



north central news

the voice of the north central phoenix community since 1999

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Faith-based groups help amid COVID-19

By Colleen Sparks

The physical buildings where people used to congregate for religious services have been closed but the heart of local churches and other faith-based organizations is beating strongly as its members serve residents in need during the COVID-19 crisis.

Parishioners, staff members and pastors are providing meals, household supplies and masks to anyone lacking these needed items. Many of them also are calling church members to check on their well-being.

Cross Roads United Methodist Church at 7901 N. Central Ave. is seeing more people come to its congregation for the Produce on Wheels With-Out Waste (P.O.W.W.O.W.) program. This Borderlands Produce Rescue program delivers fruit and vegetables to sites around the Valley. Visitors may buy 70 pounds of produce for \$12, said Kimberly Scott, senior pastor at Cross Roads United Methodist Church. Since the Coronavirus pandemic hit, this

please see HELP on page 6



Marguerite Tram, owner of The Purple Lizard boutique, on left, hands a purchase to customer Michelle Lynch. Tram has been providing curbside pickup for customers since the Coronavirus pandemic started (submitted photo).

Local businesses get creative to survive

By Colleen Sparks

The Coronavirus pandemic is cutting into local business owners' profits but they are fighting back with creative, new approaches to delivering products and services while their loyal customers help them stay afloat.

Many businesses in North Central Phoenix and around the state had to close their physical doors in order to comply with orders from Gov. Doug Ducey to try to slow the spread of COVID-19 and keep customers and employees safe. Some that were deemed essential have been able to stay open and others have limped along, limiting the way they serve customers in order to protect their health.

The Purple Lizard, an eclectic boutique, closed its brick-and-mortar presence at 2827 N. 15th Ave., in early March and pivoted to promoting sales on its website and Facebook. Its owner Marguerite Tram frequently posts photos of clothes, accessories and face masks (made by a local artist) her store sells online. Customers who buy items can come to the parking lot to retrieve the items through curbside pickup.

"Once we closed, it's like, now I have to regroup," Tram said. "I lost my voice, my connection. Fortunately for me, we had started a website a little over a year ago.

My husband and I do our website so we realized we just have to throw all our energy into that. I feel like we're finally at a place where we're breathing and saying, 'Okay, I think we've got this pattern down.'"

Initially customers were not used to buying merchandise online so Tram sent them emails encouraging them to shop virtually. She has had the store for 22 years. Tram and her husband, Joe, wear masks and gloves when delivering items to customers via curbside pick-up. Marguerite said sales dropped by about 95 percent when her boutique first closed its physical doors but now it is down about 75 percent.

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COMMUNITY

Nurse raises money to help Navajo Nation

By Colleen Sparks

Lauren Leander is on the frontlines helping patients fight against the Coronavirus as a nurse at Banner University Medical Center but her support and compassion go far beyond Phoenix.

The 27-year-old critical care registered nurse and North Central Phoenix resident has chosen to work in the COVID-19 Critical Care Department, where she spends long hours assisting patients of all ages with breathing tubes connected to ventilators as they struggle to breathe and recover from the deadly virus. Outside of work she and fellow Banner Health COVID-19 nurse Brittany Schilling and two other nurses: Jasmine Bhatti and Jade Juriansz, are organizing a fundraiser through GoFundMe to raise money for the Navajo Nation, which has bit hit especially hard by the Coronavirus. As of late May, more than \$106,000 had been raised through their efforts, above Leander's original goal of raising \$20,000.

Leander said the Navajo Nation is suffering tremendously from COVID-19 as one in five of its residents suffer from diabetes and one in three struggles with obesity, underlying conditions that make the virus especially dangerous. She added many of them do not have running water or electricity in their homes. Leander said the money raised would provide medical supplies, food, water, masks, gowns, gloves and other materials needed to try to keep people on the Navajo Nation safe and help healthcare workers treat patients there.

"They are dying at four times the rate of all other minority groups combined," Leander said. "They make up such a large majority of the people we care for every day. Their struggles weigh heavily on our hearts."

A Sunnyslope High School and Arizona State University graduate, she said GoFundMe officials have been very supportive of the fundraising efforts and she is thrilled to see people from Ireland, Australia, Canada and Thailand donating money to the cause. A nurse for six years, Leander and her fellow healthcare professionals at



Lauren Leander, a critical care registered nurse at Banner University Medical Center works in the unit that treats patients with COVID-19 and she also is raising money to help the Navajo Nation, which has been hit hard by the virus (submitted photo).

Banner University Medical Center have seen many patients who live on the Navajo Nation airlifted to the hospital with COVID-19. One woman in her 20s died of COVID and Leander and the doctor who treated her cried together after she passed.

please see NURSE on page 12

Nominate a Neighbor in Need

We all are struggling with the impacts of the Coronavirus pandemic and recent stay-at-home order as we try to keep our businesses, jobs and sanity intact during these unprecedented times. At North Central News, we are extremely grateful to all of you who have made it possible for us to continue to publish. As a small token of our appreciation, we invite members of the community to nominate an individual or a family in the area who needs a little extra help right now. From your nominations, we'll select five finalists and send each of them a \$100 grocery store gift card.

To nominate someone, write a short paragraph explaining your reasons for the nomination. Please do not identify your nominee by name. Do include your name and either an email address or phone number where we can reach you. If your nominee is chosen, we will contact you for their name and mailing address.

Email your nomination to contest@northcentralnews.net or mail it to North Central News, 1645 E. Missouri Ave., Suite 450, Phoenix, AZ 85016.

All entries are confidential and no names of either the nominators, nominees, or finalists will be made public. Finalists will be selected June 30.



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1645 E. Missouri Ave., Suite 450
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(602) 277-2742 • Fax: (602) 277-6689
www.northcentralnews.net

Publisher **Tara A. Blanc**
Editor **Colleen Sparks**
Sales and Marketing **Joanne Day**
Office Manager **Janice Backus**

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DEADLINE FOR ADVERTISING AND EDITORIAL IS THE 15TH OF THE MONTH PRECEDING PUBLICATION

COMMUNITY

CREATIVE continued from page 1

“To even be 25 or 30 percent where we used to be is amazing,” she said. “I see it growing every day. I think if that continues, I will meet what I was doing in the store.”

She features scarves, soaps, accessories and other items that are easy to ship without getting broken online. Tram does not have employees other than her husband, Joe, so she did not have to worry about how to pay workers.

To order items, visit purplelizardboutique.com or contact Tram at info@purplelizardboutique.com.

Shaneland Arts, a store and gallery that opened in the fall, posts information about art and its gift items via Facebook, Instagram and Twitter. The business at 301 E. Camelback Road closed on March 31 but recently reopened.

Mike Stein, co-owner with Shane R. McCall, said social distancing is in place and in-person classes have been canceled until it is safe to resume them. Shoppers who are not comfortable coming into the store when the general public is there can call to make an appointment.

Shaneland Arts has started selling eclectic face masks and new candles to attract customers. It had to put some employees on furlough but now is able to bring most of them back to work on a regular basis, Stein said.

“We had such a good month in February, then bang, we had to close it,” he said. “For a new business that’s difficult. We’re just really excited to open again.”

Kodi’s Natural Pet Foods at 6058 N. 16th St., has seen about 50 percent fewer customers since the pandemic hit, said owner Rhonda Teel. She provides curbside pickup on request. Teel only has one employee, her grandson, who works there part-time. They both wear masks and she set up a sneeze guard near her cash register.

“I’m working on setting up online orders,” Teel said. “I can’t wait for it (pandemic) to be over.”

To learn more about Kodi’s, visit kodisnaturalpetfoods.com.

Kirk Development Company at 340 E. Caron St. has seen fewer leads on projects since the pandemic started but has stayed open throughout the crisis, said president and co-owner Tom Sertich.

The company, which he and his wife, Julie, own, is a design/build full service remodeling business.

“Some of the subcontractors are short-handed,” Sertich said. “Some of our suppliers are closed.”

The number of leads on projects has decreased by about 50 percent since the COVID-19 crisis started. However, many people still want to have their homes remodeled and the company was in the middle of some projects when the pandemic began. About four jobs that would have started were not begun because the clients did not want the work going on during the pandemic.

Kirk Development’s workers wear masks and gloves when meeting with customers and on job sites and discuss projects with clients over the phone to try to ensure safety. Earlier in the spring Kirk had offered a \$200 restaurant gift card to customers that signed up for work.

To learn more about Kirk Development, visit kirkremodelers.com.

Clearskin Institute of Laser Aesthetics at 3636 N. Central Ave. reopened in mid-May after having closed due to the pandemic. It now is seeing



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COMMUNITY

patients and students for aesthetic training. The business provides injectables and body contouring.

"There was a big financial impact," said Larry Helwig, co-owner with his wife, Jennifer. "We're hoping things turn around quickly."

Employees wear masks and customers call when they arrive for appointments. Staff members take customers' temperatures to make sure they are healthy before their treatments start. Employees constantly wash their hands with hand sanitizer.

To learn more about Clearskin Institute of Laser Aesthetics, visit clearskininstitute.com.

Arizona Comfort Specialists Cooling & Heating at 10631 N. Cave Creek Road has seen a slowdown due to the pandemic and the fact that the weather was nice the first quarter of this year, co-owner John Miller said. However, starting in April the phone started ringing "a lot more," Miller said. He and his wife, Kathi, are co-owners of the business, which provides installations and service repairs of heating and cooling systems, mainly to homes. Technicians wear masks and shoe covers and place mats outside the front doors of homes when visiting for work, Kathi Miller said.

"We have money in reserves," John Miller said. "We've always had that habit over the years. We weathered through the recession pretty decently. This seems to be worse. Now that it got hot (outside) early things started picking up."

To learn more, visit arizonacomfortspecialists.com.

Kelly Clark Automotive Specialists at 1201 E. Glendale Ave., saw a decrease of about 50 to 60 percent in business in April compared to the same month in 2019, said Jesse Garcia, owner and partner in the business. But when the weather heats up, business typically picks up because air-conditioning in vehicles stops working. Kelly Clark did have to release three support staff members but Garcia hopes to bring them back once the shop gets busier again.

