



# north central news

the voice of the north central phoenix community

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www.northcentralnews.net

## Garden plots now available to public

By Teri Carnicelli

Fall planting season has begun, but many people who would like to grow their own food may not live somewhere conducive to gardening.

Keep Phoenix Beautiful (KPB) wants to remind residents who have a green thumb, but no green space to plant, that Phoenix has community gardens where you can “rent” a large planter box and perhaps share the tending duties with a friend or neighbor.

Both gardens in North Central Phoenix—the Pierson Street Garden and the Mountain View Garden—are ready to welcome new hobby gardeners as they get ready to plant lettuce, carrots, radishes, beets, turnips, garlic, onion and more. The best time to plant these seeds is when the mornings are cool, which typically begins in late September.

Each community garden allows locals to “rent” a plot and grow vegetables, herbs and more. The cost is between \$6 and \$10 a month, but KPB is hoping

*please see GARDEN PLOTS on page 6*



Rico Hernandez, left (in blue shirt) and Joseph Delgado, right (in blue shirt), both staff members from the Community Medical Services outpatient addiction treatment clinic at 23rd and Northern avenues, help direct the steady flow of traffic for patient drop-off/pick-up, while an off-duty Phoenix police officer patrols the area (photo by Teri Carnicelli).

## Can a methadone clinic benefit a community?

By Teri Carnicelli

According to the Centers for Disease Control (CDC), about 66 percent of the more than 63,600 drug overdose deaths in 2016 involved an opioid.

In addition, the CDC reports that the number of overdose deaths involving opioids (including prescription opioids and illegal opioids like heroin and illicitly manufactured fentanyl) in 2016 was five times higher than in 1999.

As federal and local governments try to figure out how to combat the crisis, private companies are investing in clinics to offer treatment to these primarily heroin addicts, and because of the widespread nature of this addition, business for these companies is booming.

One Scottsdale-based company, Community Medical Services (CMS), wasn't prepared for the number of clients it would see at an outpatient addiction treatment clinic it took over a few years ago at 23rd and Northern avenues. The huge influx of new clients not only overwhelmed the clinic but impacted the adjacent neighborhood as well.

And that's where this story really begins.

A task force made up of state, city and neighborhood leaders, along with representatives of CMS, has been meeting to address concerns about the methadone clinic at 23rd and Northern avenues.

Currently there are very few, if any, city or state regulations when it comes to the operation of these types of treatment facilities. Unlike medical marijuana dispensaries, which have several layers of zoning regulations, these so-called “methadone clinics” can exist anywhere there is an already present C-2 zoning—and nothing prevents them from operating 24-7, as the Northern Avenue clinic began to do in November last year.

But State Sen. Kate Brophy McGee hopes to see that lack of regulations changed in the next legislative session.

And City Councilwoman Debra Stark, who represents the Sunnyslope area, also wants the city to take a closer look at the zoning code to see if something can be added to more closely regulate this grow-

*please see CLINIC on page 4*

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**COMMUNITY**

## Holocaust survivor shares his experience

Oskar Knoblauch, a Valley resident and Holocaust survivor, will share his harrowing experience 10 a.m. Thursday, Sept. 13 at Beth El Congregation, 1118 W. Glendale Ave.

“The Holocaust was a horrific even that must never be forgotten,” Knoblauch says. “I use my experiences to teach tolerance and respect.”

Knoblauch’s presentation is part of the JFCS Center for Senior Enrichment, which hosts programs at Beth El on the second and fourth Thursdays of the month. Attendance is free, but RSVPs are requested to Alicia@bethelphoenix.com, or 602-944-3359. Light refreshments will be served.

## Diva Dash, shoe sale benefits FloCrit

Florence Crittenton is hosting its 10th Annual Heels for Healing and Diva Dash on Saturday, Sept. 29 at Florence Crittenton’s upscale resale store, Flo’s on 7th. All of the proceeds from the event will benefit the non-profit’s life-changing programs for girls, young women and their families.

The day kicks off with the Diva Dash at 8:30 a.m., followed by a one-of-a kind shopping experience at 10 a.m. Shoppers will enjoy incredibly low prices on gently used designer heels and handbags.

Check in for the Diva Dash begins at 7:30 a.m. with light refreshments available for competitors and attendees. The \$25 Diva Dash registration fee

includes early access to the event’s shopping and a special tote that takes 20-percent off all heels and purses purchased at Flo’s on 7th for an entire year starting Monday, Oct. 1.

Leading up to Heels for Healing and the Diva Dash, Florence Crittenton will be accepting donations of new and like-new designer, formal, casual and vintage shoes and handbags until Friday Sept. 28.

For more information about the 10th Annual Heels for Healing or to register for the Diva Dash, visit <https://www.flocrit.org/events> and click on the Heels for Healing box.

## Two free events at Sunnyslope museum

The Sunnyslope Historical Society hosts two free events this month at the Sunnyslope History Museum, 737 E. Hatcher Road

The museum re-opens after a summer hiatus with a Season Kick-Off, 2-4 p.m. Sunday, Sept. 16. Come explore the museum and the area’s rich history with friends and neighbors, and find out what the Historical Society has planned for the new season.

After the primary election in August, some speakers from all parties will be invited to present their views on important issues, 10 a.m.-12 p.m. Saturday, Sept. 22. Check the website for updates on which candidates will be attending. A light lunch will follow.

Both events are free and open to the public. For more information, call 602-331-3150 or visit <http://sunnyslopehistoricalsociety.org>.



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## COMMUNITY

### *CLINIC continued from page 1*

ing for-profit industry that serves those suffering from addiction.

### Overwhelmed

At its peak, the CMS clinic was seeing about 1,800 patients a day. The two small parking lots couldn't accommodate the continuous flow of contracted vehicles (mostly through Veyo) dropping off and picking up clients, and the inside waiting room would become overflowing, with patients waiting outside, sometimes along the sidewalk or at nearby businesses.

The result of such a mass of people in a relatively small area was felt immediately by adjacent residents and business owners. Hillary Rusk, who is an active member of the Royal Palm Neighborhood Association, heard complaints of loitering, trash, people dealing drugs on their property, Veyo drivers using other businesses' parking lots, jaywalking, and more.

"Consider that other methadone clinics are not causing these problems where they are located; they cap their patient numbers, they don't have parking or traffic issues, they have room for indoor waiting," Rusk said in a post on the Nextdoor.com online platform. "If this clinic was just like any other medical facility, no one would even know that it is a methadone clinic. That is the way it should be."

Nick Stavros, CEO of Community Medical Services, admits there were some very public failures at the 23rd Avenue and Northern clinic, but that he and his team are working hard to get those issues fixed. "We had no idea it was going to explode like that. It's been really hard to dig ourselves out of this. We don't want to turn anyone away, but it has been overwhelming."

Going 24-7 late last year brought in more clients than expected in the overnight hours. Currently meds are administered between 4:30 a.m. and 11:30 p.m., and then again from 1 to 8 p.m. Monday through Friday, and 5 a.m.-2 p.m. on Saturdays and holidays that fall on a weekday. Intake hours, which can involve blood tests and other drug screenings, signing up for services and processing insurance, are 24-7, either by appointment or via walk-in.

But it's the flow of patients that begins at 4:30 a.m. that had grown to a breaking point for the clinic and the adjacent community.

"We are trying to bring in more support and find solutions," Stavros said. "We just purchased the lot to the south of us and will be expanding our parking lot for better traffic flow."

While security was previously provided by a contractor during the day, and by off-duty Phoenix police officers overnight, as of mid-August CMS is working exclusively with the Phoenix Police Department, with off-duty officers in uniform, on-site, 24 hours a day, in eight-hour shifts.

CMS has submitted a plan to the city's traffic engineer about connecting the two parking lots and changing the flow of traffic to keep it from backing up onto the street. There also are two staff members who stay in the larger south parking lot to help direct the flow of traffic.

But perhaps the biggest impact has come from a CMS clinic that opened in late July at Glendale and 51st avenues. More than 400 clients already have had their cases transferred there from the Northern Avenue clinic, with a total of 500 expected to be transferred by the end of September.

Another clinic is tentatively scheduled to open in October near 27th Avenue and Indian School Road.

But additional clinics will be needed, not just to ease the burden at the Northern Avenue clinic, but to accommodate the large number of addicts seeking treatment in Phoenix. And, Stavros, said, particularly in the nearby Sunnyslope community.

### A clinic in the 'Slope?

"We mapped out addresses of existing patients who go to the Northern Avenue clinic, and the largest concentration, outside of the I-17 corridor, was from Sunnyslope," Stavros said.

Stavros calls it a "hot spot" and said there is no question that a clinic there would greatly benefit those in the Sunnyslope community who are seeking help in fighting their opioid addiction. CMS is looking for an appropriate site, and Hatcher Road is on the radar, particularly since there are already social service agencies housed along that roadway, providing a sort of cluster of complimentary services.

Stavros admitted the very public mistakes made at the Northern Avenue clinic have hurt CMS, even as the company is trying to get those fixed. But he emphasized that any new locations will already be designed to

COMMUNITY

prevent those same problems.

His assurances may not be good enough for a community already on edge about these types of facilities, and the perceived clientele they serve.

Gerre Heron, co-chair of the new Hatcher Urban Businesses (HUB) organization, says he is 100-percent against any methadone clinic coming to their area. “This goes against everything we are working toward in terms of revitalizing Hatcher (Road).”

“My business is located in Sunnyslope and I’ve watched my community turn into a cesspool of addicts, crime, halfway houses, and prostitution,” wrote David Hilker, in an open letter to Nick Stavros and CMS. “I know firsthand that crime has increased, as I witness it daily. I don’t want any of your clinics in my neighborhood.”

“It really is a problem; I understand we need to treat these people recovering from addiction, but the neighborhood should not have to pay the price,” said Sen. Brophy-McGee, who lives in Sunnyslope and represents Dist. 28. “We are hoping to present some kind of solution next session with the legislature.”

“It is like sober living homes—if they are properly run, you don’t even

know they are there.”

And Brophy-McGee, along with Councilwoman Stark—who represents Sunnyslope—both contend that government oversight needs to be created to prevent future negative impacts on neighborhoods.

**Moving forward**

“Phoenix District 5 Councilwoman Vania Guevara and I are continuing discussions with our Phoenix city attorney to see if there are any ordinance changes the city could look at regarding the zoning/use for these types of facilities,” Stark said. “We will stay on top of this issue.”

The 23rd Avenue & Northern Neighborhood Preservation Task Force met on Aug. 16, and Brophy-McGee reported that, “it was acknowledged by all attendees that Arizona is in the midst of an opioid crisis and a heroine epidemic, and that treatment centers are needed to combat this growing problem and turn the tide. It is imperative that this be done while preserving the safety, peace and integrity of the neighborhoods adjacent to treatment centers.”

*please see CLINIC on page 6*

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# Notice of the North Central Phoenix Homeowners Association Annual Meeting

All Phoenix residents living in the area between 7th Street and 7th Avenue from Missouri Avenue to Northern Avenue are cordially invited to attend the upcoming NCPHA annual meeting:

**Date: Thursday, September 27, 2017**

**Time: 6:00 p.m. to 8:00 p.m.**

**(meeting will begin at 6:30 p.m.)**

**Location: All Saints Episcopal Church  
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**Our guest speakers will include Mayor Thelda Williams,  
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COMMUNITY



Getting the Mountain View Garden ready for the fall planting season are, from left: volunteer Michael Brace, Cindy Moss and Gail LaTour from Keep Phoenix Beautiful, and Debra Rosenberg, Sunnyslope Senior Center assistant (photo by Teri Carnicelli).

**GARDEN PLOTS** *continued from page 1*

some area businesses will “sponsor” a few boxes for people who can’t afford the monthly fee but want to grow their own food. “We would have a sign made to indicate which garden bed they sponsored,” said Terry Gellenbeck, recycling director for Keep Phoenix Beautiful.

Gail LaTour, a Master Gardener who oversees both gardens and offers gardener assistance on-site, said the plots are the perfect size for small groups, such as classrooms, friends, a family, or even various nonprofits that service the homeless, veterans, and senior citizens. In fact, one of the Mountain View plots—a larger than normal size—will be tended to this fall by members of the Sunnyslope Senior Center Intergenerational Program, working with teens from the Sunnyslope Youth Center.

The garden at 1822 W. Pierson St. was created after the PHX Renew plot at Central Avenue and Indian School Road was taken down when the property was sold last year. The owners of the Pierson Street property, Vivo Development, had no immediate plans for the site and voluntarily tore down two abandoned houses and cleared the site to make room for the 1-acre community garden. There are about 40 garden beds and 15 are unassigned.

Mountain View Garden, 9901 N. 7th Ave., was first established in 2013, but after a couple of years of sitting mostly unused, a new push to get the garden going again took place in November 2017. Planter boxes were refreshed with new soil, and as a bonus each box now sports its own water supply, courtesy of nearby Butler

Hydroponics. For the fall season, about a half-dozen beds are still available to rent.

Keep Phoenix Beautiful will help to organize educational events, Scout projects, composting and recycling projects, and more at both locations this fall.

For more information, e-mail Garden Manager Gail LaTour at [gail@keepphoenixbeautiful.org](mailto:gail@keepphoenixbeautiful.org), or call 602-314-6445.

