



north central news

the voice of the north central phoenix community since 1999

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Urban farm connects community through food

By Kathryn M. Miller

Located in the heart of the city off of an extremely busy Camelback Road is a small plot of agricultural paradise known as CamelBackyard. As cars whoosh by, the urban farm run by New Roots Phoenix takes a slower approach to life — because anyone who has ever grown food knows that one of the keys to success is patience.

CamelBackyard was established in 2017 after New Roots relocated from its home at the northeast corner of Central Avenue and Indian School Road.

“The New Roots program is a part of International Rescue Committee, which is a humanitarian aid relief organization and here in Phoenix,” explained Isaac Jensen on a recent tour of the space. Jensen is the New Roots development coordinator for International Rescue Committee Phoenix.

“We focus on resettlement and helping families get access to housing and schools, medical appointments and find jobs. Our program, New Roots, helps them with their ties to agriculture, and to the land. So, we help people get access to land to grow food. We teach them about nutrition, reading food labels, we teach classes around nutrition and growing food. We operate this site, CamelBackyard, at Camelback Road and 16th Avenue, as well as another site on Dunlap and 39th Avenue.”

There is a broad diversity represented at **please see FARM on page 6**



The soda fountain at MacAlpine's has been serving Phoenix families for nearly a century, but it is in danger of closing if the owners can't raise the funds to reopen (photo by Kathryn M. Miller).

Effort launched to reopen 'irreplaceable' gem

By Kathryn M. Miller

It is listed in Atlas Obscura as one of “22 Cool, Hidden, and Unusual Things to Do in Phoenix,” and one of those places that residents drive by and think, “I need to go there one day.” But one day may never come if owner Monica Heizenrader and her daughters cannot reopen the historic MacAlpine's Diner and Soda Fountain.

Housed in what was originally Birch's 7th Street Pharmacy, which opened in 1929 when 7th Street was just a “dusty old trail,” the soda fountain was a center for activity for people of all ages. Fred “Mac” MacAlpine bought the pharmacy and the fountain 1938, and the MacAlpine's name has endured as the building and business changed hands. In 1981, the pharmacy closed and a neighboring antique dealer purchased the building and added the restaurant component to the soda fountain.

“We bought MacAlpine's in 2001, right before September 11th, so the timing was not great, and things got really hard,” Heizenrader recalled as she sat in a booth rumored to be favored by Rose Mofford,

long before she served as Arizona's governor. “But it was my husband Cary's dream to own a restaurant — he used to tell me all the time it was in his blood because he grew up in his family's restaurant in Fresno, CA. And MacAlpine's was going to close and they were going to auction off the contents on eBay. We had been here different times as customers and we just felt it was incredibly special, and decided we wanted to save it.”

Heizenrader hails from Iowa and felt an immediate connection to the building, but is drawn to the history as much as the ambiance.

“We're a new city and we don't have many things that have been around for a long time. MacAlpine's is

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COMMUNITY

From the Editor

Hello, North Central Neighbors!

The holiday season is just around the corner, and this month's issue is full of ways that residents can engage with their community, spend time with family and celebrate all things local.

For one of our cover stories, we paid a visit to CamelBackyard and learned how the nonprofit urban farm is



connecting refugees to their new home through healthy food and community events. We also spoke to the owners of MacAlpine's Diner and Soda Fountain. The Phoenix landmark is in danger of closing permanently, and the owners are looking to the community for help.

It doesn't get any more local than a tour of Midtown's iconic residential and business buildings, or a celebration

of all things Arizona. Read about the Midtown Urban Living Tour in Community and the Local First Fall Fest in Food For Thought.

For this month's Café Chat, Marjorie Rice shares a taste of the divine dining experience that Chef Christopher Gross has curated at Christopher's restaurant at Wrigley Mansion, where every detail is meticulously planned and executed by the award-winning chef and his team.

As always, you can meet our Arizona Humane Society Pet of the Month, catch up on other community, business and dining news, read about what is happening in our North Central schools, and explore our round-up of things to do in the Valley this month and beyond.

We hope that you enjoy our November issue, and until next month, all my best!

Kathryn M. Miller
Editor, *North Central News*
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COMMUNITY

Discover Midtown on annual tour

By Kathryn M. Miller

Iconic high-rise living and working spaces, midcentury classics, and half a dozen points of interest along the way — all of this and more will greet attendees at the 10th annual Midtown Urban Living Tour.

“We have a really great tour lined up,” said Heather Fahey, president of the Midtown Neighborhood Association, which hosts the annual event. “In previous years, we would have our tour from Hance Park to about Indian School Park and we would feature high rises on the tour. What we decided to do last year was to split up the area, because it is so large. We had trolleys and it was just taking people too long. So, last year we went from about Hance Park to Thomas. This year, the tour will be from Thomas to about Indian School Road. We are including high rises; we have a couple of apartment building featured and then we have interesting spaces as well.”

The event kicks off at Park Central,



Built in 1962-63, the iconic Executive Towers, designed by the also iconic Alfred Newman Beadle, is just one of the unique residences that will be highlighted during the 2023 Midtown Urban Living Tour (photo courtesy of Midtown Neighborhood Association).

one of those interesting spaces Fahey mentioned, and vendors will be on site, live music will be featured and many of the restaurants will provide discounts to tour attendees.

Residences included on the tour are Executive Towers, One Lexington, 500 West Clarendon and the Centra and

Aspire apartment buildings. Midtown points of interest include the Code Talker monument at Central Avenue and Thomas Road, Heard Museum, the Winnie Ruth Judd House, Fellowship Tower and the iconic Punchcard Building.

From the iconic architecture to his-

toric buildings, urban high-rise living to single family neighborhoods and everything in between, Midtown plays an important role in Phoenix history, Fahey says.

She added, “We are so accessible to Uptown and Downtown, whether it’s through biking, walking or taking the light rail. So, it’s just a really great place to live and be close to everything and just have everything at your fingertips. “We really want people to come and enjoy what Midtown has to offer. We have so much going on — we have retail spots, restaurants and so many different businesses that are located here. It’s just a really wonderful place to live, work and play.”

The 10th annual Midtown Urban Living Tour will take place Saturday, Nov. 11, from 10 a.m. to 4 p.m. Tour tickets are \$25 in advance; \$30 day of the event. Parking will be available at Park Central, but residents are encouraged to travel by light rail if possible. A trolley will once again be available to attendees, but the tour is also walkable. A program book will provide information on each site on the tour.

For more information or to purchase tickets, visit www.midtownphx.org and click on the “Events” link.

Council approves district boundaries

Following two rounds of community meetings in June and September, The Phoenix City Council voted unanimously Tuesday, Sept. 26, to approve new City Council District boundaries, effective Jan. 1, 2024.

Every 10 years, the city is required by law to review and rework City Council district boundaries based on the latest Census data. The district boundaries must be adjusted to better equalize the population across districts. District 4 has a number of new additions, including north to Christown Spectrum Mall, Solano Park and Yucca Library; east to the Creighton Precinct; 32nd Street and McDowell Road; south to the Greenwood Precinct; Thomas Road to I-10 from 27th Avenue to 19th Avenue.

Also in the North Central area, District 6 extended west to 19th Avenue between Glendale and Northern Avenues, which was previously split between Districts 3 and 5.

Learn more about the new map at www.phoenixredistricting.com.

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COMMUNITY

FARM continued from page 1

CamelBackyard. They receive referrals from the IRC and serve individuals from different parts of Asia, the Middle East, Africa — there are seven or eight different languages and cultures represented currently.

“We serve anybody that wants to grow food or learn how to grow food,” Jensen said. “We can give you the skills and tools you need to do that.”

Farmers can rent or purchase a row or bed for a small amount, “but it’s meant to be a small token so they feel they have some ownership” Jensen added. “And it helps to cover the water and electricity needed to run the site.”

Why is agriculture an important part of the IRC outreach? Connection, says Jensen.

“In every culture and every country, food is a big part of culture and tradition. And so, we encourage people that may not be able to find the foods that they’re familiar with, if they’re able to grow here, to grow them here. Also, it’s a way to transition into life in America.

“We serve people that are citizens,



A blooming okra plant hints at the bounty to come at the New Roots Phoenix CamelBackyard urban farm (photo by Kathryn M. Miller).

we serve elderly that live next door. There’s a daycare, they bring children over. So, it’s a really a mix of ages and cultures, and it’s a chance to work on language development, and to learn how to grow food in Arizona.”

The garden is currently in transition to the winter growing season, but they have quite a few cucumbers still growing, along with melons, gourds, okra, a broad

variety of herbs as well as flowers — they even have a tilapia farm onsite, which helps feed their aquaponics garden.

The garden also offers a monthly farm stand where residents can purchase assorted fruits and vegetables grown organically and locally by its Phoenix farmers. The market accepts cash and Double Up Food Bucks (DUFEB) — shoppers receive a 50 percent discount on their produce purchase when using their EBT card. They also accept Senior Farmers Market Nutrition Program (SFMNP) coupons.

The fall season at the farm stand kicked off Oct. 21 and markets will be held Nov. 18, and Dec. 16, from 9 a.m. to 1 p.m. Shoppers can enter through the front gate (Camelback Road side) or the back gate (Pasadena side).

Another option is the weekly or biweekly CSA (Community Supported Agriculture) subscription produce box. Boxes typically include herbs, greens and a variety of seasonal vegetables. The Winter CSA program will run from Jan. 3 to Feb. 21.

Volunteers are always needed and welcomed at this community space, and upcoming volunteer days are Nov. 18 and Dec. 16, 9 a.m. to noon. The garden needs help planting seeds, pulling weeds, planting trees and a variety of other projects.

“We need people to show up. People who want to get their hands dirty and work with us. And even people who have skills and experience in gardening here in Arizona,” Jensen said.

CamelBackyard is located at 1616 W. Camelback Road. For additional information, visit www.newrootsphx.org. Learn more about IRC Phoenix at www.rescue.org/phoenix.

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A PEACEFUL HOLIDAY

As I begin this article, the Middle East is in turmoil. My heart and those of my family's ache. I do not pretend to have any answers but, like many of you, I have many questions. What I do know is there is no place for hatred, we want peace and need reflection and conversation. As we enter this holiday season of gratitude and the coming together of family and friends – I look forward to conversation. Our community lends itself to a sense of neighborly. We are a multifaceted group engaged in respect and neighborliness - one reason the North Central corridor continues to attract young families beginning to raise their own children. It is a desired location for folks from across the country, or simply coming home after living somewhere else.

Some interested home buyers hesitate because the current interest rates are somewhere between 7-8 percent. I checked in with Eric Kilstrom, VP of VIP Mortgage for some perspective. He said, "Rates should begin moving down in the spring. During an election year, historically, there is a 50/50 chance of a downward trend. As rates decrease, the buyer pool and the amount they qualify for will increase competition. If you see a home you like and can qualify, move forward. One can always refinance as rates move in your favor."

I remember when we bought our home in 1991, the interest rate was upwards of 10 percent. With what little we had, we still felt compelled to purchase a home. Raising our family in our new neighborhood, brought a sense of pride and equity, not to mention tax deductions.

The Central Corridor offers so many exciting restaurants, shops, and new construction, it's remarkable that homes continue to be affordable compared to other neighborhoods across the Valley. Despite this fact, the housing market continues to be interesting and some homes may take a bit longer to sell; while others see multiple offers. There are still buyers who want to live here. We continue to see new construction. Public

and private schools and the universities are very strong draws for families. The interest is still notable not only for families, but couples downsizing and professionals moving closer to job sites. We currently have townhomes at 77 E. Missouri Ave (guard-gated community) available, and one at 240 W. Missouri Ave – both are walking distance to the Bridle Path, Uptown Plaza and the Farmers Market at North Phoenix Baptist Church, now open Wednesday and Saturday mornings. Also, single-family homes ranging from \$675,000 to \$950,000 and fabulous luxury residences beginning at \$1,529,900 (built in 2022) on 14th Avenue plus a French Provincial two-story home, steps from the Bridle Path at \$2,199,000, and a home at 546 W. Kaler for \$1,699,000.

There have been 32 lavish homes sold in our area, this year for over \$1.5 million including five I personally negotiated: 345 E Pomona Road, 351 W Orangewood Ave. (I represented the buyer), 25 and 35 E Myrtle Ave. and 620 W Lawrence Road, which sold for \$4,050,000 and was the highest price home sold in North Central Phoenix.

Owning a home in our neighborhood provides a sense of pride, is an excellent investment, and is the perfect place to celebrate a peaceful holiday.

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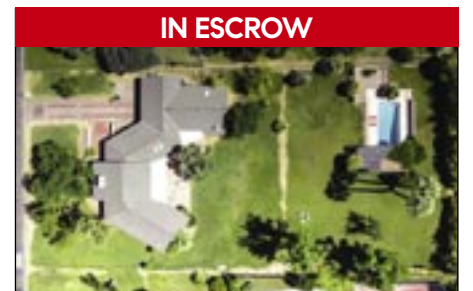
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GEM continued from page 1

worth saving because it is so unique and our clientele through the years is truly a who's who of Arizona — John McCain, Barry Goldwater, Barry Jr. still comes in...supposedly Wayne Newton was discovered here." She added jokingly, "I can't confirm this, but I really believe that his DNA is in the bubble gum under the counter."

The list goes on, as does the history. "It has something that appeals to everybody. Old people like it because it reminds them of their childhood. Young people like it because it has ice cream. For people in their mid-20s, they just think it's really cool because it's so different than anything else. When you walk through the door, it is a step back in time."

Fast forward from 2001 to 2020, and the COVID-19 pandemic. On St. Patrick's Day, the restaurant was forced to close along with everyone else. When they were able, they reopened to offer take-out, but it was not successful — people really wanted to go in and enjoy the atmosphere. Then, tragedy struck closer to home when Cary

became ill and died, which was "unbelievably traumatic for the family," Heizenrader recalled.

She and her daughters Holly, the pie baker, and Heidi, who works front of house, rallied and have made multiple efforts to reopen, but injuries, unexpected, expensive repairs and property expenses, which continue to add up regardless of whether the business is open, have plagued the family, and they have found themselves in a precarious situation.

A plea to the community for help was posted on GoFundMe Oct. 5. "Asking for help is incredibly hard but MacAlpine's is at risk of closing forever," the post reads.

"We want to do pies for Thanksgiving and open in December," Heizenrader said. But to do that, they have to have the capital to hire back staff, get the diner ready for customers and take care of other business expenses.

If they can't reopen, the community stands to lose out as well as the family. Heizenrader knows that they are not alone as a struggling business, "We've lost so many restaurants recently." But for many in the community, the stakes feel higher with MacAlpine's.

"They'll lose a very special part of Phoenix — something that's irreplaceable," Heizenrader said.

At press time, the fundraiser has raised just over 10 percent of its \$93,500 goal. Those who would like to lend a hand and help save this piece of Phoenix history can visit www.gofundme.com/f/save-macalpines-diner-and-soda-fountain.

MacApline's Diner and Soda Fountain is located on the northeast corner of 7th Street and Oak in Phoenix. Learn more at www.macalpines.com.

City seeks to expand mobility program

The Phoenix Street Transportation Department is developing a strategy to expand the city's Shared Micromobility Program. The program, which launched permanently in January 2023 with vendors Lime and Spin, includes the use of e-scooters, e-bikes, traditional pedal bikes and adaptive bikes.

The department is considering options to expand the program's geographic boundaries and vehicle inventory. Residents are encouraged to provide input by taking an online community survey available through Nov. 15. The survey, offered in English and Spanish, is available at Phoenix.gov/Scooters.

