



north central news

the voice of the north central phoenix community

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www.northcentralnews.net

Property taxes set to rise again

Phoenicians have two things to not look forward to in July 1: the rising heat, and rising property taxes.

Property taxes are calculated by taxing the assessed value of a property, divided by 100, times the tax rate. These taxes are determined primarily by economic factors. A stronger housing market means higher property values.

Primary tax levies are used for the maintenance and operation of school districts, cities, community college districts and counties. Secondary tax levies consist of bonds, budget overrides, and special districts such as fire, flood control and other limited purpose districts.

The Maricopa County Community College District (MCCCD) board in May voted to increase its primary property tax rate by 1.3 percent, expected to bring in \$5,935,113 in the next fiscal year. The increase will cause the tax rate on a home in the district's vast boundaries to go up by about \$1.50 per

please see TAXES on page 5



Caitlin Green Cheney (seated on the floor) and Elizabeth Wood (standing), co-founders of Matrescene 4th Trimester Planning & Support, lead one of their "Beyond the Birth" workshops for expectant moms, including, clockwise from right: Hannah Calvis, Becky Arkfeld, Ivette Fullerton, and Kirstin Lynch (photo by Teri Carnicelli).

Women-owned businesses blooming

By Teri Carnicelli

Women are leading the way in the launch of new small businesses, whether virtual or brick-and-mortar, according to recent reports.

A study by Dell reveals that the United States tops the list of countries that provide the most favorable business climate for women entrepreneurs. In fact, women in America own more than 11 million businesses, and it is estimated that 36 percent of all U.S. businesses are owned by women.

Phoenix can boast its own cadre of female business visionaries, who are using their business acumen to benefit ... other women.

In July 2015, Phoenix resident Jenny Zink started a meet-up group so she could explore her city. She thought if something was on the calendar publicly, it would force her to do it. The bonus would be if one or two people joined her on an adventure.

After the group grew to more than 3,000 people and expanded to include other Valley cities, Zink realized she needed a better platform to help people connect. A short time later, Women on Adventures was born.

"We officially became a business in 2016 and have been growing steadily ever since," Zink said.

Women on Adventures recently was named a winner of The 2018 American Small Business

Championship by SCORE, the nation's largest network of volunteer, expert business mentors.

"Our goal is that you experience adventure in a safe and supportive environment," Zink explained. "Our mission is to challenge you and your comfort zone. We can't promise this is going to be easy, but we can promise it will be fun."

WoA members have been curling, indoor skydiving, horseback riding, pole dancing, hiking, rock climbing, and stand up paddle boarding. But there also are less strenuous options, including museum visits, coffee & conversation, book clubs and cooking classes.

"The goal of WoA is to make great friends, test our limits, and have fun," Zink said. "Remember, an adven-

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APS, whose employees have volunteered with the Assistance League of Phoenix's Operation School Bell program and its Delivering Dreams Bus, recently donated \$10,000 to ALP to continue its support of the new school clothing distribution program (submitted photo).

ALP receives grant to clothe students

Thanks to a \$10,000 grant from APS, more than 150 students will start school this fall with confidence and the knowledge that people care about their education and their future.

This grant to Assistance League of Phoenix (ALP) will support the organization's Operation School Bell program, which has been providing new school clothing to Phoenix area children in need for over 30 years.

Stephanie Chastain, board chair and interim executive director of ALP, says Operation School Bell serves the neediest of Title 1 schools, with participating schools having at least 86 percent of their students on the free or reduced school lunch program.

Each partner school may select up to 100 students to participate in the program. The students receive the brand-new clothing in a shopping format at the ALP Philanthropic Center, or on the mobile dressing center, dubbed the Delivering Dreams Bus. Both spaces are set up with racks and shelves of clothing, mirrors and dressing rooms.

The students are matched with a caring adult volunteer who walks through the aisles with them and takes measurements to ensure proper fits.

"Kids often come to us with shoes held together with duct tape, and it's not uncommon to see their toes curled under from wearing shoes that are too small," says Chastain.

Each child is provided with a school uniform kit including three polos, two

bottoms (pants, shorts or skorts), shoes, socks, underwear, a sweatshirt, a belt, a hygiene kit and a new book of their choice.

The Operation School Bus program is made possible largely through grant funding from organizations like the APS Foundation. To learn more about donating time or money to the Assistance League of Phoenix, visit www.alphxaz.org.

Libraries offer free job search assistance

Need help in your job search? Sit down at your local library and get one-on-one help from an employment specialist to get your job search on the right track and get employed. Drop-ins welcome.

A specialist will be in every Tuesday, 9 a.m.-12 p.m. at Burton Barr Central Library, 1221 N. Central Ave., Second Floor, near the PHXWorks area. Stick around from 1-2 p.m. on Tuesday, July 10 for an "Ace the Interview" free workshop, in partnership with Goodwill of Central and Northern Arizona. Learn the basics of interviewing and develop your skills to demonstrate to employers that you are the perfect candidate for their position.

In addition, ARIZONA@WORK is at Acacia Library, 750 E. Townley Ave., every Tuesday from 1 to 4 p.m. to provide help with résumés, applications, and job searching skills.

For more information, visit www.phoenixpubliclibrary.org and search the Calendar section.

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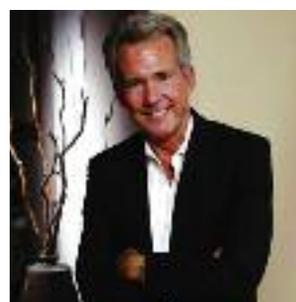
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www.northcentralnews.net

Publisher
 Editor
 Staff Writer
 Sales and Marketing
 Office Manager

Tara A. Blanc
 Teri Carnicelli
 Patty Talahongva
 Joanne Day
 Janice Backus

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COMMUNITY

WOMEN OWNED continued from page 1

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Matrescene

Elizabeth Wood, mother of two, and Caitlin Green Cheney, mother of three, met at a mommy-and-baby fitness class, where they noticed other classmates often were visibly stressed or just plain exhausted.

Cheney realized, after the birth of her first of three daughters, that staying active was crucial for her mental and physical wellbeing. Wood, who lives in North Central Phoenix and has two daughters, felt like she'd had far better rehab and recovery plans with her two knee surgeries than after the birth of either of her children.

"The postnatal period seemed to be some sort of black hole in women's health and wellness. We knew this pattern needed to change. We knew every woman deserved better," Cheney recalled.

Woods felt the absence of "fourth-trimester" planning, and overall lack information, was leaving new mothers more vulnerable than people realized.

Wood and Cheney began to delve into postnatal care, and determined that there wasn't a lot of information available, from the medical community, about "matrescene" (pronounced mah-tress-ens), or the beginning-to-end process of becoming a mother. The term was first coined by anthropologist Dana Raphael her 1973 book, "The Tender Gift of Breastfeeding."

"If we had to boil down everything we've learned into one core concept, it is that 4th-trimester care is just as essential as the prior three trimesters," Cheney said. "When mom is well, the baby is well."

They were determined to develop some kind of education and support system for expectant moms, to give

them the tools to recover from the physical and emotional stress of pregnancy and birth.

"In Matrescene's four-session workshop, we bring together expectant moms and help them reimagine what their 4th trimester could be; one grounded in community-based support where moms are able to fully recover from the physical and emotional stressors of pregnancy and birth," Cheney said.

The "Beyond the Birth" workshop attendees meet every-other week to allow ample time for personal reflection, planning and conversations with their spouse, friends and family. Workshops include a binder with readings and documents for discussion and planning; nourishing food samples with simple recipes; one-on-one mentor support; and a safe environment to share and learn.

During off weeks, clients are contacted to help personalize plans and delve deep into specifics and personal questions.

For more information about Matrescene 4th Trimester Planning & Support, call 480-682-7136 or visit <https://www.4thtrimesterplan.com>.

Galcatations

Galcatations, specializing in planning and delivering worldwide travel for women, is owned and operated by local travel expert Amy Moreno, who has spent 30 years in the travel industry.

Moreno grew up in the Valley and spent many a summer vacation traveling with family around the country. But her most vivid memory is of her first cruise when she was 16. "That trip had a profound impact on our family and my mother, sister and I all ended up eventually getting into the travel industry," Moreno explained.

Moreno started at the front desk of a travel agency but eventually worked for Club Med Vacations for 13 years, which enabled her to travel extensively.

"Most recently, I was with AAA Arizona for 16 years and held a variety of positions with varied duties including running call centers, working with the cruise and tour partners and the AAA travel agents, managing group travel, and more."

Moreno has traveled to more than 30 U.S. states, 40 countries, and has been on 20-plus cruises. She wanted to share her love of travel—and her wealth of experience—with other women.

please see WOMEN OWNED on page 6

COMMUNITY

TAXES continued from page 1

\$100 of assessed valuation.

Maricopa County itself is also getting in on the action. The Maricopa County Board of Supervisors, in setting its expected \$2.45 billion budget for fiscal year 2019, indicated it anticipates receiving more money overall from its primary and secondary property taxes, even though board members state they are not actually changing the rates.

The board does not control property values. It only sets the tax rate, which will be the same in fiscal year 2019 as it was in fiscal year 2018.

Nonetheless, residents can expect to pay about \$140.09 (per \$100,000 of valuation) in primary property taxes to the county, as well as \$17.92 in secondary property taxes for the Flood Control District, and \$5.56 to the Library District. The Maricopa County Board of Supervisors will meet on Aug. 20 to vote on the final tax levy proposal.

Similarly, the city of Phoenix also says its anticipated primary property tax levy will go up, even though officials say the rate itself is going down.

According to a statement from the city, “The city of Phoenix’s proposed primary property tax rate for 2018-19 of \$1.3163 per \$100 of assessed valuation is lower than its 2017-18 rate of \$1.3359 per \$100 of assessed valuation. However, overall increases in assessed valuation result in a 2-percent increase in primary property taxes for the average city of Phoenix property owner.”

So the rate itself is dropping from about \$1.34 to approximately \$1.32 per \$100 of assessed valuation, but the assessed valuations of homes in Phoenix are expected to rise, which will ultimately bring in more money than last year, despite the nominal drop in the rate.

The city’s secondary property tax rate for 2018-19 will remain constant at \$0.8241 per \$100 of assessed valuation. Secondary property taxes collected by a city pay the bonded debt service for facilities like libraries, police and fire stations, storm drains and parks.

The college district and city of Phoenix tax rate changes go into effect on July 1. The county tax rates will be reflected on property tax bills when they go out in the fall.

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WOMEN OWNED *continued from page 4*

“Galcatations is something I have dreamed of owning for years, and late last year the stars aligned and allowed me to pursue my dream,” said Moreno.

Whether it’s sisters, mothers and daughters, good friends, or solo travelers, traveling with a group of women makes for a comfortable, safe way to travel and make great memories.

“Travel is so much more than a destination. It’s what you experience while on the way,” Moreno pointed out. “Learning about new places and cultures, sharing unique moments, and making new friends are all part of the fun. Galcatations brings the dream of travel to life by providing one-of-a-kind trips.”

Galcatations offers domestic and international group trips but can also book anyone on any trip offered through one of its preferred partners Collette, Trafalgar, Brendan, Cost Savers and Viking Cruises. Upcoming trips include “Reflections of Italy” Oct. 23-Nov. 1, “and “Spotlight on New York Holiday” Nov. 26-30. For more information on Galcatations, call 602-550-1199 or visit www.galcatations.com.

Hera Hub

Hera Hub, an international female co-working space and business accelerator, opened its first Arizona location in central Phoenix on April 2. Leading Hera Hub’s expansion into the state is Shatha Barbour, the CEO and founder of the Phoenix site.

“It’s time to put women business owners and entrepreneurs of Phoenix on the map like other cities,” Barbour said. “We’re one of the largest cities in the country and have a thriving ecosystem of women in business.”

Hera Hub, located at 2111 E. Highland Ave., Ste. 240, launched 2 months ago and now has a membership of 40 women and is continuing to grow. Some members include Lynda Bishop with the NAWBO Institute & Million Dollar Program, Dr. Kristine Quade, director of Athena Valley of the Sun, as well as hosting events like Women Who Startup, Self-made Successful Women, and more.

Hera Hub’s shared workspaces serve women across multiple industries, from biotech and high-tech, business operations, legal advisors, and tax professionals to artists, designers, educators, and



Shatha Barbour, CEO of Phoenix’s Hera Hub, last month won NAWBO’s Young Professional of the Year award and was a finalist for its Business Women of the Year (submitted photo).

creative experts. The spaces, which offer an open layout, lend to collaboration across industries.

“I’m excited to create this landing space and launching pad for women,” Barbour said. “When women business owners succeed, the whole economy and ecosystem succeed. We’re on a mission to support women and grow an

inclusive, diverse, and generous city.” Phoenix and its surrounding metropolitan areas are growing at a rapid rate, forecasted to be the No. 4 largest city by 2020. Phoenix is intent on bolstering its small business and entrepreneurial environment to compete with the other cities.

“We see Phoenix/Scottsdale as the perfect market to expand Hera Hub’s reach because it is host to so many growing industries, such as aerospace and defense, technology and innovation, renewable energy, bioscience, optics, and advanced manufacturing,” says Felena Hanson, who first started Hera Hub in San Diego, Calif., eight years ago. There are now locations in Houston, Washington, D.C., and Sweden.

Weekly educational seminars, intensive workshops, and one-on-one mentoring also strengthen the business acumen and ties among members. While Hera Hub was designed by women, for women, it is open to all independent workers who value collaboration and community.

For more information about Hera Hub Phoenix, call 480-999-1615 or visit www.HeraHub.com/Phoenix.



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COMMUNITY

Retire old flags at 4th of July event

For the second year in a row, the Boy Scouts of America (BSA) from the Central District region will be at the Royal Palm Park for the July 4th celebration to collect torn and worn out American flags ready for a retirement.

The Royal Palm Neighborhood 4th of July Festival & Parade, now in its 42nd year, will take place 7-9 a.m. Wednesday, July 4 at Royal Palm Park, 8405 N. 15th Ave. This family-friendly event takes place early in the day to beat the heat. There will be vendors, food trucks, children's activities and more. Admission is free. No glass containers allowed in city parks.

A covered table will be provided for the flag collection station area. The parade will start at 8 a.m. and travel around the neighborhood park area. Local dignitaries are expected to attend.

BSA is one of the last groups that has the duty and proper training to present, and to retire, the American symbol. This event will be considered the "kick-off" for the Central District's civic service projects.

The flags collected on July 4 will be retired in a special ceremony on Nov. 11, in recognition of Veterans Day. For more information, contact Roger Ottaway, Activities & Civic Service chair, BSA Central District, at 602-930-8327 or floottaway@aol.com.



Boy Scouts from Troop 329, which meets at Madison Meadows School, inspect flags deemed ready for retirement that were collected at last year's Royal Palm Neighborhood 4th of July Festival & Parade (submitted photo).

come to participate if accompanied by a trained parent or mentor. Volunteers will be ready to sign up for performances immediately following the application and training process.

