



north central news

the voice of the north central phoenix community

volume 19, issue 2 • february 2017

www.northcentralnews.net

Site on 7th Street set for redevelopment

By Teri Carnicelli

Two high-profile commercial redevelopment projects may be coming to North Central Phoenix this year: once across the street from Xavier College Preparatory, and one potentially at the northwest corner of 16th Street and Bethany Home Road.

The northeast corner of 7th Street and Highland Ave., which includes four commercial buildings and two operating businesses, has been sold to Glendale, Ariz.-based OFMM2LLC. One of the properties includes Urban Cookies Bakeshop, winner of Food Network's "Cupcake Wars" in summer 2011, Dariya's Home Furnishings and Décor, which has been closed and fenced off for some time, and the midtown location of UltraFit Systems, which lies behind the bakery. Those three locations, encompassing approximately 28,500 square feet of land, were sold for \$1.4 million.

Urban Cookies opened in that location in 2006 and

please see REDEVELOPMENT on page 6



North Central resident Ralph Clark (seated, right) turned 100 years old last month, surrounded by family members from around the country who came to join him on his special day. Clark has lived in his North Central home since 1952 (photo by Teri Carnicelli).

Friends, family help local man mark 100 years

By Teri Carnicelli

A house filled with family, friends and food is exactly how North Central resident Ralph Clark wanted to spend his 100th birthday. And that's exactly what he did—albeit a few days early—as more than 40 people filled the home near 7th Street and Maryland Avenue that he has lived in since 1952.

The celebration, complete with catered meal and two birthday cakes (one sugar-free), took place on Jan. 21, and Clark officially hit the century mark on Jan. 25. And he had many stories to share about his life and experiences along the way.

Clark was born in Glens Ferry, Idaho in 1917. After high school he worked for his father, driving potatoes out to California and bringing back loads of citrus in exchange. He was drafted into the U.S. Army Air Corp on Dec. 3, 1941 and a few short days later, the United States entered into World War II.

"I was supposed to be in for a year and instead I served every day of that war," Clark recalled.

He went through boot camp in Biloxi, Miss., and was stationed at Bergstrom Air Force Base in Austin, Texas, where he married his sweetheart, Grace, in October 1944. He was released from service one year later, to the month. While in the corps, he served as a radio operator in Aleutian Islands off the coast of Alaska.

After the war ended, he went back to Idaho, working for the now-defunct Fidelity National Bank in Twin Falls.

His father had moved to Phoenix to get in on the citrus farming boom, and asked Clark to come join him. Clark and Grace moved to Phoenix in 1951 and settled into their North Central home a year later, which they bought for a mere \$17,500. His house is one of the few original ones left on his street, as the single-story ranch houses have slowly been replaced with larger homes.

Clark worked for his father in grapefruit packing and shipping for just over 20 years. After demand eventually slowed, his father retired and Clark went to work for Ping golf's Phoenix distribution center,

please see 100TH BIRTHDAY on page 6

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Local Boy Scouts honored for service

Six North Central Boy Scouts were awarded the Presidential Volunteer Service Awards by Boy Scout Troop 329 at the troop's December Court of Honor.

The Presidential Volunteer Service Awards (PVSA) recognizes U.S. citizens and permanent residents that have achieved a required number of hours of service over a 12-month period.

"Troop 329 is proud of our many leaders and members who give of themselves," said Troop 329 Scoutmaster, Tyler Howland. "A scout is taught to provide a good turn daily, which are often small, thoughtful acts, and are usually provided without any recognition. We are thrilled to recognize these scouts for service above and beyond."

Scouts were recognized in three categories: Ethan Swartz was presented with the gold award with more than



Displaying their certificates from the Presidential Volunteer Service Awards (PVSA) are members of Boy Scout Troop 329, from left: Ethan Swartz, Jay Hurd, Andrew Guzman, Dylan Swartz, Bennett Buisker and Charlie Talbot (submitted photo).

100 volunteer hours served; Andrew Guzman received the silver award with at least 75 hours served; and Bennett Buisker, Judge "Jay" Hurd, Dylan

Swartz, and Charlie Talbot were presented with the bronze award, each having completed at least 50 hours of volunteer service.

The boys volunteered through Boy Scout Troop 329, at local nonprofits, at their church and through an international nonprofit in Puerto Peñasco, Mexico.

The PVSA recognizes, celebrates and holds up as role models, Americans making a positive impact as engaged and deeply committed volunteers. The award enables community organizations—as Certifying and Leadership Organizations—to amplify their gratitude by joining with the President of the United States to recognize their most dedicated volunteers. Boy Scout Troop 329 became a certifying organization in 2016.

Boy Scout Troop 329 meets at Madison Meadows Middle School on Wednesdays at 7 p.m. For more information on the BSA, visit www.grandcanyonbsa.org. For more information about the Presidential Volunteer Service Awards, visit www.presidentialserviceawards.gov.

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At North Central News, we LOVE our readers! To show our appreciation for your loyalty, we will hold a drawing for one great prize every month, thanks to our advertisers and prize sponsors.

Congratulations to January's winner, Melanie Jutzi, who won One Adult & Friend/FamilyMember 5-Class Pass from Maccabees Krav Maga - Tactical Self Defense System (a \$200 value)!

Visit our website at www.northcentralnews.net to enter for your chance to win this month's prize, a **\$100 Gift Certificate for Scout & Molly's Boutique at Uptown Plaza!**

**Deadline to enter is Feb. 20, 2016.
The winner will be announced in our March issue.**

One name will be drawn from all submissions and awarded the prize indicated. Entry is limited to one per person. Winners will be notified by phone or email by a representative of North Central News. Winners agree to have their name and likeness published in the North Central News. All prizes are final - no substitutions allowed; prizes have no cash value. Visit www.northcentralnews.net for contest rules and additional details.

COMMUNITY



Chef/owner Jennifer Russo of The Market by Jennifer's Restaurant + Bar, has concocted this Twixed Trefoil Bar featuring chocolate mousse, a hand-made trefoil shortbread and salted caramel, as part of the annual Girl Scout Cookie Dessert Challenge (photo courtesy of The Market by Jennifer).

**Girl Scout Cookies
inspire local desserts**

It's that time of year that Phoenix dessert lovers longingly wait for: the commencement of Girl Scout Cookie sales, and the return of the Girl Scout Cookie Dessert Challenge.

For six weeks each year, Girl Scouts in Arizona participate in the largest girl-led business: the Girl Scout Cookie Program. Now through March 5, more than 17,000 girls in central and northern Arizona will be walking around neighborhoods with delicious cookies and boothing in front of local stores. This cookie season will be an extra special one for them, as 2017 marks the 100th year of the first known sale of cookies by Girl Scouts.

Returning are perennial favorites Thin Mints, Samoas, peanut butter Tagalongs, and the shortbread Trefoils. And new this year is the S'mores cookie, in two versions: a graham cookie double dipped in crème icing and finished with a chocolate coating, or graham sandwich cookies with creamy chocolate and marshmallow-like filling.

A limited supply of the gluten-free Toffee-tastics and Trios also should be available again this year. To find a cookie booth near you, visit www.girlscoutcookies.org and put in your ZIP code.

And, due to popular demand, the Girl Scouts are bringing back the award-winning Girl Scout Cookie Dessert Challenge.

For the fourth year in a row, chefs

from more than two dozen restaurants across the Valley will go head-to-head to create a winning dessert using one of the Girl Scout cookie flavors. The new creations will be sold in their restaurants throughout February, with a portion of sales benefitting local girl scouting.

The chefs are putting their support behind the girls and want to inspire the community to do the same and buy an extra box or two. Here is where you can taste their sweet creations—and support the Girl Scouts—in the North Central area.

- Churn, 5223 N. Central Ave. Assigned cookie is Savannah Smiles, dessert is Savannah Smiles Ice Cream

- The Crepe Club, 2502 E. Camelback Road (in the Biltmore Fashion Park). Assigned cookie is the Tagalong, dessert is a Tag-a-Crepe-Along

- Flower Child, 100 E. Camelback Road. Assigned cookie is the Toffee-tastic, dessert is a Toffee-tastic Chocolate Pudding (*gluten-free)

- Coup des Tartes, 1725 E. Osborn Road. Assigned cookie is Thin Mints, dessert is Decadent Thin Mint Chocolate Tarte

- The MARKET by Jennifer's Restaurant + Bar, 3603 E. Indian School Road. Assigned Cookie is Trefoils, dessert is Twixed Trefoil Bar

All proceeds from Girl Scout Cookie Program and the Challenge are used to support Girl Scout programming in Arizona. As in recent years, the Girl Scouts will have all cookies on hand for immediate customer purchase.

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Street fair celebrates 19 North's vision

The 19 North Alliance is sponsoring a "Love Our Community" street fair on Saturday, Feb. 11 in the parking area of Open Door Fellowship, 8301 N. 19th Ave. This is a free, family-friendly event for everyone living, working and going to school in the 19 North area, which is along the 19th Avenue light rail route from Montebello to Dunlap avenues and surrounding neighborhoods.

Live music, free bounce houses, and activities are planned along with food trucks from 10 a.m.-2 p.m. A special part of the event begins at 9 a.m.: a pre-fair 19th Ave. cleanup effort. Check-in begins at 8:30 a.m. Gloves, tools, trash bags and other supplies will be provided. Three additional project teams will be needed to do some small painting and minor sign repair. RSVP for either the clean-up crew or paint crew in advance at info@19north.org so they can have the right amount of supplies ready.

"The 'Love our Community' event is really the launch of many more com-

munity-promoting events to come," explains 19 North Chair Shannon McBride, who also is pastor of Fellowship and Community at Open Door. "We need to experience 19 North as a community to really build community."

McBride further explains that a big part of the revitalization neighbors are calling for will come with collaboration. The "Love our Community" 19th Avenue Clean-Up & Street Fair is an organized and fun way to link arms and be involved in the change this community wants to see happen, she points out.

The 19 North Alliance was born late last year from this vision of collaboration to help make the area a safe, walkable destination with a sense of unity and vitality. Around the 19 North leadership table sit faith communities, Washington Elementary Schools (WESD), representatives from Councilman Daniel Valenzuela's office, Blue Cross Blue Shield of Arizona, The Department of Commerce and Economic Development, City of Phoenix Neighborhood Services & Village Planning, Phoenix Police Department.

Other stakeholders include local businesses like Abrazo Central Campus, Valley Metro, Beatitudes Campus, Los Compadres, and others as well as several neighborhood associations including State Street, Royal Palm, and Washington Park.

For more information about the alliance and its mission, visit www.19North.org.

Gates joins MC board of supervisors

Bill Gates was sworn in as a Maricopa County supervisor on Jan. 4.

It is his first term on the board. Gates represents District 3, which stretches from central Phoenix through Paradise Valley and north to Anthem.

Gates spent the past seven years as a Phoenix city councilman, representing much of the same area he will now serve as a super-

visor. In that time, he prioritized fiscal responsibility and government efficiency.

"The goal should not be a government that does more; it should be a government that does better," Gates said. "I will continue to focus on making government more efficient, more fiscally responsible, and more accessible for our constituents and our businesses."

As chairman of the City of Phoenix's Finance, Efficiency, Economy and Sustainability Committee, Gates helped identify more than \$100 million in annual efficiency savings. He joins a Maricopa County Board of Supervisors committed to providing cost-effective core services to the more than 4 million people who live, work, and do business here.

"I'm excited to work with my fellow supervisors, elected officials, and county staff and I look forward to representing the residents of District 3 and Maricopa County," Gates said.

Gates, a Republican, is the associate general counsel and director of distribution for PING, a Phoenix-based golf equipment manufacturer.



Bill Gates

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The voice of the north central phoenix community

4620 N. 16th Street, Suite D-107
Phoenix, AZ 85016

(602) 277-2742 • Fax: (602) 277-6689
www.northcentralnews.net

Publisher **Tara A. Blanc**
Editor **Teri Carnicelli**
Staff Writer **Patty Talahongva**
Sales and Marketing **Joanne Day**
Office Manager **Janice Backus**

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REDEVELOPMENT continued from page 1

will celebrate its 12-year anniversary in October this year. Owners Brady and Shaun Breese revamped the 1950s building, putting in bamboo flooring and low-emission paint, and built a strong following. The Breeses said they will move in March and currently are seeking a nearby central location, which they hope to have up and running by late spring.

"Our central Phoenix customers have given us 11 amazing years, so we won't be leaving this area," Breese says, "but it's time for the next chapter in our business."

UltraFit Systems' future plans are not known. Messages left with the company were not returned as of press time.

The vacant property at the actual corner, located at 4701 N. 7th St., includes 10,350 square feet of land and was sold for \$850,000.

All buildings will be demolished and a new retail center developed, which will include shop space and a corner drive-thru national credit tenant.

The new development will lie across

the street from the Xavier/Brophy College Preparatory Schools, as well as a new 230-unit luxury apartment project being developed by Wood Partners within walking distance of the site on 7th Street. Ray Cashen of Cashen Realty Advisors and Josh Landers of Commercial 33 handled the sales.

Fewer details are available regarding the recent sale of Sunbrite Corner, the single-story retail center located at the northwest corner of 16th Street and Bethany Home Road and first built in the 1950s. Former owners MPB Realty Services sold the center in September of last year for \$9.65 million.

Michael Buekers Sr., owner and president of MPB Realty, didn't want to comment on why the company decided to sell the popular shopping center, but did say the company made a profit on the sale. MPB Realty investing approximately \$500,000 in refreshing the center in 2009, sprucing up the façade and the landscaping, repaving the parking in the back, and renaming it to Sunbrite Corner, an homage to the old Sunbrite Market which decades ago sat in the corner where Luci's

Healthy Marketplace now resides.

The new ownership group is Jamel Greenway LLC. The deed filed with the Maricopa County Assessor's Office shows the same mailing address as the management office of the Town & Country Shopping Center, and sources there confirmed that one of the principals with the Town & Country center, James Schuck, is also a new owner of the Sunbrite Center.

Preliminary plans call for the storage area in the back parking lot, which previously was leased by the nearby Shasta Pools & Spas, to be torn down to allow for additional parking. But further details about any additional redevelopment plans were not available as of press time.

100TH BIRTHDAY continued from page 1

where he worked in customer service and shipping from 1973 to 1986. While there he developed a love of the game and played golf "every chance I got," he admitted. He finally had to stop playing just five years ago.

"My doctor thinks I'm a whiz," Clark said with a laugh. "I don't have cancer or arthritis or heart disease or anything. So he hasn't had a heck of a lot to do."

Grace, who passed away nearly 10 years ago, was unable to have children. "It's just life," Clark said philosophically. "We just made the best of it and enjoyed each other." Clark's two older brothers and two younger sisters provided him with plenty of nieces and nephews—and grand-nieces and grand-nephews, many of whom were at his 100th birthday celebration. Not unexpectedly, he has outlived all of his siblings, and most of his friends.

While he still enjoys tinkering with his ham radios—he's one of only a handful left in the country who still use Morse code—he does need a little help around the house, and has a caretaker from Home Instead Senior Care come in four times a week.

As probably the only original resident left on the street, he also has developed great friendships with his neighbors over the years, whose children he has seen grow from babies to adults with their own homes and families. Many still pop by for a visit and to drop off the occasional casserole.

"Everyone takes care of me and watches over me," Clark says. "I've been very lucky with the friends and family I've had."



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I am still excited to see all the new restaurants that keep opening up in North Central and they all seem to be busy. I truly feel the reasons for the crowds are because we are getting more and more



new families moving to our 'hood, which is no longer a secret. There is so much to do in North Central, easy access to all areas of town and you get a great bang for your buck in purchasing a home, especially compared to Arcadia.

I find that a lot of these young families are moving to North Central because of all the old homes being torn down and the many new homes being constructed in its place. **Changes are a necessary evil if you want growth and it is long overdue.** Last year I sold 135 homes, both new and resale, and I represented **Porchlight Homes** with their eight new home sales. I also represent the following builders with their new homes: **Regal American Homes, Diamond Key Homes, Empire Residential**, all of which are all building new homes in North Central, and **Metro Living LLC**, which is building 29 homes on 7th Street just north of Thunderbird.

Here are all of our current new home projects for sale:

1. Porchlight Homes at 13th -15th Avenue and Myrtle. Eight new home sites and two have already been sold. Base prices start from \$525,000 to \$595,000. Square footage is 2,800 to 4,000. You have the ability to pick which home you want and customize the way you want.

