

the voice of the north central phoenix community since 1999

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# Three generations churn out fresh candy

By Trudy Thompson Shumaker

The boxy turquoise building on the northwest corner of Dunlap and 7th Avenue doesn't promise much from the outside. But pull in and park on the north side of the building at 702 W. Dunlap, and you're on your way to some serious magic.

The building is home to the Candy and Chocolate Company, where three generations of candy makers work.

"They are ages two to 72," said Eric Harrell, himself a fifth-generation candy maker.

On any given day, the crew is cooking up taffy or caramel apples or chocolates or toffee or dozens of other candies. They greet visitors with a hearty "hello" and probably a treat or two or three, pointing out the antique candy making machines from all over the world, the walls of fresh candy familiar to anyone over 50, and the very cool Kinetoscopes that require a penny before they start an even cooler movie. You don't have a penny? No worries. Carolyn Wilson will pull one from the cash register and lend it to you.

Harrell and his family ran a candy factory in Sedona before they moved to Phoenix. They found the building in North Central Phoenix and started working on it to make it home to their collection of candy-making equipment, signs and chocolate molds.

"We probably have the largest collection of

please see CANDY on page 8

Introduced in 1957 by the Del Webb Corporation, **Phoenix Towers** was the first cooperative living apartment building in Phoenix. The iconic 14-story pink high-rise, just south of the Heard Museum, will be one of the stops on the Midtown Urban Living Tour (photo by Kathryn M. Miller).

## Midtown tour highlights urban living

By Kathryn M. Miller

It's an annual event that began in 2013. The goal: allowing residents a behind-the-scenes view of the unique mix of history and contemporary design that makes Midtown Phoenix special. The Midtown Urban Living Tour will return on Sunday, Nov. 9.

Past meets present on this self-guided tour that will offer exclusive access to high-rise condos and dis-

tinctive homes, letting visitors experience Midtown's mix of urban vibrancy and neighborhood charm. Over the years, the tour has opened the doors to some of the more striking residences and buildings that make up Midtown.

Featured locations on this year's tour include the Executive Towers, Regency on Central, Tapestry on Central, Phoenix Towers (the iconic pink high-rise by the Heard Museum), Villa del Coronado (a prime example of the garden community movement), Palm Lane Manor (built in 1926 and showcasing vintage charm), and a single-family vintage home organizers say is sure to captivate.

The Midtown Neighborhood Association (MNA), whose boundaries run from 3rd Street to 3rd Avenue and roughly Margaret T. Hance Park to Steele Indian School Park, hosts this annual event. The MNA members are proud of their unique neighborhoods and dedicated to not only preservation, but to sustaining the businesses that help create an enviable walkable lifestyle.

Heather Fahey, MNA board president, grew up in Phoenix, not too far from Midtown, and fell in love with the lifestyle that the area offers. She has been a Midtown resident since 2003, and even opened her own home during the 2016 tour.

please see TOUR on page 6

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COMMUNITY

## From the Editor

Hello, North Central neighbors!

the Historic Preservation Commission's October meeting, city staff reported that demolition of the 100-yearold Milum Textile building was under-

way - another loss for historic preservation. There have "wins" been especially Sunnyslope - but the physical history of Phoenix continuously erodes.



Buildings that hold our history and still serve residents, that could be revitalized or repurposed, are being demolished in the name of growth. Yes, there comes a time when the usefulness of buildings passes - perhaps even those that have stood for 100 years and have significant architectural elements - but the loss of history can be devastating to witness. Midcentury Modern gems that rose as

Phoenix experienced massive growth in the 50s and 60s - eras that helped define the modern Phoenix landscape and identity - have been laid waste.

Buildings create a sense of place, history and continuity within communities. Whether it's an iconic movie theater, a beloved mall or an East Wing, there is an argument to be made for careful consideration, resident input and thoughtful planning before buildings that serve communities are destroyed.

On Nov. 8, Preserve Phoenix's (www.preservephx.org) Friends of Mystery Castle Taskforce will explore options to save this City of Phoenix Point of Pride. If you want to get involved in historic preservation, or learn about this remarkable local landmark, the meeting offers an opportunity for community collaboration.

In the meantime, we hope you enjoy our November issue, and until next month, all my best,

Kathryn M. Miller













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#### COMMUNITY

## Celebrate 'local' at Fall Fest

What started 20 years ago with just 27 passionate vendors in the Duck and Decanter parking lot, has blossomed into a vibrant celebration featuring over 200 vendors. On Saturday, Nov. 8, from 10 a.m. to 4 p.m., Margaret T. Hance Park in Downtown Phoenix will be buzzing with more than 250 local vendors, featuring crafts, activities, games and flavors from more than 70 local restaurants, breweries and distilleries in the expanded food court and beverage garden at Local First Arizona's annual Arizona Fall Festival.

"Thousands of people from across the state look forward to Arizona Fall Fest every year because you are guaranteed to find something new to enjoy," said Kimber Lanning, CEO and founder of Local First Arizona. "Locals come out with their dogs, kids, family and friends to take part in the community and some of the best locally owned businesses Arizona has to offer."

Held each November, the Arizona Fall Festival is the ultimate gathering of



The annual Arizona Fall Festival is the ultimate gathering of locals and businesses from across the state, making it the largest certified local event around. This year's event will be held on Saturday, Nov. 8 (photo courtesy of Local First Arizona).

locals and businesses from across the state, making it the largest certified local event around. This free, family-friendly and dog-friendly festival showcases everything that makes Arizona home. The food, drinks, entertainment

and energy are unmatched.

Organizers say that this year will have an expanded area with extra food trucks, a larger Beverage Garden and new activities in the Kid Zone. In addition, Arizona Fall Fest will host a group

of wineries coming from Sonoita who will be representing Southern Arizona's unique wine region at the event's Beverage Garden. Local First will also be featuring a local-crafted beer in partnership with O.H.S.O. Brewery + Distillery you can only get at Arizona Fall Fest.

Cahokia, voted *Phoenix Magazine*'s "Best Place to Find Emerging Artists" will be coordinating a series of performances that will be featuring Indigenous culture. The lineup includes more established artists as well as talented newcomers working across all mediums. And live music will be performed by Citrus Clouds, Medio Pinto and Jason P. Woodbury. Back by popular demand are the alluring Lost in the Sun and the crowd-moving Prime Society.

Attendees will also be able to purchase delicious bites and sips from more vendors than ever before, including more than 45 local restaurants/food trucks and more than 25 local craft brewers, wineries and distillers.

For more information about the Arizona Fall Festival, visit www.local-firstaz.com/fall-fest.

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#### COMMUNITY

#### TOUR continued from page 1

Fahey says she works in the downtown area, and the ability to find a condo in Midtown was a boon.

"In the 20-plus years that I've lived here, I've gotten to know a number of people in the neighborhood, not just my direct community that I live in, but in other parts of Midtown. And I'm a lot more involved and active, especially with the Midtown Neighborhood Association – it just allows me to meet so many more people in the area."

A lot has changed in those 20 years. While approved, work on the light rail had not even started when Fahey moved into the area. The upheaval of the construction period was a challenge, but the quick connection between Uptown and Downtown – and beyond – has been a positive for the neighborhood. And while transit can move people beyond the area, a walkable community attracts many to Midtown.

"We definitely have more restaurants than we had when I first moved here, which is really nice," Fahey said. "And it's just lovely having the Phoenix Theatre and the Herd Museum and Phoenix Art Museum just right down the street from me. That makes it so much easier to go out and not have to get in a car. I can just walk places."

Attracting and supporting area businesses is also a goal of MNA, and they host their regular events and activities at locations across the area. Neighbors who would like to get involved with the group are always welcome, too — whether by serving on the board or joining one of the committees.

"It's a really great way to get to know your neighbors and find out about what is going on in the neighborhood," Fahey said.

After the Urban Living Tour, MNA will be gearing up for their biggest event of the year, Sunday Off Central, taking place in March 2026, and volunteers will be needed to create another successful event.

In the meantime, whether you're into architecture, history or just love discovering new spots in our diverse communities; whether you live in Midtown or elsewhere, the 2025 Urban Living Tour offers the perfect chance to connect with neighbors and experience Midtown in a whole new way.

The tour kicks off at Regency on Central, at Vernon and Central avenues, and runs from 10 a.m. to 4 p.m. on Sunday, Nov. 9. Most of the stops on the tour are close together and walking is encouraged; however, a trolley will be running during the event to take participants to the stops.

And definitely check out one of the local restaurants while you are in Midtown, Fahey added.

"We really want people to see what it is like to actually live in Midtown – it is more than just a tour; it is a lifestyle exploration."

Learn more about MNA and purchase tour tickets (\$28.52) online at www.midtownphx.org.

## Arizona raises tobacco age

As of Sept. 26, 2025, Arizona's state law prohibiting the sale of tobacco products to youth (A.R.S. § 13-3622) has increased the minimum age to 21, matching federal law, which increased to 21 in 2019.

The Arizona Attorney General's Office said that studies have shown that raising the age of sale from 18 to 21 helps to reduce the accessibility of tobacco products to youth who often obtain tobacco products from older friends or classmates.

Attorney General Mayes said, "The harm that comes from nicotine and smoking are well documented. We have a responsibility to protect the next generation of Arizonans from a life of addiction. While many Arizona businesses are already complying with the federal law, the change in our state law should serve as a reminder to all tobacco and nicotine retailers to take any steps necessary to ensure they are not selling these addictive, harmful products to anyone under the age of 21. My office continues to conduct compliance inspections across the state, and those inspections will now include youth inspectors who are both under and over 18 years of age."

More than 85 percent of all tobacco users begin using tobacco before the age of 18, and approximately 95 percent begin using before the age of 21. People under the age of 25 are more susceptible to addiction because their brains are not fully developed. Tobacco use remains the number one preventable cause of death in the United States, causing more than 480,000 deaths every year. That number is equivalent to six passenger airplanes crashing every single day for the entire year.

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#### CANDY continued from page 1

antique candy-making equipment in the world," he said. "And we use it every day!"

Although it has the makings of a museum, the shop doesn't have the feel of a museum, because the "exhibits" are hard at work, churning out fresh confections for all ages.

Belly Isela and her dad, Gabe, stopped by one morning to explore. As they walked through the doors, Belly looked up at her dad and said, "I hope they have taffy. It's my favorite."

Belly was in luck. She had just walked into the mothership for taffy. Her eyes lit up when she saw it, and she quickly filled a bag a helpful candy maker provided.

Another visitor walked in and inquired about chocolate-dipped strawberries. Soon he left with a box of beautifully dipped berries, and he said, "I'll be back."

That crunchy sponge candy? They make it. Hard candies without dye? They make them too. What's with all the boxes of fresh apples? They're from a friend's orchard in Washington State.

"We make caramel apples – a lot of them – every day and ship them all over the US, supplying grocery store chains and specialty shops," Harrell said.

Friends gather for candy-making classes, leaving with more than a pound of candy they made.

"The classes are a lot of fun, because they bring people together, they learn something new and the results are delicious," he added. "Anybody interested in a class can just call us and we'll put something together for them."

Remember that weird gum grandma always had in her purse? It tasted like purse dirt and cloves. And grandkids usually had to split a piece with their siblings.

"Yes, we have that – Clove Gum. Beeman's Gum. Black Jack Gum. People see we have it and they all have a story about it."

The candy cigarettes that your bad third-grade self-shared with your baby sister just to horrify your mom? Yep. Harrell has 'em. Buying a pack felt like the right thing to do for one recent shopper.

"My mom will be aghast until she figures out they are only candy," said Sherry Gage. "WAIT! They have the little wax bottles filled with colored sweet water? I need some of those too."



At North Central's Candy and Chocolate Company, visitors will find three generations of candy makers at work, including Eric Harrell and the youngest member of the crew, who is just 2 years old (photo by Trudy Thompson Shumaker).

The shop also sells ice cream at a marble bar outfitted with swivel stools that once graced an ice cream parlor. The stools face the windows to the candy making room, so eating ice cream while watching the candy-makers work their magic is a thing.

Harrell and his family are community-oriented, and quickly stepped up when a customer asked them to do something special for breast cancer awareness.

"We're making a special pink lemonade drop, as well as a sea salt caramel for October, and we'll donate proceeds from those candies to a breast cancer education here in Phoenix," he said. "We can continue to offer the hard candy through the end of the year to support the cause."

A Sunnyslope High School senior waiting to cross Dunlap asked a customer leaving with a fresh caramel apple: "Is it good?" The customer used a thumbs-up to answer his question. She was smiling but couldn't speak because her mouth was full. The student ditched the idea of crossing the street and headed in to try one for himself.

Learn about Candy and Chocolate Company at www.candyandchocolate-co.com or call 602-758-5240 for more information.

## Event focuses on transit-oriented living

A pop-up demonstration that was rescheduled from October to Nov. 15 will help bring transit-oriented living to life. Presented by the city of Phoenix in conjunction with Valley Metro, the event will be held at Plaza19, located within the 19th Avenue and Dunlap Park and Ride. Geared towards residents of all ages, the event will offer interactive displays, a bike safety rodeo for kids, food trucks, vendors, music and more.

The event, held from 10 a.m. to 2 p.m., is an effort by the city to demonstrate how active transportation can transform everyday spaces into vibrant destinations and offer insight into "the potential of transit-oriented development through community engagement and mobility-focused programming."

Through its various Transit Oriented Community policy plans, the city of Phoenix is seeking to redevelop the Dunlap park and ride and others into mixed-use properties that include both commercial and residential uses. Learn more by visiting www.phoenix.gov and searching "Transit Oriented Communities."

## VFW hosts marketplace event

Sunnyslope's VFW Post 9400 will host a Fall Marketplace event on Saturday, Nov. 15. Held at 804 E. Purdue Ave., the event will take place from 8 a.m. to 1 p.m.

There will be a wide range of items at the marketplace, organizers said.

"We plan to have homemade crafts and goods as well as items for resale such as designer items to household items and decor. We will also have information about the VFW and VFW Auxiliary at the event to inform the public more about what we do," they said.

Named in memory of Private

Joseph F. Monfort, a native of Arizona and Regular Army enlistee, Post 9400 has served the veteran community and the community at large for over 75 years. It was chartered on June 2, 1947, and the first phase of the building was completed in September 1948. Learn more by visiting www.vfw9400az.org.

## Library hosts author fair

The Phoenix Public Library invites residents to attend a fun filled day at the Local Author Fair, where they shine a spotlight on the literary talent in our own backyard.

Scheduled for Saturday, Nov. 8, 11 a.m. to 2 p.m. at the Burton Barr Central Library, this special event brings together a diverse group of local authors – ranging from debut writers to seasoned storytellers – who will share their work, connect with readers and celebrate the power of storytelling.

