the voice of the north central phoenix community since 1999

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Light rail construction advancing on time

By Colleen Sparks

Construction on the Northwest Extension Phase II of the light rail is running smoothly as the city ramps up plans to expand and enhance public transportation in North Central and around Phoenix.

The Northwest Extension Phase II will extend light rail from 19th Avenue west on Dunlap Avenue, then north on 25th Avenue and across I-17 at Mountain View Road, ending on the west side of the freeway near the former Metrocenter Mall. It will add another 1.6 miles to the light rail system and it includes new stations and public art.

"Everything is on schedule," said Michael Book, community outreach coordinator for Valley Metro. "COVID never really slowed us down. I think it will greatly benefit the community."

Book, who is assigned to the Northwest Extension Phase II, added the extension would benefit economic development by making it easier for

please see LIGHT RAIL on page 4

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Youths who participated in a Free Arts for Abused Children of Arizona's Hip Hop Free Arts Day with partner agency Neighborhood Ministries show off the "records" they designed. Free Arts provides arts instruction and activities for youths as ways to help them heal from trauma (photo courtesy of Free Arts for Abused Children of Arizona).

Non-profit helps youths cope with trauma

By Colleen Sparks

Knowing that art has the power to heal, Free Arts for Abused Children of Arizona is expanding the ways it helps children and teens express themselves creatively.

The Bob & Renee Parsons Place for Art and Transformation, the non-profit organization's new facility at 352 E. Camelback Road, allows even more space for artistic expression in a comfortable setting. The brightly lit center has ample room for social distancing, as well as for youths to deliver performances and show their artwork in exhibits. This space, which the organization expanded from 11,000 to 14,000 square feet, provides a safe place for children, teens and young adults to visit anytime to engage in art projects, socialize and seek support. The Bob and Renee Parsons Foundation provided much of the funding for the new building, which Free Arts previously had leased.

Free Arts for Abused Children of Arizona's mission is to transform "children's trauma to resilience through the arts."

The organization does that in many ways, including a weekly mentor program through which adult volunteers teach art sessions to children living in social service agencies including group homes and homeless shelters for up to 16 weeks. Professional

artists also guide children through focused art-making sessions in drawing, cooking, dancing, drumming, painting, jewelry making and other creative outlets to help them develop skills and self-efficacy. During Free Arts Days, children in partner social service agencies practice self-expression with volunteer mentors' support in these one-day events. Youths also learn new types of self-expression with assistance from volunteer mentors in day camps.

"We're giving them an outlet for how they can use art to express themselves and process their trauma," said Alicia Sutton Campbell, executive director of Free Arts for Abused Children of Arizona. "It's diffi-

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- Vice admiral visits local alma mater, page 24
- 'Hideaway' offers New Mexican fare, page 34

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- Chelsea H.



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COMMUNITY

Centenarian is 80-year volunteer

A local woman who has traveled the globe recently celebrated her 100th birthday but her extensive time volunteering for the Phoenix American Red Cross Chapter in North Central is a gift that keeps on giving.

Betty Grenig, whose volunteer base is the Red Cross office at 4747 N. 22nd St., was born on Aug. 15, 1921 and has served as a volunteer for the Red Cross for more than 80 years. A small gathering to mark her milestone birthday was held recently at the North Central Red Cross office.

Grenig was 20 years old when the Japanese attacked Pearl Harbor on Dec. 7, 1941. Her wedding to her fiancé, Robert, who was in the Army, was canceled and the couple wound up getting married in a small chapel on base, with Robert's commanding officer giving Betty away. Grenig and her husband traveled around the world, spending time in Korea, Japan and the Philippines. Wherever they were stationed she volunteered at a Red Cross office and helped soldiers suffering from head and eye injuries. While Grenig was not a registered nurse, she helped with non-medical occupational therapy. She also taught young soldiers how to thread a knitting needle and knit small animals to develop eye-tohand coordination. Grenig helped on Red Cross disaster calls until she had to cut back her work hours because she and Robert had children.

When Grenig and her family moved to Arizona in 1961, she signed up with the area Red Cross office. She worked in the office, as well as at dozens of blood drives. Grenig has donated 25 gallons of blood herself and she said "giving blood is one of the most important things you can do, and the Red Cross needs blood."

Her time volunteering for the Red Cross has been filled with interesting and humorous encounters. Grenig remembered one time how a new volunteer came to the Red Cross office wearing roller skates. She told the woman that "we don't wear roller-skates here" and the woman attempted to convince her she could work faster on skates. Another time Grenig saw Red Cross rep-



Betty Grenig, who recently turned 100, has volunteered for more than 80 years for the American Red Cross (photo courtesy of the American Red Cross).

resentatives from Korea eating cake in the kitchen of the local office. When she came into the kitchen she said "Hello" in Korean, which surprised her and the visitors as she had not thought about Korean in more than 40 years.

Grenig has collected numerous Red Cross pins over the years that she arranged in a shadow box. She puts piles of disaster information packets together to give to all families that have suffered through a fire or flood.



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COMMUNITY

LIGHT RAIL continued from page 1

people to travel to businesses and universities.

More than \$14.4 billion in public and private capital investment has been built near the 28 existing miles of light rail in Phoenix, Tempe and Mesa, and Tempe Streetcar.

Valley Metro's Small Business Financial Assistance Program pilot (SBFAP) has provided more than \$250,000 in direct financial help to 50 small businesses along light rail construction in Phoenix. This pilot program of \$2.3 million assists small, locally owned businesses adjacent to the Northwest Extension Phase II and South Central Extension/Downtown Hub light rail construction corridors.

Jamaris Kennedy, a chef whose catering business, Jamaris' Kitchen, is on 28th Drive along the Northwest Extension Phase II, said his company received \$3,000 from the Valley Metro grant.

"Some people may look at it like, 'Oh, well, that's not much,' but it is to us," Kennedy said. "Being a small business, every penny counts."

André Robles, a leasing consultant at Acclaim Apartment Homes on west Dunlap Avenue, believes the light rail will benefit everyone.

"I just think for everybody who may be commuting residents, this will definitely be a big boost," Robles said. "I definitely have received a lot of positive reviews about the expansion."

Valley Metro has a new, free smartphone app called Construct VM-Northwest 2 to inform users about current and upcoming construction as the project advances. It can be downloaded on iOS or Android devices. Two-way traffic that is currently moving on the south side of Dunlap Avenue in the project area will shift to the north side sometime this year.

Workers are locating utilities underneath roadway to make sure there are no problems with the utilities themselves, Book said. One of the first steps is to ensure utilities are moved from under the roadway to an area adjacent to the street so utility companies can access them more easily once construction is done.

Bridge construction is taking place on the east and west sides of the I-17 light rail bridges and on the Arizona Canal Bridge. At the end-of-line area for the Northwest Extension there will be the Metrocenter Station, which will be the first elevated station in Valley Metro's light rail system.

Several artists are creating artwork for the Northwest Extension Phase II including images of flying objects, as well as local flora and fauna, an intricately designed fence, sculptures, retrostyle figures suspended in the air and pieces that resemble hummingbirds and flowers.

Construction on the Northwest Extension Phase II is expected to be finished in late 2023.

You can learn more by visiting www.valleymetro.org.

Another way public transit access will become easier is with federal American Rescue Plan Act (ARPA) funds. The Phoenix City Council voted recently to approve \$1 million to assist residents in need with the costs of riding public transit. Phoenix will use ARPA money to buy more than 31,000 monthly transit passes. These 31-day passes can be used on bus and light rail routes around the region. To learn more, visit www.phoenix.gov/public-transit.

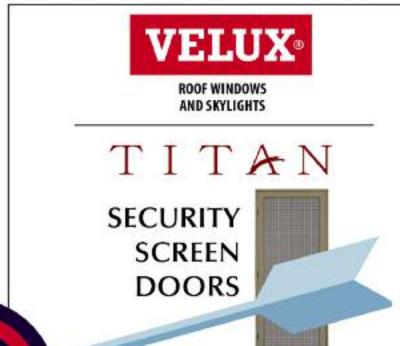


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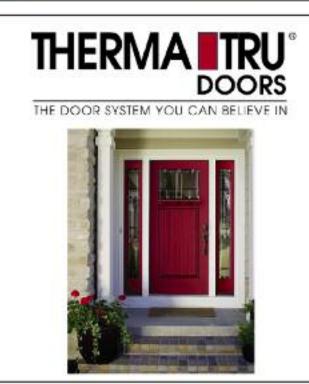
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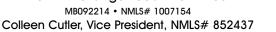


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COMMUNITY

FREE ARTS continued from page 1

cult to just hear about someone's trauma. When they tell us something about their story through art it's beautiful."

Those from birth to 18 years old participate in the non-profit organization's offerings while an alumni program allows teens and young adults who have previously taken part in the activities to stay connected with their peers and the volunteers and staff members. These alumni engage in art projects, leadership opportunities and apprenticeships.

Free Arts for Abused Children of Arizona served nearly 6,300 children from Oct. 1, 2019 to Sept. 30, 2020.

Darlene Minkler and her son, Gordon Barsotta-Northern, 22, have strong ties to Free Arts for Abused Children of Arizona, after Gordon took dance classes through the organization starting when he was almost 12 years old.

Minkler and Barsotta-Northern were living in a homeless shelter when an instructor from the non-profit organization came there to teach modern dance.

"I credit Free Arts with saving my son's life," Minkler said. "His dad was never really involved in his life. At that point that we met Free Arts he (Gordon) was cutting himself, trying to deal with anger those ways. Free Arts gave him the opportunity to deal with it through dancing."

She said the non-profit organization gave her son a way to express himself without being judged. Barsotta-Northern still dances, working with theater companies, and he performed in a Free Arts anniversary gala.

Minkler said she has made friends with parents of other youths who went through the programs. She contacts them for support and to share important things happening in her family's life. Free Arts even helped Gordon with his homework when he lived in the homeless shelter.

The spacious Free Arts building features artwork children and teens have created on its walls, as well as a training room, much space for storing art supplies and a program room where youths can dance, paint and engage in other creative expression. Some youths performed a Japanese drumming show in the facility. Elaborately created self-portraits that teenage girls, who were unaccompanied minors living in temporary homes made in 2016, adorn a wall in a large, open space near the entrance to the building. Kehinde

Wiley, an artist who painted a portrait of former President Obama, instructed the girls in this project, which the Phoenix Art Museum also supported.

A colorful mural that artist Isaac Nicholas Caruso painted, with help from two Free Arts alumni, stretches across the front of the building. Caruso found inspiration from artwork youths in the Free Arts program had created when painting the mural.

Free Arts plans to expand to serve foster families with children and teens in traditional homes, rather than just shelters or group homes, in the future. The youths will be invited to participate in programs at the Free Arts building and be invited to Free Arts Days.

The non-profit typically serves about 6,000 to 7,000 youths a year but reached more than 3,000 children and teens last year during the COVID-19 pandemic. Some programs were delivered online for safety reasons.

Kris Kollasch, a professional teaching artist who offers workshops for youths through the non-profit organization, enjoys being a consistent adult in the lives of children who have experienced trauma and chaos.

"We're not doing art therapy but we believe art is therapeutic," Kollasch said. "We give them the ability to trust caring adults."

Free Arts always can use volunteers to support the youths and help the organization provide its programs. To learn more, visit https://freeartsaz.org or call 602-258-8100.

