the showcase event to learn and experience a wide variety of science concepts.



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Encanto School teachers and administrators show off the Arizona Educational Foundation banner designating the campus as an A+ School of Excellence winner (submitted photo).

Encanto named an A+ School by the AEF

The Arizona Educational Foundation (AEF) announced in April the names of 40 Arizona public schools receiving the coveted A+ School of Excellence award for the 2015-2016 academic year. Among them was Encanto School, led by Principal Michael Robert. It was the only school in Central Phoenix to receive the A+ rating.

“The A+ School of Excellence program celebrates outstanding schools throughout Arizona and calls attention to the positive stories and successes occurring in public schools,” explained AEF Executive Director, Bobbie O’Boyle. “We applaud these schools for doing whatever it takes to meet their students’ needs and achieving overall success despite some of the challenges that face the education community statewide.”

Since 1983, AEF has identified and honored exemplary pre-kindergarten through 12th grade public schools in Arizona. Applicant schools are evaluated in the areas of student focus and support, school culture, active teaching and learning, curriculum, leadership, community and parent involvement and assessment data.

Dates to remember:

Open House	8th Grade Day
Sunday, Oct. 30, 2016	Friday, Oct. 28, 2016
12:00 pm - 3:00 pm	9:30 am - 1:00 pm





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SCHOOL DAYS

Schools receive \$500 and a banner designating them as an A+ School of Excellence winner.

PHOENIX UNION
HIGH SCHOOL DISTRICT
First-year teachers
can earn \$40k

First year teachers at Phoenix Union High School District will break the \$40,000 salary for the first time in 2016-17, according to a salary package approved by the Governing Board on April 7, mostly due to voter approval of Proposition 123. Newly hired teachers with a master’s degree can receive up to eight years’ experience on the salary schedule, earning \$54,828.

For teacher and other position postings, go to www.phoenixunion.org/jobs.

Arreola nominated
for national award

Hugo Arreola, a campus lab technician at Metro Tech, is a nominee for the National Education Association 2016 Social Justice Activist award. It is presented to an individual who demonstrates the ability to lead, organize and

engage educators, parents, and the community to advocate on social justice issues that impact the lives of students, fellow educators and the communities they serve.

Arreola takes his own experience as a DREAMer (Development, Relief, and Education for Alien Minors) to drive change for DREAMer students. He advocates for high school students from underserved communities so that they have equal opportunities and resources. He is also deeply engaged in community outreach and advocacy for students and their families ensuring that students have the information they need to apply for Deferred Action and to achieve the American Dream.

Still time to nominate
‘Most Valuable Teacher’

In sports, there is a Most Valuable Player or MVP award. The Arizona Diamondbacks Foundation developed the D-backs MVT (Most Valuable Teacher) Award to support the everyday heroes in our schools that are shaping the future for our community and our kids.

please see NOMINATE on page 34



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SCHOOL DAYS

NOMINATE *continued from page 33*

Several Phoenix Union teachers were nominated and chosen as D-backs MVTs. Erica Parra, Metro Tech math teacher; Theresa Woods, North High math teacher; and Nictae Arriaga, North World Languages teacher, received on-field recognition prior to a Diamondbacks home game and a check for \$1,000 to use for classroom supplies.

You can nominate an educator that has made a difference in your life by submitting an essay prior to Aug. 19 at: https://securea.mlb.com/ari/community/mvt_form.jsp. In September, the D-backs will recognize and award the Teacher of the Year who will receive on-field recognition and a \$5,000 grant.

English teacher releases fifth novel

Central High English teacher Mark Williams is at it again, debuting a new novel, "Labrelotte Bay." It is his fifth novel. His other book titles are "Emancipating Elias," "Holy Ground," "Looking for Indianola," and "Fathers Day."

Williams spent the first 21 years of his career as a special agent for the Organized Crime Division of the State Attorney General's Office. He traveled across the United States as an instructor for law enforcement in various capacities. After he retired, he became a high school English teacher.



Mark Williams

Cook takes the lead at Camelback High

Camelback High School will have a new principal at the helm when the 2016-17 school year begins Aug. 8.

Dana Cook takes over the top spot at Camelback, replacing Quintin Boyce, who becomes the Executive Director of Teaching and Learning for the district. Cook most recently was the assistant principal for instruction at Maryvale High School, where she served for nine of her 22-year career.



Dana Cook

She came to Phoenix Union as a special education teacher in 1997 and became a special education facilitator in 2003. Cook began her career teaching at Washington Elementary District in 1995.

Cook holds a bachelor of science in education and special education from Northern Arizona University and a master's degree in educational administration and supervision from Arizona State University.

