



north central news

the voice of the north central phoenix community

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Rezoning request troubles neighbors

By Teri Carnicelli

The owners of two homes next door to each other and built in the mid-1950s on east Missouri Avenue are asking to have them rezoned to residential office (R-O), which has some neighbors up in arms.

The homes are located at 1340 and 1348 E. Missouri Ave., on the north side just west of 14th Street. They are both single-story ranch style homes on large lots in the Robbins Estates. The current underlying zoning is R1-6, which allows for up to five homes in a conventional build, or 5.5 to 6.5 homes for a planned residential development (PRD). Unless the property was previously subdivided prior to May 1, 1998, only single-family attached homes are permitted. The maximum height in either case is 30 feet; generally that means two stories.

The R-O district permits conversion of residential structures for use as professional offices or other lim-

please see REZONING on page 4



Zahid Ali enters his brand new home in Sunnyslope on July 26 followed by wife, Stephanie (with son Noé), and various guests and dignitaries. The home, manufactured by Champion Home Builders in Chandler, was donated to the Ali family by Rebuilding Together Valley of the Sun and NextGen Home. It was fully furnished thanks to Bassett Furniture (photo by Teri Carnicelli).

Ali family awarded home in Sunnyslope

By Teri Carnicelli

It was a typically warm July morning as Zahid Ali, his wife Stephanie and their young son Noé sat outside what was about to be their brand-new home in Sunnyslope, waiting patiently for the dignitaries and other special guests to finish speaking so there could be the formal ribbon cutting.

But first, it was Zahid's turn to speak.

Growing up he recalls sleeping on the floor with his brother while their sister slept in the one bed. "I never really had a place to call home," he says. "For me to get this opportunity is very humbling, and I can't say thank you enough."

His words stumbled a few times, and he kept repeating, "Thank you. Thank you."

Zahid, who joined the U.S. Marines in 2007 when he was 19, was wounded by an IED while deployed in Afghanistan. Zahid experienced a traumatic brain injury, resulting in chronic lower back and knee pain, ringing of the ear, migraine headaches and complications related to Post Traumatic Stress Disorder. These conditions severely impact his day-to-day activities. After four and a half years of active service, Zahid was honorably discharged with the rank of lance corporal and returned to civilian life in Arizona.

The hardest part for him, Zahid said, was transitioning home and not being able to do the things he was able to do before he left because of his traumatic brain injury. "Every day I wake up and I honor the fallen, as there is a not a day that goes by that I don't think of my brothers. I'm very grateful to be alive and to have my wife and my son," who was born while Zahid was deployed.

Still, he said, there was one thing he wasn't able to give to his small family, and that was a proper home. The couple had been renting an apartment in Gilbert—until the day they got the call that would change their lives forever.

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COMMUNITY

Man finds new calling on trip to Guatemala

Terry Stines turned 70 on July 11 of this year and a week later had his first day “back to school.” The longtime North Central Phoenix resident is studying to be an ophthalmic assistant at the Maricopa Skills Center, on the campus of Gateway Community College.

Stines is no stranger to tackling something new. He has had a variety of vocations but most recently spent time fixing up antique automobiles. The reason behind his return to education started with a mission trip organized by his church last year.

Stines decided to join a mission team of Bethany Bible Church, 6060 N. 7th Ave., that was readying for a trip to Guatemala. The team consisted of two doctors, a nurse, a nursing student, a fireman/EMT, and Stines. In Guatemala, they were joined by a dentist.

The team treated many locals, especially administering medicine for



Terry Stines, who recently turned 70, has his lunch bag in hand as he prepares for his first day of school at the Maricopa Skills Center (submitted photo).

worms, pre-natal care, treating injuries and infections and pulling lots of teeth. Stines was the main “pill counter” in the temporary pharmacy.

The team had taken many pairs of glasses with them but did not end up

please see CALLING on page 10

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**Congratulations to August's winner, Vicki Martin,
who won \$500 Gift Certificate for Custom Whitening Trays
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Visit our website at www.northcentralnews.net
to enter for your chance to win this month's prize, a
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**Deadline to enter is Sept. 20, 2016.
The winner will be announced in our October issue.**

One name will be drawn from all submissions and awarded the prize indicated. Entry is limited to one per person.
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COMMUNITY

REZONING continued from page 1

ited service uses. It also permits continuation of residential uses or reconversion to residential uses. Permitted uses in the R-O district include professional, medical, dental and administrative offices including clerical or sales representative offices. Other permitted uses include churches and small schools, such as a preschool.

Winton Architects Inc., at 1110 E. Missouri Ave., Ste. 800, sent a letter to some neighbors who were on the list of those who opposed the previous attempt at zoning change in 2005. The letter, mailed in May of last year, stated that the owners, who originally attempted to change the two properties plus an additional one adjacent to them from R1-6 to C-O, are now looking at R-O for only two of the properties.

Linda Becker has owned the property at 1340 E. Missouri Ave. since 1999. The home was built in 1955. Carol Longstaff and DEL CES Living Trust are listed as the owners of the property at 1348 E. Missouri Ave., which was built in 1954. Longstaff and her husband, Derek, have owned the property since 2004 and transferred it to the trust in January of this year.

During the Planning Commission hearing in 2005, the concept of R-O was raised by the commissioners because it is a lesser zoning category that is more compatible with adjacent residential. The owners weren't as familiar with the zoning categories and had no legal representation at that time.

Then, as now, the owners of each property intended to use the homes for their own small businesses. Becker will use the property at 1340 E. Missouri Ave. for her small CPA practice and property management.

Derek Longstaff will use 1348 E. Missouri Ave. for his small environmental consulting business. Much of the firm's work is done out in the field. Since the office component will only be in one small section of the house, the remainder of the house will be occupied by one of Longstaff's employees and his family.

"The R-O district was designed to allow small office uses at the residential scale for homes along busy collectors and arterials," says Taylor Earl, an associate with Earl, Curley & Lagarde, P.C., who represents the owners this time around. "That is the situation here, which is why we think this is an appropriate request. We respect the neighbors' position but

this is what R-O was designed for."

In fact, a subcommittee of the Camelback East VPC completed a Missouri Avenue Land Use Study in 2003. The study evaluated the uses and conditions of the Missouri Avenue corridor between 7th and 24th streets. While recognizing the viability of residential uses in the corridor, the study notes that along the north side of Missouri Avenue, specifically between 10th and 16th streets, smaller office structures exist that are sensitive to their residential neighbors. The site design submitted for the R-O rezoning proposal is consistent with the recommendations of that study, according to city planning staff.

But many neighbors think the properties should be left as-is and say the Missouri Avenue corridor is a desirable place to live and the owners should have no trouble selling or renting the properties as residential homes.

"These homes should stay residential," said Eric Bassingthwaite, who bought his home directly behind one of the subject properties in April of last year. "They are viable and desirable homes; it's a great area to live in. We are not against rezoning when it makes sense. But this is a great community and people want to live here. So what's the win for the neighborhood?"

The owners have pledged that no changes will be made to either home's exterior, and city staff stipulated that a review be required of any future exterior building modifications to ensure that the residential character of the buildings is maintained.

The Camelback East VPC ultimately voted to recommend the rezoning and forwarded the recommendation on to the Phoenix Planning Commission, which also gave its stamp of approval on Aug. 4, with a stipulation that the R-O zoning contain a height restriction limiting both buildings to one story plus 20 feet, which is still well under the two stories plus 30 feet that would be allowable under the R-O zoning.

Bassingthwaite is not deterred by two rounds of approval. "We are unified and have a strong, clear message. I have seen items approved at the lower level that were denied by the Phoenix City Council. We are not giving up."

The Phoenix City Council will decide on the rezoning request at its regular meeting set for 2:30 p.m. Wednesday, Sept. 7, at the City Council Chambers, 200 W. Jefferson St. The case number is Z-83-15-6.

COMMUNITY



Bob Nuss, owner of Drumbeat Indian Arts, stands in front of the new mural painted by some volunteers on the side of his once drab building (photo by Patty Talahongva).

Colorful mural makes shop more eye-catching

By Patty Talahongva

Driving north on 16th Street just past Indian School Road, it was easy to miss the tan building on the east side that has been the home of Drumbeat Indian Arts since 1972. It was easy. Not anymore.

Owner Bob Nuss explains that earlier this summer he received a phone call out of the blue. “I didn’t know her,” he says of Jeanette Rocha, who called and asked if she could paint a mural on his wall. “It was just an intriguing idea.

“If it didn’t turn out I could repaint the wall,” he recalls with a chuckle.

He gave the green light and Rocha showed him some sketches and they decided on the images that would be painted. And then Rocha called in her paint crew. Rocha is from an Indigenous tribe in Mexico. Her crew of artists came from the Valley but also from places such as Chicago, San Francisco, and from tribes such as the San Carlos Apache, Navajo, Yaqui and Pima.

“The whole idea came from our traditional cultures, matrilineal lines,” Rocha says. The wall is covered with images of women as leaders, as caregivers, lifegivers, and artists. The mural project is titled: Reverberate Her Lines.

“Don’t forget women are the backbone of our communities, our families,” Rocha points out.

Nuss watched the crew of about 15 people turn his tan wall into a vibrant mural depicting female power and traditions. Exterior house paint was used for the background but each image is meticulously created with spray paint.

Rocha got all the paint supplies donated. The team completed the mural in May.

“Oh, it was impressive,” Nuss says of watching the group transform his wall. Quite a few people driving by also were captivated and turned around to come back and watch them paint. “Everybody got enthusiastic.”

Now that the mural is completed it is drawing in a few new customers who notice the store for the first time. Drumbeat sells Native American clothing, jewelry, music, blankets, and a whole host of items to make Native American regalia. One staffer, Valerie Francisco, says people tell her they’ve always driven right by the store—until they noticed the mural. She says they are amazed once they enter the store, which is just as colorful with its array of Native arts, crafts and more.

“They took the colors in the store and put them on the wall,” says Valerie Harris, a long time manager. It’s a bonus that the mural has translated into some additional sales for the store, which is open 9 a.m.-5:30 p.m. Monday through Saturday. For more information, call 602-266-4823.

Vendors sought for holiday and craft fair

Crossroads United Methodist Church, 7901 N. Central Ave., will host its annual Holiday Bazaar & Craft Fair from 7 a.m. to 3 p.m. Saturday, Dec. 3. The church currently is seeking vendors for the event, including jewelry, holiday gifts, wreaths, handmade toys, winter clothing and more.

For vendor information, e-mail Events@CrossroadsPhx.com or call the church office at 602-944-1524.



Notice of the North Central Phoenix Homeowners Association Annual Meeting

All Phoenix residents living in the area between 7th Street and 7th Avenue from Missouri Avenue to Northern Avenue are cordially invited to attend the upcoming NCPHA annual meeting:

Date: Thursday, September 22, 2016

Time: 6:00 p.m. to 8:00 p.m.
(meeting will begin at 6:30 p.m.)

Location: All Saints Episcopal Church
and Day School
Manning Hall (on the school campus)
6300 North Central Avenue

Our guest speakers will include Mayor Greg Stanton, Councilman Sal DiCiccio, the City of Phoenix Police Department, Planning and Zoning, and Transportation.

Please come to the Annual Meeting to learn more about current issues and how you can help keep North Central one of the most desirable neighborhoods in Phoenix.

If you are a homeowner within our borders and would like to become an official NCPHA member or renew your membership (suggested minimum \$25), please log onto www.ncpha.org, where you can sign up to be on our confidential email list and use PayPal for payment. Or fill out the form below and mail your check to:

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The (Mis)Information Age?

Mazvo Auto Car Care Center's Shahe Koulloukian explains why, when it comes to your car, the Internet doesn't always know best.

Though it's great for watching funny cat videos (admit it!), the Internet isn't always the most trustworthy place to get reliable information. It's like when you look up a minor cold symptom and suddenly you're convinced it's a deadly disease: sometimes it's difficult to know what's accurate and what's not, especially when you're not a professional.

The same holds true for diagnosing problems with your car, says Shahe Koulloukian, owner of Mazvo Auto Car Care Center. "Customers call or come in all the time with fear that there is something wrong with the vehicle because of a certain noise or smell," he says. "This fear is ignited by being a student of 'Google University.' 'The Internet says it could be this and the Internet says I need to do this. I'M WORRIED, BECAUSE I READ ON THE INTERNET THAT MY CAR COULD BLOW UP!'"

But Shahe has some sage advice for all the Google gurus: remember that the Internet didn't create the information – just relayed it – and it isn't always right. "Man can make mistakes regardless of good intentions, and provide wrong information that can lead to false fear and panic," he points out. "The first step in solving a problem is recognizing there is one. Do the Internet research to give you an idea of what you're dealing with, but don't let it dictate the end result of what's going on with your vehicle." For that, Shahe says, you need an open dialogue with your auto repair facility; the better you're able to convey to a mechanic what's wrong with your vehicle, the easier it is for a technician to diagnose and fix the problem. He advises writing down ahead of time what kinds of problems you're having, noting specific sounds, sensations, odors, or leaks, and when and how frequently they occur. What happened just before the car stopped running? Did it function normally the day before it didn't start?

Of course, many of these problems could be avoided altogether with a few measures of preventive maintenance. The basics – oil changes, tire pressure checks, and scheduled inspections – are like getting regular checkups at the doctor. They maintain overall health and vastly improve your chances of catching anything serious before it becomes a major problem. "The best way to save money over the life of a vehicle is to choose a high-quality, full-service repair shop and allow them to do all of the necessary maintenance and repair work," says Shahe. "Make the connection with your repair facility and have a dialogue about what's truly going on. This will lead to recognizing what sort of problem your vehicle is having, and whether it's safe to hold off on repairs."

Developing a good relationship with your auto care provider is not only beneficial for your car, saving you time and money in the long run. It can also help you to make informed decisions, no second-guessing – or Google – required.

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COMMUNITY



OASIS volunteer tutor Pat McKenna works with student Juan Luna on his reading skills. OASIS seeks volunteers like McKenna to help support student literacy (submitted photo).

Volunteer tutors sought for program

As children settle in to their new school year, volunteer tutors are needed to help them finish out the year successfully.

The OASIS volunteer tutoring program is for community members who are interested in sharing the love of reading with a child. By becoming a literacy tutor, you will support a student once a week for an hour in the skills of reading and writing.

The program is sponsored by Madison School District and OASIS. OASIS is a nonprofit organization that

partners with school districts to pair adult community members with students needing literacy support. This tutoring program serves children in Madison School District's four elementary schools (Heights, Camelview, Rose Lane and Simis) and targets children needing additional academic support in literacy.