2. Regal American Homes at 5th Avenue and Bethany Home Road. Four new homes and one is sold. Two homes

are 3,300 square feet, and one is 3,800 square feet. Prices range from \$650,000 to \$775,000. One spec home currently available and one under way.

3. Empire Residential at 7th Avenue and Butler. Gated 10 home subdivision. Square feet range from 2,300 to 3,800. Prices range from \$735,000 to \$900,000. Two spec homes underway.

4. Diamond Key Homes at 18th Street and Palmyra Avenue (just north of Glendale). Four new homes (two sold) ranging from 2,900 to 3,300 square feet and prices are \$749,000 to \$835,000. Two specs available now. They will build two new homes in 2017 at 18th Street and Aurelius just south of this site.

5. Metro Living LLC at 7th Street just north of Thunderbird. Twenty-nine homes ranging from 1,640 to 1,912 square feet. Prices range from \$275,000 to \$315,000. Two specs up now. Pick your model.

...and of course we have 35 resale homes currently active. We have already had 12 sales so far in the first two weeks of 2017. Thanks!

My favorite North Central business currently is located on 16th St/Camelback--Fitness 4 Home Superstore..Best fitness equipment in the valley with some used machines also for sale. I have a full gym at my house stocked by them. They do have multiple stores t/o the valley. Huge store with everything under one roof.

Have a great February. Don't forget the 14th!!

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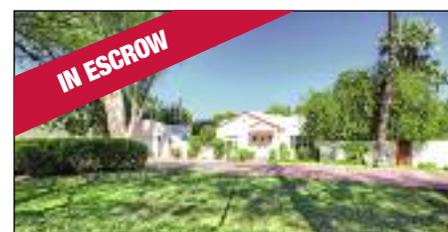
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COMMUNITY

Clothing drive aids New Day Center

CrossRoads United Methodist Women's group, People of Purpose, is holding a new and gently used clothing drive through March 5 at the church, located at 7901 N. Central Ave.

The group seeks new or lightly used shirts, pants, shoes, jackets and warm-weather accessories, as well as new-in-package underwear and socks for men, women and children, all sizes. All of the donations will go to benefit the UMOM New Day center, which is Arizona's largest homeless shelter for families.

Donations can be dropped off in the church office 9 a.m.-3 p.m. Monday through Thursday and 9-11 a.m. Sundays. Ring the buzzer to be admitted.

CrossRoads UMW: People of Purpose is a women's group that meets at the church the first Tuesday of the month at 6 p.m. The group's purpose is to grow through Christ as they serve and support the community. One of the group's biggest ongoing projects is the collection of feminine hygiene products for homeless women.

For more information about CrossRoads UMW: People of Purpose, e-mail m.margie17@gmail.com or call the church office at 602-944-1524.

Car clubs, art show at museum this month

The Sunnyslope Historical Society in February hosts a month-long Art Exhibit and Sale featuring Rio Rico artist Robert White, whose artwork is well known for its vintage view of past events, as well as his whimsical view of antique vehicles.

Concurrently, the parking lot of the Sunnyslope History Museum, 737 E. Hatcher Road, will play host to various car clubs and other privately owned classic and vintage cars each weekend in February.

White was born on Valentine's Day in 1945. He painted watercolor landscapes on paper like most primary students, but his work was far better than his peers. By middle school and high school he was winning numerous awards and medals, including a national award from Hot Rod Magazine for

his detailed automobile model cars.

White served in the U.S. Navy from 1965-1969, and while in Japan he had art shows in Sasapo and Tokyo featuring ships and shipyards. He painted motorcycles in California in the 1970s. He has painted all over the world and participated in hundreds of car shows. White lived in Scottsdale for many years.

The exhibit of White's painting will begin with a free artist's reception from 5 to 7:30 p.m. Friday, Feb. 3 at the museum. There will be wine and appetizers. While will discuss how he came to create each painting in the exhibit. All paintings will be available for purchase, with a portion of the proceeds benefit the Sunnyslope Historical Society. The paintings will all hang in the museum through the end of the month, at which time purchasers can pick up their items.

The art exhibit can be viewed throughout the month during regular museum hours, 10 a.m.-3 p.m. Thursday through Sunday. The car shows will be Saturdays and Sundays only during regular museum hours.

If you are interested in showing off

your cars on the weekends, call Ron Beck at 242-520-3813 or Jim Grose at 623-236-0678.

For more information, call the museum at 602-331-3150.

Treating injuries out on the trail

The Central Arizona Mountain Rescue Association (CAMRA) hosts a Wilderness First Aid course, 8 a.m.-5 p.m. Feb. 11-12 at the North Mountain Visitor Center, 12950 N. 7th St. It is for the outdoor enthusiast or trip leader who wants a basic level of first aid training for short trips with family, friends and outdoor groups. It also meets the ACA guidelines.

The class is 16 hours long (two days), and focuses on the basic skills of response and assessment, musculoskeletal injuries, environmental emergencies, survival, soft tissue injuries, and medical emergencies. Tuition is \$155. You will receive a WFA certification.

To register, call Mike Englund at 623-692-1908 or e-mail WildernessMedicine@cox.net.

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COMMUNITY

Outdoor festivals abound in Phoenix

The Valley of the Sun's beautiful winter weather brings a bevy of outdoor events each year, highlighting different cultures from around the globe, as well as tempting the taste buds of local foodies and beer aficionados. Check out what's coming up:

Motoring Thru Time & Heritage Festival

The free event, which takes place 10 a.m.-4 p.m. Saturday, Feb. 4 at Heritage & Science Park, 6th St. & Monroe, will feature more than 100 classic and antique cars, trucks, travel trailers, motorcycles and more dating from the early 1900s to the mid-1980s.

This year's displayed vehicles include everything from a 1909 Delage Voiturette to a 1983 Camaro Z28, as well as a 1935 Coors Delivery Truck and a 1970 VéloSoleX motor assisted bicycle.

There also will be cultural crafts and demonstrations, including a blacksmith, a calligrapher, lace makers,



Dancers performing in traditional Chinese apparel are a visually stunning attraction during the annual Chinese Week Culture & Cuisine Festival, which takes place Feb. 10-12 Margaret T. Hance Park (photo by P. Weaver).

origami making, candle dipping, and rope making. Enjoy music from Territorial Brass, and lawn games for adults and children. The park is within walking distance of light rail stations. For more information, call 602-262-5071.

Arizona Strong Beer Festival

Designed for the true craft beer lover who enjoys a strong beer and discovering new boutique breweries, the festival takes place 1-5 p.m. Feb. 11 at Steele Indian School Park 300 E.

Indian School Road.

Although strong beers (those with high alcohol content) are the focus at the festival, a huge variety of craft beers—as well as specialty styles and unique, just-for-this-event brews—are made available to festival-goers, who will receive a commemorative 4-ounce tasting glass and 15 tasting tickets for the price of admission.

And because food and beer just naturally go together, there will be plenty of top-notch food vendors on hand, serving up tasty eats that wash down well with frosty suds. Live music will keep the atmosphere rockin'.

Tickets are \$45 presale (by Feb. 18), plus online fees; you receive 40 tasting tickets, with 1 ticket purchasing one beer tasting. Designated drivers pay only \$10. For more information, visit <http://arizonabeerweek.com>.

Chinese Week Culture & Cuisine Festival

Presented by the Phoenix Sister Cities Commission, this year's celebration honoring the Year of the Rooster is a series of cultural, social and educa-

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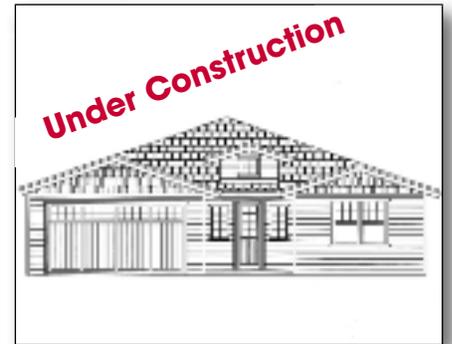
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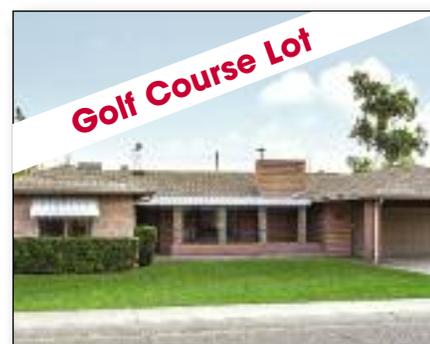
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COMMUNITY

tional events highlighting the diverse culture of China. It takes place Feb. 10-12 in the east end of Margaret T. Hance Park, 1202 N. 3rd St. Admission is free.

Enjoy continuous entertainment including the famous dragon and lion dances, martial arts demonstrations, folk and traditional dances, musical performances, Children's Pavilion activities, Chinese Culture and History Booth, and more. Shop at souvenir and arts and crafts booths, experience cultural performances, and taste authentic Chinese cuisines.

Admission is free. Hours are 9 a.m. to 3 p.m. Friday, 10 a.m. to 6 p.m. Saturday, and 10 a.m. to 6 p.m. Sunday. For a full schedule of events and activities, visit <http://phoenixchineseweek.org>.

Matsuri: A Festival of Japan

This event highlights Japanese culture with entertainment, authentic crafts, food and fine arts. It takes place Feb. 25-26 at Heritage & Science Park, 115 N. 5th St.

Visitors will enjoy martial arts demos, Taiko drums, Bonsai displays, entertainment on four stages, and audience participation in traditional Japanese folk dances. There also will be arts and crafts, games, and children's activities.

The Asahi Beer Garden will serve Asahi beer and three different premium sakes.

Admission to the festival is free. Festival hours are 10 a.m. to 5 p.m. both days. The beer garden opens at 11 a.m. Call 602-262-5029 or www.azmatsuri.org for additional details.

14th Annual Polish Festival

Delicious Polish cuisine and imported Polish beer will complement traditional folk dances, Polish music, and fun family activities at this festival set for Feb. 25-26 at Our Lady of Czestochowa Parish, 2828 W. Country Gables Drive.

There will be a souvenir boutique filled with a variety of traditional Polish jewelry, crafts, national ornaments, T-shirts, hats, and more. After you work

up an appetite browsing the craft booths, enjoy hot pierogis, grilled Polish sausages, potato pancakes, Polish crepes, stuffed cabbage rolls and more. All food and beverages can be purchased with tickets; you can buy tickets using all major debit and credit cards, as well as cash.

Admission and parking are free. Hours are 10 a.m.-9 p.m. Saturday and 10 a.m.-5 p.m. Sunday. For more information, call 480-442-9765 or visit: www.polishfestivalaz.org.

McDowell Mountain Music Festival

This 14th-annual eclectic music festival, set for noon-11 p.m. March 3-5 at Margaret T. Hance Park, 1202 N. 3rd St., features a unique mixture of musical acts including bluegrass, reggae, jazz and rock, as well as local band representation. There also will be food trucks, a Kid's Zone, vendor marketplace and beer garden. Tickets range from \$55 for a single day and \$95 for a three-day pass, to \$535 for a three-day, VIP pass. All of the proceeds are donated to the Phoenix Children's Hospital

Foundation and UMOM New Day Center. For more information, call 602-343-0453 or visit www.mmmf.net.

Melrose Street Fair

The 2017 Melrose on 7th Avenue Street Fair is a one-day event set for 11 a.m.-5 p.m. Saturday, March 4, that spans over a half-mile in the heart of Phoenix's Melrose District, from Indian School Road north to approximately Campbell Avenue.

It is a unique, local-focused, free event to the public, featuring more than 200 local and independent artisans, food from local food vendors, live music, a craft beer/margarita garden, and the ever-popular Chester's Classic Car Show, which welcomes more than 200 classic, antique and vintage cars, trucks and hotrods. Hosted by the Seventh Avenue Merchants Association.

For more information, including the schedule of entertainment, visit www.m7streetfair.com.

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New gallery opens at Heard Museum

“Beauty Speaks for Us,” an exhibition of more than 200 American Indian artworks, will be the inaugural exhibit in the Heard Museum’s new Virginia G. Piper Charitable Trust Grand Gallery, which opens Feb. 9. It is the first new gallery space to be opened at the museum in 11 years.

“Beauty Speaks for Us” will present works of American Indian art that span generations and cultures but share the transcendent quality of beauty. The exhibit will be open until April 2, and will showcase a wide variety of artistic media including pottery, textiles, jewelry, beadwork, functional art, paintings, basketry and carvings. The artwork is drawn from the Heard’s permanent collection as well as esteemed local collections including those of Nadine Basha, Carol Ann and Harvey Mackay, and Janis and Dennis Lyon. Many are being shown publicly for the first time.

Funding for the new 7,000-square-foot Grand Gallery at the Heard, 2301 N. Central Ave., was started by a \$1.25

million grant from the Virginia G. Piper Charitable Trust. Its opening culminates nearly eight months of reshaping, restructuring and modernizing two older gallery spaces. Featuring energy efficient technology and custom-designed casework, the gallery will further the Heard Museum’s ability to inspire and educate audiences about Native peoples and cultures.

A Feb. 9 evening gala will celebrate the opening of the exhibit and new gallery, and will feature complimentary champagne, live entertainment, appetizers and food stations. Tickets are \$100, available at: <http://heard.org/event/bespoke>, or call Rebecca Simpson at 602-251-0245.

Local woman leads study trip to Mexico

With an internationally recognized culture, Mexico remains one of the strongest and most enticing tourist destinations for Americans. Just ask North Central resident Virginia Ramos Foster, Ph.D., who is leading her annual Spanish Study Program in Cuernavaca,

Mexico in summer 2017.

The program takes place June 16-July 1 and is open to all students and members of the Phoenix Metro community. Alternative dates can be arranged.

Students study at the Universidad Internacional Center of Multicultural Studies, where they are totally immersed in the study of Spanish language and culture. Students are not only taught by Mexican university professors, they also live with pre-screened Mexican families.

“Living with a Mexican family is the ideal way to learn Spanish in the shortest time possible,” Foster points out. “The purpose of the program is to offer students the opportunity to achieve fluency in Spanish conversation and an understanding of Hispanic culture.”

Families with children are welcome on the trip, which also attracts Phoenix-area business people, doctors, educators and other professionals each year.

Students fly on their own to Mexico City and then take a bus to Cuernavaca. Costs vary. For more information, contact Foster at vrfvrf@gmail.com or 602-549-4327.

Book lovers take note: sale set for Feb. 11-12

The VNSA Used Book Sale will be held Feb. 11-12 at the Arizona State Fairgrounds, 1826 W. McDowell Road. More than a half-million gently used books, DVDs, CDs, computer games and puzzles will be available.

Proceeds benefit the Literacy Volunteers of Maricopa County, a non-profit that teaches adults how to read, write and speak English and prepare for the GED. The sale also benefits the Arizona Friends of Foster Children Foundation, which enriches the lives of children in foster care by funding activities, education and other needs.

Books start at only \$1 with everything half-price on Sunday except items in the rare and unusual category. Sale hours on Saturday are from 8 a.m. to 6 p.m., with Sunday hours from 8 a.m. to 4 p.m. The sale is located in the Fairgrounds Exhibit Hall.

There is free admission to the sale, but the Fairgrounds charges to park. For more information, call 602-265-6805 or visit www.vnsabooksale.org.



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This active and affectionate 2-year-old Alaskan Husky is ready to play with older kids and/or active pet parents (submitted photo).

Pet of the Month

Active husky is a natural athlete

The perfect day for Cinnamon needs only two ingredients: a ball and someone to throw it. The first one is easy and there's much hope for the second.

This 2-year-old Alaskan Husky is a natural athlete and with her spunk and stamina, she would be an excellent companion for someone who enjoys hiking the trails, camping, going for morning jogs or perhaps long evening strolls at sunset.

Given up simply because her owner was moving, Cinnamon is already housetrained, leash trained and she has a firm grip on all the basic commands including "sit," "down," and "shake." Cinnamon is the perfect family-oriented pet who adores showering kids with kisses. Her tail is always wagging when she meets new friends.

Cinnamon is available at the Arizona Humane Society's Sunnyslope Campus, located at 9226 N. 13th Ave. Her adoption fee is \$350. For more information call 602-997-7585 and ask for animal number A550042.