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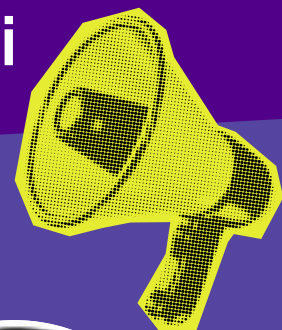
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COMMUNITY

North Central hosts two parades

Residents in the North Central area of Phoenix should be prepared for road restrictions and family-friendly celebrations as two popular annual parades take to the streets in November and December.

First up, the 27th annual Phoenix Veterans Day Parade will take place beginning at 11 a.m. Saturday, Nov. 11. Honoring America's Veterans hosts the annual event where thousands gather to honor and recognize Valley veterans. This year's theme is "Never Forget. Forever Honor."

"The theme captures the essence of the parade, bringing together veterans from all eras with the community who have given a portion of their life to defend our freedom," said Parade coordinator Paula Pedene. Pedene also serves as the executive director for Honoring America's Veterans. "We will never forget their sacrifices, and we hope always to remember their service to our country,"

This year's Celebrity Grand Marshal is Kim Alexis. The event will



The 27th annual Phoenix Veterans Day Parade will kick off at 11 a.m. Saturday, Nov. 11 (photo courtesy of Honoring America's Veterans).

include a special tribute to a group of veterans who support the Military Working Dogs. The parade heads south on Central and Montebello, crosses west on Camelback, and heads south on 7th Street, where it destages at Indian School Road. Learn more at www.honoringamericasveterans.org.

In December, the city of Phoenix and APS will celebrate the 36th Annual APS Electric Light Parade. Miss America Grace Stanke has been named

as the Grand Marshal.

Scheduled for Saturday, Dec. 2, the 2.3-mile parade route starts at Central Avenue and Montebello Avenue, travels south to Camelback Road, then heads east along Camelback Road to 7th Street, and continues south along 7th Street to its conclusion at Indian School Road. The first parade entries begin at 7 p.m. and take approximately 60 minutes to complete the route.

It is strongly recommended that

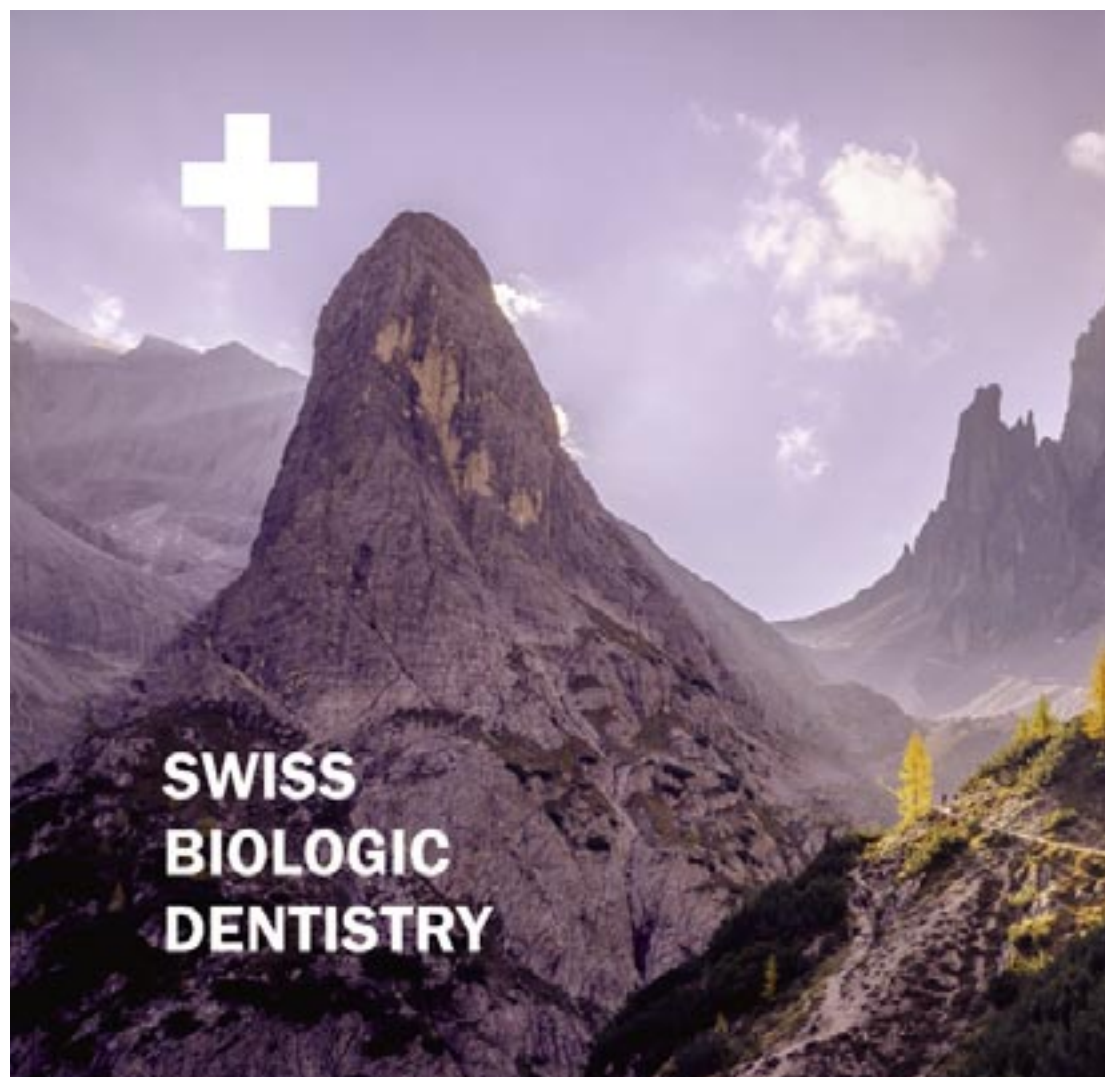
attendees arrive several hours in advance of the start of the parade. Day of parade road closures will be in effect from 5-11 p.m. and include Central Avenue from Camelback to Bethany Home Road; 7th Street from Indian School to Osborn Road; and Camelback Road from 1st Avenue to 7th Street. Learn more at www.phoenix.gov/parks/elp.

Valley Metro starts service changes

Beginning Monday, Oct. 23, Valley Metro began implementing bus service improvements and route changes that may impact the way people travel in the Valley.

Route changes include increased frequency of bus service on routes 3, 7, 16, 19, 27, 35, 70; Bus route extension on route 48; Bus route eliminations in the southwest Valley, including Avondale ZOOM, Peoria on the Go Destinations (POGO) Blue, Green and Red.

Riders are encouraged to check their route schedule online or in the Valley Metro app. To view all service changes, visit www.valleymetro.org/oct23.



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JUST REDUCED



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For the love of coffee ...

By Bill Ross

Apparently, the coffee industry is humungous. It has been glorified in movies, television shows and advertisements. It appears the average person will have coffee 1 to 5 times a day. How bad can that be, right? Everybody does it!

Well, let's see. The main ingredient in coffee as well as "energy" drinks and "diet" aids is caffeine. Some people say, "I can't get up without my coffee". Then, later in the day, as they lose energy, they turn to something caffeinated for a pick me up. This becomes a habit. Actually, it becomes an addiction. Yes, I said an addiction. Try stopping cold turkey and see what happens.

So, is caffeine really that bad? Caffeine stimulates your adrenal glands, creating adrenaline, which puts your body in the flight or fight mode – giving you a boost of temporary energy. However, this costs your body a lot of its normal energy reserves, so when the adrenaline wears off, this leaves you with low energy – making you feel even more tired than before.

A result of constant over-stimulation can lead to adrenal fatigue and possibly adrenal

failure, which can then lead to other serious health problems. Continued over-use of caffeine laden products will eventually wear your body down and cause it to age faster and be much more vulnerable to sickness and disease.

Caffeine, nicotine, alcohol, antibiotics and stress are the most harmful things to your gut health. In other words, these things kill your healthy bacteria. Is that a big deal? Well, considering that 70 percent of your immune system is your healthy bacteria, I would say so!

At Bill Ross Fitness Solutions, we strive to educate our clients on this and other topics that will give them an opportunity to live a healthier life. We in "believe Everything In Moderation."

If you are intrigued by this and would like to learn more about improving your fitness and nutrition, please contact **Bill Ross at 602-230-8581** (land line) or visit **www.30minuteworkout.com**.

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COMMUNITY



Jewish Family & Children's Service will help make the holidays a little brighter through its Adopt a Family program (submitted photo).

JFCS hosts holiday Adopt a Family

With the holiday season just around the corner, Jewish Family & Children's Service (JFCS), announced the return of its annual Adopt a Family program. For more than two decades, the initiative has matched families and teens receiving care at JFCS clinics with sponsors who provide gifts for the holidays.

"The Adopt a Family program is more than just a holiday drive, it's a testament to the power of community," said Kathy Rood, Adopt A Family program director. "By connecting donors directly with families, we're fostering a sense of unity and shared joy for everyone, regardless of age, faith or background. The support this program brings is invaluable."

The organization says that every penny donated to the program is channeled directly to the families in need. And while many families receive gifts specifically for Christmas, JFCS' Adopt A Family stands out as the only program in Maricopa County that also serves families celebrating Hanukkah. Families and teens benefiting from this program are nominated by JFCS clinicians and caseworkers who know firsthand who in the community is most in need. Through the program, each donor is provided with a detailed family profile, including a wish list of essential items and gifts. This ensures that every gift directly addresses the unique needs and wishes of the adopted family. The deadline to participate in this year's Adopt a Family program is Dec.

10. With a goal to adopt 200 families and raise \$8,000, JFCS invites the community to come together and make this holiday season memorable for families in need.

For more information or to get involved, visit www.jfcsaz.org/adopt-a-family.

Breakfast spot hosts toy drive

U.S. Egg announced that is partnering with Arizona Helping Hands for its annual toy and pajama drive benefiting boys and girls in foster care.

Arizona Helping Hands, which in October announced that it has rebranded as The Foster Alliance, is the largest organization in Arizona that provides beds, cribs, clothing, toiletries, birthday gifts, holiday toys, backpacks with school supplies, licensing safety items, and more to the over 15,000 children in state and tribal foster care.

For the entire month of November, all six Valley U.S. Egg locations will be collecting new toys and pajamas that will be donated to the foster care organization. In addition to pajamas, the organization is collecting socks, diapers and hygiene items. Participants are invited to come enjoy breakfast or lunch at the restaurant while also providing support and kindness to foster families before the holiday season.

To learn more about U.S. Egg and to find locations, visit useggrestaurant.com. Learn more about The Foster Alliance at www.thefosteralliance.org.

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COMMUNITY

Community club hosts seasonal events

In addition to the many activities residents can find and enjoy at the Arizona American Italian Club — music, dancing, bingo, bocce ball, bunko, dance lessons, karaoke and delicious dining — the club will give back to the community this season by participating in two holiday charity projects.

During the month of November, club members and guests will help to bring “Santa” to foster children in coordination with the Arizona Department of Child Safety (DCS). DCS will provide Christmas hearts made by children, which will display their wish list. The hearts will be hung from the large Christmas tree in the dining area of the club. Members are free to choose a heart and then fulfill the wishes of that child. The gifts will be collected in gift bags, which will be picked up by Dec. 7 to be delivered to the children’s residences. It is a fun way to give back and it makes these children feel special.

During December, the club will participate in a holiday drive of needed items for the St. Vincent de Paul. Large

boxes will be placed near the Christmas tree and members and guests are invited to donate needed essentials as well as gifts for adults and children. Items needed include non-perishable food, water, toys for all ages, blankets, socks, shoes and school supplies. All items must be new and unwrapped. Boxes will be picked up by Dec. 21 and dispersed by St. Vincent de Paul to local food pantries and collection centers as needed.

The Italian American Club, located at 7509 N. 12th St., seeks to give back to the community by continuing to be a place for everyone and where all people are respected, supported and appreciated. Learn more at www.azaiclub.org or by calling 602-975-8294.

Phoenix selected for public art challenge

Bloomberg Philanthropies has selected Phoenix for a \$1 million Public Art Challenge grant. This unique grant program supports temporary public art projects that address important local civic issues in cities nationwide. Phoenix’s project, ¡Sombra! (Shade) will commission artists to create shading and cooling installations in response to extreme urban heat.

These works may include shade and cooling structures that create street-scale microclimates, installations that promote the protective beauty, comfort, and cooling power of hats and parasols, and other participatory arts experiences that provoke dialogue about rising temperatures and sustainable heat-mitigating tactics. The project will conclude with a family-friendly festival that will engage residents with these public art installations and feature activities for children, food, and music to celebrate and empower the community.

The city of Phoenix was named a finalist in June and is one of just eight winners from more than 150 project proposals received from cities in 40 U.S. states. The project will be developed over the next two years.

Visit publicartchallenge.bloomberg.org to learn more about the Bloomberg Philanthropies Public Art Challenge.



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REAL ESTATE SNAPSHOT
MONTHLY STATS
PHOENIX

AUG	VS	SEPT
1,825 ACTIVE LISTINGS		2,108 ACTIVE LISTINGS
\$532,282 AVG. SALES PRICE		\$540,373 AVG. SALES PRICE
44 AVG. DAYS ON MARKET		44 AVG. DAYS ON MARKET
1,131 MONTHLY SALES		1,066 MONTHLY SALES

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or call 602-943-4789

Vendor booths available.
Proceeds benefit adults with special needs at Lura Turner Homes

COMMUNITY



Free NARCAN kits will be made available to residents at all Phoenix Public Libraries (photo courtesy of City of Phoenix Public Health).

Free Naloxone kits available at library

The city of Phoenix's Office of Public Health is making efforts to take on the opioid crisis by rolling out a citywide Naloxone (NARCAN) program to help decrease fentanyl and opioid overdoses. Naloxone is a nasal spray that reverses opioid overdoses.

Over the past decade, opioid overdoses have been on the rise. In 2022, 991 people died of an overdose in Phoenix, accounting for more than half of all overdose deaths in Maricopa County.

To ensure residents have access to this life-saving tool, free Naloxone kits will be available at all 17 Phoenix Public Libraries as well as through other City services. The kits feature two doses of NARCAN nasal spray, a pair of gloves, and an informational pamphlet featuring overdose symptoms and instructions.

For additional information, visit www.phoenix.gov/health and click on the "Naloxone" link.

City names new Streets head

In October, Phoenix City Manager Jeff Barton announced that Joseph (Joe) T. Brown, PE, has been chosen as the city's next Street Transportation Director. Brown will replace current director Kini Knudson, who retired Oct. 20. Brown will start in his new role effective Nov. 20.

Brown comes to Phoenix after serving as commissioner of the Suffolk County (NY) Department of Public Works, and has more than 30 years of diverse management and engineering experience in transportation, sanitation, traffic management, structures, construction, maintenance, operations and planning, and emergency response, according to an October press release. The city added that, Brown, a strong advocate for the Vision Zero and Complete Streets initiatives, developed a plan that reduced fatalities on Long Island highways by more than 30 percent. Both initiatives have been put into place in the city of Phoenix.

Learn more at www.phoenix.gov/streets.

Neighborhood hosts community yard sale

The all-neighborhood Royal Palm Community Yard Sale will be held on Saturday, Nov. 11, from 7 a.m. to 1 p.m. Participating neighbors will post signs that lead to their home. Then, as part of Royal Palm Gives, starting at 1 p.m. at Royal Palm Park, various charities will also pick up any unsold items that neighbors would like to donate.