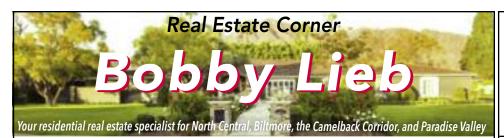
Bingo game aims to break record

Televeda and Duet: Partners in Health & Aging invite the community to an online bingo game aimed at setting a Guinness World Records title. Organizers are hoping the game, which starts at 10 a.m. on Friday, Oct. 22, will set a record for the most viewers of a bingo livestream on a bespoke platform.

Participants can reserve a spot at www.televeda.com/bingo. Before the day of the game, they will receive instructions on how to take part in the event and use their bingo cards.

The game aims to bring together people of all ages in a safe, fun way to celebrate the modern aging process.

To learn more about Televeda, visit www.televeda.com. For more details about Duet, visit https://duetaz.org.



Happy Trick Or Treat Month

I know that after writing this monthly article in the North Central News for 18 years, I always give credit to my dad, Herb, who moved to Central Phoenix in 1964 to buy into Kagel's Ladies Store at Park Central Mall and also to my idol, Barney Fife. Next was Herb's Underground, Phoenix's first disco (1970) located at Central/Clarendon and the Jockey Club Nightclub (Phoenix's first private nightclub with a disc jockey) at 22nd Street and Highland Avenue (1976-1985) and also at Central and Camelback (formally Navarre's) from 1987-1995. If you ever saw the move "Waiting to Exhale" with Whitney Houston, Angela Bassett and Forrest Whitaker, it was filmed at our Central Club.

My point here is that I feel my dad gave me an edge to sell real estate in Central Phoenix because I have been here now full time since 1978. Dad introduced me to a lot of families and now those little trouble makers just like I was ... are now buying homes from me the past 30 years. Many agents who sell in Arcadia, PV and Scottsdale always laughed when I told them I specialized in Central Phoenix and I truly believe I have an edge here because of my area knowledge and believing in this area when

many realtors would not go west of 24th Street.

I was honored in September to be ranked the #5 ranked individual realtor (NO TEAM) in Maricopa County by the Phoenix Business Journal for sales volume in 2020 and also ranked this month by Phoenix Magazine as one of the top residential agents in the Valley.

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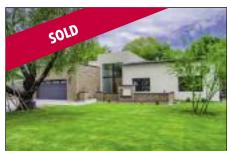
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COMMUNITY

Piper Trust awards \$123 million in grants

Several North Central organizations are among the recipients of surprise grants recently announced by the Virginia G. Piper Charitable Trust.

The trust awarded \$123 million in grants to 71 non-profit organizations in Arizona on Sept. 13. Trustees met with the CEOs and board chairs of the 71 organizations in surprise meetings throughout the day to thank them for their work and leadership and offer significant capital through the grants.

Despite a tumultuous last year because of the COVID-19 pandemic and economic uncertainty, many individuals and institutions with large investments in the stock market saw tremendous growth in the value of their holdings. Because the Virginia G. Piper Charitable Trust's endowment increased by \$123 million in the 15 months after the pandemic began, the organization felt compelled to share these funds with the community in one

The initiative provided 29 grants to human services organizations, 22



Community

grants to arts and cultural establish-

ments, 12 grants to education and aca-

demic enhancement institutions, five

grants to healthcare and medical

research centers and four grants to reli-

gious entities. North Central organiza-

tions that received grants include

Services, Big Brothers Big Sisters of

Central Arizona, Boys & Girls Clubs of

the Valley, Inc., Duet: Partners In

Health & Aging, Jewish Family &

Children's Service, Free Arts for Abused

Children, Brophy College Preparatory,

Charities

Catholic

The Virginia G. Piper Charitable Trust awarded \$123 million in grants to 71 non-profit organziations across the state in September during the largest singleday grant initiative in Arizona's history (photo courtesy of Virginia G. Piper Charitable Trust).

Creighton University, The Society of St. Vincent de Paul, Xavier College Preparatory and the Be A Leader Foundation.

To learn more or see the complete list, visit https://pipertrust.org.

City launches website on ARPA spending

It is easier than ever to find out how the city of Phoenix is spending the millions of dollars in American Rescue Plan Act (ARPA) funding.

The city recently launched its ARPA website after approving the \$198 million ARPA Strategic Plan. Since that time, city departments have been working hard to prepare programs and offer critically needed services to the community. The City Council approved the ARPA Utility and Rental Assistance Program last month, allocating \$4 million to boost the existing Emergency Rental Assistance Program. It also reserved \$5 million to initiate the Deferred Payment Arrangement Recovery Program and \$1 million for the Landlord Incentive Program.

The City Council was expected to approve many ARPA programs that had been requested to come back for more discussion as of late last month.

Phoenix's ARPA website is a tool to provide transparency to residents on how the city is spending these federal dollars. It includes program summary information, as well as expenditures and allocations. The site will be updated to include performance measures, along with corresponding website links.

To see the full site, visit https://stories.opengov.com/phoenixaz/published/9tz_vAiwC.





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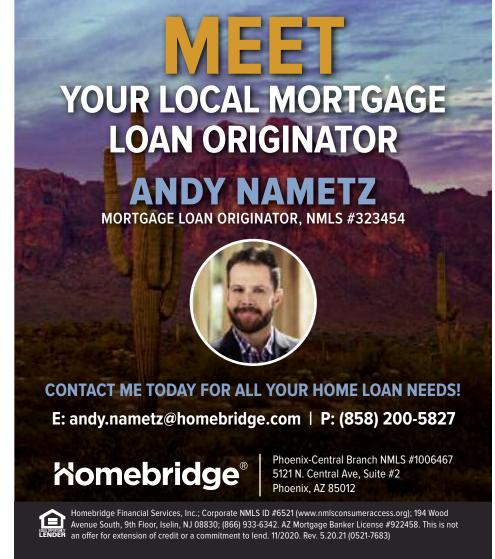
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COMMUNITY

Mental health services boom amid pandemic

By Emily Sacia

Hope, a free mental health support chatbot, is the latest addition in the era of telehealth resources that have exploded in recent months to combat the sharp rise of anxiety and depression-related cases due to the COVID-19 pandemic.

Hope, built by clinical psychologists, is an artificial intelligence (AI)-driven chatbot through which users communicate via text. Catholic Charities Community Services, which is based at 4747 N. Seventh Ave., recently propelled this technology in the Valley.

"With COVID, the virtual world is blowing up," said Anna Smith, who has been a counselor at Catholic Charities in Phoenix for 13 years. "We're seeing more telehealth sessions. We're seeing more text counseling so I think this is to keep up with that and to give something to our community through Catholic Charities."

The artificial intelligence system cheerfully named Hope is designed to be accessible to all despite religious

affiliation and caters to English and Spanish-speaking users. It is focused on alleviating mental health crises when other services might not be readily available. Hope can guide a user through breathing exercises, listen to concerns and connect the user with relevant supplementary resources.

"Finding those resources for people to talk to outside of the counseling session is really important, especially now with Coronavirus as we are seeing depression and anxiety skyrocket," Smith said.

Mental health services are in high demand and additional resources, including Hope, may provide more opportunities for people in Phoenix to get the help they need.

Francia Day, a licensed bilingual clinical psychologist and program director at Southwest Behavioral & Health Services in Phoenix, has seen the toll of the pandemic firsthand.

"Every single one of our intake slots is filled every week and we typically still have a wait list and we do attribute that to the pandemic," Day said.

With counseling services not always immediately available, these apps can be seen as useful tools as starting off points or used between sessions with a therapist.

However, as Larry Villano, chief energy officer of Resilient Health and a licensed professional counselor, said in a panel hosted by MolinaCares Accord, "these automated self-directed tools can be useful but look at them as a nice complement to care, not replacing care."

Resilient Health in Phoenix is focused on providing scientifically based mental health services by integrating many different treatments, including standard counseling, group therapy, art therapy and psychiatric treatment.

As the COVID-19 pandemic continues to pummel the Valley, concerns about depression, anxiety and social isolation continue to be at the forefront of these mental health practitioners' minds.

To contact Hope, text "Hello" to 202-949-7249 and when prompted use the code CCCSAZ. For more information about Resilient Health, visit www.resilienthealthaz.org. To learn more about the services that Catholic Charities Community Services offers, visit www.catholiccharitiesaz.org.

Emily Sacia is a student in Arizona State University's Walter Cronkite School of Journalism and Mass Communication.

City launches mobile vaccination units

The city of Phoenix is trying to reduce COVID-19 cases with two mobile vaccination units.

The vans are aimed at making it easier for people in underserved areas to receive COVID-19 vaccines. Phoenix Mayor Kate Gallego said more than 40 percent of eligible Arizona residents had not been vaccinated for COVID-19 as of late last month. Gallego added that sometimes people do not obtain the vaccines because they are not able to leave work while others do not have convenient access to transportation to travel to established vaccine clinics.

The city has had 220 fixed-location testing sites that provided more than 42,000 COVID-19 tests since the spring of last year. Mobile units also traveled to more than 360 sites in Phoenix, many of them with underserved residents, and offered another 146,000 tests.

To find the locations of the two mobile vaccination units, visit https://communityforimmunity.com/organizer/city-of-phoenix.



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HAPPY HOUR HERSCH

The "Cancel Culture" seems like a slippery slope to me. Mind you, I understand that the current environment has helped to right previous wrongs when it comes to sexism, racism and other harmful issues.

However, in our zest to correct needed problems, it sure seems like we get a mob mentality, without an ability to understand nuance. If all of us were judged on our singular worst words, choices, and moments in life we would all be canceled and/or ostracized by some person or group.

We often seem willing to throw out the whole mosaic of someone's life because of one item or issue that doesn't necessarily represent that person. At one time, our "culture" also included second chances, redemption and growth. I hope we can find that balance again.

\$100 TRIVIA CONTEST

What cooking ingredient would I choose to cancel?

HINT: It is a more or less a condiment/dressing.

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Winner for Last Month – Jacob Choulet | Last Month's Answer – Georgia Bulldogs

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COMMUNITY

Pet of the Month

Gentle German Shepherd is sweet cuddle bug

Takoda is a gentle, sweet and loving two-year-old German Shepherd looking for a "fur-ever" home.

This cute pup weighs just over 88 pounds and while he is a timid giant, it does not take long for him to open up and reveal his true personality. Takoda walks amazingly well on a leash and has the cutest ears you will ever see. He also loves playing fetch with a tennis ball and would love to show off his agility.

Takoda was taken to the Arizona Humane Society as an owner surrender last year when the other pet in the home was starting to not get along with him. This cute pup was adopted again and then recently returned to the Arizona Humane Society because the owner did not have enough time for him. Everyone at the organization who knows Takoda is bewildered at how long he has been at the shelter and knows he will be a great companion for a family seeking a big 'ole cuddle bug. Takoda's story is a great reminder of the



Takoda is a sweet, loving two-year-old German Shepherd who is looking for a "furever" home (photo courtesy of the Arizona Humane Society).

many resources the Arizona Humane Society provides to help people and pets when needed.

Takoda's animal number is 620076. All the Arizona Humane Society Adoption locations are closed temporarily but its Virtual Matchmaking Adoption by Appointment is available to help place pets, including lovable Takoda, with their families. Takoda might have been adopted by the time of your virtual appointment, but the Arizona Humane Society has many other cats, dogs and other companion animals who also need loving homes. To see all the animals that can be adopted right now, visit www.azhumane.org/adopt.