Cinnamon may have been adopted by the time you visit the shelter but there are many other pets just like her who need a forever home. See them all by visiting www.azhumane.org.

Get your female cat spayed before spring

"Kitten season" is just around the corner and that means animal shelters throughout the country are going to hit maximum capacity as litters of kittens enter shelters by the dozen each day.

To help reduce the number of home-

less cats born this spring, Altered Tails is offering a special "Beat the Heat" promotion sponsored by PetSmart Charities. During the entire month of February, Altered Tails' Barnhart Clinic, 950 W. Hatcher Road, will spay domesticated/owned female cats for a special rate of just \$20, which includes vaccines.

"Female cats can have as many as three litters a year, and kittens can breed as young as 4 months old," said Ellen Clark, Altered Tails executive director. "Most people don't want to see their cat get pregnant over and over again, so hopefully our 'Beat the Heat' campaign will serve as a gentle reminder to cat owners to sterilize their cats before they go into heat this year."

For more information or to schedule an appointment, call 602-943-7729 and mention "Beat the Heat." Subject to availability.

'Animal Cops' show comes to Phoenix

Animal Planet's internationally acclaimed "Animal Cops" TV series is headed to Arizona and features the life-saving work of the Arizona Humane Society (AHS), the state's largest non-profit animal welfare organization.

The 10-episode series is set to debut on Animal Planet on Sunday, Feb. 19 at 10 a.m. The series, which currently is airing overseas, will be broadcast in approximately 180 countries. The four-month production schedule began in April of 2016.

"Animal Cops Phoenix" follows the work of the Arizona Humane Society's animal cruelty investigators and Emergency Animal Medical Technicians as they rescue animals and assist local law enforcement on suspected cases of animal cruelty and abuse. This past year, AHS' field operations team responded to more than 11,000 animal rescues and cruelty investigations.

The field operations team is backed by AHS' Second Chance Animal Trauma Hospital™, the largest shelter-based trauma hospital in the Southwest, as well as a behavior team comprised of animal welfare specialists and a foster hero program of more than 600 foster families and individuals, and make an animal's journey to adoption possible.

AHS' various partners, including wildlife rescue organizations and local law enforcement, are also represented throughout the series.

"Animal Cops Phoenix" is set against

COMMUNITY

a backdrop of stunning mountains, dramatic desert, and a climate that can be punishing one day and paradise the next. Each episode highlights a behind-the-scenes look at the work of AHS, and the professionals who, although very different, are united by their love of animals and their desire to step in and change the course of an animal's life.

For the latest news on Animal Cops Phoenix or to view cast bios, visit www.azhumane.org/animalcops.

Have your dog's behavior approved

Does your canine friend have good manners at home as well as out in the community? Receive an AKC Canine Good Citizen Evaluation 8 a.m.-12 p.m. Sunday, Feb. 26, at the North Mountain Visitor Center, 12950 N. 7th St.

The Canine Good Citizen Program is a two-part program that stresses responsible pet ownership for owners and basic good manners for dogs. All dogs who pass the 10-step CGC test may receive a certificate from the American Kennel Club.

The certified evaluator will test your dog for this AKC recognized title and give you the paperwork to mail in to AKC on the same day.

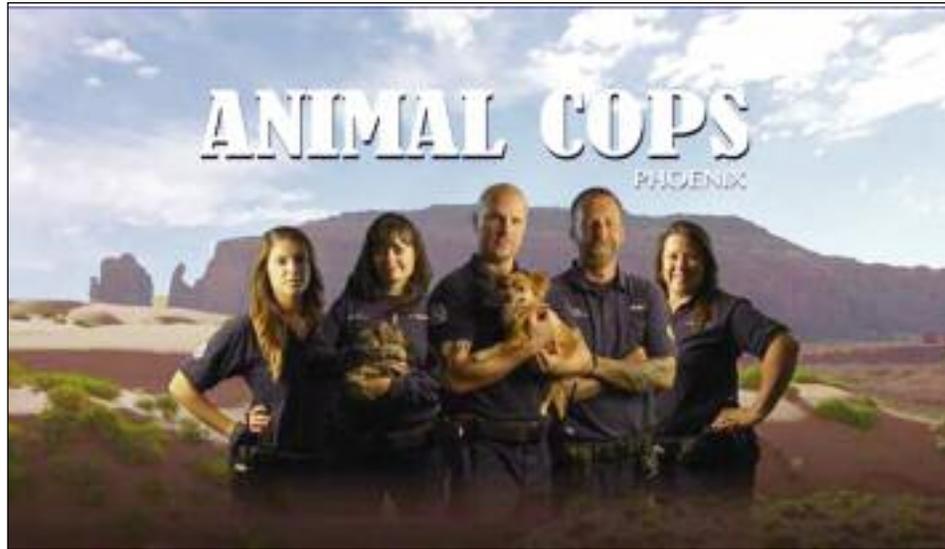
Reservations are available through Leslie Spencer-Snyder at 602-861-9256 or 602-679-1955. Only one dog is evaluated at a time so time slots are limited. Cost is \$20 per test per dog. Multiple dogs are welcome if properly supervised and handled. A portion of the proceeds from this event goes toward the operations costs of the North Mountain Visitor Center.

Deposit of \$10 is required before the event to reserve the spot.

HALO to no longer operate at MCACC

The Maricopa County Board of Supervisors voted unanimously last fall to not renew its contract with HALO Animal Rescue when it ends in April. This is part of a restructuring plan at Maricopa County Animal Care and Control, where HALO has helped save thousands of animals since 2013. HALO will continue to be a part of the Alliance for Companion Animals and New Hope Partners.

"Relationships with the New Hope partners are the key to rescuing as many animals as possible," said



Arizona Humane Society (AHS) animal cruelty investigators and cast members of Animal Planet's "Animal Cops Phoenix" include, from left: Kelley Mallon, Cynthia McGuire, Andy Gallo, Mark Smith and Ruthie Jesus (submitted photo).

Supervisor Denny Barney, District 1. "They connect animals to new owners while MCACC works to gather strays and provide vital veterinary services."

HALO Animal Rescue is one of the county's New Hope partners and has helped MCACC find homes for 27,000 shelter animals since coming to the West Shelter in January 2013. That partnership will continue. MCACC is prepared

to take over all shelter adoptions at the end of the current contract on April 30.

"Our tireless staff and volunteers have already been restructured to be more efficient," said Chairman Clint Hickman, District 4. "This is a time to embrace all of our rescue partners and continue our goal to increase adoptions."

The live release rate of animals was up to 84 percent in 2016, while the

number of animals entering the shelter continues to decline. The board credits MCACC spay and neuter education programs along with the strong relationships with rescue organizations for these improvements.

"We have added veterinarians, streamlined processes and turned our focus to customer service," said Supervisor Steve Gallardo, District 5. "MCACC has already increased its adoptions and I have every reason to believe that will continue."

In 2016, HALO Animal Rescue saved the lives of more than 8,100 dogs and cats, breaking its 2015 record by 76 animals. Through its three adoption centers in Phoenix and numerous adoption events around the Valley, HALO matched 8,064 homeless cats and dogs with pet lovers in Maricopa County and beyond. Thanks to creative partnerships with other animal rescue organizations, HALO found homes as far away as Idaho and Montana for another 90 dogs.

For more information, visit HALO online at halorescue.org or www.facebook.com/HALOResQ.

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COMMUNITY

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Kindergarten Roundup

6-7 p.m. Thursday, Feb. 2
All Madison Elem. Schools

Families will have the opportunity to tour the school of their interest, speak with administrators and receive information on enrollment for the 2017-2018 school year. Visit www.madisonaz.org/enroll-now/ for the locations of schools and more information about open enrollment (for students living outside the selected school or district boundaries) at Madison.

City Lights Movie Nights

6:30 p.m. Friday, Feb. 10
Patriot's Park
11 W. Washington St.

CityScape will be taken over by the overly confident Boov during a screening of Home by DreamWorks. In partnership with the Arizona State University School of Sustainability, 1MISSION and Downtown Phoenix

Inc., guests are invited to re-imagine your home and enjoy a number of sustainable-themed activities and a night of fun under the city lights. Arrive early to get a good spot; blankets and lawn chairs permitted. Visit <http://cityscapephoenix.com/events/>.

A Talk With A Notable TV Newswoman

6:30 p.m. Tuesday Feb. 21
Beatitudes Luther Life Center
1616 W. Glendale Ave.
602-992-8145

The Phoenix Branch of AAUW (The American Association of University Women) hosts Mary Jo West, who became Phoenix's first woman prime time TV anchor in 1976. She was also the first newswoman in Arizona to be inducted into the Arizona Broadcasters' Hall of Fame. West gives her time, talent, and knowledge to service on the Board of Trustees at the ASU Walter Cronkite School of Journalism and Mass Communication and to the Board of Trustees at Grand Canyon College. She will speak about "Up Close and Personal ... Surviving in the Land of TV News." The program will begin after an optional dinner at 5:30 p.m. (\$15). RSVP for the dinner to 602-992-8145 by noon on Feb. 17. Visitors are welcome.

BestCompaniesAZ Military Career Event

10 a.m.-1 p.m. Wednesday, Feb. 22
North Phoenix Baptist Church,
Conference Center
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The hiring and networking event is open to all military—active, retired, reservists—as well as their spouses and significant others. Attendance is free.

please see CALENDAR on page 18



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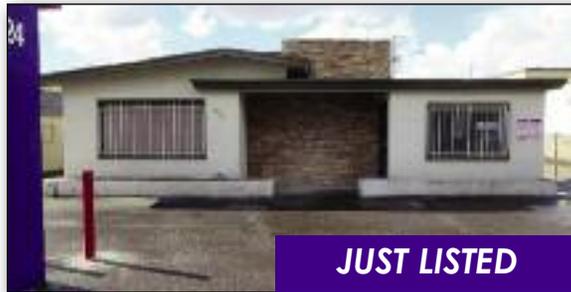


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COMMUNITY

CALENDAR *continued from page 18*

Specialists will be available to assist those with military backgrounds in translating their skill sets into resumes that easily can be understood by non-military recruiters. A full schedule of topics and resources is listed online at <http://career-connectors.org/event-schedule>. Advanced registration is required. Visit www.bestcompanies.az.com for the registration link, event details, hiring companies, open positions and on-site resources.

Joyce Ridge Memorial High Tea 12 p.m. Saturday, March 4 St. Stephen Byzantine Catholic Church 8141 N. 16th St.

The program will feature entertainment by ASU's A Capella group, Priority Male. Tea sandwiches, pastries, and tea will be served, and there will be a raffle for gift baskets. Lura Turner Homes provides residences and services for 30 adults with developmental and physical disabilities. All proceeds will be used to benefit the Lura Turner

Homes with programming, room and board, and transportation costs. Tickets are \$30 each. For information and ticket reservations, call 602-943-4789.

Enjoy First Friday while the kids play

Parents can enjoy a much-needed night out in the Phoenix Arts District or elsewhere on First Fridays in March and May with the Phoenix Center for the Arts' "Date Nite."

Children ages 6-12 will get a camp-like experience with Phoenix Center for the Arts, 1202 N. 3rd St., from 6-8:30 p.m. With one performing arts course, a visual arts course, and dinner, children will have the opportunity to explore their creative side and make new friends while parents enjoy First Friday's arts, food, and people watching in the nearby Roosevelt District.

All materials will be provided. Pizza will be served, but families can send their child with alternate food if pizza is not preferred or if there are allergy issues. Simply drop the kiddos off at 6 p.m. and get them signed in at the front desk. You can pay at time of drop-off, then come back at 8:30 p.m. to pick them up. Plan on your child staying for the duration of the program.

Cost is \$25 per child. For more information, call 602-254-3100 or visit www.facebook.com/events/345319072 516479.

Nominate a crossing guard for AAA award

AAA Arizona seeks nominations for its ninth annual Crossing Guard of the Year. Each winning school and guard will receive \$500. The deadline to submit nominations is Friday, March 10.

AAA encourages students, parents, school administrators, faculty, staff and community members to nominate candidates whom they believe deserve the Crossing Guard of the Year designation. Self-nominations also are accepted.

AAA's traffic safety experts will evaluate nominations to select finalists for the award based on dedication, friendliness, professionalism and safety.

The winner will be announced on Crossing Guard Appreciation Day, April 28. AAA Arizona also will award \$500 to the winning school in honor of its efforts to emphasize safety.

Nomination forms can be downloaded at: <https://goo.gl/68gNp3>.

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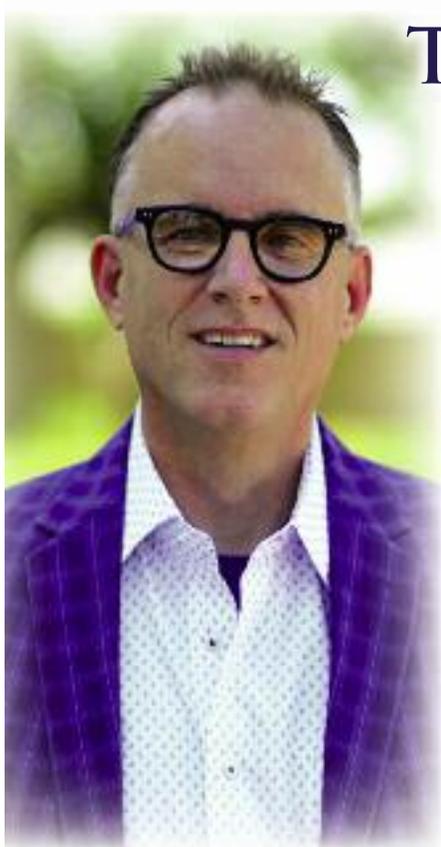


HAPPY HOUR WITH HERSCH

What makes a movie memorable? For me a movie needs to make me feel or think to be memorable. There have been numerous acclaimed films, such as Raging Bull, that for whatever reason have not resonated with me. I can appreciate their artistic value but they do not stay in my soul. With the Academy Award nominations being released in the next few days (based on when this is written), I thought I would share my personal top ten best picture winning movies of all time.

10. Ordinary People (1981)
9. On The Waterfront (1954)
8. Rain Man (1989)
7. Platoon (1987)
6. From Here to Eternity (1953)
5. No Country For Old Men (2008)
4. American Beauty (2000)
3. One Flew Over The Cuckoo's Nest (1976)
2. The Godfather (1973)
1. ?

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TRIVIA Contest

Trivia Contest: What is my favorite Academy Award winning Best Picture?

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Winner for Last Month: Julie Wentworth

Last Month's Answer: Short Leash Hot Dogs

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HOME & GARDEN

H & G Briefs

Sogetsu Ikebana class at downtown garden

Ikebana, the art of Japanese flower arrangement, is subtle, sensitive, sophisticated, and meditative. A Sogetsu Ikebana class, taught by instructor Ping Wei, takes place 10:30 a.m.-12 p.m. on Sunday, Feb. 12 at the Japanese Friendship Garden of Phoenix, 1125 N. 3rd Ave.

The growing appreciation of Japanese art and architecture in the West has extended to the Japanese way of flowers. Ikebana emphasizes space and lines. It celebrates simplicity. You will learn and enjoy Sogetsu Ikebana as a traditional and innovative way of expressing yourself.

Cost is \$30 per person, \$25 for Garden members. For more information or to register, call 602-274-8700 or visit www.japanesefriendshipgarden.org and click on "Cultural Programs" under the Events tab.

Pop-up nurseries offer tomatoes, fruit trees

Greg Peterson, owner of The Urban Farm, continues his pop-up nursery events this month with a focus on prepping your garden.

Visitors will learn about soil, seeds and fertilizer, and other tools to get your garden ready for spring, 9 a.m.-3 p.m. Feb. 17-18 and 24-25. These items also will be available for purchase during the event. In addition, any left-over deciduous fruit trees (apples, peaches, apricots, figs, etc.) will be available for purchase Feb. 17-18, and on Feb. 24-25 there will be information about how to successfully grow your tomato garden, with tomato plants available for purchase.

A special stand-alone class about building your own worm bin will take place at 1:30 p.m. Saturday, Feb. 11, at the pop-up nursery site, located at 4549 N. 7th St. Learn about the many benefits of worm castings for your fruit trees and gardens. In this workshop you will gain the skills to build your own bins at a fraction of the cost of the manufactured bins being sold online. Workshop participants will receive supplies for one complete worm bin, including a starter set of worms.

