



# north central news

the voice of the north central phoenix community

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## Demo permit fight heads to zoning

By Teri Carnicelli

The owners of a home at 7019 N. Central Ave. will make their case to a Phoenix zoning officer as to why their home should be allowed to be torn down.

Referred to as the William F. McElroy house, the home sits on property that was part of the original Orangewood subdivision platted by William J. Murphy in 1895. The home itself, however, wasn't constructed until late 1926.

Last month, the Phoenix Historical Preservation Commission voted 6-0 to initiate historic preservation review for the home, which could result in the home being listed on the Phoenix Historic Property Register, providing a new zoning overlay that would protect the home from major changes—including demolition.

It was a demolition permit, filed in April by current owners David and America "Mary" Young, that galvanized community members and the North Central Phoenix Homeowners Association (NCPHA) to

*please see PERMIT on page 6*



Local youth who volunteered on April 27 to paint house numbers and a sun logo on curbs in the Norton Vista neighborhood included, clockwise from left: Grace Williams, David Wiesinger and Rose Wiesinger (photo by Teri Carnicelli).

## New volunteer group already tackles projects

By Teri Carnicelli

On a fast-warming morning in late April, a group of volunteers armed with stencils and paint steadily moved up and down a few streets in North Central Phoenix, painting house numbers on the rounded curbs—and adding a logo to mark the "officially" designated neighborhood.

Long referred to by locals as Norton Vista, a small group of residents officially formed a neighborhood association with the city of Phoenix earlier this year, and quickly got to work. They first identified the association's boundaries as Cave Creek Road to 14th Street, and Mountain View Road to Dunlap Avenue.

The timing worked in the group's favor, as they were able to apply for a city of Phoenix Love Your Block mini-grant. The fledgling association was awarded \$1,000 through the grant program, and the first project was born. "Refurb the Curb" involved repainting or adding the curb numbers in front of residences within the target area, which included Sunnyslope and Mission lanes and Eva Street.

Led by Lily Williams, the new coordinator of the Norton Vista Neighborhood Association, volunteers started early on the morning of April 27, and continued on through the mid-afternoon of April 28. Simultaneously, a mural was begun on the south-

facing wall of the small strip center located at 9405 N. Cave Creek Road, anchored by The Orange Market. The owner of the strip center not only welcomed the public art, but also contributed \$400 toward supplies, and even donated pizza to volunteers that weekend.

On Saturday, several Phoenix Police officers also stopped by to show their support for the revitalization efforts. Having visible house numbers on curbs also makes their jobs easier when trying to respond to a call for service.

The curb number painting project wrapped up over two more sessions, on May 18 and May 25. State Sen. Kate Brophy McGee, who lives in Sunnyslope,

*please see VOLUNTEERS on page 7*

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An early rendering of the proposed development currently dubbed The Central Park, at the northeast corner of Central Avenue and Indian School Road, shows a large public entry plaza at the corner with a wide walkway leading directly to the adjacent Steele Indian School Park (rendering courtesy of The Pivotal Group).

## Development set for Central & Indian School

By Teri Carnicelli

The northeast corner of Central Avenue and Indian School Road, presently a large dirt lot that previously housed the PHX Renews community garden space, could soon be transformed into a large mixed-use development featuring offices, shops, condos—and even a senior residential complex.

But first, a plan created by the city of Phoenix and neighborhood stakeholders, known as the Phoenix Indian School Specific Plan, must be tossed out. And it's the city's own Development Services Department that is seeking to eliminate the plan that affects more than 100 acres, controlled by four property owners: the city of Phoenix (park), the U.S. Government (VA campus), the state of Arizona (State Veterans Home), and the private owners who are seeking the redevelopment of the nearly 18 acres near the northeast corner.

A General Plan amendment is required to eliminate the many and varied zoning codes and overlays that currently apply to the larger area, some of which were added later and contradict the Indian School Specific Plan.

That plan was first created in response to federal legislation which enabled the federal government to exchange the Phoenix Indian School property for 100,000 acres of environmentally sensitive Florida land owned by a private developer (Barron Collier Company), which took place in 1987. The legislation required that a plan be

in place for the Phoenix Indian School property for the exchange to be finalized. The Phoenix City Council adopted the Phoenix Indian School Specific Plan in 1991 after several iterations of *please see DEVELOPMENT on page 4*

# ASK THE LAWYER

FROM MORRIS HALL PLLC

**Dave Eastman**  
Morris Hall Partner & Attorney at Law

**Q: What Should I NOT do When a Loved One Dies? (Part 2/2)**

Dealing with the death of a loved is never easy. The last thing any loved one wants to be dealing with after death occurs is court, paperwork, attorneys, taxes and making mistakes along the way. Do your loved ones a favor and get your affairs in order before the inevitable occurs. ***This is part two*** on my two part series regarding –THINGS YOU SHOULD NOT DO WHEN A LOVED ONE DIES. Here are a couple more suggestions:

1. DO NOT procrastinate meeting with your estate planning attorney after the death of a loved one. There are time-sensitive issues that need to be discussed and dealt with after a loved one passes away. Before you start moving accounts and rolling over IRA's and liquidating assets, you should seek the counsel of a qualified estate planning attorney.
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COMMUNITY

**DEVELOPMENT** continued from page 3

the plan had been reviewed by a citizens committee, Barron Collier and the Phoenix Planning Department.

The adopted plan called for the following elements: a minimum 40-acre park site; historic designations for the three significant structures on the site; expansion of the Veteran’s Administration (VA) Hospital; 1.4 million square feet of office development; 100,000 square feet of retail development; and a minimum of 1,200 housing units.

Much has been achieved since that time, including: the creation of Steele Indian School Park, which opened in 2001; the preservation of the Memorial Hall, Dining Hall and Band Building structures from the original Phoenix Indian School, which closed in 1990; and expansion of the VA Health Care System campus. But so far, no office, retail or housing has been erected. That remaining parcel was sold at auction in early 2018.

Since the origination of the Indian School Specific Plan, the city has created and adopted a variety of new zoning overlays that affect the area, including the Uptown Transit Oriented District (TOD) Policy, Walkable Urban Code (WU Code), Central Avenue Beatification Plan, Tree and Shade Master Plan, and Comprehensive Bicycle Master Plan.

The original Indian School Specific Plan included development standards that are no longer aligned with these many and various new requirements, and also laid out building height restrictions that are not compatible with the developers’ plan.

Also planned is a 185-foot, 200 room hotel, and a 70-foot movie theater in the main plaza.

Parking will be contained inside, at the base of each building.

At the corner of Central and Indian School itself will be a wedge-shaped plaza offering an acre of public space that will include seating areas and perhaps a water feature. It will be available for the local community to use for entertainment, mobile markets and other activities.

Similarly, the main plaza in the heart of the wide walkway, referred to as “The Canyon,” includes a large space that can be used for events such as live music, a farmers market and more. It may also include a water feature, such as a splash pad. The wide walkway itself, open to the public and connecting the street corner through to Indian School Park, will be lined with food and beverage retailers, with plenty of seating spaces, landscaping, and art features.

The developer is Valley resident F. Francis Najafi, founder and CEO of The Pivotal Group. His company was responsible for the redesign and relaunch of the Esplanade Mall on Camelback Road. Najafi has referred to The Central Park as his “legacy project,” creating something that is unique, long-lasting, and perhaps serving as a model for future mixed-use developments in urban cores.

“No other bidders on this land wanted to do such a mix of uses, or dedicate so much public space,” said Ben Tate of Withey Morris, PLC, which is representing the developers through the rezoning request process. Tate says the design is intended to blur the lines between the project property and the park property, with no gates or barrier walls to separate them.

“They are really looking for seamless circulation—creating a gateway that will draw people into the park via a pedestrian-oriented environment.”

Public meetings were held in March, April and May. Both proposals—the Indian School Specific Plan repeal and the rezoning request—were approved by the Encanto Village Planning Committee at its May 6 meeting. They now go before the Phoenix Planning Commission 6 p.m. Thursday, June 6 in the City Council Chambers, 200 W. Jefferson St. They are tentatively scheduled for review and vote by the city council on Wednesday, July 3.

**The Central Park**

Currently referred to as The Central Park, the proposed development includes seven building in total, ranging in height from 165 feet to 355 feet.

Two 355-foot residential towers are planned for the north side of the property, featuring 150 for-sale condos and 250 market scale apartments. Another 165-foot residential building, abutting the park, will offer a 200-unit active senior living residence.

Two commercial towers, measuring 200 feet and 255 feet, respectively, will angle away from Central Avenue, with taller building set slightly further back. The developer anticipates 760,000 square feet of commercial space, and 170,000 square feet of ground-level retail and restaurants.



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## Miracle Mile celebrates milestone

Some of you know that my dad, Herb, moved to Phoenix in 1964 and opened a lady's shop at Park Central Mall called Kagel's. Another business in that center was Miracle Mile Deli



and this month they are celebrating their 70th anniversary. Below is their story...

"The Miracle Mile story begins in 1949, when our founder, Jack, along with his

wife and children, arrived in Tucson from Brooklyn, New York. Upon his arrival, Jack spent the first few days searching for a business he could purchase to support his family. When he could not find a business he liked, he took a bus ride to Phoenix. Across the street from the bus stop in Phoenix, there was a small restaurant called Pat's Café, which specialized in typical "Arizona" type food such as chicken fried steak and liver and onions.

"After four hours of searching, Jack returned to the bus stop and purchased the existing café. Two years after Pat's Café was operating in 1951, Jack and his two sisters purchased Herman's Corned Beef Junction at McDowell Road and 16th Street. This outlying area from 7th Street to 24th Street on McDowell Road was the first business district to be developed away from the downtown area. A few months after the "Miracle Mile" name became familiar to the surrounding community, Jack decided to change the name of Herman's Corned Beef Junction to Miracle Mile so that everyone would remember the location.

"In 1965, Jack opened another location at Chris-Town Shopping Center. This location is where George and Jill Garcia (the current president and his wife) met each other. George came into the Miracle Mile business as a busboy at age 15 and worked his way to the top. George and Jill married in the spring of 1981 and, shortly thereafter, started running the business as Jack took a more limited role.

Currently, George and Jill have now begun to enjoy life outside of the restaurant business, while Josh (their son) oversees much of the day-to-day operations. With Miracle Mile proudly into its third generation and celebrating 70 years of being in the Valley, the 'old days' of Miracle Mile have since become a memory. However, the Miracle Mile tradition still continues as the Garcia family carries on the name with pride, offering consistently delicious food, reasonable prices and great service in a family friendly atmosphere."

Miracle Mile Deli is now located at 4433 N. 16th Street on the Southeast corner of 16th Street and Campbell Avenue. You can reach their friendly staff by calling 602-776-0992 or visit [www.MiracleMileDeli.com](http://www.MiracleMileDeli.com) for more information on their new menu items and party trays. Miracle Mile caters for HomeSmart Elite meetings every month and we thoroughly enjoy their incredible spread.

*Bobby Lieb*

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PERMIT continued from page 1

protest against the tear-down of the home, located on more than an acre of property just north of Glendale Avenue.

At issue is whether the home itself, or the man who built it, has any historical significance. David Young stated at the commission meeting that, “No one historically important has lived in the house, and no one of historical value built it.”

According research done by the Historic Preservation Commission staff, original property owner William F. McElroy moved to Phoenix in the early 1920s. He worked as a produce dealer and became a prominent local businessman. But there was no record presented as to McElroy holding any public office or performing any significant act to the benefit of Phoenix or the state of Arizona.

An article in The Arizona Republic announcing the construction of the home did not list an architect for the design but noted that J.B. (James Blaine) Matz would be the contractor. Matz began his career specializing in residential construction and partnered

with N.C. Pierce in the development of the Pierson Place subdivision at roughly 7th Avenue and Camelback in the mid-to-late 1920s. Later he went on to specialize as a commercial building roofer.

When first constructed, the home included two bedrooms, an upstairs sleeping porch, a living room, dining room, kitchen, and sunroom. The home now includes undated modifications and two additions. The staff report listed the interior as being in “fair to poor condition.”

However, the report affirmed that the home is “recommended eligible for listing in the Phoenix Historic Property Register,” concluding that the “rectangular-shaped, two-story, side-gabled home ... is representative of American Colonial Revival style architecture.” It is also an example of original, residential rural estates in the North Central corridor—few of which remain today.

The report added that while the building has been subject to modifications, it is still considered “to retain integrity of location, materials, workmanship, setting, feeling, and association and is able to convey

its historical significance.”

With the initiation of the historic preservation review, Historic Preservation Office Michelle Dodds denied the demolition permit request based on city ordinance that protects homes from being razed that are deemed a “significant property.”

The Youngs will now argue their case before a zoning officer, specific to the denial of the demolition permit. They will have to prove that either the property is not historically significant, or that economic hardship will result from the permit denial. The hearing was scheduled for June 6, however, the Youngs have indicated that they will ask for a continuance at that meeting, which will push it back until sometime in early July. If the continuance is granted, no public comment will be taken at the June 6 meeting.