The Royal Palm Neighborhood is bounded by 7th and 19th Avenues, from Northern to Dunlap Avenues. To learn more about the neighborhood organization and other events taking place throughout the year, visit www.royalpalmneighborhoodphx.com.

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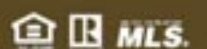
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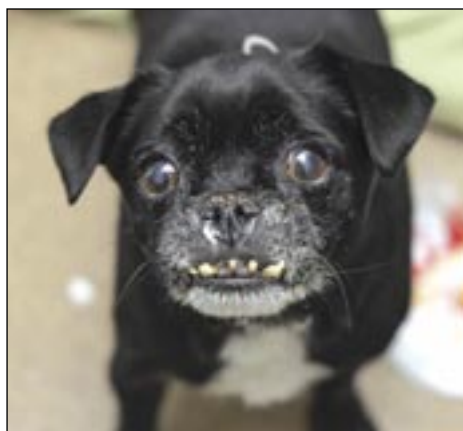
COMMUNITY

Pet of the Month

Sweet Cletus needs a Foster Hero

As the Arizona Humane Society (AHS) continues to take in an unprecedented number of pets, fostering is a great way to help even more sick, injured and abused pets receive the care they need. Fostering not only helps pets currently in need but opens up critical kennel space for other pets who are in need. One of dozens of pets currently in search of a Foster Hero is senior pup, Cletus, pet number 753396.

One look at his adorable face and toofers and it is impossible not to fall in love. The nine-years-young pug came to the shelter as a stray thanks to a Good Samaritan who found him wandering the streets of Glendale earlier this month. Upon medical evaluation in AHS' trauma hospital, Cletus was found to be in need of a dental procedure, surgery to fix a hernia and an upper respiratory infection. Lucky for this sweet boy, he came to the right place and will be ready for his forever home in no time.



One of the many dogs currently in search of a Foster Hero is an adorable, nine-year-old pug named Cletus (photo courtesy of Arizona Humane Society).

It is easy to become an AHS Foster Hero. The shelter provides everything needed, from training to all the supplies, food, medical checkups and more. By bringing in a foster pet(s), you allow AHS to continue caring for even more of the community's pets in need that have nowhere else to go. For more information, take the online orientation and apply at www.azhumane.org/foster.

Those who are looking to adopt can meet some of the other dogs, cats and

other companion animals at the shelter. To see all adoptable animals currently available at the Arizona Humane Society, visit www.azhumane.org/adopt.

New canal run/walk is dog-friendly

Valley residents are invited to lace up their sneakers and grab their furry friend for the inaugural Dog Friendly 6K Canal Run/Walk at Arcadia O.H.S.O. 4900 E. Indian School Road. Proceeds will benefit two registered nonprofits: Quality Resilience Fitness and Soldier's Best Friend.

Heats will begin at 7 a.m. Saturday, Nov. 4, on the canal and will feature a 2-mile route as well as a 3.7-mile route. All entrants will receive a race bib and a race T-shirt, and all finishers will receive a finisher's medal.

Prizes will be given to first place finishers in the 6K race. First place overall with a dog will receive a comprehensive swag package from Soldiers Best Friend and first place overall without a dog will receive a comprehensive swag package from Quality Resilience Fitness. After the race, organizers invite



Fall and winter-themed Paint Your Pet events are scheduled in November and December (photo courtesy of Painting With a Twist).

participants to join them on O.H.S.O.'s dog-friendly patio for drinks, brunch, raffles, and more.

Register at <https://www.eventbrite.com/e/1st-annual-dog-friendly-6k-canal-runwalk-tickets-697018720757>.

Paint your pet at fall event

Painting With a Twist will host a 21-and-over Paint Your Pet event Sunday, Nov. 5, from 4 to 7 p.m., at 1743 E. Camelback Road, Suite A-4. Additional Paint Your Pet events are scheduled for Sunday, Nov. 19, and Sunday, Dec. 3.

Participants are asked to send a photo of their pet two days in advance of the event so that the pet can be pre-sketches on a canvas. Canvas sizes available include 16x20 and 11x14.

For additional information, or to find other upcoming painting events, call 602-283-4201 or visit www.paintingwithatwist.com/studio/phoenix.

Low-cost vaccine clinic scheduled

The Arizona Animal Welfare League will hold a low-cost vaccine clinic by appointment only Saturday, Nov. 18.

The event will run from 7 to 9 a.m. at 25 N. 40th St. Sign-up will be posted 10 days in advance of the event. Vaccines offered at the event include rabies, DAPP, Bordetella, leptospirosis, K9 influenza for dogs and babies, FeLV and FVRCP for cats.

To register or for more information, visit <https://aawl.org/vaccine-clinics>.



As you gather 'round the table, don't forget to keep an eye on the ones with tails!

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SW Corner of 7th St. and Glendale Ave. | 539 E. Glendale Ave., #1, Phoenix, AZ 85020

COMMUNITY

Pet shelter volunteers needed

Maricopa County Animal Care & Control has dozens of volunteer opportunities available for those who want to help its shelter pets, including dog walking.

As a volunteer, you will be helping MCACC achieve its mission by assisting pets in need and serving the community. Beyond dog walkers, individuals who can help by fostering animals are need. Other opportunities include yard clean-up, water and poo crew, Pawparazzi team (photography and marketing) and in-kennel enrichment.

Traditional volunteers commit to a minimum of eight hours per month for a minimum of six months. Flexible schedules are offered. Volunteers must be at least 18 years old. Children as young as 15 may volunteer alongside a parent/guardian who has attended all required volunteer training.

For more information and to apply to be a volunteer at either the East or West Shelter, visit www.maricopa.gov/294/volunteer.



Volunteers are needed to help walk dogs and more at two Maricopa County pet shelters (photo courtesy of Maricopa County Animal Care & Control).

AAWL holds 25th Walk to Save Animals

Join the Arizona Animal Welfare League (AAWL) for its 25th Annual Walk to Save Animals on Saturday, Nov. 4, at Tempe Beach Park from 8

a.m. to noon. The event helps AAWL raise funds its life-saving programs and services ranging from adoptions and behavior support to rural rescue transport efforts and low-cost veterinary care for underserved communities.

Bring both your two-legged and four-legged friends and plan for a day packed with activities and access to a variety of pet resources, from free goodies to dog training demonstrations, and join either the 2k or 5k fun walk.

Registration is \$25 per person. The first 1,500 to register will receive a State Forty Eight Walk shirt.

Tempe Beach Park is located at 80 W. Rio Salado Parkway. For more information or to register, visit <https://aaw1.org/events/2023-walk-save-animals>.

Be aware of seasonal dangers

As autumn leads into the holiday season, pet owners should be aware of hidden hazards posed by otherwise unassuming seasonal eats and décor.

Candles, spices, cocktails and

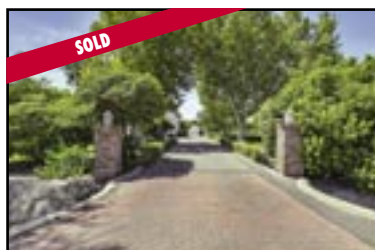
sweets are among the mainstays of the autumn/winter season for many homes. While these treats can certainly help humans get in the seasonal spirit, they can bring its potential pet safety hazards.

The Arizona Human Society (AHS) says that pet parents should help their pups steer clear of food containing chocolate and cocoa, spices such as nutmeg and cinnamon, apple seeds, nuts, onions and garlic, alcohol, corn cobs, cooked bones, grapes and raisins. Many of these items can be toxic to pets or pose choking hazards or gastrointestinal distress.

AHS say to also avoid seasonal decorations and accoutrements such as candles, essential oils and incense. Not only do open flames pose a risk to households, especially with curious cats and rambunctious pups, the scents and smoke can irritate pet respiratory systems. Essential oils and incense can also affect pets' respiratory system, and be potentially toxic if ingested.

Learn more about how to keep pets safe during the holidays on the AHS blog; www.azhumane.org/blog.

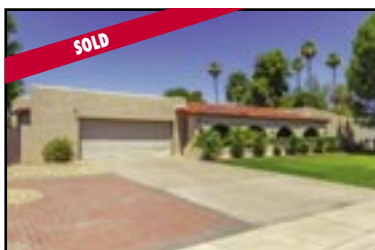
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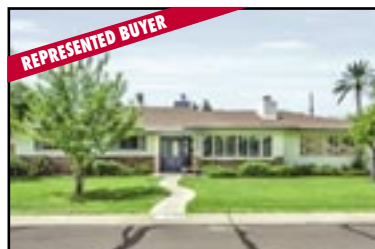
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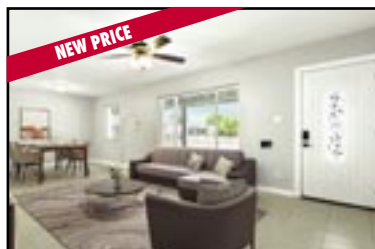
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- MONTHS SUPPLY OF INVENTORY: 2.22
- NEW INVENTORY: 6,675 (▲ Up 2.8% from last month 6,494)
- MEDIAN SALES PRICE: \$450,000 (No Change from \$450,000 last month)
- AVERAGE DAYS ON MARKET: 52 (▼ Down 1 day from 53 last month)

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Who We Are

We are a more-than-175-member-strong group of actively selling agents who have a vested interest in the community, the real estate market and North Central Phoenix. This tour is a cooperative effort among the active REALTORS of the Central Corridor. The tour has been in existence for more than 35 years and is an all-volunteer organization.

Location & Meeting

Our meetings are held on the first and third Friday of each month beginning at 9:00 am. Our meeting spot is at The Casa patio, 7878 N. 16th St., Phoenix, AZ 85020. Following the meeting, we tour up to 10 homes new to the market. We require those REALTORS who have a property on the tour to attend the meeting and then participate in the virtual tour of all houses on that day's tour. Each agent provides constructive feedback on price, condition, and key features of the home. The goal is to network with fellow REALTORS who also specialize in North Central Phoenix neighborhoods and help sell the property.

Tour Boundaries

Tour boundaries are Campbell Avenue to the south, 40th Street to the east, 19th Avenue to the west, with the northern border running south of the North Phoenix Mountain Preserve (roughly Peoria) and just north of Lincoln from 16th Street east to 40th St. The Phoenix Country Club area also is included.

Join Us!

We love working with new members. Join our team and receive news and information about new homes on the market in the North Central Region of Phoenix.

**For more information or to become a member,
visit our website at**

<https://northcentraltour.com/>

COMMUNITY

Veteran speaks about service

Veterans and the public are invited to an informal presentation by David Lucier, Army Vietnam veteran with service in Iraq and Afghanistan.

The free guest speaker program is scheduled for Saturday, Nov. 18, 9–10 a.m. at Cross Roads United Methodist Church, 7901 N. Central Ave.

Lucier was born in Florida to parents who were both WWII veterans. His mom was a WASP, Women Airforce Service Pilots. In 1967, at age 19, Lucier joined the U.S. Army. He completed advanced airborne infantry training, parachute training, and Special Forces training as a weapons and medical specialist. He was assigned to a Special Ops A-Team, a private army consisting of tribal peoples who would prevent North Vietnamese men and materials from traversing the Ho Chi Minh Trail. Lucier was decorated by the U.S. and Vietnamese governments for valor and meritorious service.

To ensure adequate refreshments, please leave a message by Thursday, Nov. 16, at 602-943-7834 that you are planning to attend. The one-hour presentation is complimentary. Childcare services are not available. Questions about the presentation are welcome at caroleenculbertson@earthlink.net.

College hosts 'mindful' event

Artist and Phoenix College faculty Jay Hardin will host a community education class, Mindful Arts: Taiko Drumming & Drawing, with TaikoMIND facilitator Holly Cluff on Friday, Nov. 3, 2–5 p.m., in the Phoenix College Band Room.

Participants will explore the fundamentals of Taiko drumming, then transition to the realm of visual art. Mindfulness principles provide structure and focus for each step in this relationship between sound and image.

The \$45 non-credit workshop is open to community members. No experience in drumming or drawing is required.

To enroll, call 602-285-7777 to speak with an enrollment specialist, or visit the Hannelly Enrollment Center in person to complete the enrollment steps. Use class number #37565 to sign up. The Hannelly Center is located on the west side of campus on 15th Avenue, north of Thomas Road.

Parking is available in the parking garage or the West Lot.

Contact Hardin with any questions about the class at jay.hardin@phoenix-college.edu.

Grant expands tree planting efforts

In mid-September, the United States Forest Service announced that the city of Phoenix was awarded a \$10 million grant to support tree planting efforts in heat-vulnerable areas. Planting more trees allows the city to mitigate heat, conserve energy and provide more shade for residents.

The city says that funding will go towards tree planting and maintenance, workforce development, community restoration and resilience as well as mitigating extreme heat. The \$10 million will add to the City's \$4 million American Rescue Plan Act (ARPA) funding that was approved by City Council in 2022 for urban forestry.

Currently, the city's Office of Heat Response and Mitigation is using ARPA funding to improve tree equity through two grant programs designed for Phoenix residents and schools in Qualified Census Tracts. The Community Canopy grant program is designed to offer trees for individuals and neighborhoods and the Canopy for Kids grant program focuses on providing trees to public schools, non-profit schools, and 501(c)(3) organizations that serve youth.

Qualifying residents and schools can apply for current grant programs at www.phoenix.gov/heat.

Boutique partners for craft fair

Magic Moments Boutique announced that its members will again partner with Lura Turner Homes on their 38th Annual Holiday Bazaar & Craft Fair at Crossroads UMC (7901 N. Central Ave.) The event will be held Friday and Saturday, Nov. 3–4, from 9 a.m. to 3 p.m.

Vendor products at this two-day sale will include a variety of artwork, antiques, baked goods, crochet items, fused glass, home décor, holiday ornaments, jewelry, paper crafts, products for pets and pet lovers, pickles and preserves, pottery, vintage items, wood crafts, and more.

Learn more at www.luraturner-homes.org/events.

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WaterView on Highland, located on the southwest corner of Highland Avenue and 21st Street, would combine a new multifamily residential development and an existing office development (rendering courtesy of Holualoa Waterview LLC).

Updates on pending development cases

By Kathryn M. Miller

With proposed residential developments popping up right and left these days, it can be challenging to keep up. Here is a rundown of some of the projects in progress in and around the North Central area.

First up is one of the largest developments along Central Avenue in the Uptown area, The Central Park. After its initial approval in 2019, the developer came back to the city this year requesting a short list of stipulation modifications, discussed at length in previous *North Central News* coverage. At an Oct. 18 Planning Hearing Officer meeting, the hearing officer approved for recommendation six of the seven requests. The only request he recommended for denial is to delete Stipulation 14, which would remove the requirement for ingress and egress (entrance and exit) points to align with existing street network locations.

This project will now go to the City Council, who will have the final say on the developer's requests.

A more modest development being proposed sits on a 6.9-acre piece of land at the southeast corner of 34th Street and Thomas Road. The location currently houses the two-story Pruitt's Furniture store, along with other single-level commercial and two single-family homes. The Pruitt's store has been at this location since the early 1960s.

At the Oct. 5 meeting of the

Phoenix Planning Commission, a request was made and granted to continue case number Z-18-23-8 to the November Commission meeting. The proposed Planned Unit Development (PUD) would allow multifamily residential with ground-floor commercial.

According to the applicant narrative, the 34th Street and Thomas development is a proposed mixed-use modern living environment with an anticipated 310 dwelling units and 6,000 square feet of ground floor retail/restaurant space located on the south side of Thomas Road between 34th and 35th Streets.