Tutors will receive training by a reading specialist along with a tutor handbook, bag and supplies. The training will be held at Madison Camelview, 2002 E. Campbell Ave., from Sept. 26-28, 8:30 a.m. to 12 p.m.

For more information, contact Kim Gullo at 602-664-7285 or e-mail her at kgullo@madisoned.org.

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Real Estate Corner

Bobby Lieb

Your North Central and Biltmore residential real estate specialist

It's a great local market

I want to thank all of my clients for allowing me to sell 110 homes so far in 2016 ranging from \$97,500 to four homes priced between \$1.8 million and \$1.875 million. It has



been an excellent real estate market in North Central the past seven months and I expect it to continue until the end of the year ... even with our crazy

election going just a few months away.

Here is what I have seen so far in the North Central market. The luxury market over a million has been very slow. One of the properties that I recently sold was at 130 E. Missouri, which sold for \$1.8 million and was situated on 2.5 acres. The property was active for more than three years at over \$2 million but the real value was always the land. I took over the listing the first of the year and sold it in five days. The builder has now torn down the 70 year old home and plans to build 11 new homes in its place beginning the first of the new year. I know some of you traditionalists did not like seeing the old home down but the reality is that nobody wanted the home. It sat active for more than three years and the seller was tired of spending money keeping up a vacant home for over 12 years.

Buyers love all the new homes being built in our 'hood. I sold out the Porchlight Homes Subdivision, located at 1st Street and Georgia, which consisted of eight homes with the prices ranging from \$750,000 to \$950,000. Porchlight has purchased two acres from me between 13th Avenue and 15th Avenue on Myrtle and will build six more new homes in the first quarter of 2017. Porchlight also will build more than 30 new homes in North Central in 2017. Have you seen 15th Avenue recently between Glendale and Northern Avenues? The horse properties have gone to the pastures and in their place there will be more than 40 new homes next year. Look for this trend to continue the next three years.

I expect to see 100 to 125 new homes under construction in our area the next 24 months. I am selling more than 40 of those new homes in North Central ranging from \$450,000 to \$900,000. Get used to it because our area is high in demand with its location to all areas of town, great schools and great restaurants. This trend should continue for at least four more years.

Have a safe September!

Bobby Lieb

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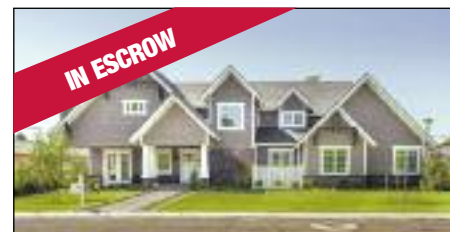
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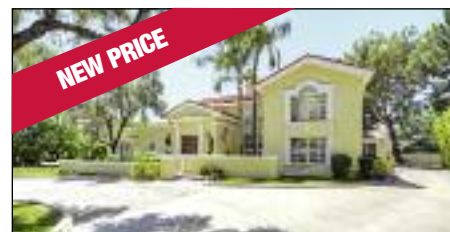
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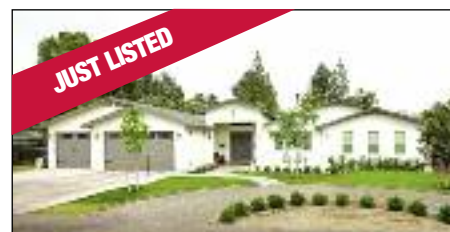
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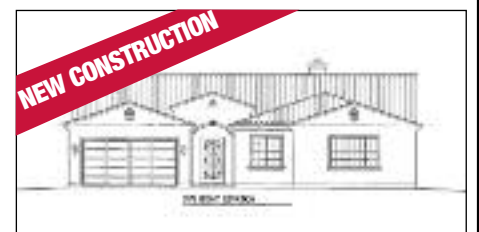
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COMMUNITY

HOME continued from page 1

Zahid had filled out an application to be considered to receive a new manufactured home through a partnership with Rebuilding Together Valley of the Sun and NextGen Home. They were specifically seeking military veterans with demonstrable need. Zahid was told he made the short list of the final 12 applicants, and came in for a second in-person interview.

And then, that final, fateful phone call. The Ali family was chosen.

"The process of whittling it down to one final recipient was difficult and humbling, as there were so many worth families," said Eric Groff, Rebuilding Together Valley of the Sun board president. "We started out with hundreds of applications and narrowed those to 30 and then down to 12. I think we chose the perfect family to have this house and created a beautiful foundation for their future. They are amazing people with a lot of heart and a lot of love."

The lot in Sunnyslope was donated by Chicanos Por La Causa and the house itself was manufactured by

Champion Home Builders in Chandler. John Yurcaba III, service manager and retired Army captain, was on hand for the dedication. "It was a great pleasure being a part of this project and truly a labor of love for all of us, but especially for myself and other veterans at our Chandler plant who were proud to work on the project."

The home came fully furnished and move-in ready, with energy-efficient features, as the family and guests discovered after the ribbon cutting on July 26.

When Zahid opened the door and walked in with his wife at his side and son in her arms, their eyes and mouths were wide open in shock.

"My excitement is just for them," Zahid said, "for my son to actually have a home and to be able to provide for my family. Now that I am a father, it is very important for me to give my son a better future by providing him with what I never had."

Zahid is working to obtain an associate's degree from Phoenix College. Stephanie works in the hospitality industry and is exploring opportunities to further her career.

Cooking classes offer health, flavor, fun

North Central resident Nancy Matsui had a lifelong love of cooking, and during her 35 years of elementary school teaching she managed to sneak a few healthy cooking experiences into the classroom.

While an elementary school teacher, she began teaching cooking classes at a local community college. After retiring, Matsui decided to combine her teaching skills with her desire to share information about cooking and in 2011 formed Onion Enterprises-Education in Flavor, through which she offers cooking classes in her home near 15th and Northern avenues.

Education in Flavor offers a diverse mix of classes for fall. The first session, from 11 a.m.-12:30 p.m. on Sept. 24, will feature "International Condiments" with a focus on Japanese flavors.

A class Oct. 1 from 11 a.m.-12:30 p.m. tips the hat to Dr. Andrew Weil, known for research on how to maintain optimum health and decrease inflammation through food choices. Recipes

include Grilling Cheese with Salad and a Fruity Seed Smoothie.

Other classes include "A Tribute to Yotam Ottolenghi" on Oct. 22; "Holiday Appetizers & Sides" on Nov. 12; and "Holiday Sweets" on Nov. 19.

Recipes are provided and each of the dishes prepared will be served. Class fee is \$20 per session, except for a class with Chef Claudio Urciuoli, which will be \$35. More than half of each class fee will be donated to one of two local charities; the rest is used to purchase groceries and print recipes.

Space is limited in each class, so RSVP quickly. Payment must be received prior to the class in order to hold the reservation. To RSVP or for more information, e-mail Nancy Matsui at onionenterprise@cox.net.

To pick up a hard copy of the Education in Flavor brochure, with a full description of each class, visit the Southwest Gardener at 300 W. Camelback Road, or John's Amish Country at the Uptown Farmers Market, 8 a.m.-12 p.m. Saturdays at North Phoenix Baptist Church, 5757 N. Central Ave.



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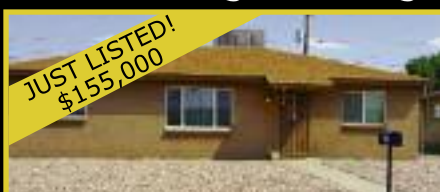
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602.882.3106
kathyd@longrealty.com

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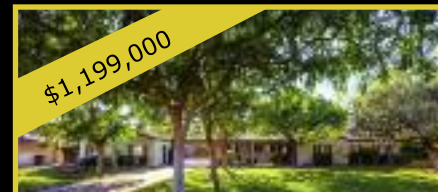
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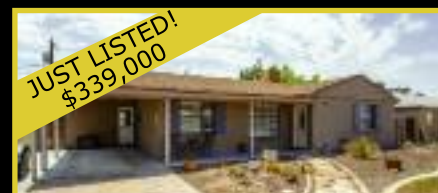
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*Para más información llame Jon Rudolph (520) 313-5370



COMMUNITY

CALLING continued from page 3

distributing any because there was no one to match up glasses and people. That's why Stines decided to go back to school. If he could acquire the skills of an ophthalmic tech, he could distribute glasses on upcoming mission trips. He would be able to evaluate a person's vision and get them the correct glasses.

The 702-hour program includes instruction in taking patient histories, basic eye testing and measuring, administering directed treatments and topical medications, diagnostic test procedures and equipment operation, anatomical and functional ocular measurements, and more.

Stines hopes to have his certification completed by late spring 2017. But that only gets him partway to his goal. He will also need the proper equipment to bring to Guatemala to conduct eye exams to properly match glasses to clients. The item should be portable enough for the trip to Guatemala. Local ophthalmologists or other medical professionals who have

an older piece of equipment they are willing to donate should contact Stines at stines4@cox.net.

Sign up for adult softball leagues

The City of Phoenix will start online registration for its fall adult softball leagues on Sept. 6 at 6:30 p.m. Rose Mofford Sports Complex on 25th Avenue between Dunlap and Peoria avenues is one of the host sites for practices and games, and boasts a newly refurbished softball field funded by the Arizona Diamondbacks and named after D-backs pitcher J.J. Putz. The field boasts a new scoreboard, outfield fencing and new paint in the Diamondbacks' colors.

A new Open Division League will start this fall. All leagues are \$450 per team for a 14-game regular season schedule, with a single elimination playoff. This eight-week season ends with championship T-shirts and trophies. Leagues take place Monday through Sunday and leagues include: men's, co-rec and women's (leagues

vary from site to site).

To register, visit www.phoenix.gov/parks/sports/softball, or register in person at 1802 E. Encanto Blvd. For more information, call 602-262-4085.

Alumni of Phoenix Indian School gather

The Heard Museum, along with the partners Native American Connections (NAC) and the Phoenix Indian Center (PIC), will host a reunion for the alumni of Phoenix Indian School on Saturday Oct. 8.

This event will coincide with two major events: the annual Native American Recognition Days (NARD) Parade and planning for the expansion of the Heard Museum's Boarding School exhibit.

Alumni from Phoenix Indian are invited to march in the NARD/NAC Parade, which starts at 9 a.m. at 3rd and Oak streets and heads north ending in Steele Indian School Park, 300 E. Indian School Road. The reunion, which is an RSVP only event, will kick off inside Memorial Hall at 10 a.m.

and move to the Heard Museum, 2301 N. Central Ave., for lunch and an afternoon program for the alumni. Part of the PIS Reunion program will include identifying students in photographs from the school.

Alumni of Phoenix Indian School are invited to bring one guest and must RSVP to PILegacyProject@nativeconnections.org.

This year is the 125th anniversary of the founding of the school. When it was created in 1891 it was called The Phoenix Indian Industrial School. Many generations of Indian families attended Phoenix Indian in its 99-year history. The school closed in 1990 and much of the land became Steele Indian School Park. Only three buildings remain from the old school and the city of Phoenix has renovated one, Memorial Hall.

The partners NAC and PIC are overseeing the restoration of the former music building and construction is underway. The building will become a Native American Cultural and Business Center. It's set to open in the spring of 2017.

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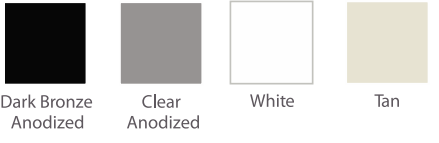
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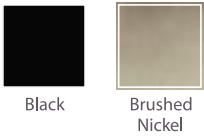
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COMMUNITY

Sign up to participate in G.A.I.N. Day

Neighbors looking to build connections and camaraderie, or perhaps form a Neighborhood Block Watch, are invited to register for G.A.I.N. Day, set for Saturday, Oct. 15.

G.A.I.N. (Getting Arizona Involved in Neighborhoods) is a day for local residents to join forces and promote awareness, safety and neighborhood unity. G.A.I.N. showcases the importance of police-community partnerships and citizen involvement in the fight for a safer Arizona.

Pre-register your neighborhood for a G.A.I.N. Day event by Sept. 26 to receive a crime prevention tote. Totes can be picked up during the G.A.I.N. Kick-Off Event, 10 a.m.-12 p.m. Saturday, Oct. 1 at Metrocenter Mall, 28th and Dunlap avenues. At the event, there will be a free Shred-A-Thon (maximum five bankers boxes), McGruff the Crime Dog, freebies, and neighborhood and local resources.

To register for G.A.I.N. Day, visit www.phoenix.gov/police/neighborhood-resources/gain, or send an e-mail to deborah.iodice@phoenix.gov to receive a copy of the registration form, which can be faxed or mailed back.

Shoe event aids Florence Crittenton

Florence Crittenton's eighth-annual Heels for Healing is set for Saturday, Sept. 24, when new and like-new

designer heels and handbags will be available for purchase at incredibly low prices during a special one-day shopping event.

This one-of-a-kind shopping experience at the Flo's on 7th resale boutique, 4116 N. 7th Ave., begins at 8 a.m. with the Diva Dash, a fast-paced, high-heel relay race where community members have the opportunity to create a team, dress up and race to the finish line. Entry fee is \$25 per person, and each registrant receiving a special tote granting them 20 percent off all purchases at Flo's on 7th for an entire year beginning Sunday, Sept. 25.

Following the Diva Dash is a special VIP shopping hour, beginning at 9 a.m. Cost is \$25 to get in on the early shopping event. Heels for Healing opens to the public at 10 a.m.

The proceeds from the relay race and purchases from Flo's on 7th will support the organization's mission and essential programs such as the Girls Ranch Group Homes, the Therapeutic Group Home, transitional living and community-based services. Proceeds will also support the Girls Leadership Academy of Arizona, a Florence Crittenton initiative, and the state's first and only single-gender public school. These programs help girls and young women ages 10 to 21 discover their self-worth and empower them to become successful adults in the community.

For more information, call Amanda at 602-288-4555.

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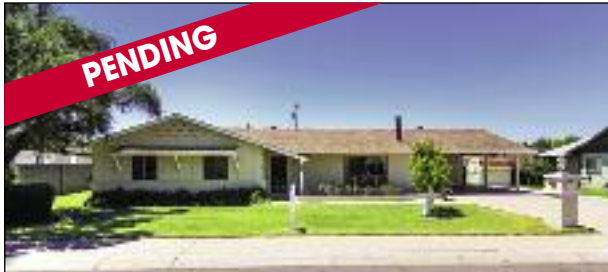
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Pet of the Month

Muffin ready to be loved, pampered

The pug has a dignity that would fit into the lifestyle of royalty but Muffin was left starving and overheated while fending for herself on the streets. The 1 year old likes to be close to you but is unobtrusive and will contentedly snore at your feet while you watch your favorite sitcom. Her compact size makes her perfectly suited for apartment life.