For more information, contact Drew Templeton at 602-254-7399, Ext. 120 or dtempleton@HerbergerTheater.org.

Programs help youth prepare for jobs

Phoenix Public Library is offering youth 16-24 years old a series of programs during July designed to help them build skills to land a job. The events take place at the newly reopened Burton Barr Central Library, 1221 N. Central Ave.

The workshops include:

- Ace The Interview, 1-2 p.m. July 10 & 17. Learn the basics of interviewing.
- Personal Branding, 1-2 p.m. July 12 & 19. Understand the importance of your personal brand and how it can transform your educational and career opportunities.

Local youth also are invited to participate in a Youth Employment Fair, 1-3 p.m. Wednesday, July 25 at the library. Be ready to meet employers and local agencies who are hiring.

Presented in partnership with Goodwill of Central and Northern Arizona. No pre-registration is required. For more information, visit phoenixpubliclibrary.org or call 602-262-4636.

Herberger seeks volunteer ushers

The Herberger Theater, an Arizona nonprofit organization, is recruiting volunteers to join its cast of ushers to staff performances and provide administrative support. The HTC depends on volunteer ushers to welcome and assist patrons throughout their theater experience for approximately 800 annual performances and events, held downtown at 222 E. Monroe.

Anyone interested in becoming a volunteer needs to complete the online application at <https://bit.ly/1TfvIn2> and onsite training that includes a facility tour, theater orientation, and details about customer service, emergency procedures and Americans with Disabilities Act (ADA) accommodations. The next available training dates are 10 a.m.- 1 p.m. Saturday, July 7, and Saturday, Aug. 4 (choose only one).

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30 E. Biltmore Estates Dr	\$5,860,000	6035 N. Central Ave.	\$2,200,000	130 E. Missouri Ave	\$1,800,000	5120 N. 22nd St.	\$1,340,000
6920 E. Hummingbird	\$3,500,000	815 E. Orangewood Ave.	\$1,925,000	8634 N. 52nd Pl.	\$1,675,000	334 E Glenn Dr.	\$1,162,250
7110 N. Central Ave.	\$3,200,000	6019 N. 20th St.	\$1,900,000	4101 N. 65th St.	\$1,595,000	7522 N. Silvercrest	\$1,150,000
(SOLD 3 times)		6050 N. Paradise View Dr.	\$1,875,000	5829 E Joshua Tree Ln	\$1,550,000	512 E. Tuckey Ln.	\$1,037,000
79 Biltmore Estates Dr.	\$2,750,000	325 E. Ocotillo Rd.	\$1,875,000	5645 E. Exeter Blvd.	\$1,575,000	2135 E. Colter Dr.	\$1,000,000
5320 E. Palo Verde	\$2,600,000	9202 N. 52nd St.	\$1,850,000	5045 N 22nd St.	\$1,525,000		
4909 N. 45th Pl.	\$2,240,000	6500 E Cheney Dr.	\$1,825,000	6033 N. 20th St.	\$1,491,000		

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COMMUNITY

Spotlight On ...

Baca named new superintendent

Kenneth Baca, most recently the superintendent of the Tempe Union High School District, will take the reins at the Madison Elementary School District as its new superintendent, effective July 1.

Baca beat out two closer-to-home candidates: Lori Garvey, Madison's assistant superintendent of Administrative Services; and Barbara Marshall, Madison's assistant superintendent of Educational Services.

Baca holds a doctorate of Education (Educational Administration and Supervision) from Arizona State University, and a bachelor's and master's in Education from the University of New Mexico, with a minor in Early Childhood Education. He has been at the helm of TUHSD since July 2011. Prior to that, he was with the Phoenix Elementary School District, serving as assistant superintendent of Business Services (2007-2011), director of Federal Programs (2006-2007), and principal of Kenilworth Elementary School (2002-2006).

He also served in several roles, including classroom teacher, assistant principal, principal and region assis-



Kenneth Baca

tant, for Albuquerque Public Schools from 1986-1999.

"I have always been passionate about elementary education," Baca said in an interview with the North Central News. "As a former kindergarten teacher and elementary school principal, I am cognizant that a strong educational foundation provides a multitude of future opportunities for children. The past seven years in a high school district has allowed me to better understand what it takes for elementary students to successfully move into a high school environment where they prepare themselves for college and career. I wish to return to my roots and make a difference in the lives of all kids."

Baca admires Madison's academic excellence and its ability to provide a well-rounded education "so that students have the opportunity to discover their gifts and talents in a safe and supporting environment."

His goals at Madison include continuing to provide students equal access to opportunities in the fine arts and in athletics, and recruiting and retaining quality teachers and staff while compensating them above state and peer-districts' averages.

Local man plays basketball for Special Olympics

Arizona native David Williams became a member of VALLEYLIFE in 2014 when he joined both Day and Vocational Services. VALLEYLIFE is a nonprofit organization that offers group homes, daytime activity centers,

vocational programs, and home- and community-based services to individuals with disabilities (www.valleylifeaz.org).

Williams started working in the Group Supported Employment program, performing pool and landscaping services, later moving to the janitorial services program.

About three years ago, Williams decided to give basketball a try. Previously he had tried other sports and competed in Special Olympic events including bowling, bocce ball, golf and softball, but did not care for most of them. Williams discovered he really enjoyed basketball and decided to join the VALLEYLIFE Vipers Special Olympics Basketball team. That first year, Williams won a gold medal.

The next year, he transferred to a day program at another organization, but continued to play Special Olympics basketball in the new program. He has since won two more gold medals.

Williams really enjoys showing off his basketball skills. He believes much of his ability comes naturally but admits he does put a lot of time into practicing, running and working out. His favorite NBA team to follow is the Phoenix Suns.

All of Williams' practice and natural talent have earned him a place on Team AZ. He competed against approximately 100 other athletes to secure his place on

the team. He can play all the positions because of his superior ball handling skills, but he mainly plays small forward, power forward or shooting guard.

This summer Williams will travel with Team AZ to compete in the 2018 Special Olympics USA Games in Seattle, Wash. It will be his first time on an airplane.

Then next March, David is scheduled to travel to Abu Dhabi to play basketball in the 2019 Special Olympics World Summer Games. These will be the first Special Olympics World Games held in the Middle East and it is estimated that 7,000 athletes will compete in 24 sports over seven days.

To donate to help David and his team train, travel and compete, go to <https://www.classy.org/team/128646> to support the Adult Unified Basketball team. This page currently is raising money for the Seattle 2018 Special Olympics USA Games. Once the funds needed for the USA Games are reached, this page will be updated to raise funds for the 2019 Special Olympics World Summer Games.

When you reach the site, you will click the donate button. On the next page you will select your amount and click the checkbox underneath your donation amount that states, "Dedicate my donation in honor or in memory of someone." Choose the "in honor of..." selection and type "David Williams" in the Honoree's Name boxes. Enter the remaining required information to complete the transaction and click the "Give Now" button at the bottom of the page.



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COMMUNITY

Xi Alpha Chi chapter installs new officers

The Xi Alpha Chi chapter of Beta Sigma Phi International Sorority, an international women’s social, cultural, and service organization, installed its 2018-19 officers on May 1 at the home of Juanita Saurer. The new officers bring a plethora of dedication and experience as they lead the sorority in another year of friendship, cultural development, and service.

This marks President Juanita Saurer’s 50th year as a member of Beta Sigma Phi. She has lived in Central Phoenix for as many years, graduating from Central High School. Vice President Karen Gilpin has been a member of Beta Sigma Phi for 30 years. Her pledge chapter was in Chester, Ill., but she relocated to Arizona and now lives in North Central Phoenix.

Treasurer Linda Peterson pledged in Marysville, Kan., 40 years ago and currently resides in Surprise. Recording Secretary Judy Decker lived in Belgium when she pledged Beta Sigma Phi 40 years ago. She also lives in Surprise.



Officers for the Xi Alpha Chi chapter of Beta Sigma Phi International Sorority who were installed on May 1 included, from left: Beth Rathsmann, Karen Gilpin, Juanita Saurer, Linda Peterson, and Judy Decker (submitted photo).

Corresponding Secretary Beth Rathsmann has been a Xi Alpha Chi member for 10 years and lives in North Central Phoenix.

Xi Alpha Chi sorority promotes cultural development, special service, and social enrichment for its sisters and the community. To learn more about Beta Sigma Phi International, visit www.betasigmaphi.org.

Program about MIM open to community

Jewish Family & Children’s Service Center for Senior Enrichment hosts a free program 11 a.m. Tuesday, July 10 featuring a presentation with the Music Instrument Museum, held at The Palazzo, 6250 N. 19th Ave.

The focus will be on “How Music

Influences Cultures” and how everything about the Musical Instrument Museum reflects those elements. The presentation is an overview of MIM with references to Jewish cultural roots in music.

The event is open to the community. Contact the JFCS Senior Center at 602-943-2198 for more information.

Girl Scouts offer free intro event at NMVC

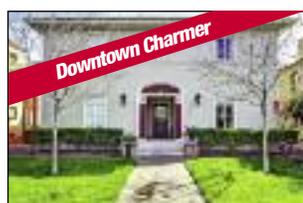
In an effort to educate girls and women about the power, impact and fun of Girl Scouting, Girl Scouts–Arizona Cactus-Pine Council (GSACPC) will host its first-ever PowerUP G.I.R.L.s event 10 a.m.-2 p.m. Saturday, July 14 at the North Mountain Visitor Center, 12950 N. 7th St.

The free event will feature a variety of activities for girls from K-12, including interactive STEM projects, and will offer a taste of Girl Scouting. Whether you want to register your daughter, become a volunteer, or both, local staff members and volunteers will be on hand to help you get started. No registration required. For more information, visit www.girlscoutsaz.org/powerup.

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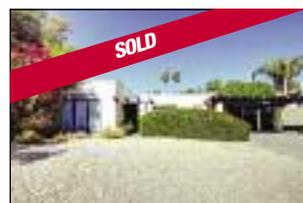
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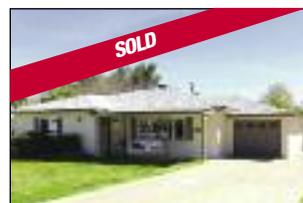
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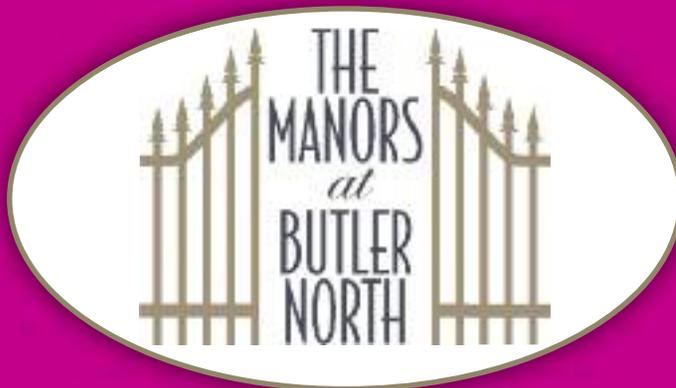
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Pet of the Month

Young Jani needs an active home

When you think of a survivor, the beautiful and cute face of Jani should immediately pop into mind. This lovely 8-month-old pit-bull terrier was surrendered to the Arizona Humane Society after she became ill and her previous owner could not afford her medical treatment. After an examination in AHS' trauma hospital and a series of tests, it was determined Jani had the deadly parvovirus.

Luckily for this sweetheart, her will and determination, coupled with round-the-clock care in AHS' Parvo Puppy ICU, allowed her to overcome the disease. Now back to her healthy self, Jani wants nothing more than to find her forever home with a family that loves going on walks, taking her on hikes and playing with her as much as her heart desires.

Meet Jani by visiting her at the Arizona Humane Society's Sunnyslope Campus, located at 9226 N. 13th Ave. Her adoption fee is \$450 and includes her spay surgery, microchip and vaccinations. For more information, call 602-997-7585 and ask for animal number A581327.

Please note: This pet might have been adopted by the time you visit the shelter, however AHS has dozens more wonderful pets who also need loving homes. To see all adoptable animals right now, visit www.azhumane.org/findapet.



This young and friendly female pit-bull is looking for an active family to give her a forever home with lots of love and playtime (submitted photo).

help us reconnect dogs to their owners."

It is estimated one-third of pets will become lost at some point in their life. Microchips with owner information are a reliable way to return them to their home. Animal Care and Control has offered this service for a fee in the past and can now provide it for all dogs leaving the shelter thanks to this grant.

"Most people want to find their missing pet and this technology can bring them together more quickly," said Blake Van Es, LovePup founder. "Microchips are an affordable solution to slowing the cycle of lost pets."

Lerner & Rowe law firm generously agreed to underwrite the microchip program so every new owner's information is added to the dog during the adoption process.

"This kind of collaboration has the potential to save more lives," said Mary Martin, director of Animal Care and Control. "We deal with thousands of dogs every year and microchips can prevent dogs from ever entering the shelter. There is nothing better than delivering a dog back to a family because you can tell right away where they belong."

LovePup helps fund microchips at shelter

The LovePup Foundation recently presented the Maricopa County Board of Supervisors with a donation of \$13,500 to place microchips in dogs before every adoption at Maricopa County Animal Care and Control.

Hundreds of stray animals come into Maricopa County Animal Care and Control every week and many of them are pets. Getting these lost family members back to their owners is a part of the mission and culture at the department.

"This is one more example of how animal care operations are progressing," said Chairman Steve Chucuri, Board of Supervisors, Dist. 2. "We continue to build crucial partnerships with organizations like LovePup Foundation that

Company donates air conditioners to AHS

The Arizona Humane Society's (AHS) pets are receiving a cool gift. This summer, Day & Night Air Conditioning, Heating and Plumbing, a local and family owned company, is donating two air conditioning units and a maintenance package, valued at more than \$13,000, to AHS. This is the second consecutive year Day & Night has donated to the pet shelter organization, totaling more than \$50,000, to help keep AHS' pets safe and cool.

The new units will be installed at AHS' Sunnyslope Campus and provide

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increased relief to AHS' trauma hospital patients as well as dogs who are awaiting their spay/neuter surgeries.

"Pets enrich many of our lives, so when the opportunity presented itself to help the Arizona Humane Society we knew we were all in," said Jeff Martin, owner of Day & Night.

AHS and Day & Night want to remind Valley pet owners to keep their pets safe this summer. As temperatures remain in triple digits, be sure to bring animals indoors, limit outdoor activities and never leave a pet unattended in a vehicle. Learn more heat safety tips at www.azhumane.org/nohotdogsaz.

Golf tourney benefits rescue home

The Paradise Lounge will host its "Christmas in July Golf Tournament" to help homeless dogs and cats from the Home Fur Good Animal Rescue.

The golf event takes place on Friday, June 20 at the Scottsdale Silverado Golf Club, 7605 E. Indian Bend Road. Registration starts at 7 a.m., and shotgun starts at 8 a.m. The tournament includes 18 holes of golf, drink coupons, awards luncheon, and prizes.

This is a fun, easy-going tournament with all levels welcome. All proceeds go to Home Fur Good, whose mission is to end euthanasia of healthy and adoptable dogs and cats in Maricopa County.