Kelly Clark is providing 10 percent off the cost of labor for any first responders and healthcare workers who bring their vehicles there for work.

Garcia said his employees wear face masks when interacting with customers and clean door handles, the credit card machine, counters and other areas of the shop. Workers wrap steering wheels in plastic and drop customers' keys in baggies to protect clients and employees.

To learn more about Kelly Clark Automotive Specialists, visit kellyclark.com.

At Sunland Asphalt & Construction, a national company with its corporate office at 1625 E. Northern Ave., requests for proposals and work orders have slowed down since the pandemic, said Doug DeClusin, founder and CEO. The general contractor does everything from patching parking lots to building bridges and paving city of Phoenix roads.

DeClusin is predicting a slowdown in the fourth quarter of this year and first quarter of next year from the impact of the COVID-19 crisis. That could lead to a decrease in about 40 percent in revenue for Sunland, he said.

DeClusin said all his employees are still working and the company is hiring. His workers wear masks and use hand sanitizer while keeping social distancing.

"We're fortunate because we're an essential business so we haven't been shut down," DeClusin said. "We have (had) a good back log coming into the year. I've got some of the best employees that anybody could have."

To learn more about Sunland, visit sunlandasphalt.com.



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COMMUNITY

HELP continued from page 1

program, offered one Saturday a month at the church, has seen about 430 families a month. That is about twice the number of families that ordinarily visit Cross Roads for the program.

“We’ve been doing it for about a year but the last two months have been the busiest that we’ve seen because of the pandemic,” Scott said in mid-May. “The church was always supposed to be about these types of efforts, giving to the poor, making them our priority.”

Cross Roads members and employees also held donation drives to collect water, food, gloves, masks, diapers and hand sanitizer for the Navajo Nation. The church also has been providing batteries for thermometers, as well as masks, cleaning supplies and other items to Lura Turner Homes, Inc., a non-profit organization that supports adults with disabilities.

Ordinarily Cross Roads volunteers and staff members would visit UMOM New Day Centers, a non-profit organization, to serve meals. Due to COVID-19, Cross Roads has been

donating money to UMOM. The church also has been providing meals to homeless families through the non-profit Family Promise.

Volunteers and employees at Living Streams Church at 7000 N. Central Ave. also have been busy.

The church has expanded the hours of its food pantry to operate it on Tuesdays, Wednesdays and Thursdays, due to demand, said Arthur Le, Living Streams director of operations. It is now available from 9 a.m. to 1 p.m. About twice the number of people who ordinarily come to the pantry for non-perishable food have been showing up since the pandemic.

Volunteers and employees from Living Streams also filled boxes with instant coffee, thank you cards, pens, snacks, compression socks and other items and gave them to about hospital employees. A Living Streams quilters group made masks for healthcare workers and others.

Living Streams invites homeless people to come to the church to use restrooms, charge phones, get water and watch the livestream of services. Its

pastors have been calling church members to see how they are doing.

Beatitudes Church at 555 W. Glendale Ave. also is busy assisting its members and the public. Members of the Beatitudes’ board of directors have been calling single and isolated church members weekly to see how they are doing, said Janelle Tapphorn, communications and pastoral assistant at the church.

Beatitudes also is keeping its Bishops Pantry open to anyone who needs food. It offers non-perishable food from 9 a.m. to 3 p.m. Tuesdays, Wednesdays and Thursdays.

A Beatitudes ministry delivered food the church collected to the Interfaith Community Ministry (ICM) Food and Clothing bank to be distributed to people for Easter.

First United Methodist Church of Phoenix at 5510 N. Central Ave. has expanded its food giveaway from once a week to Mondays through Fridays. Those in need can come to the church between 9 a.m. and 4 p.m. to accept non-perishable food.

The Church of Jesus Christ of

Latter-day Saints, Phoenix East Stake, recently donated hundreds of cases of diapers, baby wipes and baby formula to Jewish Family & Children’s Service (JFCS). These items were distributed to JFCS’ Michael R. Zent Healthcare Center, East Valley Healthcare Center and West Valley Healthcare Center to be given to those centers’ clients. JFCS’ Shelter Without Walls, Real World Job Development and Homebased Services participants also will receive donations.

All Saints’ Episcopal Church & Day School at 6300 N. Central Ave. is helping people in various ways, said Rev. Emilie Finn, associate rector for Mission and Family Ministries. Its prison ministry group wrote messages in Mother’s Day cards it sent to women in prison. Students in the school conducted a virtual lemonade stand, where they collected food to be distributed to St. Mary’s Food Bank.

A pastoral team at All Saints’ has been calling people who live in senior centers or are isolated in their own homes. Other church groups have sewn masks for healthcare professionals and Native American residents.



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Real Estate Corner

Bobby Lieb

Your residential real estate specialist for North Central, the Camelback Corridor, and Paradise Valley.

The local market is here to stay!

Last month I wrote about the impact of Covid-19 on our local real estate market and I stated that I felt the North Central/Biltmore areas would remain strong because most of our sellers live here year round. I have always felt our area will always recover faster because of its central location to the whole Valley, amazing schools, the best retail and restaurants in the valley and proximity to the court houses and hospitals for the lawyers, doctors and nurses living in our 'hood.

I had a listing that I am proud of that just closed in April for \$4.1 million, which is located at 2205 E. Colter St. (in the area of 22nd Street and Missouri). This magnificent home is 11,000 square feet with a large home theater that is situated on 2 acres. This is the most amazingly constructed home that I have ever sold in 28 years. The home was on the market for over a year when we took over the listing. We advertised the home in the North Central News, sent out more than 5,000 postcards, did an amazing video of the home including drone shots, marketed it over all the internet sites and had a large realtor tour visit the home.

We actually had it in escrow in just 3 weeks but it was contingent on the buyer's home in Arcadia selling, which

we had it in escrow for \$2.6 million. Everything was looking good until Covid-19 hit us in March and the buyer for the Arcadia home canceled because of the stock market. Two weeks later I convinced the sellers of the Colter home to purchase the Arcadia home of the buyer that was in escrow because this family loved the Colter home but had to sell the Arcadia home. This time the Colter home closed in April for \$4.1 million and now the sellers of Colter will sell the Arcadia home, which will be a little easier to sell with 5,400 square feet instead of 11,000 square feet.

My point of this month's article is, first of all, to not give up on a sale and, second, sometimes we have to be creative in our marketing strategy to achieve the results we are after. **IT ALSO TAKES A LITTLE LUCK.**

I hope all of you have a safe summer and, most importantly, I hope that all of you who own or work in a local business are back to working again. Congrats to all of our 2020 graduates and much success in moving on to the next level of either school or joining the work force. I am guessing that the last three months will be a time that all of us will never forget!!

Bobby Lieb

Bobby Lieb
Associate Broker
HomeSmart
Elite Group Manager/Founder
5225 N. Central Ave., Ste. 104
Phoenix, AZ 85012
Mobile: 602.376.1341
Fax: 602.996.9141
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COMMUNITY

Assistance League store makes changes

The Assistance League of Phoenix's Thrift Boutique is open again but has made some changes to protect staff members, volunteers and the public due to the Coronavirus crisis.

This non-profit organization has made many changes to meet Centers for Disease Control and Prevention guidelines. Hands-free donations are being accepted so donors will not enter the donation room. Baskets are being given to all donors to put their items in and hand over to the thrift store. All donations brought to the site will be treated with a safe, disinfectant fogger before being organized, priced and placed on the sales floor.

Staff members and volunteers who work with the public and accept donations are wearing face masks and gloves. The organization also is limiting the number of shoppers allowed in the store. Hand sanitizer is available for people to use at the entrance. Door handles will be cleaned with disinfectant every 30 minutes and carts are being cleaned after

every use. Dressing rooms and bathrooms are temporarily closed.

The boutique is open from 10 a.m. to 4 p.m. Tuesdays through Saturdays at 7044 N. 7th St. Assistance League of Phoenix has 140 members and 350 community/corporate volunteers and is affiliated with the national Assistance League. Last year Assistance League of Phoenix members volunteered more than 26,000 hours and raised more than \$1.4 million to assist more than 20,000 children in the Valley. To learn more about the organization, visit alphx.org.

Girl Scouts meet online, do at-home projects

When Diane McDaniel started Girl Scout Troop 4365 four years ago, she never imagined the young members would be meeting through Zoom video meetings today.

But that is exactly what has been happening as the North Central Phoenix troop, a mix of Girl Scout Daisies and Brownies, has been gathering online because of the Coronavirus

pandemic. The girls, first through third-graders, sold more than 4,000 boxes of Girl Scout cookies and were getting ready for their spring encampment and a party to celebrate the end of a successful season when COVID-19 curtailed their activities.

McDaniel and Kat Kahn, who are co-leaders of the troop, have been meeting with the girls online and providing activities to do at home. Girl Scouts – Arizona Cactus-Pine Council has created badges and activities Girl Scouts can do at home or outside including nature walks, the co-leaders said.

"It's been nice because parents can easily lead these activities, safely at home," McDaniel said.

Kahn said the girls were disappointed about not being able to participate in the in-person activities but the online meetings "have been so engaging."

"They appreciate hearing from each other and understanding they are not alone in this," she said.

Kahn said the girls have created a group chat and sent instructions on how to do different activities. They are "so resilient," she said.

Library offers curbside pickup service for books

If you want to check out books and other materials from the Phoenix Public Library, there is a curbside service in effect at all of the city's library locations, except for South Mountain.

This offering is part of the Phoenix Public Library's phase one of a reopening plan. You can put holds on physical materials and pick them up at the curb. The service is available from 8 to 10 a.m. Mondays through Saturdays.

When your items are available, you can to drive to the pick-up spot and follow the posted directions. You do not need to call ahead or make an appointment. Bring your cell phone and library card or account number. When you arrive, stay in your vehicle and call the posted phone number. A library staff member will check out your materials and bring them to your trunk or the rear of your vehicle.

To hold an item or for more information, visit phoenixpubliclibrary.org or call 602-262-4636 from 8 a.m. to 5 p.m. Mondays through Saturdays.