Not an athlete, a short morning stroll will suffice and Muffin can only survive a short walk in cool weather.

Bring your current canine and kids to the Arizona Humane Society's Sunnyslope Campus located at 9226 N. 13th Ave. to meet Muffin. Muffin's adoption fee is *\$600 and includes her medical treatment, spay surgery and vaccinations. For more information call 602-997-7585 and ask for animal number A541254.

Muffin may have been adopted by the time you visit the shelter but visit www.azhumane.org and see many other



This sweet 1-year-old pug is ready to be the pampered princess of her forever family (submitted photo).

dogs who are waiting for new homes.

** Editor's note: AHS recently made the decision to transition to a sliding-scale adoption fee system. Adoption fees vary anywhere from \$20-\$600 and the fee is based on a variety of criteria including breed and adoptability of the pet. Since two out of three animals that come to the AHS shelter are injured, abused or sick and need extensive medical care, this helps AHS offset the cost of care, which averages nearly \$900 per animal.*

ServePets marks first year anniversary

ServePets, started by retired veterinarian Dr. Gabor Vajda one year ago at 2605 W. Northern Ave., is marking its first anniversary with a special deal for pet owners and their furry companions.

ServePets is a multi-service pet facility where pet owners can wash their dogs themselves, bring in their dogs and cats for professional grooming services, drop their dog off for a day of play at doggie day camp and participate in a variety of other classes, activities and programs. And during the month of September, customers can receive 10 percent off all services.

"We have lived up to the promise we made one year ago to be courteous and friendly to our customers, but especially to be kind, gentle and caring with the precious pets left in our care," said Vajda.

The spacious, two-story facility "is a reflection of my lifelong love for pets and my desire to create a loving and caring environment for pet owners and their pet companions," added Vajda.

ServePets also offers obedience training for the convenience of its customers. The resident professional obe-



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dience pet trainers are Christine Filler of “Obedient Buddies” and Barbara Nagy of “Patience Unlimited,” both of whom are well known and respected in the dog world and in the North Central community. Their aim is to build strong relationships between dogs and their owners and to strengthen the depths of the human animal bond with love.

In addition, Gynny Maese and Memo Cavazos, longtime dog handlers and instructors, offer confirmation and handling classes at ServePets. Visit their website at www.dogcommunity.net.

ServePets is open 8 a.m.-6 p.m. Monday through Friday, and 8 a.m.-4 p.m. Saturdays. For more information, call 602-841-1700 or visit www.servepets.com.

Free dog wash, nail trim for charity

Puff & Fluff Grooming is hosting a special Bath & Brush event 10 a.m.-2 p.m. Sunday, Sept. 11 at O.H.S.O. Eatery + Nano-Brewery, 4900 E. Indian School Road.

Don't miss this incredible opportunity to get your pup freshly cleaned and fluffed by the Puff & Fluff bath crew. The full-service dog bath & brush includes shampoo, conditioner, massage blow dry, nails and more. This is a \$21-\$50 value, offered for free; however, donations will be gladly accepted and given to Forever Loved Pet Sanctuary, www.foreverlovedpets.org.

Firefighters wait tables to benefit search dogs

Half Moon Windy City Sports Grill, 2121 E. Highland Ave., hosts its second-annual Phoenix Firefighters Burgers, Brews & Brawn Servathon in remembrance and commemoration of those involved in 9/11, with proceeds to benefit one of its favorite charities, the Arizona Search Dogs (www.ArizonaSearchDogs.com).

Reservations are required for this very special dinner, set for 5-9 p.m. Wednesday, Sept. 7, in order to reserve a Phoenix Firefighter as your server that evening. Twenty percent of the proceeds from sales for the entire day will go to Arizona Search Dogs as well as all the tips the Firefighters collect serving tables that evening.

Nearly a dozen of these amazing search dogs will be on hand with their

handlers to meet and greet guests. There will also be an agility course set up in front of the restaurant for the dogs to strut their stuff.

Tickets are \$10 per person and gives each guest a \$10 food credit. They can be purchased online at www.HalfMoonSportsGrill.com. Walk-in guests will be accepted either in the bar or on the patio based on availability. For more information, call 602-977-2700.

Local dog trainer pet-training services

Barbara Nagy of Patience Unlimited offers her pet-training services at ServePets, a multi-service pet facility located at 2605 W. Northern Ave.

Nagy has more than 30 years of experience in dog training. She has achieved titles with AKC, DVG, ATTS, UKC, and DPCA with her clients' and her own dogs. Nagy is also an evaluator for the AKC Canine Good Citizenship Program.

She uses the Volhard Motivation

Method of Dog Training, which builds strong relationships between dogs and their owners and captures the depths of the human-animal bond. This method is the ultimate teaching tool with the true understanding of the mind of the dog.

Nagy's menu of services includes: pet obedience & behavior classes; competition obedience & rally; kindergarten puppy classes; and AKC Good Citizen classes. For more information or to schedule a free consultation at ServePets, call Nagy at 602-841-1700.

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ServePets is the creation of Dr. Gabor Vajda, a Phoenix veterinarian who, with his family, has been a North Central resident since 1962. He is a well-respected veterinarian during his 50-plus years of practice in the Valley. He is now retired, but cannot divorce himself from his love and passion: animals. This passion is what led him to start **ServePets**.

Call 602-841-1700 to schedule an appointment
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Community Calendar

Docent Training Info Session

10 a.m. Tuesday, Sept. 6
**Heard Museum,
Encanto Room
2301 N. Central Ave.**

Tour guides, or docents, are the portals through which Heard Museum visitors view its many exhibits. The Heard Museum Guild welcomes applicants to become a qualified member of the Heard's docents, called Las Guías (or, "the Guides"). Classes begin Oct. 4 and on each Tuesday from 9 a.m. to 1 p.m., through April 25, 2017, with classes suspended during the holiday season. Graduates of the class will begin to lead tours in mid-2017. To be eligible, one must first be enrolled as a member of the Heard Museum Guild. The \$200 class fee also covers the cost of a required criminal background check. To receive an application, e-mail class facilitator Jim Szabo at jimszabo3@yahoo.com.

Hike & Write Class

8-11 a.m. Friday, Sept. 16
**North Mountain Visitor Center
12950 N. 7th St.**

The North Mountain Hike and Write Group meets every Friday beginning Sept. 16. After a short hike on one of the beautiful trails for inspiration, the group meets indoors at the Visitor Center to write, share written material and respond to one another's work. The fee for Hike and Write is \$5 per session. To join the group, RSVP to Karen at 973-997-7204.

Wine & Cheese Open House

6-7:30 p.m. Friday, Sept. 16
**Beth Ami Temple,
inside Palo Cristi Church
3535 E. Lincoln Dr.
602-956-0805**

Beth Ami Temple invites the community to an open house that will offer the public the opportunity to meet Rabbi Arthur Abrams and Cantorial Soloist Pam Beitman, learn about the centrally located congregation's many social groups and enjoy complimentary wine and cheese. The temple's Friday night services will follow the open house. For more information, visit www.bethamitemple.org.

Coffee & Conversation

10-11 a.m. Saturday, Sept. 17
**All Saints' Episcopal Church
6300 N. Central Ave.
602-550-1050**

Central Village hosts Heather Mulder of Banner Health, who will discuss dementia, its impact on the community and available support and resources. Central Village offers a meaningful network of resources, social opportunities and the exchange of services through a time bank, as well as partnerships with Duet, Osher Lifelong Learning and others. The event is free to the public. Visit www.centralvillagephx.org.

Phoenix Writers Club

12-2 p.m. Saturday, Sept. 17
**Bluewater Grill
1720 E. Camelback Road**

Guest speaker is Windy Lynn Harris, founder of Market Coaching for Creative Writers and author of the upcoming book "Write It Short: How to Craft and Sell Short Stories and Personal Essays" (Writers Digest Books, August 2017). She has had more than 70 bylines in literary, women's and trade magazines. Cost is \$17 members/\$20 guests. RSVP to navissak@hotmail.com with Phoenix Writers Club in subject line.

Duet Volunteer Orientation

9-11:30 a.m. Saturday, Sept. 17
**Orangewood Presbyterian Church
7321 N. 10th St.
602-274-5022**

Learn how you can help a home-bound elder or adult with disabilities in your neighborhood by providing free-of-charge services such as rides to appointments, grocery shopping, friendly phoning or visiting, paperwork assistance, handyman services, respite or computer assistance. Duet's free-of-charge services are available in the greater Phoenix area. Visit www.duetaz.org.

Sunnyslope Historical Society Meeting

2-4 p.m. Sunday, Sept. 18
**Sunnyslope History Museum
737 E. Hatcher Road**

There will not be a speaker at this "soft opening," but it's a great opportunity to learn more about the museum, the Historical Society, volunteer opportunities, and fall programs. Free and open to the public; refreshments will be served. Entertainment provided by John and Bella Smith (guitar and banjo).



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COMMUNITY

A Review of November Ballot Measures

6:30 p.m. Tuesday Sept. 20
Beatitudes Luther Life Center
1616 W. Glendale Ave.
602-992-8145

The Phoenix Branch of AAUW (The American Association of University Women) hosts Eric Ehst, who will present a comprehensive review of the measures on the November ballot. He has served with the Valley Citizens' League, Arizona Advocacy Network and Arizona Editorial Forum and for three years was executive director of the Clean Elections Institute. The program will begin after an optional dinner (\$15), which starts at 5:30 p.m. RSVP for the dinner to 602-992-8145 by noon on Sept.16. Visitors are welcome.

NCPHA Annual Meeting

6:30-8 p.m. Thursday, Sept. 22
All Saints Episcopal Day School,
Manning Hall
6300 N. Central Ave.

Residents living between 7th Avenue and 7th Street, Missouri to Northern avenues, are invited to attend

the North Central Phoenix Homeowners Association (NCPHA) Annual Meeting. Doors open at 6 p.m. Guest speakers include Mayor Greg Stanton, Police Commander Greg Carnicle, Councilman Sal DiCiccio and other city departments. For further information or to make a contribution, visit www.ncpha.org.

Shoes and the City

5:30-7:30 p.m. Thursday, Sept. 22
Saks Fifth Avenue, Shoe Dept.
Biltmore Fashion Park
2446 E. Camelback Road

This event helps start AWEE participants on the path to economic independence and self-sufficiency. The evening features the latest fashions in shoes and the chance to buy them (and donate a portion to Arizona Women's Education & Employment), fabulous prizes and more. Tickets are \$85 per person and, because space is limited, registration is required. To register and purchase tickets, call AWEE at 602-223-4333.

Maricopa County Home & Landscape Show

Sept. 23-25
AZ State Fairgrounds
1826 W. McDowell Road

Get your one-stop home improvement shopping done with more than a thousand exhibits, thousands of products and services for your home improvement needs, displays, free consultations, outdoor kitchen ideas, pool & spa displays, an "Ask the Experts" information area, master gardener seminars and more. Admission is \$3 for children ages 3-12 and \$8 for adults; discount tickets available on the website. Seniors 60 and older get in for \$1 on Friday from 10 a.m.-12 p.m. Show hours are 10 a.m.-6 p.m. Friday and Saturday, and 10 a.m.-5 p.m. Sunday. Visit <http://www.MaricopaCountyHomeShows.com>.

Shred-A-Thon

9 a.m.-12 p.m. Saturday, Oct. 1
Metrocenter Mall,
South End
28th Ave. Dunlap Avenues

Presented by the Phoenix Police Department. Residents can have up to five bankers boxes shredded for free. Remove all binder clips and paperclips; staples are OK. No electronics or hazardous waste will be accepted.

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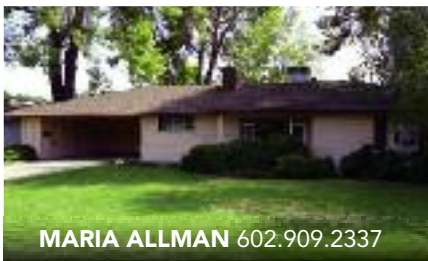


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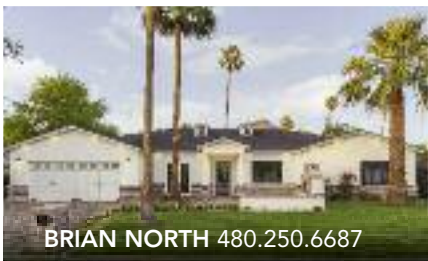


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COMMUNITY

Purtzer brothers recall heyday of Sunnyslope

The Sunnyslope Historical Society hosts its Fall Opening Event 10 a.m.-12 p.m. Saturday, Oct. 1 at the Sunnyslope Historical Museum, 737 E. Hatcher Road. The presenters will be Paul Purtzer and his brother, Tom.

The Purtzers' father was a doctor whose office was on Dunlap Avenue across from Sunnyslope High School. Paul and Tom will share stories and pictures of their family and speak about being early residents of the Moon Valley Country Club.

Moon Valley kids attended Sunnyslope High School in the early years. Paul and Tom graduated from SHS in 1966 and 1969, respectively. Paul lettered in golf and Tom lettered in football and golf.

The Purtzer boys then attended Arizona State University, where they were collegiate golf All-Americans. Both then played on the PGA tour. Tom won the Phoenix Open in 1984, and now plays on the PGA Champions Tour. Paul played on the Tour for eight years and is

now a highly respected instructor at Stone Creek Golf Club in Phoenix.

Refreshment will be served after the free program. For more information, call the museum at 602-331-3150.

Free program looks at religion, social activism

The public is invited to "Standing Up, Speaking Out: Social Activism," a free forum 11:30 a.m.-1 p.m. Tuesday, Sept. 20 at the Cutler-Plotkin Jewish Heritage Center, 122 E. Culver St.

People often get very comfortable in the insular bubble of their faith tradition and avoid controversy at all costs. But many faiths today are speaking out when it comes to topics of social injustice. Some faiths see it as an obligation to promote social causes and overcome inequities in order to improve society for the betterment of all.

