

volume 25, issue 7 • july 2023

Central Avenue project moves forward

By Kathryn M. Miller

At a June 5 meeting of the Encanto Village Planning Committee (VPC), Petree Properties, the developer behind the 15-acre plot of vacant land on the northwest corner of Central and Glenrosa avenues, made their pitch and cleared the first hurdle in the public approval process. The committee approved the rezoning request based on the Planning Department's report, with its 33 stipulations and the developer's 11 last-minute proposed stipulations, by a 10-2 vote. The approval, however, was not without contention and it has left some soured on the process as a whole.

The property sits between Glenrosa and Turney Avenue and runs from Central to 2nd Avenue. It has been held by the same owners for more than 30 years and it has been largely vacant during that time, with the exception of the five years that Agave Farms took up residence.

For the past 18 months, the developer has worked to bring the project to its current point, a request to rezone the 15.61 acres to Walkable Urban (WU) Code with various height transects to allow a mixeduse development with 1,500 residential units. Petree says that the development conforms to the Uptown TOD (Transit Oriented Development) Policy plan; creates a walkable, sustainable, dense development that maximizes the community's investment in lightplease see CENTRAL AVENUE on page 6

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A rotating roster of local gardeners and area artisans sell the fruits of their labors at the Community Exchange Table at the Uptown Farmers Market (photo courtesy of Community Exchange Table).

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Garden bounty grows community exchange

By Kathryn M. Miller

Charly Calbom had never gardened before, but in 2008 when he and his wife, Ruth, heard an NPR story about how a farmers market in downtown Phoenix was looking for local growers to sell at the market, something clicked.

"I started because I had the irrigated property, and suddenly I didn't have the work I'd been doing," Charly recalled.

He and Ruth had recently purchased a half-acre property, what would become known as Hadley Farmship, and he had an interest in trying his hand at organic gardening, "Mostly from environmental motivation," he said. "I'm big believer in 'eat food from living soil.' And the best way to assure that is to grow from your own living soil."

So, the couple answered that 2008 call for growers, which Charly said was made by the Phoenix Public Market director at the time, Cindy Gentry. Although their garden was not yet producing, the couple was looking to the future and volunteered to manage the newly established Community Exchange Table.

While the market has seen many changes in the past decade-plus, including a new name (now the Downtown Phoenix Farmers Market) and location (moving in 2022 from Central Avenue and McKinley Street to 5th Street and McKinley), the co-operative community booth continued to represent multiple smaller growers, agriculturists and artisans, allowing businesses to sell their surplus produce and goods to the community while relieving the stress of staffing, equipment and processes for selling. But things have changed there, too.

The nonprofit Community Exchange Table did please see GARDEN on page 8

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COMMUNITY

From the Editor

Hello, North Central Neighbors!

For this month's cover stories, we talked to some of the folks behind the Community Exchange Table that sets up shop at the Uptown Farmers Market

each week. Local gardeners who have an overabundance of food are invited to sell at the booth, or donate to the nonprofit's mission. We also



spoke to residents in the Carnation neighborhood to hear their thoughts on the 15-acre development at Central and Glenrosa avenues as it makes its way through the public approval process.

In Community, we focus on how the Phoenix City Council landscape is shifting, cover a handful of summer neighborhood events, celebrate North Central resident milestones and accomplishments, and introduce the July Pet of the Month, a sweet rescue rabbit named Parker.

For our July Café Chat feature, Marjorie Rice stopped by North Central go-to Hobe Meats. At his oldstyle butcher shop, with a counter brimming with prime cuts, owner Bret Pont has created a magnet for cooks who want the best or the most exotic.

As always, you can read about what is happening in our North Central public and private schools, catch up on other community, business, generational and dining news, and explore our round-up of things to do in the Valley this month and beyond.

We wish you all a safe and happy Independence Day, and hope that you enjoy our July issue!

> All my best, Kathryn M. Miller Editor, North Central News kathryn@northcentralnews.net



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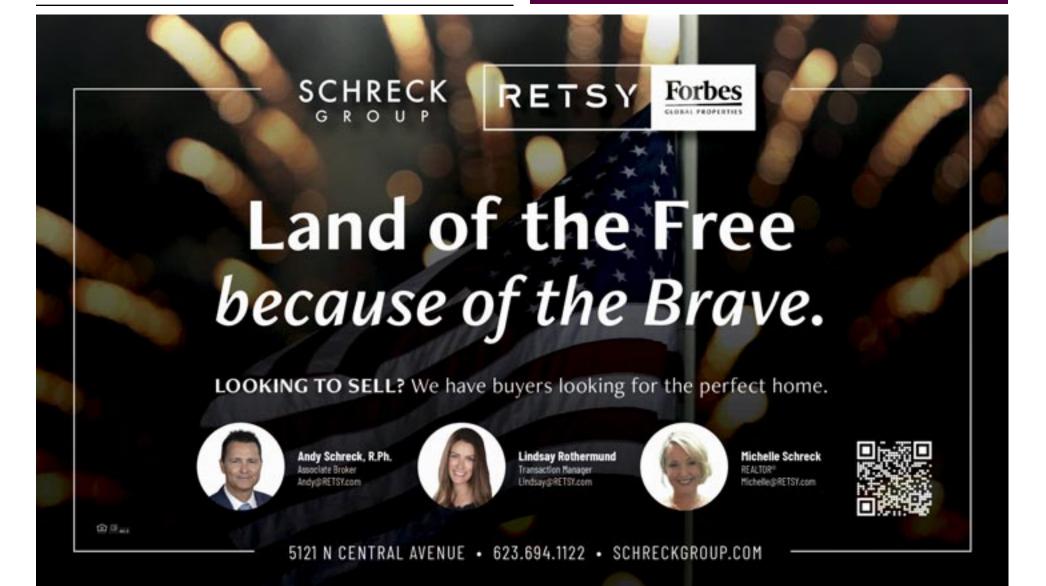
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Family and friends were on hand May 31 to surprise Pat Brown (center in the baseball cap) and lend their support by joining him for his last run of a 32-year streak and cheering him on from the sidelines (photo courtesy of the Brown family).

Running streak ends after thirty-two years

North Central resident Pat Brown ended an incredible 32-year running streak on May 31 as he prepared to undergo hip replacement surgery June 1.

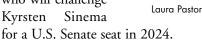
"Pat has run every day for more than 32 years," said Brown's wife, Dawn. "That includes the day we met, the day we got married, the day our children were born — every day! And most of that has been in North Central Phoenix."

The Browns moved to the area in 1995.

Pastor announces congressional run

Laura Pastor, a three-term councilwoman representing Phoenix Council District 4, on May 31 announced her intention to run for Congress in Arizona's 3rd Congressional District. Pastor will

join а fellow Phoenix councilmember, Vice Mayor Yassamin Ansari (District 7), in vying for the seat currently held by Ruben Gallego, who will challenge Kyrsten Sinema



Pastor, a native of Phoenix, is the daughter of Verma Pastor and the late Congressman Ed Pastor.

"My dad taught me that any politician can talk, but it's the results you deliver that matter. So, I'm excited to announce my candidacy for Congress," Pastor said in a released statement. "I am running to put my experience to work on behalf of Arizonans - to take care of our veterans, to have someone looking out for the family budgets, and

to protect all of our access to health care including reproductive care."

In an announcement video, she highlighted her efforts taking on the cancer crisis among first responders. She also points to her work to "improve the quality of life for all residents in her district, focusing on issues such as affordable housing, economic development, and public safety."

First elected in 2013, Pastor has won three elections to City Council District 4, most recently an unchallenged reelection in 2022.

Also on May 31, Patricia Jimenez, Isaac School District governing board president, announced that she will file to fill the vacancy that Pastor will leave once she resigns her council seat to make the congressional run.

Jimenez, who has lived in West Phoenix for more than 30 years, says she intends to represent Council District 4 by focusing on securing safer communities, economic



Patricia limenez

development and support for small businesses, and accessible housing.

"Growing up in a community like West Phoenix you don't get to interact with many politicians. I first ran for office because my son was not receiving the resources necessary to fulfill his academic needs," Jimenez said in a released statement. "I quickly understood that my family wasn't the only one struggling and that I could serve as a voice for so many underserved families in my community. This is why I continue to do what I do. I listen to individuals that face so many struggles and provide them with representation and solutions."

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CENTRAL AVENUE continued from page 1

rail; and transitions into and becomes part of the Carnation neighborhood.

"We were very pleased by the 10-2 vote in support or our plan at Central & Glenrosa, and even more pleased to have earned support from the Carnation neighborhood," said Wendy Riddell, who represented Petree at the VPC meeting. "The developer has gone to extraordinary lengths to provide substantial benefits to the Carnation neighborhood... We have worked on this project and with the neighbors for over a year and a half, and their input has led to significant changes resulting in a project that benefits everyone."

During those 18 months, the Carnation Association of Neighbors (CAN) has held 13 development committee meetings, some with Petree, and the development has been the subject of every general membership meeting for the past year, Cliff Valenti said in his June 5 remarks to the VPC.

"I have to say, it has been a frustrating process because for so long Petree has been unwilling to budge on a project that was already designed before they even spoke to the community," said Valenti, who serves as the CAN development committee chair. "However, over the last week Petree Properties has made many serious concessions, and I stand before you today with a renewed sense of excitement. While these changes are too recent to be able to say the neighborhood as a whole supports the project, I am confident that these concessions are consistent with what we have been asking."

Those concessions include 20,000 square feet of commercial space - not the 30-50,000 that neighbors asked for, but more than the 7,000 that the plan called for up until the June meeting. Petree also reduced the density by 100 units, capping it at 1,500. They also closed the Montecito Alignment, which will prevent development traffic from exiting directly onto 2nd Avenue and into the neighborhood. In place of an entry will be an expanded greenspace. Other commitments made by the developer include sharing the design at each phase (there will be four) through the VPC and other public processes, as well as sharing the design of public art. They also have said that they will install sidewalks in the adjacent neighborhood as well as traffic calming and mitigation to lessen the traffic impact on neighbors.

All of these elements are welcome, but not enough for some neighbors who are still concerned about the height adjacent to single family homes (the phases will consist of 60-, 85-, 240- and 70-foot-tall buildings, with 40- and 30foot height limitations next to single family homes) and the impact that the density will bring to the area. And the long process has been less than stellar.

"Planning did a terrible job, and our city council needs to increase their oversight of this important institution," Valenti said after the meeting. "Had they really used Reinvent PHX as a framework, everything about this project would be better. The Encanto VPC did impress me with many of their questions, but I also believe they need to be more open to what is stated in Reinvent PHX."

Julie Hampton, who was president of CAN at the time of the VPC meeting, said that she was "reluctantly optimistic" about the project after the lastminute concessions but agreed with Valenti on the process.

