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**COMMUNITY**

## Local soccer clubs to hold tryouts

The Madison Futbol Club (MFC), which offers both Club and Recreational soccer programs for boys and girls ages 8-15, recently wrapped up one of its most impressive seasons with tournament wins in each age group.

MFC is a central Phoenix league and practices in the area utilizing the Madison School District fields, with “home” games played at Madison Heights. The club competitive teams play August thru April in the Arizona Youth Soccer Association league. They practice twice a week with games on Saturdays throughout the greater Phoenix area.

The MFC also attend tournaments throughout the season all over Arizona including Prescott, Flagstaff and Tucson.

This last season marked the largest club soccer turnout in MFC history, with 15 teams participating. Some of



Several of Madison Futbol Club's boys teams captured first places in tournament play this last season. The club will hold tryouts for its 2017-18 season this month (submitted photo).

the great accomplishments for the club teams including more than a dozen First Place wins and four Second Place wins for the various boys teams, and seven First Place wins for the girls teams.

All the coaches for the club teams are volunteers and donate their time to help continue to grow both club soccer in Arizona and the MFC league.

The MFC will hold club tryouts for the 2017-2018 season on the weekends of May 6-7 and May 13-14 at Madison No. 1 Middle School, 5601 N. 16th St. These tryouts will be based on age group and shape the rosters for the 2017-2018 club season. The MFC also offers Summer, Fall and Winter rec soccer programs.

For more details about both the club tryouts and rec programs, visit [www.madisonfutbol.com](http://www.madisonfutbol.com). For more information, contact Shawn Grunewald at [sgrunewald@cox.net](mailto:sgrunewald@cox.net) or 602-348-2441.

## Learn about happier neighborhoods

Join Charles Montgomery, urbanist and author of “Happy City,” as he delivers an inspirational address focusing on helping the region develop happier, healthier neighborhoods and cities by shining a light on the intersection of urban design, wellbeing, social connection and placemaking, all of which drive economic development and prosperity.

The free event, hosted by LISC Phoenix, takes place 6:30-8 p.m. Wednesday, May 24 at the ASU Beus Center for Law and Society, 111 E. Taylor St. Space is limited so RSVPs are requested to: <http://bit.ly/2pu0twr>.



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## AUTO CARE RIP-OFFS? GO ON!



Nobody wants to feel like they're being taken advantage of. Shahe Koulloukian, owner of Mazvo Auto Care Center, gives us advice for feeling empowered – not intimidated – at your repair shop.

Honesty, loyalty, and trust: they're the most important qualities in any relationship. But we're not talking about relationships of the romantic variety – we're talking about your relationship with your mechanic. And if you don't have one, it's time to seek out the perfect partner to keep the vroom in your vehicle.

Luckily, we know just the right place to get the proverbial "hook-up" with a mechanical match made in heaven: Mazvo Auto Car Care Center. When it comes to being trustworthy, loyal, and truthful, owner Shahe Koulloukian has you covered – especially where honesty is concerned. "You're never going to feel good about spending your money on your car, because it sucks," he says frankly. "But being a confident car owner will make you feel better."

Let's face it – few people enjoy taking their car to a mechanic. It can be a daunting experience, particularly for women, who often get looked down upon, intimidated, or treated like they're not intelligent enough to understand what their car requires. We've all heard of (or been through!) the scenario of going in for a simple oil change and being told that your car needs extensive, expensive repairs ... and the resulting feeling of helplessness as you realize you might be getting ripped off. Because of this, we sometimes approach car repairs with a defensive attitude and automatically assume they're going to be taken advantage of. It's an understandable reaction, but Shahe has some tips for anyone – male or female – who find themselves needing auto care.

"You can knock the legs out from under that fear and intimidation by asking questions," he advises. "Providing as much information and asking as many questions as you need will help the repair shop understand that you know what you want, and you're not going to put up with any unnecessary fluff or scare tactics." And above all, trust your instincts; Shahe emphasizes to his clients that if they don't feel comfortable with a mechanic's recommendations, it's perfectly acceptable to seek a second opinion.

People get nervous about car repairs, says Shahe, because they don't know enough about their car to know what it needs. "It's easy for a mechanic to take advantage of a lack of car knowledge and you just end up paying, because what else are you going to do, right?" he says. "You have no choice but to believe them." The solution? Familiarize yourself with your car's owners' manual. It's a wealth of information (and, adds Shahe, a lot more accurate than Google).

Of course, no matter how well-versed you are when it comes to your car, it's still important to find that "special someone" who embodies all the qualities you'd ever hope to find in a mechanic – and that's where Mazvo Auto Care comes in. Mazvo blends technologically-advanced training with the old-fashioned values of trust and transparency, so clients are always assured they're getting only what their car needs, at precisely the right time. Man or woman, expert or novice, everyone gets the honest car repair experience they deserve.

It's about time to make a date with Mazvo, don't you think?

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## COMMUNITY



The winners of the Phoenix Rotary 100's 87th Annual High School Speech Contest included, from left: Alison Cohen, Hailey Mingus, Margaret Braun, Danielle Delgado, Alexander Curry, Bryson Jones and Breandon Nolan. Not pictured: Thomas Chung (photo by Dave Johnson).

### Phoenix Rotary 100 honors speech winners

Phoenix Rotary 100 last month hosted its 87th Annual High School Speech Contest for high school students, with a culminating event held April 7 at the Phoenix Country Club. The event was attended by Phoenix Rotary 100 members as well and family members, speech coaches and other supporters of the upper division student finalists, as well as the winners of the lower division (chosen on April 3) and their families.

"Besides the scholarship awards the winners will receive, each of these students will be competing before and will be judged by you—an audience of 175 Phoenix community leaders," said Speech Contest Chair John Adel, prior to kicking off the final round of the contest for the upper division. "The experience gained here will be an invaluable for every one of them."

Thunderbird High School senior Breandon Nolan captured first place in the upper division (grades 11-12), earning himself a \$5,000 scholarship. His topic was "Are there unbiased sources of news?" Among other points, he noted absolute unbiased reporting is not possible, adding that there are differences in the world and people should read multiple sources for news.

The second-place winner was Alexander Curry of Scottsdale Preparatory Academy (\$3,000 scholarship); third place was Danielle Delgado, Mesquite High School (\$1,500 scholarship); and fourth place was Bryson Jones, Mesquite High School.

The winners in the lower division (grades 9-10) were: first place, Alison Cohen, Chandler Preparatory Academy (\$1,000 scholarship); second place, Margaret Braun, Desert Vista High School (\$500 scholarship); third place, Hailey Mingus, Chandler Preparatory Academy (\$250 scholarship); and fourth place, Thomas Chung, Scottsdale Preparatory Academy.

Phoenix Rotary 100 President Joe Prewitt praised the speech contestants with a quote from President Theodore Roosevelt in which he stated how important it is to be "in the arena." For more information about Phoenix Rotary 100 and its annual speech contest, visit: <http://rotary100.org>.

*Editor's note: Portions of the above were reprinted with permission from the Rotarizonian.*

### Observe and sample tea ceremonies

Elegant ceremonies have evolved around one of Asia's most beloved treasures—tea. Guests are invited to observe and learn about the rituals in making tea as practiced in the Vietnamese, Chinese, and Japanese cultures, 2-4 p.m. Saturday, June 3 at Trinity Cathedral, 100 W. Roosevelt St.

Guests will sample teas and enjoy small bites specially selected from each culture; there also will be musical entertainment. The event sponsored by the Arizona Asian American Association. Tickets are \$32 in advance, \$40 at the door; seating is limited. Visit [www.aaa-az.org](http://www.aaa-az.org).

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*Real Estate Corner*

# Bobby Lieb

*Your North Central and Biltmore residential real estate specialist*

## In The Hood News

I often get asked what is one of my best sources of marketing my properties and year in and year out I always reply this paper, The North Central News.

The paper is almost 18 years old, owned by Publisher Tara Blanc. I have always had at least three full pages and at one time I had an overkill of five pages.

When I started as a realtor, almost 25 years ago, I initially used to send out a monthly newsletter to almost 800 North Central homeowners talking about what is going on in the area as well as marketing my listings and past sales. I was so excited when the North Central News was born because it made my life easier marketing my homes as it prints 27,000 papers, and mails to 22,000 homes reaching tens of thousands of people every month.

I am writing about this paper today because Tara is sick and needs our prayers for a speedy recovery... She is an awesome person. Please also support the advertisers who make this paper strong... Thank you!!

I just received a letter from Councilman Sal Diccio's office which states the city is no longer considering narrowing Missouri from 19th Ave to 24th Street. There were numerous concerns by area residents and businesses. I appreciate Sal's efforts with this matter.

I really appreciate the trust my clients have had in me so far in 2017. We have closed over 30 homes and have another 17 in escrow. It is exciting seeing all the activity this year and all the new residents that have moved to our hood.

Ready. Sweat. Go. My friends recently opened a new fitness center. Aptitude Performance Center is now open in Arcadia. Husband and wife trainers, Roger and Brooke Cahill, have created a neighborhood fitness studio with state of the art equipment.

Aptitude offers both private training, athlete development and group classes. Developed by the Cahills, BODY PRO is Aptitude's group training program, offered seven times per day with a max class size of 12, offering both strength training and conditioning classes.

The strength training classes, taught by Roger, are separated into pushing, pulling and full body days to prevent over training, while using elite Sorinex equipment.

Conditioning classes, taught by Brooke, focus on varying interval times on equipment like the Woodway treadmills, Jacobs ladder, Assault bike, battle ropes and Prowler sled pushes.

Clients also have the privilege of using the InBody body fat analysis to track their success. A Normatec recovery room and assisted stretching room, provides clients with some of the same amenities athletes receive to repair their muscles and increase performance.

Download the "Aptitude Performance Center" app today and stop in for a free class! Aptitude is located at 4140 N. 44th St. Suite 103, or call 480-808-0240.

## Bobby Lieb

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At North Central News, we LOVE our readers! To show our appreciation for your loyalty, we will hold a drawing for one great prize every month, thanks to our advertisers and prize sponsors.

**Congratulations to Rachel McDonald, April's winner of a 10-Week Gymnastics Session from Flip Dunk Sports, a \$250 value!**

Visit our website at [www.northcentralnews.net](http://www.northcentralnews.net) to enter for your chance to win this month's prize,

**One free month of swim lessons at any one of Hubbard Family Swim School's three Valley locations, an \$83 value!**

**Deadline to enter is May 20, 2017.**

**The winner will be announced in our June issue.**

One name will be drawn from all submissions and awarded the prize indicated. Entry is limited to one per person. Winners will be notified by phone or email by a representative of North Central News. Winners agree to have their name and likeness published in the North Central News. All prizes are final - no substitutions allowed; prizes have no cash value. Visit [www.northcentralnews.net](http://www.northcentralnews.net) for contest rules and additional details.

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## COMMUNITY

### SURPLUS continued from page 1

The crime prevention component was identified as providing more funding for children and teen services, such as teen centers, after-school programs, and libraries that provide a place for kids to go in the summer. One speaker pointed out that kids who have someplace to go and something constructive to do are less likely to get into—or cause—trouble out in the community. Several speakers requested the city extend library branch hours to seven days a week, as many of the branches—including the Acacia branch in Sunnyslope—are still closed two days a week.

The city is expected to hire close to 260 police officers in the next fiscal year, however, approximately 40 sworn officers are anticipated to retire in that same time period. While the city is getting closer to its recruitment goal of 3,125 sworn officers for the department, a few speakers—including one retired police officer—said the city would still be far below the national average of 2.5 sworn officers per 1,000 people, which for Phoenix would mean closer to 4,000 officers.

The city had stopped hiring officers in 2009 when the Great Recession began to hit hard, and only started hiring again in 2015.

Several speakers urged the city to use the budget surplus to hire more police officers and exceed the projected cap.

“While we are down from our peak level of staffing in the police department, we also are significantly down in our call for service,” said Jeff Barton, Budget and Research director. In the 2001-02 fiscal year, the police department received about 876,000 calls for service; for 2016-17, that number had dropped to 645,000.

“Over the next few years, as the population and calls for service increase, we are also fortunate to return to hiring officers,” he added.

Zuecker has proposed other part of the budget surplus—\$1.3 million—be used to hire 16 civilian police assistants. The police assistants will take over some of the administrative duties, freeing up sworn officers to respond to emergency calls.

“Adding police assistants to our existing staffing resources is going to do a couple of things,” said Phoenix Police Chief Jeri Williams. “It’s going to get our first responders back on those priority calls for service faster, and

increase our service delivery to our community.”

The Phoenix City Council is expected to make its initial vote on the proposed budget at its May 23 meeting. From there, the city council will adopt a tentative budget ordinance on June 7, with the final budget being adopted on June 21. Residents can submit comments and suggestions until May 8 at: [budget.research@phoenix.gov](mailto:budget.research@phoenix.gov).

### SWIM-READY continued from page 1

You can sign up for one week at a time. Choose a week where your child can make all four lessons in a row. These daily blitz lessons are a great way for children to tune up their swimming skills and improve their strokes this summer. Cost is \$78 per week for ages 3 and older; \$115 per week for semi-private classes for ages 24 - 36 months. For more information, call 602-971-4044 or visit [www.hubbardswim.com](http://www.hubbardswim.com).

Aqua Tots, founded in Scottsdale in 1991, has a swim school located at the southwest corner of 12th Street and Northern Avenue. Swim lessons are available in groups, from age 4 months (with parent) to 4 years and older. Levels include beginner to advanced. There also is a swim club and a swim team for more experienced children to join. For more information, call 602-753-5101 or visit [www.aqua-tots.com](http://www.aqua-tots.com).

The City of Phoenix Parks and Recreation also offers swim lessons to children as young as 6 months through adulthood, at its various city pools, including at Sunnyslope Pool, 301 W. Dunlap Ave., and Washington Pool, 6655 N. 23rd Ave.

Summer swim lessons are offered in four sessions, beginning June 5 and continuing through July 27. Swimming lesson sessions meet for two weeks, Monday through Thursday, for 35 minutes. Cost is \$15 per swimmer, per session. Recreational swim and dive teams also are available. For more information, call 602-262-7165 (Sunnyslope) or 602-262-7198 (Washington).

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COMMUNITY

## Local scouts presented with GS Gold Awards

The Girl Scouts–Arizona Cactus-Pine Council recently presented the Girl Scout Gold Award to 33 recipients this year—three of which are young women from North Central Phoenix.