'Unicorn' fosters sought for adult dogs

Almost There: A Mom + Pups Rescue is looking for "unicorns" who would like to take in a furry friend.

The organization said a "unicorn" foster is someone with no other pets at home who has lots of love to give to an animal. These unique fosters also prefer adult dogs rather than puppies, according to Almost There: A Mom + Pups Rescue. Foster dog parents are critical in helping these animals as it gives the pets a chance to stay in a safe, comfortable environment while the organization learns more about them.

This organization thanks Maricopa County Animal Care & Control for coming up with the name for these types of fosters and every rescue and shelter in the country that seeks "unicorns."

If you would like to become a "unicorn" foster and learn more about Almost There: A Mom + Pups Rescue you can view animals that need loving homes, visit www.almostthererescue.org.





Mon - Fri: 7:30am-7pm | Sat & Sun: 8am-3pm

Happy Howl-oween

Remember to keep candy safely stashed away from your pets.



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COMMUNITY

Trade growing tips, buy plants at swap

If you have a green thumb, want to learn some plant-growing tips or hope to spruce up your home with something living the Hawk Salvage Plant Swap will be a great destination on Sunday, Oct. 17.

Hawk Salvage, which sells vintage, reclaimed, industrial, antique and unusual items, along with many rare and unique house plants, will hold its first Plant Swap from 10 a.m. to 4 p.m. that day at 1109 Grand Ave. Participants can mingle with other plant lovers and bring home some new greenery for homes or office spaces.

Each guest must bring at least one live, healthy plant or rooted cutting to trade for another plant or clipping of equal size. Hawk Salvage will set up planting stations and provide soil to use for a fee of up to \$10, depending on the plant's size. There will be live music, artist demonstrations and food trucks at the event.

Greg Hawk a retired Phoenix Fire Department captain and a self-pro-

claimed picker, founded Hawk Salvage. What began as a hobby turned into a passion for finding lost, historical treasures.

Hawk Salvage is typically open from noon to 8 p.m. Fridays and Saturdays and from 2 to 6 p.m. Sundays with expanded hours around the holidays and First Friday events downtown. Check out its items on Instagram @HawkSalvage. To learn more, visit www.hawksalvage.com.

Spa community holds yard sales

You can find bargains on a variety of items at the Holiday Spa Mobile Home Community yard sales on Saturday, Oct. 9, and Sunday, Oct. 10. These yard sales will be held from 7 a.m. to 2 p.m. both days at the Holiday Spa Mobile Home Community at 10401 N. Cave Creek Road. The gates to the community will be open during these events.

Holiday Spa is a manufactured home community for those ages 55 and older. To learn more, visit https://holidayspamhc.com.



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COMMUNITY

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Gorgeous, custom-built home located in the heart of the North Central Corridor near the historic Murphy Bridle Path. This one-of-a-kind 6-bedroom 4.5-bathroom home was rebuilt from the ground up in 2019. Spacious upstairs loft, butler's pantry/mudroom & 3 car garage. Home features Andersen Low-E thermal windows, wood flooring, designer tile & vaulted ceilings. Refurbished original fireplace in the living room. Gourmet kitchen includes quartzite countertops, huge island, soft-close cabinetry & stainless steel appliances. Downstairs master suite has walk-in closets, spacious bathroom and separate jetted tub. Immaculate exterior features custom landscaping & lighting, covered patio & built in BBQ.



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Celebrate the season at 'spooktacular' events

By Amber Victoria Singer

Temperatures are dropping and pumpkin spice lattes are back in season around the country and while the weather is still toasty in Phoenix, many festive fall activities are being planned in North Central.

Last year many festivals and other events were canceled out of concerns for safety due to the global healthcare crisis, but there are many exciting activities planned this year as the COVID-19 vaccines have become widely available.

Sunnyslope Community Center will host a "Trunk-or-Treat" event from 4 to 7 p.m. on Saturday, Oct. 23 at 802 E. Vogel Ave. Also on Oct. 23, the East Sunnyslope Neighborhood Association & Block Watch's G.A.I.N. (Getting Arizona Involved in Neighborhoods) Event will be held. This gathering of food, a candy scavenger hunt and other activities will start at 7 p.m. at Winifred Green Park at 1608 W. Peoria Ave. There will be masks and hand sanitizer stations available while social distancing will be encouraged due to the COVID-19 pandemic.

Jeff Tisot, president of the East Sunnyslope Neighborhood Association & Block Watch, is excited to bring back the event at Winifred Green Park this year.

"The Sunnyslope community has come together in a big way over the last few years making a positive impact," Tisot said. "These are great events to safely get out and have a great time. (I) hope to see all our neighbors there."

Check out the Fall Festival at Uptown Plaza from 5 to 8 p.m. on Saturday, Oct. 30 at 100 E. Camelback Road. Participants can trick-or-treat and enjoy face painting and balloon artistry. Attendees will not be required to wear masks at this outdoor festival.

Morgan Domaracki, head of marketing for Uptown Plaza, said there was a successful trick-or-treating event in the shopping center last year. This year's festival will be "great for the community to come together but still be able to distance as they see fit," Domaracki added.

Families in North Central and around the Valley can visit their neighborhood Bashas' stores for their annual Halloween celebrations from 10 a.m. to 2 p.m. on Oct. 30. Children of all ages are encouraged to dress up and partici-

pate in costume contests with a chance to win prizes of \$25 and a dozen doughnuts each. Participants also can buy a Halloween-themed cake, taffy apple or cookie to decorate in the stores at socially distanced stations or at home with decorating kits. There are several Bashas' in the area including one at 5555 N. Seventh St.

You can take a short trip downtown to explore the "Spooky Science" activities at the Arizona Science Center from Oct. 23 to 31 at 600 E. Washington St. Visitors can celebrate Halloween with spine-tingling activities and frightfully festive demonstrations that aim to educate, inspire and entertain people of all ages about the science behind Halloween. Anyone older than 24 months is required to wear a mask, regardless of whether they have received the COVID-19 vaccines.

Children under age 3 can enter the museum for free. The "Spooky Science" exhibit and other activities are always free of charge for those with an Arizona Science Center membership or general admission ticket. A limited number of guests are allowed to come into the science center every day so residents are urged to reserve tickets ahead of time at http://azscience.org.

Alwun House is planning a provocative, uncensored art exhibit geared toward adults called "Monsters Menagerie" Oct. 1-30 at 1204 E. Roosevelt St. Expect grotesque and profane artwork in different media from area artists including images of satirical political demons, blood-curdling creations and monstrous pieces.

Alwun House also is producing Halloween-style shows including "Step Right Up For Murder" from 7 to 11 p.m. on Saturday, Oct. 16. In this circus "whodunit" show, The Gaslight Circus will involve the audience in trying to solve a murder-mystery with a traditional circus twist. Silver String Circus will present "Inferno," a wicked circus show for audiences 21 and older, from 7 to 11:30 p.m. on Oct. 23 at Alwun House. The Monsters Ball will feature a quartet called the Blood Feud Family Singers playing music, as well as VaVaVoom Productions taking the stage for a burlesque performance from 7 p.m. to 1 a.m. on Oct 30. For tickets and information, visit http://alwunhouse.org.

Amber Victoria Singer is a student in Arizona State University's Walter Cronkite School of Journalism and Mass Communication.







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TAKING CARE OF BUSINESS

Business Briefs Learn strength training in Chamber webinar

Learn how to prevent injuries, decrease pain and strengthen your body by using ergonomics in the workplace during an online Greater Phoenix Chamber of Commerce event.

The Chamber will hold a PlayWELL Workshop: Ergonomics at Work: Improving Strength to Reduce Pain workshop Thursday, Oct. 28, from 4 to 4:45 p.m. through Zoom. Drew Saenz, a workday performance coach with Team Up AZ, a health and wellness coaching and consulting company, will share tips on protecting your health at work.

This event is free of charge. To register, visit https://phoenixchamber.com.

Mayor, business leaders to discuss city's future

The mayor of the city of Phoenix will discuss the city's future with Valley business and governmental leaders during a Greater Phoenix Chamber event on Thursday, Oct. 7.

Building Phoenix's Future with Mayor Kate Gallego will be held in person and online from noon to 1 p.m. Gallego will offer insight into the future of Phoenix and provide updates on the city's major projects including economic recovery, infrastructure and sustainability.

Event sponsors will receive the opportunity to attend this event in person on a limited basis. Sponsorship packages start at \$1,500. The cost to attend the event virtually for Greater Phoenix Chamber members is \$55 per person and \$95 for non-Chamber members.

To learn more and register, visit https://phoenixchamber.com.

Dance studio celebrates one-year anniversary

Take a spin around the dance floor and help a local business celebrate its one-year anniversary.

Wife and husband team Julianne and Paul Daniells this month celebrate the one-year anniversary of their DanceWise Dance Studio at the Cinema Park mall at 5555 N. Seventh St., Suite 112. The couple opened the studio in October

2020 during the COVID-19 pandemic, restricting the number of dancers they and their employees taught at one time in the studio and working hard to keep the facility safe and clean. Julianne and Paul taught students by recording them on video rather than holding a traditional dance showcase performance. Group dancers wore masks to protect themselves and others.

The dance studio has continued to grow, offering classes for beginners and advanced dancers and hosting a social dance every Saturday evening. The instructors teach various dance styles, including Latin, Zumba, BollyX, Argentine Tango and Lindy Hop swing.

The couple celebrated the one-year anniversary with a special event Oct. 1-2 that included group lessons, dance parties, a showcase – A Joyous & Elegant Affair – that featured students, dance professionals and dancers from around Arizona and a VIP reception.

For information about classes, private lessons and special offers, visit www.dancewiseaz.com.

Goodwill store to open soon, hiring workers

A Goodwill store is expected to open in North Central in December.

Officials say the store will likely open on Dec. 10 at 1515 E. Bethany Home Road, Suite 160. You can expect to find used clothes, furniture, home décor, household items, books, shoes, linens and other items.

It will be open from 9 a.m. to 9 p.m. Mondays through Saturdays and from 10 a.m. to 9 p.m. Sundays. Goodwill has been looking for 25 to 30 employees to hire at that store, as of press time. To view all job openings, visit www.goodwillaz.org/jobs.

Get insights on succeeding in a small family business

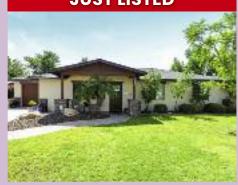
Small family businesses can learn how to succeed and prepare their operations for the next generation during a free, online gathering offered by the Better Business Bureau Serving the Pacific Southwest.

A Small Family Business Roundtable will take place on Zoom from 5 to 6:30 p.m. on Tuesday, Oct. 12. Pete Walsh, BBB Accredited

please see INTERNSHIPS on page 18

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TAKING CARE OF BUSINESS

INTERNSHIPS continued from page 16

Business and nationally known Family Business Coach, will share insight he gained working with successful families in a broad range of industries.

Topics include avoiding typical family dangers that can affect long-term success and ways to professionalize the company to attract and retain key professionals who are not members of the family. Attendees also will discuss how to prepare a succession plan and how to create a company and leadership culture that fosters results and accountability.

There is a limit of 20 businesses per workshop. This event is free of charge and it repeats at the same time on Tuesday, Nov. 9, and Tuesday, Dec. 14. To learn more, visit www.bbb.org.