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COMMUNITY

Pet of the Month

Moose is sweet, gentle older dog

Moose is an adorable, sweet and gentle 12-year-old German shepherd mix who was among nearly 10 pups that the Arizona Humane Society cruelty investigator rescued after they were abandoned.

He and the other animals were found in April and are great examples of the 7,400 calls about suspected cruelty that the Arizona Humane Society investigates every year.

Cute Moose was found in relatively good health but since he is on the older side he will need to get help trimming down to a healthier weight to keep his joints healthy. While not much is known about his past, he loves to give big snuggles, play with his two-legged friends and go on walks. Moose is an incredible pup with a lot of love to give and receive. He is the perfect example of a pet given a second chance to have a great life because of those who support Arizona Humane Society.

While all Arizona Humane Society adoption locations were temporarily



Moose is a sweet, gentle 12-year-old German shepherd mix looking for a “fur-ever” home (photo courtesy of Arizona Humane Society).

closed as of press time, the Virtual Adoption Matchmaker Program is available to place pets like him with “fur-ever” families.

Moose’s animal number is 635211. He is one of many wonderful pets you can adopt from the Arizona Humane Society. To learn more, visit azhumane.org/adopt.

Get pets ready for your return to work

When you return to work after having been using home as your office due to COVID-19, your pets might feel more stressed and show undesired behavior, especially for pets adopted during the pandemic.

The Arizona Humane Society’s behavior specialists encourage you to take action now to try to help your furry friends adapt to the new normal.

First, set and keep a consistent schedule for your pets once you return to work. Decide on the frequency and times to walk and feed your pets and keep that schedule.

Practice leaving your pets for short time periods. As your pet’s stress level decreases, slowly increase the amount of time you are away from them until they get used to your absence. If your animal gets anxious or excited when you pick up your keys or put on your shoes, help desensitize them by doing these activities and not leaving the house. Then repeat that process until your pet does not react to those actions.

Keep your pet mentally stimulated by providing puzzle feeders, snuffle mats, chew toys and scent games. Cats might like playing with a wand toy or fake mouse. Set aside time every day to play with your pets.

To learn more pet behavior tips, visit azhumane.org/training.

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My family's time at St. Francis Xavier Elementary School has come to an end. Carter has graduated 8th grade and the ending came with a whimper due to the unique climate we all find ourselves. This ending did not allow us to properly thank this community that has served our family so well for the last 18 years. We are eternally humbled, blessed and grateful for your impact on our boys and our whole family. Thank you for partnering, challenging and asking us to be better versions of ourselves, your confidence in us allowed all of us to grow innumerable. Thank you to the administrators and teachers for shepherding us all these years, we could not ask for a more committed and caring group of individuals. Thank you to the amazing community of parents and children. Accepting our family as part of yours has been so rewarding and uplifting that we will never forget what you have meant to us and will appreciate those bonds forever. As we move excitedly forward and say good-bye to this phase of our lives, we hope we are still allowed to visit on occasion.

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COMMUNITY

NURSE continued from page 3

"This virus was so much bigger than we realized," she said.

Leander said initially healthcare workers thought the virus would mainly affect immunocompromised, older adults but they have seen people in their 20s up to their 70s who have contracted COVID-19. People who ordinarily are considered healthy have become "very, very sick" from the virus, she said.

"When you step foot onto the (COVID-19) unit, it's just absolute chaos," Leander said. "It's loud, it's busy. Our beds are completely full. Our patients are the most labor intensive patients we've ever cared for."

She said because she is young and healthy and does not have children she wanted to take care of COVID-19 patients in the hospital. Leander and other nurses stood silently as a way to represent COVID-19 patients and healthcare professionals as a counter-protest when hundreds of people gathered near the Arizona state Capitol in April pushing Gov. Doug Ducey to end the stay-at-home order that shut down non-essential businesses in March.

She said she greatly appreciates the support of people around the country, who have sent her letters, cards and gifts to thank her for her work.

"It's just amazing," Leander said. "After a really tough shift, I get to come home and open letters that are so uplifting."

To donate to support the Navajo Nation, visit gofundme.com/f/support-navajo-nation.

Esperança to expand education, surgeries

A virtual fundraiser for the non-profit organization Esperança will pay for expansion of health education and a new youth development program, among other services.

The organization raised more than \$68,000 from its first online fundraiser, its Hope Breakfast, last month. More than 250 guests logged in from over 20 states to participate in the 35-minute event, to contribute nearly \$68,500.

The money will be used to offer technological capacity in Phoenix and around the world in order to provide virtual training and coaching for every participant, allow Esperança to hire two more community health educators to support the expansion of health education and a new youth development program. Funds

raised through the virtual breakfast also will be used to support more volunteer surgical teams for seven new missions every year. The two new community educators will work in the Valley and the health education will be expanded in Phoenix through the Future of Hope program. This new program will be designed for at-risk youths. Participants will learn about public health issues in their community and learn how to be role models and advocates.

Because Esperança could not receive a refund on catering for the breakfast, which was going to be in person before the COVID-19 crisis hit, the organization provided four to five days worth of groceries to senior citizens who live in HUD homes.

To learn more about Esperança, visit esperanca.org.

Hospice of the Valley opens a fifth thrift store

Hospice of the Valley recently opened Midtown White Dove, its fifth thrift store, at 2711 E. Indian School Road. The store offers resale furniture, housewares, art, clothes, designer shoes, purses and jewelry in a two-story, freestanding building.

Proceeds from the shops support care for patients and their families without financial means or insurance. The shops operate with few employees, as everyone who processes donations, stages the displays and waits on customers are volunteers. More volunteers currently are being sought for the store on East Indian School Road.

Volunteers and staff members at thrift stores are taking steps to protect the public and themselves during the Coronavirus pandemic. Staff members are wearing masks and gloves and they are urged to wash their hands frequently. The public is asked to bring donations to the stores in boxes and bags. Employees and volunteers help customers with donations while keeping six feet apart. Boxed and bagged donations are kept for several days before they are processed and placed in the stores. Work stations are disinfected every hour.

Another White Dove thrift store is located at 5035 N. 7th Ave. Donations to all stores are taken from 9 a.m. to 5 p.m. Mondays through Saturdays. If you need large items picked up by the White Dove trucks, call 602-274-3683.

To learn more, visit white-dovethrift.org.

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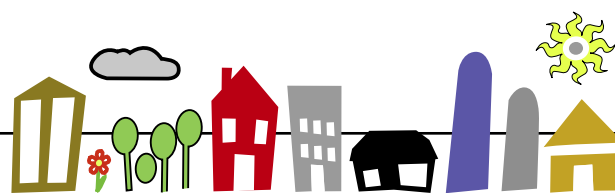
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TAKING CARE OF BUSINESS

Retired firefighter aims to prevent drownings

By Colleen Sparks

When he was a firefighter, Tim Maloney was saddened to respond to child drownings and he knew he wanted to do something to try to prevent these tragedies.

That's why he and his wife, Gina, started their company, Arizona Pool Fence, 20 years ago. Maloney retired as a firefighter for Phoenix Fire Department, where he had worked for more than 20 years and decided to start the business and educate people about drowning prevention.

"If I can educate and do something to provide some type of protection for kids, I'm going to do it," he said.

Arizona Pool Fence, based at 1513 W. Hatcher Road, sells mesh, glass and wrought iron pool fences, as well as mesh pool safety covers and pool safety nets. The business also sells pet fences designed to keep furry friends from wandering into the pool. With children and teens on summer break from school and likely staying home more because of the Coronavirus pandemic, it is even more important to boost safety around pools. Arizona Pool Fence also sells self-closing/latching safety gates.

"I manufacture the self-closing system for sliding doors," Maloney said. "I wanted to be an all-in-one-shop so someone could call us and say, 'Here's my house; can you come over and what do I need to protect my child?'"

He said the premium Textilene mesh pool fence is the most popular one that customers buy. It is made of strong materials proven to last in the extreme heat experienced in Arizona. Tim said he educates families about the importance of a parent or designated adult always watching children when they are in the water and setting up barriers to prevent kids from accessing the pool area without adults there to watch them. Padlock or alarm systems can alert homeowners to when a door is open leading to a pool and automatic closing gates with high locks are good for ensuring young children can't open them.

Arizona Pool Fence donates 10 fences a year to people in need.

Arizona Pool Fence's warehouse on Hatcher is open from 8 a.m. to 5 p.m.

Mondays through Thursdays; from 8 a.m. to 4 p.m. Fridays and by appointment only Saturdays and Sundays. To learn more, visit poolfencesinphoenix.com.

Business Briefs

Local nurse earns Phoenix Children's honor

A North Central Phoenix nurse is in the spotlight for her work helping patients and their families at Phoenix Children's.

Casey Kinney, registered nurse and certified pediatric nurse, received the "Staff Nurse of the Year" award as part of the 16th annual Nursing Excellence Awards. It is a distinction given to a nurse who exemplifies Phoenix Children's values and performs far above the standards to achieve the organization's mission of offering hope, healing and the best possible healthcare for children and their families. Kinney's supervisors and colleagues in the award submission said she has a "consistent, positive, friendly, bubbly energy" and is one of the most knowledgeable nurses on the unit, who is "always willing to learn and teach."

Kinney picks up extra shifts to help with staffing needs and has been the active Unit Based Counsel president for the last year. She has led training with new employees and teamed up with the nursing team and physicians on a quality improvement initiative that emphasizes patient/family-centered care.

Kinney came to Phoenix Children's in 2015 as a new graduate nurse and started working on the GI/Endocrine/Infectious Disease floor, where she discovered her passion for diabetes education. She said she has been lucky to teach new diabetics and care for them in a new capacity as she recently transitioned to the Endocrinology Clinic to work as a diabetes educator.

Nominate leader for ATHENA Awards

Do you know a woman in the Valley who lifts up the community and demonstrates her tremendous positive impact in their industry?

If so, nominate her for the Greater Phoenix Chamber's ATHENA Awards.

please see ATHENA on page 16



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TAKING CARE OF BUSINESS

ATHENA continued from page 14

These honors go to leaders or rising stars in their field. The program has recognized more than 50 women as ATHENAS since its inception. ATHENA winners are successful businesswomen who show excellence in their professional leadership, community service and mentoring of future leaders.