The Youngs said they have been living in the home for the last couple of years, despite its condition. According to city ordinance, the argument for economic hardship for a home that is occupied by the owners has to prove that “the property has no beneficial use

as a single-family dwelling or for an institutional use in its present condition or if rehabilitated.” In other words, they have to argue that the home is unfixable in its present condition. They cannot, however, argue personal economic hardship—that they don’t have the money to repair it.

Their other avenue is to argue it has no historic value, and the staff report did state that two historic surveys done of the area in the early 1990s failed to identify this home as being of historic significance. However, the report went on to say that the home was overlooked, rather than deliberately left off the surveys, and other homes in the area later deemed historic also were accidentally left off those surveys as well.

While the Youngs did not purchase the home but rather were gifted it from the former owner, David says it has proved to be a money pit over the last 23 years. He says they have spent hundreds of thousands of dollars over the years in upgrades (adding air conditioning), maintenance, repairs, landscaping, and property taxes.

He said they tried to fix it up them-



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selves but had to leave Arizona for several years and were unable to maintain the home from afar. Now, in their mid-70s and dealing with health issues, they are simply unable to continue the work.

“We have a time limit. We are trying to offload the property and make the maximum amount that we can so our children will have a future,” David said. “If you deny us the demolition permit, you deny us the right to sell at market value.”

Some argue that the current list price of \$1.8 million is “developer” value—not actual market rate.

“Several people have wanted to purchase this property over the years, but the asking price has been double market value,” stated Anne Ender, president of the NCPHA.

A local family has made an offer over the \$1 million mark to purchase the home, but David says it would “cost” him and his wife a half-million dollars of anticipated profit to take that offer. A developer has provided a letter of interest, but so far no other hard offers have come forward, pending the resolution of the demolition permit.

The Youngs will likely argue that they have already poured a great deal of money into the home, and that not being able to sell it at the highest amount possible will create financial hardship. However, they do acknowledge this is not their only home—they are listed as the owners of a condo in Scottsdale, a home in Santa Fe, N.M., and a home in Omaha, Neb.

In addition, members of the NCPHA point out that in all likelihood a developer won’t want the property once they realize there already is in existence a special planning district (SPD) that could realistically prevent that lot from being split, stopping multiple homes from being built on it—which could cause the Youngs to have to reconsider their asking price.

If the hearing officer upholds the denial of the demolition permit, the Youngs can appeal his or her decision to the Historic Preservation Commission—a path that Dodds admits is a little strange, but is proscribed by city ordinance.

Similarly, if the hearing officer overturns the permit denial, the

NCPHA or other concerned party can also appeal the decision to the Historic Preservation Commission.

“We strongly oppose the demolition of this rare American Colonial Revival architecture,” said Mary Crozier, president emeritus of the NCPHA. “I believe it is the only one in North Central, and perhaps one of only two left in the city. Demolishing this home will set a dangerous precedent for all other existing historically significant homes on Central Avenue.”

Whatever decision the commission reaches on the demolition permit, it can then be appealed to the Phoenix City Council. Ender says she is confident the City Council would deny the demolition permit and allow the process of historic preservation review to take its course.

VOLUNTEERS continued from page 1

also came out to help paint on May 18. More than 400 homes benefitted from this project.

Additional grant funds will be used to fabricate and install three “message

boards” along key boundary areas of the community, anticipated by the end of August. Williams explains that some of the residents in their area are seniors who don’t have Internet access or smart phones, and still need to get their information “the old-fashioned way.” The message boards can be used to publicize neighborhood meetings, warnings about crime activity, important contact information for city of Phoenix departments, and more.

The message boards are being constructed by Jim’s Sheet Metal and Welding, a longtime Sunnyslope business.

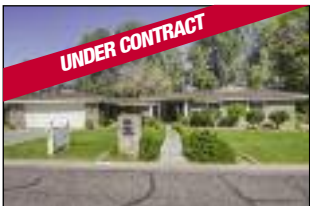
Metal message board toppers with “Norton Vista” cutouts are being manufactured locally by Xann Plasma and Laser Cutting, 9214 N. 13th Ave., which also cut the number and “sun” logo stencils for the group.

The Norton Vista Neighborhood Association meets the second Monday of the month at the Sunnyslope Village Alliance building, 755 E. Hatcher Road. The next meeting is set for 6:30 p.m. Monday, June 10. For more information, e-mail [nortonvista85020@gmail.com](mailto:nortonvista85020@gmail.com).

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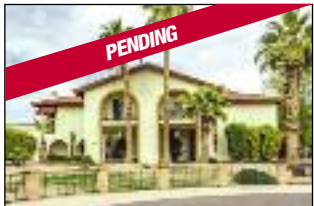
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## COMMUNITY

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When Deng Atem was 8 years old, he ran from the Arab marauders who came to his village, walking from the north of what is now South Sudan to Ethiopia, where he became a refugee, a student, and a child soldier. Atem is one of the Lost Boys of South Sudan.

His journey eventually took him to Kenya, to a large refugee camp in Kakuma, where he had a chance encounter with a group of Western journalists covering the crisis. One of the journalists was a Danish man, Jesper Strudsholm, and the other an American, Anderson Cooper. "I realized how important their job was, to keep the world informed, to tell the stories of those who were otherwise unheard," Atem recalled. "On that day, I discovered a new ambition: to become a journalist."

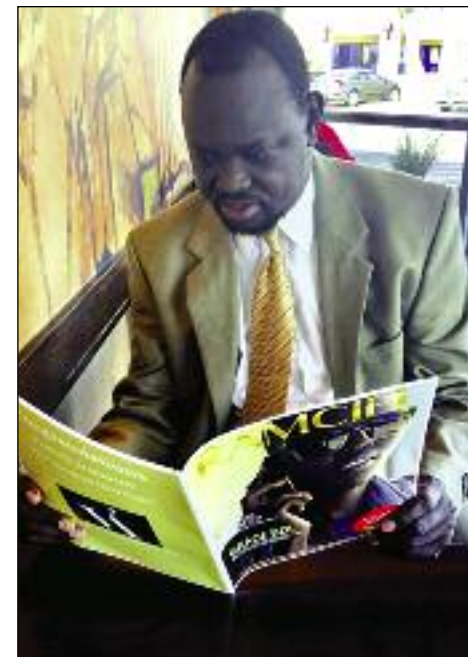
Atem wanted to tell the story of his people, his country, and their struggle. "I wanted to tell that story not just to the rest of the world but to our people. I believed then—and believe even more strongly today—we have to share the stories of our struggles and successes." Atem eventually came to America with the assistance of Catholic Charities, where he was placed in a foster home in Phoenix. He continues to reside in the North Central area.

He found a job and went to school. Eventually he attended Arizona State University, where he earned a Master's Degree in Business Administration. He combined his new degree with his youthful goal, launching an online magazine in December 2017 called *Ramciel*, meaning "intersection" or "meeting point," for the people of South Sudan. *Ramciel* is the name given to an area where four of the states of South Sudan intersect.

The inaugural print edition came out in November 2018. Atem took copies to Juba—the capital city of the Republic of South Sudan—and registered his *Ramciel Magazine* with the Media Authority.

Currently, *Ramciel Magazine* is published in English, which is the most commonly used language among the diaspora (citizens of South Sudan living abroad). Here in Arizona, there is a Sudanese/South Sudanese population of about 3,000.

Atem hopes to raise enough money to print a second issue, and has started a GoFundPage to aid in that effort.



North Central resident and South Sudan immigrant Deng Atem is seeking the community's help in publishing his new magazine, *Ramciel*, for the people of South Sudan living here and abroad (submitted photo).

Eventually he would like print copies to be available locally in places such as a South Sudanese-owned grocery store in Glendale, Changing Hands Bookstore, Barnes and Noble Booksellers, and other local distribution points.

He hopes to raise enough funds to begin putting together the next print issue in July. To contribute to Atem's goal, visit [www.GoFundMe.com](http://www.GoFundMe.com) and use keyword search: *Ramciel*.

### Madison arts center available to community

The Madison School District recently celebrated the opening of its 24,547-square-foot Center for the Arts, providing a new option to North Central residents wishing to enjoy the performing arts or who are seeking a unique space to host their private events.

Completed in late 2018, The Madison Center for the Arts (located at 16th St. and Missouri Ave.) is a state-of-the-art venue featuring a 900-seat auditorium, a large veranda and a spacious lobby with a 40-foot ceiling. The versatility makes the venue an ideal choice for corporate events, galas, weddings, and other celebrations. Free parking is available in the newly completed four-story parking structure located directly south of the facility.

Private tours are available on a scheduled basis. For more information about the center's programming and the facility, visit [www.themadison.org](http://www.themadison.org) or call 602-664-7778.



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## COMMUNITY

## Nominate a family in need for free HVAC

Chas Roberts, a local family-owned A/C, heating and plumbing provider, is donating two brand new A/C systems, including installation, to two lucky winners as part of its 10th Annual Cool Play Giveaway. Applications are being accepted online through June 30.

People can apply and/or nominate a family or nonprofit that is in need of a new A/C system and may be going through hard times. Nominees must be an Arizona resident.

For more information or to nominate a family or nonprofit, visit [www.chasroberts.com/coolplay](http://www.chasroberts.com/coolplay).

## Celebrate solstice with architectural wonder

Join the Phoenix Public Library for the 23rd-annual Summer Solstice Celebration, 1-3:30 p.m. Friday, June 21 at Burton Barr Central Library, 1221 N. Central Ave.

Herald the first day of summer and the longest day of the year while mar-

veling at the architectural magic of Burton Barr Central Library with its architect, Will Bruder. Watch from the unique vantage point of the Great Reading Room as man-made engineering collaborates with the sun, the most important source of energy for life on Earth, to reveal the moment of solstice.

Enjoy live music, then drop by the Rare Book Room to print a solstice-themed keepsake on the library's authentic 125-year-old printing press. First come, first served.

## Duet seeks volunteers to help during summer

Duet needs volunteers for the summer months and beyond, for its senior clients. The highest demand is providing transportation to the grocery store and to medical appointments.

"Many of our volunteers are snowbirds and travel during the summer months, but the homebound adults we serve stay in the Valley and are still in need of vital services such as rides to the grocery store and medical appointments," says Sue Reckinger, senior director of Volunteer Services.

Those who are interested in volunteering need to attend an orientation and then can set their own schedule to volunteer. The next volunteer orientations takes place 9-11:30 a.m. Saturday, June 15 at the Duet office, 10000 N. 31st Ave., Suite D-200.

A Level 1 Fingerprint clearance is required to volunteer; instructions and information for obtaining this will be provided at orientation. For more information or to register, call 602-274-5022.

## Amazon partners with MCCCDC for certificate

The Maricopa County Community College District (MCCCDC) will collaborate with Amazon Web Services (AWS), and its AWS Educate program, to create a certificate program enabling tens of thousands of students with the opportunity to pursue tech careers in the cloud computing industry.

The cloud computing program is expected to be available in Spring 2020 for students who attend Phoenix College, with a goal to scale across Maricopa to other colleges. This is part of Amazon's broader workforce development and training initiatives for residents across Arizona.





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## Phoenix VA receives robotic exoskeleton

The Phoenix Veterans Affairs Health Care System on April 30 accepted the donation of an exoskeleton valued at \$200,000, to be used in the rehabilitation of patients with spinal injuries. The gift was made possible by SoldierStrong, a national non-profit organization dedicated to providing advanced medical technologies to veterans.

This donation will help with rehabilitation of veterans with spinal cord injuries, allowing wheelchair-bound veterans to walk. It can be programmed to adjust to each individual user's injuries. Up to eight rehab patients per day can perform their physical therapy in the "suit."

U.S. Army reservist and combat engineer Dan Rose, 34, was paralyzed from the waist down when in 2011 his truck ran over a culvert packed with explosives in Afghanistan. He was told he would never walk again. Undeterred, the Purple Heart awardee began competitive wheelchair sports



Dan Rose, a U.S. Army veteran who was paralyzed by an IED in Afghanistan in 2011, demonstrates how a robotic exoskeleton can help him not only stand, but walk as well (photo courtesy of the Phoenix Veterans Affairs Health Care System).

such as rugby, skiing and sled hockey.

His first encounter with a robotic exoskeleton came in late 2016 during a visit to the Milwaukee VA Medical Center's Spinal Cord Injury Center.

There, he was able to participate in a demonstration of the exoskeleton, trying it on and walking for the first time in years. A few months later, he received a call from SoldierStrong that said he was chosen to receive an Ekso GT exoskeleton.

He was happy to demonstrate how it works during the April 30 presentation at the Carl T. Hayden VA Medical Center—and later that day, throw out the first pitch during the Diamondbacks-Yankees baseball game.