Inaugural McKay scholarships awarded

Last summer, North High's Assistant Principal for Instruction, Melville McKay, passed away. The school decided to honor him by creating a scholarship fund in his name. Through several events, including a memorial potluck, two salsa contests, a pie bake-off, and a cookie contest, the North High staff and friends raised \$2,500 and awarded \$500 scholarships to five college-bound North seniors.

The inaugural scholarship winners were Briseyda Perez, who will attend

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SCHOOL DAYS



Accepting an award check from the Arizona School Public Relations Association are, from left, WESD Communications and Public Engagement (CAPE) team members Christina McPheeters, Marian Grgurich, Pam Horton and Jill Hicks, with WESD Governing Board member Bill Adams, Assistant Superintendent Janet Sullivan and Superintendent Paul Stanton (submitted photo).

Grand Canyon University; Kiara Pena, who will attend Northern Arizona University; Anna Deogratias, who was accepted to Barrett, the Honors College at Arizona State University; Hanzhang “Riley” Niu, who departs for Cornell University; and Ariana Fierro, who also will attend Northern Arizona University.

WASHINGTON ELEMENTARY SCHOOL DISTRICT CAPE Department wins state awards

The Washington Elementary School District Communications and Public Engagement (CAPE) Department was presented with the Public Relations Partner Award by the Arizona Education Association Foundation for Teaching and Learning on May 7.

The Public Relations Partner Award honors an exceptional school public relations person or group who has demonstrated a strong relationship between the district, the local association and the community and whose efforts have improved the public’s understanding about public schools.

The WESD CAPE team is involved in a variety of activities, events and media that promote the accomplishments and activities of staff members including Read Across America, employee and community recognition programs, media relations and the district-wide food drive.

The department also was honored with three awards of excellence and one award of distinction by the Arizona School Public Relations Association (ASPRA) during the annual Superintendent’s Luncheon and ASPRA*tions Awards in April.

Orangewood welcomes new principal

Orangewood School is starting school with a new leader—Principal Colleen Mahoney. Mahoney comes to the WESD from Telluride, Colo., where she was principal at an elementary school for three years. Prior to that, she was a principal in Minnesota for three years.

please see PRINCIPAL on page 36

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SCHOOL DAYS

PRINCIPAL continued from page 35

Mahoney is taking the reins from Andree Charlson, who retired in June after 10 years as principal at Orangewood. Mahoney said her goals for this year include learning about Orangewood and the WESD, continuing to build upon the positive culture and maintaining and growing community partnerships.

PRIVATE AND CHARTER SCHOOLS
ASEDS named a Hunger Hero-again

All Saints' Episcopal Day School has been named as a Hunger Hero by St. Mary's Food Bank Alliance. All Saints' is receiving this honor for the fourth consecutive year. St. Mary's Food Bank Alliance recognizes and honors organizations making an extraordinary impact in our community through gifts of volunteer time, food drives, and cash donations. Other Hunger Heroes include AAA, Arizona Coyotes, and Phoenix Suns Charities.

Students at All Saints' participate in



All Saints' Class of 2016 Students, Jake Power and Dean Papadopoulos, were part of the school team that organized the annual food drive for St. Mary's Food Bank Alliance (submitted photo).

service learning throughout the school year. St. Mary's Food Bank Alliance is just one of the school's community partners.

Tesseract welcomes new head of school

Tesseract School is under new leadership. Bruce Werber recently moved to the Valley from the San Francisco Bay area where he has served as the assistant

head of school for the Brandeis School of San Francisco for the last eight years.

At Tesseract, Werber is responsible for the administration of the school, overseeing a teaching staff of 65 with an enrollment of 400 students in kindergarten through eighth grade. He also is head of the Lower School, overseeing kindergarten through fifth grade education.

Werber previously served as head of the Lower School for Derby Academy in Hingham, Mass.; director of the Lower School for the American School of Paris; head of school for Shekou International School in Shekou, China; and head of school for Khartoum American School in Khartoum, Sudan.

His educational experience includes teaching humanities at the Lahore American School in Lahore, Pakistan; and humanities and mathematics at the Japan International School in Tokyo. Werber started in education working



Bruce Werber

with Teacher Corps in urban Louisville, Ky., working with multiply disabled elementary students.

Leadership changes at Xavier College Prep

Effective July 1, longtime Xavier College Preparatory Principal Sister Mary Joan Fitzgerald, BVM, became the school's president, and Vice Principal of Academics and Campus Minister Sister Joan Nuckols, BVM, became the school's new principal.

The Most Rev. Thomas J. Olmsted, Bishop of the Roman Catholic Diocese of Phoenix, noted that the dual leadership structure of president/principal is an emerging model of administration in Catholic secondary schools in recent years, offering shared authority and a division of responsibilities between two people that allow both president and principal to focus on better serving their Catholic high schools, students, families, and communities.