In order to earn the coveted Gold Award, a Girl Scout must create a project that continues to give back to the community long after she moves on, and often take as long as 18 to 24 months to complete.

After volunteering at a care center for Alzheimer patients, Dulce Gariepy, a junior at Bioscience High School, wanted to focus on the lack of awareness of this disease among her peers. She created a “Yarn for Comfort” presentation she shared with 500 Phoenix-area teenagers to show students what aging feels like with the intent of



Dulce Gariepy

inspiring more compassion. Gariepy and others also crocheted 50 lap blankets that she donated to hospice patients.

When Kate Howard, a senior at Xavier College Preparatory, learned that the Burrowing Owl population has been declining due to habitat destruction, she jumped in to help. In a nearby area where some Burrowing Owls had been relocated, she built a split-rail fence to keep passersby away and installed signs to help them learn more about this endangered species.

After learning girls in Africa often stop going to school during their menstrual cycle due to a lack of access to hygiene products, Sabrina Dickinson, a senior



Kate Howard



Sabrina Dickinson

at Shadow Mountain High School, enlisted friends’ help to create 100 hygiene kits. She solicited donations from the community and organized a 70-person team to assemble the kits. She was even able to deliver the kits to Kenya in person and provide instructions on using the kits.

The Girl Scout Gold Award is the highest honor a Girl Scout can receive. For more information about the Girls Scouts–Arizona Cactus-Pine Council, visit <http://www.girlscoutsaz.org>.

## Ways to help kids in Arizona foster care

Are you about to be an empty nester because your child is heading off to college in the fall? Or perhaps you never had any children of your own but have time and attention to give to a child in need.

May is National Foster Care Month. Arizona’s foster care system is overwhelmed by a growing number of children removed from their homes because of abandonment, abuse or neglect. The options for their care haven’t kept pace, and foster families

are greatly needed—whether single or two-parent. Seniors are also welcome.

There are several agencies throughout the state that offer foster care licensing and training, including some right in the North Central community. Arizona’s Children Association is located at 711 E. Missouri Ave., Ste. 300. To learn more about AzCA’s foster care program, attend a free orientation 6-7:30 p.m. Wednesday, May 17, at the AzCA offices. To pre-register (requested), call 602-253-1620, ext. 2663 or e-mail [tlocket@arizonaschildren.org](mailto:tlocket@arizonaschildren.org).

Catholic Charities has offices at 4747 N. 7th Ave. The nonprofit organization provides adoption and foster care classes, training and support for parents, and kinship foster care coaching. Orientations in May include: 6 p.m. Tuesday, May 9, at the Arizona’s Children Association offices, 711 E. Missouri Ave., and 6 p.m. Wednesday, May 17 at Ameripsych, 2400 W. Dunlap Ave., Ste. 124. No registration required, adults only please.

For more information, visit <https://www.catholiccharitiesaz.org> or e-mail [sgramke@cc-az.org](mailto:sgramke@cc-az.org).

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COMMUNITY

### Service group donates books for early literacy

Xi Alpha Chi is a Phoenix chapter of Beta Sigma Phi, an international women's social, cultural, and service organization. Every year the chapter chooses one or two service projects that the women dedicate themselves to accomplishing. The 2016-17 year revolved around children's literacy.

Partnering with Southwest Human Development, the sorority collected and donated 172 children's books to its "Reach Out and Read" and "Raising a Reader" programs. Southwest Human Development has been serving Arizona's children and families since 1981 to educate parents about the importance of early literacy. Through its programs, Southwest Human Development supplies books to children growing up in poverty and who often are at risk for reading and school failure.

In addition, Xi Alpha Chi gave Southwest Human Development a check for \$75 to be used for its early literacy programs.



Karen Gilpin, Xi Alpha Chi Service Chair (right), presents Lisa Stratton, Membership and Individual Gifts manager at Southwest Human Development, with boxes and bags filled with children's books donated by the sorority (submitted photo).

To learn more about Beta Sigma Phi International and inquire about pledging one of its chapters, visit [www.betasigmaphi.org](http://www.betasigmaphi.org).

### Virtual tour of local Wright house

The David & Gladys Wright House (DWH) has launched an innovative web tool that will allow its global audience of supporters to access Frank Lloyd Wright's last residential build in Arizona: A Virtual Tour of the spiral-shaped home and grounds.

The unique home, which was acquired by the David Wright House LLC in 2012, has welcomed guests from across the country—and from six continents—as well as leading historians and architectural scholars.

Public access to the DWH is temporarily limited while the owners work with the city of Phoenix on historic designation protections, and with neighbors about noise and traffic concerns associated with public access.

The Virtual Tour (<https://contradovip.com/wright/floorplan/>) allows anyone to get up close and personal with one of Frank Lloyd Wright's remaining properties in Arizona. Web visitors can see in fine detail the unique dwelling's circular patterns, hand-cut Philippine

mahogany, custom-designed furnishings, as well as its pastoral setting near the base of Camelback Mountain.

Visitors can even take an archived photo tour of the home to experience its original setting in the 1950s, when Frank Lloyd Wright's son, David, and daughter-in-law, Gladys, lived there.

### Duet to receive IMPACTful Award

The Greater Phoenix Chamber of Commerce announced that Duet: Partners In Health & Aging has been selected as the 2017 IMPACTful Nonprofit Award recipient.

Duet, located at 555 W. Glendale Ave., provides an expansive range of services to homebound adults, family caregivers, and grandparents raising grandchildren. Its services are available at no charge to those in need.

Duet will receive the award at the 30th Anniversary IMPACT Awards Luncheon, hosted by the chamber, on May 10 at the Arizona Biltmore Resort. Tickets are still available at <http://phoenixchamber.com>.

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**COMMUNITY**



This silky-soft tabby might be a little shy at first, but he's a sun worshipper who loves a good chin scratch and is ready for his forever home (submitted photo).

**Jaxon is a mellow guy who loves naps**

When you reach an age where spending the day napping sounds like good times, it's clear you aren't ready for a lot of change. Losing your home, for example. Yet that's precisely what happened to Jaxon whose family had to move, and the journey was too long for a cat to endure.

The 4-year-old tabby was suddenly uprooted from his serene dwelling place, where he had been since kittenhood, and found himself occupying a kennel at the shelter. Though it takes a moment to gain his trust, Jaxon warms up to be a docile cat who appreciates soft chin rubs and light brushing.

After years of research, this expert napper has come to the conclusion that a dog bed is the most comfortable place to sleep, but he'll make do with an empty box, a cat hammock, or a cat condo if need be. He'd prefer a quiet home where he can spend his downtime hibernating in closets, warming his silky fur coat in a sunny window, or burrowing under blankets.

Meet Jaxon at the Arizona Humane Society located at 9226 N. 13th Ave. His adoption fee is \$40. For more information, call 602-997-7585 and ask for animal number A551235.

**Bring your dog to a D-backs game**

The Arizona Diamondbacks and PetSmart announced the expansion of the Dog Days of Summer ticket package, where four people and their dog can take in a D-backs game on the PetSmart Patio featuring 30 Doggie Suites, all-you-can-eat classic baseball

fare and doggie ice cream sundaes complete with kibble toppings, indoor and outdoor dog parks, a pop-up dog adoption center and more.

First launched last season for all Sunday home games, the Dog Days of Summer ticket package is again available this season for Sunday and now also Monday home games at Chase Field—totaling 21 games where dogs can take in a ball game with their pet parents. The launch of the PetSmart Patio for the 2017 season began in April.

Dog Days of Summer Ticket packages start at \$160 and include tickets for four people and one dog, as well as all-you-can-eat for all fans. A PetSmart doggie bag of treats, chews, water bowl and complimentary dog bed is also included. To purchase the package, go to [www.dbacks.com/petsmart](http://www.dbacks.com/petsmart), use DOGDAYS as the promo code.

**'Dog enrichment' seminar at AHS**

Happy dogs are healthy dogs. Join the Arizona Humane Society for its Enrichment Seminar, 1:30 p.m. Saturday, June 3, and learn creative techniques to provide physical and mental stimulation for your dog, even when faced with limited resources and/or money.

Attendees will learn how to utilize the 5 senses (touch, taste, smell, hearing, and sight) through interactive activities and playtime. Learn how to enrich on rainy days and hot summer days when they cannot play outside. Enrichment builds confidence in shy dogs, dogs with medical injuries, senior dogs and reactive dogs.

Cost is \$25. To register, visit <http://www.azhumane.org/events> and go to the June calendar.

**Get your dog spayed for only \$20 in May**

This May, thanks to a grant from Nina Mason Pulliam Charitable Trust, Altered Tails, Arizona's largest spay/neuter clinic specializing in high-quality, low-cost spay/neuter services, offers a "No Mother's Day" \$20 spay surgery promotion for all female dog owners in Maricopa County. This special \$20 rate also includes rabies, DA2PP and Bordetella vaccinations.

"Spaying and neutering is one of the most effective ways to reduce the home-

## COMMUNITY

less pet population and is safe for puppies and kittens as young as 12 weeks of age, according to the American Veterinary Medical Association,” said Ellen Clark, executive director, Altered Tails. “Spaying a female dog before the first heat cycle can be beneficial, improving the health of the pet by reducing the risk of certain reproductive cancers and infections.”

This special rate for spay surgeries at the Barnhart Clinic, 950 W. Hatcher Road, is available to all female dog owners by making an appointment; mention the “No Mother’s Day” campaign when calling 602-943-7729 or online at [www.AlteredTails.org](http://www.AlteredTails.org). This campaign is based on availability.

## Free nail trim at Puff & Fluff

Everyone loves a pedicure, and the grooming experts at Puff & Fluff want to help keep your pup’s nails all trimmed up.

Come by the shop at 5835 N. 16th St., Suites D and E, between 12 and 2 p.m. on Sunday, May 21 and receive a free canine nail trim, along with a treat bag to take home (first come, first served). In lieu of payment, donations will be collected for Gabriel’s Angels pet therapy program.

For more information, visit [www.puffandfluffspa.com](http://www.puffandfluffspa.com).

## Help pick up trash, paint over graffiti

The next expedition of the Sunnyslope Graffiti Fighters will take place Saturday, May 6. This is the last group outing before the summer break. Interested volunteers should meet in the parking lot by the canal on the west side of Sunnyslope High School swimming pool, on the south side of Dunlap just east of 7th Avenue.

Work will start promptly at 8 a.m. and finish at 10 a.m. and will involve picking up trash and some graffiti paint-overs in the immediate area, including the bike/walking tunnels that run under the roadway. Youth and adults are welcome. If you are volunteering for credit hours, come at 7:45 a.m. so you can be checked in and assigned to a team.

Wear grubby clothes and close-toed shoes and sun stop. Leave non-essential valuables at home. Water and the supplies for the cleanup will be provided.

RSVP to [bkmcgee@cox.net](mailto:bkmcgee@cox.net) so the appropriate amount of supplies can be on-hand.

## Volunteers needed to share elder rights

The Ombudsman program of Area Agency on Aging, Region One, Inc. is looking for caring individuals to visit assisted living homes in order to make residents aware of their rights. Volunteers will take part in a comprehensive and in-the-field training and receive support from the Ombudsman staff.

Ombudsmen are responsible for: Identifying and investigating complaints; providing information to residents about long-term care services; educating and informing residents, facility staff, families and others about resident rights; promoting the development of resident and family councils; and advocating for changes to improve residents’ quality of life and care.

For more information about the Ombudsman program in Maricopa County, contact Fran Atkinson at 602-241-6132 or e-mail [fran.atkinson@aaaphx.org](mailto:fran.atkinson@aaaphx.org).

## Red Cross honors city of Phoenix

The city of Phoenix was honored with the American Red Cross Greater Phoenix Chapter’s “Good Neighbor Award” at an awards ceremony April 29 at the Phoenix Zoo.

The city of Phoenix and the American Red Cross partnered in new ways to make homes safer, such as the Phoenix Fire Department helping the Red Cross install free smoke alarms. In 2016, the Red Cross joined a city of Phoenix effort to increase shelter capacity and ensure that shelters are accessible to everyone.

The Red Cross Greater Phoenix Chapter serves 4.3 million people across Maricopa, Pinal and Gila counties. For information about volunteering, call the Red Cross Greater Phoenix Chapter at 602-336-6660 or go to [www.RedCross.org/Arizona](http://www.RedCross.org/Arizona).

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COMMUNITY

## Spotlight On...

### Church welcomes new senior minister

The Church of the Beatitudes recently welcomed new senior minister, Rev. Dr. Anthony Thomas Minear.

Minear studied theology first at Southern University of Seventh Day Adventists, where he received a Bachelor of Arts in Theology in 1987. Four years later, he obtained a Master's of Divinity from Andrews University of Seventh Day Adventists. He then went on to earn a Doctor of Philosophy degree in Biblical Studies at the University of Toronto, Canada, in 2008.

Minear served as youth pastor, full time pastor and professor of religion in churches and colleges associated with Seventh Day Adventists from 1987 to 2005. Over time, however, he found that his beliefs made a better fit with those of the United Church of Christ, so he made a change.

"I was surprised and pleased to learn and experience the freedom the UCC permits for pastors and those in the pews," Minear said. "The motto,



Rev. Dr. Anthony Thomas Minear and his wife, Karen, recently came to Phoenix from Collinsville, Ill., so Rev. Minear could take the lead at Church of the Beatitudes (submitted photo).

'God is still speaking' resonates strongly with me. To be free to explore where my mind and the Spirit leads and actually have that valued by a community is refreshing."

Minear comes to Church of the Beatitudes from St. John Evangelical UCC in Collinsville, Ill. He and his wife, Karen, have two adult daughters.

The community is invited to meet

Minear during reserves, 9 a.m. Sundays at the church, 555 W. Glendale Ave.

### Webb honored by service organization

North Central resident Mary Anne Webb was one of two Valley women recently named a "Woman of the Year" by the Phoenix council of Beta Sigma Phi, an international women's social, cultural, and service organization.



Mary Anne Webb

The Xi Alpha Chi chapter recognized Webb, the chapter's 2016-17 president, at its Founder's Day Luncheon last month for distinguishing herself through outstanding contributions to the sorority and community.

Webb has been a member of Xi Alpha Chi for five years and has served on the Executive Board for most of those years. "Mary Anne's positive attitude, leadership skills, and heart-felt generosity extend to everyone inside and outside

Xi Alpha Chi," said Barbara Renner, the Xi Alpha Chi chapter secretary.