During the event, meet and greet over 80 local authors across genres including fiction, nonfiction, poetry, memoir and children's literature with opportunities to purchase signed copies directly from the authors.

Whether a passionate reader, an aspiring writer or simply curious about the literary scene in the community, the Local Author Fair offers something for everyone.

Burton Barr Central Library is located at 1221 N. Central Ave. Learn more at www.phoenixpubliclibrary.org.

## Asian Chamber hosts cultural music fest

From Nov. 28-30, Solano Park 5625 N. 17th Ave., will play host to Arizona's first Asian music festival. Presented by the Arizona Asian Chamber of Commerce, similar to their night markets, the Street Eats & Beats event will bring together music, food and cultural experiences, but it is the next, elevated version of the night market, offering the full experience of a festival.

Attendees can enjoy EDM, cosplay and interactive activations, Friday, 5-10 p.m.; mainstage performances, food vendors and a marketplace supporting local businesses, Saturday, 3-10 p.m.; and a farmers' market, local shopping and lighter programming to wind down, Sunday, 9 a.m. to 2 p.m.

For tickets or more information, visit www.idphx.com/streatzaz.

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## **Prep for joint replacement**

By Bill Ross

This is for people who have had or are considering joint replacement. By the way, I've had a hip replacement myself.

If you're thinking that once I've had my joint replaced, everything will be great. No more problems ... you might want to think again.

I guess the first thing you should consider is why the joint wore out in the first place? Unless you've had some kind of accident or serious injury, your joint should last a lifetime. Here's the thing — muscles move bones. This requires two sets of muscles to move bones in each direction. So, when a joint isn't articulating properly, there eventually becomes a problem – generally inflammation and eventually arthritis.

You see, when a muscle gets damaged, for whatever reason, the body will shut it down to protect it. And, without you even knowing it, your body will compensate for it. After a while, you don't feel the pain anymore, and you think everything is golden. But it's not. The muscle will remain shortened, which causes an imbalance somewhere. Thus, creating more problems somewhere else.

Your body becomes much like an onion with layer on top of

layer of one problem creating another problem.

So, you need to realize that the real problem isn't the joint itself, but really the connecting muscles. This is why so many people who have joint replacements continue to have problems afterwards. Surgeons replace joints — that's their job. Typically, they don't care about the muscle.

So, if you're considering surgery, you might want to find someone who can properly help you prepare for it. It's called prehab. When prehab is done properly, your surgery tends to be more successful, and your recovery is faster and much more effective.

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#### COMMUNITY



Multiple generations of those who have served in the U.S. Armed Forces will join the festivities at the 2025 Phoenix Veterans Day Parade, Tuesday, Nov. 11, on Central Avenue from Montebello Drive to Camelback Road (photo by Miachelle Breese; courtesy of Honoring).

## Honor veterans at annual parade

The Honoring America's Veterans, Veterans Day Parade first stepped off in Phoenix in 1997. The event recognizes the contributions of United States veterans, and its goal is to build a patriotic Phoenix community spirit that recognizes the sacrifices veterans make for the country.

This year's event will once again be held on Nov. 11, beginning at 11 a.m., parade participants will head south on Central Avenue from Montebello Drive to Camelback Road, turning east on Camelback Road to 7th Street, then turning south on 7th Street. The parade ends at Indian School Road.

Residents are invited to line the streets of the parade route and cheer the veterans, nonprofit organizations, businesses, high school marching bands and others as they walk, roll or march through North Central. Those who live in or are traveling in the area should also be aware of street closures that will be in place beginning at 7:30 a.m. the morning of the parade.

For full details on the 2025 parade, visit https://honoringamericasveterans.org.

## Connect with neighbors in District 3

Residents in Council District 3 are invited to a community meeting and food drive on Thursday, Nov. 6, at 6 p.m. The event will be held at The Joy Bus Diner, 10401 N. 32nd St.

During the event, attendees can connect with neighbors, meet representatives from various city departments, and hear updates from the District 3 office, along with special guest speakers from the City of Phoenix Public Works Department.

The event will also serve as a food drive to benefit House of Refuge Sunnyslope, which serves District 3. House of Refuge Sunnyslope provides vital resources and support for men, women and families working to rebuild their lives.

For additional information, contact Councilmember Debra Stark's office at council.district.3@phoenix.gov or by calling 602-262-7441.

## District 4 hosts Stand Down event

Council District 4, in conjunction with VFW Post 720, will host a Veterans Resource Stand Down event on Saturday, Nov. 8, from 10 a.m. to 2 p.m.

During the resource fair event, local veterans can connect with essential services that support their health, housing, employment and overall wellbeing. They can also meet fellow veterans in a relaxed, family-friendly environment. There will be free health screenings from CVS Health and CPLC Luces, as well as activities for children.

VFW Post 720 is located at 4853 E. Thomas Road. To RSVP, visit www.eventbrite.com/e/pastors-veteran-resource-stand-down-tickets-1804137597119.

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ACTIVE - \$825,000 8151 E. DEL JOYA DRIVE 3 BED / 2 BATH / 1,930 SF TASTEFULLY REMODELED PATIO HOME



**PENDING – \$825,000**609 E. WINTER DRIVE
3 BED / 2 BATH/ POOL / 2,155 SF
LARGE LOT BETWEEN THE "7S"



PENDING - \$490,000 1138 E. ECHO LANE 3 BED / 2 BATH / POOL/ 1,422 SF BEAUTIFULLY REMODELED HOME



**SOLD - \$1,075,000** 3011 N. GILBERT ROAD 4 BED / 3 BATH / POOL / 3.530 SF BROUGHT THE BUYER



**SOLD - \$525,000** 8240 W. GEORGIA AVE. 3 BED / 2 BATH / 2,987 SF BROUGHT THE BUYER



**SOLD - \$315,000** 1216 E. DESERT PARK LANE 3 BED / 2 BATH / 1,116 SF BROUGHT THE BUYER



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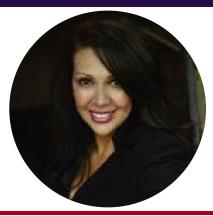
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#### COMMUNITY

## Lockbox program aids first responder access

The Phoenix Fire Department's Lockbox Program helps first responders get into your home quickly during an emergency – without breaking down a door or damaging property. The department says that this is especially important for seniors, people with disabilities and anyone who lives alone.

Entry is gained by utilizing a key that the resident provides in a secure lockbox attached to their entryway. This program not only provides free lockboxes to those vulnerable Phoenix residents; it also allows those who already have their own lockbox in place to register their lockbox code with the fire department.

Free lockboxes are donated by Phoenix REALTORS and are distributed on a first-come, first-served basis to vulnerable Phoenix residents who are aged 55 and older, have special needs, or mobility issues.

In her October newsletter, District 5 Councilmember Betty Guardado announced the relaunch of the



The Phoenix Fire Department Lockbox Program, which helps first responders access a home quickly, is geared towards vulnerable Phoenix residents who are aged 55 and older, have special needs or mobility issues (photo courtesy of Phoenix Fire Department).

Lockbox Program – now with materials and outreach available in Spanish, "Together, we're making Phoenix safer and more inclusive – one home at a time," she said.

Visit www.phoenix.gov/fire and click on the "Lockbox Program" link for additional information.

A HAPPY HOME ISN'T JUST FOR DOGS!

## Stacks event supports Phoenix libraries

The Phoenix Library Foundation invites residents to an unforgettable evening celebrating the transformative power of Phoenix Public Libraries in one of the city's most iconic spaces –

Burton Barr Central Library. During the Raise the Stacks 2025 event, scheduled for Friday, Nov. 14, 5:30-8 p.m., the community will join together to support the programs that make our libraries extraordinary.

The 21-and-over ticketed event offers after-hours access to Burton Barr Central Library, 1221 N. Central Ave., and will feature appetizers, drinks and a relaxed cocktail-style atmosphere. Attendees will enjoy complimentary valet parking and a special welcome from the Phoenix Public Library Bookmobile. A silent auction and raffle, featuring unique items and experiences, will support library programs.

Beginning at 6:30 p.m., attendees can join in celebrating 500 classes of Kindergarten Bootcamp with special remarks from Mayor Kate Gallego, highlighting the incredible impact of the library's educational programs, and the evening will end with a delightful dessert reception accompanied by live music in the stunning Burton Barr Central Library setting.

The cost to attend is \$75. Learn more about the event and get tickets at www.raisethestacks.org. Learn more about the Phoenix Library Foundation by visiting www.phoenixlibraryfoundation.org.

## Learn how to 'stop the bleed'

In partnership with the City of Phoenix Office of Emergency Management (OEM) and the Injury Prevention Alliance of Phoenix, a free trauma bleeding contrail training seminar will be presented on Saturday, Nov. 22, at Sunnyslope Community Center, 802 E. Vogel Ave., between 10 and 11:30 a.m.

The training will utilize the Stop the Bleed program, which will help attendees equip themselves with critical skills to respond effectively and quickly in the case of an emergency.

The city says that over the past year, OEM has successfully trained more than 500 city of Phoenix employees and installed several trauma bleeding control stations across the city. Now, it is bringing this initiative to the broader community.

Visit www.signupgenius.com/go/10C0A48A9A62BA3FFCF8-58120714-trauma# to register for the event. Visit www.phoenix.gov/administration/departments/emergency.html to learn more about programs offered by OEM.



# LET'S FIND YOUR DREAM HOME TOGETHER.



**Breed: Some kind of Terrier** 

Age: 8 years old

Owners: Christian and Kelly Otjen Nickname: Beast or Stinkerbug

Favorite place to go: Tie between the Oregon Coast and camping

in Arizona's White Mountains

**Most adventurous thing: Summited Humphreys Peak** 

Funny quirks: Unearthing a bone in the backyard to show guests One thing she can't live without: Morning snugs, Afternoon

snugs, Evening snugs

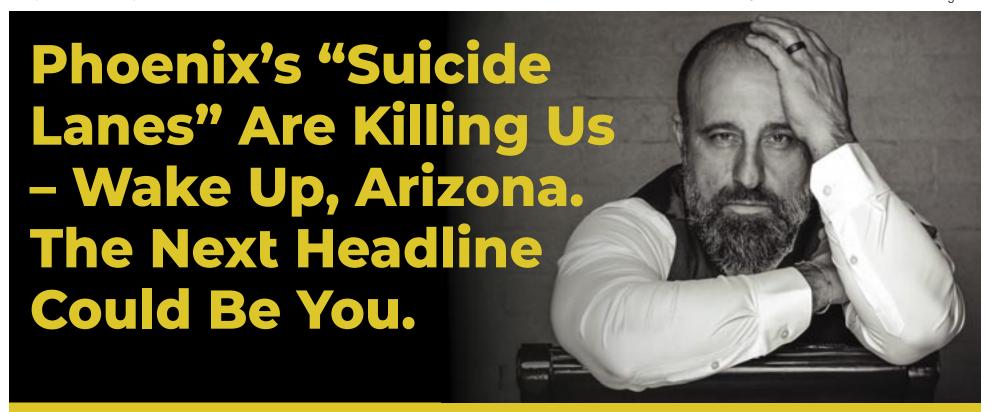
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Arizona is stunning — sunshine, open skies, and roads that stretch like postcards. But let's not kid ourselves. No paradise is perfect, and behind the wheel, neither are we. We've become a culture of distracted, impatient drivers spinning in the same hamster wheel of chaos until the inevitable crash snaps us out of it — sometimes permanently.

Change nothing, and nothing changes. So, here's the truth: it's on us to protect each other. Because one wrong move doesn't just ruin your day — it can erase someone's life.

#### The Desert's Most Dangerous Mirage: The **Reverse Lanes**

As you drive between McDowell and Dunlap on either 7th Street or Avenue, between McDowell and Dunlap, you'll encounter signs that read "no entry," creating what are commonly known as Phoenix "suicide lanes." Officially designed as reverse lanes allowing left turns during off hours and directing flow during rush hours, they have, in practice, become chaos corridors. Drivers treat them like shortcuts, speedways, or worse — personal merge zones. Newsflash: they're not fast lanes. They're ticking time bombs with blinkers.

#### Let's Sit Crooked and Talk Straight

These lanes were born between 1979 and 1982 to unclog traffic — and they do work when used correctly. But after 31 years running Mazvo Car Care Center just 30 feet from these lanes, I've seen enough mangled bumpers and shattered lives to know: it's not the design that's broken. It's us.

Three to four crashes a month, every month. Same stretch of road. Same preventable chaos. Even pros white-knuckle it when a car flies by inches away. The rulebook's not complicated know when to turn, when to merge, and when to stay put. It's execution that kills.

And after decades of watching this circus, here's what it boils down to:

Two deadly myths.
The "Fast Lane" Fantasy.
Wrong. The center lane isn't your express ticket to freedom — it's still a 35–40 mph zone, same as the rest.

The "They're in My Way" Delusion.

Drivers scream, honk, and panic others out of perfectly legal turns, causing chain-reaction wrecks.

Ignorance isn't innocence — it's negligence. Knowing the law is the difference between being right and being dead right.

#### The Stats That Should Scare You Straight 2024 gave us the receipts:

Phoenix: 37,472 crashes — that's over 100 a day — with 265 lives lost and 10,449 injuries.

Arizona statewide: 121,107 crashes, 1,228 deaths. Speeding alone: 417 deaths, a complete 34% of all fatalities.

7th Street: 3,989 crashes (2014-2018).

7th Avenue: 2,262 crashes — double the rate of similar streets.

Let that sink in. Efficiency has become an everyday threat. 80% of wrecks trace back to driver error, 55% to pure impatience. We re not victims of the system — we re the cause.

## **Reverse Lane Rules – Straight from the Signs** 6–9 a.m.: Southbound travel lane.

4-6 p.m.: Northbound travel lane.

All other times: Left turns only (yes, legal merges too).

The City of Phoenix allows left turns into driveways or lots when it's clear. Yet patience seems to vanish faster than a snowflake on Camelback Road.

Enforcement? Sure, but don't rely on flashing lights to remind you. "They didn't catch me" is not an excuse but an admission of guilt; you can bank on that!

## Why Reverse Lanes Turn Deadly - and How You Can Be the Fix 1. Speed Myth Exposed We treat center lanes like racetracks, blasting

past at 58 mph in 35 zones. In 2024 alone, speeding killed 417 people. Sarcastic reality check: Congratulations — your foot on the gas just outperformed your common sense. Leave earlier. Arrive alive. Your loved ones would prefer a hug over a headline.

#### 2. Turning Taboo? Not Quite.

Think turns are banned? Wrong again. You can legally turn at non-light intersections and side streets. Look up the rules — ignorance is optional.