Since becoming principal in 1974, Fitzgerald has built a tradition of excellence at Xavier through the school's innovative academic curriculum, com-



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SCHOOL DAYS

COURSES continued from page 37

ics concepts and apply these by creating models using industry-standard software. They also apply aerospace concepts to alternative applications such as a wind turbine and parachute.

Additional new course offerings are government/economics, AP environmental science, AP calculus, AP literature and composition and weight training. For more information, call 602-745-3800 or visit www.MadisonHighlandPrep.org.

PCDS debate team captures national title

The Phoenix Country Day School Middle and Upper School Speech & Debate teams competed in June at the National Championships of the National Speech & Debate Association's National Forensic League in Salt Lake City, Utah. The Upper School team featured three national finalists—Jason Greenfield (senior, attending Amherst College this fall), Jillian Gilburne (senior, attending Northwestern University this fall), and Olivia Najafi



Members of the PCDS Middle School Speech & Debate team celebrate their win as Team National Champion with individual trophy cups from the National Speech & Debate Association's National Forensic League (submitted photo).

(sophomore) at the tournament.

And the future looks even brighter: Traveling with the Upper School team were 18 members of the PCDS Middle School Speech & Debate team, which also qualified to compete at Nationals. In the tournament competition, the PCDS Middle School Speech & Debate team competed against more than 1,200 competitors from nearly 200 middle schools from around the country. The team finished as Team National Champion. Bolstered by individual National Champions Bennett Montrose and Olivia Boscardin (eighth grade) and multiple individual national

runners-up and top-twelve finishers in their respective categories, the PCDS Middle School team was exceptional.

These middle school students were coached by Ryan Joyce, and supported through the mentorship of the PCDS Upper School Speech & Debate team members and coaches.

Pittman attends summer arts camp

Evan Pittman, 17, of North Central Phoenix, in June attended the Interlochen Arts Camp, the world's premier summer arts program for aspiring artists grades 3 through 12, held in Michigan. Pittman studied violin performance at the camp. He is a senior at Phoenix Country Day School.

Known for his "Musical Ministry" outreach, the high school musician has performed for residents of Phoenix senior facilities, veteran's homes, church groups and is also the violinist for Saturday mass at St. Thomas the Apostle Catholic Church. Pittman's website, <http://worldsstrongestviolinist.com>, details his outreach efforts and his achievements in sports and academics.

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GENERATIONS

Senior Living

Program makes a splash for seniors at Terraces

As Phoenix stays scorching this summer, thousands around the metro area are turning to swimming pools for relaxation. Accordingly, seniors at The Terraces of Phoenix retirement community, 7550 N. 16th St., are partaking in the summertime activity, with an interesting twist.

Every Monday and Wednesday at 2 p.m., memory care residents at The Terraces congregate at the community's on-campus pool for an innovative Aquatic Therapy Program. The program features agility drills, which enhance balance, lower body strength and flexibility. Benefits also include increased muscle strength, improved cognition and blood circulation, and decreased joint pain.

In addition to the physical rewards of the program, research has shown that water-based exercise improves participants' moods. Older adults also benefit from a decreased risk of chronic diseases, including improved health for people with diabetes and heart disease.

For more information about The Terraces of Phoenix, call 602-906-4024 or visit www.TheTerracesPhoenix.com.

Tuition discount for seniors at MCC schools

The Maricopa Community Colleges now offer senior citizens a 50-percent tuition discount at all 10 colleges across the Valley. Students must be at least 65 years of age at the time of

enrollment and a resident of Maricopa County to receive the discount.

The senior citizen tuition rate for the 2016-17 fiscal year is \$43 per credit hour for all courses and class audits with vacancies. Registration, course fees, non-credit courses, and clock-hour courses are not included in the discount.

Eligible students may enroll in or audit any credit course that has open seats after the first class meeting. There is no limit to the number of classes an eligible student can take at the discounted rate.

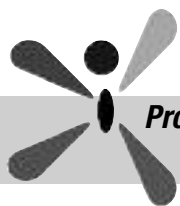
To register for courses at the discounted rate, eligible students must complete the Senior Citizen Tuition Rate form, submit it to a college Admissions, Records and Registration office, and show proof of eligibility. Tuition and fees are due at the time of registration.

For more information, visit www.maricopa.edu/senior-citizen-tuition-rate or contact the Enrollment Center at any Maricopa Community College.

Gaining guardianship of your grandchild

Grandparents and other relatives who care for children often face legal issues, whether it's dealing with custody or guardianship, or simply getting a child medical care.