The forum will feature guest panelists who take an active stand in these matters, including: Rev. Dr. Kelly Bender, United Methodist and currently a pastor at UMOM New Day Centers homeless shelters; Lisa Glow, A Mission of Mercy; Timothy Schmaltz, Progressive Catholic; Dr. Aneesah Nadir, Muslim; and Emrys Staton, Unitarian, an intern pastor at Paradise Valley Unitarian Universalist Church. The moderator is Rev. Dr. Mitzi Lynton.

The panelists will speak for 8-10 minutes, followed by Q & A. The program is free and open to the public; bring a brown bag lunch to enjoy if you choose. Ample free parking is located next to the building. Visit <http://interfaithmovement.com> and click on the September calendar for more information.

Food trucks and football Sept. 9

CrossRoads United Methodist Church, 7901 N. Central Ave., hosts "Friday Night Food Trucks" 5-8 p.m. Friday, Sept. 9.

Stop by for La Food Truck Familia, Mustache Pretzels, Best Dressed and Frosted Frenzy, then head over to Sunnyslope High School as the Vikings take on the Arcadia High School Titans. Kickoff is at 7:30 p.m. at Sunnyslope High, 35 W. Dunlap Ave.

Proceeds benefit the Sunnyslope Gridiron Club and Cross Roads Preschool & Kindergarten.

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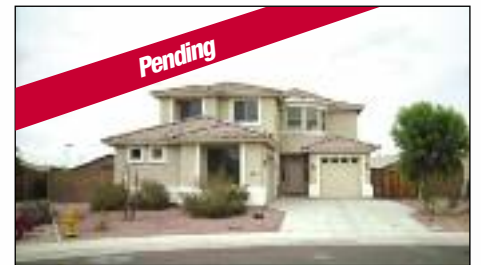
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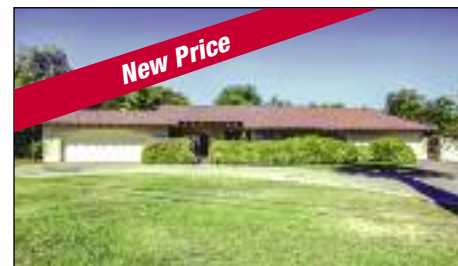
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TAKING CARE OF BUSINESS



Phoenix Mayor Greg Stanton, standing left, tours the new community room with employees of the Starbucks at 7th Avenue and Camelback Road and chats with Rodney Hines, Starbucks director of Community Investments, standing far right, and store manager Martin Amador, standing second from right (photo by Teri Carnicelli).

Starbucks launches program with ACYR

Local nonprofit Arizona Call-a-Youth Resources (ACYR) has partnered with the Starbucks store at 730 W. Camelback Road to offer an in-store job skills and customer service training program to local youth. An estimated one-in-five Phoenix youth is not in school or employed, compared to one in seven nationally.

The training will be offered in a newly designed classroom in the store, which the company unveiled to the community on Aug. 18. On hand for the event were representatives from Starbucks and ACYR (www.acyraz.org) as well as state and local dignitaries including Phoenix Mayor Greg Stanton, Dist. 4 Councilwoman Laura Pastor, Rep. Ken Clark, and Sen. Katie Hobbs.

The new community room will be used to train disadvantaged youth ages 16-24 who are not currently in school or working. The program, which launches with ACYR this month, will teach them such job skills as resume writing, interviewing, leadership, and more. While the initial partnership will be with ACYR, the store likely will partner with other youth-based organizations in the future.

It's not the first time ACYR, located at 649 N. 6th Ave., has partnered with Starbucks. The nonprofit has received grant funds for teen leadership programs in the past, so this new arrangement is really just an extension

of that relationship, explains Sharlet Barnett, CEO of ACYR.

Barnett envisions the new program, the details of which are still being finalized, to be a combination of ACYR's employment skills training along with the customer service excellence training offered by Starbucks to its baristas.

Local youth age 16-24 throughout the Phoenix community who come from disadvantaged households and are not working or in school are invited to call ACYR at 602-252-6721 and ask to be added to the waiting list for the job skills and leadership training program at the Starbucks store.

The unveiling of the new training space is part of the store's initiative to support local economic development and job opportunities. As part of this initiative, Starbucks will hire locally and work with local minority and women-owned suppliers, nonprofits and civic leaders to create new opportunities for community engagement.

"This type of partnership is fundamental to who Starbucks is," said Rodney Hines, Starbucks director of Community Investments. "It's not about charity, it's about doing good business and being a partner in the community."

This is only the third such Starbucks program in the country, including Ferguson, Mo., and Queens, N.Y. Starbucks plans to expand this initiative to at least 15 diverse, urban low-to mid-income communities across the United States.



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TAKING CARE OF BUSINESS

Business Briefs

Learn about urban adaptive reuse trends

The Arizona Association for Economic Development's (AAED) September luncheon will feature a panel discussion on Urban Adaptive Reuse. It will be held 11:30 a.m.-1:15 p.m. Tuesday, Sept. 13 at the Phoenix Country Club, 2901 N. 7th St.

The panel, which will be moderated by Amanda Elliott, economic development administrator for Gilbert, will include Eric Johnson, AICP, deputy director of Community and Economic Development for the city of Phoenix; Brad Jannenga, co-founder of WebPT; and Tim Hargis, who oversees business development and real estate for Tuft & Needle.

The cost of the luncheon is \$40 for AAED members and guests and \$55 for non-members and \$60 for late registrants. To register, visit <http://www.aaed.com/event/aaed-sept13th>. The registration deadline is Wednesday, Sept. 7, by noon. For more information, call AAED at 602-240-AAED (2233), or visit www.aaed.com.

Local biz supports Cardinals with discounts

Local DIY pest control company Bug & Weed Mart shows its love of Valley sports with its "Gear Up for Game Days" event celebrating the Arizona Cardinals' season.

Customers wearing Cardinals gear every Friday prior to a home game

through the season will receive 10 percent off their entire purchase at the store, located at 5030 N. Central Ave. Upcoming games include Sept. 9, 16 and 30. Can't make it into one of the stores? Visit Bug & Weed Mart's Facebook page the week of Sept. 8-15 for a chance to win two tickets to the Cardinals v Buccaneers on Sept. 18. The winner will be announced on Sept. 16.

Anyone 18 or older and a resident of Maricopa County is eligible to participate. Need not be present at stores for prize drawings. Any questions should be directed to "Gear Up For Game Days" at contest@bugweedmart.com.

Chamber presents economic outlook

The Greater Phoenix Chamber of Commerce and Cox Communications present Economic Outlook 2017, 7-10 a.m. Tuesday, Oct. 11 at The Arizona Biltmore Resort, 2400 E. Missouri Ave.

Top economic experts Jim Huntzinger and Elliott Pollack will provide insights into local, national and global economies. Huntzinger will discuss the national economy, primarily focusing on the financial markets. Pollack will discuss the commercial real estate forecast and other aspects of the state's economy.

The program and breakfast begin at 7:30 a.m. Tickets (by 5 p.m. Sept. 16) are \$80 for chamber members, and \$95 for nonmembers. Prices increase by \$10 after Sept. 16. Registration closes on Oct. 4. Visit www.phoenixchamber.com/EO2017 or call 602-495-2182.

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TAKING CARE OF BUSINESS

Salon hosts fundraiser for kids with cancer

In an effort to support families battling childhood cancer, Mane Attraction Salon, 3156 E. Camelback Road, hosts a fundraiser at its store from Sept. 8 through Oct. 29, with proceeds benefiting Amanda Hope Rainbow Angels and its Comfycozy Care Bags.

Amanda Hope Rainbow Angels (<http://www.amandahoperainbowangels.org>) is a nonprofit organization that celebrates the life of North Central resident Amanda Hope, who passed away after she lost her battle with leukemia. Amanda's dream was to have her own stylish and comfortable clothing line for children battling cancer.

The Comfycozy Care Bags are bright, washable backpacks that contain tie-dyed Comfycozy's T-Shirts designed with zippers, pockets and holes allowing healthcare professionals access to a child's ports and tubes while the child's body remains covered. This gift package also includes educational material for the family, supportive material about community resources and other "fun stuff" just for the child.

The fundraiser will include a raffle for \$10 for a free haircut from each stylist, \$5 raffle tickets for a Bumble & Bumble gift basket valued at more than \$250 and the option to sponsor a child for \$30. There also will be a collection bin inside the store for new, unwrapped toys. For a list of appropriate toys to donate, visit <http://www.phoenixchildrens.org/patients-visitors/child-life-wish-list/toy-drive-child-Life>.

Three join team at The Suits

The Suits, a fast-growing real estate firm in Central Phoenix, recently added three new members to its team.

Cheryl Barnoli grew up in a real-estate-savvy family that instilled the value of providing exceptional service to her community. Her passion and integrity, paired with a life-long relationship real estate, allows Barnoli to provide her clients with the highest quality of service, excellent market knowledge and a seamless experience. Contact her at 602-469-2964.

Steve Zeiser joins The Suits with over 20 years of experience and a strong work ethic and desire to provide his clients with the best service in the industry. His No. 1 priority is to put his client's best interest first and he works hard to make sure their needs are

met. He is a longtime Phoenix resident and has an excellent reputation within the community. Contact him at 602-525-9099.

Karri Vaught grew up in the Midwest and is a graduate of Missouri State University, with a degree in Business. She joins The Suits with over 20 years of sales and customer service experience and has always had a passion for helping people by determining their needs and finding a solution. Contact her at 214-601-8250.

Oleg Bortman and Tucker Blalock founded The Suits in 2012 on the principles of professionalism and outstanding customer service. The Suits are consistently ranked in the top 1 percent of all agents in Arizona.

Operating out of an office in the lobby of the Arizona Biltmore Hotel, The Suits are ready to serve all Valley residents. For more information, visit www.thesuitsaz.com.

Home, décor store a dream for owner

Xavier Home and Garden is more than just your typical home décor store. Located at 7th Street and Claremont, Xavier Home has a variety of items to give your residence a unique look—particularly since many of the items in the store are handmade by owner Joe Morales.

From large box planters to dining tables, Xavier Home offers a broad spectrum of items available even if they're not in the showroom. "A lot of our customers have come in with a picture or an idea of what they want and I bring it to life," says Morales. Creativity and a unique look is what Xavier Home is all about.

Morales, who has been a hobby woodworker for more than 20 years, dreamed of owning a store in the community he lives in. "It's a humble start but I am exactly where I wanted to be and I am still a little amazed that it worked out and I get to be here," Morales says.

Morales is almost always in the store, and even his three young children have become familiar faces in the shop.

Xavier Home and Garden is located at 6228 N. 7th St. Hours are 10 a.m.-6:30 p.m. Tuesday through Saturday, and 11 a.m.-4 p.m. Sundays. Mondays are by appointment only. For more information, visit www.xavierhome-andgarden.com or call 602-376-3628.

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5120 N. 22nd St.	NEW PRICE	.5938 SF	.5BR/5.5BA	\$1,445,000
35 E. Myrtle Ave.	IN ESCROW	.5150 SF	.4BR/5BA	\$1,475,000
600 W. Berridge Ln.	NEW PRICE	.5239 SF	.5BR/4BA	\$1,295,000
1316 W. Myrtle Ave.	IN ESCROW	Lot		\$ 975,000
5741 N. 4th St.	JUST LISTED	.3234 SF	.4BR/3.5BA	\$ 799,999
101 W. Morten Ave.	NEW PRICE	.3435 SF	.4BR/4.5BA	\$ 799,000
5318 N. 2nd St.	IN ESCROW	.4058 SF	.4BR/3.5BA	\$ 754,900
8824 N. 9th Ave.3940 SF	.5BR/5.5BA	\$ 750,000
5845 N. 2nd Ave.	JUST LISTED	.2871 SF	.4BR/3BA	\$ 749,500
1815 E. Palmaire Ave.	IN ESCROW	.3110 SF	.4BR/3.5BA	\$ 749,000
1823 E. Palmaire Ave.	JUST LISTED	.2970 SF	.4BR/3.5BA	\$ 749,000
5319 N. 2nd St.	IN ESCROW	.3501 SF	.4BR/3.5BA	\$ 734,900
5322 N. 2nd St.	IN ESCROW	.4058 SF	.4BR/3.5BA	\$ 744,900
5314 N. 2nd St.	IN ESCROW	.3501 SF	.4BR/3.5BA	\$ 724,900
1104 W. El Camino Dr.	NEW PRICE	.3443 SF	.5BR/2.75BA	\$ 699,000
5310 N. 2nd St.	IN ESCROW	.2863 SF	.3BR/2.5BA	\$ 694,900
5311 N. 2nd St.	IN ESCROW	.2863 SF	.3BR/2.5BA	\$ 675,000
700 W. Drey Dr.3850 SF	.4BR/3BA	\$ 675,000
5301 N. 6th St.	IN ESCROW	.3200 SF	.8BR/4.5BA	\$ 650,000
600 W. Las Palmaritas	NEW CONSTRUCTION	2935 SF	.4BR/3BA	\$ 599,000
210 E. Keim Dr2182 SF	.3BR/2.5BA	\$ 599,995
8 E. Orangewood Ave.	JUST LISTED	.2212 SF	.3BR/2.5BA	\$ 529,000
1011 W. Palo Verde Dr.	IN ESCROW	.2800 SF	.44BR/3BA	\$ 515,000
1110 W. Orangewood Ave.2440 SF	.3BR/2BA	\$ 499,900
5244 N. 15th St.2667 SF	.3BR/2BA	\$ 499,500
1717 E. Earll Dr.2511 SF	.4BR/4BA	\$ 485,000
1579 W. Lawrence Ln.2884 SF	.3BR/5BA	\$ 479,900
2525 E. Minnezona Ave.	NEW PRICE	.2282 SF	.4BR/4.5BA	\$ 459,000
8449 N. 1st Dr.	NEW PRICE	.2204 SF	.4BR/2.5BA	\$ 455,000
907 W. Augusta Ave.	IN ESCROW	.2304 SF	.4BR/2BA	\$ 450,000
1302 W. Keim Dr.	JUST LISTED	.2325 SF	.3BR/3BA	\$ 439,000
1002 W. Wagon Wheel Dr.	IN ESCROW	.1972 SF	.3BR/2BA	\$ 439,000
301 E. Rovey Ave.	NEW PRICE	.1819 SF	.3BR/2BA	\$ 429,900
101 W. Southern Hills Rd.2709 SF	.4BR/3BA	\$ 410,000
2623 N. Walker Way	IN ESCROW	.1870 SF	.3BR/2BA	\$ 393,748
14621 N. 27th Pl.	JUST LISTED	.2551 SF	.4BR/4BA	\$ 390,000
2627 N. Walker Way	IN ESCROW	.1870 SF	.3BR/2BA	\$ 386,000
5729 N. 13th St.2059 SF	.4BR/3BA	\$ 375,000
1613 E. Sierra Vista Dr.	IN ESCROW	.1789 SF	.3BR/2BA	\$ 349,500
9007 N. 14th Dr.	NEW PRICE	.2332 SF	.4BR/3BA	\$ 349,900
1124 E. Rose Ln.	JUST LISTED	.1959 SF	.3BR/2.5BA	\$ 277,900
1020 E. Georgia Ave	JUST LISTED	.1548 SF	.3BR/2BA	\$ 259,000
18808 N. 3rd Ave.2180 SF	.4BR/2BA	\$ 249,000
1834 W. Citrus Way	IN ESCROW	.1752 SF	.3BR/2BA	\$ 199,000
10301 N. 70th St. #109	JUST LISTED	.1088 SF	.2BR/1.75BA	\$ 169,000
10420 N. 10th St. #2	IN ESCROW	.1015 SF	.2BR/1.5BA	\$ 144,900