Other developments in the pipeline in the North Central area include Camelback Lakes Residential (case number Z-69-23) located at 2730 E. Camelback Road. The developer, Mainstreet Capital Partners, is seeking to rezone approximately 1.6 gross acres to allow 75 luxury multifamily residential units of varying sizes and floorplans with shared access and parking with the adjacent existing office development. The applicant narrative describes the project as "a luxurious, mid-century modern inspired multifamily residence that embodies elegance, sophistication, and timelessness."

A mile south, Del Pueblo Communities, owner/developer of the Indian School Road and 18th Place project (case number Z-58-23), is seeking to rezone approximately 1.8 acres of land for the development of a new mixed use multifamily and commercial infill development.

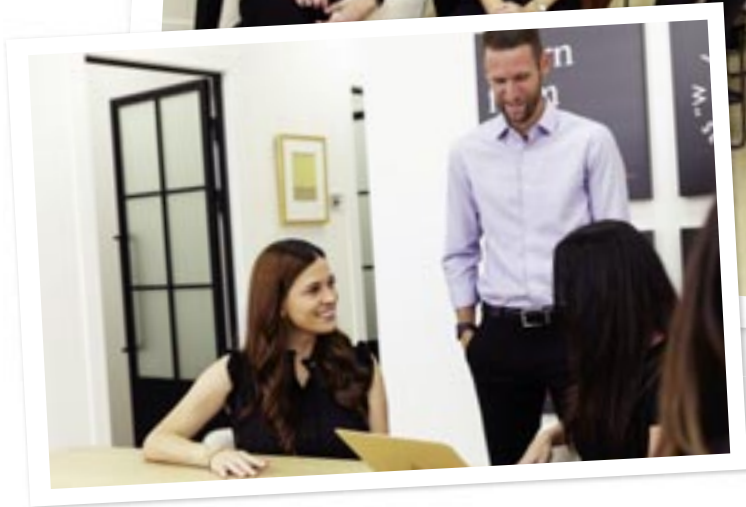
please see PENDING on page 24

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TAKING CARE OF BUSINESS

PENDING continued from page 22

opment. The proposal is for 91 multi-family units, which includes one-, two- and three-bedroom units. The project is a four-story podium structure, with parking on the first level and residential units on the top three levels. The project includes commercial/retail space on the ground floor along both Indian School Road and 18th Place. Due to the close proximity to the SR-51 and the Indian School Road interchange, vehicle access is proposed from the existing alley on the northeast side of the parcel, off of 18th Place, which is shared with existing single-family homes.

Another PUD in the works is WaterView on Highland (case number Z-41-23), located on the southwest corner of Highland Avenue and 21st Street. The applicant, owner/developer Holualoa Waterview LLC, is seeking to rezone approximately 14 gross acres to allow mixed use project that combines a new multifamily residential development and an existing office development; amenities for the apartments and offices will be shared.

According to the applicant narrative,

the owner is proposing to combine the parcels through a separate application to “enable a unified development.” The property is developed with two- and four-story office buildings, a two-level parking structure, and a restaurant building known as the Half Moon Windy City Sports Grill (called Blue Moon in the narrative). The offices are located alongside a lake feature. The owner is renovating the office buildings and amenity areas and proposes to demolish the restaurant building to accommodate the proposed multifamily development. The proposed apartments will include 144 units of varying sizes and floorplans.

Finally, Resilient Health LLC is seeking to rezone a 1.04 gross acre site located east of the southeast corner of 19th Avenue and Sahuaro Drive from R-3 (Multifamily Residence) to PUD (Planned Unit Development) to allow for an affordable housing development. The Resilient Living at Sunnyslope project (case number Z-51-23) would consist of one building that will house 40 affordable residential units.

The proposed four-story, 47-foot-high building would include 19 one-bedroom units, 13 two-bedroom units,

8 three-bedroom units, and a total of 41 parking spaces. All of the units will be affordable, and residents will be required to have qualifying income levels. The property will feature a tot lot, a covered-outdoor grilling space, and an interior clubhouse/community room.

The North Mountain VPC was scheduled to hear an information only presentation on the Resilient project at its Oct. 18 meeting.

Learn about pending rezoning cases at www.phoenix.gov/pdd/planning-zoning/pzservices/pzstaff-reports and at www.phoenix.gov/pdd/planning-zoning/pzservices/pud-cases.

Business Briefs

Microgym offers personalized training

Your Strength Movement Coaching, located inside Your Strength Gym at 16th Street and Northern, offers corrective exercise, personal training, small group strength and mobility classes and nutrition coaching.

Owner Katie Wilson offers small group strength classes six days a week, Monday through Saturday, at 9 a.m.

Pricing starts at free offerings and ranges up to \$75 for a private session.

Wilson added, “Look for weekly discounts for services on our Schedulicity scheduling service by downloading the Schedulicity App!”

The gym is located at 7575 N. 16th St., Suite 9. Learn more at www.yourstrengthaz.com.

Bricks & Minifigs celebrates two years

Bricks & Minifigs Central Phoenix will celebrate its two-year anniversary Saturday, Dec. 2.

During the event, the store will host a meet and greet with Karen Bludorn from FOX’s “LEGO Masters” Season 4 from 10 a.m. to noon. Residents are invited to stop by to meet this fun builder, take pictures and ask their LEGO Master questions. In addition, guests can visit with Santa and Mrs. Claus from 1 to 4 p.m., after which they can go claim a spot along Central Avenue for the APS Electric Light Parade.

Throughout the event, the store will offer other special anniversary and holiday promotions and raffles every **please see CELEBRATION on page 26**

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Source Reference: Loan Officer - Monica Jasso-Selles
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Pictured (L-R), are Scott Gruwell, CEO Courtesy Automotive Group; Jay Schmidke, general manager, Courtesy Chevrolet; Scott Roberts, zone manager Chevrolet; Robert O'Connor, district sales manager, Chevrolet; and Jason Church, chief operating officer, Courtesy Automotive Group with the 2022 Dealer of the Year award (submitted photo).

CELEBRATION continued from page 24

hour — details of which were not finalized by press time.

Bricks & Minifigs, located at 24 W. Camelback Road, Suite G, buys, sells and trades all LEGO products and offers a huge selection of new and retired sets, individual minifigs, bulk bricks, components and accessories.

For additional information, call 602-675-1392 or visit <https://brick-sandminifigs.com/central-phoenix-az>.

Courtesy named top dealer

Courtesy Chevrolet was named Chevrolet Dealer of the Year for 2022 on Oct. 12. CEO, Scott Gruwell and his family have owned Courtesy in the Valley since 1955 and have won this prestigious award from Chevy in 19 of the last 20 years.

Courtesy Chevrolet is located at 1233 E. Camelback Road in Phoenix. Learn more at www.courtesychev.com.

Valley Leadership recognizes service

Angela Hughey and Brian Spicker will be Valley Leadership's 74th Man & Woman of the Year. The two were selected because of their commitment to addressing Arizona's most pressing issues, track record of community engagement, and alignment with Valley Leadership's Principles of Doing, the organization said.

Hughey, co-founder and President of ONE Community and ONE Community Foundation, spearheads equity, diversity, and inclusion efforts in Arizona. Since 2008, ONE Community has united socially responsible businesses and organizations,

while the Foundation promotes nondiscriminatory and LGBTQ inclusive education.

Spicker is the president and CEO of the Maricopa Community Colleges Foundation. He has expertise in the evaluation and implementation of community-wide campaigns that support strategic partnerships that drive revenue, change policy, and create collective impact.

Hughey and Spicker will be recognized at a reception on Nov. 28 at the Paradise Valley Country Club. For additional information, visit www.valleyleadership.org/events/74th-man-woman-of-the-year.

Eco-friendly townhomes available

Willow 38 recently welcomed its first residents. The newly built gated townhome community nestled in the Arcadia neighborhood is an energy-efficient community enabled with smart home technology and constructed with sustainable building materials, according to MEB Management Services

The community is developed by Raintree Investment Corp. and offers three spacious 2,000+ square-foot floor plans with 3- or 4-bedrooms and 2.5 baths. Residents can use their smartphones to control the smart technology thermostat and stoves, check the Ring doorbell camera, detect leaks, secure the touchless door locks, and open their garage. Willow 38 also added upgraded features to attract residents with electric vehicles (EV) by pre-wiring each personal garage for individual EV charger capability.

Willow 38 is located at 3842 E. Osborn Road. To learn more visit www.willow38.com.

HAPPY HOUR WITH HERSCH

As we hurdle towards the holidays and the end of the year, I thought I would recognize my favorite albums (LP's and EP's) that were released so far in 2023. For those who have read this ad for the last few years you know how important music is to me. Artists are still cranking out compelling and original music, and I am so grateful for that.

- 10 I Want It All Right Now.....Grouplove
- 9 Magic 3.....Nas
- 8 Mid Air.....Paris Texas
- 7 Did You Know That There's A Tunnel.....Lana Del Ray
- 6 Laugh Track.....The National
- 5 Fantasy.....M83
- 4 Blame My Ex.....The Beaches
- 3 How Do You Sleep At Night.....Teezo Touchdown
- 2 First Two Pages Of Frankenstein.....The National
- 1 ???.....???

\$100 TRIVIA CONTEST

What is my favorite album released in 2023?

Hint: They are an alternative band from Chicago.

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Winner for Last Month – Colton Bellandi | Last Month's Answer – Stanford

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Phoenix Housing Market Snapshot as of 10/5/23

* Source of data: ARMLS & The Cromford Report for single-family dwellings.

\$470,000 Median Monthly Sold Price
\$309.84 Average Monthly Sold \$/SF



↓2.1% from last month ↓0.4% from last month
↑4.4% from last year ↑6.5% from last month
↑14.6% from 2 years ago ↑15.5% from 2 years ago

Mortgage Rates have hit their highest levels in 20 years, and the impact on demand can be seen in our local numbers.

Contact Mike so we can discuss your specific real estate needs. Ultimately, the best time to buy or sell a home is when it is the right time for you!



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My seller's sold price was the highest 2-bedroom in this community & sold above the buyer's lender's appraisal.



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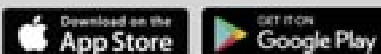
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CURRENT LISTINGS/ESCROWS

17 W Sierra Vista Ave	New Price	4450SF	4BR/3.5BA	\$ 2,199,000
5737 N 2nd Ave	In Escrow	4169SF	4BR/4BA	\$ 1,900,000
546 W Kaler Dr	Just Listed	3,792SF	4BR/3.5BA	\$ 1,699,000
6809 N 12th Ave	New Price	3387SF	5BR/4.5BA	\$ 1,529,500
18244 W Meadowbrook Ave	In Escrow	4347SF	4BR/4.5BA	\$ 1,150,000
4681 N 84th Way	Just Listed	2501SF	4BR/2.5BA	\$ 950,000
719 E Circle Rd	Just Listed	2715SF	4BR/3BA	\$ 925,000
7814 N 4th Pl	In Escrow	3209SF	4BR/3BA	\$ 925,000
77 E Missouri Ave #67	New Price	3184SF	4BR/3BA	\$ 799,500
902 E Kaler Dr			1/2 acre LOT	\$ 750,000
694 W Colter St	New Price	1883SF	4BR/2.5BA	\$ 650,000
240 W Missouri Ave #25	New Price	2167SF	2BR/2.5BA	\$ 675,000
5720 N 64th Dr		1561SF	4BR/2BA	\$ 399,900
4727 E Lafayette Blvd #128	New Price	720SF	1BR/1BA	\$ 325,000
3848 N 3rd Ave #2053	Just Listed	989SF	2BR/2BA	\$ 295,900

52 Homes SOLD in 2023, 3 currently in escrow. Call me to discuss your real estate needs and the value of your home. 602.376.1341. I work 7 days a week and am always available to help.

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620 W Lawrence Rd	\$4,050,000	510 W McLellan Blvd	\$1,175,000	14210 N 9th St*	\$ 629,900
5319 E Rockridge Rd*	\$3,825,000	7101 N 3rd Ave	\$1,157,500	715 W Culver St	\$ 625,000
6534 N 27th St	\$2,410,000	1324 E Lupine Ave*	\$1,075,000	715 W Culver St	\$ 625,000
6811 N Central Ave*	\$2,400,000	5130 N 6th St	\$1,065,000	1400 E Bethany Home Rd #29	\$ 585,000
510 E Ocotillo Rd	\$2,130,000	5645 N 7th Ave	\$1,000,000	17726 W Larkspur Dr	\$ 575,000
35 E Myrtle Ave	\$2,125,000	322 W Stella Ln	\$ 895,000	7748 N 7th Ave	\$ 572,500
25 E Myrtle Ave	\$1,935,000	3103 E Hazelwood St	\$ 830,000	1222 E Wagon Wheel Dr	\$ 515,000
304 W Orangewood Ave*	\$1,800,000	2524 E Beryl Ave	\$ 799,000	1516 W Glenn Dr	\$ 505,000
11608 E Onyx Ave	\$1,750,000	6811 N 11th Pl	\$ 785,000	1001 W Solcicio Ln	\$ 400,000
4902 E Piccadilly Rd*	\$1,700,000	12243 N 58th St	\$ 750,000	106 E Echo Ln	\$ 495,000
6518 N 25th Way*	\$1,683,000	21206 N 62nd Ave	\$ 725,000	3618 E Coronado Rd	\$ 460,000
345 E Pomona Rd	\$1,500,000	23 E Laurie Ln	\$ 715,000	18383 W Vista Norte St*	\$ 432,000
334 W State Ave	\$1,375,000	2227 E Palmyra Ave	\$ 700,000	5220 N 16th Ln	\$ 400,000
910 E Kaler Dr	\$1,260,455	3011 N 166th Pl	\$ 685,000	16182 W Winslow Dr	\$ 378,000
512 E Adair Dr*	\$1,235,000	122 E San Miguel Ave	\$ 675,000	10432 N 11th St #2	\$ 359,900
50 E Lamar Rd	\$1,200,000	5576 N 12th St #1	\$ 675,000	23836 W Wier Ave*	\$ 339,000
		5804 N 14th Ave	\$ 650,000	4239 N 20th St	\$ 280,000
		15027 E Desert Willow Dr	\$ 645,000	6541 N 41st Ave	\$ 270,000

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3184SF • 4BR/3BA



JUST LISTED

719 E Circle Rd • \$925,000
2715SF • 4BR/3BA



NEW PRICE

240 W Missouri Ave #25 • \$675,000
2167SF • 2BR/2.5BA



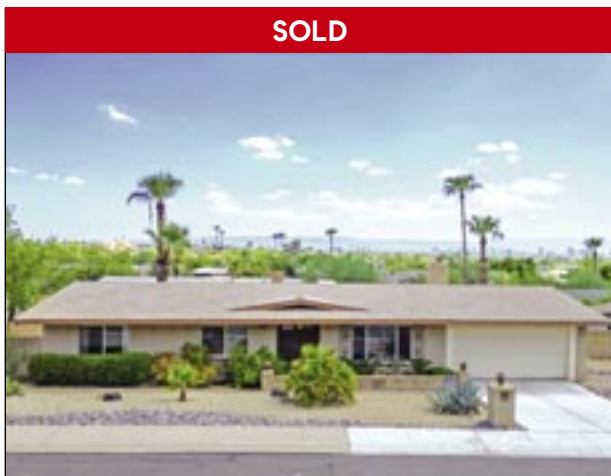
JUST LISTED

4681 N 84th Way • \$950,000
2501SF • 4BR/2.5BA



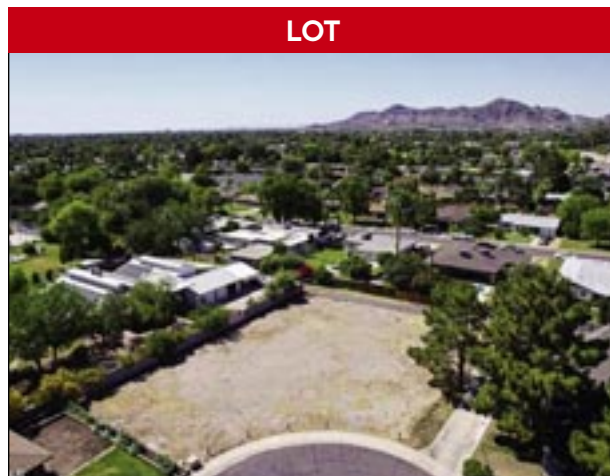
NEW PRICE

694 W Colter St • \$650,000
1883SF • 4BR/2.5BA



SOLD

2227 E Palmyra Ave • \$700,000
2278SF • 3BR/2.5BA



LOT

902 E Kaler Dr • \$750,000
14,262 sq ft lot



JUST LISTED

3848 N 3rd Ave #2053 • \$295,900
989SF • 2BR/2BA



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SCHOOL DAYS

Students refresh iconic S Mountain

An annual tradition continued at Sunnyslope High School on Oct. 17 as some 700 students made their way to Sunnyslope (S) Mountain.