Empowerment starts with education, not

#### 3. Impatience: The Real Road Rage Killer Honking at someone who is legally turning? That jolt of panic can trigger a crash that takes

## lives. Chill out. Nobody's impressed by your horn solo. Empathy is free — and it saves lives.

#### 4. Visitor Alert - Be the Hero Host

Tourists rent cars with no idea what "reverse lanes" even mean. If you've got out-of-towners visiting, brief them before they hit the road. Hospitality isn't just about food and sunshine it's keeping guests alive.

#### 5. Buffer Your Bets

Build in a 15-minute buffer before and after lane changes. Cutting it close just means gambling with someone's fender — or future. Exit early, own your calm, and keep your record clean.

We don't need another slogan; we need a shift in behavior. These aren't just streets — they're arteries of our community, carrying parents, workers, and kids trying to make it home.

#### So, here's your call to action:

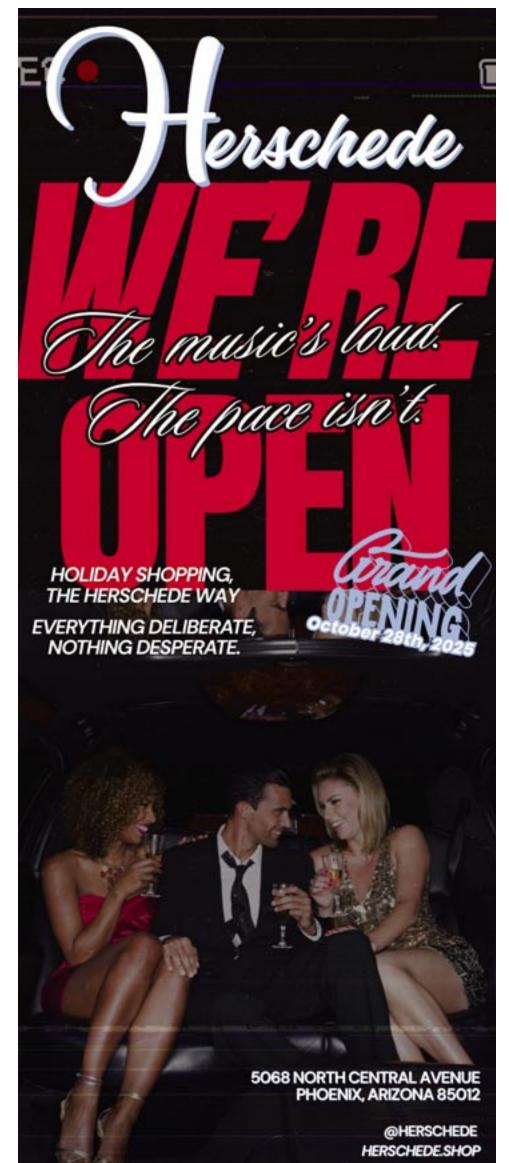
Learn the rules. Use judgment. Drive with humility.

Because in the end, dysfunction doesn't justify disaster — and a safer Arizona starts when you and I decide enough is enough.

Let's make our roads legendary for their beauty, not their body count.

SHAHE KOULLOUKIAN | Auto Industry Ambassador | Award-Winning Expert in Automotive Ownership & Emotional Car Care | Speaker, Best-Selling Author of Car Confidential | Host of The Car Confidential Show

#### COMMUNITY





At the November Great American Seed Up event, participants can gain direct access to climate-hardy, open-pollinated seeds in bulk – along with the knowledge to grow, save and share them (photo courtesy of GASU).

## Seed event offers tools of resilience

"When systems fail, seeds prevail." That's the rallying cry of the 11th annual Great American Seed Up, returning Nov. 7-8 to North Phoenix Baptist Church, 5757 N. Central Ave. The two-day event provides locals with the ultimate resilience tool: Seeds.

Organizers explain the concept this way: "Supply chains break. Grocery store shelves are sparse. Climate chaos accelerates. Corporations tighten their grip on the food supply. Tariffs drive up the cost of imported seed varieties. International mail to the U.S. is disrupted. Again and again, the systems we depend on reveal their fragility."

More than a seed-buying pop-up, the Seed Up is a radical act of community resilience, organizers say. Participants gain direct access to climate-hardy, open-pollinated seeds in bulk – along with the knowledge to grow, save and share them. They can bypass the big box and mail order distribution systems that comprise 90 percent of the cost of a normal packet of seeds.

"We're not just offering seeds – we're handing people food sovereignty," said Greg Peterson, Urban Farm founder and Great American Seed Up cofounder. "Because if you think a couple racks of seeds at a big box store will save us when the trucks stop rolling – or when tariffs price small growers out of access – you haven't been paying attention. When systems fail, seeds prevail."

This year, to put more seeds in the hands of more people, registration is free for a limited time. Everyone must register to reserve a spot. Walk ins are still \$7.50. For additional details and to register, visit https://greatamerican seedup.org.

## Car dealer raffles engine at Git-Down

For the ninth year, Courtesy Chevrolet, which has been family owned at 1233 E. Camelback Road since 1955, is sponsoring Dino's Git-Down, the largest free truck and car show in Arizona. The dealership will raffle off a new engine at the event being held Nov. 14-15 at State Farm Stadium. To enter the raffle, attendees need to sign up at the Courtesy Chevrolet sponsorship booth. The raffle will be held at noon, Saturday, Nov. 15, and you must be present to win.

Courtesy employees will be available to talk about Chevy parts and dealership sales. There will be limitededition Courtesy Chevrolet-Dino's Git-Down collaboration T-shirts on sale and Matchbox cars for youngsters.

Dino's Git-Down features custom and vintage Chevy and GM trucks from across North America. Dino Battilana, the event's founder, is a longtime North Central Phoenix resident and business owner.

More than 8,000 custom and restored Chevy trucks will be on display from 9 a.m. to 7 p.m. Friday, Nov. 14. The event opens up to anything GM – custom hot rods, cars and trucks – Saturday, Nov. 15 from 9 a.m. to 3 p.m. Admission and parking are free. Find additional details at www.dinosgitdown.com.



SEPTEMBER 2025 MARKET UPDATE

\$725,000

MEDIAN PRICE Q3 2025

(Fluctuated 4% the past 21 months)

\$416.52

AVG SOLD PRICE/SQFT

(+4% from last month)

AVG LIST PRICE/SQFT

(+6.6 from 2024)

**SOLD HOMES** 

(+9.3% from last month)

6.37%

MORTGAGE RATE

(7.08% Previous peak - 5/21/25)

Featured Home: 211 W Kaler Dr, Phoenix 5 Beds | 5 Baths | 5,961 SQFT | \$2,690,000

## **COMPASS**







After surviving being tethered in a hot car, this gorgeous three-year-old Pit Bull Terrier named Luisa is looking for a safe, loving home to call her own (photo courtesy of Arizona Humane Society).

# Pet of the Month Lovely Luisa is looking for loving family

After more than 400 pets found their forever homes recently, adorable Louisa is still patiently waiting for her perfect place to call home. With an increased number of pets needing help due to cases of abuse, sickness and injury, this big eared pup is a perfect example of lives saved at the Arizona Humane Society each day.

The gorgeous three-year-old Pit Bull Terrier was rescued from a hot car where she and another pup were found tethered to the seats and endured temperatures of more than 90 degrees without water. Transferred to the Arizona Humane Society's Lazin Animal Foundation Trauma Hospital, Luisa received treatment for tummy issues and was found to be a great patient despite all she had been through.

Though she had a difficult start to life, she is now ready to bring joy to a loving family who can help her forget her past. Luisa may be a bit nervous around new people at first but warms up with time, patience and treats. This sweet girl knows how to sit and is housetrained, making her a wonderful addition to any home.

As a part of AHS' Big Dog Adoption Special, lovable Luisa (pet number 787867) has a \$0 adoption fee. Luisa's waived adoption fee includes her spay surgery, current vaccinations, a microchip, and a follow-up wellness exam with a VCA Animal Hospital. Visit this sweet girl at the Arizona Humane Society's Sunnyslope Campus or learn more at www.azhumane.org/ adopt to give her the loving forever home she deserves.

## Fall event benefits local animal shelter

The Phoenician will kick off the cool weather season with the second-annual Phoenician Fall Fest on Friday, Nov. 14, from 6 to 10 p.m. Guests are invited to saddle up for a lively, out-door autumn evening of country music, line dancing, food, cocktails from Tequila Corrido, and western-themed activities and games, set amidst the backdrop of the historic Jokake Inn. And the best part: a portion of the proceeds from the event will be donated to Home Fur Good, a local no-kill animal shelter.

General admission pricing starts at \$60 per person and includes line dancing, live music, and lawn games and activities, as well as complimentary self-parking. Food and beverages are additional, and credits can be purchased in advance. Raffle ticket sales, benefiting Home Fur Good (www.homefurgood.org), will allow guests the chance to win great prizes, including resort stays, golf packages and spa treatments.

After the Phoenician Fall Fest ends, head to the Thirsty Camel Lounge and Patio on the main floor in The Phoenician for an afterparty from 10 p.m. to 1 a.m. In addition, a special weekend room package is available, which includes luxurious accommodations, breakfast for two guests daily, as well as two general admission tickets to the event.

The Phoenician Fall Fest will be held on the grounds of the historic Jokake Inn at The Phoenician, 6000 E. Camelback Road. For tickets and complete event details, call 480-423-2445 or visit www.thephoenician.com/events/phoenician-fall-fest.

## Take a shelter dog 'around town'

The Maricopa County Animal Care and Control's Tails Around Town program offers an opportunity for animal lovers to take a dog on a "field trip."

Volunteers can sign up to take a dog on a day-long adventure and give them a much-needed break from the shelter. The program also helps the dogs be seen and allows the county to learn more about them to help find their perfect forever home. In turn, this is a way for the community to get involved and help shelter dogs.



Volunteers can give rescue dogs a muchneeded break from the shelter through the county's Tails Around Town program (photo courtesy of Maricopa County Animal Care and Control).

Tails Around Town is offered at the West (2500 S. 27th Ave., Phoenix) and East (1920 S. Lewis, Mesa) shelters. Appointments will become available 60 days in advance. If no appointments are available, check back daily for more time slots. If the appointment slot you want is full, check back the night before and morning of – spots open up due to cancellations

Learn more about the Tails Around Town program at www.maricopa.gov/6037/tails-around-town. To learn about other volunteer opportunities withing MCACC, visit www.maricopa.gov/294/volunteer or send an email to accvolunteer@maricopa.gov.

## Clear your closets for a good cause

Residents who have gently used clothing, jewelry, furniture or other household items that they no longer need are encouraged to contact the Arizona Humane Society (AHS), who would love to "take them off your paws" and put the donation toward its life-saving programs that save sick, injured and abused pets.

Whether you're cleaning out your closet or furnishing a new space, AHS welcomes your pre-loved items at all its thrift store locations.

In Phoenix, visit the Cave Creek Thrift Store, 13401 N. Cave Creek Road. And if the donations are on the larger side, AHS will come to you. The organization offers free donation pick-up for large items or a minimum of six bags/boxes of donations in most Valley locations.

Those who donate are asked to

ensure that items are in working condition – AHS cannot accept broken or overly worn goods. The thrift pickup drivers will inspect donations to ensure they meet the criteria.

Call Lisa Wagner at 602-870-8521, email her at thriftscheduling@azhumane.org or use the online form to schedule a pickup.

In addition, residents can donate a vehicle to the nonprofit's award-winning Wheels for Wags program. AHS sells directly to the public, so donations have the greatest impact possible (and you don't have to stress about any of the details).

Visit www.azhumane.org/donate-your-stuff.

## Support AHS this month

Residents who are looking for creative ways to support the work of the nonprofit Arizona Humane Society (AHS) will find multiple opportunities this month – and beyond.

Bark If You're Dirty customers can make a difference simply by donating at checkout. Every dollar raised supports the Arizona Humane Society's lifesaving programs, providing medical care, shelter and second chances to pets in need. In Phoenix, visit the grooming space at 230 N. 7th Ave. Go to https://barkifyouredirty.pet for other locations, store hours, service details, and more.

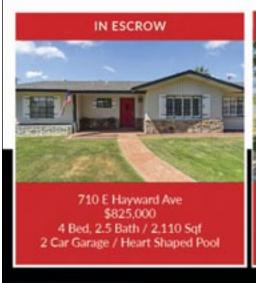
On Thursday, Nov. 20, Biltmore Fashion Park will host Yappy Hour from 5:30 to 7:30 p.m. Enjoy expertly crafted to-go cocktails from rotating bar partners – Blanco and Pomo – while your dog gets your full attention in this relaxed, upscale setting. Capture beautiful photos with Good Vibes Dogtography with a custom backdrop and free photos, activities and crafts by Dogtopia, Pixie Sticks for pup themed goodies and, of course, pup cups, and explore adoption and volunteer opportunities with the Arizona Humane Society.

In addition, AHS will host an affordable mobile wellness and vaccine clinic from 8 a.m. to 3 p.m. on Nov. 6 and Nov. 13 at the Maricopa County Animal Care & Control – West Campus, 2500 S. 27th Ave. Exams are free. Others services include \$27 vaccines, \$25 microchip and \$12 dewormer.

For reservations or for more information, visit www.azhumane.org/events.

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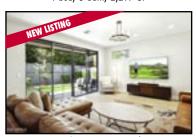
333 E Kaler Drive • \$1,250,000 4 bed, 3 bath, 2,297 SF



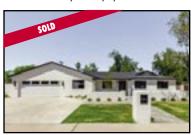
1431 E. San Juan • \$935,000 3 bed, 2 bath, 2,563 SF



1816 E Colter • \$659,000 3 bed, 2 bath, 1,912 SF



2604 N. 27th St, Unit 1 • \$658,000 4 bed, 2.5 bath, 2,159 SF



1540 W. Lawrence • \$899,000 4 bed, 3 bath, 2150 SF



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#### Hello Friends and Neighbors,

October was full of pleasant surprises! We enjoyed a mix of early fall weather and some late-season monsoons. I had the unique opportunity to serve as a juror on a criminal case, Jacob and I picked up plenty of trash along the Glendale stretch from 7th Street to 7th Avenue (which always feels rewarding), and in the spirit of surprises - I even stumbled across a \$5 bill!

We ended the month with a trip to Virginia to visit my sister, brother-in-law, and our two sweet nephews stationed at Langley Air Force Base. Highlights included Busch Gardens, all dressed up for Halloween,

and a fascinating historical reenactment of the witch trials.

It was a wonderful mix of fun and reflection.