"I echo Cliff's sentiments about the city being difficult to work with to uphold the Reinvent PHX Plan adopted in 2015. Neighborhood associations shouldn't have to spend this much time and energy to secure stipulations from developers for an integrated, mixed use, walkable project when stakeholders already came together 10 years ago to outline that vision for the Central corridor."

Many neighbors agree that the city departments need to work together in a more holistic manner with both the neighbors and developers together at the same time instead of in a "siloed" manner, as Hampton described it.

Kim Jennings, who has lived in Carnation for the past eight years goes further.

"I'm sad to say that the city that I call home has let down the Carnation community," Jennings said after the meeting. "While the city's mission is to improve the quality of life in Phoenix through efficient delivery of outstanding public services it has failed us deeply.

"All I hear from builders is that we live in the city and need to accept density, but we are past density and now in crisis. Our streets are already beyond capacity and unsafe. Now let's add a complex that's over 1,500 units and an average of 3,000 more cars coming through our neighborhood," Jennings said, then

please see CENTRAL AVENUE on page 10

LAUNCH POWERED BY COMPASS Bobby Lieb, PC Associate Broker Partner

OFFICE IS OPEN

We are extremely excited to announce our new LAUNCH | COMPASS Real Estate office will open the first week in July at 5225 N Central Avenue in Suite 108. We have assembled a confident, seasoned group of real estate agents – 25+ of the top North Central agents and teams reflecting the honorable ideals and innovative technology our new brokerage brings. Independently, we are all ready to provide the community personalized and experienced service.

Our new office is literally going through a transformation as is our real estate market. Some homes sell quickly, sellers thrilled to receive asking price. Then there are other homes, for a myriad of reasons, remain active. Our own community is still expanding within the luxury market, offering active numerous listings over \$1 million. In the first six months of 2023, I have had the privilege of selling 17 homes valued over a million dollars. Notably, the highest-priced home ever sold in our neighborhood was 620 W Lawrence Rd, which I sold for an impressive \$4,050,000. And the beauty of our neighborhood is that we have a diverse range of values in North Central. Currently, 3 of our homes, we have for sale are inside gated communities including a single-family detached home steps from Central Avenue, in Sendero Villas (\$748,000), a luxury townhome in 77 East Missouri (\$849,900), and a hilltop home inside Legends at Pointe Tapatio Cliffs (\$1,125,000).

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surrounding communities while continuing to advance the variety of priced homes offered in our neighborhood.

It is quite the understatement to say we are HOT in July, the upside is it may be easier getting into your favorite restaurant. How about staycations? Getting a better rate at some of the exclusive resorts and golf courses. We typically see hotels and resorts offering incentives during the summer months, introducing thousands to our wonderful city/state. Phoenix continues to be the place to move to and live. Our weather, despite the heat, does not have inclement conditions, ie tornadoes, floods. Our state still offers homeowner insurance. Which may be one of the reasons we are seeing an influx of young adults, who had left for college and their 20s, moving back home. It is safe to say covid changed many things, and encouraged extended families to move closer to one another. Our schools and restaurants continue to provide favorable motivations, as home offices allow flexible working situations. Our Central neighborhoods are perfect for family and comfortable living

comfortable living. Again, I look forward to working together in the selling and/or buying your home. It is truly an honor and has been for 31 years. I spoke the other day to my first boss in commercial real estate, Carol Vernon. She now lives and works in Wickenburg, Arizona. She saw something in me, maybe it was that I was to work and excel in the residential market. I love it. I will leave the commercial side to my brother Michael and son, Sean Lieb.

Hope to see you on the golf course, early obviously. Be safe!

Bobby Lieb

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GARDEN continued from page 1

not make the move to the new downtown location and currently sets up shop at the Uptown Farmers Market. It has also seen a few changes in managers and is now managed by Robyn Lynch. What hasn't changed is the connections that are being made with local growers, including Stephanie Parker of Sí Cómo No Orchard & Farm (on Instagram @si_como_no_phx or www.sicomonojam.com).

"I always loved gardening, but I never really had properties that had the availability," Parker said. "They were mostly your basic Arizona-type landscaping. When we bought this property, we bought it for the idea of it and the aesthetic. And then I just fell in love with all of it."

Parker and her husband purchased a two-acre property at 21st Street and Camelback Road three years ago. Since that time, she has become certified as a Master Gardener through the University of Arizona and a certified home horticulturalist. She puts that learning to work in her 1,400 square feet of raised

COMMUNITY

garden beds and greenhouse.

It's been a learning process and Parker offered encouragement to other Phoenix gardeners, "Don't give up. It's a lot of it is trial and error. You're going kill a lot of things along the way. But we all do, even the master ones."

She added, "I feel like I've been tasked with being a steward of this property for future generations, whether it's my own family or whoever is here next."

The property produces everything from star fruit, macadamia nuts, almonds, bananas, mangos, guava, berries, grapes, in addition to a seasonal rotation of vegetables.

"We're always producing lots of fresh vegetables and then I have over 60 fruit trees of various varieties. A lot of them are tropical, subtropical, and then things that are normally grown here in Arizona like mulberries and blackberries," Parker said.

Although she makes and sells specialty jams with the fruits of her labor, she also ends up with a lot of extra produce.

"About a year and a half ago a friend of mine suggested bringing whatever we didn't use or share to the Community Exchange Table," Parker said. And while she says that there are a lot of bigger farms that are popular at the market, "We also have kind of our core group of customers that love the idea that it's coming from their neighbors."

At any given market, Lynch says that the Community Exchange will have items from eight or 10 different rotating vendors offering everything from farm fresh eggs, locally sourced honey, fresh cut flowers and artisan goods made from local ingredients to a variety of fruits and vegetables, which will vary depending on the season. Items that will be coming to the market this summer may include things like figs, squash, cucumbers, okra, tomatoes and melons.

The Calboms sold their Hadley property in October 2022, but they continue to garden. Charly's focus at their new property is front yard gardening, and he continues to look toward the future, "I'm hoping that by growing right out here on the corner like I am, I'll find some youngsters who are intrigued by the idea," he said, adding that they may even be able to return to the Community Exchange as vendors.

In the meantime, Lynch says that the booth is always looking for new gardeners to join their efforts — whether that is a backyard gardener, school, church or community garden. Gardeners can either sell at the booth, with a percentage going to Community Exchange, or donate their bounty to help keep the booth going. For information, email Lynch at robynlynch38@gmail.com or visit www.facebook.com/communityexchangetable.

The Uptown Farmers Market takes place at North Phoenix Baptist Church, 5757 N. Central Ave., and is currently open every Saturday from 7-11 a.m. For more information, call 602-859-5648 or visit www.uptownmarketaz.com.

Help the city PlanPHX

The City of Phoenix Planning and Development Department is working on the planning and implementation of the 2025 General Plan (PlanPHX), which provides a way for residents to strategize on how the city will grow. Throughout the process, there will be opportunities for residents to have their voices heard and share their priorities for their communities and the city as a whole.

Visit www.phoenix.gov/pdd/general plan2025 to learn more about the process and complete the "priorities" survey.

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CENTRAL AVENUE continued from page 6

asked of city planners, "Have you taken a step back to see if what the land is zoned for is good for the communities?"

While a Planning Department spokesperson said that they could not comment on the case during the public approval process, the question posed is not a new one, and much of the criticism of projects along Central Avenue stems for a lack of adherence to the vision of Reinvent PHX, which was established in 2015 with one main goal: Walkable, opportunity-rich communities. And TODs are meant to "Maximize the benefits of light rail by guiding development to improve the quality of life, lower the cost of living, and enhance unique and historic characteristics."

Another resident voicing concern is Jeremy Thacker, who not only lives in the Carnation neighborhood, but sat on the Encanto VPC.

"Even with everything that they've done, this is by no definition of the word a walkable community," Thacker, who voted against the project, said after the meeting.

Thacker said that a defining characteristic of walkable urban neighborhoods, along with diversity in both the housing and the people inhabiting it, is small parcels.

"These are giant parcels. And along with those giant parcels come other issues that are almost impossible to resolve otherwise - the ability to slow down traffic and eliminate cars," he said, adding that he doesn't see how the target demographic will increase transit ridership.

Speaking to resident concerns about lack of mixed-use elements in many new Central Avenue projects, Thacker added, "I think they're making a huge mistake. With the amount of density that we've got going in now, we will become the most dense residential half-mile in the city once all of the developments have been completed. That means that there's going to be a huge need for commercial, not just a desire for it from the neighbors."

Of the process, Thacker said that developments should have an advocate who can work with developers on behalf of neighbors and added, "I think

Village the Encanto Planning Committee is made up of a lot of people who live in neighborhoods who... this project would never possibly be allowed due to the restrictions that they've got in place."

Thacker resigned his committee seat after the June 5 meeting.

Ed Hermes, who was elected as president of CAN June 12, says that many of the elements that make the neighborhood special are its proximity to Melrose, its diversity of people, housing and businesses, as well as its pro-public transit attitude. The neighborhood is also pro walking and biking and neighbors want to be able to do those activities safely.

"There's always going to be a bit of trepidation when it's a project of this size, but I think the general feeling in the room was excitement and acknowledgment that there's still going to be a lot of work to do to see this through, especially the traffic mitigation,' Hermes said. "But we also understand that the city Streets department requires quite a few signatures from our neighbors to actually make it happen,

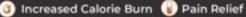


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which we are committed to doing."

The Planning Commission will hear the rezoning case Aug. 3, followed by the City Council on Sept. 6. In the meantime, residents hope that city leaders will be more receptive to their concerns as this and other projects move forward.

"It takes vision and courage from our leaders to change the status quo," Hampton added, "but it's what Phoenix needs."

Club hosts summer activities

The Arizona American Italian Club is offering high energy and good times to the community this summer with a variety of activities, events and festivals.

The club board announced the programming, all of which will be open to the public, according to the club's president, Richard Cantarella.

Live musical entertainment is offered every Wednesday, Friday and Saturday beginning at 7 p.m. Entertainment will include groups and performers presenting various genres and eras that will encourage dancing, listening and singing along. Cowboy and country western bands, dances, lessons, West Coast swing, and line dancing are offered in the large community room and the lounge twice monthly on Saturdays.

Every Thursday evening, Karaoke Time takes place in the bar lounge at 6 p.m., and Bar Bingo opens on Friday afternoons, where bingo machines are also located. Bingo games are held in the community room every Wednesday and Friday evenings from 6:30 p.m. and on Sundays at 1 p.m. Games include bonus prizes, guaranteed prize boards, and Queen of Heart Jackpots. In addition, neighbors are invited to play bocce ball on Wednesday and Sunday mornings at 8:30 a.m. and Thursdays at 7 p.m.