A fan of make-believe characters like Robocop and Iron Man, Rose says, "the fact that this suit is a reality, is amazing. I'm blown away by it."

## Fire ban regulations for preserves in effect

The Phoenix Parks and Recreation Department has initiated its summer ban of open fires in the city's desert and mountain preserves. In consultation with the Phoenix Fire Department, smoking and charcoal fires are included in the ban. Additional information about the ban is available at [phoenix.gov/parks/trails](http://phoenix.gov/parks/trails).

For those using the preserves, the fire ban stipulates the following: Open, wood and charcoal fires are prohibited in any part of Phoenix's preserves, including Camelback Mountain, Papago Park, all areas of the Phoenix Mountains, North Mountain and surrounding areas. The ban does not apply to traditional city parks. Propane or gas grills may be used, but only in established picnic areas.

In addition, smoking outside of enclosed vehicles will continue to be prohibited.

To protect their homes, residents whose property borders the preserves are encouraged to remove dry shrubs, brush and grasses, and trim dead branches from trees within the 10-foot strip of preserve bordering their property. By creating this 10-foot "buffer zone," residents can help to protect their homes from brush fires in the adjacent preserve. Preserve neighbors also should check irrigation lines and pool back-flush hoses to ensure that water is not seeping into the preserve. Outside water sources encourage unnaturally dense vegetation growth, which increases fire risk.

For information about removing vegetation, contact a park ranger by calling 602-495-5458 or e-mail [natural.resources.pks@phoenix.gov](mailto:natural.resources.pks@phoenix.gov).



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COMMUNITY

Pet of the Month  
Tamara is shy,  
but ready to play

After losing their home, Tamara was surrendered to the Arizona Humane Society by her previous family when they had no other options. At just 2-and-a-half years old, the adorable Sharpei mix has had a hard time adjusting while waiting for her future forever family.

Although she lived with other dogs and young children before, Tamara’s experience with other pets and people has been very limited. Because of this, she tends to be timid and can get scared with fast movements and loud noises. The sweet girl has made great strides thanks to the Behavior Team of AHS, but will need a family who is understanding of her need to adjust and go slow.

Tamara can clearly rock a bow headband like no one’s business but can do so much more than that. House and crate-trained, this smart pup also knows sit, stay and will shake your hand. Additionally, once she opens and starts trusting her human friends she is a very goofy girl who loves to play with



Shy and sweet Tamara may need a little time to adjust to her new family, but when she does, she will let her goofy, playful side shine (submitted photo).

tennis balls, Frisbees, squeaky toys and the whole lot—basically, if you can throw it, she will play with it.

Meet beautiful Tamara at the Arizona Humane Society’s Sunnyslope Campus at 9226 N. 13th Ave. Her adoption fee includes her spay surgery, current vaccinations, a microchip and a free follow-up wellness exam with a VCA Animal Hospital. For more information, call 602-997-7585 and ask for animal number 603291, or visit [www.azhumane.org/adopt](http://www.azhumane.org/adopt) to see all animals available for adoption right now.

Tougher penalties  
for animal abusers

Last month Gov. Doug Ducey signed into law what was House Bill 2671, increasing the penalties for animal abusers in this state.

The existing law was updated to include a new section directed at a person who “intentionally or knowingly subjects a domestic animal to cruel mistreatment.” Under the new guideline, “cruel mistreatment” means to torture or otherwise inflict unnecessary serious physical injury on an animal or to kill an animal in a manner that causes protracted suffering to the animal. “Cruel neglect” means to fail to provide an animal with necessary food, water or shelter.

Either of these actions can now result is a class 5 felony charge. A person convicted of a class 5 felony in Arizona faces a presumptive term of two years and an aggravated term of two years and six months in prison. This change means that animal abusers will face stronger penalties in the worst cases of abuse—the ones where abusers intentionally and knowingly inflict

cruel mistreatment. The Arizona Humane Society has worked tirelessly over the last four years to pass this bill.

“Every day, our emergency animal rescue team and trauma hospital see horrific cases of cruelty and neglect,” said Dr. Steven Hansen, DVM, president and CEO of the Arizona Humane Society. “Last year alone, our team responded to more than 7,400 cruelty investigations. Only the most egregious, gut-wrenching few lead to prosecution. The vast majority of animal abusers received an embarrassingly inadequate charge, often pleading to a misdemeanor without jail time or probation.”

With the new section in place, Hansen says prosecutors will now have the necessary tools and option to charge animal abusers with a Class 5 felony, instead of a Class 6 felony—which is often reduced to a misdemeanor.

To report a suspected case of animal abuse, call the city of Phoenix Crime Stop at 602-262-6151; the Maricopa County Sheriff’s Office at 602-876-1681; or the Arizona Humane Society at 602-997-7585, ext. 2073.

# HIGHLAND

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7302 W. Charter Oak • \$300,000  
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COMMUNITY

‘Bottle baby’ fosters sought for kittens

It’s kitten season—again. Did you know that female cats as young as 5 or 6 months can get pregnant? And a female cat can have as many as three litters in a year. Which means that kitten season rolls around more than once.

Right now the Arizona Humane Society is struggling with an over-abundance of kittens who have been separated from their mothers. Unfortunately many people think they are helping by “rescuing” outdoor litters that they believe have been abandoned by their mothers, when in reality the mother just may be out looking for food or water.

Volunteer bottle feeders are needed to help these tiny babies reach the age where they can be weaned. AHS will provide training, food, medication and other supplies for you to care for them in your home until they are old enough to be adopted.

Visit [www.azhumane.org/foster](http://www.azhumane.org/foster) to complete the online orientation and sign up to be a Bottle Baby Foster Hero.

‘Rescue Brew’ coffee aids shelter animals

AAWL, the state’s oldest and largest no-kill animal shelter, has announced its Rescue Brew coffee is now available at all AJ’s Fine Foods locations in Arizona. Proceeds from each bag cover the cost of one homeless animal’s lifesaving vaccines.

Produced by Flagstaff-based Matador Coffee, Rescue Brew is ethically sourced and comes in four roasts: Dark Roast, Sunrise Blend, Full City Roast, and Swiss Mountain Mocha.

Rescue Brew can be purchased at AJ’s for \$11.99. A 12-ounce bag can be purchased at <https://aawl.org/rescuebrew> for \$9.99 plus shipping. Three-pound bags are also available online for \$30.

Your pet may be allergic to its food

Do you have a dog that has a lack-luster appetite, gets frequent skin rashes, or has trouble digesting food? You pet may have a food allergy. Only a few pet food manufactures offer products that are geared toward animals with allergies—and one of them is Zignature.

Zignature uses meat-first, limited ingredient recipes that eliminate allergic ingredients such as chicken, corn, wheat gluten, soy and potatoes. Learn more directly from a Zignature rep 10

a.m.-3 p.m. Thursday, June 6 at Kodi’s Natural Pet Foods, 6058 N. 16th St. The rep will answer questions and provide free samples to test with your pet.

For more information, call Kodi’s at 602-265-0462.

Get your male dog fixed for \$20

This June, Altered Tails offers a “No Father’s Day” \$20 spay surgery for all owned pit bull and pit mixes or Chihuahua and Chihuahua mixes in Maricopa County, ages 3 months to 7 years. This special \$20 rate also includes rabies, DA2PP and Bordetella vaccinations.

Pets must weight at least 3 pounds on the day of surgery. Animals age 5 years and older require pre-surgical blood work at least two business days prior to surgery, at an additional cost.

This special rate at the Barnhart Clinic, 950 W. Hatcher Road, is available by making an appointment; mention the “No Father’s Day” campaign when calling 602-943-7729 or online at [www.AlteredTails.org](http://www.AlteredTails.org). This campaign is based on availability.



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## COMMUNITY

### Community Central

#### Genealogy 101

10:30 a.m.-12 p.m. Wednesday, June 5  
Yucca Library  
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Have you ever wanted to learn about your family's past? Learn how to get started with genealogy using free resources through the library. There will be research time following the class. Bring your own laptop computer or tablet, if possible. Free and open to the public.

#### 'Love Without Limit, Life Without Fear'

7 p.m. Thursday, June 6  
Second Church of Christ, Scientist  
250 W. Bethany Home Road

International speaker Fujiko Signs is a practitioner and teacher of Christian Science healing and a member of the Christian Science Board of Lectureship. The one-hour free talk will be in the auditorium. Enjoy complimentary pizza and salad in the West Wing at 6 p.m.

#### Beading 101

3-4 p.m. Friday, June 7  
Century Library  
1750 E. Highland Ave.

The Century Craft Circle hosts this event, focusing on beading techniques. Participants will begin their own beading project. This is a learning group for crafters ages 13 and older; all levels are welcome. Books and supplies provided.

#### Free Family Sundays

12-5 p.m. Sunday, June 9  
Phoenix Art Museum  
1625 N. Central Ave.  
602-257-1880

If you haven't taken advantage of these free Sunday admission days, this is your last chance until 2020. The event features educational programming, free tours, hands-on activities, collaborations with Phoenix-based artists, and more. This month's theme is "Blue." Admission to the special-engagement exhibition, "Agnes Pelton: Desert Transcendentalist" is discounted to just \$5. Visit [www.phxart.org/events/family](http://www.phxart.org/events/family).

#### Bloomin' Beerfest

7-11 p.m. Saturday, June 15  
Irish Cultural Center  
1106 N. Central Ave.  
602-258-0109

The annual event, which celebrates beer and the James Joyce international Bloomsday, will offer a variety of beers and entertainment as Leopold Bloom, the main character from Irish author James Joyce's novel "Ulysses," is commemorated. There will be readings from the book (adult audiences only), craft beer tastings, live music, a costume contest, and more. Pre-purchase Beerfest tickets and "teetotalers" tickets at <http://www.azirish.org/bloomsday>.

#### 'Arizona's Children & the State Legislature'

6:30 p.m. Tuesday, June 18  
Beatitudes Luther Life Center  
1616 W. Glendale Ave.  
602-510-1544

The Phoenix Branch of AAUW hosts Mary Jo Pitzl, former Capitol reporter for *The Arizona Republic*, who now reports on children's welfare and government. Pitzl will discuss the latest status of children and Arizona's legislature. The program begins after an optional dinner (\$15) at 5:30 p.m. RSVP for the dinner by June 15. Visitors are welcome.



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HAPPY HOUR *with*  
HERSCH

I have long believed that friends and family are of equal importance. It is not a slight to my wonderful family and the amazing amount of support and love they have for me. But I believe one can love their friends without diminishing one’s love of family.

My belief was recently strengthened during a particularly trying time. A dear friend of mine passed at a young age after an arduous battle with cancer. His family’s eulogies were remarkable; capturing his essence and sharing their devotion and love. However, his best friend’s eulogy left an even more lasting impression. Van spoke with such a deep love and understanding of his friend Mike that it will resonate with me forever. Their love did not lessen the love they had for their families. It enhanced it.

Van Vanderhoff, thank you for the authenticity, love and grief you shared. Mike Mandala, thank you for being the light that makes everyone smile and brings people together. You will be missed. Much love to both of you.

\$100 TRIVIA CONTEST

My friend Mike was known for his dancing. What 1990’s sitcom character did he most resemble on the dance floor?

First to answer correctly will get a \$100 gift card to Chula Seafood.

Winner for Last Month – Rod Smith | Last Month’s Answer – La La Land

\*First person to correctly answer the trivia question via email, text or phone call will get a \$100 gift card to Chula Seafood. Winner will be notified via the same channel in which they enter. By entering this contest you agree that if you are the winner your name will be publicly announced in Bay Equity’s North Central News ad next month.

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### TAKING CARE OF BUSINESS



Representatives from the city of Phoenix, including (from left) Councilman Michael Nowakowski and Councilman Sal DiCiccio, paid tribute to the Earnhardt family and its sales team for their business longevity and their community activism (submitted photo).

### Earnhardt family honored by city

Tex Earnhardt, the Earnhardt family, and the entire staff at Earnhardt Lexus recently were honored by representatives of the City of Phoenix Planning Department, Camelback East Village Planning Committee and members of the Phoenix City Council.

The Earnhardt team was gifted with a plaque commemorating the outstanding contributions they have made to the city of Phoenix and Camelback East Village.

Councilman Sal DiCiccio, who represents District 6, spoke about the incredible transformation of the area around Earnhardt Lexus since the Earnhardt family stepped up to relocate their dealership from Scottsdale, and the incredibly positive impact they

have made on Phoenix.

“Before they ever sold a car, Earnhardt invested millions upon millions of dollars in the city of Phoenix. And people forget what a risk it was—no one else was stepping up to do this kind of thing here, and now this area is growing tremendously, with huge new investments all up and down the Camelback corridor.”

Earnhardt Lexus and the Earnhardt family also have aided the local community through their many charitable efforts, including \$240,000 Earnhardt recently donated to Phoenix Children’s Hospital.