Every year, Sunnyslope’s freshmen climb the local landmark to give the 150-foot “S” on the side of the mountain a fresh coat of white paint. This year, the entire freshman class was joined by Sunnyslope weight training, Fire Science and Sports Medicine students, varsity football players, more than a dozen staff members, Sunnyslope community members and members of the Phoenix Fire Department.

Located just northwest of Central Avenue and Hatcher Road, S Mountain is part of the Phoenix Mountains. Sunnyslope’s Student Council first assembled the rocks in 1954. The students, who relied on walkie-talkies and binoculars to guide their work, spent a day marking out the outlines of the “S” and another hauling five-gallon buckets of whitewash up the steep slope to paint the ground inside the rock outline.

Those students created a long-lasting legacy that has since appeared in ad campaigns, magazines, postcards and more. In 2011, the mountain was listed on the Phoenix Historic Properties Register. It can still be seen from South Mountain, 27 miles away.



Sunnyslope High School’s freshmen made their way up S Mountain Oct. 17 for the annual refresh of the iconic “S” (photo by Julia Taggart).

School Briefs

GLENDALE UNION HIGH SCHOOL DISTRICT Students, parents invited to Future Freshman Night

Glendale Union High School District’s (GUHSD) Future Freshman Night will be held Thursday, Nov. 16, at 6:30 p.m. During this event, eighth-grade students and their families will discover why GUHSD is the top-performing high school district in the Metro-Phoenix area.

Join the district at neighborhood schools to learn about its nationally rec-

ognized academics, championship athletics, fine and performing arts courses, resources for college and career opportunities and more. An Honors and Advanced Placement Academy presentation will be included. Visit www.guhsdaz.org for more information.

Thunderbird volleyball places first

Thunderbird High School’s Volleyball Varsity team played in the Goldwater Tournament and ended up taking home the trophy and finishing with a 7-1 record. Titans’ Naomi Walsh took home a trophy, as she was voted to the All-Tournament Team and Alison Miller hit a

milestone of 1,000 career digs.

Washington High students earn recognition

Washington High School students Luis Medina Gomez and Ramsey Thompson earned special recognition from the College Board. They were given this honor because of their GPA of 3.5 or higher and outstanding performance on the PSAT/NMSQT, PSAT 10, and/or AP Exams.

District hosts ‘Saturdays with Science’

Glendale Union High School District held its first “Saturdays with Science” event in October.

Teacher Caitlin Kennedy invited her science students to participate in having fun with a trebuchet. Fun was had by all launching tomatoes on a Saturday morning at the Online Learning Academy.

NJROTC cadets compete in Raider Challenge

Thunderbird High School’s NJROTC cadets showcased their strength, determination, and teamwork on Sept. 30 at the Raider Challenge at Sahuarita High School in Tucson. Thirty teams from several states participated in the challenge, which included physical fitness, rifle, a vehicle pull, and more.

The Raider Challenge is a popular

2024 – 2025 SCHOOL YEAR OPEN ENROLLMENT BEGINS DECEMBER 1!



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madisonaz.org/enrollment



SCHOOL DAYS



NJROTC cadets from Thunderbird High School joined teams from several states to compete in the Raider Challenge in Tucson (photo courtesy of Glendale Union High School District).

athletic competition held within Junior ROTC programs around the United States. The event included 10 physically demanding challenges plus a finale – a 4.3-mile run through mud, sand and obstacles. The challenge is designed to enhance teamwork, leadership, critical thinking and problem-solving skills to improve the self-confidence and esprit de corps of each cadet through the spirit of competition.

MADISON SCHOOL DISTRICT

Open enrollment to begin online

Madison Elementary School District will begin accepting open enrollment applications online for the 2024–25 school year Dec. 1. Open enrollment allows families who live out-

side of a school’s attendance boundary to apply for enrollment at the school.

All eight of Madison’s elementary and middle schools offer signature programs to enhance children’s educational experience by providing opportunities to pursue and develop their interests and talents alongside their academic classes. Madison’s signature programs are offered at both the elementary and middle school levels and prepare students for success in high school and beyond. Madison’s signature programs include Visual & Performing Arts, STEAM (science, technology, engineering, arts, math), Spanish Immersion, REACH – Profoundly Gifted, International Baccalaureate and Traditional Academy.

More information about Madison’s signature programs and enrollment is available at www.madisonaz.org.

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TESTING - JAN. 13

SCHOLARSHIP WORKSHOPS - NOV. 4 & DEC. 5

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SCHOOL DAYS

ARTRAGEOUS supports Madison foundation

The Madison Education Foundation AZ invites residents to attend the 2023 ArtRageos pre-show VIP event at the Madison Center for the Arts, 5601 N. 16th St. The pre-show event will be held Friday, Nov. 17, at 5 p.m. All VIP ticket sales will benefit the Madison Education Foundation and its efforts to support over 6,000 students in receiving hands-on innovative programs in music and the arts.

Purchase VIP tickets at www.themadison.org/event/artrageous. Learn more about the foundation at www.madisoneducationfoundation.org.

Camelview named CS100 School

Madison Camelview Elementary was recently named a 2023-2024 CS100 School as recognized by the CS is Elementary program. Schools receiving the CS100 award commit to teaching 100 percent of their elementary students at least 10 hours of computer science throughout the school year,

focused on coding, robotics, “unplugged” computer science instruction and creative computational-thinking instruction.

As a STEAM (science, technology, engineering, arts and math) school, students at Madison Camelview have a dedicated computer science and coding class as part of their schedule each week and have opportunities to continue building their knowledge and skills in after-school clubs such as the Technomakers club. In addition to the dedicated special-area classes, STEAM lessons and concepts are integrated into regular classroom activities and projects to help students build a strong foundation and grow to be innovators, creative problem-solvers and leaders.

OSBORN SCHOOL DISTRICT

Young students lead at Encanto

With the 2023-24 school year well underway, Osborn schools have launched student clubs and activities, but at Encanto School, a campus for

students ages 3-9, leadership gets to be demonstrated at the earliest of ages.

Most schools will see a student council for a traditional pre-K to sixth-grade campus with its highest leaders being pre-adolescents. But at Encanto those leadership roles are held by students that are just 7 and 8 years old. These amazing Encanto leaders received certificates of membership from their principal, Felipe Carranza.

Leadership skills are not something that just come to a child automatically. Students get opportunities to learn and build those skills in class, but there are also ways to create further learning in afterschool classes and clubs. Encanto also has a beautiful way of building a warm culture within the school by gathering the whole student body and parents together in its central amphitheater to celebrate one another and Osborn’s Core Values. During a recent celebration of Joy led by the third-grade class, they showed that in unison, through singing an Encanto School song, which celebrates who they are as Encanto Roadrunners when they come together each day.

PHOENIX UNION HIGH SCHOOL DISTRICT Dual enrollment opportunities grow

Camelback High School has worked to grow its partnership with Maricopa Community Colleges to increase dual enrollment, and the school says that its efforts are paying off and students are reaping the benefits.

Dual enrollment has the potential to open post-secondary doors for students and give them the confidence to apply, attend and persist in college, the school says, adding that creating equal access and growing dual enrollment opportunities for students has been one of their top priorities.

Camelback High School currently is ranked sixth in the county for dual enrollment at Maricopa Community Colleges, competing with top high schools in Tempe Union, Deer Valley, and Chandler Unified Districts according to Maricopa Community Colleges Fast Facts (https://tabsoft.co/406MH4E). Through partnerships, the school has

please see DUAL on page 34



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ENROLLMENT In our co-ed student body, 37% identify as students of color



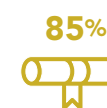
AFFORDABILITY 24% receive need-based financial aid grants at an average of \$15,000



CLASS SIZE 15 students average per class



STUDENT:TEACHER 8 students average per 1 teacher



FACULTY DEGREES 85% of Upper School faculty hold advanced degrees



CAMPUS SIZE 40 acres Athletic fields, aquatic center, gyms, auditorium, music spaces, and science, art & tech center



ATHLETICS 14 state championships in the past 3 years 12 Upper School sports and 13 Middle School sports



SCHOOL HOURS 7:50am-3:00pm Hot lunch included daily for Lower and Middle School, optional for Upper School

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SCHOOL DAYS

DUAL continued from page 32

been able to make dual enrollment courses 100 percent free for all students, which it says is not the case for most high schools in the county.

The school says that its “work is leveling the playing field for students traditionally underserved and underrepresented in post-secondary education.”

Camelback High School is located at 4612 N. 28th St. and serves a diverse population of students from 69 different zip codes from Chandler to Surprise.

District bond measure on ballot

To address funding concerns affecting public schools, Phoenix Union High School District (PXU) will ask the local electorate to approve a bond measure in 2023. Funds will be used for maintenance and renovating existing structures; offsetting inflation-related price increases; addressing ever-evolving technology needs; supporting school facility safety; and creating flexible and innovative learning spaces that

are relevant for today’s learners.

The district says that, when compared to other states, Arizona’s school funding formula falls short, creating an increased need for other funding sources. It will ask voters for a \$475 million bond to fund the following types of improvement projects: construction and renovation of school buildings; expansion of the District’s portfolio of schools and innovative models accessible across PXU’s footprint; improvement of school grounds such as athletics and performing arts facilities; maintain state-of-the-art technology for students and staff; support campus facility safety; purchase of land and new construction, expand and upgrade the District’s digital networks; increase cybersecurity; purchase flexible furniture; and replace aging buses while expanding its alternative-fuel/electric fleet.

Visit www.pxu.org/bond to learn more about the bond.

WASHINGTON ELEMENTARY SCHOOL DISTRICT Sunnyslope hosts Kids at Hope

More than 150 scholars, researchers and practitioners recently gathered for the 2023 Kids at Hope Master’s Institute at Sunnyslope School.

Sunnyslope was selected to host this year’s event over other schools in the Phoenix area. The purpose of the visit was to learn more about Sunnyslope’s Kids at Hope philosophy and how it creates a successful environment where students thrive. This philosophy has also helped transform the school into an environment where all adults believe all kids can succeed.

During the visit, guests were able to hear remarks from Principal Chance Whiteman and tour the campus.

District students and staff are SUPER

The first SUPER Kids and SUPER Staff recognition of the 2023-24 school year was held in September. The district congratulated the recipients from Maryland School and Orangewood School.

SUPER Kids received a certificate and a free pizza from Peter Piper Pizza while SUPER Staff earned a certificate and a \$10 Amazon gift card courtesy of Veregy. Established in 2006, the pro-

please see SUPER on page 36



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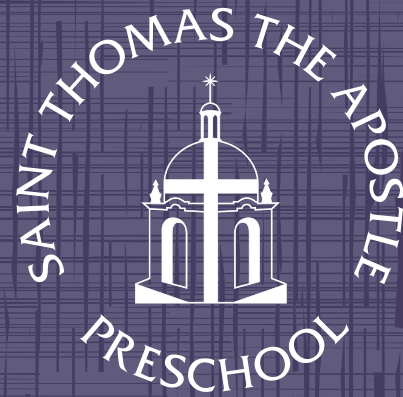


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SCHOOL DAYS

SUPER continued from page 34

gram celebrates select students and staff from each school for their achievements and contributions. As part of the celebration, WESD Superintendent Dr. Paul Stanton surprises the outstanding students and staff at their schools to congratulate them.

Maryland School science teacher recognized

Maryland School science teacher Kate Studey was recognized as the Outstanding Environmental Educator in P-12 Settings as part of the Arizona Association for Environmental Education's (AAEE) Excellence in Environmental Education Awards.

The award honors individuals who are distinguished within the field of environmental education in P-12 settings. This is defined as activities that have primarily occurred within formal classroom or school environments with students ranging from preschool to high school. Candidates have completed their work to an outstanding degree that has significantly exceeded expecta-

tions, contributed to mentorship and services, engaged with diverse communities in an inclusive manner, and have actively engaged with their local communities.

Studey was officially presented with the award in September at the 2023 AAEE Annual Conference in Prescott.

PRIVATE AND CHARTER SCHOOLS**Xavier senior wins Emmy for PSA**

Xavier College Preparatory senior Sejal Patel produced a public service announcement (PSA) about the danger of texting and driving. The PSA starred her two dogs. Patel entered the PSA into the National Academy of Television Arts & Sciences, Rocky Mountain Southwest Chapter, as part of its high school and college program.

The Academy awarded an Emmy to Patel and Xavier for her PSA entitled, "Don't Text While Driving." This is Patel's second Emmy from the organization. She previously won for a short about her family. She was also nominated this year as a High School Writer



Xavier senior Sejal Patel received an Emmy for her PSA about the dangers of texting and driving (submitted photo).

for her short "Life With the Patels 2: Oh Deer!" And High School Editor for "The Matchbreaker."

Along with playing soccer as a forward on Xavier's soccer team, Patel is currently working on college applications — she plans to major in film production.

Students celebrate Day of Service

Students from All Saints' Episcopal Day School celebrated their annual

Day of Service on Friday, Oct. 20.

All students, from pre-kindergarten through eighth grade, participated in service projects with over six different nonprofit organizations, including Habitat for Humanity, Honor Flight, and Nourish Phoenix.

The day concluded with students coming together to reflect on the impact of their work and the importance of giving back to their community.

Arts school names principal

Arizona School for the Arts (ASA) announced that Elma Džanić Bass, M.Ed., officially began her role as ASA's principal at the start of the 2023-24 school year. She previously served as a consultant and interim Dean of Students for the school, allowing for a smooth transition into her new role as principal.

For more than 15 years, Bass has played a significant role as a leader in urban education for the Chicago Public School system and locally, the Phoenix Union High School District. As a former restorative justice director and a district-level administrator, the school says that Bass has led and transformed institutional policies and practices impacting disproportionate discipline, behavior and mental health interventions, and school culture and climate.

In a press release, the school said, "She is a dynamic facilitator, a passionate advocate for students, a bold systems



leader, and a relationship-centered restorative practitioner."

Leah Fregulia, ASA's Head of School and CEO added, "The love and value Elma expresses for our students, staff, and mission resonated with us. Through her intensive work with our amazing students and faculty, she has already been an inspirational and transformative presence for us."

Arizona School for the Arts is a fifth through 12th grade public charter school located at 1410 N. 3rd St. in downtown Phoenix. Its mission is to inspire creative thinkers and leaders through providing an innovative concentration in college preparation informed by the performing arts.