If you are raising a grandchild or a minor relative in Arizona, you will need formal custody to obtain benefits such as healthcare or to enroll the child in school. Duet has partnered with the Children's Law Center (Volunteer



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GENERATIONS

Lawyers Program) to provide a free clinic to help you complete the proper paperwork. The clinic will take place 3-5 p.m. Friday, Aug. 12, at the Duet offices, 555 W. Glendale Ave.

A volunteer attorney will guide you through a guardianship petition, provide legal advice, and answer questions regarding uncontested guardianship.

An RSVP is required. Contact Patricia at 602-274-5022, ext. 31.

Donate designer purses to benefit Beatitudes

Beatitudes Campus's sixth-annual "Power of the Purse Silent & Live Auction Fashion Show of Purses," where you can place bids on designer purses, will take place Sunday, Nov. 6.

If you want to donate a gently loved designer purse for the event, bring it to Beatitudes Campus, 1610 W. Glendale Ave. Your tax-deductible donation will benefit the residents at Beatitudes Campus. For more information, call Barbara Wood at 602-995-6136.

Kids & Families

Sign up now for fall Prelude classes

The fall semester of Prelude piano classes for young musicians begins Aug. 22 at Music Works Academy (MWA), 302 W. Bethany Home Road.

The 15-week Prelude fall classes, for ages 3 to first grade, include curriculum from PreReading Made Fun, Celebrate Piano, PianoFonics, and Harmony Road.

Piano lessons are offered for kindergarten and first grade students in small group classes of three or four students. Registration forms are at www.musicworksacademy.com/prelude.

In addition, MWA welcomes a new vocal instructor, Megan Law, mezzo soprano. Law is a master's student in Performance (musical theater and opera) at Arizona State University.

MWA offers lessons in piano, voice, guitar and beginning strings for all ages and levels. E-mail Carolyn@musicworksacademy.com or call the studio at 602-264-5188 for more information.

Yoga, storytime for adults and tots

Kharma Life Center, 700 W. Campbell Ave., Suite 1, offers a new program for both kids and adults to share one experience through yoga and

story. A monthly yoga course for children ages 3-5 giving young ones an opportunity to discover the yoga practice through classic storytelling, games, dance and movement. Children may attend on their own or accompanied by an adult.

A unique spin on children's yoga, Storytime Yoga at Kharma Life Center gives families an opportunity to learn new things in a fun way and be physically active, while sharing time together. Alternatively, the children have the option to interact and engage with others their own age on their own while the adults receive their own special "time out."

This class occurs on the third Saturday of each month from 10-11 a.m. Cost to attend is \$10, which can include one child and one adult. Adults may register their children and themselves online, by phone or in-studio. Pre-registration is required for this workshop. For more information visit www.kharmalife.com or call 602-795-9767.

Free baby swim classes at Hubbard

Hubbard Family Swim School offers free "baby splash" swim classes every day of the week for babies 8 weeks to 5 months of age. These 30-minute water acclimation classes give parents or caregivers a chance to learn excellent tips on how to enjoy tub time at home with baby and also learn how to prepare baby for swim lessons.

The temperature of the heated, indoor swimming pool is 90 degrees all year long. Babies love it! Advanced registration is required.

Hubbard is located at 13832 North 32nd St., Suite 100. For specific class times, call 602-971-4044 or visit www.hubbardswim.com.

Free playtime at studio on Tuesdays

Need a cool place to relax and play with your child this summer? Kinisphere Center for Movement Education has a large movement room full of balls, hoops, blankets, blocks, and other objects for entertainment. Come join other parents and children for this free and cool play hour, 9:30-10:30 a.m. Tuesdays.

Kinesphere is located at 711 E. Missouri Ave., Suite 180. Call 602-532-3111 or e-mail info@kinesphere-studio.com for more information.

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ARTS & ENTERTAINMENT



Downtown Phoenix's FilmBar recently opened a new patio space to increase seating for those who want to enjoy the beer/wine bar aspect of the independent cinema venue (submitted photo).

FilmBar adds more unique offerings

FilmBar is a beer/wine bar in the Roosevelt District that featuring food, craft beers and ciders, wines and a separate, sound-proofed room dedicated to screening new, classic, cult and local independent films in a microcinema setting (76 seats).

Since first opening in February 2011, FilmBar, 815 N. 2nd St., has won numerous local awards. And recently, it has added new features to make your visit even more memorable.

FilmBar now has a comfy patio with great views of the downtown street life. A reverse happy hour was introduced in May, available from 10 p.m. to close seven days a week.

FilmBar also has added an additional show time for its Monday through Thursday screenings.

FilmBar screens new indie and foreign films, cult classics, and local films. Additionally, FilmBar periodically presents a themed retro film. Full price tickets for new films are \$9; ticket prices vary for retro films. If you want to just hang out at the bar, you don't have to buy a movie ticket to do so.