“Earnhardt Lexus and the Earnhardt family ... have created over 100 good-paying jobs, transformed a once-blighted streetscape, and continue to work to improve the lives of everyone around them,” DiCiccio said.



City of Phoenix

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## TAKING CARE OF BUSINESS

## Business Briefs

### Gallego holds first State of the City

Kate Gallego is only the second woman in Phoenix's history to be elected mayor (the first was Margaret T. Hance). Hear about Gallego's vision for the city's future during the mayor's first State of the City Address, hosted by the Greater Phoenix Chamber of Commerce, set for 11:30 a.m.-1:30 p.m. Thursday, June 13 at the Sheraton Grand Phoenix, 340 N. 3rd St.

Tickets are \$130 for chamber members and \$170 for non-members. To purchase tickets, visit <https://bit.ly/2JM51uv>. For more information, call 602-495-2182.

### Apple sales lead to large apple donation

Just how much is 16,000 pounds? It's the approximate weight of two adult male hippos, or about 2,500 bricks. It's also the size of a gigantic donation of apples to St. Mary's Food Bank that was made on May 8 from Bashas' supermarkets and FirstFruits Marketing.

A Bashas' semi-truck delivered more than 16,000 pounds of apples to the food bank, located at 2831 N. 31st Ave., as part of a "Take a Bite Out of Hunger" give-back campaign.

FirstFruits Marketing created the Take a Bite out of Hunger campaign to help feed the underserved while bringing attention to the problem of food insecurity in the United States and Canada. This is the second year that Bashas' has participated in the give-back campaign. Bashas' earned the donation—the equivalent of about eight pallets of apples—based on the number of apples it sold in stores across the state during the first quarter of 2019.

### Shed sales in June aid local nonprofit

Urban Shed Concepts, located at 1901 N. 99th Ave., has once again teamed up with the 19North Community Alliance to aid in the organization's community building efforts.

During the month of June, anyone who purchases a shed from Urban Shed Concepts in Avondale can not only feel

great about adding that much-needed extra storage space to his or her home, but in addition, Urban Shed will donate \$100 toward 19North for every shed sold.

It's not the first time that 19North and Urban Shed have worked together. The 19North Community Garden, located at 8215 N. 19th Ave., held its grand opening on March 30, and inside the garden was a nice, solid storage structure. Urban Shed gave 19North a \$1,000 credit toward the purchase of the much-needed shed.

Shannon McBride, executive director of 19North, says she is grateful for the ongoing support from business partners like Urban Shed Concepts, and that any donations received from purchases made in June will go into the organization's general fund to aid all of its programs, including the community garden.

For more information about purchases from Urban Shed Concepts, contact Rachel Oxley at 602-455-1570 or visit <https://urbanshedconcepts.com>.

If you want to learn more about how to become a business partner with the nonprofit 19North Community

Alliance, call 602-677-7797 or e-mail [info@19north.org](mailto:info@19north.org).

### Local company sends employees to clean parks

Crown Castle, the nation's largest provider of shared communications infrastructure, hosted a day of service at Palma Park in Sunnyslope on May 8, as part of its Connected by Good community service initiative.

On a single day, more than 1,880 employees helped revitalize 22 parks in 21 cities, for a total of 9,500 volunteer hours spent enhancing the communities where employees live and work.

In Phoenix, 80 local Crown Castle employees rolled up their sleeves to clean up Palma Park and the 10th and 11th Street basins. To show support, Maricopa County Supervisor Bill Gates, who represents the area, attended and joined employees in their efforts.

"Our employees are enthusiastic about community service, and every year they look forward to our volunteer day dedicated to cleaning up parks across the country," said Jay Brown, president and CEO of Crown Castle.

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## TAKING CARE OF BUSINESS

### Wealth management company comes to Phoenix

Tarbox Family Office, based in Newport Beach, Calif., has opened its Phoenix office at 645 E. Missouri Ave., Ste. 175. The Phoenix office will serve Arizona-based clients with net worth in excess of \$5 million, as well as supporting client service for the California office and serving as the hub for all tax services for Tarbox clients.

Tarbox has brought on several local professionals in the financial services field for its local office, including Matthew Walker of North Central Phoenix, and Erin Itkoe. Walker joined as a partner of the firm and is the head of Tax and Family Office Services. He has significant experience handling complex tax and investment strategies for client families.

Itkoe joined Tarbox as the director of Financial Planning. She has provided comprehensive strategic solutions to a wide range of clients, their families and their related entities throughout her career. Itkoe currently serves as president of the Financial Planning Association of Greater Phoenix.

For more information on the company, call Walker at 602-550-3432 or visit [www.tarbox.com](http://www.tarbox.com).

### Sevensky joins board of Audrey's Angels

Lori Sevensky, senior vice president of Retail Sales and Operations with Desert Financial Credit Union, has joined the Audrey's Angels Board of Directors. Sevensky has been in the financial services industry for over 30 years managing sales, operations, lending and default management.

Founded in 2001, Audrey's Angels is the only nonprofit organization in Maricopa County that provides therapeutic, weekly, live music enrichment programs to a very isolated elderly population (85 percent of the residents receive no outside visitors). The nonprofit also provide music and craft programs to disabled adults in adult day centers.

The elderly that Audrey's Angels serve all suffer from age-related physical or mental disabilities that prevent them from living independently. The social interaction of weekly visits from the Audrey's Angels Music Angels, along with the mental and cognitive stimulation of live music, provides a tremendous emotional and health benefit to these individuals.

### Pepe joins board of Gabriel's Angels

Micalann C. Pepe has been named to the Board of Directors of Gabriel's Angels, a North Central Phoenix-based nonprofit organization whose mission is to inspire confidence, compassion, and best behaviors in at-risk children through pet therapy.

Pepe, an insurance law and business attorney and partner at Jaburg Wilk, said, "I wanted to work with a nonprofit that made a difference in the lives of at-risk children. Being able to see the positive work that certified therapy dogs do helping children build coping skills, learn respect and build trusting relationships with the therapy dog team is inspiring."

Founded in 2000, Gabriel's Angels ([www.gabrielsangels.org](http://www.gabrielsangels.org)) currently provides pet therapy services to 122 partner agencies and serve over 15,000 children annually at no cost to the agencies or children.



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**PENDING**  
**\$480,000**  
7<sup>th</sup> Ave & Butler | 85021  
5 Bed | 3.5 Bath | 3,836 SQFT



7<sup>th</sup> Ave & Maryland | 85013 | \$469,000  
5 Bed | 4 Bath | 2,985 SQFT | 9,370 SQFT Lot  
New plank tile flooring, new interior paint throughout, huge downstairs master suite with ensuite bath and walk-in closet. 1 bedroom with bathroom upstairs, 2 bedrooms plus with ensuite bathrooms downstairs, court yard, updated fixtures throughout, open family room and additional bonus room with fireplace, new carpet, inside laundry, alley access, sport court and storage.



Central Ave & Bethany Home | 85013 | \$640,000  
4 Bed | 2.5 Bath | 2,422 SQFT | Pool | 17,046 SQFT Lot  
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Palmcroft Historic District | 85007 | \$725,000  
4 Bed | 2.5 Bath | 2,605 SQFT | 8,904 SQFT Lot  
Beautiful! Move-in condition remodeled and updated hardwood floors. Huge kitchen island, soft close white shaker cabinets & gas range. Private master suite with vaulted ceiling, spacious master bath with dual sinks, shower, jetted tub & oversized custom walk-in closet. Pella doors & windows throughout, All copper plumbing and electric have all been replaced & newer A/C units.







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6611 N. Central Ave	NEW PRICE	.6339SF	.6BR/4.5BA	\$1,295,000
7339 N. 2nd Ave	IN ESCROW	.6659SF	.6BR/7BA	\$1,299,500
516 W. Rancho Dr	IN ESCROW	.4498SF	.5BR/4BA	\$ 799,000
7102 N. 18th St		.4100SF	.4BR/3BA	\$ 799,900
27 E. San Miguel Ave	IN ESCROW	.2934SF	.3BR/2.5BA	\$ 750,000
5710 N. 10th Ave	IN ESCROW	.3223SF	.4BR/2BA	\$ 699,000
8219 N. 3rd Ave	JUST LISTED	.2774SF	.4BR/2BA	\$ 650,000
1555 E. Ocotillo Rd #19	NEW CONSTRUCTION	.2875SF	.4BR/3.5BA	\$ 645,000
1205 W. Orchid Ln	JUST LISTED	.2376SF	.3BR/2BA	\$ 619,000
8045 N. 7th Ave	NEW PRICE	.2690SF	.3BR/4BA	\$ 599,000
521 W. Mariposa St	JUST LISTED		Triplex	\$ 599,000
1555 E. Ocotillo Rd. #21	IN ESCROW	.2432SF	.3BR/3.5BA	\$ 600,000
1555 E. Ocotillo Rd #1	NEW CONSTRUCTION	.2432SF	.4BR/3.5BA	\$ 599,000
1555 E. Ocotillo Rd #14	NEW CONSTRUCTION	.2432SF	.4BR/3.5BA	\$ 598,000
1555 E. Ocotillo Rd #18	NEW CONSTRUCTION	.2515SF	.4BR/2.5BA	\$ 585,000
1555 E. Ocotillo Rd #17	NEW CONSTRUCTION	.2432SF	.3BR/3.5BA	\$ 580,000
1340 E. Luke Ave	NEW PRICE	.2623SF	.3BR/3BA	\$ 575,000
1555 E. Ocotillo Rd #8	NEW CONSTRUCTION	.2515SF	.4BR/2.5BA	\$ 568,000
7344 N. 14th Dr	IN ESCROW	.3363SF	.5BR/3.5BA	\$ 565,000
1801 W. Stella Ln		.3750SF	.5BR/3BA	\$ 549,500
16 W. Oregon Ave	NEW PRICE	.3310SF	.4BR/3BA	\$ 499,000
812 W. Earl I Dr		.2023SF	.3BR/2.5BA	\$ 475,000
6418 N. 13th Ave	NEW PRICE	.2567SF	.4BR/3BA	\$ 459,000
6627 N. 19th St	IN ESCROW	.1968SF	.4BR/2BA	\$ 425,000
7714 E. Primrose Path	JUST LISTED	.1506SF	.3BR/1.75BA	\$ 425,000
2323 N. Central Ave #1804	IN ESCROW	.1812SF	.3BR/2BA	\$ 399,900
27344 N. 91st Ln	JUST LISTED	.2815SF	.5BR/3BA	\$ 375,000
5637 N. 14th Dr	JUST LISTED	.1621SF	.4BR/2BA	\$ 339,500
8938 N. 18th Ave	NEW PRICE	.1963SF	.3BR/2BA	\$ 329,000
1529 E. Cortez St	NEW PRICE	.2377SF	.5BR/3BA	\$ 299,900
8426 N. Central Ave D	NEW PRICE	.1308SF	.2BR/2BA	\$ 275,000
8000 N. Central Ave. #8	IN ESCROW	.1524SF	.2BR/2BA	\$ 245,000
8241 N. Central Ave #8	IN ESCROW	.952SF	.2BR/2BA	\$ 156,900

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1205 W. Orchid Ln. • \$619,000



521 W. Mariposa • \$599,000



6418 N. 13th Ave. • \$459,000



7102 N. 18th St. • \$799,000



7344 N. 14th Dr. • \$565,000



27 E. San Miguel Ave. • \$750,000

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4842 E Cheryl Dr	\$1,387,749	110 E. Lawrence Rd	\$ 590,000	1205 W Stella Ave	\$ 450,000	715 E. Boca Raton Rd	\$ 292,696
5131 E. Desert Park Ln	\$1,375,000	7010 N. 13th Pl.	\$ 575,000	1022 E. Wagon Wheel Dr	\$ 440,000	619 E. Manzanita Pl	\$ 269,500
3934 E. Crittenden Ln	\$1,210,000	8216 N. 14th St	\$ 575,000	15106 E. Sierra Madre	\$ 425,000	2329 W Berridge Ln	\$ 265,000
115 W. Morten Ave	\$1,100,000	1010 E Pierson Sr	\$ 555,000	1710 E. Palo Verde Dr	\$ 410,000	1828 W Lawrence Ln	\$ 230,000
318 W. Lawrence Rd	\$1,059,000	1321 S. Camellia Dr.	\$ 550,000	7338 N. 11th Way	\$ 350,000	1285 E Maryland Ave #A	\$ 205,000
6111 N 2nd Pl	\$ 940,000	1322 W Frier Dr	\$ 545,000	29 E Butler Dr	\$ 349,000	2919 N Casa Tomas Ct	\$ 175,000
4817 E. Arroyo Verde	\$ 775,000	7603 N. Central Ave	\$ 540,000	5709 N 8th Pl	\$ 344,000	3302 N. 7th St #242	\$ 159,000
31 W. Marlette Ave	\$ 752,000	1940 E. Cactus Wren	\$ 500,000	321 E Hayward Ave	\$ 337,500	257000 N. 16th Ave	\$ 145,000
19 W. Frier Dr.	\$ 715,000	1251 W. Rancho Dr.	\$ 499,000	718 E Boca Raton	\$ 309,036		
11 E. Lamar Rd	\$ 707,440	77 E Missouri Ave #36	\$ 497,500	1102 E Vista Ave	\$ 302,500		



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HEALTHY LIVING

# Health Briefs

## Handzel recognized for chiropractic care

Dr. Jim Handzel, D.C., of the Joint Chiropractic–Camelback was named the 2018 Chiropractor of the Year at the company’s annual conference last month. Handzel was chosen from more than 900 chiropractors in The Joint’s nationwide network of chiropractic clinics.