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Featured Homes for September



1104 W. El Camino Dr. ■ \$699,000



32 E. Myrtle Ave. ■ \$625,000



8 E. Orangewood Ave. ■ \$529,000



5244 N. 15th St. ■ \$499,500



2525 E. Minnezona ■ \$459,000



8449 N. 1st Dr. ■ \$455,000



301 E. Rovey Ave. ■ \$429,900



1302 W. Keim ■ \$439,000



1124 E. Rose Ln. #10 ■ \$277,900

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SOLD Homes for 2016

6019 N. 20th St.	\$1,875,000	15223 N. 12th St.	\$ 750,000	521 W. Las Palmaritas	\$ 455,000	5301 N. 6th St.	\$ 375,000	7 E. Muriel Ave.	\$ 248,000
6050 N. Paradise View Dr.	\$1,875,000	209 E. Myrtle Ave.	\$ 680,000	14 E. Laurie Ln.	\$ 450,000	1307 W. Rose Ln.	\$ 350,000	3601 E. Bloomfield Rd.	\$ 235,000
130 E. Missouri Ave.	\$1,800,000	550 W. Las Palmaritas	\$ 675,000	7234 N. 11th Ave.	\$ 450,000	1640 E. Aurelius Ave.	\$ 350,000	6518 N. 10th Pl.	\$ 226,000
9202 N. 52nd St.	\$1,850,000	7627 N. 11th Ave.	\$ 650,000	3103 E. Hazelwood St.	\$ 445,000	5402 E. Pinchot Ave.	\$ 349,000	3312 N. Randolph Rd.	\$ 214,000
5323 N. 2nd St.	\$ 922,868	105 E. Lamar Rd.	\$ 650,000	2607 N. Walker Way	\$ 434,330	77 E. Missouri Ave. #16	\$ 325,000	9437 N. 5th Ave.	\$ 189,000
5706 N. Central Ave.	\$ 920,500	6524 N. 4th St.	\$ 635,000	9026 N. 16th St.	\$ 431,000	1219 W. Rovey Ave.	\$ 320,000	3010 E. Corrine Dr.	\$ 182,500
123 W. Frier Dr.	\$ 907,000	1911 E. Claremont St.	\$ 565,000	7319 N. 6th Pl.	\$ 423,000	8449 N. 1st Dr.	\$ 305,000	1715 E. Turney Ave.	\$ 185,000
1811 E. Palmar Ave.	\$ 829,000	27 E. San Miguel Ave.	\$ 558,000	2615 N. Walker Way	\$ 415,000	2891 E. San Tan	\$ 299,000	10427 W. Puget Ave.	\$ 173,800
10 W. Vista Ave.	\$ 850,000	2737 E. Az Billmore #30	\$ 545,000	3107 N. 32nd Way	\$ 400,000	125 E Echo Ln.	\$ 275,000	50 E. Northern Ave. #1046	\$ 145,000
2509 E. Montebello Ave.	\$ 850,000	131 W. San Juan	\$ 525,000	225 E. Oregon Ave.	\$ 399,000	6155 N. 18th Ave.	\$ 275,000	750 E Northern Ave. #1093	\$ 142,000
5718 N. 24th St.	\$ 795,000	7627 N. 11th Ave.	\$ 520,000	33 E. Butler Dr.	\$ 397,000	4220 N. 19th St.	\$ 275,000	312 W. Maryland Ave.	\$ 97,500
5315 N 2nd St.	\$ 791,555	7148 N. 13th Pl.	\$ 516,000	2647 N. Walker Way	\$ 393,558	1026 E. Wagon Wheel Ave.	\$ 256,000		
7539 N. 21st Pl.	\$ 787,500	4613 N. 31st St.	\$ 495,000	2611 N. Walker Way	\$ 390,000	1613 W. Verde Ln.	\$ 252,500		
5319 N. 2nd St.	\$ 782,236	5810 N. 25th Pl.	\$ 485,000	3104 N. 32nd Way	\$ 388,124	739 E. Orangewood Ave.	\$ 250,000		

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Winning, Even Without Getting a Medal

As I am writing this, the 2016 Summer Olympics are in full swing, and news reports barrage us daily, usually focusing on the number of gold medals the top contenders have won. But over 11,000 athletes are competing in Rio, and even those who finish in last place in Olympic contests will perform at levels most of us can never hope to attain. Watching them, we might, like the Dodo in *Alice in Wonderland*, decide instead that "Everybody has won, and all must have prizes."

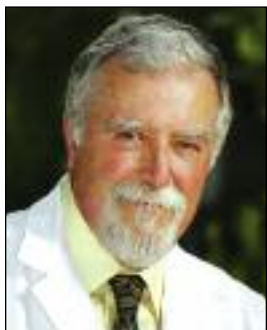
The scientists who conducted the Diabetes Prevention Program might also agree with the dodo. This medical study took over 3,000 people with mildly elevated blood sugar levels and divided them into three groups. One group received a placebo, a second received medication, and the third aimed for a 7% reduction in body weight and 150 minutes of exercise per week. At the end of 4 years, over a third of the placebo group and more than a quarter of the medication group had developed diabetes. However, only 16% of the diet-and-exercise group became diabetic.

Learning how to prevent any disease is always of interest, and we really take notice when something we can do ourselves yields better results than taking yet another pill. And the results of this study were dramatic. For every 7 persons treated with lifestyle changes for 3 years, one case of diabetes was prevented.

But there's also an *Alice in Wonderland* element to this story. As the trial progressed, the lifestyle group continued to have the best results despite the fact that they weren't very successful in sustaining their initial weight losses or exercise levels. In fact, they ended up missing their weight and exercise goals—but they won a prize just the same.

Voltaire wrote, "*Le mieux est l'ennemi du bien*"—"the best is the enemy of the good". At North Mountain Cardio, we devote a lot of effort to helping people improve their health and their functional fitness, wherever they're starting from. We think that "absolute" goals—specific targets that are set in stone—are often neither realistic nor helpful. Frequently, all it takes is a relative improvement, movement in a positive direction away from where we were, to produce significant rewards. No doubt it's an excellent thing to be first in your class and to receive the gold medal. But that doesn't render the efforts of the guy in tenth place nugatory.

Voltaire was a major thinker of the Enlightenment, while the Urban Dictionary defines *dodo* as "perpetually bungling and without common sense", and clearly they make an odd pairing. But I think that both made an important point. Very often, "good enough" actually turns out to be good enough. When we take control of our health, our goals may evolve, but it's often our willingness to get started and to make an effort that is the most important step.



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Health Briefs

Free joint pain screening on Sept. 27

A free orthopedic screening for people with joint pain will be held from 3 to 6 p.m. Thursday, Sept. 27, on the HonorHealth John C. Lincoln Medical Center campus at the Cowden Center, 9202 N. 2nd St.

Many people with joint pain now can be helped with treatments that don't require surgery or extended recovery time. Even when surgery is appropriate, new procedures are often not as difficult as they were years ago.

Licensed physical therapists will evaluate patient pain in the neck, back, hip, knee, shoulder, elbow, wrist, ankle or foot. During the 15-minute screening, the therapist will:

- Test the patient's strength and flexibility.
- Test tissue tension to determine whether the pain is due to a musculoskeletal (orthopedic) condition or another kind of health problem such as a systemic disorder or infection.
- Discuss treatment options and recommend a course of action. When appropriate, patients will be referred to a primary care physician.

Those interested should call 623-580-5800 or visit <http://HonorHealth.com/events> for an appointment.

Learn whether homeopathy can help what ails you

Ben Ta'ati, certified Homeopath of 20 years, has a private practice in North Central Phoenix that caters to adults and children alike.

There are many conditions that homeopathy can address, including: anxiety, depression, asthma, insomnia, migraine headaches, digestive and hormonal issues, as well as childhood conditions such as ADHD, ear infections and more.

Ta'ati is board certified in Classical Homeopathy and is a registered homeopath with the North American Society of Homeopaths. He has taught extensively and has served as department chair and director at the American Medical College of Homeopathy.

Homeopathy Care LLC is located at 1628 E. Bethany Home Road. Visit www.homeopathycare.org to see patient testimonials and to schedule

your free phone consultation. Call 602-888-7222 for general information.

O-negative blood sought during drive

Abrazo Central Campus is hosting a blood drive on Sept. 8 at the hospital's West Auditorium, 2000 W. Bethany Home Road.

Appointments can be made from 8:30 a.m. to 12:45 p.m. All donations are encouraged with a special emphasis on O-negative blood. O-negative blood type donors are universal donors as their blood can be given to people of all blood types.

United Blood Services is conducting the blood drive. To sign up to donate blood, call 1-877-827-4376 or go to www.bloodhero.com (Sponsor Code: Abrazo Central Campus).

Find the system that works for you

Are you interested in improving your movement and well being but don't know where to start? Kinesphere Center for Movement Education offers a special package to allow you to explore our offerings and find the method(s) that most resonate with you and your current needs and goals.

With this package you will receive three private sessions (each of which will focus on a specific modality, choosing from Pilates, Gyrotonic exercise, Restorative Exercise and/or Z-Health), plus one month of our Unlimited Group Class Pass. Cost is \$315, and the package is valid 60 days from initiation.

Would you like to improve your ability to move well and efficiently? Explore the power of Z-Health through Kinesphere's Z-Pack offering. We all have movement skills—either every day activities and motions or ones needed for our sport, activity or hobby.

You will receive one 55-minute private session to evaluate your body's skills and develop an action plan, along with four 30-minute follow-up sessions to practice and refine the drills in your plan. Cost is \$205, and the package is valid 60 days from initiation.

Kinesphere Center for Movement Education is located at 711 E. Missouri Ave., Suite 180. Call 602-532-3111 or e-mail info@kinesphere-studio.com for more information.

HEALTHY LIVING

McCarthy donates time, materials to CTC

Circle the City (CTC) staff, volunteers, board members and patients on July 22 showed their gratitude to McCarthy Building Companies, Inc., for providing \$40,000 worth of in-kind construction services through its Heart Hats philanthropic program to build a vital third exam room at the Medical Respite Center.

McCarthy's Southwest Regional Incoming-President Justin Kelton and a group of McCarthy Heart Hats volunteers met Circle the City patients and helped celebrate the new exam room with a ribbon-cutting ceremony.


Circle the City Medical Respite Center, 333 W. Indian School Road, has been filling a critical need by providing ill and injured individuals experiencing homelessness a time and place to heal. Over the last year, the 50-bed facility has been filled to capacity and has a waiting list of patients needing 24/7 medical care and support. The need for a third exam room became crucial in order to see patients in a timely manner and to

adhere to FQHC regulations.

McCarthy's construction team worked tirelessly during the nighttime hours, to be considerate of healing patients, and completed the project in one month. Working within the small footprint of what used to be a second floor balcony, they poured their hearts into the exam room, knowing how big of an impact this project would make on the lives the individuals served at Circle the City Medical Respite Center.

Circle the City is a rapidly growing nonprofit community health organization dedicated to providing high quality, holistic healthcare to men, women, and children facing homelessness in Maricopa County. The organization's homeless continuum of care is one-of-a-kind in the state of Arizona and one of the only models of its kind in the nation.

Tours are available from 1-2 p.m. the third Thursday of the month. Advance registration is encouraged; e-mail Betsy Ganz at bganz@circlethecity.org. For more information, call 602-776-9000 or visit www.circlethecity.org.




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SCHOOL DAYS



North Central teen Max Schweiger, top left, met other students from around North America during his summer “volunteer vacation” in the arctic, including, clockwise: Hank from Vancouver, B.C.; Hillary from Southern Ontario; Laura from Pasadena, Calif.; Candace from Brooklyn, N.Y.; and Maddy from Sarasota, Fla. (submitted photo).

Teen takes summer trip to the arctic

North Central teen Max Schweiger spent part of his summer traveling, but unlike many of his fellow students taking vacations away from the heat at beaches and resorts, Max went far, far north. As in, the edge of the arctic kind of north.

Schweiger, a senior in the IB program at North High School, discovered this “volunteer vacation” through an organization called Earthwatch Institute (www.earthwatch.org), which connects people with the natural world. One of its program offerings specifically for teens is Climate Change at the Arctic’s Edge, which allows students to help scientists based at the Churchill Northern Studies Center gather data on the effects of global warming in the arctic.

Churchill, Manitoba, Canada is a small town on Hudson Bay that’s on the front line of climate change. Students in the 11-day summer program are given a variety of tasks, from donning waist-high waders to take water samples and assess the abundance of the fish and frogs that make these northern wetlands their home, to monitoring the health of the tree line by examining tree cores, which allow researchers to reconstruct tree life histories.

“I spent my trip living at the center and helping with field and lab work and data entry for a couple of the center’s ongoing projects,” Schweiger explains. “Each day we went into the field to collect water samples, test environmental conditions, and retrieve tadpoles for growth rate and stress testing.”

Upon return to the center, the lab work would begin, Schweiger says, including filtering water samples, weighing tadpoles, and cleaning traps. “After the completion of lab work data was entered and then dinner, evening activities, and leisure time ensued.”

Schweiger, who plans to major in either chemistry or geology at the Barrett Honors College at Arizona State University, says he particularly enjoyed the opportunity to experience actual scientific fieldwork and “to get to know a research center that is the only one of its kind in the world.”

“I want to pick a major that will allow me to do my part in monitoring climate change and doing whatever is possible to stop or slow it down,” he adds.