Tickets are \$70 for each golfer, or \$280 for a foursome. Pre-registration may be made by contacting office@paradiselounge.biz.

AAWL offers low-cost vaccinations, microchips

The Arizona Animal Welfare League & SPCA will offer low-cost WALK-IN vaccinations and microchips to the public on Saturday, July 21, from 8 a.m. to noon at its location at 30 N. 40th Pl. No appointment is necessary, but you must be in line by 11:30 a.m.

Services are provided on a walk-in basis. Veterinarians are not available for consultations, to diagnose, treat, or prescribe medications for any ailments during the walk-in vaccination clinic dates and times. The clinic offers: rabies, DHPP, bordetella, K9 influenza and leptosporosis for dogs and rabies, FeLV and FVRCP for cats.

Call 602-273-6852 for more information.

Munro offers free tips, life-hacks, and deals

Daphne Munro is a familiar name—and face—to many longtime Valley residents. That's because the North Central resident spent 12 years as ABC15's "Smart Shopper." She helped create the popular Deals of the Day, How To's and the Let Daphne Try It segments.

After more than 17 years on television, Munro felt the digital world calling and realized that she could better serve her viewers via her own blog, newsletter and social media.

"I am committed, as always, to helping you find great deals around the Valley and trying to keep your life simple with my how-tos and strategic ways to save," Munro explains. She also introduces her followers to Valley businesses that are in line with these same principles.

"I may be the cheapest person you'll ever meet, but I also value quality so the deals I share are meant to save you money and hopefully simplify your life," she points out.

It is free to sign up for Munro's monthly newsletter (www.Smartshopperdaphne.com), where you will find

exclusive deals from various Valley businesses. Plus, for daily happenings follow her on [Facebook.com/Smartshopperdaphne](https://www.facebook.com/Smartshopperdaphne), on Instagram @[@smartshopperdaphne](https://www.instagram.com/smartshopperdaphne), and Twitter @[@smartshopper](https://twitter.com/smartshopper).

"You too may be a crafty, creative consumer so I'd love to hear about deals you discover, life hacks you can't live without and companies/brands/products you'd like me to review," Munro adds.

Send your tips to Smartshopperdaphne@gmail.com.

Crafting group for beginnings

Are you a reluctant/inexperienced crafter? Are you looking for projects but don't know where to start? Come join the "Accidental Crafters" every Tuesday from 6-7 p.m. for an hour of creativity and fun at the Cholla Library, 10050 N. Metro Parkway E. (on the I-17 side of the mall). All materials are provided.

This program is free and for ages 13 to adults only. No registration is required but guests are asked to arrive on time.

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COMMUNITY

Community Central

Fabulous Phoenix 4th
6-10 p.m. Wednesday, July 4
Steele Indian School Park
300 E. Indian School Road

The 33rd-annual celebration will feature one of the largest fireworks displays in the Southwest (schedule for approximately 9:30 p.m.) The free and non-alcoholic family event annually attracts thousands of participants. Event details and know-before-you-go information is available at www.Phoenix.gov/FabPHX4.

'Reducing Waste in Phoenix'

12 p.m. Saturday, July 7
North Mountain Visitor Center
12950 N. 7th St.

In 2013, the Phoenix Public Works Department launched its waste diversion initiative, Reimagine Phoenix, with a citywide goal of diverting 40 percent of trash from the landfill by the year 2020. With two years to go, Alexis Yapple, Zero Waste specialist from the city of Phoenix, will explain how each individual can contribute to this goal by reducing waste, recycling right, and reusing as much as possible. Free and open to the public. Food permitted inside. Pre-registration requested at cheryltolo@gmail.com.

Ho! Ho! Hot! Christmas in July

July 10-28
ALP Thrift Boutique
7044 N. 7th St.
602-944-9845

It's summer in Phoenix, and there are plenty of great deals on Christmas décor at the Assistance League of Phoenix Thrift Boutique. You'll find cool yule summertime bargains, along with the usual great deals on gently used clothing, household items, furniture and more. Hours are 10 a.m.-4 p.m. Tuesday through Saturday; open Thursdays until 6 p.m.

The Art of Glass

5-9 p.m. Friday, July 13
Urban Southwest
1016 E. Camelback Road
602-980-8660

A free event featuring local artists specializing in glass art of all kinds:

blown, slumped, cast, leaded, jewelry, etc. Enjoy complimentary refreshments while being inspired by these artists. Items will be available for purchase. To RSVP, visit Eventbrite.com and type in keywords: The Art of Glass.

Rattlesnake Workshop

9-11 a.m. Saturday, July 21
North Mountain Visitor Center
12950 N. 7th St.

Rattlesnake Garage and Save Our Mountains Foundation will offer a live rattlesnake demo that will cover desert conservation, snake recognition, snake encounters, first aid do's and don'ts and snake myths. Admission \$8 adults, \$4 children, and free for military with ID.

Duet Volunteer Orientation

9-11:30 a.m. Saturday, July 21
Madison Baptist Church
6202 N. 12th St.
602-274-5022

Many isolated elders and homebound adults are without vital services such as transportation to the grocery store and doctor's appointments this summer. Currently, there are 75 homebound adults waiting to be matched with volunteers through Duet: Partners In Health & Aging. These free-of-charge services include help with grocery shopping, transportation to medical appointments, providing friendly visits, minor home repairs, assistance with basic paperwork, and more. RSVP to volunteer@duetaz.org. Bring a driver's license and the names and phone numbers of two personal references.

Real, Wild & Woody Indoor Beer Festival

2-6 p.m. on Saturday, July 28
Phoenix Convention Center
100 N. 3rd St.

Presented by the Arizona Craft Brewers Guild. Those in attendance will savor real ales, which are cask-conditioned, barrel-aged or use a wild strain of yeast during the fermenting process. Approximately 65 of the region's finest breweries will be featured, along with complimentary small-bites from local restaurants. There will also be interactive games to enjoy, an indoor rock-wall and live music from local bands. Advance tickets are \$57, which includes 20 beer samples, and \$25 for designated drivers. To purchase tickets, visit: <https://phoenix.ticketforce.com>.

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Real Estate Corner
Bobby Lieb
Your North Central and Biltmore residential real estate specialist

North Central home at its finest

I have been very lucky over the course of almost 30 years as a Realtor in the Valley to have sold more than 3,200 homes, some homes twice and some even three times. Every five years or so I have the honor of listing a true North Central HOME, which I call A "TROPHY HOUSE." I first sold 7110 N. Central Ave in 2006, which includes more than 10,000 square feet and is situated on almost three acres, for \$3.2 million. Certain circumstances had me sell that home two more times over the next 10 years for various prices.

I am now honored to have listed this month, a home built by Starion Custom Residences, located at 6755 N. Central Ave., for \$2.65 million. The home is owned by Rick Stark, who owns Starion Custom Residences, and his wife, Alex, who grew up in North Central. This French Country style home was built in 2013, is situated on a 21,213-square-foot-lot on the Murphy Bridle Path. It features five bedrooms and five baths and an office with a private entrance. There has never been a home in North Central with the quality that that home offers. The home is featured in this month's North Central News and can be viewed by contacting me for a private showing. Starion Custom Residences is currently remodeling several North Central homes and bringing new life to each home (and adding higher values to our area).

I am very appreciative to Boxer Luv Rescue for allowing my wife

and me to adopt two new puppies last month. They replaced our beloved Boxer, Layla, who we lost three months ago. Our new dogs are named Shayna and Bennie, so wave to them when you see them on the Murphy's Bridle Path. Boxer Luv has a thrift store located at 1221 E. Northern Ave., so please take your donations to that location because the money they raise saves the lives of homeless and abused boxers. It is an amazing volunteer group and they helped our family fill a major void.

I am also very appreciative for all my North Central clients in 2018 who have helped me close 52 homes so far. We currently have 35 active listings, which you can view at www.centralphx.com, and we have 16 homes in escrow. I realize you have other choices for Realtors but I hope you will always give me a chance to present my marketing strategy before you make that decision. We have sold homes in 2018 ranging in price from \$159,900 to \$3,290,000. North Central has diverse values in home values which means I will never get bored!!

Have a safe and happy July and please watch out for kids and dogs!

Bobby Lieb

Bobby Lieb
Associate Broker
HomeSmart
Elite Group Manager/Founder
5225 N. Central Ave., Ste. 104
Phoenix, AZ 85012
Mobile: 602-376-1341
Fax: 602-996-9141
bobby@centralphx.com
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Associate Broker

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Luxury Properties!



4532 E. Desert Park Place • Paradise Valley • \$2,850,000



1441 E. Missouri Ave. • \$850,000



6806 N. 7th St. • \$529,000



21 E. Cactus Wren Dr. • \$995,000



10442 N. 48th Pl. • \$925,000



6725 N. 7th St. • \$875,000



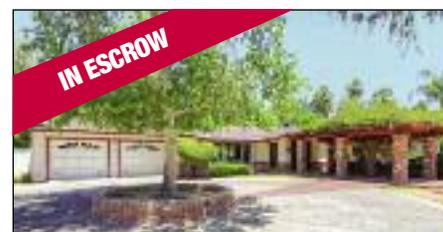
3030 E. Squaw Peak Cr. • \$750,000



421 E. Northview Ave. • \$850,000



19 W. Frier Dr. • \$999,000



196 W. Flynn Ln. • \$850,000



1320 E. Luke Ave. • \$775,000

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REAL ESTATE BY TRADE



Trevor H. Halpern, J.D. 602.595.4200
6620 N. 1ST PLACE
PHOENIX, AZ 85012
5 Beds / 2.75 Baths / 3,325 SF
Highly updated, quintessentially North Central.

\$849,000



Trevor H. Halpern, J.D. 602.595.4200
1643 E. BORGHESE PLACE
PHOENIX, AZ 85016
2 Beds / 2 Baths / 1,071 SF
Impressive light & bright townhouse with large master bedroom and roomy walk-in closet.

\$215,000



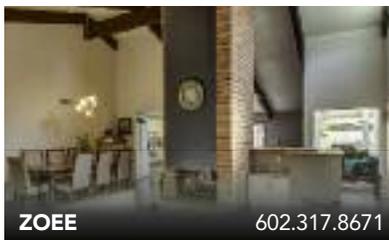
Kerrie Kruse 602.451.6329
2830 E. CAMPBELL AVENUE
PHOENIX, AZ 85016
4 Beds + 349 SF Casita / 4.5 Baths / 3,018 SF
Impeccably designed new construction on a huge lot with detached casita in the heart of Camelback Corridor.

\$939,000



Vickie McDermott - Rupp 602.722.7971
33415 N. 24TH DRIVE
PHOENIX, AZ 85085
5 Beds / 2 Baths / 2,352 SF
Peaceful carefree crossings.

\$340,000



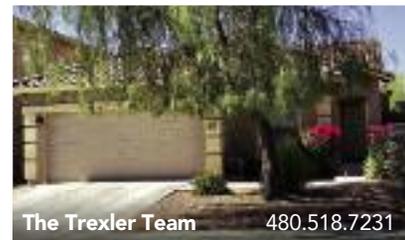
ZOEE 602.317.8671
8149 N. 18TH PLACE
PHOENIX, AZ 85020
4 Beds / 2.5 Baths / 2,392 SF
Madison School District. Corner lot, pool, RV Gate, and a split guest/office suite, Mountain Preserve As Your Private Backdrop.

\$509,900 / \$213 SF



Tyler Estes 480.369.0538
4907 E. KINGS AVENUE
SCOTTSDALE, AZ 85254
4 Beds / 2.5 Baths / 2,757 SF
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\$525,000



The Trexler Team 480.518.7231
4516 W. ROLLING ROCK
ANTHEM, AZ 85086
3 Beds + Den / 2 Baths / 1,626 SF
Charming home with recently upgraded floors, kitchen, and bath with all of the amenities Anthem has to offer including water park, splash pad, community center, and parks.

\$250,000



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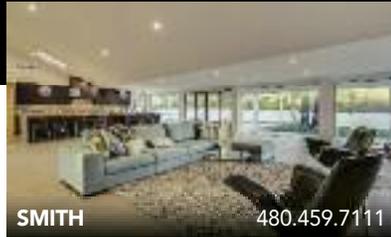
Sheryl Matuzak 480.250.6504

**11556 E. DREYFUS AVENUE
 SCOTTSDALE, AZ 85259**

6 Beds / 7.5 Baths / 8,782 SF

Custom estate, unbelievable architecture, views for miles, Ancala County Club.

\$3,500,000



SMITH 480.459.7111

**3930 E. RANCHO DRIVE
 PHOENIX, AZ 85018**

4 Beds / 4.5 Baths / 4672 SF

Fully renovated contemporary stunner!

\$1,769,000



Trevor H. Halpern, J.D. 602.595.4200

**116 W. ORANGEWOOD AVENUE
 PHOENIX, AZ 85021**

7 Beds / 5.5 Baths / 7,458 SF

On half an acre in the Central Corridor, this estate is a fantastic alternative to Arcadia or PV with 30 ft. ceilings and a full basement.

\$1,300,000



Justin Godsey 480.232.9733

**4201 E. MARLETTE AVENUE
 PARADISE VALLEY, AZ 85253**

5 Beds + Office / 5.5 Baths / 5,714 SF

Comfort & sophistication, all on a 1 acre piece of paradise! This single story home features a 4,800sf main house, 650sf guest house, & a 4 car garage w/ extra storage.

\$1,999,999



Heather Wilson 602.206.1814

**5231 N. 42ND PLACE
 PHOENIX, AZ 85018**

4 Beds / 3.5 Baths / 3,213 SF / 19,114 SF Lot

Sprawling Arcadia Ranch home on a generous lot, perfectly located in Hopi School district & majestically tucked between Piestewa Peak & Camelback Mountain.

\$1,195,000



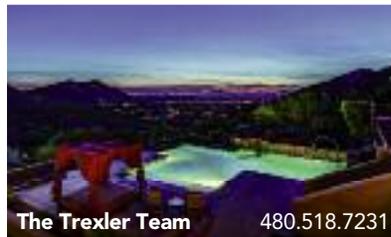
Michael Steck 480.298.2339

**7121 E. DALE LANE
 SCOTTSDALE, AZ 85266**

4 Beds + Office + Workout Room / 3.5 Baths
 3,537 SF / 100,802 SF Lot

ENTERTAINER'S DREAM IN NORTH SCOTTSDALE! A professionally designed home with high end finishes throughout, sitting on 2+ acres with custom pool, outdoor relaxation and dining, bocce ball court, chipping and putting green... sweeping views of the entire valley, sunrises and sunsets thrown in for FREE!!!

\$1,249,000



The Trexler Team 480.518.7231

**14627 E. PARADISE DRIVE
 SCOTTSDALE, AZ 85268**

5 Beds + Casita / 6.5 Baths / 7,308 SF

Enjoy the tranquility of the desert on this private acre lot in gated community while admiring the night lights of Scottsdale & views to Camelback Mtn in this custom home with indoor sports court, wine cellar, game room, negative edge pool and more.