Now, as November and Thanksgiving arrive - my favorite holiday, Jacob and I are especially grateful for the chance to gather around the table with family once again, knowing how much of a gift that truly is. We also hold deep gratitude for hospital staff, firefighters, police officers, our farmers, and the cooks in the kitchen who make it possible for so many to enjoy a meal together.

From our table to yours, we wish you a warm and joy-filled Thanksgiving.

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#### Who We Are

We are a more-than-175-member-strong group of actively selling agents who have a vested interest in the community, the real estate market and North Central Phoenix. This tour is a cooperative effort among the active REALTORS of the Central Corridor. The tour has been in existence for more than 35 years and is an all-volunteer organization.

## Location & Meeting

Our meetings are held on the first and third Friday of each month beginning at 9:00 am. Our meeting spot is at The Casa patio, 7878 N. 16th St., Phoenix, AZ 85020. Following the meeting, we tour up to 10 homes new to the market. We require those REALTORS who have a property on the tour to attend the meeting and then participate in a tour of all houses on that day's tour. Each agent provides constructive feedback on price, condition, and key features of the home. The goal is to network with fellow REALTORS who also specialize in North Central Phoenix neighborhoods and help sell the property.

## Tour Boundaries

Tour boundaries are Campbell Avenue to the south, 40th Street to the east, 19th Avenue to the west, with the northern border running south of the North Phoenix Mountain Preserve (roughly Peoria) and just north of Lincoln from 16th Street east to 40th St. The Phoenix Country Club area also is included.

## Join Us!

We love working with new members. Join our team and receive news and information about new homes on the market in the North Central Region of Phoenix.

For more information or to become a member, visit our website at

https://northcentraltour.com/



TAKING CARE OF BUSINESS



After recently gaining "historic" status, the building at 524 W. Hatcher Road will lend its 1960 midcentury modern vibe to its next iteration as Rise Over Run – a gathering space for Sunnyslope (photo by Kathryn M. Miller).

#### Rise Over Run: Finding the 'Slope vibe

By Kathryn M. Miller

Brothers Joe and Adam McCallum grew up in Moon Valley – on the other side of the mountain from Sunnyslope – but they fell in love with the 'Slope,' and have put down roots in the area that continue to deepen.

"My brother and I had been scouting out Sunnyslope for a while," recalled Joe McCallum, "He had done a few residential remodels – he did my house, which is a Ralph Haver house – and he was wanting to leave residential and do something large scale. And I was working at a hedge fund here in Phoenix and looking to do something more entrepreneurial."

That is when the Eye Opener Family Restaurant building, at 524 W. Hatcher Road, caught their eye.

"We were both looking for something interesting. We are both architecture fans, both fans of Sunnyslope, and we just liked the building...and watched it go unused. So, we finally decided to reach out to the owner and see if he wanted to sell."

He did, and the brothers purchased the building in 2021. After bringing the building back to life, they brought in two operating partners and Eye Opener, a curated vintage modern furniture store, opened in June 2022. The furniture store subsequently closed at the end of 2024 but the McCallums

knew they wanted to bring another concept into the 1960s-era building.

While they made plans for its next iteration, they worked with Julia Taggart, president of the Sunnyslope Historical Society, to seek Historic Preservation overlay zoning on the property.

Opening in 1960, one year after Sunnyslope was annexed by the city of Phoenix, Pedro's Mexican Food was one of Sunnyslope's first commercial restaurant developments. The restaurant was an important part of Sunnyslope for over two decades. In 1982, the property changed hands and the new owners, Tom and Frances Batitsas, opened Tom and Tiny's Restaurant, which remained in business until 2003. Later that year, Halim and Susana Mokbel opened Eye Opener Family Restaurant and remained in business until 2020.

After a series of public hearings, the "historic" zoning was approved by Phoenix City Council at its Oct. 15 meeting. In the meantime, McCallum opened the doors to the community to learn about their next concept, Rise Over Run, at an October open house event. Some permitting hurdles need cleared before additional alterations can be completed, but a projected fall 2026 opening will see McCallum, along with general manager Brian Reed, handling the day-to-day of Rise Over Run – a beer and wine taproom.

"We're really leaning into the design of the building," McCallum said. "We're

#### **TAKING CARE OF BUSINESS**

going to keep the inside open and flexible. We have obviously great windows and the post and beam structure."

A bar with local brews on tap and serving Arizona wines will be on the east side of the building, and they will also lean into the midcentury vibe when it comes to style and furnishing. But flexibility of the space will be key. They will not have a full kitchen, but rather a prep space to allow them to serve ready-to-go food, and the biggest change, McCallum said, is an 800-square-foot outdoor dining area on the southwest corner of the building.

They also want to continue to host community and private events – vendor markets, art exhibits, comedy shows and workshops are already in the works.

"We have a big open space that is welcoming, and to make the best use of it, it can't just be beer and wine" McCallum said. "I think the neighborhood needs a spot for people to go or do what they are already leaving Sunnyslope to do – whether that is show their art or gather for entertainment – we're creating that third space. The culture and character of Sunnyslope is very vivid and I think this will help raise the profile.

"And I live in Sunnyslope. I moved here in 2022 and I want to listen to the community, but a lot of this is just what I want to see in the neighborhood that I live in."

Rise Over Run is not just their new business concept, but also the name of their development company. The brothers also own the 509 building, on the other side of Hatcher. The multitenant retail property includes Beals Beans, Stem Swag and the Andy Brown artist studio. And it was always their intention to create between the two buildings "a bit of a vibe – a destination that would draw more foot traffic and be active more times during the day," McCallum said. And preserving these Sunnyslope buildings - especially the midcentury gems built during the boom of the 1950s and 60s - is a big part of creating that vibe.

The community is invited to check out the 524 building on Saturday, Nov. 15. An historic preservation celebration will be held from 10 a.m. to 2 p.m., with an open house/happy hour held from 2-5 p.m. Residents who want to learn more about the McCallum brothers' vision and get updates on Rise Over Run's opening can visit www.riseoverrunaz.com.

## **Business Briefs**

Xico appoints new executive director

After an extensive executive search, Xico announced the appointment of Angelina Bravo as its next executive director. She will officially assume her

role in January 2026, taking on full operational leadership of the organization. Until that time, Nadia Rivera will continue to serve as interim executive director.



Angelina Bravo

A fourth-generation Arizonan, Bravo brings deep roots and a lifelong commitment to the state's diverse communities. A graduate of the Hispanic Leadership Institute, Bravo earned her degree in broadcast journalism and marketing from the University of Arizona. She lives in Central Phoenix with her husband and two daughters.

"I am honored to have been selected to lead Xico, one of the most influential Latino and Indigenous focused organizations in Arizona," said Bravo. "It is a privilege to step into this role with a commitment to tending to the roots of Xico, while expanding our reach to new communities across our state and region."

Founded in 1975, Xico is a non-profit multidisciplinary arts organization dedicated to nourishing and celebrating Latino and Indigenous artists. Learn more by visiting www.xico.org.

## HealthyU acquires care clinic

HealthyU Clinics, a provider of integrated primary and specialty care services with locations in California and Arizona, announced in late September that it has a definitive agreement to acquire Midwestern University Comprehensive Care Clinic located in Phoenix.

The clinic, which along with providing care to patients in the community also serves as a Family Medicine Residency training facility in partnership with Abrazo Health, will continue providing care to patients and training residents at the current location at 2000 W. Bethany Home Road in Phoenix. The clinic will operate under the name HealthyU Family Medicine Residency Clinic.

please see CLINIC on page 22





#### **TAKING CARE OF BUSINESS**

#### CLINIC continued from page 21

The company says that the acquisition will broaden access to healthcare services and strengthen continuity of care in the community.

"Patients will have the same access to doctors, residents and staff," the company said in a press release. "The transition will be seamless for patients; care plans will be securely transferred in compliance with the Health Insurance Portability and Accountability Act (HIPAA) and state privacy laws. All current insurance plans will be maintained, as well as adding other plans to expand access to care."

For additional information, visit www.healthyuclinics.com.

## PR pros launch new agency

Liminal Public Relations & Communications, a women-founded agency, announced its official launch on Oct. 15. The firm was co-founded by Samantha DeRose, who serves as president, and Robin Graber, who serves as vice president.



Seasoned public relations specialists Robin Graber (left) and Samantha DeRose launched their new Liminal Public Relations & Communications company in October (submitted photo).

Based in Phoenix, Liminal represents clients across various industries, including real estate development, construction, building product manufacturing, architecture and design, hospi-

tality, nonprofit and technology. The agency's services include media relations, brand positioning, executive communications, thought leadership, content strategy, event publicity and

award recognition programs.

The founders say that the firm's name reflects its mission.

"Liminal describes the threshold between one state and the next," DeRose said. "Many of our clients come to us in that in-between space where they want to be seen, trusted and chosen. We act as the bridge to that next phase, helping them build influence and impact."

For more information, visit www.liminalprc.com.

## Arts Council selects board and leadership

The Men's Arts Council (MAC) of Phoenix Art Museum has elected Sentari Minor as president of the board. The organization also welcomed four new members: James Arndt, vice president, Craig Deslauriers, Richard Rowe, and Philip Wilson. All bring diverse backgrounds and experience to the board of directors.

Minor is executive vice president and chief of staff for evolvedMD; Arndt serves as principal of Camelback High School and has been an educator for over 14 years; Deslauriers is a commercial banker at Bell Bank; Rowe is a retired sales manager from Post Cereal Company and currently works with the city of Phoenix; and Wilson is a long-time Arizona resident who relocated from England in 1986 and practices law at May, Potenza, Baran & Gillespie.

MAC was founded in January 1967. The nonprofit organization supports the museum's programs and activities through unique events. For additional information, visit www.mensartscouncil.com.

## Foundation launches healthcare career website

The Greater Phoenix Chamber Foundation's Healthcare Collaborative recently announced the launch of Healthcare Careers in Phoenix, a new website in partnership with Visit Phoenix. This initiative supports a cross-organizational recruitment strategy aimed at addressing Arizona's healthcare workforce shortage and is the first of its kind in the U.S.

The unified platform, available at healthcarecareersphx.com, is designed to attract health care professionals from across the nation. Targeted promotional campaigns will focus on experienced health care workers outside Arizona,

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highlighting the numerous health care opportunities, career growth prospects, quality of life, and relocation resources available in Phoenix.

The Healthcare Careers in Phoenix microsite is the result of a collaborative effort among six major health care organizations, including Banner Health, CommonSpirit Health, HonorHealth, Phoenix Children's, Sonora Quest Laboratories, and Valleywise Health, in partnership with Visit Phoenix. The impact of this initiative will be measured through tracking click-throughs to employer websites and other datadriven results that will be used to refine and enhance recruitment strategies.

The Healthcare Workforce Collaborative has been recognized by the U.S. Chamber of Commerce and other chambers across the country for its innovative approach. This joint effort offers several benefits, including the creation of a dedicated website and a targeted media campaign to attract healthcare workers nationwide.

For more information, visit health-carecareersphx.com or email mleasher@phoenixchamber.com.

## Spectrum appoints new CEO

In October, Spectrum Medical Care Center, a provider of healthcare services for Phoenix's LGBTQ+ community,

announced the appointment of Mark Moeremans as its new CEO. The company says that, as an advocate for advancing inclusive healthcare and health equity,



Mark Moerema

Moeremans brings a sharp business expertise paired with a community-based leadership approach to the organization.

As CEO, Moeremans will oversee the clinic's operations and community outreach while guiding strategic growth to further its mission of providing high-quality primary and specialty care for LGBTQ+ individuals, their families, and those living with HIV. He will continue Spectrum's work to ensure that Phoenix reaches its "Fast-Track City" goals towards ending AIDS as a public health threat by 2030 through

increased support of existing HIV-related programs and resources.

Learn more at www.spectrummed-icalcare.org.

## Rodriguez joins community foundation

The Arizona Community Foundation (ACF) announced the appointment of Alicia Romero Rodriguez as the organization's vice president of marketing and communica-

tions. Rodriguez
will join the
Impact Team and
report directly to
Michelle Gayles,
ACF's chief
impact officer.
"I'm a proud



Alicia Romero Rodriguez

Arizona native and a product of what community no

what community nonprofits and public education can achieve," said Rodriguez. "After two decades in marketing and communications for consumer brands, primarily at The Estée Lauder Companies, I'm honored to bring that expertise home. As I raise my daughters

here, helping ACF amplify Arizona's impact feels like coming full circle."

Learn more about the company by visiting www.azfoundation.org.

## United Way moves to Park Central

Valley of the Sun United Way is relocating its headquarters to the revitalized Park Central development, 3121 N. 3rd Ave., establishing a new collaborative space designed to serve as an asset for the community at large.

The nonprofit will take over the entirety of the Graham Building at Park Central, a space about half the size of its current offices to reduce its footprint and expenses, create a more efficient work environment and utilize Park Central's common areas and meeting spaces.

Valley of the Sun United Way partners with more than 23,000 donors, 8,461 volunteers, 500 corporate partners and hundreds of grassroots, nonprofit and school partners to create impact in the areas of housing and homelessness, health, education and workforce development. For more information, visit www.vsuw.org.

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igh-rise living might seem new to Phoenix, but for some of us, it's personal history. Long before glass towers dotted the skyline, a few bold buildings showed what modern city living could look like in the desert and, in my family's case, where we called home. Back in the 1960s, when my father, Herb Lieb, moved from Chicago (by way of Pennsylvania and North Carolina) to Phoenix, the city was still one-story ranches, citrus groves, and open desert. After renting for a while, he settled into one of the most iconic addresses of its time: Executive Towers. Completed in 1964 and designed by Alfred Newman Beadle, Executive Towers was one of Phoenix's first residential high-rises, 22 stories of mid-century confidence. Originally apartments, it was converted to condominiums in 1971 by Alan Mishkin, who famously offered: buy two units, get a third for a dollar. Alan's son, Cory, later told me his dad worked in men's clothing while my father was in the women's "schmatta" business. Two Chicago clothing guys landing in Phoenix, it's no surprise they became friends. My brother Michael and I loved visiting Dad there. We'd run through the lobby, hang out at Danny's Barber Shop, and grab a bite at the deli next door. Once (or a few times), we pushed every button in all three elevators. No one, especially our father, was amused. Those memories made the building more than a place to live, it was a vertical neighborhood full of energy and personality.

Nearly thirty years later, another chapter began when Crystal Point rose on Osborn Road across from Arizona's first country club, Phoenix Country Club. Developed by Lincor and designed by Dwayne Lewis of Architects Inc., the 19-story tower opened in 1990, the first residential high-rise built in Phoenix since the 1960s. With tinted-glass windows, wraparound balconies, and floor plans named after famous crystals like Tiffany and Lennox, it revived the idea that luxury living could exist above the city instead of spreading endlessly across it. When my father moved into Crystal Point, he found himself surrounded by fascinating neighbors who became lifelong friends.