For more information, visit www.thefilmbarphx.com.

A & E Briefs

First Fridays at the Heard: Native + You

6-10 p.m. Friday, Aug. 5
Heard Museum
2301 N. Central Ave.

First Fridays, Native + You, or NU, offers free evening admission every First Friday. In August the theme is "Aloha at the Heard," with hula

dancers, lei-making and shaved ice ... these festivities will have you enjoying island vibes to stay cool! Admission to museum galleries is free during Native + You. More information is available at www.heard.org/first-fridays.

Jeff Falk + Chad Knapp Artists Reception

6-10 p.m. Friday, Aug. 5
Modified/Arts
407 E. Roosevelt St.
480-326-6551

The exhibit features brand-new works from two eminent visions of how a sort of punk-rock aesthetic translates to the visual. Two veterans of the Phoenix art scene, the artists may differ in palate, but the stark energy in their work in indicative of a shared impulse. The exhibit runs through Aug. 13. For more information, visit www.modifiedarts.org.

ProMusica Chorale & Orchestra Auditions

7-9 p.m. Aug. 9 & 23
Crosswinds Presbyterian Church
20125 N. 15th Ave.

ProMusica is launching its 14th performance season this fall and is looking for individuals who want to share their musical talents. All voices are welcome to audition for the Chorale. Vocalists should be able to read music and have experience in choral singing. A one-minute prepared song is required. Accompanist will be provided. Auditions for all instruments for the Orchestra also are welcome. Instrumentalists need to have an intermediate/advanced skill level. A 1-minute prepared piece is required. Accompanist will be provided. Auditions are done by appointment. To schedule an appointment time, e-mail Yvonne Dolby at ydolby@pmaz.org.

ARTS & ENTERTAINMENT

Orpheus Male Chorus Auditions

6:15-7 p.m. Aug. 9 & 16
Central United Methodist Church
 1875 N. Central Ave.
www.orpheus.org

Do you love the big, full sound of a large men's choir? Do you enjoy camaraderie and forming life-long friendships? The Orpheus Male Chorus of Phoenix—Arizona's longest-standing, continuously performing choral arts organization—is opening auditions for its 88th season. Prepared music is not required for the audition. Weekly rehearsals are scheduled each Tuesday evening from 7 to 9:30 p.m. at the same location.

'Catch A Rising Star'

7:30 p.m. Friday, Aug. 12
The Nash
 110 E. Roosevelt St.
 602-795-0464

This annual summer concert series features performances by young Arizona jazz artists. The musicians range from high school to recent college graduates between ages of 18-24. This performance features: John Meier on guitar; Michael Kocour on piano; Vincent Thieffain on bass; and Matt McClintock on drums. Thieffain is pursuing his bachelor's degree in music performance in the Arizona State University Jazz Studies program. McClintock recently graduated from the same program this May. Tickets are \$15 for general admission/\$8 for students. More information is available at www.thenash.org.

'They Will Have to Kill Us First'

1 p.m. Sunday, Aug. 14
Third Street Theater,
Phoenix Center for the Arts
 1202 N 3rd St.

No Festival Required Independent Cinema, in conjunction with Phoenix Center for the Arts, presents the 2016 Summer Music Series, which this month features a documentary featuring the story of the jihadist invasion of Mali and the musicians who resisted losing their cultural heritage. The film contains some scenes of violence and is for mature audiences only. Doors open at 12:30 p.m.; tickets are \$7.50 in advance, \$11 at the door. Visit <http://www.nofestivalrequired.com>.

Gloria Steinem: My Life on the Road

7 p.m. Saturday, Sept. 17
Orpheum Theatre
 203 W. Adams St.
 602-274-0067

The legendary activist and No. 1 New York Times bestselling author presents her memoir in conversation with Adriene Jenik, director of the Herberger Institute of Art at Arizona State University. Seating opens at 6:30 p.m. Ticket and autographed book packages are available exclusively from Changing Hands Bookstore, 300 W. Camelback Road. Packages range from \$24 to \$38. For more information, call the store or visit <http://www.changinghands.com/event/2016-09>.



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FOOD FOR THOUGHT

Café Chat

Many reasons to linger longer here

By Patty Talahongva

What's in a name? Everything—when it comes to the Linger Longer Lounge, 6522 N. 16th St.

“The concept behind the bar was to create a dark and cozy neighborhood tavern that would be a neighborhood go-to,” says Tucker Woodbury, majority owner of the business. The concept was “...a spot with such a fun, comfortable environment that people might come for a beer or a bite to eat, and end up sticking around or lingering a bit longer. Plus I love word play, alliteration and coming up with clever and memorable names for our projects. Linger Longer Lounge covered all those bases.”