To learn more about Beta Sigma Phi International and inquire about pledging one of its chapters, visit [www.betasigmaphi.org](http://www.betasigmaphi.org).

### Sullivan departs from AWEE

After 20 years as president and CEO of Arizona Women's Education & Employment (AWEE), Marie Sullivan has resigned to pursue new opportunities that leverage her experience as a non-profit executive with experience in workforce and economic development, and to advocate for women and education.

Sullivan, who joined AWEE in 1997, has guided the organization's growth and reach that has created successful beginnings and new hope for women, men and young adults through a variety of innovative programs.

The AWEE board of directors has appointed Brad Harris, vice president and chief development officer, as interim executive director as the board develops a search committee to recruit a new president.



# North Central Update

Home Sales in the North Central Corridor | March 15th-April 12th, 2017



**7000 N. Wilder Road**  
Phoenix, AZ 85021  
5 Beds | 6 Baths | 6,971 Sq Ft.  
\$1,450,000



**416 W. Flynn Lane**  
Phoenix, AZ 85013  
4 Beds | 3 Baths | 2,592 Sq Ft.  
\$609,000



**8027 N. 3rd Avenue**  
Phoenix, AZ 85021  
4 Beds | 3 Baths | 2,639 Sq Ft.  
\$459,000

Address	Sale \$	Sq. Ft	\$/Sq. Ft	Address	Sale \$	Sq. Ft	\$/Sq. Ft
1301 E. Nicolet Ave.	\$415,000	2,776	\$149	502 W. Palo Verde Dr.	\$650,000	3,750	\$173
1101 E. Nicolet Ave.	\$363,500	1,736	\$209	532 E. Flynn Ln.	\$383,000	2,300	\$167
935 E. Vermont Ave.	\$367,500	1,718	\$214	613 W. Ocotillo Rd.	\$485,000	2,868	\$169
1509 E. Las Palmaritas Dr.	\$370,000	2,498	\$148	7009 N. 13th St.	\$417,000	2,339	\$178
510 W. Orchid Lane	\$372,000	1,684	\$221	7145 N. 7th Ave.	\$385,000	2,601	\$148
1118 E. Oregon Ave.	\$500,000	2,000	\$250	101 W. Ruth Ave.	\$346,000	2,158	\$160
1002 E. Keim Dr.	\$290,000	1,278	\$227	7015 N. 11th St.	\$320,000	1,664	\$192
839 E. Desert Park Ln.	\$430,000	1,917	\$224	1109 W. State Ave.	\$570,000	2,701	\$211
5739 N. 11th St.	\$420,000	1,702	\$247	130 E. Glendale Ave.	\$852,500	4,009	\$213
301 E. Rovey Ave.	\$425,000	1,819	\$234	7744 N. 14th St.	\$365,000	2,044	\$179
1232 E. Escondido Dr.	\$315,000	2,201	\$143	6534 N. 10th Ave.	\$580,000	2,800	\$207
314 W. Oregon Ave.	\$342,000	1,444	\$237	535 W. Georgia Ave.	\$310,000	1,280	\$242
5509 N. 1st St.	\$759,000	3,474	\$218	6719 N. 14th St.	\$504,000	2,137	\$236
8111 N. 13th St.	\$372,000	2,504	\$149	531 E. Hayward Ave.	\$395,000	2,000	\$198
320 E. State Ave.	\$975,000	3,860	\$253	517 W. San Juan Ave.	\$530,000	2,730	\$194
5125 N. 6th St.	\$325,000	2,259	\$144	1139 W. Northview	\$522,000	2,728	\$191
6830 N. 2nd Pl.	\$450,000	1,866	\$241	347 E. Belmont Ave.	\$490,000	2,208	\$222
6108 N. 11th Ave.	\$315,000	1,420	\$222	7107 N. 6th Ave.	\$675,000	3,057	\$221
7519 N. 12th Ave.	\$598,900	3,624	\$165	321 E. Montebello Ave.	\$805,000	4,524	\$178
319 W. Ocotillo Rd.	\$670,000	3,954	\$169	229 W. Linger Ln.	\$940,000	3,722	\$253
131 W. El Caminto Dr.	\$495,000	3,189	\$155	1118 W. Solano Dr.	\$460,000	1,709	\$269

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114 Avg. Days on the Market



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The North Central Corridor is defined as Dunlap Avenue to Camelback Road and 15th Avenue to 16th Street. Single Family Homes listed for \$300,000 and above were considered for this analysis. Properties shown were listed and sold by various brokers. Information deemed reliable but not guaranteed

See more: [www.sellingnorthcentral.com](http://www.sellingnorthcentral.com)

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COMMUNITY

## Community Central

### Greater Phoenix Swing Dance Club

7-9:30 p.m. Sundays  
VFW Hall  
4853 E. Thomas Road  
623-584-8888

Learn to dance the West Coast Swing. Free beginning swing lessons for ages 8 and older. Beginning and intermediate lessons start at 6 p.m. Families are encouraged to join in the fun. Weekly dance starts at 7 p.m. First dance is free to newcomers. Regularly \$7 for members and \$10 for nonmembers. Visit [www.gpsdc.com](http://www.gpsdc.com) for more information.

### Girl Scouts Critter Art Show

12-3:30 p.m. Sunday, May 7  
North Mountain Visitor Center  
12950 N. 7th St.

Local Girl Scouts have created art made from recycled items found in the desert, including items dating from the early 1900s. Enter the exhibit gallery

for just \$1; all proceeds benefit the Save Our Mountains Foundation.

### 'Remembrance of Mothers'

1-3 p.m. Saturday, May 13  
Hospice of the Valley  
1510 E. Flower St.  
602-636-5390

For those grieving the loss of a mother, Hospice of the Valley offers an afternoon of reflection and sharing. Bring a photo of your mother and a personal memento to display on a remembrance table. RSVP requested by May 5.

### Kiwanis 100th Anniversary Celebration

6:45 p.m. Monday, May 15  
Phoenix Country Club  
2901 N. 7th St.

The Kiwanis Club of Phoenix celebrates a century of service with a special meal, accompanied by Kiwanis dignitary presentations, state and local proclamations and 100 years of Kiwanis memorabilia and history. An abridged 100-year history will also be provided to each guest. The cost for dinner is \$50 and all current and former Kiwanians are especially invited to attend. A reception begins at 5:30 p.m. To receive an electronic invitation to register and make entree selection, contact Doug Dunipace at [100years@phoenixkiwanis.org](mailto:100years@phoenixkiwanis.org).

### Author + Talk: Dr. Jerry Garcia

6:45-8:30 p.m. Tuesday, May 16  
Arizona Humanities  
1242 N. Central Ave.

Explore the Japanese Mexican experience during World War II and learn how it was markedly different than the Japanese American experience in the United States, as author Jerry Garcia discusses his book, "Prisoners Without Chains: The Forced Relocation of Japanese Mexicans, 1942-1945." The Northern Arizona University professor shares how the Japanese negotiated a distinct space within Mexican culture where Japanese identity and ethnicity was maintained and rarely challenged due to a perception that the Japanese displayed markers of whiteness that were associated with western imperialism and power. The event is free, and light refreshments will be served. If you are interested in purchasing Dr. Garcia's book visit UA Press and use the discount code AZHUM17 for a special offer.

*please see CALENDAR on page 18*

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**6827 N. 2nd St.**  
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\$595,000



**6108 N. 11th Ave.**  
1,420 sf, 3 bed/2 bath  
\$315,000



**121 W. Southern Hills**  
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\$659,000



**7802 N. 5th Ave.**  
2,609 sf, 5 bed/3 bath  
\$495,000



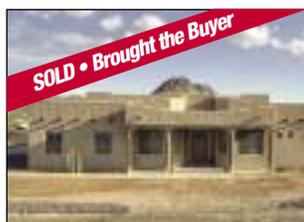
**7637 N. 5th Ave.**  
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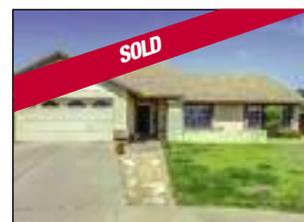
**48408 N. 31st Ave.**  
2,351 sf, 3 bed/2 bath  
\$305,000



**10402 W. Edgewood Drive**  
1,832 sf, 3 bed/1.75 bath  
\$178,000



**7734 N. 3rd Ave.**  
3,156 sf, 4 bed/2.5 bath, pool  
\$420,000



**15218 N. 43rd St.**  
2,342 sf, 3 bed/2 bath, pool  
\$359,000



**10575 E. Mission Lane**  
2,046 sf, 3 bed/2 bath  
\$505,000

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### COMMUNITY

CALENDAR continued from page 16

#### Government Policies on Aging Issues

6:30 p.m. Tuesday, May 16  
**Beatitudes Luther Life Center**  
 1616 W. Glendale Ave.  
 602-992-8145

The Phoenix Affiliate of AAUW (The American Association of University Women) hosts Dana Kennedy, state director for AARP. She will speak about challenges of the Arizona State Legislature on aging issues. The program will begin after an optional dinner (\$15) at 5:30 p.m. RSVP for the dinner to 602-992-8145 by noon on May 13. Visitors are welcome. Enter the Beatitudes at the gate on Glendale Avenue.

#### International Museum Day

9 a.m.-4 p.m. May 18  
**Pueblo Grande Museum**  
 4619 E. Washington St.  
 602-495-0901

Free museum admission all day. The museum also will offer free gallery tours and have artifact show-and-tell stations set-up in the galleries where guests can see up close, touch, and ask questions about different artifacts. Visit [www.pueblogrande.com](http://www.pueblogrande.com).

#### 'Tony Conrad: Completely in the Present'

8 p.m. Thursday, May 18  
**The Trunkspace at Grace Lutheran Church**  
 1124 N. 3rd St.

No Festival Required presents this documentary film examining the pioneering life and works of artist, musician, and educator, Tony Conrad. Since the early 1960s, Conrad's films and

compositions have been the stuff of legend for artists and musicians everywhere. His vast, inter-disciplinary repertoire has influenced major film and compositional movements. Advance tickets are \$10 (plus service charge), day of show tickets are \$12. Doors open at 7:30 p.m. Visit <http://tonyconradmovie.bpt.me>.

#### Spring Music Festival

3-5 p.m. Sunday, May 21  
**Crossroads United Methodist Church**  
 7901 N. Central Ave.  
 602-944-1524

A free jazz concert featuring composer and pianist Ioannis Goudellis, and popular Valley singer Francine Reed. Reed has appeared with Miles Davis, Stanley Jordan, Smokey Robinson, Etta James, and The Crusaders. In 1985, she began recording and touring with Lyle Lovett and His Large Band. Seating is limited in the Sanctuary; donations gratefully accepted.

#### Phoenix Union High School Class of '67 Reunion

Sept. 29-30  
**Four Points by Sheraton**  
 2532 W. Peoria Ave.

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COMMUNITY

## Volunteers sought to assist victims of scams

By Teri Carnicelli

Consumer scams seem to be on the rise as agencies like the Better Business Bureau and Arizona Attorney General's office get flooded with complaints. But sometimes those who have gotten scammed receive help from much closer to home: a Valley resident just like them.

That's because ABC15 reporter Joe Ducey's "Let Joe Know" consumer affairs program, which airs at 6 p.m. weekdays on ABC-Channel 15, is staffed by local volunteers who want to help their fellow citizens get back a least a little of what is owed to them.

The volunteers return phone calls and e-mails and try to offer advice or referrals to those that won't make the on-air program. It could be a landlord/tenant issue, a bad contractor problem, or someone who is about to fall for a scam and needs guidance.

Ducey has been an investigative reporter with ABC15 for nine years. He launched the "Let Joe Know" consumer advocacy program four years ago.



Joe Ducey, left, an on-air reporter for ABC15 in Phoenix who also works on the show's "Let Joe Know" consumer affairs program, talks about some of the trending scams with program volunteers Sandra Pomeraning and Denise Richardson (photo by Teri Carnicelli).

"We get about 300 complaints a month. It's amazing that so many people feel like they have to turn to a TV station because they can't get the help they need from state or federal agencies," Ducey says.

Volunteers come from throughout the Valley; while a good portion of them are retired, there are a number of volun-

teers who work flexible schedules and come in to help out because they want to give back to their community, Ducey explains.

Also helping to "give back" is the Better Business Bureau (BBB), which donates space at its North Central office for Ducey and his team to use five days a

week, including telephones and computers. The office is located at 1010 E. Missouri Ave. "They have the same goal as we do—to help consumers out," Ducey points out.

Ducey says all the work is computer based, so for some volunteers, "there is a little bit of a learning curve." But training is provided and there is someone on hand each day who can help with volunteers' computer questions. Ducey is usually there on Tuesdays to pitch in.

The goal of the team is to reach out to everyone who calls in or e-mails a consumer complaint, whether or not they can be helped by Let Joe Know volunteers. Sometimes those frustrated consumers are referred to other agencies that might be better able to assist them.

"Let Joe Know" volunteers can choose a three-hour shift (minimum) anytime from 10 a.m.-1 p.m. Monday through Friday. If they want to work more than three hours a week, they are more than welcome to, Ducey adds.

If you are interested in volunteering for the "Let Joe Know" program, e-mail Joe@abc15.com with "Volunteering" in the subject line for more information.

The "Let Joe Know" page at www.ABC15.com has a place where you can enter your e-mail address to receive a monthly newsletter highlighting the top three scams of the month, websites for researching companies, and other tips and tricks to avoid becoming a victim.

## Stump the expert, win a \$250 prize

The locally owned D.I.Y. pest control retailer, Bug & Weed Mart is challenging the public to try to stump its experts. The company, located at 5030 N. Central Ave., invites anyone 18 or older to submit questions to its Facebook page, under the "Stump the Experts" tab, with a photo or video from May 8-14.

All submitted questions should be no more than 150 words and videos no more than 1.5 minutes. Participants will automatically be entered for a chance to win a complete D.I.Y. Pest and Weed Prevention Package valued at more than \$250. The winner will be announced the week of May 15.

The entries with the most likes and shares will be selected as finalists. Employees of landscaping or pest control companies are not eligible. Contest instructions and rules are available online at www.bugweedmart.com.