While Schweiger did experience some inconvenience with slow Internet service at the center—making it tough to stay in contact with family back home—nonetheless he says that his “volunteer vacation” was one of the greatest experiences of his life (so far).

SCHOOL DAYS

School Briefs

**OSBORN ELEMENTARY
SCHOOL DISTRICT
Osborn Foundation
lauds Teachers of Year**

Osborn Educational Foundation has announced the winners of its Teachers of the Year Awards. Winners of the 2015-16 awards are Sean Conway (Clarendon School), Michelle Doherty (Encanto School) and Brendan Stacey (Osborn Middle School).

Teachers will be honored at an event held on Oct. 29. This special evening will take place at the Phoenix Country Club and will feature a silent auction and dinner. Tickets are \$75 and sponsorship opportunities are available.

For more information, visit www.osborneducationfoundation.org.

**PHOENIX UNION
HIGH SCHOOL DISTRICT
New campuses
for small schools**

Two new small schools —the Phoenix Coding Academy and Linda Abril Educational Academy—highlight the 2016-17 school year that began Aug. 8 for an estimated 27,500 students at 17 campuses in the Phoenix Union High School District.

The Phoenix Coding Academy, 4445 N. Central Ave., begins with a freshman class, a brand-new building and staff and a unique focus on computer programming and coding in a project-based environment that will integrate technology across the high school curricula. It is the first high school of its kind in the country.

Linda Abril Educational Academy, 3000 N. 19th Ave., now has its first permanent home in 16 years after the opening of its 42,000 square-foot building. The small alternative school, formerly known as the Suns-Diamondbacks Academy, has given credit-deficient students a second chance at graduation. Since 2001, 2,000 students have earned diplomas in a personalized, flexible environment.

**Metro Tech, North
make 'best schools' list**

The latest "Best High Schools in the United State" ranking was released by *U.S. News and World Report*, and

five Phoenix Union Schools made the list. Betty Fairfax, Bioscience, Franklin Police and Fire, Metro Tech and North were all ranked as Bronze Schools.

The *U.S. News* rankings include data on more than 21,000 public high schools in 50 states and the District of Columbia. Schools were awarded gold, silver or bronze medals based on their performance on state assessments, their graduation rates and how well they prepare students for college.

There are 500 Gold Schools, 2173 Silver Schools, and 3,545 Bronze Schools. The 2016 report is based on the 2014 cohort of students.

**JROTC programs
receive gold stars**

This summer the district received notification that all PUHSD JROTC programs received a passing grade for the school year 2015-2016 as part of the U.S. Army Cadet Command JROTC Program Accreditation audit.

The JROTC programs at North and Camelback, among others, received the "Honor Unit with Distinction Gold

please see JROTC on page 32

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SCHOOL DAYS

JROTC continued from page 31

Star” for maintaining exceptionally high standards of training and discipline as determined by the Command Formal Inspection and Unit Report.

This formal inspection conducted by administrators from the 5th ROTC Brigade in Texas occurs every three years in accordance with U.S. Army Regulations and is in support of the national JROTC AdvancEd certification.

Montessori program gets award, kudos

Camelback won a School of the Year award for Innovation at the Opening of Schools Convocation, held Aug. 3. The award was for the Camelback Montessori College Preparatory, which was founded five years ago as Arizona's first and only Montessori high school.

Students at Camelback Montessori receive a holistic education through Montessori principles of nurturing the head through rigorous, cross-curricular academics, the hands through project-

based learning, and the heart through intentional community building. Students at Camelback Montessori engage in a 21st century technology-based curriculum through a one-to-one device program, and each student uses his/her iPad daily. Through digital tools, the students of Camelback Montessori have more autonomy over their education as they transition into productive adult members of society.

From that first class, 16 students are graduating, and all are going to colleges or universities. In fact, 14 students will be able to attend college with tuition fully covered. The Montessori students totaled \$1,605,700 in scholarships, not including grants or financial aid.

Camelback alumni return for visit

Camelback High marketing classes held their annual Alumni Day on Aug. 16, and 150 juniors and seniors listened to 35 Camelback alumni who returned to give guidance to the students as they face college, career and life.

Marketing teacher Julia Bourdo and community volunteer Jeff Stephens



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SCHOOL DAYS

have been doing this formally for 12 years, although they have been bringing alumni to classes for over 20 years to have them share their experiences. This year, the alumni ranged from the Class of 1988 up to Class of 2015 graduates. The Class of 2005 had the biggest turnout.

Their occupations included a dentist, pilot, two attorneys, law student, counselor, two non-profit, army, three supply chain management, Tesla employee, an entrepreneur, an engineering student, 10 ASU students, mortgage broker, minister, banker, urban designer (city planner), makeup artist, teacher, and an America Express employee.

Stephens, a local architect who has been volunteering with the Camelback DECA program for 30 years, invited the alumni. Eighteen of them went to DECA National competitions when they were students at Camelback.

North High receives award, cash prize

North High has been named the 2015-16 Bill Straus School of Distinction from the Arizona Anti-

Defamation League. Straus, the ADL Arizona Regional Director from 2001-2013, was an advocate of ADL Education programs, including the No Place For Hate program, which North has implemented.

This honor comes with a \$500 award to support North's continued work toward creating and maintaining a safe, respectful culture where every student can feel they belong.

WASHINGTON ELEMENTARY SCHOOL DISTRICT American Express donates backpacks

Thanks to a collaborative effort between American Express and The Salvation Army, all 850-plus students at Maryland School received new backpacks Aug. 10 filled with enough supplies for the first few months of the new school year. Pencils, pens, markers, crayons, erasers, notebooks and paper were just some of the supplies included in the new backpacks.

This year alone, American Express has donated roughly 250,000 school

please see BACKPACKS on page 34



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SCHOOL DAYS



Rose Howe, in her third year as a classroom volunteer with Your Experience Counts, recently was honored for her support of student reading at Orangewood School in the Washington Elementary School District. Presenting her award is Mike Beardslee, YEC program manager (submitted photo).

BACKPACKS continued from page 33

items supplies to 16 local school districts. More than 200 American Express employees and their families have spent more than 700 volunteer hours collecting and preparing the supplies for distribution.

"American Express is focused on giving back to the community," said Lauren Brogie, American Express public affairs manager. "Good citizenship is

one of our blue box values and we've been proud to partner with the Salvation Army on events like this for the last nine years."

The Salvation Army provides support for more than 10,000 children locally.

"Many of our families are unable to provide these types of supplies," said Maryland social worker Britney Villa-Sanchez. "It's rewarding to see how happy and grateful these kids are. We are so appreciative of The Salvation Army and American Express."

Local women honored for volunteerism

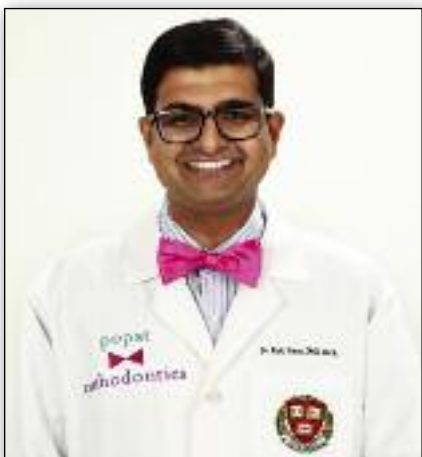
Rose Howe and Liz Bebo, classroom volunteers at Orangewood School in the Washington Elementary School District, recently were honored for their service to students and teachers by Your Experience Counts.

Your Experience Counts, a program of HandsOn Greater Phoenix, placed nearly 100 volunteers in five school districts, supporting more than 3,500 students during the 2015-16 school year.

The two Orangewood volunteers were among only seven to receive awards at the annual YEC luncheon June 2. Mike Beardslee, YEC program manager, presented Howe with the "Outstanding Service to Students" award. Howe, a former social worker, supported students in kindergarten through third grade with reading interventions at Orangewood. Beardslee praised her for "always exploring more effective strategies to help students." Orangewood administrators said that she made significant contributions to student achievement and motivation.

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At Popat Orthodontics & Madison Pediatric Dentistry, education is the cornerstone of our practice. Therefore, we are pleased to be offering a complimentary cursive workshop for our community!

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Where: Popat Orthodontics/Madison Pediatric Dentistry
635 East Maryland Avenue

Who: All ages are welcome to attend

RSVP: By Wednesday, September 7, 602.265.0303

Lunch will be provided after the workshop.
Parents and children are welcome to attend.

635 East Maryland Avenue

SCHOOL DAYS

Bebo, a retired educator in her second year as a YEC volunteer, was named a District All-Star for her support of fifth grade students at Orangewood. Beardslee said Bebo was recognized for her creativity and enthusiasm that positively contributed to student motivation.

The Washington School District partnership with Your Experience Counts will be expanding to additional schools in 2016-17. For more information, or to apply as a YEC volunteer, contact Beardslee: mike@handson-phoenix.org; 602-973-2212, ext. 239; or visit <http://handsonphoenix.org/YEC>.

PRIVATE AND CHARTER SCHOOLS Midtown embraces 'Beyond Textbooks'

This summer, the Midtown Primary School staff did two weeks of professional development with the Beyond Textbooks Program, optimized by the Vail Unified School District.

Beyond Textbooks is not only an effective approach for improving student achievement in Vail, but it is also noteworthy that Vail is now partnering with more than 100 school districts and charter schools across Arizona, California, Idaho, Wyoming, Kentucky, and now Alaska who are currently implementing the Beyond Textbooks program to boost student achievement for their own students.

In practice, Beyond Textbooks, a comprehensive program of curriculum development, instructional improvement, student assessment, and multi-level interventions, is the result of a decade of planning, teaching, and sharing.

Beyond Textbooks' staff provided training for Midtown teachers on the philosophy and practices of the Beyond Textbooks framework, effective implementation strategies, and the technical facilitation of the Beyond Textbooks electronic delivery system.

Beyond Textbooks now reaches more than 13,000 teachers and 140,000 students who have adopted it as a framework to increase student achievement. Midtown is very excited to be part of that group, said Midtown Vice Principal Belinda Suggs. "Our students will benefit from the alignment of standards, calendar, and materials. We are thrilled to be able to provide them this opportunity."

Xavier pens agreement with Under Armour

Xavier College Preparatory has entered into a new multi-year partnership with Under Armour and Eastbay. As part of the agreement, the global performance brand will design and outfit Xavier's coaches, student-athletes, parents, and fans with apparel and footwear.

Xavier, which is the only all-female high school in the Valley, has led the way in advancing girls sports in Arizona and beyond throughout its 73-year history. Xavier's athletic record is one of the finest in the nation and, in addition to its 125 state championships, 51 state runner-up titles, and 193 region/section championships, the school has received the Arizona Interscholastic Association's prestigious H.A. Hendrickson Award three times for overall excellence in interscholastic competition, its Tony Komadina Award for Outstanding Girls' Athletic Program, and its Blue Cup Award for excellence in academics, athletics, and activities.

please see AGREEMENT on page 36



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SCHOOL DAYS

AGREEMENT continued from page 35

“The Xavier community has been very impressed with Under Armour’s focus on the female athlete,” said Sister Lynn Winsor, BVM, longtime vice principal for Activities and athletic director at Xavier College Preparatory. “This partnership ensures that the young women on each of our teams will be outfitted in quality apparel that is durable, comfortable, and appropriate to our school’s mission for years to come.

New preschool opens at St. Thomas Apostle

Over the summer, the school campus at Saint Thomas the Apostle underwent a transformation to create a “school within a school.” New spaces for a preschool addition were designed with bright colors and sunlight to inspire imagination and play.

Three classrooms were renovated, four restrooms were added, two new playgrounds were installed, and an additional large outdoor space was created to bring learning outside the classroom.

Under the leadership of Preschool



Celebrating the newly opened Saint Thomas the Apostle Preschool, 4510 N. 24th St., are its first-ever students along with, from left: Teacher Erin Regan, Principal Mary Coffman, Father Steve Kunkel, Preschool Director Annemarie Mansour, and teachers Susana Watt and Cristina Bennett (submitted photo).

Director Annemarie Mansour, Saint Thomas the Apostle Preschool offers a new 3-year-old program and expanded Pre-K classes.

“Our preschool offers children a unique environment to learn how to do things for themselves and successfully relate with their peers,” Mansour said.

The preschool offers two programs for 2016: a 3-year-old program for children who are 3 years old by Sept. 1, and two Pre-K classes for 4-5 year-olds that meet Monday through Friday from 8 a.m. to 3 p.m.

“Our curriculum focuses on play and exploration in our 3-year-old pro-

gram and there is a progression to a more academic program as our students mature through our preschool and into our kindergarten program,” Mansour explained.

Principal Mary Coffman added, “It is the happy realization of a longtime community goal to open this preschool. This spring our generous community came together to raise the funds to create this dedicated space for our youngest students and their parents.”

Saint Thomas the Apostle is located at 4510 N. 24th St. For more information, visit www.staphxschool.org or call the admission office at 602-954-9088.

Dream Bus rolls onto Brophy campus

Students at the Brophy Loyola Academy last month received a visit from the Delivering Dreams Bus, the mobile unit of Operation School Bell, the largest program of the Assistance League of Phoenix.

The bus parked on the campus of Brophy College Prep, where the Loyola Academy is housed, each day from Aug. 2-4, filled with pants, shirts, sweat-



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SCHOOL DAYS

shirts, tennis shoes, toiletry bags and more, along with private dressing rooms to try clothes and volunteers to help find the right sizes.

Loyola Academy is a college preparatory program for boys entering sixth grade who demonstrate substantial academic promise as well as verified financial need. Students attend the three-year middle school program at no cost to their families (average yearly income is \$22,500 for a family of five), with all expenses covered through donations from the community.

The Jesuit middle school opened in 2011 and saw its first graduates in 2014. Some of those graduates, who are now students at Brophy College Prep, also were invited to climb aboard the Delivering Dreams Bus and get outfitted for the new school year.

Each student receives two bottoms, three tops, six pairs of socks, six underwear, one belt, one pair of shoes, one sweatshirt, one book of the child’s choice and a hygiene kit filled with full-size essentials.

The bus visited more than 50 schools and thousands of children in



Diana Murray, a volunteer with Assistance League of Phoenix (ALP), helps a student at Brophy College Prep try on new shoes as part of ALP’s Operation School Bell program (photo by Teri Carnicelli).

early August. Brenda Sperduti, CEO of ALP, explains, “Each year thousands of children in Phoenix do not have adequate school clothing or the resources to obtain them. Our goal is to increase school success for children growing up

in poverty by removing one of the obstacles to success—not enough money for school supplies.”