Finally, Cuisine at the Club is offered by Chef Cirilo and the Galindo gourmet catering staff with daily and dinner specials plus a complete menu of dishes - from traditional Italian specialties to fish and prime rib dinners, sandwiches, pizza and lunch varieties.

The Arizona American Italian Club, located at 7509 N. 12th St., Phoenix, is open to the public every day of the week. For additional information, call 602-975-8294 or visit www.azaiclub.org.

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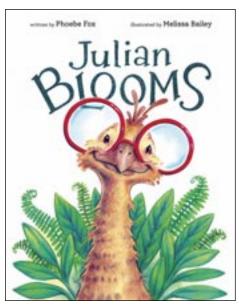
COMMUNITY

Local author releases book

North Central resident Phoebe Fox, a former teacher and school librarian with degrees in early childhood education and curriculum and instruction, has been writing and publishing children's books over the past eight years.

The author's newest book, "Julian Blooms," is illustrated by Melissa Bailey and recently received an "Editor's Pick" review from BookLife. Recommended for children ages 2-8 years, the book follows the story of a late-bloomer peacock, Julian the peachick, who was last to hatch and is behind in everything. The idea for the story stemmed from Fox's years growing up seeing the peacocks at Whitfill Nursery, which was just down the street.

Fox will read "Julian Blooms" at the Arizona Museum of Natural History July 22 for the museum's Storytelling Saturdays program (www.arizonamuseumofnaturalhistory.org). She also hosts Mamafox Books' Storytime Saturdays, which can be enjoyed online. Learn more at www.mamafoxbooks.com/ events.



Written by North Central resident Phoebe Fox, "Julian Blooms" is a book about a latebloomer peacock (submitted photo).

Christown hosts Saturday music, more

Christown Spectrum shopping center invites the community to enjoy a summer season of family-friendly events, beginning with live music every Saturday.

Residents can enjoy live musical performances or a professional DJ for

free each Saturday afternoon now through August. Each performance will be held near the main entrance and Center Court from noon to 3 p.m. The performances began in June and will run through Aug. 26.

In addition, on select Saturdays from noon to 2 p.m. the shopping center will host a Summer Fiesta event, which will feature a variety of familyfriendly activities, including games with prizes, children's art projects, caricatures, face painting, salsa dancers, and selfie backdrops. Summer Fiesta events will be held on the third Saturday of each month through August near the main entrance.

On July 15 and Aug. 19, the center also will host the Phoenix Fire and Police Departments' Annual Bike Rodeo and Bicycle Safety Event. During these events, a small bicycle course will help children learn about bike safety and each child will be able to take home a free bike helmet (while supplies last). A drawing for a girl's and boy's bike will also be held during the Aug. 19 event.

Finally, Retail Therapy Boutique's #SupportLocal Community Market, featuring over 40 local businesses offering hand-crafted goods and food items along with live entertainment and free activities for the whole family, will take place select Saturdays. The market, located near American Furniture Warehouse, will be held from 10 a.m. to 2 p.m. July 8 and 22, and Aug. 5.

Christown Spectrum is located on the southeast corner of 19th Avenue and Bethany Home Road. All summer events are free and open to the public. For more information, visit https://christown spectrum.shopkimco.com.

Community-wide yard sale planned

Holiday Spa Mobile Home Community will host an Early Bird Community-wide Yard Sale, Saturday, July 1, and Sunday, July 2, from 6 a.m. until 10 a.m.

The gates of the community, located at 10401 N. Cave Creek Road, will be open. Residents may elect to stay open longer and on other days.

For additional information, visit www.holidayspamhc.com.







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COMMUNITY

Pet of the Month Rescued rabbit looks for second chance

The Arizona Humane Society (AHS) plays a key role in the Valley caring for almost 18,000 sick, injured and abused pets each year. One aspect of that care includes the shelter's field team, which consists of Emergency Animal Medical Technicians and Cruelty Investigators who go on thousands of calls per year for pets in need.

AHS has recently responded to a number of large-scale intakes, better known as hoarding cases, for a number of different types of pets, including bunnies. With multiple homes full of 20 to 50-plus rabbits throughout the last couple weeks, the shelter is in great need of bunny adopters and Foster Heroes.

One such bunny rescued from a home that had too many pets to properly care for is Parker, a seven-monthold brown shorthair rabbit. This sweet rabbit's story is a perfect example of the importance of spay and neuter, as just a few pets can quickly become too many to care for.



Parker is a sweet seven-month-old brown shorthair rabbit that was rescued from a hoarding situation (photo courtesy of Arizona Humane Society).

Parker is available for adoption at AHS' South Mountain Campus, those interested in meeting Parker are encouraged to visit the AHS website. To learn more about becoming a Foster Hero, visit www.azhumane.org/ foster.

While Parker (pet #735013) might have been adopted by the time of visiting the shelter, AHS has dozens more wonderful pets who also need loving homes. Residents are encouraged to take a moment to meet some of the other dogs, cats and other companion animals at the shelter. Interested adopters can view available pets on the Adopt pages on the AHS website, and schedule an appointment online to meet their next furry friend. To see all adoptable animals right now, visit www.azhumane.org/adopt.

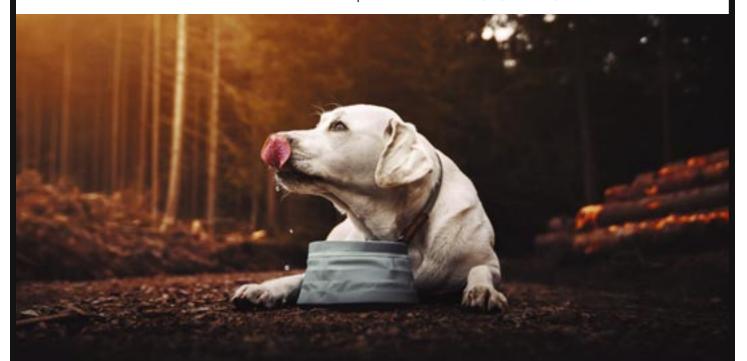
Summer safety tips for your pet

The arrival of summer means that many Arizonans may be traveling with their furry family members, and it is important to make sure everyone stays safe — both on the road and during summer fun at home. Best Friends Animal Society, an animal welfare organization working to end the killing of dogs and cats in America's shelters by 2025, offers these summer safety and travel tips.

Families who stay put this summer need to remember to keep alcoholic beverages out of reach and on high surfaces. Alcohol can be poisonous to pets, even in small amounts. Also, summer food staples such as avocados, grapes, ice cream and onions can cause serious



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JULY IS PET HYDRATION AWARENESS MONTH

Make sure to keep those water bowls full and easily accessible during the long Arizona summers.

intestinal problems in pets.

It is also important to note that, while some pooches love the pool, dogs and cats should never be left unsupervised near any body of water, including pools, lakes, or oceans.

Finally, don't forget hydration. Pets get dehydrated quickly so it's important to have plenty of fresh, clean water on hand. Carrying a collapsible water dish for rehydrating is a good idea in warm temperatures, as is providing adequate shade, especially during the hottest parts of the day.

For those who are hitting the road this summer, Best Friends says that it is key to ease pets into cars, especially if they have anxiety. If a pet is not accustomed to traveling by car or only rides to the veterinarian, try familiarizing them by opening the door and letting them sit inside without the car moving. Feed them tasty treats to make it an enjoyable experience. Once they're comfortable, start going on short outings and then gradually increase the length of trips.

Make sure pets are secured during a road trip by either using a crate, pet seatbelt, or carrier. Also, when traveling with a dog, plan to stop every couple of hours for exercise and potty breaks.

When flying with a dog or cat, it's crucial to understand the airlines' requirements for vaccines, if a health certificate is necessary, and what their requirements are for the carrier or kennel size.

Finally, ensure cats and dogs have current ID tags and a microchip, which are both crucial in case pets get away.

For more information, visit www.bestfriends.org.

AHS fundraiser celebrates 25 years

The Arizona Humane Society (AHS) announced the date for its 25th annual Compassion with Fashion event.

Residents are invited to join AHS Sunday, Oct. 22, to celebrate the joy of pets and lives saved, complete with a seated luncheon, silent and live auctions, and a fashion show. The event will be held from 11 a.m. to 2:30 p.m. at JW Marriott Scottsdale Camelback Inn Resort & Spa.

Tickets to this one-of-a-kind celebratory event are available online at www.azhumane.org/compassion-withfashion.



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meeting will be held at 6 p.m. June 28

in District 6 at the Devonshire Senior

boundary suggestions using the online

mapping tool after June 29 (www.

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plans) or by submitting comments to

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visit

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What to Look Out For:

- They say they can't hear their teacher
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- Difficulty decoding/reading
- Does not hear well in noisy environments or shuts down
- Trouble keeping a beat

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COMMUNITY

Redistricting process is underway

Every 10 years, the city of Phoenix is required by law to review and adjust its Council District boundaries to equalize population based on the most recent Census data.

The 2020 Census data show that the population of the city has grown from 1,445,632 to 1,608,139, making the new ideal equal population target for each Council District 201,017. To meet this ideal population, Council Districts 1, 3, 4 and 6 need to increase in population while Council Districts 2, 5, 7 and 8 need to decrease in population. To achieve the ideal equal population target, the city will use the redistricting process to redraw the Council District boundaries in accordance with the redistricting requirements and guidelines.

The first round of redistricting community meetings kicked off May 26 in District 1, with subsequent meetings held in each district in June for residents to learn about the process and how they can participate. The final



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Center, 2802 E. Devonshire Ave. According to City Clerk Denise Archibald, a second round of meetings will be held in early September (dates to be released over the summer) to go over final proposed draft maps. In the meantime, residents can provide

will be reopened in 20 years. Area businesses, residents, students and those who have a past memory or photograph they would like to preserve for the future may submit an item. The size of the capsule is equal to a 3-gallon ice cream container 10" tall x 10" circumference. Those interested in submitting an item should mail or deliver it to the museum by Aug. 15: Sunnyslope Historical Society, 737 East Hatcher Road, Phoenix, AZ 85020.

For additional information, visit www.sunnyslopehistoricalsociety.org or call 602-684-1607.

Bowling fundraiser befits veterans

Phoenix Legacy Foundation will host a bowling fundraiser Saturday, July 22, at Let It Roll Bowl & Entertainment Center. The event, which will kick off at noon, will benefit the Southwest Veterans Foundation and Phoenix Legacy Foundation.

The host foundation is actively seeking bowlers, sponsors, general donations, raffle items, silent auction and prize items, as well as event volunteers.

Let It Roll Bowl & Entertainment Center is located at 8925 N. 12th St. Visit www.phxlegacy.org for additional information or to register.



TAKING CARE OF BUSINESS

New home for brain tumor treatment

The Ivy Brain Tumor Center, a research center dedicated solely to the discovery of a cure for brain tumors, will open the doors to its new headquarters later this year.