Recently, I had the privilege of representing a longtime friend, Leo, who listed his Crystal Point home. Each time I walked into that building, I was reminded of my dad and those early days of Phoenix's growth. Leo's 16th-floor home offered panoramic views from nearly every room, city lights, mountains, and the green fairways of the Phoenix Country Club. With only two residences on the floor and multiple balconies throughout, every space captured light and privacy. Crystal Point's amenities remain among the best in Phoenix: 24-hour security and concierge, a grand lobby, and a social room opening to the pool and gardens. His home is now under contract, and while that's exciting professionally, it's the memories that stay with me.

Today, we're seeing another wave of high-rise growth. Developers are blending luxury living with walkable, mixed-use design as the natural evolution of what pioneers like Beadle, Mishkin, and those early visionaries imagined decades ago. For me, it's more than architecture, it's personal. These buildings hold my family's story and reflect how our city has grown up while staying grounded in connection. Great communities aren't defined by concrete or height, but by the people who fill them with life and a few good elevator stories.

Bobby Jub



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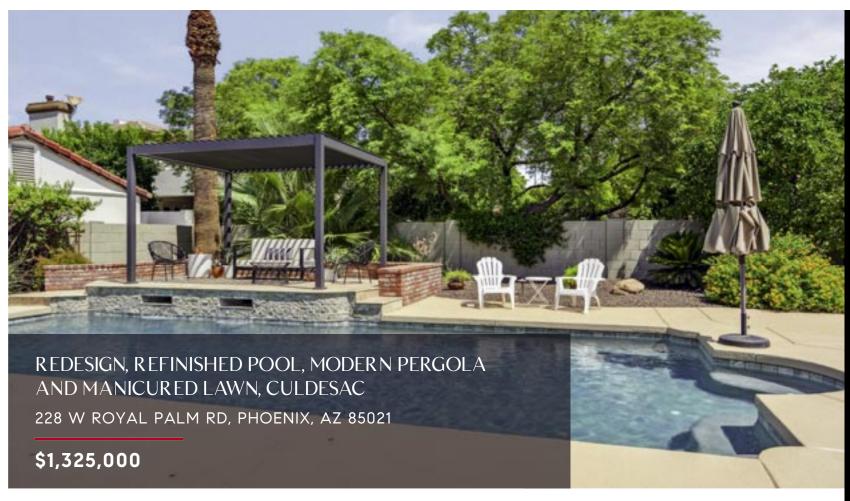
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**SCHOOL DAYS** 



Noah Ayala was an active 17-year-old highschooler who loved football, helping the homeless and biotechnology. However, one pill cost him his life (photo courtesy of the Ayala family).

## Tragedy highlights need for drug education

By Lachlan Henderson

Eighteen months after losing her teenage son to fentanyl, a local mother is sharing his story to spread awareness.

On March 17, Vanessa Ayala received a call from the police department that her son, Noah Ayala, was found unresponsive and pronounced dead after consuming a pill that contained fentanyl.

Ayala was an active and busy 17-yearold highschooler who loved football, helping the homeless and biotechnology. However, one pill cost him his life.

"I wanted to rush home and be with my son, yet I knew that when I got home, it would validate the horror that my son was no longer here with us," Ayala said.

The loss the Ayala family went through is something that many Arizona families experience. Lack of education and awareness can oftentimes be the reason families undergo loss due to drug overdoses.

"Unfortunately, I've gotten to know a lot of my friends because their kids are dead of fentanyl poisoning," Stephanie Siete, a local drug outreach educator and Ayala's friend, said.

She said that this is the sad reality that occurs commonly, as about five Arizonans die daily from opioid-related deaths, according to the Arizona Department of Health Services. Prevention initiatives play a key role in decreasing opioid-related deaths

because victims often don't get the opportunity to learn from opioid intake, because it can kill them. Victims' families and educators are dedicated to promoting education about drug use, specifically amongst teens for the sake of preventing fatalities.

Ayala's family has made it their mission to speak out at awareness forums, schools, with politicians and in documentaries. They helped to pass Senate Bill 1622, which added drugs more potent than fentanyl to Arizona's list of dangerous drugs. They have also attempted to pass "Noah's Law," which would enhance the punishment for holding drug dealers accountable. Additionally, her family is currently working to create the "Noah's Arc of Hope Foundation."

More initiatives can include funding, activism and discussion among peers, adults and teachers to ensure individuals are educated about the risks of drug usage, especially when it comes to mental health and addiction.

At the state level, steps are being taken to address this issue. Gov. Katie Hobbs' office held a Arizona Parents Commission on Drug Education and Prevention on Sept. 17. The commissioners recognized that youth drug usage and overdoses are a rising issue that affects many Arizona families and the need to raise awareness for children's safety and education. Their purpose was to identify the need for family and government intervention, potential state reform and child protection solutions to

save adolescents' lives and provide support for victims' families.

During the meeting, 26 grantees were presented equal portions of a \$4.76 million grant to further aid in promoting prevention statewide.

When some people become involved with drugs, it can feel like an escape and solution. Siete believes people must know there are other alternatives to finding this "escape" than drugs.

That is where mental health awareness becomes a key role, said Shane Watson, a mental health educator and recovery coach who battled with drug addiction himself. Watson said mental health struggles and drug usage are strongly intertwined.

"Their real motivation is to get away from a feeling or to mask a feeling, or to medicate a feeling, and they're dealing with anxiety and depression," Watson said, explaining that mental health struggles often propel individuals to engage in drug-use.

The issue also can arise when they aren't able to access drugs and with-drawal symptoms then trigger anxiety or depression and begin a cycle. Watson



Five dedicated Sunnyslope High School staff members were recognized for reaching 25 years of service at a recent GUHSD governing board meeting (submitted photo).

said mental health conditions can either drive someone toward drugs or other times their substance use can interfere with their brain chemistry, leading to mental health challenges.

Noah's story wasn't just about a death in the family, it was a call for reform so other families don't lose their Noah. Siete, Ayala and Watson all said that it shouldn't take a fatality to prompt awareness about this issue. Instead, they said counterfeit pills and drug overdoses is a topic that should be talked about amongst all age groups to prevent drug-related deaths.

Lachlan Henderson is a student journalist at the ASU Walter Cronkite School of Journalism and Mass Communication.

# School Briefs GLENDALE UNION HIGH SCHOOL DISTRICT

## Sunnyslope staff recognized

The Glendale Union High School District governing board recognized five dedicated Sunnyslope High School staff members for reaching 25 years of service. Honorees include counselor Johnny Frias, day porter Norris Hadley, world languages teacher Paul Hershberger, social studies teacher Michael Robinson and PE teacher and coach Sarah Schlesinger.

Each has made a profound impact through commitment to student success, community involvement, and leadership both in and out of the classroom.

## District hosts future freshmen

The Glendale Union High School District invites eighth-grade students and their families to Future Freshman

please see FRESHMAN on page 28

# The Path Ahead



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#### **SCHOOL DAYS**

#### FRESHMAN continued from page 27

Night, a special evening designed to help prepare for the transition to high school and support student success for the upcoming school year.

On Wednesday, Nov. 12, events will be held at Cortez, Glendale, Greenway and Sunnyslope High Schools. On Thursday, 13, Apollo, Nov. Independence, Moon Valley, Thunderbird and Washington High Schools will open their doors to prospective students. The evening will provide insights into academic programs, sports, extracurricular activities, and student support services. Attendees will meet school staff, explore campus offerings, and begin building connections for a successful high school journey.

The event starts at 6:30 p.m. each evening and is open to all prospective GUHSD families.

## Exhibition highlights GUHSD marching bands

Glendale Union High School District (GUHSD) will host its annual Marching Band Exhibition on Monday, Nov. 3, at Glendale Community College, starting at 6:30 p.m.

This free event is open to the public and will showcase performances from student musicians representing Apollo, Cortez, Glendale, Greenway, Independence, Moon Valley, Sunnyslope, Thunderbird and Washington high schools. Attendees will enjoy a night of music and school spirit as bands present their shows for the 2025 season.

## Principals show exceptional leadership

The Glendale Union High School District governing board presented principals from every GUHSD high school with the prestigious Cognia Award, a symbol of exceptional leadership and dedication to excellence.

This rigorous, internationally recognized accreditation highlights the district's commitment to high-quality teaching, organizational excellence and ongoing improvement, the district said, adding, "These accomplishments reflect the united efforts of students, staff, and families who work together toward success. Each day, GUHSD

continues to honor the promise of student potential in every classroom and on every campus."

## Thunderbird seniors are semifinalists

The Glendale Union High School District governing board recognized Thunderbird High School seniors Jaydi Bricker and James Chandler, as semifinalists in the 2026 National Merit Scholarship Program.

Ranking among the top one percent of U.S. high school seniors based on their PSAT scores, Bricker and Chandler now advance in the selection process for nearly 7,000 prestigious scholarships.

#### OSBORN SCHOOL DISTRICT

## Chef offers Blue Zone cooking class

Registered dietician and chef Theresa Mazza will present the second of a five-part series on the Blue Zones, regions globally known for having a high number of centenarians. The session will offer a hands-on cooking class highlighting the cuisine of Loma Linda, CA, the only Blue Zone in the U.S.

The class will be held at the Encanto Elementary School, 1420 W. Osborn Road, in the Garden Café on Thursday, Nov. 20, from 5:30 to 7 p.m. Attendees should use the back entrance into the cafeteria off 13th Avenue.

For additional information, email tmazza@osbornsd.org.

## Save the date for Merriment

Area residents are invited to save the date for the 10th annual Merriment in Melrose event, scheduled for Saturday, Dec. 13, 2-7 p.m.

Presented by the Melrose Community Alliance, the free community event will benefit the Osborn School District. Held on and around the corner of Montecito and 7th avenues in the Melrose District, the event will include live music, food trucks, family-friendly activities, local artisans and a tree lighting.

Learn more by visiting www.mel-rosecommunityalliance.com or www.osbornschools.org.



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#### SCHOOL DAYS

## MADISON SCHOOL DISTRICT

## Madison teachers awarded APS grants

Eleven teachers from Madison Rose Lane Elementary, Madison Simis Elementary, Madison Meadows Middle School and Madison Traditional Academy were each recently awarded a \$500 grant through the APS Supply My Class program.

The program helps support and recognize teachers across the APS service area by providing extra funds to support additional materials and resources for their classrooms and students.

## Open enrollment begins Dec. 1

The Madison School District will begin accepting open enrollment applications for kindergarten through eighth grade for the 2026–27 school year beginning Dec. 1.

The district says that it offers rigorous and engaging instruction provided by professional, high-quality teachers. As a result, Madison students regularly score above average as measured by state assessments. Madison staff, students and schools are frequently recognized at both the local and national levels for their work and academic excellence.

Madison schools feature six signature programs at the elementary and middle school levels, designed to enhance learning by allowing students to explore their passions alongside



Dozens of volunteers came together in October to distribute resources to more than 400 families in the Phoenix Union High School District community (submitted photo).

their core academic subjects, preparing students for educational and career success.

Those programs include Visual & Performing Arts, STEAM (Science, Technology, Engineering, Arts, Math), Spanish Immersion, International Baccalaureate, REACH – Profoundly Gifted and Traditional Academy.

Outside the classroom, the district offers a wide range of before and afterschool care options and extracurricular opportunities. Students can participate in the Madison Adventure Club (MAC), athletics, school-sponsored clubs, and numerous on-campus clubs and activities provided by partner organizations.

To learn more about open enrollment or schedule a school tour, visit www.madisonaz.org/enroll.

# PHOENIX UNION HIGH SCHOOL DISTRICT Distribution event feeds PXU families

The Phoenix Union High School District Family & Community Engagement Center partnered with Feed the Children and the Popeyes Foundation on Thursday, Oct. 9, to distribute food and resource boxes to over 400 families in the PXU community.

Many of the volunteers present at the event traveled from other states to participate in distributing resources within the community.

If anyone in the Phoenix Union community needs information on campus and community resources, parent engagement, refugee support or unique populations (McKinney-Vento, Foster

& Unaccompanied Youth), they are encouraged to reach out to the Family & Community Engagement Team at pxu-face@phoenixunion.org. The team also will be present at Phoenix Union's upcoming EXPO at Phoenix College on Nov. 8 from 9 a.m. to 12:30 p.m.

Phoenix College is located at 1202 W. Thomas Road. For more information, visit www.pxu.org/expo.

## APS grant supports teachers

On Oct. 1, two Phoenix Coding Academy teachers, Angie Gustafson and Dr. Emily Bogusch, were surprised with \$500 from APS through their Supply My Class initiative.

Teachers often purchase classroom supplies themselves to provide students with the resources they need. To help ease this responsibility, the APS Supply My Class program awards 500 randomly-selected K-12 teachers within its service territory with a \$500 prepaid card. Through this program, the company has awarded more than 5,500 teachers in the last seven years with funds to help ensure they have the resources they need to support their students' success.

## WASHINGTON ELEMENTARY SCHOOL DISTRICT

## **WESD** seeks support for schools

This season of giving, WESD is asking residents to consider making a tax credit donation to their local WESD schools – including Desert

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View Elementary School, Maryland School, Moon Mountain Elementary School, Mountain View School, Orangewood School, Richard E. Miller Elementary School, Royal Palm Middle School and Sunnyslope School.

A contribution makes a direct and meaningful impact on students by supporting field trips, extracurricular activities, uniforms, equipment and stipends for coaches and sponsors. Best of all, tax credit donations can reduce Arizona state tax liability – up to \$200 if filing single or \$400 if filing jointly. Visit the school's front office to complete a tax credit form or donate online at https://bit.ly/3Ao6nZ7.

Learn more about WESD schools by visiting www.wesdschools.org.

## Maryland receives environmental award

The Washington Elementary School District (WESD) congratulated Maryland School for being recently honored with the 2025 Outstanding School or College Committed to Environmental Education Award by the Arizona Association for Environmental Education (AAEE).

This award recognizes Maryland's dedication to making a real impact in environmental education through creative, inspiring practices that empower students and foster a love for the outdoors.

The district said, "The WESD Family is very proud of Maryland and appreciates their commitment to environmental education!"



Maryland School was recently recognized for its dedication to making an impact in environmental education (photo courtesy of Washington Elementary School District).

## Students join mentoring program

In October, WESD highlighted three students who were recognized at a recent Governing Board meeting for being selected to join the Washington Street Foundation (WSF) Mentoring Program.