**Child Find Notice**

It is the Madison School District's responsibility to inform the general public and all parents within our boundaries of our responsibility to make available special education services for students with disabilities aged 3 through 15 years and how to access those services. In addition, we have a responsibility to provide information regarding early intervention services for children birth through 2 years.

We are responsible for identifying, locating, and evaluating all children with disabilities including children aged 3 through 15 and for referring children from birth through 2 years of age to Arizona Early Intervention Program (AZEIP) for evaluation and appropriate services.

We are also responsible for providing a free and appropriate public education (FAPE), which includes special education and related services to children with disabilities at public expense, under public supervision and direction without charge to the parents.

For all new students to the district, the classroom teacher will complete screening activities within 45 days of enrollment. The teacher will look at the child's ability in the areas of academics, vision, hearing, communication, social/emotional, and motor skills. If any concerns are noted, the child may be referred for additional help.

Children birth through 2 years of age who are receiving early intervention services and will be participating in preschool programs for children with disabilities will be assured of a smooth transition into that program.

If you have any concerns about a child you know, please contact Madison School District's Student Services Department at (602) 664-7927 or the school in which those boundaries you reside.

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The Phoenix Union Portfolio has a wide range of choices to pick from, such as our unique small, specialty, and micro schools, or the newly launched and fully customizable high school experience at PXU City. We are also excited to continue enrolling students at our newest school, Phoenix Educator Preparatory. PXU additionally has a wide range of large traditional high schools, so come find the right school suited for you!

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SCHOOL DAYS



Brophy's National Merit semifinalists and commended students gathered in recognition of their academic achievements (photo by Jake Kelly)

Seniors earn Merit recognition

The National Merit Scholarship Corporation has announced its semifinalists and commended students for 2024. Brophy College Preparatory congratulated the nine seniors who have been named National Merit semifinalists and the 12 seniors who earned commended student designation.

Brophy's semifinalists are Nathan Cai, Marcos Guillen, Doer He, Charles Judd, Shaan Keole, John McCarthy, Jacob Ng, Alec Oden and Ian O'Riley. These academically accomplished young men now have the opportunity to continue in the National Merit Scholarship program competition. The national pool of semifinalists, representing less than one percent of U.S. high school seniors, includes those students who scored highest on the PSAT/NMSQT in each state.

The school's commended students are Matthew DiCaudo, Xavier Estrada Lopez, Jack Gallagher, Nate George, Josh Hori, Max Jaros, Liam Lowry, Trey Markham, Dilan Movalia, James Phillips, Owen Wallace and Nick Zarillo. Commended students are recognized for their academic promise demonstrated by their outstanding performance on the PSAT/NMSQT last year.

Brophy hosts annual open house

Brophy College Preparatory will host its annual Open House from noon to 3 p.m. Sunday, Nov. 5, on campus. The event is open to the public and students of all ages are invited to attend with their parents. It is never too early to think about becoming a Brophy Bronco, the school says.

please see OPEN HOUSE on page 40

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FOSTERING TOMORROW'S STEM INNOVATORS AND LEADERS

SCHOOL DAYS

OPEN HOUSE continued from page 38

The event will include campus tours and information on academic programs, sports and co-curricular activities, as well as financial aid and the admissions process. Attendees will have the opportunity to talk to students, faculty, administration, coaches and parents.

To register for the event, visit www.brophyprep.org/admissions/learn-more/open-house.

School president honored at Diamondbacks game

Now in her 61st year at Xavier College Preparatory, Sister Joan Fitzgerald, BVM, president, was honored at the first-ever Catholic Night during the Arizona Diamondbacks game on Sept. 29 at Chase Field. Also recognized was Sister Raphael Quinn of Ss. Simon and Jude Cathedral School. Combined, the two sisters have dedicated over 110 years to Catholic education in the Diocese.

Bishop John P. Dolan and Superintendent of Schools Domonic



Pictured left to right: Domonic Salce, Superintendent of Schools, Diocese of Phoenix, Sr. Joan Fitzgerald, BVM, Sr. Raphael Quinn, and Bishop John P. Dolan at Catholic Night at Chase Field in September 2023 (photo by Brett Meister & Diocese of Phoenix)

Salce presented Sister Joan and Sister Raphael with Diamondback hats and personalized Diamondback jerseys.

School receives honor roll award

Xavier College Preparatory received The College Board/AP (Advanced Placement) highest designation — Platinum — on the AP School Honor

Roll. The school also received the AP Access Award because of the high percentage of underrepresented or low-income students who took AP courses and exams.

The Platinum recognition was across all categories, including College Culture — 92 percent of Xavier students took an AP course and exam, which enables students to experience

college culture in academics; College Credit — 85 percent of Xavier students scored “3” or higher on any AP course and exam; and College Optimization — 30 percent of Xavier students took five or more AP courses and exams, including one in 9th or 10th grade.

All Saints students design Little Free Library

All Saints' is now officially home to a Little Free Library. Last year, the students in Ms. Davis' second-grade class researched Little Library designs by looking at libraries around town and on the Internet. They measured the libraries' sizes, shelf heights and depths and researched materials suitable for Arizona's weather. They designed their library on iPads and made a model of their designs. The designs were voted on school-wide, and Ms. Davis built the winning design over the summer.

The students, who are now in third grade, and their families in October unveiled the library that they researched, designed, and built for the enjoyment of the entire All Saints' community.

THE XAVIER EFFECT

Where Young Women Finish Strong

A group of young women, likely graduates of Xavier College Preparatory, are posing together. They are wearing sweatshirts from various colleges and universities, including Colgate, Loyola, Barrett, Hopstra, and MIT. They are all smiling and looking towards the camera. The background is a simple, light-colored wall.


xcp.org

Xavier College Preparatory is a Catholic community that strives to prepare young women of faith with knowledge, skills, and integrity to meet the challenges of a changing global society in a positive and productive manner celebrating unity.

Next Steps in Admissions Process

Admission HSPT Entrance/Placement Exam at Xavier College Preparatory
 Saturday, Dec. 2, 2023 | 7:30 a.m. - 11:15 a.m.
 Saturday, Dec. 9, 2023 | 7:30 a.m. - 11:15 a.m.

Affording a Xavier Education
 Financial Aid Workshops available to interested parents during the Entrance/Placement Exam Testing, Dec. 2, 2023 and Dec. 9, 2023.

Deadline for Application
 Tuesday, Jan. 16, 2024

Go to **XCP.org** for more information
All are welcome!



GENERATIONS

Senior Living

Duet offers help to grandparents

Duet, which has been in the Valley for 40 years, began its kinship services to help grandparents who are raising grandkids 26 years ago. Duet offers support groups, legal assistance, respite assistance, educational workshops, and grandfamily outings.

The organization says that the number of grandfamilies raising grandkids has increased over the past few years, due to the pandemic and with substance use on the rise. Services offered by Duet include support groups, educational workshops, grandfamily outings, legal guidance and assistance, kid's activities funds, and information and referral services.

Residents can learn more about the programs and services offered by Duet by visiting www.duetaz.org/grandparents-raising-grandchildren. For additional information, call 602-274-5022.



Duet, an organization that offers services to family caregivers and aging adults, provides support groups, legal assistance, respite assistance and educational workshops for grandparents who are raising their grandchildren (photo courtesy of Duet).

Immunizations available for older adults

The National Institute on Aging (NIA) says that as people get older, health care providers may recommend additional vaccinations, also known as shots or immunizations, to help prevent certain illnesses.

The NIA encourages adults to talk

with their doctor or pharmacist about which vaccines they may need, and the Maricopa County adult immunization clinic provide vaccinations for adults (19 years and older) at no cost regardless of insurance status. Especially during respiratory virus season, which began in October, the County encourages older adults to be aware of RSV,

COVID-19 and the flu.

For those 60 years and older, the CDC has approved two new RSV vaccines, RSVPreF3 (Abrysvo) and RSVpreF (Arexvy), in order to help prevent RSV infections in older adults. In addition, the CDC also approved updated COVID-19 vaccines for 2023-24.

To make an appointment at the County adult immunization clinic, 1645 E. Roosevelt St., Suite 1130, call 602-506-6767, Monday through Friday, 8 a.m. to 5 p.m. The three children's clinic locations will also provide immunizations for adults. To learn more, visit www.maricopa.gov/4752/adult-immunizations.

New offerings at Sunnyslope center

City of Phoenix senior centers offer a variety of programming for area older adults each month, and in November and December, the Sunnyslope Senior Center will offer two new programs.

please see CENTER on page 42



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Retirement income threats – how should you respond?

When the daily news is filled with discussions about inflation, interest rates, market volatility, and endless other angst-producing events, how you react could make a difference in your financial outcomes. These tips may help you sort through the noise and create an action plan that fits your situation.

1. Evaluate

The first step is to evaluate. Do you have a current retirement income plan that you have been following? If your plan is documented, it is likely that it includes how much cash flow you need to meet your day-to-day expenses as well as for discretionary spending. Pull out your plan and take a look to determine where adjustments might be applied.

If you do not have a plan or it has not been updated to reflect your current circumstances, document your assets, income sources, expenses, and debt. Gathering all the information in one place helps clearly define your total money picture. In the process, you may uncover expenditures that can be reduced or eliminated. A few adjustments may be enough to reduce the pressure on your income flow.

2. Retain or adjust

If your plan is addressing your current needs, it can be reassuring to confirm that your plan is working as you had expected.

If your income needs no longer match your income plan, depending on your circumstances, there are actions you may want to consider to get your plan on track. These may include:

- Altering your withdrawal strategy to change the amount in taxes you pay on your retirement income to give you greater spending power
- Reallocating your assets or temporarily reducing withdrawal amounts to address any concerns about drawing down your investments in a down market
- Including inflation-indexed investments or other income-generating strategies in your portfolio
- Adding an annuity with income protection, which may help ensure an income stream that lasts for life, even in the event of poor market performance. A variety of annuities, such as variable annuities, registered index-linked annuities (RILAs), fixed indexed annuities, and immediate annuities, may provide income protection. One of these products may be appropriate for a portion of your assets, depending on your specific needs and risk tolerance.

Your advisor can help you explore how alternatives such as these may fit into your strategy. Indeed, both your tax advisor and financial advisor can be helpful partners in assessing your situation.

3. Periodically revisit and adjust again, if needed

Regular reviews of your income flow and income strategy are helpful to identify if changes are needed in your strategy or to confirm that things are working as planned.

These are just a few examples of changes that could help your retirement income deliver on your strategy. Contact your financial advisor and legal and tax advisors to review your specific situation and help address your changing needs.

Variable annuities are long-term investments suitable for retirement funding and are subject to market fluctuations and investment risk.

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GENERATIONS

CENTER continued from page 41

Older adults are invited to check out the new scrapbooking class, offered on Mondays. Also on Mondays, is a new nutrition class, “Your Health with a Latin Twist.” These new offerings will be accompanied by scheduled trips in November and December to the Herberger Theater Center, Ballet Arizona and Black Troupe Theatre to enjoy holiday shows, as well as a trip to Rosson House and several lunch trips; a presentation by Phoenix Art Museum at the senior center Nov. 2; several Medicare information sessions; an Art & Craft Sale Dec. 6; and a holiday party Dec. 13, where Santa Claus will pay a visit.

In addition to the offerings at the center, one senior member, Mary Boehm, will have her art exhibited at Church of the Beatitudes, 555 W. Glendale Ave., from Nov. 5 to Dec. 3. The Sunnyslope Center will make a trip to view the show Nov. 21.

All of these activities are in addition to the center’s regular offerings, which include Spanish and French classes, beginner computer classes, ukulele lessons, strength training for all fitness levels, Tai Chi, chair and mat yoga for all levels, line and belly dancing, as well as mahjong, canasta, bridge and Scrabble.

The Sunnyslope Senior Center is located at 802 E. Vogel Ave. Membership gives older adults access to all 15 Phoenix senior centers. The annual membership fee is \$20 for Phoenix residents and \$40 for non-residents. For additional information, call or 602-262-7572 visit www.phoenix.gov/humanservices/programs/older/senior-centers.

Kids & Families

Track club opens preseason registration

So Swift Athletics, a USATF-affiliated Youth Track & Field Club has opened registration for their 2023 preseason conditioning program in North Central Phoenix. Beginning Nov. 6, children aged 5-18 can train Mondays and Wednesdays in November-December from 6 p.m. to 7:30 p.m. at Sunnyslope High School, located at 35 W. Dunlap Ave. The cost is \$75 per athlete and no experience is needed.

The Central Phoenix Track and Field Club has been training and mentoring youth athletes since 2020. The

club says that its mission is to provide a fun and welcoming environment for athletes to have a positive and meaningful experience while learning the fundamentals of track and field. Many of their athletes have competed and placed nationally at the USATF National Championships in the past few years, including at this summer’s nationals in Eugene, OR.

“We are a competitive USA Track and Field affiliated club team, said founder and coach Tawnie Martin, a Phoenix native. “During preseason in the months of November and December, we focus on technique, strength, and agility to prepare your athlete for their upcoming 2024 season.”

Martin has actively served in the USA Track & Field Arizona Association for more than 10 years and is the Youth Chair for USATF-AZ. For more information or to learn how to join the team, send an email to soswiftathletics@gmail.com or visit <https://soswiftathletics.my.canva.site>.

Check out the library this month

The Phoenix Public Library system hosts dozens of events for residents of all ages each month.

This month at Yucca Library, babies up to age 2 and their grownup can enjoy BabyTime. Caregivers will play, sing, and read with their babies in a warm and nurturing program. The event will be held 9:30-10 a.m. Thursdays in November, except Nov. 23, when libraries will be closed for the Thanksgiving holiday. The Yucca branch will also host a Red Cross Blood Drive event Wednesday, Nov. 22, 10 a.m. to 3 p.m. Yucca Library is located at 5648 N. 15th Ave.

Cholla Library will host Family Storytime for children age birth to 5. The event will help children become better readers and will be held Nov. 2, 9 and 16. In addition, a STEAM activity event is scheduled for Nov. 7, 14 and 21, 5–5:45 p.m. The events are geared towards children and teens. Cholla Library is located at 10050 Metro Parkway E.

In addition to the Thanksgiving closure, Nov. 23-24, all libraries will be closed Saturday, Nov. 11, in honor of Veterans Day. For a complete list of monthly library events, visit www.phoenixpubliclibrary.org. Contact the library call center at 602-262-4636 for additional assistance.

GENERATIONS

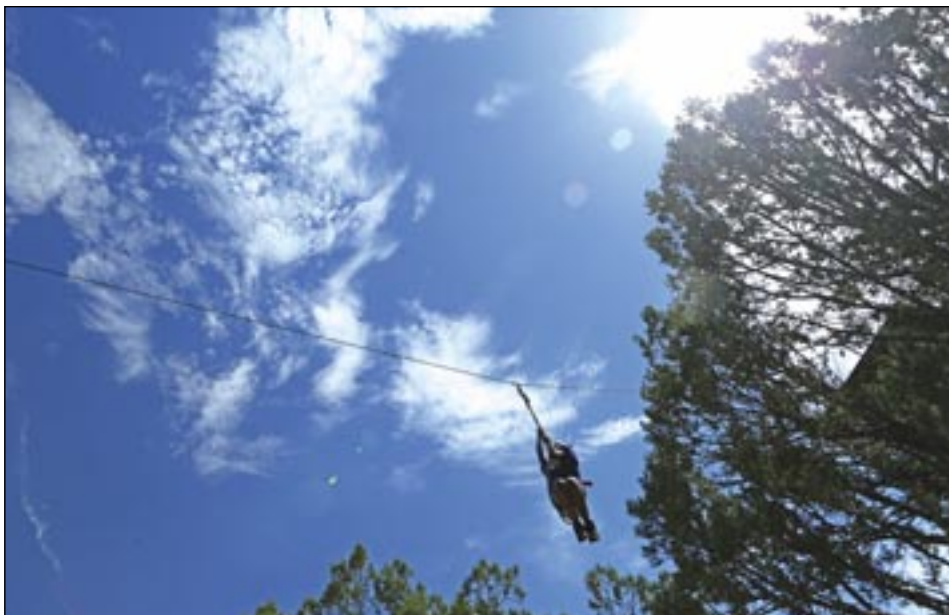
Girl Scouts go B.I.G. in November

The Believe In Girls (B.I.G.) event returns to Phoenix Saturday, Nov. 11, inviting the community to experience the core of Girl Scouting.