**CLINIC** *continued from page 5*

She said that officials from AHCCCS (state insurance provider) and Mercy Maricopa (licensing agency) responded that the CMS clinic is now under a remediation plan to reduce the volume of patient traffic and Veyo traffic. The goal is to reduce from 1,800 patients per day to 240 per day, with corresponding transport reductions, within the next six months.

AHCCCS will provide frequent updates to the Task Force regarding patient census, which will be shared with the neighbor leaders. But it may come as a surprise to those leaders how many of the clinic’s clients are from those very neighborhoods they represent.

Stavros said that “people have a pre-conceived idea of who these ‘addicts’ are—but in reality, it’s everyone”—stay-at-home moms, high school coaches, business owners, college athletes. The path to addiction is wide and varied, and can impact anyone, from any walk of life, he pointed out.

“It could be your neighbor, it could be a family member. These are people who live in your community and who are struggling to free themselves from addiction. This is not an ‘us or them.’ This is everyone.”

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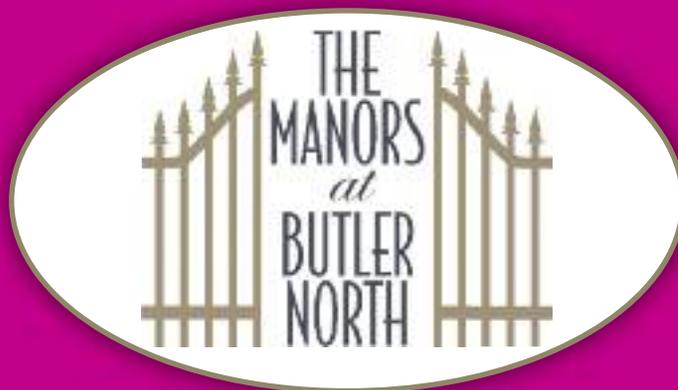
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**COMMUNITY**

**Volunteer tutors sought for schools**

A local tutoring program is seeking retired adults to go back to school and donate their time to make a significant impact on early literacy.

The Oasis Intergenerational Tutoring Program is for community members who are interested in sharing a love of reading with a child. By becoming a literacy mentor, you will support a student once a week for an hour during the school day to experience enjoyment and success in the skills of reading, writing, and communication. The program is as rewarding for adults as it is for children.

Oasis is a nonprofit organization that partners with the Madison School District to pair adults, who may or may not be retired, with students needing literacy support. This program serves kindergarten through fourth grade children in four of the district's elementary schools: Heights, Camelview, Rose Lane and Simis.

Tutors receive training by the Oasis Tutor Coordinator, a reading specialist, along with a tutor handbook, bag, and materials. The next tutor training will be held Sept. 24-26 from 8:30 a.m. to 12 p.m. each day at Camelview Elementary, 2002 E. Campbell Ave.

For more information or to register for training, contact Kim Gullo at [kgullo@madisoned.org](mailto:kgullo@madisoned.org) or 602-664-7285.

**Kosher food pantry seeks donations**

In Arizona, one in six people struggles with food insecurity, according to statistics from 2017. This is one of the reasons Ezras Cholim of Phoenix in February launched the Metamim Food Pantry, which provides kosher food boxes to Jewish families in need, Monday through Friday at 6516 N. 7th St., Ste. 100.

There is a food donation box located at the Safeway grocery store at 7th Street and Glendale Avenue. Food currently is being collected to help these families in need celebrate the upcoming High Holidays. While foods labeled "kosher" are preferred, all food donations are welcome and will be used.

For more information, call 602-492-4989 or visit [www.ezrascholimof-phoenix.com](http://www.ezrascholimof-phoenix.com), where you also can make a monetary donation.



Pat Jones, a volunteer with the Oasis Intergenerational Tutoring Program, works with Ford White from Camelview Elementary on his reading skills (submitted photo).

**VFW Post hosts two essay contests**

VFW Post 9400 in Sunnyslope once again hosts its Voices of Democracy essay contest for high school students (grades 9-12) and a "Patriot Pen" essay contest for middle school students (grades 6-8).

The topic for the 2018 Voices of Democracy program is "Why My Vote Matters." Entrants must complete the statement in both a written essay and a 3- to 5-minute recording on a CD or flash drive. Judging is based on originality, content, and speech delivery on the recording. The essay, CD/flash drive and entry form must arrive at the VFW Post 9400, 804 E. Purdue, Phoenix, Ariz., 85020, by Oct. 31. Download the entry form at <http://www.vfw.org/VOD>.

The first-place winner will advance to the district competition. Winners of the district contest will advance to state, and that winner could receive an all-expense-paid trip to Washington, D.C., for the national competition and a chance at the \$30,000 scholarship prize.

The theme of this year's Patriot's Pen Contest is "Why I Honor the American Flag." Entrants must write an essay of 300-400 typewritten words. Each first-place state winner advances to the national competition. The national first-place winner wins \$5,000 and an all-expense-paid trip to Washington, D.C.

Entries with accompanying entry forms also must be received by Oct. 31 at the Post. Download the entry form at: <http://www.vfw.org/PatriotsPen>.

For more information, call 602-361-0147 or e-mail [vfwpost9400vod@gmail.com](mailto:vfwpost9400vod@gmail.com).



# Bobby Lieb



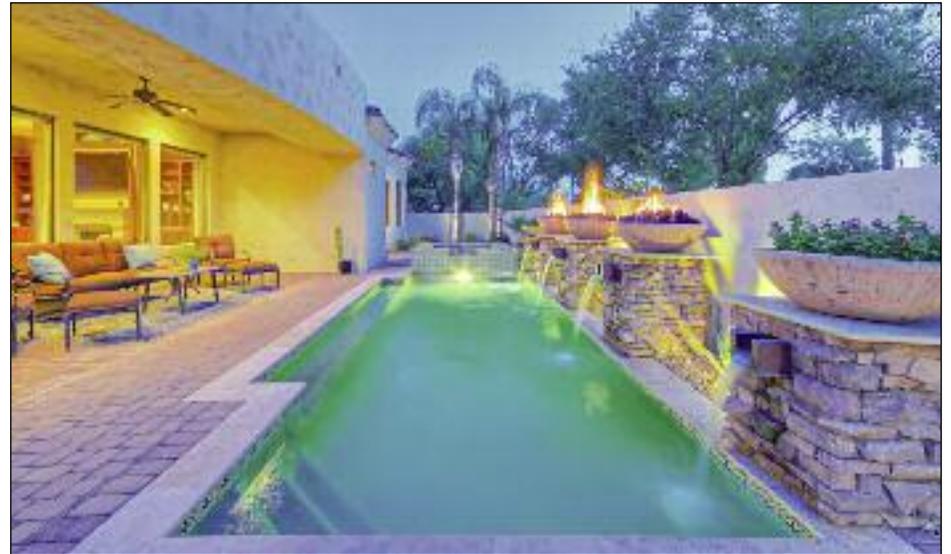
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7110 N. Central Ave.	\$3,200,000	6019 N. 20th St.	\$1,900,000	4101 N. 65th St.	\$1,595,000	7522 N. Silvercrest	\$1,150,000
(SOLD 3 times)		6050 N. Paradise View Dr.	\$1,875,000	5829 E Joshua Tree Ln	\$1,550,000	512 E. Tuckey Ln.	\$1,037,000
79 Biltmore Estates Dr.	\$2,750,000	325 E. Ocotillo Rd.	\$1,875,000	5645 E. Exeter Blvd.	\$1,575,000	2135 E. Colter Dr.	\$1,000,000
5320 E. Palo Verde	\$2,600,000	9202 N. 52nd St.	\$1,850,000	5045 N 22nd St.	\$1,525,000		
4909 N. 45th Pl.	\$2,240,000	6500 E Cheney Dr.	\$1,825,000	6033 N. 20th St.	\$1,491,000		

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**COMMUNITY**

### Stock up on hardy seeds for planting

The Great American Seed Up is once again setting up shop in Phoenix. The only “pop-up” seed market in Arizona returns Sept. 21-22 to the North Phoenix Baptist Church, 5757 N. Central Ave.

On Friday night, the award-winning film “Modified” will be screened, depicting the story of a mother and daughter who ask why genetically modified organisms are not labeled on food products in Canada and the United States, despite being labeled in 64 countries around the world. Seeds will be available for purchase from 5 to 9 p.m. and the movie will be shown at 6:30 p.m. with a Q&A afterward.

On Saturday, doors open at 10 a.m. and the event will run until 2 p.m. Workshops and presentations with seed experts will educate and inspire attendees with practical knowledge about the techniques and benefits of seed saving.

Registration is \$7.50 per day, which covers entry fee, the movie or classes,

and access to the Seed Room where seeds are available to purchase. Advance registration is required online at <https://GreatAmericanSeedUp.org>.

### Urban Farm hosts 1-day pop-up shop

North Central Phoenix’s Urban Farm will host a one-day pop-up shop 9 a.m.-12 p.m. Saturday, Sept. 29, in the large parking area behind Barry True Value Hardware, 7822 N. 12th St. (access from the southern-most drive-way off of 12th Street).

Get some fall planting advice from the experts while you pick up the basic elements you need to fertilize and care for your trees, as well as get those gardens ready. Items that will be available for purchase include: Farmer Greg’s Tree Planting Mix; Greg’s Tree Well Top Mulch; a selection of organic fertilizers; worm castings; azomite; and tools and watering devices including moisture meters and timers.

For more information, visit [www.urbanfarm.org/event/general-store-september](http://www.urbanfarm.org/event/general-store-september).

### Japanese garden seeks volunteers to spruce up

The Japanese Friendship Garden of Phoenix, 1125 N. 3rd Ave., is putting out a call to volunteers for its Annual Garden Clean-Up Day, set for 7:30-10:30 a.m. Saturday, Sept. 22.

The gates open for a new season on Oct. 2 and the garden needs to spruce up just a bit, with some weeding, removal of dead vegetation, pruning trees, and more. Wear comfortable clothing, closed-toed shoes and bring garden gloves as well as sunscreen, insect repellent and lots of water. If you have any garden tools at home, feel free to bring them. Participants under the age of 18 are welcome if accompanied by an adult.

When you arrive and check in, you will be assigned to a clean-up crew working in one section of the garden according to your comfort level. Some complimentary snacks and beverages will be available.

No pre-registration is necessary. For more information, call the office at 602-274-8700.



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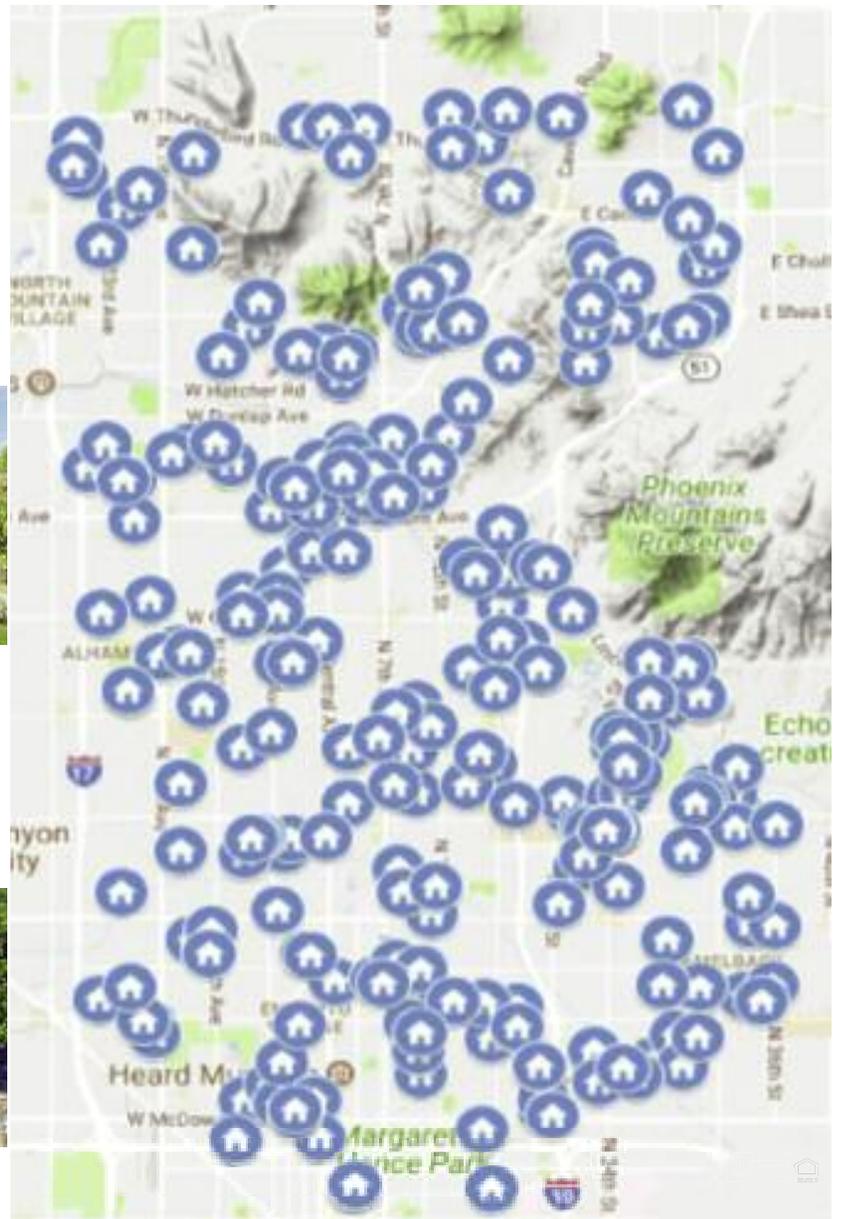
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Updated Kitchen | 85013 | \$349,000

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Updating in Progress | 85013 | \$505,000

5 bedrooms, 4 full baths, 2,985 sq. ft., large lot, master bedroom split, family room with gas fireplace, huge kitchen, gas stove, wood plank tile, alley access, sport court, tons of storage. The seller is updating cabinets, flooring, landscaping and paint. PRE-MLS!