The fee for this workshop is 99 and covers two people. To register for the Worm Bin Workshop, visit <http://store.urbanfarm.org>.

Month-by-month gardening tips

Gardening in the desert southwest presents its own set of challenges and rewards. At the Desert Botanical Garden, you'll find expert staff, sound advice and the answers to all your desert landscaping questions with a one-stop resource designed to help and support you. And the best part is, you don't even have to leave your home.

The DBG offers month-by-month gardening tips and advice geared toward our unique climate and soil on its website at www.dbg.org. Here, you'll find everything you need from gardening and horticulture specialists who advise on what to plant and when, the best time to fertilize, watering tips, edible gardens, how to combat abrupt weather changes, and more. There also is a Frequently Asked Questions section and downloadable gardening guides.

Visit www.dbg.org and under the "Learn" tab at the top, select "Gardening." You also can call the DBG's plant hotline at 480-481-8120 Monday through Friday from 10 11:30 a.m. to get answers for your desert landscape questions, or send an e-mail to planthotline@dbg.org with questions.

Learn about plants used by Hohokam

Discover some of the edible and medicinal plants of the southwest on an abbreviated walk along the trail at Pueblo Grande Museum, 4619 E. Washington St. This program, set for 10-11 a.m. Friday, Feb. 10, is free with paid museum admission. Space is limited; sign up at the front desk to reserve your spot.

For more information, call 602-495-0901 or visit www.pueblogrande.com. The museum is located on the southeast corner of 44th and Washington streets.

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Gift bags offer a sweet surprise

To show those special people in your life how much sweeter it is with them in it, consider giving them a “Remember Me Honey” gift bag, available from SunTree Adult Day & School for Seniors, 4120 N. 20th St.

The bags, which include honey in a jar, honey soap, and a wooden honey dipper, are assembled by clients in SunTree’s adult day program. The campaign was first launched at the center in 2013, and was re-introduced in late 2016 because of one special center client.

Rebecca, who was originally from New Orleans, La., would tell center staff stories about her experiences with Hurricane Katrina, how she tried to help those affected by the super storm. She would also share stories about how she raised her grandson after her daughter passed away from cancer at the young age of 40.

The 80-something-year-old still had an itch to give back, and asked staff to help her find something purposeful to do.

“I wanted bring back this campaign so that Rebecca could feel like she was able to ‘work’ again,” explains Van Nguyen, SunTree program director. “And the truth was that we enjoyed being with her. We saw her strength and courage.”

Rebecca and other adult day clients would help tie purple ribbons onto the jars of honey, hole punch gift cards, and help keep track of orders. Purple is the official color of the Alzheimer’s awareness movement.

“In the years of working with our participants I have learned that many want to contribute and help, feel useful, work, do something for someone else,” Nguyen said. “The want to have a sense of belonging, a sense of purpose.”

In 2014, SunTree was able to present \$500 to the Desert Southwest Chapter of the Alzheimer’s Association. Since November 2016, more than 40 bags have been assembled and sold, bringing in more than \$2,000 in donations.

“While we were working hard on revisiting the campaign, Rebecca was diagnosed with late-stage pancreatic cancer and passed away on Nov. 16, 2016,” Nguyen said. “I found it necessary to work harder in her memory. And while



SunTree Adult Day & School for Seniors offers this “Remember Me Honey” gift bag for just \$10. Proceeds benefit the Desert Southwest Chapter of the Alzheimer’s Association and several other charities (submitted photo).

Rebecca is no longer here with us, her energy continues.”

Since the staff at SunTree treats its clients like family, it made sense to find a family-owned business to help with the “Remember Me Honey” bags.

The honey and soap comes from family-owned eBeeHoney.com in Ashland, Ohio. While showering your loved ones with a sweet surprise, the bags also are to raise awareness about Alzheimer’s, Parkinson’s, brain injury or chronic illnesses resulting in memory loss.

The bags are just \$10, and proceeds will be donated to the Alzheimer’s Association or a dementia-related or brain-injury related charity of your choice.

SunTree is open 7 a.m.-5 p.m. Monday through Friday and 8 a.m.-1 p.m. Saturdays. For more information about the campaign, visit www.remembermehoney.com. To pre-order a gift bag or for questions, call Van Nguyen at 602-441-4900.

Business Briefs

Buy a T-shirt, have a tree planted in U.S.

Fashion boutique Scout & Molly’s in the Uptown Plaza encourages customers to give to a cause they love. The women’s

please see T-SHIRT on page 24



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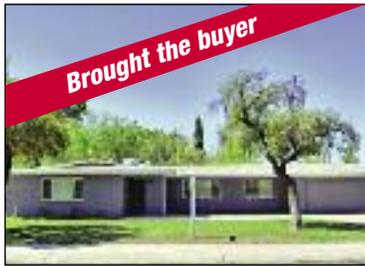
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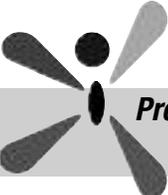


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- Green Building 101 - May 4, 10-1, Arcadia
- Selling Solar - June 1, 1-4 pm, Arcadia
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- Speaking GREEN - July 8, 9-12, Tempe

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TAKING CARE OF BUSINESS

T-SHIRT continued from page 22

apparel store loves partnering with designers that gives back to the community. Amour Vert pledges that with every purchase of an Amour Vert T-shirt, a tree will be planted in North America. In fact, Amour Vert has already planted more than 100,000 trees.

“Amour Vert means ‘green love’ in French, but it also means American manufacturing, non-toxic dyes, sustainable fabrics, a zero-waste philosophy,” says Scout & Molly’s franchise owner, Linda Michaels. “These are all things we support.”

Scout & Molly’s, based in Raleigh, NC, launched in 2002. The Uptown Plaza location opened in October 2016 at 100 E. Camelback Road, Ste. 120. The women’s apparel store offers upscale designer women’s clothing as well as original chic designs.

Hours are 10 a.m.-7 p.m. Monday through Friday, 10 a.m.-6 p.m. Saturdays and 11 a.m.-4 p.m. Sundays. For additional information, visit <http://uptown.scoutandmollys.com> or call 602-274-1560.

Sunny Plumber aids FSL with 10 grants

The Sunny Plumber is donating \$100,000 to Phoenix’s Foundation for Senior Living (FSL) in support of local senior home safety and improvement efforts.

Ten grants, in the amount of \$10,000 each, will be given monthly through September 2017. The purpose is to help FSL service seniors in the community by providing essential repairs to their homes.

“As we experience our own parents aging, we became more aware of the need many seniors, who live on limited fixed incomes, have to fix severe problems in their homes” said Gary Eisenhower, general manager at The Sunny Plumber. “We are grateful there are organizations like FSL who will manage donations and repairs for seniors who are living in hazardous environments.”

FSL supports qualifying seniors whose homes are in need of repairs and renovations. FSL manages the full cycle repair to include funding, contracting, and permitting. These improvements enable seniors to continue to live safely and with dignity in their homes.

The first donation from The Sunny Plumber took place Dec. 5, and has

been put to use laying a new pipe and water meter for an FSL client. For more information, visit www.fslhomeimprovements.org.

How vehicle technology impacts city planning

Vehicle technology’s impact on community planning and development will be the topic at the Arizona Association for Economic Development’s (AAED) February luncheon, set for 11:30 a.m.-1:15 p.m. on Feb. 14 at the Phoenix Country Club, 2901 N. 7th St.

Eric Anderson, transportation director for Maricopa Association of Governments; Stephen Conschafter, AICP, LEED AP, urban designer and planner for SmithGroupJJR; and Phil Raher, general manager for Local Motors, will be the speakers.

The cost of the luncheon is \$40 for AAED members and guests, \$55 for non-members and \$60 for late registrants. To register, visit www.aaed.com/event/feb14. Registration deadline is Thursday, Feb. 9 by noon. For more information, call AAED at 602-240-AAED (2233), or visit www.aaed.com.

Wedding and event planner wins award

North Central business owner Dionne Washington of Dionne Event Planning & Design was selected as a winner in The Knot Best of Weddings, an award representing the highest-rated wedding professionals as reviewed by real couples, their families and wedding guests on The Knot, the leading wedding brand and marketplace.

Dionne Event Planning and Design, 221 E. Indianola Ave., was one of eight winners in the Best of Wedding Planners category. In 2017, only 2 percent of the 300,000 local wedding professionals listed on TheKnot.com have received this distinguished accolade.

The Knot Best of Weddings is an annual by-couples, for-couples guide to the top wedding professionals across the country. To determine the winners, The Knot assessed more than 1 million reviews across the various vendor categories—venues, musicians, florists, photographers, caterers and more.

For more information about Dionne Event Planning & Design, visit www.dionneeventproductions.com or call 602-317-9554.

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3920 E. Mountain View Rd.	JUST LISTED	.6039 SF	.7BR/6.5BA	\$1,890,000
5045 N. 22nd St.6359 SF	.5BR/5.5BA	\$1,700,000
7026 N. 23rd Pl.3376 SF	.3BR/3.5BA	\$1,125,000
130 E. Glendale Ave.	IN ESCROW	.4009 SF	.4BR/3.5BA	\$ 899,950
321 E. Montebello Ave.	JUST LISTED	.4524 SF	.5BR/3.5BA	\$ 899,000
1819 E. Palmaria Ave.	NEW CONSTRUCTION	.3415 SF	.4BR/3.5BA	\$ 829,900
6030 N. 5th Ave.	NEW PRICE	.3737 SF	.4BR/3.5BA	\$ 785,000
5845 N. 2nd Ave.2871 SF	.4BR/3BA	\$ 749,500
1629 E. Montebello Ave.	NEW CONSTRUCTION	.3033 SF	.4BR/3.5BA	\$ 749,000
1823 E. Palmaria Ave.	IN ESCROW	.2970 SF	.4BR/3.5BA	\$ 739,000
735 W. Las Palmaritas4061 SF	.4BR/3.5BA	\$ 725,000
6837 N. 23rd Pl.	NEW PRICE	.3153 SF	.3BR/3BA	\$ 649,900
1020 E. Maryland Ave.		Lot		\$ 675,000
6010 N. 5th Ave.	IN ESCROW	.3300 SF	.5BR/3BA	\$ 650,000
4 W. Frier Dr.		Lot		\$ 625,000
7747 N. 13th Pl.	NEW PRICE	.4130 SF	.4BR/3.5BA	\$ 624,750
15815 E. Burro Dr.	IN ESCROW	.4346 SF	.5BR/3.5BA	\$ 619,900
316 W. Glendale Ave.	NEW PRICE	.3721 SF	.5BR/3.5BA	\$ 525,000
1232 E. Oregon Ave.	NEW PRICE	.2551 SF	.4BR/3BA	\$ 499,900
1110 W. Orangewood Ave.	NEW PRICE	.2440 SF	.3BR/2BA	\$ 459,000
7623 N. 7th Pl.	IN ESCROW	.2474 SF	.4BR/2.75BA	\$ 460,000
642 W. Linger Ln.3186 SF	.7BR/4BA	\$ 459,000
1135 E Lawrence Rd.	IN ESCROW	.2118SF	.4BR/2BA	\$ 439,000
101 W. Southern Hills Rd.2709 SF	.4BR/3BA	\$ 410,000
504 E. Flynn Ln.	IN ESCROW	.1904 SF	.4BR/2BA	\$ 399,000
1302 W. Keim Dr.	IN ESCROW	.2325 SF	.3BR/3BA	\$ 369,000
7118 N. 11th Dr.	IN ESCROW	.2330 SF	.3BR/2.5BA	\$ 339,000
9007 N. 14th Dr.	IN ESCROW	.2332 SF	.4BR/3BA	\$ 327,500
7349 N. 11th Pl.	IN ESCROW	.1972 SF	.3BR/2BA	\$ 325,000
805. E Boca Raton Rd.	IN ESCROW	.1932 SF	.3BR/2.5BA	\$ 289,900
714 E. Boca Raton Rd.	NEW CONSTRUCTION	.1784 SF	.3BR/2.5BA	\$ 289,900
710 E. Boca Raton Rd.	NEW CONSTRUCTION	.1640 SF	.3BR/2.5BA	\$ 276,900
7231 N. 6th Way1450 SF	.2BR/2BA	\$ 250,000
1124 E. Rose Ln.	IN ESCROW	.1959 SF	.3BR/2.5BA	\$ 250,000
5350 N. Central Ave. #34	NEW PRICE	.2540 SF	.2BR/2BA	\$ 246,000
6509 N. 10th Pl.	IN ESCROW	.1883 SF	.3BR/2.5BA	\$ 245,000
1320 E. Coolidge St.	IN ESCROW	.920 SF	.2BR/1BA	\$ 187,500
1880 E. Morten Ave. #137	IN ESCROW	.704 SF	.1BR/1BA	\$ 99,500

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Featured Homes for February



735 W. Las Palmaritas ■ \$725,000



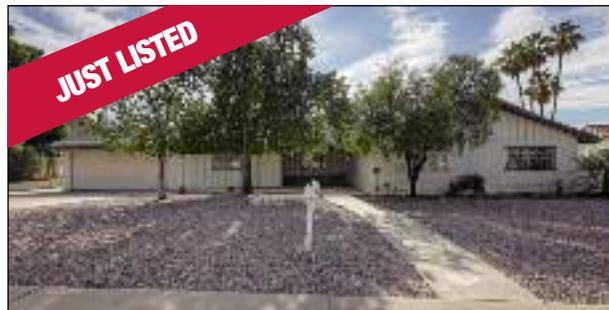
7747 N 13th Pl. ■ \$624,750



316 W. Glendale Ave. ■ \$525,000



1232 E Oregon Ave. ■ \$499,900



2027 E. Glendale Ave. ■ \$369,000



1302 W. Keim ■ \$369,000



7349 N. 11th Pl. ■ \$325,000



5350 N Central Ave. #34 ■ \$246,000



7231 N. 6th Way ■ \$239,900

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SOLD Homes for 2016 and 2017