Woodbury certainly has covered all the bases for a good local hangout. On each table is a Jenga game, in the back the shelves are filled with other board games and you can't miss the huge collection of vinyl records that are put to use weekly by a DJ. That's all just in the main room. There also is a patio for patrons and a separate game room that's like a mini arcade.

“Beyond food, cocktails and conversation, people like something to do and games keep our guests lingering longer,” Woodbury explains.

When it comes to the food the Linger Longer Lounge has more than just burgers and wings. “I wish more people were aware of the fact that we serve really great food,” points out Woodbury. “Our pizza is seriously some of the best pies in town and our fried pickles are badass!”

The panko-crusted fried pickles are on the “Intros/Apps” menus as well as baked brie or the Big board loaded with cured meats, artisanal cheese, roasted vegetables, olives and fruit. The price range is \$7 to \$13.

One 12-inch pizza is named the “Leon Brussel” and features brussels sprouts, bacon, roasted garlic, extra virgin olive oil, lemon zest and an egg over easy for \$13. “Bonus Tracks” are items you can add to your pie such as egg, chorizo, jalapenos, or bacon for \$1.50 each. Salads and sandwiches are \$13 or less.

The bar features craft cocktails starting at \$8 and beer, a few from



Visitors to the Linger Longer Lounge can enjoy some game time with their food and drinks. No, not dozens of TVs showing local sports, but some real hands-on gaming, whether Jenga, Sorry, or other fun retro board games that fill the shelves in the game room (submitted photo).

some local breweries, and wine. Non-alcoholic drinks such as Kaliber or Red Bull also are available from the bar.

“I think I realized in college that the kind of parties I liked to attend, no one was having,” recalls Woodbury. Today he and his partners are busy creating the kind of environment that makes people feel comfortable and relaxed. He opened his first bar/restaurant in 1991.

It's definitely a fun atmosphere at the Linger Longer Lounge and it's a brand Woodbury and his partners are building. “All of our locations are operated by Genuine Concepts, a hospitality management company we started a couple years ago to oversee not only our growth, but also the day-to-day management of each store. We'll have 10 stores by year's end and more on the drawing board.”

Logan Purser is the director of operations, Jorge Gomez is the executive chef and Cesar Cramton is the event coordinator.

On Wednesday nights the record player is opened to Vinyl Valley where, as Woodbury puts it, “...the best local DJ's spin nothing but wax.” The game room is available for private parties or to host a business meeting.

“I hope people know the Linger Longer is a ‘pretension-free zone,’” says Woodbury. He wants to stress that the atmosphere is casual, fun and approachable—no attitude—and that “we have a killer parquet wood dance floor, disco ball and dancing every Friday and

Saturday night.”

You can see the full menu and a schedule of events at www.lingerlongeraz.com or call 602-264-4549. Linger Longer Lounge also is on Facebook and Instagram.

Dining Briefs

Brazilian specials during Olympics

Half Moon Windy City Sports Grill, 2121 E. Highland Ave., is opening at 9 a.m. for some of the major events of the 2016 Rio Olympics Summer Games, Aug. 5-21. All the events will be shown on 32 HDTVs throughout the bar, so wear your jersey, cheer for your favorite team and enjoy festive Brazilian specialty food and drinks.

Brazilian-themed specials include:

- Rabanada, a Brazilian-style French toast dipped in a coconut milk custard, topped with melted butter, powdered sugar and coconut, served with bacon

- Feijoada Breakfast Skillet, a traditional Brazilian beef and pork stew over rice in a sizzling skillet topped with a fried egg and served with a warm flour tortilla

- Caipirinha, an authentic Brazilian cocktails made with traditional Pitu cachaça sugar cane liquor—the Caipirinha is Pitu cachaça, brown sugar and fresh lime.

Call 602-977-2700 for reservations and availability.

Buy a to-go pizza, get beer for a penny

All summer long, Federal Pizza is pairing triple-digit temperatures with ice-cold craft brews as part of its “Wet Hop Arizona Summer,” a dining deal offering a 1 cent growler filled with a rotating selection of craft draft beer to anyone who picks up a drive-thru pizza.

Offered every Wednesday through Aug. 31, simply call in your pizza (602-795-2520), pick it up via Federal's dedicated drive-thru lane, and receive a 1 cent craft beer chub (32 ounce growler). Limit one growler per transaction.

Even better, Federal Pizza's “Wet Hop Arizona Summer” will showcase a different craft brewery each Wednesday. Follow Federal Pizza on Instagram where each week they will announce the latest lineup.

Federal Pizza is located at 5210 N. Central Ave. For more information, call 602-795-2520 or visit www.federalpizzaphx.com.