Remodeled | 85013 | \$499,990

5 bedrooms, 3.5 baths, 2,575 sq. ft. Pebble Tec Diving Pool, Fresh Exterior and Interior paint, Updated baths. Dream kitchen with Quartz counters, island with prep sink, dual ovens, microwave, six burner gas stove and walk-in pantry. Master Suite has 2 large walk-in closets, new double sink vanity, private water closet. All secondary bedrooms have spacious closets. Dual Pane windows, shutters on several windows, 11,382 sq. ft lot, and added workshop.

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COMMUNITY

# Community Central

## Wine & Cheese Open House

6-7:30 p.m. Thursday, Sept. 6

Beth Ami Temple,  
inside Palo Cristi Church  
3535 E. Lincoln Dr.  
602-956-0805

Beth Ami Temple invites the community to an open house to meet Rabbi Allison Lawton and Cantorial Soloist Michael Robbins, learn about the centrally located congregation's many social groups and enjoy complimentary wine and cheese. The temple's Friday night services will follow the open house. For more information, visit [www.bethamitemple.org](http://www.bethamitemple.org).

## 19North 2nd Fridays

6-9 p.m. Friday, Sept. 14

19North Arts Plaza  
1820 W. Northern Ave.

Free and open to the public. There will be food trucks, live music courtesy of Fervor Records, art activities for kids, a beer garden provided by North Mountain Brewing (21 and older), pets

available for adoption, a classic car show, an art exhibit by local artist Rosi Esquer, and more. For more information, visit [www.19north.org](http://www.19north.org).

## LTH 24th Golf Tourney

6 a.m. Saturday, Sept. 15

Stone Creek Golf Club  
4435 E. Paradise Village Parkway S.

Golfers of all ages are invited to Lura Turner Homes' 24th-annual golf tournament. Cost is \$150 per player, with all proceeds benefitting Lura Turner Homes, established in 1965 to serve the Valley's men and women with special needs. To register, go to [www.luraturnerhomes.com](http://www.luraturnerhomes.com), or call 602-943-4789.

## Medicinal Plants of the Desert: Creosote

North Mountain Visitor Center  
12950 N. 7th St.

602-343-5125

This one-day workshop will focus on the desert plant creosote and the benefits it has as a natural medicine from past Native American uses to the present. There will be a hands-on activity for creating an infused oil and salve out of creosote. Bring snacks and water;

wear a hat and/or sunblock for the outdoor portion of the workshop. Cost is \$15, payable at the class.

## 'The Reality of Ballot Propositions'

6:30 p.m. Tuesday Sept. 18

Beatitudes Luther Life Center  
1616 W. Glendale Ave.  
602-510-1544

The Phoenix Branch of AAUW (The American Association of University Women) features member Eric Ehst, who will speak on "The Reality of the Ballot Propositions" and "Who is Buying Your Vote?" Ehst is former executive director of the Clean Elections Institute, and currently is the executive director of Neighbors Who Care. The program begins after an optional dinner at 5:30 p.m. (\$15). RSVP for the dinner to 602-510-1544 by Sept. 15. Visitors are welcome.

## Women and Girls in STEM

7:30-9:30 a.m. Wednesday, Sep. 26

Arizona Science Center  
600 E. Washington St.  
602-258-0990

The YWCA Women's Empowerment

breakfast features a panel discussion from women leaders in the fields of Science, Technology, Engineering, and Math (STEM). The panel will share their stories of ascension into leadership and their vision for the future of STEM. Through this series, the YWCA inspires women to advocacy and empowers women to further pursue their personal and career dreams. Sponsored by the YWCA Metropolitan Phoenix and the Arizona Science Center. Cost is \$50, free for students in grades 6-12. Call to register or visit: <https://ywcaaz.org/calendar/>.

## NCPHA Annual Meeting

6-8:30 p.m. Thursday, Sept. 27

All Saints' Episcopal Church  
6300 N. Central Ave.

Guest speakers include interim Mayor Thelda Williams, representatives from City Council Districts 3 & 6, and members of the Phoenix Police, Planning and Parks departments. The NCPHA's boundaries are 7th Avenue to 7th Street, and Missouri to Northern avenues. Come meet your neighbors and hear about issues affecting the community. For more information, visit [www.ncpha.org](http://www.ncpha.org).

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SOLD

62334 N. 30th Place • \$319,500  
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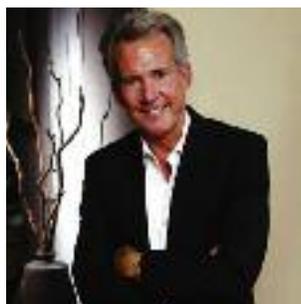
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## COMMUNITY



This handsome Dogue de Bordeaux is very friendly and loves his toys. His size—at just over 100 pounds—may seem intimidating (making him a great guard dog), but he’s really just a loveable hunk, which earned him the name Butter Ball (submitted photo).

## Pet of the Month

**Butter Ball is a loveable hunk**

At a little over 100 pounds, Butter Ball lives up to his name and will melt your heart as quickly as butter. This gentle giant is a beautiful Dogue de Bordeaux who came to the Arizona Humane Society from a local shelter that did not have the space for him.

This handsome hunk-a-dunk knows the perfect family is out there waiting for him. Butter Ball loves toys and is said to be a very polite and sharing pup. With so much of him to go around, there is lots of love for him to give and receive, as he also loves to be loved. If you have a treat in one hand and the other one ready to give lots of pets, you and Butter Ball are sure to be best of friends.

Meet Butter Ball by visiting him at the Arizona Humane Society’s Sunnyslope Campus, located at 9226 N. 13th Ave. His adoption fee is \$300 and includes microchip and vaccinations. For more information, call 602-997-7585 and ask for animal number A586676.

Please note: This pet might have been adopted by the time you visit the shelter, however AHS has dozens more wonderful pets who also need loving homes. To see all adoptable animals right now, visit [www.azhumane.org/findapet](http://www.azhumane.org/findapet).

## Grant provides better training

HALO Animal Rescue has received a new \$12,060 grant from PetSmart Charities. The grant has been earmarked to support staff and volunteer training so the organization can continue helping homeless pets in Arizona.

HALO Animal Rescue’s shelter operations grant is designed to enhance standardization and convenience of staff and volunteer training. The grant funds a new online learning management system that will include videos and quizzes for a range of topics from animal safety to adoption counseling.

Once the system is launched, new volunteers will also be able to complete volunteer orientation online.

To learn more about HALO Animal Rescue, visit [www.haloescue.org](http://www.haloescue.org).

## Furry Friends festival set for Sept. 15

Mark your calendars and plan to bring your furry friends to the Shemer Art Center Saturday, Sept. 15, for a fun, animal-themed art festival perfect for the entire family.

The Furry Friends Fine Arts Festival, which runs from 8 a.m.-2 p.m., will feature a variety of amazing Arizona artists showcasing animal-themed works of art, plus neighborhood businesses and pet adoptions by the Arizona Humane Society. There will be paw readings, pet performances,



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**COMMUNITY**

live music, and food & beverage vendors including Black Cat Coffee House and Short Leash Hot Dogs.

Children will enjoy free art activities, and your furkids will enjoy the free treats available at many of the vendor booths. Don't forget to pick up some raffle tickets for works from great local artists.

Admission is \$5 per person, \$10 per family (furry friends are free). All funds raised support the nonprofit Shemer Art Center and its visual art education programs and community outreach efforts. For more information, visit [www.shemerartcenter.org](http://www.shemerartcenter.org).

**Pet therapy teams, volunteers sought**

Gabriel's Angels, founded in 2000 by Pam Gaber and her Weimaraner dog, Gabriel, is the only Arizona nonprofit that delivers healing pet therapy to at-risk children. The agency currently is expanding its 225 active volunteer base to serve additional youth, and seeking volunteers both with and without registered pet therapy dogs.

Currently Gabriel's Angels serves approximately 15,200 at-risk children and is recruiting volunteers for two unique programs. The original Animal Assisted Activities program is where a registered Therapy Team visits with 8-10 kids at a partner agency or Title 1 school twice per month. In addition, Gabriel's Angels recently added a new Animals, Books and Children (ABC) program. ABC Therapy Teams visits a few select students over a school semes-

ter to support reading fluency and build confidence and motivation.

Volunteers are supported through personal training, in-field assistance, and are provided thoughtful materials and activities to share with the children. Volunteer roles include being a registered Therapy Team (a handler and his/her own dog), or a Helping Hand (a volunteer assisting a Therapy Team). Gabriel's Angels holds monthly Information Sessions to provide a comprehensive overview of the process to become a volunteer.

For more information or to attend an Information Session, visit GabrielsAngels.org or call 602-266-0875.

**Phoenix ranks in top 50 for pet-friendly services**

The personal finance website WalletHub last month released an in-depth report on 2018's Most Pet-Friendly Cities, and Phoenix ranked in the top-50 in several categories.

In order to determine the rankings, WalletHub compared the creature-friendliness of the 100 largest cities across 24 key metrics.

Phoenix ranked (per capita) 18th in pet businesses, 25th in pet-friendly hotels, 28th in veterinarians, and 38th in pet caretakers. Surprisingly, Phoenix also ranked third out of the 100 cities reviewed for the number of animal shelters per capita.

The full report is available at <https://wallethub.com/edu/most-pet-friendly-cities/5562/>.

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**TAKING CARE OF BUSINESS**



Arizona Diamondbacks pitcher Archie Bradley makes baseball necklaces with a patient at Phoenix Children's Hospital on July 31. Bradley was visiting the hospital's Child Life Zone to help announce the new Lyft donation program with PCH (submitted photo).

**Lyft partners with PCH to raise funds**

Rideshare company Lyft is now giving Valley residents the ability to "round up" their fare for a local cause.

The Round Up & Donate feature inside the Lyft app will allow passengers to have their fare rounded up to the nearest dollar and the difference donated to Phoenix Children's Hospital. By opting in, Lyft passengers will enable any Lyft ride, on any day, to support children and families in need.

"It's incredible to consider the collective power that thousands of local Lyft riders can have in donating each time they ride," said Steve Schnall, SVP and chief development officer of the Phoenix Children's Hospital Foundation. "We are excited to see the effect as this partnership rolls out, and the impact the funds raised will have on our patients and their families."

"Since the moment Lyft arrived in Phoenix, we knew that this community was extremely generous and supportive

of the region's nonprofit organizations," said Lyft Southwest Region General Manager Drena Kusari. "We are constantly inspired by that kindness, and have built dozens of partnerships with area nonprofits."

To opt in, passengers can select Round Up & Donate in the Settings tab of the Lyft app. Once the setting is live and Phoenix Children's Hospital selected, each fare will automatically round up. To learn more about Lyft's Round Up & Donate, visit: <https://www.lyft.com/round-up>.

**Business Briefs**

**A modern take on vintage home goods**

What started as a vintage furniture and home goods showroom based out of Brooklyn, N.Y., recently relocated to the Valley. Shane and Johnna Quinn opened their first BASE retail shop on Aug. 1 at 2811 N. 7th Ave.

BASE is focused on minimalist

*please see BASE on page 18*



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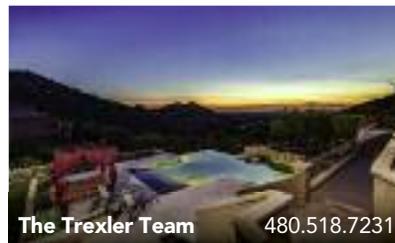
**Brian C. North** 480.250.6687

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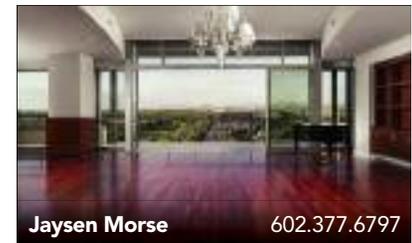
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## TAKING CARE OF BUSINESS

**BASE continued from page 16**

design and timeless craftsmanship. The store is a mix of carefully curated vintage home wares and furniture that offers function and utility for the modern, thoughtful home. The space also includes a plant shop with a variety of houseplants, cacti and succulents as well as a rotating collection of artfully paired vintage planters and plants.

Pieces range in style from classic mid-century to eighties and nineties modern and include furniture, ceramics, lighting, glassware, art and textiles. The selection changes regularly as new finds are added each week.

BASE is in a shared space with clothing boutique NOONS and is open Monday through Saturday from 12 to 6:30 p.m., and Sundays from 12 to 4 p.m. You can find more details at [www.welcometobase.com](http://www.welcometobase.com).

**Chamber hosts annual Economic Outlook event**

The Greater Phoenix Chamber and Cox Communications present Economic Outlook 2019, set for 7:30-

10 a.m. Tuesday, Sept. 25 in the Grand Ballroom of the Sheraton Grand Phoenix, 340 N. 3rd St.

Top economic experts Elliott Pollack, Jim Huntzinger, and Molly Wood will provide insights into the local, national and global economies you can't get anywhere else. Ensure that your company is in the know about the challenges and opportunities which lie ahead and is prepared for success heading into the New Year.