2016	1811 E. Palmar Ave. \$ 829,000	1518 W. Orangewood Ave. \$ 582,000	7234 N. 11th Ave. \$ 450,000	5301 N. 6th St. \$ 375,000	4220 N. 19th St. \$ 275,000	10301 N. 70th St. #109 \$ 167,000
325 E. Ocotillo Rd. \$ 1,900,000	5718 N. 24th St. \$ 795,000	600 W. Las Palmaritas \$ 568,000	3103 E. Hazelwood St. \$ 445,000	1020 E. Georgia Ave. \$ 375,000	701 E. Belmont Ave. \$ 270,000	50 E. Northern Ave. #1046 \$ 145,000
6019 N. 20th St. \$ 1,875,000	5315 N 2nd St. \$ 791,555	1911 E. Claremont St. \$ 565,000	2607 N. Walker Way \$ 434,330	14621 N. 27th Pl. \$ 365,400	1026 E. Wagon Wheel Ave. \$ 256,000	10420 N. 10th St #2 \$ 144,000
6050 N. Paradise View Dr. \$ 1,875,000	7539 N. 21st Pl. \$ 787,500	22608 N. 39th Run \$ 565,000	9026 N. 16th St. \$ 431,000	14621 N. 27th Pl. \$ 356,400	1020 E. Georgia Ave. \$ 254,000	750 E Northern Ave. #1093 \$ 142,000
130 E. Missouri Ave. \$ 1,800,000	5319 N. 2nd St. \$ 782,236	27 E. San Miguel Ave. \$ 558,000	907 W. Augusta Ave. \$ 430,000	1307 W. Rose Ln. \$ 350,000	1613 W. Verde Ln. \$ 252,500	2623 W. Pershing Ave. \$ 140,000
9202 N. 52nd St. \$ 1,850,000	5310 N. 2nd St. \$ 768,871	2737 E. Az Biltmore #30 \$ 545,000	7319 N. 6th Pl. \$ 423,000	1640 E. Aurelius Ave. \$ 350,000	739 E. Orangewood Ave. \$ 250,000	312 W. Maryland Ave. \$ 97,500
5120 N. 22nd St. \$ 1,340,000	5311 N. 2nd St. \$ 767,382	131 W. San Juan \$ 525,000	2615 N. Walker Way \$ 415,000	902 E. Rovey Ave. \$ 350,000	7 E. Muriel Ave. \$ 248,000	
1316 W. Myrtle Ave. \$ 975,000	15223 N. 12th St. \$ 750,000	7627 N. 11th Ave. \$ 520,000	1002 W. Wagon Wheel Dr. \$ 401,000	5402 E. Pinchot Ave. \$ 349,000	3601 E. Bloomfield Rd. \$ 235,000	2017
5323 N. 2nd St. \$ 922,868	5741 N 4th St. \$ 725,000	7148 N. 13th Pl. \$ 516,000	3107 N. 32nd Way \$ 400,000	77 E Missouri Ave. #16 \$ 325,000	6520 N. 10th Pl. \$ 230,000	8634 N. 52nd St. \$1,675,000
5706 N. Central Ave. \$ 907,500	209 E. Myrtle Ave. \$ 680,000	8 E. Orangewood Ave. \$ 515,000	225 E. Oregon Ave. \$ 399,000	1219 W. Rovey Ave. \$ 320,000	6518 N. 10th Pl. \$ 226,000	5645 E. Exeter Blvd. \$1,575,000
123 W. Frier Dr. \$ 907,000	550 W. Las Palmaritas \$ 675,000	4613 N. 31st St. \$ 495,000	33 E. Butler Dr. \$ 397,000	1613 E. Sierra Vista \$ 320,000	3312 N. Randolph Rd. \$ 214,000	512 E. Tuckey Ln. \$1,037,000
5322 N. 2nd St. \$ 860,874	1104 W. El Camino Dr \$ 660,000	1011 W. Palo Verde Dr. \$ 495,000	2647 N. Walker Way \$ 393,558	5729 N. 13th St. \$ 309,000	9437 N. 5th Ave. \$ 189,000	6608 N. 13th St* \$ 325,000
5314 N. 2nd St. \$ 857,334	7627 N. 11th Ave. \$ 650,000	5810 N. 25th Pl. \$ 485,000	2611 N. Walker Way \$ 390,000	8449 N. 1st Dr. \$ 305,000	3010 E. Corrine Dr. \$ 182,500	
10 W. Vista Ave. \$ 850,000	105 E. Lamar Rd. \$ 650,000	1717 E. Earll Dr. \$ 462,000	3104 N. 32nd Way \$ 388,124	2891 E. San Tan \$ 299,000	1715 E. Turney Ave. \$ 185,000	
2509 E. Montebello Ave. \$ 850,000	5301 N. 6th St. \$ 650,000	521 W. Las Palmaritas \$ 455,000	2623 N. Walker Way \$ 385,748	125 E Echo Ln. \$ 275,000	6527 N. 10th Pl. \$ 175,000	
5318 N. 2nd St. \$ 840,720	6524 N. 4th St. \$ 635,000	14 E. Laurie Ln. \$ 450,000	2627 N. Walker Way \$ 375,285	6155 N. 18th Ave. \$ 275,000	10427 W. Puget Ave. \$ 173,800	

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HEALTHY LIVING

AZ Heart Hospital readies to wear red

Abrazo Arizona Heart Hospital will host Go Red for Women, a free community event to raise awareness about women and heart disease, on Friday, Feb. 3.

Go Red for Women raises awareness that one in three women die of heart disease and stroke each year, said Cindy Roberts, a registered nurse who is organizing the Go Red event at the hospital, 1930 E. Thomas Road.

“Most cardiac events can be prevented with education and lifestyle changes,” Roberts said. “We encourage everyone to wear red, raise their voices, know their cardiovascular risk and take action to live longer, healthier lives.”

An estimated 44 million women nationwide are affected by cardiovascular diseases, and 90 percent of women have one or more risk factors for heart disease or stroke, according to the American Heart Association.

“When it comes to beating heart



Staff members at Abrazo Arizona Heart Hospital will don red shirts on Feb. 3 in support of National Wear Red Day, which helps bring awareness to women’s risk factors for heart attack and stroke (submitted photo).

disease and stroke, change can be a cure,” Roberts said.

Activities will take place from 7-11 a.m. in the front lobby of the hospital, and visitors are encouraged to wear red. Among the highlights will be:

- Free blood pressure and blood
- Healthcare professionals on hand

sugar screenings along with body mass index (BMI) checks. Cholesterol screenings also will be available to the first 100 people. For glucose, please fast for six to eight hours prior to this test for accurate results.

to answer questions. A physician and nurse practitioner will be available for consultation.

- Stroke, heart disease, diabetes and other educational materials.
- Continuous CPR demonstrations.

In addition, heart-healthy meals will be available for purchase in the cafeteria from 7-9 a.m. and 11 a.m. to 2 p.m. Cost is \$6 per person but people wearing red or an American Heart Association Red Dress pin will get a 20-percent discount.

For more information about Abrazo’s heart-health events, go to www.AbrazoHealth.com. For more information about Go Red for Women, visit www.GoRedForWomen.org/WearRedDay.

Health Briefs

The gift of wellness through acupuncture

If you are looking for something different to give your loved one this Valentine’s Day, consider giving the gift of wellness.

Patricia Martin, a licensed acupuncturist with more than 20 years of experience, provides her clients with professional attention for all their health needs, and helps them understand how they can actively participate in their own “Road to Wellness.”

Martin’s Abode of Acupuncture operates out of North Mountain Cardio, 13825 N. 7th St., Suites 7&8. She uses a light touch with the tiniest of needles in her treatments.

Acupuncture has been successful in helping with issues such as stress reduction, post-surgical recovery, chronic fatigue, insomnia and depression. It also can help with physical ailments such as high blood pressure, indigestion, gastric reflux, diabetes, allergies, sinus infections, menopause, arthritis, back pain, bursitis, sciatica and more.

Martin is a 1994 graduate of the Florida School of Acupuncture. After becoming licensed, Martin spent a half-year in Asia where she trained and worked in hospitals in Shanghai and Wuhan, Peoples Republic of China, and Medan, Sumatra. She is a former board member of the Arizona Acupuncture Board of Examiners.

She is available Tuesdays at the

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Improve your immune system, move your DNA

Learn about the immune system and participate in various activities to boost your immune health during the Winter Immune Boost Retreat, 10 a.m.-2:30 p.m. Saturday, Feb. 11 at Kinesphere Center for Movement Education.

The retreat begins with skin scrubbing to help eliminate toxins from the body, followed by a whole-body movement session. After a catered lunch, explore the benefits of probiotics and making fermented foods, then finish the day with some immune-boosting acupressure and yoga nidra. Cost is \$115 for the full retreat, \$75 for the sessions after lunch.

Lisa Thorngren shows you how to “Move Your DNA,” 8a.m.-5 p.m. March 4-5. This two-day intensive is designed to give you hands-on experience with all of the exercises taught in the book Move Your DNA by biomechanist Katy Bowman. This is a fantastic opportunity for anyone interested in improving their health through practicing these correctives. Space is limited to 10 students. Reading “Move Your DNA” is a prerequisite for this course. Cost is \$179.

Kinesphere Center for Movement Education is located at 711 E. Missouri Ave., Suite 180. Call 602-532-3111 or e-mail info@kinesphere-studio.com for more information or to RSVP.

How to manage your congestive heart failure

A free program titled, “The Value of cardiac Rehab in the Care and Management of Congestive Heart Failure,” will take place 4:30-6:30 p.m. Monday, Feb. 27 in Rooms 1A/B at the Cowden Center, 9202 N. 2nd St., on the campus of the John C. Lincoln Medical Center.

The management of congestive heart failure (CHF) is one the most complex treatment plans that patients are taxed with. Cardiac rehab, in conjunction with medical management, proper diet, and other supportive therapies, have shown to improve the overall health, wellness, and quality of life in patients diagnosed with CHF.

In this session, information about the benefit of cardiac rehab in the CHF care continuum, as well as insight on current innovative therapies that are available in the care and treatment of CHF, will be presented. Cardiologist Mayurkumar Bhakta, M.D., will offer expertise in the medical and therapeutic management arenas of CHF, while incorporating the value of cardiac rehab into a patient’s care plan.

There will be a Q & A after the presentation, as well as designated stations for education and screening for CHF risk factors. To RSVP, call 623-580-5800 or visit www.honorhealth.com/events.

Get certified in CPR on Feb. 13

HonorHealth offers a course is CPR 1:30-6 p.m. Monday, Feb. 13 in the Brady Conference Center located on the ground floor of the John C. Lincoln Medical Center Campus, 250 E. Dunlap Ave.

The course is designed to help people recognize several life-threatening *please see CPR on page 30*



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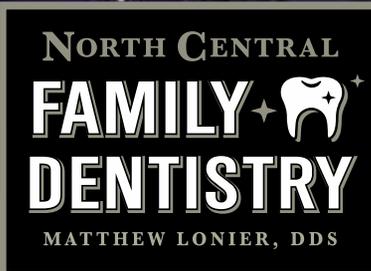
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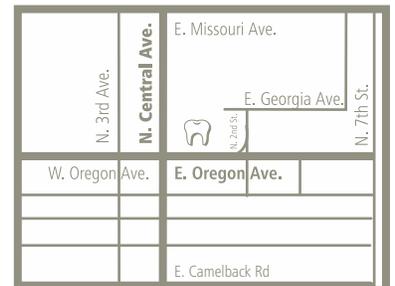


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HEALTHY LIVING

CPR continued from page 29

emergencies, provide CPR, and relieve choking in a safe, timely and effective manner. Cost is \$40.

Check-in starts at 12:30 pm. Class begins promptly at 1:30 p.m.; participants will not be allowed to enter the class after 1:40 p.m. All participants will receive an AHA textbook.

Registration is required. Call 480-323-3936 or visit www.honorhealth.com/events.

Learn how to cope with hearing loss

Do you or someone you know struggle with hearing loss or ringing in the ears? HonorHealth offers a free program, "Listen Up! Hearing Loss and Tinnitus," 2-3 p.m. Wednesday, Feb. 22 in Barb's Conference Room at the Cowden Center, 9202 N. 2nd St.

Learn communication strategies, medical aspects of hearing loss and tinnitus. You also will learn about adjustment, coping tips and what to consider before purchasing hearing aids during this informative presentation by

HonorHealth Audiologist, Kristin Wells.

Registration is required. Call 623-580-5800 or visit www.honorhealth.com/events.

Support groups for family, friends of addicts

Family members and friends of addicted individuals can find support through support groups in the North Central Phoenix community.

Nar-Anon Family Support Group meets 7 p.m. Wednesdays at Orangewood Presbyterian Church, 7321 N. 10th St. Another group meets 6 p.m. Fridays at the Calvary Addiction Recovery Center, 720 E. Montebello Ave. The program, which is not a religious one but a spiritual way of life, is based on the Twelve Steps of Nar-Anon. For more information, visit www.nar-anon.org.

Families Anonymous meets 7 p.m. Mondays at First Methodist Church, 5510 N. Central Ave. It is a 12-step fellowship program for family and friends of those individuals with drug, alcohol or related behavioral issues. For more information, visit www.familiesanonymous.org or call 602-647-5800.

New clinic, pharmacy opens near Metrocenter

Southwest Behavioral & Health Services (SB&H) celebrated the opening of its new Metro Outpatient Clinic as well as its partnership with Genoa, at a ribbon cutting and open house on Dec. 7. The partnership with Genoa brings a full-service, on-site pharmacy to the new Metro Outpatient Clinic, 11221 N. 28th Drive.

"Having an experienced, easily accessible and high-quality pharmacy is a much-needed resource for the clients and families we serve," said Dr. Shar Najafi, vice president of Outpatient Services for SB&H.

SB&H currently has 14 outpatient clinics throughout five Arizona counties that serve approximately 1,600 clients. By opening this newest outpatient clinic, SB&H is able to ensure its services are accessible to individuals in central Phoenix.

SB&H provides an array of behavioral and physical health services to all age groups, extending from birth to 5, transition-age youth, adults, and geriatric population. For more information, visit www.sbhservices.org.

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SCHOOL DAYS



The Phoenix Union High School District honored 54 former athletes and coaches during its second-annual Sports Hall of Fame Induction Ceremony and Dinner on Dec. 20 at Talking Stick Arena (photo by Joseph Haley).

PUHSD recognizes former student athletes

Phoenix Union High School District held its second-annual Sports Hall of Fame induction ceremony and dinner on Dec. 20 at Talking Stick Arena, honoring coaches, athletes and teams from 1950-1969. This year's event also featured eight special inductees, such as legendary baseball coaches Jim Brock and Martin "Pug" Marich.

Among the 54 inductees were 13 coaches and 34 athletes and a few who both played and coached at PUHSD schools. The program also recognized 70 state championship teams.

This year's list included four Olympians: North's Dallas Long, gold medal shot putter, 1960; Central's Winn Young, bronze medal in diving, 1968; Central's Marylyn Ramenofsky, swimming, silver medal, 1964; and Central's Lois Drinkwater, Arizona's first female Olympic runner, 1968.

Special inductee Jim Brock played and coached at North long before his Mesa Community College and ASU coaching careers. Martin "Pug" Marich earned fame as Phoenix College's baseball coach, but he began his career at Phoenix Union in 1947, and became the first football and baseball coach at Central High School in 1957.

Other notable names include Central tennis coach Dave Silcox; Alhambra baseball coach Ron Scott; PUHSD athlete and athletic director

Moody Jackson; Central basketball player and Valley philanthropist Jimmy Walker; and Alhambra football player Boyd Epley, who is considered the "founder" of strength and conditioning coaching while at Nebraska.

Also in attendance were South Mountain's Larry Willis, track star and NFL player; North's Chuck LaBenz, the first sub 4-minute miler for ASU, North's Jim Brewer, a pole vaulter who held the high school record for nine years; North basketball player Dr. Dennis Dairman, who went on to star at ASU in the sixties; Marv Nevins, who coached at Alhambra for 44 years; and Alhambra football player Steve Matlock, who was accompanied by former Dallas Cowboys quarterback Danny White.

The inaugural event last year honored 44 inductees from as far back as 1913, as well as some "modern era" coaches from 1950-present.

"We had such a terrific response from the sports community after last year's event, and we had another star-studded lineup for this year," said Zachary Muñoz, Phoenix Union athletic director. "Phoenix Union has had such a rich and successful tradition of championship teams, players and coaches, that we are still playing catch-up."

As a commitment to the legacy of athletic excellence in Phoenix Union, a Male and Female Athlete of the Year scholarship was established by the *please see HALL OF FAME on page 32*



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CREIGHTON SCHOOL DISTRICT – EDUCATING CHILDREN SINCE 1884

SCHOOL DAYS

HALL OF FAME continued from page 31

PUHSD Sports Hall of Fame. Aldo Fernandez, Alhambra baseball, and Najiyah Pack, South Mountain girls basketball, were the first Hall of Fame Scholarship recipients. Both led their teams to state championships last year.

For more information, visit the Phoenix Union Foundation for Education at www.foundation4education.org. Refer to the Central High Alumni Facebook page to comment or message to nominate a former PUHSD outstanding athlete for next year.

Scholarship open to all areas of study

For parents with kids heading off to university in the fall, or students already enrolled, Precision Air & Heating is now accepting applications for its new annual \$1,000 scholarship. The award is open to students enrolled full-time in an accredited college or university. Applications for the scholarship are being taken now through April

30, 2017.

The Precision Air & Heating Academic Scholarship is open to students from all areas of academic study, but the company is especially encouraging students interested in a career in any area of business to submit an essay. It is available to undergraduate and graduate students.

To submit an entry, applicants are asked to write a 500-800 word essay on the following topic: "What do you believe are some of the most important advancements in how small businesses can thrive and survive in a competitive landscape against the larger corporations?"

Entries should be emailed to scholarships@602fixmyac.com; use subject line "Scholarship Submission." Applications must also include your name, address, e-mail address and phone number. Attach the essay as a Microsoft Word document or PDF, and include recent school transcript and proof of enrollment.

Applicants must be enrolled at an accredited college or university. This includes two-year colleges and community colleges. Full details about the Precision Air & Heating Scholarship are available online at <https://www.precisionairandheating.com/scholarships>.

School Briefs

GLENDALE UNION HIGH SCHOOL DISTRICT Sunnyslope scores on rankings lists

Sunnyslope High School has been honored by *Newsweek Magazine* in its annual "Beating the Odds List." This list seeks to identify schools that do an excellent job of preparing their students for college while also overcoming obstacles present in today's high schools.