Campsite Outfitters makes exploring outdoors easy

Setting up camping equipment can be a frustrating, time-consuming experience but a North Central-based business eliminates the hassle.

Campsite Outfitters, which husband-and-wife team Donnie and

ment Advisory Services offered through Raymond James Financial Services, isors, Inc. Ellen Dean Financial Services, PLLC is not a registered broker/ dealer and is independent of Raymond James Financial Services, Inc.

Danielle Atkinson founded and own, provides service-tiered camping gear rental packages. Packages include the set-up and break-down of rented gear at the camp site of customers' choice for \$175 per day; the set-up and break-down of the rented equipment in customers' backyards for \$150 per day; and delivery for self-set-up of the rented gear to Valley locations for \$95 per day.

Campsite Outfitters is available for questions and to do deliveries and gear set-ups seven days a week from 8 a.m. to 5 p.m. To learn more, visit https://campsiteoutfitters.co.

Businesses needed to offer internships for teens

The Greater Phoenix Chamber Foundation is asking local businesses to help it provide 100 internships to high school students this academic year.

ElevateEdAZ, a program of the Greater Phoenix Chamber Foundation, has been linking businesses with schools to develop the future workforce by offering career awareness, exploration and work-based learning opportunities promoting high-demand, high-wage indus-

tries. The Chamber and Chamber Foundation boards of directors have been asking their members to become involved with the internships. Several businesses already have committed to offering internships but more are needed.

The Chamber is leveraging partnerships with area businesses and organizations to provide at least 120 hours of internship experience for high school seniors from January to May. ElevateEdAZ has teamed up with the Phoenix Union High School District and Mesa Public Schools to support businesses in matching internship options with high school seniors who are enrolled in and finishing Career and Technical Education (CTE) programs.

To learn more, visit https://elevateedaz.com/internships.

App stores COVID-19 vaccination and test info

Arizona residents can voluntarily and securely share their COVID-19 vaccination and testing information through a modern mobile app, ConfirmD, offered through BuddyCheque.

The app gives people a secure plat-

form through which to record, verify and share their health data, including their history of obtaining COVID-19 vaccines. ConfirmD allows users to share the results of their COVID-19 tests and the COVID-19 vaccination status feature permits data to be transferred to a QR code to accurately verify that information in a cyber-secure setting. ConfirmD offers a secure QR code that lets people share the lot number and picture of their vaccination card to easily and securely respond to requests to show their testing and vaccination status.

Medical professionals authenticate uploaded records before they can be shared, reducing the risk of fraud so anyone accepting the ConfirmD results from users can be confident the data is accurate. The app is free to download and users can choose to pay a nominal fee for document verification by BuddyCheque's certified medical professionals. The app eliminates the need to carry paper documents that you could easily lose.

BuddyCheque and ConfirmD are based in Arizona. To learn more, visit www.confirmd.io.

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625 W Echo Lane In Escrow	3831SF4BR/4.!	BA\$1,550,000
7517 N 3rd Ave New Price	3800SF4BR/2.5	BA\$1,299,000
6233 N 5th Pl In Escrow	5BR/3.!	BA\$ 899,000
128 E Tuckey Ln In Escrow	1982SF3BR/2B	A\$ 799,000
8735 N 11th Ave In Escrow	2344SF3BR/2B	A\$ 675,000
914 E Osborn Rd #205 In Escrow	2699SF2BR/2B	A\$ 550,000
15 W Beryl Ave New Price	1922SF3BR/2B	A\$ 626,000
1117 E State Ave In Escrow	1940SF3BR/2B	A\$ 629,900
700 W Northern Ave	1320SF2BR/1B	A\$ 510,000
5138 N 79th St In Escrow	1467SF2BR/2B	A\$ 475,000
6606 N 20th St In Escrow	2051SF3BR/1.7	'5BA\$ 450,000
7343 N 8th St Just Listed	2082SF3BR/2B	A\$ 450,000
1245 E Maryland Ave A In Escrow	2BR/2BA1060SF	\$ 260,000
4354 N 82nd St #204	790SF1BR/1B	A\$ 241,500



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Featured Homes for October



7343 N 8th St • \$450,000



3827 N 33rd St • \$575,000



15 W Beryl Ave • \$626,000



1245 E Maryland Ave A • \$260,000



914 E Osborn Rd #205 • \$550,000



4354 N 82nd St #204 • \$241,500



2144 E San Juan Ave • \$700,000



1117 E State Ave • \$612,500



6830 N 4th PI • \$635,000

70 homes SOLD in 2021 and 9 properties currently in escrow. Call me to discuss your real estate needs and the value of your home. 602.376.1341. I work 7 days a week and am always available to help.

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8634 N 52nd St	\$2,395,000
5706 N Central Ave	\$2,112,000
7234 N 3rd St	\$1,860,000
4501 E Calle Tuberia	\$1,800,000
777 E Circle Rd	\$1,650,000
115 E Rose Ln	\$1,530,000
1747 E Las Palmaritas	\$1,495,000

SOLD HOMES 2021

0034 IN 32NG St	\$2,393,000
5706 N Central Ave	\$2,112,000
7234 N 3rd St	\$1,860,000
4501 E Calle Tuberia	\$1,800,000
777 E Circle Rd	\$1,650,000
115 E Rose Ln	\$1,530,000
1747 E Las Palmaritas	
17 W Sierra Vista Dr	\$1,350,000
712 W Vogel Acw	\$1,250,000
6809 N 12th Ave	\$1,210,867
3183 E Rose Ln	\$1,000,000
3312 E Sells Dr	\$1,180,000
6 E Cactus Wren Dr	\$1,075,000
2015 E Glenn Dr	\$1,039,000
8421 N Diller Grove	
2685 E Canyon Pl	\$1,000,000
505 W Solano Dr	\$ 950,000

/04/ EILL D	000 000
6246 E Helm Dr\$	938,000
6846 N 3rd Ave\$	925,000
5501 E Beryl Ave\$	925,000
7140 N 9th St\$	901,000
1364 E Victor Hugo\$	900,000
5139 N 10th Pl\$	895,000
12733 E Cochise\$	875,000
6520 N Central Ave\$	850,000
5102 N 2nd St*\$	840,000
1124 W Myrtle Ave\$	825,000
5428 E Cannon Dr\$	825,000
10261 N Central Ave\$	774,000
5125 N 34th Pl\$	750,000
15504 E Chicory Dr\$	750,000
7838 N 4th Pl\$	710,000
2144 E San Juan Ave\$	700,000
8725 E Clarendon Ave\$	680,000
1309 W Linger Ln\$	670,000
340 E Osborn Rd #3\$	669,000
340 E Osborn Rd #4\$	669,000

7302 E Rovey Ave	\$	650,000
8725 E Clarendon Ave	\$	650,000
1 W Cheryl Dr	\$	640,000
6830 N 4th Pl	\$	635,000
1555 E Ocotillo Rd #17		627,500
77 E Missouri Ave #72		625,000
1345 E Missouri Ave		609,000
1402 W Berridge Ln		599,000
907 E Berridge Ln		595,000
5107 E Blomfield Rd	\$	575,000
3827 N 33rd St		575,000
5338 E Questa Tierra Dr		540,000
527 W San Juan Ave		535,000
1807 E Winter Dr		520,000
4231 W Monte Cristo Ave		520,000
15 W Cochise Dr		520,000
2040 W Trotter Trail		500,000
6301 N 14th Pl		495,000
6418 N 13th Ave		483,850
1326 E Stella Ln		475,000
1320 L Stelld Lil	Ф	473,000

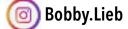
117 W Oregon Ave\$	475,000
414 E Earll Dr\$	425,000
3920 W Sandra Terrace\$	460,000
026 E Wagon Wheel Dr\$	450,000
5 E Butler Dr\$	429,900
5522 N 5th Ave\$	425,000
1414 E Earll Dr\$	425,000
930 E Bethany Home Rd\$	420,000
E Butler Dr*\$	420,000
132 E Orangewood Ave\$	419,000
232 E Palacio Ln\$	395,000
100 W Maryland Ave L1\$	351,000
536 E Mission Ln\$	349,900
2019 E Campbell Ave #115\$	299,900
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7557 N Dreamy Draw #139\$	280,000
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The State of Arizona is offering a one-time Return to Work Bonus! On unemployment prior to May 13? Ready to get back to work? Arizona is offering a one-time Return to Work Bonus of up to \$2K on a first come, first serve basis when you stop filing for unemployment and complete at least 10 weeks of work with an employer!

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Author & Financial Advisor

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HEALTHY LIVING

Health Briefs

Pop-up event will feature meditation and mindfulness

Relax and connect with others as you strive to improve your wellbeing at a pop-up event on Saturday, Oct. 23.

OUTSIDE MEDITATION, a popup wellness experience, will launch in Phoenix with a Boho Urban Oasis event from 3 to 6 p.m. at WAYL.A. Studios, 4130 N. Seventh Ave. There will be guided meditation mini-sessions and an interactive space for mindfulness. Participants also can enter to win prizes in a raffle, enjoy entertainment and visit with wellness vendors. It is free to attend this event.

To learn more, email omwellness.official@gmail.com or visit www.eventbrite.com and search under OUTSIDE MEDITATION.

How to discern flu symptoms from COVID-19 symptoms

With flu season typically starting this month in Arizona, Banner Health offers tips on how to know whether you have influenza rather than COVID-19.

According to Banner Health, both COVID-19 and the flu include fevers or feeling feverish/having the chills, a cough, fatigue, a sore throat, congestion or a runny nose, muscle pain or body aches, headaches and occasionally vomiting and diarrhea.

A common symptom of COVID-19 is a new loss of smell/taste and shortness of breath sometimes affects people with COVID-19 but it is rare for someone with the flu to experience these symptoms. Sneezing is sometimes a symptom of the flu and commonly of a cold but it is rare for anyone with COVID-19. Chest pain and discomfort are common manifestations of the flu and cold but rare for COVID-19, according to Banner Health.

To stay healthy during flu season, Banner Health recommends people obtain a flu shot by the end of September, avoid close contact with anyone who is sick and stay home if they are ill. People should cover their mouth and nose when they are coughing or sneezing, wash their hands often and avoid touching their eyes, mouth and nose.

To learn more, visit www.banner-health.com/healthcareblog.

Abrazo campus recognized for stroke treatments

Abrazo Central Campus is receiving national recognition for the quality of its healthcare professionals and the resources and support it offers to stroke patients.

The facility at 2000 W. Bethany Home Road, which is a Comprehensive Stroke Center, was recently honored with several American Heart Association/ American Stroke Association's 2021 Get With The Guidelines Stroke awards. The campus received the Gold Plus Quality Achievement Award, Target: Stroke Elite Plus Honor Roll Award, Target: Type 2 Diabetes Honor Roll Award and the Advanced Therapy Honor Roll.

Abrazo Central Campus and other Comprehensive Stroke Centers provide multi-specialty management of patients who have suffered ischemic or hemorrhagic strokes. Besides specialized testing, as well as endovascular surgery and other procedures, this hospital also offers inpatient rehabilitation services. Abrazo Central Campus also is forming a stroke survivor support group.

To learn more, visit www.abrazo-health.com.