Tickets are \$115 (\$105 by Sept. 4). Check-in begins at 7 a.m. For more information, visit [www.phoenixchamber.com](http://www.phoenixchamber.com) or call 602-495-2182.

**Help your business become more community involved**

The YWCA Metropolitan Phoenix hosts "The Art of Community Engagement," 6-8 p.m. Wednesday, Oct. 3 in the YWCA 6th Floor Conference Room 2999 N. 44th St.

Join YWCA Metropolitan Phoenix and Tribute to Leadership Honorees for what is sure to be a lively discussion featuring local entrepreneurs: Christy Moore, founder and owner, Social

Spin, Inc.; Jenny Poon, founder of CO+HOOTS CoWorking, eeko Studio, and the CO+HOOTS Foundation; and the owners of The Sparkle Bar, Alexandra Bradberry and Leiah Scheibel. These innovative women will share how to get involved in your community. This event will feature a discussion and great opportunities to network.

Cost is \$20, or \$15 for YWCA Metro Phoenix members. To register or for more information, call Bridget Costello at 602-258-0990, ext. 25, or visit <https://ywcaaz.org/calendar/>.

**Fun, funky vintage and antique store opens**

Phoenix residents Lynn Davis and Jennifer Iverson have taken their longtime passion for antiques and shopping, as well as three storage units full of their finds, and have opened a brick-and-mortar store at 1305 E. Northern Ave.

This family-owned and operated vintage, antiques and collectibles store is ready to meet your needs. Don't see the piece you are looking for? Describe it and they will give their best effort to

track it down.

The couple has spent many years selling their finds through the Internet. But with all their inventory, opening a local store just made sense.

As for the "java" part of the name, the couple hopes to attract a coffee-shop partner or investor in the near future. They also hope to eventually add an "Artists Alley," a place for local artists to display and sell their works.

Hours are 10 a.m.-8 p.m. Monday through Friday, 11 a.m.-6 p.m. Saturday, and 11 a.m.-5 p.m. Sunday. For more information, call 602-595-9021.

**S.E. Design Inc. is now Reverie West**

Sherry Engle, a Phoenix-based interior designer and founder of s.e. design Inc., recently expanded and rebranded her full-service design firm. Under the company's new name and brand identity, Reverie West, Engle and her team will grow its portfolio of commercial design projects and adding in-house product development.

*please see REBRAND on page 20*

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**Real Estate Corner**

# Bobby Lieb

*Your North Central and Biltmore residential real estate specialist*

## Property values in North Central

Today's residential real estate definitely favors the seller. It is a good time to sell your home or improve your home's value with a remodel. The first question we ask ourselves is "what is my home worth and how do I determine that price?" The same analysis should be done if you are considering remodeling, as you do not want to spend more on your improvements than the price you can receive if you elect to sell when completed. No matter how you decide, it must be consistent with the appraised value if the buyer is using financing.

Ever since the great mortgage meltdown, appraisers have been highly regulated keeping them more than an "arms length" from the banking industry, homebuilders, and realtors. The intention is to prevent appraisers from being influenced when determining property values, thus leaving appraisers with very conservative valuations erring on the side of caution. This is not a persecution of appraisers, but a product of the largest housing boom/bust ever.

New tract-home neighborhoods are all built at the same time, with the same spec level, on the same lot size. Pricing is determined by three factors: the land basis, site improvements or development costs, and the cost of construction. New home sales and re-sales in these neighborhoods provide appraisers strong support for establishing values and requires less effort and research.

North Central is a unique neighborhood as there are varied lot sizes and home sizes intermixed on any street. Some homes are in their original condition built 50 years ago, some are remodeled cosmetically, some are whole house remodels including additional square footages, and others are complete tear-downs and newly built. In neighborhoods such as North Central, it is important that we don't get caught up in establishing values assuming every home in the neighborhood should be lumped into the average price per square foot value like tract home development. It is important to choose a realtor that

recognizes the differences in the specifications of all materials chosen from construction practices, energy efficiency, and the quality of the finish materials used, so they can convey that information to the appraiser. Ask your realtor if they have relationships with appraisers who will go the extra mile to give you the value your home deserves because it requires time and research. They don't always have a say, but you can always ask for a second opinion.

It is time to erase the narrative of basing values only on the price of the last home sold or how much it sold per square foot. It is an important starting point; however, it is not the only unit of measure. North Central Phoenix is one of the best geographic locations in Phoenix and as more people desire to move into our neighborhood, values will continue to rise. Our property values should be on par with the other communities a little east and south of North Central that are garnering significantly higher values.

We learned not too long ago that "home prices always go up" is not a guarantee, however, we need to push to raise the bar in North Central for market values that compete with our neighboring communities!

*Thanks to Rick Stark of Starion Custom Residences for writing this article. We just sold Rick's home on North Central Avenue for the highest price per square foot EVER in NORTH CENTRAL. The appraiser had to use comps from Arcadia, which some appraisers are not willing to do. Rick also has many remodels going on in North Central for his clients.*

*Bobby Lieb*

Bobby Lieb  
Associate Broker  
HomeSmart  
Elite Group Manager/Founder  
5225 N. Central Ave., Ste. 104  
Phoenix, AZ 85012  
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# Bobby Lieb

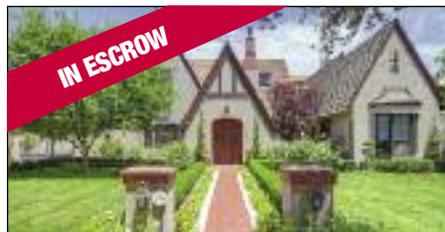
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## Luxury Properties!



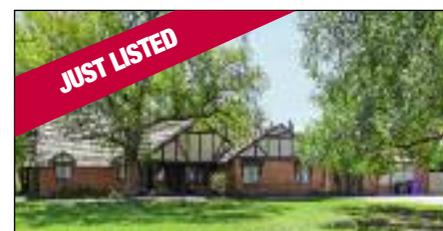
6755 N. Central Ave. • Phoenix • \$2,650,000



4532 E. Desert Park Place • Paradise Valley • \$2,850,000



21 E. Cactus Wren Dr. • \$899,000



6635 N. Central Ave. • \$995,000



6725 N. 7th St. • \$849,000



27 E. San Miguel Ave. • \$750,000



421 E. Northview Ave. • \$825,000



19 W. Frier Dr. • \$895,000



1441 E. Missouri Ave. • \$799,000



7102 N. 18th St. • \$840,000

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**TAKING CARE OF BUSINESS**

**REBRAND continued from page 18**

Engle opened the doors to s.e. design Inc. in 2001, and since that time has designed the interiors of several, notable multi-housing complexes, restaurants, corporate offices and club houses in Arizona, California and Nevada, along with a variety of luxury residential homes. Under Reverie West, Engle will expand her scope of commercial services to include boutique hotel design and develop products related to home furnishings and accessories.

“Under Reverie West,” Engle explains, “we will continue to provide individualized and specialized design solutions. The decision to evolve is about taking design to that next level and growing what we do and what we create.”

The company is located at 8801 N. Central Ave., Suite 100. To learn more, visit [reveriewest.com](http://reveriewest.com).

**Chase brings wealth of experience to Duet**

North central Phoenix resident Donna Chase was recently hired as

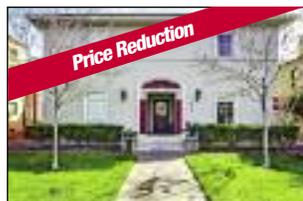
Duet’s new Congregational Health administrative assistant.

Chase comes to Duet with a wealth of education and experience. She was a vice president in the aerospace industry at Honeywell and now has an executive coaching and consulting business. She holds a bachelor’s degree in Mechanical Engineering and a Master of Arts in Theology and Biblical Studies.

Chase has served for 40 years in numerous volunteer activities with nonprofits, both religious and non-religious organizations. Currently she is volunteering her time at Our Lady of the Angels at the Franciscan Renewal Center. She will be assisting the department with many administrative tasks.

Duet: Partners in Health and Aging, 10000 N. 31st Ave., Suite D200, is a nonprofit organization that provides isolated elders and homebound adults free-of-charge services include help with grocery shopping, transportation to medical appointments, providing friendly visits, minor home repairs, assistance with basic paperwork, and more. For more information, visit [www.duetaz.org](http://www.duetaz.org).

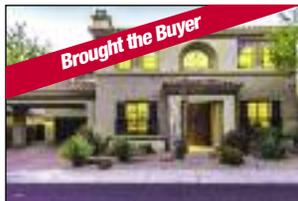
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\$445,000



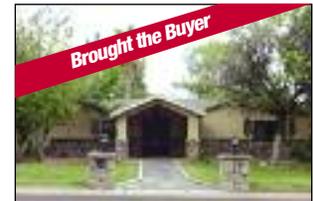
**1312 W. Rovey**  
1,900 sf, 4 bed/2 bath  
\$295,000



**22312 N. 36th Way**  
4,370 sf, 5 bed/4.5 bath  
\$780,000



**138 W. Marlette Ave.**  
3,600 sf, 4 bed/3.5 bath  
\$995,000



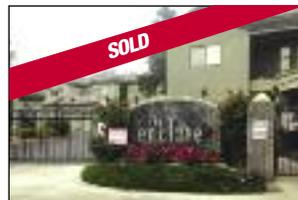
**129 E. Tuckey**  
2,586 sf, 3 bed/2 bath  
\$485,000



**1841 E. Gary**  
2,259 sf, 3 bed/2 bath  
\$319,000



**20 W. Linger**  
2,859 sf, 4 bed/3 bath  
\$680,000



**4533 N. 22nd St.**  
1,462 sf, 2 bed/2 bath  
\$300,000



**4045 E. Windsor**  
1,678 sf, 3 bed/2 bath  
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**934 E. Vermont**  
1,717 sf, 3bed/2bath  
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## \$100 TRIVIA CONTEST

My family and I have been members of the St. Francis Xavier School community for 17 consecutive years now, quite a feat with only 2 boys. The community has embraced and accepted us from the beginning, and in good times and bad, for which we are forever grateful. During our time at SFX, I've had the pleasure of assisting in a few different roles. My favorite is chair of the school auction, which I get to do one more time this year. The SFX auction is an electric night, as much a "friend raiser" as fundraiser. If you want to have a fabulous time and support a school that is vital to our community, please join us on **Saturday, October 6th at 6pm**. The theme is "Saturday Night Live" and should be an epic night of camaraderie and revelry. If you ever get a chance to give back to your children's school with your time and talent I strongly urge you to do so. The benefits you receive far outweigh what you give.

### THIS MONTH'S QUESTION:

**The first year I chaired the SFX auction, the theme was "1980s MTV Video Music Awards." Who did I dress as?**

*First to guess correctly will win \$100 gift card to whatever restaurant they choose.\**

Winner for Last Month – TBD | Last Month's Answer – Joshua Tree

\*First person to correctly answer the trivia question via email, text or phone call will win a \$100 gift card to whatever restaurant they choose. Winner will be notified via the same channel in which they enter and their prize will be mailed. By entering this contest you agree that if you are the winner your name will be publicly announced in Bay Equity's North Central News ad next month.

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Ranked

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for total dollar volume  
closed in 2014

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**#3 Agent in Arizona**

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Over \$70 Million SOLD!