Based in Scottsdale, The Joint Chiropractic has 34 locations in Arizona that offers no-appointment, no-insurance and no-hassle concierge-style service, and a team of experienced local chiropractic care experts.

Handzel has been with The Joint Chiropractic since 2014 and The Joint Chiropractic–Camelback since 2016.

For more information, visit [www.thejoint.com/arizona/phoenix/camelback-48005](http://www.thejoint.com/arizona/phoenix/camelback-48005) or call 602-753-94455. Hours are 10 a.m.-7 p.m. Monday through Friday, and 10 a.m.-3 p.m. weekends.

## What is causing your dizziness?

There are many causes of dizziness, including BPPV, a condition where dizziness is generated by mal-positioned inner ear crystals. But what if it is something else?

One of the most common causes of dizziness is loss of vestibular function, according to Dr. Dana Day, Au.D., of Arizona Balance and Hearing Aids. Day explains that all people have two organs of balance, which are known as the “vestibular” system, located inside the head on the right and left sides. Dysfunction in this system causes dizziness and imbalance and can be triggered by many things, such as a viral infection.

Common symptoms of vestibular loss including dizziness with quick head movements; turning quickly or with activities requiring bending up and down repetitively; dizziness in busy environments such as the grocery store; and imbalance. The best way to determine the cause, if not related to an underlying

illness, is to visit an audiologist.

Learn more about testing methods and therapies for dizziness at a free program, “Unraveling the Mystery Behind Aging, Vertigo & Dizziness,” set for 10 a.m.-12 p.m. Tuesday, June 18, and again on Thursday, June 20, both in the Family Life Center at North Phoenix Baptist Church, 5757 N. Central Ave. The program will be presented by Day and Dr. Camille Lambert, DPT of Arizona Balance and Hearing Aids ([www.azbalanceandhearing.com](http://www.azbalanceandhearing.com)). The program is free, but an RSVP requested. To register, call 602-551-8404.

## A group to help deal with grief

Are you dealing with the loss of a loved one and struggling to find a way to cope? A Grief Support Group meets 4:30-6 p.m. the first and third Thursdays of the month at Central United Methodist Church, 1875 N. Central Ave.

The group is free to attend and open to anyone seeking support. For more information, contact the church office at 602-258-8048 or [cumc.office@centralumc.com](mailto:cumc.office@centralumc.com).

## Shire joins studio, offers restorative yoga

North Central resident and yoga instructor Gila Shire has joined the team at Ironwood Yoga Studios, 8342 N. 7th St.

Shire, who has taught yoga in the Valley for more than 13 years, will take over the Thursday evening “Restorative Yoga” class, from 7:15-8:30 p.m.

Ironwood offers a variety of yoga classes that allow you to go at your own pace. The studio currently has a two-week unlimited class package of \$39, for new customers only. You can also purchase monthly memberships, 6-, 10- and 12-class packages, or just use the drop-in rate of \$17 for a single class. For more information, visit [www.ironwoodyogastudios.com](http://www.ironwoodyogastudios.com) or call 602-526-5608.

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Recreation Association of Madison Meadows and Simis

RAMMS is a parent run, volunteer organization that was founded in 1961 to provide recreational youth sports opportunities for children in North Central Phoenix. To learn more about RAMMS, please visit us at [www.ramms.org](http://www.ramms.org) or at [www.facebook.com/rammsphoenix](https://www.facebook.com/rammsphoenix)

# 2019-2020 SPORTS SCHEDULE\*

## FALL SPORTS

**FLAG FOOTBALL**  
(GRADES 1-8)  
Registration Opens: 7/9/19  
Evaluations: 8/17/19  
Season Starts: 9/7/19  
Playoffs End: 11/1/19

**VOLLEYBALL**  
**(Girls and Boys Leagues)**  
(GRADES 3-8)  
Registration Opens: 7/7/19  
Player's Clinic: 8/10/2019  
Evaluations: 8/17/2019  
Coach's Clinic: 8/24/2019  
Season Starts: 9/7/19  
Playoffs End: 10/26/19

## WINTER SPORTS

**BOYS BASKETBALL**  
(GRADES K-6)  
Registration Opens: 9/21/19  
Evaluations: 11/2/19  
Season Starts: 12/4/19  
Playoffs End: 2/28/20

**GIRLS BASKETBALL**  
(GRADES K-8)  
Registration Opens: 9/21/19  
Evaluations: 11/2/19  
Season Starts: 12/4/19  
Playoffs End: 2/28/20

## SPRING SPORTS

**BASEBALL, SOFTBALL,  
FARM & T-BALL**  
(GRADES PREK-8)  
Registration Opens: 1/4/20  
Evaluations: 2/1/20  
Season Starts: 2/29/20  
RAMMS Select Tryouts: 4/25/20  
Playoffs End: 5/27/20

**OPENING DAY  
CELEBRATION**  
2/29/20

REGISTER ONLINE AT [WWW.RAMMS.ORG](http://WWW.RAMMS.ORG)

## SUPPORT RAMMS

RAMMS is a non-profit, 501(c)(4) organization that relies on registration fees and sponsorship money to provide quality game venues, uniforms that the players are proud to wear, sports equipment to each team and capital improvements to local schools.

RAMMS is looking for businesses to advertise with us and to sponsor one or more teams. When sponsoring a team, your company name will be displayed on the jersey of your sponsored team. Sponsorships may be tax-deductible.

For more information, please email [sponsorship@ramms.org](mailto:sponsorship@ramms.org).

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• **Come Sing with the Summer Choir!** We will hold morning Summer Choir rehearsals every Sunday from 10:10 – 10:45 a.m. July 7 through August 25

• **Beach Blanket Blast** on Sunday, June 23, 10 a.m. Plan to wear your casual summer clothes, Hawaiian shirts, shorts and sandals. We invite all of you to join the fun fellowship while we serve cake and fruit popsicles.

• **Kids Yoga.** Ages 5 -9, July 7 and July 21, 10 a.m. - 10:50 a.m. A playful introduction to yoga that includes basic poses, relaxation techniques and yoga games for children ages 5 through 9.

• **Knit, Sew, Crochet.** Monday through Thursday, July 15 -18, 10 a.m. to noon. Pre -registration is required. Cost is \$10 per person for the four days. Those sewing must be 10 years or older. Knitters must be 8 years or older.



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### SCHOOL DAYS



Phoenix Christian Cougars Baseball Coach Mark Band, far left, teaches his players not just the game, but life lessons like integrity, morality and a strong work ethic (photo courtesy of Phoenix Christian Preparatory School).

## Band leaves his players with lasting life lessons

The Phoenix Christian Cougars Baseball program won back-to-back AIA 2A Conference state championships in 2017 and 2018 under the leadership of head coach Mark Band, now in his 16th season at PC. To think of three in a row was tempting, especially since the Cougars started the season 19-0 in 2019. Alas, not all ends as planned and Phoenix Christian fell in the quarterfinal of the 2A state tournament, finishing the season 23-4 overall.

Still, the fact that the Cougars have made four straight AIA state tournament appearances more than a little impressive—some may say that Band has created a 2A dynasty.

Band is a Phoenix native who has not wandered far from his roots. After attending Montbello Grade School and Alhambra High School, he continued his education and baseball career at Phoenix College and Grand Canyon University.

Ask Band about his childhood and through a big smile he will tell you about a close community where the summer streets were filled with kids riding bicycles and playing whiffle ball. He fondly remembers his days at Montbello Little League and a PE teacher who mentored a young player into a coach.

Band's coaching philosophy is simple and his words say it best. "Be the best individual player you can be, be the best team you can be. Always give your

best effort, no shortcuts. If you give your best and do your best and somebody else is better than you, then you tip your cap and walk off the field with pride knowing you gave your best."

At Phoenix Christian, Band does not talk to his players about winning. It is more important to him that his boys leave him with characteristics that will serve them for a lifetime, including respect, morality, integrity, strong character and work ethic.

And he's often setting that example for his players. Band cuts his own infield grass or successfully organizes parents and volunteers to do all the "little things" like moving dirt or one of many other small seasonal improvements. The attention to small details has paid big dividends, as the program raises nearly 100 percent of its own operations funds on the small central Phoenix campus located at 1751 W. Indian School Road.

Band's favorite saying can be found on the back of every player's practice jersey: "Little Things Make a Big Difference." And through the wins and losses, his players remember his lessons, even after the final pitch.

## School Briefs GLENDALE UNION HIGH SCHOOL DISTRICT Zylstra, others honored by Governing Board

The GUHSD Governing Board presented Achievement Above All awards to recipients from Thunderbird High



SCHOOL DAYS

School at its meeting on April 17. Every school year, one teacher, student, student group, support staff member and volunteer are honored for outstanding achievement and ongoing commitment to Thunderbird and GUHSD.

Among those honored were senior Danielle Zylstra, who served as a member and president of the National Honor Society and president of the Outdoors Club, orchestra and Key Club. She plans to attend Harvard University in the fall where she will study molecular and cellular biology.

Other recipients included special education teacher Mike Sidebottom, the NJROTC, horticulturist Jesus Ruiz and volunteers Arvid and Natalie Veidmark.

Lockett receives  
Medallion Scholarship

Sierra Lockett of Sunnyslope High School recently was awarded with the ASU Alumni Association Medallion Scholarship. She was one of 37 award winners out of more than 400 applicants.

The Medallion Scholarship is based on leadership, scholarship and service. Awardees receive four-year, renewable scholarships of \$3,600 annually, provided they participate in a mentorship program, contribute volunteer hours, and maintain a satisfactory grade-point average.

WHS future educators  
head to national conference

For the fifth year in a row, Washington High’s Educators Rising was named a Gold level chapter at the

State Leadership Conference, held March 4-6 in Tucson. WHS had the highest number of state champions and 11 students qualified for the National Conference competition, which will take place June 22-25 in Dallas.

Educators Rising regional competitions are performance-based competitive events in which teenage, aspiring teachers demonstrate their knowledge, skills, and leadership in education.

Salas breaks long-  
held discus record

Thunderbird High sophomore Alex Salinas Salas won the gold medal in the discus at the 2019 Track and Field State Championship Meet, throwing a mark of 119’ 2”, a distance that set a new Thunderbird High School discus record that has stood since 1982.

She also earned third place in the shot put, throwing a distance of 33’ 6”.

MADISON ELEMENTARY  
SCHOOL DISTRICT  
Simis second graders  
test out mini solar cars

Madison Simis Elementary Teacher Bonnie McCarthy’s second grade class tested out built-from-kit mini solar cars on the school’s basketball courts during a sunny morning in April.

McCarthy was one of 28 teachers across Arizona who received a mini grant this school year from APS and the Phoenix Suns. The grant program, now its 13th year, helps Arizona teachers

*please see MINI CARS on page 28*

A woman in a white shirt and dark pants stands next to a white Maloney Plumbing service van. The van has the company logo and contact information on its side.

**Woman-Owned ♥ Community Focused**  
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The logo for Signature Home Loans, LLC features the word "Signature" in a large, stylized font above "Home Loans, LLC" in a smaller, sans-serif font.

**Signature**  
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A black and white portrait of a smiling woman with blonde hair, identified as Colleen O'Dowd Cutler.

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Colleen Cutler, Vice President, NMLS# 852437



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A blue sticky note with a white pushpin at the top left corner. The text "We're Hiring!" is written in a casual, handwritten style in black ink.

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**MINI CARS** continued from page 27


bring innovative hands-on science, technology, engineering and math (STEM) learning to students throughout the state.

The students assembled the cars while learning about math and science, and were eager to test them out on April 24. They first came up with hypotheses about how the cars would perform in full sun, partial sun, and shade, and then recorded the results on a graph.

During the solar car project, students also explored how solar energy could be used to develop technological solutions to current transportation challenges.

The 30 solar cars that McCarthy was able to use with her \$750 grant will be shared with other second grade classrooms at Simis next school year, so that each has a turn at the weeklong project and lesson plan.