Clinic helps patients handle pain, behavioral health

Recovia, a pain management clinic and behavioral health center, recently opened offices at 2411 W. Northern Ave., Suite 201, and 337 E. Coronado Road, expanding its services to more people who are struggling with chronic pain and addiction.

Recovia specializes in treatments for chronic pain, addiction and general mental health. It provides an integrated outpatient tactic to address opioid dependency, as well as all types of substance abuse, mental health issues and chronic pain. Its methods are based on an interdisciplinary model that blends medical methods, as well as behavioral health, physical therapy and other holistic treatment modalities, including yoga, dry needling and eye movement desensitization and reprocessing (EMDR) Therapy.

The location on Northern Avenue is open from 8 a.m. to 5 p.m. Mondays through Fridays. To learn more, visit www.recovia.com.



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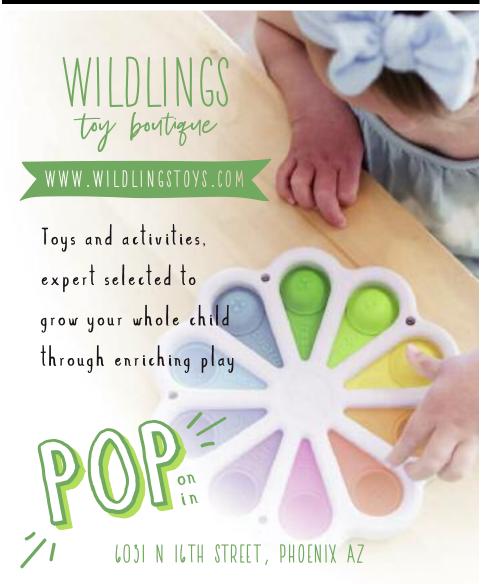
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SCHOOL DAYS



Vice Admiral Yancy Lindsey, Commander, Navy Installations Command, presented a special "Challenge Coin" to Phoenix Christian junior Hana Marz during a recent visit. Lindsey graduated from Phoenix Christian in 1980 (photo by Sandra Tenuto Photography).

Navy vice admiral visits local school

Students at Phoenix Christian recently had the chance to hear from an alumnus and U.S. Naval officer when he and his wife visited the campus.

Vice Admiral Yancy Lindsey, Commander, Navy Installations Command, class of 1980, and his wife, Stacey, class of 1981, toured the school and talked with students about their love story at Phoenix Christian and their service in the U.S. Navy.

While on campus, Lindsey asked a junior, Hana Marz, to join him on stage while he congratulated her on her recent call during the school's One Dollar A Week Call-athon (OAW) campaign. During this campaign, students call the more than 4,500 alumni to ask them to contribute \$52 or one dollar a week to Phoenix Christian.

The vice admiral presented Hana with a special "Challenge Coin," which is engraved with Lindsey's name.

Lindsey is a native of central Phoenix who graduated from the University of California at Berkeley with a bachelor's degree in mechanical engineering and holds master's degrees in military studies from the Marine Corps University and global leadership from the University of San Diego. He served as a flag officer as the 89th commandant of Naval District Washington; Commander, Navy Region Southwest and as Commander, Navy Region Europe, Africa, Central. Lindsey started his role as the 7th Commander of Navy Installations Command in May of last year. The Lindseys live in the Washington, D.C. area.

The vice admiral told students, "Whatever dreams you have, you can pursue them!"



School Briefs GLENDALE UNION HIGH SCHOOL DISTRICT

Student club serves meals at André House

A club at Washington High School is demonstrating its passion for helping the community.

The school's Interact Club recently volunteered at André House, a non-profit ministry that provides dinner, clothes, laundry service, showers, legal services, office uses and other services to homeless and poor people in the Valley. Students in the club served more than 400 meals to those in need. Interact Club is a service organization for students ages 14 to 18.

Abrazo Central Campus donates supplies to WHS

Students in need are off to a strong start this academic year thanks to donations that Abrazo Central Campus provided recently.

Representatives from the hospital at 2000 W. Bethany Home Road dropped off donated school supplies and



and Kaitlyn Nguyen, members of Washington High School's Interact Club, recently volunteered as part of a club effort to provide meals to people in need at André House. The club helped serve more than 400 meals (photo courtesy of Glendale Union High School District).

Jessica Delgado, left,

hygiene items to Washington High School and Maryland School last month. The donations included hand sanitizer, disinfection wipes, tissues, markers, Sharpies, alarm clocks, granola bars, toothbrushes, toothpaste, crayons, pencils, lotion and soap.

These donations are important as 72 percent of students at Washington High School qualified for free or

reduced-price lunches for the 2018 school year, according to the Arizona Department of Education.

Sunnyslope coach joins state Hall of Fame

Sunnyslope High School soccer and softball coach Mike Fenton was recently inducted into the Arizona High School Athletic Coaches Hall of Fame. Fenton was recognized for his "leadership, excellence, and success" serving youths in the state. He will be honored at a luncheon on Sunday, Oct. 17 at an Elks Lodge in Phoenix.

MADISON ELEMENTARY SCHOOL DISTRICT Residents donate blood at district event

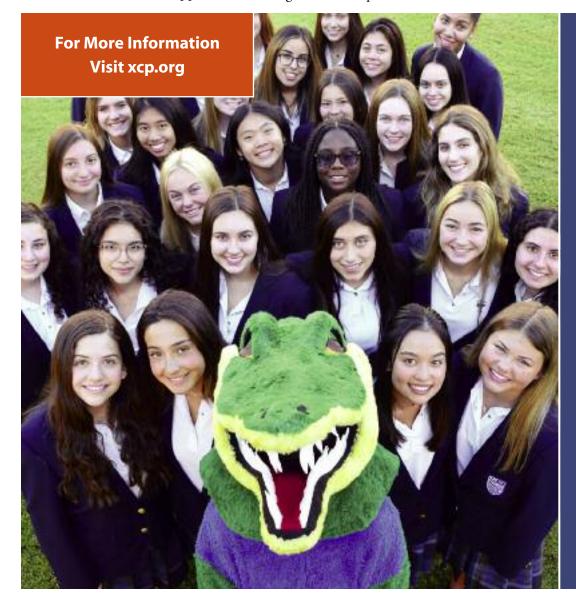
The Madison Elementary School District recently teamed up with Vitalant Blood Donation to hold a community blood drive at the district office.

Residents donated enough blood to impact more than 90 lives. Mitigation methods were in place to prioritize the safety of donors. There has been a shortage of blood donations due to the COVID-19 pandemic.

Learn about elementary schools in virtual tour

The Madison Elementary School District will offer a 2021 Discover Madison Virtual Tour of its elementary school campuses at 8:30 a.m. on Friday, Nov. 5. The tour also will pro-

please see TOUR on page 26



Xavier College Preparatory

is a Catholic community that strives to prepare young women of faith with the knowledge, skills, and integrity to meet the challenges of a changing global society in a positive and productive manner celebrating unity.



8th Grade Day

Oct. 29, 2021 9:30 a.m. - 1:00 p.m.

Open House

Oct. 31, 2021 | 12:00 p.m. - 3:00 p.m.

All are welcome

Xavier Entrance Exam

Saturday, Jan. 8, 2022 or Saturday, Jan. 22, 2022 at 7:30 a.m. Registration for exam and application information at xcp.org.

9th Grade applications are due Monday, Jan. 24, 2022.

Affording a Xavier Education

Financial Aid Workshops available to interested parents during the Entrance Exam Testing, Jan. 8, 2022 and Jan. 22, 2022.

TOUR continued from page 25

vide information about its Signature Programs and a chance to hear from the principals at the schools.

Anyone can sign up to take the virtual tour although it is geared towards families with incoming kindergarten students. It is free of charge and participants can ask questions on the sign-up form and live during the event.

To register for the tour, visit www.madisonaz.org/discovermadison.

OSBORN ELEMENTARY SCHOOL DISTRICT

Native American committee helps parents aid children

Osborn Elementary School District's Native American Parent Committee (NAPC) will meet next virtually from 5:30 to 7 p.m. on Thursday, Nov. 4. The committee supports the Native American Education Program, which offers academic support to Native students in grades four through six.

A Native American Education Specialist works directly with students

in small groups using culturally relevant literature while teaching literacy. Osborn's program also organizes culture-based, after-school opportunities and workshops and family events for Native students and their families.

The program receives federal and state support based on the number of Native American students in the district. You can help the district maintain the program by filling out a Title VI form and JOM form for your Native child. To learn more, visit https://sites.google. com/osbornsd.org/curriculum-do-website/native-american-program or contact Native American Education Specialist (Diné) Amber Stevens astevens@osbornsd.org or 602-707-2295. You also can contact Lilian Kong, Native American Parent Liaison, at lykong@osbornsd.org or 602-767-2475.

PHOENIX UNION HIGH SCHOOL DISTRICT

Students, teachers can earn incentives for vaccinations

The Phoenix Union High School District is offering financial incentives to students and employees who receive the COVID-19 vaccine through its Vax to the Max campaign, which offers \$100 gift cards to fully vaccinated students or a one-time payout of \$200 to each staff member who shows a valid vaccination card. This campaign will last through Monday, Oct. 11, with a goal of reaching the 85 percent vaccination threshold typically required to achieve herd immunity.

The gift cards and incentives are being paid for with federal stimulus money that was given to school districts for this reason. To learn more, visit www.pxu.org/VaxToTheMax.

North High grad takes spotlight in new BET show

A North High School graduate is one of the stars in a new show on BET. Miah Blake is making her TV debut in "Twice Bitten," a "whodunit" about a conman who targets his next mark for a scam and the plot leads to desperation, betrayal and murder.

Born in Phoenix, Blake graduated from North High in 2011, where she was active in the International Baccalaureate (IB) program. Following graduation, Blake moved to Los Angeles to pursue a career as a singer and dancer but she also discovered a passion for acting. She graduated from The American Musical and Dramatic Academy &

C o l l e g e Conservatory for the Performing Arts with a bachelor's degree in musical theatre. Blake's first principal role was in ABC's "The Little Mermaid Musical



Miah Blake

Live." Blake also is known as Alt R&B artist BLVKE and has performed in several popular Los Angeles venues.

WASHINGTON ELEMENTARY SCHOOL DISTRICT Bus route information is easy to find online

The Washington Elementary School District now provides bus route information through its website. Families need to log in to the account by using their student's six-digit identification number and date of birth. The



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CLASS SIZE

15 students average per class



STUDENT:TEACHER

8 students average per 1 teacher



FACULTY DEGREES

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CAMPUS SIZE

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student ID numbers can be found on ParentVUE or by contacting the office of the school the child attends. Transportation information is shown for students including their bus stop locations, bus numbers and pick-up/drop-off times.

To learn more, visit www.wesd-schools.org.

Board member, teacher are finalists for state award

A Washington Elementary School District governing board member and music teacher are Top 10 finalists for the Arizona Educational Foundation Teacher of the Year Award.

Lindsey Peterson, a district governing board member, teaches English at Apollo High School in the Glendale Union High School District. She has a child in the Gifted Learning Center in the Washington district and another who attended the district's self-contained autism program.

Alyssa Weed is a music teacher at Acacia Elementary School in the Washington district.

The educational foundation will



The Brophy College Preparatory golf team, pictured here with Ping executive Scott Sullivan (left), won both the Brophy Invitational at Grayhawk Golf Club and the Brophy Rodeo Invitational presented by Ping at the Wigwam Resort and Golf Club (photo by Karie Dozer).

interview the Top 10 candidates, then select five teachers as "Ambassadors for Excellence" and finalists.