Sunnyslope came in as ranked number 57 nationally on the list of top 500 "Beating the Odds" Schools. *Newsweek* used criteria such as number of students taking the SAT and ACT tests, average SAT and ACT scores, percentage of students taking at least one advanced placement course, dual enrollment courses, graduation rates, college enrollment rates, and more.

Newsweek Magazine, in a separate ranking, named Sunnyslope High School in its top 500 high schools in



MADISON
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Child Find Notice

It is the Madison School District's responsibility to inform the general public and all parents within our boundaries of our responsibility to make available special education services for students with disabilities aged 3 through 15 years and how to access those services. In addition we have a responsibility to provide information regarding early intervention services for children birth through 2 years.

We are responsible for identifying, locating, and evaluating all children with disabilities including children aged 3 through 15 and for referring children from birth through 2 years of age to Arizona Early Intervention Program (AzEIP) for evaluation and appropriate services.

We are also responsible for providing a free and appropriate public education (FAPE), which includes special education and related services to children with disabilities at public expense, under public supervision and direction without charge to the parents.

For all new students to the district, the classroom teacher will complete screening activities within 45 days of enrollment. The teacher will look at the child's ability in the areas of academics, vision, hearing, communication, social/emotional, and motor skills.

If any concerns are noted, the child may be referred for additional help.

Children birth through 2 years of age who are receiving early intervention services and will be participating in preschool programs for children with disabilities will be assured of a smooth transition into that program.

If you have any concerns about a child you know, please contact Madison School District's Special Education Department at (602) 664-7927 or the school in which those boundaries you reside.

SCHOOL DAYS



Madison Park Middle School teacher Jason Brusco recently was recognized with a STEM mini-grant for his 3D printing from recycled plastic bottles project (submitted photo).

excelling in preparing students for college. Sunnyslope High School was one of eight Valley high schools that made the top 500 list. SHS came in at number 282 in the nation.

Teacher Michelle Lindsey recently received a national art award for her development of art programs and learning from the National Art Education Association (NAEA).

please see TEACHERS on page 34

**MADISON ELEMENTARY SCHOOL DISTRICT
Madison teachers are highlighted**

Three teachers from Madison schools recently were recognized for their outstanding work.

Madison Park Middle School teacher Jason Brusco will receive a \$2,500 Science Grant thanks to Arizona Public Service (APS) and Phoenix Suns Charities STEM Mini-Grant program. Brusco, who is the school's Action Lab Engineering instructor, was recognized for his 3D printing from recycled plastic bottles project.

Madison Camelview Elementary Principal Hilary O'Brien was announced a Rodel Exemplary Principal Semi-Finalist out of 1,861 principals in the state. Her leadership was distinguished by her accomplishment of significantly improving student learning in a high-needs school and cultivating a culture of high expectations throughout her school community.



Hilary O'Brien

Madison No. 1 Middle School's Art

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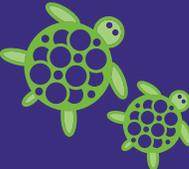
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SCHOOL DAYS

TEACHERS continued from page 33

Lindsay received the Marion Quinn Dix Leadership Award for her development of specific programs, goals and activities contributing to the Art Teaching Profession. The award is presented in honor of NAEA's third president, Marion Quinn Dix, in recognition of her pioneer work in the development of NAEA as a national professional organization.

"While each of our schools has signature programs, all Madison Schools provide a top-tier education through the dedication of our award-winning faculty and daily efforts of students and parents," said Madison Elementary School District Superintendent Quinn Kellis. "I commend each of these stand-out teachers for their hard work to earn these awards and I am proud they are part of the Madison Elementary Schools District."

Student honored for ELL success story

Madison Camelview Elementary student Gyselle Lopez Flores was select-

ed as an Honorable Mention Arizona ELL Student Success Story for the 2016 OELAS Conference (Office of English Language Acquisition Services unit of the Arizona Department of Education). She was chosen from hundreds of local student submissions for her dedication to English language acquisition, academics, and personal growth.

"Gyselle is a wonderful student and shows great promise in her future," said Melissa Brammer, Gyselle's kindergarten teacher at Camelview. "She works hard in class and has made significant growth in English in just one year. She is gaining more confidence each day. It is very exciting to see the 'spark' come on when she is making a connection to something new."

OSBORN ELEMENTARY SCHOOL DISTRICT

OMS students picked for Honors Band

Seventeen Osborn Middle School students have been selected for the

2017-2018 Phoenix Union Honors Band. Students sent in six recordings judged by local experts on those particular instruments. Of the 237 kids that auditioned, only 103 were accepted.

The number of Osborn students accepted in to this program has gradually increased from 7 the first year to 17 this year. Osborn students will make up 17 percent of the 2017-2018 Honors Band.

Selected students include: Ana Parra, Isabel Saiz and Kaylin Stevens—flute; Sophia Page, Mark Ugalde, Aureliana Foster and Kyley Jones—clarinet; Masaran Keita, tenor sax; Sebastian Meneses, baritone sax; Quincy Robert and Xavier Cuevas, trumpet; Dulce Ramirez, horn; Angel Santay and Jennifer Garcia, trombone; and Riana Serna, Michael Thaden and Selena Gonzalez, percussion.

The Greater Phoenix Music Festival, featuring all-star musicians from junior high and high school musicians, took place Jan. 20-21, with a culminating concert Jan. 21 at Central High School. The junior high Honors Band consisted of students from 21 dif-

ferent schools representing eight partner districts.

A mixed (junior high and senior high) string orchestra, a high school honors band and a percussion ensemble rounded out the lineup.

Longview teacher gets Fiesta Bowl grant

The Fiesta Bowl Committee, in partnership with the College Football Playoff Foundation Extra Yard for Teachers, awarded Longview teacher Leonora Baltazar a grant for \$5,000 to purchase a complete set of S.P.I.R.E. teacher and student materials for self-contained and resource students at Longview.

S.P.I.R.E. (Specialized Program Individualizing Reading Excellence) is a multi-sensory, research-proven reading intervention program that will greatly benefit students in Special Ed, and struggling readers in the regular classroom. The Fiesta Bowl Wishes for Teachers program granted a total of \$500,000 throughout the month of December to 100 randomly selected Arizona teachers.

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SCHOOL DAYS

PHOENIX UNION HIGH SCHOOL DISTRICT

JROTC programs advance in contests

Eight Phoenix Union JROTC programs recently advanced onto the next level of the JROTC Leadership and Academic Bowl (JLAB) competition to be conducted in this month: Camelback, Betty Fairfax, Cesar Chavez, Maryvale, South Mountain and Trevor Browne advanced in the Leadership Bowl category and Camelback, Central, North, South Mountain and Trevor Browne advanced in the Academic Bowl category.

JLAB is a nationally recognized academic competition created exclusively for JROTC students. By participating, cadets learn the values of citizenship, academic competition, and college opportunity. The JLAB Team consists of a four-person Leadership Team and a four-person Academic Team. Team members compete against other schools on leadership, JROTC curriculum, and academic knowledge. Many of the questions are similar to ACT math, sci-



Central High's JROTC program has its own stand-alone facility, which opened in 2014. The facility features a large classroom, and an indoor rifle range, with observation area, an office, trophy case, and storage rooms (submitted photo).

ence, and English questions.

One of the main goals of the JROTC Academic Bowl is to prepare students for state exit/graduation exams as well as college entrance exams, such as the SAT and ACT. There are a mix of JROTC curriculum as well as English, Math and Science in each level

of the competition as well as questions about current events—focusing on national and international news, particularly international relations, politics, business and science.

The JLAB Leadership teams also are questioned on knowledge of leadership principles and classroom applications.

Cady receives 'Wishes' grant

Metro Tech Nursing Assistant instructor Dena Cady in December won a \$5,000 Fiesta Bowl Wishes for Teachers award, in partnership with College Football Playoff Foundation Extra Yard for Teachers. She will use the funds for new mannequins for the nursing lab in order to teach the nursing skills needed for students to pass the State Board of Nursing CAN testing.

More than 2,400 teachers from Arizona submitted applications, and Cady's wish was randomly selected to be granted. Each winning teacher also was invited to attend the Motel 6 Cactus Bowl at Chase Field on Dec. 27, where they were honored on field with fellow Wishes for Teachers recipients.

Metro Tech earns two Dbacks grants

Metro Tech has won two \$5,000 Arizona Diamondbacks and University of Phoenix School Challenge grants as

please see CHALLENGE on page 36



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SCHOOL DAYS

CHALLENGE *continued from page 36*

part of the Dbacks \$100,000 School Challenge initiative. The Floral Design Small Business Operations project will use the funds to purchase a sliding glass door floral display cooler, allowing the students to showcase their work in the shop, and boast sales. Remaining funds will purchase other displays, signage and menu boards. The grant application was submitted by Jennifer Colvin, Floral Design-Small Business Operations teacher.

Another grant went to Metro's new program, Exploring Computer Science, which encourages urban students to either major in computer science, or become more computer literate. The funds will be used to purchase 20 of the latest laptops for the class. Students recommended a laptop that can handle podcasts, digital media projects and other innovative creations that would be accessible for students. Teacher Maria Piazza-Palotto submitted the application.

In addition to the funding, the Diamondbacks will invite the school to



A student in Metro Tech's Floral Design program carefully puts the final touches on an arrangement (submitted photo).

be honored prior to a 2017 Arizona Diamondbacks game at Chase Field, receiving up to 450 complimentary tickets for students, teachers, families and supporters to attend this presentation.

WASHINGTON ELEMENTARY SCHOOL DISTRICT
District sets next teacher hiring event

WESD will host a Teacher Interview Fair on Saturday, Feb. 25, to hire teachers for the 2017-2018 school year. The fair will be from 8:30 a.m. to 12 p.m. at the WESD Administrative Center, 4650 West Sweetwater Ave., Glendale. Contracts for the 2017-2018 school year will be offered to qualified candidates.

Interviews will be conducted for those interested in teaching: kindergarten, elementary education, special education, language arts, mathematics, science, social studies, general music, art and special needs preschool.

For more information, contact the WESD Recruitment Office at 602-347-3598 or e-mail angela.oransky@wesdschools.org.

PRIVATE AND CHARTER SCHOOLS
Golf coach receives award for 12th time

Tui Selvaratnam, Xavier College

Preparatory's associate athletic director and co-head varsity golf coach, has been named "Player of the Year" by the Arizona Women's Golf Association for the 12th time in her career.

An alumna of Arizona State University, Selvaratnam last won Player of the Year honors in 2011. She had played in tournaments hosted by the AWGA and performed well enough to accumulate points which, when totaled, gave her the "Player of the Year" honor for 2016. She was honored at a banquet on Jan. 26 at the Moon Valley Country Club.



Tui Selvaratnam

Selvaratnam and Sister Lynn Winsor, BVM, who is Xavier's vice principal of Activities and athletic director, recently coached Xavier's golf team to its sixth-consecutive state championship and 34th state title in school history.

'Girls have IT Day' returns to Xavier

Xavier College Preparatory will host its ninth-annual "Girls Have IT Day" on Friday, March 10 from 1 p.m. to 3 p.m. on Xavier's campus, 4710 N. 5th St.

"Girls Have IT Day" promotes young women's involvement in science, technology, engineering, art, and math (STEAM). The event will be part of this year's Arizona SciTech Festival and is made possible through the support of the Freeport-McMoRan Copper and Gold Foundation.

The event will include an assembly dedicated to women in STEAM, more than 80 hands-on, STEAM-focused activities hosted by members of many of Xavier's 75-plus student clubs, and multiple other opportunities for the middle school students to fully engage in STEAM learning.

Last year, nearly 1,000 middle school girls from around the Phoenix metropolitan area registered to participate in this free event at Xavier, and approximately 400 Xavier students mentored the younger students throughout the day. To register, visit <http://www.ghitday.org/>. For additional information, contact Frances McMahon Ward at fmcmahonward@xcp.org or Catherine Wyman at cwyman@xcp.org.

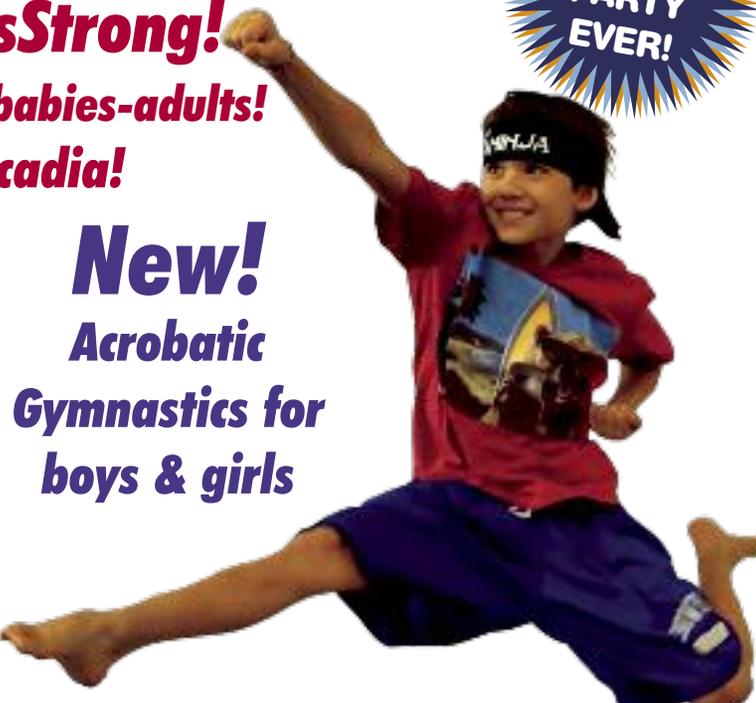


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SCHOOL DAYS

New athletic complex dedicated at Brophy

Father Harry T. “Dutch” Olivier, S.J., spent almost three decades teaching at Brophy College Preparatory, 4701 N. Central Ave. But his most enduring—and endearing—legacy is that of his love and stewardship of Brophy’s sports teams. On January 4, Brophy dedicated the Father Harry T. “Dutch” Olivier, S.J. Athletic Complex, a 47,400-square-foot facility that will serve Brophy students far into the future.

The Dutch, as it will be called, includes a gymnasium, indoor running track, wrestling gym, a 10,000-square-foot weight room, a fitness area with state-of-the-art exercise equipment, two golf simulators, locker rooms, classrooms, and student lounges. It connects to Brophy’s Robson Gymnasium, creating a mammoth sports complex that will serve both the serious and casual athlete, as well as students working on their own fitness goals or simply looking for a place to connect with friends.

The completion of The Dutch wraps up almost two decades of campus additions and improvements that include Harper Great Hall, Virginia Piper Center for Math & Science, Innovation Commons, Eller Fine Arts Center, the Father Edward A. Reese Aquatic Center, the Brophy Sports Campus, and Opus Baseball Field.

Lopez takes charge of Bourgade football

Bourgade Catholic High School, 4602 N. 31st Ave., has selected Marcel Lopez to be the head coach for the 2017-18 BCHS Varsity Football program. Lopez brings 10 years of experience as a head varsity football coach at a college prep charter school. While there he inaugurated and built a varsity football program and led his team to five state championship appearances. He was also named Coach of the Year in 2007, 2009, and in 2013.



Marcel Lopez

Lopez has been involved with Catholic education for most of his life. He attended St. Agnes Catholic School and graduated from St. Mary’s



The new Father Harry T. “Dutch” Olivier, S.J. Athletic Complex, a 47,400-square-foot facility at Brophy College Prep, includes a large gymnasium with an upper-level indoor running track (submitted photo).

High School. He holds a bachelor's degree in English from the University of Arizona and is currently enrolled in an education program through the University of Mary. In his latest role, he has been a co-offensive coordinator for the varsity football program at St.

Mary’s High School.

Bourgade Catholic will host a Meet and Greet with Lopez at 6 p.m. on Tuesday, Feb. 7. The formal introduction of Lopez will take place at 6:30 p.m. Students, parents, alumni, and Golden Eagle fans are encouraged to attend.

Hebrew academy honors students

A total of 65 Phoenix Hebrew Academy students from kindergarten through eighth grade and their parents were invited to attend a breakfast on Dec. 22 in the Phoenix Hebrew Academy auditorium, which recognized those students for their achievement of excellence in the school year’s first trimester.