\$1,995,000



Claire Ackerman 480.360.7772

**7627 N. 22ND STREET
 PHOENIX, AZ 85020**

6 Beds / 3.75 Baths / 4,698 SF

This spacious Contemporary home has no detail spared. The Mountain Views and City lights surrounding this home provide a breathtaking view from every room in the house!

\$1,200,000



TAKING CARE OF BUSINESS



Michelle Tincombe, center, inventor of Sugarprism edible food paints, shows Liz Frye how to airbrush a cookie with one of her paints, while Brett Nosal stands by for his turn, during a class last month at ABC Cake Decorating in Phoenix (photo by Teri Carnicelli).

Your special-occasion baking just got sweeter

North Central Phoenix resident Michelle Tincombe will tell you that her mission is nothing less than to revolutionize the art of baking ... with an emphasis on art.

Her new invention, which took several years of development, combines her love of art and baking.

As a creator of custom cakes, cookies and candies, Ingalls has invented a product that she believes is a game-changer for anyone who likes to add an artistic touch to their baked creations. It's an "edible food paint" that can be applied to sweet treats the same ways that artists put paint on canvas: with a paintbrush, sprayed, stamped or splattered, or in a myriad of other ways.

It was a request for a Monet painting cake that took Ingalls down the path toward inventing her product. She recalls, "I had all these colorful pieces of fondant that I was trying to arrange on a cake and it was not working for me. I thought, you know, this would be so much easier if I could just paint this on a cake." So she researched what professional cake decorators used to paint cakes, and found that they used food colors.

Trying it out herself, she couldn't stand the bitter flavor of the food colors, and the way the colors bled into each other. Frustrated and unable to find anything like what she wanted, she decided to create something herself.

"I started experimenting with different ingredients in my own kitchen. It turned into a lot of research and development and experimenting. I looked like a mad scientist in the kitchen," she says, laughing at the memory.

Her dedication and hard work eventually paid off with the product she dreamed of: edible food paints in a rainbow of colors. Her line of product is called Sugarprism.

"It tastes sweet like vanilla. It paints much like acrylic paint. It dries like acrylic paint. You can completely overlap the colors, you don't get that horrible bleeding effect like you do with food colors. Anything you can think of to do with regular paint, you can do with these," she says with pride. "It was specifically created for edible masterpieces."

Since launching the product last year, Tincombe has also become a teacher, offering classes in cookie painting at bakeries, venues and homes throughout the Valley.

Tincombe stresses that you don't have to be an artist or professional baker to use the paints. In her classes she teaches a variety of techniques that don't require any artistic skill. Tools like stencils and stamps, and techniques like sponging and spraying are easy for anyone to use and get attractive results.

She's also started a YouTube channel featuring short tutorials of various techniques and design ideas using the paints.

FREE WORKSHOP

Sat., July 21 - 2pm to 3pm
or
Wed., July 25 - 6pm to 7pm



"ADULTING 101: POWERS OF ATTORNEY FOR THE COLLEGE STUDENT"

Is your student getting ready to go off to college? Powers of Attorney for your student (medical and financial) should be on the checklist of items to have along with dorm room supplies. *Without these documents, parents will not be able to handle important matters in the event of an accident or illness.*

By attending a workshop, each student (ages 18-22), will leave with the following documents:

- **Healthcare Power of Attorney**
- **Mental Healthcare POA**
- **Living Will**
- **Financial Power of Attorney**
- **Mediacal Release (HIPAA)**

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TAKING CARE OF BUSINESS

The Sugarprism edible paints are available locally at the ABC Cake Decorating store. They are also available online at www.sugarprism.com, where you can find information about how to book a cake- or cookie-painting class in your home.

Business Briefs

Cohen's photog biz makes 'The List'

Darrylee Cohen, founder and president of North Central Phoenix-based Haute Photography & Videography, is one of the top five event photographers in the world chosen as part of PhotoShelter's The List, an exclusive selection of top photographers. PhotoShelter is the leading digital asset management platform for visual storytellers.

The photographers included in The List were chosen from more than 80,000 industry professionals who use PhotoShelter every day to manage their image archives, display and share their work. Eighteen major categories, including: Photojournalism, Food, Lifestyle, Travel and Events were included.

Cohen, one of only five in the Events category, and the only photographer in Arizona took home the top honor. Cohen was also one of only a few dozen women who made the final cut.

Haute Photography & Videography was started by Cohen 10 years ago. She turned her passion for photography and videography into what is now an award-winning business. The company is comprised of a highly experienced team of 20 professional photographers and videographers specializing in corporate, charity and community events.

Haute Photography & Videography is located near 12th Street and Missouri Ave. For more information, visit www.hautephotovideo.com or call 602-920-7495.

Getting garage doors fixed the right way

Gateway Garage Doors & Gates was created out of the idea to elevate the garage door industry and to raise the standards to which installation and repair companies are judged. "We aim to provide our clients with a level of care and professionalism that is not

seen in the industry today," explained Owner Tim Bohart.

Gateway's employees are continually trained and educated in their positions, as well as kept abreast with current industry knowledge. In addition, Gateway prides itself on streamlining the process of scheduling appointments, finding a time that works best for clients—"and when we say we'll be there at a specific time, we hold ourselves to that promise," Bohart emphasized.

"Our services and interactions with our client base are of the utmost of importance to us," Bohart added. "We intend to foster relationships with our loyal clients to the point where they feel enough trust that they will encourage friends and family to use our services and become a part of our recurring customer base.

"We have stepped up as the premier garage door service company in the Valley and we are willing to go above and beyond to meet your expectations," Bohart stated.

Gateway offers free price comparisons, transparent pricing breakdowns, full explanations of all repairs and instal-

lation charges, as well as free estimates. For more information, call 480-744-6368 or visit www.GatewayDoorsAZ.com.

Coldwell Banker adds two associates

The Biltmore-Paradise Valley office of Coldwell Banker Residential Brokerage welcomes Tammy Eilenfeldt and Carol Davis as affiliate agents.

Prior to affiliating with Coldwell Banker Residential Brokerage, Eilenfeldt was the manager at Fantastic Tools, a drywall tool company. Eilenfeldt holds a bachelor's degree in psychology from Arizona State University. Active in her community, she has supported the Boys Team Charity and currently volunteers at St. Vincent de Paul.

Davis comes to the office with more than 40 years of real estate experience. In addition to working as an agent, she is the president of Re-Imagine, a residential remodeling and design group. Coldwell Banker Residential Brokerage now operates 25 offices with more than 1,400 independent sales associates

please see NEW ASSOCIATES on page 22

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and shop our advertisers!!

Tara, Teri, Joanne, Janice and Patty,

Prissy & Sadie

TAKING CARE OF BUSINESS

NEW ASSOCIATES continued from page 20

throughout Arizona. The Biltmore-Paradise Valley office is located at 3113 E. Lincoln Drive. For more information, call 602-954-6888 or visit www.coldwellbankerhomes.com.

Jaburg Wilk donates bikes to BHGH

Teams from the Phoenix law firm of Jaburg Wilk in May built bikes for Boys Hope Girls Hope of Metro Phoenix. The diverse teams competed with one another to answer questions about community involvement in order to acquire the tools needed to assemble the bikes.

On May 21, the bikes were awarded to Boys Hope Girls Hope scholars that had a GPA over 3.54 and were lucky enough to have their name drawn as a winner.

BHGH helps academically capable and motivated children-in-need to meet their full potential through community based and residential programs. The North Central-based nonprofit provide support from sixth grade through col-

lege for 90 Arizona scholars.

Mervyn Braude, Jaburg Wilk Community Committee member, said, "This was such a fun team-building activity that celebrated our community efforts. The scholars of BGHG are a great investment and we were very happy to provide them with new bikes."

Jaburg Wilk is located at 3200 N. Central Ave., Ste. 2000. For more information, visit www.jaburgwilk.com.

Modernique named to 'Retail Stars' list

Modernique, the Uptown Plaza home furnishing source by interior designer and author, Julia Buckingham, has been named to the 2018 Retail Stars list by Home Accents Today magazine.

The list highlights 50 Retail Stars, sponsored by AmericasMart Atlanta, and publishes each year in Home Accents Today's May issue. Members of the home furnishings and retail industry nominate stores, and then the 2018 winners were selected by a collaborative effort between research analysts and Home Accent Today's business editor, Thomas Lester.

The Retail Stars lists recognizes independent brick-and-mortar furniture stores and interior design boutiques that merchandise creatively, have a positive presence in their local communities and stand out from the competition.

Modernique, 100 E. Camelback Road, Ste. 112, is open Tuesday through Friday from 11 a.m.-6 p.m., Saturday from 10 a.m.-6 p.m., and Sunday from 12-5 p.m. For more information, visit www.shopmodernique.com; call 480-349-2408 or follow on social media @shopmodernique.

Retirement home voted as 'great place to work'

Holiday Retirement's Madison Meadows community, 7211 N. 7th St., has been certified as a great workplace by Great Place to Work Institute.

The designation was based on extensive ratings provided by Madison Meadows associates through The Culture Audit and Trust Index Survey. These tools provide insight into an organization's value system, programs and practices, and measure levels of credibility, respect, fairness, pride and camaraderie.

For more information about Madison Meadows, call 602-944-4222.

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HAPPY 4th OF JULY!

HAPPY HOUR *with* HERSCH

What a strange week it has been with the suicides of Kate Spade and Anthony Bourdain. As a regular “Joe” it’s difficult to understand from afar. You would think Kate and Anthony had it all, that they would have no reason to prematurely end their lives. But it has reminded me of something I saw a long time ago: *Everyone has their “hard.”*

Rather than get into our own bubbles and decide celebrity success must equal a perfect life, we should take a step back and remember; “hard” does not discriminate. *Every one of us deals with “hard.”*

The CDC says suicides are up 30% in the U.S. from 1999 - a troubling and astounding number. I read a quote from my friend Susie recently; “and when the masks came off, everyone breathed a sigh of relief, knowing they were not alone in their struggle.” It stuck with me as so authentic and spoke to all the issues listed above.

If you know someone who is struggling, be that warm smile and warm embrace. If you have lost someone to the struggle I pray for your strength and I hope your loved one(s) are finally at peace. **Finally, if you are struggling, please realize you are not alone and you can receive help by calling the National Suicide Prevention Lifeline at 1-800-273-8255.**

If you have a **MORTGAGE** need and would like to talk to someone who will be that warm embrace, call me. I guarantee you will get the unique and individual service you **DESERVE.**

\$100 CONTEST

No trivia question this month. Instead the 10th person to email (not text or call) me will have \$100 donated in their name to the American Foundation for Suicide Prevention.

The winner will be determined by time of email receipt.

Winner for Last Month – TBD

*By entering this contest you agree that if you are the winner your name will be publicly announced in Bay Equity's North Central News ad next month.



ERIC HERSCHDE

Branch Manager | NMLS #211628
HerschedeTeam@bayeq.com
3200 East Camelback Road, Suite 120
Phoenix, AZ 85018

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Bobby Lieb
Associate Broker

602-376-1341 mobile

E Mail: bobby@centralphx.com

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for total dollar volume
closed in 2014

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for sales in 2016
Over \$70 Million SOLD!

Ranked
**#2 Agent Residential Realtor
in Maricopa County**
for sales in 2016 for
Over \$70 Million SOLD!

Kathy Wright
Licensed Assistant

Juliann Lieb
Licensed Assistant

Bobby Lieb

Associate Broker



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Current Listings/Escrows

4532 E. Desert Park Pl	JUST LISTED	7233 SF	5BR/7BA	\$2,850,000
6755 N. Central Ave	JUST LISTED	4968 SF	5BR/5BA	\$2,650,000
19 W. Frier Dr		5246 SF	5BR/5BA	\$ 999,000
21 E. Cactus Wren Dr	NEW PRICE	6718 SF	4BR/3.5BA	\$ 995,000
10442 N. 48th Pl	NEW PRICE	4120 SF	4BR/4BA	\$ 925,000
421 W. Northview Ave	NEW PRICE	4166 SF	4BR/4BA	\$ 925,000
6725 N. 7th St	JUST LISTED	3473 SF	3BR/2.5BA	\$ 875,000
196 W. Flynn Ln	IN ESCROW	4725 SF	4BR/3.5BA	\$ 850,000
1441 E. Missouri Ave	JUST LISTED	4293 SF	5BR/4BA	\$ 850,000
310 S. 4th St. #2001	VIEWS	1981 SF	3BR/3BA	\$ 849,000
1320 E. Luke Ave	IN ESCROW	3572 SF	5BR/3BA	\$ 775,000
3030 E. Squaw Peak Cr	IN ESCROW	2564 SF	3BR/2.5BA	\$ 775,000
11610 N 17th Pl	IN ESCROW	3514 SF	4BR/3BA	\$ 725,000
5738 N. 24th St		2595 SF	3BR/2BA	\$ 725,000
14392 E. Becker	IN ESCROW	5167 SF	4BR/4BA	\$ 605,000
8043 N 5th Ave	JUST LISTED	4442 SF	4BR/3.5BA	\$ 595,000
219 E. Northern Ave	NEW PRICE	2688 SF	5BR/3BA	\$ 558,000
4214 E. Carol Ann Ln	JUST LISTED	2725 SF	4BR/3.5BA	\$ 564,500
4210 E. Carol Ann Ln	IN ESCROW	2725 SF	4BR/3.5BA	\$ 599,000
11303 N. 34th St	IN ESCROW	2617 SF	4BR/2.5BA	\$ 549,500
3402 N. 35th Pl	NEW PRICE	2573 SF	4BR/2BA	\$ 549,000
4526 N. 34th St	JUST LISTED	1924 SF	3BR/2BA	\$ 545,000
1629 E. Echo Ln	IN ESCROW	2026 SF	3BR/2.5BA	\$ 525,000
1801 E. Stella Ln	JUST LISTED	3750 SF	5BR/3BA	\$ 549,900
11307 N. 34th St	IN ESCROW	2515 SF	4BR/3BA	\$ 549,500
4238 E. Carol Ann Ln	IN ESCROW	2617 SF	4BR/2.5BA	\$ 549,500
6806 N 7th St	JUST LISTED	2459 SF	4BR/3BA	\$ 529,000
3411 E. Cholla St	IN ESCROW	2131 SF	3BR/2.5BA	\$ 494,500
5244 N 15th St	JUST LISTED	2667 SF	3BR/3BA	\$ 499,000
342 W. Turney Ave	NEW CONSTRUCTION	1927 SF	3BR/2BA	\$ 459,950
7602 N. 17th Ave	REMODELED	2209 SF	4BR/3BA	\$ 425,000
11430 N. 12th Pl	NEW PRICE	2488 SF	4BR/2.5BA	\$ 435,000
310 S. 4th St. #2006	VIEWS	1533 SF	2BR/2.5BA	\$ 449,000
527 W. San Juan Ave	IN ESCROW	1271 SF	4BR/3.5BA	\$ 375,000
2807 N. 21st St	NEW PRICE	2145 SF	4BR/2BA	\$ 365,000
6317 N. 14th St		1766 SF	2BR/2BA	\$ 349,900
706 E. Boca Raton Rd	IN ESCROW	1912 SF	3BR/2.5BA	\$ 329,871
6539 N. Villa Manana Dr		2122 SF	2BR/2.5BA	\$ 308,000
722 E. Boca Raton Rd	IN ESCROW	1767 SF	3BR/2.5BA	\$ 306,941
711 E. Boca Raton Rd	NEW CONSTRUCTION	1784 SF	3BR/2.5BA	\$ 319,900
718 E. Boca Raton Rd	NEW CONSTRUCTION	1640 SF	3BR/2.5BA	\$ 286,900
715 E. Boca Raton Rd	NEW CONSTRUCTION	1640 SF	3BR/2.5BA	\$ 282,900
13801 N 12th St		1500 SF	3BR/2BA	\$ 275,000
1333 E. Morten Ave. #139	IN ESCROW	961 SF	2BR/2BA	\$ 157,500
12831 N. 17th Pl. Lot 10	NEW PRICE	14,972 SF LOT with views		\$ 159,900