The nominations are due Friday, June 19. To nominate a woman, visit phoenixchamber.com/events/signature-events/athena/athena-awards-nominations. For more information, contact athena@phoenixchamber.com.

Unplug Spot to house interactive play

A new place for children to create and play is coming to North Central Phoenix.

Unplug Spot (A Family Play Center) is expected to open the Fourth of July weekend at 3121 E. Lincoln Drive. It is planning to move into the space that was previously occupied by Moksha Yoga, according to Unplug Spot CEO and owner Tony Lazare. The

business will feature about 4,000 square feet of an open play area, party room and upscale lounge for parents. There will be a jungle-gym-type climber with two levels and slides, basketball hoops, air hockey and a foosball table. A miniature city will be filled with Bruder trucks and cars, as well as a large EverBlock building area where children can build forts and large structures. Unplug Spot also will have a library, art center and Lego Duplo tables.

Customers can pay per visit or through monthly or annual memberships. To learn more about Unplug Spot, visit unplugspot.com.

Chamber event to focus on mental wellness

Transitioning back to work after the quarantine may be tricky but a Greater Phoenix Chamber of Commerce video conference will provide tips related to mental health.

The “WORKWELL: Mental Wellness as we Transition Back to the Workplace” virtual Zoom video conference will be held from 8 to 9:30 a.m. on Wednesday, June 3. Maya Nahra,

founder and president of Nuuaria, a health and wellness company, and a registered dietitian of more than 10 years, will talk about everyday mental health in the workplace. Topics for discussion include what is allowed and what is not allowed on the job, what workers may say and what they may not say in the workplace, politically correct statements and evidence-based research related to mental wellness.

Learn the real sources of stress, anxiety, worry, frustration, overwhelm and depression so that you can address your company’s needs. There will be talks about everyday mental health programs, as well as the critical components that will reportedly ensure success.

To register and learn more, visit phoenixchamber.com.

Retiree launches shoe cover business

A 90-year-old North Central Phoenix woman is living her dream, providing a product she created that is used to cover and protect shoes when it rains or snows.

Nancy Pettibone founded

DisposaBoots after spending her career in the corporate world, traveling for business as the owner of a company that supplied equipment and secretarial services for tenants. She often encountered rain or snow, which sparked the idea for her product.

Pettibone spent the first three years of her retirement working on her concept and creating the patent-pending DisposaBoots, which are made out of a clear, extra strong-puncture-resistant material that is held in place over a regular pair of shoes with an adhesive strip. They come in regular and large sizes and are targeted for women. The products are made in China.

Pettibone says that DisposaBoots comes in handy when unexpected or sudden weather hits. The booties are disposable, biodegradable, transparent, skid/puncture-resistant, and small enough to easily fit into purse or pocket, making it easy to be prepared for any inclement weather. The booties can be worn anywhere there is rain, sleet, hail, or snow.

You can purchase the DisposaBoots at Walmart.com.

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2214 E San Juan Ave	JUST LISTED	3655SF	4BR/3BA	\$ 999,500
11 W San Juan Ave			3226SF	4BR/2.5BA	\$ 975,000
5130 N 6th St	JUST LISTED	3304SF	5BR/5BA	\$ 849,900
1439 E Echo Ln	IN ESCROW	3650SF	5BR/3BA	\$ 799,000
8051 N 15th Ave			3583SF	4BR/4BA	\$ 799,900
724 E Claremont St	JUST LISTED	2500SF	4BR/2BA	\$ 719,000
6522 N 14th St	IN ESCROW	2906SF	4BR/2.5BA	\$ 750,000
6621 N 14th Pl	NEW CONSTRUCTION		3050SF	4BR/3.5BA	\$ 698,500
1404 W Gardenia Ave	JUST LISTED	3753SF	5BR/4BA	\$ 689,900
902 W Claremont St	IN ESCROW	3479SF	4BR/3BA	\$ 660,000
7045 N 7th Ave	NEW PRICE	2368SF	4BR/3BA	\$ 659,000
15368 N 18th St	IN ESCROW	3529SF	4BR/3.5BA	\$ 650,000
216 E Keim Dr	IN ESCROW	2192SF	3BR/2BA	\$ 615,000
1001 E Missouri Ave	NEW PRICE	2750SF	4BR/3BA	\$ 599,000
77 E Missouri Ave #37	IN ESCROW	3575SF	3BR/2.5BA	\$ 595,000
27525 N 113th Pl Lot 6			3.7 acres			\$ 540,000
1029 E Vista Ave			1879SF	2BR/2BA	\$ 475,000
6118 N 9th Ave	IN ESCROW	2054SF	4BR/2BA	\$ 475,000
3137 E Hazelwood St	JUST LISTED	3BR/2BA	1660SF	\$ 429,900
6163 N 28th Pl	IN ESCROW	1488SF	2BR/2BA	\$ 409,900
902 E Kaler Dr			Vacant Lot			\$ 400,000
1636 E Cactus Wren Dr	IN ESCROW	1986SF	3BR/2.5BA	\$ 379,000
1102 W Glendale Ave #125	JUST LISTED	2103SF	4BR/3BA	\$ 369,000
1525 E Cortez Lot	IN ESCROW			\$ 65,000

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1029 E. Vista • \$475,000



1404 W. Gardenia Ave. • \$689,900



6621 N. 14th Pl. • \$698,500



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5450 E Arcadia Ln	\$2,500,000	1002 E Kaler Dr	\$ 726,000	8145 N 13th Pl	\$ 434,000
7020 N. Wilder Rd.	\$2,400,000	5301 N. 6th St.	\$ 675,000	1711 E Solano Dr	\$ 420,000
6020 E. Doubletree Ranch Rd.	\$1,860,000	3853 E. Crittenden Ln.	\$ 675,000	1902 E Coolidge St	\$ 415,000
9824 N 53rd Pl	\$1,700,000	412 E. McLellan Blvd.	\$ 659,000	7340 N. 11th St.	\$ 400,000
10825 N 55th St	\$1,275,000	517 W. Lamar Rd.	\$ 600,000	720 W. Thunderbird Rd.	\$ 369,000
321 E. Pomona Rd.	\$1,250,000	1516 W. Winter Dr.	\$ 585,000	509 W. Missouri Ave.	\$ 339,800
9904 E. Quarry Trail	\$1,050,000	4430 N.22nd St. #13	\$ 550,000	4301 N. 21st St. #61	\$ 335,000
245 E Ashwood Pl	\$ 900,000	534 W. El Camino Dr.	\$ 515,000	7330 N 11th St	\$ 330,000
209 W. Lamar Rd.	\$ 860,000	6811 N 11th Pl	\$ 505,000	732 W. Pierson St.	\$ 301,000
5112 N. 34th Pl.	\$ 784,000	6050 N. 10th Pl.	\$ 502,500	1124 E. Rose Ln. #6	\$ 255,000
719 W Claremont St	\$ 769,000	1312 W Georgia Ave	\$ 445,000	350 W Maryland Ave	\$ 239,000
126 W. North Ln.	\$ 748,840	1525 W Vernon Ave	\$ 445,000	750 E. Northern Ave. #2003	\$ 147,000



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Fitness instructor offers free online classes

By Colleen Sparks

If you are looking for an easy way to get or stay in shape but you're not ready to return to a health club, you can take free, online fitness classes and help support a non-profit organization.

North Central Phoenix resident Christy O'Gara, an instructor at Life Time Biltmore, currently is teaching fitness classes through Zoom. The classes are free of charge but O'Gara asks students if they are interested in donating whatever they would like to Andre House, a non-profit organization that provides a clothes closet, meals, laundry, showers, office services, lockers and other services to help people in need.

O'Gara, a mother of six children, teaches hour-long fitness classes on Zoom for people of all levels at 7 a.m. on Mondays, Wednesdays, Thursdays and Saturdays that she calls F.I.I.T. (Friends In It Together). Students use

weights or water bottles or soup cans and engage in different types of workouts including core exercises and high-intensity interval training. O'Gara said students connect emotionally when they see each other on video in the classes.

"We're stronger together; that's one of my statements," she said. "Maybe there's somebody inside of this Zoom team that needs you and they need to feel supported."

Anyone in the class who donates to Andre House receives a F.I.I.T. sticker. O'Gara aims to keep students having fun including having a "hat day," where they were encouraged to wear hats and a "Wear your favorite T-shirt" day.

She said it is important to stay physically active in order to be healthy during the Coronavirus pandemic. Usually 50 to 60 people participate in the classes.

To take one of O'Gara's Zoom classes, email her at cmogara@gmail.com.

Phoenix Children's resumes treatments

Phoenix Children's hospital and clinics around the state are back in business for in-person services and treatments.

The medical facilities are resuming services for children at the hospital and clinic, including elective surgeries, in compliance with Gov. Doug Ducey's recent executive order. Phoenix Children's has brought back treatments, services and surgical procedures in all its specialty areas to promote healing, relieve pain and improve children's quality of life.

If you had to delay your child's specialist appointment or procedure with a Phoenix Children's provider because of COVID-19, call 602-933-KIDS (5437) to link to your provider and figure out the next steps. To contact a community-based Phoenix Children's Care Network specialty provider, click on the link found at phoenixchildrens.org/covid-19-what-you-need-know/all-services-resume.

If your child has not visited doctor's offices for primary care and sick visits because of the COVID-19, Phoenix Children's encourages you to schedule appointments now, as many illnesses and injuries will worsen without treatment. To find a Phoenix Children's

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pediatrics provider, visit phoenixchildrens.org/services/service-line/phoenix-childrens-pediatrics-locations.

HonorHealth doctors available for multiple needs

While the Coronavirus pandemic has consumed much of healthcare professionals’ time, you still can access other types of medical treatment you or your children need.

HonorHealth Medical Group – Bethany Home at 1515 E. Bethany Home Road, Suite 120, offers comprehensive care for patients of all ages. Dr. Yarden Tahan, a family medicine physician, said if your child is having health issues including a cough, runny nose, fever or shortness of breath, you should first call your doctor. Visiting an urgent care center, including HonorHealth Medical Group – Bethany Home, is an option on weekends or after regular doctors’ office hours.