PRIVATE AND
CHARTER SCH

Peterson and Weed will be honored at the AEF Arizona Teacher of the Year Awards on Saturday, Oct. 16, at the Madison Center for the Arts, where the Teacher of the Year will be announced.

CHARTER SCHOOLS Brophy golf team wins two invitationals

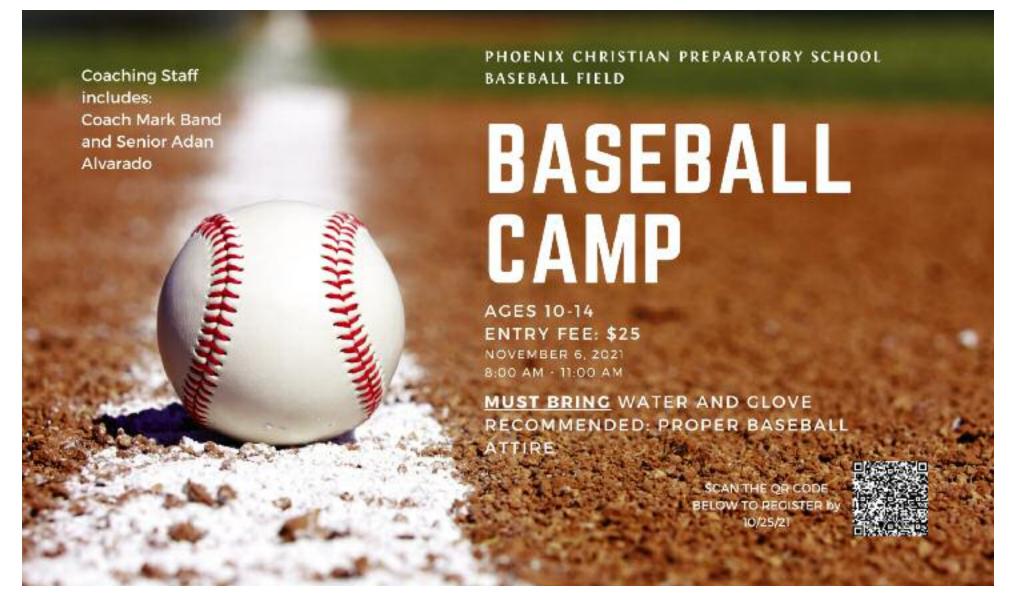
The Brophy College Preparatory golf team won the Brophy Invitational at Grayhawk Golf Club, defeating Chandler Hamilton by a total of 22 strokes over the two-day event. Tyler Spielman, a Brophy sophomore, set a new record when he shot 10-under par. The Brophy team's score was the lowest in the history of the tournament, breaking the 20-year record by five strokes. Michael Kuhl, Jack Dozer and George Rubelsky, all Brophy seniors, finished at 146, 148 and 149 respectively while Brophy junior Charlie Palmer shot 145.

Brophy's winning streak continued when it won the inaugural Brophy Rodeo Invitational presented by Ping at the Wigwam Resort and Golf Club last month. The team initially tied with Trinity Christian from Dallas, Texas, for first place but won in a scorecard playoff. Both teams shot -7/569 over the two days of that competition.

Two schools receive grants to fund scholarships

The Virginia G. Piper Charitable Trust recently announced it had awarded \$1 million each to Brophy College Preparatory and Xavier College

please see GRANTS on page 28



TRUNK OR TREAT at Cross Roads your neighborhood church Sunday, October 31, 5:30pm Haunted House Free Moyle Free Moyl

GRANTS continued from page 27

Preparatory as part of its Now Is the Moment grant program

The grants, which will be used for scholarships at both schools, are part of the \$123 million in funds the Trust provided to what it considers "invaluable organizations to our community." There were 71 organizations, including the two schools, that received these grants.

Midtown Primary students engage in STEAM projects

Midtown Primary School's afterschool club, Shazam, engages students with science, technology, engineering, art and math (STEAM) through projects that include building and gardening. Students cook, draw, construct items and participate in engineering and designing.

STEAM projects help reinforce math, reading and writing skills in engaging ways. Students recently built houses out of any materials they chose. They also have designed new Lego inventions and will visit the Keep Phoenix Beautiful garden across the



Vincent, Gema, center, and Aubrey, fourthgraders at Midtown Primary School, construct a cube house out of linking sticks as part of a STEAM project for the school's after-school Shazam club (photo courtesy of Midtown Primary School).

street from campus to help plant.

Students and employees at Madison Highland Prep will take part in a monthly STEAM Friday, where the children spend an afternoon exploring and designing. The first STEAM Friday will be held on Friday, Oct. 1.

Phoenix Country Day School to hold open house

Phoenix Country Day School will host an open house next month.

The private, independent school for students in grades pre-kindergarten through 12 will hold the event from 11 a.m. to 1 p.m. on Sunday, Nov. 7, on its campus at 3901 E. Stanford Drive. This school offers small classes and supports growth of the whole child with academic excellence and character development. It has about 750 students and its average class size is 15 students per class. The school sits on 40 acres with athletic fields, an aquatic center, gyms, an auditorium, music spaces and a science, art and technology center.

To learn more, visit www.pcds.org/admissions/open-house.

MHP students join National Honor Society

Madison Highland Prep recently inducted 42 new members into the National Honor Society, bringing the total number of the school's students in the society to 160.

These students had completed more than 20,000 hours of community service to date, as of press time and will conduct more than 4,000 hours of com-



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Preschool and Kindergarten Open House

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Tours will be given by Parent Ambassadors, parents will visit the classrooms, listen to a presentation given by our Principal & Teachers

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- Art, Music, Spanish

North Central Ave | Phoenix, AZ 8

to register.

munity service just in this year. The students have volunteered at various soup kitchens, a hospice and other organizations. They also support the school campus by tutoring their peers in reading and math, help with sporting events and student council activities, read to preschool students in the Madison Elementary School District and have partnered with Vitalant to provide blood donations to the community.

Xavier senior earns leadership, academic honors

Angel Polk, a member of the Future Inspired Native American Leaders Youth Council and a senior at Xavier College Preparatory, recently won the High School Student of the Year award at the Arizona American Indian Excellence in Leadership awards event. Angel has worked with Xavier's EPIC (Engineering Projects in Community) Program, through which she and her classmates created a website to help people stay safe during the COVID-19 pandemic. It also provided links to various COVID-19 relief funds for Native American peoples. Angel also developed a mask template for anyone who wanted to make masks at home and created masks to donate to the San Carlos Reservation.

As part of the Native American Youth Council, she connects with other youths to work on projects tackling substance abuse, health and wellness and expanding ways to link to Indian culture.

The College Board National Indigenous Recognition Program recognized Angel as a 2021-2022 Scholar

based on her academic achievements and performance on the PSAT and AP. Dartmouth College has selected Angel to participate in its Indigenous Fly-In

Program, which brings together prospective students from around the country to visit the campus in Hanover, N.H., and offers a way to welcome stu-



Angel Polk

dents of all backgrounds who have demonstrated their interest in Native community and/or Native American Studies to apply to Dartmouth.

Drone racing team merges sport, technology

Madison Highland Prep has introduced Arizona's first drone racing team on its campus.

The team offers students a chance to learn how to safely operate a drone and work together. Madison Highland Prep Drone Racing Team members will build skills in multiple coding platforms and learn how to integrate those with other platforms.

Team president Jack Sanders said the drones are assembled using a manual and then each team sets up a course to fly. He said "the goal is to fly the drones through obstacles and deliver packages as fast as we can."

The school teams will compete virtually to test their operational skills and record the fastest time.





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GENERATIONS

Senior Living

Agency helps caregivers, seniors with challenges

The Area Agency on Aging, Region One, offers many different services and programs to help older residents and their caregivers.

Its long-term care ombudsman offers a resident-centered advocacy program to help those who live in nursing and assisted living homes. An ombudsman aims to resolve complaints on behalf of residents in long-term care centers, including adult foster care, assisted living and skilled nursing facilities. This program provides a free, confidential way for residents to express concerns and have their complaints addressed.

Anyone who is a caregiver to a loved one at home or in a long-term residence or from miles away can receive information, education and respite services through the agency's Family Caregiver Support program. Inhome respite services are arranged

through one of the Area Agency on Aging's home care agencies. The "Friends and Neighbors" consumerdirected care model lets caregivers select their own respite worker to stay with their loved one and to be reimbursed by the agency.

Support groups also are offered at no cost to the caregiver. The CarePAL: A Workshop Series for Care Partners & Care Recipients program helps caregivers learn how to manage their concerns and stress, as well as how to prepare for changes due to serious illnesses, how to communicate about serious illness with others and how to plan for the future. To learn more about workshops in the Valley, call 602-496-1239.

Area Agency on Aging, Region One also offers transportation to medical appointments and to vaccine locations, as well as counseling about Medicare and Medicaid benefits. To learn more, visit www.aaaphx.org or call the 24-Hour Senior HELP LINE at 602-264-HELP (4357).

Symposium offers coping skills for caregivers

Caregivers can gain insight into guilt and grief and the additional ambiguity that the COVID-19 pandemic presents during a virtual event presented by Duet: Partners In Health & Aging.

Guilt, Grief and Guideposts: A Conversation with Dr. Pauline Boss and Kathy Ritchie will take place from 9 to 11:30 a.m. on Wednesday, Oct. 27, on Zoom. The event is free for family caregivers and costs \$15 for professional caregivers.

Pauline Boss, a family therapist, pioneer theorist in ambiguous loss and author of "Loving Someone Who Has Dementia: How to Find Hope While Coping with Stress and Grief," will talk about her personal and professional caregiving experiences during the pandemic. Boss, who cared for her late husband, will talk about guilt and grief, as well as how the pandemic has caused loved ones to die alone and their caregivers to grieve by themselves without saying "goodbye," holding funerals or participating in other traditional rituals for comfort and support.

She will explain why caregivers commonly feel guilt as a normal grieving process and provide tips for resilience and moving forward despite the ambiguous loss when someone is still alive but the person they were has disappeared.

Ritchie, a local journalist who has reported extensively on many aspects of caregiving, will share her experience taking care of her late mother. An editor of "Next Avenue," a digital publication focusing on people ages 50 and older, Ritchie worked as a broadcast reporter for many years.

To register for the symposium, visit https://duetaz.org/symposium.

Kids & Families

Fall break camps aim to inspire at science center

Kids can engage in hands-on, entertaining challenges aimed at building





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Our roomy dining room s an art gallery!

GENERATIONS

life skills over fall break during CAMP INNOVATION at the Arizona Science Center this month.

This day camp will run Monday, Oct. 4, to Friday, Oct. 8, and from Monday, Oct. 11, to Friday, Oct. 15, at the science center at 600 E. Washington St. Youths will participate in activities aimed at building their confidence, creative problem-solving skills and persistence. The camps tap into kids' interests and curiosity, as well as give them the chance to become innovators through creativity and teamwork.

Scholarships are being provided for the fall break camps. To apply for a scholarship for CAMP INNOVATION or to learn more, visit www.azscience.org/events-programs/ camp-innovation.

Explore Hispanic culture at Children's Museum

Enjoy programs and events that celebrate National Hispanic Heritage Month through Friday, Oct. 15, at the Children's Museum of Phoenix at 215 N. Seventh St.