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3920 E. Mountain View	\$1,350,000	1300 W. Myrtle Ave.	\$ 715,000	4230 E. Carol Ann Ln	\$ 552,500	2747 E. Amelia Ave.	\$ 315,000
9789 N. 57th St.	\$1,270,000	1755 E. Aurelius Ave.	\$ 710,000	6122 N. 8th Ave.	\$ 549,900	6162 W. Wikieup Ln.	\$ 295,000
7170 N Central Ave.	\$1,150,000	1410 W. Myrtle Ave.	\$ 679,092	210 E Keim Dr.	\$ 529,000	6040 N. 5th Ave.	\$ 290,000
1761 E. Hatcher Dr.	\$1,100,000	6020 N 5th Ave	\$ 670,000	102 W. Victoria Square	\$ 506,000	710 E. Boca Raton Rd.	\$ 289,900
306 E. Wexford Cove	\$1,000,000	31 W. Flynn Ln.	\$ 642,000	8401 N. 17th Pl	\$ 485,000	7156 N. 17th Dr.	\$ 269,020
243 W. Montebello Ave.	\$ 940,000	3018 E. Hazelwood St.	\$ 633,350	6821 N. 2nd Pl.	\$ 475,000	16510 W Thether Trail	\$ 235,000
7209 N. 3rd St.	\$ 910,000	37 W San Juan Ave.	\$ 611,000	7638 N. 5th Ave.	\$ 465,000	1333 E Morten Ave #113	\$ 179,900
310 E. Wexford Cove	\$ 900,000	1430 W. Myrtle Ave.	\$ 595,000	7140 N 15th St.	\$ 454,000	7134 N. 27th Ln.	\$ 175,000
6730 N. 7th St.	\$ 820,000	2145 E. Kaler Dr.	\$ 575,000	6311 N. 10th Ave.	\$ 438,500		
6333 N. 4th Dr.	\$ 765,000	320 E. Orangewood Ave.	\$ 575,000	1617 E. Lamar Rd.	\$ 415,000		



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HEALTHY LIVING

Health Briefs

Addiction treatment with holistic approach

Bayless Integrated Healthcare, a leader in combining physical, social, mental and emotional health services, now offers an Integrated Addiction Treatment Program at the Bella Vista clinic, 3620 N. 3rd St.

The treatment expansion further aligns with Bayless' goal of consolidating a number of medical services into one location, facilitating a medical analysis that keeps a patient's psychological and physical health in mind.

Bayless' Integrated Addiction Treatment Program is built on the well-known Matrix Model, which combines individual and group therapy, some medication-assisted treatments, primary care services, and social health coordination. In addition to helping patients with substance abuse, Bayless care providers are trained to treat co-

existing psychiatric and medical conditions, ensuring that the addiction and mental health issues are taken care of together and not separately.

"We understand that drug and alcohol abuse, as well as mental health disorders, usually coincide and if we continue to separate the mind and body when we're treating patients, this opioid epidemic will continue to get worse," said CEO Justin Bayless. "We feel that providing addiction treatment services is a natural progression of our service array and mission to further integrate every patient's health care."

For more information about the Integrated Addiction Treatment Program, visit <http://www.baylesshealthcare.com>.

Hospital receives two recognitions

Abrazo Central Campus, 2000 W. Bethany Home Road, received an "A" grade in the latest hospital safety report card released in April by The Leapfrog Group.

The reports provide consumers with information they may find useful in making informed decisions about their healthcare. Grades reflect how hospitals perform on specific process and outcome measures assessed by Leapfrog, a nonprofit organization based in Washington, D.C.

Abrazo's Central Campus was among 750 hospitals awarded an "A" for efforts in protecting patients and meeting high safety standards. Leapfrog Hospital Safety Grades are updated every spring and fall following assessments of more than 2,500 hospitals across the country.

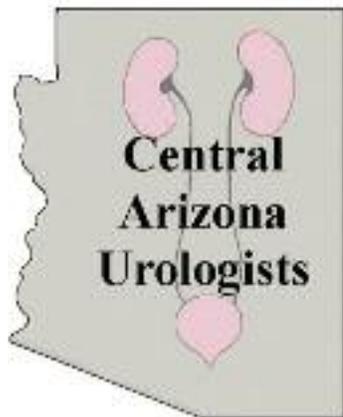
Developed with the guidance of an expert panel, the peer-reviewed grades are based on 27 measures of publicly available hospital safety data.

In addition, stroke care provided at Abrazo Central Campus has been recognized with the American Heart Association/American Stroke Association's Get With The Guidelines®-Stroke Gold Plus Quality Achievement Award and Target: Stroke Honor Roll award.

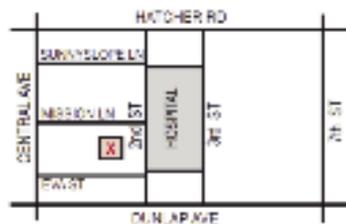
The Get With The Guidelines award acknowledges the hospital's commitment to ensuring stroke patients receive the most appropriate treatment

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To qualify for Target: Stroke Honor Roll award, hospitals must meet quality measures developed to reduce the time between the patient's arrival at the hospital and treatment with the clot-buster tissue plasminogen activator, or tPA, the only drug approved by the U.S. Food and Drug Administration to treat ischemic stroke.

According to the American Heart Association/American Stroke Association, stroke is the No. 5 cause of death and a leading cause of adult disability in the United States. On average, someone in the U.S. suffers a stroke every 40 seconds and nearly 795,000 people suffer a new or recurrent stroke each year.

Fischer treats patients with care, compassion

Dr. Lisa Fischer is a psychoanalytic therapist in North Central Phoenix who is full of passion for her profession. She works with individuals and couples, although in the beginning of

her professional life she didn't start out treating couples. She felt couples therapy had too many complications. But for some reason, couples therapy keeps finding its way to Fischer's office room.

Fischer has accepted the challenges it brings because, as she finds, she is rewarded when couples leave her office with their commitment to each other strengthened or when clarity and resolution is achieved.

She also works with adults with anxiety, depression, grief and loss, panic attacks, PTSD, and sexual problems.

Fischer's office is located at 7111 N. 7th St. For more information, call 602-448-9755 (text only) or visit <http://www.drlisafischer.com>.

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Add some strength training to your health routine and get fired up twice a week to get that body moving and maximizing with Bootcamp Fitness, held 6:30-7:30 a.m. Tuesdays and Thursdays, beginning July 10, at Kharma Life Center, 700 W. Campbell Ave., #1, in the Melrose District.

All levels of fitness welcome. Instructor Jamie will meet you where you are so you can enjoy the journey. Drop in for class at the regular rates or enjoy these classes as part of your membership.

If you are looking for something less strenuous, Kharma Life Center offers weekly classes in Beginning Yoga, Chair Yoga, and Better Bones & Balance, plus much more.

Drop in fee is \$15 per class, monthly membership is \$79 for unlimited yoga and fitness classes if you sign up for auto pay, or \$99 without auto pay. Register online at <https://www.kharmalifecenter.com>, or call 602-795-9767 for more information.

Get fit, tone and learn self-defense

Brian K. Banks, a fourth-degree black belt, has begun teaching Fit-Defense MMA classes at the North Mountain Visitor Center, 12950 N. 7th St.

Come train in martial arts, learn practical self-defense applications, and become warrior fit through Mixed Martial Arts in conjunction with Juk-

Ahm (www.jukahm.com). Banks has more than 30 years of training and teaching in martial arts.

Banks will teach effective kicking and striking, defense escapes and tactics, takedowns, and more. In the process, students will gain self-confidence and coordination, as well as tone muscle while relieving stress.

The one-hour classes take place every Saturday and Sunday from 1-2 p.m. A Wednesday evening class is in the works, if there is enough interest. A class option also is available for senior citizens, once a week.

Banks is offering a summer special, for \$99 a month, per person. Regular price is \$30 per class, or \$50 per week-end. Discounts available for seniors, groups, first responders, medical personnel, members of the military and college students.

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SCHOOL DAYS



Members of the North Valley Chapter of Boys Team Charity, Class of 2018, completed their Senior Project at Tiger Mountain Foundation in south Phoenix (submitted photo).

Young men transform through acts of service

While thousands of high school seniors recently celebrated their graduation, a select group of young men united to celebrate something else—a transformation of heart.

The North Valley Chapter of Boys Team Charity strives to nurture boys to become men of character, from seventh grade through high school graduation. This transformation has been remarkably exemplified by the North Valley Class of 2018. Since they began their Boys Team Charity career in 2012, these young men from Brophy College Prep, Basis Scottsdale, Thunderbird High and Sunnyslope High, have completed over 2,500 philanthropic hours for the betterment of the community. As part of Boys Team Charity culmination, each graduating class is asked to complete a Senior Project. The Class of 2018 chose to assist the Tiger Mountain Foundation, located at 1837 E. Broadway Road.

Tiger Mountain Foundation is a nonprofit organization in South Phoenix that empowers individuals in the community to better themselves through agricultural projects. It was started by Darren Chapman in 2007. Chapman's mission was to build community through creating a purposeful space for people to safely gather, while providing fresh produce to locals. Today, the foundation has grown to serve two separate community gardens where gardening sessions are held every

Saturday. At these events, members from the community work alongside volunteers from organizations like Boys Team Charity.

When the Class of 2018 initially met with Chapman regarding a senior project, there were several identifiable needs, but none were more essential than a reconstruction of the stage, repairation of tables used for community meals, and the construction of a shade structure. The Class of 2018 completed the project in two phases. Quaid Veidmark and Jackson Weekly from Thunderbird High met with Chapman to narrow the focus of Phase 1, which included the reconstruction of the stage and reparations to several wooden tables. As a group effort, these tables were cleaned, repaired, and treated to reduce the effects of weathering in the future. SCC Global offered to provide the materials for the construction and teach the boys how to execute the plan.

Quinn Funke from Brophy College Prep met with Chapman and the owner of Total Shade LLC to design Phase 2 of the project. Total Shade LLC agreed to donate all of the materials for the structure as well as oversee the Class of 2018's construction. Without their generous assistance, this part of the project would not have gone as smoothly.

While the senior project marks the completion of the Class of 2018, Boys Team Charity's mission of engaging with communities in need through volunteering will continue to thrive in these young men for the rest of their lives.

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SCHOOL DAYS

School Briefs

GLENDALE UNION HIGH SCHOOL DISTRICT Vikings honored at annual event

The annual GUHSD Achievement Above All ceremony celebrates a teacher, student, support staff member, student group and volunteer who exhibit superior traits and representation.

Sunnyslope High School's Achievement Above All Teacher recipient was Amber LeTarte, who has taught at Sunnyslope since 2000, and is an award-winning girls varsity volleyball coach. LeTarte has been with Sunnyslope since the '90s, having first been a student at Sunnyslope.

The Achievement Above All Student recipient was Jenna Drotzman, who performed at the top of her class, contributes to her community and shines as a positive role model to her peers. Drotzman plans to attend Grand Canyon University this fall term. She will be studying early childhood development and speech pathology.

The Achievement Above All Student



GUHSD Achievement Above All Sunnyslope High School recipients included (from left) Amber LeTarte, Jenna Drotzman, Ken Van Cott and Sheila Yoder (submitted photos).

Group Recipient was the Sunnyslope Robotics Team, better known as Team Ra, led by Tyler Bolen. Team Ra developed a program with local elementary schools, inviting the younger students to the school on Saturdays and teaching them the basic skills and tools involved in robotics.

Glendale's Volunteer of the Year has been a staple on the Viking campus for more than three decades. Ken Van Cott was a student at Sunnyslope and shortly after graduation, he was recruited by a parent to become one of the members of the football chain gang at varsity football games. That is where he has been on home varsity game nights for the past 35 years.

And finally, the Achievement Above All Support Staff Recipient was Sheila Yoder, who holds a master's degree in Social Work from Arizona State University. She was noted for her kind nature, her service work ethic, and her vast knowledge and experience.

MADISON ELEMENTARY SCHOOL DISTRICT

Student makes it to third round in spelling bee

Marcus Giorza's love of words took him all the way to the third round at the Scripps National Spelling Bee, held May 27-June 1 in Washington, D.C.

The Madison No. 1 Middle School sev-

enth-grader competed with 400-500 spellers from around the United States after first coming out on top in the 2018 Arizona Spelling Bee by correctly spelling "anthophilous." Marcus received two all-expense paid trips to Washington, D.C., to compete in nationals, paid for by the Arizona Educational Foundation.

"I've always been interested in words and played a lot of educational word games when I was young," Marcus said. "I don't do intensive study sessions, I'm pretty casual about preparation. It helps that I have studied many different languages and understand the rules of word construction instead of just memorizing words."

Marcus is part of the Rigorous, Enriched, Accelerated Curriculum for Highly Gifted (REACH) Program at Madison No. 1 Middle School.

Marcus spelled "angularity" correct in the third round of competition, but his total score did not allow him to advance to the final round. This was Marcus's first time competing in the Scripps National Spelling Bee.

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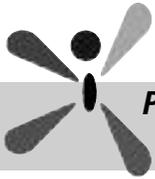
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SCHOOL DAYS



Celebrating the A+ School of Excellence designation awarded to Madison Camelview Elementary during a special ceremony on May 18 are, standing from left: Rose DeVine, Madison Camelview assistant principal, Hilary O'Brien, Madison Camelview principal, and Quinn Kellis, Madison School District superintendent (submitted photo).

Camelview alone in receiving A+ status

The Arizona Educational Foundation (AEF) on April 18 announced the names of 41 Arizona public schools receiving the coveted A+ School of Excellence™ award for the 2017-2018 academic year, and the only

North Central Phoenix school to receive an award was Madison Camelview Elementary, which serves approximately 600 students in preschool through fourth grade.

"The A+ School of Excellence program celebrates outstanding schools throughout Arizona, calling attention to the positive stories and successes occurring in public schools," said AEF Executive Director, Bobbie O'Boyle. AEF has identified and honored exemplary pre-kindergarten through 12th grade public schools in Arizona since 1983.