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North Central resident Andrea Tazioli, a partner at law firm Quarles & Brady, hopes to pass along to her daughters—Nora, 6, and Molly, 4—the fighting spirit and sense of “do for others” that she learned from her own mother (submitted photo).

**Lawyer influenced by mom’s fighting spirit**

By Alison Bailin Batz

From a very young age, Andrea Tazioli was fascinated by law—albeit via shows like *Murder, She Wrote*. But it wasn’t until the turning point in her life that she learned firsthand how to fight tenaciously toward her goals, no matter what.

In 1987, 10-year-old Tazioli made up an excuse to stay home from school. “While fine, I knew my mother had a doctor’s appointment that day—and something was wrong,” Tazioli recalls. “That day, my mom came home with news; she was diagnosed with breast cancer, and given six months to live.”

Undeterred, Tazioli’s mother drove from their home in Bakersfield, Calif., to USC Medical Center—four hours round trip—over the next 16 years for treatment. She neither gave up nor made excuses one time, even when the disease moved into her bones, her lungs, and lymph nodes. By her side the entire time, Tazioli chose Loyola Marymount for her undergraduate studies as the school was 30 minutes from USC.

“I lost my mom when I was 23, but her fighting spirit is always with me,” said Tazioli, who served as president of her sorority before attending graduate

school and law school at night while working a full-time job.

During this time, she earned the Pro Bono Pledge Award for her hundreds of law-related community service hours and the CALI Excellence Award in Family Law, which is given to the highest-scoring student in each law school class, and also got married, with eyes to herself become a mom just like hers in the future.

Tazioli and her husband, Matt Smith, moved to the North Central neighborhood that they now call home in March 2013 (after initially coming to Arizona in 2008), when she was a fourth-year associate at Quarles & Brady.

Tazioli quickly became a familiar face with the Volunteer’s Lawyer Program, Lodestar Day Resource Center, and the President Obama’s Clemency Project, an initiative to commute the sentences of nonviolent offenders.

Along the way, Tazioli herself was named a partner at Quarles & Brady—and became the mom of two daughters herself.

“My girls may never have had the chance to meet their grandma in person, but I teach them every day through both words and actions to fight for the things they care about as

*please see SPIRIT on page 24*



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## HAPPY HOUR WITH HERSCH

I soon depart for my annual journey to Coachella to bathe in the glory of music. Music, except for some of the more hardcore versions, really does have the ability to sooth and bring people together. It does not see gender, race, sexuality or economic status. It accepts all and judges one on their actions not their attributes. That Coachella weekend 1 opens on Good Friday and ends on Easter feels like kismet to me. Below is the list of the 10 acts I most look forward to seeing:

- |                   |                      |
|-------------------|----------------------|
| 10. Local Natives | 5. The XX            |
| 9. Little Dragon  | 4. Banks & Steelz    |
| 8. Grouplove      | 3. Empire of the Sun |
| 7. Phantogram     | 2. Radiohead         |
| 6. Kendrick Lamar | 1. ?                 |

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**SPIRIT continued from page 22**

hard as she did for us,” said Tazioli. Tazioli chose to enroll her daughters at St. Francis Xavier School, largely because the school’s Jesuit tenant of “kids for others” is an ideal that her mom taught her, even at a young age. Focused on putting her money where her mouth is, Tazioli is today a volunteer with the Quarles Cares Capitol School project, and also a member of Suns Charities 88, a young leadership program focused on helping raise funds and volunteer time to more than 100 causes across Arizona.

“But most importantly, I serve as a homeroom mom for my girls, and even on their own school fundraising committee,” said Tazioli, whose mom is definitely smiling on her beautiful family this Mother’s Day ... and always.

**Business Briefs**

**‘Third Thursdays’ in Melrose District**

A popular evening shopping event is returning to the Melrose District as the “Third Thursday” expands to a monthly, instead of occasional happening.

A large group of businesses along 7th Avenue, primarily south of Highland Avenue, will remain open into the evening, and many will offer shopping discounts and other specials just for the night. Among the businesses participating are: Melrose Pharmacy, Wag n-Wash, Twigs & Twine, Sweet Salvage, Rebel Salon & Vintage, C-Mod, Hub Patio, Frockify, and RestoFab.

Melrose Third Thursday now includes food trucks provided by Best in Show events, parking-lot vendors and music/entertainment. Sound Bite, the joint effort (music and food truck) between KJZZ and Shortleash Hotdogs, will be on site as well.

The group of businesses at 700 W. Campbell Ave., which includes Kharma Life Center, Modern on Melrose, Melrose Manor, and The Worx Salon, also are merging their “Moonlight on Melrose” event into Third Thursdays, staying open until 8 p.m.

The vision of the Third Thursday organizers is to turn Third Thursdays into a movement paralleling First Fridays in downtown Phoenix.

“This is a way to really bring the community together, creating an ongoing, family-friendly, event that celebrates who we are and where we live,” says Jane Mayer of Kharma Life Center.

ing, family-friendly, event that celebrates who we are and where we live,” says Jane Mayer of Kharma Life Center.

Pam Pawlowski of SAMA (Seventh Avenue Merchants Association) offers, “As we become involved in local community, lots of cross promotion can happen. We want to continue to grow together and make Melrose known for Third Thursday.”

**What to do with aging golf courses**

“Adaptive Redevelopment: Can We Get Ahead of The Golf Ball?” will be the topic at the Arizona Association for Economic Development’s (AAED) May luncheon, 11:30 a.m.-1:15 p.m. Tuesday, May 9 at Phoenix Country Club, 2901 N. 7th St.

Grady Gammage Jr., of Gammage & Burnham and the Morrison Institute for Public Policy, will be the speaker. Gammage will discuss the declining interest in traditional golf communities, the decommissioning of golf courses and increases in redevelopment. He will share insight on how communities can get ahead of the planning process and understand zoning implications of such projects.

The cost of the luncheon is \$40 for AAED members and guests, \$55 for non-members and \$60 for late registrants. To register, visit [www.aaed.com/event/may9](http://www.aaed.com/event/may9). The registration deadline is Thursday, May 4 by noon. Vegetarian meals must be requested in advance.

For more information, call AAED at 602-240-AAED (2233).

**Claus named partner at Morris Trust PLLC**

Andrea L. Claus has been named partner at the law firm of Morris Hall, PLLC (MH), the largest estate planning law firm in Arizona. Their offices are located at 3300 N. Central Ave., Ste. 900.

Claus is committed to community involvement and is a regular speaker at various community events. She serves on the UMOM Board of Directors and is an active volunteer with the organization. She also serves on the SARRC Professional Advisory Council and, as part of that council, has delivered seminars regarding planning for those with special needs.

Claus and the other attorneys at Morris Hall are members of the

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American Academy of Estate Planning Attorneys (AAEPA). For more information about the law firm, visit [www.morritrust.com](http://www.morritrust.com) or call 602-249-1328.

### Bearden joins Inman & Sons

Jimmy Bearden recently joined the team at Inman & Sons Auto and Truck Center as service manager, bringing his 21 years of experience in the automotive industry to the North Central business located at 6335 N. 7th St.

Bearden has lived in the Valley for 20 years, and graduated from the Arizona Automotive Institute. He will be in charge of Inman's day-to-day operations and customer service. In his spare time, he coaches his daughter's club softball team.

For more information, visit [www.inmanandsons.com](http://www.inmanandsons.com).

### Decker earns high marks from Century 21

Century 21 Real Estate LLC recently honored Kimberly Decker, sales associate with CENTURY 21 Arizona Foothills–North Central, with the Century 21® President's Producer Award.

The annual award is bestowed upon those Century 21 System sales affiliates that earn the Century 21 CENTURION award and the Century 21 Quality Service Pinnacle Producer award in the same calendar year.

The CENTURION Producer award honors Century 21 System sales affiliates that earn \$225,000 in sales production or 65 closed transaction sides within the calendar year. To earn the Century 21 Quality Service Pinnacle Producer Award, a C21 sales affiliate must receive completed customer surveys for at least 30 percent of their transactions from Jan. 1-Oct. 31, with an average survey score of at least 95 percentage or better for two consecutive years.

Decker's office is located at 8936 N. Central Ave. You can reach her at 602-943-7252 or [kimberly.decker@century21.com](mailto:kimberly.decker@century21.com).

### Competition and regular dance offered at studio

Gravity & Grace, a new dance studio for competition dancers as well as recreational dancers, recently opened at 9838 N. 19th Ave., Suite B.

Gravity & Grace originated as a

competition dance team, moving into its new studio in October 2016. The studio owner, Karen Robinson, and faculty teacher, Kitti Stevenson, have more than 30 years combined competition dance experience.

The studio's Teen and Senior Elite teams rehearse twice a week for competition, which also include technique classes. Dancers are required to have 3-4 years of competition experience and be able to demonstrate advanced level technique. G & G dancers also have the opportunity to take Master Classes, in addition to learning choreography for competition. A Junior team is being added this fall.

Gravity & Grace also is expanding its repertoire to include the recreational dancer. Classes will include Teen/Adult Pop-up Style, Beginning through Advanced levels in Jazz, Lyrical, Contemporary and Ballet, and Tiny Tykes for the preschool dancer (ages 3-5).

For more information, call 602-909-7073 or visit <http://www.gravityandgracedance.com>.

### Pioneer Title opens new branch office

Pioneer Title Agency has opened its newest branch, located at 4645 N. 32nd St., Suite A110, which will focus on serving the organization's Camelback Corridor, Biltmore, Phoenix and Arcadia customers and business members.

Diana Olson, who joined Pioneer in February but has nearly 25 years of experience in the title and real estate industries, respectively, will serve as branch manager and escrow officer. In addition, Natasha Graves has been hired as escrow assistant. In her new role, Graves will be responsible for greeting customers, handling couriers and opening new orders.

A local, family-owned business, Pioneer has grown to more than 60 branches in more than 35 cities across Arizona by remaining focused on a "commitment to service" since its inception. Pioneer also has a statewide community relations program, Pioneer Title Agency in Action, which focuses on giving back both time and money to local causes across the state.

For more information, visit [www.ptaaz.com](http://www.ptaaz.com).

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3920 E. Mountain View Rd. <b>NEW PRICE</b>	6039 SF	6BR/6.5BA	\$1,695,000
6001 N. 21st Pl. <b>JUST LISTED</b>	4254 SF	4BR/4.5BA	\$1,275,000
5750 N. Central Ave. <b>NEW PRICE</b>	6555 SF	5BR/4.5BA	\$1,099,000
7026 N. 23rd Pl. <b>IN ESCROW</b>	3376 SF	3BR/3.5BA	\$1,075,000
230 W. Linger Ln. <b>NEW PRICE</b>	4618 SF	5BR/5.5BA	\$ 799,500
600 W. Echo Ln. <b>NEW CONSTRUCTION</b>	2918 SF	3BR/3.5BA	\$ 799,500
1819 E. Palmaria Ave. <b>NEW CONSTRUCTION</b>	.341 5SF	4BR/3.5BA	\$ 789,000
6030 N. 5th Ave. <b>IN ESCROW</b>	3737 SF	4BR/3.5BA	\$ 749,000
635 W. Echo Ln. <b>NEW CONSTRUCTION</b>	2347 SF	4BR/2.5BA	\$ 739,500
1823 E. Palmaria Ave. <b>NEW CONSTRUCTION</b>	2970 SF	4BR/3.5BA	\$ 689,000
630 W. Echo Ln. <b>NEW CONSTRUCTION</b>	2347 SF	4BR/2.5BA	\$ 675,500
1629 E. Montebello Ave. <b>NEW CONSTRUCTION</b>	3033 SF	4BR/3.5BA	\$ 675,900
735 W. Las Palmaritas <b>IN ESCROW</b>	4061 SF	4BR/3.5BA	\$ 695,000
1020 E. Maryland Ave.	Lot		\$ 675,000
6010 N. 5th Ave. <b>NEW PRICE</b>	3300 SF	5BR/3BA	\$ 599,000
30 W. Frier Dr.	22,208 SF lot		\$ 595,000
20 W. Frier Dr.	24,785 SF lot		\$ 585,000
10 W. Frier Dr.	18,807 SF lot		\$ 555,000
40 W. Frier Dr.	15,815 SF lot		\$ 535,000
10265 N. Central Ave. <b>JUST LISTED</b>	3122 SF	4BR/3BA	\$ 499,000
8103 N. 9th Ave.	2701 SF	4BR/3BA	\$ 499,000
243 W. Harmont Dr. <b>JUST LISTED</b>	3000 SF	4BR/4BA	\$ 495,000
709 W. El Camino Dr. <b>NEW PRICE</b>	2734 SF	3BR/2.5BA	\$ 484,000
7229 N. 11th Ave. <b>JUST LISTED</b>	2118 SF	3BR/3BA	\$ 475,000
1110 W. Orangewood Ave. <b>IN ESCROW</b>	2440 SF	3BR/2BA	\$ 459,000
7726 N. 11th Ave, <b>IN ESCROW</b>	2212 SF	3BR/2BA	\$ 459,000
8449 N. 1st Dr. <b>JUST LISTED</b>	2204 SF	4BR/4BA	\$ 428,000
739 E. Palmaria Ave. <b>JUST LISTED</b>	1860 SF	3BR/2BA	\$ 375,000
1433 E. Mission Ln. <b>IN ESCROW</b>	2135 SF	4BR/2.5BA	\$ 345,000
805. E. Boca Raton Rd <b>IN ESCROW</b>	1932 SF	3BR/2.5BA	\$ 323,117
722 E. Boca Raton Rd. <b>IN ESCROW</b>	1784 SF	3BR/2.5BA	\$ 316,500
4403 W. Laurie Ln. <b>IN ESCROW</b>	2704 SF	5BR/3BA	\$ 310,000
726 E. Boca Raton Rd. <b>IN ESCROW</b>	1640 SF	3BR/2.5BA	\$ 300,000
714 E. Boca Raton Rd. <b>NEW CONSTRUCTION</b>	1784 SF	3BR/2.5BA	\$ 289,900
710 E. Boca Raton Rd. <b>NEW CONSTRUCTION</b>	1640 SF	3BR/2.5BA	\$ 276,900
707 E. Boca Raton Rd. <b>IN ESCROW</b>	1640 SF	3BR/2.5BA	\$ 270,900
1745 E. Aurelius Ave. <b>IN ESCROW</b>	Lot		\$ 249,000
1755 E. Aurelius Ave. <b>IN ESCROW</b>	Lot		\$ 249,000
6527 N. 10th Pl. <b>IN ESCROW</b>	1883 SF	3BR/2.5BA	\$ 250,000
7231 N. 6th Way <b>IN ESCROW</b>	1450 SF	2BR/2BA	\$ 239,900
5350 N. Central Ave. #34 <b>NEW PRICE</b>	1540 SF	2BR/2BA	\$ 239,900
750 E. Northern Ave. #1138 <b>IN ESCROW</b>	746 SF	1BR/1BA	\$ 118,000