Tahan said it is important to bring your child for vaccines in a “timely manner,” as recommended by the Centers for Disease Control and

Prevention. Small problems may turn into big problems quickly without “proper evaluation and care.”

For those concerned about their children contracting COVID-19, Dr. Lindsay Baltzer, doctor of osteopathy at HonorHealth Medical Group – Bethany Home, said the best ways to protect yourself and your family from the virus are to “wash your hands, wash your hands, and wash your hands.” Baltzer added it is also important to follow the CDC’s guidelines of keeping at least six feet away from other people and not congregating in groups, as well as wearing a mask when in public places. If you or your child show signs of COVID-19 including a fever, cough or overall feeling of illness, stay home and call your primary care physician or the HonorHealth nurse line at 480-587-6200 to help determine your next steps.

Everyone entering an HonorHealth facility must wear a mask and obtain screening for signs of an infection. Screening includes a temperature check and answering questions. All HonorHealth medical centers are thoroughly cleaned. To learn more about

HonorHealth’s medical facilities, visit honorhealth.com.

Abrazo Health eases visitation policies

Abrazo Health hospitals in North Central Phoenix and around the Valley are relaxing their visitation policy after tightening up rules due to the Coronavirus pandemic.

The hospitals, effective May 13, have started allowing one designated visitor to accompany patients coming to the medical centers for elective procedures or one visitor per patient in the Emergency Department. Visitors will be screened to determine whether they have a fever, respiratory symptoms or have traveled to high-risk locations. They also must wear visitor identification and a face mask and sanitize their hands. Specifically designated waiting areas allow for social distancing for visitors and also include more cleaning measures. Visitors who do not meet the screening criteria will not be allowed to come into the hospital.

These visitation policies are effective for Abrazo Central Campus at

2000 W. Bethany Home Road, as well as Abrazo Arizona Heart Hospital in Phoenix, Abrazo Arrowhead Campus in Glendale, Abrazo Mesa Hospital in Mesa, Abrazo Scottsdale Campus in the Northeast Valley and Abrazo West Campus in Goodyear.

Dr. Brian Hess, Emergency Department physician at Abrazo Central Campus, said the emergency department is still open amid the COVID-19 crisis. Hess urged people not to delay care if they or loved ones have symptoms that may best be evaluated in an emergency room. Broken bones, cuts that might require stitches, shortness of breath, as well as head or eye injuries, are examples of issues that need emergency care. If you believe you or someone else might have had a heart attack or stroke, call 9-1-1.

Abrazo Health facilities have masks, hand sanitizers, hand soap and isolation rooms, as well as space for social distancing, to try to keep patients, staff members and visitors safe during the pandemic.

To learn more about Abrazo Health, visit abrazohealth.com.



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SCHOOL DAYS



Sebastian Asher, a graduating senior at Brophy College Preparatory, participates in the school's senior drive-through parade last month. Graduating seniors also will take part in a drive-in style graduation on June 4 that will be livestreamed (submitted photo).

Seniors graduate in unique ceremonies

By Colleen Sparks

Graduating from high school looks a little different this year because of the Coronavirus pandemic as campuses find creative ways to honor seniors before they begin the next phase of their lives.

Many high schools in North Central Phoenix held or will conduct drive-through/parade-style graduation ceremonies, keeping students and their families a safe distance from others for their protection while still recognizing their achievements.

Brophy College Preparatory will hold a graduation event it compares to a contemporary music festival with a drive-in component outdoors at North Phoenix Baptist Church at 5757 N. Central Ave., visible on a livestream at 7 p.m. on Thursday, June 4. There will be

a festival stage and big screens to allow participants to access sound via their car radio or other devices or to watch from home. Before the big night, each senior, individually or with their immediate family members present, walked through the traditional on-campus graduation site, a fully decorated gymnasium, in a cap and gown to receive his diploma May 27-29 during what was called Diploma Days. A professional photographer took photos of each graduating senior and those photos will be projected at the ceremony June 4.

Xavier College Preparatory was still ironing out details of graduation as of press time, but has a Xavier Gator Senior Crawl planned for Wednesday, June 3. It will be a drive-through, timed celebration during which yearbooks, Awards Assembly envelopes, gifts, flowers, Starbucks gift cards and other items will be given out. There

SCHOOL DAYS

also will be a DJ and music, as well as drop-off stations for students to donate uniforms and books. Everyone will wear masks and keep their social distance with students staying in their vehicles.

In the Phoenix Union High School District, graduating seniors took part in drive-through or drive-in ceremonies. Graduates arrived in their caps and gowns and their families were encouraged to decorate their cars to recognize their students. Music was played, photos were taken and other surprises awaited graduates and their families as their vehicles drove to the graduation zones.

Camelback High School, part of the Phoenix Union district, honored about 450 graduating seniors in a parade that started in the south parking lot and traveled across campus down the fire lane and onto the softball field before ending in the football stadium. In the stadium each graduate walked across the stage to experience a “graduation moment.” Students received their diplomas, gifts and honors during the parade. Teachers, decorations and signs were stationed along the parade route. The ceremony was broadcast on AM radio and live streamed on YouTube. Schools in the Phoenix Union district hosted a fireworks display on May 20.

Glendale Union High School District, which includes Sunnyslope, Thunderbird and Washington high schools, held virtual graduations families could watch on May 20 on the district’s YouTube channel.

ACCEL, a nonprofit organization that educates students with special needs, celebrated its 2020 graduating class with a drive-by parade at North Phoenix Baptist Church last month. About 20 graduating seniors from ACCEL’s three campuses traveled in vehicles with family members while friends and staff members watched from a safe distance. Graduating seniors’ names were called and their vehicles were covered with a special sash.

School Briefs
GLENDALE UNION
HIGH SCHOOL DISTRICT
Washington High grad
receives Flinn Scholarship

Priscilla Villalobos Ixcotoyac, who graduated from Washington High School last month, received the Flinn Scholarship, an award supported by the Phoenix-based Flinn Foundation in partnership with the three state universities in Arizona. It covers the full cost of tuition, as well as mandatory fees, housing and meals, for a value of more than \$120,000.

High schools hold
their own on national list
Nine high schools in the Glendale Union High School District ranked among the United States’ best campuses in *U.S. News and World Report’s* recent Best High Schools ratings, which evaluated almost 18,000 schools
please see LIST on page 24



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SCHOOL DAYS

LIST continued from page 23

based on their performance on state tests and how well they prepare their students for college.

Sunnyslope High School rated number 14 in the Phoenix metro area, 22nd in Arizona and number 1,733 in national rankings. Washington High School was ranked 2,397 nationally and number 38 out of Arizona high schools. It was ranked 25th in the Phoenix metro list. Thunderbird High School was ranked as 2,348 nationally, number 36 in Arizona and 23rd in the Phoenix metro area.

Sunnyslope grad earns National Merit scholarship

Alexis Hatch, who graduated from Sunnyslope High School in May, was selected as a \$2,500 National Merit Scholar from a talent pool of more than 15,000 students who were finalists in the 2020 National Merit Scholarship Program. The recipients were chosen based on accomplishments, skills and the potential for succeeding in rigorous college classes.

MADISON ELEMENTARY SCHOOL DISTRICT Summer feeding underway at two sites

Madison School District Food & Nutrition Services is providing a free summer feeding program for all children under 18 years old through July 31. The program is offered from 7:30 to 8:30 a.m. for breakfast and from 11:30 a.m. to 12:30 p.m. for lunch Mondays through Fridays. The service is being held at Madison Camelview Elementary School at 2002 E. Campbell Ave. and Madison Park Middle School at 1431 E. Campbell Ave. Youths do not have to be enrolled in a Madison district school or summer program to accept the meals.

Children will be required to eat their meals in the cafeteria during the summer feeding program. Social distancing measures will be followed with a limited capacity allowed in the cafeterias in order to try to ensure children and employees' safety. If the cafeterias have hit capacity, participants will be asked to wait or go to an alternative feeding location.

Parents' input sought as district plans reopening

The Madison School District recently sought feedback on plans to reopen campuses during the next academic year through a survey emailed to parents and family members to seek information to help it steer its reopening plan.

According to a letter to parents posted online by District Superintendent Kenneth Baca, district administrators and the governing board are working on a detailed plan focused on ensuring "the safety and wellbeing of students and staff without compromising the high quality of education you have come to expect." Baca said the district is planning for the 2020-21 school year to start Tuesday, Aug. 11 but the COVID-19 crisis could delay that opening.

OSBORN ELEMENTARY SCHOOL DISTRICT District to offer Montessori program

The Osborn district will launch a Montessori program in the next school year, giving parents more options for

young children. The program will serve children ages 3 to 5 years at Montecito Community School at 715 E. Montecito Ave.

In this self-paced, student-led program that teachers guide, students will learn responsibility, integrity and global citizenship while complying with state standards. Students follow their own curiosity, moving at their own pace and taking time needed to completely understand every concept and meet individualized learning goals.

Applications are being accepted for children who will turn 3 years old on or before Aug. 3 or turn 4 or 5 years old by Sept. 1.

To learn more about the program and apply, contact Romina Flores at 602-707-2014 or at rflores@osbornsd.org.

PHOENIX UNION HIGH SCHOOL DISTRICT Summer classes are available online

Incoming freshmen through seniors in the Phoenix Union High School District are still learning through the many, different summer school classes offered online.

The district offers tuition-free summer school credit recovery opportunities for existing students, as well as a free Freshman Academy for future district students. Online summer school classes are provided in math, English, history, health, science and other subjects through June 25. They are held online between 8:30 a.m. and 1:30 p.m. Current students may contact their school counselors to register for the classes. Future freshmen and current students may request enrollment in summer classes online at phoenixunion.org/summerschool.

To learn more, email summerschool@phoenixunion.org or call 602-764-0020.

Assistant principal will take top spot at Camelback

James Arndt, who has been assistant principal of Student Opportunity at Camelback High, will take the reins at Camelback High School, starting July 1. Current principal Dana Cook is transitioning to the director of Portfolio Management position in the Phoenix Union High School District office.