The new building, located at Barrow Neurological Institute on the Dignity Health St. Joseph's Hospital and Medical Center campus, will be home to the Center's scientists, investigators, clinicians and operational staff. In addition to laboratory space, the new building will house 14,000 square feet for clinical trials infrastructure and 7,000 square feet for multidisciplinary clinical consultation, an MRI-guided ultrasound suite and an auditorium.

Since its inception in 2018, the Center has screened and treated more than 2,500 patients, collaborating with more than 25 biopharma companies, and opening more than 20 new clinical trials. The company says that its Phase 0



The Ivy Brain Tumor Center at Barrow Neurological Institute will open the doors to new Phoenix headquarters in 2023 (submitted photo).

clinical trials program is fulfilling a longawaited, unmet need for brain tumor patients. This approach to brain tumor drug development uses a precision medicine approach matching patients to new drug cocktails and assessing tumor responses quickly and effectively.

"The progress achieved by the Ivy Center's Phase 0 clinical trials program has surpassed anything I have seen in the 16 years I have been funding brain cancer research. The new building in Phoenix will serve to leverage this success, so the Center can move even faster to discover and develop a new FDAapproved therapy for brain cancer," said Catherine Ivy, president and founder of the Ben & Catherine Ivy Foundation.

For more information, visit www.ivybraintumorcenter.org.

Business Briefs Nonprofit changes name, redirects focus

Now in its sixth decade, nonprofit organization Esperança will now be known as Advance. The organization says that the name change will better reflect the breadth of their health services and their vision of health equity for everyone as it provides health resources to underserved communities across the globe.

Founded in 1970, Advance aims to re-introduce itself to the world with a new name and mission statement that clearly states their mission today — to *please see NAME CHANGE on page 18*

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TAKING CARE OF BUSINESS

NAME CHANGE continued from page 17

not only provide hope for underserved communities, but advance them through tangible, sustainable progress toward optimal health. This includes providing healthy meals, improving access to safer drinking water, teaching sustainable agricultural practices and much more.

When the organization was originally founded, they worked only in Brazil, addressing the specific issue of immunization of childhood diseases that had long been eradicated in the U.S — hence, the name "Esperança" which translates to "hope" in Portuguese. Today, this name and overall branding focuses too narrowly on the nonprofit's origin story and does not reflect the evolution of the services offered, or the greater overall mission.

Advance better represents the future of the organization as an Arizona-based nonprofit that focuses on strengthening underserved Latino communities in Phoenix and surrounding areas in the Valley, while continuing to improve health in Nicaragua, Mozambique,



Leo & Luca, a boutique playspace that is set to open to North Central families in late July, will offer a place for parents to enjoy playtime with their children (submitted photo).

Bolivia, Peru, Mexico and Ecuador.

For more information, visit

www.advancecommunity.org. Boutique playspace

set to open

Leo & Luca, a playspace designed for parents/caregivers to enjoy play time with their children, will open in late July.

The company says its philosophy is built around the idea of "community through play." The boutique playspace is geared to inspire imagination, promote an independent spirit, cultivate friendship, and prioritize connection between children and parents.

In addition to the communal playspace, a dedicated infant room is adjacent to the main playspace, a mother's room for nursing or pumping, a cafe with kid-friendly snacks, drinks, and coffee for adults, and a multi-purpose art/event space available for hosting a birthday party or special event. The company also has a "Let's Rest" offering, which provides limited childcare for children six months and older (no more than four children at a time) for up to two-and-a-half hours.

Reservations for all services are required and daily passes and membership options are available.

Leo & Luca, a local and women owned business, is located at 6102 N. 16th St, Suite 13. For additional information, call 602-935-8780 or visit www.leoandlucaaz.com.

Two virtual job events scheduled

Career Connectors will host two virtual events this month: Where the Jobs Are and an Insurance and Financial Services Career Expo.

Scheduled for July 13, 9–11:30 a.m., Where the Jobs Are will look at trends and developments in Arizona's labor market and economy and what they mean to an individual's job search.

What industries, jobs and skills are in demand and how can job seekers best prepare themselves for high-quality career opportunities in these growing fields? How does one determine the best fit for their passions, skills and

please see JOB EVENTS on page 20



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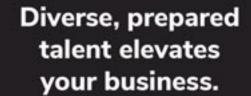
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TAKING CARE OF BUSINESS

JOB EVENTS continued from page 18

ambitions in an ever-changing labor market? Trevor Stokes, a labor market economist, will help answer these questions and more, as well as introduce a suite of free, open-access resources to power an intentional and informed career planning process.

Those looking for a job in the finance or insurance industry can register for a free virtual career expo, July 27, 9–11:30 a.m. Attendees will have one-on-one conversations with hiring companies to explore entry-level, professional, and executive-level career positions, training that results in licensing and certification, remote and inperson positions; and higher paid wages that may be available in these high-growth industries.

To register or for additional information, visit www.careerconnectors.org.

Breuninger named head of NAC

Native American Connections (NAC) recently announced the hiring of Trula Ann Breuninger as its new CEO. She replaces Diana "Dede"

Yazzie Devine, who retired from Native American Connections after 43 years of service.

Breuninger has over 20 years of experience in the healthcare



and social services industry, working with private enterprises and tribal governments in Arizona, California, New Mexico, Oregon, and Massachusetts. Breuninger began her new role June 5.

"I am deeply honored and humbled to step into the CEO role at Native Connections," American said Breuninger, who was born and raised in Northern Arizona and is of the Todich'ii'nii (Bitter Water) clan. "For more than 50 years, NAC has been a significant leader in providing vital services and support to individuals, families, and communities in Arizona and across the country. I look forward to working closely with our dedicated staff, partners, and the community to advance our mission and continue to positively impact the lives of those we serve."

Learn more at www.nativeconnections.org.

Nonprofit welcomes new board members

Make-A-Wish Arizona, a nonprofit organization dedicated to granting the wishes of children with critical illnesses, announced the appointment of Kyle Pottinger from the Phoenix Suns as its incoming board chair. The nonprofit says that Pottinger brings a wealth of experience and a deep passion for positively impacting the lives of children

and families. The organization also welcomed three new Arizona leaders to its board of directors, totaling 35 individuals who are dedicating volunteer time and



Kyle Pottinger

efforts toward granting wishes for children with critical illnesses.

Added to the board of directors are Rahul Chawla MD MA, pediatric intensivist and pediatric emergency room physician at Banner Children's at Banner Thunderbird Medical Center; Lorraine Murrietta, director of finance and HR at Loffa Interactive Group; and Dawnyel Smink, chief executive officer at Canyon Lands Insurance.

Learn more at www.arizona.wish.org.

Chamber appoints new members to VYP board

The Greater Phoenix Chamber has appointed six new members to its Valley Young Professionals (VYP) Board of Directors. VYP is a program for Valley-area professionals ages 25-39 that aims to create the next generation of Phoenix leaders by connecting, informing, and educating its members on important issues facing the local community. The VYP board is responsible for overseeing VYP programming.

The new board members who will begin their terms on July 1 include Marcus Benally, Audit & Assurance Manager, REDW LLC; Jazmine Cole, Associate Chief of Staff, evolvedMD; Tango Edwards, Sales Executive, Slalom Consulting; Ethan Hoover, Marketing Outreach Coordinator, Arizona Theatre Company; Lukas Landolt, Attorney, Squire Patton Boggs LLP; and Breanna Naegeli, Dean, Honors College, Grand Canyon University.

For more information, visit www.phoenixchamber.com/vyp.

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1249 W Palo Verde Dr	Just Listed	3906SF	4BR/4BA	51,175,000
1324 E Lupine Ave	Just Listed	3433SF	4BR/3.5BA	51,125,000
5645 N 7th Ave	New Price	2991SF	4BR/2BA	51,049,000
77 E Missouri Ave #32	New Price	3575SF	3BR/2.5BA	849,900
12243 N 58th St	In Escrow	2052SF	4BR/2BA	5 799,000
902 E Kaler Dr	Just Listed	14,262SF	Lot	5 750,000
23 E Laurie Ln	Just Listed	2141SF	3BR/2.5BA	5 748,000
240 W Missouri Ave #25	Just Listed	2167SF	2BR/2.5BA	725,000
122 E San Miguel Ave	In Escrow	2390SF	3BR/2BA	675,000
5804 N 14th Ave	New Price	1888SF	3BR/2BA	674,500
15027 E Desert Willow Dr	In Escrow	1908SF	3BR/2BA	660,000
715 W Culver St	In Escrow	1596SF	4BR/2BA	625,000
7748 N 7th Ave	In Escrow	1632SF	4BR/2BA	575,900

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Anne Maiden-Hope, DO, FAAP has worked both as a Board-Certified Pediatrician and a Chief Medical Officer. She grew up in Central Phoenix. She received her Bachelor of Science degree from the University of Miami and obtained her medical degree from Midwestern University Arizona College of Osteopathic Medicine (AZCOM). She went on to complete her pediatric residency through Mercer University in Savannah, Georgia.

Dr. Maiden-Hope has been recognized locally as a "Top Doc" by *Phoenix Magazine* and nationally as one of Castle Connelly's "Top Doctors." She has sat on the Board for Prevent Child Abuse of Arizona and the Ronald McDonald House Charities of Central and Northern Arizona. She enjoys spending her free time with her husband, twin boys, and their dog Elle "Ellie" Woods.



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SCHOOL DAYS



Matt Goff, advisor, joins students Payton Turner, Liam Tracy and Holden Sage-Murrillo at their community project presentation (submitted photo).

Meadows students are 'Impactful'

In the past 18 months the Navajo Nation has seen a sharp rise in human trafficking incidents involving a medical fraud scheme and the Arizona Health Care Cost and Containment System (AHCCCS).

On Thursday, May 4, at Madison Meadows Middle School, eighth-grade students presented and brought attention to a type of human trafficking involving medical fraud that is currently taking place on the Navajo Nation. Native members seeking medical attention outside of the Navajo Nation are being billed for services that were not provided and then held in homes, harassed, or abandoned while the traffickers continue to bill AHCCCS.

"It is an issue that affects a large under-represented part of our AZ community," said Matt Goff, an advisor to the middle school students. "It's an issue that doesn't have a whole lot of awareness around it."

All IB students at Madison Meadows are required to complete a community project in their eighthgrade year. They are given the prompt to find something that addresses a need in a community and can take the form of direct action, indirect action, advocacy or research.

For their eighth-grade project, students Holden Sage Murrillo, Liam Tracey and Payton Turner sought to bring more awareness to a problem that has been affecting Native American communities for a decade. "The feelings that come to mind are worrying about Navajo Nation members and what is happening. I also feel that more people should know about it and help bring attention to the problem," said Turner.