The artwork of Gennaro Garcia, which offers a Latino immigrant's perspective on the world, will be on display. He will lead a class in print making during the museum's Members-Only Night from 4 to 7 p.m. for museum members only on Oct. 15.

Children will be able to build their own colorful kites similar to those from the Giant Kite Festival in Guatemala Oct. 5 to 10 at the museum during the Guatemalan Barrilettes art studio project. Kids also can create colorful Día de los Muertos skulls in the art studio Oct. 12 to 17. These programs are free of charge with a paid museum admission of \$16 per person. Children under age 1 and museum members can participate for free.

Anyone who visits the museum ages 2 and older is required to wear a mask during this COVID-19 pandemic, regardless of whether they have been vaccinated. To learn more, visit https://childrensmuseumofphoenix.org.

Kids, teens can learn karate in city classes

Children and teens, as well as their family members can explore karate in classes offered by the city of Phoenix.

Karate – Youth Ages 6-13, will be held from 4 to 4:45 p.m. on Saturdays from Nov. 6 to Dec. 18 at Longview

Neighborhood Recreation Center at 4040 N. 14th St. This program is available for youths of all skill levels. Students will learn this martial art in a fast-paced, high-energy class in which safety is stressed. Students also will learn a system of verbal defense and setting boundaries when they are being bullied.

This class costs \$50 and there were several openings remaining, as of press time. Students and others are required to wear a mask or face covering when inside this center and all city facilities, regardless of their vaccination status, as the city of Phoenix follows Centers for Disease Control and Prevention (CDC) guidelines to try to reduce the spread of COVID-19. To learn more, visit www.phoenix.gov/parks.

Teens can get help applying for financial aid

Does your teenager need help applying for financial aid for college? The Phoenix Public Library's College Depot will be providing free-of-charge one-on-one sessions and workshops for groups to offer help applying for financial aid. Participants will receive help filling out the FAFSA forms, as well as learn how to research and apply for scholarships or sign up for one-onone mentoring. FAFSA for the 2022-23 academic year began on Oct. 1. High school seniors who plan to attend college starting in the fall of 2022 need to finish and submit financial aid applications.

You can schedule an appointment for one-on-one assistance with a College Depot employee by calling 602-261-8847 or visit www.phoenix-publiclibrary.org.

Little ones can dance, sing to build reading skills

Help your little ones learn while moving to music at the Phoenix Public Library's Music & Movement at Acacia Library. At this event, geared towards youths from birth to 6 years old and their favorite grown-ups, participants will sing, dance and move in a program that builds reading skills. Children who love stories and books become stronger readers. The next Music & Movement event at that library after the Oct. 14 one will be held from 10:30 to 11 a.m. on Thursday, Oct. 21.

Acacia Library is located at 750 E. Townley Ave, To learn more, visit www.phoenix.gov/library.



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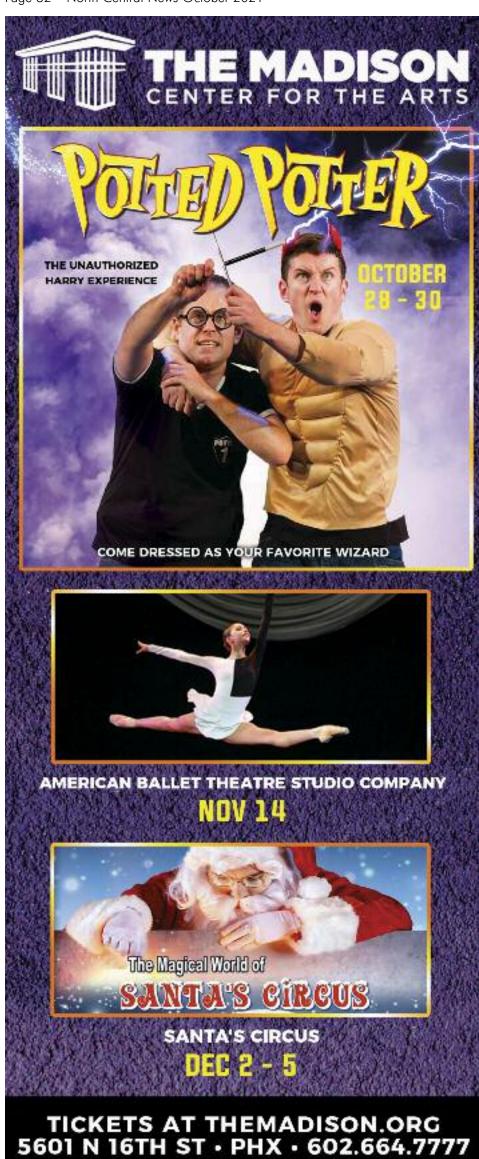


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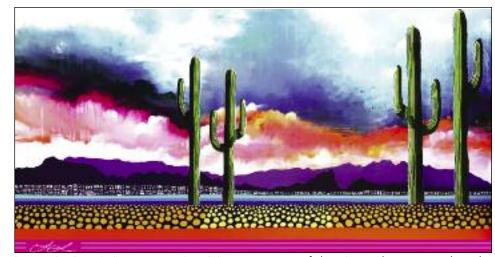


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ARTS & ENTERTAINMENT



Lauren Lee's painting representing Arizona was one of the pieces chosen recently to be reproduced on LIFEWTR, PepsiCo's premium bottled waters (photo courtesy of Lauren Lee).

Local artist's work set for bottled water

By Colleen Sparks

A North Central artist's vibrant painting of cacti, downtown Phoenix and the majestic sunset over the desert is bringing the look of the Southwest to PepsiCo's premium bottled water brand.

Lauren Lee and five other artists were selected to create artwork that pays homage to the character of their Western states for the LIFEWTR bottles. Their visual reflections can be found on LIFEWTR's latest West Coast-inspired bottle collection. These artists were announced recently after the success of LIFEWTR's SoCal limited-time bottle design in collaboration with artist Tray, which debuted last year. That design inspired the brand to expand to seek art for four additional markets this year and the bottles can be purchased while supplies last at retail locations around their respective states.

Lee, who has been an artist since growing up in Yuma, has been a professional painter for the last eight years. She also painted the artwork that is on the water bottles as a large mural at the Roosevelt/Central Avenue light rail station. Lee said her grandmother has been buying "all the bottles in Yuma" to see her artwork.

"To be chosen as the Arizona artist was really an honor," she said. "It hasn't stopped feeling really special. It's kind of incredible when something like this happens because I didn't know it was coming. The universe just sort of aligned it."

Lee received an email from LIFEWTR asking her to offer her artwork from the company and she had already been buying the LIFEWTR bottles as a consumer.

LIFEWTER also is going to splash the artists' designs across in-store and out-of-home advertising, including on LIFEWTER/PepsiCo trucks. It set up scavenger hunts where the public could look on social media for clues to try to find the artists' work in their communities. Once they found them, they received giveaways of enamel pins, patches, a bandana and other items featuring the artists' creations on them.

Lee often holds pop-up shows to display her work in local galleries. To learn more about her work, visit www.laurenleefineart.com or visit her page on Instagram at www.instagram.com/mslaurenlee.

Movies At The Park to feature 'The Goonies'

Enjoy watching a movie outdoors with your family when Highland Real Estate hosts Movies At The Park on Saturday, Oct. 23, at Royal Palm Park, 8405 N. 15th Ave. The venue opens at 6:30 p.m. and the movie "The Goonies" will be shown at 7 p.m. on an LED movie screen. Popcorn and other refreshments will be available. Participants should bring their own blankets.

Released in 1985, "The Goonies" is an adventure comedy film about a gang of misfit kids and their families that are about to be evicted from their neighborhood as it is going to be turned into a golf course unless enough money can be raised to stop that project. When the gang leader Mikey stumbles across an old map guiding viewers to the hidden fortune of a pirate named One-Eyed Willy,

ARTS & ENTERTAINMENT

the Goonies embark on an adventure to find the treasure and save their families.

To learn more about Highland Real Estate, visit https://highlandreaz.com.

'Potted Potter' brings wizarding ways to stage

Experience the magical world of Harry Potter at a popular, Olivier Award-nominated show coming to The Madison Center for the Arts.

Potted Potter: The Unauthorized Harry Experience – A Parody by Dan and Jeff will be on stage at 7 p.m. on Thursday, Oct. 28, Friday, Oct. 29, and Saturday, Oct. 30, at the arts center at 5601 N. 16th St. Olivier Award-nominated actors Daniel Clarkson and Jefferson Turner created this show by condensing all seven Harry Potter books and a real-life game of Quidditch into 70 humorous minutes.

Even those who do not know the difference between a horcrux and a Hufflepuff will laugh during this performance. It is ideal for anyone at least 6 years old.

For tickets, visit www.themadison.org.

Picnic under the stars at 'Noche en Blanco'

Get ready to picnic in your finest white attire at the sixth annual "Noche en Blanco," a celebration under the stars to benefit the Hance Park Conservancy (HPC) on Saturday, Oct. 30.

This multicultural unity dinner will be held from 5 to 10 p.m. at Hance Park at 116 E. Moreland St. Participants are encouraged to wear white costume cocktail attire as they dine, dance, and enjoy multicultural performances, including a dance performance featuring the Phoenix Afrobeat Orchestra and other special performances from the Japanese Friendship Garden of Phoenix, the Arizona School for the Arts, the Irish Cultural Center, The Nash and Mariachi Fusíon.

This event was inspired by a similar community "dinner in white" that began in Paris 30 years ago. All proceeds from the event will benefit the HPC, a non-profit organization committed to sustainability and the future of Hance Park.

Single-seat tickets are available for \$25 or you can purchase a table for eight for \$200. Guests can bring their

own food and non-alcoholic drinks or can pre-order a gourmet picnic from Conceptually Social Catering, along with wines, spirits and local craft beer. Pre-orders for gourmet picnics and alcoholic drinks close on Friday, Oct. 15. Full bars also will be available at the event.

To purchase tickets, visit https://hanceparkconservancy.org/noc he-en-blanco.

Celebrate full moon at Friendship Garden

Celebrate the full moon during a traditional Japanese celebration on Friday, Oct. 22, and Saturday, Oct. 23.

The Japanese Friendship Garden of Phoenix will host the Otsukimi Moon Viewing from 5 to 9 p.m. both nights at 1125 N. Third Ave. Visitors can stroll through the paths in the full moonlight and see various Japanese displays and enjoy sake and snacks. The event will include traditional Japanese music, Japanese poetry readings, and exhibits of various Japanese arts and culture. Visitors can view a special exhibit and drink a beverage in the Tea Garden for an additional \$5.

General admission for the Otsukimi Moon Viewing is \$25 for the public, \$20 for members and \$7 for youths ages 3 to 12.

For tickets, visit www.japanesefriend-shipgarden.org.

Jeremy Pelt Quintet coming to The Nash

An internationally known trumpet player will play as part of a quintet on Tuesday, Oct. 12 at The Nash.

The Jeremy Pelt Quintet will take the stage at 7 and 9:15 p.m. at the jazz and educational venue at 110 E. Roosevelt St.

Pelt is a preeminent young trumpeter in the jazz world who has performed with a wide variety of wellknown artists and has been featured in national media.