During the board meeting, WSF executive director Jordan Augustine introduced the students who will receive this life-changing opportunity that will support them all the way through high school and into college. They include Bishop Cummings, sixth-grader at Maryland School; Lillith Russell, sixth-grader at Maryland School; and Allison Vazquez Gomez, seventh-grader at Sunnyslope School.

The students were chosen through a rigorous selection process, including

nominations from their schools, a review of their academic performance, and both virtual and in-person interviews.

With the support of WSF and dedicated mentors, students will receive academic guidance, participate in enrichment activities and become eligible for up to \$25,000 in college scholarships.

#### CHARTER AND PRIVATE SCHOOLS Brophy hosts open house

Prospective students and families are invited to discover what makes Brophy College Preparatory exceptional at the school's annual Open House event, scheduled for Sunday, Nov. 2, from 12-3 p.m.

The in-person event will provide

families an opportunity to see the campus, get a preview of the school's sports programs and many of the co-curricular clubs, and speak to academic departments, as well as learn about financial aid, summer school and the admissions process. All are welcome to attend; however, registration spots are expected to fill quickly.

To learn more about how to reserve a spot, visit www.brophyprep.org/openhouse. Brophy College Preparatory is located at 4701 N. Central Ave. For additional information, contact the school at 602-264-5291.

## Dads serve up smiles and stacks

On Oct. 9, All Saints' Episcopal Day School held its Pancake Breakfast event. Twice a year, the Tiger Dads invite the entire All Saints' community to this family tradition. Families bring the whole family to campus to enjoy this community breakfast before starting the school day. Last year, the Tiger Dads flipped and served more than 1,200 pancakes.

Learn more by calling 602-274-4866 or visiting www.allsaints.org.

## Swap event promotes sustainability

Madison Highland Prep's Service Club will host a Closet Swap event On Nov. 7, promoting the importance of sustainability. The event encourages students to "swap, don't shop," reducing waste and supporting a more environ-

please see SWAP on page 32







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#### SCHOOL DAYS



The Madison Highland Prep Service Club will partner with Buffalo Exchange on their Closet Swap event, which is geared toward promoting environmental awareness (submitted photo).

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#### SWAP continued from page 31

mentally friendly approach to fashion.

Club president Makenna Douglas said, "We decided to do the closet swap to encourage sustainability and acknowledgment of our earth's resources. We wanted to promote sharing amongst our peers and thought it would be a fun idea to shop through other people's clothes. I'm super passionate about sustainability and I wanted to do something sustainabilityfocused this year, so it worked out perfectly. Our club is really excited!"

The Closet Swap event aligns with the Service Club's mission to support the community and promote environmental awareness.

Club advisor Katelyn Schwindt noted, "We wanted to create a fun and inclusive space where students can connect, share styles, and support each other. It encourages students to reuse and recycle clothing instead of buying new items, helping reduce textile waste and environmental impact."

To participate, students are asked to bring in gently used clothing they'd like to donate. In exchange for their donations, students will receive a ticket to use to "shop" the swap, browsing through the donated items and finding new treasures.

To make the event even more exciting, the Service Club has partnered with Buffalo Exchange, a retailer that buys, sells and trades used clothing and accessories. Students who participate in the closet swap will be entered to win a gift card to Buffalo Exchange. Inspired by the club's initiative, Buffalo

Exchange sent over goodies to support the event and the students' efforts to advocate for sustainability. By working together, the club aims to make a positive impact on the environment and inspire others to do the same.

For more information, contact the school office at 602-745-3800 or visit www.madisonhighlandprep.com.

#### Students get high marks at music competition

The Arizona School for the Arts (ASA) Con Brio Strings and Chamber Orchestra both earned a Superior Rating with Distinction - the highest possible honor - at the Arizona Band and Orchestra Directors Association's competition.

The school said in a social media post, "Despite the wild weather, our students rose to the occasion, performing beautifully, and growing not just as musicians, but as members of our community. We couldn't be prouder of these exceptional young musicians. Big thanks and a hearty 'bravo' to our dedicated strings faculty members, as well!"

Learn more visiting www.goasa.org.

#### Sixth-graders connect at Brophy retreat

In late September, the Loyola Academy Class of 2032 kicked off the year with an adventure at Brophy College Preparatory's Manresa retreat.

Over three days, the sixth graders hiked the trails, played games, prayed together and dove into the story of St.

please see RETREAT on page 34



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#### **SCHOOL DAYS**

#### RETREAT continued from page 32

Ignatius of Loyola. Most importantly, they took time to think about the kind of classmates and friends they want to be as they grow together in community, Brophy said.

Loyola Academy is Brophy's oncampus middle school for young men in grades six to eight from underresourced families. Rooted in Jesuit values, the school provides rigorous academics, mentorship and faith formation to prepare students for high school and beyond.

#### **Students named Merit** semifinalists, scholars

Carol Ann Michaelson, interim principal of Xavier College Preparatory, announced that two seniors were named semifinalists in the 2026 National Merit Scholarship Program. The nationwide pool of semifinalists, representing less than one percent of U.S. high school seniors, includes the highest-scoring entrants in each state.

The semifinalists are Kennedy Williamson and Adriana Lauterborn. These academically talented high school seniors have an opportunity to continue in the competition for some 6,930 National Merit Scholarships worth nearly \$20 million that will be offered next spring.

Seven Xavier students were named "Commended Scholars." Commended scholars are high-achieving students recognized by the National Merit Scholarship Corporation (NMSC) for their outstanding PSAT scores, typically placing them in the top three to four percent of test-takers nationwide. This designation honors academic potential but does not involve a



Nine Xavier students were recently recognized for their achievements in the National Merit Scholarship competition. Joining Interim Principal Carol Ann Michaelson (pictured in center) were (left to right) Kennedy Williamson, Elise Posever, Logan Duncan, Riya Mehta, Braylee Jevnick, Baikal Padilla-Garcia, Stella Vinokur and Adriana Lauterborn. Shriya Tummala was not present for photo (photo by Zachary Carlson).

National Merit Scholarship award.

Xavier's Commended Scholars are Elise Posever, Logan Duncan, Riya Mehta, Braylee Jevnick, Baikal Padilla-Garcia, Stella Vinokur, and Shriya Tummala.

The National Merit Scholarship Program honors individual students who show exceptional academic ability and potential for success in rigorous college studies. Merit Scholar designees are selected on the basis of their skills, accomplishments, and potential for success in rigorous college studies, without regard to gender, race, ethnic origin or religious preference.

visiting more Learn www.xcp.org.

#### **Brophy auction** supports students

Tickets are now on sale for the 2025 Brophy Auction: Brophy Kicks on Route 66. This unforgettable evening brings the Brophy community together to celebrate, connect and support the school.

Attendees will enjoy open bars, dinner, silent and live auctions, and an after party with a live band. Every dollar raised goes directly to the Brophy Fund, supporting programs, people and places that allow every student to flourish.

For tickets and information, visit https://trellis.org/brophy-auction-brophy-kicks-on-route-66.

#### Take a campus tour at **Phoenix Christian Prep**

Area families are invited to learn more about Phoenix Christian Preparatory School during scheduled campus visit events. Dates in November include Thursday, Nov. 6, and Thursday, Nov. 20.

Prospective families can walk the campus, peek into classrooms and experience the community at the school, as well as connect with members of of the school administration

Phoenix Christian Preparatory's preschool, elementary school, middle school and high school are centrally located at the intersection of Indian School Road and 18th Avenue. Go to www.phoenixchristian.org/visit for information or call 602-265-4707 to reach the middle/high school campus, 602-264-4338 to reach the elementary campus or 602-265-7728 to reach the preschool.

#### Save the date for annual 'Taste'

Residents are invited to be a part of the magic at the 17th Annual Taste of Saint Mary's Dinner and Auction, scheduled for March 21, 2026.

The "Night in Hollywood" event will directly support Saint Mary's Catholic High School's annual fund and mission, and sponsorships are now being accepted. Sponsors play a key role in the success of this community gathering. Ticket information will be announced at a later date.

For more information, visit https://events.readysetauction.com/ saintmaryscatholichighschool/tasteofsm2026 or www.smknights.org.

#### Help support 'store' for primary students

Midtown Primary Elementary School is seeking donations for its Midtown Store, which offers third-, fourth- and fifth-graders the opportunity to earn money to buy small treats. The school is looking for donations of small bags of chips, candy bars (no nuts), prizes and other small items

Midtown Primary is located at 4735 N. 19th Ave. For more information, visit https://www.facebook.com/ midtownprimaryelementary/.

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**GENERATIONS** 

# Senior Living Event raises funds, supports older residents

On the morning of Oct. 2, more than 550 community leaders, advocates and supporters gathered at the Arizona Biltmore for AllThrive 365's 7th Annual Community Breakfast, raising over \$325,000 to support aging adults and caregivers across Arizona.

The organization said that the morning was a powerful celebration of resilience, connection, and the belief that aging should be met with dignity, not fear. Attendees heard firsthand from the organization's clients, including Ed, a longtime Mesa resident who went several summers without air conditioning before participating in the Healthy Homes AC Replacement program.

"I called AllThrive 365 on a Monday. The team came out Tuesday to take measurements. And the following Monday, they pulled up with every-



An AllThrive client, Ed, told his story to community leaders, advocates and supporters at the nonprofit's annual Community Breakfast fundraiser in October (submitted photo).

thing in a trailer and installed a brandnew 3.5-ton AC unit. I was amazed," Ed recalled. "Without this program, I would be dead. I'm not kidding."

Ed's story is one of thousands. Across Maricopa County, aging adults are facing rising utility costs, limited access to medical care and increasing

isolation. The nonprofit says that it is committed to changing that narrative – not by helping people scrape by, but by ensuring they thrive.

"Thanks to the community's generosity, we will continue to drive change and uplift aging Arizonans every day," said Tami Bohannon, presi-

dent and CEO, AllThrive 365. "We are so appreciative of all our supporters and sponsors who helped make the breakfast a huge success!"

Funds raised at the breakfast will go to the nonprofit's programs and help neighbors keep the heat on through the upcoming holiday season, bringing peace and warmth to their home; help older adults gather in community centers across Arizona and share a hot meal with friends; and provide caregivers with rest and relief, knowing they are supported by a community that sees and values their sacrifices.

To learn more, visit: www.allthrive365.org.

## Duet hosts 'grandfamilies' workshop

Duet: Partners In Health & Aging will host "Personal Growth and Development: Empowering Grandfamilies to Thrive" on Saturday, Nov. 8,

please see WORKSHOP on page 36

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#### **GENERATIONS**

#### WORKSHOP continued from page 35

from 9:30 a.m. to 1 p.m. at the Escalante Multigenerational Center.

The workshop is designed to help grandparents and kinship caregivers embrace personal growth and prioritize their well-being. When caregivers are healthy and fulfilled, the whole family benefits, Duet says. Participants will gain practical self-care strategies, tools to build resilience and manage stress, approaches for navigating emotional challenges and seeking support, and skills for setting healthy boundaries – all while creating space for balance, joy, and strength in their caregiving journey. Registration includes materials and lunch. Reservations are required.

Visit https://duetaz.org/grandparents-raising-grandchildren to find information on this event as well as other resources for grandparents raising grandchildren. Duet's free-of-charge services are available in the greater Phoenix area. To volunteer, donate or ask for help, go to www.duetaz.org or call 602-274-5022.

# Kids & Families Get outdoors at Nature Fest

Phoenix families are invited to join the city of Phoenix and more than 50 community partners at Nature Fest PHX, scheduled for Saturday, Nov. 8, from 9 a.m. to 2 p.m. at the Rio Salado Habitat Restoration Area 7th Avenue Trailhead at 2801 S. 7th Ave. A river clean-up will be held at 8 a.m. prior to the festival.

The festival will offer free fun for the whole family. Whether watching an outdoor puppet show, embracing your creativity in the Art Zone, interacting with live wildlife, planting for pollinators, and so much more, there is sure to be something for everyone. While there, be sure to enter the hourly drawings for prizes such as free Butterfly Wonderland tickets, gift cards or Phoenix Zoo tickets.

The Rio Salado Habitat Restoration Area aims to restore the native wetland and riparian habitats of the historic Salt River, which once flowed year-round through Phoenix. With a variety of paved and natural trails, most with smooth surfaces and minimal elevation changes, Rio Salado is a popular location for hikers hoping to spot one of the hundreds of species of birds that use the area as a seasonal



Nature Fest PHX will offer free fun for the whole family and allow families the opportunity to get outdoors and interact with the flora and fauna found in the Rio Salado Habitat Restoration area on November 8 (photo by VGPhotoz Collectionz).

migratory path. The area is open daily from sunrise to 7 p.m. or sunset, whichever comes first.

Learn more at www.phoenix.gov/naturefestphx.

## Teen volunteers needed for museum

The S'edav Va'aki Museum is calling on teens ages 14-17 to volunteer. Those who sign up will gain hands-on experience while engaging with museum visitors and educating others on the pre-historic roots of Phoenix and the history of the Native Ancestral peoples who once lived here.

The teen volunteer program will provide professional development, networking opportunities and fulfill volunteer requirements. Teens will be engaging in informative artifact interactions with visitors, helping with outdoor educational programs, and leading indoor exhibit activities. Any teens who have volunteered with the museum before will have the opportunity to gain more responsibility in higher-level educational roles.

Teens interested in the opportunities that the museum has to offer can apply by completing an online form: https://forms.office.com/g/rXptN2D8Ju.

In addition, the museum, which just celebrated its fall reopening on Oct. 2, announced the unveiling of two traveling exhibitions, "Parched: The Art of Water in the Southwest" and "Su:dagi/Shu:thag: Rekindling Our Connections."

"Parched" expands the viewers understanding of water by highlighting

its deep cultural significance while juxtaposed by the controversies surrounding the fact that Indigenous communities have little to no access to the water that is pumped and piped out of their own lands. "Su:dagi/Shu:thag" invites the viewer to take a journey exploring the history of Akimel O'odham's relationship with water. The exhibit begins with the Huhugam, Ancestral O'odham, that started it all by making the Salt River Valley habitable through their expertise in canal systems and irrigation agriculture.

The museum, which is a National Historic Landmark, is located at 4619 E. Washington St. Learn more by visiting www.phoenix.gov/sedav-vaaki. For additional information, call 602-495-0901.

#### Celebrate life at Noche de Ofrendas

As part of its First Friday Live free events, Herberger Theater Center invites families to join them Nov. 7 at Noche de Ofrendas – a Dia de los Muertos celebration.

"Calaveras Cantantes y Calacas Bailantes" (Singing Skulls and Dancing Skeletons) burst to life as a colorful celebration of remembrance and community. Attendees can immerse themselves in a dazzling evening of singing skulls, dancing skeletons, music, dance, poetry, art, and pure VIDA – a joyful feast for the senses.