Their project website states, "We started by researching the problem so we could find information that would help us take action, such as, how Native Americans are being abducted, and how this is affecting taxpayers. We also interviewed Walter Murillo, who is the CEO of Native Health."

Their research led the students to the Arizona Legislature, where they found SB1136, which was introduced to fix the AHCCCS payment loophole. The students then created an email campaign championing the bill.

For their efforts, the students' project was named the "Most Impactful Project" out of 90 other projects by the teachers and administration at Madison Meadows at a May 22 ceremony. The students created a website that contains information about the project and the deliverables. Learn more at https://sites.google.com/madisoned.org /native-american-problem/home.

School Briefs GLENDALE UNION HIGH SCHOOL DISTRICT Grads earn \$100 million in scholarships

The 2022–23 Glendale Union High School District (GUHSD) school year ended with excellent measures of success.

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SCHOOL DAYS



Simis student Dorothy Starr was named the Arizona International Baccalaureate Schools organization's 2023 Primary Years Programme Student of the Year (photo courtesy of Madison School District).

More than 2,900 students graduated from all nine of GUHSD's high schools this year, and the Class of 2023 earned more than \$111 million in scholarships.

Sunnyslope High School, Thunderbird High School and Washington High School received a combined total of over \$45 million in scholarships. High schools within the district's boundaries are Apollo, Cortez, Glendale, Greenway, Independence, Moon Valley, Sunnyslope, Thunderbird, and Washington. Learn more at www.guhsdaz.org.

District enrollment is open for 2023-24

The new school year begins Aug. 7. It is not too late for new students to enroll for the 2023–24 Glendale Union High School District school year. Enrollment information can be found at www.guhsdaz.org — click on the "Enrollment" link.

The district offers nine nationally recognized high schools. All schools are ranked among America's best high schools by U.S. News & World Report. GUHSD provides championship athletics, extracurricular activities, cutting-edge STEM opportunities, career and technical education options, and much more.

MADISON SCHOOL DISTRICT Simis student honored for contributions

Madison Simis student Dorothy Starr has been selected as the Arizona International Baccalaureate Schools (IB) organization's 2023 Primary Years Programme Student of the Year. The award recognizes students who take action and contribute to their community.

Dorothy and her older sister created the Love Project Club, which is a community service club for children. Since beginning the club three years ago, they have raised more than \$3,000 to help support their service projects. The club *please see CONTRIBUTIONS on page 26*







MADISON SCHOOL DISTRICT

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SCHOOL DAYS

CONTRIBUTIONS continued from page 25

has given back and supported their community by organizing toy drives in partnership with the Phoenix Rescue Mission, providing water and Gatorade in the summer to individuals in the community who are without housing, hosting a Valentine's Day party at a retirement center and raising money to help during the fires in Australia.

The student enjoys sharing what she learns with other children, "like being an inquirer by trying to find solutions to world problems. I have also been able to communicate with other kids and adults why it is important to help others. Being caring, open-minded, balanced and being a risk-taker were a big part of my club's success."

Through the IB program, all students at Madison Simis learn to research, ask questions, think deeply, take action and become lifelong learners. Learn more at www.madisonaz.org/simis.

Check-in days coming for new, returning students

Madison School District will host check-in days for new and returning families July 25–27. During this time, all families will complete, review and/or update important information needed for the new school year.

All Madison elementary and middle schools are still accepting open enrollment applications for the 2023–24 school year. More information about schools, signature programs and enrollment, along with the check-in day schedule, is available on the district's website at www.madisonaz.org.

www.northcentralnews.net

Meal applications available in July

Through the National School Lunch Program, Madison School District is able to offer free or reducedprice school meals to students who qualify. In addition, in 2022, the Arizona Department of Education announced temporary funding for schools to offer meals free of charge to students who qualify for reduced-price meal benefits. This temporary additional funding is effective through June 30, 2024, or until the allotted funding runs out.

In addition to free or reduced-price meals, submitting a school meal application can also provide the opportunity to qualify for other benefits and support funding for school programs and services.

School meal applications for the new school year will be available beginning July 15. More information is available at www.madisonaz.org/foodand nutrition.

PHOENIX UNION HIGH SCHOOL DISTRICT Camelback high student recognized for art

The Phoenix Union High School District (PXU) Governing Board recognized Sofia Villa, a freshman at

SCHOOL DAYS

Camelback High School, on June 1 for her achievements in art.

Villa was awarded first place in Congressman Ruben Gallego's Congressional Art Competition. Her art will be displayed in Washington D.C. for one year.

Mayor honors outgoing superintendent

In June, the district celebrated Superintendent Dr. Chad Gestson's many years of service with PXU as he prepares for the next step in his professional journey. At the June 8 celebration, Phoenix Mayor Kate Gallego proclaimed the day Dr. Chad Gestson Day.

WASHINGTON ELEMENTARY SCHOOL DISTRICT

EL students recognized for achievements

Several students in the Washington Elementary School District (WESD) English Language Learner program were recognized for their outstanding growth and academic achievements at a special awards ceremony. The recipients



Phoenix Mayor Kate Gallego joined departing Superintendent Chad Gestson at a June 8 district celebration (photo courtesy of Phoenix Union High School District).

included Dayanara V. at Maryland School, Viktoriya E. at Mountain View School and Andree Troncony at Richard E. Miller Elementary School.

All of the students speak a home language other than English and over the course of the 2022–23 school year,

they have grown significantly not only in their English acquisition, but their academics overall, the district said. The students were nominated by their teachers for this special recognition and were presented with a certificate and gift in front of their families and teachers, as well as other WESD staff and governing board members.

Students participate in Teddy Bear Clinic

The district extended its thanks the Abrazo Central Campus for recently visiting first through second grade students at Maryland School to do a Teddy Bear Clinic.

Abrazo nurses informed students about basic first aid, how to call 9-1-1, and poison proofing their homes. Students also had the opportunity to play with tools such as stethoscopes, otoscopes and ophthalmoscopes, and interact with the Abrazo nursing team.

Additionally, every student got to play nurse with a teddy bear that they were able to take home.

Maryland volunteer receives award

Maryland School volunteer Cathy Kim was surprised with the Pay It Forward award from Arizona's Family. She was chosen as the recipient of \$500,

please see VOLUNTEER on page 28

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SCHOOL DAYS

VOLUNTEER continued from page 27

and was joined by her family, students and colleagues to recognize her ongoing contributions to Maryland.

Over the years, Kim has supported the school in a multitude of ways, such as coordinating the volunteer program, maintaining the garden, creating opportunities for outdoor education on campus and much more.

PRIVATE AND CHARTER SCHOOLS Brophy students place at math contest

Brophy College Preparatory students Ming Yang, Shaan Keole and Doer He qualified to participate in the High School National Championship Math Contest. They competed on May 20, which was also Brophy's graduation for the Class of 2023 - giving Quinn Dorward, class of 2023 a chance to drop by and wish them luck. Dorward was the senior class recipient of the Math Award and in the words of faculty member Patty Mazier, a "fellow math wizard."

Keole went on to win second place in the 11th-grade division and Yang won third place in the 10th-grade division.

Brophy fields a competitive Math Team each year, with the school's "mathletes" perennial top performers.

Xavier gains at AIA, student wins award

The Arizona Interscholastic Association (AIA) held its Annual Champions Gala, emceed by CBS's Nick King, at the Scottsdale Resort at McCormick Ranch May 21.

Winner of the AIA Female Student of the Year Award was Peyton Bryant, who graduated from Xavier College Preparatory in May. Bryant received \$5,000 in scholarship funds from Albertsons Safeway.

who Bryant, will attend Massachusetts Institute of Technology in the fall, was Xavier's robotics team captain, an orchestra concertmaster, four-star thespian, and a lacrosse player. She was also the vice president of the National English Honor Society at Xavier. Bryant's nonprofit, Bang For Your Book, donated more than 56,000 books to Title 1 schools.

"For girls in STEM (science, technology, engineering, and math), we need to have a focal point and show that if you have conviction in who you



Peyton Bryant and Holland Carey were recognized at the May AIA Annual Champions Gala event (photo by Tui Selvaratnum).

are as a person, you can truly make any change in this world," said Bryant.

In addition, Xavier College Preparatory won the Glen Treadaway Sportsmanship Award for the 6A Region. The School Spirit Video for a big school went to Xavier. Holland Carey, Class of 2023, accepted the award, which includes \$500 for Xavier's program.

Finally, the Skip Bryant Media Award went to the late Don Ketchum. He was a well-known sportswriter and wrote Xavier's Blog for the last 12 years. His wife, Carol, accepted the award.

Immersion trips are transformative experiences

In Jesuit education, even with the end of the school year, education continues. Some of Brophy College Preparatory's longest, most challenging, and possibly, most transformational immersion trips happen during the summer. Currently, Brophy students are in Peru and El Salvador; a group has just returned from Appalachia, another group is wrapping up a trip to Montana and the Flathead Indian Reservation and, regionally, students have also recently returned from the Navajo reservation.

The Peru immersion is Brophy's longest, with students spending almost four weeks in Lima, Arequipa, Cusco and the countryside. Follow the blog at https://sites.brophyprep.org/peru.

The El Salvador immersion takes students to the home of St. Óscar Romero who was assassinated in 1980 because of his outspoken opposition to

SCHOOL DAYS



Students presented their research and cited their sources in this year's 48-page Science Journal of Brophy (photo courtesy of Brophy College Preparatory).

social injustice and the violence on both sides of the civil war that was wracking his country. Follow them via their blog: https://sites.brophyprep. org/elsalvador/2023.

Students publish sixth edition of science journal

Thanks to the many dedicated and talented students at Brophy College Preparatory who are interested in writing, publishing and other journalismrelated endeavors, the school has several award-winning student publications, including The Roundup, Brophy Literary and Arts Magazine (BLAM) and The Wrangler.

In 2018, a group of student scientists and researchers organized to create the Science Journal of Brophy, based on professional scientific publications. This spring, the sixth edition of the SJB was published under the direction of moderator and science teacher, Mike Welty, Brophy Class of '83.

A few of this year's articles in the

48-page magazine include "What Are the Factors and Comorbidities That Affect Children and Adolescents to Develop Severe Kidney Disease," "Plasticon: An Analysis of Microplastics as Fine Aggregate Replacement in Traditional Concrete," "Neural Networks and Self-Driving Cars," "Making Ourselves More Scientifically Literate" and others. The student authors present their research and cite their sources in the 48-page magazine, offering a similar reading experience to professional journals.

This year's staff includes editor-inchief Amar Toric, head layout editor Bobby Munhall, director of events Cooper Pitts and online editor William Johnson. Article contributors include Shawn Biltis, Nico Cevallos, Nathaniel Chavez, Vir Dolasa-Sahani, Doer He, Hudson Iannacone, Johnson, Bremer Kaprosy, Shaan Keole, Carson Lauer, Cort Ostendorf, Pitts, Owen Reed, Sami Shammas, Brennan Wiscombe and Nico Wood.