Applicant schools are evaluated in the areas of student focus and support, school culture, active teaching and learning, curriculum, leadership, community and parent involvement and assessment data.

"Throughout the rigorous assessment process, I was confident our Camelview community would earn the highest distinction because of the tremendous amount of work all of us put into providing extraordinary learning," shared Madison Camelview Principal Hilary O'Brien. "We are proud of what we've accomplished together and grateful to be recognized for our hard work, because it shows our students what can happen when we all work together, focus on a goal and don't give up."

Schools receive \$500 and a banner designating them as an A+ School of Excellence winner. All staff and their family members at the award-winning schools are eligible for partial scholarships from Argosy University Phoenix. The award is valid for three and a half years.

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SCHOOL DAYS

OSBORN ELEMENTARY SCHOOL DISTRICT

Solano gets honor from Childsplay

Solano School was recognized by Childsplay as an “Imagination and Wonder School” for its commitment to ongoing professional development in bringing literacy alive through drama in the 2018 school year.

Solano teachers Alex Parker and Sheila Berger were present at Childsplay’s 2018-2019 Season Preview for Educators event to receive an award, held at the Herberger Theater Center in downtown Phoenix this past spring.

PHOENIX UNION HIGH SCHOOL DISTRICT

Bioscience boasts two Flinn Scholars

Two Phoenix Union Bioscience High School seniors were among the 22 Arizona high school students chosen as 2018 Flinn Scholars. Nancy Twishime and Elizabeth Lee Chiffelle were selected for the prestigious scholarship, valued at more than \$120,000, from a record-high 881 applications.

The scholarship, which is for in-state universities only, covers the cost of tuition, room and board, and provides funding for study-abroad experiences, an off-campus internship and other benefits. Chiffelle and Twishime will attend Arizona State University this fall.

Bioscience was one of three schools that had two representatives, along with Arizona College Prep and BASIS Chandler. It is the first time since 1994 (North) that two students were from one Phoenix Union High School. Bioscience has had four Flinn Scholars since 2013.

The typical Flinn Scholar achieves at least a 3.5 grade-point average, a top-5 percent class rank, and a score of 1360 on the SAT or 29 on the ACT, and demonstrates exceptional leadership in extracurricular activities.



Nancy Twishime



Elizabeth Chiffelle

Staffing changes coming to PUHSD

Central High School will welcome a new principal for the 2018-19 school year. Leticia Avalos Salomon will lead Central, taking over for John Biera, who will move to the district office as a leadership coach this year. Salomon will start her new position on July 1.

Salomon comes from Betty Fairfax High School, where she was the assistant principal for registration for two years. Previously, she was an assistant principal at Trevor Browne High School for two years.

Salomon was a reading teacher and instructional leader at Carl Hayden High School from 2008-2014. Prior to her Phoenix Union career, she taught middle school social studies at Glendale Elementary District, beginning her educational career in 1998. Salomon holds a bachelor’s degree in education, specializing in history, and two master’s degrees in secondary education and educational leadership, all from Arizona State University.

Biera, who just completed his

please see CHANGES on page 32

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SCHOOL DAYS

CHANGES continued from page 31

fourth year as Central’s principal, has been selected to fill an administrative position at CEE for the 2018-19 school year. His public education career spans 36 years, including 24 as an administrator in Arizona and Texas.

Heras receives first AZ ‘Golden Door’

Camelback High senior Matilde Sanchez Heras received a Golden Door Scholarship. The Golden Door Scholars program invests in education and career access for high-performing DACA students.

This is the first year that the Golden Door has included Arizona in its scholarship program. Only 100 students across the country were selected, only five in Arizona and Heras is the only Golden Door recipient from Phoenix.

She had a 4.6 weighted GPA and a 3.8 unweighted GPA, and was ranked third in her senior class.

As a Golden Door recipient and a DACA student, Heras has a full-ride

scholarship to Queens University in Charlotte, N.C., studying Forensic Psychology. She will be attending a summit this summer with the other Golden Door winners.

Camelback seniors were offered more than \$7.5 million in scholarships this year.

North boasts several student art winners

North High School had multiple winners in Congressman Reuben Gallego’s Student Art Competition this past spring.

Gloria Dusenge’s artwork titled “Introspection” won First Place. Her artwork will hang in the U.S. Capitol in Washington, D.C., for a year and she and a guardian will have an all-expense paid trip to the nation’s capital for the art reception.

Sarahi Munoz took Second Place and Rogelio Rivera Landeros took Third Place. Both will have their artworks hanging in Congressman Gallego’s office for a year and they both also won a Chromebook.

Aleesha Brumit’s artwork won Best in Mixed Media and Amala Rose Paul Mundadan’s artwork won Best in Print. The awards Reception was held May 18.

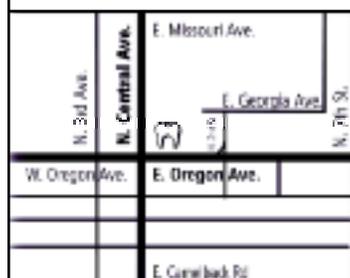
York attends Chinese language program

Central High senior Amanda York was accepted to the STARTALK Chinese program, hosted at Arizona State University this summer.

The STARTALK Chinese program is a prestigious program funded by the U.S. government in which students from all over Arizona who are interested in learning Chinese language come for a 15-day camp. This is an intensive camp where students not only expand their knowledge in Chinese language, but also experience college living on campus. York recently visited China and was enrolled in Honors Chinese 3-4 in school.

In related news, York and classmate Mugarineza Zuza were accepted to the Cornell University Curie Academy and joined an esteemed group of youth from around the nation last month. The Curie Academy is a weeklong summer program at Cornell University for young women interested in engineering. CURIE participants spend a week living on Cornell’s campus and work on a research project with Cornell Engineering faculty.

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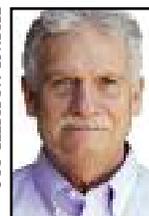


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SCHOOL DAYS



Lily Muller, 12, a student at Royal Palm Middle School, shows Jordan Welch, 9, how to program a handmade robot during the 19North Second Saturday event, held on April 14 (photo by Teri Carnicelli).

WASHINGTON ELEMENTARY SCHOOL DISTRICT
After-school options are diverse, fun

Royal Palm Middle School's 21st Century After-School program continues to provide opportunities for students with fun, innovative classes. Students are exposed to a variety of academic interventions as well as STEAM classes, including the increasingly popular Robotics program. Other offerings include Yearbook, 3-D Art, and Film & Editing, which is new this year.

In the community service class, Raiders & Cardinals Who Care, students are finding ways to give back to the community and get involved, including volunteering at community events such as the 19North Second Saturdays.

Positive awareness of self and others, and variation of class options, inspire students to thrive in the school setting.

PRIVATE AND CHARTER SCHOOLS
Young women win computing awards

Twenty-two Xavier College Preparatory students were honored by the National Center for Women and Information Technology (NCWIT) as state winners of this year's "Aspirations in Computing" awards.

Xavier seniors Sarah Bierman, Ashley Bruner, Eleanor Carlos, Carolina Cisneros, Claire Fleming, Katherine Hann, Edel Healy, Sarah Hills, Kate Straneva, Josie Tang, Jaden West; juniors Miranda Chavira, Emily Conn, Misaal Irfan, Bridget Kelly, Katherine Thomas, Veronique Volfson; sophomores Analy Carbine, Nicole Jasinski, Julia Kearney, Shea Nowicki;

and freshman Janessa Gutierrez were recognized for their demonstrated interest and achievements in computing, proven leadership ability, academic performance, and plans for post secondary education.

Bruner, Cisneros, Hann and Healy all won "Aspirations in Computing" awards last year as well.

Fleming, Healy, Hann, Straneva, and West also were named 2018 National Honorable Mention recipients.

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SCHOOL DAYS

Summer still busy at Midtown Primary

It may be summer break, but things are still very busy at Midtown Primary School, 4735 N. 19th Ave.

The Kindergarten Jump Start summer program, held June 5-July 12, gives students a chance to prepare for school—letter and number basics, how to be part of a group, playground rules, and important stuff like where is the bathroom. Students will have the opportunity of getting used to going to school part time, a few days per week which makes the transition to a full day very easy on them. Executive Council Charities has been sponsoring this opportunity to Midtown’s new “kindies” for several years now.

“The Jump Start students tend to be more cooperative and more engaged; they adapt better to schedule and space changes,” explained Principal Judy White.

Executive Council Charities also sponsors Midtown Primary’s Summer STEAM (Science, Technology, Engineering, Art, Math) program for its first through fourth graders.



Students at Midtown Primary School in Phoenix work on honing their STEAM (Science, Technology, Engineering, Art, Math) skills during a summer program at the school for first through fourth graders (submitted photo).

Children that are being challenged in the summertime lose less of their school year’s education than the inactive ones.

MHP holds student orientation in August

Madison Highland Prep’s student orientation for the 2018-2019 school year will be held Thursday, Aug. 2 on

the campus, located at 1431 E. Campbell Ave.

Freshman orientation will take place from 4 to 5:30 p.m. Sophomore, junior, and senior orientation will take place from 6 to 7:30 p.m.

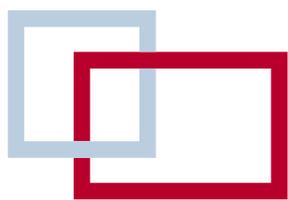
Students will have the opportunity to review their schedules, tour the campus, meet with teachers and receive course syllabi and student IDs.

For information, call the school at 602-745-3800.

Ss. Simon & Jude receives nat’l honor

For its vision and implementation of a comprehensive 1:1 iPad program for fifth through eighth grades, SS. Simon & Jude received one of the 2018 Innovation in Catholic Education Awards for Technology Integration from Today’s Catholic Teacher.

The award was given at the annual National Catholic Educational Association convention in Cincinnati, Ohio in May, where teachers from the school were in attendance to receive this prestigious award.



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 Evaluations 8/18/18
 Season starts 9/8/18
 Playoffs end 11/1/18

Volleyball
 (Grades 3-8)
 Players Clinic 6/19/18 - 6/21/18
 Registration Opens 7/9/18
 Evaluations 8/18/18
 Season Starts: 9/8/18
 Playoffs end 10/27/18

WINTER SPORTS

Boys Basketball
 (Grades K-6)
 Registration opens 9/22/2018
 Evaluations 11/3/18
 Season starts 12/8/18
 Playoffs end 3/1/19

Girls Basketball
 (Grades K-8)
 Registration opens 9/22/2018
 Evaluations 11/3/18
 Season starts 12/8/18
 Playoffs end 2/23/19

SPRING SPORTS

Baseball, Softball & Tee-ball
 (Grades K-8)
 Registration opens 1/5/2019
 Evaluations 2/2/19
 Season starts 3/1/19
 Playoffs end 5/22/19

Opening Day Celebration
 3/2/19

SUPPORT RAMMS!

Business owners, if you are looking for a way to support youth sports and advertise your business in the community, please consider supporting RAMMS. For a fee, your business can become a team sponsor and have its name on the back of a team's jersey. For more information, please email sponsorships@ramms.org

RAMMS is a parent run, volunteer organization that was founded in 1961 to provide recreational youth sports opportunities for children in North Central Phoenix. To learn more about RAMMS, please visit us at www.ramms.org or at www.facebook.com/rammsphoenix





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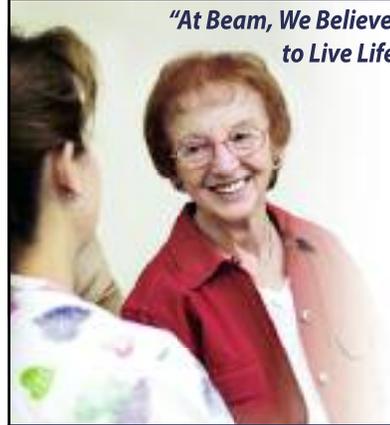
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Local women pen children's books

Phoebe Fox, a children's book author and mother of three, recently released her first bilingual book, "Babies Nurse/Asi se alimentan los bebés."

Fox, a longtime North Central resident, wrote this book to show the warmth and beauty of nursing while demonstrating that all mammals share certain approaches to feeding, protecting, and teaching their young.

With degrees in Early Childhood Development and Curriculum Instruction, Fox was particularly well positioned to present this information in a way that young readers will respond to. She consulted zoologists and pediatricians to put together this deceptively simple introduction.

The book features illustrations by Phoebe's father-in-law, retired NBA star and watercolor artist, Jim Fox. Together with bilingual (English/Spanish) poetry, the paintings depict care and bonding between 13 animal mothers and their babies. The overarching theme of breastfeeding inspires conversations about parenting, biology, habitats, survival, and more. Appropriate for ages 4 and older.

A free online Teacher's Guide offers further vocabulary, discussion topics, and hands-on activities. Books are available in hardback (\$14.95) and paperback (\$9.95).

Books are available at www.platypusmedia.com/babies-nurse.

Fox also is the author of "Starry's Haircut" and "Starry Gets Lost." Visit her at www.mamafoxbooks.com.



Phoebe Fox holds her first bilingual book, "Babies Nurse/Asi se alimentan los bebés," which has an optional Teacher's Guide (submitted photo).

North Central resident Renée Barstack, an English professor currently specializing in Children's Literature, has released her debut children's picture book, "My Pet Peeve." Encouraged by her college students to publish her own story and inspired by the love for her cat, a Scottish fold named Munchkin, Barstack incorporated life lessons into a beautifully illustrated rhyming story for all ages to enjoy.

The story follows a little girl named Molly who finds a stray kitten in her barn. Molly has always wanted a cat but knows her father would disapprove. In order to convince him to let her keep it, she utilizes problem solving to come up with a solution to keep the kitten she names Munchkin. However, when her father discovers she has the kitten, he

please see AUTHORS on page 38

Crossroads United Methodist Church

is pleased to announce that the Rev. Kimberly Scott has been appointed as our new Pastor.



Pastor Kimberly is a cradle Methodist who attributes Youth Choir and church community events as some of the seeds leading to her ministry. Her first career though was as a high school counselor before her eventual call to ministry at the Iliff School of Theology.

Pastor Kimberly most recently served as Associate Pastor at First UMC at Central & Missouri.

She continues to engage with the AZ Faith Network, One Community AZ, and Valley Interfaith Institute.

Please pray for Rev. Scott, her family, and Crossroads UMC.



"I am looking forward to embarking on the next leg of my ministerial journey ... and continuing the work at CRUMC as it stands out as a vital, vibrant and inclusive community in North Central Phoenix."