Ranked

**#2 Agent Residential Realtor**

**in Maricopa County**  
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**Juliann Lieb**

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4532 E. Desert Park Pl	.....	.7233SF	.....	.5BR/7BA	.....	\$2,850,000
6755 N. Central Ave	.....	<b>IN ESCROW</b>	.....	.4968SF	.....	.5BR/5BA \$2,650,000
7822 N 3rd Way	.....	.3726SF	.....	.4BR/3BA	.....	\$1,100,000
6635 N Central Ave	.....	.3126SF	.....	.3BR/3BA	.....	\$ 995,000
5750 N. Central Ave	.....	<b>IN ESCROW</b>	.....	.6555SF	.....	.5BR/3.5BA \$ 995,000
2 W Northview Ave	.....	<b>IN ESCROW</b>	.....	.3540SF	.....	.5BR/3.5BA \$ 975,000
21 E. Cactus Wren Dr	.....	<b>IN ESCROW</b>	.....	.6718SF	.....	.4BR/3.5BA \$ 899,000
19 W. Frier Dr	.....	<b>NEW PRICE</b>	.....	.5246SF	.....	.5BR/5BA \$ 895,000
6725 N 7th St	.....	<b>NEW PRICE</b>	.....	.3471SF	.....	.3BR/2.5BA \$ 849,000
7102 N 18th St	.....	.....	.....	.4BR/3BA	.....	\$ 840,000
421 W. Northview Ave	.....	<b>NEW PRICE</b>	.....	.4166SF	.....	.4BR/4BA \$ 825,000
1441 E. Missouri Ave	.....	<b>NEW PRICE</b>	.....	.4293SF	.....	.5BR/4BA \$ 799,000
310 S. 4th St #2001	.....	<b>VIEWS</b>	.....	.1981SF	.....	.3BR/3BA \$ 799,000
27 E. San Miguel Ave	.....	<b>JUST LISTED</b>	.....	.2804SF	.....	.3BR/2.5BA \$ 750,000
11610 N 17th Pl	.....	<b>IN ESCROW</b>	.....	.3514SF	.....	.4BR/3BA \$ 725,000
5738 N. 24th St	.....	<b>NEW PRICE</b>	.....	.2595SF	.....	.3BR/2BA \$ 695,000
7210 N. 1st Pl	.....	<b>IN ESCROW</b>	.....	.2637SF	.....	.4BR/3BA \$ 649,900
8043 N 5th Ave	.....	<b>IN ESCROW</b>	.....	.4442SF	.....	.4BR/3.5BA \$ 595,000
219 E. Northern Ave	.....	<b>NEW PRICE</b>	.....	.2688SF	.....	.5BR/3BA \$ 580,000
4210 E. Carol Ann Ln	.....	<b>IN ESCROW</b>	.....	.2725SF	.....	.4BR/3.5BA \$ 599,000
1940 E. Cactus Wren Dr	.....	<b>JUST LISTED</b>	.....	.2909SF	.....	.4BR/3BA \$ 599,000
1251 W. Rancho Dr	.....	<b>NEW PRICE</b>	.....	.2812SF	.....	.3BR/2BA \$ 599,000
4214 E. Carol Ann Ln	.....	<b>NEW CONSTRUCTION</b>	.....	.2725SF	.....	.4BR/3.5BA \$ 559,000
1801 W. Stella Ln	.....	.....	.....	.3750SF	.....	.5BR/3BA \$ 549,900
302 W. Butler Dr	.....	<b>JUST LISTED</b>	.....	.2108SF	.....	.4BR/2BA \$ 500,000
1022 E. Wagon Wheel Dr	.....	<b>JUST LISTED</b>	.....	.2219SF	.....	.3BR/3BA \$ 499,000
3411 E. Cholla St	.....	<b>IN ESCROW</b>	.....	.2131SF	.....	.3BR/2.5BA \$ 494,500
329 W. Butler Dr	.....	<b>JUST LISTED</b>	.....	.1901SF	.....	.3BR/2BA \$ 477,000
342 W. Turney Ave	.....	<b>NEW CONSTRUCTION</b>	.....	.1927SF	.....	.3BR/2BA \$ 449,900
310 S. 4th St. #2006	.....	<b>VIEWS</b>	.....	.1533SF	.....	.2BR/2.5BA \$ 399,000
2807 N. 21st	.....	<b>IN ESCROW</b>	.....	.2145SF	.....	.4BR/2BA \$ 365,000
7008 N. 14th Pl	.....	<b>IN ESCROW</b>	.....	.1695SF	.....	.3BR/2BA \$ 359,000
1030 E. Orangewood Ave	.....	<b>IN ESCROW</b>	.....	.1879SF	.....	.2BR/2BA \$ 350,000
6317 N. 14th St	.....	.....	.....	.1766SF	.....	.2BR/2BA \$ 349,900
6539 N. Villa Manana Dr	.....	<b>NEW PRICE</b>	.....	.2122SF	.....	.2BR/2BA \$ 308,000
722 E. Boca Raton Rd	.....	<b>IN ESCROW</b>	.....	.1767SF	.....	.3BR/2.5BA \$ 306,941
11016 N. 33rd St	.....	<b>IN ESCROW</b>	.....	.1560SF	.....	.3BR/2BA \$ 299,000
711 E Boca Raton Rd	.....	<b>NEW CONSTRUCTION</b>	.....	.1784SF	.....	.3BR/2.5BA \$ 295,900
718 E Boca Raton Rd	.....	<b>NEW CONSTRUCTION</b>	.....	.1640SF	.....	.3BR/2.5BA \$ 282,900
13801 N 12th St	.....	.....	.....	.1500SF	.....	.3BR/2BA \$ 275,000
12831 N 17th Pl Lot 10	.....	<b>NEW PRICE</b>	.....	.14,972 sq ft lot with views	.....	\$ 159,900

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2807 N.. 21st St. • \$365,000



302 W. Butler Dr. • \$525,500



6317 N. 14th St. • \$349,900



342 W. Turney Ave. • \$449,900



5738 N 24th St. • \$695,000

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5353 E Sanna	\$3,290,000	1230 E Luke Ave	\$ 770,000	1430 W. Myrtle Ave.	\$ 595,000	4526 N. 34th St.	\$ 500,000	722 E. Boca Raton Rd.	\$ 321,500
5829 E. Joshua Tree Ln.	\$1,550,000	6333 N. 4th Dr.	\$ 765,000	14392 W Becker Ln	\$ 585,000	5244 N. 15th St	\$ 499,000	1234 E. Hayward Ave.	\$ 320,000
3920 E. Mountain View	\$1,350,000	314 E Rose Ln	\$ 765,000	2145 E. Kaler Dr.	\$ 575,000	8401 N. 17th Pl	\$ 485,000	2747 E Amelia Ave.	\$ 315,000
9789 N. 57th St.	\$1,270,000	3030 E Squaw Peak Cr	\$ 720,000	320 E. Orangewood Ave.	\$ 575,000	1629 E Echo Ln	\$ 480,000	6162 W. Wikieup Ln.	\$ 295,000
7170 N Central Ave.	\$1,150,000	1400 W. Myrtle Ave.	\$ 718,720	1620 E. Echo Ln	\$ 565,000	6821 N. 2nd Pl.	\$ 475,000	6040 N. 5th Ave.	\$ 290,000
1761 E. Hatcher Dr.	\$1,100,000	1300 W. Myrtle Ave.	\$ 715,000	3800 E. Lincoln Dr. #29	\$ 556,000	7638 N. 5th Ave.	\$ 465,000	710 E. Boca Raton Rd.	\$ 289,900
306 E. Wexford Cove	\$1,000,000	1755 E. Aurelius Ave.	\$ 710,000	4230 E. Carol Ann Ln	\$ 552,500	7140 N 15th St.	\$ 454,000	7156 N. 17th Dr.	\$ 289,020
243 W. Montebello Ave.	\$ 940,000	1410 W. Myrtle Ave.	\$ 679,092	11303 N. 34th St.	\$ 550,620	6311 N. 10th Ave.	\$ 438,500	16510 W Thether Trail	\$ 235,000
7209 N. 3rd St.	\$ 910,000	6020 N 5th Ave	\$ 670,000	6122 N. 8th Ave.	\$ 549,900	7602 N. 17th Ave	\$ 420,000	1333 E Morten Ave #113	\$ 179,900
310 E. Wexford Cove	\$ 900,000	7117 N 2nd Dr	\$ 650,000	4226 E. Carol Ann Ln	\$ 549,635	1617 E. Lamar Rd.	\$ 415,000	7134 N. 27th Ln.	\$ 175,000
10442 N 48th Pl	\$ 890,000	31 W. Flynn Ln.	\$ 642,000	11307 N. 34th St	\$ 549,500	11430 N. 12th Pl	\$ 402,500	1333 E. Morten Ave #139	\$ 152,000
6730 N. 7th St.	\$ 820,000	3018 E. Hazelwood St.	\$ 633,350	210 E Keim Dr.	\$ 529,000	527 W. San Juan Ave	\$ 350,000		
196 W. Flynn Ln	\$ 810,000	37 W San Juan Ave.	\$ 611,000	102 W. Victoria Square	\$ 506,000	3025 E. Campbell Ave.	\$ 330,000		



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**Kids Place moves to larger facility**

Kids Place Central, a provider of pediatric physical, occupational, speech and feeding therapy to children with developmental, neurological, and orthopedic concerns, has moved into the former Fiesta Pediatric Therapy building located at 2302 N. 15th Ave. The new facility, which is now owned by Kids Place, opened last month.

“This move from our current facility allows us to add more therapists and treat more children, all in an effort to better serve our community,” said co-owner Teri Roberts, DPT, PCS. “We had maxed out on space at our former location, and there were many more children needing treatment.”

Kids Place Central’s new building is approximately 7,000 square feet, three times the size of their old facility, with 12 private treatment rooms and multiple large gym areas.

In addition to the six currently



Teri Roberts, DPT, PCS, co-owner of Kids Place Central, works with a young client on a specialized treadmill for children with developmental, neurological, and/or orthopedic concerns (photo courtesy of Kids Place Central).

employed physical, occupational, and speech therapists, Kids Place will add two new speech therapists and one speech and feeding therapist immediately. Plans to add additional physical and occupational therapists are also in the works.

Brittany Ricciardi, DPT, PCS has been promoted to clinic manager of Kids Place Central. Ricciardi has worked as a pediatric physical therapist at Kids Place West since 2015. She is a Board Certified Specialist in Pediatrics.

“In this role, I look forward to inspiring our therapists to grow and promote an environment that encourages teamwork to help each kiddo reach their full potential,” said Ricciardi.

Since 2008, Kids Place has provided pediatric therapy in physical, occupational, speech, and feeding therapy. In 2015, Kids Place Central opened to provide these services to more Phoenix area children. Kids Place is a part of Arizona Orthopedic Physical Therapy (AZOPT), which has locations in Goodyear, Buckeye, and Glendale. For more information, visit [www.AZOPT.net](http://www.AZOPT.net).



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**Health Briefs**

**Yoga to heal back, mind and body**

With a growing body of research proving yoga’s healing benefits, more Western doctors are prescribing this ancient practice of yoga therapy as a compliment to allopathic treatments. Yoga therapy differs from traditional yoga in that the sessions are geared toward an individual’s (or group’s) particular needs.

Evon Stone Rubenstein will host a Functional Yoga Therapy workshop at Kharma Life Center, 700 W. Campbell Ave., with an emphasis on relieving back pain. The workshop will take place 1-3 p.m. Saturday, Sept. 18. The cost is \$45.

Also this month, Ixchel Cherie Hazard will host a six-week series “Intro to Ayurveda,” 10 a.m.-1 p.m. Sundays, Sept. 16-Oct. 21. Ayurveda assesses ones “dosha,” or energetic personality type, by the taking of a specific quiz and from this information, a protocol including diet, movement, lifestyle habits and consciousness practices are recommended to create a balance on all levels.

## HEALTHY LIVING

Cost for the series is \$299 and includes program materials and light refreshments. Registration will be limited to 15 with a wait. Clients may sign up for either class through the Kharma Life website at [www.kharmalife.com](http://www.kharmalife.com), or by calling the studio at 602-795-9767.

### New treatment for two types of cancer

Abrazo Central Campus, 2000 W. Bethany Home Road, now offers Hyperthermic Intraperitoneal Chemotherapy (HIPEC) as a treatment option for appropriate patients with advanced abdominal and ovarian cancers.

Developed as an effective treatment for cancers that have spread to the abdominal lining, the HIPEC procedure involves surgically removing all visible tumors and then bathing the abdomen with high dose, heated chemotherapy.

Patients with advanced abdominal cancers have received the HIPEC procedure at Abrazo Central Campus since April 2018, and the hospital's multidisciplinary surgical team treated their first HIPEC ovarian cancer patient in July.

During the HIPEC treatment, a

heated sterile solution containing a chemotherapeutic agent is continuously circulated throughout the abdominal cavity, for 90 minutes. The entire procedure including surgery can last several hours.

"This is an opportunity to offer hope to patients with advanced-stage malignancies that have disease limited to the abdominal cavity. The idea is to attempt to or remove or kill any remaining cancer cells," said Ronald Chamberlain, MD, MPA, FACS, lead surgical oncologist on the Abrazo Central Campus medical staff.

Cytoreductive surgery, or removal of all visible tumors throughout the abdominal cavity (peritoneum), combined with HIPEC is a comprehensive surgical treatment for carefully selected patients with malignancies arising from or confined to the peritoneal cavity, explained Dr. Chamberlain.

HIPEC also can be an option for treating cancer that has spread to the lining surfaces of the abdominal cavity from primary colorectal cancer, gastric cancer, appendiceal cancer or from mesothelioma.

### Spa services in Sept. aid cancer research

Sanctuary on Camelback Mountain Resort & Spa, 5700 E. McDonald Drive, has reprised its Spa for a Dream initiative to support September's National Ovarian Cancer Awareness Month. Sanctuary Spa is home to highly skilled Sensei therapists trained in oncology massage and restorative consultation.

Spa for a Dream, available Sunday-Friday throughout September, gives guests the choice of a 60-minute Swedish massage or Sanctuary Jewel Facial for \$119 (a savings of more than 25 percent.) Ten percent of the proceeds from these treatments will be donated to Colleen's Dream Foundation, an Arizona-based non-profit organization that funds ovarian cancer research and accurate, accessible early detection tests.

Post-service, guests are invited to relax in Sanctuary Spa's new Women's Quiet Room, an intimate, windowless, cocoon-like room that offers spa-goers a tranquil space to unwind and reflect.

For more information or to make a

reservation, call 866-410-9515 or visit [www.sanctuaryaz.com](http://www.sanctuaryaz.com).

### Therapy services geared to women

Joan Matlock, a licensed marriage and family therapist, has launched a new practice as The Women's Therapist at The Peak, 7301 N. 16th St., suite 102. Matlock is a Phoenix native who spent almost 40 years in California, and recently returned Arizona.

Matlock focuses on the unique issues that women share and that are often left unattended as women strive to "do it all." Symptoms may show up as stress, depression or anxiety, overall fatigue, and a longing to be seen, heard and valued.

"I work with women, to honor the changes in their bodies, relationships and roles, to discover their strengths and resilient nature. I find that as self-awareness and self-acceptance is nurtured, relationships and circumstances shift and symptoms decrease," Matlock explains.