Arndt plans to start a freshmen "house" system in which ninth-graders

please see PRINCIPAL on page 26

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 LUIS VILLANUEVA	 RYAN WEISS	 ISAIAH ZAMORA	 TIANWEI ZHAO				

Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity. – 1 TIMOTHY 4:12



Phoenix Christian
PREPARATORY SCHOOL

SCHOOL DAYS

PRINCIPAL continued from page 24

are divided into separate academies or teams and given opportunities to connect to the school and build relationships. They also will play sports, complete community service work and engage in other projects. Block scheduling, where students stay in classes that are twice as long as usual two days a week, will also begin in the next school year under Arndt’s leadership.

WASHINGTON ELEMENTARY SCHOOL DISTRICT
Pick up STEM kits for summer learning

The Washington Elementary School District is providing 2020 Summer Academy-To-Go STEM learning kits so that district students still can engage in science, technology, engineering and math (STEM) projects from the safety of home. Kits will be distributed each Monday from June 1 to June 18. Every registered student will receive three weeks worth of hands-on STEM projects that include math, reading and social-emotional

learning extension activities. District teachers will provide online support to students. Registered students can pick up a Chromebook to use for the lessons on June 1.
To learn more about the STEM learning kits, call 480-244-5455 or email Melanie Van Wagner at Melanie.VanWagner@wesdschools.org.

PRIVATE AND CHARTER SCHOOLS
Xavier, Brophy students set run to help community

Xavier College Preparatory junior Jamie Stelnik and Brophy College Preparatory juniors Jackson Moran and Charlie Fallon are lacing up their tennis shoes and asking the public to do the same to help people impacted by COVID-19.
The students have organized The Arizona Run for COVID-19, which will benefit The Society of St. Vincent de Paul’s COVID-19 Emergency Relief Fund. It is a virtual run, meaning people can run on their own outside or on a treadmill or just make a financial donation through June 12. The dona-

tions will pay for to-go meals from St. Vincent de Paul’s charity dining rooms and food boxes for families in need. It also will help people pay their rent and utility bills if they have missed paychecks and covers telemedicine for uninsured residents, as well as hygiene kits and shelter for those struggling.
A suggested \$15 donation will go to St. Vincent de Paul’s COVID-19 fund.
To learn more and make a donation, visit azrunforcovid.wixsite.com/gorun.

Madison Highland Prep earns STEM-related honor

Madison Highland Prep was recently recognized as a Project Lead The Way (PLTW) Distinguished School for offering broad access to transformative learning opportunities for students through PLTW classes in AP computer science, introduction to engineering, digital circuits, civil engineering and architecture; aerospace engineering and cybersecurity. It is one of 143 high schools around the country to receive this distinction.
The PLTW Distinguished School label honors schools that are dedicated to boosting student access, engagement

and achievement in their PLTW programs. To learn more, visit pltw.org.
St. Francis Xavier holds social distance parade
St. Francis Xavier School held a “socially distanced” parade to celebrate the school year last month. Parents and students stayed in their vehicles and waved, yelled and cheered as they went through the parade route. Teachers and staff members kept at least six feet apart and wore face masks as they held up victory lap flags and posters.

Xavier students earn theater honors

Xavier College Prep students Tatum Allen, Maria Arvizu-Diaz, Grace Dimond, Tessa Gaynor, Nicole Goldman, Grace McGovern, Allison Tichavsky, Eden Tornquist and Sara Watson have received the highest honor from the International Thespian Society.
The distinction is equivalent to working more than 1,200 hours on theater productions. The majority of the award winners worked behind the scenes on shows.

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Join us as we celebrate **60 Years of RAMMS** sports! We welcome all children regardless of skill level, school or previous experience and look forward to continuing to serve our community.

While these are uncertain times, please be assured that RAMMS will be following all recommended guidelines to ensure the safety of our players, coaches and families.

Follow us on social media to stay up-to-date!

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2020-2021 SPORTS SCHEDULE*

FALL.....

FLAG FOOTBALL
(GRADES 1-8)
Registration Opens: 7/11/20
Evaluations: 8/15/20
Season Starts: 9/12/20
Playoffs End: 11/6/20

VOLLEYBALL
(Girls and Boys Leagues)
(GRADES 3-8)
Registration Opens: 7/11/20
Player's Clinic: TBD
Evaluations: 8/15/20
Coach's Clinic: TBD
Season Starts: 9/12/20
Playoffs End: 10/31/20

WINTER.....

BOYS BASKETBALL
(GRADES K-8)
Registration Opens: 9/26/20
Evaluations: 11/7/20
Season Starts: 12/2/20
Playoffs End: 2/28/21

GIRLS BASKETBALL
(GRADES K-8)
Registration Opens: 9/26/20
Evaluations: 11/7/20
Season Starts: 12/2/20
Playoffs End: 2/28/21

SPRING.....

BASEBALL, SOFTBALL, FARM & T-BALL
(GRADES PREK-8)
Registration Opens: 1/2/21
Evaluations: 1/30/21
Season Starts: 2/27/21
Playoffs End: 5/26/21

OPENING DAY CELEBRATION
2/27/21

Visit www.ramms.org for more information and to register.

SUPPORT RAMMS

RAMMS is a non-profit, 501(c)(3) organization that relies on registration fees and sponsorship money to provide quality game venues, uniforms that the players are proud to wear, sports equipment to each team and capital improvements to local schools.

RAMMS is looking for businesses to advertise with us and to sponsor one or more teams. When sponsoring a team, your company name will be displayed on the jersey of your sponsored team. Sponsorships may be tax-deductible.

For more information, please email sponsorship@ramms.org.

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VALLEYLIFE is a non-profit organization that provides programs and services to men, women, and children with developmental disabilities.

Full Time and Part Time Caregivers Needed!

We are currently looking for caregivers throughout the Phoenix metro area including Glendale, Peoria, Phoenix and Scottsdale.

Applicants must pass a background check and drug test. Reliable transportation is required.

Please apply at www.valleylifeaz.org



Senior Living

Keep active, social with free online classes

If you want to get in shape, play games, socialize and unwind, the Foundation for Senior Living has teamed up with televēda to provide free online classes.

FSL and televēda, a Phoenix-based company that aims to fight social isolation among seniors and vulnerable residents, is providing these virtual classes, thanks to funding from Phoenix Suns Charities. The classes came about as senior citizens and others are confined to their homes because of the Coronavirus pandemic.

Classes are offered in Tai chi, meditation, Bingo, brain games, virtual museum tours, lectures from experts around the world, chair yoga, karaoke, dance and other topics. Tom Egan, president and CEO of FSL, said it is important for adults with disabilities and senior citizens to keep active during the pandemic. Many of FSL's clients are dealing with social isolation and missing their regular visits to the organization's Adult Day Health Centers, which had to close for safety reasons due to COVID-19.

The Phoenix Suns Charities' donation also helps FSL's recreational therapists create more ways for clients to stay engaged from home. Caregiver tool kits, tailored to each client's physical and cognitive physical abilities, are being delivered to their homes.

To sign up for classes, contact televēda's 24/7 customer support number at 833-299-1449. You may pick from the monthly classes offered at www.televēda.com.

Area Agency provides household items

A decrease in the number of calls made to the Area Agency on Aging's 24-hour Senior Help Line means there is a limited surplus of items for people who need some household products.

Cleaning supplies, toilet paper and other household materials are available, as supplies last. Mary Lynn Kasunic, president and CEO of Area Agency on Aging, said while the community is not past the worst of the Coronavirus pandemic the slowdown in calls has

allowed the agency to provide more support to those who might not have reached out. The Senior Help Line is a phone number senior citizens can call to find information and obtain resources. Staff members work with callers to determine their needs, how to meet them and to identify the suitable resources or services. Some services and help include home-delivered meals, housing, long-term care, transportation, caregiver assistance, support groups and respite care.

The Area Agency on Aging received more than 16,500 calls over four weeks, starting March 18 and had provided the professional staff to handle the increased number of calls for help. The majority of calls were for seniors seeking food. Area Agency volunteers and staff members delivered almost 1,400 food boxes, arranged for 755 Meals on Wheels deliveries and helped more than 2,200 new clients.

To learn more, contact the 24-Hour Senior Help Line at 602-264-HELP (4357), or toll-free at 888-783-7500. For more information about Area Agency on Aging, visit aaaphx.org.

Kids & Families

Impact Gymnastics offering summer camp

Impact Gymnastics Academy is open and giving children a cool, indoor place to get into shape and play games over the summer.

The academy, located at 7812 N. 12th St., Suite B, is providing full and half-day summer break day camps for children who are at least 4 years old through July 31. Children must be potty trained. The business is closed the week of July 4. Children will learn gymnastics and also participate in games, crafts and other activities. Special guests will visit the campers. Kids do not need gymnastics experience to enroll.

The full day camp runs from 9 a.m. to 3 p.m. and half-day programs will be held from parents' choice of either 9 a.m. to noon or noon to 3 p.m. Children should bring their own sack lunch for the full-day program. Extended-care hours will be offered from 8 to 9 a.m. and 3 to 4 p.m. with a cost of \$20 per hour per child.

GENERATIONS

Advanced daily registration for Impact Gymnastics Academy's full-day summer break camp costs \$70 and the weekly cost is \$325. The advanced half-day daily registration cost is \$50 and the half-day program weekly cost is \$240.

Pre-register your child for the camp online in the parent portal at impactgymnaz.com. To learn more, visit impactgymnaz.com or call 602-870-7574.

Splash into summer with Camp Hubbard

Kids can dive into summer and stay active in sports and games at Camp Hubbard in Sunnyslope.

The camp began May 26 and runs through Friday, July 31, at Sunnyslope High School at 35 W. Dunlap Ave. Drop your children off between 8:20 and 8:30 a.m. and pick them up between 3:30 and 3:40 p.m. Campers will swim; play volleyball, basketball, kickball, dodgeball, capture the flag and other games; participate in archery; and take part in crafts. Different theme-related activities are provided on Fridays including a "summer luau" and "America's pastime," when children and staff members are encouraged to dress up.

Hubbard's day camps run from 8:30 a.m. to 3:30 p.m. with the option of leaving your child for early care from 7:30 to 8:30 a.m. and after-care from 3:45 to 6 p.m.