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5645 E. Exeter Blvd.	\$1,575,000	15815 E. Burro Dr.	\$ 590,000	504 E. Flynn Dr.	\$ 396,950	*9007 N. 14th Dr.	\$ 312,500
5045 N. 22nd St.	\$1,525,000	7747 N. 13th Pl.	\$ 585,000	1326 E. Stella Ln.	\$ 375,000	1124 E. Rose Ln. #10	\$ 253,000
512 E. Tuckey Ln.	\$1,037,000	1232 E. Oregon Ave.	\$ 485,000	1102 W. Keim Dr.	\$ 365,000	6509 N. 10th Pl.	\$ 245,000
2135 E. Colter St.	\$1,000,000	8816 N. 18th Pl.	\$ 465,000	2027 E. Glendale Ave.	\$ 350,000	4055 E. Calavar Rd.	\$ 223,500
130 E. Glendale Ave.	\$ 852,500	3150 E Rose Ln .	\$ 460,000	7118 N. 11th Dr.	\$ 333,500	*5350 N. Central Ave. #38	\$ 173,250
321 E. Montebello Ave.	\$ 805,000	1135 E. Lawrence Rd.	\$ 439,000	6913 N. 10th St.	\$ 328,500	1880 E. Morten Ave. #137	\$ 94,500
2101 E. Bethany Home Rd.	\$ 615,000	7623 N. 7th Pl.	\$ 418,000	6608 N. 13th St*.	\$ 325,000		*represented both buyer and seller

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HEALTHY LIVING



North Central resident and nurse, Jessie Vold (center), was praised by out-of-town expectant parents Kimberly and Adam Oswalt after Kimberly went into premature labor. The couple was instrumental in Vold receiving the DAISY Award for Extraordinary Nurses (submitted photo).

### Local nurse honored for care, compassion

A North Central Phoenix resident working as a nurse at Dignity Health St. Joseph's Hospital and Medical Center, Jessie Vold, R.N., was recently honored with a DAISY Award for providing outstanding, kindhearted care.

An expectant mother, Kimberly Oswalt, was visiting Arizona from Ohio with her husband, Adam. At just 23-weeks gestation, she unexpectedly began to experience premature labor complications. When the couple arrived at St. Joseph's, they were immediately grateful for Vold's presence, telling hospital administration that Vold has an infectious smile and an optimistic approach to stressful situations. She made sure that Oswalt was relaxed and comfortable even during the toughest times.

The Oswalts named their son Joseph, partly because of their positive experience at the hospital. While the couple was ultimately faced with grieving the passing of Joseph, they are forever grateful for the skill and level of care provided by the nurses assigned to them, including Vold.

"When Adam and I think back to Arizona, we have fond memories of our small family of three, and although we can't help but think about those moments of intense fear followed by sorrow and grief after Joseph passed, we are always uplifted by the hope, compassion, and love our nurses left in our

hearts," Oswalt said.

Vold's direct influence on her patients' level of comfort and happiness leaves an everlasting impression on those around her. The DAISY Award was presented to Vold because she consistently demonstrates the outstanding degree of compassion and diligence the award sets out to recognize.

The DAISY Award for Extraordinary Nurses is part of The DAISY (Diseases Attacking the Immune System) Foundation's program to recognize the super-human efforts nurses make every day.

### Health Briefs Indoor cycling event aids cancer research

The 7th Annual Cycle for the Cure, a 2-hour, heart-pumping indoor cycling event and festive fundraiser benefiting TGen's cancer research, will take place Sunday, May 7, at Camelback Village Health Club & Spa, 4444 E. Camelback Road. Plus, the 2017 Cycle for the Cure also includes yoga and fitness classes for a donation. To sign up, register at your local Village location or visit [www.tgen-foundation.org/cycle](http://www.tgen-foundation.org/cycle).

As you pedal with others, you'll be inspired and energized by your shared mission to fund groundbreaking research with life changing results, and knowing that 100-percent of funds raised by participants supports cancer research in Phoenix. And you won't want to miss the Post-Ride Party, featuring cool refresh-



**HEALTHY LIVING**

ments, small bites, beer, wine and music by Nate Nathan and the MacDaddy-O's Band. Admission to the party is free for all registered riders, and a \$20 donation for guests.

**Belly Dancing class held at Desert Song**

Enjoy a fun way to exercise with a special Belly Dance Class, set for 7:05-8:30 p.m. Friday, May 5 at Desert Song Healing Arts Center, 3232 N. 20th St.

Attendees will explore movements rooted in the ancient symbol of infinity. Be you a beginner or more practiced dancer, come join in this fun and explorative class. Expect hips to be swaying, arms undulating, deep breathing, and a safe place for expression.

The instructor is Amanda Carson, a world traveller, dancer and yogini.

Cost is \$20 in advance and \$25 the day of the class. For more information, call 602-265-8222 or visit [www.desertsongyoga.com](http://www.desertsongyoga.com).

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**Free health screens scheduled for May 4**

Abrazo Central Campus offers free StrokeCheck screenings from 7-11 a.m. Thursday, May 4 in the hospital's Arlene Copley Wellness Center, 2000 W. Bethany Home Road.

Screenings include cholesterol, glucose, blood pressure and heart rate, body mass index, review of family history and risk factor assessment, stroke education and materials and counseling with a licensed medical professional. Participants are requested to bring a list of current medications and recent lab work to the sessions. For the glucose screening, please fast 6-8 hours prior to

the test. If you have not fasted, the test will not be performed.

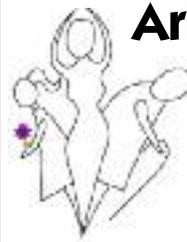
To register for a screening, call 1-844-361-8285.

**Yoga class, book signing with Stanley**

Yogi, body-positive activist and self-professed "fat femme" Jessamyn Stanley will lead a yoga class and discuss and sign her book, "Every Body Yoga," Sunday, May 7 at Changing Hands Bookstore-Phoenix, 300 W. Camelback Road. The yoga class is from 2-3 p.m., followed by a conversation from 4-5 p.m.

In "Every Body Yoga," Stanley offers a refreshing paradigm shift in the approach to yoga for every person whose aspirations have been tempered by body shame or insecurity.

To sign up for the yoga class, purchase a copy of Stanley's book (\$16.95, paperback), which entitles you to a ticket—good for two people—to Stanley's 4 p.m. talk and book signing. Or, just pre-register and pre-purchase the book and skip the yoga and come for the discussion and signing. To register, call 602-274-0067.



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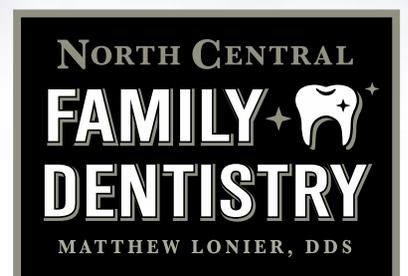
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SCHOOL DAYS



Charlotte McClelland, a seventh-grade student at St. Francis Xavier School, displays her booth at the Arrupe Marketplace on campus. Her project raised money for HomeBase Youth Services (submitted photo).

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## Students aid various nonprofits for project

The Arrupe Project at St. Francis Xavier is in its seventh year, and has helped hundreds of students support causes that are most meaningful to them.

"This project starts in the seventh grade, when students sell handmade crafts in the Arrupe Marketplace in our school courtyard and after a Sunday mass," explained St. Francis Xavier Campus Minister Deborah Westerfield. Then in the eighth grade, students must organize a fundraising event.

"The funds they make from the event are then used to purchase whatever the cause or organization is in need of, personally deliver it to them and more often than not, meet who is being benefited by their works," Westerfield said.

The seventh and eighth grade students were commissioned for their effort during a school liturgy Jan. 20 and earned \$10 startup funds. During their classes, students research organizations that are actively engaged in ending inequality. Each student selects an organization to be the recipient of the funds raised. They then speak to an individual at the organization, and determine what their needs are.

After the marketplace and fundraisers are held, the students purchase the items needed with the funds raised. "What amazes me is the kids, by the

end of their Arrupe journey, don't look at it as just a grade, but it's something that's imprinted on them forever," said Kelsey McKone, who teaches seventh and eighth grade religion.

A guest speaker from Catholic Charities Community Services addresses the students at the beginning of the Arrupe Project. Other students decide they would like to support a charity that might have personal meaning to them such as Phoenix Rescue Mission, Ryan House, PANDA and Foundation for the Blind.

Eighth-grade student Max Tiffany decided to support Catholic Charities' bicycle donation program to help homeless veterans, clients treated for mental health issues and other people living without homes.

"With the money raised at my fundraiser I was able to purchase helmets, bike chains and bike locks," he said.

The Arrupe Project has been named the recipient of the 2017 Youth Golden Rule Award from the Arizona Interfaith Movement. St. Francis Xavier School received the award on April 6. The Arrupe Project also is now a diocesan model that is planned to be implemented in other schools.

St. Francis Xavier School is a Jesuit school serving preschool-eight grade located 4715 N. Central Ave. For more information, call 602-266-5364 or visit <http://www.sfxphx.org>.

## SCHOOL DAYS



Students from Thunderbird High's DECA program recently were honored for their promotional plan and analysis of the school's student store, the Thundershack (submitted photo).

## School Briefs

### GLENDALE UNION HIGH SCHOOL DISTRICT Success of school store brings honors

Thunderbird High School was one of six schools in Arizona to be named as having a Gold Certified School Store and as a result, three Thunderbird DECA students presented their Promotion plan at the DECA International Career Development Conference (ICDC) on April 26.

Dalton Baugh, Kalyn Parsons and Anna Wheeler wrote an extensive analysis of the Thundershack, Thunderbird's school store, to receive this honor. In addition, Kaleb Robertson qualified to compete at ICDC in the Food Marketing event.

### JROTC teams win several awards

Forty of Thunderbird High's NJROTC cadets in March participated in the West Mitchell Drill Meet at the 161st Air National Guard Base. They competed against 20 JROTC units from the Army, Navy, Air Force and Marine Corps. Thunderbird won nine group and individual trophies and also First Place Overall in the drill competition. Awards were won in the categories of Color Guard, Armed and Unarmed Regulation and Exhibition Drill.

### Help fund a SHS scholarship

Three years ago, Mackay Alpert, a Sunnyslope graduate from the class of 1999, started a cash scholarship to be given to a Sunnyslope senior going on to college.

The 99 Scholarship is for SHS student with at least a 3.0 GPA, involved in extracurricular activities, a model citizen on campus, and in financial need. Previous recipients were Amanda Schwartzmeyer (2014), Reyna Castillo (2015) and Taylor Fenton (2016).

The financial burden of higher education has grown, and now the scholarship's supporters are looking to the  
*please see SCHOLARSHIP on page 32*

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## SCHOOL DAYS



Members of the Sunnyslope High School Garden Club install new vegetable planter boxes for the residents of Sunnyslope Manor senior apartments as part of a community project (submitted photo).

### SCHOLARSHIP continued from page 34

North Central community for help with continuing to be able to send a Sunnyslope senior on to the next level with a running start. A Go Fund Me page has been created where even the smallest donation can make a difference, if many people give. For more information, visit <https://www.gofundme.com/the99scholarship>.

### Garden club cleans up senior apartments

The Sunnyslope High School Garden Club has partnered with the assisted senior living community, Sunnyslope Manor, to help revitalize unused gardens on the property.

With the help of the Sunnyslope JROTC and National Honor Society groups, weeds have been pulled, trash removed and new watering systems built for the residents to enjoy the gardens once again. Until new flowers and vegetation is planted, the students have covered the garden area up with a tarp to protect it from new weed growth and debris.

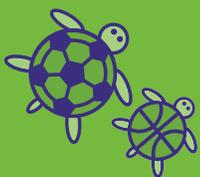
### SHS musicians take honors at festival

Sunnyslope High is celebrating the recent success of its music department. Ninety instrumentalists performed at the Heritage Festival in Anaheim, Calif., with the Symphonic Band earning second place and the Chamber Orchestra earning third place.

Senior Makenna Lockwood also received the Judges Award for her solo performance.

### Students surprised with full rides to GCU

Eighteen Washington High School seniors were surprised with full tuition scholarships by Grand Canyon University in March. The students received the Students Inspiring Students scholarship, which recognizes students who have earned at least a 3.5 GPA and completed a minimum of 100 hours of tutoring at the GCU Learning Lounge.



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**SCHOOL DAYS**

**OSBORN ELEMENTARY SCHOOL DISTRICT  
Native students' art shines at show, sale**

The Student Art Show & Sale at the Heard Museum is one of the few national events celebrating the achievements of young Native artists. The event was held March 25-27 at the Heard, 2301 N. Central Ave. Students in grades 7-12 competed for ribbons and cash prizes in two divisions each with 13 categories.

A panel of esteemed judges chooses outstanding pieces in a juried competition. Students price their own artwork and receive the proceeds from the sale of their work. With the help of art teacher Anna Feria, Osborn Middle School student Kaylin submitted her work, received a second-place ribbon and her art sold the first night of the show.

**Students enjoy songs, stories**

Ms. Elizabeth from The Phoenix Public Library read to the developmental preschool class at Encanto School. Visiting parents learned how sharing interactive reading aloud with children helps increase language skills.

The students enjoyed songs and keeping the beat to the music by using "egg shakers" to the rhythm. Ms. Elizabeth explained that keeping time to music helps develop reading skills. After reading and songs, the children worked on a craft with their parents.

**PHOENIX UNION HIGH SCHOOL DISTRICT  
Marketing program receives more funds**

The marketing program at Camelback High was awarded an additional \$5,000 for the third year. Verizon gave the program \$27,000 plus 40 Samsung tablets in 2014, \$20,000 and eight Samsung tablets in 2015 and in 2016 they also selected teachers Maria Ciolfi-Abrams and Julia Bourdo to be "experts," giving them a personal stipend to help new teachers receiving the 2016-17 grant.