ALP this year celebrates its 30th year of providing school clothing to children in need.

Weight Room added at MHP

After several months of planning and construction, Madison Highland Prep’s weight conditioning room is open for student training. The weight conditioning room will be used this fall by the football and men’s soccer programs. During the school year, the facility will be used by students in strength and conditioning and weight training courses.

The weight conditioning room is outfitted with dual leg extension/curl, dual lat-pulldown/low row, linear leg press, and elite half rack squat machines. The room is also equipped with a horizontal barbell rack, a horizontal dumbbell rack, and multiple adjustable weight benches. Athletic blue buff puzzle tile with the MHP athletic logo is used for flooring.



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Bringing home 49 medals and other awards from the America's Youth on Parade (AYOP) Baton Twirling Championships are members of the Phoenix Superstars, including from left: back row, Erica Barndt, Madelynn Cleis, Alexis Mendez, Rachel Rodriguez and Reagan Berry; front, Coach Becky Hewitt, Madysin Hewitt, Madelyn Barndt, Alaina Hewitt, Quinn Cerullo and Assistant Coach Sarah Ewart (submitted photo).

Local twirlers bring home 49 medals

Prior to the start of the 2016 Olympics, Arizona's youth were competing at the 71st Annual America's Youth on Parade (AYOP) Baton Twirling Championships, held July 26-30 at Notre Dame University in South Bend, Ind.

This was Coach Becky Hewitt's 41st year to take the Phoenix Superstars, a twirling team composed of nine girls from the Valley, to compete in team events as well as individual solo events. Hewitt, a longtime North Central resident, began taking her daughter, Lisa, when she was 8 and this year took her two granddaughters—Alaina, 13 and Madysin, 10.

Accompanying Hewitt was Assistant Coach Sarah Ewart, who began twirling with the team when she was 6 years old. The girls trained once a week during the school year with the Arizona Twirling Athletes, a nonprofit youth twirling organization, and then attended a four-day twirling camp at the Wigwam Resort. The twirlers commenced with daily practices in the gym for four hours a day during June and July.

The rigorous schedule paid off as usual when the team arrived home with 49 medals, two trophies and five award plaques. Highlights for the team included capturing first place in the Senior Small Twirl Team, a second place, a third place, a fifth place and a ninth place on their various Twirl and Dance Twirl Teams, ranking them in

the top 10 in the United States.

Hewitt will begin a program for interested beginning students between the ages of 6 and 16 in September in five different school districts. For more information, call 602-743-2681.

Senior Living Free programs look at nutrition, driving

The Sunnyslope Senior Center, 802 E. Vogel Ave., hosts two free programs presented by HonorHealth this month.

The first, a focus on nutrition and healthy eating habits for seniors, takes place 10 a.m. Monday, Sept. 19. Learn more about healthy food choices and the benefits of maintaining healthy nutrition. Then at 10 a.m. on Monday, Sept. 26, there will be a program on safe driving habits, geared toward the older adult.

Both programs are free with Senior Center membership (\$20 annually). No RSVP is needed.

Finding hope while coping with stress

Duet invites local caregivers of loved ones to attend a special symposium, "How to Find Hope While Coping With Stress and Grief," 9 a.m.-12 p.m. Thursday, Oct. 6 at the Duet offices, located at the Church of the Beatitudes, 555 W. Glendale Ave. Registration opens at 8:15 a.m.

The symposium features researcher, educator and psychologist Dr. Pauline Boss. Cost is \$20 per person; lunch is



GENERATIONS

included. Register by Sept. 27.

There also will be an afternoon session, from 1:30-3:30 p.m., for professionals who work with family caregivers as well as students (CEUs are pending approval). Cost also is \$20. Registration opens at 1 p.m.

For more information or to register for either session, visit www.duetaz.org or call 602-274-5022.

Two free programs geared to seniors

The public is invited to a series of free information sessions held at Aldersgate UMC, 3530 N. 32nd St.

The first is "Scams, ID Theft and Healthcare Fraud Prevention," set for 10 a.m. Tuesday, Sept. 13. Learn how to help prevent Medicare fraud, abuse and how to find help if you or a family member is a victim of healthcare fraud. The Foundation for Senior Living also will present a Resource Roundup, offering programs and services for older adults.

Then the Foundation for Senior Living presents a "Caring for Caregivers" program 10 a.m. Tuesday, Sept. 27. Learn about programs and resources that can help you be the most effective caregiver. A registered dietitian also will discuss the best foods for seniors to eat.

For more information or to RSVP for either program, call 602-956-3710 or e-mail aldersgatephx@gmail.com.

Senior VIPs host event at rehab center

The Sunnyslope VIP (Volunteerism Initiative Program) will host a community service project at North Mountain Rehab Center, 9155 N. 3rd St., on Friday, Sept. 9 starting at 10:30 a.m. The project will entail volunteers set-

ting up and facilitating a photo booth activity for North Mountain's patrons. Senior community members interested in volunteering are welcome.

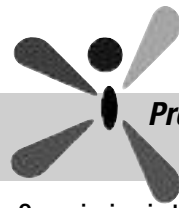
All senior community members are encouraged to participate in the VIP projects; city of Phoenix Senior Center membership is required. For additional information, or to RSVP for the Sept. 9 program, contact Sunnyslope Senior Center staff at 602-262-7572.

Senior Safety Fair at Devonshire Center

Many city of Phoenix departments have joined forces to plan the annual Senior Safety Fair, set for 9 a.m.-12 p.m. Friday, Sept. 9, at Devonshire Senior Center, 2802 E. Devonshire Ave. The event's purpose is to highlight personal wellbeing and physical safety for older adults in their homes and neighborhoods.

Special features will include on-site document shredding, digital fingerprinting and I.D. kits, and unwanted prescription medication drop-off, all offered free of charge. Presentations will include information on financial exploitation provided by Adult Protective Services, home safety information presented by Phoenix Police, and a hoarding awareness presentation. Resource information tables include materials from the Arizona Attorney General's office, Recycle Phoenix, Neighborhood Services, local transportation options, Hospice of the Valley, A Caring Hand for Mom (and Dad), and Area Agency on Aging Senior Helpline.

Door prizes and refreshments will be provided for attendees. All seniors welcome. For more information, call 602-256-3132.



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Kids & Families

October ‘Supercamp’ at Arizona Sunrays

There are several days in October when many schools will not be in session so the Arizona Sunrays Gymnastics & Dance Center will offer its fun-filled “Supercamp,” Oct. 3, Oct. 10-14, and Oct. 28.

The day camp is a weekly, gymnastics-based camp for boys and girls ages 3 to 13. Children get to participate in gymnastics, Ninja Zone, sports, zip line, bounce house, yoga, dance and optional swim lessons at Hubbard Family Swim School.

There also will be a Camper Show for parents and families to attend. There are half-day (8:30 a.m. to 12:30 p.m.) and full-day (8:30 a.m. to 3 p.m.) camp options available. There is also extended care each day from 7:30 to 8:30 a.m. and 3 to 6 p.m. Costs are: Full-day camp is \$269 and Half Day camp is \$185 with the \$50 option for swim lessons; \$70 for Full-Day Individual Camp and \$50 for Half-Day Individual Camp. Arizona

Sunrays is located at 3110 E. Thunderbird Road. For more information or to register, call 602-992-5790 or visit www.arizonasunrays.com.

Two fun workshops just for creative kids

Kelly Scott, a Washington School District art teacher and Madison Simis/Meadows alumna, leads a Cursive Workshop for children of all ages, 9-11 a.m. Saturday, Sept. 10 at Popat Orthodontics/Madison Pediatric Dentistry, 635 E. Maryland Ave.

RSVP to DrPopat@PopatOrthodontics.com with your child’s name, grade and school to reserve your seat. Pizza will be provided. Popat will donate \$20 to the Madison Education Foundation 125 campaign for each student who attends this workshop.

Then stick around for a free Innovative Patent Workshop from 11 a.m.-12 p.m. Have an idea for Shark Tank or unique game that you would like to patent? If so, come meet two local inventors: Dom LoBracco (third grade) and his brother Tre (fourth grade), who patented Noochie Golf. After a trip to

the miniature golf course with their parents, Dom and Tre fell in love with the game and were determined to find a way to play at home by constructing a four-piece miniature golf course. No RSVP needed; for questions, e-mail DrPopat@PopatOrthodontics.com.

Time to finally pen that kids’ book

Do you have a great children’s book manuscript that you’d like to share with the world? Southwest Human Development, as part of its First Edition Project, is looking for its next winning children’s book writer. The purpose is to provide the most enjoyable and promising content for a book for children from ages birth to 5.

The selected manuscript will be professionally illustrated, published and promoted by Southwest Human Development. The winning author will receive a \$1,000 advance and 8 percent royalty and the opportunity to have his or her book distributed to more than 2,500 children and placed for sale online and in retail bookstores.

For each book sold, Southwest

Human Development will donate an additional book to a child in need using a One for One model similar to that of TOMS Shoes.

Manuscripts for this year’s contest will be accepted through Oct. 15. Learn more about the contest and how to submit your manuscript at <http://www.firsteditionproject.com>.

Free admission at Heard on Sept. 25

The Heard Museum is one cool place for families to be this month. From 11 a.m. to 5 p.m. on Sunday, Sept. 25, the Heard will offer free admission for all. Enjoy a performance by Hispanic storyteller Michael Heralda at 12:30 and 2 p.m., and an artist basketry demonstration by Quechan beadwork artist Yolanda Hart Stevens, 11 a.m.-4 p.m.

Don’t forget to try a make-and-take craft in the It’s Your Turn: A HOME Studio exhibit. Afterward, stop in at the Courtyard Café and the Coffee Cantina at Heard Museum Phoenix for some great lunch items.

For more information, visit www.heard.org/events.



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From my side of the fence, a mortgage loan officer for 17 years, one of the most common characteristics of a transaction ending poorly is the lack of realtor representation or poor realtor representation. Before you say that I am just kissing a posterior, those who know me will tell you I do not kiss anyone’s posterior. It amazes me when consumers think they can strike a better deal and save money even though they have no training in this field. Do you go to your mechanic and find out what is wrong with your car and then fix the manifold yourself? Do you do your own dental exam to save dinero? Of course not, at least for most of you. Why, because that is not your expertise. A good realtor is a relationship that will last a lifetime and will pay off in spades.

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TRIVIA *Contest*



What was the conforming loan limit for conventional loans in 1999 for Maricopa County?

The first to email me the correct response will receive a \$100 gift certificate to Whitfill Nursery.

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Last Month’s Answer:
Joe Morgan

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ARTS & ENTERTAINMENT

ATC curtain will rise on 50th season—just

Arizona Theatre Company is preparing to launch its 50th Anniversary season—or the season that almost wasn't.

ATC announced early this summer that it might have to cancel its forthcoming season because of a substantial funding shortage. It took a concentrated fundraising campaign to try to bring in the needed \$2 million to move forward. Even so, things were looking grim for the local theater company, until a flurry of pledges and commitments during the final hours of the campaign put the effort at the \$2 million mark.

"To say we are thrilled to be able to make this announcement is the understatement of all understatements," said ATC Board of Trustees Chair Lynne Wood Dusenberry. "The outpouring of support, even from those who were unable to contribute to the effort, has been simply overwhelming."

Tucson business leader Mike Kasser, who guaranteed that \$1 million would come from Tucson if the second million could be raised from donors in Phoenix, said, "I'm so happy that this effort came together and reached the goal. With over 700 small-to-medium size donors, it was like a crowd-funding campaign without the Internet."

Managing Director Billy Russo said ATC senior management and board members have already begun strategic discussions to determine "the shape and scope of the 2016-17 season so that we can reduce production and operational expenses where possible and assess projected revenues to ensure that ATC produces this season with maximum efficiency."

The 2016-17 season is scheduled to open with "King Charles III," Oct. 6-23 in Phoenix. The opening show will be followed by An Act of God, Nov. 17-Dec. 4; and Fiddler on the Roof, Jan. 6-29, 2017.

Season ticket packages as well as single tickets to King Charles III and An Act of God are on sale now; single tickets range from \$41 to \$70 plus fees for most shows. Call the box office at 602-256-6995. For more information, visit www.arizonatheatre.org.



Arizona Theatre Company launches its 50th Anniversary with "King Charles III," a speculative look at what will happen when Prince Charles finally takes the throne in England; and "An Act of God," a play in which God and His angels answer questions that have plagued mankind (submitted art).

A & E Briefs

Velocity of Autumn' iTheatre Collaborative

Sept. 2-17

Herberger Theater, Kax Stage

222 E. Monroe

602-252-8497

Alexandra is a 79-year-old artist in a showdown with her family over where she'll spend her remaining years who has barricaded herself in her Brooklyn brownstone with a pile of Molotov cocktails. When Alexandra's estranged son Chris returns after 20 years and crawls through her second floor window, the emotional bombs start detonating, hopefully, before the real ones do. Tickets are \$20 plus fees. Thursday performances are "pay what you can." Visit www.itheatreaz.org.

Armand Boatman & Friends

7:30 p.m. Tuesday, Sept. 6

Professional Musicians of

Arizona Hall

1202 E. Oak St.

602-254-8838

Featuring Armand Boatman on piano, Joe Corral on flute and Dwight Kilian on bass. Presented by the Professional Musicians of Arizona, Local 586. Donations are accepted at the door in lieu of a set admission price. Refreshments available for purchase.

The Art of the Renaissance

6-7:30 p.m. Thursday, Sept. 8

Shemer Art Center

5005 E. Camelback Road

For more than two centuries, the

ARTS & ENTERTAINMENT

city of Florence, Italy became a hub of culture and artistic creativity, like what Athens was for Greece. What made that possible, in a time of ongoing civil wars, murderous power struggles and regular plagues? Presentation and slide show by Michel Sarda. Admission is a \$5 contribution, snacks and refreshments provided. RSVP to 602-262-4727.

Annie Moscow Concert

7 p.m. Saturday, Sept. 17
North Mountain Visitor Center
12950 N. 7th St.
602-343-5125

Annie Moscow began her career as a classical pianist, and then as a songwriter, writing for film, television and other recording artists, including Sarah Vaughn, Sister Sledge and more. An eclectic jazz/pop influenced writer, her music has been compared to Billy Joel, Donald Fagan, Joni Mitchell, Jacques Brel and Laura Nyro. Moscow will be joined on stage by jazz/rock guitarist Stan Sorenson. Tickets are \$15 and may be purchased in advance at the NMVC Gift Shoppe or online at www.saveourmountains.org (click on DONATE button) with a small surcharge of \$2 per ticket purchased.