Tickets for the 7 p.m. show cost \$55 for Tier 1 seats, which are at two-top tables, \$51 for Tier Two seats and \$49 for Tier Three seats. For the 9:15 p.m. show, tickets are \$49 for Tier 1 seats, \$45 for Tier Two seats and \$39 for Tier Three seats.

For tickets and more information, visit https://thenash.org/event/special-event-jeremy-pelt-quintet.





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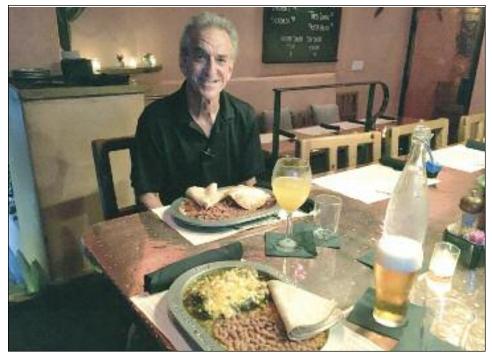
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FOOD FOR THOUGHT



General manager Phil Kelly says the mother sauces – red and green chile – set the tone for the New Mexican-inspired menu at Dick's Hideaway and its sister location, Richardson's. Customer favorites include carne adovada, left, and chile rellenos (photo by Marjorie Rice).

Café Chat

Local 'hideaway' offers unique New Mexican fare

By Marjorie Rice

Don't call it "Mexican food."

Dick's Hideaway – an apt name for a place hidden behind a lush garland of greenery that frames a door with no name on 16th Street just north of Bethany Home Road – serves up New Mexican food.

What's the difference?

"It's in the sauces," said Phil Kelly, general manager of Dick's Hideaway and its sister restaurants Richardson's Cuisine of New Mexico and Rokerij.

The red and green sauces that form the foundation of the menus at the three restaurants were perfected by owner and founder Richardson "Rich" Browne, who grew to love New Mexican food over several years of living in the state.

"The green sauce starts with Hatch green chilies," Kelly said. The chilies, a New Mexico hallmark, pack a punch that's missing in the ubiquitous Anaheim chilies, he said. "Once you have Hatch chilies, the others are ... yawn."

The red sauce begins with dried Hatch red chilies that are reconstituted in an onion-laced broth and then whirled to a smooth puree. It's the basis for one of Dick's most popular dishes, carne adovada, a succulent and substantial serving of pork that's been smoked for hours, then simmered in red sauce, served with beans – ranch-style, not refried – and some of the most flavorful rice you'll find in town.

And that brings up another signature at Browne's restaurants – humongous servings brought out on searing-hot custom-designed metal platters.

On a recent Thursday midday, some rather sizeable male customers were cleaning up the bounteous meals, but for those with more average appetites the to-go containers are a must. (They also make economic sense because there's a \$10 split plate charge for those who want to share.)

Why such enormous servings?

"Rich doesn't like finger foods," Kelly deadpanned. "And he wants hot food brought out hot and cold food cold, so we have the metal platters."

Those sumptuous servings are one reason Dick's is so popular, especially at breakfast, Kelly said. Stoke up on a plate of rellenos and eggs – two hefty rellenos stuffed with a choice of pork, cheese, duck, smoked turkey or beef tenderloin and smothered with red or green chile and served with three eggs, potatoes or hash browns, beans and a tortilla – and you're ready to face a hard day's work. If you can stay awake.

The menu ventures beyond New Mexico, with seafood linguine, gumbo, and a customer favorite, Pasta Heidi.

The restaurant is divided into two

FOOD FOR THOUGHT

main areas: the popular bar, with a few tables along the wall and a small mezzanine with booths in the back; and a more subdued room with booths and tables. The room can be rented out for groups.

The hammered-copper-top tables and bar are another hallmark of Browne's restaurants. They're also practical, standing up to the heat from those platters.

All this started in 1989, when Browne decided to open Richardson's.

"He only knew how to make three things - red and green chile and grilled steak," Kelly said.

Browne learned as he went along, but those early days were a marathon, made more challenging by a tiny staff.

The restaurant became a neighborhood institution, and Dick's and Rokerij followed. Loyal patrons were stunned when, in 2009, fire gutted Richardson's. It was especially challenging since fire had caused serious damage just two years earlier at Rokerij.

Browne originally planned to reopen Richardson's in its original location, but difficulties with leasing drove him to buy the property north of Rokerij on 16th Street, just south of Maryland Avenue and open a new restaurant there.

Customer demand at the three restaurants has become so high that brunch and dinner reservations are a must. And get there early if you want a seat at Dick's bar.

That demand, and Browne's seeming insatiable itch to add more locations, will result in yet another restaurant, the C Store, adjoining Richardson's at the corner of 16th Street and Maryland Avenue.

"We're calling it the C Store because it was a convenience store for years," Kelly said. "Rich bought it and we used the cold cases for storage."

Renovations are nearly complete (they're keeping the cold cases) and Browne said he hopes to open C Store in the next couple of months.

Like the other three restaurants, menu items will overlap. And there will be a capacious bar, another signature of Browne's eateries.

'Customers love to hang out at our bars," Kelly said. "People enjoy the drinks and conversation, along with the food."

About that food - Dick's bar offers the full menu, and it's also a great spot to sample the long list of botanas including jalapenos stuffed with asiago wrapped in bacon and grilled; tomatillo toast; and New Mexico queso with spinach, onions and chorizo with chips.

But if you have room for just one, go for the green chile potato, one of Browne's most popular creations. Think twice-baked potato in a roasted green chile. Hatch, of course.

Dick's Hideaway, which is located at 6008 N. 16th St., is open every day except Thanksgiving and Christmas from 7 a.m. to midnight. For information, call 602-241-1881 or visit www.richardsonsnm.com.

Dining Briefs

Variety of pies on tap at **Phoenix Pizza Festival**

Have a slice of fun at the Phoenix Pizza Festival on Saturday, Nov. 13, and Sunday, Nov. 14.

The event will feature approximately 20 pizza makers selling a variety of pies at Margaret T. Hance Park, 1202 E.

Third St. Each slice will go for \$2 to \$4 and half-pies and full pies also will be available for purchase. There will be live music and sweet treats as well. Ticket holders can purchase items from local vendors, play lawn games and bring their children to play in the kids' zone. Wine, beer, cocktails and non-alcoholic drinks also will be available for purchase.

Admission tickets are \$12 each and admission is free for children ages 5 and younger. Tickets must be purchased in advance online while supplies last. Food and drinks are an additional cost.

For tickets and more information, visit www.phoenix.pizza.

Enjoy coffee and breakfast and help support refugees

Enjoy coffee and breakfast burritos while supporting refugees, foster children, veterans and domestic violence survivors at a local venue.

The Refuge Café, a social enterprise of Catholic Charities Community Services, offers private label Refugee Coffee, which is single-origin, ethically sourced 100 percent Arabica beans

please see REFUGE on page 36

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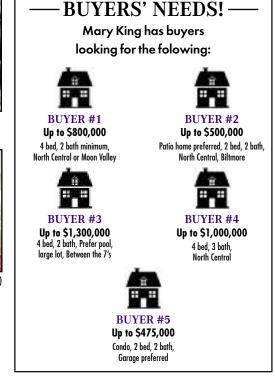
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REFUGE continued from page 35

which veterans roast, package and distribute locally. The café also sells handmade purses, jewelry, artwork, sculptures and other items made by refugees from around the world. The drink menu includes drip coffee, espresso, specialty espresso drinks, nitro cold brew, Americanos, traditional macchiato, lattes, mochas, chai tea, cappuccinos, smoothies, hot tea and other choices.

The Refuge Café's menu includes bagels and cream cheese, breakfast sandwiches with eggs and cheese, breakfast bowls with eggs, cheese and potato and breakfast burritos. Add-ons also are available for breakfast items.

The Refuge Café is located at 4727 N. Seventh Ave. It is open from 7 to 11 a.m. Mondays through Fridays with limited-seating dine-in service. To learn more, visit https://therefugeaz.com.

Huss Brewing Co. releases cherry blossom beer

Something new is blooming at Huss Brewing Co.

Its new Cherry Blossom Beer is available on tap and in select stores. Huss Brewing Co. handcrafts this beer in Tempe and was first released as a six-pack at Total Wine stores last month. The beer also is on shelves at Fry's, Albertsons and Safeway. Made with 100 percent real cherries, Papago Cherry Blossom offers a refreshing taste with a light body, a slightly tart flavor and a bit of sweetness. You also can find it at the Huss Brewing Taprooms at 100 E. Camelback Road in North Central and in Tempe.

To learn more, visit www.hussbrewing.com.

Local bakeshop scores 'Lemon-Aid' grant

A local cookie and bakery shop will use a grant to prepare and deliver birthday cakes to foster children.

Marcus Lemonis, from the CNBC show "The Profit," recently provided grants to small business owners around the country through his Lemon-Aid Foundation including a \$5,000 award to Urban Cookies Bakeshop, located at 2325 N. Seventh St. Shaun and Brady Breese, co-owners of the bakeshop, will provide more than 100 cakes to foster children through the non-profit organization For Goodness Cakes.

Lemonis established the Lemon-AID Foundation last year, promising to deliver \$50 million to help small businesses and underserved communities.

FOOD FOR THOUGHT

To learn more about Urban Cookies Bakeshop, visit www.urbancookies.com.

First Watch spices up fall with seasonal treats

First Watch is spicing up the season with new dishes that will be available through Sunday, Oct. 31.

The seasonal menu items include a pumpkin pancake breakfast, pumpkin spiced donuts, a truffle mushroom hash, a short rib omelet and a vegetarian butternut squash bisque.

Customers can wash down the seasonal dishes with the restaurant's Carrot Crush, a juice with carrot, orange, coconut water, turmeric and lemon.

There is a First Watch location at 3215 E. Camelback Road. To learn more, visit www.firstwatch.com.

Enjoy island vibes with **HULA'S** tiki mugs

HULA's Modern Tika is offering its "HULA'S Modern Primitive" tiki mug for the first time since 2009.

The mugs feature an unusual square shape and stylized features that pay tribute to HULA'S modern approach to the traditional tiki bars of the 1950s and '60s. The mugs can be purchased for \$35 each at the restaurant and bar's locations at 5114 N. Seventh St. and in Desert Ridge and Scottsdale.

HULA'S Modern Tiki, which offers tiki drinks and island-style bites, was recently named 2021 winner of the "Best of the Valley for Happy Hour" by Phoenix Magazine. To learn more, visit www.hulasmoderntiki.com.

Barro's Pizza, Dr Pepper to award scholarship

Barro's Pizza will provide \$10,000 to one Arizona resident in the 2021 Dr Pepper Tuition Giveaway.

The scholarship will help one individual pay college tuition or any related educational costs. The deadline to enter is Sunday, Dec. 12. Barro's Pizza teams up with Dr Pepper to provide this support every year to a student who might not otherwise be able to afford their costs for a college, university or trade school. The winner will be randomly selected from online and text-to-win entries.

Barro's Pizza has 46 locations in Arizona including one at 3141 E. Indian School Road. To enter the contest, visit https://barrospizza.com/drpeppercontest.



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- **2.** I'm your agent long after you've settled in. Need a landscape guy? Call me. Need someone to take care of the pool? I'll find someone.
- **3.** I'm going to surprise you with how much I care. I can promise you that I will put an extraordinary amount of thought and care into you, our relationship, and your real estate experience.

-J.J.



SAM LEVY

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