**Sign up now for summer school**

Phoenix Union will offer summer school for continuing students and a Freshman Academy for incoming ninth graders. Most schools will start May 30

and run until June 29, with morning and afternoon classes Monday through Thursday. Alhambra's summer schools run June 5-June 29, Monday through Friday. Due to building maintenance projects this summer, Camelback students will attend at Linda Abril Educational Academy.

For more information and course listings, visit <http://www.phxhs.k12.az.us/summerschool>.

**Students perform with country music artist**

Twenty-four Camelback students performed with GRAMMY nominated country recording artist Eric Church on March 28 during his tour stop at the Talking Stick Resort Arena in Phoenix. Church is a strong supporter of public music education and is inviting a local high school choir on each tour stop to join him.

The GRAMMY Foundation contacted band director Jaime Johnston, who had been nominated by the organization a few years ago as a Music Instructor of the Year.

*please see GRAMMY on page 32*



# Arts Camp

## First United Methodist Church Creative Arts Camp is Back!

We're gearing up for our 5th annual Creative Arts Camp which will take place July 31-August 4 from 9 a.m.-3 p.m. This week-long camp gives children who have finished Kindergarten through 6th grade the opportunity to participate in a variety of classes from painting and T-shirt design to singing and cooking. We also have a 'mini-camp' for children aged 3-5 years old. Registration for camp will be available online at [firstchurch.church](http://firstchurch.church) starting on **Monday, May 1**. Before and after care is also available for an additional fee. This camp is always a great way for kids to wrap up their summer, so don't delay in registering your little artists and musicians. First United Methodist Church Creative Arts Camp is back!

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 5510 N. Central Avenue  
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Kindergarten applicants must turn 5 by Dec. 31, 2017

### SCHOOL DAYS

#### GRAMMY continued from page 33

The students, selected from members of the performing arts department—band, choir, and guitar—had a dress rehearsal with Church on stage to learn what to do in the performance. They had a catered dinner and enjoyed the back stage experience and a dressing room just for them, and performed the opening song, “A Mistress Named Music.”

#### Studying earns students scholarships to GCU

Eight Central High students in March were awarded Students Inspiring Students Scholarships to Grand Canyon University. The students had to complete 100 hours of study time in the GCU Learning Lounge.

The students are Angel Lopez, Kiara Greenfield, Christina Olivas, Edgar Arellano, Keilen Costilla, Marixa Hernandez, Edward Arellano and Adrian Dominguez.

These students will serve as tutors to future high school students looking to earn a Students Inspiring Students schol-

arship. Other criteria for the scholarship were demonstration of financial need, university admissibility, and demonstrate university preparedness. This is a neighborhood scholarship given to community schools in the GCU vicinity.

#### Archers show stuff at state tournament

The Central High School JROTC Archery team competed at the State Archery Tournament at Ben Avery Range on March 4, and the top-ranked female archer in Arizona, Cadet Amelia Binguocha, didn't disappoint. She placed first, scoring 284 out of 300 possible points.

Her teammate, Cadet Vy Lam placed fourth overall, scoring 280 of 300. Both young women qualified for the Nationals, to be held in Louisville, Ky., May 11-13. Binguocha not only bested 85 high school girls, but she placed first among the 212 female competitors.

#### Art students win awards

Several students in Julie Peter's Advanced Art classes at North High School submitted artwork to the 2017 Scholastic Art & Writing competition. The four Gold Key regional winners went on to compete at the National Level, where Christian Lopez earned a Silver Medal for his painting, “The End.”

Jacob Derbyshire, Joan Huai and Andres Varela also were Gold Key regional winners. Derbyshire also won a Silver Key and Honorable Mention, Huai won a Silver Key, Mia Ledesma took three Honorable Mentions. In all, there were eight Silver Key winners and nine Honorable mentions.

#### Culinary students receive cash prizes

Thirty-eight outstanding culinary students from public high schools throughout Arizona were awarded scholarships to continue their culinary studies at the Careers through Culinary Arts Program (C-CAP) Arizona 25th Anniversary Awards Breakfast.

C-CAP awarded more than \$435,000 in scholarships and opportunities. Among the winners were Juan Salgado Castro of Camelback High School, who received an Omni Scottsdale Resort & Spa at Montelucia Industry Scholarship.

Metro Tech student Daylon Bennett won a cash award from C-CAP

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**SCHOOL DAYS**



The Dragon Boat racing team from North High School cruises along Tempe Town Lake as part of the 14th-Annual Dragon Boat Festival, which now offers a high school division (submitted photo).

as well an industry award, which means he has a job upon graduation. He received a Desert Peak Marketing Scholarship, and the Nine Degrees North Catering Industry Scholarship.

Scholarships to attend local culinary schools and some of the most prestigious culinary schools in the country ranged in value from \$1,000 to more than \$121,000. Some students also received C-CAP Education Scholarships and cash awards to help defray the costs of books, supplies, housing, and other expenses while attending community college or another culinary school.

neering design and development (capstone course), college algebra and college pre-calculus. MHP also will offer several Advanced Placement courses.

MHP also will host a STEM (science, technology engineering and math) night for the public from 5 to 7 p.m. Thursday, May 11. Students, parents and guests will tour the campus and view or participate in chemistry, biology, digital media, math and engineering demonstrations. Visitors will also have opportunities to speak with teachers about courses. The adjacent

*please see STEM on page 36*

**Schools participate in Dragon Boat races**

It's not an AIA sport, but two Phoenix Union schools raced in the 14th-Annual Dragon Boat Festival at Tempe Town Lake, March 25.

North High, under the direction of teacher Rita Lopez, has been doing this for seven years. Maryvale, coached by science teacher Jennifer Cho, joined in the fun this year in the first-ever high school division.

Battling a strong headwind and current, Maryvale came in second, a half second ahead of North. Both teams practiced two times prior to racing, and lost to a California team that trains year-round.

The Arizona Dragon Boat Association waived the race fee of \$300 to help promote the high school division.

**PRIVATE AND CHARTER SCHOOLS**

**MHP offers new courses, STEM Night event**

Madison Highland Prep (MHP), a STEM charter high school in Phoenix, will offer the following new courses during the 2017-18 school year: psychology, environmental science, engi-

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*please see CAMP O'CONNOR on page 32*

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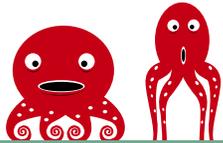
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June 12th-15th



**Week Three: It's a Small World**  
June 19th-22nd



**Week Four: The Great Outdoors**  
June 26th-29th

**Details and Pricing: [www.staphxschool.org](http://www.staphxschool.org)**

**SCHOOL DAYS**

**STEM continued from page 35**

Madison Park Middle School will concurrently host its STEAM night.

MHP is located at 1431 E Campbell Ave. For information, call 602-745-3800 or visit <http://madison-highlandprep.com/h/>.

**Bourgade mourns loss of coach, friend**

Bourgade Catholic High School is feeling the effects of a recent tragedy—the sudden loss of Greg Henke, counselor and coach. It is a tremendous loss that has rocked the Bourgade Catholic community.

Although Henke will be well remembered for the huge impact he made as the head coach for the Bourgade Catholic High School baseball team, Henke greatly impacted the lives of students on a daily basis in his role as a counselor.

Fellow counselor and coach JinHee Huff reflected on the impact that he made at Bourgade Catholic,

“In our counselor programs, active listening is taught, but I do not think I fully grasped it until I began working

with Greg. Greg was very good at listening and was present with you; he genuinely cared and believed that if someone is sharing something with him, it deserved his time, patience, and complete attention.”



Greg Henke

Even in this time of sadness and grief, the support and love for Henke at Bourgade Catholic has been overwhelming. Henke, who first joined the Bourgade Catholic family in 1988, left behind a legacy at the school that is sure to be remembered for generations.

Bourgade Catholic established a scholarship in his name to honor Henke's devotion to the school. For more information, contact JinHee Huff at [jhuff@bourgadecatholic.org](mailto:jhuff@bourgadecatholic.org).

**Packing boxes for hungry children**

Christ Church School (CCS) elementary students and chaperones visited Feed My Starving Children (FMSC) on

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## SCHOOL DAYS



Christ Church School students and chaperones assembled 26,352 meals to feed hungry children in Cambodia as part of a service project for Feed My Starving Children (submitted photo).

March 9, working together to assemble 26,352 meals to feed hungry children in Cambodia. Their efforts provided 72 children with food for an entire year. FMSC is a nonprofit Christian organization committed to feeding children hungry in body and spirit.

The CCS volunteers labeled packages, scooped a mix of vitamins, dried vegetables, soy, and rice into bags, weighed and sealed each bag, and packed the bags into 122 boxes. At the end of the session, everyone prayed over the packed boxes of food and volunteers tasted a sample of the bagged meal.

CCS families and staff members also collected quarters in candy tubes, donating more than \$1,400 to FMSC, which will provide materials for about 6,000 additional meals. Many students worked to earn their donations by helping at home, being kind to others, or doing additional chores.

### Xavier women collect accolades

Xavier sophomore Leilani McIntosh and junior Montana Oltrogge were both selected for the Arizona Interscholastic Association's 2016-2017 6-A Basketball All-Region first team. In addition, junior Katie Hassett and sophomore Paris Moore were named to the All-Region Second Team.

In equestrian news, Xavier freshman Isabella Risser won three jumping blue ribbons at a recent competition in Thermal, Calif., while freshman Kenzie Riddell captured the top junior varsity award in the Interscholastic Equestrian Association's Zone 8 Hunt Seat Finals competition in Colorado Springs on March 4.

Xavier's cheer squad captured the national championship title at the USA Spirit Cheerleading and Dance Nationals in Anaheim on March 26. They competed for three days and came home with second place in Pom and first place in Cheer in the most advanced divisions. More than 45 parents made the trip with their daughters, providing a great cheering section.

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**GENERATIONS**



North Central teens Cassie Stevens (left) and Quinn Smith recently competed against only 34 other gymnasts from around the country in the Nastia Liukin Cup, held in Newark, N.J. (submitted photos).

**Local teens compete in gymnastics event**

North Central teens Cassie Stevens, 15, and Quinn Smith, 14, both members of the Arizona Sunrays Gymnastics & Dance Center in Phoenix, recently competed in the prestigious Nastia Liukin Cup held in Newark, N.J. These gymnasts competed against 2,000 level 10 Junior Olympic gymnasts from across the United States to qualify for this event. Only 36 athletes qualify for the Nastia Liukin Cup each year.

This was Cassie's third year qualifying and her first time in the senior age group. She finished 11th all-around in a very tough field. This was Quinn's first time qualifying and she also finished 11th all-around and in second place on the vault in the junior age group.

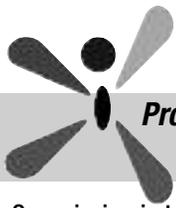
Cassie and Quinn are both students at Sunnyslope High School. Cassie has verbally committed to a full athletic

scholarship at Auburn University for 2019.

In addition, the Sunrays' top Level 10 gymnastics team recently won the Junior Olympic Arizona State Championships. The competition was held in March at the Victorium Sports Complex in Scottsdale with approximately 80 Level 10 athletes competing. The gymnasts ranged in age from 12 to 18.

The Arizona Sunrays had 12 level 10 gymnasts compete including three athletes who are now ranked among the top 100 level 10s in the country, including Cassie and Quinn. Cassie won the all-around competition with an excellent score of 38.925 for the second year in a row. Quinn won her age group all-around as a first year level 10.

There are three high school seniors currently leading Arizona Sunrays' level 10's. They are: Tatum Bruden, who joins Cassie and Quinn in the top 100 level 10's in the U.S. and who has com-



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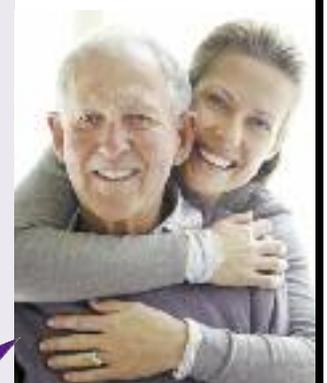
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## GENERATIONS

mitted to Boise State for next year; Nikki Duggan, committed to San Jose State; and Chloe Vitoff, committed to University of California Davis.

The Arizona Sunrays Gymnastics & Dance Center, co-owned by Julie and Dan Witenstein, is celebrating its 26th year in business. For more information, call 602-992-5790 or visit [www.arizonasunrays.com](http://www.arizonasunrays.com).

## Senior Living

### Become a reading tutor for students

In 2015, only 30 percent of Arizona's fourth grade students were reading proficiently. AARP Experience Corps, in partnership with Read On Phoenix, needs adult volunteers age 50 and older to help children strengthen their fluency and improve their reading skills by third grade.

The program taps into the experience and passion of older Arizonians to ensure that every child has a chance to succeed in school and in life. And it's working. Ninety percent of the students who receive one-to-one coaching with Experience Corps Phoenix have shown gains in critical literacy skills. Teachers report that the tutors make a positive impact on attendance, reducing disruptive behavior, and increase participation.

To learn more, register to attend a free information session scheduled for 11-12:30 p.m. Wednesday, May 17 at Burton Barr Central Library, 1221 N. Central Ave., in the College Depot on the second floor. Register by calling 602-256-4388 or e-mailing [ecphx@phoenix.gov](mailto:ecphx@phoenix.gov).

### Free programs on health issues

The Sunnyslope Senior Center, 802 E. Vogel Ave., hosts several free programs this month on a variety of health topics.

Learn what foods are "good for your gut," 10 a.m. Monday, May 8. Learn about the various foods that support health promotion and identify certain foods to avoid that cause greater weight gain in the abdomen. Presented by Iora Health.

Have your headaches "decoded," 10 a.m. Monday, May 15. Identify and learn about the various strategies relating to headaches; such as how why they occur, how to prevent, and review resources.

Then at 10 a.m. on Monday, May 22, learn the basics about neuropathy (i.e. numbness in the feet) and Shingles. Presented by Care 1st.

All programs are free with Senior Center membership (\$20 annually). No RSVP is needed. Note that the Sunnyslope Senior Center will be closed on Monday, May 29 in observance of Memorial Day.

### Seniors in need of medical equipment

The Foundation for Senior Living (FSL) operates the Kindness Closet inside St. Joseph's Hospital, located at 350 W. Thomas Road. It provides much-needed at home medical equipment for seniors who are dealing with injuries, illnesses, or issues relating to aging.