Presented by Girl Scouts-Arizona Cactus-Pine Council (GSACPC) from 3 to 7 p.m., the open-house event will be held at ASU Preparatory Academy, located at 735 E. Fillmore St. in downtown Phoenix. The carnival experience is open to Girl Scouts, their family, friends and those interested in supporting or joining the organization.

The B.I.G. Event will give girls the opportunity to connect with community partners, meet their Girl Scout sisters, participate in hands-on programs, and dive into activities focused on STEM, outdoors, life skills and entrepreneurship.

“With the return of The B.I.G. Event, girls and families will have the chance to explore the wide range of impactful programs that Girl Scouts has to offer and spark sisterhoods that last a lifetime,” said Christina Spicer, co-CEO of GSACPC. “It was designed as a



The Girl Scouts’ Believe In Girls (B.I.G.) event will give local girls the opportunity to dive into the organization with fun hands-on activities as they meet new friends and community partners (submitted photo).

fun-filled afternoon of Girl Scouting activities for the whole family.”

In addition to showcasing Girl Scout programs, including a climbing tower and zipline, families can enjoy a DJ, bounce house, food trucks, and more. Individuals interested in attending the B.I.G. event can secure their spot by registering online for \$5. For

more information and to register, visit www.girlscoutsaz.org/bigevent.

Explore health careers next summer

High school juniors who are looking to immerse themselves in an interactive healthcare education experience are invited to apply for the 2024

Burton Family Foundation Summer Health Institute.

The week-long summer camp will be hosted by Creighton University Health Sciences Campus – Phoenix and Arizona State University’s College of Health Solutions.

Interested students will be able to explore what it’s like to become a physician such as physician’s assistant, physical therapist, occupational therapist, dentist, or optometrist. Students interested in attending program next summer are encouraged to fill out an interest form and look out for the full applications, which will be available Spring 2024. In addition, about 96 applicants will be able to attend this interactive summer camp at no cost, courtesy of The Burton Family Foundation.

For more information, visit <https://alumni.creighton.edu/news-events/news/summer-health-institute-burton-family-foundation> or complete the interest form at <https://docs.google.com/forms/d/e/1FAIpQLSdC3M0Cd9Xh-5F-sGmVkJiEjnpZR5yQBmQy44NqKupqlAgpxw/viewform>.



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Kimberly Harris will showcase her art (pictured) along with three other artists at her studio, #4 on the tour, during the 16th annual Camelback Studio Tour and Art Sale (photo courtesy of camelbackstudiotour.com).

Studio tour and sale returns

Now in its 16th year, Valley artists will once again open their studios to the public during the Camelback Studio Tour and Art Sale. During the two-day event, Saturday, Nov. 11, and Sunday, Nov. 12, guests can tour local home art studios, meet and greet with local artists and shop one-of-a-kind art treasures for their own homes or as gifts to art-lovers for the upcoming holidays.

“We are thrilled that the Camelback Studio and Art Sale continues to grow in size and demand,” said Lynn Gustafson, owner of the Camelback Studio Tour and Art Sale. “This event is a special opportunity for us as artists to connect one-on-one with the art enthusiasts in the Valley. We appreciate the ongoing support for our community and local art as a whole.”

Since its inception, the Camelback Studio and Art Sale has grown to represent a wide array of mediums for art lovers of all kinds, all handmade by local artists who live and work in the area. This year, the tour features 40 renowned local artists and 13 home studios from 40th Street and Camelback Road to 44th Street and McDonald to in and around mid-Phoenix and south Scottsdale.

Guests can choose any of these stops to begin their self-guided tour. Art enthusiasts are encouraged to visit a few

of their favorites or work their way to all 13 stops to explore undiscovered art such as wearable art, jewelry, handmade gifts, painting, sculptures and more.

Hours are 10 a.m.-5 p.m. on Saturday and 10 a.m.-4 p.m. on Sunday. Admission is free. A printable map and additional details can be found at www.camelbackstudiotour.com.

Holiday event features local broadcasters

House of Broadcasting will host its 10th annual Mike Chamberlin and Living Legends of Broadcasting holiday concert Friday, Dec. 8. Admission is \$15; children age 12 and under are free, as is parking.

The event will be held from 7-9 p.m. in Kendall Hall at Central United Methodist Church, 1875 N. Central Ave. This year, Mark Tarbell will join “legends” Mike Chamberlin, Jan D’Atri, Laurie Fagen, Pat McMahon, Dave Munsey, Buddy Owens, Alice Tatum and Mary Jo West.

The House of Broadcasting, Inc. is a 501c3 nonprofit organization dedicated to educating the public and preserving and celebrating the history, personalities and paraphernalia of radio and television in Arizona. It is one of only five museums in the country dedicated to the broadcast industry. For additional information, visit www.houseofbroadcasting.com.

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ARTS & ENTERTAINMENT



Due to its popularity, Dino's Git Down moved from its North Central home to State Farm Stadium in 2022 (submitted photo).

Git Down has North Central roots

When Dino Battilana was just 13, he was fascinated with a 1963 Chevrolet C10 short-bed service truck at the gas station he worked at in downtown Phoenix. He never envisioned that passion would lead him to host the largest GM only custom truck event in the United States — Dino's Git Down.

Battilana has lived in North Central Phoenix his entire life. He graduated from North High School and owns Dino's Appliance Factory Service at Indian School Road and SR51. From buying that C10 service truck when he turned 16 to hosting Dino's Git Down, he says that it has been a fun ride.

He started his first Dino's Git Down in 2010 with 40 friends showing off their Chevy trucks in the backyard of his home. The following year, due to the event's popularity it was moved to the parking lot of Battilana's business. After a few years, the business parking lot and surrounding streets didn't offer enough space to accommodate the growing event and larger venues were needed. After the 2021 event, he realized the only place large enough to host it going forward was State Farm Stadium.

But the founder has held on to his North Central roots. For the last five years, the event has been sponsored by Courtesy Chevrolet, a staple of the North Central Phoenix community for nearly 70 years. Battilana has had a working relationship with Courtesy for 40 years — living only blocks away from the dealership for 37 years.

The 13th Annual Dino's Git Down will host 2,500 custom and vintage Chevy trucks ranging from 1947 to 1998 models from 9 a.m. to 7 p.m. Friday, Nov. 10. Then, from 9 a.m. to 3

p.m. Saturday, Nov. 11, there will be 2,500 custom GM cars and trucks. In addition, more than 150 manufacturer booths specializing in Chevrolet/GM products will offer engines, suspension parts, audio systems, wheels and more, and plenty of food and beverages will be available on site.

Held at State Farm Stadium, admission and parking are free. For additional information, visit www.dinosgitdown.com.

On the Town

This month, dive into live local music, dance and theater, check out national touring acts, celebrate the arts at a family-friendly event, honor Veterans Nov. 11 and kick off the holiday season. See you on the town in November!

Chappell Roan

Nov. 3
The Van Buren
www.thevanburenphx.com;
480-659-1641

Blues Blast 2023

Nov. 4
The Rhythm Room
www.rhythmroom.com;
602-612-4981



(Photo courtesy of Beth Morrison Projects) **'The Old Man and the Sea'**

Nov. 4
ASU Gammage
www.asugammage.com; 480-965-3434

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Merriment
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SAT. DEC. 9. 2023 | 2-6

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Merriment in Melrose is a FREE community event to benefit the Osborn Schools Music Program. This event is produced by the Melrose Merchants Association & Melrose Community Alliance. Enjoy surrounding area festivities to continue past 6pm.

melrosemerchantsassociation.com
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ARTS & ENTERTAINMENT

The art of Mary Boehm

Nov. 5–Dec. 10
Church of the Beatitudes
<https://beatitudeschurch.org/events>;
602-264-1221

Siddhartha

Nov. 8
Crescent Ballroom
www.crescentphx.com;
602-716-2222



Jenny & The Mexicats

Nov. 9
Crescent Ballroom
www.crescentphx.com;
602-716-2222

The Nash Liberation Orchestra

Nov. 10
The Nash
www.thenash.org;
602-795-0464

Prohibition: The Music of Moulin Rouge, Boardwalk Empire

Nov. 10–12
The Phoenix Symphony
www.phoenixsymphony.org;
602-495-1999

Phoenix Veterans Day Parade

Nov. 11
Central Ave./Montebello Dr. to
7th St./Indian School Rd.
<https://honoringamericaveterans.org>

Buddy Reed & Th'rip It Ups

Nov. 11
The Rhythm Room
www.rhythmroom.com;
602-612-4981

Performance Pop-up: Rosie's House

Nov. 11
Herberger Theater Center
www.herbergertheater.org;
602-252-8497



Nuance with Jackie Lopez

Nov. 12
The Nash
www.thenash.org; 602-795-0464

Katy Guillen & The Drive

Nov. 12
The Rhythm Room
www.rhythmroom.com; 602-612-4981



The National

Nov. 13
Arizona Financial Theatre
www.arizonafederaltheatre.com;
602-379-2800

Artrageous

Nov. 17
Madison Center for the Arts
www.themadison.org; 602-664-7777

Durand Jones

Nov. 17
Crescent Ballroom
www.crescentphx.com; 602-716-2222

14th Annual Festival of the Arts

Nov. 18
Herberger Theater Center
www.herbergertheater.org; 602-252-8497



'Rudolph the Red Nosed Reindeer'

Nov. 18–Dec. 24
Childsplay at
Herberger Theater Center
www.childsplayaz.org; 480-921-5700

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ARTS & ENTERTAINMENT

Ted Goddard's Big Band

Nov. 19
Church of the Beatitudes
<https://beatitudeschurch.org/events>;
602-264-1221

'Psycho'

Nov. 21
Orpheum Theatre
www.orpheumphx.com/events

Princess Chelsea

Nov. 21
The Rebel Lounge
www.therebellounge.com;
602-296-7013

LP

Nov. 22
The Van Buren
www.thevanburenphx.com;
480-659-1641



ZooLights

Nov. 22–Jan. 14
Phoenix Zoo
www.phoenixzoo.org; 602-286-3800

Larry Redhouse Trio

Nov. 24
The Nash
www.thenash.org; 602-795-0464

Enrique Iglesias, Ricky Martin & Pitbull

Nov. 24
Footprint Center
www.footprintcenter.com; 602-379-2000



(photo by Billy Hardiman)

'Lady Day at Emerson's Bar and Grill'

Thru Nov. 26
The Phoenix Theatre Company
www.phoenixtheatre.com;
602-254-2151

Frances Smith Cohen's Snow Queen

Nov. 27–Dec. 14
Lunchtime Theater
Herberger Theater Center
www.herbergertheater.org; 602-252-8497

Ted Rosenthal Trio

Dec. 2
The Nash
www.thenash.org; 602-795-0464

All event dates are current at time of publication. Check with individual venues for up-to-date show information. Find events throughout the month at www.northcentralnews.net/events.

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* Our current Senior price is \$20/ticket.






FOOD FOR THOUGHT

Café Chat

Experience divine dining at Christopher's

By Marjorie Rice

For Christopher Gross, the divine is in the details.

Gross, whose culinary bona fides include the James Beard Award and Robert Mondavi Culinary Award of Excellence, pays painstaking attention to every aspect of his eponymous restaurant on the terrace of the venerable Wrigley Mansion.

Christopher's, which opened in 2021, was designed by Wendell Burnette architects, with significant input by Gross. In fact, the entire restaurant, from its meticulously executed menus to its art collection, dinnerware and table designs has been a hands-on project for the celebrated chef.

That includes the staff, who Gross said performs all the cooking in the back of the house, working the bar and serving up front. "I want them to learn



Chef Christopher Gross pays painstaking attention to every aspect of his eponymous restaurant at the Wrigley Mansion (photo by Darryl Webb, special for North Central News).

everything about a restaurant," he said, "and if they serve the food, they understand the guest's experience."

Tuesday and Wednesday nights, the

three-course classic menu offers dishes that reflect the chef's career. A recent menu included Westholm Wagyu filet with sauce au poivre and freekeh car-

rots "first seen on 'Julia's Kitchen with a Master Chef,' PBS 1997." His roasted red bell pepper soup from the same menu first appeared in *Bon Appetit* magazine in 1982. His "Parnassienne" chocolate mousse tower with espresso sauce and fresh berries appeared in 1982 in *Chocolatier Magazine* and *James Beard* magazine.

The menus, featuring a choice of starter, main course and dessert, are \$125 per person, not including tax, tip, beverages and extras such as caviar — Altima Oscietra Imperial for \$150, with blinis, crème fraiche and lemon.

Thursday through Saturday, guests feast at an eight-course tasting menu (\$275 per person) that recently began with Westholme wagyu carpaccio and an "amuse bouche from the owner's hand" — a cheesy croquette that literally is served on a blue plastic hand. Courses included a day boat scallop with Kaluga caviar and Semillon verjus and seven-day dry-aged Liberty duck served with crispy confit pearl onion,



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-The Karl's Family



FOOD FOR THOUGHT

celery root and Sherry gastrique. Wine pairings that complement both menus are \$230 per person.

If all this sounds too rich for an everyday dinner out, well, it is. But there's an option, "petits plates" served on the patio. For \$14 you can have a smoked Scottish salmon BLT, and for \$18, Christopher's foie gras terrine with brioche, mixed greens and Pedro Ximenez Sherry reduction, among other dishes. The experience is limited to 90 minutes, more than enough time to savor the tastes and view.

The restaurant is an experience in itself, a sleek design with full window walls. At night, it transforms into a gleaming glass disc with a flat black roof that seems to float over the diners.

The roof retracts, and there's patio seating by the cactus garden outdoors.

One writer called it a sleek glass and steel spaceship, and indeed it does look as if a vessel landed at the side of the Spanish Colonial mansion, liked the view and decided to stay.

During a recent visit, Gross pointed out some of the details, including serving dishes decorated with his whimsical drawings, wine coasters from Arcosanti, tables with dinnerware hidden in small drawers and a sunken area in the center for surprise bites of dessert to emerge, and artwork.

Especially artwork. Gross selected each piece, including a gold-leaf rendition of his Parnassienne dessert in the bathroom — a not-to-be missed experience, with a glass wall that offers what must be the most spectacular view of any bathroom in the Valley.

Just outside the bathroom is one of Gross's works. "I paint every once in a while," he said, "and Barbara Fenzl (a noted local cooking school operator) bought this at an auction fundraiser. She kept it 20 years, then gave it back to me."

Gross obviously enjoys his work, teasing staff as he talks with his visitors. "I get to do what I really like to do, and I'm lucky to do that," he said. "I've been lucky the last 40 years."

Gross, who moved to the Valley at age 12, was a latecomer to cooking. "I ate very badly as a kid," he said. "Just plain meat, no vegetables, no sauces or condiments. I would go to McDonalds and get a plain hamburger, just meat and bread, nothing else on it."