For more information or to schedule an appointment, visit [www.thewomenstherapist.com](http://www.thewomenstherapist.com) or e-mail [joan@joanmatlock.com](mailto:joan@joanmatlock.com).

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This archival photo from the early 1950s shows two of Xavier High School's students, excited to point out that their new campus is about to start construction. The school was originally located in two classrooms at Brophy High School. The new campus opened in 1953 (photo courtesy of Xavier College Preparatory).



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## XCP celebrates its 75th Anniversary

By Erin Naughton Alaimo

Seventy-five years ago, the first and only all-women's Catholic high school in Phoenix opened its doors to its inaugural class of eleven students.

Founded in 1943 by the Jesuit fathers of St. Francis Xavier Parish and staffed by three Sisters of Charity of the Blessed Virgin Mary, the groundbreaking new Xavier High School was originally located in two classrooms at Brophy High School, a Catholic all-men's school that had been shuttered during the Great Depression due to financial hardship.

Thus began Xavier's journey from the humblest of beginnings to the remarkable institution that it is today.

Throughout the decades, under the strong, consistent leadership and steadfast dedication of the BVM Sisters, Xavier has evolved from a single class of 11 students into a nationally recognized college preparatory with a student body composed of 1,200 young women.

The school has built a tradition of excellence through its commitment to the Catholic faith, innovative academic curriculum, community service, leadership development, and diverse extracurricular opportunities. One-hundred percent of Xavier's graduates attend post-secondary colleges and universities, and its alumnae network of nearly 10,000 women extends across the country and throughout the world. The original faculty of three has

expanded to a faculty and staff of more than 200. The school's present campus, which opened in 1953 to accommodate Xavier's burgeoning enrollment, has tripled in size from one building to 20 acres that encompass a beautiful chapel and state-of-the-art facilities.

Despite its exponential growth, Xavier's mission to educate young women of faith has never wavered.

Earlier this year, the school began to celebrate the successes of its first 75 years with a myriad of "Diamond Jubilee" tributes and events that included a Traditions Day that united students and alumnae at a special school assembly, and an all-alumnae fete that brought hundreds of Xavier graduates from the Class of 1947 through the Class of 2017 back to the school's campus.

In addition, Xavier recently established multiple Jubilee Scholarships for incoming ninth grade students from the four local elementary schools founded by the Sisters of Charity of the Blessed Virgin Mary (St. Francis Xavier, St. Agnes, St. Matthew, and Our Lady of Mount Carmel).

Xavier College Prep has been recognized three times as an exemplary National Blue Ribbon School by the U.S. Department of Education, and is one of only 600 schools worldwide to offer the prestigious AP Capstone diploma program. For more information about the school, visit [www.xcp.org](http://www.xcp.org).

*Editor's note: Erin Naughton Alaimo is an alumna of Our Lady of Perpetual Help Catholic School (Scottsdale), Xavier College Preparatory, and Stanford University.*

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**SCHOOL DAYS**

**Teachers invited to apply for funds**

The Arizona Diamondbacks Foundation is now accepting applications for the \$100,000 School Challenge, presented by University of Phoenix, to benefit schools across the state of Arizona.

The program is open to all Arizona public, private and nonprofit charter schools, grades K-12. Teachers and administrators are encouraged to “make their best pitch” on why they deserve to receive funding by submitting an application online at [www.dbacks.com/schoolchallenge](http://www.dbacks.com/schoolchallenge) by Sept. 28.

The Arizona Diamondbacks Foundation and University of Phoenix provide a combined \$100,000 for the program. The grants, which range up to \$5,000, have helped schools from across the state with innovative programs to satisfy an array of needs, ranging from laundry and showers for homeless students, to a 3-D printer and a nine-hole mini golf course, to a computer programming buddy system.

**Students encouraged to join pop-tab challenge**

Ronald McDonald House Charities of Central and Northern Arizona (RMHC-CNAZ), which operates three homes-away-from-home for families who travel to the Valley for their children’s medical care, is reaching out to students to participate in the annual Pop Tab Challenge. Proceeds help financially struggling parents stay at one of the Houses at no cost.

Last year, 9,845 pounds of pop tabs with a value of \$3,665 were collected by students and other organizations. The Pop Tab Challenge began on Aug. 20 and runs through May 1. Schools can sign up by visiting the Ronald McDonald House Charities website at [www.rmhcnaaz.org](http://www.rmhcnaaz.org) or by calling Development Coordinator Laura Hallstrom at 602-798-5096.

“Our cost for housing a family for one night is \$76, but we never turn a family away that can’t afford to pay the \$15 nightly fee we ask,” said RMHC-CNAZ Chief Executive Officer Nancy Roach. “Last year, approximately 13 percent of families were able to contribute. The funds we collect by recycling pop tabs really make a difference.”

**School Briefs**

**GLENDALE UNION HIGH SCHOOL DISTRICT**

**District hires 50 new teachers**

Glendale Union High School District’s annual New Teacher Dinner recently welcomed 50 new teachers for the 2018-19 school year. The gathering provided the opportunity for new teachers to meet co-workers and learn about the GUHSD mission and culture.

Of the 50 new teachers hired, 13 are GUHSD graduates while eight of them have completed their student teaching within the district. In addition, 17 new hires are first-year teachers. GUHSD also reported that 24 of the new teachers hold a master’s degree.

**Link Crews greet Class of 2022**

The Link Crew is a program designed to provide a welcoming environment to the freshman class on their first day of high school and to provide

*please see LINK CREWS on page 28*

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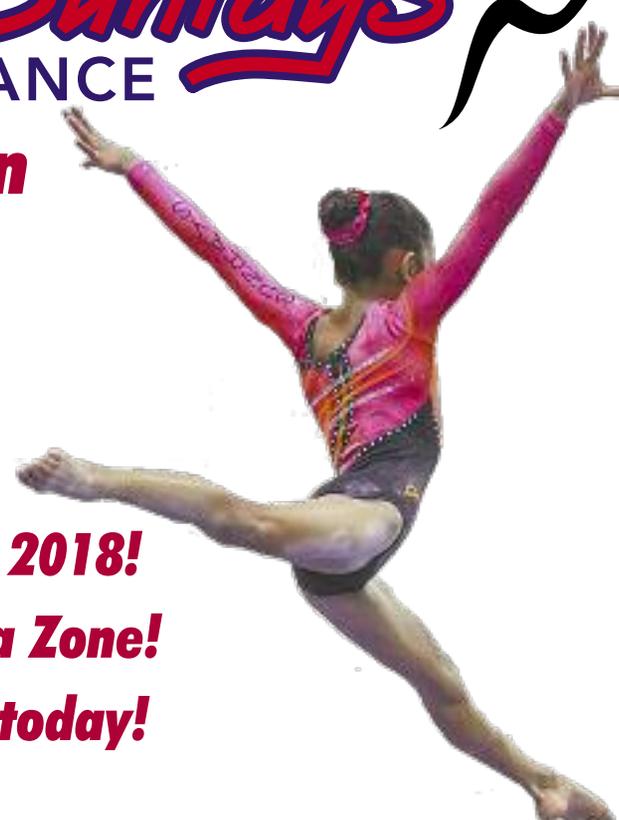
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SCHOOL DAYS

**LINK CREWS** *continued from page 27*

additional support throughout the school year.

The program trains a select group of high school juniors and seniors to be Link Crew Leaders, who act as mentors and positive role models that will guide the freshmen to discover what it takes to be successful during the transition to high school.

The program has been in place for multiple years and continues to be successful in supporting freshman for their high school experience.

**Students' artwork was on display at Beatitudes**

An art show featuring the work of AP students and art teachers from Sunnyslope and Washington High Schools was held at The Church of the Beatitudes.

The featured artwork was on display all summer and a public reception was held on Aug. 16. This is the second year in a row that the Beatitudes Art Council has hosted the artwork of these two high schools.



Sunnyslope High's Emma Salazar shows off her drawing that was inspired from her time living in Dubai (submitted photo).

**MADISON ELEMENTARY SCHOOL DISTRICT**

**Rodriguez returns to Madison Park to lead**

Educational leader Margaret Rodriguez was named the new principal of Madison Park Middle School several months ago, and is loving the opportunity to be back at school with

her students this August.

An educator for more than 15 years, Rodriguez served as assistant principal for three years at Madison Park, and as district literary coach and a third-grade teacher at Camelview Elementary School. Rodriguez plans to build on Park's signature STEAM program to empower students to learn and innovate. The school provides extensive STEAM electives and after-school clubs that provide experience in coding, robotics, engineering and digital music.



Margaret Rodriguez

"We have high expectations for all students in academics and with our STEAM program," Rodriguez said. "We want them to exceed academically and be able to grow in math, reading and science. We want students to grow and achieve at their highest potential."

Rodriguez adds that in addition to the rich academic emphasis, Madison Park is one big family.

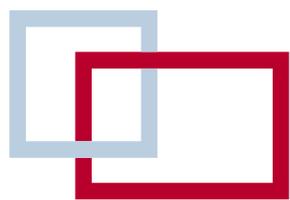
"When I taught at Camelview, I taught students in the third grade," Rodriguez said. "Those kids (and their families) made it to Park Middle School and have known me as an assistant principal for the last few years. They are now in the eighth grade. We have grown together."

**OSBORN ELEMENTARY SCHOOL DISTRICT**

**Osborn Teachers of the Year named**

The Osborn District has announced its selections in the third-annual Osborn School District Educational Foundation Teacher of the Year recognition program. Among those being honored are Clarendon School sixth-grade teacher Brendan Mann, Encanto School third-grade teacher Maria Garcia, and Longview School first-grade teacher Rodi Vehr.

These exceptional educators, along with "You Make A Difference" and "Point of Pride" awardees, will be recognized 6-10 p.m. Saturday, Oct. 20 at the DoubleTree by Hilton at Metrocenter, 10220 N. Metro Parkway



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**SCHOOL DAYS**



Osborn students participating in summer school were able to get hands-on with culinary arts, where they learned about prepping healthy foods and how a love of food can lead to a career in cooking (submitted photo).

E. For tickets and more information about the celebration, visit <http://osborneducationfoundation.org> and click on “Teacher of the Year.”

**Finding new flavors in summer school**

Osborn’s summer school wrapped up another year featuring fun and educational programs, from academic cur-

riculum to OMS Career Camps, keeping students busy and engaged the entire four weeks.

OMS Career Camps presented an opportunity for students to participate in activities related to careers in health and medical, culinary arts, police and fire, zoology and veterinary medicine. There were six classes for students in grades 1-

*please see SUMMER SCHOOL on page 30*

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**8<sup>TH</sup> GRADE DAY - OCTOBER 19**      **OPEN HOUSE - NOVEMBER 18**

## SCHOOL DAYS

**SUMMER SCHOOL** *continued from page 29*

5, with a theme of Traveling through Books. The program concluded with a showcase of student work shared with the nearly 100 parents in attendance.

Parent Academy was also offered again this year and provided an opportunity for parents to attend several workshops at no cost.

### PHOENIX UNION HIGH SCHOOL DISTRICT Football season starts with some changes

Football season began on Aug. 17 for all 10 Phoenix Union teams. The 10-game regular season schedule includes a bye week during fall break, Oct. 12, and ends Oct. 26.

Five PUHSD schools—Alhambra, Cesar Chavez, Maryvale, North and Trevor Browne—play in the 6A Metro Region, along with Tucson High. Camelback, Central, Betty Fairfax, Carl Hayden and South Mountain play in the 5A Union Region, along with Sierra Linda. Games are Friday evenings at 7 p.m.

### Two campuses named top district schools

North High School was named the Phoenix Union School of the Year for Post-Secondary Achievement at the Opening of Schools Convocation, held July 31. This school has one of the top three graduation rates in the district at 88.7 percent.

Over the past four years, its dropout rate has decreased by more than 2 percent, and is the lowest dropout rate for a comprehensive campus. Approximately 61 percent of its seniors completed a FAFSA (Free Application for Federal Student Aid), and 64 percent of its seniors enroll in college during the first year after high school.

North's graduating class earned \$16 million in scholarships.

Camelback Montessori College Prep was named the Small School of the Year for Academics. This small school has a graduation rate of 100 percent. Its ACT scores and AzMERIT scores are above the district average and competitive with state and national levels. The school is in its sixth year, and is the only Montessori high school program in Arizona.

### First group from Sister Cities visits

Central High School's Global Studies program welcomed students and a teacher-chaperone from its sister-school in Himeji, Japan.

The Kotogaoka High School students visited Central on Aug. 22, hosted by Central families.

There will be other visits this year from China, Costa Rica and France, and Central's magnet students also will have the opportunity to travel to those countries.

### Martinez to intern at Obama Foundation

Daisy Martinez, who graduated from Camelback High in 2014, has been chosen to be an Obama Foundation intern. Martinez was in AVID all four years in high school, and is currently finishing at ASU, majoring in business and communication, and a minor in marketing.

According to her AVID teacher, Josh Rosenbaum, she plans to join Teach for America after college. Interns at the Obama Foundation provide administrative, logistical and operational assistance at offices in Chicago

and Washington, D.C.

Martinez' project with the Foundation is to help solve the problem of the high cost of higher education and the cost of materials. The Obama Foundation's mission is to empower active citizens, build stronger communities and create lasting change at the local, national and global level.

### WASHINGTON ELEMENTARY SCHOOL DISTRICT District welcomes new school leaders

The start of the school year brought some new—and some familiar—faces to various WESD campuses.