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Your retirement could last 20 years or more. Now could be the time to ask yourself, "What do I want to do when I retire?'

It's an important question to ask sooner rather than later, as the answer could impact your retirement savings plans, so that you can align the retirement you want with the retirement you can afford. The first two steps in that process are: (1) decide what you want to do, and then (2) determine the potential costs.

The answers to these questions could help you take the first step toward creating the retirement lifestyle you hope to achieve.

What will I be doing during my retirement days?

- Do I plan to continue working past age 65 or after I reach my full retirement age? Full time or part time?
- Are there hobbies I want to pursue that will either cost money or make money?
- Is there volunteer work that may also have costs associated?
- Do I plan to travel?
- Are there things I enjoy doing that have related costs?
- What are the activities that make up my ideal retirement day?

Where will I be living in my retirement years?Will I stay in my current home or downsize to a smaller home or a rental property?

- Will I move to a retirement community or assisted living facility?
- Will I sell my home and replace it with an RV or other alternative living option?
- What situations might occur that could impact my retirement expenditures? What health care coverage do I need for my specific health conditions?
- Do I have an emergency fund for unexpected situations such as a health care crisis or loss of property due to a natural disaster?
- What if I stop working sooner than expected?
- What happens if I experience a significant loss of income?
- What are the barriers that are keeping me from investing? • I have nothing extra to invest.
- I have education loans or other debt.
- I don't know how to start an investment plan.
- I have time to start saving later.

Next steps:

Prepare rather than panic. Review the questions above and create an outline from your answers. That outline will give you the framework to calculate the income you may need to support your retirement lifestyle.

Make the decision to adjust your spending patterns today. Choose something that you really don't need and redirect that amount to a savings or investment account. Take advantage of the growth potential over time. Pay yourself first instead of spending money on something that will not support your future retirement needs. Creating that nest egg now could lessen your stress about money.

Start or add to an emergency fund. Even if the amount seems very small, it is important to take the first step. As that amount grows and the saving behavior becomes a habit, you will likely gain confidence and momentum in your investment activities.

Meet with your financial advisor to review your answers and turn your outline into a plan that will help you work toward your goals. Your advisor has planning tools and other resources to help you identify your retirement income needs.

Revisit your plan on a regular basis. Over time, your goals may change because of new opportunities or unexpected events. Periodic reviews can help you assess your progress and fine-tune your strategy.

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GENERATIONS



Valley residents are encouraged to recognize the issue of elder abuse and help empower the older adults in their lives (photo courtesy of Area Agency on Aging).

Senior Living Learn how to keep elders safe

The National Council on Aging (NCOA) reports that approximately one in 10 individuals who are 60 years and older are abused every year. In Maricopa County from July 1, 2022, to April 30, 2023, Adult Protective Services reported 14,233 cases of abuse, neglect and financial exploitation.

While June 15 is designated World Elder Abuse Awareness Day (WEAAD) by the United Nations, the mission to encourage communities to recognize the issue of elder abuse and provide information and tools to keep them safe continues year-round.

"All year long, we encourage seniors to empower themselves by knowing their rights, being aware of fraudulent schemes, taking steps to be physically safe and developing and maintaining positive relations," said Area Agency on Aging president and CEO Mary Lynn Kasunic.

Although the organization places special emphasis on World Elder Abuse Awareness Day each year, the organization continues to urge seniors and those who love, care for and surround them to be aware and recognize the signs of elder abuse, document and report them.

Elder abuse can take the form of physical abuse, sexual assault, emotional abuse, neglect, abandonment and financial exploitation. Those who suspect elder abuse are encouraged to follow four steps. First, document the signs. Next, if you suspect any form of elder abuse, contact Adult Protective Services at 1-877-767-2385 or report online at https://des.az.gov/services/ basic-needs/ adult-protective-services. If the abuse is severe or you suspect the person may be in danger of more harm, call 9-1-1. Also, if you suspect abuse in a nursing home or other long-term care facility, contact the Area Agency on Aging Long-Term Care Ombudsman at the 24-hour senior help line 602-264-4357 (HELP).

"We need the general community to be aware of the signs of elder abuse and know what to do when they believe there's a problem," Kasunic added. "It's vitally important that older adults understand the need to stay connected with their families and communities."

Find additional resources online at www.aaaphx.org.

Stay active at Sunnyslope center

The Sunnyslope Senior Center invites older adults living in Phoenix to explore a wide variety of classes and activities each month.

Ongoing classes include language Spanish, French and German Geri-Fit Strength Training, Tai Chi, a variety of yoga classes, and other fitness classes, as well as dance activities including Senior Beginner Ballet, Line

GENERATIONS

Dancing and Belly Dancing classes. In addition to classes, residents can enjoy card and table games, a book club, arts and crafts and much more.

Lunch is served at 11:30 a.m. A recommended contribution of \$2.50 is requested of members (over 60 years of age) per meal. The cost of a meal for all others is only \$5. Meal reservations and cancellations must be made at least three business days in advance. Contact the center staff for more information.

Sunnyslope Senior Center is located at 802 E. Vogel Ave., Phoenix. Contact the center at 602-262-7572. For additional information on scheduled events, or to find out what is happening at other area senior centers, visit www.phoenix.gov/humanservices and click on the "Senior Services" link.

Summer dance classes continue

For the 15th year, The Phoenix Theatre Company is offering a summer dance camp for adults. Summer camp is traditionally something for kids, but at The Phoenix Theatre Company, adults are invited to a special kind of



Although summer camps are typically for kids, The Phoenix Theatre Company is offering a summer dance camp for adults, ages 15 to 80, of all skill levels. The camp runs through July 27 (photo courtesy of The Phoenix Theatre Company).

summer experience: Summer of Dance.

The program offers eight weeks of dance classes for people at all skill levels, ages 15 to 80 years old. Professional choreographers teach a variety of classes four nights a week. Although the program launched June 5, participants can drop into any class they are interested in. The program continues through July 27.

Class sizes are small, varying from 10-35 participants and take place weekday evenings at The Phoenix Theatre Company's campus in Central Phoenix. Offerings range from basic technique and skills, musical theatre combinations, and classes tailored to different dance styles like ballet, tap and jazz. Students can expect a new combination lesson every class and the basics of different styles are reinforced to build confidence, flexibility and proficiency.

Summer of Dance classes are offered Monday through Thursday at 6 p.m., 7:15 p.m. and 8:30 p.m. Each class lasts roughly 70 minutes. The drop-in rate is \$12 per class, as long as there are spots available. To learn more and sign up, visit www.phoenixtheatre.com/engage-learn/summer-dance.

Kids & Families Get into summer reading

The Changing Hands Summer Reading Challenge for adults and kids is underway. Those who are looking for a new author to discover but don't know where to start can take the challenge and push themselves to try new *please see READING on page 32*





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GENERATIONS

READING continued from page 31

genres and read a wider range of perspectives, experiences, and voices.

Residents who want to participate can pick up a Summer Reading Challenge Bingo Board in-store (300 W. Camelback Rd. in Phoenix), or download it online. Color in completed squares as books are read. Connect four squares (horizontally, vertically, diagonally) to be entered in a raffle for one of two \$50 Changing Hands gift cards at summer's end. When complete, drop off the bingo board in-store or curbside at the Phoenix or Tempe location. One card may be entered per participant. The program runs through Aug. 1.

Changing Hands has put together a suggested reading list based on various categories, but readers are encouraged to strike out on their own, too. Visit www.changinghands.com/read2023.

Phoenix Public Libraries are also participating in the 2023 Maricopa County Reads summer reading program, which runs through Aug. 1. Residents of all ages are invited to sign up and check out their local library for summer reading fun. The theme of this year's program is All Together Now, encouraging readers to explore themes of unity, kindness, and community. The program is for all ages, and points are earned by reading, completing challenges, attending events and participating in community experiences.

Sign up now at www.maricopacountyreads.org and get ready to start earning points. To find your local library, visit www.phoenixpubliclibrary.org.

Music Works offers

summer programs

"What to do in the heat of summer?" asks Carolyn Inabinet, president and owner of Music Works Community (MCW)... "Play the piano!"

Summer piano lessons offer an opportunity for adults to escape from the pressures of work, and kids can have productive time away from video games and screentime.

Piano lessons are available during the MWC Summer Session through Aug. 4. MWC is currently enrolling for fall lessons as well. The fall schedule begins the week of Aug. 7.

Classes include the Prelude Piano Programs: "Shining Stars" for preschoolers, pre-K and junior kindergarten, and "LeapFrogs" for kindergarten and first graders. Introductory summer lessons are also offered, allowing individuals to join a fall semester class.

Registration for Music Works Community lessons and Prelude classes can be found on the company's website: www.musicworkscommunity.com.

Music Works is located at 302 W. Bethany Home Rd. For more information about summer and fall registration, send an email to director@musicworkscommunity.com or call 602-796-1592.

Summer training for teens

Families looking for ways to keep teens active this summer are invited to check out the summer training program at Back Alley Fitness. The class will be focused on strength and conditioning with an emphasis on safety and fun. The second summer session consists of eight classes and runs July 10 to Aug. 2. Classes are held Monday and Wednesday from 10–11 a.m. The cost is \$105. A sibling discount is available. Back Alley Fitness is located at 7816 N. 12th St., Phoenix. To sign up, send an email to katy@backalleycrossfit.com. For more information, visit www.backalleycrossfit.com or call call 623-282-1199.

Free virtual fitness offered

The City of Phoenix Parks and Recreation Department announced that the FitPHX Program will offer free virtual Fall into Fitness classes this summer on Tuesdays through July 18 from 6 p.m. to 7 p.m. There will be no class held on July 4.

To learn more about the program and to register to participate, visit Parks and Recreation FitPHX at www.phoenix.gov/parks/fitphx.

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North Central News July 2023 – Page 33



ARTS & ENTERTAINMENT



Families are invited to once again enjoy a spectacular display of fireworks at this year's Fabulous Phoenix 4th (photo courtesy of City of Phoenix Parks and Recreation Department).

Fabulous Phoenix Fourth returns

The Phoenix Parks and Recreation Department announced the return of its annual fireworks event, Fabulous Phoenix 4th. The event will take place this year and will be a celebration of the city's vibrant culture and community.

The 35th Annual Fabulous Phoenix 4th features one of the largest fireworks displays in the Southwest with more than 7,800 aerial effects. This free, non-alcoholic family event attracts thousands of attendees.