Geordie's Steak, mansion tours return

Geordie's Steak, the signature restaurant at the Wrigley Mansion Club, reopened on July 19 after its annual summer hiatus. Regular lunch, happy hour and dinner services resume.

In addition, every Tuesday guests can enjoy a complimentary tour of Wrigley Mansion's storied grounds, taking in nearly 85 years of rich history along the way.

Make your dining or mansion tour reservations now by calling 602-955-4079. To view menus, visit www.wrigleymansion.com.

Jewel's now open for expanded dinner

Jewel's Bakery and Café last month debuted a new dinner menu. Although the new menu remains true to Jewel's Bakery and Café's roots of gluten-free comfort foods, keeping staples like the mac & cheese, chicken and waffles and green chili cornbread waffles, guests can now expect to see a myriad of lighter bites and tapas fare, frozen desserts as well as unique twists on American classics and high-quality ingredients.

Dinner items include revamped classics such as beef stroganoff and red

FOOD FOR THOUGHT

wine braised short ribs, but also fresh, unique plates including Buffalo cauliflower “wings,” the portabella Philly sandwich, and the vegetable curry. For dessert, guests can enjoy items including the chocolate molten cake or the lighter pear croustade.

In addition, Jewel’s Bakery and Cafe offers a selection of local craft brews, cocktails, ales, and wine to complement the dinner menu, as well as a variety of coffees, teas and other beverages.

Jewel’s Bakery and Café is located at 4041 E. Thomas Road, and is open from 8 a.m. to 9 p.m. daily. For more information, visit www.jewelsbakeryandcafe.com or call 602-714-5243.

‘Lunch & Learn’ features celebrity guest chefs

Sanctuary on Camelback Mountain’s award-winning Lunch & Learn series returns for its 15th season. This summer’s lineup, featuring some of the country’s top culinary experts, will leave guests star struck (and asking for seconds) as celebrity chefs and Food Network Stars dish out recipes and behind-the-scenes insight.

On Saturdays throughout August at the resort, located at 5700 E. McDonald Drive, top chefs will join Sanctuary’s Executive Chef Beau MacMillan for interactive cooking demonstrations including a three-course meal with wine, Q&A opportunities and take-home recipes. Held in The Views Ballroom, all lunch events are \$75 per person and start at 12 p.m. Dinner events are \$125 per person and start at 6 p.m. All prices exclude tax and gratuity. Reservations are required by calling 480-607-2300.

The 2016 lineup includes: Aug. 6, Chef Jeff Mauro (dinner); Aug. 13, Chef Cullen Campbell (dinner); Aug. 20, Marc Summers and Chef Beau MacMillan (lunch); Aug. 27, Chef Ryan Clark (dinner).

Miracle Mile gets in on Sandwich Month

Americans eat more than 300 million sandwiches every day—an amazing statistic since there are slightly more than 300 million Americans. August is National Sandwich Month and locally owned Miracle Mile Deli’s made-to-order specialty sandwiches can satisfy almost any sandwich craving.

Throughout August, the popular deli will take each week to feature a dif-

ferent sandwich on the menu and offer it for just \$9—this includes fries and a pickle. From Aug. 1-7, take a bite out of “The New Yorker”—hot pastrami topped with homemade coleslaw and Miracle Mile dressing.

Then from Aug. 8-14, try the hot brisket of beef. The combo sandwich, featuring Miracle Mile Deli’s two most popular meats, hot pastrami and hot corned beef, is on the menu for Aug. 15-21. And the month wraps up Aug. 22-31 with “The Straw”—hot pastrami, melted Swiss cheese and steamy sauerkraut piled high on your favorite bread.

The restaurant is located at 4433 N. 16th St., just two blocks south of Camelback Road. For more information, visit www.MiracleMileDeli.com.

Root beer floats abound at eatery

Celebrate National Root Beer Float Day on Saturday, Aug. 6, at TEXAZ Grill, where you can scoop up a gourmet root beer float for only \$5. Made with craft-brewed Abita Root Beer and Vanilla Ice Cream, it’s the perfect complement to TEXAZ’s menu of hearty American comfort foods.

The drink special will be available from 11 a.m. to 10 p.m. at the restaurant, located at 6003 N. 16th St. For more information, call 602.248.STAR (7827) or visit www.texazgrill.com.

New sous chef joins Westin Downtown

Allison Bird has joined The Westin Phoenix Downtown, 333 N. Central Ave., as sous chef for the hotel and its signature restaurant, Province Urban Kitchen and Bar. The addition of Bird comes after a decade-long career with Starwood Hotels and Resorts and time at Planet Hollywood Las Vegas Resort & Casino.

“Chef Bird is a great addition to our team,” said John Ford, general manager of The Westin Phoenix Downtown Hotel. “Her vast experience both in culinary and with Starwood Hotels and Resorts make her a great asset from which our guests will be benefit.”