Ballet Under the Stars

7 p.m. Saturday, Sept. 24
Steele Indian School Park
Amphitheater
300 E. Indian School Road

Ballet Arizona invites residents to spend a relaxing evening under the Arizona sky as the dance company continues its annual season opening tradition. Enjoy dance in a unique outdoor setting complete with a stage, lighting, costumes and beautiful Arizona weather.

er. The event is free and open to the public. Bring low chairs or blankets to sit on. Glass containers are not permitted in city parks. For more information visit www.balletaz.org.

'The Copper Queen'
Workshop Performance
3 p.m. Sunday, Sept. 25
Arizona Opera Black Box Theater
1636 N. Central Ave.
602-266-7464

The story of a haunting in the titular hotel, located in Bisbee, Ariz., once a prominent mining town for both copper and "Bisbee-blue" turquoise. In 1910, Julia Lowell, a "lady of the evening," uses Room 315 of The Copper Queen Hotel to service her clients. Following her untimely death, her spirit is unable to leave the room, and the legend of her ghostly exploits gains infamy. Adult themes and suggestive dialogue. This is not a full stage performance, so tickets are only \$10. Visit www.azopera.org.

'King Charles III'
Arizona Theatre Co.
Oct. 6-23
Herberger Theater
222 E. Monroe
602-256-6995

The Queen is dead. After a lifetime of waiting, Prince Charles ascends the throne with Camilla by his side. As William, Kate, and Harry look on, Charles prepares for the future of power that lies before him...but how will he rule? The play draws on the style and structure of a Shakespearean history play, but with modern verve, a comic subplot, and even the occasional appearance of a significant ghost. Visit www.arizonatheatre.org.

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FOOD FOR THOUGHT

Café Chat

Macayo's marks 70th year with big changes

By Patty Talahongva

When Woody and Victoria Johnson opened their Macayo's restaurant at 3831 N. Central Ave., most likely they had no idea what kind of family business and legacy they were starting. This month the restaurant, which is still family owned, celebrates 70 years of service. At the helm is their only daughter, Sharisse Johnson, who is CEO and who her father affectionately dubbed, "little one." Her earliest memories are of being in the restaurant and helping out as a hostess, seating guests when they arrived.

"It was fun coming to work with daddy on Saturday," she recalls. "It was fun talking to customers." She did it all, from busing tables to helping out in the kitchen. Her brothers, Gary and Steve, also are involved in the family business.

Woody's mother was from Mexico and didn't speak English. His father came from Sweeden. Woody served in World War II and came home to Phoenix, where he worked in his brother's restaurant for a year. In 1946, Woody and Victoria opened their first restaurant at 37 W. McDowell Road. It was big enough to fit six tables and a counter. Five years later the couple opened a second larger restaurant with 10 tables.

As Woody worked at the restaurant, Victoria kept her day job at a bank and at night helped out at the restaurant. "She always had great financial skills and kept a good eye on the business as it grew," says their daughter. Those skills included savvy saving habits and by 1952 Victoria had saved enough money to help them buy the property near Central and Indian School Road. It was to become the first Macayo's.

Macayo's doesn't mean anything in any language except the language of Woody and Victoria. She loved macaws. Woody's first restaurant was called "El Nido," the nest. They put the two concepts together and came up with the name. She wrote it out and the iconic sign still bears her signature M with a flourishing swoop complete with a macaw bird.

The Macayo's brand has grown to 13



The recognizable Macayo's on Central, which opened in 1952, is making way for a 225-unit apartment complex. Sharisse Johnson, CEO of Macayo's and daughter of the original founders, Woody and Victoria Johnson, says they hope to be able to save the sign designed by her mother and incorporate it into the new building that will be just across the street on the south side of Indianola Avenue (photo by Patty Talahongva).

locations in Arizona and Las Vegas, with more than 1,000 employees and hundreds of tables. Today several extended family members work in the restaurants and related businesses. Son Gary owns and operates a canning company where all Macayo's sauces are made for shipment to customers. The company gets many requests from customers who have moved away from Phoenix and still crave Macayo's flavors.

Through the years Macayo's on Central has helped guests celebrate birthdays, weddings, anniversaries, graduations and every special occasion. An estimated six million customers have walked through the doors to feast on the family recipes.

Woody was strict when it came to executing the recipes. In the beginning they used chilies with mild flavors such as Anaheim chilies. Gradually they added more spicy chilies such as poblano and chipotle as customers got used to the hot and spicy flavors.

"We make our sauce daily in the restaurant," Johnson says. "We do not open cans for salsa. No way would I allow that," she asserts, speaking like her father's daughter.

The ground beef mixture for the chalupas is made twice a day to ensure the "flavor profile" is just right. Chilies are fire roasted in the morning daily and today the only "Gringo" food on the menu is a kid-size hamburger. If an

adult orders one, they double the meat. "I was blessed with the work ethic my parents had," Johnson says. She's also appreciative of her father and the customer loyalty he built. "People loved him," she says. "That's probably what built the culture."

The actual 70th anniversary date is Monday, Sept. 26. Every single Macayo's location will celebrate that day with 70-cent shredded beef tacos and red cheese enchiladas. The regular menu price is \$4.99. These are two of Woody's favorite dishes and the rollback price honors him and his first menu.

The 70th anniversary also comes at a time of great change for the decades-old family business. This summer Johnson announced plans to move out of the Central Avenue location to a site just across the street on the south side of Indianola Avenue, in the space formerly occupied by an automotive garage. The unique, eye-catching and colorful building that has been synonymous with Macayo's for decades was sold and will be torn down to make way for 225 high-end apartments.

"A lot of people say it's so sad," Johnson says and adds, "For me it's so exciting. I'll have the iconic menu in a new place." She is working with the city of Phoenix to keep the familiar sign but Macayo's will say goodbye to the unique architecture of the building on Central Avenue. But no worries, the

restaurant's unique exterior replicating a Mayan temple is immortalized in the 1969 movie, "Chastity," starring Cher.

The restaurant will remain open at this location through the end of the year. The new location, which will have a smaller footprint and a mid-century modern feel, will open the first quarter of 2017. Follow Macayo's on Facebook to keep up with events and construction plans through the transition.

Dining Briefs

AZ Restaurant Week returns Sept. 16-25

Arizona Restaurant Association's Fall Arizona Restaurant Week (ARW) is back for its 9th season to recognize the Valley of the Sun's epic cuisine for ten nights from September 16-25.

During Fall ARW, more than 200 participating restaurants will offer a three-course prix-fixe menu for just \$33 or \$44 per person, excluding beverages, tax and gratuity unless otherwise noted. The carefully crafted menus offer food lovers their ultimate dining experiences.

Christopher's and Crush Lounge, Clever Koi, Different Pointe of View, The Herb Box, Lon's, Phoenix City Grill, Capital Grille, Ticoz Latin Kitchen, and Vincent on Camelback make up just a small sampling of participating restaurants around the Valley—many more will be added.

Those anticipating the arrival of Fall ARW can check out updates at www.ArizonaRestaurantWeek.com, where participating restaurants and their menus will be continually added.

Food truck pod comes to Parsons Center

After new development on Roosevelt Row displaced the old Food Truck lot between 4th and 5th streets, The Parson's Center for Health and Wellness, 1101 N. Central Ave., has decided to build on its already successful weekly Food Truck Friday lunches to bring a wide array of food trucks back to the monthly Artlink First Friday event in one location for all to enjoy.

The Parsons Center for Health and Wellness is operated by Southwest Center for HIV/AIDS and is co-located with community partners McDowell Healthcare Center and

FOOD FOR THOUGHT

Avella Specialty Pharmacy.

The center has two galleries that will showcase local artists and their work. During First Friday, live music will fill the space and overflow into the parking lot, where you'll find food trucks and local artisan vendor spaces.

The center's doors will be open 6-10 p.m. during the monthly First Friday art walk events in downtown Phoenix.

Kids eat free at IHOP through Sept. 25

IHOP invites families who are waiting for those cooler fall temperatures to arrive to enjoy the indoors in the meantime by spending time together at dinner—since kids 12 and under eat free with the purchase of adult entrées through Sept. 25, 4-10 p.m. every day at participating restaurants.

IHOP restaurant's "Just for Kids" menu offers choices ranging from the kids' grilled cheese sandwich to the Jr. chicken and waffles. Junior Breakfastarians also can choose IHOP classic items such as omelettes, French toast or classic buttermilk pancakes. All dining items are 600 calories or less. For more information on Kids Eat Free, visit www.ihop.com.

Eateries offer deals to benefit kids hospital

Dozens of businesses around the city are showing their support for Phoenix Children's Hospital this month as part of the hospital's "Go Gold" initiative to help raise funds and awareness for kids battling cancer during National Pediatric Cancer Awareness month.

Several area restaurants will offer a special menu item with proceeds going to the campaign, or will donate a portion of overall sales to PCH during September. Among them are:

- Miracle Mile Deli, 4433 N. 16th St., which will donate \$1 from every "Straw" sandwich sold.
- Sauce Pizza and Wine, 7th St. and Glendale Ave. and 1st St. and Camelback Road, which will donate 100-percent of proceeds from items ordered off the Kids Menu from Sept. 12-18.
- Spinato's Pizzeria, 5509 N. 7th St., will donate \$1 from every dessert sold.
- The Vig (4041 N. 40th St.) and The Vig Uptown (6015 N. 16th St.) will donate \$1 from every pint of Four Peaks 8th Street Pale Ale. Also, if a customer takes a picture with their Four

Peaks Pale Ale and uploads it to social media using the go gold hashtag (#GoGold4PCH) and tags The Vig location, they will receive 15 percent off their bill.

• Churn, 5223 N. Central Ave., will donate a portion of the proceeds of sales from a specially created, Gold-themed treat. See store for details.

For more information, visit www.gogold4pch.org.

Half off cheese pizza at Fired Pie on Sept. 5

Did you know that Americans eat approximately 350 slices of pizza per second? Monday, Sept. 5, is National Cheese Pizza Day and Fired Pie wants to help you celebrate.

All Fired Pie locations will offer half off a cheese pizza with the purchase of any drink. This is for cheese pizzas only.

In addition, all September long, Fired Pie is participating in the No Kid Hungry Campaign. Every \$2 you donate to No Kid Hungry (www.NoKidHungry.org) while at any of Fired Pie's 15 Valley locations, you

please see HALF OFF on page 46

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FOOD FOR THOUGHT

HALF OFF *continued from page 45*

will receive a voucher for a free Pookie (hot chocolate chip cookie in a small pizza pan) that you can use on your next visit. You will have two months to use the voucher.

Fired Pie has 15 locations in metro Phoenix including Park Central Mall at Central Avenue and Earll, and at the Collier Center in downtown Phoenix. For more information, visit www.Firedpie.com.

Pure Sushi now open at The Colony

Pure Sushi is the latest restaurant space to open at The Colony, an adaptive re-use project located on the west side of 7th Street just north of Missouri Avenue.

Pure Sushi offers a wide variety of fresh, top quality fish as well as beef and chicken dishes and vegetarian and gluten-free options. The 3,340-square-foot restaurant has a sushi bar with seating, a full bar, booth seating and a retractable garage door. Exposed steel beams hearken back to the area's origi-

nal 1950s style architecture.

Pure Sushi, which opened in early July, serves fresh fish and numerous sake bottles seven days a week. The Colony location at 5538 N. 7th St. also has an extensive happy hour from 3 to 6 p.m. each day. For more information, visit them on Facebook at Pure Sushi Colony or call 602-730-3566.

Scramble offers cold-brew coffee on tap

Scramble—A Breakfast Joint now offers nitro cold brew coffee on tap from local purveyor Espresso Italia.

Espresso Italia's cold-brew coffee on tap is infused with nitrogen gas, which is released through a pressurized valve with tiny holes. As high pressure forces the cold brew past a disc, it creates a creamy, stout-like effect. Scramble is one of the first restaurants in the Valley to serve this highly caffeinated summer refresher, available for \$4.69 for 12 ounces.

Scramble is located at 9832 N. 7th St. and is open Monday through Sunday from 6 a.m.-2 p.m. For more information, call 602-374-2294 or visit www.azscramble.com.



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Stella adds modern twist on Italian fare

Mark Drinkwater is bringing a twist to the modern Italian dining experience with his newest development, Stella, which opened last month at 3160 E. Camelback Road.

Drinkwater has revived former restaurant Central Bistro—purchased by his Bistro Partners in the spring—and brought Stella to life with a menu that marries both the traditional and contemporary. Stella also is now the new home of Executive Chef Robert Eckhardt, formerly of Drexyl.

Stella's menu boasts everything from wood burning pizzas and classic Bolognese to a sweet balsamic onion glazed pork chop. The brunch menu features dishes such as sweet caramel and cinnamon monkey bread, and a savory brunch burger loaded with bacon, aged gouda, fried egg and roasted garlic aioli. Stella also offers a variety of small bites and a robust drink menu.

For more information, visit www.stellaaz.com or call 480-646-8560.

**For local restaurant
listings, visit our
Dining Guide online at
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September 10

- Fall Chef Series 10am -- featuring **Executive Chef Akos Szabo**, FOUND:RE Phoenix & MATCH: Cuisine & Cocktails

September 17

- Fall Chef Series 10am -- featuring **Chef/Owner Christopher Collins** of Common Ground Culinary (Grassroots, Twisted Grove, Wally's)

September 24

- Fall Chef Series 10am -- featuring **Chef/Owner Doug Robson** of Otro Cafe
- Uptown Growers Market reopens for Fall Season

October 5

- Uptown Wednesday reopens for Fall

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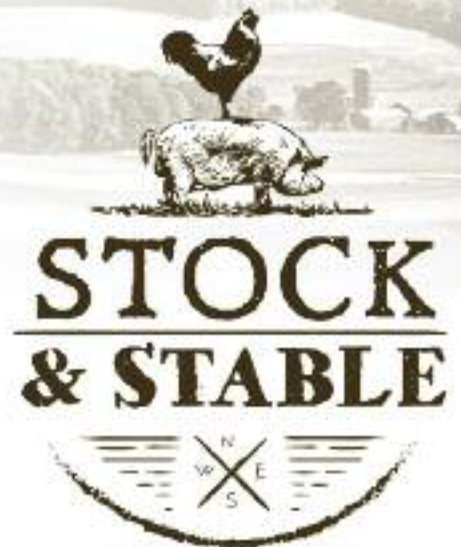
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