The event will include a spectacular firework display with plenty of food, music, and games for all ages. Admission to the event is free. Vendors will sell a variety of items, including food and beverage, arts and crafts, and promotional items. ATMs will not be available for this year's event,

Fabulous Phoenix 4th takes place at Steele Indian School Park (300 E. Indian School Road) Tuesday, July 4, from 6 p.m. to 10 p.m. The fireworks show begins at 9:15 p.m. There is no vehicle entrance and no public parking at the event. The park is adjacent to the Valley Metro Light Rail, and a rideshare/taxi area will be located on 2nd Street just south of Indian School Road. There are three pedestrian entrances: Central Avenue and Glenrosa Avenue, 3rd Street and Indian School Road, and 7th Street just north of Turney Avenue.

Learn more about road closures for the event, what attendees can and cannot bring and more online at www.phoenix.gov/fabphx4 or by calling 602-534-3378.

Students work with local artist

Phoenix Art Museum recently collaborated with Phoenix-based artist Giovannie to create an original, spraypainted mural with student-artists from Camelback High School. The mural is part of PhxArt's larger initiative to deepen engagement with the local artist community and the community at large and is installed in the museum's community art gallery, located in the Education Building on the museum campus.

Beginning April 11, Giovannie worked with Camelback art students (ages 15-18) to complete the spraypainted mural on plywood. The work recreates the artist's signature "love note." The concept evokes a sense of nostalgia, utilizing an image of a piece of notebook paper as the foundation on which to write different messages.

The project was funded by the Men's Arts Council (MAC), a nonprofit member organization of Valley philanthropists dedicated to supporting the Museum's community-outreach programs through annual giving. The mural premiered to the public May 28, during PhxArt Family Funday at the museum, a free-access day also made possible through a MAC grant.

For additional information, visit www.phxart.org, or call 602-257-1880.



Who We Are

We are a more-than-175-member-strong group of actively selling agents who have a vested interest in the community, the real estate market and North Central Phoenix. This tour is a cooperative effort among the active REALTORS of the Central Corridor. The tour has been in existence for more than 35 years and is an all-volunteer organization.

Location & Meeting

Our meetings are held on the first and third Friday of each month beginning at 9:00 am. Our meeting spot is at The Casa patio, 7878 N. 16th St., Phoenix, AZ 85020. Following the meeting, we tour up to 10 homes new to the market. We require those REALTORS who have a property on the tour to attend the meeting and then participate in the virtual tour of all houses on that day's tour. Each agent provides constructive feedback on price, condition, and key features of the home. The goal is to network with fellow REALTORS who also specialize in North Central Phoenix neighborhoods and help sell the property.

Tour Boundaries

Tour boundaries are Campbell Avenue to the south, 40th Street to the east, 19th Avenue to the west, with the northern border running south of the North Phoenix Mountain Preserve (roughly Peoria) and just north of Lincoln from 16th Street east to 40th St. The Phoenix Country Club area also is included.

Join Us!

We love working with new members. Join our team and receive news and information about new homes on the market in the North Central Region of Phoenix.

For more information or to become a member, visit our website at https://northcentraltour.com/





BOTANICAL adjective Of, pertaining to, made from, or containing plants.



TRINKET

A small object displayed for its attractiveness or interest.



Tuesday - Saturday: 10am - 5pm First Friday: 4 - 8pm 5034 N Central Phoenix AZ 85016 MonkeyBusinessPHX.com

ARTS & ENTERTAINMENT

Opportunity for Arizona artists

The Phoenix Airport Museum is requesting entries for an upcoming exhibition of artworks that exemplify the nighttime, "Night Vision." This opportunity is open to Arizona artists to have their work on display at one of the country's busiest airports between Oct. 21, 2023 – May 26, 2024.

Phoenix Airport Museum presents themed fine art exhibitions that promote Arizona's unique artistic and cultural heritage and are appropriate for an airport public setting. Exhibitions are curated by Phoenix Airport Museum staff members who contact Arizona museums, cultural institutions, artist groups, and individual artists directly.

According to the "Night Vision" prospectus, "Rich in mystery and symbolic potential, the nighttime has long inspired artists to consider darkness, the cosmos and the unknown. The night is not only a moment in time but can also be a place of solitude, tranquility and dreaming. From the glow of moonlight in the desert to nocturnal creatures to city lights there's plenty of inspiration for artists."

There is no fee to apply. Accepted artworks will be chosen by the curatorial staff. Submissions are due through WeTransfer on July 21 by 5 p.m. Questions may be directed to airport.museum@phoenix.gov or 602-273-2006. Learn more at www.skyharbor.com/at-the-airport/amenities/airport-museum.

On the Town

This month, get out of the heat and into a venue with live local music, art and theater, touring artists, immersive experiences, thought-provoking film and family-friendly outings. See you on the town in July!

'The Legend of Georgia McBride'

June 29–July 16 Arizona Theatre Company www.arizonatheatre.org; 602-256-6995

'Beautifica 360 Phoenix'

July 1–22 Arizona Science Center www.azscience.org; 602-716-2000

Juniper Honey July 5 Valley Bar

www.valleybarphx.com; 602-716-2222



Thrift Store Troubadours

July 6 The Rhythm Room www.rhythmroom.com; 602-612-4981

Acoustic Open Stage Thursdays

July 6 Fiddler's Dream Coffeehouse www.fiddlersdream.org; 602-997-9795

The Salt River Project

July 7 The Nash www.thenash.org; 602-795-0464

Arrows in Action

July 8 Crescent Ballroom www.crescentphx.com; 602-716-2222

DanceWise presents 'Viva Las Vegas'

July 8 Madison Center for the Arts www.themadison.org; 602-664-7777

'The Prom'

Thru July 9 The Phoenix Theatre Company www.phoenixtheatre.com; 602-254-2151

Summer Salt

July 11 Crescent Ballroom www.crescentphx.com; 602-716-2222

Laid Back Country Picker

July 11 Valley Bar www.valleybarphx.com; 602-716-2222

AJJ

July 12 Crescent Ballroom www.crescentphx.com; 602-716-2222

HAPPY HOUR HERSCH

I graduated high school in 1985 and the music that provided the soundtrack to my days back then still brings me so much joy almost 40 years later. Below are my favorite 20 songs released in 1985, I hope you enjoy.

0	Broken Wings	Mr. Miste
0	The Whole Of The Moon	
0	You're In Love	Rat
•	Small Town	John Cougar Mellencamp
0	Running Up That Hill	Kate Bush
0	Bastards Of Young	
D	Life In A Northern Town	
•	This Time	INXS
9	Take Me Home	
D	Can't Get There From Here	R.E.M
D.	Home Sweet Home	Motley Crue
0	The Edge Of Forever	
D	Bring On The Dancing Horses	
0	Your Love	
ò	Slave to Love	Bryan Ferry
0	Voices Carry	'Til Tuesday
0	Pop Life	Prince
D	In Between Days	The Cure
9	Love Vigilantes	New Orde
0	777	77

What was my favorite song from 1985 and who was it by?

\$100 TRIVIA CONTEST

Hint: "And the sparkle in your eyes keeps me alive."

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Winner for Last Month - Rachel Zaslow | Last Month's Answer - Once Upon A Poolside

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Phoenix Housing Market Snapshot as of 6/8/23

* Source of data: ARMLS & The Cromford Report for single-family dwellings.

Single Family Homes



↑2.1% from last month↓5.4% from last year

↑2.3% from last month↓6.4% from last year

Both demand and supply are low, so we can expect unimpressive volumes during June and probably July.

On the other hand, if rates were to drop back to 6.5% or below then activity would probably pick up again.

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ARTS & ENTERTAINMENT

Les Claypool's Fearless Flying Frog Brigade July 15

The Van Buren www.thevanburenphx.com; 480-659-1641

Free Family Summer Saturdays July 15 Heard Museum https://heard.org; 602-252-8840



Josiel Perez's Afro-Cuban All-Stars July 15 The Nash www.thenash.org; 602-795-0464

Weston Frederic Mate and Larry Hill July 15

Fiddler's Dream Coffeehouse www.fiddlersdream.org; 602-997-9795

Rockabilly Summer

Spectacular July 15 The Rhythm Room www.rhythmroom.com; 602-612-4981

Pool Kids July 16 The Rebel Lounge www.therebellounge.com; 602-296-7013



Leanna Firestone July 17 The Rebel Lounge www.therebellounge.com; 602-296-7013

Natalie Gallatin Quartet July 21

The Nash www.thenash.org; 602-795-0464

Carnival of Illusion

July 21–22 Wrigley Mansion www.carnivalofillusion.com

Los Yesterdays

July 22 Crescent Ballroom www.crescentphx.com; 602-716-2222

Sister Sledge

July 22 The Van Buren www.thevanburenphx.com; 480-659-1641

Six Gun Sal

July 23 The Rhythm Room www.rhythmroom.com; 602-612-4981



Jidenna July 25 The Van Buren www.thevanburenphx.com; 480-659-1641

Caspr

July 27 The Rebel Lounge www.therebellounge.com; 602-296-7013

The Family Crest

July 27 Valley Bar www.valleybarphx.com; 602-716-2222

Los Gemelos de Sinaloa

July 28 The Van Buren www.thevanburenphx.com; 480-659-1641

Jurassic World Live

July 28–30 Footprint Center www.footprintcenter.com; 602-379-2000

All event dates are current at time of publication. Check with individual venues for up-to-date show information. Find events throughout the month at www.northcentralnews.net/events.



FOOD FOR THOUGHT

Café Chat From antelope to zebra — Hobe Meats has it all

By Marjorie Rice

One well-known fast-food chain advertises that they have the "meats," but at Hobe Meats on 16th Street just north of Bethany Home Road, owner Bret Pont really means it.

At his old-style butcher shop, with a counter brimming with prime cuts, Pont has created a magnet for cooks who want the best or the most exotic.

Looking for Japanese wagyu? It's there, almost creamy, with so much marbling it's almost impossible to tell where the fat ends and the beef begins. Bring a fat wallet though — one steak runs more than \$100.

Planning something special for a family celebration? There's a wide array, including prime beef tenderloins and steaks and roasts dry-aged to order.

Camel? Kangaroo? Bison? Elk? Alligator? It's all there, and more.



Bret Pont, owner of Hobe Meats shows off a rack of dry-aged tomahawk steaks and two of his sandwiches (photo by Darryl Webb for North Central News).

Hobe is the place to go when you can't get what you want anyplace else, Pont said. "I've got the weirdest, wildest — anything you can think of is there. This is Arizona's largest retail

selection of wild game items."

On a homelier note, if you're simmering chicken stock, there's nothing like chicken feet to give the stock that unctuous texture you'll never find in a can.

And it's one of the few spots in the Valley where you'll find enough chicken livers to whirl into a pâté, veal shanks for osso buco and marrow bones for roasting.

Those bones and chicken livers, gizzards and hearts are popular among dog owners as well — folks who come to the shop to buy raw dog food. He sells 3,000 to 4,000 pounds a week.