The program was made possible by a grant from Dignity Health. The Kindness Closet is a loaner closet that gives patients who are uninsured or underinsured access to items they may not be able to receive through Medicare or Medicaid. Items most needed currently are: wheelchairs, walkers, canes and shower chairs.

If you'd like to make a donation to the Kindness Closet, you can donate medical equipment and supplies or make a cash donation, which qualifies for the Arizona charitable tax credit.

To schedule a drop-off appointment or make a donation, call Kira McClinton at 602-406-1190.

## Kids & Family

### Open Houses set for Hubbard Sports Camp

Hubbard Sports Camp will host an informative Open House at its summer day camp location at Sunnyslope High School, 35 W. Dunlap Ave. from 1-3 p.m. on Sunday, May 7.

The Open House give parents and children a fun opportunity to meet the camp staff, tour the facilities, ask questions, and learn all about this summer day camp program. Hubbard Sports Camp is for children ages 4 ½ to 13. It is a co-ed, multi-sport summer camp that teaches the following: soccer, basketball, volleyball, baseball, archery, swimming and many other indoor and outdoor games and activities. There are half-days and full-days available. There is also extended care and sibling discounts.

*please see OPEN HOUSE on page 40*

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O most loving Father, who willest us to give thanks for all things, to dread nothing but the loss of thee, and to cast all our cares on thee, who carest for us; Preserve us from faithless fears and worldly anxieties, and grant that no clouds of this mortal life may hide from us the light of that love which is immortal, and which thou hast manifested unto us in Thy Son, Jesus Christ our Lord. Amen.

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**GENERATIONS**

**OPEN HOUSE continued from page 39**

The goal at camp is to guide and teach every camper according to their ability while making the activities fun and rewarding. For more information, visit [www.hubbardsports.com](http://www.hubbardsports.com).

**Weekly Social Group for kids at Artplay**

Join Artplay Plus, 1130 E. Missouri Ave., Ste. 210, for its weekly social group that conveniently runs on Saturdays beginning at 9 a.m. Each month will have a theme. For May, the theme is “Birds of a Feather,” where each week your child will socialize while creating a project to take home.

The schedule includes: making a birds nest with a family of eggs in a tree, May 6; pretend hatching chicks and a feathery bird parent, May 13; and create a see-through bird feeder, May 20. Cost is \$10 per child.

Elizabeth Rowley, owner of The Art of Learning, will lead the group in cute introductions, doing the craft, followed by taking pictures of their projects and each other for memorable fun each

time. To RVSP, e-mail [elizabeth@theartoflearningaz.com](mailto:elizabeth@theartoflearningaz.com). Be sure to indicate which class your child will attend.

**Kids can take the field with D-backs players**

The Arizona Diamondbacks have partnered with Phoenix-area Subway® Restaurants, the official training restaurant for the team, on Subway Kids™ Take the Field, an in-store drawing where kids between the ages of 7 and 15 can win a chance to take the field with their favorite starting D-backs player during a regular season home game.

Through Sept. 15, entry forms will be available at participating Phoenix-area Subway locations, no purchase necessary.

“This year, the Diamondback’s regular season schedule includes 13 Sunday home games,” said Chad Barnett, local Subway Advertising Board president. “Eight winners will be chosen to participate in each of these Sunday home games, giving us the chance to make more than 100 kids’

big league dreams come true.”

Each of the winners will also receive four tickets to the selected D-backs home game as well as a player autograph. Visit you local store for more details.

**Summer ‘Supercamp’ at Arizona Sunrays**

Now that summer vacation is here, the Arizona Sunrays Gymnastics and Dance Center, 3110 E. Thunderbird Road, will host its fun-filled “Supercamp” for children ages 3 to 13, from May 22 through Aug. 18.

Kids will stay happy and busy enjoying gymnastics, dance, ninja zone, zipline, yoga, sports, special guests, a bounce house, and more. There is a half-day camp option from 8:30 a.m. to 12:30 p.m. on weekdays. The full-day camp option is from 8:30 a.m. to 3 p.m. Cost is \$195 for the 1-week half-day and \$283 for the 1-week full-day; Individual half-day is \$53; Individual full-day is \$73.

Sibling discounts are available. Extended care hours are available from 7:30 to 8:30 a.m. and from 3 to 6 p.m.

for \$4 per half-hour. Advanced registration is required. Call 602-992-5790 or visit [www.arizonasunrays.com](http://www.arizonasunrays.com).

**Enjoy a night out while kids have fun**

Parents can enjoy their own fun night out this month with the help of the Arizona Sunrays Gymnastics & Dance Center, 3110 E. Thunderbird Road.

The Sunrays host a Kids Night Out & Sleepover, 6-10 p.m. Saturday, May 20. Children ages 3 to 14 will get to enjoy an evening of gymnastics, organized games, sports, jumping in a bounce house and on trampolines, obstacle courses, and then wind down the evening by watching a movie. Cost is \$30 per child with a \$5-off sibling discount. Pizza and drinks are included. The sleepover option is for ages 5-14, and costs an additional \$20. Pick up is the following morning at 8:30 a.m. A light breakfast will be served.

Advanced registration is required. For more information or to register, call 602-992-5790 or visit [www.arizonasunrays.com](http://www.arizonasunrays.com).

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**ARTS & ENTERTAINMENT**

**Local women perform story of friendship**

The 40-year friendship saga between five Valley women—three of them from North Central Phoenix—makes its world premiere stage presentation May 18-21 at Mesa Encore Black Box Theatre, 933 E Main St., Mesa.

“Boa Babes” includes universal themes that women—and men—will relate to, from careers, children, husbands, aging parents, loss, love and deep friendships.

The five friends will also perform in the “dramedy with music,” according to Laurie Fagen, who penned the script in collaboration with the others. All are Valley stage veterans, including Pam Cannedy, Mary Nelle Brown and Sherri Hildebrand, all from North Central Phoenix. Sandy Densford Vernon and Fagen round out the cast.

“The story is about how we all met, and the many things we have in common,” Fagen explains. “The title comes from the night we went to Phoenix Theatre’s production of ‘La Cage aux Folles’ and decided to wear boas. We proclaimed ourselves the ‘Boa Babes’ and the name stuck.”

Produced by the Arizona Women’s Theatre Company and Cannedy Performing Arts Centre, the show is being directed by Deborah Lee Hall (also of North Central Phoenix) and stage managed by Cat Dragon of Mesa.

Tickets are now on sale at [www.azwtc.org](http://www.azwtc.org). For more information, call 602-738-4597.



Performing the story of their friendship in stage production of “Boa Babes” are North Central residents, from left: Pam Cannedy, Sherri Hildebrand and Mary Nelle Brown (submitted photo).

**‘Timeless Tunes & Composers’**  
Orpheus Male Chorus  
**3 p.m. Sunday, May 7**  
**Camelback Bible Church**  
**3900 E. Stanford Drive**  
**602-271-9396**

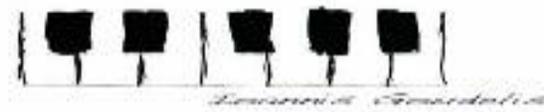
A showcase of great composers, such as Beethoven, Mozart and Handel, and a number of popular songs that have  
*please see TUNES on page 42*

**FREE ^ Spring Music Festival**

**Sunday, May 21<sup>st</sup> from 3-5 pm at**  
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**Featuring jazz with the Ioannis Goudellis Trio**



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**FRIDAY**

**May 12, 2017**

**8:00am Shotgun**

**Wildfire Golf Club**

**A&E Briefs**

**PAOA Juried Art Exhibit & Sale Opening Reception**

**5:30 p.m. Friday, May 5**  
**University Club of Phx**  
**39 E. Monte Vista Road**

Enjoy a free opening reception for the Portrait Artists of Arizona’s 7th Annual Member Juried Fine Art Exhibition. The 51 featured pictures are rendered in various media, including watercolor, oil, charcoal, pencil, and pastel. All pieces are available for purchase. The exhibit can be viewed Monday -Friday from 9 to 11 a.m., and from 2 to 4 p.m., through Aug. 30. The University Club is closed July 1-17.

## ARTS &amp; ENTERTAINMENT

**TUNES** *continued from page 41*

stood the test of time, including “New York, New York,” “Danny Boy” and “Over the Rainbow.” There also will be an audience sing-along. Tickets are \$20 plus fees. Visit [www.orpheus.org](http://www.orpheus.org).

**‘Holmes and Watson’**

**Arizona Theatre Company**

**May 11-28**

**Herberger Theater**

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Even after his supposed “death” at Reichenbach Falls, the great detective kept his hold on the world through the frauds, fakes and charlatans claiming to be him, forcing the loyal Dr. Watson to find the truth. Dr. Watson travels to a remote mental asylum where three recently admitted men claim to be the late detective. Each matches Holmes’s physical description and knows secrets only the real Holmes could possibly know. Watson confronts the three, convinced that one of them must be the real Holmes. Tickets are \$25-\$64 plus fees. Visit <http://www.arizonatheatre.org>.

**Caleb Reese Festival of New Plays & Musicals**

**May 12-13**

**Phoenix Theatre**

**100 E. McDowell Road**

**602-254-2151**

The festival provides opportunities for playwrights, composers and lyricists to showcase original works in various stages of development. This year’s festival includes “The Lemonade Stand,” a reading of a dramatic comedy about a man just fired from the only job he ever had who decides to open a lemonade stand; and “Something for Sondra,” a reading about Janey Tubben, her under-achieving best friend Brian, and her sassy mother Sondra. Show times for both are 7 p.m. Friday and 2 and 8 p.m. Saturday; tickets are \$10 plus fees. Both shows contain adult situations and language. Visit <http://phoenixtheatre.com>.

**‘Animal’**

**Scorpius Dance Theatre**

**May 18-20**

**Phoenix Theatre**

**100 E. McDowell Road**

**602-254-2151**

The show explores the relationship we have with animals, as well as their social interactions, physicality and movement. Overall a lighthearted and entertaining show, it offers awareness and support for animals in our community and globally. A portion of ticket sales will benefit local animal charity, Lost Our Home Pet Rescue. Tickets start at \$25 (plus fees). Visit [www.scorpiusdance.com/tickets](http://www.scorpiusdance.com/tickets).

**Topia: Ballet Arizona at DBG**

**8 p.m. May 23-June 10**

**Desert Botanical Garden**

**1201 N. Galvin Parkway**

**602-381-1096**

Ballet Arizona returns to the Desert Botanical Garden for an enchanting evening that embraces the desert as a stunning backdrop for the choreography of Ballet Arizona’s Ib Andersen. Andersen’s vision for dance in the desert continues to evolve, take chances, and challenge our emotional boundaries. In 2017, expect the unexpected as Ballet Arizona continues its series in the Garden to present a senso-

ry experience unlike any other. Tickets for all performances are \$15-\$164, with discounts for seniors, students, military and groups. Visit [www.balletaz.org](http://www.balletaz.org).

**Phoenix Comicon**

**May 25-28**

**Phoenix Convention Center**

**100 N. 3rd St.**

The signature pop culture event in the southwest focuses on comic books, anime, sci-fi and film. Visit in person with comic book creators, anime voice actors, and movie & TV actors including Garrett Wang from Star Trek: Voyager, and 80s film stars Anthony Michael Hall (“The Breakfast Club,” “16 Candles”) and Joan Cusack (“Say Anything,” “Working Girl”). Attendees also will enjoy panels and workshops, an art auction, Zombie Beauty pageant, Japanese fashion show, masquerade ball, live music and more. Purchase day passes or an all-event pass; sidekick passes, for children ages 3-12 accompanied by an adult, are just \$10 and good for all four days. Visit <http://www.phoenixcomicon.com>.

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**FOOD FOR THOUGHT**



Dustin Hazer, co-owner, holds up Helio Basin Brewery's Robust Porter and American IPA, while Helio's chef, Tammy Tanger, displays a plate three of Helio Basin's most popular tacos: Mesquite Honey Chicken, War Bonnet Carnitas, and Roasted O'odham Tepary Bean Blend (photo by Teri Carnicelli).

## Café Chat

**Desert-centric menu, creative beers at Helio**

By Patty Talahongva

Wide-open spaces and a menu that will surprise and pleasantly tantalize your taste buds are what you will find at Helio Basin Brewing Co., 3935 E. Thomas Road. The owners, Mike Conley and Dustin Hazer, have created a space that pays homage to the desert they now call home. "It's not typical bar food," emphasizes Hazer.

Instead, the menu includes tepary beans, Inca corn, black radish, mesquite, chorizo and chicharrones.

The two men met in college back east where they brewed their own beer and talked about opening their own brewery one day. But first life took them in different directions. After college, Conley enlisted as an officer in the Marines and Hazer went off to work in breweries where he honed his skills. Both men eventually ended up in Phoenix.

Hazer came to work at Four Peaks Brewing and after the Marines, Conley moved here because he has a sister who lives in the Valley. Under the GI Bill, he earned a Master's in Business Administration from Arizona State University.

The time seemed perfect to turn their college dreams into action. The first step was to find the right building to fit

their dream into. "I remember when we first walked in here," recalls Hazer, "it was very dark." They two men were touring the old Clicks Pool Hall. Back in the day the massive space held dozens of pool tables where games were played well into the night. "The potential was here in the building," says Hazer.

With a site selected and before construction even began, they were urged by several people to interview Tammy Stanger for the head chef position. She wowed them with food from the desert. "It was an immediate click," says Hazer about her approach to food.

Stanger grew up in a town south of Provo, Utah. "We had to haul water," she says, and it was ok to "shoot your gun from your front porch." Her family practiced subsistence hunting. "You respect the ingredient," she says, "especially if you hunt for your food."

When she was around 7, her mother opened a restaurant. "She taught me to follow the recipe but always make it yours." Stanger is a self-taught chef and food profiles are important to her. When she moved to Arizona, she saw what most other chefs have missed. "It's exciting—there's more food in the desert than people realize."

Desert plants such as O'odham white tepary beans are on the menu. She serves it pureed with whipped milk curd, fine herbs, roasted pepita, pickled vegetables and frybread (\$9).