Shalini McCarthy joined Mountain View School as assistant principal. McCarthy has a background in English Language Learners, including coaching teachers. She has also been an Induction/Retention, PD Specialist, an ELL teacher and a fifth grade teacher in the East Valley.

Jennifer Griggs is the Washington Elementary interim principal. Griggs began her career in WESD in 2001. She has taught extensively in multiple

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### 8th Grade Day

Friday | Oct. 26, 2018

### Open House

Oct. 28, 2018 | 12:00 - 3:00

### All are welcome

### Xavier Entrance Exam

Saturday, Jan. 12 or Saturday, Jan. 26, 2019 at 7:30 a.m. Registration for exam and application information at [xcp.org](http://xcp.org)

### Affording a Xavier Education

Financial Aid Workshops available to interested parents during the Entrance Exam Testing, Jan. 12 and Jan. 26



**SCHOOL DAYS**

grade levels and campuses within the district. Most recently, she served as the program coach at Chaparral and the WESD K-8 athletic director. Griggs is a district CPI trainer and a 2016 Lamp of Learning recipient.

Michelle Hall joins the district as the new Washington Elementary assistant principal. Hall holds a master's of education, educational leadership degree and has experience as a Title I school improvement specialist. She also has been a third grade and kindergarten teacher.

**PRIVATE AND CHARTER SCHOOLS Students report for PBS NewsHour**

Xavier College Prep students will have the opportunity to once again participate in the PBS NewsHour Student Reporting Labs program, a national journalism initiative by the PBS NewsHour to connect middle and high school students with public media stations to produce original, youth-focused news reports.

For the second year, students will create content for the national NewsHour site and the nightly broadcast, which reaches over one million viewers each night.

Teachers will help program leaders develop curriculum to engage young people in news and public affairs, and ensure that the youth voice is active in the conversations about the critical issues facing the nation.

“Every year we discover new ways to expand and improve SRL,” said program founder Leah Clapman, “with the most innovative and effective ideas coming straight from the teachers on the front lines.”

Students who participated last year are looking forward to a second year of producing stories for PBS Student Reporting Labs. “Last year was the first year I participated in Student Reporting Labs for PBS,” said Xavier senior Helen Innes. “But simply saying ‘participated’ does not account for the amount of learning that PBS offers to students. Not only are students granted the opportunity to interview experts in the STEM field, but by simply being in affiliation with PBS SRL I was able to gather B-roll of a Mars rover, record the sounds of a multi-colored printing press, and interview naturally curious individuals that have a special interest in their field.”



Xavier College Prep student Lily Gonzales of North Central Phoenix, who graduated this past spring, shoots video content for the PBS NewsHour Student Reporting Labs program during its inaugural year (submitted photo).

**MHP wins bronze medal**

Madison Highland Prep won a bronze medal from the *U.S. News & World Report's* America's Best High Schools 2018, for its academic performance.

MHP was among the elite schools that scored high enough to earn a gold,

*please see MEDAL on page 32*



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**SCHOOL DAYS**

**MEDAL continued from page 31**

silver, or bronze Best High Schools badge. According to *U.S. News & World Report*, “less than 30 percent of the schools earned the right to display a badge and to be called Best High Schools. *U.S. News & World Report* badges are widely recognized as symbols of excellence in education.”

Data from MHP’s 2018 award were based on the 2015-2016 school year, which was MHP’s second year in operation. Madison Highland Prep also earned a bronze medal in 2017 based on the school’s first year of operation.

Schools are ranked based on their performance on state-required tests and how well they prepare students for college. Now that MHP has a full graduation class and college acceptance statistics, the school can qualify for silver and gold status by as early as 2020.

Since 1983, *U.S. News & World Report* has been providing education rankings and helping parents and students find the perfect school. *The U.S. News & World Report* rankings include data on more than 22,000 public high

schools in 50 states and the District of Columbia.

**Training kids to be ‘play coaches’ at recess**

Studies show that recess matters; a thoughtful approach to recess improves children’s physical health and social and emotional learning. Children also tend to do better in class.

For more than 20 years, Playworks has helped schools figure out what works well on their playgrounds. Midtown Primary School has worked to create play environments to help its students be their very best. At a great recess, all students have real choices in how they play. They feel included in games or in imaginative play. They also feel empowered to play on their own or to start activities with other students. Older students can make a big difference.

The natural leaders on the playground are kids, not adults. Kids want to be acknowledged for their leadership abilities, and they want to grow. A little encouragement is all kids need to lead games, pass out equipment, and set a positive, playful tone.

The Playworks Junior Coach Leadership Program puts the recess culture into the hands of capable upper-elementary students. In Midtown’s case, that is the school’s third and fourth graders. Playworks trained Midtown’s key staff on the Junior Coach Leadership Program.

In May of this year, third-grade students applied and were interviewed for 2019’s Junior Coach Program.

This is Midtown Primary’s second year working with Playworks.

**Junior high students invited to game**

Valley students in grades 5-8 graders are invited to join Bourgade Catholic High School, 4602 N. 31st Ave., for Junior High Night on Friday, Sept. 28, at a Golden Eagle varsity football game. Students will receive free admission into the game, a BCHS swag bag, and a voucher for a free hamburger or hotdog meal from the BC Grill snack bar.

Check-in for Junior High Night will begin at 6 p.m., followed by the game at 7 pm. The presence of a parent or guardian is required for junior high students to be admitted into the game.

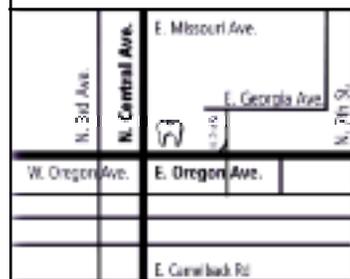
To RSVP for Junior High Night, visit [www.bourgadecatholic.org/junior-high-events.html](http://www.bourgadecatholic.org/junior-high-events.html).

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### GENERATIONS

## Senior Living City hosts annual Senior Safety Fair

Many City of Phoenix departments have joined forces to plan the annual Senior Safety Fair, set for 9 a.m. to 12 p.m. Friday, Sept. 7 at Devonshire Senior Center, 2802 E. Devonshire Ave.

The event's purpose is to highlight personal wellbeing and physical safety for older adults in their homes and neighborhoods. Special features will include document shredding, digital fingerprinting and ID kits, and unwanted prescription medicine drop-off, all offered free of charge.

Presentations will include Alzheimer's symptoms and awareness, changing family roles, and home safety information presented by Phoenix Police. Resource information tables include materials from the Arizona Attorney General's office, Recycle Phoenix, Neighborhood Services, local transportation options, Hospice of the

Valley, A Caring Hand for Mom (and Dad), and Area Agency on Aging Senior Helpline.

Door prizes and refreshments will be provided for attendees. For more information, call 602-256-3130.

## Variety of activities at senior center

The Sunnyslope Senior Center, 802 E. Vogel Ave., continues to stay busy with programs to entertain and educate.

Duet: Partners in Health and Aging will present "Services to Help Adults Remain at Home," 10 a.m. Monday, Sept. 10. Duet is a nonprofit organization that utilizes volunteers to help with transportation to doctor's appointments, grocery shopping, light computer assistance and more. All services are provided for free to qualified seniors.

Special events include a members' Fashion Show, Wednesday, Sept. 12; a Trivia Tournament on Sept. 20, with prizes for first, second and third place; and an Indoor Picnic on Thursday, Sept. 27, featuring hamburgers and fun games. All events begin at 10 a.m.

All programs and events are free with senior center membership (\$20 annually). For more information, call 602-262-7572 or stop by the front desk.

## Broadway tunes featured at gathering

Jewish Family & Children's Service's Memory Café will feature the Best of Broadway music with Baruch Koritan, 10-11:30 a.m. Thursday, Sept. 6 at Beth El Congregation, 1118 W. Glendale Ave.

Koritan has served as Cantor at Temple Beth Shalom of the West Valley since 1992 and is also on staff at the Bureau of Jewish Education. He will delight and engage all with a wide variety of memorable melodies from the Golden Age of Broadway hits.

The Memory Café is for those with memory loss and their care partners. Offered on the first Thursday of the month, each Café has a new theme and includes meaningful, fun activities to engage the participants and stimulate their minds and bodies. Coffee and snacks are provided.

There is no charge to attend, but registration is required. E-mail Kathy.rood@jfcfaz.org or call Kathy at 602-452-4627.

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## GENERATIONS

## Kids & Families

### Family childcare center opens

Powerful Connections, Young Minds in the Making, LLC, is a new family childcare program near 7th Avenue and Glendale. The program is run by a mother-daughter team with a combined 30 years of experience.

Courtney Nyetrae is the director/teacher and holds a CDA (Child Development Associate), and Jacqui Schlosser is the back-up provider, who holds a master's degree in ECE (Early Childhood Education). Together they set up a Reggio-inspired play and center-based learning environment, including an art studio and a nature playground.

The curriculum framework incorporates the Arizona Early Learning Standards and Infant Toddler Developmental Guidelines to ensure all children are prepared for kindergarten. The program will only take four children at the start (ages 3 months through 5 years), but is moving toward the process of licensing for up to 10 children.

Hours are Monday through Friday from 7:30 a.m. to 5:30 p.m., with extended hours available. Breakfast, lunch and snacks are included and prepared on-site to ensure Child Nutrition Program requirements are met and any special dietary restrictions and family preferences are followed. Visit [www.pc-youngminds.com](http://www.pc-youngminds.com) for more information, and call 602-384-6933 for a tour.

### Parents can take a night-or two-off

Here's a wonderful way for parents to enjoy a relaxing Saturday night without the kids! From 6 to 10 p.m. on Saturday, Sept. 8 and again on the 22nd, the Arizona Sunrays will host its special Kids' Night Out event for ages 3 to 14.

Kids get to have their own Saturday night fun by enjoying gymnastics, dancing, jumping in a bounce house and on trampolines, obstacle courses, fort building in the foam pits, and then they wind down the evening by watching a movie.

Cost is \$30 per child, with a \$5 off sibling discount. Pizza and drinks are included. Advanced registration is

required. Arizona Sunrays Gymnastics and Dance Center is located at 15801 N. 32nd St. For more information, call 602-992-5790 or visit [www.arizona-sunrays.com](http://www.arizona-sunrays.com).

### Children's fest returns to downtown Sept. 22

The second-annual Phoenix Children's Festival, featuring a multitude of activities and themed adventures for children ages 3-12, is planned Saturday, Sept. 22 from 11 a.m. to 4 p.m. at Cityscape, 1 E. Washington St. Among planned activities are a "Diaper Derby for Tots," Discovery and themed Fun Zones, visits by characters and a variety of gourmet food trucks.

Admission is free with printed Eventbrite tickets, which can be obtained by visiting [www.phoenixchildrensfestival.com/tickets](http://www.phoenixchildrensfestival.com/tickets).

The Phoenix Children's Festival also will be an opportunity to support the Back to School Clothing Drive with donations of school supplies or financial contributions at the event or online when ordering tickets through EventBrite. Back to School Clothing

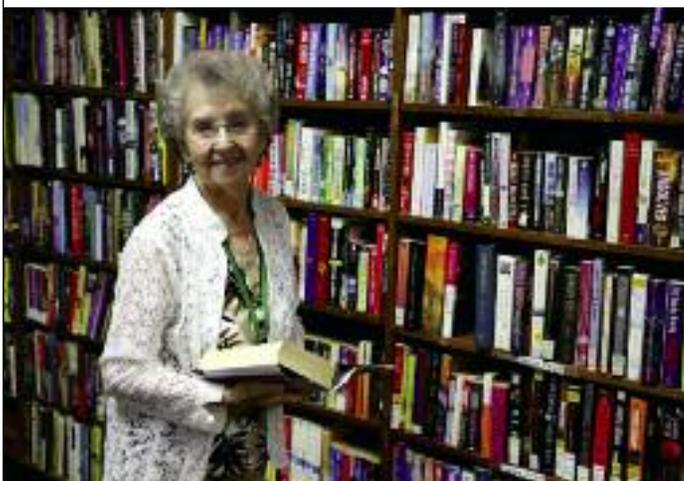
Drive ([www.backtoschoolclothing-drive.com](http://www.backtoschoolclothing-drive.com)) provides new school outfits and uniforms, backpacks and school supplies to more than 25,000 K-6 students at more than 260 schools in 40 Maricopa County school districts.

### Reading festival at Christown mall

Children will enjoy Dr. Seuss and Mad Hatter characters, complimentary treats and juice, storytelling and much more during the free Camp Christown Reading Fun Fest, set for 12-3 p.m. Saturdays, Sept. 8 and 15 at Christown Spectrum Shopping Center, 17th Avenue and Bethany Home Road.

Reading will come alive as characters from famous children's books entertain and delight children of all ages. Featured characters include Alice in Wonderland, Sept. 8, and The Cat in the Hat, Sept. 15. Each child in attendance will receive a free book and complimentary treats and juice. In addition, there will be a face painter, balloon artist, and arts and crafts. Children can make a book and create their own story to take home.

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**A & E Briefs**

**Perryville Prison Art Show**

**Sept. 1-30**  
St. Barbara Gallery,  
All Saints' Episcopal Church  
6300 N. Central Ave.

Several original works of art, created by inmates at the women's prison, will be displayed and available for purchase. Proceeds from the artwork will benefit the artists and programs at Perryville that promote dignity and reduce recidivism. For exhibit hours and more information, call 602-279-5539.