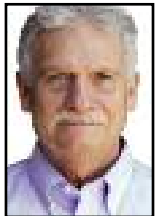

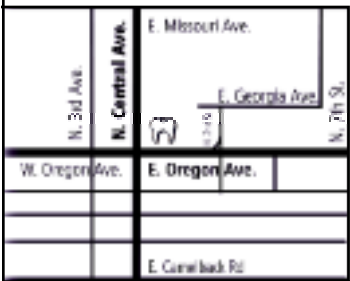
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**OSBORN ELEMENTARY SCHOOL DISTRICT**  
**Longview Elementary receives A+ rating**

The Arizona Educational Foundation's A+ Schools of Excellence program recently named Longview Elementary as one of its 52 designees for the 2018-19 academic year. It was the only school in the Central Phoenix area to receive this designation, and earned the school a \$500 award and a banner to hang. The award is valid for three and a half years.

A+ schools at a minimum must have achieved an A or B in student achievement labels and must have established leadership in a principal present at the school for three or more years.

Longview celebrated its accomplishment with its school community and families prior to the end of the school year.

**PHOENIX UNION HIGH SCHOOL DISTRICT**  
**Students win cash prizes in congressional art contest**

Two North High students last month won awards in Congressman Ruben Gallego's annual Art Competition, out of more than 100



## SCHOOL DAYS

entries from about 20 high schools within his Congressional District boundaries.

Janae Hoskins was second place overall. Her piece will hang in Congressman Gallego's Phoenix office for a year. Marisol Garcia won Honorable Mention "Best in Painting." Both received a cash prize and are enrolled in Julie Peters' Advanced IB Art class.

### Proving their worth as future biz leaders

Twelve Central High Business students attended the Future Business Leaders of America (FBLA) State Conference in Tucson in April. Nitsaye Tovar Medrano and Robsan Jigayo qualified for the Nationals, June 27-July 3 in San Antonio, Texas. Medrano placed third overall with her Business Plan. She had a written report and presentation to complete and had been working on her project since October.

Jigayo will represent Arizona in the Global Business event as the number three competitor. She and her partner, Lizbeth Tapia Maritnez, placed sixth in that category at the state event.

Six students had top-10 finishes, and Central High won first place for chapter scrapbook.

### Students honored by city council districts

Five Phoenix Union and three Camelback High School students were selected as City of Phoenix Outstanding Young Men and Women of the Year for their city council districts. They were honored at a luncheon on May 10 at the Phoenix Country Club. The students were each presented with a check for \$500.

### Dance troupe performs at national conference

Central High School MEChA was honored when its dance troupe, Ballet Folklórico El Movimiento, was invited to perform at the 2019 National MEChA Conference, held on the UCLA camps March 29-31.

The troupe presented a dance choreographed by sophomore Melina Ruano and dedicated to the Zapatista Movement. The Mechistas also had to opportunity to meet historical figures who participated as teenagers in the 1968 East Los Angeles High School "Blowouts" during the Chicano Civil Rights Movement.

### Pitching their own business ideas

Eight students from Camelback's Entrepreneurship program, one student from North and one from Metro Tech pitched to investors at the Young Entrepreneurship Academy's Pitch Night, held at Phoenix College. These students worked all school year learning how to find solutions to problems, start their business, write a business plan and create a pitch deck. In total over \$7,500 was awarded.

The overall winner, Jesse De La Cruz from Camelback High, competed at the National Competition in New York in May for a chance to pitch on AB's television show, Shark Tank. His business idea was organic hair care products for teens, dubbed "The Hair Guy."

### WASHINGTON ELEMENTARY SCHOOL DISTRICT Students receive refurbished laptops

Nearly 100 students from throughout the Washington Elementary School District and their family members were

*please see LAPTOPS on page 30*

## WEEKLY SUMMER CAMPS!!

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### SCHOOL DAYS



Employees of Cox Communications presented families from WESD with free, refurbished Chromebooks and helped them signed up for Cox's Connect2Compete program, which gives qualifying families access to the Internet for just \$9.95 a month (photo courtesy of Cox Communications).

#### LAPTOPS continued from page 29

excited to receive free, refurbished Chromebook laptops on the night of May 13, courtesy of Cox Communications' Sustainable Solutions team.

The 95 computers were distributed to pre-qualified students and their families at an event hosted at Sunnyslope School. Students who qualify for the National School Lunch Program, SNAP, TANF or live in public housing may be eligible for Cox's Connect2Compete's \$9.95 per month Internet service. Those who were not already enrolled in the

program were invited to sign up for the service during the event.

#### PRIVATE AND CHARTER SCHOOLS Touch A Truck fun at Midtown School

The Phoenix Police Department helicopter buzzed the Midtown Primary School campus as the kids yelled and waved, part of a fun and interactive "Touch A Truck" event held April 6.

The Midtown students, families, and neighbors were able to climb into a Swat Mobile Unit, police cruisers, a fire truck, a huge crane, bob cats, a boat, a bus, a Phoenix Water Tech Truck, and even a Bat Mobile.

Many friends, neighbors and businesses all pitched in to provide the kids with fascinating vehicles to explore. SH Engineering brought Big Bertha (a huge crane) all the way from Maricopa. Kevin, the Bomb Squad Dog, napped most of the morning.

In addition to the many vehicles the children were able to explore, there also was a bounce house to jump in, face painting, and other fun activities.

#### SFX names Watson as new principal

Ryan Watson has been named at the new principal at St. Francis Xavier Elementary School, replacing Kim Cavnar, who announced her sabbatical in January.

Watson inherits a school that sees spiritual formation as integrally connected to the academic, social, emotional, and physical development of the whole child.

For the past 11 years, Watson has served in a variety of administrative and leadership roles within the Diocese of Phoenix. Watson will officially take the reins as principal on June 1, 2019.

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Ayala Cordero, Leonardo	Jordan, Hailee	Paul, Christopher
Barajas, Brandon A	Kanter, Alice	Peel, Christopher
Barocio, Matthew	Kea-Armstrong, Sophia R	Perez, Jonathan
Benn, Reilly	Kellner, Gavin	Ramirez, Maximilion
Bowen, Simon	Kobs, Jennifer	Reichert, Andrew
Brantner, Aiden	Kramer, Nathan	Reutter, MacKenzie
Campanelli-Blanco, Joseph	Lee, Jasmine	Rivera, Beatriz
Carrera, Jesus	Lopez, Hugo	Rivera, Valeria
Carson, Noah	Lopez Perez, Carlos S	Robertson, Alexandra B
Casarubia, Cristian	Lovely, Lawrence	Rodriguez, Maria E
Chiago, Roman	Lynch, Ethan	Rowland, Jacob T
Chilel, Jacqueline	Lynch, Jakob	Sanchez Marroquin, Xiomara
Cox, Aidan	Maldonado-Leal, Abraham	Sandoval, Carlos M
Danna, Tatum	Marshall, Alicia	Shumard, Candido R
Del Villar, Angel C	Martinez, Adrina	Silva, Michael J
DeSimone, Benjamin	Mata, Isaiah M	Slater, Quirynn I
Droge, Max	Mateo, Jannifer	Smith, Claire L
Espinosa, Alex	Matthews, Liam	Smith, John S
Farley, Ty-Ray S	McFarland, Gregory S	Sotelo-Espinoza, Manuel
Farris, Edward	Melendez, Raul	Stone, Holland M
Garcia, Vanessa	Melvin, Jay	Tanori, Rosalia N
Garvey, Jonathan	Mercado, Antonio F	Thomas, Jasmine N
Gonzales, Jaime	Mitsui, Nicolas	Thompson, Brendan S
Grier-Tavizon, Lewis	Monarrez, Lesly	Torres, Alan R
Griffin, Aurora	Moreno Quintero, Leonel E	Valdez, Jacob A
Guillen, Alma M	Morris-Sjolund, Drake	Vega, Elijah A
Gutierrez, Raul	Negrete-Cruz, Daniel	Vilchis Arzate, Ian
Hagan, Michael D	Obeid, Alaa	Walter, Matthew V
Holt, Devyn	Ochoa, Bryan	Yocum, Makayla R
Holt-Cooper, Devi	Ochoa, Randy	
Huerta, April S	Ortega Parra, Juan A	

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Please apply at [www.valleylifeaz.org](http://www.valleylifeaz.org)

### SCHOOL DAYS

#### Preschool sees its efforts bloom

Phoenix Christian Preschool students and staff members had great fun preparing garden beds and planting seeds last fall. Just before the end of the school year, as the plentiful spring showers came and went, they were able to see the fruits of their labors.

The students learned about responsibility by taking care of the gardens together. Every Friday, they were able to enjoy the fruits and vegetables they had grown in salads, served alongside slices of pizza.

#### Empower middle school wins soccer championship

Empower College Prep Middle School defeated No. 1-ranked Gateway Academy 6-1 at ASU West on May 4 to become Canyon Athletic Association Division II Soccer Co-Ed State Champions for the second time in five years.

The team survived the semifinals earlier that day, defeating AMS Camelback 7-2 in order to advance to the championship. Two players scored a hat trick, and goalie Isai Ponciano



The co-ed soccer team from Empower College Prep Middle School celebrates its Division II championship (submitted photo). was named top goalie.

The championship is the second for the school this year and comes just six months after the high school won its first Boys' State High School title.

#### MHP student joins Honors Program

Saul Guillen, a sophomore at Madison Highland Prep, has been accepted into the Joaquin Bustoz Math & Science Honors Program at Arizona State University.

Guillen will live on the Tempe campus this summer while enrolled in a university-level mathematics course, attending class six hours per day. Homework will be assigned daily, quizzes twice weekly, tests weekly and students will conduct research to present at a poster symposium.

The program is intended for motivated students who are interested in academic careers requiring mathematics, science, or engineering-based coursework.

#### Hyland named a Flinn Scholar

Caroline Hyland, a senior at Xavier College Preparatory, was one of 20 Arizona high-school seniors named as a 2019 Flinn Scholar. She will receive a scholarship to her choice of Arizona's three public universities valued at more than \$120,000.

Hyland's commitment to education led her to bring clean water to students in Haiti, build a sustainable school garden in Nicaragua, and teach algebra in Spanish to teenagers in Ecuador. She developed her voice and leadership skills through Mock Trial, while also fostering her passion for STEM, specifically biology and computer science.

The award covers the cost of tuition, fees, housing and meals and provides funding for at least two study-abroad experiences plus additional benefits.

# Abuse HURTS US ALL



## Recognize & Report Abuse

### JUNE 15: World Elder Abuse Awareness Day

**If you suspect that a vulnerable adult has been a victim of abuse, call or text**

- Law Enforcement at 911
- Adult Protective Services: 1-877-767-2385 TDD: 1-877-815-8390 | [www.azdes.gov/reportadultabuse](http://www.azdes.gov/reportadultabuse)

## Together We Stand Strong Against Abuse





GENERATIONS

WHS students honored at Beatitudes luncheon

Several students from Washington High recently were recognized at the Beatitudes Student of the Month Luncheon. Throughout the 2018-19 school year, the Beatitudes Campus Community Outreach Committee recognized two students every month as “Students of the Month.” These students exemplified outstanding scholarship, leadership and community spirit.

All 18 students were then honored for their outstanding achievements at the luncheon, held on the retirement center campus at 1610 W. Glendale Ave. In addition, six of the students were awarded with \$500 scholarships.

These scholarships were established by the committee to inspire and empower students to pursue education beyond high school and to help the students accomplish their educational goals.

In 1965, Beatitudes Campus began as a unique kind of retirement commu-



Members of the Beatitudes Campus Community Outreach Committee honored 18 students from Washington High School during a luncheon event held in April (submitted photo).

nity, combining senior living, healthcare and a holistic approach to wellness. The campus has expanded to meet the changing preferences of seniors and their families by adding new services, amenities and residential choices—including many active clubs and special interest groups such as the Community Outreach Committee. For more information, visit <https://beatitudescampus.org>.

Senior Living  
Crafting centerpieces at June’s Memory Café

Jewish Family & Children’s Service presents its monthly Memory Café from 10-11:30 a.m. Thursday, June 6, at Beth El Congregation, 1118 W. Glendale Ave. June’s guest artist is Janina Phinao, who will teach atten-

dees to create unique centerpieces.

JFCS will provide all the necessary materials to create a centerpiece specifically for 4th of July or more generally for summer. Participants are welcome to bring in elements such as artificial flowers or personal items to incorporate as well.

The café is a meeting place for those with changes in their thinking or memory, mild cognitive impairment or dementia due to Alzheimer’s disease or a related disorder, along with their care partners. Coffee and snacks are provided.

There is no charge to attend, but registration is required. To register or for more information, e-mail [Kathy.rood@jfcsaz.org](mailto:Kathy.rood@jfcsaz.org) or call 602-452-4627.

Center helps seniors connect with resources

The Area Agency on Aging has opened AGEconnect on 7th, an Aging Resource Center, at 2950 N. 7th St. for seniors to make connections to community resources and services.

*please see CENTER on page 34*



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## GENERATIONS

**CENTER continued from page 33**

The multi-purpose building, constructed in 1970, was recently updated and renovated “to accommodate the growing needs among our older adult population,” said Area Agency on Aging President and CEO Mary Lynn Kasunic.