The night will feature the awardwinning, interdisciplinary sounds of Peter Torsiello, Vincenzo Torsiello and Liliana de León of FLORYPIEDRA, blending tradition and innovation in a vibrant showcase.

The event will be held at 6 p.m. in The Pavilion at Herberger Theater Center, 222 E. Monroe St. For additional information, visit www.herbergertheater.org.

## Arizona Science Center opens DOME

Arizona Science Center recently completed construction of the Dorrance DOME, which is now open for the public to enjoy. This latest upgrade features one of the world's most advanced digital domes and will continue to bolster the Center's mission to enrich all communities and audiences through science.

"The Dorrance Planetarium has always been a cornerstone of the Arizona Science Center experience," said Tammy Stewart, Interim Hazel A. Hare President & CEO. "With the new Dorrance DOME, we're not only taking science and space education to the next level, we're creating a must-see destination that will draw visitors from across the region—many who may be discovering Arizona Science Center for the very first time."

Powered by Cosm's cutting-edge CX System LED Dome, the Dorrance DOME delivers a breathtaking and unrivaled visual and experiential space that brings science, art and the universe to life like never before. The CX system redefines the definition of an immersive experience through its best-in-class technology, content, and purposeful design and offers a rich content ecosystem that offers unparalleled visual clarity, brightness, and depth designed to spark curiosity and wonder for visitors of all ages.

Tickets are on sale for a lineup of shows running through November 30. There are daytime shows during the center's regular operating hours: Tuesday- Sunday, 10:30 a.m. - 4:00 p.m. Tickets for the Dorrance DOME are \$14 plus admission. There also are special after-hours events in November.

For a list of shows, times, and more information about the DOME, visit the Arizona Science Center at https://www.azscience.org.

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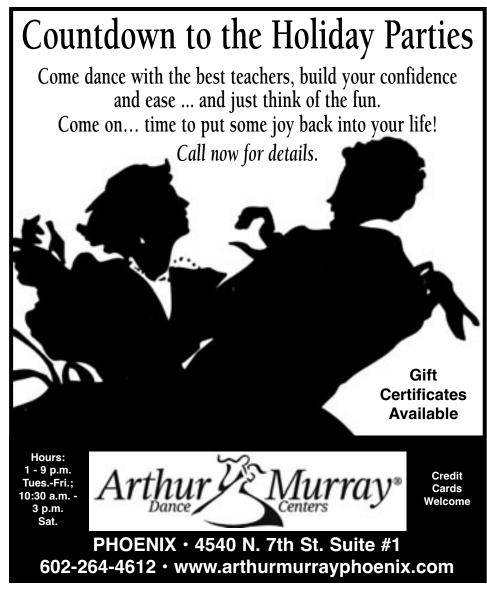


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From dance, music and Youth Circus Arts to art demonstrations, handcrafted treasures and local food and beverages, the family-friendly 16th Annual Festival of the Arts will offer something for everyone (photo courtesy of Herberger Theater Center).

## Explore music, dance, art and community

The Herberger Theater Center will host the 16th Annual Festival of the Arts, happening Saturday, Nov. 15, from 11 a.m. to 6 p.m. This free community event will transform the outdoor spaces of the Herberger Theater into a vibrant, creative playground for all ages.

From two lively stages showcasing more than 30 performances in music, dance and theater to hands-on kids' activities in the Phoenix Art Museum Kids Zone, live art in motion and a bustling market of local makers, the Festival of the Arts offers something for everyone.

Applaud Valley favorites such as Ballet Folklorico Quetzalli-AZ, Phoenix World Collective, vocalist Lisa Hightower, The Zoniez, Fushicho Daiko Dojo and Phoenix Youth Circus Arts. Explore captivating art demonstrations, discover handcrafted treasures from Arizona's finest artisans, indulge in bites from local food trucks, and sip from the beer and wine garden.

"Our goal is simple: open the doors wide and let the arts do what they do best – connect us," said Cescily Wiener, director of community engagement for Herberger Theater Center. "Thanks to our partners and the extraordinary artists participating, this year's festival promises a full day of discovery, delight, and community pride. I'm thrilled to see our campus come alive with artists, families,

and neighbors celebrating together. This festival is a love letter to Phoenix – where youth ensembles share the stage with seasoned performers, where discovery is around every corner, and where access to the arts remains accessible for all.

"Whether you're a longtime arts supporter or just looking for a fun, family-friendly way to spend a Saturday, the Herberger Theater Center Festival of the Arts promises inspiration, connection, and pure artistic joy."

Herberger Theater Center is located at 222 E. Monroe St. For more information, call 602-252-8497 or visit www.herbergertheater.org.

## Shemer festival celebrates artists

The annual Shemer Arizona Arts Festival returns Saturday and Sunday, Nov. 1-2. The two-day festival, held formerly as "Sunday at Shemer," will once again feature works of art created in a variety of media by over 40 Arizona artists, including the instructors from Shemer who will be doing art demonstrations in the Shemer booth.

Each day, from 10 a.m. to 4 p.m., this event will also feature Arizona authors, an interactive \$5 Art Zone, live music, food and beverage vendors, and a silent auction. Additional activities planned include the third year of the Shemer's signature Sidewalk Chalk Festival and a Blacksmiths Village.

Admission to the event is free.



Desert Botanical Garden will present the Plants & People of the Sonoran Desert Trail, Nov. 10-16, culminating in a weekend garden-wide festival that will include storytelling, music, dance and more (photo courtesy of Desert Botanical Garden).

Shemer Art Center is located at 5005 E. Camelback Road. For additional information, call 602-262-4727 or visit www.shemerartcenter.org.

## Discover the desert's people and plants

Desert Botanical Garden is celebrating Arizona's Native American communities with storytelling, music, dance and culture this month. Beginning Nov. 10, visitors will enjoy special activities on the Plants & People of the Sonoran Desert Trail all week long that culminate in a vibrant garden-wide festival at the weekend, Nov. 15-16.

The celebration runs from 10 a.m. to 4 p.m., daily, and is included with membership or garden admission. Explore the Plants & People of the Sonoran Desert trail with hands-on discovery stations, engage with Indigenous makers and vendors and experience a special activities for the whole family to enjoy. During the festival weekend, Nov. 15-16, celebrate Arizona's Native American communities with storytelling, music, dance and culture. Visit with artisans from local tribes as they demonstrate basket weaving, pottery, etching and more. Some artists will have their artworks for sale during this special weekend.

Discovery Stations throughout the trail will help visitors understand some of the most important plants utilized by people in the Sonoran Desert, both in the past and today. Learn about the various ways that desert flora is used for food, shelter, tools, fabric dyes and more. Agave, mesquite, yucca, prickly pear and saguaro will all be highlighted at these hands-on stations.

Complimentary American Indian adult and child admission (with Tribal ID or CIB) will be granted onsite at the admissions booth.

Desert Botanical Garden is located at 1201 N. Galvin Parkway. Learn more at www.dbg.org or by calling 480-941-1225.

## Self-guided art tour returns Nov. 8-9

Camelback Studio Tour and Art Sale returns to Scottsdale and Phoenix studios on Saturday, Nov. 8 and Sunday, Nov. 9. In the nearly two decades since its humble beginning as a walkable and bikeable tour, the Camelback Studio Tour and Art Sale has expanded its breadth to include more world-class local talent, additional tour stops and a wider variety of one-of-a-kind art – from large-scale 3D sculptures to stunning wearable art, perfect for collecting or gifting.

This year marks the 18th annual event, which will include 15 tour stops, highlighting more than 40 local artists and offering a unique shopping opportunity with a vast array of artistic treasures. The two-day experience draws thousands of art enthusiasts, collectors, shoppers and beyond to peruse artists' home studios and meet and greet with local artists who live and work in the area.

Attendees can begin their self-guided tour at any of the studios, visiting their favorites or working their way through all 15 stops. Hours for the free event are 10 a.m.-5 p.m. on Saturday, Nov. 8 and 10 a.m.-4 p.m. on Sunday, Nov. 9. A printable map and details on this year's participating artists can be found at www.camelbackstudiotour.com.



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## On the Town

It is finally feeling like fall in the Valley, and the holidays are just around the corner. From festivals, films and First Fridays, to dance and theater performances along with live local music and national touring acts and so much more, it's the perfect time to get out and about. See you on the town in November!

#### **'Little Shop of Horrors'**

Nov. 1-16 Valley Youth Theatre at Herberger Theater Center www.vyt.com; 602-253-8188

## The Phoenix Symphony: Brass Odyssey

Nov. 3 Madison Center for the Arts www.themadison.org; 602-664-7777

#### Willi Carlisle

Nov. 3 Valley Bar www.valleybarphx.com; 602-716-2222

#### Sigur Rós

Nov. 4 Orpheum Theatre www.orpheumphx.com/events

#### 'Opera Through the Ages'

Nov. 5 Arizona Opera www.azopera.org; 602-266-7464



(photo by Saroyan Humphrey)

#### **Petunia and The Vipers**

Nov. 5 The Dirty Drummer www.thedirtydrummer.com; 602-840-2726

#### **Adrien Nunez**

Nov. 6 Crescent Ballroom www.crescentphx.com; 602-716-2222

#### The Beths

Nov. 6 The Van Buren www.thevanburenphx.com; 480-659-1641

#### First Friday: Even Steven

Nov. 7 The Nash www.thenash.org; 602-795-0464

#### **Heard Free First Friday**

Nov. 7 Heard Museum https://heard.org; 602-252-8840

#### **BlakTinx Dance Festival**

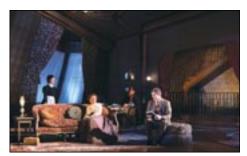
Nov. 7-8 Herberger Theater Center www.herbergertheater.org; 602-252-8497

#### 'Roberto-Venn 50th Anniversary

Grand Avenue Festival Nov. 8 www.grandavefestivalphx.com www.roberto-venn.com

#### 'Draw On, Sweet Night'

Nov. 8-9 Phoenix Chorale www.phoenixchorale.org; 602-253-2224



(photo by Tim Fuller)

#### 'Deceived'

Thru Nov. 9 Arizona Theatre Company www.arizonatheatre.org; 1-833-282-7328

#### **Blondshell**

Nov. 10 Crescent Ballroom www.crescentphx.com; 602-716-2222



## American Indian Veterans Day & Sunset Tribute

Nov. 11 Heard Museum https://heard.org; 602-252-8840

#### **Trash Panda**

Nov. 11 Valley Bar www.valleybarphx.com; 602-716-2222

## Classic Film Series: 'Psycho'

Nov. 11 Orpheum Theatre www.orpheumphx.com/events

#### 'Rudolph the Red-Nosed Reindeer'

Nov. 11 – Dec. 22 Childsplay at Herberger Theater Center www.childsplayaz.org; 480-921-5700

#### Meltt

Nov. 12 The Rebel Lounge www.therebellounge.com

## ASU Latin Jazz Band & Combos

Nov. 12 The Nash www.thenash.org; 602-795-0464

#### Levi Platero

Nov. 12 The Rhythm Room www.rhythmroom.com; 602-612-4981



#### The Happy Fits

Nov. 14 The Van Buren www.thevanburenphx.com; 480-659-1641

## 16th Annual Festival of the Arts

Nov. 15 Herberger Theater Center www.herbergertheater.org; 602-252-8497

#### "Basso Ostinato"

Nov. 16 Christ Church of the Ascension www.ccaaz.org; 602-840-8210

#### **Dogpark**

Nov. 16 The Rebel Lounge www.therebellounge.com



#### The Surfrajettes

Nov. 21 The Rhythm Room www.rhythmroom.com; 602-612-4981

#### "A Night with Our Stars'

Nov. 22 Phoenix Boys Choir www.boyschoir.org; 602-264-5328

#### 'Fall of the House of Usher'

w/ Mysterium Quartet Nov. 23 Orpheum Theatre www.orpheumphx.com/events

#### Classic Film Series: 'Die Hard'

Nov. 25 Orpheum Theatre www.orpheumphx.com/events

#### Remi Goode

Nov. 28 Valley Bar www.valleybarphx.com; 602-716-2222

#### The Redhouse Family Band

Nov. 30 The Nash www.thenash.org; 602-795-0464

#### 'Looking Over the President's Shoulder'

Thru Dec. 14 The Phoenix Theatre Company www.phoenixtheatre.com; 602-254-2151

All event dates are current at the time of publication. Check with individual venues for up-to-date show information. Find events throughout the month at www.northcentralnews.net/events.







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#### **FOOD FOR THOUGHT**

#### Café Chat Fry Bread House:

An American classic

By Marjorie Rice

In 2012, two decades after she opened her Fry Bread House as a welcoming spot for fellow Native Americans to enjoy the tastes of home, Cecelia Miller got a phone call from a stranger telling her she had won an award for her restaurant, including free air fare for two to New York City, and a free hotel stay.

Miller was confused, and told her daughter, Jennifer Miller about it.

"I told her it was a scam, and don't give them your credit card number," Jennifer said.

The probably nonplussed representative of the James Beard Foundation, whose awards are considered the Oscars of the culinary world, wasn't giving up.

"They kept calling her," Miller said, and finally Cecelia believed it was real. Her little restaurant on 7th Avenue and Hazelwood was a winner in the "America's Classics" category, the first Native American restaurant to be so honored in the awards' 14-year history.

"My mom, my sister, myself and my niece went to the award ceremony," Jennifer Miller said. "It was at The Met, and I thought, 'Oh my God, what the hell is going on here?' Just the bigness of it, the photographers. I was not expecting it, and I know my mom wasn't.

"When mom had to get up to give the speech, she had rheumatoid arthritis and could barely walk. To see her, to know where she came from, and to see her lifetime of hard work acknowledged, I was so moved and overwhelmed." Miller still is, tearing up at the memory.

While she surely appreciated the accolades, through her life what really mattered to Cecelia Miller was her family and community.

The Tohono O'odham woman learned to cook as a girl, the eldest in the family, with responsibility for feeding her siblings while her mother worked in the fields in and around Sacaton. The food was plain – fry bread and tortillas made from flour, shortening, baking powder and salt – topped with beans and whatever else was available. Red chile beef was a favorite – still is.

"When my mother moved to



Jennifer Miller and Richard Perry are pictured with Fry Bread House favorites, from left, honey and powdered sugar fry bread, green chile beef fry bread taco, red chile beef fry bread taco, ready for serving, and chocolate and butter fry bread (photo by Marjorie Rice).

Phoenix, she ended up getting married and having five sons on a very limited income," Richard Perry said. "She worked hard to feed us, honing her skills."