Children ages 4 and a half, who will turn 5 years old by Dec. 31, through 14 years may enroll in the camp. A full-day, single-day registration costs \$80. The weekly rate is \$285 for the full-day

and \$220 for half-day for a week. Sibling discounts are available.

Camp Hubbard will provide measures to protect the health and safety of children and employees amid the Coronavirus pandemic. Children will stay in small groups with no more than 10 campers per staff member and when possible, groups will do activities in indoor and outdoor spaces to keep them separated. Staff members will take campers and other employees' temperatures with a no-touch thermometer.

To register your child for Camp Hubbard, visit camphubbardaz.com.

Museum providing 'CAMP IN A BOX'

Looking for something fun and educational for your children to do this summer? The Children's Museum of Phoenix is providing its first virtual camp experience, "CAMP IN A BOX," designed for children ages 4 to 10 years old this month and in July.

The museum, like many other organizations around the country, has had to close its physical doors in order to protect visitors and employees because of the COVID-19 pandemic.

"CAMP IN A BOX" has an instructional guide, a schedule, project supplies, art materials and access to virtual content that blends with the camp themes for each week. You can pick up the boxes at curbside at the museum or for \$25 you can have a staff member hand deliver the boxes to your doorstep. The virtual content will feature camp counselors leading children

in different activities including movement, STEM (science, technology, engineering and math) projects, story-time and other lessons. Content will be pre-recorded so campers may work at their own pace.

A museum staff member wearing a mask and gloves will wash every item in the boxes with a disinfectant.

Each "CAMP IN A BOX" costs \$129 per week per box for non-museum members and \$99 per box per week for museum members. To purchase a "CAMP IN A BOX," visit childrensmuseumofphoenix.org/exhibits-and-experiences/camps.

Arizona Science Center offers virtual activities

Arizona Science Center, like many venues, has had to close its doors for in-person visits, but is offering lots of unusual, educational and entertaining activities for families to do online with their children.

The center provides Facebook LIVE demonstrations and instruction online daily. Some recent ones included a demonstration using colored flames with a lesson about fireworks; a staff member doing a frog dissection, an explanation of the "five-finger" story retelling system and a bookmark-making lesson accompanied by an employee reading the book, "Bees, Snails, and Peacock Tails" by Betsy Franco and Steve Jenkins. Arizona Science Center's Teen Advisory Board recently delivered a conversation about mental health on Facebook.

To check out the videos, visit facebook.com/arizonasciencecenter. The Facebook LIVE lessons are provided at 9:30 a.m. and 1 p.m. daily.

Arizona Science Center also has provided many lesson plans on its website for parents to use with their children. Some include "Disney STEAM: The Magic Kingdom – 5 project Based Lessons" for children in grades kindergarten through eighth and "Cyberchase," a 3-D builder math app with dozens of math and computing-based activities you may download.

To view the lessons and videos, visit azscience.org/online-learning/parents.

Kids can flip, tumble and dance at Supercamp

Arizona Sunrays Gymnastics is offering a summer Supercamp, where children can tumble, jump, dance, play sports and move in diverse ways.

Arizona Sunrays' locations at 3923 E. Indian School Road and 15801 N. 32nd St. will offer the Supercamp through Aug. 14. It is for children ages 3 to 13 years old and campers must be potty trained. Activities include gymnastics, dance, yoga, trampoline, Ninja Zone and more.

A week of the camp with children participating in full-day activities costs \$320 and the cost for a week in the half-day program is \$220 per week. Campers should bring a cold, packed lunch if they are in the full-day services.

To register your child in the Arizona Sunrays Gymnastics Supercamp, visit arizonasunrays.com/camps.



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ARTS & ENTERTAINMENT

Create mosaics at MG Studios

Tap into your creative side in person and online at MG Studios.

Located at 4804 N. 7th Ave., the studio reopened last month after the Coronavirus pandemic but is offering small classes to allow for social distancing, owner David Jarvinen said. It also offers online arts classes, which you can take anytime you choose. You can watch the introduction to the workshops and then purchase them. When you log back into the site, the lessons are there in perpetuity.

Besides classes, MG Studios provides in-house projects you can do during open studio time with materials provided. Materials are included in the cost of the project as long as you work in the studio. You also can buy materials as you go, if needed.

MG Studios offers glass, porcelain tiles and other tools for arts and crafts. Staff members are always available to answer questions about products. On occasion, visiting artists from around the United States come to the studio.

To learn more about MG Studios' offerings, visit mosaicguys.com.

The Nash is delivering online jazz classes

Help your budding musician children start the summer on a high note or develop your own musical chops with the online classes offered by The Nash this summer.

The jazz and educational club is providing Summer Jazz Workshops for any student of any age (adult and children) online in order to protect students and staff members due to the COVID-19 pandemic. Students need to have a Zoom account and an iRealPro app on a phone or table to participate in the virtual classes.

The Nash's online Beyond Acoustic Jazz: Technology for Practice, Composition & Performance taught by Adam Roberts will take place from 10 to 11:30 a.m. from Monday, June 1 to Friday, June 5. Students will learn how to use technology in practice including Ableton Live and various apps and in performance. From 1 to 2:30 p.m. June 1-4, The Nash will deliver the Trad Jazz Workshop, which will focus on music

from the New Orleans tradition that Louis Armstrong, Jelly Roll Morton, Sidney Bechet and others made popular.

Other virtual classes include the Bebop Workshop with Mike Kocour June 8-11; the Latin Jazz Workshop with Raúl Yañez June 15-19 and the Odd Meter Workshop with Eric Rasmussen June 22-26. Dennis Rowland will teach the Vocal Jazz Workshop June 29-July 3 and July 6-10. Greg Amerind will instruct students in the Vocal Improvisation Workshop July 13-17. Jazz legend Lewis Nash will take students on an informative journey through his recording career in the Behind the Grooves class from 3 to 4:30 p.m. June 23-24 and July 1.

Tuition varies for the different classes. To register, visit thenash.org.

Fiddler's Dream brings open stage online

While arts and entertainment venues have had to cancel in-person performances because of the Coronavirus, Fiddler's Dream Coffeehouse is keeping the music going with online shows.

The coffeehouse at 1702 E. Glendale Ave. has been closed in order to protect customers, employees and performers, but it is still providing Open Stage Night from 6:30 to 9:30 p.m. Thursdays online. Performers can share their talents with the public via Zoom. Musicians and singers who sign up by 6:30 p.m. will be in the first rotation and those who register after 6:30 p.m. will be added to the list and play in the second round/rotation.

Performers may play either covers or original songs and all are welcome.

Recently longtime Fiddler's Dream Coffeehouse friend Jason Brock created a fundraiser for the business during Open Stage Night. For every song performed, Brock donated \$10 to the coffeehouse.

To watch or participate in Open Stage Night, log in to Zoom at <https://zoom.us/join> and use meeting ID 536-852-805. The password is 027023.

For more information about Fiddler's Dream Coffeehouse, visit fiddlersdream.org or on Facebook at facebook.com/fiddlersdream.



FOOD FOR THOUGHT



Gentry and Tanner Fields and their nine-week-old son, Creager, enjoy a day away from home at Huss Brewing Co. as they are served by Kala Stone (photo by Marjorie Rice).

Café Chat

Restaurants adjust, bounce back from shut-down

By Marjorie Rice

It was a sunny, breezy Saturday afternoon at Huss Brewing Co., and customers filled most of the tables at the Uptown Plaza taproom and patio, sipping beer and downing green chile pork sliders and Sonoran hot dogs, among other savory samplings.

At the entry, general manager Mike Chapman and server Shannon Toohy greeted customers, who could grab a spritz of hand sanitizer and a free face mask, if they wished, on the way to their tables (where more hand sanitizer awaited).

Near the entrance, Tanner and Gentry Fields and their 9-week-old son Creager were enjoying release from the confines of home. And over at the far wall, 10 firefighters were gathered, sprung from the firehouse they shared as a second home.

There were fewer than usual tables, spaced widely apart, and the servers had bandanas to pull up over their faces if customers wished, but in all, it looked familiar and to customers and staff members alike, getting back to normal, even a “new” normal, was a palpable relief.

It's a scene that played out all over the Valley in the last couple of weeks after Gov. Doug Ducey issued an order allowing limited in-house dining as of May 11.

And it will continue in the ensuing month, as restaurants and brew pubs struggle to crawl back into the black after a financially bruising shutdown.

Patios like the ones at Huss, Stock & Stable, Clever Koi and The Vig have been especially popular with customers getting over cabin fever.

Other local favorites that opened for in-house dining include The Macintosh, Ladera Taverna y Cocina, Fired Pie, Macayo's restaurants, Barro's Pizza, and Daily Dose.

While some eateries remained partially open during the shutdown, offering takeout and delivery service, others closed completely, unable to devise a formula that allowed them to offer limited service and still make financial sense. Still others came up with creative ways to bridge the gap until they were able to welcome in-house diners.

Takeout worked especially well for Huss and other pubs, including North Mountain Brewing Co., which closed their kitchens but enjoyed a booming business in takeout from thirsty – and bored – shut-ins.

Los Sombremos, which reopened for dine-in service in May, came up with new menu items and specials for takeout and delivery through the closure, added a temporary drive-through and launched a margarita van and truck service. Like many local spots, it also helped the coming

please see REOPEN on page 32

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FOOD FOR THOUGHT

REOPEN continued from page 31

munity, donating hundreds of burritos and bowls to families in need.

PHX Beer Co. pitched in as well, donating 123 pizzas to HonorHealth nurses, doctors and staff and offering a campaign in April that allowed customers to buy half-price pizzas for donation to hospitals.

Still others saw an opportunity in pop-up stores.

“Closing was really hard for us,” Chapman said. “We went from great business to a completely empty taproom.”

The Huss team knew it would need to be creative and nimble if it were to survive.

“We changed our business model on the fly,” Chapman said. “We did anything we could to stay afloat for those two months. We had curbside and back-alley pickup, and beer delivery. Then we developed a grocery provisions program. Anything that the grocery stores started selling out of, we started selling here. Baking supplies were especially popular. Everybody became a baker, so we sold flour, sugar, yeast, butter – everything for baking. The first day we opened the program we sold 75 pounds of flour in four hours.”