*please see HELIO on page 44*



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Saturday 5/13: **HAWAIIAN LUAU ITALIAN STYLE FEATURING THE SANDWICH ISLE UKULELE BAND** – A 30-piece Ukulele Band and three-entree feast. Tickets are \$20. 5 - 10 pm

Friday 5/19: **THE IZZYS** – Dance to classic rock! 7:30 - 10:30 pm

Saturday 5/20: **PARTY BAR BINGO & THE TOMMY WASHINGTON BAND** – 7:30 - 10:30 pm

Friday 5/26: **HOODOO CASTERS** – Blues, boogie, country swing and more! – 7:30 - 10:30 pm

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## FOOD FOR THOUGHT

**HELIO** continued from page 43

Stanger also grew up near the reservation of the Skull Valley Band of Goshute Indians and friends there taught her how to make frybread. She also makes tortillas fresh on site every day. In fact, at Helio, they celebrate Tortilla Tuesday with tacos and a pint of beer for \$10. She also uses Mesquite flour in her recipes. “The ground pods are also great for tea,” she adds.

“You never know what she’ll throw at you,” says Hazer. “The cornbread is a huge favorite.”

Stanger uses bananas in place of eggs and the flavor and texture are both creamy and sweet, which surprises customers. “I love watching people bite into it,” chuckles Hazer.

Cannolis with prickly pear anglaise and cream sauce are another desert specialty. You’ll also find mesquite and pinole on the menu.

The chef and the owners share a respect for the many ecosystems Arizona has to offer. Hazer and Conley both enjoy hiking and exploring the desert and the mountains in Arizona. “I

think that it’s gorgeous, the diversity of the desert.” Hazer says.

He hopes to bring that kind of diversity into Helio. They have a community table where anyone can be seated and perhaps make new friends, enjoy some conversation or just play a game of Uno. Cards and games are provided. “We want to build a community,” Hazer points out.

That includes promoting other small breweries nearby. Cleverly named the “Beermuda Triangle,” on the second Saturday of every month from 3 to 7 p.m. a free shuttle runs between Helio, Helton and Wren House breweries. It’s a hop on, hop off tour to sample the homemade brews at each location.

Every Friday and Saturday at Helio there are two chef choices. There are some vegetarian and vegan options; ask your server. Sunday brunch starts at 10 a.m. Helio also offers Beer & Ice Cream Flights for \$12. You select four beers and four ice cream flavors.

While Stanger is busy in the kitchen, Hazer is equally busy brewing beer. Helio has its own proprietary strain of yeast for making its beer,

including an American Pale Ale with a strong hop presence, the Hoppy Amber with notes of caramel and citrus, and a very clean-bodied Blackberry Wheat. In all, Helio offers eight home brews. On the darker side you can select from the Robust Porter, Throwback Triple Double (Double IPA) or enjoy the Kohi Imperial Coffee Stout. You can also take home a growler or a 32-ounce can of your favorite beer.

Non-beer beverages include Sea Glass Pinot Grigio, Purple Cowboy Tenacious Red wines, iced tea, or Jarritos Mexican sodas for \$2.

“People are taking notice that we have really good food and beer,” says Hazer. Helio has already picked up several local and national awards.

They are preparing a special menu for Mother’s Day so check the website ([www.heliobasinbrewing.com](http://www.heliobasinbrewing.com)) or follow them on Facebook, Twitter or Instagram. Happy Hour is weekdays from 3-6 p.m. with \$1 off all beers and \$1 off all starter plates. Private parties welcome with a minimum food/beverage purchase. For more information, call 602-354-3525.

**Dining Briefs****AZ Restaurant Week celebrates 10 years**

The Arizona Restaurant Association’s Arizona Restaurant Week (ARW) is celebrating a decade of delicious this year with its 10th-annual ARW this fall. What began as a yearly weeklong celebration has now grown into a bi-annual, 10-day foodie extravaganza.

The 2017 Spring Arizona Restaurant Week will kick off 10 days of dining, May 19-28, with more than 150 participating restaurants showcasing three-course, prix-fixe meals for just \$33 or \$44 per person.

Alexi’s Grill, Ajo Al’s Mexican Café, Christo’s Ristorante, District American Kitchen & Wine Bar, Little Cleo’s Seafood Legend, and Vincent on Camelback make up just a small sampling of participating restaurants around the Valley—many more will be added. Check out updates at [www.ArizonaRestaurantWeek.com](http://www.ArizonaRestaurantWeek.com), where participating restaurants and their menus will be continually added.

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## FOOD FOR THOUGHT

**New burger 'joint' opens on 7th Street**

Cold Beers & Cheeseburgers, the "neighborhood burger joint" founded in Scottsdale, opens a seventh location last month at 5625 N. 7th St., between Missouri and Bethany Home Road.

Priding itself on burgers made from hand-formed, half-pound, never frozen ground chuck, Cold Beers & Cheeseburgers delivers a variety of flavorful options.

The location features leather booths, a centerpiece bar, butcher block tables and more than 55 HD flat screen TVs with a state-of-the-art sound system for watching sporting events. Happy Hour is Monday-Friday, 3-6 p.m. featuring \$3 domestics, \$4 crafts, \$5 select appetizers and \$7.50 All-American Burger. Cold Beers & Cheeseburgers hours of operation are 11 a.m.-2 am Monday-Friday, and 9 a.m.-2 a.m. Saturday-Sunday.

Look for weekly specials. For more information, visit [www.ColdBeers.com](http://www.ColdBeers.com).

**Dinner by moonlight, stargazing and more**

The Phoenix Parks Foundation presents its Inaugural "Dinner in the Park, Moon Over South Mountain." This event will be held 6-10:30 p.m. Friday, May 12, at the South Mountain Environmental Education Center, 10409 S. Central Ave.

"Dinner in the Park, Moon Over South Mountain" is unlike any other event in the Valley. This event will serve to educate the public and showcase the many great city of Phoenix parks and recreational opportunities, and also serves as the main fundraiser for the year, which will allow the foundation to continue supporting many parks and recreation programs.

Activities include a cocktail reception followed by trolley rides to Dobbins Lookout where guests will enjoy a selection of gourmet food trucks, wine tasting and guided night sky viewing.

The Phoenix Parks Foundation will acknowledge the 2017 Mini Grant Awardees and guests will have an opportunity to vote on the foundations funding priorities for 2017-18.

Casual attire is recommended and flat, comfortable shoes are highly suggested. Tickets are \$85 each, plus a \$3.12 online ticketing fee. Visit [www.phxparcs-foundation.org](http://www.phxparcs-foundation.org), click on Events and then the Dinner in the Park graphic.

**Doughbird combines pizza, rotisserie options**

Doughbird Pizza & Rotisserie, a new concept from Valley restaurateur Sam Fox, opened its doors last month at 4385 East Indian School Road.

Doughbird's menu features a seasonal rotation of 12 to 15 pizzas and four slow-roasted rotisserie options, served with classic comfort sides and unique sauces (priced separately).

Pizzas include Crispy Pastrami (aged gruyere, pickled mustard seed, purple kale, rye) and Brussels Sprouts (melted sweet potato, glazed bacon, smoked mozzarella, pistachio).

Rotisserie options include Rocky Free Range Chicken (whole or half) and Creekstone Farms Prime Rib, accompanied with guest's choice of a side and sauce.

Rotisserie options include Rocky Free Range Chicken (whole or half) and Creekstone Farms Prime Rib..

Salads include Heirloom Tomato & Quinoa (shaved cauliflower, oregano, cucumber, feta, toasted pine nut). Sandwiches include the Barbeque Pulled Chicken, and appetizers include Baked Buffalo Chicken Wings and Truffle Cheese Stromboli. A kids menu also is available.

The full bar, which wraps around Doughbird's expo kitchen, will serve wine, beer, and specialty cocktails.

Doughbird is open Sunday to Thursday from 11:30 a.m. to 9:30 p.m. and Friday to Saturday from 11:30 a.m. to 10 p.m. For more information, visit [www.eatdoughbird.com](http://www.eatdoughbird.com).

**Gino's East now open in Phoenix**

The Original Gino's East opened its first Arizona location in Phoenix last month. The Chicago-based restaurant is located at 3626 E. Indian School Road.

Celebrating 50 years in the business after opening its doors in 1966 at 162 E. Superior Street in Chicago, the family-owned Gino's East has restaurants located in Chicago, Wisconsin, Texas and Mexico City. Targeted for expansion over the past several years, Phoenix will be home to the brand's 18th location.

Gino's East in Phoenix features its deep-dish menu, thin crust pizza and a variety of fresh salads and sandwiches, along with a craft beer, premium cocktail and wine selection. The restaurant is located where Hazelwood's Sports

*please see GINO'S on page 46*

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**FOOD FOR THOUGHT**

*GINO'S continued from page 45*

Grill once operated. The old building was demolished to make way for a brand-new building, consisting of 4,400 square feet plus an expansive outdoor patio.

Gino's East is open from 11 a.m. to 11 p.m. Sunday through Thursday, and from 11 a.m. to midnight Friday and Saturday. For information including current restaurant locations and phone numbers, delivery, online shipping nationwide, private parties and catering, visit [www.GinosEast.com](http://www.GinosEast.com).

**Coffee shop caters to Sunnyslope**

Lifeboat Coffee, founded online in 2013 as retailer of premium coffee beans, has opened its first store at 536 E. Dunlap Ave., in Sunnyslope.

Open at 5 a.m., Lifeboat serves locals as well as commuters on 7th Street. Selections include drip, iced and espresso coffees, as well as chai, hot and iced teas plus steamers and hot chocolate. Lifeboat Coffee also is proud to feature locally prepared baked goods, including muffins, scones, cookies and baked doughnuts. Bagels, raised donuts and more will be added soon.

"We've worked very hard to bring a great, high-class coffee shop to the neighborhood," said owner/skipper John Lillis.

Lifeboat Coffee Store No. 1 is located in the historic Tony's Deli Plaza at the northwest corner of 7th Street and Dunlap Avenue and is outfitted

with comfortable couches in a café area, a big screen TV, high bar tops with USB outlets, free Wi-Fi and a shipping center where you can purchase and ship—for free—your favorite coffees anywhere in the United States.

For more information, like them on Facebook at Lifeboat Coffee Co. or e-mail [quartermaster@lifeboatcoffee.com](mailto:quartermaster@lifeboatcoffee.com).

**T. Cook's marks 20 years with classic menu**

T. Cook's at Royal Palms Resort and Spa, 5200 E. Camelback Road, is honoring its 20th anniversary with a limited-time "classics" menu highlighting some of the legacy restaurant's favorite dishes over two decades.

Crafted by Executive Chef Todd Allison, the T. Cook's 20th Classics Menu, available for dinner throughout May, is a prix-fixe menu, featuring a starter of focaccia and legendary pesto, followed by your choice of Valencia Paella or Maine Lobster Tortellini, and finished with a Cream Cheese Crème Brulee with guava puree and fresh berries. The cost is \$20 per person, not including tax and tip; some special event dates are excluded from this menu offering.

For reservations, visit [www.TCooksPhoenix.com](http://www.TCooksPhoenix.com), or call 602-808-0766.

**Mix and match your ingredients at Überrito**

Überrito's first Phoenix restaurant opened its doors March 23 at 4325 E. Indian School Road, Suite 150 in the

*please see OPENING on page 48*

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**FOOD FOR THOUGHT**

**OPENING continued from page 46**  
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Überrito offers unlimited combinations with eight different proteins, 28 ingredients, eight house-made salsas and four flavors of fresh tortillas. Customers wishing to go tortilla free may opt for a bowl, salad or nachos layered in queso. The menu also includes “10 Tasty Tacos” and house-made tortilla soup.

All locations offer \$5 chicken burritos and bowls every Monday and award double loyalty points to registered loyalty program members on Wednesdays.

In addition to Überrito’s two Valley restaurants, the company operates five Houston-area locations and has plans for substantial growth. Visit Überrito online at <http://uberrito.com>.

**Casa Añejo set to open by May 5**

With the goal of opening on Friday, May 5, (aka Cinco de Mayo), Casa Añejo Tacos and Tequila, 5602 N. 7th St., will serve an all-day menu of modern, wood-fired twists on authentic Mexican fare.

Tucked inside The Colony shopping center (just across from Stock & Stable), Casa Añejo Tacos and Tequila seats approximately 150 indoors and an additional 50 on the outdoor patio. The kitchen is a central part of Casa Añejo, with storefront windows dividing the restaurant and kitchen, allowing guests to be part of the action.

The menu includes mall plates such as chicharróns topped with cotija

cheese and hot sauce, or chorizo and papas (fingerling potato, eggplant, squash, pearl onion, almonds, feta, chorizo vinaigrette). Shared plates includes green chili queso fondito spiced with Phoenix’s own Schreiner’s chorizo, or a wood fired tlayuda, a traditional Oaxacan-style tostada that’s been quick-smoked inside a pizza oven. There are up to a dozen varieties of tacos, served on fresh-made tortillas and topped with everything from carne asada to duck carnitas, grilled octopus or crispy striped bass.

An extensive menu of premium Mexican spirits and craft cocktails have been developed and overseen by in-house mixologist Riley Jones, formerly of Okra and The Parlor.

Diners also can order from Casa Añejo’s standalone outdoor “curbside kitchen,” a wood-fired grill serving select to-go tacos plus Sonoran hot-dogs, canned beer and bottled sodas. There is a custom guacamole bar outside as well.

There is a taco take-out menu, allowing guests to order their choice of taco meat by the pound, plus chips, salsa, guacamole and all the fixings to take home.

Casa Añejo is the latest dining destination from the Arizona-based Evening Entertainment Group, which includes adjacent hot spots Stock & Stable and Honor Amongst Thieves (upstairs). For more information, call 480-588-2908 or visit <https://casaanejo.com>.

**For local restaurant listings, visit our Dining Guide online at [www.northcentralnews.net](http://www.northcentralnews.net)**

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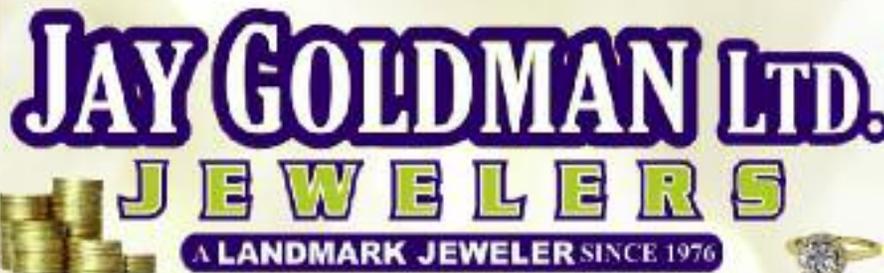
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