While raising her family, Cecelia also was involved in the community, as a founding director of at Kee N' Bah, a Native American Head Start program, helping to support families – especially single mothers – to raise their children. She also became a realtor, encouraging Indian people to buy homes in the then-affordable neighborhood to build stability in their families.

Her marriage ended, and Cecelia eventually met and married the Rev. Joedd Miller, pastor of a nearby Presbyterian church and a fellow community activist. They had two daughters.

"My father was very involved in the Phoenix community and beyond Phoenix in the Indian community," Miller said. "He advocated for Indian people across Arizona and across the nation. And not just Indian people, my dad was a civil rights fighter."

"Building communities over the shared table was what Cecilia believed in," Perry said.

"That was part of why she decided to open up the original Fry Bread House," Miller said. "It was right by the Phoenix Indian Medical Center and the Phoenix Indian Center."

People from Indian communities throughout Arizona came to the area for its services and found themselves in an unfamiliar urban setting, Perry said.

"A lot of them came to Phoenix because of tragic circumstances – a death or illness – because the medical center was the biggest provider of treatments for Indians in Arizona."

The families had no clue where to find comfort and support, and Cecilia wanted to offer a place where they could feel welcome and at ease while enjoying indigenous food. She didn't know anything about how to start a restaurant, so she headed to the library and took classes. Her children were enlisted in the effort, and in 1992 the original restaurant was born, on 8th Street and Indian School.

There was no phone, no social media, no drinks machine – people got cans of soda from an ice chest.

The menu was simple and redolent of home: puffy, blistery fry bread tacos with toppings including red or green chile beef, beans, cheese, lettuce and sour cream; posole, hominy and menudo; burros and tostados; and for dessert, piping hot fry bread slathered with butter and topped with powdered sugar and honey, or drizzled with chocolate.

Cecilia insisted that the food be fresh. The fry bread, beautifully puffed and non-greasy, is hand-stretched and cooked to order – no steam tables or heat lamps here. The chile and stews come from Cecelia's family recipes.

Perry recalls one memorable day when they ran out of beans right before rush hour. "People were coming in from work, and the only way to get through it was to head to a supermarket and pick up cans of Rosarita refried beans." Cecilia reluctantly agreed, but it never happened again.

The restaurant outgrew its original location and moved to the current site in 2001. Any lunch or dinner hour will find guests lined up out the door, waiting for orders to enjoy in the old house or out on in the yard or to take away.

Joedd Miller died in 2009 and Cecilia Miller passed away in 2020. While none of the children work in the kitchen, several share duties managing the restaurant's operations, including maintenance, staffing and catering. And for them, the traditions, the menu, the community commitment haven't changed.

"To me, it's about the experience and the connection," Miller said. "Where you serve shared food, that's where you're really able to connect in a way that's beyond politics, beyond differences."

That includes supporting their staff, she said. "We try to focus on supporting and educating and retaining staff. We're also a Second Chances organization. It means people out of recovery or prison. We see value in those individuals and seek to provide them with opportunities. This has been happening for years. My parents really felt strongly about it."

Fry Bread House, 4545 N. 7th Ave., is open 11 a.m. to 8 p.m., Monday through Saturday. For information, call 602-351-2345 or visit www.frybreadhouseaz.com.

# Dining Briefs North Central staple celebrates 40 years

Established in 1985 by co-founders Steve Freidkin and Jim Mitchell as a proper Texas steakhouse, TEXAZ Grill has been serving hearty, made-fromscratch meals with authentic Texas flavor and hospitality for four decades. Possibly best known for its chicken fried steak, the Phoenix institution, located on the northeast corner of 16th Street and Bethany Home Road, also features hand-cut rib eyes and comfort classics.

For its 40th anniversary, in October the eatery teamed with Rich Hinojosa (chef-owner of CRUjiente Tacos) to jointly unveil San Antonio-style "puffy tacos" on the TEXAZ menu.

Long before he set the standard for Valley taco artistry at CRUjiente, Hinojosa, a San Antonio native, grew up enjoying the succulent texture and comforting crisp of classic puffy tacos. So, he was eager to help TEXAZ Grill – known for its award-winning chicken-fried steak – bring the staple of his childhood to Greater Phoenix. Featuring a choice of picadillo (homestyle ground beef), green chile pork, carne guisada (Tex-Mex beef braise) and refried beans and cheese, the unique tacos are a staple of South Texas cooking and will anchor an all-new Tex-Mex pocket menu at the restaurant.

According to Hinojosa, the secret to a superior puffy taco is the same as any taco: "You start with a great shell or tortilla and let the flavors speak for themselves." Cooking with nixtamalized corn dough – i.e. masa, a richer, more rustic cousin of modern corn-flour tortillas – Hinojosa uses a deep-frier to arrest the "puffed-up" phase of tortillamaking familiar to any home cook, creating a satisfying crispy-chewy texture. Local owners at TEXAZ Grill say they are dedicated to honoring its legacy while bringing fresh, true-to-Texas fla-



The chicken fried steak is one of many customer favorites at TEXAZ Grill, which celebrated its 40th anniversary by adding new Tex-Mex offerings to the menu (submitted photo).

vors, and when they were looking to spice up the restaurant's menu for its 40th anniversary, managing partner Greg Linaman reached out to Hinojosa last summer after learning of the chef's Texas heritage and struck up the consulting partnership.

"We were already huge fans of Rich

- CRUjiente was a staple for us," Linaman said. "But I have to say, the puffy tacos are incredible, beyond even what we imagined. Having them on our milestone menu alongside all the TEXAZ Grill standards that our regulars have come to love over the past 40 years is pretty special."

The eatery debuted its all-new menu with Chef Hinojosa's new creations joining longtime customer favorites on Friday, Oct. 24, and the eatery held an official 40th anniversary celebration on Oct. 25. But residents can still celebrate through the end of the year and experience the new menu creations - or enjoy TEXAZ Grill favorites that have stood the test of time - all while enjoying live music, food and drink specials, prizes and plenty of fun. The November special includes two fried chicken or pork sandwiches, plus wine or beer, and the December special offers chicken fried chicken dinners plus two desserts.

For more information, call 602-248-7827 or visit www.texazgrill.com.

## Explore Arizona's culinary culture

Since 2008, the Devour Culinary Classic has brought together the culinary and beverage leaders who have established Arizona as a sought-after dining destination, and the 2026 event will be no different.

please see EXPLORE on page 44



#### **FOOD FOR THOUGHT**

#### EXPLORE continued from page 43

Initially created by Local First Arizona, along with Arizona's top chefs, the Devour Culinary Classic shines a spotlight on Arizona as a destination food and dining scene worthy of national prestige. In partnership with Desert Botanical Garden and Southern Arizona Arts & Cultural Alliance (SAACA), this award-winning culinary festival features Arizona's best chefs, purveyors, wineries and artists providing a sensory experience of desert sounds, tastes, sights and feel.

Ticket sales for the Feb. 21-22, 2026, event will open to the general public on Nov. 3 (members of Local First Arizona, Desert Botanical Garden and the Southern Arizona Arts and Culture Alliance received the first opportunity to purchase tickets through Nov. 2). This event sells out every year, so those interested in attending shouldn't wait to secure a ticket.

Learn more at www.devour-phoenix.com/culinary-classic.

## Support food bank during 'Turkey Tuesday'

In 1992, 12 News and the Bashas' Family of Stores partnered with St. Vincent de Paul to host the very first Turkey Tuesday drive. Since then, it has grown into the largest one-day turkey drive in the country, providing thousands of turkeys and holiday meals to families in need around Arizona each year. This year, the nonprofit is reaching out to residents to offer a brand-new way to make an even bigger impact.

Community members are invited to rally their friends, family and co-workers to hold a fundraiser in advance of Turkey Tuesday. From now until Nov. 25, residents can host their own digital fundraiser to support families who need help this Thanksgiving.

The nonprofit says, "It's easy, fun, and meaningful – and you can make it your own." New this year, those who raise \$100 or more will get a free State48 shirt.

Find details on how to create a fundraiser at https://stvincent depaul.net/give/turkey-tuesday.

#### POV Foods offers Veterans Day freebies

Veterans Day is Tuesday, Nov. 11, and to thank those who have served our country, a handful of local businesses owned by POV Foods will be offering



Valley residents are invited to help neighbors in need during and leading up to the annual Turkey Tuesday drive (photo courtesy of St. Vincent de Paul).

veterans and active military members the specials for their service.

In the North Central area, stop by Swizzle Inn at 5835 N. 16th St., Suite A – the dive bar is offering a free T-shirt to veterans and active military members; no purchase necessary, while supplies last. Learn more at www.theswizzleinn.com. In addition, the north Phoenix cafe, restaurant and bar 32 Shea, 10626 N. 32nd St., is offering a free medium coffee to veterans and active military members; no purchase necessary. Visit www.32shea.com.

## Spinato's now family, employee owned

After more than five decades as a family-owned business, Spinato's Pizzeria & Family Kitchen announced in October that the company has transitioned 49 percent of company ownership to eligible employees in an Employee Stock Ownership Plan (ESOP).

The company said that the decision was made more than two years after reviewing succession and legacy options, adding, "The Spinato family is celebrating this new family and employee ownership partnership with joy, gratitude, and an enthusiastic nod to the future."

The Spinato family began to discuss the restaurant's legacy and succession planning during a family retreat in 2022. Ken Spinato, the family's patriarch, opened Spinato's first restaurant in 1974 in Scottsdale with his wife, Elaine. Now in his 80s, Ken continues to greet guests at the restaurants, but the Spinato family knew they were approaching a pivotal time in the family business.

The family will continue as majori-

ty owners, and the new ESOP provides team members with a chance to share in profits, while contributing to Spinato's continued growth. Anthony Spinato leads the team of more than 420 employees as CEO, and the Spinato family will be active in managing operations and guiding employees at its six locations in Tempe, Scottsdale, Gilbert, Ahwatukee, Central Phoenix and North Phoenix.

To learn more, visit www.spinatospizzeria.com.

## OBH celebrates veterans, launches seasonal menu

Original Breakfast House (OBH), the popular neighborhood restaurant located at 13623 N. 32nd St in North Phoenix, is celebrating a major milestone this November – the 10th anniversary of its annual Veterans Day bash.

OBH owner and Vietnam veteran John Stidham takes great pride not only in his service to his country but in giving back to veterans to this day. He does so, in part, with his annual Veterans Day bash, which serves as the restaurant's "biggest party of the year."

The Veterans Day bash is also a fundraiser for Tunnel to Towers, a non-profit organization founded in honor of Firefighter Stephen Siller, who lost his life in the line of duty on September 11, 2001, as well as all first responders and military heroes that have made the ultimate sacrifice.

All day long on Veterans Day, Tuesday, Nov. 11, all veterans and active duty military personnel can enjoy a free meal. In addition, OBH will be buzzing with American spirit and pride via live music, a muscle car show and other family-friendly entertainment

In addition, the restaurant recently launched its fall menu, which includes Sammy's Sammy. Created by Stidham's grandson, Sammy, this next-level grilled cheese features prosciutto and fig jam grilled on Noble sourdough bread with grilled tomato, pesto sauce and fresh mozzarella for \$17. Also on the menu: chicken pesto pasta, butternut squash ravioli, green chile mac 'n cheese, blueberry pumpkin pancakes, crab omelette, and apple cinnamon waffles with cream cheese frosting and more.

For more information, call 602-482-2328 or visit www.originalbreak-fasthouse.com.

## Collaboration yields local brew

In October, Local First Arizona announced a partnership with O.H.S.O., the well-established local craft brewery, distillery and restaurant group, to create a limited-edition beer to showcase delicious local ingredients and hometown pride – the Sonoran Sipper.

The cream ale with hibiscus lime zest features a variety of locally sourced ingredients, including malted barley from Sossaman Farms in Queen Creek, a 100-year-old family farm that's evolving into the 21st century by opening Homestead Malting. The magenta hibiscus is sourced from Shamba AZ, an urban farm in North Phoenix, with sourcing made possible by Sun Produce Cooperative, a local food aggregator and distributor working to increase access to healthy local food, particularly for underserved children and adults, while growing the capacity and viability of smaller-acreage Arizona farms.

The Sonoran Sipper debuted Oct. 25 at all O.H.S.O locations and will be available at the 2025 Arizona Fall Fest, taking place Saturday, Nov. 8 from 10 a.m. to 4 p.m. at Margaret T. Hance Park in Downtown Phoenix. The joint beer is set to raise money for Local First Arizona through the "Give Back" campaign. One hundred percent of every Sonoran Sipper sold at Arizona Fall Fest will be donated to the organization.

O.H.S.O., which stands for Outrageous Homebrewer's Social Outpost, boasts 10 locations with two more on the way. Learn more at www.ohsobrewery.com or www.local-firstaz.com/fall-fest.

#### **FOOD FOR THOUGHT**

## Festival offers barrels of fun

Fans of local craft brews, spirits, hard seltzers and meads, are invited to the AZ Barrels, Bottles & Brews for its seventh year, scheduled for Saturday, Nov. 15 from 2-5 p.m. The event will be hosted on the Centerfield Plaza at Salt River Fields at Talking Stick, offering tastes and samples from your favorite Arizona producers, all while overlooking the gorgeous fields and McDowell Mountains.

The tasting event highlights the state's biggest and best craft breweries, distillers and vintners and will feature samples and products produced exclusively in Arizona. Over 25 vendors will take up the picturesque Centerfield concourse area serving tastes of their award-winning creations. Walk the concourse,



play lawn games and sip and savor a true taste of Arizona this November.

Local favorites participating in this year's event include 8-Bit Aleworks,

state's biggest and best craft breweries, distillers and vintners and be on hand to serve up samples and products to thirsty patrons at the 2025 AZ Bottles & Brews event (photo courtesy of Salt River Fields).

Some of the

Below The Rim Meadery, Bender Extender, Carefree Distillery, Catalyst Crafted Ales, Cider Corps, Formation Brewing, Grand Canyon Brewing and Distillery, Huss Brewing, Martini Mates, Mudshark Brewing, OHSO Brewing & Distillery, Outlaw Distillery, Simple Machine Brewing, Tirrito Farm, Social Solutions and Ylem Distilling.

Tickets are available for \$60, which includes 15 samples and access to purchase items from some of the best food trucks in Arizona. The 15 samples will give guests a tasty tipple to enjoy including 5oz. beer pours, 2 oz. wine/cocktail samples, and ½ oz. neat spirits. In addition, VIP tickets are available for \$85, which gain attendees an extra hour of access to AZ Barrels, Bottles & Brews. Designated driver tickets are also available for \$19, who will receive a swag bag, plus a chance to win spring training tickets. For more information, visit www.azbottlesandbrews.com.

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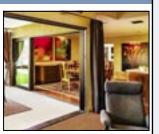
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