And the breweries kept making beer.

“People were drinking more because they were home more,” Chapman said. “Our brewers said the canning line hadn’t been that busy in nine months.”

Customer loyalty also has been key over the closure period.

“Our customers have been great,” Chapman said. “Over the last three years we’ve developed great regulars, and we would not have stayed afloat without them.”

While many eateries chose to open in-house service after May 11, even if on a limited basis, others opted to pass for a while to let things settle.

At press time, Yesenia Ramirez and her Salvadoreño team were limiting service to takeout and delivery.

“I wanted to wait a few weeks,” Ramirez said. “We feel more comfortable that way. We’re still selling takeout and delivery. It’s changing so quickly it’s hard to say what will happen.”

PHX Beer Co. planned to open its downtown taproom for in-house beverage service by June 1, while dining plans still were in the works.

At press time, plans still were uncer-

tain for dining service in several North Central and downtown Phoenix locations. Customers should check websites or call for details.

Whatever date they chose, all the businesses contacted shared one common theme – they’d follow Centers for Disease Control and Prevention (CDC) guidelines. That meant a menu of preparations that includes strict sanitizing of tables, chairs and counters, before opening and between customers. Many offered customers hand-sanitizers and masks. Staff wore masks – though not everyone at every establishment. Some took staff temperatures at the beginning of each shift. Paper menus were offered – and tossed after a single use. Touchless ordering and payment using customers’ cell phones was another option at several spots.

Bevvy Uptown was among several locations that took it up another notch, taking guests’ and team members’ temperatures. Angry Crab Shack is taking customer temperatures and serving food on tray tables, where guests are asked to remove their items themselves. Original Breakfast House remodeled, with barn-wood covered walls between tables and windows separating booths. At North Mountain Brewing Co., owner Candy Berkner-Frogozo used her noodle – literally – to make sure customers kept their distance.

“I found a swimming pool noodle that was exactly 6 feet long and we used that to space out the chairs at the bar,” Berkner-Frogozo said. “We trained our employees using that noodle. Now there are only six chairs at the bar.”

Restaurant workers are used to constant cleaning, but the Coronavirus has taken things to a whole new level.

“We did so much work to try to get open,” Berkner-Frogozo said. “We sanitized the entire place, and we do that now after every customer. So far it’s been really well accepted by our patrons.”

For at least one North Central spot, Central Baking Company at 4727 N. Central Ave., it was business as usual through April and May.

“We’re considered an essential business,” said John Pagoto, co-owner of Central Baking Company. “We only had seating for eight so those were put away. People were looking for comfort food so that was a benefit for us.”

Pagoto credited customer loyalty for keeping his bakery and other local businesses afloat during the closure.

“I think that with all that we’ve been going through, this has brought the community together. I do believe that people are doing what they can to support their local, small businesses.”

“The customers who came in said they wanted to do whatever they could for the local neighborhood businesses. Their loyalty really proved itself.”

Restaurant-goers have another option for re-visiting their favorites. The Arizona Restaurant Association has announced that Arizona Restaurant Weeks: Dine in or Take Out will take place June 19 to 28 and Sept. 18 to 27. The event will include dine-in, takeout and liquor-to-go options.

Participating restaurants will offer innovative dishes that showcase local chefs’ creative talents with three-course, prix-fixe menus for \$33 or \$44 per person. Wine pairings will be offered at some establishments for an additional cost. To learn more, visit azrestaurant.org.

Dining Briefs

Dutch Bros fundraiser to support ALS research

Dutch Bros Coffee is conducting its largest fundraising event online as a way to support social distancing and wellness in the communities where it operates.

The coffee retailer is providing an exclusive mug and sticker for \$21.95 online as part of its “Drink One For Dane” fundraiser. Every \$10 generated from the mug and sticker sold will go to the Muscular Dystrophy Association (MDA) and its attempts to offer research and clinical care for the Amyotrophic Lateral Sclerosis (ALS) community. It also will help to find a cure for this disease.

The fundraiser honors the life and legacy of Dane Boersma, who founded Dutch Bros Coffee in 1992 with his brother, Travis Boersma. Dane died in 2009 after a four-year fight with Lou Gehrig’s disease, also called ALS. Travis, who is the CEO of Dutch Bros Coffee, said Dane “set the standard for giving at Dutch Bros and inspired so many people.” ALS is a deadly disease that impacts the parts of the nervous system that are responsible for muscle movement. As it progresses, patients slowly lose their ability to control such movements, including speaking, breathing and moving while experiencing their full cognitive capability.

To purchase a mug and sticker, visit dutchbros.com/endals.

Salads, shakes, floats on menu at Miracle Mile

During these hot summer months, you might want to feast on a cool salad or shake from Miracle Mile Deli.

The deli at 4433 N. 16th St. offers eight different large salads with farm-fresh ingredients, as well as foods with protein. During the “Summer of Shakes” you can order \$4 milk shakes and ice cream floats at the restaurant through Sept. 30. The shake flavors are mint/chocolate-chip, vanilla caramel, strawberry and chocolate.

The Super Food Salad has chopped romaine lettuce, turkey, avocado, Feta cheese, grape tomatoes, walnuts, red cabbage, shredded carrots, cucumbers and broccoli, tossed with Balsamic vinaigrette dressing, for \$13.50. Miracle Mile Deli’s Asian crispy chicken salad features romaine lettuce, crispy white meat chicken breast, shredded carrots, red cabbage, crispy wonton noodles, sesame seeds and an Asian sesame dressing, for \$13. The Fiesta Salad blends chopped romaine lettuce, grilled chicken breast, avocado, red onions, grape tomatoes, asadero jack cheese, cheddar cheese and tricolor tortilla chips tossed with homemade chipotle ranch dressing, for \$13.

Miracle Mile Deli is open from 11 a.m. to 7 p.m. Mondays through Saturdays. It reopened for dine-in service on May 18 after having previously closed for dine-in guests due to COVID-19.

To learn more, visit miraclemiledeli.com.

Sauce Pizza & Wine helping front-line workers

Sauce Pizza & Wine is doing its part to support people on the frontlines helping others during the Coronavirus pandemic and also to help everyone save some dough.

Sauce is offering 20 percent off orders every Monday for its “Mondays are for Heroes” special for hospital employees and faculty members, as well as active police officers, firefighters, emergency medical technicians and active, reserve and retired U.S. military members. This deal is available from 11 a.m. to 9 p.m. Mondays at all participating Sauce locations. Customers need to show their present military ID, hospital ID or other proof of service or employment or wear their uniform to redeem the offer.

FOOD FOR THOUGHT

You can indulge in the “Summer Sampler” special any day at Sauce. It comes with one pizza, one salad and two glasses of wine for \$22. Customers also may substitute any entrée for the salad (\$10 or less) or any other beverage (worth \$7 or less) for the wine. This special is for dine-in customers only for a limited time.

Sauce has many locations in the Valley including at 742 E. Glendale Ave. and 25 E. Camelback Road. To find other locations and learn more, visit saucepizzaandwine.com.

Twin Peaks gets warm welcome

Twin Peaks restaurant at 2135 E. Camelback Road is open again for dine-in customers but doing some things differently to protect customers and employees due to the Coronavirus pandemic.

The eatery received a great response from guests when it reopened last month, after Gov. Doug Ducey said restaurants could resume dine-in services, said Carolyn Vangelos, co-owner of the three Twin Peaks restaurants in the Valley. Nearly 50 percent of the

tables have been closed to allow the restaurant to keep a minimum of six feet of social distancing between guests. Half of the bar chairs have been removed for safety.

Twin Peaks provides daily specials and happy hour from 3 to 6 p.m. and 10 to 11 p.m. Mondays through Fridays. The restaurant is running with a limited food menu but still has many options and all food is made from scratch. Guests are encouraged to ask their servers about a bounce-back gift card for healthcare workers and first responders.

Twin Peaks on Camelback is open from 11 a.m. to 11 p.m. daily. To learn more, visit twinpeaksrestaurant.com.

Farmers market offers diverse array of products

Find produce, baked goods, meat, eggs, bread and more fresh foods in the Downtown Phoenix Farmers Market.

The market located at 721 N. Central Ave. is open every Saturday from 8 a.m. to noon year-round. The market features diverse vendors including Absolutely Delightful, which offers

locally grown honey and “beehive” products such as bees’ wax and candles. You can buy goat cheese, goat milk soap, wool items, eggs, seasonal produce and gluten-free baked goods from Chile Acres Farm; fresh mushrooms from Southwest Mushrooms; produce and nest-run eggs from and Blue Sky Organic Farms; and small-batch, hand-crafted cocktail mixers you can use in your home bar at Iconic Cocktail C.

Downtown Phoenix Farmers Market asks you to keep a social distance of at least 6 feet from other customers and vendors while shopping in order to maintain safety. It also has prohibited pets and asks customers to either use a bank card, provide exact change or pre-order items. Visitors are encouraged to wash their hands often and are not allowed to eat anything on site. If you or a loved one is sick, you should stay home. You also are urged to view the week’s market layout to see which vendors will be there and plan your shopping list to decrease the amount of time you are at the market.

To learn more, visit phxpublicmarket.com/openair/covid-19.

Angry Crab Shack donates to hospital

Angry Crab Shack has donated more than \$75,000 to Phoenix Children’s Hospital and the Pediatric Health Care Initiative Ordinance.

Since 2017, the locally owned and operated restaurant, which has a location at 2808 E. Indian School Road, has donated more than \$200,000 to date to the hospital. As part of its give-back measures, Angry Crab Shack donates \$1 from every order to Phoenix Children’s Fries and root beer floats sold to Phoenix Children’s.

The Pediatric Health Care Initiative Ordinance allows the Phoenix City Council to take private donations to support enhanced payments from the Arizona Health Care Cost Containment System (AHCCCS) to Phoenix Children’s Hospital.

To learn more about Angry Crab Shack, visit angrycrabshack.com.

For local restaurant listings, visit our Dining Guide online at www.northcentralnews.net



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