Sundays: Chapel Prayer Time 9-9:25 am

Worship Service 9:30 am

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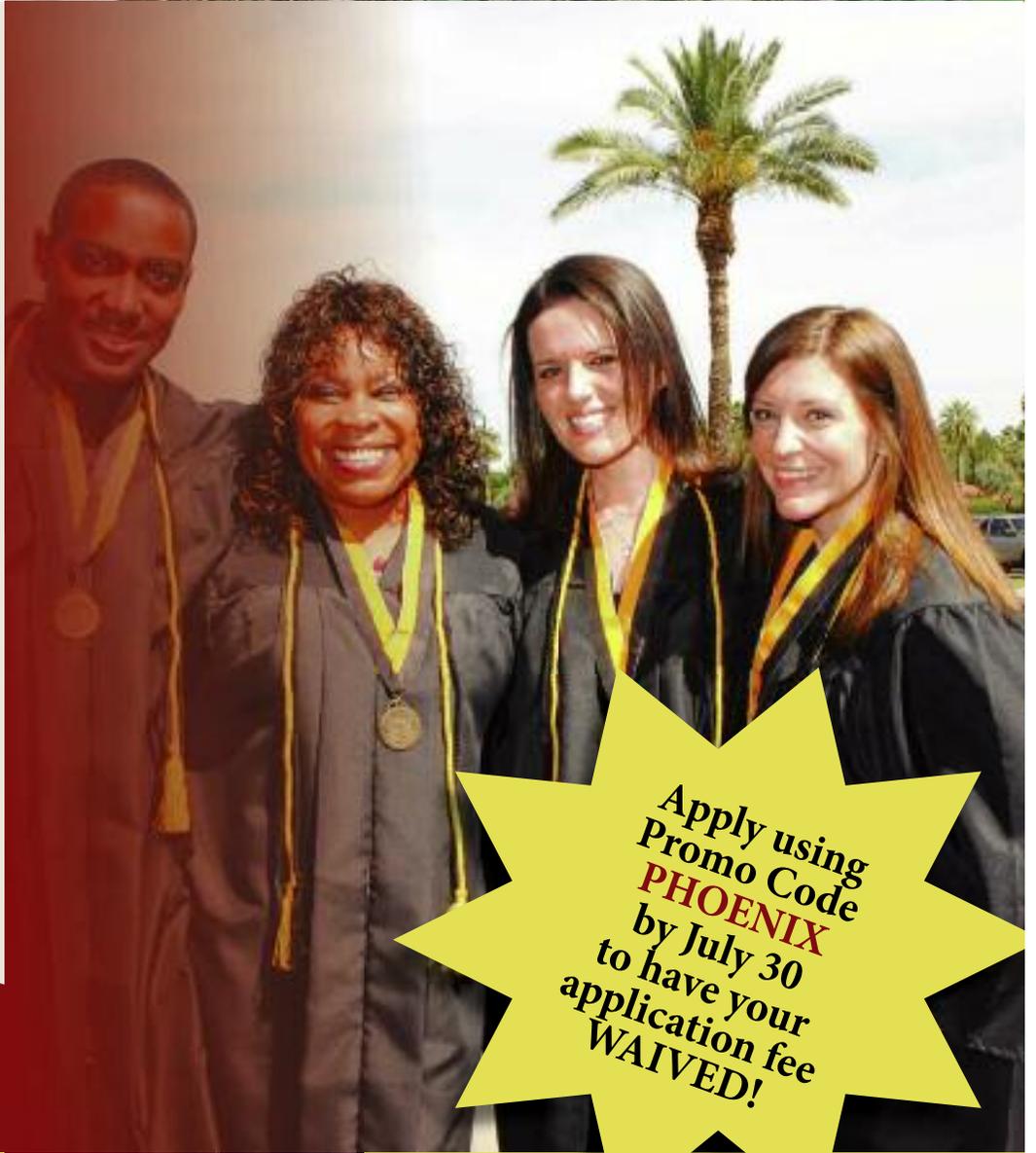
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GENERATIONS

AUTHORS continued from page 36

demands she give Munchkin away until the kitten does something heroic that permanently changes his mind.

An educational story that promotes the importance of being tolerant of others, “My Pet Peeve” is also a good problem-solving learning tool for children. The book is available at Amazon.com, BarnesandNoble.com, and at www.ReneeBarstack.com.

Senior Living

Free workshop on retirement planning

Jack Burns, public affairs specialist for the Arizona Social Security Administration, hosts a free Social Security retirement planning workshop, 5 p.m. Tuesday, July 17 at the Burton Barr Central Library, 1221 N. Central Ave.

Attendees are encouraged to create a free “my Social Security account” online prior to attending at www.ssa.gov/myaccount/.

Walk-ins are welcome. Pre-registration encouraged. The library can be reached at 602-262-4636.

Paradise Living opens third care home

Paradise Living Centers, a locally owned luxury assisted care home provider, has opened its third location in the Valley. The new 10-bedroom group home is located near 40th Street and Montecito Avenue.

The newly built home is approximately 5,000 square feet and features 10 private bedrooms and bathroom suites. Amenities and services include 24-hour awake care and monitoring by trained caregivers, a dedicated full-time nurse available 24/7 and care coordinator, all working under the direction of the care manager. Residents will have the opportunity to participate in daily and weekly on-site activities and enjoy healthy daily meals, prepared by the on staff cook.

Paradise Living Centers has owned and operated assisted living homes since 2013. The original home is located in Paradise Valley on Lincoln Drive. The second home, located near 3rd Street and Maryland Avenue, opened in spring 2016. For more information, visit paradiselivingcenters.com. To schedule a tour of any of the three homes, call 480-878-4112.

Kids & Families

Free Family Sundays continue at art museum

Phoenix Art Museum announces the renewal of a generous gift from Discount Tire to provide free general admission for all guests on the second Sunday of each month. Beginning July 8, the museum will open one Sunday per month, free of charge for the general public. Hours are 12-5 p.m.

In addition to the opportunities to experience art throughout the galleries, the museum’s education department will continue to use the Discount Tire

Free Family days to feature interactive experiences, hands-on art activities, and story time with Phoenix Public Library along with musical and dance performances. Access to special-engagement ticketed exhibitions will be offered at just \$5 per visitor.

For more information, visit <http://www.phxart.org/events/family>.

Temporary water slides installed at CityScape

Central Avenue and Patriot’s Park will be transformed into a water park on Saturday, July 14 and again on Aug. 11, as CityScape welcomes H2Oasis. There will be shade, the splash pad, and 10 giant inflatable water slides.

Bring the kids to cool off, chill out, and learn all about water safety from the Lincoln Family Downtown YMCA. All contributions (\$5 minimum requested) will be donated to the “Safety Around Water” program. This program teaches parents and caregivers about the importance of water safety skills.

Don’t forget your sunscreen and make sure to bring some water shoes to protect your feet from the hot pavement.

CityScape is located in downtown Phoenix at 1 E. Washington St. Each Saturday the park will be open from 10 a.m. to 3 p.m. Ample and convenient underground parking is available and validated by restaurants and retailers with purchase.

For more information about H2Oasis and events at CityScape, visit <http://cityscapephoenix.com>.

Youth can learn about law enforcement

The Phoenix Police Department presents the Youth Police Experience July 23-27, to introduce children to the world of Law Enforcement.

This free program, held at the Mountain View Police Precinct, 2075 E. Maryland Ave., will introduce students entering seventh and eighth grade this fall to what occurs at the Phoenix Police Department on a daily basis. This program will also provide the students the ability to build relationships with police officers and the civilians that work within the Phoenix Police Department.

On the final day, students will work with a police officer to investigate a crime scene set up especially for them. All participants will receive a T-Shirt and a certificate upon completion of the week’s activities.

Students must reside in Phoenix or attend a school within the Phoenix city limits. There is no academic requirement; however, good behavior is required at all times. This is not a boot camp or program for rebellious teens.

The daily classes take place from 8 a.m.-2 p.m.; transportation to and from the police precinct is to be provided by the parent/guardian. Participants are expected to bring their lunch each day with the exception of Friday—lunch will be provided to the participants on that day.

Registration deadline is July 16. Application area available online at: <http://bit.ly/2HIIc6B>.

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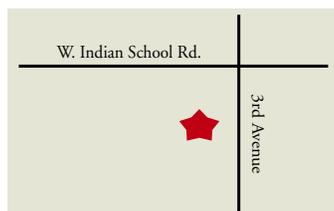
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ARTS & ENTERTAINMENT

A & E Briefs

'Sea Creatures'

Through July 31
Herberger Theater Art Gallery
 222 E. Monroe
 602-254-7399, ext. 105

The First Things First (FTF) Maricopa regions and the Herberger Theater Center (HTC) present the sixth-annual preschool children's art exhibit, showcasing the abilities of young children (ages 2-5). The artwork was created by children in preschools and childcare centers participating in Quality First, FTF's statewide early care and education quality improvement system. The young artists were asked to illustrate their response to the question, "What's your favorite sea creature and why?" Gallery hours are 10 a.m.-5 p.m. Monday through Friday, and by appointment.

'Adaptations'

Artists Reception

6-10 p.m. Friday, July 6
Modified Arts
 407 E. Roosevelt St.
 480-326-6551

New works by Phoenix/Arizona artists Jessica Dzielinski, Katrina Fengler, and Katharine Leigh Simpson. Dzielinski's loosely rendered paintings of urbanity are inspired by comic books, Dadaism, and album cover art. Fengler uses photographs as inspiration

for drawings that seem to peer beyond the confines and demarcations found in the urban layout. Simpson incorporates ordinary materials such as paper to construct energetic sculptures and reliefs that are meditative yet chaotic in their composition. The event is free and open to the public. The exhibit continues through July 14.

Disney's 'Mary Poppins'

Arizona Broadway Theatre
 July 6-22
Herberger Theater
 222 E. Monroe
 602-252-8497

Magically appearing just when she's needed most, Mary Poppins leads the Banks household on zany adventures with chimney sweeps, shopkeepers and an assortment of astonishing characters. With infectious music by Disney's legendary Sherman brothers, "Anything Can Happen" in the world of Mary Poppins. Get ready for something "Supercalifragilisticexpialidocious." Tickets are \$44-\$73 plus fees. Visit www.herbergertheater.org.

Christopher Lloyd Goes Back to the Future

7 p.m. Saturday, July 14
Orpheum Theatre
 203 W. Adams

Actor Christopher Lloyd (Dr. *please see FUTURE on page 40*)



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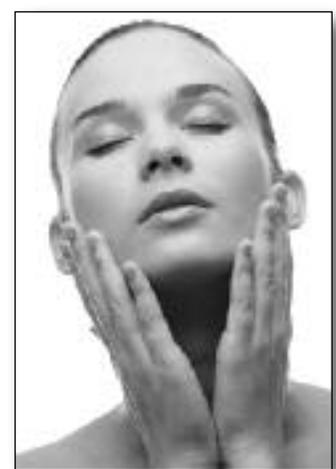
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ARTS & ENTERTAINMENT

FUTURE continued from page 39

Emmett Brown from “Back to the Future”) takes the stage to share hilarious and revealing behind-the-scenes stories from the making of the film, his experience working with Michael J. Fox and Steven Spielberg, and much more. Come ready with your best questions for this Q&A. Tickets are \$49-\$135 plus fees. Visit <https://phoenix.ticketforce.com>.

Shamanic Healing Concert

4-6 p.m. Saturday, July 14
North Mountain Visitor Center
12950 N. 7th St.
602-343-5125

Experience the transporting music of the ancient peoples of Mexico. Maestro Yxayotl will share his ancient Mayan and Aztec instruments, including the fire flute, wind flute, and death whistle. This event will help raise funds for Save Our Mountains Foundation, a nonprofit organization and managing organization for the North Mountain Visitor Center. Tickets are \$20 in advance, from the NMVC Gift Shoppe, or \$25 online. Visit www.saveourmountains.org.

go to the Support S.O.M.F. page and click the “Donate” Paypal button, and indicate in the memo section that your \$25 “donation” is for the concert. Bring a copy of your donation receipt with you.

Jackson Browne in Concert

8 p.m. Saturday, July 14
Phoenix Symphony Hall
75 N. 2nd St.
602-262-7272

Accompanying Browne are long-time band mates Val McCallum (guitar), Mauricio Lewak (Drums), Jeff Young (keyboards), Bob Glaub (bass), Alethea Mills (Vocals) and the acclaimed multi-instrumentalist Greg Leisz (guitar, lap steel, pedal steel). Tickets are \$39-\$154 plus fees. Visit <https://phoenix.ticketforce.com>.

‘Avenue Q’

July 25-Sept. 9
Phoenix Theatre
100 E. McDowell Road
602-254-2151

Part felt, part flesh and full of heart, this laugh-out-loud adults-only musical

follows Princeton, a recent college grad and his new neighbors. The show, starring both puppets and humans, is still fresh, fast-paced and exuberant and explores, among other things, “What Do You Do with a B.A. in English?” For mature audiences only. Tickets are \$36-\$86. Visit <http://www.phoenixtheatre.com>.

‘Stripped Cabaret: Uncensored, Un-Hinged, Un-Derwear’

Saturday, Aug. 4
Playhouse on the Park
1850 N. Central Ave.
602-734-5734

Enjoy tunes from a host of musicals, including numbers from “Kinky Boots,” “Bo Burnham,” “Book of Mormon,” “Spamalot,” “Spamilton” and other Spam-like musicals. Enjoy this escape from the stresses of the day, as performers poke fun, in their undies, at Broadway, pop music and tacky gimmicks. Produced by Davisson Entertainment and Seth Tucker, Music Directed by Kurtis W. Overby. A fundraiser for BLK BOX PHX. Located in the BMO Bldg. Show times are at

7:30 and 10:30 p.m. Tickets are \$25 general admission, \$40 for VIP. Visit <http://davissonentertainment.com>.

‘Newsies’

Valley Youth Theatre
Aug. 10-26
Herberger Theater
222 E. Monroe
602-252-8497

Set in turn-of-the century New York City, Newsies is the rousing tale of Jack Kelly, a charismatic newsboy and leader of a band of teenaged “newsies.” When titans of publishing raise distribution prices at the newsboys’ expense, Jack rallies newsies from across the city to strike against the unfair conditions and fight for what’s right. Based on the 1992 motion picture and inspired by a true story, perfect for the whole family and every audience. Tickets are \$20.50-\$39.50 plus fees. Visit www.herbergetheater.org.

‘Plate Expectations: Victorian Dining, Decorum & Dishes’

Through Oct. 28
Rosson House Museum,
Heritage Square
113 N. 6th St.
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The exhibit features an up-close look at beautiful Victorian pieces from the Museum collection, and artifacts from both turn-of-the-century Phoenix and ancient Native American settlements that were found in and around Heritage Square during its restoration in the 1970s, and archaeological digs in the 1990s. Museum visitors also get to learn where turn-of-the-century Phoenicians got their food (hint: not at Fry’s or Bashas’), and what eating a meal may have been like in this upper class home. Hours are 10 a.m.-4 p.m. Wednesday through Saturday, 12-4 p.m. Sunday. Tours begin every hour, on the hour. Tickets are \$9 adults, \$8 seniors/military/students, \$4 for children. Closed on July 4. Visit www.heritagesquarephx.org.

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FOOD FOR THOUGHT

Café Chat

Treating customers and staff like family at Babbo

By Patty Talahongva

The first thing that you notice when you walk into Babbo Italian Eatery, 6855 N. 16th St., is the smell of freshly baked bread. It's a customer favorite that owner Ken Pollack says was created minutes before he opened his first restaurant in 2009.