Visitors to the first floor Aging Resource Center can access Medicare counseling through the Area Agency’s Benefits Assistance Program and information and connection to community resources from the Senior HELP LINE staff. Care coordinators will provide support and guidance to caregivers. Legal assistance for low-income seniors age 60 and older is available by appointment.

Information about the State Health Insurance Program (SHIP) and Senior Medicare Fraud Patrol also is available. Stop by or call the 24-Hour Senior HELP LINE at 602-264-HELP (4357) to make an appointment. For hard of hearing and deaf individuals, text 520-775-1899.

AGEconnect on 7th is open from 9 a.m. to 3:30 p.m. Monday through Friday. For more information, visit [www.aaaphx.org](http://www.aaaphx.org).

## Kids & Families

### Reading Game begins June 1, win prizes

Summer is a time for students to keep up and strengthen their reading skills before the next school year. It is also a time for adult readers to read for themselves—for a hobby, or just for fun. Phoenix Public Library’s summer reading program allows readers of all ages to fall in love with reading and make reading a habit.

The official start date is June 1, and the Acacia Branch Library, 750 E. Townley Ave., will host a kick-off event 1-4 p.m. Tuesday, June 4, featuring an interactive dance performance (1:30 p.m.), craft stations and more. Families can sign up for the summer reading program at that time.

Earn points and badges, complete challenges, and attend library programs. Prizes include coupons to Peter Piper Pizza and Rubio’s Tacos, as well as free books.

For more information, visit your local library or log on to <https://maricopacountyreads.org>.

### Preschool teaches kids with, without autism

A new preschool that teaches children with and without autism in a trans-disciplinary approach is already seeing positive benefits for its young students.

Young Mind Community Center (YMCC) opened late last year at 3202 E. Mountain View Road. The preschool, for children ages 18 months to 5 years, was founded by Sara Mertel, an early education specialist, and Amanda Wood, a well-known Valley psychologist and respected autism assessment expert.

Wood and Mertel were driven to change early autism intervention in Phoenix. Their mission is to bring together expertise in autism and early childhood education in order to deliver the best possible outcomes for young children—with and without autism.

The school’s highly skilled team includes experts from early childhood education, psychology, behavior analysis, speech and language pathology and occupational therapy.

There are still spots available for the fall term. Learn more at [youngmind-community.org](http://youngmind-community.org) or call 602-237-6653.

### ‘Up With People’ camp returns June 17-21

Up with People Jr., a performing arts summer camp for children ages 8-12, will be offered in Phoenix this month at All Saints Episcopal Day School, 6300 N. Central Ave.

The one-week, co-ed, day camp, affiliated with the international group Up With People, will take place 9 a.m.-3:30 p.m., June 17-21. The cost is \$225 (if an attendee invites a friend, both receive \$25 off the tuition price).

Through a unique combination of education, community service, the performing arts and summer camp fun, campers gain a sense of social responsibility, global awareness, confidence and purpose and the experience of and appreciation for working cooperatively as part of a diverse group.

The camp session ends with campers presenting a professionally produced high-energy public performance, showcasing their talents, cultures and hopes for the world.

For more information or to register, e-mail [phoenix@upwithpeoplejr.org](mailto:phoenix@upwithpeoplejr.org) or visit [www.UpwithPeopleJr.org](http://www.UpwithPeopleJr.org).

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## ARTS & ENTERTAINMENT

### Theater company holds Equity auditions June 3

Arizona Theatre Company is holding general season auditions for Equity actors for the 2019/2020 Season in Phoenix. Auditions will take place on Monday, June 3, from 9 a.m.-12:30 p.m. and 1:30-5 p.m. at the Arizona Opera Center, 1636 N. Central Ave. Enter through lobby.

Appointments are required to audition. Contact Anna Jennings at 520-884-8210, ext. 7508 or [ajennings@arizonatheatre.org](mailto:ajennings@arizonatheatre.org).

Non-equity actors may attend the call but will only be seen if time is available. Additional auditions will be scheduled later for equity and non-equity actors.

Actors must bring a recent headshot and current resume. Actors must prepare two contrasting monologues or one monologue and one song totaling no more than 4 minutes combined.

A piano accompanist will be provided if sheet music is presented. A CD player will also be available with an auxiliary cord to play music from a device.

If necessary, callbacks for specific productions will be held at later dates throughout the season.

ATC requests that local actors unable to attend auditions send a hard-copy headshot and resume to Anna Jennings: Casting, ATC, P.O. Box 1631, Tucson, AZ 85702-1631.

### A & E Briefs

#### 'Single Black Female'

**Black Theatre Troupe**  
Through June 9  
Helen K. Mason  
Performing Arts Center  
1333 E. Washington St.  
602-258-8129

A show of rapid-fire comic vignettes that explore the lives of two African-American middle-class women in urban America. As a English literature professor and a powerful corporate attorney, they keep each other balanced as they face their fears of rejection and their hopes for romance which may be found closer than they ever imagined. Tickets are \$38 plus fees. Visit [www.blacktheatretroupe.org](http://www.blacktheatretroupe.org).

### 'The Chinese Helped Build the Railroad, The Railroad Helped Build America'

Through June 26  
@Central Gallery  
Burton Barr Central Library  
1221 N. Central Ave.

The Transcontinental Railroad was completed on May 10, 1869 when a ceremonial "golden spike" was driven into the rail at Promontory, Utah. The thousands of Chinese immigrants—who worked alongside Irish immigrants, Mormons, Native Americans, Free Blacks and others to lay more than 1,900 miles of track—are honored in a photo exhibit organized by the Chinese Railroad Workers Project at Stanford University, Li Ju, and Monica Yeung Arima; and supported locally by the Chinese American Citizens Alliance—Phoenix Lodge, and the Chengdu and Taipei City Committees of Phoenix Sister Cities. Free and open to the public during library hours.

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ARTS & ENTERTAINMENT

**'Translations'**  
**Artists Reception**

**6-9 p.m. Friday, June 7**  
**Olney Gallery,**  
**Trinity Episcopal Cathedral**  
**100 W. Roosevelt St.**  
**623-826-9912**

Gori Bautista and Armondo Williams grew up worlds apart, though both have a love for comic books—and both started their careers as graffiti artists. They offer two very different “translations” of the world around them. The reception is free and open to the public. The exhibit runs through June 26. Business hours are 9 a.m.-3 p.m. Monday through Friday. Free parking is available for guests in the adjacent garage.

**'Spamilton: An American Parody'**

**June 12-30**  
**Phoenix Theatre**  
**1825 N. Central Ave.**  
**602-254-2151**

From Gerard Alessandrini, the mastermind behind the legendary Forbidden Broadway, comes a sidesplitting new

musical that roasts, eviscerates and celebrates Lin-Manuel Miranda's hit Broadway musical “Hamilton.” Tickets are \$38-\$88, fees included. Visit <https://www.phoenixtheatre.com/calendar>.

**'Freaky Friday: A New Musical'**

**Valley Youth Theatre**  
**June 14-30**  
**Herberger Theater**  
**222 E. Monroe**  
**602-252-8497**

When an overworked mother and her teenage daughter magically swap bodies, they have just one day to put things right again. Freaky Friday, a new musical based on the celebrated novel by Mary Rodgers and the hit Disney films, is a heartfelt, comedic, and unexpectedly emotional update on an American classic. Includes intermission. Tickets are \$20.50-\$39.50 plus fees. Visit [www.herbergertheater.org](http://www.herbergertheater.org).

**'NTL: I'm Not Running'**

**1 p.m. Sunday, June 16**  
**Phoenix Art Museum,**  
**Whiteman Hall**

**1625 N. Central Ave.**  
**602-257-1880**

National Theatre Live (NTL) brings the best of the British stage, via film, to cinemas and museums worldwide. In “I'm Not Running,” Pauline Gibson has spent her life as a doctor, the inspiring leader of a local health campaign. When she crosses paths with her old boyfriend, a stalwart loyalist in Labour Party politics, she's faced with an agonizing decision. What's involved in sacrificing your private life and your piece of mind for something more than a single issue? Does she dare? Tickets are \$15 for museum members and \$18 for nonmembers. (does not include general admission to the museum). Visit <https://tickets.phxart.org/>.

**'The Addams Family'**

**Arizona Broadway Theatre**  
**July 12-28**  
**Herberger Theater**  
**222 E. Monroe**  
**602-252-8497**

It's the ultimate nightmare: daughter Wednesday, the ultimate Princess of Darkness, has grown up and fallen in

love...with a sweet young man from a respectable family! While her parents wonder “Where did we go wrong,” all Wednesday wants is one normal night—but everything is about to change as they host a dinner for her fiancé and his parents. Tickets are \$44-\$73 plus fees. Visit [www.herbergertheater.org](http://www.herbergertheater.org).

**'Mummies of the World: The Exhibition'**

**Through Sept. 2**  
**Arizona Science Center**  
**600 E. Washington St.**

The exhibit features 40 real human and animal mummies and 85 rare artifacts from across the globe. This blockbuster exhibition, arriving in Phoenix straight from Budapest, Hungary, provides a window into the lives of ancient people from every region of the world including Europe, South America and Ancient Egypt, offering unprecedented insights into past cultures and civilizations. Timed-entry tickets required in addition to regular general admission. Visit [www.azscience.org/mummies](http://www.azscience.org/mummies).

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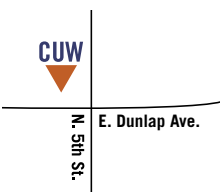


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## FOOD FOR THOUGHT



Scott Snyder, owner and co-founder of Scott's Generations, says the bakery and deli counters bring their own business into the restaurant and deli, and many dine-in customers like to grab a dessert or some smoked fish to take home (photo by Teri Carnicelli).

## Café Chat

**Thirty years—and still going strong**

By Teri Carnicelli

Even though his father, Gene, won't be there to see it, Scott Snyder, co-founder of Scott's Generations, is looking forward to celebrating the 30th anniversary of the business the duo started together. But he won't be celebrating alone, as his "North Central family" of friends and longtime customers prepare to mark the birthday of their favorite New York-style deli and restaurant.

"There's not a lot of us locally owned, family owned restaurants still around, especially after 30 years," Scott points out. "We're pretty proud to say we've made it this long."

Gene and Scott Snyder relocated here from New York in 1988. They opened up Scott's Generations in a strip center at 7th Street and Missouri Avenue in June 1989—30 years ago this month.

Scott recalls that since his dad had two previous delis in the New York area with "Gene" as part of the name, he felt it was Scott's turn to have his name of the business. Particularly since Scott was only 22 years old, and Gene didn't want people to mistake Scott as an "employee" of the business rather than a co-owner.

The father-son pair originally split the responsibilities with Scott in the

back, doing menu and recipe development and the majority of the cooking, and Gene in the front overseeing the deli counter and customer service.

After Gene passed away four years ago, Scott took on the full-time running of the business. And business has been good—particular since the restaurant moved two years ago to a new space in the Madison Village Marketplace at the northeast corner of 7th Street and Glendale Avenue.

Scott explains he took advantage of the move to create the space from the ground up—literally, putting in new floors, new deli cases, new tables and chairs, and more. He even upgraded the business's technology, adding digital menu boards, a digital register, and a private space with A/V hookups and a drop-down screen for business groups to meet in. Most of those technological upgrades and design came courtesy of Scott's son, Ross Snyder, who is president of White Tie Productions in Tempe.

But one thing that hasn't changed is the quality and diversity of the food, from a wide selection of baked treats and deli meats in the cold cases in front, to a breakfast and lunch menu that offers big flavors—and big portions.

The bakery counter sports a generous selection of bagels (great paired with lox) as well as muffins, cookies and pastries, including an East Coast favorite, rugelach. Over in the deli counter, you will find the aforemen-

*please see THIRTY YEARS on page 38*

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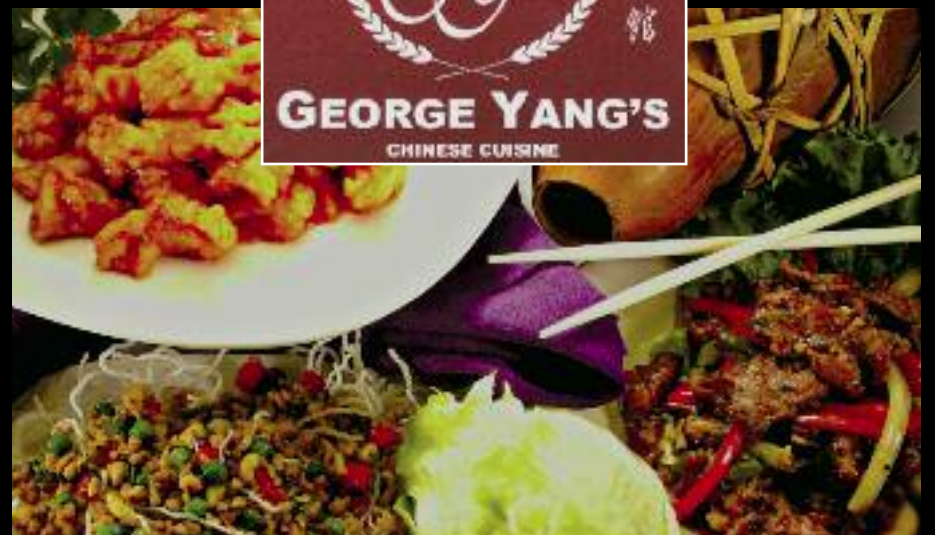


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FOOD FOR THOUGHT

**THIRTY YEARS** *continued from page 37*

tioned lox, along with other smoked and pickled fish, meats, latkes, stuffed cabbage, chopped liver, chicken salad and more. The corned beef and pastrami are house specialties—and customer favorites.