Pont, who started out in the lumber business in Oregon, moved to Arizona after one too many wet, cold winters.

"I'm watching the Fiesta Bowl and I see these girls in bikinis and guys with their shirts off and having fun, and I'm thinking, that's where I'm moving," he said. "Two months later, I moved down here, \$500 to my name."

He found a job in a butcher shop and learned the trade.

In 2009, Pont realized his dream of owning his own place and bought Hobe Meats, a Valley institution since 1962.

About 10 years ago, he bought the please see MEATS on page 38



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Bunco



Horseshoes



Bocce



Bingo

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MEATS continued from page 37

vacant store next door, cut openings in the connecting walls, and opened a deli. In addition to the usual cold meat and sides fare, customers can order housesmoked brisket and customer-favorite hot sandwiches: the Hobe Signature Smash with pulled pork, brisket and chicken, and the Reuben, with thinly sliced corned beef on marble rye with Swiss cheese.

On Saturdays, there's a barbecue, with grilled burgers, ribs and hot dogs, where a main, side and drink go for about \$10. Call ahead to see if they're serving corn dogs, two for \$5.

Opening his own place allowed Pont to practice his profession and run a shop the way he thought it should be done.

Real butchery "is almost non-existent in grocery stores," Pont said. "It's all centrally located and packed. I understand why they do it, it saves on labor and insurance costs.

"I've lived by three rules since I started working," he said. "Customer service is the number-one thing in the world. Buy the very best products you can get ahold of — don't be average.

FOOD FOR THOUGHT

And then be fair-priced; don't be the highest and don't be the lowest."

Pont has seen customer tastes change and culinary traditions fade.

Today, tenderloins and rib roasts are favored for holidays and celebrations, despite their hefty cost.

And for folks who really want to splurge, there are steaks and roasts dry aging in an air cooler at the front of the shop — including a seven-rib "tomahawk" rib roast. That's a rib-eye roast with the rib ends trimmed so they're bare.

The dry-aged cuts look a bit mangy - the surface dry and leathery - but once they're trimmed, they're gorgeous, with incomparable taste and texture.

In addition to quality and variety, places like Hobe serve up knowledge. A good butcher can advise customers about lesser-known cuts and how to cook them, Pont said.

These days, people are asking for what butchers call the "thin meats" or "middle meats."

"Hanger steaks and skirt steaks are big movers," Pont said. "Another big favorite is sirloin flat meat. I call it gaucho steak. It's right off the sirloin, with the texture of a skirt steak but thicker.

"These are things people used to just throw in the grinder for hamburger. Or the butcher - knowing a good thing when he saw it - would take them home for the family table. In fact, they were called "butcher's cuts."

Hobe also sells 17 varieties of sausage, all made locally, along with marinades, rubs, barbecue and pasta sauces (don't miss the bourbon peppercorn steak slather), pickled vegetables and salsas.

While Pont takes obvious pride in his shop, he has another accomplishment that makes him even prouder, helping other butchers - most of them women — start their own businesses.

"I took seven other people who were punching the corporate clock, and I was able to show them a better way of life," he said. "I tell them, 'You get to do what you do best, sell the best quality, give the best customer service, and you get to put your name on it and own it.' Hopefully, they're creating a generation of new business owners, their kids who will carry on in the business."

A new shop is scheduled to open later this year at 59th Avenue and Thunderbird Road.

Hobe Meats, at 6044 N. 16th St., is open Monday through Saturday, from 7 a.m., to 6 p.m. For more information, contact www.hobemeats.com or call 602-604-2333.

Dining Briefs Fly Bye offers summer curbside

Valley residents looking for quick curbside meal pick up this summer can enjoy half off all curbside pickup orders this summer at Fly Bye. The restaurant launched a new "Stay Cool With Curbside" deal offering in June offering 50 percent off all curbside pickup orders placed before 6 p.m. on select weekdays.

The restaurant offers Detroit-style square pan pizza, crispy chicken tenders and chicken wings with eight house-made sauces, fresh chopped salads, hoagies and more.

Fly Bye's online ordering system notifies the restaurant automatically upon arrival. The Curbside deal is available Monday through Wednesday, 11 a.m. to 6 p.m. Orders must be placed online using the promo code TOOHOT. The deal will be offered through Aug. 31.

Fly Bye is located at 3912 E.

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FOOD FOR THOUGHT



City Brew Tours recently launched its service in Phoenix, allowing residents to take a behindthe-scenes look at some of the best breweries in town (submitted photo).

Camelback Rd., Suite 100, Phoenix. For more information or to place an order, visit www.flybyetogo.com.

Take a tour of local breweries

National brewery tour company City Brew Tours announced that its newest location is right here in Phoenix. Launched to the public on June 15, City Brew Tours Phoenix will offer public and private tours for the ultimate craft beer experience.

City Brew Tours Phoenix provides unique experience for beer enthusiasts by blending together various elements such as history, beer knowledge, and food to create a complete craft beer experience. The Phoenix tour will be led by local beer expert tour guides who will guide guests through each brewery, provide behind-the-scenes access, and share their expertise in the brewing industry. The tour will include transportation, beer tastings, and customized meals or snacks, all while learning about the process of beer-making.

The company has partnered with some of the best local breweries in Phoenix, including Greenwood Brewing, Walter Station Brewery, Four Peaks Brewing Company, SanTan Brewing Company, PHX Beer Co., The Shop Beer Co., 12 West Brewing, Helton Brewing Co., and Fate Brewery.

"We have carefully curated a selection of the best breweries in the Phoenix area and designed unique tours that will not only showcase their exceptional beers but also educate our guests on the intricacies of brewing beer," said Holly Pigeon, Franchise Owner, City Brew Tours Phoenix. "While we offer a fun experience, it is not a 'party bus' — the tours offer a perfect blend of education and entertainment, making it an ideal choice for anyone looking to explore and discover the local craft beer scene."

The tours will run from Thursdays to Sundays. The Original Brew Tour is priced at \$110 per person, offering four stops in five hours, including up to 16 beer samples, a beer-paired lunch and round-trip transportation. The Sip of Phoenix Tour is priced at \$85 per person, providing three stops in three and a half hours, including up to 12 beer samples, snacks and round-trip transportation.

"The craft beer culture across the Valley is booming," added Pigeon. "This is an excellent addition to the state's offerings and will appeal to both locals and visitors from out of state, whether it's a bachelor/bachelorette party, birthday celebration, or just a fun weekend activity."

For more information, visit www.citybrewtours.com/phoenix.

Lylo celebrates summer with a twist

Camp Lylo is in session at Rise Uptown Hotel's Lylo Swim Club the first weekend of July. Enjoy nostalgic camp favorites with a grown-up twist.

"Campers" will enjoy Specialty S'more shots, watermelon cocktails and other beverages featuring Titos Vodka, Huss Brewing and Cartel Roasting Co., plus camp games and activities will be presented by Parc PHX photobooth, Mollz to the Wallz Tie Dye and Linkxlou Permanent Jewelry over the weekend of July 1–2. DJ Brycen Zolnik will be playing from noon to 5pm both days.

To sign up, visit www.lylophx.com and select "reserve pool." Book a daybed, lounge chair, or night swim for July 1 or 2.

TEXAZ Lunch Date Special **TWO BURGERS AND** TWO SODAS FOR \$20! A \$30 value! Just mention the "TEXAZ lunch date." Offer good seven days a week/11 a.m.-3 p.m. through July 31, 2023. Equal or lesser-priced items included. Make it a solo lunch date (burger and a soda/\$12) or nighttime date (2 dinner-size burgers and sodas/\$30). TEXAZ SIZE ☆ TEXAZ STYLE This summer, fall in love with North-Central's signature steakhouse all over again! Now offering craft beer and cocktails! 6003 N 16th St., Phoenix 602-248-7827 Visit us online at texazgrill.com OUR COMMUNITY



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FOOD FOR THOUGHT



Chicken Curry vs. Spicy Brussels Sprout is one of four battles for the best bruschetta taking place this summer at Postino (photo courtesy of Upward Projects).

Postino launches bruschetta battle

Postino WineCafé launched the Battle of The Bruschetta this summer. The three-month bracket-style competition between eight limited-time bruschetta recipes kicked off in June. Think eight out-of-the-box innovative bites including Mexican Street Corn, Spicy Brussels Sprout, Chicken Curry and even a Strawberry Cheesecake

During each two-week battle, which kicked off June 1 and runs through Labor Day, guests can order two competing bruschetta flavors and vote on their favorite by texting "BAT-TLE" to 602-637-1510. The champion bruschetta will earn a permanent spot on the Postino menu this fall. Guests can cast their vote one time per round and will automatically be entered to win a \$50 gift card at the completion of

Postino WineCafé has eight locations in Arizona. In North Central, visit the Arcadia location, at 3939 E. Campbell Ave. (602-852-3939) or the Central location, at 5144 N. Central Ave. (602-274-5144). For more information, go to www.postinowinecafe.com.

Modern Italian lands in Biltmore

Ambrogio15 is making the move to Phoenix with its sixth concept, set to open at Biltmore Fashion Park in 2023. The December all-new Ambrogio15 will feature an extensive menu of authentic Italian fare handcrafted by one of Italy's top Michelinstarred chefs, from their pizzas and pastas to Italian-style steaks, seafood and even a raw bar serving oysters and crudo. Plus, Ambrogio15 will showcase a selection of boutique natural wines inside a soaring, 2,000 bottle, twostory wine tower carved right into the heart of the restaurant, as well as an extensive cocktail menu designed by Marco Russo, the mixologist behind Bar 1930 in Milan, consistently ranked among the World's 50 Best Bars.

Founded by friends and fellow Milan natives, Andrea Burrone and Giacomo Pizzigoni, Ambrogio15 first launched in 2016 in San Diego's Pacific Beach, where it became known for its gourmet Milanese-style pizzas featuring a special paper-thin crust. Now home to five unique restaurants across Greater San Diego, Ambrogio15 has also expanded its menus to include wide variety of modern and classic Italian dishes with a twist, all designed by the Michelin starred chef, Silvio Salmoiraghi, and business partner chef, Choi Cheolyeok.

Set to open on the west side of Biltmore Fashion Park inside the space formerly occupied by California Pizza Kitchen, Ambrogio15 is working with San Diego's GTC Design, to construct a soaring, sleek and wood-lined space inspired by the owners' hometown of Milan. Stepping past the glowing twostory glass façade, guests can dine in the lively lounge featuring a central wine tower, cuddle up inside leatherwrapped booth in the main dining area, or reserve the posh 12-person private dining room for an omakase experience, featuring a dedicated bar.

Seating up to 145, Ambrogio15 will be open for lunch and dinner, with plans to add weekend brunch and latenight dining.

Learn more at www.ambrogio15.com.

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