Today, his family business has eight Babbo's located throughout the Valley with his wife, Charlotte, and their three sons and daughter working in various positions throughout the company.

"What really put us on the map was our billboard for spaghetti and meatballs for \$6.99," recalls Pollack. The restaurants still offer that same deal all day, every Monday and Tuesday.

"People think we're a big corporation but (we are) a small family business," Pollack explains. And just like family



Taylor Schultz, one of the general managers for Babbo Italian Eatery, and her father, Ken Pollack, founder/CEO of Babbo, show off some of the restaurant's most popular items (photo by Teri Carnicelli).

meals crafted at home, all the food at Babbo is made from scratch. The sauces are freshly made, as are the salad dressings. Charlotte's own recipe for the

ranch dressing is served multiple times a day. Other salad dressing recipes came from other family members and even family members of their employees.

Besides spaghetti and meatballs, there are plenty of options on the menu and you don't even have to eat pasta. You can request noodles made from zucchini. A few years ago Pollack's doctor told him he had to drop a few pounds. That led to the creation of new menu items as part of the Chalkboard Menu.

That menu includes items such as sautéed Brussels sprouts and beets with marsala mushrooms, served with toasted walnuts and topped with gorgonzola cheese and breadcrumbs. You can add your choice of meat, including grilled boneless skinless chicken breast, to any dish if you wish. Eating lighter at his own restaurants, where he has at least one meal a day, allowed Pollack to exceed his doctor's weight-loss benchmark.

Each year the Pollack family takes a hard look at their menu and make any changes they feel will keep their customers fed and satisfied. Recently they added Protein Bowls, which range from \$10.95 to \$13.95 and offer chicken,

please see FAMILY on page 42

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FOOD FOR THOUGHT

FAMILY continued from page 41

steak, shrimp and salmon options.

Daily lunch specials are served between 11 a.m. and 3 p.m. You can get a pasta and salad, or pizza and salad combo for \$10.50. Fair warning—the Italian sausage is spicy.

Happy Hour is Monday through Friday, 3:30 to 6 p.m. and offers a robust menu. Appetizers (\$6) include everything from Stuffed Portobellos and Pistachio Mozzarella to Roasted Asparagus. Or you can order from a number of 8-inch pizzas for \$6 each. You can also get a Couples Combo for \$25 that includes two small salads, two glasses of wine, and two small pizzas or pastas.

Bar specials include \$5 sangria, \$6 martinis, margaritas and mojitos, and well drinks. Bottled beer is \$3.50.

If you sign up for the e-mail list you will get notices twice a month for specials including Chicken Parmesan for \$6.99, and take-and-bake deals on items such as lasagna.

Babbo will be closed on the fourth of July so the employees can hold a com-

pany picnic and soccer match. That's another thing that makes Babbo special. Many of their employees have been with them for five or more years. That's because Pollack has a mentoring policy.

"Long-time employees mentor the newly hired," Pollack says. "They learn the culture, learn each station. A lot of our employees started as servers and are now managers.

"There's some enjoyment in building a company," he reflects, adding that he started with seven employees and now has close to 500. "It's inspiring to me to see people grow."

That growth also has included a robust catering business. No party is too big or too small for Babbo, and that includes weddings. The food is cooked, delivered and served by trained Babbo catering staff.

Pollack also is involved in the communities around his restaurants. Babbo raised \$43,000 for Phoenix Children's Hospital from sales at all eight locations during an April 19 special anniversary event for the restaurants.

Perhaps that's why the name of the restaurant is so appropriate. "The name

Babbo means daddy in Italian," says Pollack. "I feel like I'm super responsible for everyone and everything involved in this company, from the employees to the families we serve."

Hours are 11 a.m.-9 p.m. Sunday through Thursday; and 11 a.m.-10 p.m. Friday and Saturday. You can reach Babbo Italian Eatery by calling 602-279-1500 or visiting the website: www.babboitalian.com.

Dining Briefs

New happy hour at Central Kitchen

Phoenix Ale Brewery Central Kitchen, 5813 N. 7th St., has introduced a full Happy Hour menu with several hearty items featured. New Happy Hour items include: Biltmore Blonde Baja Fish Tacos; Nico's Nachos; an 8-ounce Arizona Grass-fed Angus Cheeseburger; Black Iron Pizza of the Hour; and Southern Fried Chicken Sliders (also available in Buffalo style).

If you are looking for something tasty but less filling, try the Applewood-Smoked Bacon Popcorn or

the Classic Deviled Eggs.

Choose from a selection of locally made craft beers from Phoenix Ale Brewery for just \$4 to accompany your happy hour meal, including a seasonal Watermelon Ale or the popular Orange Peel IPA.

On Wednesday, July 4, Happy Hour pricing on these items will be available all day. Guests also can enjoy brunch on July 4 from 11 a.m.-2 p.m. (otherwise available weekends only).

Regular Happy Hour is available 2-6 p.m. Monday through Friday, and 4-6 p.m. Saturday and Sunday. Call 623-256-3513 or visit www.centalkitchenaz.com for more information.

Healthy salads, bowls at Bobby-Q Biltmore

Bobby-Q Great Steak & Real BBQ is known for its rib-sticking menu of house-smoked and fork-tender meats. But there's more to Bobby-Q, including an all-new menu of farm-fresh, flavorful and doctor-approved summer protein bowls and salads.

Handcrafted by Bobby-Q owner Bob Sikora and executive chef, Mark Hittle, each item was also given the seal of approval from Dr. Art Mollen, a renowned Biltmore-area physician and fitness expert best known for creating the Art Mullen Fitness Trail on the nearby Arizona Canal.

Freshly prepared with premium ingredients, such as Purple Haze goat cheese, coconut-infused basmati rice, and wood-fired rotisserie chicken, the items tempt both vegetarians and barbecue fans alike. Offered exclusively at Bobby-Q's Biltmore location, the summer protein bowls and salads will be available daily from 11 a.m.-10 p.m. through fall at Bobby-Q Great Steaks & Real BBQ-Biltmore, 3154 E. Camelback Road. For more information, call 602-626-8856 or visit www.bobbyq.net.

Espresso served from authentic Italian machine

Esso Coffeeshouse & Roastery is a new locally owned and operated coffeehouse serving small batch coffee from beans roasted in-house. It is located in the commercial center dubbed The Strip, located at the northwest corner of Highland Avenue and 12th Street.

Esso is a quick-service cafe featuring fresh roasted coffee, espresso drinks and tea, as well as fresh locally baked

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FOOD FOR THOUGHT

pastries. The café's centerpiece is its hand-hammered, Italian-made lever pull 1976 Victoria Arduino Espresso Machine, which owner Sharon Koger acquired for a steal because it was a non-working display model. After investing quite a bit to get it in top-working order, it is now the centerpiece of the cozy space and worth a visit just to see it in action.

The pet-friendly outdoor seating, which fronts Highland Avenue, is surrounded by a vine-covered cement wall for a cool, relaxing place to sit and enjoy a summer morning.

Koger, a longtime Phoenix resident, has brought to life a cozy, intimate cafe with a focus on excellent customer service and a quality product, backed by over years of experience in coffee service and business management.

The coffeehouse is located at 4700 N. 12th St., #107, and is open weekdays from 6 a.m.-6 p.m. and weekends from 8 a.m. to 2 p.m. For more information, call 480-560-3067 or visit <https://essocoffeeshop.com>.

Hot dog sales benefit impacted kids, families

July is National Hot Dog Month and National Make a Difference to Kids Month. Miracle Mile Deli is celebrating by combining the two and hosting a Dog Days of Summer fundraiser for kids.

From Sunday, July 1 through Tuesday, July 31, customers can purchase a Hebrew National hot dog, French fries and a small soft drink for just \$5. For every hot dog sold, Miracle Mile Deli will donate \$1 to the Colten Cowell Foundation.

The Colten Cowell Foundation is a nonprofit that creates exciting and memorable life experiences for children and their families, who have been impacted by significant life changes (<https://coltencowellfoundation.org>). Miracle Mile Deli is located at 4433 N. 16th St. For more information, visit www.miraclemiledeli.com.

Irene's Tap Room open for business

After unexpected delays, Irene's Tap Room finally opened its doors to an eager public on June 29.

Located at 1227 E. Northern Ave., Irene's is friendly, mid-century modern tap room, bottle shop and entertainment venue built to expand the knowledge

and palates of craft beer and wine lovers in an educational and relaxed setting.

With 23 independent beers and eight wines on tap, and an eclectic menu of temperature-controlled to-go options, Irene's will offer something for everyone—because men don't just drink beer and women don't just drink wine.

While the bar doesn't serve food, there will be a rotating schedule of food trucks out front.

Hours are 3 p.m.-2 a.m. Monday through Friday, and 12 p.m.-2 a.m. Saturday and Sunday. For more information, call 602-449-7879 or visit <http://irenestaproom.com>.

Summer flavors at Macayo's through July

"Sabor," which translates to flavor, abounds at Woody's Macayo summer season, with special highlighted menu items that call upon special ingredients and handmade processes to make them truly stand out on the menu. Featured menu items during

Macayo's Sabor celebration includes: Mexican Corn; Street Taco Sampler (Carne Asada, Grilled

Chicken, and Chicken Tinga); and a Street Tostada Sampler (Guacamole, Refried Beans, and Chicken Tinga).

Guests can complete their meal with a Margarita Cheesecake served in a mason jar—a "deconstructed" version of the traditional dessert with cookie crust, cream cheese mousse margarita custard, whipped cream and a Mexican cookie.

These summer specials are available through July 31. Woody's Macayo is located at 3815 N. Central Ave. For more information, call 602-264-6141 or visit www.macayo.com.

Lighter lunch fare now at TEXAZ Grill

TEXAZ Grill chef and owner Steve Freidkin has developed a special menu of summertime lunch favorites, including a refreshing Grilled Chicken Caesar Salad; Fish Tacos featuring grilled cod, shredded cabbage and chipotle tartar sauce; or a Turkey Wrap with avocado and bacon, all wrapped in a flour tortilla.

All three Summer Lunch Specials are available for only \$9.50, served 11 a.m.-4 p.m. Monday through Saturday.

TEXAZ Grill is located at 6003 N. 16th St. For more information, call 602-248-STAR (7827) or visit www.texazgrill.com.

Fired Pie marks anniversary with deals

In honor of Fired Pie's fifth anniversary, all 20 Valley locations will offer deals and specials from July 11 through July 16.

Starting on Wednesday, July 11, guests can download Fired Pie's app on their smartphone to redeem \$4 towards a pizza or salad. This offer is redeemable through the app on July 11 from 4 to 9 p.m. only.

On Thursday, any guest who purchases an entrée will receive one free medium soft drink. On Friday, every guest who makes a purchase in-store will receive a free pookie card for use on the next visit.

Fired Pie will offer salads for just \$5.55 (plus tax) on Saturday, July 14. On Sunday, guests who order in-store will receive 10-percent off their entire purchase.

please see DEALS on page 44

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FOOD FOR THOUGHT

DEALS continued from page 43

To wrap up the week of deals, Fired Pie will offer a buy one entrée, get one free deal on Monday, July 16 with the purchase of two beverages.

These deals are valid at the restaurant only, with a limit of one per person. Deals not available through third-party delivery or online. Fired Pie is located at Park Central Mall at Central Avenue and Earll, and at the Collier Center in downtown Phoenix. For more locations, visit www.firedpie.com.

Summer Sampler returns to Sauce

Sauce's Summer Sampler will be available through Aug. 31. This means that all summer, guests can grab a date or bring a friend and savor one of Sauce's salads, a 12-inch pizza, and two glasses of wine or beer for just \$22.

Guests can choose from a variety of salads (under \$9), including the seasonal Watermelon & Arugula salad, made with watermelon, feta cheese, red onion, and jicama batons over a blend of arugula and spinach, all tossed in white balsamic vinaigrette and topped with pumpkin seeds. Guests also have

their choice of pizza (under \$11) and two glasses of beer or wine (under \$7).

Sauce is located at 1st Street and Camelback Road, and 7th Street and Glendale Avenue. For more information, visit <http://www.saucepizzaand-wine.com>.

Drive-thru pizza, fundraising salad

Now that the brutal summer heat is upon us, Luci's at the Orchard offers drive-thru pickup of Pomelo at Orchard Pizza every day after 5 p.m. Simply call Luci's at the Orchard to place your order at 602-633-2442.

Guests can enjoy all of Pomelo's wood-fired pizzas such as the Pesto Garden with mozzarella, pesto, zucchini, broccoli, garlic and ricotta cheese, or the Carnivore pizza with tomato sauce, mozzarella, pepperoni, spicy Schreiner's Tasso and Schreiner's Sicilian sausage.

Luci's at the Orchard is located at 7100 N. 12th St. The drive-through is at the north end of the property; follow the signs. To view the full menu of pizzas available from Pomelo, visit www.pomelophx.com/menu.

In honor of National Make a Difference to Children Month in July,

Pomelo at the Orchard is partnering with the nonprofit organization March of Dimes for a month-long fundraiser.

From July 1-31, Pomelo will donate 10 percent of every Blistered Brussel Sprout and Beet Salad Dish sold to March of Dimes. The dishes were chosen to raise awareness about the importance of eating a diet high in folic acid during pregnancy. Both dishes are high in folic acid, which can help prevent birth defects in a baby's brain and spinal cord. March of Dimes is a nonprofit organization that works to improve the health of mothers and babies by preventing birth defects, premature birth and infant mortality.

Kids eat free on Tuesdays at CB&C

At Cold Beers & Cheeseburgers, kids 12 and under eat free with the purchase of an adult entrée all day Tuesday at the North Central Phoenix (5625 N. 7th St.) and Arcadia (3950 E. Indian School Road) locations.

The kids menu, available every day at Cold Beers & Cheeseburgers, packs a punch for only \$6.50 featuring Cheeseburger Sliders, Chicken Tenders, Grilled Cheese, Mmmac &

Cheese, among other items to choose from, a small drink and fries included.

For more information, visit www.ColdBeers.com.

Patriotic pancakes at Original Breakfast House

In honor of America's most patriotic holiday, Independence Day, Original Breakfast House will offer a "red, white and blue" special all day—Patriotic Pancakes served with strawberries and blueberries with warm crème anglaise for \$10.95. The special is available from 6:30 a.m.-2 p.m. on Wednesday, July 4 only.

Original Breakfast House, which celebrated its fifth anniversary in April, is locally owned by John Stidham and operated with help from his son, Nick. The hip breakfast joint, located at 13623 N. 32nd St., serves up intense flavors in the form of unique twists on American comfort food.

For more information, call 602-482-2328 or visit www.originalbreakfasthouse.com.

For local restaurant listings, visit our Dining Guide online at www.northcentralnews.net

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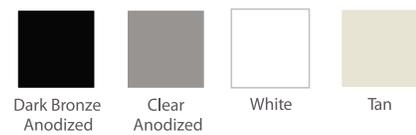
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