After a series of jobs, including janitorial work at a bakery — "not a nice bakery but one where the pies were full of preservatives and wrapped in cello-



One of Christopher's tasting menu items: Hudson Valley foie gras (from ducks raised in a low-stress, cage-free environment) with shiitake mushrooms and port mousseline (photo by Darryl Webb, special for North Central News).

phane" — he landed a janitorial job at a coffee shop in the Adams Hotel.

He liked to visit the French restaurant next door and was in the kitchen one day when the chef threw a plate full of food at a young worker who hadn't prepared it properly. "He told the kid to get out, saw me and started screaming for me to get over and start working," Gross said. "That's where I discovered a

passion for French cooking." (And presumably, how to duck.) "From there I went to L.A., and London for a year as an illegal alien. I saved my money and took a one-way flight. After a year, I wrote a letter in English and a letter in French, with four letters of recommendation, and sent them to all the Michelin-starred restaurants."

That led to jobs in Paris, Normandy,

and back to L.A., then home to Phoenix. That journeyman experience is "the best thing still today for cooking," Gross said. "They can teach part of it, but it would be like teaching someone how to lay bricks at university. You can't do it out of a book."

Christopher's, located at 2501 E. Telawa Trail, is open from 5 to 10 p.m. The classics menu is served Tuesday and Wednesday; the tasting menu is served Thursday through Saturday. For information, call 602-522-2344 or visit www.wrigleymansion.com/christophers.

Dining Briefs

North Mountain Brewing celebrates 10 years

North Mountain Brewing Company is celebrating its 10th anniversary, and they are doing it in style by bringing back the Blues & Brews Festival.

Residents are invited to the brewery, located at 522 E. Dunlap Ave., for a fun day with five Arizona blues bands, 16 craft beers, arts and craft vendors, pinball and games, and tasty

please see 10 YEARS on page 50







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Department of Child Safety Giving Tree program

The Department of Child Safety's (DCS) Giving Tree program offers a way to bring joy to children in foster care. This isn't your average holiday toy drive. Receiving personalized gifts helps these children feel loved and significant during a time of year that can be extremely difficult. And it's a FUN way to give back.



Make the Holidays Brighter for a Child in Foster Care!

We are asking community members to stop by the Club and select a heart tag from our tree that includes the child's name, age, gender and wish list items. Purchase the gifts on the list and bring them in by early December.

DCS staff will pick up the gifts and deliver them to the children.

St. Vincent de Paul Society Holiday Food Drive

The Society of St. Vincent de Paul's Family Dining Room provides household item and food box distribution twice a month along with seasonal giveaways during the holidays. These boxes are made available to anyone in need. The Society relies on the community to help fill these food boxes.



We are asking community members to come by and donate items for the food, household item and seasonal item boxes. Needed items include non-perishable food, water, blankets, clothing, household items and toys. All donations will go to the Society's Food and Clothing Bank for distribution.

FOOD FOR THOUGHT

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eats to go with those musical beats.

The party gets started at 11 a.m. on Sunday, Nov. 12, and continues until 5 p.m. General admission tickets are \$20, and a VIP upgrade is available for \$50. Find tickets and additional information at <https://northmountainbluesandbrewsfest.godaddysites.com> or visit the company's website to learn more: www.northmountainbrewing.com.

Celebrate the slice at pizza fest

The eighth annual Phoenix Pizza Festival will host local pizza makers selling all types of pizza slices, full pies and other unique pizza creations.

At the outdoor event, other foods will also be available, such as pasta, meatballs, French fries and BBQ as well as a variety of desserts. The event also features performances by some of Phoenix's best local bands, plus lawn games, local market vendors, kid's activities, and more. In addition, bars will offer a selection of wine, beer, cocktails and N/A beverages. All tickets



The eighth annual Phoenix Pizza Festival invites residents to enjoy a variety of pizza creations and more at Hance Park (photo courtesy of PHX Fest).

are general admission, and all food/drink items cost extra once inside. The annual event benefits Downtown Phoenix, Inc., and will be held Nov. 11-12 at Margaret T. Hance Park, 67 W. Culver St., from 11 a.m. to 6 p.m. Saturday and 11 a.m. to 4 p.m. Sunday. Organizers encourage pizza lovers to get tickets online in advance — the

event sells out every year.

For additional information, visit www.phoenix.pizza.

Copper & Sage set to open

The newest in a handful of concepts from Westside Concepts and Chef Evon Profit is coming soon to

the former Los Sombreros location at 322 E. Camelback Road.

According to a spokesperson, Copper & Sage is slated to open in mid-November. The elevated chef-driven menu will utilize farm-to-table wherever possible and is being described as reminiscent of Southern comfort food, with a few fusion elements thrown in. The concept will also feature a curated cocktail menu and wine list. A cocktail lounge, Blue Stave, is connected by a patio.

“Blue Stave is an elegant cocktail lounge offering later hours for gathering and sipping. A very small snack menu will be offered,” according to the Copper & Sage team.

The Westside Concepts family includes the original Haymaker Restaurant, opened in Peoria in 2013, NW Coffee Cantina Gueros, Fire House Event Center and Westside Catering. The company website says that while the concepts are all very different, “the goal is the same: to be your neighborhood bar or restaurant where you can feel great about bringing family and friends for any and all occasions.”



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FOOD FOR THOUGHT

The Camelback location will be the first of three Copper & Sage locations that are in the works. Residents who want to be the first to check out the new restaurant can sign up for updates at www.copperandsageaz.com.

Vets receive free entrée at celebration

Original Breakfast House (OBH) announced the return of its annual Veterans Day bash, which honors and celebrates veterans and all military personnel.

On Friday, Nov. 10, preceding Veterans Day, the restaurant will get the party started with a live concert in the parking lot featuring In Flight Groove and Friends, a muscle car show presented by Big Mike and The Boys and more.

All day long, veterans and active-duty military personnel can receive a free entrée of choice from OBH's regular menu. Festivities support Tunnel to Towers Tempe, a nonprofit organization founded in honor of Firefighter Stephen Siller, who lost his life in the line of duty on Sept. 11, 2001, and all first responders and military heroes that have made the ultimate sacrifice.

Owner John Stidham, a proud veteran himself, invites the community to honor and celebrate Veterans Day on what he hopes will be the biggest turnout yet for his restaurant's "biggest party of the year!"

Original Breakfast House is located at 13623 N. 32nd St. For additional information, call 602-482-2328 or visit www.originalbreakfasthouse.com.

Restaurant hosts bourbon dinner

This month, Phoenix City Grille will present its Lux Row Bourbon Dinner, which will be emceed by John Christie, considered by many to be an authority on whiskey in Arizona.

The event begins at 6 p.m. Friday, Nov. 10, with the welcome cocktail, Apple Butter Bliss, featuring Ezra Rye, house cinnamon syrup, fresh lemon juice, spiced cider, apple butter and orange bitters. The five-course menu includes dishes that will be complemented by accompanying pours.

The first course includes McClendon Farms Baby Gem Salad with spiced walnuts, smoked bleu cheese, figs, pickled apple, sun-kissed strawberries, star anise and elderflower vinaigrette featuring Blood Oath 9.



Entrees at Original Breakfast House include chicken fried chicken with French toast and two eggs. The restaurant will offer a free entrée to veterans and active duty military on Nov. 10 in celebration of Veterans Day (photo by Darryl Webb, special for North Central News).

The second course includes Corey's Duck Confit with tart cherry and Grand Marnier gastrique, spiced fall squash puree, spicy pickled fennel and bulls' blood micro greens featuring PCG and Star Liquor's Yellowstone collaboration single barrel.

The third course will be Chicken

and Beef Satays with jalapeno bacon jelly, pickled red cabbage, toasted peanuts and micro cilantro featuring Lux Row 4 Grain.

The fourth course will offer Grilled Argentine Ribeye with sweet corn pudding, guajillo demi-glace, asparagus and piquillo relish and chive oil featur-

ing Phoenix City Grille's Rebel Cask Strength single barrel.

The final course will include Espresso Pot de Crème with biscotti Chantilly cream, toasted hazelnuts, chocolate-covered espresso beans and micro mint featuring Phoenix City Grille's Ezra Brooks Cask Strength single barrel.

The cost is \$150 per person, plus tax and gratuity. To reserve seating, contact Brittnee Reed via privatedining@phoenixcitygrille.com or by phone at 602-510-7174. Phoenix City Grille is located at 5816 N. 16th St. For additional information, visit phoenixcitygrille.com.

Deli offers Thanksgiving to go

Busy families who want to let the pros handle their Thanksgiving Day meal preparations are invited to pre-order from Miracle Mile Deli.

Beginning Nov. 1, residents can pre-order family dinners, single dinners, holiday pies and sides and even pastrami and brisket. Individual Oven

please see TO GO on page 52

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FOOD FOR THOUGHT

TO GO continued from page 51

Roasted Turkey Dinner (\$23) includes white meat or dark meat served with homemade mashed potatoes and gravy, stuffing, cranberry sauce, rye bread and butter.

The Thanksgiving Family Feast (\$225) serves six to eight people and includes 3 lbs. of oven-roasted white meat turkey breast; 2 quarts of homemade mashed potatoes; 1 quart of homemade gravy; 1 quart of homemade stuffing; 1 pint of cranberry sauce; 1 quart of baked macaroni and cheese; 6 Kaiser rolls; and 1 whole pie (pumpkin, pecan, lemon meringue, Boston cream, coconut meringue, apple or cherry). A variety of extra sides and desserts are available as well.

The restaurant will be closed Thanksgiving Day; orders must be placed by calling 602-776-0992 no later than Tuesday, Nov. 21, by 2 p.m. for pick up on Wednesday, Nov 22 (11 a.m. -7 p.m.). Miracle Mile Deli is located at 4433 N. 16th St. For additional information, call 602-776-0992 or visit www.miraclemiledeli.com.

Nachopalooza returns for third year

A month-long celebration of the nacho kicks off in November and residents are invited to attend the event that benefits the HonorHealth Foundation's K-9 Security Program.

The fast casual restaurant Gadzooks Enchiladas and Soup is celebrating National Nacho Day, Nov. 6, by featuring this ultimate snack of sports, entertainment, and social events that is also signature menu item on Valley favorite fast casual restaurant. But Gadzooks is extending that celebration all month long with their third-annual Nachopalooza, which also give back to the community

Throughout the month of November, 25 percent of every nacho entrée sold will go directly to the K-9 Security Program at the HonorHealth Foundation.

Canines and healthcare are a community partnership that elevates the quality of healthcare for Arizonans and their families undergoing medical treatment at any of HonorHealth's six Valley locations. This program comprises of 16 highly-trained handlers and protection dogs that ensure the safety of patients, staff and community while they receive and give care. All K-



Throughout November, 25 percent of every nacho entrée at Gadzooks Enchiladas and Soup will support the K-9 Security Program at the HonorHealth Foundation during the restaurant's annual "Nachopalooza" celebration (photo courtesy of Gadzooks).

9 expenses, such as acquisition, training, equipment, food, supplies, boarding and vet care, are wholly funded through the generosity of donors.

"Doing what we can to preserve, give back to, and support the Phoenix community is a no-brainer for us, and is part of our larger mission," said Aaron Pool, owner/creator of the Gadzooks restaurants and Poolhouse Group. "HonorHealth Foundation is a new partner for us this year and we look forward to raising money to support their K-9 Program, especially if that means we can throw them a month-long nacho party."

Nachopalooza runs Nov. 1–30, 2023 at all five Valley Gadzooks locations. Learn more at www.gadzooksaz.com.

Tickets on sale for Devour '24

One of the most anticipated Valley tasting events of the year will return to the Desert Botanical Garden in February — and tickets are expected to once again sell out.

With a goal of generating local and national awareness and support of Arizona's diverse and exciting culinary scene, Local First Arizona will partner with the garden and Southern Arizona Arts and Culture Alliance (SAACA) for its 15th annual Devour Culinary Classic, Feb. 24-25. The event will assemble some of the most creative and indulgent chefs, sommeliers, cicerones and other food and drink purveyors Arizona has to offer.

More than 70 food and beverage

businesses will participate in the 2024 event, including as many as 25 sought-after restaurateurs each day. Early entry tickets (10 a.m.) include 90 minutes of early access to all food and beverage and are available for \$225 per day; general admission tickets (entry at 11:30 a.m.) are offered at \$150 per day. Both tickets allow participants to enjoy the best local restaurants and drinks while strolling the garden grounds, access to the Maverick Wine sales area, live music throughout the garden, and a reusable commemorative wine glass and yoke.

Members of Local First Arizona, the Garden and SAACA will receive the first opportunity to purchase tickets, Oct. 27-Nov. 2, at www.devourphoenix.com. Tickets go on sale to the public Nov. 3 (must be 21 and over to purchase.). Last year, tickets sold out in three weeks.

Desert Botanical Garden is located at 1201 N. Galvin Parkway. For tickets and additional information, visit www.devourphoenix.com.

Local First hosts Fall Fest

What began 17 years ago with just 27 vendors in the Duck and Decanter parking lot has grown by leaps and bounds over the years, but the Local First Arizona Fall Festival still focuses on local pride.

The festival was a way to bring local businesses and Arizonans together to build pride in the local community, to support the local economy, and showcase all things uniquely Arizona. The event has grown to host over 200 ven-

dors and it is the biggest community event at Margaret T. Hance Park.

The 2023 Arizona Fall Festival will be held Saturday, Nov. 4, from 10 a.m. to 4 p.m., and is a free, family- and dog-friendly event. Attendees can visit local vendors, devour samples from some of the state's best restaurants or purchase meals and indulge in the Drink in AZ Beverage Garden featuring all local wineries, breweries, and spirits (tasting tickets are \$1 each). Young attendees can explore the Kid Zone, filled with crafts, games, and activities, and everyone will enjoy live local music throughout the day.

Margaret T. Hance Park is located at 67 W. Culver St. For additional information, visit www.localfirstaz.com/fall-fest.

Doughbird opens at The Colony

The second Valley location of Fox Restaurant Concepts' Doughbird made its official landing Wednesday, Oct. 25, at The Colony on 7th Street. The first location opened in Arcadia in 2016; the second debuts an expanded menu as well as what the restaurant group calls its best bar program yet.

Located along 7th Street near its sister restaurant, Culinary Dropout, Doughbird will feature its signature menu, rooted in house-made pizzas and rotisserie chicken, while also sprinkling in staples from Fly Bye, the to-go concept that previously occupied space at Culinary Dropout next door.

At the heart of the new restaurant is a central bar equipped with big-screen TVs and plush seating. When the weather is at its best, the retractable garage doors and exterior patio also will treat guests to a breezy, sunny, indoor/outdoor ambiance, making Doughbird the ideal setting for catching a game or enjoying an after-work happy hour.

The restaurant will offer changing combinations of specialty hand-stretched pizzas (and now Detroit-style pan square pan pizza) along with a variety of chicken cooked low and slow on the rotisserie, or fried to crisp perfection.

In addition to a selection of wines and local craft beers, the restaurant also offers a host of cocktails that the team hopes will surprise and delight diners.

Doughbird North Central is located at 5600 N. 7th St., Suite 100. For more information, visit www.eatdoughbird.com.

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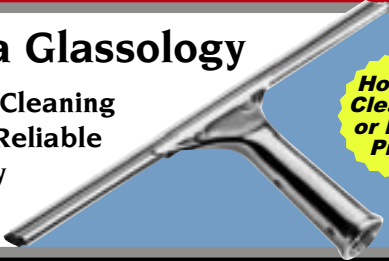
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