**'Sweeney Todd'**

Arizona Broadway Theatre  
**Sept. 4-16**  
Herberger Theater, Center Stage  
222 E. Monroe  
602-252-8497

A heart-pounding thriller set on the seedy side streets of 19th Century London. Filled with diabolical humor and extraordinary music, this eight-

time Tony Award-winning musical tells the tale of an exiled barber's quest to avenge the wrongs done to him and his family by a lecherous judge. Tickets are \$44-\$73 plus fees. Visit [www.herbergertheater.org](http://www.herbergertheater.org).

**'West Side Story'**

**Sept. 5-Oct. 14**  
Phoenix Theatre  
100 E. McDowell Road  
602-254-2151

A classic retelling of Romeo and Juliet in an urban setting. The Jets and Sharks rule the streets of New York City, but these gangs don't like to share. When Tony falls for Maria, their respective gangs get ready for war. A story of star-crossed love in times of prejudice and violence, West Side Story speaks through dance and song. Visit <http://www.phoenixtheatre.com>.

**'Present Tense: Selections from the Lenhardt Collection'**

**Sept. 8-Dec. 16**  
Phoenix Art Museum  
1625 N. Central Ave.

An exhibition of artworks by various masters of modern and contemporary art, completely drawn from the private collection of Dawn and David Lenhardt. The exhibit showcases more than 20 paintings, prints, photographs, and sculptures by artists including Andy Warhol, Roy Lichtenstein, Damien Hirst, Louise Lawler, Shara Hughes and Ugo Rondinone. Hughes also will give the first Lenhardt Emerging Artist Lecture at the Museum on Oct. 24 (tickets available at [www.phxart.org](http://www.phxart.org)). The exhibit is available to view with paid admission to the museum.

**'Five Seasons: The Gardens of Piet Oudolf'**

**7 p.m. Wednesday, Sept. 19**  
Third Street Theater,  
Phoenix Center for the Arts  
1202 N. 3rd St.

The documentary immerses viewers in inspirational designer and plantsman Piet Oudolf's work and takes us inside his creative process, from his abstract sketches, to theories on beauty, to the ecological implications of his ideas. Discussions take place through all four seasons in Piet's gardens at Hummelo, and on visits to his signature public

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works in New York, Chicago, and the Netherlands, as well as to far-flung locations. Advance tickets are \$10 plus service fee, \$12 at the door, \$11 for students with ID. Visit [www.fiveseasons.film.brownpapertickets.com](http://www.fiveseasons.film.brownpapertickets.com).

**'Sinatra and Friends'**

**Sept. 21-23**  
**Phoenix Symphony Hall**  
 75 N. 2nd St.

Iconic tunes of Frank Sinatra, Dean Martin, Sammy Davis Jr. and a swingin' big band kick off the 2018/19 APS Pops Series. Be whisked back in time and get set for all your favorite standards including Rat Pack mega-hits like "Come Fly With Me", "Luck be a Lady", "Mr. Bojangles" and a dozen more favorites performed live with The Phoenix Symphony. For tickets, visit <http://phoenixsymphony.org>

**Beta Dance Festival**

**Sept. 22-23**  
**Phoenix Center for the Arts**  
 1202 N. 3rd St.  
 602-254-3100

The festival lineup features a mix of mature, established choreographers from the Valley and up-and-coming, younger artists, including students and recent graduates of university and community college dance programs. 7 & 2 pm. or <http://phoenixcenterforthearts.org/>

**'Deserts and Rivers'**

**Phoenix Chorale**  
**7:30 p.m. Saturday, Sept. 29**  
**Trinity Episcopal Cathedral**  
 100 W. Roosevelt St.  
 602-253-2224

The chorale's 60th Anniversary Season opens with "Desert and Rivers," with songs inspired by the contrasting landscapes of Arizona, with music by Moira Smiley, Palestrina, C.P.E. Bach, John Adams, Ola Gjeilo, and more. Tickets are \$35 adults, \$30 seniors (65+) and active-duty military, and \$15 for students with ID. Visit [www.phoenixchorale.org](http://www.phoenixchorale.org).

**'Native Gardens'**

**Arizona Theatre Company**  
**Oct. 4-21**  
**Herberger Theater**  
 222 E. Monroe  
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This comedy is the story of high-powered lawyer Pablo and his wife, Tania, a doctoral student, who are work-

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FOOD FOR THOUGHT

# Café Chat

## Restaurant Progress—small but mighty fine

By Marjorie Rice

Squeezed into a shoebox-size storefront embellished with funky antiques, and working from a postage-stamp kitchen tucked at the back, Chef/Owner TJ Culp and his team at Restaurant Progress are attracting a steady stream of devotees to enjoy an innovative, beautifully crafted menu.

Restaurant Progress, which opened last spring in the Melrose neighborhood, is the creation of Culp and his partner and sous chef, Frank Romo. The space, in a small strip that includes Melrose Pharmacy, was cleared and built out by Culp and friends, using salvaged and found items where possible—including furnishings and décor from nearby Melrose-area shops.

“We opened this place with almost no money,” Culp says. “We’re still mak-



In a kitchen that’s not much larger than what most Valley homes have, Restaurant Progress Chef/Owner TJ Culp (left) preps fresh pasta for the evening’s special of Confit Duck Linguini, while business partner and sous chef, Frank Romo, puts the finishing touches on a Beef Carpaccio, featuring crunchy capers and toasted pine nuts (photo by Teri Carnicelli).

ing changes, like the new tabletops.”

The result is a comfortably chic combination of mismatched chairs, painted brick and exposed roof trusses contrasting with an elegant white marble bar backed by gleaming subway tiles.

An old mail sorting chest—a recent Melrose antique shop find—serves as wine storage. Past the kitchen, a patio lush with greenery beckons through large windows. It promises to be a lovely spot for lingering as evenings cool.

Culp, 27, began his career Scottsdale Community College’s culinary program, where he met Romo.

“After school, I worked in restaurants starting as a prep cook and working my way up,” Culp recalls. “Then we started the pop-up dinners in my apartment until we had to find a legal location.” Called Pop-Up PHX, the series attracted a loyal following of Valley culinary cognoscenti.

“A couple of years ago, we decided to open our own place,” Culp explains. The team combined limited funding with a lot of sweat equity, and it paid off. Now Culp is planning to expand into an empty storefront next to the restaurant, this time with an off-premise bottle shop. Culp and crew are doing the work themselves, and he hopes to have it open by the end of the year.

Unfortunately, patrons of the restaurant won’t be able to buy bottles at the store to bring into the restaurant, says Restaurant Progress manager Esther Noh, the third member of

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## FOOD FOR THOUGHT

Culp's initial team. "The licensing won't allow us to do that," she says.

The restaurant seats about 50, including places in the patio, and reservations are encouraged, though walk-ins are welcome at the bar as space permits.

Employees like Noh are family, Culp says. "We couldn't do this without them. We've been careful to put together a group that really enjoys working together," he adds.

He's not kidding. Watching the cooks and servers work is like watching an intricate dance, one pirouetting to the stove while another takes his place to finish a course and a server weaves her way into the group to pick up a finished plate. When they're not working—the restaurant is closed Sunday and Monday—they hang out together.

Culp's menu is limited, with two starters, two salads, three "mid courses" and four entrees. There's also a \$75 tasting dinner of five courses. Wine pairing is available for an additional \$35. The menu focuses on local, seasonal ingredients wherever possible, put together with imagination and panache.

The result is an intriguing selection that's changes often. On recent visits, it included a lovely combination of beet cured Hamachi (\$16) and the customer-favorite soy-cured watermelon (\$12) from Blue Sky Farms.

"I took it off the menu for a while, but people kept asking for it, so it's back on," Culp says.

A standout main course is seared Spanish octopus (\$28), beautifully tender octopus on a silky bed of white bean puree drizzled with harissa and sparked with Jimmy Nardellos chiles.

The focus on creativity and local ingredients continues behind the bar, where mixologist Alyxandra McMillan has developed all the house cocktails, including the What's Up Doc? (\$13), made with a rum blend, house-made carrot ginger blend, pineapple, amaro, lemon and thyme. All the mixes are house made, McMillan says.

While his restaurant has attracted Valley-wide patrons, Culp is self-effacing about his success. He hasn't stepped into the local celebrity chef life, preferring to focus on working with his friends at his small neighborhood eatery.

Restaurant Progress is located at 702 W. Montecito Ave. Hours are 5-10 p.m. Tuesday through Thursday, and 5-11 p.m. Fridays and Saturdays. Reservations are highly recommended. Call 602-441-0553.

## Dining Briefs

### Enjoy free coffee, free app from Press

National Coffee Day is on Saturday, Sept. 29, and in honor of the drink that fuels America, Press Coffee is giving people a free cup of drip coffee (any size) at its nine Valley locations (no purchase necessary).

In addition, Press Coffee is making the daily coffee run even easier with a new app now available for all of its cafes. The app allows users to place and pay for orders of drip coffee, cold brew, espresso drinks and other grab and go snacks and drinks ahead of pick up. Made-to-order food like its breakfast burrito, bagels and breakfast egg sandwich are also available at some locations.

The Press Coffee Roasters app is available for free download at the App Store and Google Play (search "Press Coffee Roasters"). Users create an account and are charged upon placing their orders. After receiving a notification that the order is ready, they can just pick it up and go.



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**FOOD FOR THOUGHT**

**Wildflower opens Sept. 11, honors vets with free food**

Wildflower (formerly Wildflower Bread Company), headquartered in Scottsdale, will open its 16th restaurant on Tuesday, Sept. 11 in the historic Crown on 7th re-purposed 1950s building located at 5813 N. 7th St.

To honor the 17th anniversary of the 9/11 attacks, Wildflower will offer free meals to military, veterans and first responders from open until close (6 a.m. to 9 p.m.) on that day.

Wildflower prides itself on building each location as a reflection of its new neighborhood. Darren George, vice president of Development for Wildflower, says this will be Wildflower's most "urban" Valley location so far, featuring a vibrant environment that centers on the social aspect of dining.

The restaurant's award-winning lunch and dinner menu will be fused with soups, salads, sandwiches, pasta dishes, handcrafted artisan breads, cakes and pies. Homestyle breakfast items and freshly brewed coffee, cappuccino, and latte creations will be served weekdays until 10:30 a.m. and weekends until 2 p.m.

The Crown on 7th menu will remain the same as other locations in and around Phoenix, but this location

will also offer local craft beers and a full array of red, white and sparkling wines. This Wildflower also introduces a completely new kitchen design that will enable patrons to see the creation of the dishes in action.

Visit [www.WildflowerBread.com](http://www.WildflowerBread.com) to view the full menu, hours of operation and catering options.

**Hulas set to move to new space Sept. 8**

After a series of unforeseen construction delays, Hulas Modern Tiki will open the doors this month to its new, expansive space at 5114 N. 7th St.

Hulas owner M. Dana Mulé was given notice to vacate his original space at 4700 N. Central Ave. in October of 2016, with just over 13 months to move out. Davis Enterprises, which owns the property, had plans to redevelop the shopping center and the adjacent vacant lot to the west into high-end residential units. However, those plans are now reportedly put on hold for at least another 5 years.

Mulé had already invested more than \$350,000 into renovating the new space, and he will be all-in at just over \$1.3 million by the time the doors open on this 4,400-square-foot marvel with a 360-degree bar, private dining

Tiki Room, the familiar Community Table, large banquette seating, an outdoor patio with gas firepit, and a hidden "Captain's Room" with the dark, cozy feel of a speakeasy.

While the signature tiki drinks will still be front-and-center, Mule has the capacity to greatly increase the beers-on-tap offerings, and will feature a variety of local breweries as well as more popular national brands.

The new space is scheduled to open on Sept. 8. For updates and more information, follow them on Facebook or visit [www.hulasmoderntiki.com](http://www.hulasmoderntiki.com).

**Fall Restaurant Week returns Sept. 21-30**

This autumn, diners can once again enjoy the creative menus of some of the state's most popular restaurants with the return of the Arizona Restaurant Association's Fall Arizona Restaurant Week (ARW).

From Sept. 21-30, participating restaurants offer dining specials that showcase their chefs' culinary skills with items not always featured on their regular menus. These dishes are presented in three-course, prix-fixe menus for just \$33 or \$44 per person (not including tax or gratuity).

Diners can view a complete list of

restaurants participating in Fall Arizona Restaurant Week online at [www.arizonarestaurantweek.com](http://www.arizonarestaurantweek.com); additional participating restaurants and their menus will be continually added.

**Half-price deep dish pizzas on Sept. 5**

In celebration of National Cheese Pizza Day on Wednesday, Sept. 5, Half Moon Windy City Sports Grill in the Biltmore, 2121 E. Highland Ave., will add its long-awaited, Chicago-style deep dish pizza to its menu. To mark the event, the restaurant will offer guests half-priced cheese deep dish pizza all day long, from 11 a.m. to 2 a.m. (Offer good for dine-in only.)

Half Moon Windy City Sports Grill Co-Owner Clay Moizo will use his third-generation secret family recipe for the pizza, which comes in small (6-inch), which feeds 1-2 people, and large (12-inch), which feeds 3-4. Tasty combinations and build-you-own options will be available.

For more information, visit [www.halfmoonsportsgrill.com](http://www.halfmoonsportsgrill.com).

**For local restaurant listings, visit our Dining Guide online at [www.northcentralnews.net](http://www.northcentralnews.net)**

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