As sous chef, Bird will work directly with Executive Chef Martin Scott to plan and direct all food preparation in

The Westin Phoenix Downtown Hotel kitchen, extending to banquets hosted at the hotel and daily activities

please see SOUS CHEF on page 46



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FOOD FOR THOUGHT

SOUS CHEF continued from page 45

in the restaurant. The primary expediter in the kitchen, she will maintain quality control over all food before it reaches the guests, ensuring portions and plating are correct. She also will help with mentoring and management of the culinary staff.

Cornbread sales aid local nonprofits

Z'Tejas Southwestern Grill recently donated \$17,912 to the Military Assistance Mission in Arizona as part of its quarterly Cornbread for a Cause fundraiser.

Z'Tejas has contributed more than \$90,000 to local nonprofits since it began Cornbread for a Cause in December of 2015. The restaurant group's corporate giving program chooses local organizations in Arizona and Texas that benefit each quarter from proceeds of sales of its famous, freshly baked Z'Tejas cornbread. Those organizations that have benefitted in the past include Phoenix Children's Hospital Foundation, Dell Children's

Medical Center of Central Texas, Scottsdale Active 20-30 Club and Cheyanna's Champions for Children.

"We first started Cornbread for a Cause as a way to give back to our communities," said Gary Manley, General Partner at Z'Tejas Restaurants. "To see these large donations roll through is truly amazing and cannot be done without our customers who come in and support our mission. We are excited about continuing the momentum."

Through Sept. 30, a portion of the cornbread proceeds from Z'Tejas' five Phoenix-area locations will go to Arizona Animal Welfare League & SPCA (AAWL).

For more information on Cornbread for a Cause or Z'Tejas, visit www.Ztejas.com.

Pop-up Dinners finds a permanent home

Formerly Arizona Foodie Pop-up Dinners, Eatable has been introduced as the company's new name to encompass the expansion of its event services.

Eatable, founded by Valley foodie Diana Brandt, has a brand new loca-

tion at 1514 W. Lynwood St. to accommodate the popular pop-up dinners featuring some of the Valley's most sought-after chefs.

Eatable's dinner events offer an intimate gathering of just 20 guests per event the rare opportunity to meet and mingle with the featured chef and enjoy passed hors d'oeuvres and a three course, sit-down meal, not found on the chef's restaurant menu, and plenty to drink, too! During the evening, guests are also treated to a demonstration of how the featured chef prepares the meal, and can mingle and chat with the participating chef and other dinner guests.

Since their inception, these unique dining experiences have been quickly selling out. Tickets are typically \$65 per person, and include the three-or-more-course meal and beverages.

The Eatable event space will also be available for private parties, food concept or product launches. Brandt says, "I have people ask all the time for a place where they can have a special meal for a birthday or anniversary. This space can be used to connect a chef with these people to create a memorable celebration."

For more information, visit www.azfoodieblog.com.

Summer Bites at Little Cleo's

Drop anchor at Little Cleo's for the return of the Summer Bites Menu, specially designed by Chef Eric Ramirez. Guests can captain their own four-course meal, choosing from a selection of seafood, small plates & greens, large plates, and desserts.

The Summer Bites Menu is available through Sept. 24 (excluding Aug. 28) and is \$35 per person plus tax and gratuity. Wine pairings are available for an additional \$15 per person.

Little Cleo's is located inside The Yard at 5632 N. 7th Street #120. For the full Summer Bites Menu, visit www.littlecleos.com. For more information, call 602-680-4044.

Central Kitchen hosts school supply drive

The Phoenix Ale Brewery Central Kitchen Central Kitchen, 5813 N. 7th St., and Huss Brewing Co. are partnering for a back-to-school drive benefiting the Madison School District through Aug. 25.

Central Kitchen is offering happy hour pricing any time of day on all Huss and Phoenix Ale Brewery beers with the donation of any two qualifying, new school supplies. The Madison School District is seeking the following items: Copy paper; pocket folders (pack of 3); tissue boxes; Clorox wipes; hand sanitizer; headphones (used by K-2 students on the computers); glue sticks; bottle of Elmer's Glue; package of construction paper; crayons colored pencils; and dry erase markers.

Central Kitchen has a donation box inside its restaurant. Guests are to notify their server about their donation to redeem the offer at the time of the visit.

To culminate the program, Central Kitchen and Huss Brewing Co. will host an exclusive event on Aug. 25 from 6:30-8:30 p.m. The ticketed dinner will feature exclusive menu items prepared with Huss beers. Tickets and more details on the special event will be available soon at www.centralkitchenaz.com.

For local restaurant listings, visit our Dining Guide online at www.northcentralnews.net



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