The breakfast, which is held each year after the completion of the school’s trimester, honors students who met and surpassed expectations in any one of three categories: Academic Excellence, Excellence in Personal Growth and Perfect Attendance.

Each student who had achieved excellence in any of the three aforementioned categories was recognized with a certificate and decorated “dog-tag” to wear. Additionally, each student in attendance received a ticket toward a raffle held at the end of the event in which five separate large backpacks, each filled to the brim with school supplies, were raffled off.

please see ACADEMY on page 38



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SCHOOL DAYS



Students at Phoenix Hebrew Academy display the certificates they received for Academic Excellence, Excellence in Personal Growth or Perfect Attendance (submitted photo).

ACADEMY continued from page 37

Phoenix Hebrew Academy is an Orthodox Jewish day school. For more information, call 602-277-7479 or visit www.phoenixhebrewacademy.org.

MHP now registering students for fall 2017

Madison Highland Prep will hold a course registration event for freshmen interested in enrolling in the 2017-2018 school year.

Course registration for incoming students will take place 8-11 a.m. Saturday, Feb. 25 on campus, 1431 E. Campbell Ave. Students and parents will have opportunities to gather information on classes, sports and other extracurricular activities from existing students, teachers, coaches and administrators.

Madison Highland Prep, a STEM charter high school serving grades 9 through 12, is located adjacent to Madison Park Middle School. For more information, contact the school between 8 a.m. and 3 p.m. Monday through Friday at 602-745-3800.

Students perform madcap comedy

Xavier/Brophy Theatre will present four performances of "Once in a Lifetime" Thursday, March 2, through Saturday, March 4, with show times at 7 p.m. and one matinee performance at 2 p.m. on Saturday.

Considered one of the great "mad-cap" comedies, "Once in a Lifetime" tells the tale of three struggling Vaudeville artists who decide to try their luck in Hollywood where the "talkies" have just hit. With a little bit of luck, conniving, unwitting successes, and hilarious blunders, the three find fame, fortune, and failure all at the same time.

All performances will be held in the Kemper and Ethel Marley Theater in the Virginia G. Piper Performing Arts Center on Xavier College Preparatory's campus, 4710 N. 5th St. Tickets are \$10 and may be purchased online at www.xcp.org or at the door. There will be general seating only. For additional information, e-mail pacbox@xcp.org or call the box office at 602-240-3161.



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SCHOOL DAYS

Xavier to launch AP Capstone in fall

In the fall, Xavier College Preparatory will become one of more than 600 schools worldwide to implement AP Capstone—an innovative diploma program that equips students with the independent research, collaborative teamwork, and communication skills requisite for their future college and career success.

The program includes a two-course sequence: AP Seminar and AP Research. Developed by The College Board in direct response to feedback from higher education faculty and college admission officers, AP Capstone will complement the in-depth, subject-specific rigor of the 27 Advanced Placement courses and exams that Xavier currently offers.

Xavier will implement AP Seminar—the first of the two AP Capstone courses—in the 2017-18 academic year.

Students who complete AP Seminar and AP Research with scores of 3 or higher, and receive scores of 3 or higher on four AP Exams in subjects of



Some fourth-grade students at St. Francis Xavier get a chance to visit with Pedro Grifol, the catching coach for the Kansas City Royals, and the 2015 World Series Trophy that he brought with him (submitted photo).

their choosing, will receive the AP Capstone Diploma. Students who earn scores of 3 or higher on the two AP Capstone exams but do not take or earn qualifying scores on four additional AP Exams will receive the AP Seminar and Research Certificate.

World Series trophy makes a visit to SFX

The 2015 World Series Trophy made a stop at St. Francis Xavier School on Dec. 15, much to the delight

of students and faculty members alike. Pedro Grifol, the catching coach for the Kansas City Royals, brought the trophy as he visited the St. Francis Xavier campus and spoke with students about his experience coaching for the Kansas City Royals. Grifol spent the day on campus, visiting with all grade levels.

St. Francis Xavier School is a Jesuit Elementary School for preschool through eighth grade. For more information, call, 602-266-5364 or visit www.school.sfxphx.org.

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JEREMIAH 33:3

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GENERATIONS

Senior Living

Open house, health fair at Sunnyslope center

The Sunnyslope Senior Center, 802 E. Vogel Ave., hosts an Open House & Health Fair 9 a.m.-4:30 p.m. Tuesday, Feb. 14.

The Health Fair exhibit will take place from 9-11:30 a.m., and there will be several demonstrations and free screenings throughout the day. The Desert Mission will make a food presentation from 10-11 a.m. and the congregational lunch will be served from 11:30 a.m.-12:30 p.m. (pre-registration required).

Closing out the event, there will be a Brain G.Y.M. Workshop from 2:30-4:30 p.m.; pre-registration is required. Don't forget to grab your ticket for a chance at the Amazon Kindle door prize.

For a full schedule of the day's events, stop by the front counter at the center to pick up a flier, or call 602-262-4520.

Square dances for all levels

Singles, couples and those who just want to dance are invited to check out the Swinging Stars Square Dance Club, presented by the Arizona Grand Canyon Square Dance Association, 6-9 p.m. the second, third and fourth Tuesdays of the month in the clubhouse at Holiday Spa Mobile Home Park, 10401 N. Cave Creek Road (just south of Peoria Ave.)

The beginners lesson and dance takes place 6-7:30 p.m., followed by a more advanced dance from 7:30-9 p.m. Cost is \$5 per class. Wear comfortable shoes and bring a potluck dish to share. The next event is on Feb. 14. No pre-registration is required. For more information, visit www.azsquaredance.com.

Free classes for the public at Beatitudes

Members of the public are invited to attend free and informative presentations this month in the Everett Luther Life Center at the Beatitudes Campus, 1610 W. Glendale Ave.

A lunch buffet and presentation with Arizona's official State Historian,

Marshall Trimble, takes place 12-2 p.m. Thursday, Feb. 2, and concludes from 12-2 p.m. on Tuesday, Feb. 7.

Learn about Cooking for One or Two, featuring Beatitudes' director of Dining Services, Joe Kane and Executive Chef, Brian Rocco. Part one takes place 2-4 p.m. Thursday, Feb. 16, and part two is set for 2-4 p.m. Thursday, Feb. 23.

All events are free to the public. Pre-registration is required for all courses by calling 602-428-9206. There will be designated parking for these events; follow the signs.

Free program and site tours on Feb. 9

Daniel Nunez, MSW, director of Elder Care at Jackson White Attorneys at Law, will present a free one-hour program with information about advance directives, the Arizona Long Term Care System (ALTCs), which is the state's Medicaid program, and VA benefits, 2-3 p.m. Thursday, Feb. 9 in the Manor II Dining Room at the Fellowship Square, Phoenix Campus, 11802 N. 19th Ave.

After the program, and open house and tours will be available for the adjacent Christian Care Manor II, 11830 N. 19th Ave. Located on the same campus as Manors I & III, as well as the Christian Care Health Center, Manor II is licensed by the Arizona Department of Health Services to provide three levels of Assisted Living: Supervisory Care, Personal Care and Direct Care.

Additionally, Manor II accepts residents with private pay or ALTCs benefits. Prospective residents must meet U.S. Department of HUD income limits for Maricopa County.

For more information, call 602-833-5057 or visit www.christiancare.org/campus/az/phoenix.

Free tax help for seniors

AARP Foundation's Tax-Aide program offers free tax filing help for qualifying seniors, 9 a.m.-2 p.m. Thursdays through April 13 at the Sunnyslope Senior Center, 802 E. Vogel Ave.

Volunteers will answer your tax-related questions and help prepare returns for low- and middle-income

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adults, with special attention to those age 60 and older. The free service is first-come, first served.

For more information, visit www.aarp.org/taxaide, or call 1-888-AARP NOW.

Kids & Family

Mobile app launched to help raise birth-5

Southwest Human Development has launched its new Birth to Five Helpline mobile app. Now with the touch of a button, parents and caregivers can get access to the tools they need to respond to range of issues or concerns for newborns to 5 year olds, just by downloading the Birth to Five Helpline app on their handheld devices from the Apple App Store (iOS) or from Google Play (Android).

Created and managed by Southwest Human Development, Arizona's largest nonprofit dedicated to early childhood development, the Birth to Five Helpline app is a tool for anyone who interacts with children—parents, grandparents, caregivers, early childhood or medical professionals.

The app connects parents and caregivers directly to professionals who offer guidance to parents responding to challenging behaviors; sleeping issues; nutrition questions; safety matters; uncertainty about feeding and eating; potty training challenges; dealing with fussiness and colic; or just general child development and parenting questions or worries.

For 10 years, a compassionate team of experts has offered support and guidance to callers looking for someone to talk to confidentially through the Birth to Five Helpline: 1-877-705-

KIDS (5437). The Birth to Five Helpline app expands access to this real-world expertise and provides critical information from true professionals who have access and knowledge of important resources in our community.

For more information, visit www.birthtofivehelpline.org.

Yoga for kids and a Disney-themed event

The Arizona Sunrays Gymnastics & Dance Center, 3110 E. Thunderbird Road, now offers yoga classes to kids, ages 5 to 12, on Thursdays at 5 p.m. Kids will learn various stretching and breathing techniques to get stronger and more flexible. The yoga classes are fun, challenging, and relaxing. Classes are 55 minutes in length. Cost is \$86 per month. Advanced registration is required.

Dress the kids in their favorite Disney T-shirt or costume for a special Kids' Night Out event, 6-10 p.m. Saturday, Feb. 25. Ages 3 to 14 will get to enjoy an exciting evening of gymnastics, dance, organized games, sports, jumping in a bounce house and on trampolines, obstacle courses, and then wind down the evening by watching a movie. Pizza and drinks will be served.

Cost for the Kids Night Out is \$30 per child with a \$5 off sibling discount. Advanced registration is required. For more information or to register, call 602-992-5790 or visit www.arizonasunrays.com.

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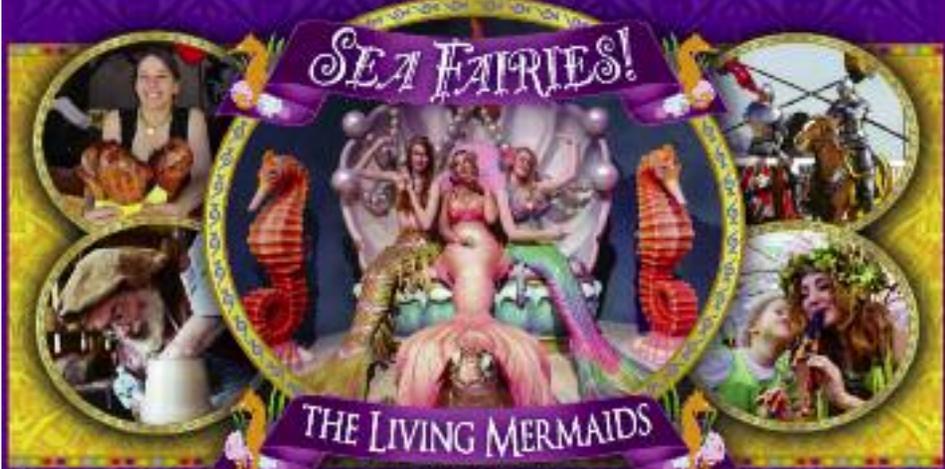
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ARTS & ENTERTAINMENT

Young performers vie for scholarships

The Herberger Theater (HTC) is accepting registrations for the 18th annual Arizona Young Artists' Competition, a scholarship competition that showcases the talents of artists (ages 15-19). Applicants may enter in the disciplines of Acting, Dance and Voice for a chance to compete in the finals at the Herberger Theater on Saturday, March 11, in front of a live audience. The winner of each discipline will receive a \$1,000 scholarship to help further their education in the arts.

For the second year, Arizona Broadway Theatre (ABT) is partnering with HTC to sponsor an additional \$1,500 scholarship award for one finalist. The winner will be selected by a panel of ABT judges and offered an opportunity to perform with its professional cast in a Main Stage production.

The early registration fee for each discipline is \$25 through Feb. 12 and \$35 through Feb. 26. Applicants will be contacted the week of Feb. 27 to receive their audition dates and times. The registration form is available at www.azyoungartistscompetition.org. For information, contact Mary Robinson at 602-254-7399, ext. 104.

A&E Briefs

'A Legacy of Justice: Sipuel v. Board of Regents University of Oklahoma'

Grey Matters Productions
 12:10 p.m. Feb. 7-9 & 14-16
Herberger Theater, Kax Stage
 222 E. Monroe
 602-252-8497

Ada Lois Sipuel Fisher understood that being a test plaintiff in 1946 Oklahoma for the NAACP would make her a target for the hostility of segregationists. With a legal team lead by Thurgood Marshall, her determination to receive a law degree in the educational facility of her choice would change the course of history. Tickets are just \$6 (fees apply online). Doors open at 11:40 a.m. Order lunch online with tickets by 5 p.m. the day before your show and it will be ready when you arrive. Or, bring your own. One evening performance will take place at 7 p.m. on Feb. 6; tickets are still just \$6.

'Romeo and Juliet'

Ballet Arizona
 Feb. 9-12
Phoenix Symphony Hall
 75 N. 2nd St.
 602-381-1096

The most famous love story of all time is performed just in time for Valentine's Day. Romeo and Juliet chronicles Shakespeare's tale of two passionate teenagers from great families on opposing sides of a bitter feud. With its sweepingly regal ballroom scenes, vivacious swordplay and poignant pas de deux, Ib Andersen's production is a feast for the eyes and ears. Tickets are \$25-\$159 plus fees. Visit <http://balletaz.org>.

'La Esquinita, USA'

Arizona Theatre Company
 Feb. 9-26
Herberger Theater
 222 E. Monroe
 602-252-8497

Rubén C. González' one-man play about love, forgiveness and ultimate redemption connects 10 people left behind in their once-booming—and now forgotten—American border town to struggle with eternal human relationships. Tickets are \$41 to \$70 plus fees. Visit www.arizonatheatre.org.

'Me, My Quantified Self, and I'

7:30 p.m. Feb. 10-12
Unexpected Art Gallery
 734 W. Polk St.

Jessica Rajko partners with eight Phoenix-based artists to create a world in which big data is brought to life. By combining dance, digital music, and laser art with familiar objects, the show reimagines our digital world as the messy, cluttered, complicated ecosystem it is. Tickets are \$15 in advance online at (minimum 24 hours) and \$20 at the door. Visit www.jessicarajko.com.

'Broke-ology'

Black Theatre Troupe
 Feb. 10-26
The Helen K. Mason Center for the Performing Arts
 1333 E. Washington St.
 602-258-8129

A moving exploration of how time and circumstance—and the hard fact of poverty—can diminish hope, divide

ARTS & ENTERTAINMENT

loving siblings and threaten to extinguish life itself. Tickets are \$36 general admission, plus fees. Visit <http://www.blacktheatretroupe.org>.

'Fifty Shades of Felt'

Through Feb. 11
Playhouse on the Park,
Central Arts Plaza
1850 N. Central Ave.
602-254-2151

A very inappropriate puppet show presented by All Puppet Players. A "popular" book is lampooned in the way only these raunchy puppets could. Will Ana (and the audience) take the Sex Pledge? Will the Goddess allow a full fuzzgasm? What exactly are those puppeteers putting their hands up? The answer to these questions will all be revealed in a show that can make every puppet on the "avenue" blush. Tickets are \$23 general admission. Adults-only show. Visit www.allpuppetplayers.com.

Native American Flute Choir

2-3 p.m. Sunday, Feb. 12
Pueblo Grande Museum
4619 E. Washington St.
602-495-0901

Don't miss the premiere performance of the Native American Flute Choir composed of flutists Aaron White, Anthony Wakeman, and Jonah Littlesunday. It will include solo performances by each artist, as well as Anthony Wakeman accompanied on guitar by Grammy nominee Aaron White. Following this performance there will be a discussion of the art of crafting a Native American flute. Tickets are available online at www.pueblogrande.com for \$10 in advance, or \$12 at the door; children age 5 and younger are free with a reserved ticket.

'Who's Afraid of Virginia Woolf?'

Feb. 17-March 5
Space 55
636 E. Pierce St.
www.space55.org

This play examines the breakdown of the marriage of a middle-aged couple, Martha and George. Late one evening, after a university faculty party, they receive an unwitting younger couple, Nick and Honey, as guests, and draw them into their bitter and frustrated relationship. The play is in three acts, normally taking a little less than three hours

to perform, with two 10-minute intermissions. Show times are 7 p.m. Fridays and Saturdays and 2 p.m. Sundays. Tickets are \$20 general admission.