In fact, one of the biggest lunch sellers is the Scottwich, with a pile of pastrami that's not shaved until you order it, Swiss cheese and grilled onions on garlic rye bread. Other top sellers are the Rueben-Rueben, with corned beef, pastrami and sauerkraut, and Mike's Jumbo Philly Cheesesteak. Pair them with New York originals, Dr. Brown's soda (can), a Yoo-Hoo, or a chocolate egg cream.

There are also "healthier" options including a selection of seven different lunch salads (chef, cobb, taco, Greek, etc.), stuffed cabbage, a grilled chicken club, and a knish with a small bowl of soup. Some of the heftier sandwiches can be made more manageable with "The Britt," a half-order of any deli sandwich with a small bowl of soup. There also are two vegetarian sandwich options.

Breakfast also is bustling, particularly since the nearby Paradise Bakery Café was bought by Panera Bread Co.—and then shut down. You will find your usual omelets, skillet and pancakes, along with cheese blintzes, latkes, corned beef and hash, and steak and eggs. The menu also includes gluten-free pancakes and even a gluten-free bagel to enjoy with your lox.

With few other sit-down breakfast options in the neighborhood, Scott sees a lot of business in the mornings. And that business picks up even more on weekends, when Scott's Generations gets a respectable number of orders for delivery via PostMates.

Several mornings a week you will find area groups, from service organizations to book clubs to entrepreneurs needing meeting space, using that private area that seats 35-40 and offers its handy A/V system.

Scott's Generations will pay tribute to its 30 years from June 28-30, featuring daily specials, giveaways and more, during regular business hours. It is located at 742 E. Glendale Ave., Ste. 142. Hours are Monday through Saturday, 6 a.m. to 5 p.m.; and Sundays from 6 a.m. to 4 p.m. For more information, call 602-277-5662 or visit <https://scottsgenerations.com>.

## Dining Briefs

### Lunch sales aid kids fighting cancer

Family-owned Barro's Pizza has teamed up with Pepsi for the fourth year to raise money for children and families affected by pediatric cancer. In June, all Barro's Pizza locations will donate proceeds up to \$40,000 from the sale of any lunch special to the Arizona Cancer Foundation for Children (ACFC), a local nonprofit whose mission is to help Arizona families with the high costs and challenging logistics while caring for their children during cancer treatment.

"Helping others in our community is paramount to our family and our business," said Bruce Barro, owner of Barro's Pizza. "We are constantly looking for ways to make a difference in our community."

During the month of June, Barro's Pizza is encouraging guests to choose from an array of lunch specials starting at 10:30 a.m. daily at all locations, including 15440 N. 7th St. (at Coral Gables), and 3141 E. Indian School



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## FOOD FOR THOUGHT

Road. Lunch hours vary by location. For more information, visit [www.barrospizza.com](http://www.barrospizza.com).

### Spend \$50, get money toward your next visit

In honor of the start of summer, when guests dine in at The Market by Jennifer's Restaurant and Bar, they will receive a \$10 gift card for every \$50 they spend to use on a return visit. The restaurant will even help diners by rounding up to \$50 so they can earn the gift card.

The offer is available through Sunday, June 30 at The Market by Jennifer's Restaurant & Bar, 3603 E. Indian School Rd., Ste A. For information or reservations, call 602-626-5050 or book online at [www.themarketbyjennifers.com](http://www.themarketbyjennifers.com).

### Turn summer harvest into preserved delights

On Saturday, June 8 Match Restaurant and Lounge's Chef Orlando Parker leads a fun summer cooking class that instructs guests on the basics of brining and pickling vegetables.

Upon arrival to the restaurant located on the ground floor of the FOUND:RE Phoenix hotel at 1100 N. Central Ave., guests can enjoy a welcome cocktail as they settle in and soak up the following information: Brining Basics: Turning cucumbers into pickles; Quick Pickling Vegetables—Tequila-pickled onions; Pickling Fruits—Pricked Watermelon; and Creating Sauerkraut.

Class takes place from 10 a.m. to 12:30 p.m. and cost is \$50 per person. Reservations can be made by calling 602-875-8080.

### Pita Jungle adds keto, paleo-friendly items

Pita Jungle, launched in 1994 with a focus on the Mediterranean Diet—before it was universally popular—has introduced a new Seasonal Kitchen Crafts Menu featuring a delicious new selection of modified keto, and paleo-friendly dishes, well nested within the confines of its Mediterranean roots. The menu launched last month and run through September.

The new dishes include: Moroccan Gazpacho; Bone Broth Ramen with

Shirataki; Super Green Nordic Salmon Bowl with wood-fired Norwegian salmon; Mahi Burrito of the Sea; Shaved Korean Beef Cauliflower Tostada; and Avocado Cauliflower Tostada.

New dessert additions include the PJ Green Tea Panacotta with Chia Seeds topped with pistachios, almonds, local honey, blueberries and strawberry, and a Brownie Ice-Cream Sandwich.

Locations include Uptown Phoenix, at 5505 N. 7th St., and downtown at 1001 N. 3rd Ave. For more information, visit <http://www.pitajungle.com>.

### Three years marked with three-course menu

Served all June long, Stock & Stable is celebrating its third anniversary with a 3-Course, \$33 Anniversary Menu. Plus, enjoy complimentary wine pairings and your new favorite summertime treat, housemade cheesecake lollipops, with every Anniversary Menu.

Handcrafted by Chef Joe Absolor, Stock & Stable's Anniversary Menu tempts guests with a surf-and-turf culinary adventure combining Hawaiian blue prawns and Prime NY Angus

Steak for only \$33++ per person.

Appetizer and dessert included. Offered nightly from 3-10 p.m., this is the perfect chance to discover a new seasonal favorite, or simply celebrate with all your favorite Stock & Stable dinnertime dishes.

Stock & Stable is located in The Colony at 5540 N. 7th St. For more information, visit [www.stockandstable.com](http://www.stockandstable.com) or call 602-313-1001.

### Taco house closes as owner seeks transplant

After five years of slinging some of the tastiest Mexican food in Central Phoenix, Mucho Macho Taco on April 27 announced its closure on its Facebook page.

Located at 5341 N. 7th Ave., the restaurant was the passion project of chef/owner Dan Maldonado, a 10-year veteran of the industry and a 2003 graduate of the Scottsdale Culinary Institute.

But Maldonado has been dealing with end-stage kidney failure, and has been going to dialysis three times a

*please see CLOSURE on page 40*

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## FOOD FOR THOUGHT

**CLOSURE continued from page 39**

week for the last year and a half. A former fighter jet mechanic with the U.S. Military, Maldonado is now focusing on getting on the Veterans Administration's transplant list.

According to the Facebook post, "He is unable to run the restaurant and go to the countless appointments required for the transplant. Dan has made the difficult decision to temporarily close Mucho Macho until he gets a new kidney and is able to return to work."

While he waits for his transplant he will still need to support himself, his 17-year-old son, Gabe, and pay medical bills and all the extra costs associated with his condition. So a GoFundMe page has been set up as a way for friends, customers, fellow veterans and more to donate funds to help the family out. For more information, visit the crowdfunding site and use keywords: Dan Maldonado.

### Weekday specials available at Fired Pie

Locally owned and operated fast-casual pizzeria, Fired Pie, wants to get you out of your mid-week slump by

offering weekday specials.

Every Tuesday at Fired Pie is Pizza & Beer night, where guests can enjoy half-priced beer from 4 to 9 p.m. On Wednesdays, celebrate Wine Down Wednesdays through buying any two entrees and two glasses of wine for just \$25 from 4 p.m. to close. Guests may add a Party Pookie for just \$5.

These deals are available at all Fired Pie locations, excluding Fashion Square Mall. Visit [www.firedpie.com](http://www.firedpie.com).

### New chef takes helm at signature T. Cook's

Chef Alex Robinson has taken over as executive chef at T. Cook's, bringing with him an exciting take on Mediterranean cuisine that combines his California sensibility with French techniques.

At 33, Robinson has worked in some of the country's best five-star resort kitchens including The Ritz-Carlton Laguna Niguel, The Ritz-Carlton Chicago; Four Season Resort Jackson Hole, Four Seasons Hotel Denver, Four Seasons Hotel Boston and Four Seasons Resort Scottsdale at Troon North.

"I want to push the boundaries at T.

Cook's and create inspired dishes where every element on the plate, even the garnish, is interesting, compelling and exceptional," Robinson said. "For our new summer dishes, you'll see more seafood options, local ingredients that support our Arizona farmers, and nearly 80 percent of the menu is naturally gluten free."

T. Cook's menu focuses on simple preparations and uncomplicated dishes that honor the regions of Northern Italy, Greece, Spain and Provence. Located at Royal Palms Resort and Spa, part of The Unbound Collection by Hyatt, T. Cook's sits within the heart of the resort's mature, lush nine-acre property at the base of the iconic Camelback Mountain.

For more information on T. Cook's or to book a reservation, call 602-808-0766 or visit <http://tcookspheonix.com>.

### Trapp Haus offers summer specials

Trapp Haus BBQ, 511 E. Roosevelt St., is getting fired up for the summer season with specials, new menu items and more.

Enjoy a \$25.99 Lobster Special including two lobster tails and choice of

two sides (available daily). On Tuesdays, chow down on All You Can Eat Rib Tips for \$15.99. Every Wednesday, guests get one order of Philly Crack Wings free with the purchase of one regularly priced order of wings.

"Slab Saturday" features \$25 Slabs of Ribs all day. Trapp Haus also recently introduced a new Sunday Brunch menu, available every Sunday from 11 a.m. until 3 p.m. and featuring: Smoked BBQ Shrimp and Jalapeño Cheddar Cheese Grits; Homemade Pastrami Hash Topped with egg and cheese; Phil the Grill's Homemade Pancakes with pig candy (bacon); and Hickory Smoked Brisket Gravy with biscuit and an egg any style.

Also on the brunch menu is the Mr. Burns Side Chick—hickory-smoked brisket burnt end over medium egg with smoked provolone cheese on a toasted brioche bun.

Diners can get their Sunday Fundays cranked up with Bottomless Mimosas or Bloody Marys for just \$15.

For more information, call 602-466-5462 or visit [www.trapphausbbq.com](http://www.trapphausbbq.com).

**For local restaurant listings, visit our Dining Guide online at [www.northcentralnews.net](http://www.northcentralnews.net)**

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# UPCOMING EVENTS PRESENTED BY ABHA

## DIZZINESS ... BEYOND BPPV

Tuesday, June 18 • 10 a.m. to noon • Family Life Center • 5757 N. Central Ave. • Room #100

***Please join Dr. Camille Lambert, DPT, and Dr. Dana Day, AuD, as they present***

### ***Part 2: Unraveling the Mystery Behind Aging, Vertigo, and Dizziness.***

**Learn more about the common causes of dizziness beyond Benign Paroxysmal Positional Vertigo (BPPV).**

**Bring your family, friends, and co-workers for this educational opportunity. Light snacks and beverages will be provided.**



**Dr. Lambert**



**Dr. Day**



## HOW HEARING AFFECTS THE HEALTH OF YOUR BRAIN

Thursday, June 20 • 10 a.m. to noon • Family Life Center • 5757 N. Central Ave. • Room #100

**Did you know that dementia, memory loss, depression, and relationship problems are directly linked to hearing loss?**



**How does this affect you and your family?**

***Join Dr. Marvin Lewis, AuD and Dr. Dana Day, AuD, as they explain these critical connections that will change the way you think about your sense of hearing and how you communicate.***



**Dr. Lewis**



**Dr. Day**

### UPCOMING TOPICS

**July:** Huh-What? Why Is My Child Struggling to Hear at School?

**August:** Processing Auditory Information After a TBI/ Concussion - It's a Family Affair

**September:** What is NeuroTechnology™ and How Does It Help With Reducing My Risk for Cognitive Decline?

**October:** Stop Living in Isolation

**November:** Giving Thanks: Patient Appreciation Event

**December:** Give the Gift of YOU!

**January:** Ringing OUT the New Year



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