'Love Stories'

Center Dance Ensemble
March 2-5
Herberger Theater, Stage West
222 E. Monroe
602-252-8497

Featuring the premiere of Center Dance Ensemble's Artistic Director Frances Smith Cohen's "Eye of the Moon," set in an 1800s Spanish gothic castle and inspired by Federico García Lorca's "Blood Wedding." Plus new work choreographed to an original score composed by Eric Sandmeyer. Showtimes are 7:30 p.m. Thursday-Saturday and 2 p.m. Sunday. Tickets are \$14 for students, \$23 for seniors and \$28 for adults, plus fees. Additional lunchtime theater performances are available at 12:10 p.m. on Thursday and Friday; tickets are just \$6. Visit www.herbergertheater.org.

'Riders of the Purple Sage'

Arizona Opera
March 3-5
Phoenix Symphony Hall
75 N. 2nd St.
602-266-7464

Based on the bestselling novel of the same name by Zane Grey, this is the first world premiere produced by Arizona Opera. Follow this Wild West adventure through the sweeping vistas and massive canyons of the Southwest, brought to life by the vibrant work of world-renowned Arizona artist, Ed Mell. Tickets are \$25 to \$155 plus fees. Visit <http://azopera.org>.

'Coro y Guitarra'

Phoenix Chorale
7:30 p.m. Saturday, March 4
Trinity Episcopal Cathedral
100 W. Roosevelt St.
602-253-2224

A lush and exotic concert filled with the romantic fervor of Spanish and Latin song. From the brilliant Romancero Gitano inspired by Federico García Lorca's Gypsy Ballads to Astor Piazzola's shimmering Libertango, you will be swept away by the sensual rhythms accompanied by guitar. Tickets are \$32 general admission, \$5 less for seniors and military with ID. Visit <http://phoenix-chorale.org>.

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FOOD FOR THOUGHT



The BBQ Bowl is a customer favorite as well as a favorite of Wes Hansen, co-owner of Pork on a Fork (left). His partner, Justin Erickson, shows off the pulled pork sandwich, another favorite. The meat is slow roasted for at least 15 hours (submitted photo).

Café Chat

Slow-smoked meats tantalize at BBQ eatery

By Patty Talahongva

Pork on a Fork is celebrating its one-year anniversary this month at the Camelback Colonnade, 1949 E. Camelback Road, Suite 140. You could say, however, the idea has been simmering for more than 15 years for the two owners who now sell barbecue meats they slow cook for more than 15 hours.

Wes Hansen and Justin Erickson are from Nebraska. “We grew up on hog farms,” says Erickson. Both grew up feeding the hogs, cattle and chickens. Hansen helped bale hay and cut weeds, a chore he did not particularly enjoy doing.

Erickson’s father was the one who got the barbecue bug first, recalls his son. On weekends he would sell barbecue sandwiches in Nebraska and his son would help him. That was the kindling of Erickson’s own interest in opening a barbecue restaurant.

It wasn’t a direct path for either of them. Both ended up going to college and eventually moving to Arizona, where they became roommates. One weekend they found themselves at a farmer’s market and noticed there was plenty of beef and chicken to be purchased, but no fresh pork for sale. That

led Hansen to call his father in Nebraska. Soon, his dad was driving a car packed full of natural frozen pork to Arizona.

The two friends took it to the farmer’s market and they sold out. Very quickly a carload wasn’t enough to satisfy customers’ demands, so they went to a cargo van to transport the pork and eventually they had to hire a trucking company to keep up with the demand.

From there it was almost a natural next step to sell pulled pork sandwiches at farmer’s markets. That, too, took off quickly—prompting them to open their first restaurant on Deer Valley Road. Erickson quit his job and focused on the business. That business has boomed for the past five years and one year ago in February the partners opened their second restaurant on Camelback Road, thanks to one of their regular customers

The customer was also a real estate agent who told them about the space for lease. They liked the location because of its business corridor. They set about turning the space into a rustic but modern restaurant. Erickson’s father built the benches and tables. They bought 110-year-old barn wood from Pennsylvania to line the wall at the entrance, and they had a metal sign made with their logo that will patina over time.

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FOOD FOR THOUGHT

Customers order and pay at the counter and then take a seat either in the main dining room or in the side room where two television monitors are set to local news or sports.

Pork on a Fork offers barbecue sandwiches, salads, burritos and bowls plus 10 sides to add to your meals. The meats are all natural, fresh, never frozen and have no antibiotics. You can even order a meatless option. Prices range from \$8.69 to \$24.99 for a full rack of babyback ribs. You also can pick up family dinners for a group of five people for \$54.99 or a group of 10 people for \$99.99. Those dinners feature all the smoked meats—ribs, pulled pork, beef brisket, pulled chicken and smoked sausage. The family dinners also include three side dishes.

The kids' menu has six items ranging from a Polish dog to a meat or cheese quesadilla. The average price is \$4.99. On Mondays kids eat free with a paid adult meal.

To ensure consistency in the taste of each item, all the meats are smoked every day. They also make all their own side dishes and barbecue sauces. For customers with a gluten allergy, the sweet and mild sauce is gluten free.

The eatery will offer a prime rib night beginning on Valentine's Day. The dinner will include a 12-ounce cut with two sides for \$24.99. The Valentine's dinner special will include a few wine selections. Beer is offered on the regular menu.

The partners are hoping for continuing success, despite being in a challenging industry. "It's our baby, our creation," says Erickson. "This is my kid." His partner agrees. "You learn really good work ethic on a farm," adds Hansen, who says that good work ethic has made their business successful. "Everybody counts on us—the customers, our employees."

USA Today named Pork on a Fork one of the Top-10 barbecue restaurants in the nation. The duo recently signed a deal with Talking Stick Resort Arena and now sell their food on the main concourse near section 104. Look for them on a segment on the Cooking Channel. They will post details on their social media for a viewing party at the restaurant.

It's been hard work but Erickson says he had to take a chance. "I had to give it a try or regret it. It's better to try and fail than not try it at all. That's the way I'm wired."

The catering menu offers a few more items such as turkey, ham and chicken wings. They also have a vegetarian burger on the catering menu. They can do a complete set up for parties or drop off the food for a group. To see the restaurant and catering menus, visit www.porkonafork.com. For more information, call 602-884-8227.

Dining Briefs

Enjoy steak, ribs and cake on Valentine's Day

TEXAZ Grill, 6003 N. 16th St., welcomes romantic couples this Valentine's Day with a special menu featuring food and drink specials and complimentary piece of Texas sheet cake.

Offered on Tuesday, Feb. 14, diners can enjoy a pleasantly pink Prickly Pear Margarita for only \$3.50 and dine on the Valentine's supper special, Steak Lin Sue. Available after 4 p.m., enjoy a 10-ounce NY Strip, grilled to order, topped with sautéed artichoke hearts and jumbo Gulf shrimp, covered with house-made béarnaise sauce, and served with dinner salad and choice of potatoes for \$28. Plus, Texaz will offer its regular Tuesday supper special of BBQ Beef Back Ribs for \$18.

Finally, finish your meal with a sweet treat and a complimentary piece of Texas Sheet Cake (chocolate cake topped with chocolate frosting, pecans and a fresh strawberry).

For more information, call 602-248-7827 or visit www.texazgrill.com.

Rott 'n Grapes aids HALO Animal Rescue

A new wine & beer bar located at 4750 N. Central Ave. has a name that usually makes newcomers ask: what does it mean?

Rott n' Grapes is the brainchild of owners Patty Gii and Keith Shanks, who say the name symbolizes their love for Rottweilers and wine. "We have been extremely fortunate during the past 17 years to be proud parents of our favorite breed of dog, and not by coincidence, we rescued two Rottweilers from HALO Animal Rescue this past year," Shanks explained.

To continue their support to the nonprofit animal rescue organization, Gii and Shanks late last year raffled off some of their Arizona Cardinals final

please see HALO on page 46



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Friday, Feb. 10: **THE IZZIES** – Classic rock from a Club favorite!

Saturday, Feb. 11: **JARED HOWE** – Enjoy a romantic evening of instrumental music from Big Band to Dean Martin at this special Valentine's Day Dance.

Friday, Feb. 17: **THE ROCKET 88'S** – Come down and enjoy this Chicago Blues style band!!

Saturday, Feb. 18: **RICHARD LEE & HOT FOOT** – Party Bingo! '50s rock and funky blues!

Friday, Feb. 24: **THE HARDWAYS MAKE THEIR DEBUT AT THE CLUB** – Wear your cowboy boots and get ready to dance the night away with their DISTINCT brand of Saloon Rock!

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FOOD FOR THOUGHT

HALO continued from page 45

game season tickets, raising \$500 from Rott n' Grapes patrons on behalf of HALO Animal Rescue. "We will continue to host various charity drives this upcoming year and look forward to continuing our support of HALO," Gii said.

Rott n' Grapes, located directly below Landmark Towers' 17-story luxury condo building, has a chalkboard menu that boasts more than 80 wines and 60 craft beers. There also is a list of reserve wines and a tapas food menu. It is open daily at 3 p.m., and Happy Hour is available every night until 8 p.m., with select \$3 beers and \$5 glasses of wine. The bar usually closes at midnight Sunday-Thursday, and 2 a.m. Fridays and Saturdays. For more information, visit www.rottngrapes.com or call 602-888-1667.

'Provisioner Party' features wine, BBQ

Arizona Stronghold Vineyards hosts its annual Provisioner Party at the MonOrchid Gallery in the historic Roosevelt District, 214 E. Roosevelt St., from 6 p.m. to midnight on Feb. 23.

There will be two live bands, a mechanical bull, raffle, catered barbecue, and of course all the Provisioner Wine for everyone to enjoy from Arizona Stronghold and Page Spring Cellars.

For tickets, visit <https://www.azstronghold.com>, and click on Events under the "Shop" tab. You also can visit them on Facebook at Arizona Stronghold Vineyards or call Dustin at 928-202-2536.

Treat your sweetheart to a Southern feast

This Valentine's Day, celebrate with your loved one with a Southern-inspired feast from Okra Cookhouse & Cocktails, 5813 N. 7th St.. Chef Cullen Campbell is cooking up a Valentine's Day shared menu for \$65 per couple, not including tax and tip. Okra's menu will be available on Tuesday, Feb. 14, during regular business hours of 4-10 p.m.

Start with a shared appetizer of fried oysters with celery toot purée, charred kohlrabi and house-made hot sauce; or roasted beets with whipped buttermilk, walnut butter, orange, and mache greens; or a biscuit with smoke

duck confit, pear butter and green peppercorn gravy.

Entrées include your choice of lamb shank with dandelion greens, hominy, natural jus and citrus breadcrumbs; wood-fired roasted half-Cornish hen, cornbread and green tomato panzanella salad, and whole grain mustard vinaigrette; or rainbow trout with braised leeks, celery, dates and crispy potato strings.

Wrap up the meal with a shared dessert of apple bread pudding with buttermilk ice cream and rosemary caramel, or a chocolate tart with orange whip.

For reservations, call 602-296-4147. For more information, visit www.okraaz.com.

Indulge in a 10-course Chinese feast on Feb. 18

Celebrate the end of the Phoenix Chinese Week with a 10-course Chinese Lunar New Year Banquet at 6:30 p.m. Saturday, Feb. 18, at the Great Wall Restaurant, 3446 W. Camelback Road.

The banquet, co-sponsored by Phoenix Sister Cities Inc., includes shrimp with honey glazed walnuts, fish fillet in Xo sauce, deep fried crispy chicken, roast duck, Sichuan-style dry fried green beans with mushrooms, and "Longevity Peach" lotus seed paste buns.

No-host cocktails begin at 5:30 p.m. There will be live entertainment, including performances by the Phoenix Boys Choir, as they prepare to embark on a 22-city tour of China in June.

Tickets are \$45 per person and must be reserved by Feb. 10. Send payment and RSVP to Phoenix Chinese Week, 27817 N. 46th Place, Cave Creek, Ariz., 85331. For more information, call Elaine Wong at 480-406-7470 or e-mail her at elainewong@cox.net.

For more information about the Chinese Week celebration, visit www.phoenixchineseweek.org.

Enjoy Mardi Gras eats, drinks at Southern Rail

Get your beads ready and take out your wackiest purple, green and gold costumes for a Fat Tuesday celebration at Southern Rail, 300 W. Camelback Road, inside The Newton. The food and drink deals on the Mardi Gras Social Hour menu will be available

from 11 a.m.-9 p.m. on Feb. 28.

Among the specials are festive slices of King Cake, a staple of Mardi Gras celebrations made of a cinnamon brioche dough shaped into a hollow circle and glazed with icing and Mardi Gras-colored sugar sprinkles.

During the festivities, Southern Rail will be awarding prizes for the most outrageous and creative costumes. New Orleans signature whiskey cocktails, Monsoons and Sazeracs, will also be joining the party, and guests opting for the full New Orleans experience are invited to stay for dinner and enjoy Chef Justin Beckett's famous Jambalaya.

For more information, call 602-200-0085 or visit www.SouthernRailAZ.com.

Italian feast enjoyed in an outdoor garden

Enjoy the Desert Botanical Garden's scenery while sipping wine and dining al fresco on a customized menu during The Seasonal Table Dinner: West Coast California Italian, set for 6 p.m. Thursday, March 2 at the garden, 1201 N. Galvin Parkway.

The menu has been created by Florence, Italy-native Chef Gabriele Bertaccini of iL Tocco Food, and features four courses including house-made Nduja ravioli, a seared Niman Ranch filet, and an avocado chocolate mousse.

Enjoy entertainment by the Ioannis Goudelis Trio, performing jazz and European music, while you dine. Tickets are \$160, all inclusive. Proceeds from this event benefit the garden's education, research and conservation programs. Visit <http://dbg.org>, go to "Events" in the menu bar and click on the Seasonal Table link, and then click on March 2 in the calendar graphic.

Scramble adds new brunch sammies

Scramble—A Breakfast & Lunch Joint has added new Brunch Sammies to its menu, available seven days a week.

There are five new items including gluten friendly, vegetarian, and vegan options, all of which (except for the vegan menu item) feature locally sourced Hickman's eggs.

Among the new items are the Hickman's Burger, which features an angus beef burger with a fried egg cen-

ter; the Wich Came First, featuring a grilled chicken breast in Scramble's spicy green chile sauce a fried egg; and the Hog & Hen, which offers home-made smoked pulled pork topped with honey barbecue sauce and a fried egg. And for vegetarians and veggie lovers alike, The FunGuy features a roasted Portobello mushroom topped with a fried egg, Swiss cheese, roasted red peppers, sautéed onions, avocado aioli and baby spinach served with choice of side (this item can be served on Udi's gluten-free bread for an additional \$2). Scramble also has added a Vegan Portobello Wrap served with choice of side.

Scramble is located at 9832 N. 7th St. and is open 6 a.m. to 2 p.m. seven days a week. For more information, call 602-374-2294 or visit www.azscramble.com.

Zookz adds alcohol, gluten-free items

Zookz is celebrating one year with a brand new liquor license, which allows the specialty sandwich shop to offer Bloody Mary's, mimosas, screwdrivers, beer and wine.

The restaurant, located on the northeast corner of Central Avenue and Camelback Road in the Uptown shopping center, features a weekend breakfast special that includes a mimosa and a weekly toasted sandwich special for \$10. Examples of special breakfast Zookz include eggs benedict with ham and fresh spinach, or chorizo, poached egg, avocado and queso fresco.

Wednesdays are "Mid Week Mac & Cheese Zookz," which feature mac and cheese stuffed sandwiches like the Ham and Parmesan topped with Creamy Alfredo Mac & Cheese. Zookz' Wednesday special includes a house-made side plus a fountain drink or freshly brewed tea for \$9.75.

In addition, Zookz has recently added gluten-free bread made by local bakery, Gluten Free Creations, for those with gluten sensitivities.

Zookz is open 7 a.m.-4 p.m. Monday through Friday, and weekends from 8 a.m. to 4 p.m. Delivery is available. For more information, visit www.zookzsandwiches.com or call 602-279-0906.

For local restaurant listings, visit our Dining Guide online at www.northcentralnews.net



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